

Chinese Pharmaceutical Association Institute of Materia Medica, Chinese Academy of Medical Sciences

Acta Pharmaceutica Sinica B

www.elsevier.com/locate/apsb www.sciencedirect.com

REVIEW

# Targeting uptake transporters for cancer imaging and treatment



APSB

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Received 28 June 2019; received in revised form 27 September 2019; accepted 17 November 2019

# **KEY WORDS**

Uptake transporter; Warburg effect; Cancer imaging; Neuroblastoma; Thyroid cancer; mIBG **Abstract** Cancer cells reprogram their gene expression to promote growth, survival, proliferation, and invasiveness. The unique expression of certain uptake transporters in cancers and their innate function to concentrate small molecular substrates in cells make them ideal targets for selective delivering imaging and therapeutic agents into cancer cells. In this review, we focus on several solute carrier (SLC) transporters known to be involved in transporting clinically used radiopharmaceutical agents into cancer cells, including the sodium/iodine symporter (NIS), norepinephrine transporter (NET), glucose transporter 1 (GLUT1), and monocarboxylate transporters (MCTs). The molecular and functional characteristics of these transporters are reviewed with special emphasis on their specific expressions in cancers and interaction with imaging or theranostic agents [*e.g.*, I-123, I-131, <sup>123</sup>I-iobenguane (mIBG), <sup>18</sup>F-fluorodeoxy-glucose (<sup>18</sup>F-FDG) and <sup>13</sup>C pyruvate]. Current clinical applications and research areas of these transporters in cancer diagnosis and treatment are discussed. Finally, we offer our views on emerging opportunities and challenges in targeting transporters for cancer imaging and treatment. By analyzing the few clinically successful examples, we hope much interest can be garnered in cancer research towards uptake transporters and their potential applications in cancer diagnosis and treatment.

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### https://doi.org/10.1016/j.apsb.2019.12.005

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*Abbreviations:* CT, computed tomography; DDI, drug-drug interaction; DTC, differentiated thyroid cancer; FDA, U.S. Food and Drug Administrations; FDG, fluorodeoxyglucose; GLUT, glucose transporter; IAEA, the International Atomic Energy Agency; LACC, locally advanced cervical cancer; LAT, large amino acid transporter; MCT, monocarboxylate transporter; mIBG, iobenguane/meta-iodobenzylguanidine; MRI, magnetic resonance imaging; NE, norepinephrine; NET, norepinephrine transporter; NIS, sodium/iodine symporter; OCT, organic cation transporter; PET, positron emission tomography; PHEO, pheochromocytoma; RA, retinoic acid; RET, rearranged during transfection; SLC, solute carrier; SPECT, single-photon emission computed tomography; SUV, standardized uptake value; TFB, tetrafluoroborate; TSH, thyroid stimulating hormones; vHL, von Hippel-Lindau.

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Peer review under responsibility of Institute of Materia Medica, Chinese Academy of Medical Sciences and Chinese Pharmaceutical Association.

## 1. Introduction

Detection and localization of tumor is the first and essential step for any cancer therapy for solid tumors. More importantly, the early detection of tumor is the key to improve the survival rate for many different types of cancers<sup>1</sup>. Cancer imaging is the most widely applied non-invasive method for the detection of tumors. Besides detection, cancer imaging is also used for the staging and monitoring of therapeutic response in certain cancers<sup>2</sup>. Currently, several major imaging modalities are available, including X-ray [plain film and computed tomography (CT)], ultrasound, magnetic resonance imaging (MRI), single-photon emission computed tomography (SPECT). positron emission tomography (PET) and optical imaging<sup>3</sup>. Besides non-invasiveness, low-to-none tissue destruction, with the improvement of radiotracer, some of the modalities can also track the cell metabolism and tissue environment changes in vivo<sup>4</sup>. However, one of the major challenges for cancer imaging is sensitivity and specificity<sup>2</sup>. The threshold for conventional anatomic imaging modalities (e.g., CT, MRI and ultrasound) to detect a tumor lesion is around 1 cm<sup>3</sup>, or roughly  $\sim 10^8$  cells for tumors with epithelial origin, which essentially means that a patient with negative imaging results could still have as many as 10<sup>8</sup> tumor cells in the body<sup>2,5</sup>. Newer molecular imaging approaches designed to target tumor-specific biomarkers or proteins with enriched expression and activity in cancer cells are expected to have a major impact on cancer detection and treatment<sup>6</sup>.

Solute carrier (SLC) transporters are a major type of membrane transport proteins that transport nutrients, neurotransmitters, hormones, drugs, and toxins across cell membranes. Currently, more than 400 SLC members have been identified in the human genome. Primarily involved in the uptake of small molecules into cells, these transporters play important roles in physiological and pharmacological processes, such as cellular uptake of nutrients and metabolites, clearance of released neurotransmitters, and absorption, distribution and excretion of drugs and other xenobiotics<sup>7</sup>. In the past few decades, fueled by molecular cloning and functional characterization of various transporters, great progress has been made in our understanding of the roles of uptake transporters in drug disposition, drug-drug interactions (DDIs), drug efficacy and toxicity<sup>8</sup>. Grounded in these research findings, the U.S. Food and Drug Administrations (FDA) has developed recommendations for pharmaceutical industry to evaluate transportermediated DDIs during drug development<sup>9</sup>.

In the imaging field, uptake transporters are of great interest owing to their natural ability to concentrate endogenous compounds or xenobiotics into cells. Combined with increased knowledge in transporter expression in specific tissue or cell type, targeting an uptake transporter with an appropriately labeled substrate could be used for tissue specific imaging in vivo<sup>7,10</sup>. An effective radiotracer can also be further developed into a therapeutic agent by replacing the radioisotope to another one with stronger  $\alpha$ - or  $\beta$ -emissions<sup>11</sup>. When a single agent is used to simultaneously or sequentially diagnose and treat medical conditions, it becomes a "theranostic" agent, a term derived from a combination of the words "therapeutics" and "diagnostics". Transporter-based "theranostics" are especially appealing in the context of cancer as certainly uptake transporters are uniquely expressed or enriched in cancer cells due to the unique lineage and/or abnormal demands of tumor cells for nutrients and hormones as compared to normal cells.

