

Article



Experimental Investigation on the Bioprotective Role of Trehalose on Glutamine Solutions by Infrared Spectroscopy

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Abstract: Glutamine plays a significant role in several basic metabolic processes and is an important regulator of heat shock protein response. The present work is focused on the analysis of the thermal response of aqueous solutions of Glutamine and aqueous solutions of Glutamine in the presence of Trehalose by means of infrared absorption technique. The performed study shows how in the case of a multicomponent system, characterized by a huge number of spectral contributions whose assignment are questionable, the Spectral Distance (SD) and the Cross Wavelet Correlation (XWT) approaches are able to furnish explanatory parameters that can characterize the variations in the spectra behaviour, which is an efficient tool for quantitative comparisons. With this purpose, the analysis has been performed by evaluating the SD and the XWT parameters for the whole investigated spectral range, i.e., 4000–400 cm⁻¹, for scans collected as a function of temperature in the range 20 °C \div 60 °C both for Glutamine/Water compounds and for Glutamine /Water/Trehalose mixtures. By means of these analyses, it is found that in aqueous solutions of Glutamine, with respect to aqueous solutions of Glutamine in the presence of Trehalose, the SD and XWT temperature trends follow a linear behaviour where the angular coefficient for Glutamine /Water/Trehalose compounds are lower than that of the Glutamine-Water system in both cases. The obtained findings suggest that Trehalose stabilizes Glutamine against heat treatment.

Keywords: Glutamine; trehalose; bioprotection; thermal response; infrared spectroscopy; trehalose; bioprotection; thermostabilization

1. Introduction

It is well known that Glutamine, whose chemical formula is $C_5H_{10}N_2O_3$, is a multifunctional amino acid and is the most abundant free amino acid present in the body [1–3]. More specifically, immune cells consume Glutamine at a rate similar to or higher than glucose [4,5]. Some specific studies have determined that Glutamine is an essential nutrient for lymphocyte proliferation, cytokine production, and the killing of neutrophil [6–9]. The metabolic organs, such as the intestine, skeletal muscle, and liver, control both the release and availability of Glutamine into the circulation [10–15]. Moreover, Glutamine helps intermediate metabolism in the synthesis of amino sugars and proteins and stimulates insulin secretion from pancreatic beta cells [16–20]. It is useful to stress that Glutamine can diminish the intestinal catabolism of amino acids, which could improve its bioavailability in the systemic circulation [21–23]. Glutamine is also a powerful inducer of the heat shock protein response to preserve homeostasis, simplifying repair from damage and cell death [24–28].

Glutamine is successfully used in both clinical and sport fields. As far as the clinical point of view is concerned, Glutamine constitutes a real, non-toxic transporter of amino groups that are able to cross cell membranes. It enters the bloodstream and reaches the liver, preserves the correct functionality of the immune system, protects the intestinal mucosa from damage induced by chemo and radiotherapy, and can penetrate the blood–brain



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). barrier and enter the brain where it is converted into Glutamate, the most important and widespread excitatory neurotransmitter in the central nervous system. As far as sport is concerned, Glutamine intervenes in increasing the volume of muscle cells, favoring the entry of water into the cells, of amino acids, and of other substances. This activity, according to some research, stimulates protein synthesis, favoring the increase of muscle mass and the improvement of sport performances [29,30]. Figure 1 sketches some of the above reported Glutamine uses, shows its chemical formula, and reports some of its chemical and physical properties.



Figure 1. Sketch of some of the physical chemical properties of Glutamine and of its role in the clinical and in the sport fields.

It should also be stressed that in the cells and tissue of animals, the amino acid is an important compound and is the second most important and abundant compound after water [31–33]. In Glutamine, the charge-neutral, polar amino acid has a side chain similar to that of glutamic acid, except the carboxylic acid group is replaced by an amide. Although it is non-essential and conditionally essential in humans, in some instances of stress, the body's demand for Glutamine increases, and Glutamine must be obtained from the diet. Sugars are widely used as excipients and as structure stabilizers in the formulation of many pharmaceutical products due to the stability conferred to biostructures by the addition of sugars. Two main hypotheses have been proposed to describe the stabilizing effect of sugars on proteins during lyophilization. One suggests that sugars act as a water substituent and that they stabilize biostructures by forming hydrogen bonds at specific sites on the surface of the biostructure. Another hypothesis, referred to as the "vitrification hypothesis", states that disaccharides form glasses that immobilize biostructures, thereby providing protection against destabilizing processes. The stabilization of biostructures against thermal treatment is referred to as its thermal or structural stability. Spectroscopic techniques [34–37] have been used to measure the effect of several additives on the thermal stability of biostructures including sugars. Thermal stabilization is important in industries where thermostable enzymes are produced with advantages of longer enzyme shelf life and lowered risk of microbial contamination.

