

1 **Rapamycin increases murine lifespan but does not reduce mineral volume in the Matrix**
2 **GLA Protein (MGP) knockout mouse model of medial arterial calcification.**

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31
32 **ABBREVIATIONS**

33 Adenosine monophosphate	AMP
34 Adenosine triphosphate	ATP
35 Alkaline phosphate	TNAP
36 Arterial calcification due to deficiency of CD73	ACDC
37 Ecto-5'-nucleotidase	NT5E
38 Induced pluripotent stem cells	iPSCs
39 Matrix GLA protein	MGP
40 Medial arterial calcification	MAC
41 mTORC complex 1	mTORC1
42 mTORC complex 2	mTORC2
43 Peripheral artery disease	PAD
44 Smooth muscle α -actin	SMA
45 Smooth muscle cells	SMCs
46 Myosin heavy chain 11	MYH11
47 Runt-related transcription factor 2	RUNX2

48
49 **ABSTRACT**

50 Peripheral artery disease (PAD) is the narrowing of the arteries that carry blood to the lower
51 extremities. PAD has been traditionally associated with atherosclerosis. However, recent

52 studies have found that medial arterial calcification (MAC) is the primary cause of chronic limb
53 ischemia below the knee. MAC involves calcification of the elastin fibers surrounding smooth
54 muscle cells (SMCs) in arteries. Matrix GLA Protein (MGP) binds circulating calcium and inhibits
55 vascular calcification. *Mgp*^{-/-} mice develop severe MAC and die within 8 weeks of birth due to
56 aortic rupture or heart failure. We previously discovered a rare genetic disease Arterial
57 Calcification due to Deficiency in CD73 (ACDC) in which patients present with extensive MAC in
58 their lower extremity arteries. Using a patient-specific induced pluripotent stem cell model we
59 found that rapamycin inhibited calcification. Here we investigated whether rapamycin could
60 reduce MAC in vivo using *Mgp*^{-/-} mice as a model. *Mgp*^{+/+} and *Mgp*^{-/-} mice received 5mg/kg
61 rapamycin or vehicle. Calcification content was assessed via microCT, and vascular
62 morphology and extracellular matrix content assessed histologically. Immunostaining and
63 western blot analysis were used to examine SMC phenotypes and cellular functions. Rapamycin
64 prolonged *Mgp*^{-/-} mice lifespan, decreased mineral density in the arteries, and increased smooth
65 muscle actin protein levels, however, calcification volume, vessel morphology, SMC
66 proliferation, and autophagy flux were all unchanged. These findings suggest that rapamycin's
67 effects in the *Mgp*^{-/-} mouse are independent of the vascular phenotype.

68

69 INTRODUCTION

70 Peripheral artery disease (PAD) is the narrowing of blood vessels in the lower extremities due to
71 inward remodeling or thrombotic occlusion, both of which cause chronic limb ischemia and often
72 result in amputation of the lower leg (1). Traditionally atherosclerosis was the assumed cause of
73 PAD however recent studies now show that medial arterial calcification (MAC) promotes inward
74 remodeling, and stiffness related to medial dysplasia induces thrombosis (2-4). MAC is
75 characterized by the progressive buildup of calcium and phosphate within the arterial walls and
76 is typically not associated with lipid deposition, fibrous cap formation, or intimal hyperplasia (5).
77 These structural features distinguish MAC from atherosclerosis and indicate that MAC is a
78 distinct pathology driving adverse outcomes in PAD. Currently, there are no specific medical
79 therapies that target the pathogenesis of PAD or MAC. Finding therapies that can prevent, stop,
80 or even reverse MAC in PAD could greatly enhance the current standard of care.

81

82 Vascular calcification stems from the nucleation of calcium and phosphate into hydroxyapatite
83 crystals and the release of pro-mineralizing matrix vesicles from osteogenic-like arterial smooth
84 muscle cells (SMCs) that accumulate along the elastic lamina (6). Phosphate is a byproduct of
85 the breakdown of extracellular adenosine triphosphate (ATP) to adenosine, generating inorganic
86 phosphate at several points (7, 8). There are a number of genetic diseases that present with
87 MAC which harbor inactivating mutations in the genes related to extracellular ATP metabolism
88 (5). Patients with Arterial Calcification due to Deficiency of CD73 (ACDC, also known as CALJA,
89 OMIM # 211800) harbor inactivating mutations in the *NT5E* gene, which encodes for the CD73
90 enzyme that metabolizes extracellular AMP to adenosine and inorganic phosphate. Key
91 signatures of this disease are calcification nodules in the small joint capsules and MAC in the
92 lower-extremity arteries that initiate along the elastic lamina (4, 9, 10). We previously found that
93 a lack of CD73-mediated adenosine enhanced the expression and activity of tissue-nonspecific
94 alkaline phosphatase (TNAP), a key enzyme that promotes calcification (11).

95

96 Matrix GLA protein (MGP) is a vitamin-K2-dependent protein with an unusual gamma-
97 carboxylation of five glutamate residues that enhance its affinity for calcium, preventing it from
98 mineralizing (12). MGP also inhibits calcification propagation by binding to hydroxyapatite
99 crystals and stimulating their uptake by local phagocytosing macrophages (13). MGP also
100 modulates osteogenic signaling by binding to BMP-2, preventing it from activating receptors and
101 upregulating RUNX2, the key regulator of osteoblast differentiation and maturation (14, 15).
102 Mice that lack MGP develop to term but die prematurely within approximately two months of age

103 due to extensive MAC, which leads to aortic rupture or heart failure (16). Aortas of MGP-
104 deficient mice exhibit increased collagen accumulation and elastin fiber fragmentation within the
105 medial layer of the arteries where calcification is also localized. This is phenotypically similar to
106 MAC observed in human patients with PAD MAC and ACDC patients (4).

107
108 The drug rapamycin inhibits the mammalian target of rapamycin (mTOR), a protein kinase
109 broadly expressed throughout the body, which controls many key processes such as energy
110 balance, autophagy, and proliferation (17-20). Rapamycin protects against the calcification of
111 vascular cells in in vitro and ex vivo models, as well as in in vivo models of chronic kidney
112 disease-induced MAC (21-23). We previously found rapamycin prevented calcification in in vitro
113 and in vivo disease models of ACDC patient-specific induced pluripotent stem cells (iPSCs)
114 (11).

115
116 While CD73-deficient humans develop extensive MAC in their lower extremity large vessels,
117 CD73-deficient mice do not phenocopy humans and do not exhibit calcification in their
118 vasculature.(24, 25) As the MAC observed in MGP-deficient mice mirrors that seen in ACDC
119 patients, we sought to investigate whether rapamycin prevented calcification in this genetic
120 mouse model of MAC.

121
122 **MATERIALS AND METHODS**

123 *Availability of Materials*

124 We abide by the NIH Grants Policy on Sharing of Unique Research Resources, including the
125 NIH Policy on Sharing of Model Organisms for Biomedical Research (2004), NIH Grants Policy
126 Statement (2003), and Sharing of Biomedical Research Resources: Principles and Guidelines
127 for Recipients of NIH Grants and Contracts (1999), and the Bayh-Dole Act and the Technology
128 Transfer Commercialization Act of 2000. Materials generated in our laboratory are made
129 available for non-commercial research per established University of Pittsburgh Office of
130 Research IRB and MTA protocols.

131 132 *Institutional Review Board Statement*

133 De-identified human tissues were obtained, with informed consent from subjects, who were
134 enrolled in studies approved by the University of Pittsburgh or Tufts Medical Center institutional
135 review boards, per the Declaration of Helsinki.