Compared to the vast research on transporters' roles and impacts on drug disposition, pharmacokinetics and DDIs, much less attention has been given to the specific expression of uptake transporters in cancer cells and their potentials for developing new agents for cancer diagnosis and treatment. On the other hand, a number of clinically important imaging agents (Fig. 1), such as <sup>18</sup>F-fluorodeoxyglucose (<sup>18</sup>F-FDG), radioiodine and <sup>123</sup>I-iobenguane (mIBG), were developed based on enhanced uptake in cancer cells long before the underlying transporters were cloned and characterized at the molecular level. In this article, we focus on several SLC transporters responsible for transporting clinically used imaging agents into cancer cells including the sodium/iodine symporter (NIS), the norepinephrine transporter (NET), glucose transporters (GLUTs) and monocarboxylate transporters (MCTs, Table 1). The molecular characteristics, substrate specificity, transport modes, tissue distribution and physiological function of these transporters will be reviewed in the context of clinical background. The expression of these transporters in cancer cells and their specific interaction with the imaging agents will be highlighted. Current clinical and research areas of these transporters in cancer diagnosis and treatment will be discussed. Finally, we offer our views on emerging opportunities and challenges in targeting transporters for cancer imaging and treatment.

# 2. NIS and thyroid cancer imaging

# 2.1. Clinical background

The therapeutic use of I-131 in thyroid cancer is the cornerstone of nuclear medicine. In the early 1940s, it has already been applied for the treatment of both hyperthyroidism and thyroid cancer, which eventually lead to the approval of medical radioisotope use and foundation of nuclear medicine<sup>12</sup>. During the past 50 years, radioiodine was widely used for the diagnosis and treatment for thyroid cancer and its metastasis based on the observation that iodine can be concentrated in cancer cells. However, it was until 1996 the transporter for iodine uptake in thyroid follicle cells was first cloned and named as sodium/iodine symporter (NIS)<sup>13</sup>.

#### 2.2. Molecular and physiological characteristics of NIS

NIS, encoded by SLC5A5, belongs to SLC5 family. The glycoprotein contains 643 amino acids with an apparent molecular weight of 70-90 kDa14. NIS transports two sodium ions with one iodide ion by utilizing the physiologic transmembrane sodium gradient as the energy source. This ion exchange process can lead to the accumulation of iodide ion in thyroid by a factor of 20-40 times<sup>15</sup>. Under physiological condition, iodide ions target NIS to entry the thyroid follicle cells and then are pumped into the colloid by pendrin for further organification into  $T_3$  and  $T_4^{15}$ . Besides transporting I<sup>-</sup> at a  $K_{\rm m}$  value of ~20  $\mu$ mol/L, NIS can also facilitate the uptake of other anions including thiocyanate, chlorate, perrhenate and perchlorate. Interestingly, the entry of perrhenate and environmental pollutant perchlorate can be transport into thyroid gland with an electroneutral stoichiometry (one Na<sup>+</sup>/one anion), while most other anions follow 2:1 ratio<sup>16</sup>. The function and expression of NIS in thyroid follicle cells can be highly modulated by its primary modulator thyroid stimulating hormones (TSH) though cAMP signal transduction pathway<sup>17</sup>. Another major modulator of NIS is its substrate I<sup>-</sup>. The accumulation of I<sup>-</sup> intracellularly can destabilize NIS mRNA, which slow down the further accumulation, prevent the production of reactive oxygen species and toxicity by high I<sup>-</sup> concentration in thyroid.

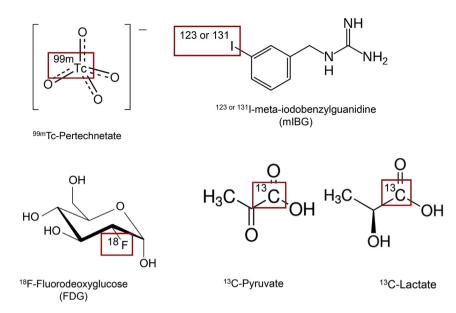


Figure 1 Chemical structures of selected cancer imaging and theranostic agents. Boxed region indicates position for radioisotope labeling.

Besides thyroid follicle cells, moderate NIS protein expression can also be found in salivary gland<sup>18</sup> and lactating breast<sup>19</sup>. In salivary glands, NIS is mainly expressed at the basolateral plasma membrane of epithelial ductal cells and facilitate the uptake of  $I^-$ , and the function of NIS is considered as a mechanism to protect and heal antimicrobial function<sup>20</sup>. In breast, NIS only expresses when late in pregnancy and during lactation, while ovariectomized animal models demonstrated that the overexpression of NIS in mammary glands is mediated by oxytocin, estradiol and prolactin<sup>19</sup>.

# 2.3. Expression of NIS in thyroid and breast cancer

In cancers, the protein expression of NIS can be detected in only thyroid cancer and breast cancer<sup>15</sup>. Thyroid cancer has a relatively low prevalence (0.74% in men and 2.3% in women), and a favorable prognosis due to the effectiveness of surgical therapy followed by radioablation<sup>15</sup>. The efficacy of radiotherapy is highly dependent on the selective NIS expression, and with more than 70% of differentiated thyroid cancers (DTC) expressing NIS, the response rate is relatively high for radioablation<sup>11</sup>. Unfortunately,

| Transporter                  | NIS                              | NET                    | GLUT1   | MCT1 and MCT4   |
|------------------------------|----------------------------------|------------------------|---|---|
| Gene                         | SLC5A5                           | SLC6A2                 | SLC2A1  | SLC16A1 and SLC16A3   |
| Physiological substrate      | I <sup></sup>                    | Norepinephrine         | Glucose   | Lactate   |
|                              | SCN                              | Dopamine               | Mannose   | Pyruvate  |
|                              |                                  | Serotonin              | Galactose   |   |
|                              |                                  |                        | Glucosamine   |   |
| Expression in cancer         | Thyroid                          | Neuroblastoma          | Widely expressed in different                                   | Widely expressed in different<br>cancers including head and<br>neck, breast, lung, bladder, |
|                              | Breast                           | Pheochromocytoma       | cancers including pancreas,                                     |   |
|                              |                                  |                        | breast, lymphomas,  |   |
|                              |                                  |                        | prostate, head and neck   | prostate, and glioma.   |
|                              |                                  |                        | cancer.   |   |
| Agents in development        | Diagnosis:                       | Diagnosis:             | Diagnosis:<br>6- <sup>18</sup> F-FDF<br>1- <sup>18</sup> F-FDAM | Diagnosis:  |
|                              | <sup>18</sup> F tetrafluorobrate | <sup>18</sup> F-MFBG   |   | hyperpolarized  |
|                              | Therapy:                         | <sup>11</sup> C-HED    |   | <sup>13</sup> C glucose   |
|                              | Re-186                           | <sup>18</sup> F-FDA    |   | <sup>13</sup> C lactate   |
|                              | Re-188                           | <sup>18</sup> F-DOPA   |   | <sup>13</sup> C pyruvate  |
|                              | At-211                           | Therapy:               |   |   |
|                              |                                  | <sup>211</sup> At-MABG |   |   |
| Agents approved for clinical | Diagnosis:                       | Diagnosis:             | Diagnosis:  | Under development   |
| use                          | I-123                            | <sup>123</sup> I-mIBG  | <sup>18</sup> F-FDG   |   |
|                              | I-124                            | Therapy:               |   |   |
|                              | <sup>99m</sup> Tc pertechnetate  | <sup>131</sup> I-mIBG  |   |   |
|                              | Therapy:                         |                        |   |   |
|                              | I-131                            |                        |   |   |

