

# Cross-Cultural Adaptation and Validation of the Persian Version of the 24-Item Early-Onset Scoliosis Questionnaire

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#### Study Design: Cross-sectional study.

**Purpose:** To translate and culturally adapt the original English version of the 24-item Early-Onset Scoliosis Questionnaire (EOSQ-24) to the Persian language as well as assess its reliability and validity.

**Overview of Literature:** Early-onset scoliosis (EOS) patients with progressive curves require active treatments, such as serial elongation-derotation-flexion casting, bracing, and surgery, which are stressful and expensive. In order to evaluate the impact of EOS and its treatment strategies, it is important to consider the patients and their parents' quality of life as the clinical and radiological parameters. The EOSQ-24 is a parent-based measure that evaluates the health-related quality of life of patients with EOS and their caregivers/parents. Similar to other widely used questionnaires, EOSQ-24 needs to be translated into other languages to make it usable in populations from different cultures and societies.

**Methods**: We evaluated the translation and back translation of the EOSQ-24 and made the required revisions as per the analysis performed by the expert committee and an international guideline to adapt it for use in this study. Thereafter, we recruited 100 EOS patients in order to evaluate its reliability and validity. The reliability was assessed with internal consistency. Convergent validity was assessed by comparing the scores of the EOSQ-24 and the 22-item Scoliosis Research Society Questionnaire (SRS-22r). Finally, the known groups validity was assessed as per patient's sex, curve magnitude, and treatment type.

**Results**: The Persian EOSQ-24 demonstrated very good internal consistency (Cronbach's  $\alpha$ =0.88). All the items had an acceptable corrected item-total correlation (>0.3). Further, the EOSQ-24 and the SRS-22r scores (p<0.001) were significantly correlated. The EOSQ-24 could discriminate patients with different curve magnitudes.

**Conclusions:** The Persian EOSQ-24 can serve as a disease-specific instrument with strong validity and reliability in the evaluation of EOS patients. Its applicability in other Persian-speaking countries and regions of the world needs to be investigated further.

Keywords: Questionnaire; Scoliosis; Reliability; Validity; Translation

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## Introduction

Early-onset scoliosis (EOS) is defined as an abnormal spine curve of >10° with an onset age of <10 years [1]. Congenital anomalies of the vertebrae, neuromuscular, and syndromic conditions, and unknown causes are common causal reasons. If left untreated, EOS may cause severe spinal deformities and cardiorespiratory problems, increasing the mortality risk [2-4]. Pediatric patients with EOS and their caregivers experience several challenges owing to progressive spine deformity and the possibility of lung dysfunction [5]. Thus, a comprehensive view of the condition of EOS patients and their families is important.

The most common treatments for pediatric EOS patients are serial casting [6], brace wearing [7], and surgery [8]. Complications that can be treated non-surgically are skin lesions, chest deformities, cardiorespiratory problems, and kidney dysfunction [9]. Complications related to surgical procedures include infection, instrumentation failure, long-term hospital stay, and neurodevelopmental issues caused by repeated anesthesia administration [10-12].

Generally, EOS patients with progressive curves need long-term treatment that is stressful and expensive; further, it may affect different life aspects of the patients and their parents. Therefore, as clinical and radiological parameters, the health-related quality of life (HRQoL) variables of EOS patients should also be considered to evaluate the outcomes of the disease and its treatment types.

The 24-item Early-Onset Scoliosis Questionnaire (EOSQ-24) is a parent-based instrument designed by Matsumoto et al. [13] for assessing the HRQoL of EOS patients and their caregivers. Previous research has demonstrated that EOSQ-24 is a valid outcome measure for evaluating the quality of life (QoL) of EOS patients [14-20].

Similar to other widely used questionnaires, the EOSQ-24 requires to be translated into other languages for use in populations from different cultures and societies. This increases the possibility of international communication and allows researchers to compare the results of their studies. Currently, the EOSQ-24 is available in Chinese [21], Arabic [17], Norwegian [18], Dutch [15], Turkish [20], Spanish [19], German [16], and Brazilian Portuguese [14] versions.

Thus, this study aimed to translate the EOSQ-24 into Persian and investigate its validity and reliability.

## **Materials and Methods**

The ethics committee of Iran University of Medical Sciences approved the study protocol (no., IR.IUMS. REC.1398.791). Before initiating the study, we contacted the EOSQ-24 developers via email and obtained their approval for translation.

The study was performed in the following two phases: (1) the translation and cross-cultural adaptation of the EOSQ-24 into the Persian version (P-EOSQ-24) (development phase), and (2) the validity and reliability analysis of the P-EOSQ-24 (validation phase).

