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## **Research Article**

# The frequency of defective genes in *vif* and *vpr* genes in 20 hemophiliacs is associated with Korean Red Ginseng and highly active antiretroviral therapy: the impact of lethal mutations in *vif* and *vpr* genes on HIV-1 evolution

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#### ABSTRACT

*Background:* We have reported that internal deletions in the *nef*, *gag*, and *pol* genes in HIV-1–infected patients are induced in those treated with Korean Red Ginseng (KRG). KRG delays the development of resistance mutations to antiretroviral drugs.

*Methods:* The *vif-vpr* genes over 26 years in 20 hemophiliacs infected with HIV-1 from a single source were sequenced to investigate whether *vif-vpr* genes were affected by KRG and KRG plus highly active antiretroviral therapy (ART) (hereafter called GCT) and compared the results with our previous data.

*Results:* A significantly higher number of in-frame small deletions were found in the *vif-vpr* genes of KRG-treated patients than at the baseline, in control patients, and in ART-alone patients (p < 0.001). These were significantly reduced in GCT patients (p < 0.05). In contrast, sequences harboring a premature stop codon (SC) were more significant in GCT patients (10.1%) than in KRG-alone patients, control (p < 0.01), and ART-alone patients (p = 0.078 for peripheral blood mononuclear cells). The proportion of SC in Vpr was similar to that in Vif, whereas the proportion of sequences revealing SC in the *env-nef* genes was significantly lower than that in the *pol-vif-vpr* genes (p < 0.01). The genetic distance was 1.8 times higher in the sequences harboring SC than in the sequences without SC (p < 0.001). Q135P in the *vif* gene is significantly associated with rapid progression to AIDS (p < 0.01).

Conclusion: Our data show that KRG might induce  $s\Delta$  in the vif-vpr genes and that vif-vpr genes are similarly affected by lethal mutations.

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#### 1. Introduction

It is presumed that the Korean subclade of human immunodeficiency virus type 1 (HIV-1) subtype B (KSB) was introduced to Korea by the founder effect in the mid-1980s [1,2]. During late 1989 to early 1990, 20 hemophiliacs (HPs) were diagnosed with KSB infection 1–2 years after exposure to domestic clotting factor IX manufactured using plasma from two cash-paid plasma donors in Korea [2–4]. They all were infected with a single source of HIV-1 [3,4]. Of the 20 HPs, about 70% did not progress to AIDS up to 10 years after HIV-1 infection [5]. They had been treated with Korean Red Ginseng (KRG) for a significant period before the introduction of highly active antiretroviral therapy (ART) in 2002, after which most of them were treated with KRG plus ART combination therapy (hereafter called GCT). Our previous studies have shown that KRG treatment induces nonspecific internal deletions (IDs) over the full genome of HIV-1 [5–10] and clinically beneficial effects [5,11].

G-to-A hypermutation by APOBEC3 proteins (A3G) is represented as 5-12% of a collection of sequences [12,13] although HIV genetic variation is directed and restricted by DNA precursor availability. However, hypermutants are recovered from 1-2% of resting or activated peripheral blood mononuclear cells (PBMCs) in therapy-naive patients [12].

Recently, we reported that the proportion of premature stop codons (SCs) in the *pol* gene was 8.5% in the 20 HPs undergoing ART [5]. The median proportion of sequences harboring SC in the reverse transcriptase (RT) due to G-to-A hypermutation by A3G was 21% in the sample of patients on successful long-term ART [14]. A3G

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counteracts Vif proteins. It was recently discovered that Vpr also counteracts A3G [15]. A3G contributes 88.4% of the total mutation rate of HIV-1 in viral DNA sequences from PBMCs, whereas HIV-1 RT only contributes 2.0% [16]. Furthermore, the sublethal and lethal mutations caused by A3G have the potential to contribute significantly to HIV-1 evolution, pathogenesis, immune escape, and drug resistance [17]. HIV-1 has a significantly higher mutation rate and G-to-A hypermutation caused by A3G than HIV-2 [18], resulting in the asymptomatic periods of HIV-1 infection being shorter than those of HIV-2. Complete viral suppression by ART decreases the pool of replication-competent viruses and, consequently, thereby increases the detection of lethal mutations [14], promoting viral eradication. To date, there have been few studies on the effects of A3G on vif and vpr genes during ART, although there are a few studies on the effects of A3G on the *pol* gene during ART and on the *vif* gene in therapy-naive patients.

