

1 Infection with the SARS-CoV-2 Delta Variant is Associated with Higher Infectious Virus Loads  
2 Compared to the Alpha Variant in both Unvaccinated and Vaccinated Individuals

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## 27 **Abstract**

### 28 **Background**

29 The emerging SARS-CoV-2 variant of concern (VOC) B.1.6.17.2 (Delta) quickly displaced the B.1.1.7 (Alpha) and  
30 is associated with increases in COVID-19 cases nationally. The Delta variant has been associated with greater  
31 transmissibility and higher viral RNA loads in both unvaccinated and fully vaccinated individuals. Data is lacking  
32 regarding the infectious virus load in Delta infected individuals and how that compares to individuals infected with  
33 other SARS-CoV-2 lineages.

### 34 **Methods**

35 Whole genome sequencing of 2,785 clinical isolates was used to characterize the prevalence of SARS-CoV-2  
36 lineages circulating in the National Capital Region between January and July 2021. Clinical chart reviews were  
37 performed for the Delta, Alpha, and B.1.2 (a control predominant lineage prior to both VOCs) variants to evaluate  
38 disease severity and outcome and Cycle threshold values (Cts) were compared. The presence of infectious virus was  
39 determined using Vero-TMPRSS2 cells and anti-SARS-CoV-2 IgG levels were determined from upper respiratory  
40 specimen. An analysis of infection in unvaccinated and fully vaccinated populations was performed.

### 41 **Results**

42 The Delta variant displaced the Alpha variant to constitute 88.2% of the circulating lineages in the National Capital  
43 Region by July, 2021. The Delta variant associated with increased breakthrough infections in fully vaccinated  
44 individuals that were mostly symptomatic when compared to the Alpha breakthrough infections, though it is  
45 important to note there was a significantly longer period of time between vaccination and infection with Delta  
46 infections. The recovery of infectious virus on cell culture was significantly higher with the Delta variant compared  
47 to Alpha in both vaccinated and unvaccinated groups. The impact of vaccination on reducing the recovery of  
48 infectious virus from clinical samples was only observed with Alpha variant infections but was strongly associated  
49 with low localized SARS-CoV-2 IgG for both variants. A comparison of Ct values showed a significant decrease in  
50 the Delta compared to Alpha with no significant differences between unvaccinated and vaccinated groups.

### 51 **Conclusions**

52 Our data indicate that the Delta variant is associated with increased infectious virus loads when compared to the  
53 Alpha variant and decreased upper respiratory antiviral IgG levels. Measures to reduce transmission in addition to  
54 increasing vaccinations rates have to be implemented to reduce Delta variant spread.

55

## 56 **Funding**

57 NIH/NIAID Center of Excellence in Influenza Research and Surveillance contract HHS N2772201400007C, Johns  
58 Hopkins University, Maryland department of health, Centers for Disease Control and Prevention contract  
59 75D30121C11061.

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## 63 **Introduction**

64 SARS-CoV-2 genomic evolution triggered concerns for the emergence of variants that could be more transmissible,  
65 cause severe disease, or escape natural or vaccine induced protective immunity. Lineage B.1.1.7 (Alpha) was  
66 classified as a variant of concern (VOC) by the United States Center for Disease Control and Prevention (CDC) due  
67 to evidence of higher transmissibility and concern for more severe disease (1). The Alpha variant, which was first  
68 detected in Southeast England in September 2020 (2), became the predominant in new SARS-CoV-2 infections in  
69 the UK by December 2020, spread globally, and rapidly became the major lineage in the US by April 2021 (3, 4).  
70 Estimates from the UK suggested the Alpha variant was 50% more transmissible and had a 43-90% higher  
71 reproduction number compared to other SARS-CoV-2 lineages (5). Although early reports found no correlation  
72 between Alpha and increased severity of disease (5), other studies reported an association with higher mortality (6)  
73 and risk of hospitalization (7).

74 The B.1.617.2 (Delta) variant displaced the Alpha in the United States after a nationwide decline in the total  
75 numbers of cases in June 2021 and became the most frequently sequenced lineage by July 2021 (8). The Delta  
76 variant was classified as a VOC by the WHO in May 2021 due to a notable increased transmissibility, even in the  
77 context of increasing percentages of fully vaccinated individuals in various communities. The Delta variant was  
78 associated with SARS-CoV-2 outbreaks and breakthrough infections in vaccinated individuals (9, 10), however,  
79 while vaccination is most effective against preventing severe disease, subsequent hospitalization, and death from the  
80 Delta variant, it appears to be less effective against infection and perhaps even transmission (11-13).

81 Greater understanding of the reasons for increased transmissibility in both the Alpha and Delta variants is urgently  
82 needed to understand the potential for breakthrough infections and outbreaks in the Fall and Winter. One proposed  
83 hypothesis is that the variants are able to attain higher viral loads in the respiratory tract of infected individuals (5,  
84 14). While some reports have found an association between the Alpha and Delta variants and higher viral loads in  
85 the upper respiratory tract (5, 6, 10), greater understanding is needed of the relative replicability of these variants.  
86 Quantifying these differences is particularly important in vaccinated individuals, where the Delta variant has been  
87 associated with comparable Ct values in vaccinated versus unvaccinated patients (15). Higher replicability could  
88 additionally be important in vaccinated individuals with waning immunity. A few studies have assessed the recovery  
89 of infectious virus and neutralizing antibodies (16, 17). In this study, we used a large cohort of samples

90 characterized by whole genome sequencing between January 2021 and July 2021 to compare the clinical  
91 characteristics, Ct values from upper respiratory specimens, recovery of infectious virus, and nasal SARS-CoV-2  
92 IgG for Delta and Alpha variants.

93

## 94 **Methods**

### 95 **Ethical considerations and Data availability**

96 The research Johns Hopkins Medical Institutions Institutional Review Board-X (JHM IRB-X) is  
97 constituted to meet the requirements of the Privacy Rule at section 45 CFR 164.512(i)(1)(i)(B) and is  
98 authorized and qualified to serve as the Privacy Board for human subjects research applications conducted  
99 by Johns Hopkins University faculty members. JHM IRB-3 approved IRB00221396 entitled “Genomic  
100 evolution of viral pathogens: impact on clinical severity and molecular diagnosis”. IRB review included  
101 the granting of a waiver of consent based on the following criteria: 1) the research involves no more than  
102 minimal risk to subjects; 2) the waiver will not adversely affect the rights and welfare of the subjects; 3)  
103 the research could not be practicably carried out without the waiver; and 4) the IRB will advise if it is  
104 appropriate for participants to be provided with additional pertinent information after participation. This  
105 study was also approved for the inclusion of children as 'research not involving greater than minimal risk'.  
106 The permission of parents/guardians is waived. Assent is waived for all children. JHM IRB-X determined  
107 that there is no requirement for continuing review or progress report for this application. Remnant  
108 nasopharyngeal or lateral mid-turbinate nasal (NMT) clinical swab specimens from patients who tested  
109 positive for SARS-CoV-2 after the standard of care testing were used.