 Table 1
 Selected transporters involved in cancer imaging and therapy.

dedifferentiated thyroid cancer and metastasis thyroid cancer has a lower and/or internalized expression of NIS, which significantly reduced the efficacy of radiotherapy<sup>21,22</sup>. Side effect caused by radiotherapy for thyroid cancer is common (10%–60%) but moderate, because of the relatively lower expression of NIS in other tissues<sup>23</sup>. Besides thyroid cancer, around 80% of breast cancers show high NIS expression. More importantly, a clinical study showed positive immunohistochemistry staining of 86% of 49 invasive breast cancer or ductal carcinoma patients, while only 23% of 13 extratumoral samples from the vicinity of the tumors<sup>19</sup>. This relatively high expression selectivity makes NIS a potential target for breast cancer.

### 2.4. Radioisotope imaging agents for NIS

For diagnosis, I-131 was first used in DTC since more than 70 years ago. With the improvement of technology, both I-123 and I-131 were used for gamma scan. As a proton enriched isotope of iodine, I-124 can also be used in PET and lead to a better sensitivity<sup>24</sup>. However, the  $\beta$  energy of I-131 is relatively high for imaging use and can lead to potential radiotoxicities. On the other hand, both I-123 and I-124 need to be generated by cyclotron, which is not readily available and more expensive. Hence, additional imaging tools are being developed to target NIS in  $DTC^{25}$ . <sup>99m</sup>Tc pertechnetate (Fig. 1) was identified as a substrate of NIS in both in vitro and in vivo system<sup>26,27</sup>. To our knowledge, no  $K_{\rm m}$ data is available for <sup>99m</sup>Tc pertechnetate. However, the affinity of <sup>99m</sup>Tc pertechnetate towards NIS was estimated to be higher than I<sup>-</sup> based on indirect *in vitro* and *in vivo* evidences<sup>28-30</sup>. <sup>99m</sup>Tc pertechnetate also emits no  $\beta$  ray but 140 keV gamma ray, which is the ideal peak for gamma camera imaging. Besides its advantage in the physiochemical properties, <sup>99m</sup>Tc pertechnetate is relatively low in production cost and more available in clinical setting. These characteristics has made <sup>99m</sup>Tc pertechnetate one of the most widely used reagent for routine DTC imaging $^{25}$ . Recently, F-18 labeled tetrafluoroborate (<sup>18</sup>F-TFB) was also synthesized and identified as a NIS specific substrate<sup>31</sup>. In vivo biodistribution study and PET scanning showed that 60 min after injection, more than 90% of the <sup>18</sup>F-TFB signals can be obtained from thyroid or thyroid tumors, indicating that <sup>18</sup>F-TFB can be rapidly concentrated into NIS-expressing tissues and be used as a potential diagnostic tool<sup>31</sup>. Currently, a clinical study is ongoing at the Memorial Sloan Kettering Cancer Center (New York, NY, USA) to evaluate the use of <sup>18</sup>F-TFB in thyroid cancer patients (NCT03196518).

# 2.5. NIS-based approach to improve cancer targeting

Several other radioisotopes which can emit particles have been identified as the substrate of NIS and can be developed into new radiotherapies, such as Re-188, Re-186 and At-211<sup>22</sup>. However, I-131 remains the most preferred radioisotope for thyroid cancer because after the uptake through NIS, thyroid follicle cells can trap I-131 by organification of I-131 into T<sub>3</sub> and T<sub>4</sub><sup>15</sup>. The long retention of I-131 in thyroid cancer provides a therapeutic advantage to destroy tumor cells with  $\beta$  particles.

As the major target for the diagnosis and therapy of thyroid cancer, the expression of NIS is crucial for prognosis. Several studies have proven that the NIS protein expression is correlated with I-131 uptake<sup>32,33</sup> and thyroid cancer prognosis<sup>34</sup>. Thus, the modulation or increase of NIS expression could be beneficial for the NIS-mediated imaging and therapy. A number of studies have

been conducted to investigate potential methods to increase NIS expression in cancer cells. Activation of TSH is one of the most well studied methods to increase NIS expression. Studies have shown that TSH can increase both mRNA and protein expression in thyroid cancer cell lines<sup>17,35</sup>, and also post-translationally modify NIS which increases its membrane expression<sup>36</sup>. The administration of recombinant TSH (thyrogen) or withdrawal of thyroid hormone supplement after thyroidectomy has already been used in patients to elevate serum TSH level and lead to an induction of NIS expression<sup>37</sup>. In breast cancer, retinoic acid (RA) is the most potent single-agent NIS inducer<sup>38</sup>; however, RA cannot induce NIS in thyroid cancer but reduce its expression<sup>39</sup>. Several other NIS modulation agents and transcriptional factors have been identified in the last decade, and been well summarized in a recent review<sup>11</sup>.