136 137 *Animals and cell line generation*

138 Animal use was approved by the Institutional Animal Care and Use Committee at the University
139 of Pittsburgh. MGP heterozygous mutant mice from a C57BL/6J background (strain# 023811
140 Jackson Laboratory, Bar Harbor, ME) were bred to produce +/+ and -/- littermate controls.
141 Smooth muscle lineage-specific *Raptor* (*Mgp*^{-/-}; *Raptor*^{SMC-/-}) and *Rictor* (*Mgp*^{-/-}; *Rictor*^{SMC-/-})
142 knockout mice were produced by breeding *Mgp*^{+/-} with Myh11-Cre-eGFP mice (strain# 007742
143 Jackson Laboratory, Bar Harbor, ME)(26), with *Raptor*-LoxP (strain# 013188 Jackson
144 Laboratory, Bar Harbor, ME)(27), or *Rictor*-LoxP (strain# 020649 Jackson Laboratory, Bar
145 Harbor, ME)(28). Genotypes were determined from tail snips that were incubated in DirectPCR
146 Lysis Reagent (Viagen Biotech) according to manufacturer instructions. The lysate was
147 amplified using OneTaq MasterMix (New England Biolabs) according to manufacturer
148 instructions with primers suggested by Jackson Laboratories. The PCR reaction was run on an
149 ethidium bromide agarose gel. SMC were obtained from three- to five-week-old male and
150 female *Mgp*^{+/+} and *Mgp*^{-/-} mice.

151 *Cell culture*

152 *Mgp*^{+/+} and *Mgp*^{-/-} aortic SMC lines from male and female murine aorta were cultured in
153 Dulbecco's modified Eagle's medium (DMEM; Gibco, Waltham, MA) supplemented with 20%
154 FBS (FBS; R&D Systems, Minneapolis, MN) and 100 U/mL penicillin-streptomycin (P/S; Gibco,
155 Waltham, MA). Growth media was changed every three days, and cells were split 1:2 when
156 confluent. Post-expansion, 25,000–50,000 cells/cm² were plated with serum reduced 10% FBS
157 in DMEM medium and grown to confluence. Before all experiments/treatments, cells were
158 serum-starved in DMEM with 0.5% FBS for 48 h. Incubation under reduced serum conditions
159 has been proven to be a beneficial technique for studying smooth muscle cell remodeling and
160 contractility in vitro (29, 30). Cells were treated with rapamycin (Novus Biologicals) at
161 concentrations of 200 nM or the same volume of DMSO as vehicle control for 12h. For
162 autophagy flux assessment, cells were exposed to either bafilomycin A1 100 nM (Sigma-
163 Aldrich) or rapamycin 200 nM for a duration of 24h following treatment intervention. All
164 chemicals were dissolved in DMSO and administered in equal volume as vehicle control.

165 166 *Tissue Extraction*

167 Mice were sacrificed by asphyxiation with carbon dioxide, followed by perforation of the
168 diaphragm. Tissue extraction began with dissection through the abdominal wall and then
169 perfusion of the heart with 50 mL of DPBS supplemented with 1:100 Amphotericin B (15290026,
170 Gibco) and 1:200 Gentamicin (15710064, Gibco). The aortas were maintained in this solution
171 while the adventitia was removed in a petri dish. Tissues were then fixed in 4% PFA in PBS for
172 2 hours and embedded in paraffin.

173 174 *In Vivo Rapamycin Injections*

175 Male and female *Mgp*^{-/-} mice received intraperitoneal injections of either vehicle or 5 mg/kg
176 rapamycin dissolved in 0.3 mg/ml peanut oil once a week beginning at 10 days of age. This
177 process continued until the natural death of all mice in each group. To assess the volume and
178 density of calcification, male and female *Mgp*^{-/-} mice received intraperitoneal injections of either
179 vehicle, 1x/week rapamycin or 3x/week rapamycin from 10 to 20 days of age.

180 181 *Micro-Computed Tomography*

182 A Scanco 30 μ CT microCT scanner (Scanco Medical, Bassersdorf, Switzerland) with a 45 kVp
183 beam energy (1,000 ms exposure) was used to assess the volume and density of calcification in
184 mouse aorta ex vivo, as previously described (11, 31). No filtering was used, allowing for
185 visibility of lower CT densities. Images were then analyzed for relative calcified mass within the
186 aorta (expressed as bone volume fraction) using the Scanco 3D Morphometry and Densitometry
187 Analysis software (Scanco Medical) after binarization of the images with a global threshold
188 within a user-defined aorta region of interest.

189 190 *Western Blot Analysis*

191 Cells were lysed in 1% CHAPS hydrate, 150 mmol/L sodium chloride, 25 mmol/L HEPES buffer
192 supplemented with 1 \times protease and phosphatase inhibitor (Sigma-Aldrich). Cells were scraped
193 into microcentrifuge tubes, vortexed for 5 minutes, freeze/thawed for 5 to 8 cycles, then
194 centrifuged at 12,000 \times g for 10 minutes at 4°C. Supernatant protein concentration was
195 determined using Pierce BCA protein assay kit (Thermo Fisher, Waltham, MA). Ten micrograms
196 of protein were used in the preparation of lysate with 1 \times Pierce LDS sample buffer nonreducing
197 (Thermo Fisher, Waltham, MA) and 1 \times NuPAGE sample reducing agent (Novex, Waltham,
198 MA). Lysates were denatured at 95°C for 15 min and then electrophoresed on 4%–20% TGX
199 stain-free polyacrylamide gel (Bio-Rad, Hercules, CA) in 1 \times Tris/Glycine/SDS buffer (Bio-Rad,
200 Hercules, CA) at 120 V for 50 min. Protein was transferred onto a 0.2 μ m nitrocellulose
201 membrane in prepared 1 \times Towbin buffer with ethanol (EtOH) at 1 A and 25 V for 30 min using
202 the Trans-Blot Turbo Transfer System (Bio-Rad, Hercules, CA). Membranes were blocked in 1:1

203 Odyssey blocking buffer (LI-COR, Lincoln, NE) and PBS for 1 h at room temperature, followed
204 by primary antibody incubation in 1:1 Odyssey blocking buffer and PBS plus 0.1% Tween 20
205 (PBS-T) at 4°C overnight. Membranes were washed in PBS-T three times for 5 min, then
206 incubated in secondary antibody at room temperature for 1 h. Membranes belonging to the
207 same experimental set were imaged simultaneously on an Odyssey CLx (LI-COR, Lincoln, NE),
208 and band intensity quantification was performed with Image Studio (Version 5.2, LI-COR,
209 Lincoln, NE) software. Individual bands were normalized to α -tubulin, and each treatment
210 group's fold change was compared with each gel's vehicle control lanes. For sequential
211 antibody incubations, membranes were stripped in 1 × NewBlot Nitro Western Blot Stripping
212 Buffer (LI-COR, Lincoln, NE) for 10 min, followed by three washes in PBS.

213

214 *Verhoeff Van Gieson, Von Kossa and Masson's Trichrome Staining*

215 Mice aortic tissues were removed from mice through a modified bilateral thoracosternotomy
216 under anesthesia conditions. Then aortic tissue was fixed with 10% paraformaldehyde and
217 embedded in paraffin. The embedded specimens were transversely sectioned at 10 μ m on a
218 microtome cryostat (Microm HM 325). Slides with the adhered paraffin aortic sections were
219 warmed to 65°C for 1 h and then deparaffinized through xylene, rehydrated with serial
220 incubation in graded alcohol baths, and stained with Verhoeff–van Gieson for elastic fiber
221 visualization (Polysciences, 25089-1) or Von Kossa for calcification using the Von Kossa
222 Method of Calcium Kit (Polysciences, 24633-1) and Masson's for collagen fibers (Polysciences,
223 25088-1), according to manufacturer's instructions. Images were captured using PreciPoint
224 scanner. The thickness of the artery was measured using ImageJ software (Java 8), where the
225 medial thickness was determined by measuring the distance between the inner and outer elastic
226 lamina at four sites per vessel. Measurements were normalized to the scale bar of each picture.
227 Data is shown as a total pixel's length. The length of elastic fibers was measured by selecting
228 three random areas within the vessel and using ImageJ to trace and measure each fiber.
229 Measurements were normalized to the area unit square.

