Research Paper

Lunasin functionally enhances LDL uptake via inhibiting PCSK9 and enhancing LDLR expression *in vitro* and *in vivo*

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Keywords: lunasin, proprotein convertase subtilisin/kexin type 9, low-density lipoprotein cholesterol, low-density lipoprotein receptor, hepatocyte nuclear factor-1a

Received: June 26, 2017 Accepted: August 04, 2017 Published: August 24, 2017

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ABSTRACT

Proprotein convertase subtilisin/kexin type 9 (PCSK9) is a serine protease which regulates serum low-density lipoprotein cholesterol (LDL-C) levels by promoting the degradation of the hepatic low-density lipoprotein receptor (LDLR), and has become an attractive therapeutic target for cholesterol lowering intervention. Lunasin, a 43-amino acid polypeptide initially isolated from soybean, has been previously proven to possess cholesterol lowering activity. Here we identified the down-regulation of PCSK9 expression by lunasin as one new mechanism that increased cell-surface LDLR level and enhanced LDL uptake in vitro and in vivo. Treatment of HepG2 cells with lunasin inhibited the expression of PCSK9 at mRNA and protein levels in a dose-andtime dependent manner via down-regulating hepatocyte nuclear factor-1a (HNF-1a), thereby contributing to increasing LDLR level and functionally enhancing LDL uptake. ApoE^{-/-} mice receiving lunasin administration by intraperitoneal injection at doses of 0.125~0.5 µmol/kg·day for 4 weeks had significantly lower PCSK9 and higher LDLR levels in hepatic tissue, as well as remarkably reduced total-cholesterol (T-CHO) and LDL-C in blood as compared to mice in vehicle control group. Furthermore, we identified that LDLR expression was up-regulated by lunasin via PI3K/Akt-mediated activation of SREBP-2 in HepG2 cells. Taken together, our findings suggest that lunasin inhibits PCSK9 expression by down-regulating HNF-1a and enhances LDLR expression via PI3K/Akt-mediated activation of SREBP-2 pathway, thereby functionally enhances LDL uptake in HepG2 cells and in ApoE^{-/-} mice.

INTRODUCTION

Hyperlipidemia, particularly the abnormally elevated plasma level of low-density lipoprotein cholesterol (LDL-C) plays a key role in causing atherosclerotic cardiovascular disease (CVD) [1, 2]. Thus, reduction of LDL-C constitutes the major approach for the prevention and treatment of CVD, and which could be achieved by both decreasing LDL-C synthesis and enhancing LDL-C clearance.

Statins are the most popular therapeutic drugs to decrease plasma LDL-C synthesis by inhibiting

3-hydroxy-3-methylglutaryl coenzyme A (HMG-CoA) reductase. However, for the clearance of circulating LDL-C in bloodstream, the major route is through hepatic LDL receptor (LDLR) mediated endocytosis in the liver. In this case, LDL-C is initially bound to hepatic cell-surface LDLR and internalized into clathrin-coated pits, and then degraded by lysosome. Thereafter, LDLR is recycled back to hepatic cell surface where it binds more LDL-C for endocytosis and degradation. It has been revealed that defect in LDLR is the most common cause of familial hypercholesterolemia (FH) and premature coronary artery

diseases [3], and LDLR-adapter protein 1 (LDLRAP1) and low-density lipoprotein receptor-related protein 6 (LRP6) are required as co-receptors for an efficient endocytosis of LDLR-LDL-C complex in the liver [4, 5].

Proprotein convertase subtilisin/kexin type 9 (PCSK9) is a member of the mammalian proprotein convertase family of subtilisin-like serine endoproteases and is located mostly in adult liver hepatocytes, much less in the small intestine and kidney, and transiently expressed in the developing central nervous system [6]. It has been found that PCSK9 plays a pivotal role in the process of LDL catabolism because it can functionally promote the degradation of LDLR and prevents it from recycling to the membrane [7]. Accordingly, as an important regulator of lipoprotein metabolism, PCSK9 has become an attractive therapeutic target for cholesterol lowering intervention [8, 9]. To date, multiple approaches for inhibiting PCSK9 have been developed, which include interfering the binding of PCSK9 to LDLR by monoclonal antibodies and adnectins, inhibiting the synthesis of PCSK9 by gene silencing agents such as antisense oligonucleotides, small interfering RNA (siRNA) and small peptides, decreasing PCSK9 autocatalytic processing by smallmolecule inhibitors [8, 10], as well as down-regulating the expression of PCSK9 by natural compounds such as berberine, curcumin and alginate oligosaccharide [11-13].

Lunasin, a 43- amino acid peptide which was initially isolated from the soybean and later identified in other plants such as wheat, amaranth, rye and barley etc [14], has been shown to possess potent anticancer activities *in vitro* and *in vivo* [15], and antioxidant as well as anti-inflammatory properties [16, 17]. Beyond that, previous studies have preliminarily identified lunasin as the active component in soy protein responsible for reducing LDL cholesterol by directly inhibiting the expression of HMG-CoA reductase and increasing the expression of LDLR [18].

