

# Voriconazole in the management of nosocomial invasive fungal infections

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**Abstract:** Voriconazole is a new triazole developed for the treatment of life-threatening fungal infections. The drug is available for both oral and intravenous administration; the oral formulation has excellent bioavailability. The side-effect profile of voriconazole presents an acceptable safety and tolerability spectrum: transient visual disturbances, liver enzyme abnormalities, and skin rashes are the most frequently reported side effects but rarely lead to discontinuation. The potential for drug–drug interactions is high, because of its extensive hepatic metabolism. Careful attention to dosage is required, and serum levels and the effects of interacting drugs should be monitored. Review of 25 470 isolates of yeasts and 3216 isolates of filamentous fungi showed voriconazole to have broad-spectrum activity against pathogenic yeasts including intrinsically fluconazole-resistant isolates such as *Candida krusei*, dimorphic fungi, and opportunistic moulds like *Aspergillus* spp, amphotericin-B-resistant *Aspergillus terreus*, *Fusarium* spp, and *Scedosporium apiospermum*. It displays excellent clinical efficacy in patients with fluconazole-resistant and -susceptible *Candida* infections, invasive bone and central nervous system aspergillosis, and various refractory fungal infections. Voriconazole has been approved by the US Food and Drug Administration and by the European Medicines Agency for the treatment of invasive aspergillosis, serious infections caused by *Fusarium* and *S. apiospermum*, fluconazole-resistant invasive *Candida* infections, and candidemia in nonneutropenic patients.

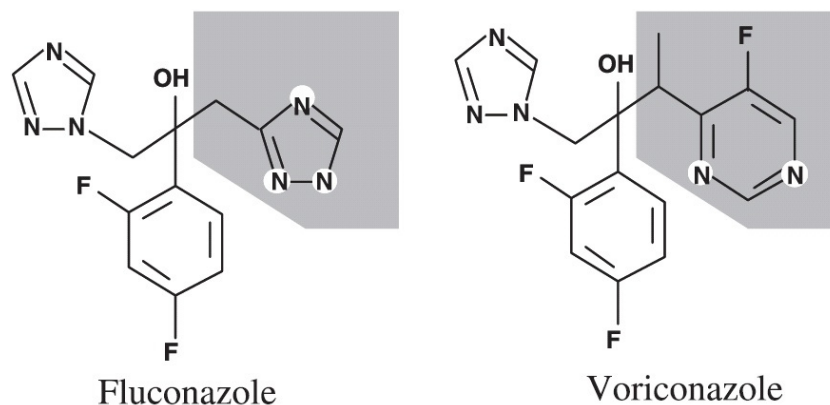
**Keywords:** voriconazole, azole, mycoses, treatment, yeasts, moulds

## Background

Over the past few decades, the number of patients at risk of developing a serious fungal infection has increased dramatically because of the more potent immunosuppressant therapies used for transplantation, cancer, and other medical conditions, and the rising number of patients with additional risk factors (central venous catheters, broad-spectrum antibiotics, or aggressive surgery), together with the AIDS epidemic. However, despite the introduction in the early 1990s of fluconazole (Diflucan<sup>®</sup>, Pfizer Inc, New York, NY, USA), itraconazole (Sporanox<sup>®</sup>, Janssen-Cilag Ltd, Beerse, Belgium), and lipid formulations of amphotericin B, mortality from disseminated fungal infections continues to be unacceptably high.

Despite the advantages of these newer drugs over the older antifungal agents (lower toxicity and a broader spectrum of activity), each drug has its own limitations. Fluconazole is not effective against pathogenic moulds such as *Aspergillus* spp or *Fusarium* spp; in addition, some non-*Candida albicans* species such as *C. krusei* and *C. glabrata* exhibit fluconazole resistance. Itraconazole has a broader spectrum of activity than fluconazole, but its oral bioavailability is unpredictable and the intravenous formulation is not yet available in some countries. Amphotericin B has broad-spectrum activity, but its use is associated with nephrotoxicity and infusion-related reactions. Although less toxic, the high cost of lipid formulations such as

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**Figure 1** Structural formulae of fluconazole and voriconazole.

liposome-encapsulated amphotericin B (Ambisome<sup>®</sup>, Gilead Sciences, Foster City, CA, USA) and amphotericin B–lipid complexes (Abelcet<sup>®</sup>, Enzon Pharmaceuticals, Bridgewater, NJ, USA), has limited their practical use.

Voriconazole (Vfend<sup>®</sup>, Pfizer Ltd, New York, NY, USA) belongs to a second generation of triazoles and was developed to fulfill the need for a broad-spectrum antifungal agent with both oral and intravenous formulations. This drug is a synthetic derivative of fluconazole, with fungicidal activity against moulds and excellent pharmacokinetics. It is widely distributed in body fluids, including the cerebral spinal fluid (CSF). It is generally well tolerated, and the reported side effects rarely lead to the drug therapy being discontinued.

Voriconazole was approved by the US Food and Drug Administration (FDA) in May 2002 for the treatment of invasive aspergillosis and serious infections caused by *Fusarium* spp and *Scedosporium apiospermum* in cases of intolerance of or refractoriness to other antifungal agents. In November 2003, a license was granted for its use in the treatment of esophageal candidiasis. In December 2004, voriconazole was approved for the treatment of candidemia in nonneutropenic patients, disseminated candidiasis, and *Candida* infections of the abdomen, kidney, bladder wall, and wounds (FDA 2001). In Europe, voriconazole has been approved by the European Medicines Agency (EMA) since March 2002 for the treatment of invasive aspergillosis, fluconazole-resistant invasive *Candida* infections, and serious infections caused by *Scedosporium* spp and *Fusarium* spp (EMA 2002). Recently, in January 2005, the EMA approved an extension of these indications to include the treatment of candidemia in nonneutropenic patients (EMA 2005).

## Chemistry

Voriconazole (2R,3S 2-[2,4-difluorophenyl]-3-[5-fluoropyrimidine-4-yl]-1-[1,2,4-triazol-1-yl] butan-2-ol) is a broad-spectrum triazole antifungal agent with the molecular formula  $C_{16}H_{14}N_5OF_3$  and a molecular weight of 349.3. Voriconazole was developed by the structural modification of fluconazole, with the substitution of a triazole moiety with a fluoropyrimidine ring and the addition of an  $\alpha$ -methyl group to the propyl backbone (Figure 1) (Sabo and Abdel-Rahman 2000; Donnelly and de Pauw 2004; Herbrecht 2004).

The addition of the  $\alpha$ -methyl group increased the affinity of voriconazole for the target enzyme. A fluconazole concentration of 4.8  $\mu$ M is required to inhibit 50% of the enzyme activity ( $IC_{50}$ ) of *Aspergillus fumigatus*, whereas only 0.48  $\mu$ M voriconazole is required. Furthermore, the fluoropyrimidine ring increases its antifungal potency, and the addition of fluorine to this ring structure at the 5 position enhances its in vivo efficacy (Sabo and Abdel-Rahman 2000; Herbrecht 2004; Sadaba et al 2004).

Voriconazole is a white to light-colored powder and its solutions (1 mg/mL) can be made up in dimethyl sulfoxide (DMSO) for animal experiments. The drug is available for oral administration as tablets (50 mg or 200 mg) and powder for oral suspension (40 mg/mL). Voriconazole has limited aqueous solubility. Therefore, the intravenous formulation is combined with solubilizing sulfolbutyl ether  $\beta$ -cyclodextrin sodium (SBECD). This agent is pharmacologically inert, does not affect the pharmacokinetics of voriconazole, and is renally cleared at a constant rate by glomerular filtration (Pearson et al 2003; Herbrecht 2004).

## Pharmacodynamics and pharmacokinetics

Its structural characteristics provide voriconazole with fungicidal activity against *Aspergillus* spp and other moulds. Like other azole drugs, voriconazole exerts its mechanism through the inhibition of the fungal cytochrome P450-dependent enzyme lanosterol 14- $\alpha$ -demethylase (CYP51). A critical step is thus inhibited in the sterol biosynthesis pathway necessary for the production of a functional fungal membrane, as well as sustained growth. Voriconazole also suppresses 24-methylene dihydrolanosterol demethylation in some yeasts and filamentous fungi, explaining in part its activity against fluconazole-resistant moulds (Sabo and Abdel-Rahman 2000; Chandrasekar and Manavathu 2001; Sadaba et al 2004).

The doses recommended for adults by FDA-labeled indication are shown in Table 1. The intravenous regimen consists of loading doses of 6 mg/kg bid for the first day, followed by a maintenance dose of 4 mg/kg bid. Patients may be switched to a maintenance dose of oral voriconazole of 200 mg ( $\geq 40$  kg bodyweight) or 100 mg ( $< 40$  kg bodyweight) every 12 hours. Oral doses (tablets and suspension) should be taken at least 1 hour before or after meals, because food reduces the rate and extent of absorption (bioavailability reduced by 22%). Reductions in maximum concentration ( $C_{max}$ ) of 34% and in the area under the curve (AUC) of 24% have been reported after a high-fat meal.

Both oral and intravenous maintenance doses can be increased by 50% in patients with refractory disease (Muijsers et al 2002; Donnelly and de Pauw 2004; Herbrecht 2004; Klasko 2005).

In adults, voriconazole displays nonlinear pharmacokinetics, with a greater than proportional increase in plasma concentration with dose escalation and a two-compartment model of distribution. This is thought to be related to its saturable, first-pass metabolism and reduced systemic clearance. Voriconazole displays good oral bioavailability and widespread tissue penetration, with hepatic metabolism and renal excretion of its metabolites (Jeu et al 2003; Johnson and Kauffman 2003; Pearson et al 2003). Unlike some triazole agents, absorption of voriconazole is not affected by gastric pH. The comparative pharmacokinetic characteristics of voriconazole are summarized in Table 2.

In healthy subjects, a 2.5-fold and a 2.3-fold increase in the AUC occur when an oral dose of 200 mg bid is increased to 300 mg bid or an intravenous dose of 3 mg/kg bid is increased to 4 mg/kg bid, respectively (Klasko 2005). An analysis of 10 clinical trials (n=280) detected no direct relationship between mean, maximum, or minimum plasma voriconazole levels and efficacy. Furthermore, most opportunistic fungal pathogens are inhibited in vitro by 0.5 mg/L or less, which can usually be achieved with doses of 3–6 mg/kg bid intravenously or 200 mg bid orally (Radford et al 1997; Espinel-Ingroff 1998).

**Table 1** Recommended voriconazole doses for adults (Klasko 2005)

Administration route	FDA-labeled indication	Dose
Intravenous	Invasive aspergillosis, fusariosis, and scedosporiosis ( <i>Fusarium</i> spp and <i>Scedosporium apiospermum</i> ).	Loading dose 6 mg/kg every 12 hours for two doses, followed 4 mg/kg every 12 hours. Dose may be reduced 3 mg/kg every 12 hours if patient is unable to tolerate treatment. Efficacy has been demonstrated with a duration of 6–27 days, then orally for 4–24 weeks in immunocompromised patients with invasive aspergillosis.
	<i>Candida</i> infections.	Loading dose 6 mg/kg every 12 hours for two doses. Maintenance dose 3 mg/kg every 12 hours as primary therapy for patients with candidemia or 4 mg/kg every 12 hours in patients with deep-tissue <i>Candida</i> infections (disseminated infections of skin and infections of abdomen, kidney, bladder wall, and wounds). Minimum of 14 days following the resolution of symptoms or following the last positive culture. If the patient is unable to tolerate treatment, the dose may be reduced 3 mg/kg every 12 hours.
Oral	Esophageal candidiasis.	Weight $\geq 40$ kg (mL oral suspension): - Loading dose: 400 mg (10 mL) every 12 hours (for the first 24 hours) - Maintenance dose: 200 mg (5 mL) every 12 hours. Weight $\leq 40$ kg: - Loading dose: 200 mg (5 mL) every 12 hours (for the first 24 hours) - Maintenance dose: 100 mg (2.5 mL) every 12 hours. Minimum of 7 days.

