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ORIGINAL RESEARCH

Activation of GPR40 Suppresses AGE-Induced Reduction of Type II Collagen and Aggrecan in Human SWI353 Chondrocytes

This article was published in the following Dove Press journal: Drug Design, Development and Therapy

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Introduction: Osteoarthritis (OA) is an age-related chronic degenerative disease. Accumulation of advanced glycation end products (AGEs) induces degradation of the articular extracellular matrix (ECM) and is considered a critical step toward the development and progression of OA. GPR40 is a well-known free fatty acid receptor, which possesses pleiotropic effects in different types of diseases. However, the biological function of GPR40 in OA is indistinct. The purpose of the present study was to determine the impact of the GPR40 agonist GW9508 on AGEs-treated chondrocytes.

Materials and Methods: Cultures of human SW1353 chondrocytes were stimulated with GW9508, followed by exposure to 100 μ g/mL AGEs. Gene and protein expression of TNF- α , IL-6, MMP-3, MMP-13, ADAMTS-4, and ADAMTS-5 were measured by real-time PCR and ELISA analysis. The levels of type II collagen, aggrecan, and nuclear NF- κ B p65 were measured by Western blot analysis. A luciferase assay measured the transcriptional activity of NF- κ B.

Results: The results show that treatment with AGEs decreased the expression of GPR40 in human SW1353 chondrocytes. Treatment with GW9508 plays a beneficial role in protecting type II Collagen and aggrecan from degeneration by attenuating the expression of MMP-3, MMP-13, ADAMTS-4, and ADAMTS-5. Additionally, GW9508 reduces the appearance of proinflammatory cytokines and suppresses NF- κ B activation in AGEs-induced chondrocytes. Notably, co-treatment with GW1100, a specific antagonist of GPR40, abolishes the beneficial role of GW9508 against AGEs, implying that GPR40 mediates these effects of GW9508.

Conclusion: Our results suggest that GPR40 is a novel therapeutic target for OA and that GPR40 agonists, including GW9508, may have therapeutic potential in preventing and slowing the progression of OA.

Keywords: osteoarthritis, GPR40, GW9508, MMPs, ADAMTS, NF-KB

Introduction

Osteoarthritis (OA) is a worldwide chronic degenerative joint disease. It is characterized by inflammation, excessive degeneration of the articular cartilage, apoptosis of chondrocytes, and structural changes within the joint associated with aging. Although OA is a significant global disease that has rapidly become more prevalent in recent decades, the physiopathology of OA is still not clear.¹ Previous studies have confirmed that OA has a strong effect on the degeneration of the cartilage extracellular matrix (ECM).²

Furthermore, decreased chondrocyte populations have been found in osteoarthritic cartilage, indicating that chondrocyte apoptosis may contribute to the structural

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GTP-binding protein coupling receptor 40 (GPRP40), which belongs to the free fatty acid receptor family,¹⁰ is a cell surface receptor that widely exists in immune cells, splenocytes, and brain cells.¹¹ GPR40 couples mainly with a G protein α -subunit of the G_q family during insulin secretion.¹² Previous research has confirmed that the activation of GPR40 can increase the secretion of insulin.^{13,14} Owing to this function, many GPR40 agonists have the potential for extensive applications in type II diabetes mellitus (T2DM).^{15,16} In contrast, little research has been done to investigate the physiological effects of GPR40 in other fields. GW9508 (3-[4-({[3-(phenyloxy) phenyl] methyl}amino)phenyl] propanoic acid) is a selective agonist for GPR40. It was originally identified from a highthroughput screen of the GlaxoSmithKline chemical collection. The molecular structure of GW9508 is shown in Figure 1. GW9508 has been shown in either functional or binding assays to be at least 100-fold selective for GPR40 against 220 other GPCRs, 60 kinases, 63 proteases, seven integrins and 20 nuclear receptors.¹⁷ GW9508 has displayed a diversity of pharmacological functions in previous studies. For example, treatment



Figure 1 Molecular structure of GW9508.

with GW9508 enhances the intracellular Ca²⁺ concentrations via GPR40 receptor in a dose-dependent manner. In current researches, GW9508 has been demonstrated to potentiate glucose-stimulated insulin secretion.¹⁸ Also, activation of GPR40 by GW9508 also alleviated epileptic activity in model in vitro.¹⁹ The purpose of this study is to investigate whether the agonism of GPR40 with GW9508 has a beneficial effect against AGE-induced damages in human SW1353 chondrocytes.