However, to the best of our knowledge, there are no reports on the effects of lunasin on the function of PCSK9 thus far. In this work, we explored the regulatory effects of lunasin on the expression of PCSK9 *in vitro* and *in vivo*. As a result, we found that lunasin significantly suppressed the expression of PCSK9 in HepG2 cells and in ApoE^{-/-} mice, thereby contributing to the increased levels of LDLR and enhanced functions of LDL uptake in hepatic cells. Furthermore, we identified that up-regulation of LDLR by lunasin treatment was dependent on PI3K/Akt-mediated activation of SREBP-2 pathway.

RESULTS

Lunasin reduces PCSK9 expression at mRNA and protein levels in dose-and-time dependent manner in HepG2 cells

HepG2 cells were cultured with increasing concentrations of lunasin (0, 0.2, 1 and 5 $\mu M)$ for 24 hrs, then qRT-PCR and Western blot analyses were

performed to measure PCSK9 expression at mRNA and protein levels, respectively. As shown in Figure 1, lunasin treatment inhibited PCSK9 expression at both mRNA (Figure 1A) and protein (Figure 1B) levels in HepG2 cells in a dose-dependent manner, and 5 µM of lunasin could remarkably suppress PCSK9 expression at mRNA (p <0.0001) and protein (p < 0.01) levels in HepG2 cells as compared with the vehicle controls. To explore whether the inhibition of PCSK9 expression by lunasin led to the reduction of PCSK9 protein secreted from HepG2 cells, we measured the amounts of PCSK9 protein secreted in the cell culture media by Western blot analysis. As shown in Figure 1C, lunasin treatment also significantly reduced the amounts of PCSK9 protein secreted in the cell culture media in a dose-dependent manner. Besides, time-course experiment revealed that treatment of HepG2 cells with 5 µM lunasin for 0, 1, 2, 4, 8, 16, 24 hrs decreased PCSK9 expression at both mRNA (Figure 1D) and protein (Figure 1E) levels in a time-dependent manner. Thus, it was demonstrated that lunasin treatment significantly reduced both intracellular and secreted PCSK9 protein levels in HepG2 cells.

Lunasin suppresses hepatocyte nuclear factor 1α (HNF-1α) transcription in HepG2 cells

HNF-1 α has been previously identified as the predominant trans-activator for PCSK9 gene in HepG2 cells. To examine whether lunasin treatment affected the expression level of HNF-1 α , HepG2 cells were treated with lunasin at concentrations of 0, 0.2, 1 and 5 μ M for 24 hrs, and then qRT-PCR analysis was performed to detect the expression levels of HNF-1 α . As a result, HNF-1 α transcription was dramatically inhibited by 1 (p < 0.05) and 5 μ M (p < 0.001) lunasin treatment in HepG2 cells (Figure 1F). Thus, the reduction of both intracellular and secreted PCSK9 proteins by lunasin treatment is likely to be associated with the suppression of HNF-1 α in HepG2 cells.

Lunasin increases LDLR level and enhances LDL uptake in HepG2 cells

Following treatment of HepG2 cells with increasing concentrations of lunasin for 24 hrs, it was observed that the levels of LDLR mRNA and protein were increased in a dose-dependent manner (Figure 2A, 2B), and they were significantly increased 2.5-fold (p < 0.0001) and 3-fold (p < 0.01) by treatment with 5 μ M of lunasin as compared to the vehicle control, respectively. On the other hand, after treatment with 5 μ M lunasin for 0~24 hrs, the amounts of LDLR mRNA and protein were increased in a time-dependent manner, and after treatment for 24 hrs they were increased 2-fold (p < 0.0001) (Figure 2C) and 3-fold (p < 0.01) (Figure 2D) as compared to the vehicle control, respectively. Further, functional analysis indicated that LDL uptake in HepG2 cells was vastly elevated after



Figure 1: Lunasin inhibits the expression levels of PCSK9 and HNF-1 α in HepG2 cells. (A, B, C) HepG2 cells were treated with 0.2, 1, and 5 μ M lunasin for 24 hrs, the mRNA and protein levels of intracellular precursor PCSK9 (PCSK9-P) and mature PCSK9 (PCSK9-M), as well as secreted PCSK9 (PCSK9-S) protein in culture medium were determined by qRT-PCR and Western blot, respectively. (D, E) HepG2 Cells were treated with 5 μ M lunasin for various times (1, 2, 4, 8, 16, 24 hrs), and the levels of intracellular PCSK9 mRNA and protein were determined by qRT-PCR and Western blot. (F) HepG2 cells were treated with 0.2, 1, and 5 μ M lunasin for 24 hrs, and the mRNA levels of HNF-1 α were analyzed by qRT-PCR. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 vs. control group. Results were given as the means \pm SEM of three independent experiments.