**Abbreviations:** FDA, US Food and Drug Administration.

**Table 2** Comparative pharmacokinetic properties of triazoles (Sabo and Abdel-Rahman 2000; Jeu et al 2003; Boucher et al 2004; Herbrecht 2004; Sadaba et al 2004; Klasko 2005)

	Voriconazole	Itraconazole	Fluconazole
$C_{max}$ (mg/L)	0.9–2.5	0.2–1.1	2
$t_{max}$ (h)	1–2 Oral: suggestive of saturable first-pass metabolism.	3–4	1–3
AUC ( $\mu\text{g} \times \text{h/mL}$ )	Oral 19.86–50.32	Oral 22.6	Oral 10.5–15
Bioavailability (%)	90–96	55 <sup>a</sup>	93
Effects of food	$C_{max}$ reduced by 34%. AUC reduced by 24%. Tablets should be taken on an empty stomach.	Capsules enhanced absorption. Oral solution decreased bioavailability, so it should not be administered with food.	None
Protein binding (%)	51–67	99	11–12
$V_d$ (L/kg)	2–4.6	10–11	0.7–1.2
Metabolism	Hepatic, by isoenzymes CYP2C19, CYP2C9, and CYP3A4, primarily via N-oxidation. N-oxide metabolite inactive (72%).	Hepatic, by CYP isoenzymes.	Hepatic, by CYP isoenzymes.
Excretion	Renal <2% UD and 80%–83% metabolite form. Bile primarily as metabolites.	Renal <1% UD	Renal 80% UD
$t_{1/2}$ (h)	6	24	31
Hemodialysis	Not dialyzable A 4-hour hemodialysis session does not remove a sufficient amount voriconazole to warrant dose adjustment.	Not dialyzable	Yes Hemodialysis for 3 hours decreases plasma levels by approximately 50%.

**Abbreviations:**  $C_{max}$ , maximum concentration;  $t_{max}$ , time to peak concentration (steady state); AUC, area under the curve;  $V_d$ , volume of distribution;  $t_{1/2}$ , elimination half-life; UD, unchanged drug.

**Note:** <sup>a</sup> Variability is a function of prandial state (capsule absorption is pH dependent) and oral formulation.

Interindividual variability in plasma voriconazole concentrations is high, whereas intraindividual variation is low. However, plasma levels increase disproportionately with increasing doses, and steady-state levels are reached after 5–7 days with 200 mg bid (Radford et al 1997). With intravenous doses of 6 mg/kg bid, peak voriconazole plasma levels consistently exceeded 3 mg/L in a child with invasive aspergillosis, with trough levels maintained above 0.5 mg/L ('t Hek et al 1998).

Cerebral spinal fluid concentrations were 42%–67% of the corresponding plasma levels at various times during treatment (intravenous/oral) in one patient with cerebral aspergillosis (Klasko 2005). In a single nonimmunocompromised patient with fungal empyema, the pleural fluid concentration of voriconazole was 64% of serum levels when 200 mg bid was administered (Stern et al 2004). Voriconazole has also been detected in the brain, liver, kidney, heart, lung, and spleen at autopsy (Boucher et al 2004).

## Dose adjustments in special populations

### Age

In clinical trials, median voriconazole plasma concentrations in elderly patients (>65 years) were ~80%–90% higher than those in younger patients. Although the manufacturer does not recommend dose adjustments based on age, voriconazole should be used with caution in elderly patients. There are few pharmacokinetic studies in children, but the available data suggest that voriconazole undergoes linear pharmacokinetics in this population and that children may have a higher capacity to eliminate voriconazole than adults (Jeu et al 2003).

### Renal insufficiency

Voriconazole AUC is not significantly different in patients with moderate renal dysfunction (creatinine clearance 30–50 mL/min). No dose adjustment of the oral formulation is necessary in patients with renal insufficiency. However, moderate renal insufficiency results in the accumulation of

the intravenous vehicle SBECD, which is renally excreted. In a study of parenteral voriconazole in patients with moderate renal dysfunction, the AUC and  $C_{\max}$  of SBECD increased fourfold and by 50%, respectively, compared with controls (Muijsers et al 2002). The intravenous vehicle of voriconazole is a cyclodextrin. Consequently, in patients with impaired renal function (creatinine clearance  $<50$  mL/min), assessment of the benefit/risk of administration by an intravenous route is necessary (Johnson and Kauffman 2003).

### Hepatic insufficiency

Dose adjustment is required for patients with chronic hepatic impairment. For patients with Child–Pugh A and B cirrhosis, it is recommended that the standard loading dose be given, followed by half the daily maintenance dose. However, the standard dose is recommended for patients with acute injury resulting from graft-versus-host disease, sinusoidal obstructive syndrome/veno-occlusive disease, or hemodynamic hepatic injury (Johnson and Kauffman 2003; Muijsers et al 2002).

### Pregnancy

Voriconazole is teratogenic in animals and is listed as FDA pregnancy category D (Pearson et al 2003).

### Drug interactions

Voriconazole has many potential interactions because of its extensive hepatic metabolism by CYP2C19, CYP2C9, and CYP3A4. Drugs cleared through the CYP450 system may interact with voriconazole, with complex effects on this microsomal enzyme system exerted by either the target drug or voriconazole. The metabolism of other drugs that are substrates of this metabolic system may be inhibited by voriconazole (Klasko 2005; Muijsers et al 2002; Pearson et al 2003). Recommendations regarding voriconazole drug interactions are shown in Table 3.

### Side effects

Voriconazole is well tolerated. Three specific safety concerns should be considered: adverse visual events, liver function test abnormalities, and skin reactions.

#### Visual

Visual disturbances are the most frequent adverse events associated with voriconazole. Transient altered perception

of light, photopsia, chromatopsia, photophobia, blurred vision, or color vision changes have been observed in 8%–44% of patients (Jeu et al 2003; Johnson and Kauffman 2003; Pearson et al 2003). The visual events begin 30 minutes after administration and last for about 30 minutes. These side effects, associated with higher plasma concentrations and/or doses of the drug, are mild and lead to discontinuation in  $<1\%$  of patients (Johnson and Kauffman 2003; Pearson et al 2003). Abnormalities in electroretinograms persist for the duration of treatment and are completely reversed within two weeks of the discontinuation of therapy (Boucher et al 2004).

#### Hepatic

Liver enzyme abnormalities (elevations of alkaline phosphatase, glutamic-oxaloacetic transaminase (GOT)/aspartate amino transferase (AST), or glutamic-pyruvic transaminase (GPT)/amino alanine transferase (ALT) occur in 12%–20% of patients treated with voriconazole. These side effects usually normalize with continued administration or upon discontinuation of voriconazole (4% to 8% of patients), but serious events including hepatic failure and death have been reported (Boucher et al 2004). Liver enzyme abnormalities are a dose-limiting adverse effect and may be associated with high voriconazole doses and/or serum concentrations (Jeu et al 2003; Johnson and Kauffman 2003; Pearson et al 2003).

#### Cutaneous

Skin rashes were reported in 19% of patients in clinical studies of voriconazole. Most were mild and rarely led to discontinuation. Several cases of severe skin reactions, including Stevens–Johnson syndrome and toxic epidermal necrolysis, were reported. Because photosensitivity reactions have been described during voriconazole therapy, patients should be advised to avoid sun exposure (Jeu et al 2003; Johnson and Kauffman 2003; Pearson et al 2003).

#### Miscellaneous

Other reported side effects of voriconazole include nausea (5.9%), vomiting (4.8%), headache (3.2%), tachycardia (2.5%), hypertension (1.9%), hypotension (1.7%), abdominal pain (1.7%), and diarrhea (1.1%) (Klasko 2005).

### In vitro studies

A large number of studies have been published reporting the in vitro activity of voriconazole against yeasts, yeast-like organisms, and moulds recovered from clinical

**Table 3** Mechanisms of voriconazole drug interactions and recommendations for its use (Muijsers et al 2002; Venkataramanan et al 2002; Johnson and Kauffman 2003; Purkins et al 2003; Groll et al 2004; Klasko 2005)

Drug	Mechanism	Results/Drug plasma exposure	Recommendation
Astemizole, terfenadine, quinidine, dofetilide	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma concentrations of astemizole.	Contraindicated. An increased risk of cardiotoxicity (QT prolongation, torsade de pointes, cardiac arrest).
Azithromycin	Azithromycin inhibits CYP450 metabolism of voriconazole (unclear).	↑ voriconazole $C_{max}$ (8%) and AUC (1%).	No adjustment of voriconazole dose.
Barbiturates	Barbiturates inhibit CYP450 metabolism of voriconazole.	Systemic exposure to voriconazole significantly reduced.	Contraindicated.
Benzodiazepines	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma exposure.	Frequent monitoring for adverse events and toxicity (prolonged sedation). Dose adjustment of benzodiazepine may be necessary.
Calcium channel blockers	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma concentrations of calcium channel blockers.	Frequent monitoring for adverse events and toxicity. Dose adjustment of calcium channel blockers.
Carbamazepine	Carbamazepine inhibits CYP450 metabolism.	↓ systemic exposure of voriconazole.	Contraindicated.
Cyclosporine	Voriconazole inhibits CYP3A4 metabolism.	↑ AUC cyclosporine ~70% ↑ cyclosporine trough levels by 2.5.	↓ cyclosporine dose by 50%. Monitor cyclosporine levels and signs of toxicity.
Digoxin	Voriconazole inhibits CYP3A4 metabolism.	↑ digoxin $C_{max}$ (10%) and AUC (1%).	No dose adjustment recommended.
Ergot alkaloids	Voriconazole inhibits CYP.	Likely to be increased (based on available data; not studied).	Contraindicated.
Erythromycin	Erythromycin and voriconazole inhibit their CYP3A4 metabolism.	↑ plasma concentrations of voriconazole ( $C_{max}$ 8% and AUC 1%) and erythromycin.	No adjustment of voriconazole dose. Monitor patients for signs.
HMG-CoA reductase inhibitors (statins)	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma exposure of HMG-CoA reductase inhibitors (in vitro studies).	Frequent monitoring for adverse events and toxicity related to statins. Increased statin concentrations in plasma have been associated with rhabdomyolysis. Adjustment of the statin dose may be necessary.
Imatinib	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma exposure of imatinib.	Monitor for signs of imatinib dose-related adverse events (fluid retention/water gain, nausea and vomiting, neutropenia).
Indinavir HIV protease inhibitors	Indinavir inhibits CYP450 metabolism of voriconazole. Voriconazole inhibits CYP3A4 metabolism of indinavir.	↑ voriconazole $C_{max}$ (2%) and AUC (7%). ↑ voriconazole exposure. ↑ indinavir $C_{max}$ (9%) and AUC (11%).	No dose adjustment required for indinavir. Frequent monitoring for adverse events related to other HIV protease inhibitors.
NNRTIs	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma exposure (in vitro studies).	Frequent monitoring for adverse events and toxicity related to NNRTIs.
Omeprazole	Competitive inhibition of omeprazole and voriconazole metabolism by CYP2C19 and CYP3A4.	↑ voriconazole $C_{max}$ (15%) and AUC (41%). ↑ omeprazole $C_{max}$ (3.8-fold) and AUC (2.2-fold). ↑ exposure to voriconazole and omeprazole.	Reduce omeprazole dose by 50% when starting voriconazole. No change in voriconazole dose.
Phenytoin	Voriconazole inhibits CYP2C9 metabolism of phenytoin. Phenytoin induces CYP3A4 metabolism of voriconazole.	↑ phenytoin $C_{max}$ (67%) and AUC (81%). ↓ voriconazole $C_{max}$ (51%) and AUC (31%).	Monitor phenytoin levels and phenytoin-related adverse events. Adjust voriconazole dose to 5 mg/kg intravenously or to 400 mg orally, twice daily.
Prednisolone	Competitive inhibition of CYP3A4.	- prednisolone $C_{max}$ (11%) and AUC (34%). Slight accumulation of voriconazole.	No dose adjustment required.

Table 3 Continued

Drug	Mechanism	Results/Drug plasma exposure	Recommendation
Rifabutin	Rifabutin induces CYP450 metabolism of voriconazole. Voriconazole inhibits CYP3A4 metabolism of rifabutin.	↓ voriconazole C <sub>max</sub> (66%) and AUC (79%) ↓ rifabutin C <sub>max</sub> (69%) and AUC (78%).	Contraindicated. If benefits of co-administration outweigh risks, adjust voriconazole dose to 5 mg/kg intravenously or to 400 mg orally, twice daily.
Rifampin	Rifampin induces CYP450 metabolism of voriconazole.	↓ voriconazole C <sub>max</sub> (92%) and AUC (96%).	Contraindicated.
Sirolimus	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma concentrations of sirolimus.	Contraindicated.
Sulfonylureas (tolbutamida, glipizide, glyburide)	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma concentrations of sulfonylureas.	Frequent monitoring of blood glucose and appropriate adjustment of the sulfonylurea dose.
Tacrolimus	Voriconazole inhibits CYP3A4 metabolism (dose dependent).	↑ tacrolimus C <sub>max</sub> (2.2-fold) and AUC (3.2-fold).	Reduce tacrolimus dose by a third when starting voriconazole. Monitor plasma levels frequently.
Vinca alkaloids (vincristine, vinblastine, vinorelbine)	Voriconazole inhibits CYP3A4 metabolism.	↑ plasma concentrations of vinca alkaloids.	Dose adjustment of vinca alkaloids.
Warfarin oral anticoagulants	Voriconazole inhibits CYP3A4 metabolism.	↑ warfarin effect (↑ prothrombin time).	Monitor prothrombin time. Adjust warfarin dose if necessary. Increased risk of bleeding.