Materials and Methods Cell Culture and Treatment

Human SW1353 chondrosarcoma cell line (ATCC, USA) was maintained in Dulbecco's Modified Eagle's Medium (DMEM) (Gibco, USA) supplemented with 10% fetal bovine serum (FBS) (Gibco, USA), 2 mM L-glutamine (Thermo Fisher Scientific, USA), and 1% antibiotics (penicillin/streptomycin) (Gibco, USA). Our experimental protocols were approved by the ethics committee of Yangzhou University. Briefly, the cells were seeded onto 6-well plates at a density of 10⁵ cells/cm² and cultured in a monolaver for 48 h at a temperature of 37 °C in a 95% O₂/5% CO₂ incubator. For all experiments, the cells were pretreated with 25 or 50 µM GW9508 (Purity: ≥98%; Cayman Chemical, USA) followed by exposure to 100 µg/mL AGEs. For the GPR40 inhibition experiment, cells were treated with the GPR40 antagonist GW1100 (10 μ M) (Purity: \geq 98%; Cayman Chemical, USA).

Real-Time Polymerase Chain Reaction (PCR)

The total RNA was extracted from chondrocytes using an RNeasy Micro Kit from Qiagen (Qiagen, USA) following the manufacturer's instructions. A Nanodrop spectrophotometer (Thermo Fisher Scientific, USA) was used to assess the quality and quantity of the extracted RNA. Then, 1 μ g RNA was used to synthesize the corresponding cDNA using iScript[™] Reverse Transcription Supermix (Bio-Rad Laboratories, USA) for RT-qPCR. SYBR-based real-time PCR was performed on the ABI7500 platform (Applied Biosystems, USA) to detect the total mRNA transcripts of human GPR40. The relative expression of GPR40 was normalized to that of GAPDH using the $2^{-\Delta\Delta CT}$ method and is presented as the fold-change. The following primers were used in this study: MMP-3: forward, 5'-CCTCTATGGA CCTCCCACAGAATC-3', reverse, 5'-GGTGCTGACTGC ATCGAAGGACAAA-3'; MMP-13: forward, 5'- CTGGC

CTGCTGGCTCATGCTT-3', reverse, 5'-CCTCAGAAAGA GCAGCATCGATATG-3'; ADAMTS-4: forward, 5'-ACAC TGAGGACTGCCCAAC-3', reverse, 5'-GGTGAGTTTGC ACTGGTCCT-3'; ADAMTS-5: forward, 5'-GCAGAACA TCGACCAACTCTACTC-3', reverse, 5'-CCAGCAATGCC CACCGAAC-3'; TNF- α , forward,5'-GTCACTCATTGCTG AGCCTCT-3', reverse, 5'-AGCTTCTTCCCACCCACAAG -3'; IL-6, forward, 5'-AGGGCTCTTCGGGAAATGTA-3', reverse,5'-TGCCCAGTGGACAGGTTTC-3'; GAPDH: forward, 5'-ACTGGCGTCTTCACCACCAT-3'; reverse, 5'-AAGGCCATGCCAGTGAGCTT-3'.

Western Blot Analysis

To determine the protein expression of target genes, SW1353 chondrocytes were lysed using RIPA buffer (Cell Signaling Technology, USA) supplemented with Protease and Phosphatase Inhibitor Cocktail (100X) (1:100) (Roche, Switzerland). Nuclear protein was extracted from SW1353 chondrocytes using the nuclear and cytoplasmic extraction kit (#78835, Thermo fisher scientific, USA) following the manufacturer's instructions. The buffer of CER I:CER II: NER reagents were maintained at 200:11:100 µL to remove the cytoplasm and generate nuclei fractions. Then, 20 µg cell lysates or nuclear extracts were immobilized using sodium dodecyl sulfate-polyacrylamide gel electrophoresis (SDS-PAGE). The separated protein mixture was transferred to PVDF membranes (Bio-Rad Laboratories, USA) and blotted against the appropriate specific antibodies and corresponding secondary antibody. Pierce[™] ECL Plus Western blotting substrate (Thermo Fisher Scientific, USA) was used to visualize the immunoblots.