230

231 *Immunofluorescence*

232 Slides with the adhered paraffin aortic sections were warmed to 65°C for 1 h and then
233 deparaffinized through xylene, rehydrated with serial incubation in graded alcohol baths. Slides
234 were boiled in citric acid-based antigen retrieval solution (H-3300, Vector Labs) for 20 minutes.
235 Slides were cooled in the unmasking solution for 1 hour, washed in 1x PBS and placed in
236 blocking buffer (500 mL PBS 0.3g Fish Skin Gelatin) for 1 hour. Tissues were incubated
237 overnight at 4°C with antibodies for MYH11 (Abnova, mab34251, 1:50) and ACTA2 (Abcam,
238 ab5694, 1:50), RUNX2 (Abclonal, A2851, 1:100), LC3 (cell signaling,124714, 1:50), Ki67
239 (Abcam, ab15580, 1:250). All signals were optimized to IgG (Vector, 31235, 1:50). Cells were
240 washed 3× for 5 minutes each with PBS, 0.1% TWEEN 20, then once with PBS, and then
241 incubated with secondary antibody (A11006, A11012, Thermo Fisher) for 1 hour. Cells were
242 washed 3× for 5 minutes each with PBS, 0.1% TWEEN 20, then once with PBS, then mounted
243 with Fluoroshield Mounting Medium with DAPI (Ab104139, Abcam). Slides were imaged within
244 24 hours of mounting. Cells were imaged within 24 hours of mounting. In ImageJ, each image
245 was split into blue, red, and green channels, and the pixel intensity of the red and blue channels
246 was measured (32). The measured intensity of a given stain was normalized to DAPI intensity of
247 that same image. We obtained the von Kossa staining images using PreciPoint scanner and the
248 immunofluorescent image using a Nikon NI-E I microscope.

249

250 *Statistics*

251 Statistical analysis was performed with GraphPad Prism 9.2 (GraphPad Software, Inc) and data
252 shown are mean \pm SD. Statistical significance between groups was assessed using the Kruskal
253 Wallis test or by Two-way ANOVA according to the data set. Statistical analysis used, exact n

254 values, biological replicates, and P values are stated within each figure legend. A p-value equal
255 to or less than 0.05 will be considered statistically significant.

256

257 RESULTS

258

259 MAC in MGP-deficient mice phenocopies human MAC.

260 The main characteristic of MAC is calcification in the media along the elastic lamina. Von Kossa
261 staining for calcification illustrates that *Mgp*^{-/-} mouse aortas have extensive mineralization in the
262 medial layer, which phenocopies the mineralization seen in MAC of the human tibial arteries
263 and is distinct from neointimal calcification found in the necrotic core of coronary artery with
264 atherosclerotic plaque (Figure 1A). MGP is a potent inhibitor of soft tissue calcification. *Mgp*^{-/-}
265 mice do not produce any MGP protein (Figure 1B) and, as a result, develop extensive MAC
266 pathology in large vessels.

267

268 Rapamycin reduces mineral density in *Mgp*^{-/-} mice.

269 It has been shown that the *Nt5e*-knockout mice model shows altered renal function, diminished
270 control of the glomerular arteriolar tone, elevated atherogenesis, elevated thrombotic occlusion,
271 and elevated hypoxia-induced vascular leakage.(24) However, they do not develop ectopic
272 bone formation, do mimic the human vascular calcification phenotype, and do not have impaired
273 formation of bone and teeth, while CD73-deficient ACDC patients develop extensive ectopic
274 calcification (24, 25, 33). Jin et al. circumvented this issue using a patient-specific in vitro and in
275 vivo disease modeling system using iPSC technology. They demonstrated that patient-specific
276 ACDC-iPSCs developed extensive calcification in the in vivo teratoma model relative to control
277 patient iPSCs. Furthermore, they found that treating mice bearing ACDC-iPSC teratomas with
278 rapamycin reduced calcification (11).

279

280 As CD73-deficient mice do not sufficiently recapitulate the MAC observed in ACDC patients,
281 here we used the *Mgp*^{-/-} mice as an in vivo model of MAC. Mice were administered 5 mg/kg
282 rapamycin injected three times per week starting at 10 days old until natural death (Figure 2A).
283 We discovered that rapamycin treatment extended the lifespan of *Mgp*^{-/-} mice (T₅₀ 61 days)
284 compared to the *Mgp*^{-/-} mice treated with the DMSO vehicle (T₅₀ 35 days), which start to die as
285 early as day 20 (Figure 2B). Rapamycin's effects on extending lifespan has been observed in
286 genetically heterogeneous non-diseased mice (34). Both male (n=11) and female (n=8) were
287 used however no sex differences were observed between *Mgp*^{-/-} mice that had received either
288 vehicle or rapamycin treatment.

289

290 We also evaluated whether a low-frequency regime of rapamycin administration (one dose of 5
291 mg/kg injected weekly) versus a high-frequency regime of 5 mg/kg injected three times per
292 week affected the *Mgp*^{-/-} vascular mineral density at day 20, before natural death (Figure 3A).
293 Whole aorta microCT analysis found no differences in the total calcification volume in either
294 treatment regime; however, mice receiving a high regime of rapamycin exhibited decreased
295 mineral density compared to the control group (Figure 3B). Von Kossa stain showed that the
296 aortas of *Mgp*^{+/+} mice exhibit no mineralization, while both vehicle- and rapamycin-treated *Mgp*^{-/-}
297 mice showed extensive calcification with no discernible differences between vehicle or
298 rapamycin groups (Figure 3C). Medial wall thickness was not different between *Mgp*^{+/+} and *Mgp*^{-/-}
299 that had received vehicle or rapamycin treatment (Figure 3C). RUNX2 is a key transcription
300 factor promoting vascular cell osteogenic differentiation (6). Immunofluorescent staining
301 revealed that while *Mgp*^{-/-} mice showed elevated levels of RUNX2 compared to *Mgp*^{+/+} mice,
302 rapamycin treatment did not reduce RUNX2 expression in *Mgp*^{-/-} compared to *Mgp*^{-/-} treated with
303 vehicle (Figure 3D). These findings suggest that while rapamycin doubles the lifespan of *Mgp*^{-/-}
304 mice, it has little to no effect in protecting the *Mgp*^{-/-} mouse vasculature from calcification.

305

306 **SMC phenotype remains unchanged after rapamycin treatment in vivo**

307 The drug rapamycin has a broad spectrum of effects on SMCs. Rapamycin inhibits SMC
308 migration and proliferation by inducing the cyclin-dependent kinase inhibitors p27^{kip} and
309 p21^{cip} and promotes G1-S cell cycle arrest (35, 36). Rapamycin also induces SMC
310 differentiation by inhibiting the mTOR-target S6K1 via AKT activation, promoting SMC
311 contractile phenotype by enhancing SMA and MYH11 protein expression (37). Further,
312 rapamycin was shown to protect against calcification of vascular cells in in vitro and ex vivo
313 models (11, 21). While rapamycin did not reduce calcification volume in *Mgp*^{-/-} vessels we
314 hypothesized that it could perhaps prevent aortic rupture by maintaining SMC contractile
315 phenotype.

316

317 Masson's trichrome staining further illustrates that *Mgp*^{-/-} vessels are highly remodeled, with
318 acellular areas exhibiting observable increased collagen staining (Figure 4A). Verhoeff-Van
319 Gieson (VVG) staining revealed that the aortas of *Mgp*^{-/-} mice exhibited less robust staining for
320 elastin, and less tortuous fibers, in *Mgp*^{-/-} compared to *Mgp*^{+/+} However, rapamycin did not alter
321 elastin fiber length in *Mgp*^{-/-} mice (Figure 4B). Immunofluorescent staining was used to quantify
322 the SMC contractility markers smooth muscle α -actin (SMA) and myosin heavy chain 11
323 (MYH11) (38, 39). In *Mgp*^{+/+} we observed no differences in SMA levels between vehicle and
324 rapamycin treatment, nor between *Mgp*^{+/+} the *Mgp*^{-/-} mice treated with vehicle. However,
325 rapamycin treatment slightly, but significantly, increased SMA levels in *Mgp*^{-/-} mice compared to
326 vehicle alone. No differences in MYH11 levels were observed (Figure 4C). As the medial layer
327 is remodeled in the *Mgp*^{-/-} mice, we measured the mitotic marker Ki67 and found that at
328 baseline, Ki67 levels were significantly elevated in *Mgp*^{-/-} aorta while nearly undetectable in the
329 *Mgp*^{+/+}. However, rapamycin treatment did not alter Ki67 levels in either of the two genotypes
330 (Figure 4D). Together, these data suggest that rapamycin does not significantly alter the medial
331 remodeling or SMC phenotype in *Mgp*^{-/-} mice aorta.

