

RESEARCH PAPER



## The co-presence of high-risk human papillomaviruses and Epstein-Barr virus is linked with tumor grade and stage in Qatari women with breast cancer

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### ABSTRACT

High-risk human papillomaviruses (HPV) can be present and cooperate with Epstein-Barr virus (EBV) to promote the onset and/or progression of various cancers including cervical, breast, head and neck as well as colorectal. In this investigation, we explored the co-prevalence of high-risk HPV and EBV in 74 breast cancer tissues from Qatari women using polymerase chain reaction. We found that high-risk HPV and EBV are present in 48/74 (65%) and 36/74 (49%) of the cases, respectively. While we noted that the presence of HPV presence is associated with triple-negative breast cancer (TNBC) ( $p = .008$ ), however, the presence of EBV did not correlate with any breast cancer subgroup. Moreover, our data revealed that high-risk HPV and EBV are co-present in 35/74 (47%) of the samples and their co-presence is significantly associated with tumor grade ( $p = .04$ ) and tumor stage ( $p = .04$ ). These data indicate that HPV and EBV are commonly co-present in breast cancer and their association could be linked with a more aggressive tumor phenotype. Thus, further investigations are essential to understand the underlying mechanisms of HPV and EBV cooperation in breast carcinogenesis.

### ARTICLE HISTORY

Received 5 June 2020  
Revised 8 July 2020  
Accepted 26 July 2020

### KEYWORDS

HPV; EBV; breast cancer; tumor stage; tumor grade; Qatari population

### Introduction

Breast cancer, is the most commonly diagnosed type of malignancy among women worldwide including the Middle East (ME) region and Qatar, accounting for around 1/4th of all cancer cases.<sup>1</sup> In comparison to breast cancer cases in the West, the ME region has the highest incidence where women are affected at a relatively younger age (<50 years) and usually present to the clinic with advanced stage disease and aggressive phenotype.<sup>2–4</sup> Along with genetic and environmental factors, it is estimated that around 20% of human cancers are associated with infectious agents including oncoviruses especially high-risk human papillomaviruses (HPVs) and Epstein-Barr virus (EBV) which could initiate the onset and progression of different types of human carcinomas.<sup>5–8</sup>

Today, it well-known that high-risk HPVs are linked with the development and progression of several cancers including cervical, colorectal, head and neck (HN) in addition to breast cancers.<sup>9–12</sup> More interestingly, it was pointed out that the presence of high-risk HPVs is linked with vascular invasion, lymph node metastases and tumor phenotype in different types of human carcinomas including cervical, HN and breast.<sup>11,13–16</sup> In this context, it has been reported that E6/E7 oncoproteins of high-risk HPV type 16, which is the most frequent HPV type, can convert noninvasive and non-metastatic breast cancer cells into invasive and metastatic form.<sup>17</sup> On the other hand, EBV infection is also associated with several types of epithelial carcinomas including nasopharyngeal (NPC), breast, cervical and gastric cancer.<sup>18</sup> EBNA1 and LMP1 are oncogenic proteins of EBV that provoke cellular proliferation and motility, inhibit apoptosis, promote cellular motility and angiogenesis, thus, indicating the role of EBV in carcinogenesis.<sup>19–21</sup>

A study showed that E6/E7 oncoproteins of HPV interact with Nucleophosmin, a nucleolar protein, to enhance proliferation and inhibition of differentiation of E6/E7 expressing cells.<sup>22</sup> Likewise, infection with a single type of high-risk HPV alone is not enough to incite neoplastic transformation; high-risk HPV-infected cells either have to endure genetic transformation and/or co-infection with another oncoviruses for complete cellular transformation resulting in the onset and development of tumor.<sup>23–29</sup> Earlier studies demonstrated that high-risk HPVs and EBV are co-present in human breast cancer worldwide including the ME; and their incidence is generally associated with an aggressive phenotype.<sup>30,31</sup> While, a few studies failed to detect high-risk HPVs in human breast cancer as well as normal mammary tissues.<sup>32,33</sup> Based on previous studies and our work on the role of HPV and EBV in the initiation of various cancers including HN, colorectal, cervical and breast,<sup>26,29,34–36</sup> we explored the co-presence of high-risk HPVs and EBV in breast cancer in Qatari women. Our data revealed that 47% of the examined samples are positive for both HPV and EBV and their co-presence is significantly associated with tumor grade and stage in comparison with HPV and EBV alone.

