# Anti-Allodynic Effects of Levodopa in Neuropathic Rats

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Purpose: Levodopa is the most effective anti-Parkinsonian agent. It has also been known to exhibit analgesic properties in laboratory and clinical settings. However, studies evaluating its effects on neuropathic pain are limited. The aim of the present study was to examine the anti-allodynic effects of levodopa in neuropathic rats. Materials and Methods: Sprague-Dawley male rats underwent the surgical procedure for L5 and L6 spinal nerves ligation. Sixty neuropathic rats were randomly divided into 6 groups for the oral administration of distilled water and levodopa at 10, 30, 50, 70, and 100 mg/kg, respectively. We co-administered carbidopa with levodopa to prevent peripheral synthesis of dopamine from levodopa, and observed tactile, cold, and heat allodynia pre-administration, and at 15, 30, 60, 90, 120, 150, 180, and 240 min after drug administration. We also measured locomotor function of neuropathic rats using rotarod test to examine whether levodopa caused side effects or not. Results: Distilled water group didn't show any difference in all allodynia. For the levodopa groups (10-100 mg/kg), tactile and heat withdrawal thresholds were increased, and cold withdrawal frequency was decreased dose-dependently (p<0.01). In addition, levodopa induced biphasic analgesia. Different dosage of levodopa did not impact on the rotarod time (p>0.05). Conclusion: Levodopa reversed tactile, cold and heat allodynia in neuropathic rat without any side effects.

Key Words: Allodynia, levodopa, neuropathy, pain

## INTRODUCTION

In the clinical setting, treatment of neuropathic pain remains difficult. Many mechanisms for causing and maintaining neuropathic pain have been postulated. However, no single mechanism has been clearly defined. Non-steroidal analgesics, antidepressants, calcium channel blockers, alpha(2)-delta ligands, lidocaine, opioids, and anti-epileptic medications have been used for the management of neuropathic pain with limited success.<sup>1</sup>

Levodopa is the precursor to the neurotransmitter dopamine. Exogenously administered levodopa increases dopaminergic concentrations. Levodopa has traditionally been used to treat dopamine-deficiency conditions, such as Parkinson's disease<sup>2</sup> and restless legs syndrome.<sup>3</sup> Although levodopa is not a conventional analgesic, studies

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This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/ licenses/by-nc/3.0) which permits unrestricted noncommercial use, distribution, and reproduction in any medium, provided the original work is properly cited. using levodopa have been performed for the treatment of chronic pain conditions secondary to bone metastasis,<sup>4</sup> painful diabetic polyneuropathy<sup>5</sup> and herpes zoster pain.<sup>6</sup> However, the use of levodopa for painful neuropathy simply hasn't been widely considered on the clinical side. Levodopa has been shown to have anti-nociceptive properties in animal studies,<sup>7,8</sup> acting at the level of the spinal cord or the brain via the dopaminergic receptors. Animal studies on the analgesic activity of levodopa, in the setting of chronic pain, have been limited and inconclusive.<sup>9,10</sup> Therefore, the aim of this study was to investigate, in a rat model, the anti-allodynic effects of levodopa to determine if levodopa should be further investigated as a novel treatment modality in humans.

## **MATERIALS AND METHODS**

#### Animals

The study was approved by our Institutional Animal Care and Use Committee at the Catholic University of Korea. The protocol used in this study was modified from our groups' previous studies for testing the analgesic properties of oxycarbazepine and pregabalin in a rat model of neuropathic pain.<sup>11,12</sup> Sprague-Dawley rats (male 100-150 g) were housed up to 3-4 animals in plastic cages and maintained on a 12 hours light/dark cycle. Food and water were available freely.

#### Spinal nerve ligation

Left L5 and L6 spinal nerves ligation procedure was used, as described by Kim and Chung.<sup>13</sup> After 7-day recovery of surgery, rats that exhibited tactile allodynia to von Frey hairs (Stoelting Co., Wood Dale, IL, USA) with an applied bending force (<4 g), were employed for the experiments. Rats that showed any complication or those which didn't show tactile allodynia were discarded.

#### **Drug administration**

Levodopa+carbidopa (SINEMET<sup>®</sup>, MSD-Korea Inc., Seoul, Korea) was dissolved in distilled water. Neuropathic rats were randomly assigned to 6 groups of increasing oral administration of levodopa+carbidopa. Each group received either distilled water or levodopa and carbidopa at 10/2.5, 30/7.5, 50/12.5, 70/17.5 and 100/25 mg/kg (n=10 per group).