#### 1. Translation and cross-cultural adaptation phase

The translation and cultural adaptation process were based on the guidelines described by Beaton et al. [22] and performed in five stages. In the first stage, two professional Persian language translators fluent in the English language translated the original English version of the EOSQ-24 into Persian language. In the second stage, the two translations were merged into a single Persian version with a consensus among the two translators and the research team. In the third stage, two independent professional bilingual translators who were fluent in English and Persian translated this Persian version into English (the back translation stage). After resolving the discrepancies between the two translations, we sent the back translation to the original EOSQ-24 developers. After obtaining their approval, an expert committee that comprised all the translators, three certified orthotists, a methodologist, and a spine surgeon reviewed all the translations to prepare a pre-final Persian version of the EOSQ-24. The goal of this stage was to achieve a cross-cultural equivalence, including semantic, idiomatic, and experiential equivalence.

Thereafter, the pre-final Persian version of the EOSQ-24 was used for 30 Persian-speaking parents of children with EOS at the Department of Orthopedic Surgery, the Division of Spine Surgery, Shafa Yahyaiian Hospital, Tehran, Iran. The parents were asked to rate each item on a 5-point Likert scale with respect to the clarity and intelligibility of each item. After reviewing and calculating the scores, we found that most parents had understood the questions correctly. The percentage of concession on all items was >80%.

#### 2. Reliability and validity-testing phase

To evaluate the reliability and validity of the P-EOSQ-24, we administered it to 100 Persian-speaking parents of pediatric patients with EOS. In addition, we asked these parents to fill the parent form of the Persian 22-item Scoliosis Research Society questionnaire (SRS-22r) to test the convergent validity of the EOSQ-24. Data were collected from two spine centers in Tehran, Iran in the period from September 2019 to March 2020. The parents of all pediatric subjects signed a written consent form before the subjects were enrolled in the study.

#### 3. Questionnaires

#### 1) The EOSQ-24

The EOSQ-24 is a parent-based questionnaire that comprises 24 items in 4 domains and 11 sub-domains [13]. The HRQoL domain measures the HRQoL of pediatric patients with EOS and collects information about general health (two items), pain/discomfort (two items), pulmonary function (two items), transfer (one item), physical function (three items), daily living (two items), fatigue/ energy level (two items), and emotion (two items). Parental burden (five items) and financial burden (one item) are separate domains that measure the burden on parents, and the satisfaction (two items) domain measures the satisfaction level of the pediatric patients and their parents. Each question is answered using a 5-point Likert scale that ranges from 1 to 5, with 1 indicating the worst condition and 5 indicating the best condition. Scores for each domain and sub-domain range from 0 to 100. Normative data based on age were also collected.

#### 2) The SRS-22r

The SRS-22r questionnaire is a self-reported instrument that is used to assess the QoL of patients with idiopathic scoliosis [23]. This questionnaire includes 22 items in five subscales, including function/activity (five items), pain (five items), self-image (five items), mental-health (five items), and satisfaction with the management (two items). For each item, the parents are required to mark their perception regarding their child's condition on a 5-point Likert scale that ranged from 1 to 5, with 1 indicating the worst condition and 5 indicating the best condition. Therefore, the score of each subscale ranged from 5 to 25 (except for the satisfaction subscale that ranged from 2 to 10). The total score of the SRS-22r ranged from 22 to 110.

#### 4. Reliability analyses

We evaluated the reliability by calculating the internal consistency of the EOSQ-24. "Corrected item–total correlation" was calculated in order to evaluate the correlation between each item and the entire questionnaire. We calculated "Cronbach's  $\alpha$  if item deleted" to determine whether the Cronbach's  $\alpha$  value improved after deleting a question.

#### 5. Validity analyses

#### 1) Convergent validity

Convergent validity refers to the relationship between the scores of two different instruments that examine a single variable [24]. In this study, we asked all participants to complete the P-EOSQ-24 and the parent form of the SRS-22r in order to evaluate convergent validity [25].

#### 2) Known groups validity

Known groups validity is a type of construct validity that refers to the ability of an instrument to distinguish individuals who are known to have different characteristics [26]. In order to evaluate the known groups validity, we supposed that the total scores of the P-EOSQ-24 are different as per the patient's sex, curve magnitude, and treatment type.

#### 6. Floor and ceiling effects

The floor and ceiling effects indicate the limitation of an instrument to assess the condition of the patients being studied; this is related to the content validity. Values <30% of the floor and ceiling effects are considered acceptable [19]. In our study, the floor and ceiling effects were calculated according to the frequency of the minimum and maximum scores for a question (1 or 5).