### Materials and methods

#### Sample collection and DNA extraction

Breast cancer samples from a total of 505 Qatari female patients were collected over a 12-year period (January 2008–December 2019), out of which 9 patients had received neoadjuvant chemotherapy prior to their breast surgery. Seventy-four patients

received surgical treatment at Hamad General Hospital, Qatar, which were included in the study. All the tumors were graded according to the Nottingham histological grade (modified Scarff-Bloom-Richardson grade).<sup>37</sup> The tumors were considered positive for estrogen (ER) and progesterone receptors (PR) if nuclear positivity was observed in >1% of tumor cells.<sup>38</sup> HER2 positivity (score 3+) was defined as intense, complete, circumferential membranous expression in >10% tumor cells.<sup>39</sup> Equivocal (score 2+) was defined as a weak, complete membranous staining in >10% of tumor cells. The tumor cells with scores 0–1+ were considered negative for HER2. The proliferation index was assessed using Ki-67 proliferation marker (MIB1 antibody). The tumors were considered highly proliferative if Ki-67 > 20% of tumor cells. Tumor samples were classified into four molecular subtypes (Luminal A, luminal B, HER2-positive and triple-negative) based on the status of ER, PR, HER2 and Ki-67.

All samples (punch samples of 2 mm thickness) were taken from formalin-fixed paraffin-embedded (FFPE) tissues from surgically removed and pathologically confirmed breast carcinomas. The samples were retrieved from Qatar University (QU) and the pathology archive of the Department of Laboratory Medicine and Pathology, Hamad General Hospital (HMC), Qatar, after the approval of the Ethical Committees of QU & HMC (QUCG-CMED-2018\2019-3; HMC:24-2-2019, Doha, Qatar).

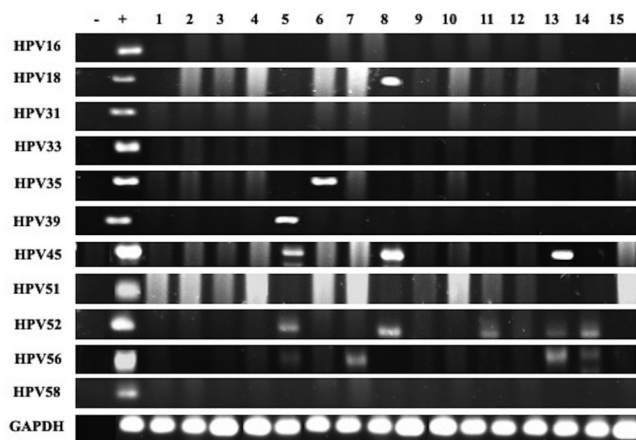
Exclusion criteria included other nationalities, Qatari males, slides and blocks of patients that received surgical intervention outside Hamad General Hospital and presented to the histopathology lab for second opinion, breast core/true-cut/stereotactic biopsy, and lymph node biopsy/skin biopsy diagnosed with metastatic breast carcinoma, repeated excisions from the same patient, specimens of patients post chemotherapy with complete resolution of the cancer and microscopic tumors less than 1 cm in addition to the tumors that are presented within one paraffin block.

The Thermo Scientific GeneJET FFPE DNA Purification Kit was used to extract DNA from FFPE tissues according to the manufacturer's instructions (ThermoFisher Scientific, USA). Briefly, FFPE sections underwent enzymatic digestion (200  $\mu$ L of Digestion Buffer) and lysis using 20  $\mu$ L Proteinase K solution to release genomic DNA. The released DNA was de-crosslinked by heat incubation at 90°C for 40 minutes. The resulting solution was then centrifuged and the supernatant containing DNA was mixed with 200  $\mu$ L Binding Buffer. After addition of ethanol (96%), the lysate was added into the purification column. The adsorbed DNA was washed to remove contaminants and then eluted with 60  $\mu$ L Elution Buffer.