Figure 2: Lunasin up-regulates LDLR level and enhances LDL uptake in HepG2 cells. (A, B) HepG2 cells were treated with 0.2, 1, and 5 μ M lunasin for 24 hrs, the levels of LDLR mRNA and protein were determined by qRT-PCR and Western blot.(C, D) HepG2 Cells were treated with 5 μ M lunasin for various times (1, 2, 4, 8, 16, 24 hrs), the levels of LDLR mRNA and protein were determined by qRT-PCR and Western blot. * p < 0.05, ** p < 0.01, *** p < 0.001, ****p < 0.0001 vs. vehicle control. (E) LDL uptake was assessed in HepG2 cells after treatment with 5 μ M lunasin for 24 hrs on a fluorescence plate reader. #### p < 0.0001 vs. vehicle group; **** p < 0.0001 vs. vehicle $+ 20 \mu$ g/mL Dil-LDL group. Results were given as the means \pm SEM of three independent experiments.

treatment with 5 μ M of lunasin for 24 hrs as compared to the vehicle control (p < 0.0001) (Figure 2E).

Lunasin up-regulates nuclear form of SREBP-2 in HepG2 cells

To examine the effects of lunasin treatment on the expression of SREBP-2, HepG2 cells were treated with 0~5 μ M lunasin for 24 hrs, the expression levels of SREBP-2 were measured by qRT-PCR analysis. The data indicated that lunasin significantly up-regulated the expression levels of SREBP-2 (Figure 3A) in a dosedependent manner in HepG2 cells. Furthermore, the nuclear and precursor forms of SREBP-2 in HepG2 cells were examined by Western blot, and it was revealed that lunasin treatment significantly increased nuclear form of SREBP-2 in HepG2 cells (Figure 3B). Also, it was confirmed that lunasin treatment enhanced the translocation of SREBP-2 into nucleus in HepG2 cells by immunofluorescence analysis on the subcellular localization of SREBP-2 (Figure 3C).

Lunasin enhances LDLR expression via PI3K/ Akt-mediated SREBP-2 activation pathway in HepG2 cells

Phosphatidylinositol 3' kinase (PI3K) and Akt are signaling kinases involved in cell survival and proliferation. Interestingly, recent advances suggested that PI3K/Akt also play crucial roles in the activation of SREBPs, master transcriptional regulators of lipid metabolism [19, 20]. Thus, we were prompted to evaluate the effects of lunasin treatment on this PI3K/ Akt-mediated SREBP2 activation pathway. As shown in Figure 4A, lunasin treatment significantly increased Akt phosphorylation in HepG2 cells (p < 0.001), while it could be apparently restored by pretreatment of HepG2 cells with 10 μ M PI3K inhibitor LY294002 prior to lunasin treatment (p < 0.05).

Besides, LY294002 counteracted the up-regulation of LDLR by lunasin at mRNA (p < 0.01) (Figure 4B) and protein (p < 0.01) (Figure 4C) levels, and significantly inhibited the increases in the amounts of SREBP-2 mRNA (p < 0.0001) (Figure 4D) and nuclear SREBP-2 protein (Figure 4E) induced by 5 µM lunasin treatment. These results suggest that PI3K/Akt-mediated SREBP-2 pathway is involved in the up-regulation of LDLR by lunasin treatment in HepG2 cells.

Lunasin reduces plasma total cholesterol (T-CHO) and LDL cholesterol (LDL-C) in ApoE^{-/-}mice

Given the effects of lunasin on PCSK9, LDLR and LDL uptake in HepG2 cells, we explored the *in vivo* anti-hyperlipidemia activity of lunasin in ApoE^{-/-} mice. It was

observed that ApoE^{-/-} mice fed with high fat diet (HFD) exhibited greatly higher plasma T-CHO (p < 0.0001) and LDL-C (p < 0.0001) levels compared to C57BL/6 mice fed with normal diet. After administration with lunasin by i. p. injection at doses of 0.125-0.5 µmol/kg day for 4 weeks, it was found that lunasin reduced the plasma T-CHO and LDL-C levels in a dose-dependent manner in ApoE^{-/-} mice fed with high fat diet (Figure 5A).

Further, we evaluated the effects of lunasin treatment on the expression levels of PCSK9 and LDLR in vivo. As shown in Figure 5B, 5C, 5D, 5E, compared to normal control group (C57BL/6 mice fed common chow and i. p. administrated with vehicle), model control group (ApoE-^{*i*} mice fed with HFD and i. p. administrated with vehicle) showed vastly high levels of PCSK9 mRNA and protein as well as lower levels of LDLR mRNA and protein in hepatic tissue, implying that the ApoE^{-/-} mouse model of dyslipidemia has been well-established. However, the levels of PCSK9 mRNA and protein were dramatically down-regulated, while the levels of LDLR mRNA and protein were significantly increased in a dose-dependent manner group in ApoE-/- mice in response to lunasin treatment as compared to the model control. Besides, the expression of HNF-1a was strongly inhibited (Figure 5F) while the expression of SREBP-2 (Figure 5G) and the level of SREBP-2 nuclear protein (Figure 5H) were significantly increased in ApoE^{-/-} mice when treated with lunasin as compared to the model control. Additionally, it was observed that the levels of secreted PCSK9 in hepatic tissues of ApoE^{-/-} mice treated with lunasin were remarkably reduced in a dose-dependent manner as compared to the model control by immunofluorescence assay (Figure 6).