Trehalose is a thermo-stabilizer disaccharide that, despite having the same chemical formula ($C_{12}H_{22}O_{11}$) of the other two homologous disaccharides, i.e., maltose and sucrose, shows different structures and physical–chemical properties that could account for the higher bioprotectant effectiveness.

The present work is addressed to clarify the role played by Trehalose with specific reference to its bioprotective mechanisms. Specifically, aqueous solutions of Glutamine

and aqueous solutions of Glutamine in the presence of Trehalose have been examined as a function of temperature by means of infrared spectroscopy [38–41].

Generally speaking, many studies have focused on ternary systems such as protein/water/bioprotectant. However, many researchers retain that the protein dynamics are strongly coupled with, and depends on, the solvent properties. Thus, attention has recently also been drawn to water/bioprotectant molecules mixtures, and hence the main interest in investigating binary disaccharide/water systems is due to the fact that the bioprotectant effectiveness on biomolecules are often connected with the thermal properties of the matrix in which the biostructures are immersed.

Several theories have been formulated to explain the function of Trehalose and of its water mixtures. Green and Angell [42] put the bioprotective efficacy in relation to the high glass transition temperature T_g of the Trehalose/system water, which leads to a greater amount of water at the transition in respect to the other disaccharides. It should be noted, however, that this hypothesis is not in itself exhaustive since another carbohydrate, the dextran, despite having a higher glass transition temperature than the trehalose, does not have the same efficacy. According to the hypothesis formulated by Crowe [43,44], however, Trehalose would preserve the integrity of the membranes during drying and rehydration, as it can replace water. This hypothesis is supported by the numerical simulations of Grigera [45] who argues that the three-dimensional structure of Trehalose is in perfect structural correspondence with that of water, whose structural and dynamic properties would not be altered by the presence of disaccharide [46–51].

2. Materials and Experimental Set-Up

Glutamine and Trehalose (99,9 % purity, CAS number 6138-23-4) powders were purchased from Sigma Aldrich Co. (St. Louis, MO, USA). Double distilled water was used for the samples' preparation. Glutamine/Water compounds (binary system) were prepared by adding to Glutamine double-distilled water (60 wt% Glutamine + 40% H₂O); for Glutamine/Water/Trehalose mixtures (ternary system) the concentration was the following: 60 wt% Glutamine/40 wt% (Trehalose (25 wt%) + H₂O (75 wt%)). A buffer system constituted by KH₂PO₄/Na₂HPO₄ at a concentration value of 0.066 mol/l was used for pH control; in particular, a composition of x_{ml}^{A} + (100 – $x)_{ml}^{B}$ with A: Na₂HPO₄ and B: KH₂PO₄, was used. As far as the technique is concerned, Attenuated Total Reflectance Fourier Transform InfraRed (ATR-FTIR) spectroscopy was employed.

Infrared radiation interests the proper energy window where vibrations in molecules are detected. The IR spectrum consists of near $(4000-12,800 \text{ cm}^{-1})$, mid $(200-4000 \text{ cm}^{-1})$, and far $(10-200 \text{ cm}^{-1})$ regions. The mid-IR region is most commonly used for analysis purposes whereas vibrational excitations correspond to changes in the internuclear distances within molecules. Generally, the number of vibrations for a molecule is determined by its degrees of freedom; the latter for most molecules is (3N-6) where N is the number of atoms, while for a linear molecule it is (3N–5). IR spectra are often recorded in reciprocal wavenumbers (cm^{-1}) . There are certain parts of the mid-IR spectrum that correspond to specific vibrational modes of organic compounds (e.g., 2700–3700 cm⁻¹: Hydrogen stretching; 1950–2700 cm⁻¹: Triple bond stretching; 1550–1950 cm⁻¹: Double bond stretching; 700–1500 cm⁻¹: Fingerprint region). An important remark is that when molecules are quite complex, the various vibrational modes become coupled with each other and hence the IR absorption spectral bands can become overlapped and thus complex and difficult to assign. Therefore, although each atomic component has a unique IR spectrum contribution, in the case of multicomponent systems, interpreting IR spectra is not an easy process. In some cases, when using IR spectra for compound identification, the spectrum of the unknown compound can be compared to a library of spectra of known compounds to find a match; however, this procedure is not always possible [52–55]. For these reasons, we will demonstrate how in the case of a multicomponent system, characterized by a huge number of spectral contributions whose assignment are questionable, the Spectral Distance (SD) and the Cross Wavelet Correlation (XWT) approaches are able to furnish a straightforward parameter, able to characterize the global variations in the spectra behaviour. For our analysis, the Mid-IR range, i.e., $4000 \div 400 \text{ cm}^{-1}$ has been taken into account. This technique, based on the analysis of absorption spectra, can characterize the vibrational motions and the dynamical and structural properties of the investigated systems [56–61]. The investigated samples were heated from 20 °C to 60 °C. The vibrational spectra were registered by the Vertex 70 v spectrometer (Bruker Optics, Ettlingen, Germany) equipped with Platinum diamond ATR, for 64 scans averaging in a spectral range of 4000–400 cm⁻¹.