**Abbreviations:** NNRTIs, nonnucleoside reverse transcriptase inhibitor; AUC, area under the curve; C<sub>max</sub>, maximum concentration; CY, cytochrome.

specimens. The majority of authors have evaluated the in vitro activity of voriconazole with reference to the method of the Clinical Laboratory Standards Institute (CLSI) (formerly the National Committee for Clinical Laboratory Standards [NCCLS]) M27-A2 or European Committee on Antimicrobial Susceptibility Testing (EUCAST) methods for yeasts, and M38-A for moulds. Other studies have used marketed methods such as Sensititre YeastOne<sup>®</sup> (TREK Diagnostic Systems Ltd., West Sussex, England) and Etest<sup>®</sup> (AB BIODISK, Solna, Sweden) to determine the in vitro susceptibility to voriconazole of pathogenic fungi. The correlation between the results obtained by those methods and those obtained with the CLSI methods is >90% for both yeasts and filamentous fungi (Espinel-Ingroff and Rezusta 2002; Espinel-Ingroff et al 2004; Serrano et al 2004; Linares, Charriel, et al 2005). Tentative interpretive breakpoints for voriconazole have recently been established by the CLSI (Minutes of CLSI Antifungal Subcommittee Meeting, 2005), in which a strain is categorized as “susceptible” if the minimal inhibitory concentration (MIC) is ≤1 µg/mL, “susceptible dose-dependent” if the MIC = 2 µg/mL, and “resistant” if the MIC is ≥4 µg/mL (Espinel-Ingroff et al 2005; Pfaller, Boyken, et al 2005).

The in vitro activity of voriconazole has been reviewed in published studies, examining a total of 25 470 clinical

isolates of yeasts, 104 algae, and 3216 filamentous fungi (Tables 4 and 5).

### In vitro activity against yeasts and algae

A review of in vitro voriconazole activity against yeasts includes 25 470 clinical isolates belonging to 15 genera and 60 different species (Table 4). Voriconazole has shown activity against *Candida* spp, including fluconazole-resistant isolates and those species intrinsically resistant to fluconazole (*C. krusei*, *C. norvegensis*, and *C. inconspicua*). Its in vitro activity against *Cryptococcus* spp is superior to that of flucytosine and fluconazole: 92% of isolates are susceptible to voriconazole (MIC ≤ 1 µg/mL) versus 44% susceptible to flucytosine (MIC ≤ 4 µg/mL) and 83% to fluconazole (MIC ≤ 8 µg/mL) (Pfaller, Messer, et al 2005).

Moreover, voriconazole has in vitro activity against emerging yeast-like pathogens such as *Rhodotorula* spp (a microorganism resistant to fluconazole and caspofungin) (Diekema et al 2005) and *Blastoschizomyces capitatus* (formerly *Geotrichum capitatum*). Data on the in vitro susceptibility to antifungal agents of *B. capitatus* are scarce, although decreased susceptibility to fluconazole and flucytosine have been reported, and high levels of susceptibility to voriconazole (MIC range, 0.03–0.5 µg/mL) (Girmenia et al 2003). The in vitro activity of voriconazole

**Table 4** In vitro activity of voriconazole against 25 470 strains of yeasts and 104 strains of algae

Genus and species (No. strains reviewed)	MIC	MIC <sub>50</sub>	MIC <sub>90</sub>	
<b>Arxiozyma (6)</b>				
<i>A. telluris</i> FZ-R	0.03–0.5		0.12	Cuenca-Estrella et al 2004
<b>Blastoschizomyces (46)</b>				
<i>B. capitatus</i>	0.03–0.5		0.25	Girmenia et al 2003
<i>B. capitatus</i> FZ-R	0.06–2		0.34 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>B. capitatus</i> FZ-S	0.015–0.25		0.1 <sup>a</sup>	
<b>Candida (22 701)</b>				
<i>C. albicans</i> (9715)	0.008–>16	0.008–0.5	0.015–2	Chavez et al 1999; Chryssanthou and Cuenca-Estrella 2002; Cuenca-Estrella et al 2005; Girmenia et al 2000; Linares et al 2004; Marco et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pelletier et al 2002; Pemán et al 2005; Pfaller, Jones, et al 1999a; Pfaller et al 2002b; Pfaller, Espinel-Ingroff, et al 2004; Pfaller, Messer, et al 2004; Rubio et al 2003; Takakura et al 2004; Uzun et al 2000; Vazquez et al 1997; Yang et al 2004
<i>C. albicans</i> (FZ-R)	0.03–16		0.44 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. albicans</i> (FZ-S)	0.01–1		0.01 <sup>a</sup>	
<i>C. ciferrii</i> (6)	0.12–0.5	0.25		Espinel-Ingroff et al 2001
<i>C. dubliniensis</i> (344)	<0.008–>8	<0.008–0.125	0.015–0.125	Maxwell et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pfaller, Messer, et al 1999a; Pfaller et al 2002b; Pfaller et al 2003; Pfaller and Diekema 2004; Quindós et al 2000; Rubio et al 2003
<i>C. dubliniensis</i> FZ-R	0.25		0.01 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. dubliniensis</i> FZ-S	0.01		0.25 <sup>a</sup>	
<i>C. famata</i> (22)	0.008–1		<0.03–0.5	Espinel-Ingroff et al 2001; Maxwell et al 2003; Pfaller et al 2003; Rubio et al 2003
<i>C. glabrata</i> (5400)	<0.008–>16	0.06–0.5	0.25–4	Barchiesi et al 2004; Burn et al 2004; Chavez et al 1999; Chryssanthou and Cuenca-Estrella 2002; Cuenca-Estrella et al 2005; Drago et al 2004; Linares et al 2004; Marco et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pai and Jones 2004; Pelletier et al 2002; Pemán et al 2005; Pfaller, Jones, et al 1999a; Pfaller et al 2002b; Pfaller, Espinel-Ingroff, et al 2004; 2004a; Pfaller, Messer, et al 2004; Rubio et al 2003; Swinne et al 2004; Swinne et al 2005; Takakura et al 2004; Tortorano et al 2003; Uzun et al 2000; Vazquez et al 1997; Yang et al 2004
<i>C. glabrata</i> FZ-R	0.06–16		0.72 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. glabrata</i> FZ-S	0.01–1		0.17 <sup>a</sup>	
<i>C. guilliermondii</i> (351)	0.007–>16	0.06–0.125	0.12–0.5	Chryssanthou and Cuenca-Estrella 2002; Maxwell et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pfaller et al 2002b; Pfaller et al 2003; Pfaller and Diekema 2004; Rubio et al 2003; Tortorano et al 2003
<i>C. guilliermondii</i> FZ-R	0.03–2		0.22 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. guilliermondii</i> FZ-S	0.01–0.25		0.07 <sup>a</sup>	
<i>C. haemulonii</i> FZ-R	8–16		12 <sup>a</sup>	
<i>C. haemulonii</i> FZ-S	0.12		0.12 <sup>a</sup>	
<i>C. inconspicua</i> (6)	0.25–4			Pfaller et al 2003
<i>C. inconspicua</i> FZ-R	0.01			Cuenca-Estrella et al 2004
<i>C. inconspicua</i> FZ-S	0.015–0.12			Cuenca-Estrella et al 2004; Maxwell et al 2003
<i>C. kefyr</i> (56)	0.008–0.125	0.015	0.03–0.06	Espinel-Ingroff et al 2001; Maxwell et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pfaller et al 2003; Uzun et al 2000
<i>C. krusei</i> (1,337)	<0.008–4	0.06–0.5	0.25–2	Chavez et al 1999; Chryssanthou and Cuenca-Estrella 2002; Cuenca-Estrella et al 2004; Cuenca-Estrella et al 2005; Drago et al 2004; Linares et al 2004; Marco et al 2003; Maxwell et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pelletier et al 2002; Pemán et al 2005; Pfaller et al 2002b; Pfaller et al 2003; Pfaller, Espinel-Ingroff, et al 2004; Pfaller and Diekema 2004; Pfaller, Messer, et al 2004; Rubio et al 2003; Swinne et al 2004; Swinne et al 2005; Takakura et al 2004; Tortorano et al 2003; Uzun et al 2000; Vazquez et al 1997; Yang et al 2004
<i>C. lambica</i> (8)	<0.03–0.5	<0.03		Espinel-Ingroff et al 2001; Pfaller et al 2003



Table 4 Continued

Genus and species (No. strains reviewed)	MIC	MIC <sub>50</sub>	MIC <sub>90</sub>	
<i>C. lipolytica</i> (24)	0.015–4	0.06	0.015–4	Espinel-Ingroff et al 2001; Maxwell et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pelletier et al 2002; Pfaller et al 2003; Tortorano et al 2003
<i>C. lusitanae</i> (582)	0.008–4	0.008–0.03	0.016–0.5	Chryssanthou and Cuenca-Estrella 2002; Favel et al 2004; Linares et al 2004; Maxwell et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pelletier et al 2002; Pfaller et al 2002b; Pfaller et al 2003; Pfaller, Espinel-Ingroff, et al 2004; Pfaller and Diekema 2004; Pfaller, Messer, et al 2004; Rubio et al 2003; Swinne et al 2004; Swinne et al 2005; Tortorano et al 2003
<i>C. lusitanae</i> FZ-R	0.12		0.12	Cuenca-Estrella et al 2004
<i>C. lusitanae</i> FZ-S	0.01–0.03		0.01 <sup>a</sup>	
<i>C. norvegensis</i> (2)	0.12			Maxwell et al 2003; Pfaller et al 2003
<i>C. parapsilosis</i> (2703)	0.008–8	0.008–0.06	0.015–4	Chavez et al 1999; Chryssanthou and Cuenca-Estrella 2002; Cuenca-Estrella et al 2005; Linares et al 2004; Marco et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pelletier et al 2002; Pemán et al 2005; Pfaller, Jones, et al 1999a; Pfaller et al 2002b; Pfaller, Espinel-Ingroff, et al 2004; Pfaller, Messer, et al 2004; Rubio et al 2003; Swinne et al 2004; Swinne et al 2005; Takakura et al 2004; Tortorano et al 2003; Uzun et al 2000; Vazquez et al 1997; Yang et al 2004
<i>C. parapsilosis</i> FZ-R	0.12–0.5		0.25 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. parapsilosis</i> FZ-S	0.01–0.12		0.02 <sup>a</sup>	
<i>C. pelliculosa</i> (38)	0.06–0.5	0.12	0.25–0.5	Maxwell et al 2003; Pfaller et al 2003; Pfaller, Messer, et al 2004; Tortorano et al 2003
<i>C. rugosa</i> (52)	0.008–0.25	0.06	0.12–0.25	Espinel-Ingroff et al 2001; Maxwell et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pfaller et al 2003; Pfaller and Diekema 2004
<i>C. rugosa</i> FZ-R	0.25		0.25 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. rugosa</i> FZ-S	0.01–0.25		0.06 <sup>a</sup>	
<i>C. sake</i> (3)	0.015–8		0.5	Pelletier et al 2002; Pfaller et al 2003
<i>C. sphaerica</i> (1)	0.03			Ostrosky-Zeichner, Rex, et al 2003
<i>C. stellatoidea</i> (1)	0.125			Espinel-Ingroff et al 2001
<i>C. tropicalis</i> (1850)	0.008–>16	0.03–0.5	0.03–>16	Chavez et al 1999; Chryssanthou and Cuenca-Estrella 2002; Cuenca-Estrella et al 2005; Linares et al 2004; Marco et al 2003; Ostrosky-Zeichner, Rex, et al 2003; Pelletier et al 2002; Pemán et al 2005; Pfaller, Jones, et al 1999a; Pfaller et al 2002b; Pfaller, Espinel-Ingroff, et al 2004; Pfaller, Messer, et al 2004; Rubio et al 2003; Swinne et al 2004; Swinne et al 2005; Takakura et al 2004; Tortorano et al 2003; Uzun et al 2000; Vazquez et al 1997; Yang et al 2004
<i>C. tropicalis</i> FZ-R	0.01–16		0.84 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. tropicalis</i> FZ-S	0.01–4		0.03 <sup>a</sup>	
<i>C. zeylanoides</i> FZ-R	0.12–0.25		0.18 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. zeylanoides</i> FZ-S	0.008–0.25			Maxwell et al 2003; Pfaller et al 2003
<i>Candida</i> spp (188)	0.008–2	0.03–0.25	0.025–2	Chryssanthou and Cuenca-Estrella 2002; Cuenca-Estrella et al 2004; Marco et al 2003; Pfaller, Jones, et al 1999a; Rubio et al 2003; Cuenca-Estrella et al 2005; Pfaller, Espinel-Ingroff, et al 2004; Takakura et al 2004
<b>Cryptococcus</b> (2368)				
<i>C. albidus</i> FZ-R	0.25–4		0.79 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>C. albidus</i> FZ-S	0.25			
<i>C. gatii</i> FZ-R	0.25–1		0.62 <sup>a</sup>	
<i>C. gatii</i> FZ-S	0.03–0.12		0.08 <sup>a</sup>	
<i>C. laurentii</i> FZ-R	0.25–8		1.25 <sup>a</sup>	
<i>C. laurentii</i> FZ-S	0.06–0.5		0.12 <sup>a</sup>	
<i>C. neoformans</i> (2349)	0.008–4		0.12–0.25	Pfaller, Messer, et al 2004; Pfaller, Messer, et al 2005
<i>C. neoformans</i> -Africa (52)	0.004–0.5		0.125	Chandenier et al 2004
<i>C. neoformans</i> -Asia (110)	0.012–>32			
<i>C. neoformans</i> FZ-R	0.03–4		0.24 <sup>a</sup>	Cuenca-Estrella et al 2004