DISCUSSION

In the present study, for the first time, we demonstrate that lunasin significantly suppresses the expression of PCSK9 via down-regulating HNF-1 α in HepG2 cells, thereby contributing to the increased levels of LDLR and enhanced function of LDL uptake in hepatic cells, as well as lowered plasma LDL-cholesterol levels in ApoE^{-/-} mice fed with HFD. Furthermore, we identify that the up-regulation of LDLR by lunasin is dependent on PI3K/Akt-mediated activation of SREBP-2 pathway (Figure 7).

Previously, PCSK9 gene has been revealed to be located on chromosome 1p32 by chromosomal mapping [21]. The structure of the 692-aa human PCSK9 protein contains a prodomain (aa 31~152) that is noncovalently associated with the mature protease chain (aa 153–692), keeping it in an enzymatically inactive state, and the catalytic subunit (aa 153–404) which is followed by a short hinge domain (Hi; aa 405–452) and the C-terminal CHRD (aa 453–692) composed of three repeats called M1, M2, and M3 [22]. The binding of PCSK9 to the first epidermal growth factor-like repeat (EGF-A) in the EGF homology domain of LDLR leads to internalization, impedes LDLR recycling and delivers LDLR to the lysosome for degradation [23], thus it makes PCSK9 a promising therapeutic target [24, 25].

A striking finding of this study is that lunasin as a novel PCSK9 inhibitor could significantly inhibit the gene expression of PCSK9 via down-regulating hepatocyte nuclear factor-1 α (HNF-1 α). We not only provided experimental evidences to indicate that lunasin dramatically down-regulated the levels of PCSK9 mRNA and mature protein both in time-dependent and dosedependent manners in HepG2 cells, but also demonstrated that lunasin effectively decreased the levels of PCSK9 in ApoE^{-/-} mice. HNF-1 α has been revealed to enhance the transcription of PCSK9 gene through a highly conserved HNF-1 α binding site located 28bp upstream of the SRE-1 site in human PCSK9 promoter in HepG2 cells, which is associated with an increase in plasma PCSK9 levels in *vivo* [26, 27]. Thus, it can be hypothesized that drugs that down-regulate HNF-1 α gene expression may play an important role in the reduction of PCSK9. To characterize the mechanism of the inhibitory effect of lunasin on PCSK9, we investigated whether HNF-1 α could be downregulated by lunasin treatment in HepG2 cells. As a result, lunasin dramatically suppressed the expression of HNF-1 α in HepG2 cells. Notably, although the promoter region of the PCSK9 gene contains a sterol-regulatory element (SRE) site which can be transcriptionally activated by SREBP-2 [28], HNF-1 α plays a critical role in PCSK9



Figure 3: Lunasin increases nuclear form of SREBP-2 in HepG2 cells. Cells were treated with 0.2, 1, and 5µM lunasin for 24 hrs. (A) The expression levels of SREBP-2mRNA were analyzed by qRT-PCR. (B) The expression of precursor SREBP-2 (SREBP-2-P) and nuclear SREBP-2 (SREBP-2-N) were analyzed by Western blot. (C) Immunofluorescence analysis used to detect the nuclear translocation of SREBP-2 in HepG2 cells. After treatment, cells were incubated with rabbit polyclonal anti-SREBP-2 antibody (1:200), and followed by incubation with Alexa Fluor® 488-conjugated goat anti-rabbit IgG (1:400) and DAPI (1 mM) to stain the nucleus. Then, cells were washed with PBS and images were taken by Zeiss LSM700 confocal microscopy at original magnification × 600. * p < 0.05, ** p < 0.01 and *** p < 0.001 vs. vehicle control group. Results are given as the means ± SEM of three independent experiments.



Figure 4: Lunasin enhances LDLR expression via PI3K/Akt-mediated SREBP-2 activation pathway in HepG2 cells. HepG2 cells were pre-cultured with 10 μ M LY294002 (an effective PI3K/Akt pathway inhibitor) for 2 hrs, then treated with or without 5 μ M lunasin for 24 hrs. (A) Phosphorylation of Akt was analyzed by Western blot. (B, C) The levels of LDLR mRNA and protein were measured by qRT-PCR and Western blot, respectively. (D, E) The mRNA and protein levels of SREBP-2 were analyzed by qRT-PCR and Western blot, respectively. *p < 0.05, **p < 0.01, ***p < 0.001, ****p < 0.0001 vs. vehicle control group; #p < 0.05, ##p < 0.001, ####p < 0.0001 vs. 5 μ M lunasin group. Results are given as the means \pm SEM of three independent experiments.



