

Review Isolation and Potential Biological Applications of Haloaryl Secondary Metabolites from Macroalgae

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Abstract: Macroalgae have been reported as an important source of halogenated aromatic secondary metabolites, being the majority of these derivatives isolated from red algae. Halophenols and haloindoles are the most common haloaryl secondary metabolites isolated from these marine organisms. Nevertheless, some halogenated aromatic sesquiterpenes and naphthalene derivatives have also been isolated. Most of these secondary metabolites showed interesting biological activities, such as antitumor, antimicrobial, antidiabetic, and antioxidant. This review describes in a systematic way the distribution and natural occurrence of halogenated aromatic secondary metabolites from extracts of red, brown, and green algae, as well as biological activities reported for these compounds.

Keywords: macroalgae; secondary metabolites; haloaryl compounds; biological activity

1. Introduction

The search for bioactive compounds from marine organisms in recent decades has produced an abundance of secondary metabolites with pharmaceutical and industrial applications. Among these marine natural products, the isolation of halogenated derivatives from macroalgae has been exhaustively reported. This work describes in a systematic way the distribution, natural occurrence, and biological activities of aromatic secondary metabolites with halogens on the aromatic moiety.

Over the past four decades, reports about the isolation of haloaryl secondary metabolites from macroalgae have been increasing, describing about two hundred halogenated aromatic secondary metabolites. Among algae, macroalgae—including brown, green, and red algae—are an important source of these secondary metabolites, with red algae being responsible for the production of nearly 90% of these compounds identified thus far (Figure 1).





Figure 1. Distribution of the haloaryl secondary metabolites in macroalgae by clade.

In spite of the variety of macroalgae families, most of these derivatives have been isolated from the Rhodomelaceae family, especially *Laurencia* (54 compounds), *Rhodomela* (43 compounds), *Symphyocladia* (23 compounds), *Polysiphonia* (20 compounds), and *Odontthalia* (12 compounds) (Figure 2).



Figure 2. Distribution of the haloaryl secondary metabolites in (**a**) green, (**b**) brown, and (**c**) red algae by genus and family.

The haloaryl secondary metabolites containing bromine are more common (176 compounds) than with chlorine (14 compounds) and iodine (9 compounds) (Table 1). Interestingly, the number of secondary metabolites with chlorine is very similar to that with iodine, which would not be expected because chloride and bromide are much more abundant than iodide in seawater [1]. According to Lavoie et al. (2017), this disproportionately high number of iodinated compounds can be explained by the higher oxidation potential of iodide compared to bromide and chloride, allowing its faster

oxidation by haloperoxidases, and their incorporation into the biosynthetic pathway of the secondary metabolites [2,3]. It is noteworthy that the halogenation degree is relatively higher for brominated metabolites than for chlorinated and iodinated metabolites (Table 1).

	Number of Halogens																	
	Bromo						Chloro						Iodo					
	1	2	3	4	5	6	1	2	3	4	5	6	1	2	3	4	5	6
Halophenols	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
- monoaryl halophenols	23	35	12	-	-	-	1	-	-	-	-	-	2	1	-	-	-	-
- dimers	1	7	15	6	6	4	-	-	-	-	-	-	-	-	-	-	-	-
- trimers	-	-	-	1	2	-	-	-	-	-	-	-	-	-	-	-	-	-
- tetramers	-	-	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Indoles	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
- monoaryl	4	11	13	8	-	-	3	5	4	-	-	-	6	-	-	-	-	-
- dimers	-	1	-	5	-	1	1	-	-	-	-	-	-	-	-	-	-	-
Sesquiterpenes	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
- monoaryl	15	2	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
- dimers	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Naphthalene derivatives	-	-	3	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Total of haloaryl derivatives	43	57	43	21	8	5	5	5	4	-	-	-	8	1	-	-	-	-

Table 1. Degree of halogenation of macroalgae haloaryl secondary metabolites.

Considering the aryl scaffold, a variety of derivatives have been isolated, including halophenols (117 compounds), indoles (46 compounds), sesquiterpenes (18 compounds), and naphthalene derivatives (3 compounds) (Table 1).

Among halophenols, the isolation of monoaryl bromophenols (70 compounds) and bromophenol dimers with a methylene bridge between the two phenyl rings is quite usual (25 compounds), as well as the description of bromophenol dimers with different linkers such as oxygen (5 compounds), oxybis(methylene) (4 compounds), ethylene (4 compounds), and a carbonyl group (1 compound). The isolation of halophenol trimers (3 compounds) and tetramers (1 compound) has also been reported (Table 1).

Although halophenols have been isolated from a wide range of genera, the isolation of halo-indoles, -sesquiterpenes and -naphthalene derivatives have been mainly reported from a restricted number of genera, namely, the *Rhodophyllis* and *Laurencia* genera.