Table 4 Continued

Genus and species (No. strains reviewed)	MIC	MIC <sub>50</sub>	MIC <sub>90</sub>	
<i>C. neoformans</i> FZ-S	0.01–0.5		0.11 <sup>a</sup>	
<b>Debaryomyces</b> (15)				
<i>D. hansenii</i> FZ-R	0.016–8		0.31 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>D. hansenii</i> FZ-S	0.016–0.12		0.03 <sup>a</sup>	
<b>Geotrichum</b> (9)				
<i>G. candidum</i> FZ-R	0.5–4		1.22 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>G. candidum</i> FZ-S	0.03–0.25		0.08 <sup>a</sup>	
<b>Hansenula</b> (5)				
<i>H. anomala</i>	0.12–0.25	0.25	0.25 <sup>a</sup>	Espinel-Ingroff et al 2001
<b>Malassezia</b> (70)				
<i>M. furfur</i> (24)	<0.03–0.12		0.06	Garau et al 2003
<i>M. pachydermatis</i> (10)	<0.03–0.12		0.06	
<i>M. sloffiae</i> (15)	<0.03		<0.03	
<i>M. sympodialis</i> (21)	<0.03		<0.03	
<b>Pichia</b> (9)				
<i>P. anomala</i> FZ-R	0.12			Cuenca-Estrella et al 2004
<i>P. anomala</i> FZ-S	0.06			
<i>P. membranifaciens</i> FZ-R	0.016–0.25		0.09 <sup>a</sup>	
<i>P. norvegensis</i> FZ-R	0.25–0.5		0.35 <sup>a</sup>	
<i>P. norvegensis</i> FZ-S	0.01			
<b>Rhodotorula</b> (84)				
<i>R. glutinis</i> (31)	<0.06–4		8	Diekema et al 2005
<i>R. glutinis</i> FZ-R	0.25–0.5		0.37 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>R. mucilaginosa (rubra)</i> (53)	<0.06–6	4	8	Diekema et al 2005; Espinel-Ingroff et al 2001
<i>R. mucilaginosa</i> FZ-R	0.25–8		2.7 <sup>a</sup>	Cuenca-Estrella et al 2004
<b>Saccharomyces</b> (15)				
<i>S. cerevisiae</i>	0.06–0.25	0.12		Espinel-Ingroff et al 2001
<i>S. cerevisiae</i> FZ-R	0.25–2		0.79 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>S. cerevisiae</i> FZ-S	0.06–0.12		0.07 <sup>a</sup>	
<b>Sporobolomyces</b> (3)				
<i>S. salmonicolor</i>	0.25–4			Espinel-Ingroff et al 2001
<b>Torulospora</b> (3)				
<i>T. delbrueckii</i> FZ-R	4		4 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>T. delbrueckii</i> FZ-S	0.06–0.12		0.08 <sup>a</sup>	
<b>Trichosporon</b> (134)				
<i>T. asahii (beigelii)</i> (69)	<0.03–1	0.06	0.16 <sup>a</sup>	Espinel-Ingroff et al 2001; McGinnis et al 1998; Paphitou et al 2002
<i>T. asahii</i> FZ-R	0.25–8		3.36 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>T. asahii</i> FZ-S	0.06–1		0.1 <sup>a</sup>	
<i>T. asteroides</i>	<0.03–0.06			McGinnis et al 1998
<i>T. brassicae</i>	0.06			
<i>T. coremiforme</i>	0.06			
<i>T. cutaneum</i> FZ-R	8			Cuenca-Estrella et al 2004; McGinnis et al 1998
<i>T. cutaneum</i> FZ-S	0.01–0.12		0.06 <sup>a</sup>	
<i>T. dulcimum</i>	0.25–1		0.5 <sup>a</sup>	McGinnis et al 1998; Paphitou et al 2002
<i>T. faecaliae</i>	0.12			
<i>T. gracile</i>	0.12			
<i>T. inkin</i>	0.06			
<i>T. laibachii</i>	<0.03			
<i>T. loubieri</i>	0.12			
<i>T. montevidense</i>	8			
<i>T. mucoides</i> FZ-R	0.03–8		1.2 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>T. mucoides</i> FZ-S & SDD	0.125–0.5		0.25 <sup>a</sup>	McGinnis et al 1998
<i>T. mucoides</i> FZ-S	0.01–0.25		0.09 <sup>a</sup>	Cuenca-Estrella et al 2004
<i>T. ovoides</i> FZ-S	0.06			McGinnis et al 1998
<i>T. non-asahii</i>			16	McGinnis et al 1998; Paphitou et al 2002
<i>T. pullulans</i>	1			
<i>T. sporotrichoides</i>	0.06			

Table 4 Continued

Genus and species (No. strains reviewed)	MIC	MIC <sub>50</sub>	MIC <sub>90</sub>	
<b>Yarrowia</b> (8)				
<i>Y. lipolytica</i> FZ-R	0.12–2	0.59 <sup>a</sup>		Cuenca-Estrella et al 2004
<i>Y. lipolytica</i> FZ-S	0.01–0.25	0.05 <sup>a</sup>		
<b>Algae</b> (104)				
<i>Prototheca wickerhamii</i>	<0.008–0.5	0.12	0.5	Linares, Solis, et al 2005

<sup>a</sup> Geometric mean. Voriconazole activity has been separated according to fluconazole susceptibility when authors presented it in that way.

**Abbreviations:** FZ-R, fluconazole-resistant (MIC ≥ 64 µg/mL); FZ-SDD, fluconazole susceptible-dose dependent (MIC = 16–32 µg/mL); FZ-S, fluconazole-susceptible (MIC ≤ 8 µg/mL); MIC, range of minimal inhibitory concentrations (µg/mL); MIC<sub>50</sub> and MIC<sub>90</sub>, range of minimal inhibitory concentration at which 50% and 90% of isolates are inhibited, respectively.

against *Trichosporon* depends on the species: among all the species assayed (Table 4), high voriconazole MIC values (≥ 4 µg/mL) were found for some *T. asahii* and *T. mucoides* isolates (Pfaller and Diekema 2004; Rodriguez-Tudela et al 2005).

The susceptibility to voriconazole of fluconazole-resistant isolates depends on the phenotype. Isolates with the fluconazole-resistant and itraconazole-susceptible phenotype (RS) are susceptible to voriconazole and those with the fluconazole- and itraconazole-resistant phenotype (RR) are resistant to voriconazole.

Nearly all in vitro studies of voriconazole recorded high MICs (≥ 4 µg/mL) for the species *C. albicans*, *C. glabrata*, and *C. tropicalis*, and for some of the emerging species of *Candida* (Table 4), although the majority of authors reported very low MIC<sub>90</sub> values for *C. albicans* (≤ 0.06 µg/mL). It is difficult to determine the percentage of voriconazole-resistant isolates for each species because published data refer to the range and MIC<sub>90</sub> or the percentage of isolates inhibited by ≤ 1 µg/mL. An in vitro study of 6 972 invasive clinical *Candida* spp isolates from more than 200 centers worldwide (Pfaller et al 2002b) reported an overall resistance to voriconazole of 1%, and among the fluconazole-resistant isolates, 71% were susceptible to voriconazole.

*Prototheca wickerhamii* is the causal agent of cutaneous and subcutaneous infections and, in rare cases, systemic disease. The in vitro activity of voriconazole against this intrinsically fluconazole-resistant alga has recently been reported. All 104 isolates assayed were inhibited by ≤ 0.5 µg/mL voriconazole (Linares, Solis, et al 2005).

Cross-resistance among triazoles has been reported only for the RR phenotype. Notably, voriconazole is active against both the RR and RS phenotypes of *C. krusei* (Pfaller et al 2002b), suggesting that the mechanisms of resistance to azoles are different in this species from those of other *Candida* spp.

## Fungicidal activity of voriconazole

Partial growth inhibition or “trailing” has been reported for *C. albicans* and *C. tropicalis* isolates, whereas voriconazole produces complete inhibition of growth in other species. The minimum fungicidal concentration (MFC) of voriconazole has been determined for these strains and also for *C. albicans* and *C. tropicalis* isolates that have no trailing growth. In the first report of voriconazole fungicidal activity against *Candida* spp, the MFC ranged from 0.03 µg/mL to 2 µg/mL for *C. krusei*, *C. parapsilosis*, *C. dubliniensis*, *C. lusitaniae*, *C. albicans*, and *C. tropicalis*; the MFC values were ≥ 4 µg/mL against only *C. glabrata* and *C. dubliniensis* (Rubio et al 2005). Moreover, the fungicidal activity of voriconazole against 10% of non-*C. albicans* species and 40% of *C. parapsilosis* has been observed (Ghannoum et al 2005). Other authors have reported voriconazole fungicidal activity to be ≥ 8 µg/mL against *Trichosporon* spp (Paphitou et al 2002) and *C. neoformans* (van Duin et al 2004). In contrast, voriconazole fungicidal activity has not been demonstrated with killing curves except for *C. neoformans* (Manavathu et al 1998; Ernst et al 2002).

## In vitro activity against filamentous fungi

The activity of voriconazole against filamentous fungi has been studied for dimorphic, basidiomycetes, dematiaceus, dermatophytes, zygomycetes, and hyphomycetes moulds (Table 5). In total, the activity of voriconazole against 3 216 filamentous fungi has been reviewed. Many of the mould species evaluated in the in vitro susceptibility studies are uncommon causes of human infections, and the number of isolates tested has been limited.