#### 2.6. NIS-based gene therapy for non-thyroid cancers

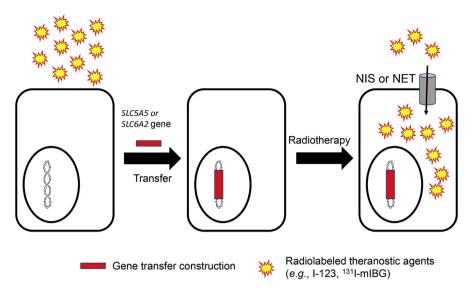
NIS-mediated uptake of radioisotope showed convincing success in the theranosis of DTC; however, this line of nuclear medicine showed lower response rate for tumors with lower or no expression of NIS<sup>22</sup>. Radionuclide gene therapy using NIS was then proposed to solve this problem, and potentially apply to other non-thyroid cancers (Fig. 2). Several studies have shown that after transfected with NIS in different cancers, the radioiodine uptake into tumors significantly increased and could be used for imaging and radiotherapy<sup>40</sup>. For example, the Morris group constructed an adenovirus containing MUC1 promoter and NIS gene, and successfully infected MUC1-positive pancreatic-tumor xenografted mouse with this construct. After infection, the uptake of radioiodine can be observed under gamma camera in the transduced tumor<sup>41</sup>. However, one major concern for the application of this gene therapy is that unlike thyroid cancer, radioiodine cannot be organified in other tumors, and thus the retention time may not be long enough for the  $\beta$ particles to destroy the cancer cells. The co-transfection of NIS and thyroid peroxidase gene was purposed to solve this problem but the results were not effective $^{40}$ .

Over the last century, the theranostic use of NIS-mediated radioisotope uptake pathway has been identified, characterized and widely applied in thyroid cancers and potentially other cancers. With the fast advancement of molecular imaging and gene therapy, radioisotopes targeting NIS with higher resolution could be expected and clinical application of NIS-mediated radiotherapy in other cancers are likely to be seen in the near future.

#### 3. Norepinephrine transporter and neuroblastoma

#### 3.1. Clinical background

Neuroblastoma is the most common extracranial solid tumor in children accounting for 15% of deaths from all pediatric cancers <sup>42-45</sup>. Neuroblastoma is originated from the neural crest cells of the sympathetic nervous system; and most neuroblastoma cells are positive for cell surface expression of the NET<sup>46–48</sup>. *Meta*-iodo-benzylguanidine (mIBG, Fig. 1), also known as iobenguane, is a structural analog of norepinephrine (NE), the natural substrate of NET. mIBG was first developed to image adrenal medulla as a scintigraphic tool in 1980s<sup>49</sup>. When radio-labeled with the gamma-emitter I-123, <sup>123</sup>I-mIBG can be effectively used in whole body imaging of neuroblastoma. <sup>123</sup>I-mIBG has superior image



**Figure 2** Strategy for targeting cancer cells transferred with NIS or NET transporters for imaging and therapy. Virus or non-virus vectors with transporter genes (NIS or NET) are constructed and transfected into cancer cells. After integrated into the host DNA, transporters can be expressed and facilitate the uptake of a theranostic agent.

resolution and tumor detection, and is now used as the gold standard for the diagnosis and monitoring therapeutic response in neuroblastoma<sup>50</sup>. When labeled with the  $\beta$ -emitter I-131, <sup>131</sup>I-mIBG becomes a powerful targeted radiopharmaceutical that can be used in the treatment of neuroblastoma and other neuroendo-crine tumors (*e.g.*, pheochromocytomas).

# 3.2. Molecular and physiological characteristics of NET

NET, encoded by *SLC6A2*, belongs to the neurotransmitter transporter family<sup>51</sup>. It is mainly expressed at the central noradrenergic and peripheral sympathetic synapses. NET has 617 amino acids with an apparent molecular weight at around 70 kDa. The electrochemical gradient of Na<sup>+</sup> along the cell membrane is the energy source for the accumulation of NET substrates into the cells. Besides Na<sup>+</sup>, Cl<sup>-</sup> is the other critical ion needed for the normal binding of substrates to NET. The reversal of transport function can only be detected when the intracellular concentration of the substrate is high enough<sup>51</sup>.

Since NE is the main neurotransmitter released from postganglionic sympathetic neurons, the expression and function of NET plays a crucial role in the maintenance of NE concentration in the synapse. Approximately 80%-90% of NE was taken up by NET. Besides NE, NET can also facilitate the uptake of other neurotransmitters and structurally related compounds such as dopamine, serotonin, and the neurotoxin 1-methyl-4-phenylpyridinium (MPP<sup>+</sup>). The impaired function of NET could lead to various diseases. For example, patients with postural tachycardia syndrome are suffered from a NET-A457P mutation which could lead to an increased free NE concentration and chronically increased the heart rate<sup>52</sup>.

#### 3.3. Expression of NET in neuroendocrine cancers

In cancer, NET expression is detected in tumors derived either from neural crest in early development or from chromaffin cells of adrenal medulla<sup>48</sup>. The two well-studied cancers with NET expression are neuroblastoma and pheochromocytoma (PHEO). In neuroblastoma, NET mRNA expression can be

detected in majority of patients whereas high protein expression has been reported in a small cohort of intermediate-to high-risk patients<sup>47</sup>. Meanwhile, the high NET protein expression in this cohort of patients and is also correlated with non-amplification of the oncogene *MYCN*, which is a marker for poor disease prognosis. However, expression NET protein expression was determined through subjective reading of immunohistochemistry (IHC) slides, which may not represent the protein expression of the whole tumors<sup>53</sup>. For PHEO, the NET mRNA expression is correlated with the genotype of tumor, and the PHEO derived by mutation at the proto-oncogene REarranged during Transfection (*RET*) has a higher mRNA expression than PHEO induced by von Hippel-Lindau (vHL) disease<sup>54</sup>.

Because of the relatively specific expression of NET, imaging and therapeutic tools to target NET for neuroblastoma and PHEO were developed. Among them, mIBG is the most well studied compound<sup>55</sup>, which has already been approved by FDA for imaging use for both cancers, and monotherapeutic use for PHEO.

### 3.4. mIBG and other imaging agents

mIBG was first developed to target NET in adrenal medulla as a scintigraphic tool in 1980s<sup>49</sup>. Among all other compounds developed and its own isomer, mIBG was more metabolically stable, and less susceptible to deiodination. Although the mechanism was not well-understood in 1984, scientists have already observed the accumulation of mIBG in the neuroblastoma<sup>56</sup>. Since then, numerous studies have been performed to characterize the mIBG accumulation in neuroblastoma cells, and these studies have established NET as the principal transporter responsible for cellular uptake of mIBG into neuroblastoma cells<sup>48,50</sup>. Currently, gamma scan with <sup>123</sup>I-mIBG is the test of choice for the detection of primary tumors and the identification of metastatic sties for neuroblastoma. It can reach 88%–93% of sensitivity and 83%–92% of specificity for neuroblastoma diagnosis<sup>55</sup>.