Among haloindoles, the isolation of mono-indoles (39 compounds) is more common than dimers (only 7 compounds) and, in contrast to halophenols, the isolation of trimers or tetramers of haloindoles was not described (Table 1). Concerning the nature of the halogen, there are many more cases of indoles with chloro (13 compounds) or iodo (6 compounds) than in the halophenols class (Table 1). Nevertheless, the majority of the indoles presents two or three bromine atoms as happens with the phenol class.

Among halosesquiterpenes, the isolation of monoaryl sesquiterpenes (17 compounds) is more usual than dimers (only one example was found) and again the isolation of trimers or tetramers was not described (Table 1). Concerning the halogen, only bromosesquiterpenes have been found until now.

The naphthalene class is restricted to three bromonaphthalene derivatives.

The structure, natural occurrence, and biological activities of haloaryl secondary metabolites isolated from macroalgae are presented in alphabetical order by clade and genus in the next sections. Further information is provided in Supplementary Table S1.

2. Haloaryl Secondary Metabolites Isolated from Macroalgae

2.1. Haloaryl Secondary Metabolites Isolated from Red Algae

Red algae are probably one of the oldest groups of eukaryotic algae with a high diversity of families and genera, being one of the richest sources of bioactive secondary metabolites [4]. A total

of 167 haloaryl secondary metabolites, including indoles, halophenols, and aromatic sesquiterpenes belonging to the Cystocloniaceae, Halymeniaceae, Lithothamniaceae, and Rhodomelaceae families, were isolated from this clade (Supplementary Table S1).

2.1.1. Cystocloniaceae Family

Recently, 14 polyhalogenated indoles (1–14) were isolated from *Rhodophyllis membranaceae* and evaluated for cytotoxic and antifungal activities (Figure 3, Supplementary Table S1) [5]. In addition to indoles with only bromine substituents (compounds 1 and 2), indoles with both bromine and chlorine (compounds 3–8) and indoles with chlorine and iodine (compounds 9 and 10) have also been isolated. Unusual indoles with the exceptionally rare presence of bromine, chlorine, and iodine were also found (compounds 11–14). Compounds 1, 3, 4, 6, and 11 revealed interesting cytotoxic activity in the acute promyelocytic leukemia (HL-60) cell line (IC₅₀ values between 28 and 78 μ M) and antifungal activity against *Saccharomyces cerevisiae* (IC₅₀ values between 23 and 83 μ M) with compound 6, with bromine and chloride at position 5 and 3, respectively, exhibiting the best results [5]. Changing the bromine to position 3 and chloride to position 5 led to a non-active compound.

2.1.2. Halymeniaceae Family

As a result of the search for new α -glucosidase inhibitors with antidiabetic activity by Kim et al., two bromophenols isolated from *Grateloupia elliptica* (compounds **15** and **16**) [6] and one bis-bromophenol ether (BDDE, **17**) isolated from *Polyopes lancifolius* [7] were identified (Figure 3, Supplementary Table S1). Among these, BDDE (**17**) revealed the most potent activity, showing IC₅₀ values of 0.098 µM and 0.120 µM against *Saccharomyces cerevisiae* and *Bacillus stearothermophilus* α -glucosidase, respectively, and 1.00 mM and 1.20 mM against rat intestinal sucrase and maltase [7]. Moreover, while compounds **15** and **16** showed a mixed type of inhibition against *S. cerevisiae* α -glucosidase, compound **17** displayed a competitive mixed type of inhibition [6,7]. The results obtained for these compounds suggest their potential application as nutraceuticals for the management of type 2 diabetes. BDDE (**17**) has also been isolated from other red macroalgae of the family Rhodomelaceae, namely, *Odonthalia corymbifera* [8] and *Rhodomela confervoides* [9], as well as from the brown algae *Leathesia nana* (Chordariaceae) [10], being also known for the promising antioxidant [11], antidiabetic [7,12], antitumor [10,13], antifungal [14], and antibacterial activities [15].

Liu et al. demonstrated that BDDE (17) has antifungal activity against several phytopatogenic fungi, namely, *Valsa mali, Fusarium graminearum, Coniothyrium diplodiella, Colletotrichum gloeosporioides,* and *Botrytis cinerea* [14]. Further studies revealed that 17 caused the disruption of the cell membrane integrity in *Botrytis cinerea* spores and newly formed germ tubes, as well as interacted with DNA via intercalation and minor groove binding [14]. These studies provided evidence that BDDE (17) has potential application in the control of gray mold after fruit harvest and could serve as a lead for the rational drug design of new antifungal agents [14].