Voriconazole is active against a wide range of dematiaceus moulds, including those that cause eumycetoma, such as *Leptosphaeria senegalensis* and *Madurella mycetomatis*. Among the 30 genera tested by

**Table 5** In vitro activity of voriconazole against 3216 strains of filamentous fungi

Genus and species (No. tested)	MIC/MFC	MIC <sub>90</sub>	Reference
<b>Basidiomycetes (44)</b>			
<i>Bjerkandera adusta</i> (14)	0.25–0.5	0.5	Gonzalez et al 2001
<i>Coprinus</i> spp (8)	0.25–0.5	0.5	Gonzalez et al 2001
<i>Schizophyllum commune</i> (5)	0.5–1	0.5	Gonzalez et al 2001
Unidentified (17)	0.5–1	0.5	Gonzalez et al 2001
<b>Dematiaceus (536)</b>			
<i>Alternaria alternata</i> (5)	0.5–1	0.63 <sup>b</sup>	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Alternaria</i> spp (4)	1–2	1.25 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Aureobasidium pullulans</i> (5)	0.03–0.25	0.14 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Bipolaris australiensis</i> (6)	0.125–2	0.2 <sup>b</sup>	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Bipolaris hawaiiensis</i> (23)	0.06–0.5	0.15–0.5 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Bipolaris specifera</i> (32)	0.06–2	0.29–2 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Bipolaris</i> spp (16)	0.12–1	0.33 <sup>b</sup>	Espinel-Ingroff 1998
<i>Botryomyces caespitosus</i> (1)	2		Espinel-Ingroff et al 2001
<i>Chaetomium globosum</i> (4)	0.125–0.5	0.21 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Cladophialophora carrionii</i> (22)	0.03–0.125	0.05 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Cladophialophora bantiana</i> (44)	<0.03–1	0.12–0.5	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Cladosporium cladosporioides</i> (3)	0.06–1	0.08 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Cladosporium sphaerospermum</i> (5)	0.5–1	0.87 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Coniothyrium fuckelii</i> (5)	0.125–0.5	0.22 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Curvularia inaequalis</i> (1)	0.25		Espinel-Ingroff et al 2001
<i>Curvularia lunata</i> (22)	0.06–1	0.22 <sup>b</sup>	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Curvularia senegalensis</i> (3)	0.06–0.25	0.2 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Curvularia verruculosa</i> (3)	0.125		Espinel-Ingroff et al 2001
<i>Dactylaria constricta</i> (21)	0.03–1/0.5–>8	0.12–0.5	Espinel-Ingroff et al 2001
<i>Dissitumurus exedrus</i> (1)	0.25		Espinel-Ingroff et al 2001
<i>Drechslera biseptata</i> (1)	0.06		Espinel-Ingroff et al 2001
<i>Exophiala jeanselmei</i> (36)	<0.03–8	0.6 <sup>b</sup>	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Exophiala moniliae</i> (3)	0.25–0.5	0.32 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Exophiala pisciphila</i> (4)	0.25–1	0.59 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Exophiala spinifera</i> (10)	0.125–1	0.2 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Exserohilum rostratum</i> (12)	0.06–0.5	0.17 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Fonsecaea compacta</i> (8)	<0.03–0.5	0.14 <sup>b</sup>	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Fonsecaea pedrosoi</i> (36)	<0.03–1/<0.03–1	0.06	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Hormonema dematioides</i> (3)	0.06–0.32	0.23 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Hortaea</i> spp (11)	0.03–0.125	0.05 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Lasioidiplodia theobromae</i> (2)	1		Radford et al 1997
<i>Lecythophora hoffmanii</i> (5)	0.125–0.5	0.29 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Lecythophora mutabilis</i> (6)	0.125–0.5	0.22 <sup>b</sup>	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Leptosphaeria senegalensis</i> (2)	<0.03–0.06		Radford et al 1997
<i>Madurella grisea</i> (1)	0.5		Espinel-Ingroff et al 2001
<i>Madurella mycetomatis</i> (8)	0.03–0.5	0.05 <sup>b</sup>	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Phaeoacremonium parasiticum</i> (18)	0.125–2/0.25–1	0.25 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Phaeoannellomyces elegans</i> (4)	0.06–8	0.5 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Phaeosclera dematioides</i> (1)	4		Espinel-Ingroff et al 2001
<i>Phialemonium curvatum</i> (3)	0.25		Espinel-Ingroff et al 2001
<i>Phialemonium obovatum</i> (5)	0.25–1	0.5 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Phialophora americana</i> (3)	0.125		Espinel-Ingroff et al 2001
<i>Phialophora fastigiata</i> (1)	1		Espinel-Ingroff et al 2001
<i>Phialophora repens</i> (3)	0.25		Espinel-Ingroff et al 2001
<i>Phialophora richardsiae</i> (11)	0.25–2	0.64 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Phialophora verrucosa</i> (25)	0.03–0.5	0.12 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Ramichloridium mackenziei</i> (4)	0.06		Radford et al 1997
<i>Rhinocladiella aquaspersa</i> (2)	0.03–0.25	0.09 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Rhinocladiella atrovirens</i> (3)	0.03–0.5	0.18 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Scolecobasidium constrictum</i> (5)	0.03–8	0.43 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Scolecobasidium humicola</i> (4)	0.03–4	0.21 <sup>b</sup>	Espinel-Ingroff et al 2001
<i>Scytalidium dimidiatum</i> (24)	<0.03–0.5	0.1 <sup>b</sup>	Espinel-Ingroff et al 2001; Lacroix and Feuilhade 2005

Table 5 Continued

Genus and species (No. tested)	MIC/MFC	MIC <sub>90</sub>	Reference
<i>Scytalidium hyalinum</i> (15)	<0.002–0.006		Lacroix and Feuillade 2005
<i>Wangiella dermatitidis</i> (31)	0.03–0.5/0.06–1	0.12	Espinel-Ingroff et al 2001; Radford et al 1997
<b>Dermatophytes</b> (120)			
<i>Microsporum canis</i> (34)	0.06–2	0.12	Serrano-Martino et al 2003
<i>Microsporum gypseum</i> (13)	0.12–1	0.5	Serrano-Martino et al 2003
<i>Trichophyton mentagrophytes</i> (61)	0.06–1	0.5	Serrano-Martino et al 2003
<i>Trichophyton rubrum</i> (12)	0.06–2	0.25	Serrano-Martino et al 2003
<b>Dimorphic</b> (532)			
<i>Blastomyces dermatitidis</i> (142)	<0.03–16/<0.03–32	0.25	Espinel-Ingroff et al 2001
<i>Coccidioides immitis</i> (142)	<0.03–0.5/>32	0.25	Espinel-Ingroff et al 2001
<i>Histoplasma capsulatum</i> (144)	<0.03–2/<0.03–>32	0.25	Espinel-Ingroff et al 2001
<i>Paracoccidioides brasiliensis</i> (19)	<0.03–2		Espinel-Ingroff et al 2001
<i>Penicillium marneffei</i> (34)	<0.03		Espinel-Ingroff et al 2001; Radford et al 1997
<i>Sporothrix schenckii</i> (51)	0.12–>16/0.5–>16	>16	Espinel-Ingroff et al 2001; Radford et al 1997
<b>Hyphomycetes</b> (1,922)			
<i>Acremonium alabamense</i> (1)	0.25		Espinel-Ingroff et al 2001
<i>Acremonium kiliense</i> (2)	1		Radford et 1997
<i>Acremonium</i> spp (1)	0.25		Marco et al 1998
<i>Acremonium strictum</i> (1)	2		Espinel-Ingroff et al 2001
<i>Aspergillus flavipes</i> (2)	0.03–0.12		Serrano et al 2003
<i>Aspergillus flavus</i> (218)	<0.03–2/0.25–8	0.06–1	Diekema et al 2003; Espinel-Ingroff et al 2001; Espinel-Ingroff and Rezusta 2002; Hsueh et al 2005; Maesaki et al 2000; Marco et al 1998; Pfaller et al 2002a; Serrano et al 2003
<i>Aspergillus fumigatus</i> (802)	<0.03–8/0.25–>8	0.25–1	Clancy and Nguyen 1998; Cuenca-Estrella et al 1998; Diekema et al 2003; Espinel-Ingroff et al 2001; Espinel-Ingroff and Rezusta 2002; Hsueh et al 2005; Maesaki et al 2000; Marco et al 1998; Pfaller et al 2002a; Serrano et al 2003
<i>Aspergillus glaucus</i> (8)	0.06–0.12	0.06	Serrano et al 2003
<i>Aspergillus nidulans</i> (26)	0.03–4/0.12–4	0.5	Espinel-Ingroff et al 2001; Espinel-Ingroff and Rezusta 2002
<i>Aspergillus niger</i> (141)	<0.03–4/0.25–2	0.12–2	Diekema et al 2003; Espinel-Ingroff et al 2001; Espinel-Ingroff and Rezusta 2002; Hsueh et al 2005; Maesaki et al 2000; Marco et al 1998; Pfaller et al 2002a; Serrano et al 2003
<i>Aspergillus terreus</i> (188)	<0.03–2/1–16	0.25–1	Diekema et al 2003; Espinel-Ingroff et al 2001; Espinel-Ingroff and Rezusta 2002; Hsueh et al 2005; Marco et al 1998; Pfaller et al 2002a; Serrano et al 2003
<i>Aspergillus ustus</i> (12)	0.25–8/0.25–32	8	Espinel-Ingroff et al 2001
<i>Aspergillus versicolor</i> (29)	0.06–2	1	Diekema et al 2003; Pfaller et al 2002a
<i>Aspergillus</i> spp (32)	0.12–>8	1	Pfaller et al 2002a
<i>Fusarium moniliforme</i> (9)	0.5–>8/4–>8	2	Espinel-Ingroff et al 2001
<i>Fusarium oxysporum</i> (33)	0.25–>8/2–>16	8	Espinel-Ingroff et al 2001; Minassian et al 2003; Radford et al 1997
<i>Fusarium proliferatum</i> (6)	1–2		Espinel-Ingroff et al 2001
<i>Fusarium solani</i> (77)	0.25–>16/2–>16	2–>8	Espinel-Ingroff et al 2001; Minassian et al 2003; Radford et al 1997
<i>Fusarium verticillioides</i> (3)	1–8	1 <sup>a</sup>	Minassian et al 2003
<i>Fusarium</i> spp (24)	0.25–>8	8–>8	Diekema et al 2003; Marco et al 1998
<i>Paecilomyces boydii</i> (6)	0.25–0.5	0.33 <sup>b</sup>	Espinel-Ingroff 1998
<i>Paecilomyces lilacinus</i> (8)	0.12–1/1–4	0.5	Espinel-Ingroff et al 2001; Radford et al 1997
<i>Paecilomyces variotii</i> (2)	4–>64		Radford et al 1997
<i>Paecilomyces</i> spp (7)	0.03–2		Diekema et al 2003; Marco et al 1998
<i>Scedosporium apiospermum</i> (60)	0.03–2	0.25–2	Carrillo and Guarro 2001; Cuenca-Estrella et al 1999; Meletiadis et al 2002; Minassian et al 2003; Radford et al 1997
<i>Scedosporium prolificans</i> (154)	0.06–32/2–>8	4–16	Carrillo and Guarro 2001; Cuenca-Estrella et al 1999; Espinel-Ingroff et al 2001; Meletiadis et al 2002; Minassian et al 2003; Radford et al 1997
<i>Scopulariopsis brevicaulis</i> (2)	4–8		Radford et al 1997
<i>Scopulariopsis brumptii</i> (3)	2–8		Espinel-Ingroff et al 2001
<i>Pseudallescheria boydii</i> (59)	0.06–1/0.25–>16	0.5	Espinel-Ingroff et al 2001; Marco et al 1998
<i>Trichoderma longibrachiatum</i> (5)	2/4	2	Espinel-Ingroff et al 2001
<i>Trichoderma</i> spp (1)	0.25		Marco et al 1998

Table 5 Continued

Genus and Species (No. tested)	MIC/MFC	MIC <sub>90</sub>	Reference
<b>Zygomycetes (182)</b>			
<i>Absidia corymbifera</i> (20)	4→16/16→16	16→16	Espinel-Ingroff et al 2001; Minassian et al 2003
<i>Absidia elegans</i> (1)	16	16	Dannaoui et al 2003
<i>Absidia</i> spp (25)	2–16	16	Dannaoui et al 2003; Gil-Lamaignere et al 2005
<i>Apophysomyces elegans</i> (1)	16		McGinnis et al 1998
<i>Cunninghamella bertholletiae</i> (1)	32	32	Dannaoui et al 2003
<i>Cunninghamella</i> spp (15)	8→16	>16 <sup>a</sup>	Gil-Lamaignere et al 2005; Minassian et al 2003
<i>Mucor hiemalis</i> (1)	>32		McGinnis et al 1998
<i>Mucor</i> spp (23)	1→32	16→32	Dannaoui et al 2003; Diekema et al 2003; Gil-Lamaignere et al 2005; Minassian et al 2003
<i>Rhizomucor pusillus</i> (2)	2–16	5.66 <sup>b</sup>	McGinnis et al 1998
<i>Rhizomucor</i> spp (10)	4	16	Dannaoui et al 2003; Minassian et al 2003
<i>Rhizopus arrhizus</i> (23)	4→32/8→16	16	Espinel-Ingroff et al 2001
<i>Rhizopus</i> spp (60)	1→16	8–16	Dannaoui et al 2003; Diekema et al 2003; Gil-Lamaignere et al 2005; Marco et al 1998; Minassian et al 2003

**Abbreviations:** MIC, range of minimal inhibitory concentrations (µg/mL); MFC, minimal fungicidal concentration (µg/mL); MIC<sub>90</sub>, range of minimal inhibitory concentrations at which 90% of isolates are inhibited (µg/mL); <sup>a</sup>, modal value; <sup>b</sup>, geometric mean.

different authors (a total of 536 isolates), only voriconazole MIC values of ≥4 µg/mL were obtained against some isolates of *Exophiala jeanselmei*, *Hormonema dematioides*, *Phaeoscleria dematioides*, *Scolecobasidium constrictum*, and *S. humicola*. The highest MIC<sub>90</sub> or geometric mean MIC reported for this group was 1.25 µg/mL. Fungicidal activity has also been observed against *Fonsecaea pedrosoi*, *Phaeoacremonium parasiticum*, and *Wangiella dermatitidis*. Furthermore, all 44 basidiomycetes isolates were inhibited by ≤1 µg/mL voriconazole (Table 5).