### 110 **Specimens and Patient Data**

111 The clinical specimens used for sequencing were nasopharyngeal or lateral mid-turbinate nasal swabs after standard  
112 of care diagnostic or screening assays were performed during inpatient and outpatient encounters across the Johns  
113 Hopkins Medical System, which encompasses five acute care hospitals and more than 40 ambulatory care offices. In  
114 addition, specimens were obtained through standard of care screening and testing services performed by the health

115 system at several long-term care facilities in the State of Maryland as well as through mobile outreach clinics in  
116 local neighborhoods. Molecular assays used for diagnosis include RealStar® SARS-CoV-2 RT-PCR (Altona  
117 Diagnostics), Xpert Xpress SARS-CoV-2/Flu/RSV (Cepheid), NeuMoDx SARS-CoV-2 (Qiagen), Cobas SARS-  
118 CoV-2 (Roche), ePlex Respiratory Pathogen Panel 2 (Roche), Aptima SARS-CoV-2 (Hologic), and Accula SARS-  
119 CoV-2 assays (ThermoFisher Scientific) (18-21). Molecular diagnosis of SARS-CoV-2 at Johns Hopkins Hospital  
120 laboratory began on March 11 2020 (22), and whole genome sequencing for identifying circulating SARS-CoV-2  
121 variants started as early as March 2020 as well (22). Surveillance efforts for VOCs were increased at the end of  
122 October 2020 to monitor the evolution of SARS-CoV-2. Unique patients' specimens were used for this study.

### 123 **Ct value analyses**

124 Samples with available Ct values after clinical diagnosis was made with NeuMoDx SARS-CoV-2 (Qiagen) testing  
125 were included in this study (N gene), as were samples retested after initial diagnostic testing using the  
126 PerkinElmer® New Coronavirus Nucleic Acid Detection Kit (<https://www.fda.gov/media/147547/download>) to  
127 ensure comparable Ct values (N gene).

### 128 **Amplicon based Sequencing**

129 Specimens were extracted using the Chemagic™ 360 system (Perkin Elmer) following the manufacturer's protocol.  
130 300 µL of sample was extracted and eluted in 60 µL elution buffer. Sequencing and data analysis were performed as  
131 previously described (4, 22).

### 132 **Cell culture**

133 Vero-TMPRSS2 cells were cultured and infected with aliquots of swab specimens as previously described for  
134 VeroE6 cells (23). The presence of SARS-CoV-2 was confirmed by reverse transcriptase PCR (qPCR).

135

### 136 **ELISA**

137 Undiluted respiratory samples were tested with the EUROIMMUN Anti-SARS-CoV-2 ELISA (IgG) following the  
138 package insert (<https://www.fda.gov/media/137609/download>). The assay detects antibodies to the S1 domain of  
139 the spike protein of SARS-CoV-2 with a cut-off < 0.8 for negative results and  $\geq 0.8$  to < 1.1 as borderline. The 1.1  
140 value was used as a cut off for respiratory specimen types.

141

## 142 **Clinical data analysis**

143 Clinical data were collected by retrospective review of electronic medical records. Events leading to hospitalization,  
144 requirement of ICU level care, and mortality were evaluated and only patients with these events clearly attributable  
145 to COVID-19 were included in these analyses. Vaccine breakthrough infections were based on the CDC definition  
146 of with positive test results more than 14 days post the second shot for pfizer/BioNTech BNT162b2 and Moderna  
147 mRNA-1273 or 14 days after the J&J/ Janssen shot.

## 148 **Statistical analysis**

149 Statistical analyses were conducted using GraphPad prism. Chi-square and Fisher Exact tests were used for  
150 categorical variable comparisons and t-test and Kruskal-Wallis one-way ANOVA tests were used for comparing  
151 continuous independent variables.

## 152 **Results**

153 **SARS-CoV-2 Positivity and Variants trends.** Between January 2021 and July 2021, a total of 209,905 samples  
154 were tested at the Johns Hopkins Hospital Laboratory with positivity rates that declined from 7.7% in January to  
155 0.7% in June with a slower increase noted in July (Figure 1A). Of 2,785 genomes sequenced in this time frame, our  
156 data showed that the predominant circulating lineages (primarily B.1.2, clade 20G) were displaced by Alpha in late  
157 February (4) which was subsequently displaced by Delta at the end of June (Figure 1B). Other VOC and VOI were  
158 detected only infrequently during this time frame (Figure 1B).

159 **Patient characteristics and infection outcomes in Alpha and Delta infections.** Clinical chart reviews were  
160 performed for all Delta (107), Alpha (1482), and B.1.2 (377) infected patients diagnosed at Johns Hopkins  
161 laboratory from January to July 2021. The Delta variant caused a significant increase in confirmed breakthrough  
162 infections when compared to the Alpha variant (28% vs 12.4%,  $p < 0.00001$ , Table 1). Not surprisingly, there was a  
163 significant increase in the median days after vaccination for the Delta variant breakthroughs compared to Alpha  
164 variant breakthroughs (136.3 vs 20.1,  $p < 0.00001$ , Table 1) which reflects the lack of Delta variants in our  
165 geographic region during the initial COVID-19 vaccine rollout. Delta variant infected patients were significantly  
166 different in race distribution when compared to the Alpha with a significant increase in infections in white race ( $p =$

167 0.005), however, African-American patients predominated infections with both variants. No differences in hospital  
168 admission or mortality were noted between the Delta and Alpha variants however, the Delta infected group had a  
169 lower prevalence of certain comorbidities including kidney disease and diabetes (Table 1).

170 The Alpha variant was associated with a significant increase in symptomatic infections when compared to the  
171 precedent B.1.2 lineage (84.8% vs 78.8,  $p = 0.0015$ , Table 1). However, there was no similar increase from Alpha to  
172 Delta ( $p=0.472$ , Table 1). A reduction in the median age, reduction in the male to female ratio and an increase in  
173 infections in the self-identify as African-American were noted for the Alpha variant compared to the B.1.2 lineage  
174 (Table 1). When compared to the B.1.2, the Alpha variant showed a significant increase in COVID related  
175 hospitalization and ICU level care, but not mortality.

176 When vaccine breakthrough infection cases were compared to the unvaccinated patients in the Alpha and Delta  
177 groups, no significant differences in the likelihood of COVID related hospital admissions were observed, however  
178 the Alpha and to a lesser extent the Delta vaccine breakthrough groups were characterized by significantly higher  
179 immunosuppression and other comorbidities (Table 2). Comorbidities including hypertension, kidney disease, heart  
180 failure, and coronary artery disease were associated with vaccine breakthrough infections with the Alpha, but not the  
181 Delta variants (Table 2). Vaccine breakthrough infections with the Delta variant were associated with a significantly  
182 higher percentage of symptomatic infections (93.3% vs 61%,  $p = 0.001$ ), reduced median age (40.5 years vs 51  
183 years,  $p = 0.035$ ), and a marked increase in the median days after receiving the vaccine (152.7 days vs 77.3 days,  $p <$   
184  $0.00001$ , Table 2).