This marine bromophenol (17) also has cytotoxic activity against several human tumor cell lines, through the interference with different cellular and molecular targets [10,16]. Liu et al. reported that compound 17 exhibited promising apoptotic activity in K562 cells via mitochondrial pathway and inhibited the activity of topoisomerase I, this effect being associated with the binding to the DNA minor groove [16]. Moreover, it was demonstrated that BDDE (17) acts as a potent antiangiogenesis agent both in vitro and in vivo [13]. In fact, this compound displayed in vitro antiangiogenesis ability through the inhibition of HUVEC cell proliferation, migration, and tube formation, and blocked in vivo subintestinal vessel formation in zebrafish embryos [13].

2.1.3. Lithothamniaceae Family

Only one halophenol is known from this family. Lithothamnin A (**18**), the first bastadin-like analogue isolated from a red alga, was described in 2011 from *Lithothamnion fragilissimum* collected east of Lighthouse Reef, Palau Island (Figure 3, Supplementary Table S1) [17]. Compound **18**, with

five bromines, exhibited modest antiproliferative activity against several human tumor cell lines, including melanoma (LOX), astrocytoma (SNB-19), ovarian serous adenocarcinoma (OVCAR-3), colon adernocarcinoma (COLO-205), and acute lymphyoblastic leukemia (MOLT-4) cell lines, showing IC₅₀ values between 7.6 and 19.0 μ M [17].

2.1.4. Rhodomelaceae Family

Among all red algae, the Rhodomelaceae family is the main producer of haloaryl derivatives with a total of 150 secondary metabolites isolated from *Callophycus*, *Laurencia*, *Odonthalia*, *Osmundaria*, *Polysiphonia*, *Rhodomela*, *Symphyocladia*, and *Vidalia* species.

Callophycus Genus

In 2017, four new iodinated and brominated meroditerpenes (iodocallophycols A to D, **19–22**) with a unique structure were discovered from the Fijian red alga *Callophycus* sp. by Lavoie et al. (Figure 3, Supplementary Table S1) [3]. At 10 μ M, none of the compounds revealed antibiotic activity against several wild-type and resistant bacterial strains [3].



Figure 3. Naturally occurring haloaryl secondary metabolites **1–22**. Further information is provided in Supplementary Table S1.

Laurencia Genus

Laurencia, which is widely distributed along the coast in tropical and subtropical areas around the world, is one of the most important sources of bioactive haloaryl secondary metabolites from Rhodomelaceae, with approximately 54 compounds of this family being reported (**23–76**, Figure 4, Supplementary Table S1), including mainly haloindoles and aromatic sesquiterpenes.



Figure 4. Naturally occurring haloaryl secondary metabolites **23–76**. Further information is provided in Supplementary Table S1.

Bromo-1*H*-indole derivatives **23–26** were originally isolated from *Laurencia brongniartii* by Carter et al., in 1978, during an expedition in the Caribbean Sea [18]. Further reports include the isolation of these compounds from other species of Laurencia, namely, compounds 24 and 25 from L. similis [19], and 24–26 from L. decumbens [20] and L. complanata [21]. Bromo-1H-indoles 27-30 have also been reported from Laurencia sp., namely, L. similis [19] and L. decumbens [20]. Compounds 24 and 25 showed antimicrobial activity. Compound 24, with three bromines, showed antibacterial activity against Staphylococcus sp. with a minimum inhibitory concentration (MIC) value of 300 µg/mL [22]. Compound 25, with four bromines, displayed activity against *Bacillus cereus* and B. subtilis, Saccharomyces cerevisiae, Staphylococcus aureus, Streptococcus pneumoniae, and Candida albicans (Supplementary Table S1) [18,21]. In addition, this compound revealed antiproliferative activity in mouse lymphocytic leukemia tumor cells (L1210) (ID₅₀ value of 3.6 μ g/mL) [18]. In 1989, Tanaka et al. isolated 23 polybromoindoles (23–26, 31–49) [23]. Itomanindole B (32) as well as the structure-related polybromoindoles 33 and 50-52 were also isolated from the same species by El-Gamal et al. [24] and evaluated for their cytotoxicity against human colon adernocarcinoma (HT-29) and mouse lymphocytic leukemia (P-388) cell lines. Only bisindoles 51 and 52, both with sulfoxide groups, revealed cytotoxicity against the human tumor cell lines. In particular, compound 51 showed activity in both HT-29 and P-388 cell lines, and bisindole 52 exhibited cytotoxicity against the P-388 cell line [24]. The bisindole 53 was also isolated from *L. similis* [25] algae.