As a therapeutic agent, <sup>131</sup>I-mIBG has the advantage of systemic delivery to multiple tumor sites with selective tumor targeting and killing. Historically, <sup>131</sup>I-mIBG therapy was reserved for the

treatment of neuroblastoma patients with relapsed or refractory disease<sup>50</sup>. Recently, several pilot studies have suggested the benefits of high dose <sup>131</sup>I-mIBG therapy when given at the time of diagnosis for high risk neuroblastoma with overall response rates ranging  $30\%-40\%^{50,57}$ . The major toxicity associated with high dose (>12 mCi/kg) <sup>131</sup>I-mIBG therapy is hematopoietic toxicity, which can be rescued by autologous stem cell infusion<sup>50</sup>. Based on these encouraging results, <sup>131</sup>I-mIBG therapy is being investigated as a frontline treatment for high risk neuroblastoma<sup>44,50,58</sup>.

Similar to the development of radioiodine to thyroid cancer, other radioisotope labels targeting NET in neuroblastoma have also been evaluated or currently under investigation<sup>59</sup>. For diagnosis, <sup>18</sup>F-fluoropropylbenzylguanidine (MFBG) was tested because of F-18's potential higher sensitivity and shorter half-life<sup>60</sup>. A clinical study in a single patient showed similar biodistribution compare to the <sup>123</sup>I-mIBG<sup>61</sup>, but more patients' data is needed to draw a conclusion for the further application of the MFBG. Along the same thoughts, <sup>18</sup>F-metafluorobenzylguanidine was also developed and showed promising results. Just 1 h after injection, this tracer showed a high contrast of lesion to background compare to <sup>123</sup>I-mIBG injection<sup>62</sup>. Other imaging tools, including <sup>11</sup>C-metahydroxyephedrine (HED)<sup>63</sup>, <sup>18</sup>F-fluorodopamine (<sup>18</sup>F-FDA)<sup>64</sup> and 6-<sup>18</sup>F-fluoro-L-dihydroxyphenylalanine (<sup>18</sup>F-DOPA)<sup>65</sup> are all currently under *in vitro* and *in vivo* investigations.

### 3.5. Improving mIBG therapy in cancer

In a recent study by the Children's Oncology Group<sup>47</sup>, the correlation between NET protein and mIBG avidity has been established, suggesting that theranostic effect of mIBG can be strongly modulated by the protein expression of NET. In this study, the high-risk group neuroblastoma patients with a relatively lower expression of NET mRNA and protein, showed a negative mIBG scan result. This is potentially due to the undifferentiated state of high-risk neuroblastomas, since the NET protein expression is commonly considered as a sign of mature neuroendocrine/neural cells<sup>48</sup>. To improve the efficacy of mIBG scan and treatment, multiple methods have been developed to upregulate the expression of NET in high-risk neuroblastoma patients, including pretreatment of cisplatin and doxorubicin to increase NET expression<sup>66</sup>, stimulation of differentiation of neuroblastoma by RA<sup>67</sup>, inactivation of protein kinase C pathway<sup>68</sup> and more. Among these methods, the pretreatment of cisplatin and doxorubicin has shown significant increase of NET expression in clinical study and a better response to mIBG scan. The use of histone deacetylase inhibitors, such as vorinostat, can also lead to an additive effect in patients by both increasing NET expression and sensitizing cells to radiation by inhibiting the repair mechanism of DNA<sup>69</sup>.

The major challenge and study focus of mIBG currently is the application and improvement of <sup>131</sup>I-mIBG as a theranostic tool. Currently, over 1000 patients worldwide have been treated with <sup>131</sup>I mIBG therapy. The major application of <sup>131</sup>I mIBG in the therapeutic is to be a part of the induction therapy in patients with newly diagnosed mIBG-avid neuroblastoma. Besides that, several mIBG therapeutic trails are currently on-going. These therapies cover a wide range of strategies, including mIBG monotherapy, tandem mIBG infusions, mIBG in conjunction with bone marrow transplantation and the coadministration of mIBG with radiosensitizers<sup>55</sup>. Though the single-agent therapy has not been approved for neuroblastoma, the application of this strategy was approved by FDA for PHOE.

Besides NET, mIBG may also be a substrate for a group of low affinity and high capacity transporters known as uptake 2, including organic cation transporters 1, 2 and 3 (OCT1-3)<sup>70,71</sup>. The OCTs are widely expressed in a number of normal tissues including liver, kidney, heart and salivary glands<sup>71-73</sup>. Coincidentally, many of these OCT-expressing tissues accumulate mIBG as revealed by <sup>123</sup>I-mIBG scintigraphy<sup>44</sup>. This interaction between mIBG and OCTs could lead to lower resolution for imaging and potential toxicity for the therapeutic use of mIBG. Additionally, the interaction between mIBG and the renal OCT2 could also lead to potential DDIs in kidney due to the polypharmacy during chemotherapy<sup>72</sup>. The inhibition of OCTs may help reducing mIBG accumulation and toxicity in normal tissues.

# 4. GLUT1 and <sup>18</sup>F-FDG tumor imaging

# 4.1. Clinical background

In the 1920s, Warburg and colleagues<sup>74</sup> made the observation that tumors were taking up enormously more amounts of glucose than the surrounding normal tissue. Further, unlike normal cells, which produce energy from oxidative phosphorylation of glucose, most cancer cells predominantly produce energy through aerobic glycolysis of glucose to produce lactate. This phenomenon, known as the Warburg Effect, forms the basis for the development of the radioactive glucose analog <sup>18</sup>F fluorodeoxyglucose (<sup>18</sup>F-FDG) as a cancer imaging agent (Fig. 1). Combined with PET/CT scanning, <sup>18</sup>F-FDG PET can non-invasively determine the location and metabolism of tumors, and help quantitatively staging of tumors<sup>75</sup>. Currently, <sup>18</sup>F-FDG PET is widely applied in the diagnosis, staging and therapy progress monitoring of different cancers, including non-small cell lung cancer, lymphoma, ovarian cancer, kidney cancer, etc<sup>76</sup>. Glucose transporter 1 (GLUT1), a hypoxiaresponsive transporter, is believed to play a predominant role in mediating tumor uptake of <sup>18</sup>F-FDG (Fig. 3)<sup>77</sup>.