Thus, through analysis of lethal mutations due to A3G, we investigated whether variations in *vif-vpr* genes were equally affected and whether genetic defects were associated with KRG and GCT; we determined sequences of *vif-vpr* genes from baseline to GCT in 20 HPs infected with the same source of HIV-1 [3–5] and compared the results with the findings from our previous reports. Here, we first report on sequential changes in the *vif-vpr* genes over a period of 26 years before the commencement of ART and during ART.

These findings might provide us with significant implication of KRG and GCT in the treatment of AIDS as well as the importance of A3G in the pathogenesis of HIV-1 infection.

#### 2. Materials and methods

#### 2.1. Study population

The twenty patients with hemophilia (HP), identified in this study as HP 1–HP 20, were diagnosed with HIV-1 infection between 1990 and 1994 (Table S1) [2–5,19]. They had been treated primarily with imported clotting factors before the start of local domestic clotting factor production. The control patients (n = 80) for KRG-treated patients infected with subtype B had not been exposed to KRG or any antiretroviral therapies (e.g., zidovudine) at the time of sampling, and their PBMCs were available for gene amplification. As the control patients for GCT, 43 ART-alone patients were included. Informed written consent was obtained from the HPs. This study was approved by the Institutional Review Board of the Asan Medical Center (Code 2012-0390).

#### 2.2. DNA preparation and vif and vpr gene amplification

Viral DNA was isolated from PBMCs using a QIAamp DNA Mini Kit (Qiagen, Hilden, Germany), and viral RNA was extracted from 300-µl serum samples using a QIAamp Ultra sense Viral RNA Kit (Qiagen, Hilden, Germany) as described in the study by Rawson et al [18]. The vif gene was amplified by nested polymerase chain reaction (PCR) using the TaKaRa R-Taq kit (Takara Bio Inc., Shiga, Japan). First and second PCR tests were performed in a 20-µl reaction mixture and 50-µl reaction mixture, respectively. The outer primer pairs were 545 (5'-GCAGTACAAATGGCAGTATTCATC-3') and LA 106K (5'-TGRTAGAGRAACTTGATGRTYCTT-3') or 545 and KMK2 (5'-ATGGGAATTGGTTCAAAGGA-3') and the inner primer pairs were 547 (5'-GCTCCTCTGGAAAGGTGAAGG-3') and LA100 (5'-AGTATCCCCGTAAGTTTCA-3': targeting at 758 bp) for the amplification of the vif gene [3] and 547K (5'-GCTTCTCTGGAAAGGT-GAAGG-3') and LA 102K (5'-TACAAGGAGTCTTGGGCTGACTTC-3`: targeting at 948 bp) and 547 and 566 (5'-GGCCCAAA-CATTATGTACCTCTGTA-3': targeting at 1,240 bp) for the amplification of *vif* and *vpr* genes [20]. The first PCR cycling conditions were as follows:  $95^{\circ}$ C for 2 min, 35 cycles of 30 s at  $95^{\circ}$ C, 30 s at  $52^{\circ}$ C, 2 min and 30 s at  $72^{\circ}$ C, and a final extension at  $72^{\circ}$ C for 10 min. The second PCR was performed with 1 µL of the first PCR product; the cycling conditions were as follows:  $95^{\circ}$ C for 2 min, 35 cycles of 30 s at  $95^{\circ}$ C, 30 s at  $57^{\circ}$ C, 1 min and 30 s at  $72^{\circ}$ C, and a final extension at  $72^{\circ}$ C for 10 min. The subsequent sequences were directly sequenced using Applied Biosystems 3730XL (Applied Biosystems, Foster City, CA, USA).