Red algae of the genus *Laurencia* are a rich source of halogenated aromatic sesquiterpenes, including secondary metabolites **54–71** isolated from several species of *Laurencia* [22,26–29]. Among these compounds, cupalaurenol (**54**) showed antibacterial activity against *Staphylococcus aureus*, *Staphylococcus* sp., *Salmonella* sp., and *Vibrio cholerae*, with MIC values between 125 and 200 µg/mL [22]. Laurinterol (**55**), bromolaurenisol (**67**), and the dimeric sesquiterpene **70**, biogenetically derived by ortho coupling of two laurinterol molecules, displayed moderate cytotoxic activity against several human tumor cell lines [27].

In addition to haloindoles and aromatic sesquiterpenes, *Laurentia* sp. have also been an interesting source of other bioactive halogenated aromatic secondary metabolites, namely, naphthalene, benzophenone, and diphenyl ether derivatives. Highly brominated secondary metabolites **72–76** were isolated from red alga *L. similis* and evaluated for their inhibitory activity against protein tyrosine phosphatase 1B (PTP1B). All compounds displayed inhibitory effect in this enzyme, compounds **75** and **76** being the most potent, with IC₅₀ values of 2.66 µg/mL and 2.97 µg/mL, respectively [30].

Odonthalia Genus

From the *Odonthalia* genus, only bromophenols have been isolated. From these secondary metabolites, three are monoaryl bromophenols and six are bis-bromophenols.

Kurihara et al. identified five bromophenols (**17**, **77–80**) including BDDE (**17**) and lanosol (**77**) from the red alga *Odonthalia corymbifera* (Figure 5, Supplementary Table S1) [8]. Compounds **17**, **77**, and **78** behave as yeast α -glucosidase inhibitors (**17**: IC₅₀ = 0.098 μ M, **77**: IC₅₀ = 89 μ M, and **78**: IC₅₀ = 25 μ M), the symmetrical dimer BDDE (**17**) being the most potent [8]. As these compounds act as irreversible inhibitors, it was proposed that the α -glucosidase inhibition might result from the interaction of *o*-quinones which are oxidative products of *o*-diphenols, such as **17**, to enzyme protein. Moreover, the same research group studied the effect of these bromophenols as well as structure-related compounds in yeast and rat intestinal α -glucosidase sucrase and maltase [31]. Bromophenols **17**, **77**, and **78** displayed activity for both sucrase and maltase enzymes, with IC₅₀ values between 1.1 and 3.5 mM [31].



Figure 5. Naturally occurring haloaryl secondary metabolites **77–108**. Further information is provided in Supplementary Table S1.

More recently, from the same species of red alga collected along the coast of Sokcho, South Korea, six bromophenols (77 and **81–85**) were isolated and evaluated for their effect as isocitrate lyase (ICL)

inhibitors, a key enzyme in the glyoxylate cycle highly expressed during appressorium-mediated plant infection by the fungal pathogen of rice *Magnaporthe grisea* (Figure 5, Supplementary Table S1) [32]. All compounds were ICL inhibitors, being bromophenols **83** (IC₅₀ = $2.1 \pm 0.1 \mu$ M), **84** (IC₅₀ = $2.8 \pm 0.2 \mu$ M), and **85** (IC₅₀ = $2.0 \pm 0.1 \mu$ M) more potent than 3-nitropropionate, a well-known ICL inhibitor used as positive control. Interestingly, biarylbromophenols **83–85** displayed stronger ICL inhibitory activity than the simple brominated phenols such as **77**, **81**, and **82**, and the debromination of all compounds resulted in the loss of the inhibitory effect upon ICL activity. Collectively, these data indicate that the diphenylmethane skeleton and bromine moiety of bromophenols are essential for potent inhibition of ICL activity [32].

Islam et al. isolated two new bromophenols with a unique structure, odonthadione (**86**) and odonthalol (**87**), from the alga *Odonthalia corymbifera* (Figure 5, Supplementary Table S1) [33]. Odonthadione (**86**) is a hybrid of a brominated hydroxylated benzyl (BHB) unit and a cyclopentenedione moiety, and odonthalol (**87**) is a BHB unit trimer with an ether linkage. The isolated algal bromophenols **86** and **87** were investigated for antioxidant and tyrosinase inhibitory activities [33]. Both compounds revealed DPPH and ABTS radical scavenging activity, showing EC₅₀ values between 24.7 μ M and 6.7 μ M [33]. Compound **86** displayed two-fold stronger tyrosinase inhibitory activities than kojic acid, used as the positive control, whereas compound **87** showed only a slightly higher activity [33].