Figure 5: Lunasin reduces T-CHO, LDL-C in sera, decreases PCSK9 while increases the hepatic levels of LDLR, HNF-1*a* and nuclear form of SREBP-2 in ApoE^{-/-} mice. ApoE^{-/-} mice fed with high fat diet were administered with lunasin by i. p. injection at dose of 0.125-0.5 µmol/kg day for 4 weeks. (A) T-CHO, LDL-C serum lipid levels measured by biochemical kits. (B, C, D, E) The hepatic mRNA and protein levels of PCSK9 and LDLR analyzed by qRT-PCR and Western blot, respectively. (F, G) The hepatic mRNA levels of HNF-1*a* and SREBP-2 determined by qRT-PCR. (H) The hepatic precursor and nuclear forms of SREBP-2 analyzed by Western blot. # p < 0.05, ## p < 0.01, #### p < 0.001 vs. C57BL/6 + vehicle (normal control); * p < 0.05, ** p < 0.001, **** p < 0.0001 vs. ApoE^{-/-} + vehicle (model control). Data were represented as the means ± SEM, n = 8 per group.



Figure 6: Lunasin decreases the level of PCSK9 secreted in hepatic tissues in ApoE^{-/-} mice by immunofluorescence analysis. Hepatic tissue of mice was fixed in 4% paraformaldehyde and paraffin-embedded 4 µm sections subjected to immunofluorescence analysis. Representative images of liver paraffin sections stained for PCSK9 with Alexa Fluor[®] 488 (green) and counterstained with DAPI to show cell nucleus (blue). (A) C57BL/6 + vehicle (normal control); (B) C57BL/6 + 0.5 µmol/kg·d lunasin; (C) ApoE^{-/-} + vehicle (model control); (D) ApoE^{-/-} + 0.125 µmol/kg·d lunasin; (E) ApoE^{-/-} + 0.25 µmol/kg·d lunasin; (F) ApoE^{-/-} + 0.5µmol/kg·d lunasin. (G) Quantitative analysis of PCSK9 image pixel intensity. #### p < 0.0001 vs. C57BL/6 group; *** p < 0.001 and **** p < 0.0001 vs. ApoE^{-/-} group. Data represented as the means ±SEM. The photomicrographs were taken by Zeiss AX10 fluorescence microcopy at original magnification × 200. Results are representative of three independent experiments with similar results.

gene transcription and regulation as HNF1 site mutation reduced PCSK9 promoter activity > 90% [27]. Thus, the suppression of HNF-1 α by lunasin predominantly inhibited the expression of PCSK9 in spite of the upregulation of SREBP-2.

On the other hand, we proved that lunasin remarkably up-regulated the levels of LDLR mRNA and protein in HepG2 cells, and which was associated with PI3K/Akt-mediated activation of SREBP-2 pathway. Sterol regulatory element binding proteins (SREBPs) are membrane bound transcription factors attached to the endoplasmic reticulum (ER), and which have been identified to function as master regulators of cholesterol and fatty acid synthesis [29, 30]. In mammalian, there are three SREBP isoforms (SREBP-1a, SREBP-1c and SREBP-2) which are encoded by two genes (SREBF1 and SREBF2), respectively [31]. Both SREBP-1 and SREBP-2 play important roles in the regulation of LDLR [32, 33]. In addition, in vivo studies suggested that both SREBP-1 isoforms show a relative preference for activating fatty acid synthesis but not cholesterol synthesis, while SREBP-2 is more specific to up-regulating the cholesterogenic genes [31, 34-38]. Notably, SREBPs cooperate with other DNA-binding transcription factors and coactivators, the maximal transcriptional activation requires additional DNA-binding proteins: nuclear factor-Y (NF-Y) and cAMP-response element binding protein (CREB) for the HMG-CoA reductase gene, and Sp1 for the LDL receptor gene [39, 40].

It has been known that SREBP regulation is associated with the phosphatidylinositol 3-kinase (PI3K)/Akt pathway [41], and Akt acutely activates the cholesterogenic transcription factor SREBP-2 via increasing SREBPs phosphorylation and subsequent ubiquitination [19, 42, 43]. Our data showed that the increase in the expression of SREBP-2 by lunasin treatment could be inhibited by LY294002, a PI3K/Akt pathway chemical inhibitor, thereby reducing the upregulation of LDLR by lunasin treatment. These results suggested that PI3K/Akt-mediated SREBP-2 activation played a crucial role in the up-regulation of LDLR and enhancement of LDL uptake by lunasin treatment in hepatocytes, thereby decreasing the mice serum T-CHO and LDL-C *in vivo*.

Over the past decades, the use of statins to reduce LDL-C has successfully decreased the risk of cardiovascular events [44, 45], successfully in treating dyslipidemia as a major means for diminishing



Figure 7: A schematic diagram of the molecular mechanism by which lunasin increases hepatic cell-surface LDLR level and functionally enhance LDL uptake in hepatocytes.