#### 2.3. ART and therapy with KRG

Outpatient-based KRG treatment in HIV-1-infected patients was initiated at the Korean National Institute of Health in late 1991. The daily dose of KRG for men was 5.4 g (six 300-mg capsules, three times per day) [5,9]. KRG has been supplied since November 1991, although the supply of KRG was not consistent before 2000 [5]. Most of our study patients had taken KRG for a variable period before the commencement of ART. The total amount of KRG used before the start of ART was 3,507  $\pm$  5,468 g for 28  $\pm$  36 months. The annual decrease of CD4+ T cells (AD) in the 20 HPs was 43  $\pm$  27 per μL. There was a significant inverse correlation between the total amount of KRG and the AD (p < 0.01) [5]. The ART regimen has included integrase strand transfer inhibitors (INSTIs) in all living patients since 2014 in Korea. During ART, four HPs (1, 5, 9, and 13) did not take KRG (Fig. S1). The amount of KRG supplied to 16 HPs was 11,678  $\pm$  9,593 g. The duration of ART was 171  $\pm$  51 months in 18 HPs.

#### 2.4. Statistical analysis

Data were expressed as mean  $\pm$  standard deviation. Statistical significance was estimated by the Student two-tailed *t* test, the Chi-square test, Fisher's exact test, or correlation analysis and survival curve, using MedCalc software (Ostend, Belgium). Statistical significance was defined as p < 0.05.

#### 2.5. Nucleotide sequences

GenBank accession numbers are AY581323-366, JF958013-081, JQ066823-7066, JQ327713-70, KX591061-219, MN364870-940, and MN792670-752.

#### 3. Results

#### 3.1. Patient demographics

The clinical characteristics of all patients were described in previous studies [2-5,19]. They all were infected with KSB from Plasma Donors O and P [2-5,19], and the earliest *vif* genes from Plasma Donors O and P were all wild-type (WT) ones [3]. In addition, we had obtained *vif-vpr* genes in the two plasma donors. In total, 28 sequences were obtained: 24 from seven sequential samples in donor O and four from two samples in donor P (Fig. S1). The 28 *vif-vpr* genes were all WT ones.

## 3.2. Distribution of defective genes at the patient, sample, and sequence level

At the patient level, irrespective of therapy, in-frame small deletion (SD), premature SCs, and ID including insertion or deletion of one or two nucleotides (hereafter called *indel*) in the *vif* gene were found in three (15%), 14 (70%), and seven patients (35%), respectively (Fig. 1A). The HPs revealed significantly higher proportions of SD, ID, and SC than the control group (p < 0.01) and the



**Fig. 1.** The proportion of the sequences harboring deletions and in-frame stop codon (SC) in the *vif* gene. (A) Proportion of patients with internal deletions (IDs), small deletions (SDs), and SCs. Despite the absence of ART in HP 1 and HP 5, all defects were significantly higher in HPs treated with KRG and/or GCT than in the control and ART-alone groups. The proportion of patients with SC was significantly higher in the ART patients than in the control patients. (B) At the sample level, the proportion of amplicon with SC in GCT patients was significantly higher than in the control and KRG patients, and the proportion of SD in KRG patients was significantly higher than in the control and KRG patients, and the proportion of SD in KRG patients was significantly higher than in the control, GCT, and even ART-alone patients. (C) SD ( $\leq$ 15-bp) in the *vif* gene on KRG intake was significantly higher than at baseline and in the control patients (p < 0.001). Its detection was significantly decreased during GCT than on KRG treatment (p < 0.001). (D) The proportion of the sequences harboring SC on GCT was significantly higher than that on KRG treatment and in control patients, whereas it was similar to ART. The proportion was similar among control patients, at baseline, and in KRG patients. ART, antiretroviral therapy; GCT, KRG plus highly active antiretroviral therapy; HP, hemophiliac; KRG, Korean Red Ginseng; PBMC, peripheral blood mononuclear cell.