Osmundaria Genus

Popplewell and Northcote reported the isolation of a new nitrogenous bromophenol, colensolide A (88), together with the known bromophenol lanosol (77), as well as its methyl ether (81), and the aldehyde (89) and butenone (90) derivatives of lanosol and rhodomelol (91) from the New Zealand red alga *Osmundaria colensoi* (Figure 5, Supplementary Table S1) [34]. Compounds 77, 81, and 88–91 were evaluated for cytotoxicity against the HL-60 human leukemia cell line and for antibacterial activity against the MC2155 strain of *Mycobacterium smegmatis*. Lanosol butenone (90) exhibited moderate activity against HL-60 human leukemia cells (IC₅₀ = 8.0 μ M), whereas lanosol methyl ether (81), lanosol butenone (90), and rhodomelol (91) exhibited antibacterial activity against the MC2155 strain of *Mycobacterium smegmatis* (IC₅₀ = 8.0 μ M), whereas lanosol methyl ether (81), lanosol butenone (90), and rhodomelol (91) exhibited antibacterial activity against the MC2155 strain of *Mycobacterium smegmatis* (IC₅₀ = 8.0 μ M), respectively [34].

Polysiphonia Genus

Two bromophenols (92, 93) were isolated from *Polysiphonia morrowii*, collected in Hakodate, southern Hokkaido, Japan (Figure 5, Supplementary Table S1). Compound 92 exhibited some effect as both yeast and rat intestinal sucrase and maltase α -glucosidase inhibitors (yeast α -glucosidase: IC₅₀ = 100 μ M; rat intestinal sucrose α -glucosidase: IC₅₀ = 3.6 mM; rat intestinal maltase α -glucosidase: IC₅₀ = 4.8 mM) [31].

Shoeib et al. identified by gas-liquid chromatography-mass spectrometry (GLC-MS) analysis, lanosol (77) and the methyl, ethyl, and n-propyl ethers of lanosol (81, 94, and 95, respectively), as well as the aldehyde of lanosol (89), in the chloroform fraction of red alga *Polysiphonia lanosa*, and all compounds showed in vitro cytotoxic activities against human colon cell lines DLD-1 and HCT-116 cells (Figure 5, Supplementary Table S1) [35].

Seven new natural occurring bromophenols **96–102** as well as known compounds **103–106** were identified from the marine red alga *Polysiphonia urceolata* (Rhodomelaceae) and evaluated for their DPPH radical scavenging activity (Figure 5, Supplementary Table S1) [36–38]. All compounds revealed to be more potent than butylated hydroxytoluene (BHT), a well-known antioxidant agent used as the positive control, showing IC₅₀ values ranging from 6.1 to 35.8 μ M [36–38]. Among these compounds, some revealed a unique structure, particularly 9,10-dihydrophenantrenes (**99,100**), 5,7-dihydrodibenzo[c,e]oxepine (**101**), and urceolatin (**102**). Bromophenols **99** and **100** represent the second example of 9,10-dihydrophenantrenes isolated from marine sources, the first example reported being (\pm) – polysiphenol (**107**) isolated in 1990 from the red alga *Polysiphonia ferulacea* collected at

Joal, Senegal [39]. It has been proposed that these compounds may biosynthetically derive from dihydrostilbene derivatives by oxidative phenolic coupling [40].

As a result of the bioguided fractionation of red alga *P. morrowii*, compound **106** as well as the structure-related simple bromophenol **108** were identified as promising antiviral compounds against two fish pathogenic viruses, namely, infectious hematopoietic virus (IHNV) and infectious pancreatic necrosis virus (IPNV) (Figure 5, Supplementary Table S1) [41]. For both compounds, the concentration causing a 50% inhibition of flounder spleen cell (FSP cell) proliferation (CC_{50}) and each viral replication (EC_{50}) were measured. Both compounds exhibited antiviral activity with selective index (CC_{50}/EC_{50}) values of 20 and 42 against IHNV and IPNV, respectively. These results suggest the possible application of these compounds on the discovery of new beneficial agents against viral diseases of salmonid fish, which causes serious losses to the trout and salmon industries [41].