Table 1 Primer sequences used for real-time PCR

Gene	Forward primer $(5' \rightarrow 3')$	Reverse primer($5' \rightarrow 3'$)	Amplicon size (bp)
PCSK9	AGGGGAGGACATCATTGGTG	CAGGTTGGGGGGTCAGTACC	229
HNF-1a	AGGACGAGACGGACGACGAT	AGTGCCCTTGTTGAGGTGTT	245
LDLR	GAACCCATCAAAGAGTGCG	TCTTCCTGACCTCGTGCC	313
SREBP-2	GTCCTGAGCGTCTTTGTGA	CCAGGCAGGTTTGTAGGTT	160
β-actin	CTCTTCCAGCCTTCCTTCCT	CAGGGCAGTGATCTCCTTCT	180
Mus-β-actin	GTGACGTTGACATCCGTAAAGA	GCCGGACTCATCGTACTCC	245
Mus-PCSK9	CAGAGGTCATCACAGTCGGG	GGGGCAAAGAGATCCACACA	100
Mus-HNF-1a	GAGCCTGAATCGAGCAGAAC	AGCCTTCTCTGGACACCTGA	184
Mus-LDLR	GTATGAGGTTCCTGTCCATC	CCTCTGTGGTCTTCTGGTAG	144
Mus-SREBP-2	CCAAAGAAGGAGAGAGAGGCGG	CGCCAGACTTGTGCATCTTG	129

cardiovascular morbidity and mortality. However, statins have also been shown to increase the expression of PCSK9, which could contribute to the function limitation of statins in all situations [46, 47]. Therefore, as a PCSK9 natural inhibitor, lunasin might be used concomitantly with statins as a novel agent for LDL-C reduction.

In summary, our experimental data indicate that lunasin works in two ways to increase hepatic cell-surface LDLR level and thereby functionally enhance LDL uptake by both inhibiting PCSK9 expression via down-regulating HNF-1 α and up-regulating LDLR expression via PI3K/ Akt-mediated activation of SREBP-2 pathway in HepG2 cells and in ApoE^{-/-} mice. These findings suggest that lunasin could be a potential candidate for cholesterol homeostasis maintenance.

MATERIALS AND METHODS

Reagents and media

Lunasin was prepared by using recombinant DNA technology as previously described [48], and dissolved in saline. Minimum essential medium (MEM) and Opti-MEM as well as FBS were purchased from Gibco (Grand Island, NY, USA). Lipofectamine 3000 reagent was obtained from Invitrogen (California, Carlsbad, USA). Antibodies against PCSK9 and LDLR were obtained from abcam (Cambridge, UK). Anti-GAPDH and Antiβ-actin were obtained from Cell Signaling Technology (Danvers, MA, USA). LY294002, an effective PI3K/ Akt pathway chemical inhibitor, was purchased from TargetMol (Boston, MA, USA). LDL labeled with 1, 1'-dioctadecyl - 3, 3, 3', 3'-tetramethyl- indocarbocyanine perchlorate (Dil-LDL), which is highly fluorescent lipophilic dyes that diffuse into the hydrophobic portion of the LDL complex without affecting the LDL-specific binding of the apoprotein. Dil-LDL was obtained from Yiyuan Biotechnologies (Guangzhou, China). Dimethyl Sulphoxide (DMSO) and other chemicals were purchased from Amresco (Solon, OH, USA). Total cholesterol (CHO) and low-density lipoprotein cholesterol (LDL-C) assay kits were obtained from Nanjing Jiancheng Bioengineering Institute (Nanjing, China).

Ethics statement

The animal experiment was carried out in accordance with the ethical standards and according to the Regulations of Experimental Animal Administrations issued by the State Committee of Science and Technology of the People's Republic of China.

Cell culture

Human hepatic HepG2 cells were obtained from China Infrastructure of Cell Line Resources (Beijing, China) and cultured in complete medium consisting of MEM supplemented with penicillin (100 U/mL), streptomycin (100 μ g/mL) and 10% Fetal Bovine Serum (FBS) in a humidified 5% CO₂ atmosphere at 37 °C. Opti-MEM media was used in the lunasin dose-response and time-course experiments to measure the amount of PCSK9 secreted into the culture media and LDLR expression.

Lunasin dose-response and time-course experiments

Cells were seed in six well plates in media supplement with 10% FBS. When cells were grown to 70-80% confluence, changed the original medium into Opti-MEM media 1 hr before lunasin treatment. For doseresponse experiments, vehicle or different concentrations of lunasin (0.2, 1, 5 μ M) were added to the media and media/cells were harvested after 24 hrs. For time-course experiments, vehicle or 5 μ M of lunasin were added to the media and cells/media were harvested after 1, 2, 4, 8, 16, 24 hrs. The results were measured by using Quantitative Reverse Transcriptase-PCR (qRT-PCR) and Western blot analysis.