Enzyme-Linked Immunosorbent Assay (ELISA)

To determine the protein levels of IL-6 and MCP-1 secreted by SW1353 chondrocytes, ELISA analysis was performed. Briefly, the cell culture media was collected, and the protein secretion levels of the target genes were measured using ELISA kits (R&D Systems, USA) following the manufacturer's instructions. Then, 96-plate reader spectrometry (Tecan, USA) was employed for data collection, and a standardized 4-PL curve was used to obtain the absolute values.

Luciferase Assay

To determine the transcriptional activity of NF- κ B, the promoter-luciferase activity of NF- κ B was detected.

Briefly, NF- κ B promoter-luciferase (Clontech, USA) and β -galactosidase plasmids were transfected into human SW1353 cells. At 12 h post-transfection, the cells were treated with 25 or 50 μ M GW9508, followed by exposure to 100 ng/mL AGEs. The resulting luciferase and β galactosidase activities were detected using a Secrete-PairTM Dual luminescence assay kit (Gene Copoeia, USA) on an Infinite F500 Multimode Reader luminometer (TECAN, USA). The NF- κ B luciferase activity was normalized to that of β -galactosidase.

Statistical Analysis

The experimental results are displayed as means \pm S.E.M (standard error of the mean). Differences between groups were defined using ANOVA. Differences were considered significant when the value of P was less than 0.05.

Results

AGEs Reduced the Expression of GPR40 in Human SW1353 Chondrocytes

First, we measured the effect of AGEs on the expression of GPR40. Cells were treated with AGEs (50, 100, and 200 μ g/mL) for 24 h. The results show that the three concentrations of AGEs inhibited the expression of GPR40 significantly at both the mRNA (Figure 2A) and protein (Figure 2B) levels dose-dependently. These results suggest that GPR40 might be involved in AGE-induced impairment of chondrocytes.

The GPR40 Agonist GW9508 Reduced AGE-Induced Expression and Secretion of Pro-Inflammatory Cytokines

Due to the known involvement of pro-inflammatory cytokines in the progression and development of OA, we investigated the anti-inflammatory effects of GW9508 on AGE-induced TNF-α and IL-6 expression. Cells were treated with AGEs for 24 h with or without pretreatment with GW9508 (25 and 50 μ M). The results in Figure 3A show that AGEs cause a significant increase in the mRNA levels of both cytokines to 4.2- and 5.5-fold, respectively. However, the two doses of GW9508 reduced the expression of TNF-α to 2.5- and 1.7-fold. Also, the two doses suppressed IL-6 expression to 3.3- and 1.8- fold. We further studied the secretions of TNF-α and IL-6 with ELISA analysis. The results in Figure 3B show that GW9508 significantly decreased the AGE-induced protein secretion of TNF-α and IL-6.



Figure 2 Advanced glycation end-products (AGEs) reduced the expression of GPR40 in human SW1353 chondrocytes. Cells were treated with 50, 100, and 200 µg/mL AGEs for 24 h. (A) mRNA of GPR40; (B) Protein of GPR40 (*, **, ****, P<0.01, 0.001, 0.0001 vs. control group).



Figure 3 The GPR40 agonist GW9508 reduced AGE-induced expression and secretion of pro-inflammatory cytokines in human SW1353 chondrocytes. Cells were treated with AGEs (100 μ g/mL) in the presence or absence of GW9508 (25 and 50 μ M) for 24 h. (**A**) mRNA of TNF- α and IL-6 as measured by real-time PCR; (**B**) Secretions of TNF- α and IL-6 as measured by ELISA (****, P<0.001 vs. control group; *, **, P<0.01, 0.001 vs. AGE treatment group).