#### 7. Statistical analyses

We used the IBM SPSS ver. 20.0 (IBM Corp., Armonk, NY, USA) for our analyses. The graphs were created using the GraphPad Prism software for Windows 8 (GraphPad Prism software Inc., San Diego, CA, USA). We reported the descriptive data as mean values, standard deviation

values, missing answers, interquartile ranges, as well as the ceiling and floor effects. Cronbach's  $\alpha$  coefficient was calculated in order to evaluate the internal consistency of the EOSQ-24. A value of  $0.70 \le \alpha \le 0.95$  for Cronbach's  $\alpha$ indicates a satisfactory internal consistency [27]. We used the corrected item-total correlation in order to determine the relationship between each item of the EOSO-24 and its total score. A value of >0.3 showed that the item had an acceptable interrelationship with the questionnaire [27].

Spearman's correlation coefficient was used for evaluating the relationship between the EOSQ-24 and SRS-22r for convergent validity. Moreover, a sub-group analysis using an independent sample *t*-test was used to evaluate the known groups validity of the EOSQ-24 with respect to the patient's sex, curve magnitude, and treatment type. The significance level was indicated by a *p*-value <0.05, with 95% confidence intervals (CIs) for all correlation coefficients.

## **Results**

#### 1. Study participants

At the pre-final testing of the P-EOSQ-24, all pediatric patients (19 females and 11 males) had idiopathic scoliosis, and their average age and curve magnitude were  $6.30\pm2.16$  years and  $35.46^{\circ}\pm8.56^{\circ}$ , respectively. Of these,

Table 1. Demographic characteristics of the patients

Characteristic	Value
Gender (%)	
Male	39 (39.0)
Female	61 (61.0)
Age (mo)	
At diagnosis	72 (24–47)
At initiation of treatment	72 (36–105)
Cobb angle (°)	40 (33–48)
Intervention (%)	
Brace treatment	81 (81.0)
Surgical treatment	19 (19.0)
Diagnosis	
Idiopathic	94 (94.0)
Congenital	2 (2.0)
Syndromic	4 (4.0)

Values are presented as number (%) or median (interquartile range).

seven patients had received surgical intervention, and 23 had undergone brace treatment. In the reliability and validity-testing phase, among the 100 EOS patients, 81

Table 2. Internal consistency analysis of the EOSQ-24

EOSQ-24 domains	Mean±SD	Corrected item–total correlation	Cronbach's α if item deleted	Cronbach's α per domain
General health				0.69
Q1	3.69±1.09	0.76	0.91	
02	4.49±0.83	0.69	0.93	
Pain				0.85
03	4.01±0.97	0.85	0.96	
Q4	4.12±0.92	0.84	0.96	
Pulmonary function				0.63
Ω5	4.18±0.96	0.72	0.89	
Q6	4.52±0.73	0.64	0.92	
Transfer				NA
Ω7	4.30±1.04	0.67	0.80	
Physical function				0.85
Ω8	3.68±1.09	0.77	0.92	
Ω9	3.51±1.05	0.75	0.92	
Q10	3.53±1.04	0.81	0.91	
Daily living				0.49
Q11	3.48±1.05	0.53	0.90	
Q12	3.58±1.41	0.64	0.86	
Fatigue				0.75
Q13	3.94±0.99	0.76	0.94	
Q14	3.71±1.01	0.76	0.94	
Emotion				0.87
Q15	3.91±1.09	0.88	0.96	
Q16	4.22±0.95	0.86	0.97	
Parental impact				0.84
Q17	3.25±1.16	0.56	0.90	
Q18	3.98±1.16	0.79	0.86	
Q19	3.55±1.17	0.78	0.87	
Q20	4.30±1.02	0.69	0.88	
Q21	4.17±0.84	0.59	0.89	
Financial impact				NA
022	2.92±1.26	0.63	0.77	
Satisfaction				0.67
023	3.41±0.81	0.69	0.92	
024	3.55+0.83	0.70	0.92	

EOSQ-24, 24-item Early-Onset Scoliosis Questionnaire; SD, standard deviation; Q, question; NA, not applicable.

had undergone brace treatment, and 19 had received surgical treatment (Table 1). All the patients were recruited during their routine office visits. The P-EOSQ-24 has been included in Supplement 1.