#### **Behavioral tests**

Testing was performed at pre-defined periods (10:00 am-5:00 pm) to avoid circadian rhythm errors. The tactile allodynia was evaluated with von Frey hairs (0.6-26.0 g) using up-down method.<sup>14</sup> After rats were placed on a metal mesh covered with a plastic dome (8×8×18 cm), the third metatarsal bone area of the injured hind paw was stimulated with von Frey hairs at 3-4 s intervals. We recorded the minimum gram of von Frey hair that initiated nocifencive responses. The cut-off threshold was 26.0 g. Cold allodynia was examined as the % response frequency of paw withdrawals divided by total 5 trials.<sup>15</sup> It was measured as the number of paw withdrawal responses after the application of cold stimuli (100% acetone) to the plantar surface of the injured hind paw. The heat allodynia was expressed as noxious heat threshold using a hot plate (IITC Life Science, Woodland Hills, CA, USA).<sup>16</sup> After habituation, the rats were placed onto the plate, which was then heated up at a rate of 12°C/min from a starting temperature of 30°C until the animal showed nocifensive behavior. The corresponding plate temperature was considered as the noxious heat threshold. Rotarod (Ugo Basile, Comerio-Varese, Italy) testing was executed for locomotor function evaluation. All behavioral tests were performed prior to oral administration, and also at 15, 30, 60, 90, 120, 150, 180, and 240 min following administration. Positive pain responses for all tests included paw withdrawal responses such as lifting, shaking and licking behaviors.

#### Statistical analysis

Results are expressed as mean±standard error (SE). Two ways analysis of variance (ANOVA) was used to determine general difference, depending on the treatment group and time. This was followed by post hoc Bonferroni multiple comparisons' test. A percent of the maximal possible effect (%MPE) was used for dose-response curves. It was analyzed by 1-way ANOVA followed by post hoc Tukey's multiple comparisons' test. A %MPE was calculated as follows: 1) for mechanical allodynia=(treatment threshold-baseline threshold)/(26.0 g-baseline threshold)×100, and 2) for cold and heat allodynia=(baseline frequency-treatment frequency)/(baseline frequency)×100. A p value of <0.05 was considered significant. All analysis was executed by GraphPad Prism 5.0 (GraphPad Software Inc., San Diego, CA, USA).

## RESULTS

#### Tactile allodynia

All rats showed mechanical allodynia after spinal nerve liga-

tion surgery. In the vehicle group, the tactile thresholds were  $1.1\pm0.3$ ,  $1.8\pm0.9$ ,  $1.4\pm0.4$ ,  $1.3\pm0.3$ ,  $1.2\pm0.2$ ,  $1.2\pm0.3$ ,  $1.1\pm0.3$ ,  $1.1\pm0.3$ , and  $1.1\pm0.3$  g prior to distilled water administration and at 15, 30, 60, 90, 120, 150, 180, and 240 min after distilled water administration, respectively. The tactile thresholds increased at 15 min for 30 mg/kg, from 15 to 30 min for 50 mg/kg, from 15 to 60 min for 70 mg/kg and 100 mg/kg, as compared to the vehicle group (p<0.001) (Fig. 1A). Oral administration of levodopa reduced tactile allodynia in a dose-dependent fashion (p=0.006) (Fig. 1B). In general, the figures showed a biphasic analgesia pattern. Therefore, we devided Phase I and Phase II by 120 min. The Phase I ED<sub>50</sub> was calculated to be 130.3 mg/kg [95% confidence interval (CI): 90.92 to 169.6], whereas the Phase II ED<sub>50</sub> was not acquired.

#### Cold allodynia

After ligation surgery, all rats showed cold withdrawal fre-

quencies of 94% or more. Oral administration of levodopa decreased the cold withdrawal frequency at 15 min for 30 mg/kg, at 15 min and at 180 min for 50 mg/kg, from 15 to 60 min and at 180 min for 70 mg/kg, from 15 to 60 min and at 180 min for 100 mg/kg, as compared to the vehicle group (p<0.001) (Fig. 2A). The linear regression curve shows that levodopa reduced cold allodynia in a dose-dependent manner (p<0.001) (Fig. 2B). The ED<sub>50</sub> was calculated to be 49.2 mg/kg (95% CI: 38.5 to 59.8).

#### Heat allodynia

All rats showed a baseline heat threshold of  $39.5\pm2.3$  °C. Oral administration of levodopa increased the heat thresholds at 15 min for 30 mg/kg, from 15 to 60 min and at 180 min for 50 mg/kg, from 15 to 60 min for 70 mg/kg, from 15 to 90 min and from 150 to 240 min for 100 mg/kg (*p*<0.001) (Fig. 3A). The linear regression curve shows that levodopa