ART-alone group (p < 0.05) (Fig. 1A). Three patients (HPs 2, 3 and 9) did not reveal any defects in the *vif* gene (Fig. S1). There was no occurrence of SD or SC in two patients treated with the smallest amount of KRG (1,200 g in HP 9 and 1,800 g in HP 2) [5] although HP 3, treated with 3,980 g of KRG, revealed SC in the *vpr* gene only. However, they all revealed defects in the 5' LTR/*gag* and *nef* genes (ID in HP 2 and HP 9) [7,9].

At the sample level, 38 (17.3%) of 220 samples revealed SC in HPs (Fig. S1). The proportion of PBMCs harboring SC was significantly higher in GCT patients (24.1%, 35/145) than in KRG (3.6%, 2/56) (p < 0.001), control (1.7%, 1/59) (p < 0.001), and ART-alone patients (12.7%, 7/55) (p = 0.066) (Fig. 1B).

With respect to sequences, we obtained 136 *vif-vpr* genes at baseline before KRG treatment in 20 HPs. Including 136 *vif-vpr* genes at baseline, we obtained 721 *vif* genes in HPs. Among the 721 *vif* genes, 51 genes (7.1%) were deleted: four deletions of a single nucleotide (in HPs 7, 12, 16, and 20), eight IDs (in HPs 1, 11, 12, 14, and 20), and 39 SDs (9 bp to 12 bp) [in HPs 5 (n = 9), 8 (n = 29), and 18 (n = 1)]. Of note, only two defective genes (an ID in HP 1 and a deletion of 1 bp in HP 12) were obtained at baseline (Fig. 1C, Fig. S1), whereas the remaining 49 deletions (8.5%: 49/577) were obtained 369 and 190 *vif* genes from the 80 control and 43 ART-alone patients, respectively.

Overall, there was no significant difference in defective genes between slow progressors (7/14) and progressors (1/6), limited to the period before GCT [5].

#### 3.3. SDs are associated with KRG intake

We obtained 182 and 403 *vif* sequences from 20 HPs during the treatment with KRG and GCT, respectively. Thirty-nine SDs were found in 24 *vif* sequences (13.2%) from HP 5 and HP 8 during KRG treatment, whereas 15 *vif* sequences (3.7%) from HPs 8 and 18 were obtained during the GCT period (p < 0.001) (Fig. 1C). In detail, HP 1 and HP 5 had not taken ART. Detection of SDs was also significantly inhibited during GCT even when nine SDs of 28 sequences in the KRG intake in HP 1 and HP 5 were excluded and compared (9.7%) with GCT (3.8%) (p < 0.01). In addition, SDs were significantly higher during KRG than at baseline, in control patients, and in ART-alone (Fig. 1C) patients.

In contrast, compared with HIV-1 subtype B consensus, the same type of 12 and 21 SDs at AA<sub>185-187</sub> was detected among 366 and 148 sequences in control patients and ART-alone patients, respectively (Fig. S2A). Two patients in control patients (HJiH and JSH) and two patients in ART-alone patients (HSHn and LHS) revealed it at least two samples per patient. All these 33 SDs were obtained from the first sample (Fig. S2A). Thus, all these 33 sequences revealing SDs could be considered as WT ones in view of personal baselines, suggesting that the two patients might be infected with the deleted viruses. This was quite different from the SD in KRG-treated patients. Thus, we can conclude that there was a significant difference in the frequency of SDs between patients being treated with KRG and ART-alone/control patients (Fig. 1A–C).



**Fig. 2.** Association of Vif Q135P with rapid progression. Q135P was found in Donor O and eight HPs (Fig. S1) and significantly associated with accelerated progression to AIDS. HP, hemophiliac.

#### 3.4. The proportion of SC depends on the duration of ART

Of the 721 sequences, 124 sequences obtained by RT-PCR were excluded in denominator for the proportion of sequence harboring SC. The proportion of SC was also significantly higher in GCT patients (10.1%, 40/397) than in control patients (p < 0.01) (Fig. 1D).