The fungicidal activity of voriconazole against the 532 dimorphic fungi reviewed was species dependent. Whereas some isolates of *Blastomyces dermatitidis* and *Sporothrix schenckii* have voriconazole MICs of ≥16 µg/mL, the MIC<sub>90</sub> for the majority of species is 0.25 µg/mL, and ≥16 µg/mL for *S. schenckii*. However, voriconazole showed poor or no in vitro activity against the 182 isolates of zygomycetes evaluated.

Among hyphomycete fungi, voriconazole is active against the most clinically important pathogens (*Aspergillus* spp, *Fusarium* spp, and *Penicillium marneffei*). Moreover, it is effective against the two well-documented itraconazole-resistant *A. fumigatus* (Espinel-Ingroff et al 2002). The MIC<sub>90</sub> of voriconazole was usually ≤1 µg/mL for most of the *Aspergillus* spp evaluated. Notably, voriconazole shows good in vitro activity against *A. terreus*, a species resistant to amphotericin B. Nevertheless, the activity of voriconazole against *Fusarium* spp, *Paecilomyces* spp, and *Scedopodium*

spp is species dependent, with MICs ranging from 8 µg/mL to 16 µg/mL for non-*Fusarium solani* species and *Paecilomyces variotii* (Table 5).

In summary, voriconazole has shown in vitro activity against the most common species of yeast isolates, including both intrinsically and secondarily fluconazole-resistant species. Cross-resistance among triazoles is reported only for the RR phenotype. Notably, voriconazole is active against both RR and RS phenotypes of *C. krusei*, suggesting different mechanisms of resistance to azoles in this species. Voriconazole also displays activity against most species of filamentous fungi that cause systemic or subcutaneous mycoses, such as *Aspergillus* spp, *S. apiospermum*, *Fusarium* spp, *P. marneffei*, and most of the dematiaceus moulds. However, voriconazole has poor activity against zygomycetes.

## Animal studies

The efficacy of voriconazole in animal models of invasive infections of *Aspergillus* spp (pulmonary, disseminated, endocarditic) (George et al 1996; Martin et al 1997; Murphy et al 1997; Chandrasekar et al 2000; Kirkpatrick et al 2000), *Scedosporium* spp (Capilla et al 2003; Capilla and Guarro 2004), *B. dermatitidis* (Sugar and Liu 2001), and *C. krusei* (Ghannoum et al 1999) has been widely studied. In all studies, the efficacy of voriconazole was similar to, or better than, that of the antifungal agent compared (amphotericin B, caspofungin, fluconazole, or itraconazole).

**Table 6** Global response to voriconazole of patients with invasive aspergillosis in clinical studies

Nature of voriconazole treatment	Total number of patients	Main underlying disease	Outcome	Reference
Comparative study of voriconazole vs amphotericin B	277	Allogeneic HSCT, hematological malignancy	Successful in 53% voriconazole group vs 32% amphotericin B	Herbrecht et al 2002
Salvage therapy	142	Hematological malignancy	Satisfactory in 43.7%	Perfect et al 2003
Primary therapy in 53%	116	Neutropenia, allogeneic HSCT	Successful in 48%	Denning et al 2002
Salvage therapy in 48%	102	Neutropenia	Successful in 53%	de Pauw 1999
Retrospective cohort study of <i>Aspergillus terreus</i> invasive infection	83	Allogeneic HSCT, hematological malignancy, SOT, solid tumor	Successful in 44.2%	Steinbach et al 2004
Retrospective study of CNS aspergillosis	81	Hematological malignancy, allogeneic HSCT	Complete or partial response in 35%	Schwartz et al 2005
Salvage therapy	51	Hematological malignancy, relapsed malignancy, neutropenia	Successful in 41%	Schlamm et al 2000
Compassionate or salvage therapy in children	42	Chronic granulomatous disease, hematological malignancy	Successful in 43%	Walsh, Lutsar, et al 2002
Open study	36	Immunosuppression	Successful in 75%	Denning et al 1995
Compassionate therapy	35	SOT, HSCT, hematological malignancy	Complete or partial response in 53%	Baden et al 2003
Open-label, noncomparative, observational study	33	Critically ill	Successful in 50%	Alvarez-Lerma et al 2005
Primary therapy in 50%	25	Nonneutropenia	Successful in 53%	Dupont et al 1995
Retrospective study of bone aspergillosis	20	Immunosuppression	Successful in 55%	Mouas et al 2005
Salvage therapy	24	Hematological malignancy, HSCT	Successful in 41%	Green et al 2000
Retrospective study, compassionate or salvage therapy	12	Hematological malignancy in 52%	Successful in 66%	Diaz-Pedroche et al 2005
Compassionate or salvage therapy in children	7	Chronic granulomatous disease, hematological malignancy	Successful in 43%	Cesaro et al 2003
Retrospective study	4	Neutropenia	Successful in 75%	Caillot et al 1997
Salvage therapy	5	SOT recipients	Successful in 60%	Fortun et al 2003

**Abbreviations:** HSCT, hematopoietic stem-cell transplant; SOT, solid organ transplant.

When the activity of voriconazole was studied in combination with amphotericin B, caspofungin, or micafungin, no antagonism was observed (Chandrasekar et al 2004). Furthermore, the combination therapy of voriconazole plus caspofungin was more effective than monotherapy in a neutropenic guinea pig model of invasive aspergillosis (Kirkpatrick et al 2002).

## Clinical use against fungal pathogens

### Aspergillosis

Invasive aspergillosis is a serious, life-threatening infection with a high attributable mortality rate (65%–90%) in immunocompromised patients. Furthermore, the incidence

of this infection has increased substantially over the past two decades. Voriconazole has been used as the primary therapy and as a salvage therapy in a number of studies of immunosuppressed patients with invasive aspergillosis, with encouraging results (Table 6). The largest of these studies, a randomized clinical trial, compared voriconazole with amphotericin B as the primary therapy in 277 hematological patients with invasive aspergillosis. At week 12, a successful outcome was observed in 53% of patients given voriconazole and 32% of those given amphotericin B. The survival rate at 12 weeks showed a significant advantage for the voriconazole group with 71% survival compared with 58% in the amphotericin group (Herbrecht et al 2002).

In an open, noncomparative, multicenter study of immunocompromised patients with invasive aspergillosis,

treatment with voriconazole was effective in 48% of cases (Denning et al 2002). In two large studies of patients refractory to or intolerant of treatments for fungal infections, efficacy rates of 44% and 53% (de Pauw 1999; Perfect et al 2003, respectively) were reported for aspergillosis treated with voriconazole.

In a recent, retrospective cohort study of patients with *A. terreus* infections, in which voriconazole was compared with other antifungal therapies, a decrease in mortality at 12 weeks was observed (55.8% vs 73.4%, respectively) in those patients who received voriconazole (Steinbach et al 2004).

One of the most important problems in the treatment of cerebral aspergillosis is the poor penetration of antifungal agents into the central nervous system (CNS). However, treatment with voriconazole results in measurable drug levels in the CSF, which may exceed the MIC for *Aspergillus* spp (Lutsar et al 2003). In a retrospective study, patients with CNS aspergillosis were treated with voriconazole as salvage therapy, for a median of 51 days. Complete and partial responses were observed in 35% of all patients, with a survival rate of 31% (Troke et al 2003).

Recently, a global response rate of 55% was also recorded in 20 patients with bone aspergillosis treated with voriconazole (18 as a salvage therapy and two as a primary therapy) (Mouas et al 2005). Similar results have been reported in other studies involving bone-marrow and solid-organ transplant recipients, critically ill patients, hematological malignancies, chronic granulomatous disease, and other immunocompromising conditions (Table 6) (Caillot et al 1997; Walsh, Lutsar, et al 2002; Alvarez-Lerma et al 2005; Diaz-Pedroche et al 2005).

Numerous case reports have also been published documenting the successful use of voriconazole in the treatment of invasive aspergillosis in hematological malignancies, both in pediatric patients (Cesaro et al 2003; Chow et al 2003; Shouldice et al 2003; Lassaletta et al 2004; Rosen-Wolff et al 2004) and adults ('t Hek et al 1998; Verweij et al 1999; Hwang et al 2001; Mattei et al 2002; Garbino et al 2003; Sambatakou et al 2003; Azzola et al 2004; Eibl et al 2004).

The efficacy of voriconazole in the treatment of *Aspergillus* spp infections has also been confirmed in a number of individual case reports, including infections of the skin (La Nasa et al 2004), bone (Swift and Denning 1998; Stratov et al 2003), mediastinum (Levin et al 2004), eye (Aliyeva et al 2004; Bethell et al 2004), prosthetic valve

(Reis et al 2005), and CNS (Moling et al 2002; de Lastours et al 2003; Marbello et al 2003; Tattevin et al 2004; Schwartz et al 2005). Furthermore, recently published data suggest that voriconazole is a useful adjunctive therapy for allergic bronchopulmonary aspergillosis in children with cystic fibrosis (Hilliard et al 2005).

According to these studies, voriconazole is likely to become the new standard therapy for invasive aspergillosis.

## Candidiasis

Infections due to *Candida* spp are an important cause of morbidity and mortality in immunocompromised patients. Furthermore, *Candida* spp are the fourth most common source of nosocomial bloodstream infections in the USA. Clinical findings suggest that voriconazole may become an effective therapeutic option for candidiasis because of increases in fluconazole-susceptible or -resistant *Candida* isolates. For instance, voriconazole, alone or with caspofungin, was useful in the management of endogenous *Candida* endophthalmitis (Breit et al 2005). The successful treatment with voriconazole of keratitis, retinitis, or chorioretinitis due to *Candida* spp has also been reported (Granados et al 2004; Jang et al 2005; Varma et al 2005). There are several documented cases of a successful response to voriconazole in the treatment of infections caused by uncommon or fluconazole-resistant species (Corpus et al 2004; Fabry et al 2005): non-*C. albicans* peritonitis in peritoneal dialysis patients (Kleinpeter 2004), and *Candida* infection of the subacromial bursa (Khazzam et al 2005).

In a multicenter, randomized, double-blind, double-dummy study, voriconazole was at least as effective as fluconazole in the treatment of oral and esophageal candidiasis in immunocompromised patients (Ally et al 2001). Previously, voriconazole had been used successfully as a salvage therapy in fluconazole-refractory mucosal candidiasis in HIV-positive patients (Hegener et al 1998).

In systemic candidiasis, a 56% complete or partial cure rate was observed with voriconazole in patients intolerant of other antifungal agents or with refractory infections (Ostrosky-Zeichner, Oude Lashof, et al 2003). A similar global response rate (55%) for invasive candidiasis was also reported in a large salvage therapy study that investigated the effectiveness of voriconazole against a wide range of invasive mycoses (Perfect et al 2003). Most recently, data from a large multicenter, randomized trial has been published that compares the efficacy of voriconazole with a sequential therapy



comprising conventional amphotericin B followed by fluconazole in 422 nonneutropenic patients with candidemia (Kullberg et al 2005). At the primary end point (12 weeks after the end of therapy), voriconazole was not inferior to the amphotericin B/fluconazole regimen. In the secondary analysis, the success rate of voriconazole at the end of therapy was 65%. Voriconazole cleared the bloodstream of *Candida* as rapidly as amphotericin B, followed by fluconazole, and with fewer toxic effects. The majority of infections were due to non-*Candida albicans* species (55%) but there was a similar distribution of species in the two treatment groups. The successful response rates were similar between the voriconazole and amphotericin B/fluconazole arms, except for *C. tropicalis*. The proportion of patients with *C. tropicalis* that responded satisfactorily was substantially higher in the voriconazole treatment group, although these isolates were also susceptible to amphotericin B.

The efficacy of voriconazole in the treatment of invasive candidiasis in pediatric patients has also been reported on a compassionate-use basis (Walsh, Lutsar, et al 2002) and as the primary therapy for a preterm infant with a disseminated fluconazole-resistant *C. albicans* infection (Muldrew et al 2005).

The broader activity spectrum of voriconazole, its greater safety than that of amphotericin B, and the availability of intravenous and oral formulations make voriconazole an important new treatment option for invasive *Candida* infections.