Rhodomela Genus

Rhodomela confervoides, an alga commonly found along the coastlines of China, Japan, and Korea, has been reported as a source of bromophenols with diverse pharmacological activities, such as antibacterial, antitumor, antidiabetic, and antioxidant (Supplementary Table S1). In 2003, bis-phenols 109 and 110 (Figure 6), described for the first time, as well as the known bis-phenols 17, 83, and 85 were isolated from the methanolic extract of this marine alga and evaluated for their antibacterial activity against four ATCC standard bacteria strains (Staphylcoccus aureus ATCC29213, Staphylcoccus epidermidis ATCC12228, Escherichia coli ATCC25922, and Pseudomonas aeruginosa ATCC27853), as well as four bacteria strains isolated from clinic (S. aureus 02-60, S. epidermidis 02-04, E. coli 02-26, and *P. aeruginosa* 02-29). All compounds exhibited antibacterial activity, with compound 17, the only bis-phenol linked by an oxygen atom, being the most active [15]. The same researchers isolated metabolite **111**, a bromophenol derivative with an aliphatic chain as substituent, found in *R. confervoides* algae extracts [9]. Later, the promising antibacterial activity on these bacterial strains by bromophenol 17 was confirmed by Han et al. [42]. In addition to this compound, these researchers reported the isolation of the new monoaryl bromophenol 112 and two known structure-related secondary metabolites 113 and 114 (Figure 6). Compounds 17 and 112–114 showed antiproliferative activity in several human tumor cell lines (epithelial tumor cell (KB), human hepatocellular carcinoma (Be17402), and lung cancer cells (A549)), with 112, a bromophenol with an ester group, being the most potent $(3.54 < IC_{50} < 3.09 \ \mu g/mL)$ [42]. Ma et al. reported the isolation of eight new bromoaryl secondary metabolites with an unusual structure, particularly bromophenols with a C–N coupled with methyl γ -ureidobutyrate (115–118), the phenylethanol bromophenol (119), and three phenylethanol sulfate bromophenols (120–122) from R. confervoides (Figure 6) [43]. Among these secondary metabolites, only halophenols 119–122 displayed moderate cytotoxicity against a panel of five human cancer cell lines—lung adenocarcinoma (A549), human ovarian (A2780), hepatoma (Bel7402), stomach (BGC-823), and human colon (HCT-8) cancer cell lines [43].

Protein tyrosine phosphatase 1B (PTP1B) acts as a negative regulator in insulin signaling pathways, therefore being an effective target for the treatment of type 2 diabetes mellitus. Considering the importance of this phosphatase for diabetes treatment, the PTP1B inhibitory effect of bromophenols **17**, **85**, **110**, and **123** (Figure 6) isolated from *R. confervoides* was screened [9,12]. All compounds revealed potent inhibitory effect ($2.4 < IC_{50} < 0.84 \mu M$), with BPN (**110**) being particularly active ($IC_{50} = 0.84 \mu M$) [12].

In addition to the PTP1B inhibitory effect of BDDPM (85), this secondary metabolite has been described as a potent antitumor agent, having inhibitory effect on a wide range of human tumor cell lines—cervical (Hela), colon (RKO and HCT-116), hepatoma (Bel-7402), vascular endothelial (HUVEC), and glioblastoma (U87) cancer cells [44].



Figure 6. Naturally occurring haloaryl secondary metabolites **109–143**. Further information is provided in Supplementary Table S1.

Bromophenols, including monoaryl 77, 81, 89, 90, 94, 119, and 124–135, diaryl 17, 83–85, 110, and 136, and triaryl derivatives 123 as well as seven new nitrogen-containing bromophenols (137–143) were isolated from the methanolic and ethyl acetate extracts of *R. confervoides* and tested for their antioxidant potential using the DPPH and ABTS scavenging activity assay (Figure 6) [11,45]. All compounds showed potent scavenging properties for both radicals, exhibiting similar or even lower IC₅₀ values than BHT and ascorbic acid, two well-known antioxidants used as positive controls. Compounds 77 (lanosol), 83, and 84 presented also DPPH and ABTS radical scavenging activity (77: IC₅₀ (DPPH) = 9.52 \pm 0.04 μ M, TEAC (ABTS) = 2.06 \pm 0.11 nM; 83: IC₅₀ (DPPH) = 14.32 \pm 0.12 μ M, TEAC (ABTS) = 3.00 \pm 0.13 nM), and 84: IC₅₀ (DPPH) = 19.60 μ M, TEAC (ABTS) = 3.16 \pm 0.14 nM) [11]. These results suggest the potential of this marine alga as a source of antioxidants, which may be used to prevent the oxidative deterioration of food and as a nutritional supplement [11,45].

Symphyocladia Genus

Symphyocladia latiuscula (Harvey) Yamada is a member of the family Rhodomelaceae widely distributed along the coasts of northern China, Korea, and Japan [46]. This red alga is an important source of chemical diverse bromophenols, including monoaryl and diaryl secondary metabolites with antidiabetic, antioxidant, antifungal, and DNA polymerase inhibitory activities (Supplementary Table S1).

In 1999, Kurihara et al. isolated compounds **144** and **145** (Figure 7) from this alga and tested their α -glucosidase inhibitory activity [31]. Both compounds proved to be promising yeast α -glucosidase inhibitors, showing IC₅₀ values of 11 μ M and 0.030 μ M, respectively. This effect was also observed using rat intestinal sucrase and maltase (Supplementary Table S1) [31].



Figure 7. Naturally occurring haloaryl secondary metabolites **144–167**. Further information is provided in Supplementary Table S1.