185 **Delta and Alpha variants cycle threshold values (Ct) in upper respiratory samples.** To determine if the Ct  
186 values in respiratory specimens were different between Alpha, Delta, and B.1.2 variants, we compared the Ct values  
187 available for each group (N: B.1.2 = 224, Alpha = 562, Delta = 98) and associated the Ct values to the days after the  
188 onset of symptoms for symptomatic patients (N: B.1.2 = 214, Alpha = 511, Delta = 75). The mean Ct value for the  
189 Delta and B.1.2 variant was significantly lower when compared to the Alpha variant (20.08 vs 19.62 vs 21.74,  $p$   
190  $<0.05$ ; Figure 2A). Similar trends were noted when Ct values were associated with samples collected within 5 days  
191 or less from symptoms onset (mean Ct for Alpha 20.98 vs 19.33 for Delta vs 19.25 for B.1.2, Figure 2B). For  
192 samples collected more than 5 days from symptoms, mean Ct values of the Alpha was significantly higher than the  
193 B.1.2 (24.4 vs 21.13,  $p < 0.05$ , Figure 2C).



194 Mean Ct values were significantly lower in Delta versus Alpha variant vaccine breakthrough groups (22.42 vs 18.6,  
195  $p < 0.05$ ) (Figure 2D), but no significant differences were observed between vaccinated and unvaccinated Ct values  
196 within each lineage. However, Alpha variant breakthrough vaccinated individuals demonstrated a noticeable change  
197 in mean Ct values when associated with the course of the infection (mean 20.75 within the first 5 days vs 26.45 after  
198 5 days), but a similar analysis was not possible for the Delta variant breakthrough infections due to the infrequent  
199 positives after 5 days of symptoms in our cohort (Figure 2E and F)

#### 200 **Recovery of infectious virus in Delta versus Alpha groups**

201 To assess the recovery of infectious virus from Delta versus Alpha variant infected groups, samples from a total of  
202 141 Alpha (95 from unvaccinated and 46 from vaccine breakthrough infections) and 90 Delta (63 unvaccinated and  
203 27 from vaccine breakthrough infections) were used to inoculate Vero-TMPRSS2 cells. Significantly more  
204 specimens with Delta variants had infectious virus present as compared to specimens containing Alpha variants  
205 (Delta 67.8%, Alpha 31.2%; Figure 3A,  $p < 0.00001$ ) Specimens from the fully vaccinated Alpha group showed  
206 significant reduction in the recovery of infectious virus as compared to the unvaccinated Alpha group (17.4% vs  
207 37.9%,  $p = 0.02$ , Figure 3A) which was not the case in the Delta groups which had nearly equivalent specimens with  
208 infectious virus (70.4% vs 66.7%, Figure 3A). A significant increase in the recovery of infectious virus from  
209 specimens of patients infected with the Delta variant as compared to the Alpha variant was noted for both  
210 unvaccinated (66.7% vs 37.9%,  $p = 0.0006$ ) and fully vaccinated (70.4% vs 17.4%,  $p < 0.00001$ ) groups (Figure  
211 3A). The mean Ct value for specimens associated with infectious virus (CPE) in all groups was significantly lower  
212 than groups without infectious virus (CPE positive: Delta unvaccinated, 17.6, Delta vaccinated, 16.1, Alpha  
213 unvaccinated, 18.1, Alpha vaccinated, 17.8- CPE negative: Delta unvaccinated, 25.3, Delta vaccinated, 24.4, Alpha  
214 unvaccinated, 24.9, Alpha vaccinated, 24.1,  $p < 0.0001$ ) but no differences in mean Cts were noted between Alpha  
215 and Delta vaccinated and unvaccinated groups in infectious virus positive or negative groups (Figure 3B). Notably,  
216 the majority of the cell culture positives in the Alpha group showed CPE on day 5 after infecting the cellular  
217 monolayer (31.8%) in contrast to day 4 for the Delta group (63.9%), even though a few specimens in the Alpha  
218 group showed CPE as early as day 2 (15.9%) (Figure 3C).

#### 219 **Localized SARS-CoV-2 IgG in the Delta versus the Alpha groups**

220 To assess the relationship between upper respiratory tract SARS-CoV-2 IgG levels in fully vaccinated patients and  
221 the recovery of infectious virus on cell culture, ELISA was performed on upper respiratory samples from fully  
222 vaccinated individuals infected with Alpha (N = 43) or Delta (N = 24) variants as well as control unvaccinated but  
223 infected groups (Alpha, N = 30 and Delta, N = 17). A significant increase in localized IgG levels was observed in  
224 vaccinated versus unvaccinated individuals infected for the Alpha variant (Alpha unvaccinated, 0% positives,  
225 vaccinated 46.5% positives,  $p < 0.0001$ ). More vaccinated individuals infected by the Delta variant showed  
226 detectable upper respiratory tract IgG but the mean IgG levels were not different between the groups (Delta  
227 unvaccinated 11.8% positives, vaccinated 37.5% positives) (Figure 4A). Vaccine breakthrough patients from both  
228 Alpha and Delta variants demonstrated an inverse correlation between upper respiratory tract IgG levels and the  
229 recovery of infectious virus on cell culture, regardless of Ct value (Figure 4 B and C).

## 230 Discussion

231 Alpha and Delta variants have raised major concerns associated with their evident success in displacing circulating  
232 variants and reaching global predominance. In the US, the Alpha variant predominated between February and June  
233 followed by the Delta variant that has become the most common lineage as of July, 2021  
234 (<https://covid.cdc.gov/covid-data-tracker/#variant-proportions>). Our surveillance data collected from a wide  
235 geographical region in Washington DC, Virginia, and Baltimore showed an increase in the Alpha variant with a  
236 significant shift to a predominance in the second half of March (4) and in spite of detecting the Beta variant at the  
237 end of January (24). The Delta variant, on the other hand, was able to displace the Alpha and has been raising  
238 concerns associated with a notable increase in symptomatic breakthrough infections after full vaccination (10, 15)  
239 and its increased transmissibility. The virological, biological, and geographical determinants of the success of  
240 certain variants and their impact on the pandemic are not yet clearly understood. Different hypotheses including  
241 viral genomic changes associated with enhanced host cell receptor binding (25), higher viral loads (26), or escape  
242 from the neutralizing antibodies (27), have been proposed, but consistent evidence is lacking.

243 In this study, we analyzed a large cohort of samples diagnosed at Johns Hopkins clinical virology laboratory  
244 between January and July 2021 and compared the clinical presentations and disease outcomes in patients infected  
245 with the Delta versus the Alpha variants. Our data showed that the Alpha variant associated with increased  
246 hospitalization and ICU level care when compared to the previously predominant lineage, and infections with the

247 Delta variant showed similar disease outcome to Alpha. It is of note though that our cohort infected with the Alpha  
248 variant was associated with higher comorbidities including diabetes and kidney disease compared to the Delta  
249 variant infections. As more Delta infected patients are identified in our laboratory and with more extended time for  
250 observing patients for outcomes, the clinical severity of the Delta variant will be better characterized.