### Scedosporium/Pseudallescheria infections

*Scedosporium apiospermum* and *S. prolificans*, which are generally amphotericin B resistant, have emerged as major pathogens among immunocompromised patients. The clinical experience of voriconazole treatment for scedosporiosis and pseudallescheriasis usually reflects the in vitro results, showing excellent activity against *S. apiospermum* but only modest activity against *S. prolificans*, organisms found mostly in Spain and Australia (Cuenca-Estrella et al 1999; Carrillo and Guarro 2001). The usefulness of voriconazole therapy in soft-tissue and subcutaneous infections of *S. apiospermum* has been reported in several immunocompromised patients (Montejo et al 2002; Bosma et al 2003; Schaenman et al 2005). Post-traumatic *S. apiospermum* keratitis or endophthalmitis have also been successfully treated with systemic and topical

voriconazole (Fortun et al 2003; Nulens et al 2003; Figueroa et al 2004; Hernandez et al 2004). One of the rare cases of chronic vertebral osteomyelitis caused by *S. apiospermum* was treated with salvage surgery and long-term voriconazole therapy, leading to an adequate two-year outcome (German et al 2004).

The effectiveness of voriconazole in the treatment of *S. apiospermum* invasive pulmonary infections in children with hematological malignancies has also been reported (Jabado et al 1998; Walsh, Lutsar, et al 2002; Klopfenstein et al 2003). Recently, chronic meningitis caused by *S. apiospermum* was documented in a woman with no predisposing condition. She was treated with an entirely oral course of voriconazole for 12 months; two years after the cessation of therapy, the patient remained symptom-free (Danaher and Walter 2004). In recent years, several publications have reported successful outcomes when disseminated *S. apiospermum* infections were treated with voriconazole in patients with different underlying conditions: corticosteroid therapy (Munoz et al 2000), solid-organ transplant recipient (Fortun et al 2003; Ahmed et al 2004; Husain et al 2005), acute myeloid leukemia (Girmania et al 1998), and failure or intolerance of standard antifungal therapies (Baden et al 2003).

The efficacy of voriconazole in the treatment of deep infections caused by *Pseudallescheria boydii* (sexual form of *S. apiospermum*) has also been reported: brain abscess (Nesky et al 2000; Castiglioni et al 2002), pulmonary empyema (Perlroth and Miller 2004), pneumonia (Chaney et al 2004), fungus ball (Garci et al 2003), osteomyelitis (Kanafani et al 2004), and chronic meningitis (Poza et al 2000).

*S. prolificans* is highly resistant to antifungal agents, both in vitro and in vivo. However, individual case reports have noted successful outcomes with voriconazole treatment for *S. prolificans* osteomyelitis and disseminated infections in combination with surgery (Studahl et al 2003), caspofungin (Steinbach et al 2003), or terbinafine (Gosbell et al 2003; Howden et al 2003).

### Fusarium infections

Although *Fusarium* infections are known to cause major morbidity and mortality in immunocompromised hosts, the clinical data currently available on the efficacy of voriconazole in the treatment of these infections are promising. Severe hypopyon keratitis (Reis et al 2000) and a corneal abscess (Polizzi et al 2004), both caused

by *F. solani*, that did not respond to common antifungal agents, underwent clinical cures with topical and systemic voriconazole therapy. The first two cases of *Fusarium* soft-tissue infection treated successfully with voriconazole were reported in 2004: a proven *F. dimerum* infection of the foot with a possible pulmonary infection 10 days after a sibling allogeneic stem-cell transplant (Bigley et al 2004), and a proven *Fusarium* spp nodular lesion on the left arm of a woman with Evans syndrome (Guimera-Martin-Neda et al 2004).

There are several documented cases of disseminated *Fusarium* infections that responded successfully when voriconazole was added to the therapy: a *F. solani* infection with skin and cerebellar lesions in a neutropenic patient (Vincent et al 2003); a disseminated *F. oxysporum* infection with skin localization in a woman with a relapse of B-acute leukemia during induction chemotherapy (Durand-Joly et al 2003); a disseminated *Fusarium* spp infection with skin manifestations in a severely neutropenic and immunocompromised host (Consigny et al 2003); a three-year-old girl with severe aplastic anemia and skin, chest wall, and splenic lesions caused by *F. oxysporum* (Rodriguez et al 2003); and a 10-year-old neutropenic girl, treated for acute myeloid leukemia, with disseminated fusariosis uncontrolled by amphotericin B (Petit et al 2005). An immunocompromised child with *F. solani* endocarditis survived after treatment with voriconazole, even though the organism was resistant in vitro to all available antifungal agents (Guzman-Cottrill et al 2004). Two studies of salvage therapies with voriconazole for less common fungal infections reported satisfactory global responses in seven (50%) of 14 patients (Baden et al 2003; Perfect et al 2003). This proportion is similar to that in pooled data presented to the FDA, wherein nine (43%) of 21 patients with fusariosis had a complete or partial response to voriconazole provided on a com-passionate-use basis. In contrast, a recent publication reported a patient with acute leukemia who suffered breakthrough fusariosis while receiving voriconazole (Cudillo et al 2005). However, reports of the successful use of voriconazole therapy in patients with fusariosis and in vitro studies showing lower MIC values for voriconazole against *Fusarium* species than for itraconazole or amphotericin B suggest a potential role for voriconazole as a life-saving therapy for immunocompromised hosts with *Fusarium* infections.

## Acremonium infections

*Acremonium* spp are ubiquitous saprobes in the soil and an infrequent cause of infections in immunocompetent and immunocompromised hosts. Two fungemia episodes caused by *Acremonium* spp were successfully treated with voriconazole after the failure of amphotericin B therapy (Mattei et al 2003). Another successful outcome has been reported after oral voriconazole treatment for disseminated *Acremonium* infection associated with pacemaker-related endocarditis and endophthalmitis in a patient with no underlying condition (Heitmann et al 1997). Thus, voriconazole can be considered an effective salvage therapy for invasive *Acremonium* infections.

## Other organisms

Voriconazole may also become a therapy option for less common fungal pathogens. Case reports have suggested that voriconazole is clinically efficacious in disseminated *Coccidioides immitis* infections. A patient with disseminated nonmeningeal coccidioidomycosis, clinically unresponsive to a prolonged course of amphotericin B, responded favorably to voriconazole monotherapy without adjunctive surgical intervention (Prabhu et al 2004). Another patient with coccidioid meningitis responded to high-dose voriconazole therapy after the failure of fluconazole treatment (Cortez et al 2003).

Eleven HIV-infected patients from Thailand had disseminated *Penicillium marneffe* infections; eight of the nine assessable patients responded successfully to voriconazole (Schlamm and Supparatpnyo 2003). Moreover, the high response rate among patients with penicilliosis (90%) and phaeoohyphomycosis (100%) to voriconazole when it is used as a salvage therapy suggests that this drug has a significant role in the management of refractory or less common fungal infections (Perfect et al 2003).

A case of disseminated *Paecilomyces lilacinus*, successfully treated with voriconazole, has been described in an AIDS patient. The strain isolated was susceptible in vitro to voriconazole (MIC, 0.12 mg/L) but resistant to itraconazole (MIC, 2 mg/L) and amphotericin B (MIC, >8 mg/L), demonstrating a good correlation between the in vivo and in vitro data (Martin et al 2002).

## Clinical use in patients at risk Hematological patients

The role of voriconazole as an empirical treatment for patients with febrile neutropenia remains unresolved, and

in fact, voriconazole is currently not licensed for this indication. The results of a large, international, multicenter, randomized study that compared voriconazole with liposomal amphotericin B for the empirical treatment of febrile neutropenic patients have been controversial (Walsh, Pappas, et al 2002). The analysis was performed on a modified intent-to-treat basis for a total of 837 enrolled febrile neutropenic patients (72% with hematological malignancies), 415 of whom received voriconazole and 422 of whom received liposomal amphotericin B. According to the predefined end point of this study (noninferiority), voriconazole did not achieve this goal relative to liposomal amphotericin B; the overall success rates were 26% in voriconazole-treated patients and 30.6% in liposomal amphotericin-B-treated patients. Complete or partial response rates of the 19 patients with baseline fungal infections favored liposomal amphotericin B (66.7% vs 46.2% for voriconazole). However, breakthrough fungal infections occurred in eight patients (1.9%) in the voriconazole group compared with 21 patients (5%) in the liposomal amphotericin B group ( $p=0.02$ ). Moreover, patients receiving voriconazole in the stratified cohort with a high risk of fungal infection (those with allogeneic transplants or relapsed leukemia) demonstrated an even more pronounced reduction in invasive fungal infections than patients receiving liposomal amphotericin B (two of 143 [1.4%] vs 13 of 141, [9.2%], respectively;  $p=0.003$ ). Furthermore, the voriconazole group had fewer cases of severe infusion-related reactions ( $p<0.01$ ) or nephrotoxicity ( $p<0.001$ ), although the number of deaths was similar in both groups. Based on these results, voriconazole did not receive FDA approval as an empirical antifungal therapy, leading to the paradox that an agent licensed and considered to be the antifungal agent of choice for the treatment of documented *Aspergillus* infection was not deemed suitable for the basic objective of an empirical antifungal therapy (to prevent an invasive fungal infection or treat an occult invasive fungal infection that is not documented). This is attributable to one of the potential drawbacks in using defervescence as a criterion in the composite end point of success, because other causes of fever can confound the assessment of a true antifungal effect. Thus, on the basis of currently available evidence, voriconazole appears to be a suitable alternative to conventional liposomal amphotericin B as an empirical antifungal therapy in patients with persistent fever and neutropenia (Klastersky 2004).

Once a diagnosis of invasive fungal infection is made, the use of voriconazole for the treatment of hematological

patients is as recommended above, according to the causal organism. Another important issue in hematological patients is that any delay in the scheduled treatment of the underlying malignancy until complete resolution of a probable or proven fungal infection may have major implications for the prognosis. In this context, secondary prophylaxis with voriconazole was successful in 11 patients with acute leukemia with previous *Aspergillus* ( $n=10$ ) or *Candida* ( $n=1$ ) infections. Nine patients were scheduled for allogeneic stem-cell transplantation, and two for consolidation therapy for acute leukemia. They received voriconazole (400 mg/day) intravenously or orally for 44–245 days. None of the patients had a relapse of the fungal infection, and the scheduled treatments for leukemia were delayed only once (Cordonnier et al 2004). This small but homogeneous series indicates that voriconazole may be useful in preventing fungal relapse in leukemic patients during at-risk periods. However, caution is required when prescribing voriconazole to hematopoietic stem-cell transplant recipients. It is noteworthy that several antineoplastic agents commonly used in the conditioning regimen are metabolized by the CYP3A4 enzyme system. If a patient receiving voriconazole for a preexisting fungal infection is scheduled to undergo a hematopoietic stem-cell transplant, voriconazole should be stopped at least 30 hours prior to the preparative regimen, and restarted at least 48 hours after conditioning chemotherapy (usually on day +1). Of course, non-azole antifungals can be administered during the preparative regimen. The main clinically significant drug interactions with voriconazole are summarized in Table 3.

### Critically ill patients

Approximately 10.4% of the infectious episodes in an Intensive Care Unit (ICU) are related to a *Candida* spp infection, most of which are hospital-acquired (Alberti et al 2002). This rate may be an underestimation because at least 4% of deaths in ICUs present with an unexpected fungal infection on postmortem examination (Dimopoulos et al 2004). Furthermore, ICU admission itself has become an independent risk factor for *Candida* infection (Puzniak et al 2004; Tortorano et al 2004), and has also been associated with significant mortality among critically ill patients (Kalenic et al 2001).

The choice of the best first-line treatment for candidemia remains controversial, especially in critically ill patients. Successful therapy with compassionate use of voriconazole for the treatment of candidemia and invasive candidiasis in

patients intolerant of or refractory to other antifungal agents has been reported (Ostrosky-Zeichner, Oude Lashof, et al 2003). This study showed that voriconazole may be a suitable agent for salvage treatment of invasive candidiasis, even in the setting of previous azole exposure and *C. krusei* infection. These findings have also been confirmed by two Spanish studies (Munoz et al 2005; Pemán et al 2005).

A Spanish observational multicenter study (Alvarez-Lerma et al 2005) assessed the clinical use and tolerability of voriconazole for the treatment of fungal infections in critically ill patients. The prescription of voriconazole was based on the presence of an episode of fungal infection, and identification of the genus and species of the causative pathogen, which had previously been treated with other antifungal drugs. Voriconazole was effective in 50% of patients. The drug was well tolerated and treatment discontinuation because of adverse events was not necessary.