As a result of the search for new bioactive secondary metabolites from *S. latiuscula* with potential effects on diabetes, a total of nine bromophenols, including four diaryl derivatives **145–148** and five monoaryl derivatives **149–153** were isolated (Figure 7) [47,48]. Compounds **145–147**, **150**, and **151** displayed a significant aldose reductase inhibitory activity ($0.11 < IC_{50} < 1.15 \mu g/mL$), showing that all compounds had a higher inhibitory effect than the positive control quercetin ($IC_{50} = 1.05 \mu g/mL$), with the exception of compound **150**, which exhibited a similar activity [47]. Bromophenols **81**, **145**,

148, **149**, **152**, and **153** revealed that they inhibited the PTP1B enzyme, with **145**, **148**, and **149** showing strong activity with IC₅₀ values of 4.3, 3.5, and 3.9 μmol/L, respectively [48].

Bromophenols **144**, **145**, **148–151**, and **153–157** exhibited DPPH radical scavenging activity, with this effect being more potent than quercetin [49] or BHT [50] that were used as positive controls (Figure 7). Other compounds with this activity include two mono arylphenols possessing a methyl γ -ureidobutyrate (**158**) or *cis*-aconitic acid methyl ester (**159**) moieties (Figure 7) [46].

The antifungal activity of diaryl bromophenols **156**, **160–162** and bromobenzyl methyl sulfoxide **163** was studied by Xu et al., showing compounds **156**, **162**, and **163** a moderate growth inhibitory effect against *Candida albicans*, with MIC values ranging from 37.5 to 12.5 μ g/mL (Figure 7) [51,52].

Monoaryl bromophenols SL-1 (**164**) and SL-2 (**165**) were tested as DNA polymerase inhibitors using the polymerase chain reaction assay (PCR) [53]. Jin et al. verified that 0.5 μ g of SL-1 (**164**) inhibited the enzyme, whereas SL-2 (**165**) only had the capability to inhibit this enzyme at 5 μ g (Figure 7) [53].

Vidalia Genus

The only report about haloaryl secondary metabolites described in algae from *Vidalia* sp. concerns the isolation of two bromophenols, vidalols A (**166**) and B (**167**), from the Caribbean red alga *Vidalia obtusaloba* (Figure 7) [54]. Wiemer et al. described that these two compounds significantly reduced the edema when applied topically to phorbol ester (PMA)-induced swelling of the mouse ear [54]. Moreover, both compounds inhibited bee venom phospholipase A₂ (PLA₂), showing an inhibition percentage of 96% at 1.6 μ g/mL, suggesting their potential as lead compounds to design new PLA₂ inhibitors [54]. According to Wiemer et al., the production of these bromophenols in *V. obtusaloba* could be important as a defense mechanism against some marine herbivores, an example being vidalol A (**166**) that has been shown to reduce the grazing of *Thalassia testudinum* by Caribbean herbivorous fishes [54,55].

2.2. Haloaryl Secondary Metabolites Isolated from Brown Algae

Brown seaweeds exhibit significant morphological diversity and are dominant in marine littoral zones from subpolar to equatorial regions. From algae of the Chordariaceae and Dictyotaceae families, 10 dimeric halophenols have been isolated.

2.2.1. Chordariaceae Family

In 2004, Xu et al. isolated the dibenzyl bis-bromophenols **168–173** with different dimerization patterns and two propyl bromophenol derivatives (**174** and **175**), together with 11 known bromophenol derivatives (**17, 77, 81, 83, 85, 89, 94, 110**, and **176–178**) from the ethanolic extract of the brown algae *Leathesia nana* (Figure 8). Among the isolated compounds, **83, 85, 110**, and **170** revealed potent cytotoxic effect against human cancer cell lines, especially lung adenocarcinoma (A549), stomach (BGC-823), breast (MCF-7), hepatoma (Bel7402), and human colon (HCT-8) cell lines, with IC₅₀ values between 0.0018 and 0.0214 μ M/mL [10].

Compounds **110**, **170**, and **172** exhibited potent in vitro growth inhibitory activity against eight human cancer cell lines (A549, BGC-823, MCF-7, B16-BL6, HT-1080, A2780, Bel7402, and HCT-8) with an IC₅₀ value below 10 μ g/mL, this effect being associated with a moderate inhibitory activity against protein tyrosine kinase (PTK) with over-expression of c-kit. Together, these results indicated that these bromophenol derivatives can be used as potent antitumor agents for PTK over-expression of c-kit [56].



Figure 8. Naturally occurring haloaryl secondary metabolites **168–184**. Further information is provided in Supplementary Table S1.