GW9508 Inhibited the Expression and Secretion of MMP-3 and MMP-13 Induced by AGEs

As the expression of MMPs has a strong effect on the degradation of type II collagen, we measured the effect of GW9508 on the expression of MMP-3 and MMP-13. Cells were exposed to 100 μ g/mL AGEs after pretreatment with 25 and 50 μ M GW9508 for 24 h. The results in Figure 4A reveal that the two doses of GW9508 reduced the mRNA level of MMP-3 to 2.4- and 1.5-fold, which was increased to 3.5-fold by exposure to AGEs alone. In regards to MMP-13, AGE-treatment increased the mRNA level of MMP-13 to 4.3-fold, while it was reduced to 2.6- and 1.8-fold by the two concentrations of GW9508, respectively. Concordantly, the data in Figure 4B shows that the expression of MMP-3 and MMP-13 at the protein levels are significantly suppressed by GW9508.

GW9508 Ameliorated the Degradation of Type II Collagen Induced by AGEs

We further tested whether GW9508 ameliorated the degradation of type II collagen. As shown in Figure 5, AGEs reduced the protein level of type II collagen to 0.45-fold, while the 25 μ M dose of GW9508 increased it to 0.73-fold. Moreover, 50 μ M GW9508 increased the protein level of type II collagen to 0.97-fold, which is near the baseline.

GW9508 Suppressed the Expression and Secretion of ADAMTS Induced by AGEs

Next, we determined the effects of GW9508 on AGE-induced expression and secretion of ADAMTS-4 and ADAMTS-5. The results in Figure 6A show that the two doses of GW9508 significantly reduced the mRNA levels of ADAMTS-4 and ADAMTS-5 in a dose-dependent manner as compared to treatment with AGEs alone. Furthermore, GW9508



Figure 4 GW9508 inhibited AGE-induced expression and secretion of MMP-3 and MMP-13 in human SW1353 chondrocytes. Cells were treated with AGEs (100 µg/mL) in the presence or absence of GW9508 (25, 50 µM) for 24 h. (**A**) mRNA of MMP-3 and MMP-13; (**B**) Secretions of MMP-3 and MMP-13 (****, P<0.001 vs. control group; **, ###, P<0.001, 0.0001 vs. AGE treatment group).



Figure 5 GW9508 ameliorated AGE-induced degradation of type II collagen in human SW1353 chondrocytes. Cells were treated with AGEs (100 µg/mL) in the presence or absence of GW9508 (25 and 50 µM) for 24 h. Protein levels of type II collagen were determined (***, P<0.001 vs. control group; *, **, P<0.01, 0.001 vs. AGE treatment group).

remarkably decreased the expression of ADAMTS-4 and ADAMTS-5 at the protein levels, as shown in Figure 6B.

GW9508 Inhibited the Degradation of Aggrecan Stimulated by AGEs

The results in Figure 7 show that the protein level of aggrecan decreased by more than half upon exposure to AGEs alone. However, 25 μ M GW9508 increased aggrecan protein expression to 0.78-fold, while 50 μ M GW9508 increased the protein level of aggrecan to 0.97-fold, almost back to baseline. This suggests that GW9508 has a strong protective effect on aggrecan.

GW9508 Inhibited AGE-Induced Activation of NF-κB

To explore the underlying mechanism, we tested the effect of GW9508 on NF- κ B activation. The results in Figure 8A show

that the nuclear translocation of NF- κ B p65 was increased to 3.8-fold by exposure to AGEs alone, while this level was reduced by the two concentrations of GW9508 to 2.4- and 1.6-fold, respectively. We further measured the luciferase activity of NF- κ B and found that GW9508 remarkably decreases the NF- κ B activity as compared to the upregulation induced by AGEs, which has been shown in Figure 8B.

The Effects of GW9508 are Dependent on GPR40

Lastly, we investigated whether or not the protective effects of GW9508 are dependent on GPR40. GW1100, a type of GPR40 antagonist, has a strong effect on weakening GPR40 activity.^{20–22} We selected the dose of GW1100 (10 μ M) for our ex-vivo experiments based on a study that demonstrated GW1100 to be a selective GPR40 receptor antagonist at up to 10 μ M.¹⁷ As shown in Figure 9, in the presence of GW1100,



Figure 6 GW9508 inhibited AGE-induced expression and secretion of ADAMTS-4 and ADAMTS-5 in human SW1353 chondrocytes. Cells were treated with AGEs ($100 \ \mu g/mL$) in the presence or absence of GW9508 (25 and 50 μ M) for 24 h. (**A**) mRNA of ADAMTS-4 and ADAMTS-5; (**B**) Secretions of ADAMTS-4 and ADAMTS-5 (***, P<0.001 vs. control group; *, **, P<0.01, 0.001 vs. AGE treatment group).