Recently, the first randomized, prospective, multicenter study of nonneutropenic patients with candidemia treated with voriconazole or amphotericin B deoxycholate has shown equivalent results for the efficacy and mortality in both treatment arms (Kullberg et al 2005). The incidence of renal dysfunction was significantly lower in the voriconazole group. Although the incidence of visual disturbances was slightly higher in this group, these side effects were usually transient and resolved after the patient had become tolerant of the drug or the drug had been discontinued. About half the patients included in this study were admitted to an ICU. The only limitation to the intravenous administration of voriconazole in critically ill patients could be the accumulation and toxicity of its excipient (cyclodextrin) in patients with severe renal dysfunction. Data for patients undergoing renal replacement therapy are lacking.

The efficacy and safety of voriconazole has also been demonstrated in the treatment of invasive aspergillosis and other less common mould infections (Herbrecht et al 2002; Perfect et al 2003). These results provide sufficient evidence to justify the use of voriconazole as a first-line therapy, alone or in combination, in suspected or proven invasive aspergillosis or other mould infections in ICU settings.

The encouraging clinical experience with this drug suggests that voriconazole is a new therapeutic alternative in critically ill patients, not only as a salvage treatment,

but also as a first-line option in suspected or proven *Candida* and *Aspergillus* infections.

## Other patients at risk

### Solid-organ transplantation

Before voriconazole came into use, mortality due to invasive mould infections in solid-organ transplant (SOT) recipients was very high, despite therapy with amphotericin B. Preliminary results for voriconazole administered on a compassionate-use basis in patients with these infections has been promising. Voriconazole was administered for an average of 80 days to four patients with invasive *A. fumigatus* infection and to another patient with invasive ocular *S. apiospermum* infection. All of these patients had been treated previously with a lipid formulation of amphotericin B, and cultures were persistently positive despite a cumulative dose of 3 g (Fortun et al 2003). A clinical response to voriconazole was observed in all patients (three with a complete response; a partial response in two), and a microbiological response was observed in all but one patient. Furthermore, a good correlation between the MIC of voriconazole and outcome was observed. However, an increase in the levels of immunosuppressive drugs (tacrolimus or cyclosporine) was detected in all patients.

In another study (Baden et al 2003) in which voriconazole was used in a compassionate release program, 35 (78%) of patients had invasive *Aspergillus*, three (7%) had *Fusarium* infections, and two (4%) had *Scedosporium* infections. Overall response rates were nine (20%) complete responses, 17 (38%) partial responses, 15 (33%) failures, and four (9%) patients were intolerant. Seven of the eight (88%) patients with sinus or CNS disease exhibited stabilization of the invasive fungal infection. In a total of 9 128 days of therapy, only four serious adverse events that were considered possibly or probably drug-related were observed in two patients.

Therefore, voriconazole may be considered an effective and safe therapy for the treatment of invasive mould infections in SOT recipients. However, to avoid toxicity with this drug, the doses of immunosuppressive drugs must be reduced (Table 3).

### HIV Infection or AIDS

A multicenter, randomized, double-blind, double-dummy study compared voriconazole with fluconazole for the treatment of esophageal candidiasis in 391 immunocompromised patients, most of whom had AIDS

(Ally et al 2001). There was no difference between the two groups with respect to cure, as determined by esophagoscopy (98.3% of patients who received voriconazole and 95.1% of patients who received fluconazole achieved cure). Another small open-label, noncomparative study evaluated the efficacy of voriconazole treatment for fluconazole-refractory esophageal candidiasis in 12 patients with AIDS. At day 7, six patients were cured, and the conditions of three showed marked improvement; one other patient was cured after two weeks of therapy, and there was no response in two patients (Hegener et al 1998).

Voriconazole demonstrates excellent *in vitro* activity against *C. neoformans* and achieves good CSF levels, but no clinical trial results and only a few case reports of voriconazole used against cryptococcal meningitis have been published. In a case report of relapsing meningitis due to a fluconazole-resistant *C. neoformans* in a patient with advanced HIV infection, maintenance therapy with voriconazole was unsuccessful in preventing a recurrence of meningitis (Friese et al 2001). In another study that focused on patients who were refractory to or intolerant of treatment for fungal infections, the response rate for cryptococcosis was 39% (Perfect et al 2003).

Thus, although voriconazole cannot be recommended presently to treat HIV patients with disseminated or meningeal cryptococcosis, its appropriate *in vitro* activity against *C. neoformans*, suitable distribution in CSF and the results obtained in the before mentioned studies make voriconazole a promising drug in this setting. However, there is need for more clinical and pharmacological studies in HIV patients to assess pharmacokinetic effects, with or without clinical relevance, derived from the co-administration with protease inhibitors or other antiretroviral drugs (efavirenz).

### Pediatric patients

Children require higher doses of voriconazole than adults to attain similar serum concentrations over time. Based on limited pharmacokinetic analyses, it seems that a pediatric dosage of 11 mg/kg administered every 12 hours is approximately bioequivalent to an adult dose of 4 mg/kg given every 12 hours (Steinbach 2005). The largest pediatric report of voriconazole treatment was an open-label compassionate-use study of 69 children between the ages of nine months and 15 years for the treatment of an invasive fungal infection (Walsh, Lutsar, et al 2002). The most common underlying condition was hematological

malignancy, and the most frequent fungal pathogens were *Aspergillus* spp (72%) and *Scedosporium* spp (14%). After a mean period of voriconazole therapy of three months, 26 patients (45%) had a complete or partial response, four patients had a stable response, and 25 failed therapy. Stratifying the outcomes by pathogen revealed a complete or partial response in 43% of patients with aspergillosis, 50% of patients with candidemia, and 63% of patients with scedosporiosis. Only three patients were withdrawn from the study because of toxicity. Common adverse effects included elevation in transaminases or bilirubin, rash, abnormal vision, and photosensitivity. The median plasma concentration of voriconazole was 1 566 ng/mL for children receiving  $\geq 4$  mg/kg intravenously bid, which is lower than the median plasma concentrations (5 671 ng/mL) in a control population of adults receiving 4 mg/kg bid. Another study reported the experiences of seven children with oncohematological malignancies and invasive aspergillosis treated with voriconazole. Responses were complete in two patients, partial in two patients, and stable in one; and there was no response in the two other patients (Cesaro et al 2003).

Recently, treatment with voriconazole was reported in eight pediatric patients with invasive bone aspergillosis, who were mainly affected by chronic granulomatous disease, in a worldwide series of 20 cases. At the end of therapy, four (50%) patients had a satisfactory response (one complete and three partial) to voriconazole (Mouas et al 2005).

These data lend support to the use of voriconazole in the pediatric population as an alternative treatment for invasive mycosis unresponsive to conventional antifungal agents. However, additional clinical trials, including kinetic studies, are required to further clarify the role of voriconazole in the treatment of these infections in children.

## Voriconazole in combination therapies

The availability of new antifungal agents with single mechanisms of action and improved tolerability has widened the possibilities for the use of combination antifungal therapies for difficult-to-treat opportunistic mycoses. Few randomized clinical trials have examined the role of this type of therapy for invasive mycoses, and no prospective randomized trial of antifungal combinations has been completed for invasive mould infections. The results of *in vitro* studies and those with animal models suggest that combination therapies with azoles and echinocandins may

have additive activity against *Aspergillus* species (Kirkpatrick et al 2002; Perea et al 2002).

A recent study evaluated the outcomes of hematological patients with pulmonary aspergillosis, who received either voriconazole or a combination of voriconazole and caspofungin as a salvage therapy. The combination therapy was associated with an improved three-month survival rate and with reduced mortality, compared with the voriconazole monotherapy (Marr et al 2004). Apart from salvage therapy results, further studies are required to show that a combination therapy with voriconazole is better than a single-drug treatment as the first-line therapy for invasive aspergillosis in selected patients.

A growing number of case reports of combination therapies for rare and emerging fungal infections (eg, *Scedosporium* spp, *Fusarium* spp, *Cladophialophora bantiana*) have described the beneficial action when voriconazole was combined with either amphotericin B, caspofungin, or terbinafine (Durand-Joly et al 2003; Howden et al 2003; Steinbach et al 2003; Trinh et al 2003; Cantón et al 2005). Combination therapies with voriconazole may have value in select populations of patients at high risk of death due to candidiasis, trichosporosis, or blastoschizomycosis, who are undergoing azole-based prophylaxis, and high-risk patients with multiple-species candidemia (Kontoyiannis and Lewis 2004). However, the possible benefits of combination therapies with voriconazole for disseminated cryptococcosis and invasive candidiasis (or other emerging yeasts) must be clarified. At present, the combination of amphotericin B plus flucytosine and monotherapies with either fluconazole or caspofungin may be more desirable in these contexts.

Most results and reports indicate that a combination regimen may be an effective option in salvage therapies for invasive aspergillosis and probably other difficult-to-treat invasive fungal infections. Furthermore, the additive in vitro interactions of voriconazole and echinocandins suggest a great potential for such a combination therapy and confirm the need for further investigations.

## Ecological impact of voriconazole use

Infections with voriconazole-resistant fungi may become problematic, because organisms with decreased susceptibility have been noted. Breakthrough fungal infections occurred in 13 of 139 patients (9%) who received voriconazole at the Fred Hutchinson Cancer Research Center in Seattle, USA, during a five-year period. *Candida glabrata*

fungemia occurred in four patients and zygomycetes were found in six patients (Imhof et al 2004). In a prospective surveillance of 27 patients with zygomycosis at the M.D. Anderson Cancer Center, nearly all patients either had leukemia (n=14) or were allogeneic bone-marrow transplant recipients (n=13). All the zygomycetes isolates (74% of which were of the genus *Rhizopus*) were voriconazole-resistant. Previous exposure to voriconazole was identified by multivariate analysis as a significant risk factor for zygomycosis (Kontoyiannis et al 2005). The association between the use of voriconazole and zygomycosis is further supported by several reports of breakthrough zygomycosis in patients receiving voriconazole (Blin et al 2004; Kobayashi et al 2004; Marty et al 2004; Mattner et al 2004; Siwek et al 2004; Oren 2005; Vigouroux et al 2005). Considering the growing number of reports, this issue requires further attention. However, the definite causal relationship between treatment with voriconazole and the emergence of breakthrough infections caused by zygomycetes must still be established in larger case series. Although the use of voriconazole may have contributed to the occurrence of zygomycosis, there are some data indicating that the incidence of zygomycosis was increasing before the introduction of voriconazole to clinical practice (Kauffman 2004). It is possible that the control of a highly aggressive infection such as invasive aspergillosis permits patients to live long enough to develop a subsequent breakthrough infection with persistent immunosuppression. For instance, the first case of disseminated infection with *Prototheca zopfii* was reported following an unrelated stem-cell transplantation for leukemia, during the long-term administration of voriconazole for the treatment of pulmonary aspergillosis (Lass-Florl et al 2004).

## Conclusions

Voriconazole is a new triazole with high oral bioavailability, large volume of distribution (with excellent CNS penetration), and elimination through hepatic metabolism by cytochrome P450 isozymes.

The side-effect profile of voriconazole presents an acceptable safety and tolerability spectrum. Transient visual disturbances, liver enzyme abnormalities, and skin rashes are the most frequently reported, but rarely lead to discontinuation of treatment. The potential for drug–drug interactions is high, because of the extensive hepatic metabolism of voriconazole. Therefore, careful attention to dosage is required, and its serum levels and the effects of

any interacting drug should be monitored. In young children, it may be necessary to increase the dose administered because of the rapid metabolism of the drug in this population. Consistent with the high oral bioavailability, an early switch from intravenous to oral therapy makes this drug attractive for prolonged oral treatment after discharge from the hospital.

Voriconazole has shown excellent in vitro activity against a wide range of yeasts (including fluconazole-resistant species and *C. neoformans*), dimorphic fungi, opportunistic moulds (*Aspergillus* spp., *Fusarium* spp., and *S. apiospermum*), and the amphotericin-B-resistant *A. fumigatus* and *A. terreus* isolates. However, it lacks in vitro activity against zygomycetes.

According to the in vitro and in vivo data reviewed, voriconazole can be considered as the new standard treatment for invasive aspergillosis, either for primary or salvage therapy. Furthermore, voriconazole displays clinical efficacy in patients with fluconazole-resistant and fluconazole-susceptible *Candida* invasive infections, bone and CNS aspergillosis, and various refractory fungal infections.

Additive in vitro interactions and good clinical response in patients with invasive fungal infections treated with a combination of voriconazole and echinocandins, amphotericin B or terbinafine suggest a great potential for such a combination therapy which needs to be confirmed in further investigations.

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