### HPV and EBV detection by PCR

Genotyping and detection of the presence of HPV and EBV was done using specific primers for high-risk HPV types (16, 18, 31, 33, 35, 39, 45, 51, 52, 56 and 58) of E6/E7 region and for EBV genes, EBNA1 and LMP1 as previously described.<sup>40,41</sup> GAPDH was used as an internal control (Figures 1 and 2). Analysis was performed as previously described by our group.<sup>40,41</sup>

PCR was performed using the Invitrogen Platinum II Hot-Start Green PCR Master Mix (2X) (ThermoFisher Scientific, USA). HPV and EBV genes were amplified for an initial denaturation at 94°C for 2 mins followed by 40



**Figure 1.** Representative PCR reactions for high-risk HPV-subtypes in 15 different breast cancer samples.

cycles of 94°C for 30s, annealing at temperatures ranging from 50 to 62°C for 30s depending on each primer's melting temperature as previously described,<sup>40,41</sup> and 72°C for 30s with a final incubation for 10 mins at 72°C. The PCR product from each exon was resolved using 1.5% agarose gel electrophoresis and visualized using iBrightCL1000 Imaging System (ThermoFisher). In each experiment, negative control (instead of DNA, MDA-MB-453 cell line<sup>42</sup> and sterile water) and positive control (Hela cell line for L1 region<sup>43</sup> and normal oral epithelial (NOE) cell line transfected with E6/E7 of HPV type 16 for E6/E7 region<sup>23</sup>) were used.

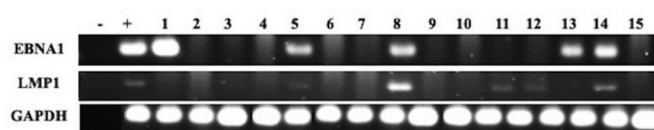
### Statistical analysis

Statistical analysis was performed using IBM Statistical Package for the Social Sciences (version 25). Data were calculated as non-parametric files. To assess the significance of HPV and EBV association we utilized  $\chi^2$  test with Yates correction. Further, we utilized  $\chi^2$  test with Yates correction to assess the significance of the association between clinicopathological data (patient's age, Nottingham histological grade and tumor stage) in correlation with the presence/co-presence of HPVs and EBV. Statistical significance was achieved at  $p < .05$ .

## Results

### Clinicopathological characteristics of the cohort

The clinicopathological characteristics of the cohort are summarized in Table 1. The mean age of all patients is 55.3 (standard deviation (SD),  $\pm 12.4$ ) years. Most of the patients



**Figure 2.** Representative PCR reactions for EBV (EBNA1 and LMP1) in 15 different breast cancer samples.

(66%) are aged >50 years. Axillary lymph nodes were involved in 41% of patients (Table 1).

The majority of patients had invasive ductal carcinomas (IDC), no special type (NST) (60 cases, 81%) while 8 patients (11%) were diagnosed with invasive lobular carcinoma (ILC) and five patients (7%) with mucinous carcinomas. The hormone receptor status was available for 72 patients; 59 (80%) and 54 (73%) of the patients expressed estrogen and progesterone receptors, respectively. With reference to HER2 status, it was available for 72 patients of which 8 (11%) had overexpression (score 3+), 8 (11%) had equivocal expression (score 2+) and 56 (76%) lacked HER2 expression (scores 0–1+). The status for Ki-67 proliferative index was available for 52 patients, 19 of which had low proliferation rate (<10%), 10 had intermediate (10–20%) and the remaining 23 had a high (>20%) proliferation rate. All cases were categorized into four

molecular subtypes: Luminal A (32 cases, 43%), Luminal B (28 cases, 38%), HER2+ (2 cases, 3%) and triple-negative (10 cases, 14%) (Table 1).