The earliest detection of SC in each patient was  $69 \pm 41$  months (range; 10–137) since the introduction of ART. Regarding the time point of the first occurrence of SC during GCT, the proportion of sequences harboring SC significantly depended on the duration of ART. It was 2.3% (3/128) within three years and 13.8% (37/269) after three years in the *vif* gene (p < 0.001). The same result was obtained for the *vpr* gene (3.1% vs 13.6%, respectively) (p < 0.001). In other words, most SCs occurred three years after the introduction of ART. Three sequences harboring SC within three years were obtained at 10, 29, and 30 months in HP 15, HP 12, and HP 10, respectively (Fig. S1).

In addition, 1.9% of sequences obtained from control patients revealed SC [20], while 7.4% of sequences obtained from ART-alone patients revealed SC (p < 0.01, Fig. 1D). Thus, the proportion of sequences with SC in the GCT group was mildly higher in PBMCs or similar in the sequence level than in the ART-alone group (Fig. 1B and D). Taken together, our data suggest that KRG treatment might have had some effect on the occurrence of SC by additive antiviral effect.

#### 3.5. ID and indel are not associated with KRG treatment

The proportion of sequences harboring ID (n = 8) or *indel* (n = 4) in the *vif* gene was 1.5% at baseline, 1.7% (3 IDs in HP 14) during KRG treatment, and 1.7% (4 IDs and 3 *indels*) during GCT (Fig. 1C). The size of eight IDs was  $\Delta$ 394 bp in HP 1 (before KRG treatment),  $\Delta$ 426 bp (off ART for 1 month) and  $\Delta$ 594 bp (compliance with 60–70%) in HP 11,  $\Delta$ 257 bp in HP 12 (five months since the introduction of ART), 3  $\Delta$ 1,000 bp in HP 14 by 547/566 (positions of deletion not defined), and  $\Delta$ 210 bp in HP 20 (RNA copy = 14,700/ml by poor compliance) (Fig. S2A). Except for the 3  $\Delta$ 1000 bp, all IDs were obtained by the inner primer 547K/LA102K. The ID in the  $\Delta$ 594 bp in HP 11 and  $\Delta$ 257 bp in HP 12 spans the *vif-vpr* genes (Fig. S2A and S2B). Seven of eight IDs and three of four *indels* were obtained during KRG treatment including the GCT period (1.8%; 10/566), whereas one ID and an *indel* were obtained in patients before KRG treatment or off-KRG treatment (1.2%; 2/161). There was no significant difference in



**Fig. 3.** The proportion of the sequences harboring in-frame stop codons in the *pol*, *vif*, and *vpr* genes was significantly and similarly increased during ART, whereas there was no such increase in the *env* and *nef* genes [7]. ART, antiretroviral therapy.

the frequency of ID among the groups (Fig. 1C). However, the detection of ID was affected by the size of sequences. Actually, there was a significant difference in ID including data obtained in ART-alone patients (p < 0.001) (Fig. S3).

# 3.6. Q135P in the vif gene is associated with rapid progression to AIDS

Twenty HPs revealed all lysine (K) at Position 22 in the earliest sample [3]. There was K22H in HP 9 (JQ066931-32), which is associated with low CD4+ T-cell counts and higher viral loads [21]. A report showed that mutation K22H was more frequent in patients failing to ART [22]. However, HP 9 consistently showed WT sequence in the *pol* gene [10]. Instead of the very rare K22H, we found an evolution from K22K to K22N in six HPs (3, 7, 8, 10, 11, and 19) (11.5%; 81/706 sequences) whose samples were not exposed to any antiretroviral drugs (except HP 19) (Fig. S2A). All first K22N was detected in AIDS or low CD4+ T-cell count, whereas it was also reported in long-term nonprogressors (LTNPs) [23]. Q135P [24] was detected in nine patients including Plasma Donor O (Fig. S1). Of note, in HP 17, Q135P developed during GCT. Interestingly, survival analysis revealed that Q135P was significantly associated with fast progression to AIDS, although K22N was not associated with it (Fig. 2). We did not find any specific changes in the nucleotide or amino acid sequences including insertion/deletion due to KRG intake.