3. Methods

In data analysis, model complexity is essentially established by the number of inputs and by the number of employed parameters. As John von Neumann said: "With four parameters I can fit an elephant and with five I can make him wiggle his trunk" [62]. On one hand, overly complex models typically show low bias and high variance, i.e., give rise to an overfitting; in such cases, overfitting constitutes a pitfall since the numerical model fits consider both the relationship between significant variables together and undesirable contributions (e.g., noise). On the other hand, models with a few parameters cannot capture the underlying significant data trend parameters and can have a high bias and a low variance, i.e., give rise to an underfitting. In other words, when model complexity increases, generally bias decreases, and variance increases. Finding a model with the appropriate complexity for a data set requires finding a balance between bias and variance, and hence the choice of a given model complexity is based on the goal of minimizing the total error [63–65]. Therefore, distance functions are at the core of important data analysis and processing tools, e.g., PCA, classification, vector median filter, mathematical morphology, and wavelet cross correlation. Distance measures are used to specify the similarity or dissimilarity degree between two data sets, based on specific properties. However, a unique distance measure cannot be defined since its definition depends on the application field, on the descriptive parameters, on the signals under consideration, on the type of similarity (e.g., shape, amplitude, scaling, etc.). Therefore, the selection of distance functions is strongly related to the actual definition of the data to be analyzed. Many of distance functions can be obtained as variations of the Minkowski formula (Equation (1)).

$$d_q(S_1, S_2) = \left(\sum |s_{1,k} - s_{2,k}|^q\right)^{\frac{1}{q}}$$
(1)

$$d_{Che}(S_1, S_2) = \max_k (|s_{1,k} - s_{2,k}|)$$
(2)

$$d_{RMS}(S_1, S_2) = \sqrt{\frac{1}{nb} \sum_{k} (s_{1,k} - s_{2,k})^2}$$
(3)

$$d_{\chi_1^2}(S_1, S_2) = \sum_k \frac{(s_{1,k} - s_{2,k})^2}{(s_{1,k} + s_{2,k})^2}$$
(4)

$$d_{\chi_2^2}(S_1, S_2) = \sum_k \frac{(s_{1,k} - s_{2,k})^2}{s_{1,k} + s_{2,k}}$$
(5)

where, by varying the Minkowski order parameter q, one obtains the Manhattan distance function for q = 1, the Chebyshev distance functions for $q = \infty$, which can be written as Equation (2) and the Euclidean distance function for q = 2. Examples of Euclidean distance functions are root mean square error in Equation (3) and the χ^2 distance functions in Equations (4) and (5). This paper uses the Euclidean distance function, and more specifically the so-called spectral distance (SD), to show the advantage of using few explanatory variables for characterizing the spectral features variation in the Fourier Transform absorption intensity as a function of temperature. In particular, the performed study shows how in the case of a multicomponent system, characterized by a huge number of spectral contributions whose assignment are questionable, the SD approach can furnish an explanatory parameter able to characterize the variations in the spectra behaviour and which allows an efficient tool for a quantitative comparison. As far as the baseline correction is concerned, we adopted polynomial baselines methods, which–in contrast to other programs that provide baseline correction methods–are based on least squares fits and can be weighted through particular points, if required. Since a spectral region with many data points has a greater influence on the resulting baseline evaluation than a region with a few data points, an appropriate number of data points in different spectral windows has been chosen. In particular, spectral regions that do not contribute significantly to the baseline were excluded, while the baseline approach was used for the remaining whole spectrum [66–68]. Another approach to determine the affinity degree among data sets–in our case, the spectra–is the evaluation of the Wavelet Cross Correlation Coefficient (XWT). To calculate the WXT coefficient it is appropriate to introduce the Wavelet Transform, W(s, t), that compares the signal to shifted and compressed or stretched versions of a wavelet by means of the shift parameter *t* and of the scale parameter *s* (s > 0), respectively, and the wavelet spectrum WS(s), so the XWT coefficient is calculated by the following formula:

$$XWTC = \frac{\int W_1(s,t)W_2^*(s,t)dt}{\sqrt{WS_1(s)WS_1(s)}}$$
(6)

where $W_1(s, t)$ is the Wavelet Transform of the first spectrum, $W_2^*(s, t)$ is the Wavelet Transform of the second spectrum and * denotes the complex conjugation, while WS_1 represents the first wavelet spectrum and WS_2 the second wavelet spectrum. When the value is zero, there is no relationship between the two spectra; when the *XWTC* is more than 0, the two spectra are correlated. More specifically, if the *XWTC* is equal to 1 it occurs a positive correlation; if the *XWTC* is equal to -1, it occurs a negative correlation [69–71]. Therefore, it is useful to remember that wavelet analysis has recently found an increasing number of applications in several fields such as image processing, wavevector spectral analyses of neutron scattering, frequency analyses of meteorological time series, financial data sets, medical image technology (e.g., denoising), and more [72–77].

4. Results and Discussion

Figure 2 shows experimental spectra for the binary system, i.e., 60 wt% Glutamine + 40% H₂O, in the spectral range of 4000–400 cm⁻¹ from 20 °C to 60 °C on the left and experimental spectra for the ternary system, i.e., 60 wt% Glutamine/40 wt% (Trehalose (25 wt%) + H₂O (75 wt%)), in the spectral range of 4000–400 cm⁻¹ from 20 °C to 60 °C on the right. What emerges from a first glance to these spectra is that the IR band feature changes are more noticeable in the absence of Trehalose. Furthermore, in the presence of Trehalose, there are further multiple O-H and C-O stretching peaks, which are to be attributed to the existence of multiple bonds that give rise to an increase in the spectral complexity.



Figure 2. Experimental spectra, in the spectral range of 4000–400 cm⁻¹, from 20 °C to 60 °C for: (I) 60 wt% Glutamine + 40% H₂O (on the **left**); and for (II) 60 wt% Glutamine /40 wt% (Trehalose (25 wt%) + H₂O (75 wt%)) (on the **right**).

Figure 3 reports a comparison between the binary and the ternary system of the OH-stretching band for three different temperature values, i.e., $T = 20 \degree C$, $T = 40 \degree C$, and $T = 60 \degree C$.



Figure 3. Comparison among the binary (G/W) and the ternary (G/W/T) system spectra for three different temperature values, i.e., T = 20 °C, T = 40 °C, and T = 60 °C.

Before investigating the spectra by means of the above-mentioned approaches, as a preliminary analysis, the first derivative and the second derivative of the investigated spectra have been evaluated to accurately determine the peak positions, and the same procedure has been also applied for the deconvoluted component bands [78,79]. Figure 4 reports, as an example, the IR spectrum of the Glutamine/Water mixture in the 1500–4000 cm⁻¹ spectral range, together with its first and second order derivatives.



Figure 4. IR spectrum of the Glutamine/Water mixture in the 1500–4000 cm⁻¹ spectral range (**top**), together with its first (**center**) and second (**bottom**) order derivatives.

To emphasize the thermostability of trehalose, two peaks–in which there are significative changes–have been considered. More precisely, we have evaluated the intensity values for each temperature for the peaks at 3275 cm⁻¹ and 3336 cm⁻¹. As can be seen from Figure 5, data arrange themselves along a linear behaviour for both the investigated systems, but for the ternary system, the slope value is smaller than that of the binary system for the two peaks. This result suggests that Glutamine in presence of Trehalose is less sensitive to changes in temperature.



Figure 5. Infrared intensity of Glutamine/Water and of Glutamine/Water/Trehalose mixtures for the subcomponents centered at $\omega = 3275$ cm⁻¹ and at $\omega = 3336$ cm⁻¹.