### The status of high-risk HPV and EBV and their association with clinicopathological characteristics

Forty-eight of the 74 samples in our cohort are positive for high-risk HPVs (64.8%) (Table 2); the most commonly present high-risk HPVs are HPV52 (51%) followed by HPV56 (44%), HPV45 (22%), HPV58 (15%), HPV18 (11%), HPV35 (3%) and HPV39 (1%) (Figure 3). HPV types 16, 31, 33 and 51 were not detected in our examined samples (Figure 3). On the other hand, we found that 36/74 of the samples are positive for EBV (49%) (Table 2); of these 36 cases, 33/74 (45%) and 28/74 (38%) are positive for EBNA1 and LMP1 of EBV, respectively. Meanwhile, we noted a significant correlation between EBV and various HPV types: HPV18 ( $p = .03$ ), HPV35 ( $p = .03$ ), HPV52 ( $p = .03$ ) and HPV56 ( $p = .003$ ) (Table 3). Furthermore, our data revealed that 14/74 (19%) cases are positive for two HPV subtypes; the most commonly present combination is HPV52/56 (24/74, 32%), followed by HPV52/45 (13/74, 18%), HPV52/58 (8.74, 11%), HPV52/18 (7/74, 9%) and HPV52/35 (1/74, 1%) (Figure 4). Finally, we observed that, 18/74 (24%) of the samples are positive for more than two HPV subtypes; and the most frequent combinations are: HPV52/56/45 (11/74, 15%), HPV52/56/58 (7/74, 9%), HPV52/56/18 (6/74, 8%) and HPV52/56/59 (1/74, 1%) (Figure 4).

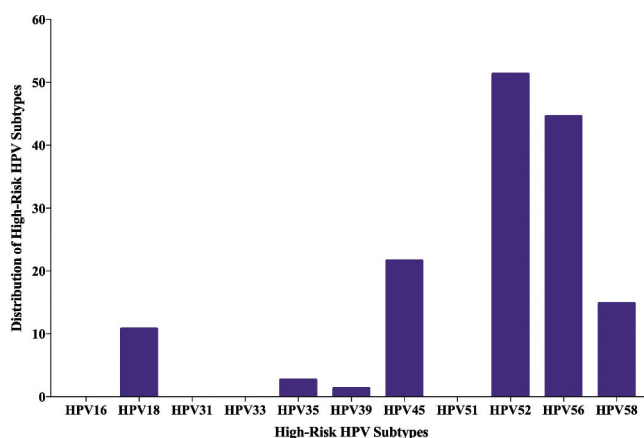
More significantly, our data revealed that the co-presence of EBV and high-risk HPV is detected in 47% (35/74) of breast cancer cases (Table 2); and there is a significant correlation between the coincidence of EBV with various HPV types (HPVs- 18, 45, 52, 56 and 58) in the 74 breast cancer samples ( $p < .001$ ).

**Table 1.** Clinicopathological characteristics of patients with breast cancer.

Characteristic	Categories	Number (%)
Age	≤50	25 (34)
	>50	49 (66)
Histopathological Subtypes of Breast Cancer	Invasive Ductal Carcinoma	60 (81)
	Invasive Lobular Carcinoma	8 (11)
	Mucinous Carcinoma	5 (7)
	Unknown	1 (1)
Nottingham Histological Grade	I	14 (19)
	II	40 (54)
	III	18 (24)
	Unknown	2 (3)
Tumor (pT) Stage	pT1	18 (24)
	pT2	21 (28)
	pT3	6 (8)
	pT4	2 (3)
	Unknown	27 (37)
	Lymph Node Involvement	Positive
Negative		37 (50)
Unknown		7 (10)
Estrogen Receptor (ER) Status	ER+	59 (80)
	ER-	13 (17)
	Unknown	2 (3)
Progesterone Receptor (PR) Status	PR+	54 (73)
	PR-	18 (24)
	Unknown	2 (3)
	HER2 Status	Positive (3+)
Equivocal (2+)		8 (11)
Negative (0–1+)		56 (76)
Unknown		2 (3)
Ki-67 Proliferative Index (PI)		Low (<10%) PI
	Intermediate (10–20%) PI	10 (13)
	High (>20%) PI	23 (31)
Molecular Classification of Breast Cancer	Unknown	22 (30)
	Luminal A	32 (43)
	Luminal B	28 (38)
	HER2+	2 (3)
	Triple Negative	10 (13)
HPV Expression	Unknown	2 (3)
	Invasive Ductal Carcinoma	38 (51)
	Invasive Lobular Carcinoma	5 (7)
	Mucinous Carcinoma	4 (5)
EBV Expression	Invasive Ductal Carcinoma	21 (28)
	Invasive Lobular Carcinoma	1 (1)
	Mucinous Carcinoma	3 (4)