#### 3.7. Effect of ART on the vpr gene

We obtained 470 vpr genes. Except 75 sequences obtained by RT-PCR, 395 sequences were divided into pre-ART (n = 135) and ART (n = 260). Although there was the same deletion of 6 bp at the same position in six LTSPs and the insertion of amino acids "RAR" between AA<sub>90</sub> and AA<sub>91</sub> in a LTSP LSK [20] (Fig. S2B), 96 AAs of Vpr proteins were well conserved in all patients except HP 5, HP 8, and HP 18, who also revealed the same deletion of 12 bp and 9 bp in Vif proteins (AA<sub>12-15</sub> and AA<sub>13-15</sub>) (Fig. S2B). The deletion is the same position as the 12-bp and 9-bp deletion in the vif gene previously mentioned. In addition, there was an indel in 92LCS3-6867 (JF957938). Except two sequences with only initial isoleucine instead of methionine in HP 7, the proportion of SC-containing sequences during ART (9.6%; 25/260) was significantly higher than the proportion of 2.3% found during the pre-ART period (p < 0.01) (Fig. 3). In our study of 470 Vpr proteins, there was no Q65R [25] and F72L as shown in LTNPs [26]. In addition, R77Q was reported in Western LTNPs [27,28]. However, it was found in 83 of



**Fig. 4.** Comparison of genetic distances in the sequences with no stop codons and inframe stop codons. There were significant difference in the genetic distance between the sequences with no stop codons and in-frame stop codons ( $2.9 \pm 0.8\%$  versus  $5.4 \pm 1.7\%$ , respectively) over  $213 \pm 21$  and  $232 \pm 33$  months compared with the corresponding earliest sequences from Donors O and P, respectively (p < 0.0001).

102 KSB-infected Korean patients (Fig. S2B). Interestingly, the *vpr* gene was also affected by A3G almost to the same extent as the *vif* gene (Fig. 3) as the two genes show the same extent of genetic diversity [29]. In HP 20, there was a single-nucleotide deletion in the *vif-vpr* gene in the same amplicon.

Interestingly, 11 sequences of 40 amplicons with SC in the *vif* gene did not reveal SC at W residue in Vpr proteins, whereas two sequences of 25 amplicons with SC in the *vpr* gene did not reveal SC at W residue in Vif proteins (Table S1). Considering nine sequences with not determined (ND) in the *vpr* gene and a SC not at the W residue, there was a significant difference in the proportion of SC between two genes (11/33 versus 2/24, respectively; p < 0.05). Thus, to investigate whether there is a difference between Vif and Vpr proteins affected by A3G, we compared the proportion of SC of all tryptophan sites (W) on ART. All SCs occurred in W except one in Vpr in HP 18 (JQ067036). Vif and Vpr proteins had W at eight and three sites, respectively. The proportion of SC at W site in the same 260 sequences was similar in Vif proteins (3.9%; 82/2080) and in Vpr proteins (5.0%, 39/780) (Table S1).

Focusing on the sequences harboring SC during ART, Pol, Vif, and Vpr proteins revealed SC at 30.5% of position W (124/407W) with an additional SC at the site of lysine (AAA $\rightarrow$ TAA; HQ026608), 29.4% (87/296W), and 36% (38/105W) with an additional SC at arginine (AGA $\rightarrow$ TGA; JQ067036), respectively (Table S1). In contrast, there were only four SCs at the TGG (W) site in the 3 *nef* sequences. Thus, considering the *nef* gene containing 7–8 TGG sites, the proportion of SC at TGG was 0.23% (4/ 1768)–0.26% (4/1547) of all W sites of 221 *nef* genes. This is significantly lower than in the Vif proteins.