Measurement of Dil-LDL uptake

HepG2 cells were maintained in MEM supplemented with 10% FBS. The cells were seeded in 96 well black plates at a density of 1×10^4 cells per well and grown to 70-80% confluence. Afterwards, cells were changed to serum-free Opti-MEM for 1hr and followed by incubation with 5 μ M lunasin for 20 hrs. Then, 20 μ g/mL Dil-LDL was added and incubated at 37 °C in the dark for additional 4 hrs. Cells were extensively washed three times with PBS, and LDL uptake was determined on a fluorescence plate reader (Varioskan flash, Thermo) at an excitation wavelength of 520 nm and emission wavelength of 580 nm.

Animals and drug administration

Six-week-old male C57BL/6 and ApoE^{-/-} mice obtained from Beijing Vital River Laboratory Animal Technology Co., Ltd. (Beijing, China) were housed in an air-conditioned animal house under a 12-hour light/dark cycle, 22-24 °C room temperature, 40 ~70% humidity, and had free access to rodent chow and tap water.

After an acclimatization period of 7 days, C57BL/6 mice divided randomly into two groups (n=8) were fed common chow and i. p. administrated with 0, 0.5 µmol/ kg·day of lunasin in an application volume of 0.1 mL/10 g body weight, while ApoE^{-/-} mice divided randomly into four groups (n=8) were fed with high fat rodent diet containing 1.25% cholesterol (Research Diets, New Brunswick, NJ; Diet # D12108C) and i. p. administrated with 0, 0.125, 0.25, 0.5 µmol/kg·day of lunasin for 4 weeks, respectively. Each animal was used only in one experiment in order to exclude the influence of other tests. At the end of drug administration, after an overnight fast, blood samples were collected from mice eyes and rapidly moved into cold condition $(0 \sim 4 \text{ °C})$ for 4 hrs. Each of liver tissues was separated into two parts, one was frozen immediately in liquid nitrogen for RNA and protein isolation, and the other was fixed overnight by 4% paraformaldehyde at 4 °C for paraffin section. After ApoE-^{/-} mice were administrated with lunasin by i. p. injection at dose of 0.125~0.5 µmol/kg·day for 4 weeks, the mRNA and protein levels of PCSK9 and LDLR in hepatic tissue were detected by qRT-PCR and Western blot, and the levels of secreted PCSK9 protein in ApoE^{-/-} mice hepatic tissue were detected by immunofluorescence analysis.

Determination of serum lipid

Mice were fasted for 12 hrs prior to blood collection, blood was harvested into a centrifuge tube and allowed to obtain the serum that was separated by centrifugation at 3000 rpm, 4 °C for 10 min. The serum total cholesterol (T-CHO) and LDL-C were measured by using the commercial kits in 96-well enzyme immunoassay plates.

Immunofluorescence analysis

Nuclear translocation of the transcription factor SREBP-2 in HepG2 cells was detected by immunofluorescence using confocal microscopy. Briefly, cells were fixed in 4% para-formaldehyde/PBS for 30 min and followed by incubation with permeabilization solution (0.1% Triton-100/PBS) for 30 min at room temperature. Cells were first blocked using 10% rabbit serum/PBST for 1 hr and incubated with goat polyclonal anti-SREBP-2 antibody (1:200) overnight at 4 °C, followed by incubation with Alexa Fluor® 488-conjugated goat anti-rabbit IgG (1:400) for 1 hr at room temperature and counterstained with DAPI (KeyGEN BioTECH, Nanjing, China) to show cell nucleus. After incubation, cells were washed with PBS and images were taken by Zeiss LSM700 confocal microscopy (Zeiss, Oberkochen, Germany). Negative control was performed by omitting the primary antibody and revealed no labeling (data not shown).

For histological analysis, liver tissues of all groups were fixed in 4% para-formaldehyde/PBS at 4°C overnight, embedded in paraffin and sliced at 4 µm thickness. After deparaffinization and hydration, tissue sections were pretreated by heating for 20 min in sodium citrate solution (0.01 M, pH 6.0) in a 95 °C water bath for the antigen retrieval. Prior to blocking with 10% goat serum/TBST for 15 min, tissue sections were treated with 3% H₂O₂ for 20 min, then sequentially incubated with rabbit anti-PCSK9 polyclonal antibody (1:100) at 4 °C overnight, followed by incubating with Alexa Fluor® 488-conjugated goat anti-rabbit IgG (1:400) for 1 hr at 37 °C in the dark. After rinsing with PBS, sections were counterstained with DAPI (KeyGEN BioTECH, Nanjing, China) to show cell nucleus, rinsed three times in PBS, mounted with glycerol/PBS (1:1) and photographed by Zeiss AX10 fluorescence microcopy (Zeiss, Oberkochen, Germany). Negative control was performed by omitting the primary antibody and revealed no labeling (data not shown).