332

333 **Rapamycin lowered LC3 staining in *Mgp*^{-/-} aorta but there were no observable changes in 334 autophagy flux.**

335 Autophagy is a ubiquitous process and contributes to bone development and the differentiation
336 of osteoblasts and osteoclasts (40) In the vasculature, autophagy reduces vascular calcification
337 by limiting the release of pro-calcific matrix vesicles (41). LC3 is a protein that functions at the
338 initiation of autophagosome formation and serves as an autophagy marker. While there were no
339 differences between the LC3 signal in *Mgp*^{+/+} and *Mgp*^{-/-} at baseline, we observed that
340 rapamycin treatment significantly lowered LC3 puncta in *Mgp*^{-/-} compared to *Mgp*^{+/+} mice (Figure
341 4A).

342

343 Quantifying LC3 puncta hints at diminished autophagy but immunofluorescent staining of fixed
344 tissues cannot assess autophagy flux. LC3-I is cleaved to LC3-II when it is incorporated into
345 autophagosomes, but this process is dynamic and LC3-II can also be degraded during
346 autophagy. The comparison of LC3-II to LC3-I in the presence of an autophagy inhibitor like
347 bafilomycin enables autophagy flux observation (42). We isolated SMCs from *Mgp*^{+/+} and *Mgp*^{-/-}
348 mice to evaluate autophagy flux. SMC were treated with vehicle (DMSO) or 200 nM rapamycin
349 for 14h and then with vehicle or 100 uM or the late-phase autophagy inhibitor bafilomycin for
350 24h. Rapamycin alone did not increase LC3-II levels compared to vehicle controls in either the
351 *Mgp*^{+/+} and *Mgp*^{-/-} SMC. Bafilomycin, an autophagy inhibitor, increased LC3-II levels in both
352 *Mgp*^{+/+} and *Mgp*^{-/-} SMCs compared to their cognate vehicle controls, however the addition of
353 rapamycin did not further alter LC3-II levels compared to bafilomycin (Figure 5B, left graph).
354 Comparing LC3-II to LC3-I showed identical trends (Figure 5B, right graph), suggesting that
355 global LC3 levels and flux are similar in *Mgp*^{+/+} and *Mgp*^{-/-} SMCs.

356

357 **Rapamycin is not protecting the mineralized vasculature in *Mgp*^{-/-} mice.**

358 Figure 2 shows that rapamycin treatment doubles the lifespan of *Mgp*^{-/-} mice compared to
359 vehicle alone. However, our subsequent inquiries revealed that rapamycin did not decrease the
360 volume of calcification, did not reverse the adverse remodeling of the medial layer, did not
361 enhance SMC contractile phenotype, or did not induce more autophagy. The mammalian target
362 of rapamycin, mTOR, can form two different protein complexes known as mTORC1, bound to
363 Raptor, and mTORC2, bound to Rictor. The former is acutely sensitive to rapamycin
364 administration, while the latter requires chronic rapamycin dosing for inhibition (19). To
365 investigate whether rapamycin's effect on the *Mgp*^{-/-} mouse are acting on the vasculature, we
366 generated *Mgp*^{-/-} mice with SMC-specific deletion of the mTOR complex proteins Raptor and
367 Rictor (26-28). *Mgp*^{-/-};*Myh11Cre-GFP*;*Raptor*^{fl/fl} mice (*Mgp*^{-/-};*Raptor*^{SMC-/-}) were bred to examine
368 the effects of a nonfunctional mTORC1 complex, while *Mgp*^{-/-};*Myh11Cre-GFP*;*Rictor*^{fl/fl} (*Mgp*^{-/-}
369 ;*Rictor*^{SMC-/-}) mice knockout was bred to examine a nonfunctional mTORC2 complex. Fully
370 differentiated SMCs expressing *Myh11* will constitutively express Cre recombinase to inactive
371 *Raptor* and *Rictor* gene expression specifically in SMCs.

372

373 Similar to *Mgp*^{-/-} mice treated with vehicle in Figure 2, Figure 6 shows that only 50% of the *Mgp*^{-/-}
374 ;*Rictor*^{SMC-/-} and *Mgp*^{-/-};*Rictor*^{SMC+/+} are alive at 40 days, indicating that rapamycin acting via
375 mTORC2 does not recapitulate the effects of rapamycin on increasing *Mgp*^{-/-} mice lifespan. The
376 50% survival rate of *Mgp*^{-/-};*Raptor*^{SMC+/+} mice was similar to *Mgp*^{-/-} treated with vehicle, *Mgp*^{-/-}
377 ;*Rictor*^{SMC-/-} and *Mgp*^{-/-};*Rictor*^{SMC+/+}, however the 50% survival rate of *Mgp*^{-/-};*Raptor*^{SMC-/-} mice
378 dropped to 22 days. As the Cre strain being used is a non-inducible system, this data in the
379 *Mgp*^{-/-};*Raptor*^{SMC-/-} mice suggest that mTORC1 is critical to the growth and development of the
380 vasculature. Together, these in vivo data suggest that the life-extending effects of rapamycin in
381 the *Mgp*^{-/-} mouse are not acting to preserve or reverse the calcification or deleterious vascular
382 remodeling but are acting on another organ system in the animal.

383

384 **DISCUSSION**

385 In this study, we demonstrated that rapamycin treatment increased the lifespan in *Mgp*^{-/-} mice,
386 but the effects of rapamycin do not reduce MAC nor rescue vessel integrity. In mice, rapamycin
387 has been shown to increase maximum lifespan and delay the onset of cancer as hyperactivity of
388 the mTOR pathway, frequently found in cancers, leads to the expression and activation of many
389 oncogenes like PI3K, Akt, and eIF4E. Hence, rapamycin can slow the proliferation of tumor cells
390 by causing cell arrest, promoting apoptosis, and blocking angiogenesis in tumor growths (43).
391 However, our data show that the increase in lifespan observed in *Mgp*^{-/-} mice following
392 rapamycin treatment is not associated with improvements in SMC contractile protein expression
393 or enhanced autophagy flux.

394

395 While rapamycin is known to inhibit SMC proliferation and is used as such in drug-eluting stents,
396 there is limited research on the effects of rapamycin on vascular morphology in the presence of
397 calcification (36, 44). It was previously shown that treatment with rapamycin limits the
398 progression of abdominal and thoracic aortic aneurysms in mice and preserves elastic lamina
399 integrity (45, 46). In a hyperphosphatemic rat model, rapamycin treatment inhibited aortic
400 calcium deposition when ectopic calcification was induced by feeding the rats with a high-
401 phosphate, high-adenine diet. Rapamycin reduced the osteogenic markers MSX2 and OSX in
402 this model while increasing the *Opn* and *Acta2* gene expression via Klotho upregulation (47).
403 Our approach used a genetic model of MAC to investigate whether rapamycin could inhibit
404 calcification in vivo. *Mgp*^{-/-} mice develop normally and at the time of birth are without
405 any overt abnormalities. At approximately one week old *Mgp*^{-/-} mice start exhibiting calcification
406 of the vessels, suggesting that other gene products might compensate to prevent calcification

407 during development and immediately post-birth (16). These observations highlight the
408 differences between genetically induced MAC and high phosphate feeding models. Diet-induced
409 calcification must overcome the effect of endogenous MGP, which is a potent inhibitor of
410 calcification, while the genetic removal of MGP results in calcification from the circulating
411 calcium and phosphate and activation of BMP signaling (12, 14).