The frequency of the signature pattern nucleotide was also analyzed on the association of Plasma Donors O and P with the 20 HPs, compared with local controls (LCs). Regarding the epidemiological association, our previous report showed seven signature pattern nucleotides in the *vif* gene [3]. In the *vpr* gene, there were significant differences in the frequency at three nucleotide positions between Clusters O and P and LCs; synonymous change was at Position 5621 (GAG, all in Cluster O; GAA, all in Cluster P; and 78 GAG, 2 GAA, and 1 GGG in LCs), and two nonsynonymous changes were at 5633 (GAA→GAC/T) and 5741 (ATA→ACT). Thus, E25D and I61T showed a significantly high frequency in Cluster P, compared with that in the LCs and Cluster O (p < 0.0001) (Fig. S2B).

#### 3.8. The effect of SCs on virus evolution

To analyze the effect of lethal mutations on virus evolution, we compared the sequences revealing SC and WT sequence alone with the earliest sequences of Donors O and P. respectively. The genetic distance was calculated based on January 1990, when Donors O and P were diagnosed as infected. Genetic distance in the sequences harboring SC or initial I was significantly higher  $(5.4 \pm 1.7\%)$  than that  $(2.9 \pm 0.8\%)$  in the WT sequences (p < 0.0001) (Fig. 4). The elapsed time from January 1990 to sampling time was 232  $\pm$  33 months and 213  $\pm$  21 months, respectively. When it was translated into annual mutation rate, they were in the order 0.28  $\pm$  0.09% and  $0.16\pm0.04\%$ , respectively. Thus, the genetic distance was 1.78 times higher in the sequences with SC than in the WT sequences. These factors lead to faster development of mutant strains that are resistant to therapeutic agents [22]. Intrapersonal genetic discrepancy in the earliest two sequences (October 1991 and February 1993) from Donors O and P was 0.37% and 0%, respectively. Sequence variation of WT sequences without SC or I showed a significant correlation with elapsed time (r = 0.45, p < 0.01 for the sequences obtained during ART) but that with SC showed no correlation. The correlation was more significant when the earliest sequences before ART were included (r = 0.70, p < 0.001).

#### 3.9. Effect of ART on pol genes

In the present study, the proportion of *pol* sequences harboring SC was 9.6% during GCT or ART, which was higher than that (1.2%) found during pre-ART (p < 0.01) (Fig. 3). However, the proportion of the sequences harboring SC in the *env-nef* genes increased a little during ART. These findings show that *env-nef* genes are significantly less affected by A3G than the *pol-vif-vpr* genes.

#### 4. Discussion

Here, the frequency of the SC-containing vif gene in the KRG group was similar to the control group and baseline. However, it increased significantly to 9.0% during GCT. The proportion with SC depended significantly on the duration of GCT. Moreover, the genetic distance in the sequences harboring SC was significantly higher than that in the WT sequences (p < 0.001). The proportion of SDs was significantly higher during KRG treatment than in the control patients and at baseline, but the proportion was significantly inhibited during GCT. However, the level was still significantly higher than in the control group or at the baseline (Fig. 1A-C). Pol-vif-vpr genes were shown to be similarly affected by A3G, whereas env and nef genes were significantly less affected by 3G (Fig. 3). It is well known that hypermutation is not equally distributed along the HIV-1 genome [30], as shown in a report that the env gene is significantly less affected by A3G than the integrase*vif- vpr* genes [31]. For this reason, unlike previous studies [6–10], ID was not affected by taking KRG, but SC may be affected to some extent, as shown in Fig. 1B. It might result from the synergistic effects of reductions on virus concentration by both KRG and ART. The second reason the proportion of SC is higher in GCT than in ART alone (Fig. 1B and D) might be a lower WT virus concentration as a result of KRG treatment, and thus, the possibility of amplifying the defective virus is increased. In the previous study, we did not include the ART-alone group, making it impossible to compare with the GCT group [20].