251 The main observation notable in our cohort was the association of the Delta with more breakthrough infections and  
252 the significant increase in the days since receiving the vaccine in these cases. Breakthrough infections with the Delta  
253 were also associated with higher viral loads and increased recovery of infectious virus on cell culture when  
254 compared to breakthrough infections with the Alpha variant. We previously showed that vaccination was associated  
255 with reduction of the recovery of infectious virus on cell culture in a cohort that was primarily infected with the  
256 Alpha variant between January and May 2021, and this was associated with higher upper respiratory tract IgG levels  
257 (28). One possible explanation for the increased vaccine breakthrough infections seen with Delta is waning immune  
258 responses in vaccinated individuals as a result of the extended time post vaccination. We assessed localized IgG  
259 levels in upper respiratory tracts in Delta and Alpha breakthrough infections. Interestingly, the recovery of infectious  
260 virus was mainly notable in samples with negative or low upper respiratory tract IgG levels and this was more  
261 prominent with the Delta group, a correlation that was independent of the relative viral loads in the specimens. Our  
262 data is consistent with a recent observation from Vietnam that associated Delta breakthrough infections with lower  
263 levels of neutralizing antibodies induced by vaccination and a study from Wisconsin that showed infectious virus  
264 recovery from vaccinated patients (16, 17). This observation has important implications for infection control and  
265 supports the July, 2021 CDC guidelines of universal masking that includes vaccinated individuals to reduce viral  
266 transmission (<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html>). Our data also suggest  
267 that increasing the upper respiratory tract IgG – perhaps through booster vaccinations – could help reduce  
268 transmission and symptomatic infections.

269 A major finding in our study is the increase in recovery of infectious virus for the Delta group in unvaccinated  
270 patients as well which did not correlate to differences in the relative viral loads in the samples. This is evidence of  
271 increased fitness of Delta perhaps driven by viral genetic determinants that enhance infectivity or replication.  
272 Changes within the spike protein of the Delta variant are thought to lead to enhanced binding to the host cell  
273 receptor (ACE2) and the S: P681R change in particular might increase the S protein cleavage efficiency allowing for

274 more efficient entry (29). In addition, the S: L452R could contribute to the noticeable reduction in neutralization by  
275 serum antibodies and monoclonal antibodies (30-32). It is notable though that the Delta carries multiple other  
276 mutations within the spike and in other regions of the genome (Figure S1). Those changes might contribute to other  
277 mechanisms that could increase the virus stability, enhance its replication, or increase its ability to evade the  
278 immune responses as previously described for SARS-CoV (33). Additional studies are required to dissect the  
279 mechanistic impact of these changes and this work is currently in progress by our group.

280 The limitations of our study include the lower numbers of Delta variant specimens due to the lower positivity in the  
281 month of July, 2021, the infrequent specimens collected after 5 days of symptoms onset for the Delta vaccine  
282 breakthrough infections, and the relatively shorter time frame of Delta circulation that limited the clinical evaluation  
283 of some of the hospitalized patients. In addition, the phenotypes with cell culture experiments are usually dependent  
284 on the cell lines used, however Vero-TMPRSS-2 cells have been shown to enhance the isolation of SARS-CoV-2  
285 (34). Moreover, the lack of serum and localized SARS-CoV-2 IgG data prior to infection for vaccine breakthrough  
286 cases in our cohort does not allow for the differentiation between waning immune responses and low initial  
287 responses to vaccines.

288 Taken together, we hypothesize that the notable increase in the time since receiving the vaccines combined with  
289 increased fitness of the Delta variant predisposes both vaccinated and unvaccinated individuals to symptomatic  
290 SARS-CoV-2 infections that are associated with high viral loads and transmission. Non-pharmaceutical  
291 interventions that include universal masking and social distancing to diminish transmission might be warranted to  
292 help control the summer 2021 Delta surge in the US. Booster vaccinations in groups at high risk of severe COVID-  
293 19 should be investigated to help reduce the burden of COVID-19 on the medical infrastructure.

294

#### 295 **Declaration of interests**

296 We declare no relevant competing interests

#### 297 **Data sharing**

298 Whole genome data were made available publicly and raw genomic data requests could be directed to HHM.

299 **Acknowledgement**

300 This study was only possible with the unique efforts of the Johns Hopkins Clinical Microbiology Laboratory faculty  
301 and staff. HHM is supported by the HIV Prevention Trials Network (HPTN) sponsored by the National Institute of  
302 Allergy and Infectious Diseases (NIAID). Funding was provided by the Johns Hopkins Center of Excellence in  
303 Influenza Research and Surveillance (HHSN272201400007C), National Institute on Drug Abuse, National  
304 Institute of Mental Health, and Office of AIDS Research, of the NIH, DHHS (UM1 AI068613), the NIH RADx-  
305 Tech program (3U54HL143541-02S2), National Institute of Health RADx-UP initiative (Grant R01 DA045556-  
306 04S1), Centers for Disease Control (contract 75D30121C11061), the Johns Hopkins University President's Fund  
307 Research Response, the Johns Hopkins department of Pathology, and the Maryland department of health. EK was  
308 supported by Centers for Disease Control and Prevention (CDC) MInD-Healthcare Program (Grant Number  
309 U01CK000589). The views expressed in this manuscript are those of the authors and do not necessarily represent  
310 the views of the National Institute of Biomedical Imaging and Bioengineering; the National Heart, Lung, and Blood  
311 Institute; the National Institutes of Health, or the U.S. Department of Health and Human Services.