412
413 Rapamycin has also been shown to preserve the differentiated phenotype of vascular SMCs
414 through IRS-1/P3K/AKT2 pathway (37). Our study did not observe rapamycin enhancing the
415 SMC contractile phenotype in *Mgp*^{-/-} mice. *Sma* expression typically occurs earlier than *Myh11*
416 expression during SMC development, even in undifferentiated mesenchymal cells, and its
417 expression persists throughout the differentiation process (48). In contrast, *Myh11* expression
418 occurs later, during the maturation of SMCs. The first study related to SMC contractile gene
419 expression in response to rapamycin was performed in vitro (37), while our study looked at SMC
420 contractile markers in vivo. Further, the presence of calcification activates mechanosensing
421 pathways that once activated may prevent full re-expression SMC contractile markers (49).
422 However, further investigation would be needed to elucidate how these mechanisms are
423 operating in the context of the *Mgp*^{-/-} mouse.

424
425 MAC is characterized by mineral deposits in the medial vessel layer and frequently occurs in
426 patients with PAD. Vascular calcification is an active biological process with many driving
427 forces, including osteogenic dedifferentiation of SMCs, inflammatory signals,
428 hyperphosphatemia, and extracellular matrix remodeling. In this study, rapamycin prolonged the
429 lifespan of mice who developed serious MAC shortly after birth. Interestingly, even though
430 rapamycin stimulates the cellular process of autophagy (50),-which can recycle components of
431 the ECM, including mineral deposits (51)- calcification volume was not reduced in rapamycin
432 treated *Mgp*^{-/-} mice. However, microCT data showed that the mineral density was significantly
433 reduced in *Mgp*^{-/-} mice treated with rapamycin. This data perhaps suggests that changes in
434 mineral structure, if explored at a further timepoint, may impact calcification volume.
435 Alternatively, as MGP also functions to inhibit BMP2 signaling, rapamycin may not interfere with
436 that process- such that changes in dosage or duration of rapamycin treatment would still not
437 alter calcification content in the vessel wall. Another explanation is that the activated autophagy
438 pathways cannot overcome the rapid deposition of hydroxyapatite that occurs in *Mgp*^{-/-} mice.
439 Frauscher et al. demonstrated that induction of autophagy by rapamycin treatment decreased
440 calcification in the vasculature of uremic DBA/2 mice (52). This argument led us to examine
441 autophagy flux in SMCs. However, we did not observe a difference in autophagy flux between
442 *Mgp*^{+/+} and *Mgp*^{-/-}. It is important to note that the *Mgp*^{-/-} is on a C57BL6J background, perhaps
443 explaining the differences observed in these in vivo models.

444
445 The mammalian target of rapamycin (mTOR) forms two distinct protein complexes known as
446 mTORC1 and mTORC2. mTORC1, activated by amino acids and allosterically inhibited by
447 rapamycin, requires a complex specific protein named raptor (53). After chronic administration,
448 mTORC2 is only inhibited by rapamycin and requires a Rictor (54). In the *Mgp*^{-/-};*Raptor*<sup>SMC^{-/-}
449 mice, induction of Cre to knockout *Raptor* was more lethal than the *Mgp*^{-/-};*Raptor*<sup>SMC^{+/+} or *Mgp*^{-/-}
450 mice. Therefore, *Raptor* is essential for the growth and maintenance of SMCs in the
451 vasculature. This essential role in growth and development is perhaps unsurprising, considering
452 that global *Raptor* knockout mice die in utero (55). Moreover, there was no benefit to lifespan in
453 the the *Mgp*^{-/-};*Rictor*<sup>SMC^{-/-} mice. The survival curves for the the *Mgp*^{-/-};*Rictor*<sup>SMC^{+/+} and *Mgp*^{-/-}
454 ;*Rictor*<sup>SMC^{-/-} mice, targeting mTORC2 signaling, do not diverge at any point and are statistically
455 insignificant, and also mirror that seen in the *Mgp*^{-/-} strain. Considering these data together,
456 rapamycin likely extends the lifespan of *Mgp*^{-/-} mice by targeting another organ system.</sup></sup></sup></sup></sup>

457

458 Arterial stiffness is strongly linked to heart failure (56), and these non-atherosclerotic vascular
459 pathologies are much more common in some populations, such as African-ancestry individuals
460 who are known to have a higher risk of cardiovascular disease events and mortality compared
461 to Caucasians(57-61). This excess cardiovascular disease risk is largely due to hypertensive
462 and peripheral vascular disease, versus atherosclerotic disease (57-59, 62-64). As such, it is
463 critical to define drivers of MAC such as MGP, which in some clinical studies in humans has
464 been associated with heart failure and MAC (65). Impairment in MGP activation, which would
465 phenocopy genetic deletion, is linked to a higher risk of heart failure and peripheral artery
466 disease due to excessive pulsatile afterloads on the left ventricle that reduce coronary artery
467 perfusion pressure during diastole (66, 67). As the mice that lack MGP are prone to aortic
468 rupture or heart failure, we speculate that rapamycin's effect on the mice's lifespan may be due
469 to rapamycin acting on the cardiac tissues.

470
471 Our study suggests that rapamycin's life-extending benefit in *Mgp*^{-/-} mice may act through
472 another organ system, possibly the heart rather than the vessels. Future studies are needed to
473 examine the impact of rapamycin on cardiac function in *Mgp*^{-/-} mice. Rapamycin has been
474 shown to increase cardiomyocyte autophagy (68), limit cardiomyocyte death, and attenuate
475 cardiomyocyte hypertrophy and cardiac remodeling by enhancing mTORC2 signaling while
476 simultaneously inhibiting mTORC1 signaling (69). Inhibition of mTOR signaling with rapamycin
477 improved cardiac function, such as left ventricular end-systolic dimensions, fractional
478 shortening, and ejection fraction in mice with decompensated cardiac hypertrophy compared to
479 the control group (70). Rapamycin has a protective effect on cardiac muscle contractility.
480 Cardiomyocytes isolated from the oldest mice treated with rapamycin show better contraction
481 (similar to that of young mice) than cardiomyocytes from old mice not treated with rapamycin
482 (71).

483 484 **CONCLUSION**

485 Rapamycin injection extended the lifespan of *Mgp*^{-/-} mice that exhibit an advanced form of MAC
486 compared to *Mgp*^{+/+} mice treated with vehicle, indicating a potential therapeutic benefit.
487 However, the mechanism of rapamycin-induced lifespan in relation to MAC must be clarified.
488 Rapamycin reduced mineral density but did not decrease calcification volume or show any
489 improvement in maintaining the SMC contractile phenotype in *Mgp*^{-/-} mice. Rapamycin did not
490 alter proliferation in either *Mgp*^{+/+} or *Mgp*^{-/-} mice or induce autophagy. The rapamycin effect on
491 lifespan extension and mineral density reduction is independent of its inhibition of mTORC1 or
492 mTORC2 complexes in SMC, suggesting that it is not vascular dysfunction itself leading to
493 death. Thus, we predict that rapamycin is acting on the heart tissue to withstand failure due to
494 the stiffened, calcified vessels.

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505 506 **DISCLOSURES**

507 None.

508

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741

742 **FIGURE LEGENDS**

743

744 **Figure 1: Histological comparison of Matrix Gla Protein (*Mgp*) mice arteries, medial and**
745 **intimal calcification in human arteries. A.** Histological sections of *Mgp*^{-/-} mouse aorta, human
746 tibial plaque and human coronary artery with atherosclerotic plaque, stained for calcification
747 using Von Kossa Staining. *Mgp*^{-/-} mouse aorta develop calcification (Calc) in the media layer of
748 artery similar to human tibial artery. **B.** Dot Blot Assay to identify MGP protein in Wild Type
749 (*Mgp*^{+/+}), Heterozygous (*Mgp*^{+/-}), and Knockout MGP (*Mgp*^{-/-}) mice. *Mgp*^{-/-} showed no expression
750 of MGP (Scale Bars: human tissue 1 mm, mouse tissue 0.5 mm).

751

752 **Figure 2: Impact of rapamycin treatment on survival in Matrix Gla Protein (*Mgp*)-deficient**
753 **mice A.** Kaplan-Meier analysis of overall survival in *Mgp*^{+/+} and *Mgp*^{-/-} mice treated with vehicle
754 (Dimethyl sulfoxide; DMSO) or rapamycin (5mg/kg/week) for 3 months. Rapamycin treatment
755 significantly extends the survival of *Mgp*^{-/-} mice (n=7) compared to those treated with the vehicle
756 (n=19). *Mgp*^{+/+} mice treated with vehicle (n=5) or either rapamycin (n=8) showed the same
757 survival.