2.2.2. Dictyotaceae Family

In 2009, Areche et al. reported the isolation of the unusual chlorinated meroditerpenoid 4'-chlorostypotriol triacetate (**179**) (Figure 8) from the dichloromethane extract of the brown alga *Stypopodium flabelliforme* (Dictyotaceae family) collected in Easter Island, Chile. This compound was the first metabolite reported from the *Stypopodium* genus possessing one halogen atom [57].

2.3. Haloaryl Secondary Metabolites Isolated from Green Algae

The isolation of haloaryl secondary metabolites from green algae is uncommon, with a description of only five compounds isolated from the Cladophoraceae and Dichotomosiphonaceae families.

2.3.1. Cladophoraceae Family

The new bromoindole **180** possessing both chlorine and bromine was isolated from the ethanolic extract of the green alga *Chaetomorpha basiretorsa* (Cladophoraceae) in 2005 (Figure 8) [58].

2.3.2. Dichotomosiphonaceae Family

A total of four bromophenols were isolated from *Avrainvillea* sp., including the brominated diphenylmethanes **181–182**, the monoaryl phenol **183**, and the tetraarylphenol **184** (Figure 8). According to Carte et al., avrainvilleol (**181**) was identified from the ether extract of *A. longicaulis*, whereas its methyl ether was isolated from the methanol extract of the same species [59]. Studies of *A. nigricans* resulted in the isolation of not only avrainvilleol (**181**), but also the structure-related diaryl bromophenol **182**, and the monoaryl phenol **183** (Figure 8). Compounds **181–183** showed inhibitory activity against *Bacillus subtilis* and *Staphylococcus aureus*, with **183** being also active against *Pseudomonas aeruginosa*, *Escherichia coli*, *Serratia marcesens*, and *Candida albicans* [60]. In addition, bromophenol **183** showed to be an in vitro growth inhibitor of the human KB cancer cell line with an ED₅₀ value of 8.9 μ g/mL [60]. The secondary metabolite **184** exhibited HMG-CoA reductase inhibitory activity with an IC₅₀ value of 5 μ M (Figure 8) [59].

3. Conclusions and Perspectives

Marine macroalgae play an essential role in the marine environment for the production of oxygen and as a source of food for marine animals. Moreover, these organisms generate compounds and products utilized in many commercial fields, such as fertilizers, and help to obtain compounds with pharmaceutical, cosmetic, and industrial applications.

This review provides an overview of the most relevant haloaryl secondary metabolites isolated from macroalgae, including their distribution and biological activities. A total of 184 haloaryl secondary metabolites, including halophenols, indoles, aromatic sesquiterpenes, and naphthalene derivatives were isolated from macroalgae, with red algae currently being the most prominent source of these compounds, particularly several species of algae from the Rhodomelaceae family. Nevertheless, further biochemical analyses on green and brown macroalgae in the future may also result in the discovery of new compounds from other clades. Most of these halogenated compounds are brominated with a diverse degree of halogenation, as well as some examples of secondary metabolites with chlorine and iodine being described. The most abundant haloaryl derivatives are bromophenols, with most of them possessing at least one catechol group.

The biological potential of the majority of haloaryl secondary metabolites has been exhaustively reported, as they are well known their antioxidant, antitumor, antimicrobial, and antidiabetic activities. Therefore, it is expected that some of these compounds may be used in the future in drug discovery. As the distribution of many of the macroalgae is rare in nature, strategies for securing the sustainable production of these secondary metabolites must be implemented. One strategy for overcoming this bottleneck is by using bioprocess technology to produce cell and tissue cultures of marine macroalgae. In fact, the bioprocess engineering of macroalgae for the production of secondary metabolites has been an emerging area of marine biotechnology. Several cell and tissue cultures derived from marine macroalgae have been developed, not only to facilitate the study of secondary metabolites biosynthesis, but also to allow the manipulation and controlled production of these compounds [61–63]. Other strategies may include the chemical synthesis of these or nature-inspired haloaryl compounds.

Among the bioactive compounds, bromophenols possessing 2,3-dibromo-3,4-dihydroxy phenyl rings, such as BDDE (17) and BDDPM (85), are the most promising. In fact, both compounds revealed to be quite active in a diverse array of biological activities, especially antitumor and antidiabetic. Taking these results into account, it will be interesting to develop new BDDE and BDDPM synthetic analogues in order to explore the potential of these compounds as leads for drug discovery.

Although several studies about the biological potential of these macroalgae natural products have been described, some unique indoles and aromatic sesquiterpenes have not been explored concerning their biological potential. Therefore, it is expected that the future exploitation of these haloaryl derivatives may contribute to medicinal chemistry in the discovery of innovative bioactive compounds. **Supplementary Materials:** The following are available online at http://www.mdpi.com/1660-3397/17/2/73/s1, Table S1: Haloaryl secondary metabolites isolated from macroalgae and biological activities.

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