Western blot analyses of LDLR, PCSK9 in HepG2 cells and in mice hepatic tissues

Western blot analysis was performed to measure the protein expressions in medium and cells as well as tissues as previously described [49, 50]. HepG2 cells were washed three times in ice-cold PBS and then lysed in cold RIPA lysis buffer compounding 1 mM PMSF (Amresco, US). For secreted protein preparations, the Opti-MEM medium of the cultured HepG2 cells was collected, centrifuged to remove the cells, and concentrated by ultrafiltration tube (Merck Millipore, Darmstadt, Germany) as previously described [51]. For the liver tissues, samples were added with cold lysis buffer according to the weight of liver tissues and homogenized by using glass homogenizer. The lysates or homogenates were centrifuged and the supernatant was harvested. Total protein concentrations were determined with BCA protein assay kit (Biouniquer, Beijing, China). An equal amount of proteins from each sample were loaded on 10% sodium dodecyl sulfate-polyacrycamide gel (SDS-PAGE) and separated. The separated proteins were electrophoretically transferred onto a 0.22 µm PVDF membrane (Merck Millipore, Darmstadt, Germany) followed by blocking with a solution of 0.1% Tween 20/TBS containing 5 % nonfat milk for 1hr at room temperature. Subsequently, the membranes were incubated with corresponding primary anti-LDLR, anti-PCSK9, anti-SREBP-2, anti-GAPDH antibodies at 4 °C overnight, incubated with peroxidaseconjugated secondary antibodies (1:5000) for 1 hr at room temperature. Finally, membranes exposed with ECL (Thermo Scientific, Massachusetts, USA) after another 3 times of washing with TBST for 5 min. Quantification of protein bands was obtained using Image J software.

Quantitative reverse transcriptase-PCR (qRT-PCR) analysis of LDLR, PCSK9, HNF-1α and SREBP-2 in HepG2 cells and in ApoE^{-/-} mice

HepG2 cells were lysed with RNAiso plus reagent (Takara, Japan). Total RNA was isolated in accordance with the manufacturer's protocols and resuspended in RNAase free water. Then, isolated RNA was quantified by measuring absorption at 260 nm with NanoDrop 2000/2000 c (Thermo Scientific). RNA integrity was confirmed by ethidium bromide staining of agarose gel electrophoresis. The cDNA was then synthesized from 1 µg total RNA using a reverse transcription kit (Takara, Japan) according to the recommendations of the manufacturer. qRT-PCR was performed with 50~100 ng cDNA template and specific primers in the MX3000PTM qRT-PCR instrument (Agilent scientific) using SYBR® Premix Ex Taq TMII (Takara, Japan) according to the manufacturer's protocols. Primers for each gene were showed in Table 1. Target mRNA expression levels in each sample were normalized to the housekeeping gene GAPDH. The $2^{-\Delta\Delta Ct}$ method was used to calculate relative mRNA expression levels [52]. Each run was completed with a melting curve analysis to confirm the specificity of amplification and lack of primer dimers.

Statistical analysis

Duplicates were used in all experiments and all experiments were repeated at least three times, and values are reported as the means \pm SEM, n refers to the numbers of experimental animals. Statistical analysis was performed using GraphPad Prism software (version 6.0). Significant differences between control and treatment groups were assessed by one-way ANOVA with proper

posttest or two-way ANOVA for multiple comparisons. Statistical significance is defined by p < 0.05.

Abbreviations

PCSK9, proprotein convertase subtilisin/kexin type 9; PCSK9-M, mature PCSK9; PCSK9-P, precursor PCSK9; PCSK9-S, secreted PCSK9; LDL, low density lipoprotein; LDL-C, low density lipoprotein cholesterol; LDLR, low density lipoprotein receptor; VLDL, very low density lipoprotein; CVD, cardiovascular disease; CM, chylomicron; HMG-CoA reductase, 3-hydroxy-3methylglutaryl coenzyme A reductase; LDLRAP1, LDLRadapter protein 1; LRP6, low-density lipoprotein receptorrelated protein 6; PBS, phosphate-buffered saline; MEM, minimum essential medium; FBS, fetal bovine serum; T-CHO, total-cholesterol; HNF-1α, hepatocyte nuclear factor-1a; PI3K, phosphatidylinositol 3 kinase; FBS, fetal bovine serum; NS, normal saline; DMSO, dimethyl sulphoxide; HFD, high fat diet; i. p., intraperitoneally; SREBP, sterol regulatory element binding protein; SREBP-2-P, precursor SREBP-2; SREBP-2-N, nuclear SREBP-2.

ACKNOWLEDGMENTS AND FUNDING

We acknowledge the financial supports by The Major Drug Innovation of National 11th & 12th Five-Year Major Projects of China (2009ZX09103-653; 2013ZX09301303-006), The Priority Academic Program Development of Jiangsu Higher Education Institutions (PAPD), and The National Found for Fostering Talents of Basic Science (NFFTBS, 3050040016).

CONFLICTS OF INTEREST

The authors have declared no conflicts of interest.

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