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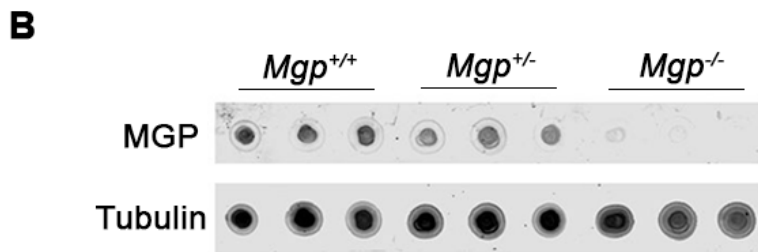
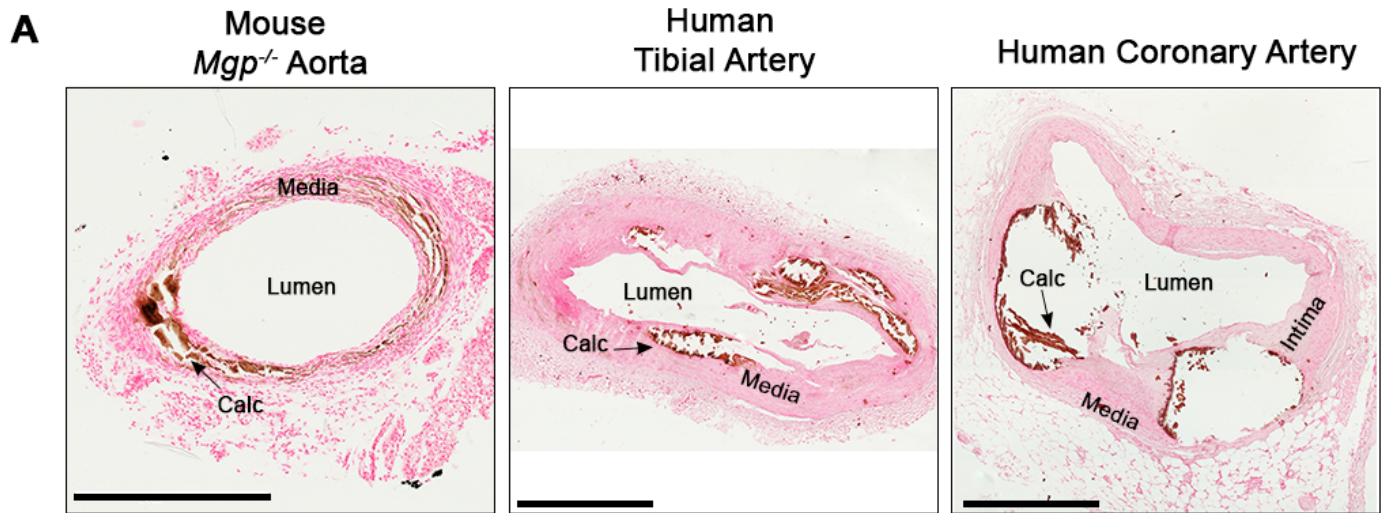
759 **Figure 3: Effect of rapamycin treatment on medial calcification in Matrix Gla Protein**
760 **(*Mgp*)-deficient mice a.** A cross-section of the aorta from *Mgp*^{-/-} mice treated with vehicle (Veh)
761 or rapamycin (RAPA, [5 mg/kg] once or three times a week). Mineral density decreased with
762 three times a week rapamycin. **B.** Histological sections of *Mgp*^{+/+} and *Mgp*^{-/-} mouse aortas

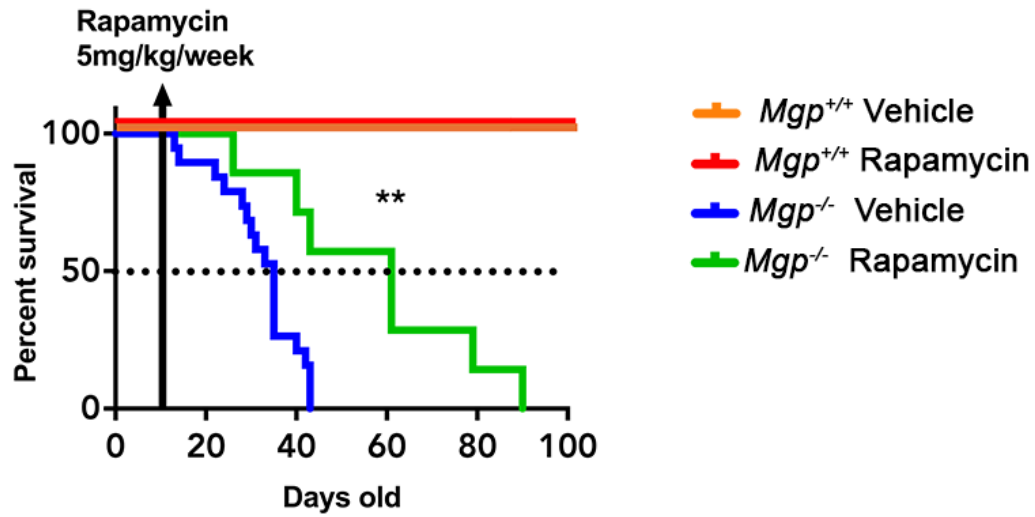
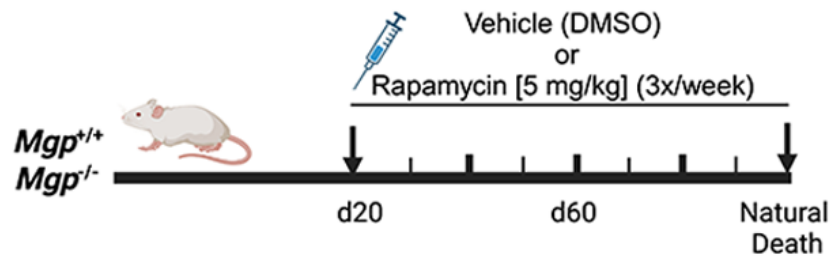
763 treated with vehicle or rapamycin three times a week, stained for calcification using Von Kossa
764 staining. **C.** A cross-section of the aorta treated with vehicle or rapamycin three times a week
765 were stained for calcification marker runt-related transcription factor 2 (RUNX2) by
766 immunofluorescence. In *Mgp*^{-/-} mice, RUNX2 expression was elevated with vehicle treatment
767 but no significant difference with rapamycin treatment.
768