**Table 2.** Prevalence of high-risk HPVs and EBV in Qatari breast cancer patients.

Single Infection		Multiple Infection
HPV	EBV	HPV + and EBV+
65%	49%	47%



**Figure 3.** Distribution of each high-risk HPV subtype in Qatari breast cancer samples. PCR analysis included 74 breast cancer samples revealing that the most frequent HPV subtypes are 52, 56 and 45.

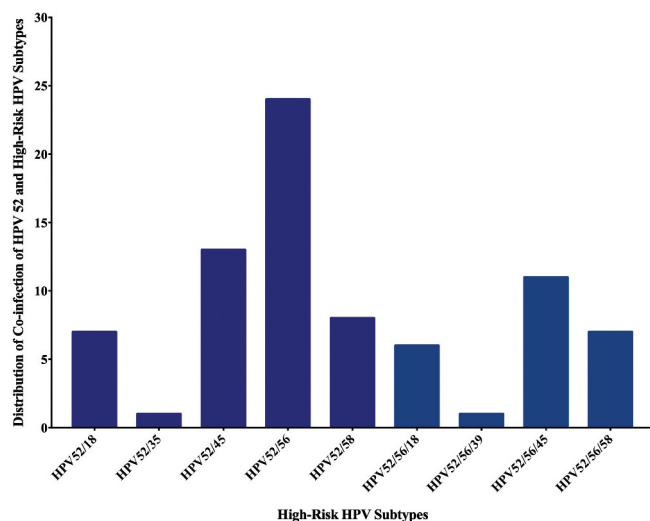
**Table 3.** Presence of EBV and HPV-subtypes in Qatari breast cancer patients.

Samples	No. of Cases	High-Risk HPV Types										
		16	18	31	33	35	39	45	51	52	56	58
EBV (+)	36	0	7	0	0	1	0	15	0	27	24	10
EBV (-)	38	0	1	0	0	1	0	1	0	11	9	1
Total	74	0	8	0	0	2	0	16	0	38	33	11
<i>p</i> -value		N/A	0.02*	N/A	N/A	0.98	N/A	0.0001*	N/A	0.0001*	0.0005*	0.007*

Comparison was made between presence/absence of EBV (EBV+/EBV-) with high-risk HPV subtypes.

\*indicates significant *p*-values (<0.05).

N/A denotes Not Applicable as  $\chi^2$  test is invalid in these cases, since value is 0.



**Figure 4.** Distribution of HPVs co-infection in Qatari breast cancer cohort (n = 74). The graph illustrates that the two most common high-risk HPVs are HPV52/56 (24/74 cases) while co-infection with more than two HPVs is HPV52/56/45 (11/74 cases).

Regarding the clinicopathological characteristics and their association with high-risk HPV/EBV co-presence, we noted that high-risk HPVs positivity (HPV+/EBV-) significantly correlates with triple-negative breast cancer subtype ( $p = .008$ ) (Table 4); while, EBV positivity alone (HPV-/EBV+) as well as lack of both HPV and EBV (HPV-/EBV-) did not correlate with any clinicopathological feature. More importantly, our data revealed that the co-presence of high-risk HPVs and EBV (HPV+/EBV+) is associated with luminal A ( $p = .02$ ) subtype in addition to tumor grade ( $p = .04$ ) and tumor stage ( $p = .04$ ) (Table 5); nevertheless, there is no association with lymph node involvement ( $p = .85$ ).