Now, in order to characterize the temperature effects as a Spectral Function, we shall consider the Spectral Distance (*SD*) on different frequency scales, i.e., on different spectral ranges:

From a general viewpoint, the Spectral Distance is defined as:

$$SD = \left(\sum [A(\omega, T) - A_i(\omega, T_i)]^2 \cdot \Delta \omega_{res}\right)^{\frac{1}{2}}$$
(7)

where $A_i(\omega, T_i)$ is the absorbance intensity, $\Delta \omega$ is the instrumental frequency resolution, and T_i is the initial temperature that in the present case is equal to 20 °C. From this evaluation, it is possible to construct a plot that reports the *SD* data versus temperature T [71]. As can be seen from Figure 6, the profiles of the two investigated systems follow a linear trend. To extract quantitative information, a linear model fit has been applied:

y

$$ax + b \tag{8}$$



Figure 6. SD as a function of temperature for the binary system (green squares) and for ternary system (magenta circles) together with their linear fits (continuous lines).

Figure 6 reports the Spectral Distance as a function of temperature for the binary system (green square) and for the ternary system (magenta circle), together with their linear fits (continuous lines).

From this analysis, it is clear that the angular coefficient for the binary system, that is $a = 1.19 \times 10^{-4}$, is higher in respect to that of the ternary system, that is $a = 5.69 \times 10^{-5}$.

Another approach to extract quantitative information is the evaluation of the XWT coefficient by means of Equation (6). From this analysis, a linear behaviour in the plot XWT versus temperature can also be seen in Figure 7, which can be fitted by means of Equation (8).



Figure 7. XWT as a function of temperature for the binary system (green squares) and for the ternary system (magenta circles) together with their linear fits (continuous lines).

Additionally, in this case, it is clear that the angular coefficient for the binary system, that is $a = -5.44 \times 10^{-4}$, is higher in respect to that of the ternary system, which is equal to $a = -1.82 \times 10^{-4}$.

5. Conclusions

In this experimental work, the thermal response of aqueous solutions of Glutamine and aqueous solutions of Glutamine in presence of Trehalose by means of infrared absorption were investigated. The data analysis was performed by evaluating the SD and the XWT for the whole investigated spectra, i.e., in a spectral range $4000 \div 400 \text{ cm}^{-1}$, for scans in temperature in the range from 20 °C to 60 °C. The performed study shows how in the case of a multicomponent system, characterized by a huge number of spectral contributions, the SD and the XWT furnish the same interpretative picture. In particular, the obtained results show that for aqueous solutions of Glutamine, in respect to aqueous solutions of Glutamine in the presence of Trehalose, one obtains a higher value of the SD slope as a function of temperature. More specifically, the temperature trend of such systems follows in both cases a linear behaviour, where the angular coefficient of Trehalose–Glutamine compounds is smaller than that of the aqueous solution of Glutamine. Such findings clearly demonstrate that Trehalose stabilizes Glutamine against thermal stress.

The present work has been addressed to clarify the role played by Trehalose in determining the thermal stabilization of Glutamine. In particular, aqueous solutions of Glutamine and Glutamine aqueous solutions in the presence of Trehalose were examined as a function of temperature by means of Infrared spectroscopy. The data analysis was performed by evaluating the SD and the XWT for the whole investigated spectra, i.e., in a spectral range $4000 \div 400 \text{ cm}^{-1}$, for scans in temperature in the range from 20 °C to 60 °C. The performed study shows how in the case of a multicomponent system, characterized by a huge number of spectral contributions, the SD and the XWT furnish the same interpretative picture. In particular, the obtained results show that for aqueous solutions of Glutamine, in respect to aqueous solutions of Glutamine in the presence of Trehalose, one obtains a higher value of the SD slope as a function of temperature. More specifically, the temperature trend of such systems follows in both cases a linear behaviour, where the angular coefficient of Glutamine/Water/Trehalose compounds is smaller than that of the aqueous solution of Glutamine. Such findings clearly demonstrate that Trehalose stabilizes Glutamine against thermal stress. What emerges from the present study on Glutamine/Water/Trehalose mixtures performed as a function of temperature is that the thermal stability of the bicomponent Glutamine/Water system increases when Trehalose is added. Such a result confirms that the employment of Trehalose in high added value products is effective and contributes to increase the shelf-life of biomolecules-based products.

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