# 4.2. Molecular and physiological characteristics of GLUTs

GLUT1 belongs to *SLC2* family, encoded by *SLC2A1*, which is one of the first identified transporter<sup>78</sup>. Till now, 14 members of *SLC2* family have been characterized. GLUTs are probably the most well-studied human transporters because of their early discovery as well as important roles in glucose uptake<sup>79</sup>. GLUT1 functions as a facilitative uniporter. The major physiological substrate of GLUT1 is glucose ( $K_m = 3 \text{ mmol/L}$ ), but it can also transport mannose, galactose, glucosamine and some other hexoses. GLUT1 expression occurs in almost all tissues, with high expression typically found in tissues with high cellular glucose metabolism. In normal tissues, the highest expression of GLUT1 can be found erythrocytes and endothelial cells forming blood—brain barrier<sup>80</sup>, which respectively increases the glucose carrying capacity in red blood cells and supports glucose supply to the brain<sup>79,80</sup>.

# 4.3. Expression of GLUT1 in cancers and correlation with clinical prognosis

Overexpression of GLUTs, especially GLUT1, has been frequently observed in numerous human carcinomas. Upregulation of GLUT1 expression has been observed in a broad spectrum of tumors, including pancreatic cancer, breast cancer, lymphomas, prostate cancer, head, neck cancer, etc<sup>81,82</sup>. However, GLUT1 expression has been reported to be absent in certain cancers (e.g., sarcomas and melanomas), suggesting that other GLUTs may mediate the glycolytic pathway in these tumors<sup>82</sup>. Many studies have reported a correlation between GLUT1 expression level and the grade of tumor aggressiveness, which suggests that GLUT1 expression may be of prognostic significance. For example, a recent meta-analysis study summarized 26 clinical studies with 2948 patients across several different tumors using GLUT1 as a prognosis marker, and the meta-analysis suggested that the GLUT1 high expression is positively correlated with overall unfavorable clinical outcome (3- and 5-year overall survival (OS) and 5-year disease-free survival)<sup>83</sup>. A detailed analysis also showed adverse OS is correlated with GLUT1 expression in oral squamous cell carcinoma and breast cancer, but not with colorectal cancer, lung cancer, cervical cancer and pancreatic cancer<sup>83</sup>.

# 4.4. <sup>18</sup>F-FDG and its clinical application

Because of the high glucose uptake rate in malignant tumors, <sup>18</sup>F-FDG was developed to be used as an imaging and staging agent for cancer. Combined with PET/CT scanning, <sup>18</sup>F-PET can non-invasively determine the metabolism of tumors, and help quantitatively staging of tumors<sup>75</sup>. The mechanism of <sup>18</sup>F-FDG PET is based on the fact that the higher glucose uptake usually reflects larger tumor sizes or worse malignancy, so that the higher FDG signals around lesion the more advanced stage of tumor. <sup>18</sup>F-FDG was first approved in 2000 by FDA for assisting the evaluation of malignancy in patients with known or suspected abnormalities found by other testing modalities, or in patients with an existing diagnosis of cancer<sup>84</sup>.

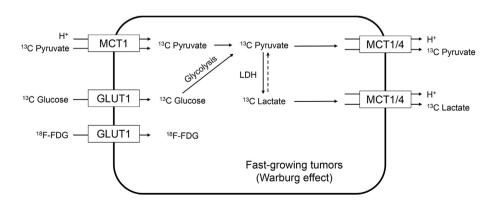
Currently, <sup>18</sup>F-FDG PET is widely applied in the staging and therapeutic progress monitoring of different cancers. The International Atomic Energy Agency (IAEA) defined that the "appropriate use" of <sup>18</sup>F-FDG PET in patients should meet the conditions including evidences of improved diagnostic performance comparing to other current techniques, results that can influence clinical practice and plausible impact on the patient's outcome<sup>85</sup>. Even under such a high standard, IAEA recommended that <sup>18</sup>F-FDG PET can be appropriately used in the diagnosis, staging, response evaluation, restaging, suspected recurrence,

follow-up and radiotherapy preparing of 21 different cancers, including non-small cell lung cancer, lymphoma, ovarian cancer, kidney cancer, etc<sup>76</sup>. However, the relative high false-positive rate and low efficacy in certain cancers was the main challenge for this modality<sup>86</sup>. Although CT has been combined with <sup>18</sup>F-FDG PET scanning to improve the technique, <sup>18</sup>F-FDG PET is still mainly applied as the additional modality to confirm the finding of a new lesion and stage the existing lesion<sup>87</sup>.

# 4.5. Correlation between GLUT1 expression and <sup>18</sup>F-FDG uptake

As the major uptake transporter of <sup>18</sup>F-FDG in tumors, the expression and function of GLUT1 and other SLC2 family members is crucial for the efficacy of <sup>18</sup>F-FDG PET. Many studies have been conducted to illustrate the relationship between GLUT1 expression and <sup>18</sup>F-FDG PET efficacy. However, the results are not consistent in different cancers. In salivary gland pleomorphic adenomas, the higher GLUT1 protein expression is correlated with a better standardized uptake value (SUV) for <sup>18</sup>F-FDG<sup>88</sup>. In hepatocellular carcinoma, the <sup>18</sup>F-FDG SUV can also be correlated with GLUT1, pSTAT3 and HIF1 $\alpha$  expression rather than other SLC2 family members (GLUT2, GLUT3 and GLUT4), and the GLUT1 expression is also a marker for poor differentiation and vascular invasion<sup>89</sup>. The GLUT1 expression in hepatocellular carcinoma is also correlated with the proliferative activity, suggesting highly GLUT expression is correlated with poor disease prognosis<sup>90</sup>. Similar observations can be seen in pancreatic cancer<sup>91</sup>, thymic epithelial tumors<sup>92</sup> and other fast growing cancers<sup>93</sup>. However, some tumors, such as colorectal adenocarcinoma<sup>94</sup> and pancreatobiliary cancer, the GLUT1 expression appears not correlated with <sup>18</sup>F-FDG SUV, suggesting that other GLUTs (e.g., GLUT3) may be involved.

As GLUT1 expression is correlated with both <sup>18</sup>F-FDG SUV and clinical outcome in several cancers, studies have also been done to demonstrate that the high <sup>18</sup>F-FDG PET imaging response can be used as a poor prognostic factor in certain cancers. For example, the high <sup>18</sup>F-FDG SUV in breast cancer has been proved to be associated with poor prognosis in a clinical study with 131 patients<sup>95</sup>.



**Figure 3** Targeting GLUT1, MCT1 and MCT4 for cancer imaging or metabolic imaging. MCT1 and GLUT1 can transport hyperpolarized <sup>13</sup>C labeled agents into the fast-growing tumor cells. Hyperpolarized MRI scanning can capture signals of both the uptake of labeled parent agents and their metabolites, and the metabolic rate can be estimated. The signals for further efflux or metabolites can also be used for the analysis of invasiveness of disease. <sup>18</sup>F-FDG can be transported into fast-growing tumors with a higher rate compared to normal tissue due to the Warburg effect.