#### 2. Reliability

The P-EOSQ-24 possesses very good internal consistency (Cronbach's  $\alpha$  of 0.886; range, 0.56–0.96). The Cronbach's  $\alpha$  per sub-domain ranged from 0.49 in the "daily living" sub-domain to 0.87 in the "emotion" sub-domain (Table

Table 3. Results of Pearson correlation coefficients between subscales of the EOS0-24 and the SRS-22

EOSQ-24	SRS-22		95% CI
Pain	Pain	0.67***	0.48-0.78
Transfer	Function	0.44***	0.23-0.62
Physical function	Function	0.54***	0.33-0.70
Daily living	Function	0.53***	0.35-0.68
Emotion	Mental health	0.58***	0.44-0.70

EOSQ-24, 24-item Early-Onset Scoliosis Questionnaire; SRS-22, 22-item Scoliosis Research Society Questionnaire; *r*, correlation coefficient; Cl, confidence interval.

\*\*\*p<0.001 is statistically significant.



Fig. 1. Violin plots of total 24-item Early-Onset Scoliosis Questionnaire (EOSQ-24) scores between patients with different types of treatment. The middle, lower, and upper horizontal dash lines demonstrate the median, 1st quartile, and 3rd quartile values, respectively (*p*>0.05).



**Fig. 2.** Violin plots of total 24-item Early-Onset Scoliosis Questionnaire (EOSQ-24) scores between males and females. The middle, lower, and upper horizontal dash lines demonstrate the median, 1st quartile, and 3rd quartile values, respectively (*p*>0.05).



**Fig. 3.** Violin plots of total 24-item Early-Onset Scoliosis Questionnaire (EOSQ-24) scores between patients with curve magnitude of  $\leq$ 30° and >30°. The middle, lower, and upper horizontal dash lines demonstrate the median, 1st quartile, and 3rd quartile values, respectively (*p*<0.05).

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		01 the L03Q-24		<b>O</b> ::: (0/)	<b>5 4</b> <sup>•</sup> • (0/ )
variable	iviedian (IUK)	Wean±SD	FIOOT (%)	Celling (%)	IVIISSING (%)
General health					
Q1	4.00 (3.00–5.00)	3.73±1.06	4 (3.2)	25 (20.0)	1
Q2	5.00 (4.00–5.00)	4.53±0.77	1 (0.8)	65 (52.0)	2
Pain					
Q3	4.00 (3.00–5.00)	4.05±0.97	9 (7.2)	39 (31.2)	0
Q4	4.00 (4.00-5.00)	4.18±0.91	1 (0.8)	42 (33.6)	0
Pulmonary function					
Q5	4.00 (3.00–5.00)	4.22±0.87	1 (0.8)	50 (40.0)	1
Q6	5.00 (4.00-5.00))	4.56±0.71	2 (1.6)	64 (51.2)	2
Transfer					
Q7	5.00 (4.00-5.00)	4.35±1.00	3 (2.4)	58 (46.4)	3
Physical function					
Q8	4.00 (3.00-5.00)	3.69±1.04	3 (2.4)	28 (22.4)	1
Q9	3.00 (3.00-4.00)	3.50±1.02	5 (4.0)	20 (16.0)	2
Q10	3.00 (3.00-4.00)	3.52±0.99	3 (2.4)	23 (18.4)	2
Daily living					
Q11	3.00 (3.00-4.00)	3.55±091	5 (4.0)	20 (16.0)	1
Q12	4.00 (3.00-5.00)	3.80±1.28	13 (10.4)	40 (32.0)	0
Fatigue					
Q13	4.00 (3.00-5.00)	4.05±0.86	1 (0.8)	35 (28.0)	0
Q14	4.00 (3.00–5.00)	3.77±0.90	3 (2.4)	25 (20.0)	2
Emotion					
Q15	4.00 (3.00–5.00)	3.97±1.05	1 (0.8)	40 (32.0)	0
Q16	5.00 (3.00–5.00)	4.26±0.95	4 (3.2)	54 (43.2)	2
Parental burden					
Q17	3.00 (2.00-4.00)	3.32±1.13	5 (4.0)	18 (14.4)	0
Q18	4.00 (3.00–5.00)	4.07±1.12	4 (3.2)	43 (34.4)	0
Q19	4.00 (3.00-4.00)	3.57±1.16	8 (6.4)	20 (16.0)	0
Q20	5.00 (4.00–5.00)	4.98±5.78	2 (1.6)	60 (48.0)	0
Q21	4.00 (4.00–5.00)	4.21±0.82	6 (4.8)	39 (31.2)	0
Financial burden					
022	3.00 (2.00-4.00)	2.96±1.26	15 (12.0)	15 (12.0)	0
Satisfaction					
Q23	3.00 (3.00-4.00)	3.34±0.80	10 (8.0)	10 (8.0)	2
024	4.00 (3.00-4.00)	3.57±0.69	3 (2.4)	10 (8.0)	0

#### Table 4. Descriptive statistics of each item and domain of the EOSQ-24

EOS-24, 24-item Early-Onset Scoliosis Questionnaire; IQR, interquartile range; SD, standard deviation; Q, question.