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324    Messina, The COVID-19 Genomics UK (COG-UK) consortium, Network for Genomic Surveillance  
325    in South Africa (NGS-SA), Brazil-UK CADDE Genomic Network, Houriiyah Tegally, Richard R  
326    Lessells, Jennifer Giandhari, Sureshnee Pillay, Kefentse Arnold Tumedi, Gape Nyepetsi,  
327    Malebogo Kebabonye, Maitshwarelo Matsheka, Madisa Mine, Sima Tokajian, Hamad Hassan,  
328    Tamara Salloum, Georgi Merhi, Jad Koweyes, Jemma L Geoghegan, Joep de Ligt, Xiaoyun Ren,  
329    Matthew Storey, Nikki E Freed, Chitra Pattabiraman, Pramada Prasad, Anita S Desai, Ravi  
330    Vasanthapuram, Thomas F. Schulz, Lars Steinbrück, Tanja Stadler, Swiss Viollier Sequencing  
331    Consortium, Antonio Parisi, Angelica Bianco, Darío García de Viedma, Sergio Buenestado-  
332    Serrano, Vítor Borges, Joana Isidro, Sílvia Duarte, João Paulo Gomes, Neta S. Zuckerman, Michal  
333    Mandelboim, Orna Mor, Torsten Seemann, Alicia Arnott, Jenny Draper, Mailie Gall, William  
334    Rawlinson, Ira Deveson, Sanmarié Schlebusch, Jamie McMahon, Lex Leong, Chuan Kok  
335    Lim, Maria Chironna, Daniela Laconsole, Antonin Bal, Laurence Josset, Edward Holmes, Kirsten St  
336    George, Erica Lasek-Nesselquist, Reina S. Sikkema, Bas B. Oude Munnink, Marion Koopmans,  
337    Mia Brytting, V. Sudha Rani, S. Pavani, Teemu Smura, Albert Heim, Satu Kurkela, Massab Umair,  
338    Muhammad Salman, Barbara Bartolini, Martina Rueca, Christian Drosten, Thorsten Wolff, Olin  
339    Silander, Dirk Eggink, Chantal Reusken, Harry Vennema, Aekyung Park, SEARCH Alliance San  
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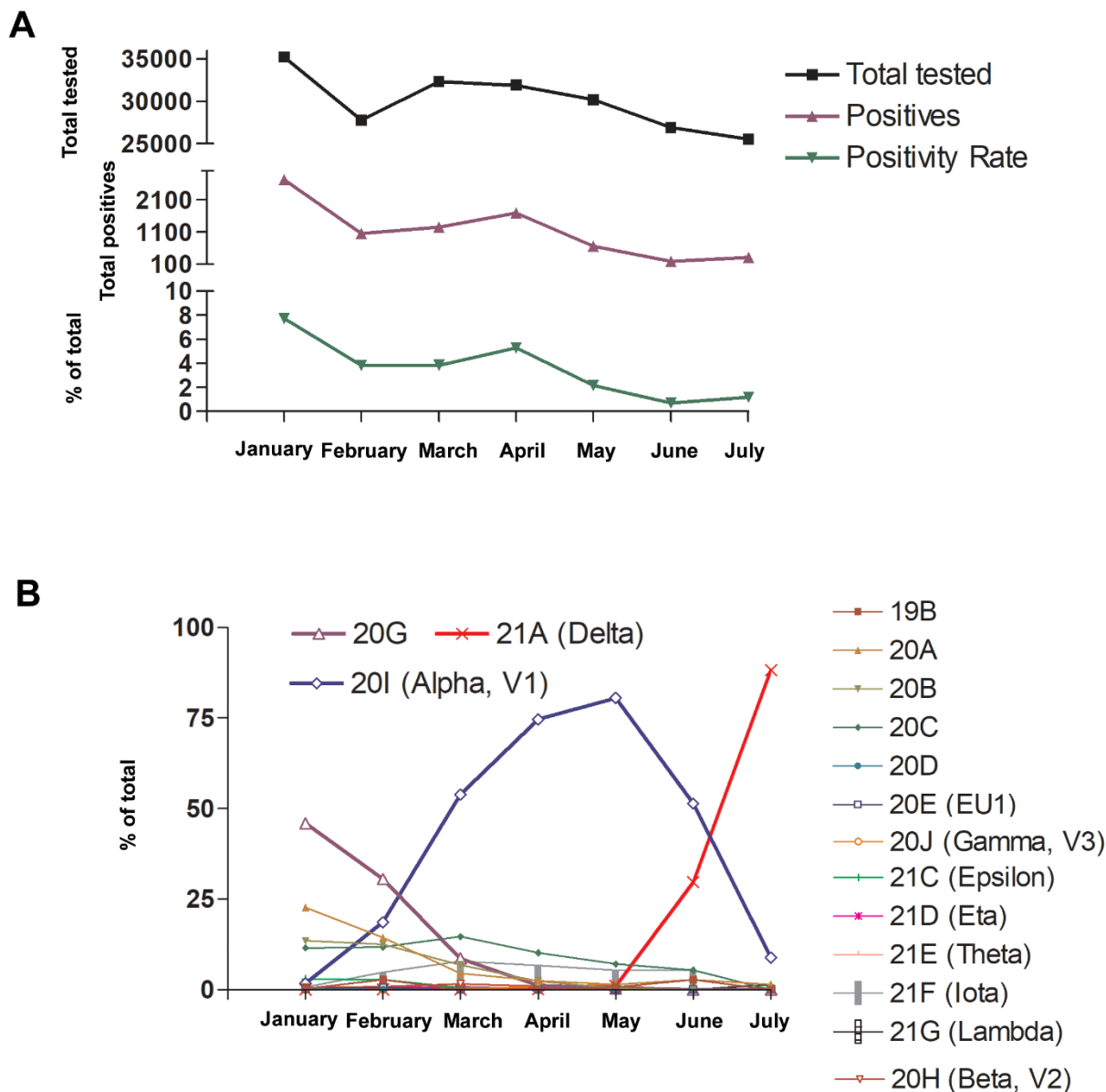


Figure 1. A) SARS-CoV-2 molecular testing at Johns Hopkins Laboratory showing total tested, total positives, and % positivity from January to July 2021 B) Circulating SARS-CoV-2 clades including VOC and VOI from January to July 2021.