## Discussion

To the best of our knowledge, this is the first study on the presence/co-presence of high-risk HPVs and EBV in human breast cancer and its association with tumor grade and stage in the Gulf region. It is well known that oncogenic proteins of high-risk HPV can stimulate inflammation, making it a plausible candidate for the onset and progression of different types of human carcinomas including breast.<sup>44</sup> In this study, we analyzed 74 breast cancer samples for the presence of high-risk HPVs, we found that 65% of our samples are positive for these oncoviruses. Several studies reported the presence of high-risk HPVs in human breast cancer patients worldwide including the ME region, with prevalence ranging from 4 to

**Table 4.** Correlation between clinicopathological characteristics and HPV positivity.

Subtypes	Molecular Subtypes of Breast Cancer		<i>p</i> -value
	HPV Positive (%)	HPV Negative (%)	
Luminal A	23 (32)	9 (12)	$p = .103$
Luminal B	18 (25)	10 (14)	$p = .476$
HER2-Positive	2 (3)	0 (0)	$p = .140$
Triple Negative	3 (4)	7 (10)	$p = .008*$
Total	<b>46 (64)</b>	<b>26 (36)</b>	
Nottingham Histological Grade			
Grade			
I	11 (15)	3 (4)	$p = .354$
II	23 (32)	17 (24)	
III	12 (17)	6 (8)	
Total	<b>46 (64)</b>	<b>26 (36)</b>	
Tumor Stage			
Stage			
Early Stage (I–II)	26 (55)	13 (28)	$p = .251$
Advanced Stage (III–IV)	3 (7)	5 (10)	
Total	<b>29 (62)</b>	<b>18 (38)</b>	

Comparison was made between presence/absence of HPV (HPV+/HPV-) and clinicopathological characteristics.

\*indicates significant *p*-values ( $p < 0.05$ ).

86%.<sup>11,42,45–48</sup> More specifically, our data is supported by several investigations in the ME region including one from Syria and another one from Turkey, where a high frequency of high-risk HPVs of 61% and 74%, respectively, were reported.<sup>11,49</sup> Moreover, one investigation from Iraq, showed that HPVs are present in 46% of breast cancer samples from Iraqi women.<sup>50</sup> Additionally, a few studies from Iran showed varying HPV prevalence in breast cancer (14–49%) in Iranian women.<sup>45,51–53</sup> On the other hand, it is important to highlight that a study on cervical samples in Qatari women found HPV prevalence of 55%, which also supports our data.<sup>54</sup>

Indeed, one of the key findings in our study is the predominance of HPV genotypes – 52 and –56 in breast cancer from Qatari women. Accordingly, a study using cervical samples revealed that high-risk HPV type 56 is one of the most frequent type in Qatari women.<sup>55</sup> More interestingly, two studies one in Bahraini women and another one in Omani women with cervical cancer, reported that HPV52 is the most prevalent subtype in Bahrain and Oman.<sup>56</sup> However, studies on cervical cancer samples from other Gulf countries showed that high-risk HPV types 68 and 73 are the most prevalent in the Kingdom of Saudi Arabia,<sup>57</sup> while in Kuwait HPVs 16, 66 and 33 are common.<sup>58</sup> Although, it is important to emphasize that HPV types 16 and 18 are the most frequently expressed genotypes in cancers worldwide,<sup>46,47</sup> in our study we did not detect HPV type 16, while HPV type 18 had a low prevalence of 11%. Other studies also had similar data where, HPV type 18 is present in around

**Table 5.** The correlation between clinicopathological characteristics and EBV/HPV status (the HPV/EBV positive group was compared with other subgroups of breast cancer with various HPV/EBV status).