769 **Figure 4: Histological structure of *Mgp*^{+/+} and *Mgp*^{-/-} mice aorta treated with**
770 **vehicle or rapamycin. A.** The cross sections of mice aorta were stained with Masson's
771 Trichrome to identify collagen (stained blue). The staining revealed disruption in
772 collagen fiber structure in *Mgp*^{-/-} mice treated either with vehicle or rapamycin **B.** The
773 cross sections of mice aorta were stained with Verhoeff-Van Gieson (VVG) to identify
774 elastic fibers (stained black). The staining revealed disruption of elastic fiber structure
775 and a reduction of elastic fibers in the *Mgp*^{-/-} vehicle (Veh) group, and no difference
776 observed with rapamycin (RAPA) treatment (Scale bar: 0.2 mm). **C.** The cross sections
777 of mice aorta were stained with smooth muscle actin (SMA) and myosin heavy chain
778 gene (MYH11) SMA. The rapamycin increased the SMA levels in *Mgp*^{-/-} mice compared
779 to the *Mgp*^{-/-} vehicle. **D.** The cross section of mice aorta was stained for proliferation
780 markers (ki67), which was higher in *Mgp*^{-/-} compared to the *Mgp*^{+/+}.
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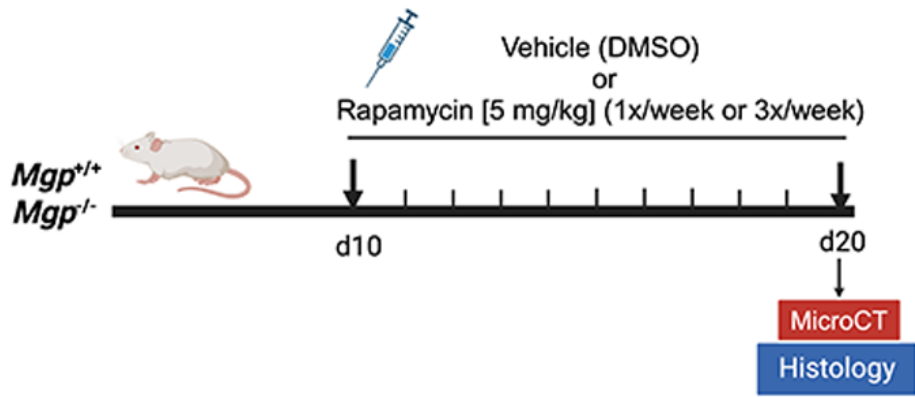
783 **Figure 5: The effect of rapamycin treatment on autophagy flux. A.** Histological sections of
784 *Mgp*^{+/+} and *Mgp*^{-/-} mouse aortas treated with vehicle (DMSO, Dimethyl sulfoxide) or rapamycin
785 [5mg/kg] three times a week, stained for Microtubule-associated protein 1A/1B-light chain 3
786 (LC3) by immunofluorescence. LC3 decreased with rapamycin (RAPA) in *Mgp*^{-/-} mice compared
787 to the *Mgp*^{+/+} mice. **B.** Smooth muscle cells from *Mgp*^{+/+} and *Mgp*^{-/-} mice were treated with
788 vehicle (DMSO) or rapamycin (200 μM) for 14 hours, followed by the addition of bafilomycin
789 (BafA, 100 μM), an autophagy inhibitor, for an additional 24 hours. Levels of LC3 (LC3-I and
790 LC3-II) were quantified by western blot. Rapamycin treatment increases the levels of LC3-
791 II/LC3I and LC3-II protein in both *Mgp*^{+/+} and *Mgp*^{-/-} mice smooth muscle cells.
792

793 **Figure 6: Survival probability of Matrix Gla Protein (*Mgp*)-deficient mice with**
794 **Rictor and Raptor knockouts in vascular smooth muscle cells (SMC). A.** *Mgp*^{-/-}
795 using Cre recombinase that target the gene encoding Rictor in SMC (SMC^{+/+} (n=7),
796 SMC^{-/-} (n=5)), a protein involved in mTORC2 signaling pathways. **B.** *Mgp*^{-/-} using Cre
797 recombinase that target the gene encoding Raptor in SMC (SMC^{+/+} (n=6), SMC^{-/-} (n=7)),
798 a protein involved in mTORC1 signaling pathways. The presence or absence of Rictor,
799 when combined with MGP deficiency, does not significantly affect the lifespan of the
800 mice. However, Raptor plays a crucial role in the survival of MGP-deficient mice.
801