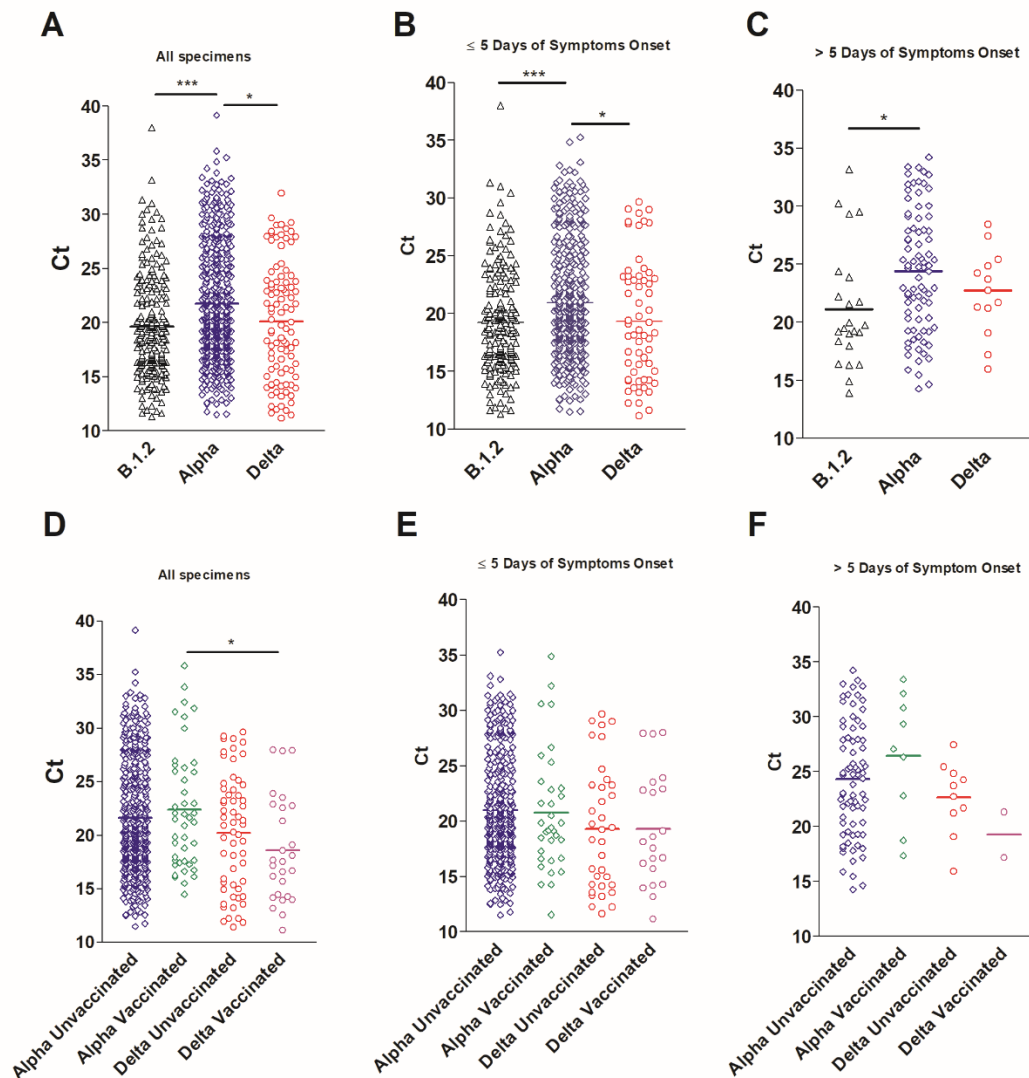


Figure 2. Cycle threshold (Ct) values of Alpha, Delta, and control variants. A) Ct values of B.1.2 (N = 254), Alpha (N = 562), and Delta (N = 98) variants from all samples with available Ct values. B and C) Correlation of Ct values and ranges of days after the onset of symptoms B) 0 to 5 days, C) >5 days. For this analysis, samples from asymptomatic patients were not included (N: B.1.2 = 214, Alpha = 511, Delta = 75). D) Ct values of Alpha and Delta variants broken down by vaccination status. Alpha (unvaccinated,

N = 442, fully vaccinated N = 42), Delta (unvaccinated, N = 47, fully vaccinated N = 23). For this analysis, samples from partially vaccinated patients were not included. E and F) Correlation of Ct values and ranges of days after the onset of symptoms of the Alpha and Delta variants divided by the vaccination status. E) 0 to 5 days, F) >5 days. One-way ANOVA \*  $p < 0.05$ , \*\*  $p < 0.001$ , \*\*\*  $p < 0.0001$ .

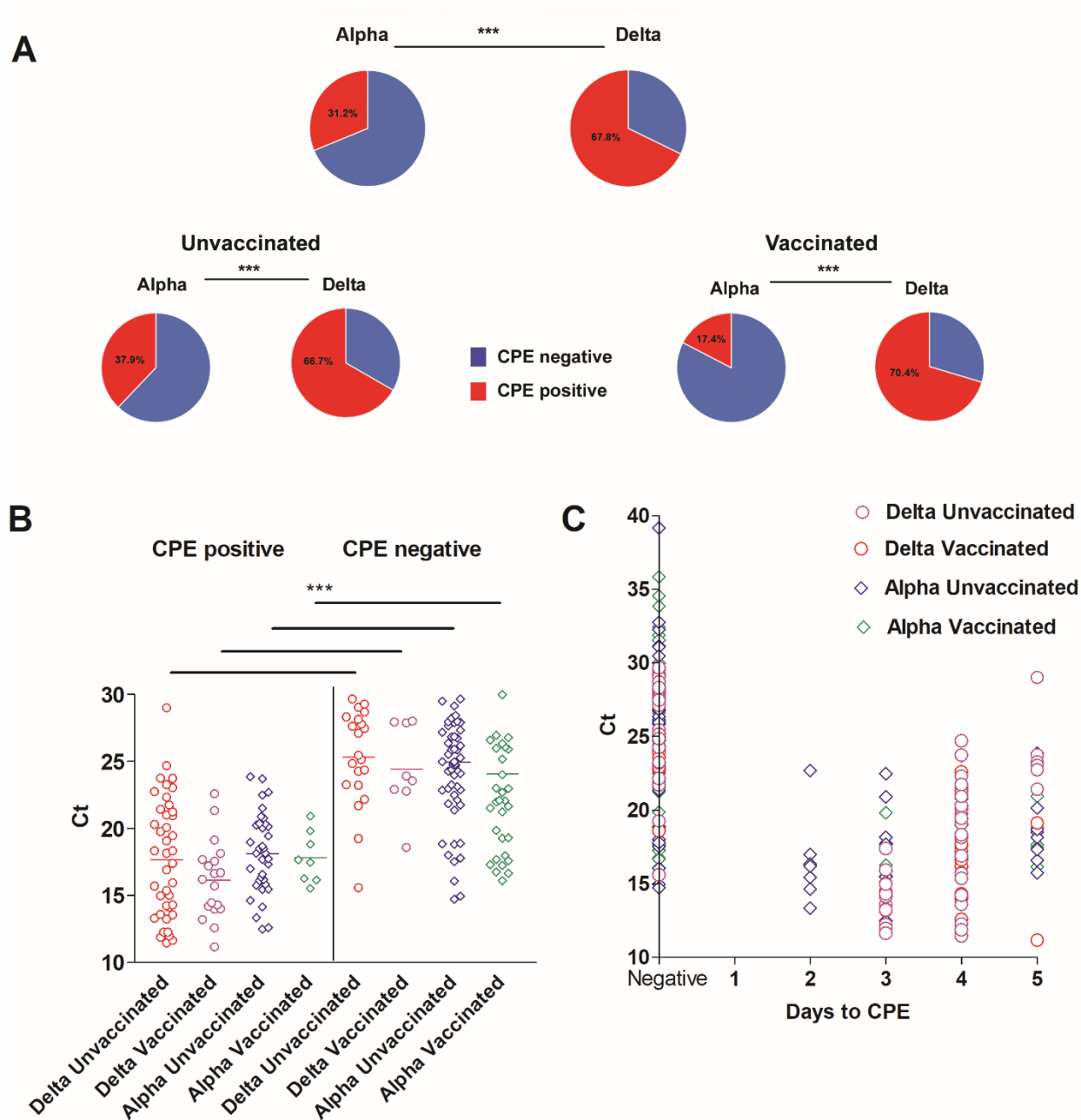


Figure 3. Recovery of infectious SARS-CoV-2 on Vero-TMPRSS2 cells for Alpha and Delta

variants. A) Percent CPE positives and negatives for Alpha and Delta total, unvaccinated, and vaccinated groups (Alpha unvaccinated, N = 95, vaccinated N = 46, Delta unvaccinated, N = 63, vaccinated, N = 27). Chi-squared test \*\*\* p < 0.0001. B) Ct range of CPE positive and negative Alpha and Delta variants.

C) Ct range of CPE positive and negative Alpha and Delta variants.

One-way ANOVA \*\*\*  $p < 0.0001$  C) Correlation of Ct values and days to the first appearance of CPE (cytopathic effect) for the Alpha and Delta groups.