Molecular Subtypes of Breast Cancer			
Subtypes	HPV±/EBV± (%)	HPV+/EBV+ (%)	<i>p</i> -value
Luminal A	19 (26.3)	13 (18)	<i>p</i> = .02*
Luminal B	10 (13.9)	18 (0.3)	<i>p</i> = .08
HER2-Positive	2 (2.8)	0 (0)	<i>p</i> = .06
Triple Negative	2 (2.8)	8 (11.1)	<i>p</i> = .04*
Total	<b>33 (45.8)</b>	<b>39 (54.2)</b>	
Nottingham Histological Grade			
Grade			
I	4 (5.5)	10 (13.9)	<i>p</i> = .04*
II	27 (37.5)	13 (18.1)	
III	10 (13.9)	8 (11.1)	
Total	<b>41 (56.9)</b>	<b>31 (43.1)</b>	
Tumor Stage			
Stages			
Early Stage (I–II)	20 (42.5)	19 (40.4)	<i>p</i> = .04*
Advanced Stage (III–IV)	1 (2.1)	7 (14.9)	
Total	<b>21 (44.6)</b>	<b>26 (55.3)</b>	
Lymph Node Involvement			
Status			
Positive	16 (23.9)	14 (20.9)	<i>p</i> = .85
Negative	20 (29.8)	17 (25.3)	
Total	<b>36 (53.7)</b>	<b>31 (46.2)</b>	
Tumor Type			
IDC	27 (37)	32 (43.8)	<i>p</i> = .53
ILC	2 (2.7)	4 (5.5)	
Others	5 (6.9)	3 (4.1)	
Total	<b>34 (46.6)</b>	<b>39 (53.4)</b>	

\*indicates significant *p*-values (<0.05).

HPV+/EBV+ denotes a co-presence of HPV and EBV. HPV±/EBV± indicates a combination of HPV+/EBV- (HPV presence/EBV absence), HPV-/EBV+ (HPV absence/EBV presence) and HPV-/EBV- (lack of both HPV and EBV).

12% of breast cancer cases.<sup>16,46</sup> A study in the Chinese population did not detect the presence of HPV16 and 18 in breast cancer samples.<sup>59</sup> Moreover, a study in Australia performed PCR on breast cancer samples and identified HPV18 as the most prevalent subtype in breast cancer specimens.<sup>60</sup> Therefore, the difference in HPV prevalence and genotype distribution can be attributed to geographical location, sample size as well as methodological differences.<sup>47,61</sup> Regarding breast cancer subtypes and their association with high-risk HPVs, our data show high prevalence of HPV DNA in Luminal A and B cancer tissues showing high levels of Ki67 expression, which is supported by De Carolis et al., (2019).<sup>62</sup> Furthermore, according to previous reports and concordant with our data, HPV presence is significantly associated with TNBC.<sup>48,62–64</sup> In this context, it is important to emphasize that TNBC form a highly invasive breast cancer subgroup; thus, we have demonstrated that E6/E7 oncoproteins of high-risk HPVs converts noninvasive and non-metastatic breast cancer cells into invasive and metastatic ones.<sup>17</sup> Thus, our new finding concurs with our previous work regarding the role of E6/E7 in breast cancer cells.

Vis-a-vis the presence of EBV in human breast cancer, it has been revealed that EBV is present in (30–50%) of this cancer cases worldwide.<sup>65–69</sup> Studies in Turkey and Syria reported 58%<sup>70</sup> and 52%<sup>71</sup> EBV positivity in breast cancer, respectively. While in Egypt, 45% of breast cancer cases were positive for EBV.<sup>72</sup> Additionally, Tunisia and Iraq reported EBV presence in breast cancer in 27%<sup>73</sup> and 28%<sup>72</sup> of the examined cases, respectively. Recently, studies in breast cancer from Iran reported 27% of EBV DNA in their samples.<sup>74,75</sup> In our study, we report that

EBV is present in approximately 49% of breast cancer cases in Qatari women. Therefore, our data indicate the prevalence of EBV in breast cancer tissues in Qatar is similar to the incidence present worldwide including the ME region.