**Fig. 1.** (A) Time course of paw withdrawal threshold to tactile stimuli in the neuropathic pain model. The withdrawal threshold was measured before (Pre) and after oral administration of distilled water (DW), levodopa 10 mg/kg (L-DOPA10), levodopa 30 mg/kg (L-DOPA30), levodopa 50 mg/kg (L-DOPA50), levodopa 70 mg/kg (L-DOPA70), and levodopa 100 mg/kg (L-DOPA100). The results are expressed as mean±SE (n=10 in each group). \**p*<0.05, †*p*<0.001, \**p*<0.001 significantly different from the DW group. (B) Dose-response curve from the peak effects of percentage maximal possible effect (%MPE) for tactile anti-allodynia in the levodopa groups. This shows a dose-dependent tactile anti-allodynic effect. Each line represents mean±SE for 10 rats. Doses (mg/kg) are represented logarithmically on the x-axis and peak %MPE is represented on the y-axis. \**p*<0.05 vs. DW, †*p*<0.01 vs. DW.



**Fig. 2.** (A) Time course of paw withdrawal frequency to cold stimuli. The response frequencies were measured before (Pre) and after oral administration of distilled water (DW), levodopa 10 mg/kg (L-DOPA10), levodopa 30 mg/kg (L-DOPA30), levodopa 50 mg/kg (L-DOPA50), levodopa 70 mg/kg (L-DOPA70), and levodopa 100 mg/kg (L-DOPA100). The results are expressed as mean $\pm$ SE (n=10 in each group). \**p*<0.05, <sup>†</sup>*p*<0.01, <sup>‡</sup>*p*<0.001 significantly different from the DW group. (B) Dose-response curve from the peak effects of percentage maximal possible effect (%MPE) for cold anti-allodynia in the levodopa groups. This shows a dose-dependent cold anti-allodynic effect. Each line represents mean $\pm$ SE for 10 rats. Doses (mg/kg) are represented logarithmically on the x-axis and peak %MPE is represented on the y-axis. \**p*<0.05 vs. DW, <sup>†</sup>*p*<0.01 vs. DW.

decreased heat allodynia dose-dependently (p<0.001) (Fig. 3B). The ED<sub>50</sub> was calculated to be 49.3 mg/kg (95% CI: 38.5 to 60.2).

#### **Rotarod performance**

Treatment with 10-100 mg/kg of levodopa did not significantly decrease the rotarod testing time. Rotarod performance was 147.7±0.9, 132.1±12.1, 136.1±8.8, 137.7±9.8, 141.0±5.6, 144.1±3.3, 148.3±1.2 and 150.0±0.0 at pre-levodopa administration and at 15, 30, 60, 90, 120, 150, and 180 min after 100 mg/kg levodopa administration, respectively. The rotarod time appeared to be slightly decreased 15 min after administration of 100 mg/kg levodopa. However, this time was not significantly different from the cut off time (150.0 sec, p>0.05).

## DISCUSSION

The present study showed that oral administration of levodopa dose-dependently decreased tactile, cold, and heat allodynia in neuropathic rats. In addition, levodopa induced a biphasic analgesia pattern.

Three previous studies have shown the analgesia of levodopa in animal models.<sup>7,8,10</sup> However, only one study investigated neuropathic pain. Cobacho, et al.<sup>10</sup> reported that intraperitoneal and intrathecal injection of levodopa reduced mechanical and cold allodynia in mono-neuropathic rat models. However, they executed a sciatic nerve ligation according to the method originally developed by Bennett and Xie,<sup>17</sup> and assessed the tactile and cold allodynia preadministration, and at 20, 90, 180 min and 24 hours after intraperitoneal injection of a single dose of levodopa (200 mg/kg). In contrast to the methods used in the Cobacho, et al.<sup>10</sup> study, we performed the spinal nerve ligation developed by Kim and Chung,<sup>13</sup> and observed the tactile, cold, and heat allodynia pre-administration, and at 15, 30, 60, 90, 120, 150, 180, and 240 min after oral administration of 10, 30, 50, 70, and 100 mg/kg of levodopa. Shimizu, et al.<sup>8</sup> reported that intrathecal injection of levodopa reduced substance P-evoked nocifensive behaviors, however, they utilized substance P mice models and observed licking and scratching behaviors. Compared with Shimizu, et al.8 study, we administered levodopa orally, not intrathecally, in spinal nerve-ligated rat models and observed tactile, cold, and heat allodynia. Paalzow<sup>7</sup> reported that intraperitoneal injection of levodopa induced analgesic effects when they applied electrical stimulation to the tail of rats. However, normal rats were used in the study and allodynia was not assessed. They evaluated vocalization only. Therefore, their results may not be applicable for the treatment of neuropathic pain.

Levodopa crosses the blood-brain barrier, whereas dopamine itself cannot. Outside the central nervous system, levodopa is also converted into dopamine within the peripheral nervous system. The resulting hyperdopaminergia may cause adverse side effects secondary to sole levodopa administration. In order to prevent the peripheral synthesis of dopamine from levodopa, we co-administered a peripheral DOPA decarboxylase inhibitor, carbidopa, along with levodopa.