Figure 7 GW9508 inhibited AGE-induced degradation of aggrecan in human SW1353 chondrocytes. Cells were treated with AGEs (100 µg/mL) in the presence or absence of GW9508 (25 and 50 µM) for 24 h. Protein levels of aggrecan were measured by Western blot analysis (****, P<0.0001 vs. control group; *, **, P<0.01, 0.001 vs. AGE treatment group).



Figure 8 GW9508 inhibits AGE-induced activation of NF- κ B. Cells were treated with AGEs (100 μ g/mL) in the presence or absence of GW9508 (25 and 50 μ M) for 6 h. (A) Nuclear translocation of NF- κ B p65; (B) Luciferase activity of NF- κ B (***, P<0.001 vs. control group; *, **, P<0.01, 0.001 vs. AGE treatment group).

GW9508 had lesser effects on the inhibition of NF-κB (Figure 9A), MMP-3, MMP-13 (Figure 9B), ADAMTS-4, and ADAMTS-5 (Figure 9C) when compared with the absence of GW1100. These results suggest that the protective effects of GW9508 against AGE-induced chondrocyte damages are mediated by GPR40.

Discussion

As OA has become one of the major diseases impacting the health of the global population, there have been extensive studies seeking out safe and effective therapies to prevent or slow the progression of OA. In the physiopathology of OA, pro-inflammatory cytokines and cellular



Figure 9 The effects of GW9508 are dependent on GPR40. Cells were treated with AGEs (100 μ g/mL) in the presence or absence of GW9508 (50 μ M) or the GPR40 antagonist GW1100 (10 μ M). (**A**) Luciferase activity of NF- κ B; (**B**) Secretions of MMP-3 and MMP-13; (**C**) Secretions of ADAMTS-4 and ADAMTS-5 (****, P<0.0001 vs. control group; ^{###}, P<0.0001 vs. AGE treatment group; ^{\$\$\$\$}, P<0.0001 vs. AGE+ GW9508 group).

signaling pathways act as a master regulator in the development of OA and maintain a chronic inflammatory state.²³ Furthermore, MMPs and ADAMTSs have been found to facilitate ECM degradation and chondrocyte apoptosis.^{9,24} This has led to them being widely explored as therapeutic targets for OA. However, the underlying mechanisms regulating these cytokines and enzymes are intricate. Also, accumulation of AGEs in tissues has been reported as playing a vital role in the development of OA via activation of the receptor for AGEs (RAGE), which is expressed on the surface of chondrocytes.²⁵ GPR40 takes part in many physiological processes. As activation of GPR40 can increase insulin secretion, several GPR40 agonists are widely used for the treatment of T2DM. A previous study demonstrated that overexpression of GPR40 suppresses the inflammatory response in TNF-ainduced keratinocytes.²⁶ However, little is known about whether GPR40 activation protects cartilage tissues in OA. To determine the effects of GPR40 on OA, human SW1353 chondrocytes stimulated by AGEs were employed to imitate the microenvironment of OA. To our knowledge, we are the first to demonstrate the antiinflammatory effect of GW9508 by increasing GPR40 activation in AGE-induced human SW1353 chondrocytes.

Overexpression of pro-inflammatory cytokines plays a pivotal role in the pathogenesis of OA. TNF- α and IL-6 can stimulate chondrocytes to release nitric oxide (NO) and prostaglandin E2 (PGE₂₎, which result in enhancing MMP production and activity.²⁷ TNF- α also increases ADAMTS-4 and ADAMTS-5 transcription. Both MMPs and ADAMTS have a strong ability to promote the degeneration of the cartilage ECM. Moreover, evidence has confirmed that TNF- α significantly and directly inhibits the synthesis of type II collagen and aggrecan.²⁸ Importantly, our results show that GW9508 remarkably inhibited AGE-induced expression of cytokines, such as TNF- α and IL-6. This finding suggests that GW9508 could be a potential strategy for managing the inflammatory response in OA.