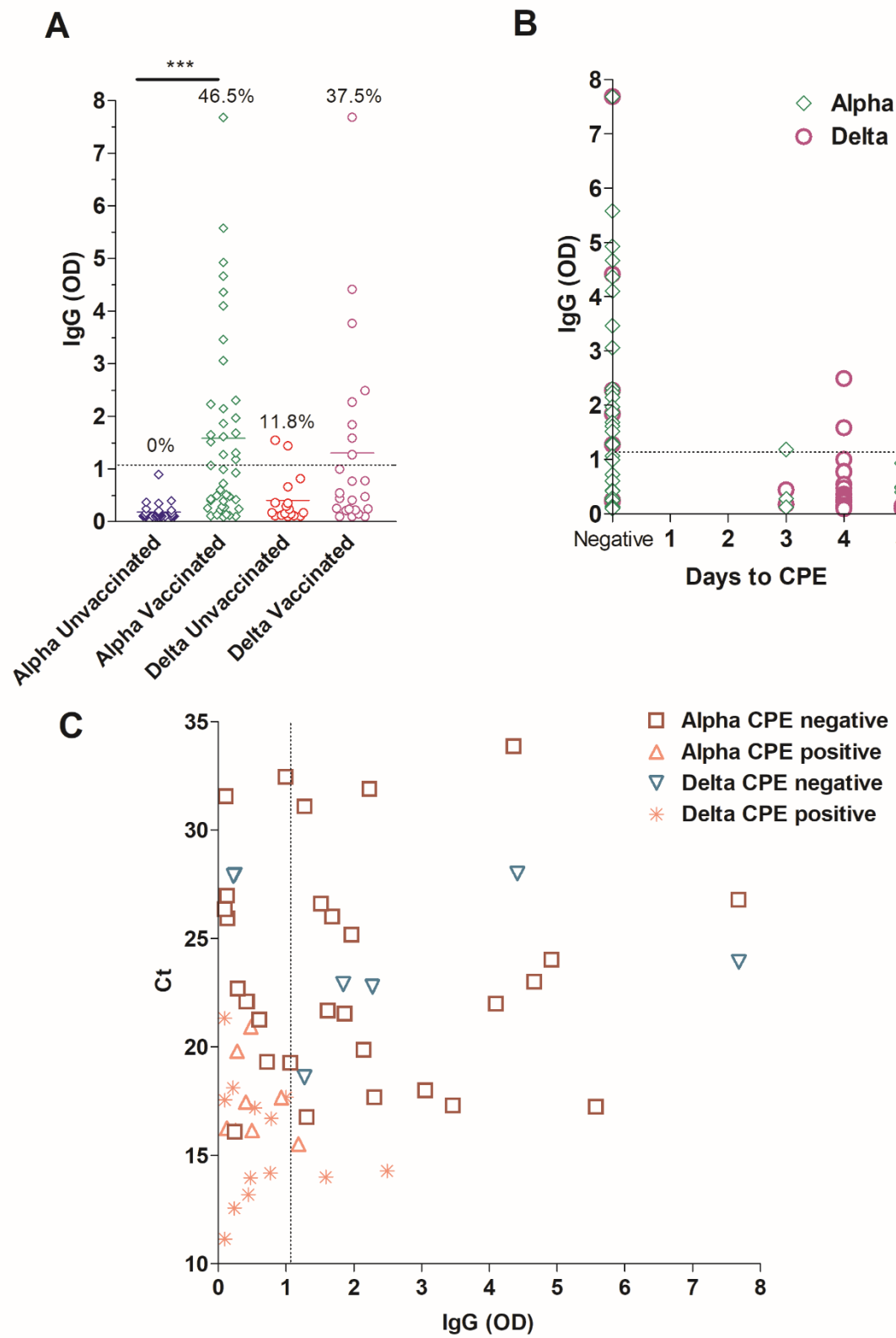




Figure 4. **Local SARS-CoV-2 IgG in upper respiratory samples.** A) IgG levels by ELISA in the upper respiratory samples collected from patients with Alpha or Delta variants (unvaccinated: Alpha, N = 30, Delta, N = 17, vaccinated: Alpha, N = 43, Delta, N = 24). One-way ANOVA \*\*\*  $p < 0.0001$  B) SARS-CoV-2 IgG correlation to days to the first appearance of cytopathic effect (CPE) for Alpha and Delta true breakthrough specimens on Vero-TMPRSS2 cells. C) Correlation between local IgG levels, Ct values, and recovery of infectious virus. Dashed line demarcates the limit of borderline and negative ELISA results as specified per assay's package insert. Define the p value and state the statistical tests used.

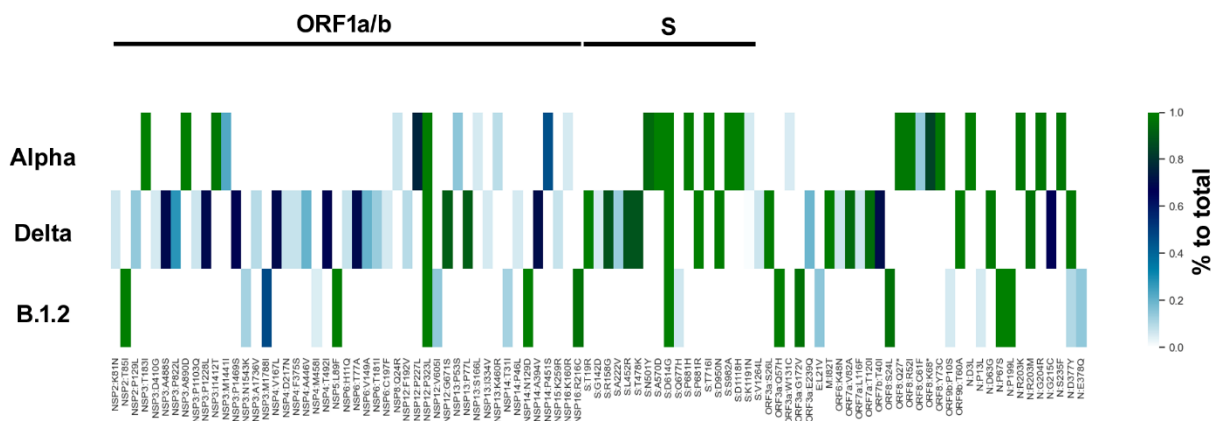


Figure S1. Common genomic amino acid changes in the Alpha versus Delta and B.1.2 variants. Included in the analysis are changes at more than 5% prevalence in sequenced samples for each variant.

	B.1.2	alpha	delta	P value: alpha to B.1.2	P value: delta to alpha
Total	377	1482	107		
Asymptomatic (%)	80 (21.2)	211 (14.2)	12 (11.2)	0.0015	0.472
Symptomatic (%)	297 (78.8)	1257 (84.8)	95 (88.8)		
All positives after vaccination (%)	39 (10.3)	184 (12.4)	38 (35.5)		
Confirmed breakthrough (%)	2 (0.5)	59 (4)	30 (28)	0.0002	<0.00001
Median days after first dose (All positives after vaccination)	9.4	20.1	136.3	4.1078E-09	2.22712E-09
Median age (SD)	45 (21.8)	36 (21.3)	40 (21.1)	2.55131E-06	0.17
Female (%)	140 (37.1)	865 (58.4)	66 (61.7)	<0.00001	0.5429
Male (%)	237 (62.9)	616 (41.6)	41 (38.3)		
<b>Race</b>					
Asian (%)	24 (6.4)	34 (2.3)	9 (8.4)		
Black (%)	108 (28.6)	860 (58)	46 (43)	<0.00001	0.0049
White (%)	209 (55.4)	416 (28.1)	42 (39.3)		
Other/ unknown (%)	32 (8.5)	172 (11.6)	8 (7.5)		
<b>Disease severity</b>					
Mortality (%)	3 (0.8)	16 (1.1)	0	0.78	0.6196
Admission (%)	28 (7.4)	165 (11.1)	16 (15)	0.0372	0.27
ICU (%)	5 (1.3)	54 (3.6)	5 (4.5)	0.0204	0.59
<b>Comorbidities</b>					
Hypertension (%)	128 (33.9)	460 (31)	29 (27.1)	0.2918	0.4482
Respiratory Failure (%)	18 (4.8)	159 (10.7)	8 (7.5)	0.0002	0.3314
Pregnancy (%)	24 (6.4)	118 (7.9)	5 (4.7)	0.3295	0.2637
Lung Disease (%)	83 (22)	358 (24.2)	19 (17.8)	0.416	0.1576
Kidney Disease (%)	40 (10.6)	204 (13.8)	6 (5.6)	0.1238	0.012
Immunosuppression (%)	68 (18)	251 (16.9)	13 (12.1)	0.6462	0.2272
Diabetes (%)	50 (13.3)	235 (15.9)	9 (8.4)	0.2301	0.0374
Heart Failure (%)	17 (4.5)	120 (8.1)	4 (3.7)	0.0152	0.1332
Atrial Fibrillation (%)	15 (3.9)	65 (4.4)	3 (2.8)	0.8869	0.6205
Smoker (%)	34 (9)	212 (14.3)	6 (5.6)	0.0063	0.0085
Cerebrovascular Disease (%)	26 (6.9)	104 (7)	5 (4.7)	1	0.4326
Cancer (%)	125 (33.2)	318 (21.5)	19 (17.8)	<0.00001	0.3943
Coronary Artery Disease (%)	55 (14.6)	236 (15.9)	10 (9.3)	0.5786	0.0723