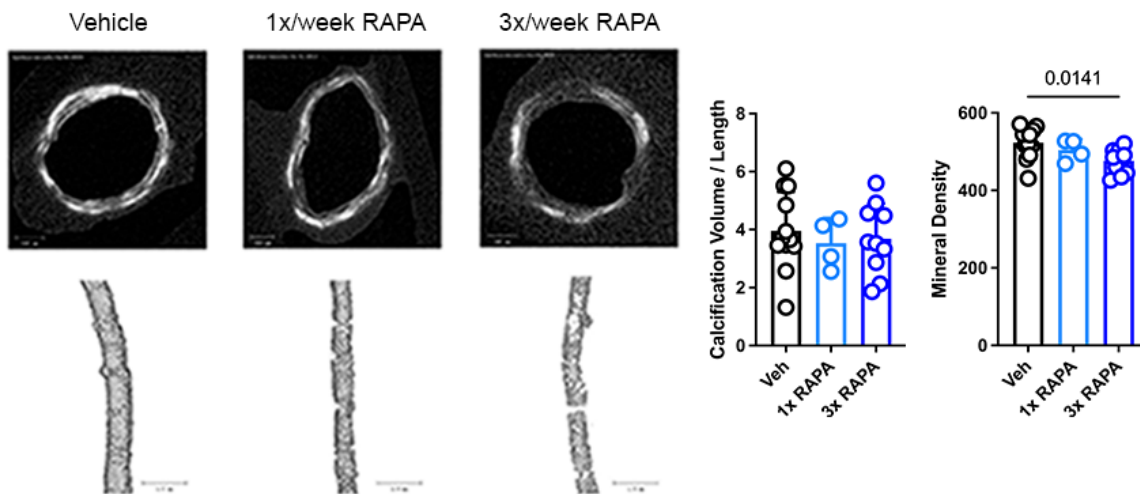




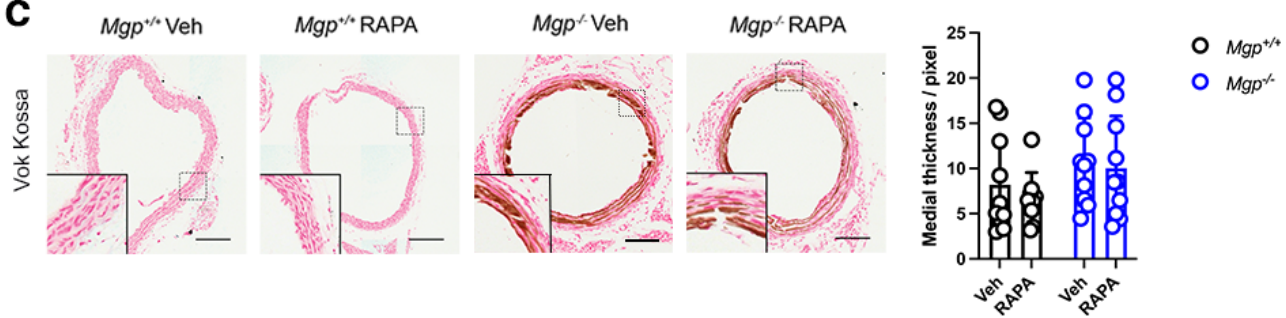
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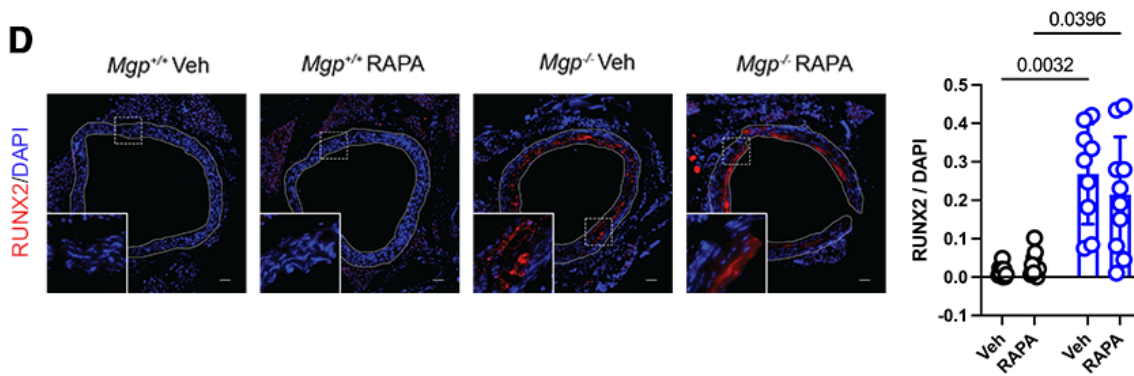
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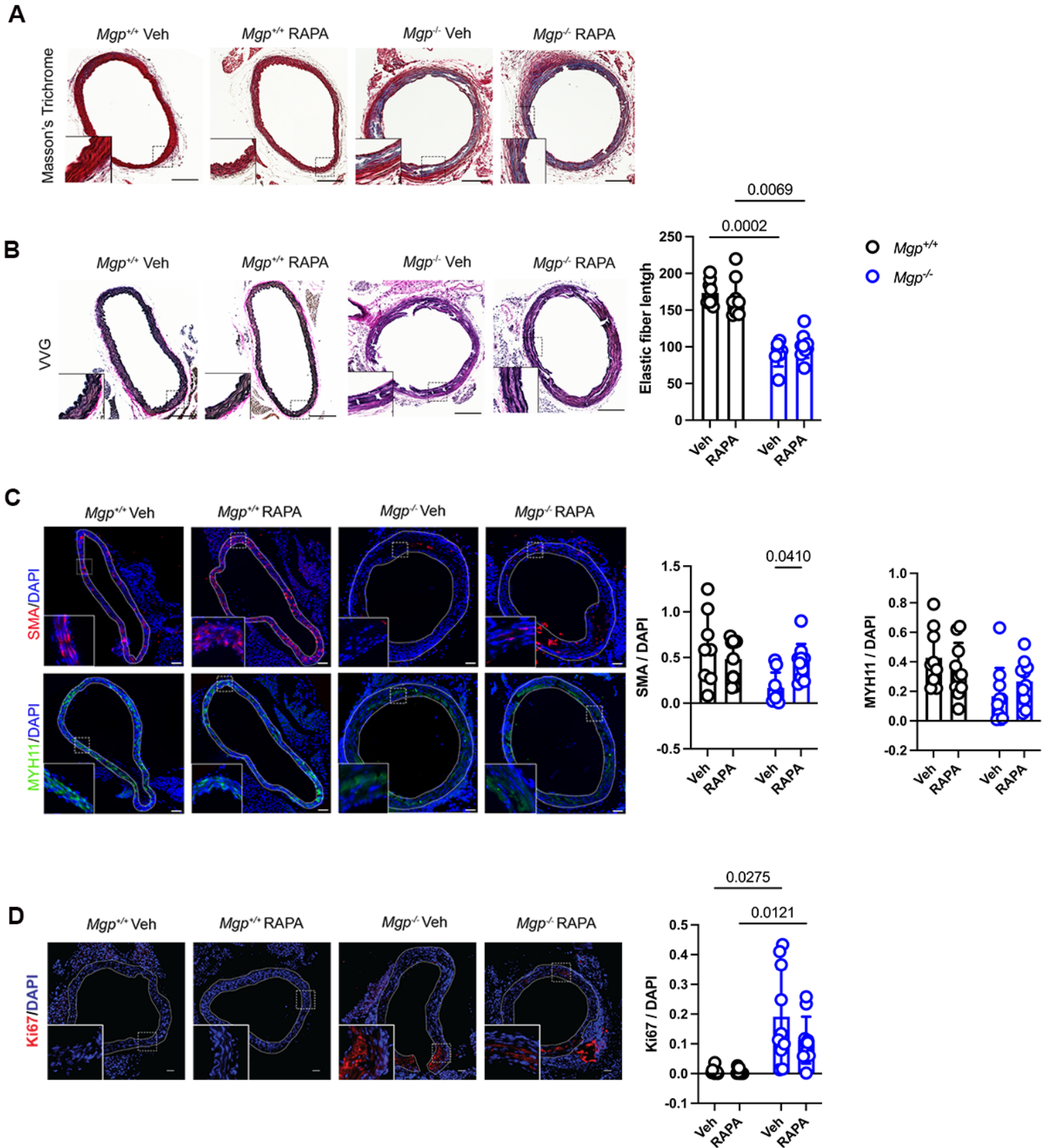


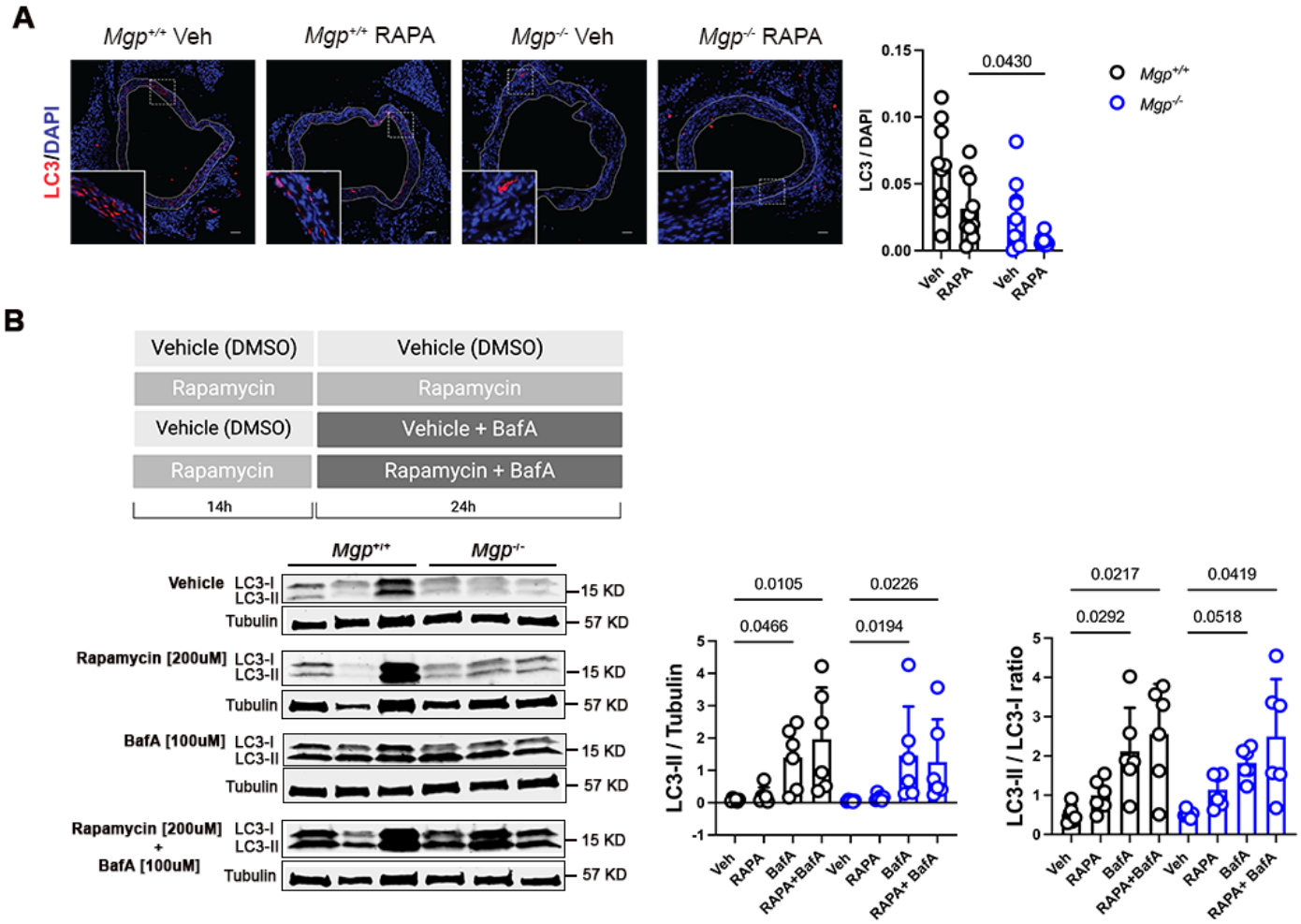
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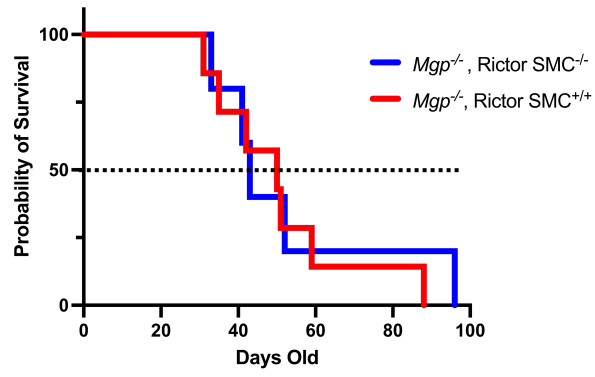
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