Degeneration of the ECM is a significant target of OA treatment. AGE dosing resulted in a considerable increase in the degeneration of type II collagen and aggrecan. AGEs also increased the expression of catabolic enzymes such as MMP-3, MMP-13, ADAMTS-4, and ADAMTS-5, which contribute to the hydrolysis of type II collagen and aggrecan. As the synthesis of type II collagen is very slow, it is unlikely that the excessive degeneration of type II collagen can be reversed.²⁹ Thus, it is meaningful to down-regulate the expression of MMPs in OA therapies. Our results indicate that GW9508 significantly decreased the expression of MMP-3 and MMP-13, resulting in a protective effect for type II collagen against stimulation with AGEs. Moreover, we confirmed that GW9508 protects aggrecan from degradation by preventing the upregulation of ADAMTS-4 and ADAMTS-5 induced by AGEs. These results suggest that GW9508 has a strong protective effect on type II collagen and aggrecan against AGE-induced degeneration.

The NF- κ B signaling pathway is believed to play an essential role in numerous diseases, including OA.³⁰ Studies have suggested inhibiting NF- κ B as an antiinflammatory strategy. Activation of NF- κ B has been shown to induce the expression of various proinflammatory cytokines and chemokines, which can increase the expression of MMPs and ADAMTS, thereby degrading type II collagen and aggrecan. In our present study, we tested the effects of GW9508 on the translocation of NF- κ B p65 and luciferase activity of NF- κ B. The results show that GW9508 reduces NF- κ B activation. Notably, when GPR40 is inhibited by its antagonist GW1100, the protective effects of GW9508 in preventing NF- κ B activation and its downstream catabolic events are abolished, suggesting the involvement of GPR40 in this process. To further elucidate the physiological function of GPR40 in chondrocytes and the pathological development of OA, another GPR40 agonist TAK-875 was used. The activity of TAK-875 in targeting GPR40 has been demonstrated in both disease models³¹ and clinical trials.³² Interestingly, we found that treatment with TAK-875 could also prevent AGEs- induced degradation of Type II collagen and aggrecan (data not shown), confirming the robust protective effect of GPR40 against AGEs-induced damage in chondrocytes and suggesting that might it become a promising therapeutic target for the treatment of OA.

Subchondral bone is the bedrock of a joint on which sits the articular cartilage, acts as the mechanical support of the collective linking to the diaphyseal bone. Increasing evidence shows that aberrant subchondral bone remodeling is associated with articular cartilage degeneration.^{33–35} Cytokines and growth factors produced by subchondral bone tissue are considered to stimulate cartilage degeneration. In patients with OA, microfractures, and neovascularisation are observed in the subchondral bone and at the osteochondral junction, resulting in a reparative response with new blood vessel formation and inflammation.^{36,37} Also, both osteoblast and osteoclast activity increase in OA by 96% and 190%, respectively.³⁸ Osteoblasts from the subchondral bone increase the expression of MMP-13, which decreases the production of aggrecan. Furthermore, osteoblasts also express high levels of transforming growth factor B1 (TGF β -1) and prostaglandin E2 (PGE₂), which promote the degeneration of Type II Collagen and aggrecan.^{39,40} On the other hand, abnormal osteoclast differentiation accelerates bone loss, which promotes the development of OA.³⁶ Researches have demonstrated that activation of GPR40 using GW9508 has an inhibitory effect in osteoclast differentiation.⁴¹ We speculate that the administration of GW9508 might have a beneficial impact on subchondral bone tissues. Although evidence has demonstrated the effect of GPR40 on osteoblasts, more researches are required to clarify further the function of GW9508 in subchondral bone.⁴²

In summary, our findings indicate that GPR40 has the potential to be a novel treatment target for OA. However, more research is required to determine the effects of GPR40 in OA.

Ethics Statement

Human SW1353 chondrosarcoma cell line was purchased from ATCC, USA. Our experimental protocols were approved by the ethics committee of Yangzhou University.

Disclosure

The authors report no conflicts of interest in this work.

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