It remains unclear how levodopa has an analgesic effect on neuropathic pain. However, levodopa's analgesic effects



**Fig. 3.** (A) Time course of paw withdrawal heat threshold. The heat threshold was measured before (Pre) and after oral administration of distilled water (DW), levodopa 10 mg/kg (L-DOPA10), levodopa 30 mg/kg (L-DOPA30), levodopa 50 mg/kg (L-DOPA50), levodopa 70 mg/kg (L-DOPA70), and levodopa 100 mg/ kg (L-DOPA100). The results are expressed as mean $\pm$ SE (n=6 in each group). \*p<0.05,  $^{\dagger}p<0.01$ ,  $^{\dagger}p<0.001$ ,  $^{\$}p<0.001$  significantly different from the DW group. (B) Dose-response curves from the peak effects of percentage maximal possible effect (%MPE) for heat anti-allodynia in the levodopa groups. These curves show a dose-dependent heat anti-allodynic effect. Each line represents mean $\pm$ SE for 6 rats. Doses (mg/kg) are represented logarithmically on the x-axis and peak %MPE is represented on the y-axis. \*p<0.05 vs. DW,  $^{\dagger}p<0.01$  vs. DW.

may be produced by dopamine, a metabolite of levodopa, since dopamine antagonist completely abolished the antinociceptive action of levodopa.<sup>8</sup>

Spinal cord dopaminergic termination originates in the A11 periventricular hypothalamic group neuron.<sup>18,19</sup> Despite small number, A11 neuron projects broadly into all spinal lamina except substantia gelatinosa.<sup>20</sup> There is a dopaminergic descending system from the A10 and A11 to the spinal dorsal horn in mice.<sup>21</sup> As such, stimulation of A10 and A11 neurons inhibits nocifensive response of the spinal cord.<sup>22</sup>

Dopaminergic terminations of the spinal cord have also been shown to be involved in nociceptive transmission.<sup>22-25</sup> Especially, the D2 receptor is distributed in the spinal dorsal horn, whose primary sensory afferent fibers terminate in.<sup>26</sup> Anti-allodynic effects of levodopa were suppressed by concurrent intrathecal administration of D2 receptor antagonist sulpiride.<sup>10</sup> As such, dopamine may affect the primary sensory afferent system via the D2 receptor.

Therefore, oral levodopa in the present study may have analgesic effect via the spinal and supraspinal dopaminergic systems. As demonstrated in the present study, the dopaminergic enhancement in the spinal cord was sufficient to suppress ascending pain, including non-nociceptive, neuropathic pain.<sup>10,22-25</sup> It is also known that increased dopaminergic activity in the encephalic regions modulates pain sensitivity.<sup>27-32</sup>

In this study, we observed the absence of analgesia around 2 hours after oral levodopa administration in each allodynic response. This observation is likely to be secondary to levodopa-induced hyperalgesia, since high dose of intraperitoneal levodopa has been shown to induce initial anti-nociception and then hyperalgesia after 2 hours.<sup>7</sup> In addition, Shimizu, et al.<sup>33</sup> reported that levodopa-evoked hyperalgesia occurred after conversion of levodopa to dopamine. Dopamine contents in the spinal cord increased 1 min after levodopa administration, expressing about 100 times more than control, and then decreased to beaseline after 1 hour.<sup>33</sup> This suggested that overload of dopamine which was converted from levodopa temporarily disabled the dopaminergic inhibitory system for pain and was involved in hyperalgesia.<sup>33</sup>

The side effects of levodopa include dyskinesia,<sup>34</sup> sudden onset of sleep,<sup>35</sup> and psychosis.<sup>36</sup> In our rat pilot study, 200 mg/kg of levodopa caused rupture of a capillary in the eye of a rat. Some rats crouched without moving, and some rats showed hair loss, increased locomotion, and exhibited abnormal licking behaviors. However, no altered behavior was observed when 10-100 mg/kg of levodopa were administered. Moreover, systemic levodopa, at all dose levels administered did not affect rat's rotarod performance. Consequently, the anti-allodynic effect of levodopa at 10-100 mg/kg is not thought to be due to the effect of sedation, ataxia or altered locomotion.

In conclusion, orally administered levodopa attenuated tactile, cold and heat allodynia exhibited by spinal nerve ligated rats. Sedation and motor disturbance were not observed at any of the dose levels used in this study. In addition, levodopa may induce a biphasic pattern of analgesia in rats suffering from neuropathic pain. Therefore, further studies may be required to determine optimal dose and time interval to avoid hyperalgesia. Human studies will also be required to determine if the results in rats are applicable to humans.

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