Consequently, despite increasing DNA concentration (2- to 4fold), the success rate of PCR amplification significantly decreased 10 years after ART (data not shown) as shown in the *pol* gene [10] because we have not used the primer set designed to target at the hypermutated virus. In brief, it decreased from 63% before ART to 29% after 6 years of ART [10]. These findings support the view that that the longer the ART period, the lower the WT DNA concentration. Consequently, the ratio of defective DNA including SC is increased, and therefore, the PCR success rate is significantly decreased by primer mismatch. In addition, for this reason, it was very difficult to obtain PCR products in a few patients (HPs 6 and 14). Moreover, we could not obtain sequences even when we could rarely obtain PCR products in HP 14, suggesting that the reason might be the mismatch of primers due to G-to-A hypermutations. Thus, the proportion of sequences harboring SC might be underestimated. Irrespective of the kinds of the primer set, the success rate of PCR at pre-ART was 73% (101/138). However, it was significantly reduced to 41% (189/458) during the ART period (p < 0.0001). Furthermore, there was a significant inverse correlation between the duration of ART and the success rate of PCR (r = -0.20, p = 0.01).

Actually, the proportion of SC during GCT (10.1%) was similar to the proportion (7.4%) during ART alone. However, the proportion was significantly higher than that (1.4%) in the *nef* gene in the same patients (p < 0.001) (Fig. 3) [7]. In contrast, the proportion with ID in the *vif* gene on KRG treatment (1.7%) was significantly lower than that (20.6%; 62/301) in the *nef* gene (p < 0.0001) [7]. Probably, the first reason for this is significantly higher genetic stability in the *vif* gene than in the *nef* gene [32]. Another reason might be related to the size of the gene: the *vif* gene is 579 bp, whereas the *nef* gene is about 620 bp. Compared with the previous study with the same 1.2 kb of the integrase region (11.9% as of 84/704) [10], the proportion of IDs (4.9% as of 6/122) was significantly lower in the *vif-vpr*-containing 1,248 bp (p < 0.05) (Fig. S3).

Here, the two cysteines at Positions 113 and 132 were well conserved as shown in another report [31,33] except for two *vif* genes: each one in HP 8 and HP 15 revealed S<sup>132</sup> and Y<sup>113</sup>, among 624 sequences, respectively. It is known that changes such as K22H in Vif protein are associated with the development of resistance to antiretroviral drugs [22,34]. In this study, however, there was no K22H in patients resistant to antiretroviral drugs [5], although two of six patients with K22N revealed resistant viruses (HPs 9 and 19). Further study is needed to determine whether this is associated with subtype difference (KSB versus subtype B) or KRG treatment.

In Korea, major resistance mutations (RMs) to INSTIs have been introduced since 2014. RMs to INSTIS [35] and the Q151M complex in 2014 [36] are frequent in KRG-naive patients (22%). In contrast, in the present study, despite further follow-up >four years than in the previous report in 2015 [5], most of these HPs had already developed RMs to previous monotherapy and two-drug combination therapy [5], and we could not find RMs to INSTIs (data not shown). These results are probably the result of the synergistic effects of taking KRG as shown in reversal to the WT sequence [37].

Regarding potential mechanism for SD occurrence, it is difficult to point out which components of KRG are involved because we applied whole ginseng for patients. It contains many active components such as many kinds of ginsenosides and acid polysaccharides; some components of ginseng have inhibitory effects on HIV-1 RT [38–40]. It is possible that these inhibitory effects on RT might decrease its fidelity and result in a high frequency of genetic defects [41]. In addition, A3G disrupts the synthesis of cDNA [42] and is also targeted to the proteasomal degradation pathway by Vpr and Vif [15,43]. This finding might be the basis on which *vifvpr* genes are similarly affected by lethal mutations.

The present study has the following limitations. There was a significant difference in the use of samples between the patients on GCT and ART alone. In other words, compared with the GCT group, a limited number of samples were used in most patients from the ART group.

Taken together, these data show that *vif-vpr* genes revealed similar proportions of sequences with SC due to G-to-A hypermutation on ART. Thus, the gene with SC showed about 1.8 times faster evolution than in WT sequences. This faster evolution can facilitate the emergence of some antiretroviral RMs. Further studies will be needed on the link between KRG treatment and SD.

#### **Conflicts of interest**

The authors declare no conflicts of interest.

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#### Appendix A. Supplementary data

Supplementary data to this article can be found online at https://doi.org/10.1016/j.jgr.2020.03.003.

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