#### 4.6. Improving GLUT-mediated cancer imaging

One of the major shortcomings of <sup>18</sup>F-FDG PET is that when used as a diagnostic tool, the sensitivity and specificity is limited due to the low expression of GLUT1 in some cancers, which could lead to lower efficacy<sup>96</sup>. One approach to improve this limitation is to target other members of GLUT family which are also expressed in tumors. In breast cancer, GLUT5 protein expression can also be detected<sup>97</sup>, and 6-<sup>18</sup>F-fluoro-D-fructose (6-<sup>18</sup>F-FDF) and several other analogs were developed to target GLUT5 in breast cancer cell lines and xenograft mouse<sup>98</sup>. Though the mouse 6-<sup>18</sup>F-FDF PET imaging signals were still not comparable to <sup>18</sup>F-FDG PET signals, this approach could be an alternative way to target GLUTs for cancer imaging in the future.

# 5. MCT1/4 and hyperpolarized <sup>13</sup>C MRI

### 5.1. Clinical background

As fast-growing tissues, tumors require high energy intake and are often present in an anaerobic microenvironment, which makes the expression and function of transporters and enzymes involved in glycolysis crucial for tumor growing. For hypoxia tumor cells, glycolysis is used to generate energy with lactate being produced due to the lack of oxygen. Even for oxygenated cells, Warburg effect occurs and glycolysis, rather than oxidative phosphorylation, is the main pathway of energy production<sup>99</sup>, which also leads to the byproduct of lactate and pyruvate. Monocarboxylate transporters (MCTs), which transport short chain monocarboxylate including L-lactate and pyruvate, have important functions in the maintenance of cellular metabolism in tumor cells<sup>100,101</sup>. MCTs, such as MCT1 and MCT4, are currently being investigated as potential drug target for cancer treatment, especially in cancers with a hyper-glycolytic and acid-resistant phenotype<sup>102</sup>.

Besides being a therapeutic target, MCTs are also a diagnostic and monitoring target by using hyperpolarized <sup>13</sup>C MRI technique. Hyperpolarized <sup>13</sup>C MRI is a recent developed technique to not only detect the path or accumulation of labelled probes, but also the cell metabolism of the probes<sup>103</sup>. Recent development in cancer cell metabolism generated more detailed picture of the metabolite pathway for probes like pyruvate and lactate, which enlightened the use of <sup>13</sup>C-pyruvate and <sup>13</sup>C-lactate (Fig. 1) as a diagnostic agent and treatment progress monitor for cancers with high glycolysis profile. In this case, the expression and function of MCTs is crucial for the proper application of this technique.

# 5.2. Molecular and physiological characteristics of MCTs

MCTs belong to *SLC16* family and were first identified in the midnineties<sup>104</sup>. Among 14 members of this gene family, four genes (*SLC16A1*, *SLC16A3*, *SLC16A7* and *SLC16A8*) encode the protoncoupled monocarboxylate transporters, namely MCT1, MCT4, MCT2 and MCT3<sup>105</sup>. MCT1–MCT4 are proton-coupled symporters and their main function is to facilitate the transport of a broad spectrum of short chain monocarboxylates (*e.g.*, lactate, pyruvate, and ketone bodies) across the membrane<sup>106</sup>. Although both endo- and exogenous inhibitors have been identified for MCTs, such as stilbene disulphonates and quercetins<sup>107</sup>, no MCT specific inhibitors has been developed.

Among the MCTs, MCT1 and MCT4 are most well-studied members. The two transporters share similar endogenous

substrates, but play separate physiological roles because of their different affinity to lactate and pyruvate<sup>105</sup>. MCT1 has a relatively higher affinity for lactate ( $K_{\rm m} = 4.5 \text{ mmol/L}$ ) and pyruvate ( $K_{\rm m} = 0.7 \text{ mmol/L}$ ) than MCT4 ( $K_{\rm m} = 28$  and 153 mmol/L, respectively)<sup>108,109</sup>. This affinity combination explains the function of these two transporters: for glycolytic cells, MCT1 is responsible for the efflux of lactate while MCT4 is expressed to build up the internal concentration of pyruvate; for other cells require lactate for lipogenesis and gluconeogenesis, MCT1 is usually expressed to facilitate the uptake of lactate<sup>105</sup>.

Because of their crucial roles in glycolysis, MCT1 and MCT4 are widely expressed across human body and are involved in different metabolism of nutrients. MCT1 is ubiquitously expressed except  $\beta$  cells in pancreases<sup>105</sup>, and MCT4 can be detected in skeletal muscle, chondrocytes, leucocytes, testis, lung, ovary, placenta and heart<sup>110</sup>. The silence or overexpression of MCT1 and MCT4 appear to be associated with several pathological conditions, including hyperinsulinism<sup>111</sup>, inflammatory bowel disease<sup>112</sup> and fatigue syndromes<sup>113</sup>.

# 5.3. Expression and function of MCT1 and MCT4 in cancer

MCT1 and MCT4 expression have been reported to be expressed in many different kinds of tumors, including head and neck, breast, lung, bladder, prostate, glioma, etc.<sup>100,102,114,115</sup>, although conflicting results also exist<sup>101</sup>. As most solid tumors rely on glycolysis for energy production, a large amount of lactate are produced and exported into the extracellular milieu, contributing to the acidic microenvironment. MCTs have been proposed to play a dual role in the maintenance of the hyper-glycolytic acidresistant phenotype of cancer cells by mediating lactate efflux and pH regulation through the co-transport of protons<sup>101</sup>. Functioning as bi-directional transporters, MCTs can also mediate cellular uptake of imaging and/or therapeutic agents in cancer cells (Fig. 3). As their expression is elevated in cancer cells, MCTs can be targeted to selectively image cancer cells and/or deliver therapeutic agents into cancer cells.