Table 1. Clinical and metadata of the B.1.2, Alpha, and Delta infected patients. Statistics for ages and median days after vaccination were calculated by t test and all other statistics were calculated by Chi-squared test.

	Delta					Alpha					
	All positives after vaccination	True breakthrough	Unvaccinated	P value: all positives after vaccination to unvaccinated	P value: true breakthrough to unvaccinated	All positives after vaccination	True breakthrough	Unvaccinated	P value: all positives after vaccination to unvaccinated	P value: true breakthrough to unvaccinated	P value/ alpha to delta true breakthrough
<b>Total</b>	38	30	69			184	59	1298			
<b>Median days after 1st dose (SD)</b>		152.7 (59.8)					77.3 (27.9)				3.511E-06
<b>Symptomatic (%)</b>	34 (89.5)	28 (93.3)	61 (88.4)			148 (80.4)	36 (61)	1109 (85.4)			
<b>Asymptomatic (%)</b>	4 (10.5)	2 (6.7)	8 (11.6)	1	0.72	36 (19.6)	23 (38.9)	175 (13.5)	0.0424	<0.00001	0.0011
<b>Median age</b>	40.5	40.5	37	0.024	0.039	53	51	34	2.24559E-26	0.142357054	0.035
<b>Females (%)</b>	22 (57.9)	18 (60)	44 (63.8)			112 (60.9)	42 (71.2)	753 (58)			
<b>Males (%)</b>	16 (42.1)	12 (40)	25 (36.2)	0.67	0.82	72 (39.1)	17 (28.8)	544 (41.9)	0.52	0.06	0.34
<b>Race</b>											
Asian (%)	5 (13.2)	5 (16.7)	4 (5.8)			4 (2.2)	1 (1.7)	30 (2.3)			
Black (%)	11 (28.9)	6 (20)	35 (50.7)			73 (39.7)	13 (22)	787 (60.6)			
White (%)	20 (52.6)	18 (60)	22 (31.9)	0.026	0.0035	86 (46.7)	38 (64.4)	330 (25.4)	<0.00001	<0.00001	1
Other/ unknown (%)	2 (5.3)	1 (3.3)	8 (11.6)			21 (11.4)	7 (11.9)	151 (11.6)			
<b>Disease severity</b>											
Admitted (%)	4 (10.5)	3 (10)	12 (17.4)	0.4	0.54	26 (14.1)	4 (6.8)	139 (10.7)	0.17	0.51	0.11
ICU level care (%)	3 (7.9)	2 (6.7)	2 (2.9)	0.3445	0.58	8 (4.3)	2 (3.4)	46 (3.5)	0.53	1	0.6
Death (%)	0	0	0			4 (2.2)	0	12 (0.9)	0.13	1	
<b>Comorbidities</b>											
Hypertension (%)	13 (34.2)	10 (33.3)	16 (23.2)	0.26	0.33	91 (49.5)	26 (44.1)	369 (28.4)	<0.00001	0.0125	0.36
Respiratory Failure (%)	5 (13.2)	4 (13.3)	3 (4.3)	0.129	0.19	24 (13)	7 (11.9)	135 (10.4)	0.307	0.66	1
Pregnancy (%)	2 (5.3)	2 (6.7)	3 (4.3)	1	0.64	13 (7.1)	7 (11.9)	105 (8.1)	0.77	0.33	0.7
Lung Disease (%)	6 (15.8)	4 (13.3)	13 (18.8)	0.79	0.77	47 (25.5)	14 (23.7)	311 (23.9)	0.65	1	0.28
Kidney Disease (%)	4 (10.5)	3 (10)	2 (2.9)	0.182	0.16	45 (24.5)	13 (22)	159 (12.2)	0	0.042	0.24
Immunosuppression (%)	9 (23.7)	6 (20)	4 (5.8)	0.011	0.06	53 (28.8)	15 (25.4)	198 (15.3)	0	0.044	0.79
Diabetes (%)	5 (13.2)	5 (16.7)	4 (5.8)	0.275	0.12	51 (27.7)	13 (22)	184 (14.2)	0	0.127	0.78
Heart Failure (%)	1 (2.6)	1 (3.3)	3 (4.3)	1	1	29 (15.8)	10 (16.9)	91 (7)	0.0002	0.0096	0.09
Atrial Fibrillation (%)	2 (5.3)	2 (6.7)	1 (1.4)	0.286	0.22	19 (10.3)	5 (8.5)	46 (3.5)	0.0002	0.07	1
Smoker (%)	3 (7.9)	2 (6.7)	3 (4.3)	0.66	0.63	25 (13.6)	5 (8.5)	187 (14.4)	0.8227	0.25	1
Cerebrovascular Disease (%)	2 (5.3)	1 (3.3)	3 (4.3)	1	1	26 (14.1)	5 (8.5)	78 (6)	0.0003	0.40	0.65
Cancer (%)	12 (31.6)	11 (36.7)	7 (10.1)	0.0081	0.0035	87 (47.3)	31 (52.5)	231 (17.8)	<0.00001	<0.00001	0.18
Coronary Artery Disease (%)	3 (7.9)	2 (6.7)	7 (10.1)	1	0.72	55 (29.9)	18 (30.5)	181 (13.9)	<0.00001	0.002	0.014

Table 2. Clinical and metadata of Delta and Alpha vaccinated and unvaccinated patients. All positives after vaccination includes any patient who received vaccination prior to the positive test result. True breakthrough infections were based on the CDC definition to include positives more than 14 days after the second dose for pfizer/BioNTech BNT162b2 or Moderna mRNA-1273 or 14 days after the J&J/ Janssen shot. Statistics for ages and median days after vaccination were calculated by t test and all other statistics were calculated by Chi-squared test.