Through the Lens

Multiple Discharging Nodules Over the Trunk

Actinomycetoma, a chronic subcutaneous infection, is caused by filamentous aerobic bacteria. A 40-year-old male farmer, presented with 8 month history of multiple pus discharging nodules and sinuses over the right posterior trunk with edema and erythema [Figure 1a]. Histopathology revealed non-specific predominantly mononuclear inflammatory infiltrate in upper and mid-dermis with collagen deposition [Figure 2a]. The culture showed Nocardia otitidiscaviarum [Figure 2b]. Routine investigations were normal.

Patient was managed with Rifampicin (600 mg) once daily, and double strength cotrimoxazole (800 mg of sulfamethoxazole + 160 mg of trimethoprim) twice daily for 3 months.^[11] Significant improvement was seen at 2 months with atrophic scarring and complete healing at 6 months [Figure 1b and 1c].

Consent for publication

The authors certify that they have obtained appropriate patient consent. The patient has given his consent for his images and other clinical information to be reported in

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Figure 1: (a) Multiple draining nodules and sinuses over the right posterior trunk at presentation. (b) Improvement at 2 months, and (c) complete healing with atrophic scarring at 6 months

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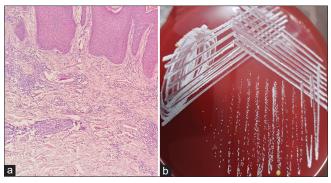


Figure 2: (a) Histopathology showing hyperkeratotic and acanthotic epidermis. Mononuclear infiltrate and collagen deposition in upper and mid-dermis (H&E 40x). (b) *Nocardia otitidiscaviarum* growth on culture

the journal. The patients understand that their names and initials will not be published.

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Conflicts of interest

There are no conflicts of interest.

Reference

 Joshi R. Treatment of actinomycetoma with combination of rifampicin and co-trimoxazole. Indian J Dermatol Venereol Leprol 2008;74:166-8.