Intriguingly, based on previous works, including ours, co-presence of high-risk HPV and EBV can play an important role in the onset and progression of different cancers including oral, colorectal, cervical as well as breast.<sup>11,26,27,29,35,76</sup> In concordance, in our present investigation, we report that 47% of breast cancer cases, from Qatari women, are co-infected with both HPVs and EBV. Our previous work in Syrian samples pointed out that high-risk HPVs and EBV are co-present in 32% of breast cancer samples from Syrian women.<sup>26</sup> While an earlier study from Pakistan revealed that HPVs and EBV are co-present in approximately 9% of breast cancer samples from Pakistani women.<sup>77</sup> On the other hand, it is important to highlight that the presence of EBV alone is not shown to be associated with tumor stage, histological grade, molecular subtypes or nodal status; as previously reported by other investigations.<sup>78</sup> However, HPVs and EBV have been considered as risk factors for TNBC;<sup>79</sup> we found a significant association between HPVs and EBV co-presence and TNBC as well as luminal A subtypes. Moreover, studies showed co-presence of HPVs and EBV to be correlated with advanced breast Nottingham histological grade<sup>65</sup> and aggressive phenotype.<sup>80</sup> Likewise, we herein demonstrate for the first time that the co-presence of high-risk HPVs and EBV is associated with advanced tumor stage and grade (*p* = .04); indicating the possible cooperative role of high-risk HPVs and EBV oncoproteins in the initiation and/or progression of certain subtypes of human breast cancer as previously reported by several studies.<sup>65,77,81,82</sup> We have pointed out earlier that oncoproteins of HPVs (E5 and E6/E7) and EBV (LMP1 and/or EBNA1) can interact and cooperate in the initiation and/or progression of human oral carcinomas *via* the EMT event;<sup>25</sup> thus indicating a similar mechanism in the pathogenesis of human breast malignancy. Based on HPVs and EBV role in the pathogenesis of cancer as discussed above, we postulate that oncoproteins of HPVs can interact with those of EBV (LMP1 and/or EBNA1) and result in progression and metastasis by enhancing the EMT event of different types of cancers including breast, as recently demonstrated in other types of cancers, such as colorectal and HN.<sup>18,35,83</sup>

The current study has several limitations. Firstly, we did not have a proper control group for the study (e.g. reduction mammoplasty samples); however, using the same methodology, we recently reported the prevalence of EBV and HPV in a large cohort of healthy blood donors from Qatar.<sup>40</sup> Although Qatari females were under-represented, we found a similar prevalence of both viruses. Secondly, access to breast cancer tissue samples was restricted, which led us to apply only one method (PCR-based) for EBV and HPV assessment. Of note, our previous studies exploring HPV and EBV in different types of cancers using PCR and IHC yielded comparable results.<sup>29,41,84,85</sup>

## Conclusions

In conclusion, although the sample size used in the study is relatively small, this report indicates the co-presence of HPVs

and EBV in breast cancer in this region and implies that it is associated with tumor grade and stage. Our investigation suggests that HPVs and future EBV vaccines can be used to prevent the development and progression of certain subtypes of breast cancer in the population of the Gulf region including Qatar. However, it is important to take into consideration the most frequent HPV types in this region in order to select the suitable HPV vaccine. Meanwhile, we believe that future investigations with a larger cohort from different countries of the ME region including Qatar are needed to confirm the co-presence and HPV subtypes of these oncoviruses in breast cancer and therefore to elucidate the exact role of EBV and high-risk HPVs cooperation in breast carcinogenesis.

## Acknowledgments

We would like to thank Mrs. A. Kassab for her critical reading of the manuscript. Open Access funding provided by the Qatar National Library.

## Disclosure of potential conflicts of interest

No potential conflicts of interest were disclosed.

## Funding

The current study was supported by the grants from Qatar University [QUCG-CMED-2018/2019-3, QUHI-CMED-19/20-1 and QUCG-CMED-20/21-2].

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