# 5.4. MCT1 and MCT4 in hyperpolarized <sup>13</sup>C MRI

Currently, the application of hyperpolarized <sup>13</sup>C MRI technique is still under development and limited to a small portion of patients because of the complexity, expense and requirement for administrating an imaging agent<sup>103</sup>. Several clinical trials are ongoing to investigate the use of hyperpolarized <sup>13</sup>C MRI with <sup>13</sup>C-pyruvate and <sup>13</sup>C-lactate as a diagnostic tool for different cancers including locally advanced cervical cancer (LACC), prostate cancer, central nervous system cancer, etc. The aims of the majority of the clinical studies are focused on the evaluation of the efficiency of hyperpolarized <sup>13</sup>C MRI as a diagnostic tool<sup>103</sup>. The contribution of MCT1 and MCT4 in pyruvate or lactate-based hyperpolarized <sup>13</sup>C MRI is still largely unknown. Nevertheless, MCT1 and MCT4 are the major transporters for lactate and pyruvate in cancers, and many studies have investigated the mechanisms and consequences of MCT1 and MCT4 expression in cancers. It has been reported that when MCT1 was inhibited or knocked down, both cancer cell lines and xenografted mouse with human lung carcinoma or colorectal adenocarcinoma cells lost the function of utilizing lactate as an energy source<sup>114</sup>. It was also demonstrated that when *MCT1* gene was knocked out, the migration and invasion ability of cancer cells reduced significantly due to impaired lactate efflux and extracellular acidification<sup>116,117</sup>. Clinico-pathological study of MCT1 in endometrial cancer also suggested that the high MCT1 expression is a marker for poor prognosis<sup>118</sup>. Based on these studies, it is suggested that the flux rate of lactate in some cancers is determined by the expression of MCT1, and the flux rate of lactate can be a biomarker for malignancy of these cancers. In one on-going clinical study (NCT03129776), hyperpolarized <sup>13</sup>C-lactate is injected to patients with LACC and imaged with MRI. The results will be compared with <sup>18</sup>F-FDG PET, and additional and more specific information regarding the metabolic activity are expected.

<sup>13</sup>C-pyruvate is also being investigated as a diagnostic tool for several different cancers, besides its ability to be accumulated in tumors, the metabolism rate of pyruvate into lactate is also a sign for the malignancy. *In vitro* and *in vivo* studies with hyperpolarized <sup>13</sup>C-pyruvate have shown that in renal cell carcinoma, after being transported into the cancer cells through MCT1, with the help of LDH, <sup>13</sup>C-pyruvate can be converted into <sup>13</sup>C-lactate, and then further exported out of the cells through MCT4<sup>119,120</sup>. This process generates a unique pattern in patients with malignant tumors by MRI, which showed not only a pyruvate peak, but also a lactate peak<sup>121,122</sup>. While still under development, the feasibility of hyperpolarized <sup>13</sup>C-pyruvate MRI to inform on tumor lactate production and dynamics provides scientific premise for future clinical investigation into the utility of this technique to noninvasively assess tumor aggressiveness and guide treatment selection.

### 6. Summary and perspectives

In this review, we focus on several SLC transporters known to be involved in targeting clinically used imaging and theranostic agents for cancer diagnosis and treatment (Table 1). It is our hope that these clinically successful cases would serve examples to foster interest in basic and translational research in membrane transporters and their potential applications in cancer diagnosis and treatment. Besides the transporters discussed above, several other SLC transporters are being used or investigated for targeting imaging agents or drugs in cancer. For example, <sup>11</sup>C-methionine is an amino acid tracer used in PET imaging of brain tumors, and its tumor uptake is likely mediated by the large amino acid transporter 1 (LAT1)<sup>123,124</sup>.

As illustrated in the above examples, several key features are essential for successful targeting imaging and therapeutic agent into cancer cells. First, the targeted transporters should be highly, preferably specifically, expressed in tumor cells to ensure high uptake in tumor as compared to normal tissues. Second, the imaging agent should be specific for the targeted transporter to ensure a high tumor-to-background ratio. This could be challenging as many SLC transporters have gene homologs with large overlap in substrate specificity. Third, the chemical structure of the imaging agent should contain an element amenable for radioisotope labeling and compatible with imaging modalities. Lastly, as the imaging agent will eventually be administrated to humans, it should also possess suitable pharmacokinetic properties and reasonable safety margins.

Cancer patients often take multiple drugs to treat comorbidities, control pains, or relieve severe side effects (*e.g.*, nausea) associated with chemo- or radiation therapy. Inhibition of transporters responsible for tumor uptake of an imaging or therapeutic agent could lead to misdiagnosis and therapeutic failures. Clinical application of transporter-mediated tumor targeting must consider potential interactions between the radiopharmaceuticals and concurrently used medications. For example, NET is a major target of tricyclic antidepressants (TCAs) and serotoninnorepinephrine reuptake inhibitors (SNRIs), which exhibit their pharmacological effects in part by blocking NET-mediated presynaptic reuptake of NE. Use of such drugs should be avoided before and during mIBG imaging and therapy. In addition, like other small molecule drugs, radiopharmaceuticals are eliminated from the systemic circulation mainly by the liver and/or kidney. Inhibition or induction of drug-metabolizing enzymes and transporters involved in their hepatic or renal elimination could lead to adverse DDIs due to altered systemic exposure to the radiopharmaceuticals. Unfortunately, drug interactions with radiopharmaceuticals have not been adequately studied either at the mechanistic levels or in clinical settings. This would represent an important area for future research.

The SLC superfamily consists of more than 400 membrane transport proteins with diverse function and tissue distribution. While a large portion of its individual members are still poorly understood, substantial progress has been made in the past two decades in the identification and characterization of many novel SLC members. Further understanding of the structure, function, expression and regulation of SLC transporters in cancer could lead to many opportunities to explore novel targets and agents for cancer imaging and treatment. With the advancement in new imaging technology and modalities, molecularly targeting uptake transporters uniquely enriched in tumor cells holds great promise for the development of new imaging applications that can give crucial information about not only the localization of the tumor, but also tumor progression, aggressiveness, and response to therapy in clinical setting. Understanding the impact and mechanisms of drug interactions with transporter-targeted radiopharmaceuticals can further improve their clinical use and applications. Advancement in these research areas is expected to benefit cancer patients by facilitating cancer diagnosis, staging, radiotherapy as well as guiding treatment plans for individual patients.

# Acknowledgment

This study was supported by the National Institutes of Health (NIH) National Institute of General Medical Sciences (Grant R01 GM066233, USA). The content is solely the responsibility of the authors and does not necessarily represent the official views of the NIH.

#### Author contributions

Yuchen Zhang was responsible for investigation, data curation, visualization, and original draft preparation. Joanne Wang was responsible for conceptualization, methodology, original draft preparation, reviewing and editing, and funding acquisition.

### **Conflicts of interest**

The authors declare no conflicts of interest.

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