2). The "corrected item-total correlation" analysis showed that the values of all items were >0.3.

#### 3. Validity

Table 3 shows the relationships between the total and subdomains of the EOSQ-24 scores and their related domains in the SRS-22r. A significant correlation was observed between pain, transfer, physical function, daily living, and emotion sub-domains of the EOSQ-24 with their corresponding domains in the SRS-22r, including pain, function, and mental health (r, 0.44–0.67; p<0.001). For known groups validity, there was no significant difference between the patient's sex and treatment type with respect to the mean EOSQ-24 scores (Figs. 1, 2). However, a significant difference was observed between patients with a curve magnitude of ≤30° and those with curve magnitudes of >30° (p<0.05) (Fig. 3).

#### 4. Floor and ceiling effects

There were significant ceiling effects in the Q2 (65%) from "general health," Q6 (64%) from "pulmonary function," and Q20 (60%) from "parental impact" sub-domains of the questionnaire (Table 4). However, no significant floor effect was observed in our study population.

### Discussion

This study investigated the psychometric properties of the P-EOSQ-24 in EOS patients. As per our findings, the P-EOSQ-24 has very good internal consistency and satisfactory convergent and known groups validity.

The results of the Cronbach's a coefficient revealed that the P-EOSQ-24 has very good internal consistency (Cronbach's  $\alpha$ =0.88). Therefore, the P-EOSQ-24 has a homogeneous internal structure for measuring the HRQoL of EOS patients. In the other versions of the EOSQ-24, the Cronbach's  $\alpha$  value was 0.88–0.95 [14-21], consistent with that in the P-EOSQ-24. With respect to the sub-domains of the EOSQ-24, the Cronbach's  $\alpha$  value was 0.88–0.95 [14-21], consistent with that in the P-EOSQ-24. With respect to the sub-domains of the EOSQ-24, the Cronbach's  $\alpha$  value was >0.7 in the pain, physical functioning, fatigue, parental status, and emotion sub-domains. However, the value of the Cronbach's  $\alpha$  was <0.7 for general health, pulmonary function, daily living, and satisfaction sub-domains.

In the Chinese [21], Brazilian Portuguese [14], and Dutch [15] versions, Cronbach's a was <0.7 in general health and pulmonary function sub-domains, consistent with our results. In the daily living sub-domain, our results were consistent with those in the Brazilian Portuguese version [14]. However, in the satisfaction domain, our results were different from the results of the other versions of the EOSQ-24. This might be because of the different perspectives of the parents with respect to certain questions in this domain. In our study, most parents (87%) stated that their child did not have a particular problem in dressing and did it without any challenges (Q11). In Q12, 51% of the parents reported that their child required the same amount of time to eat the same amount of food as a healthy child. In Q23 from the satisfaction domain, the parents are required to answer a question about their child's satisfaction with his/her ability to perform tasks. However, Q24 seeks to know the parents' satisfaction with their child's ability to perform tasks. In Q23, parents answered this question based on their point of view on behalf of their child. In fact, the patients' perceptions about their child's functional limitations and his/her ability to perform tasks can be different from the child's perspective.

In order to evaluate the convergent validity of the P-EO-SQ-24, we compared the corresponding sub-domains of this questionnaire with the P-SRS-22r. The results showed a significant correlation between these two questionnaires (r range, 0.23–0.78). In the report on the Dutch version [15], the researchers first used the parent form of the SRS-22 to evaluate the convergent validity of the EOSQ-24, wherein a strong correlation was obtained between the two questionnaires (r range, 0.61-0.76). The original version of the SRS-22 was developed for adolescents who had idiopathic scoliosis [23]. However, recently, Li et al. [28] conducted a study on patients with congenital scoliosis and found that except for the satisfaction domain, there was a strong correlation between all the sub-domains of the SRS-22 and EOSQ-24. Therefore, SRS-22 is a good instrument for investigating the convergent validity of the EOSO-24.

The total score of the P-EOSQ-24 showed that it could discriminate patients with different curve magnitudes. As expected, we found that patients with a lower curve magnitude had superior QoL than those with a higher curve magnitude. This result is in keeping with the results obtained from the Spanish [19], Dutch [15], Norwegian [18], and Arabic [17] versions. However, the P-EOSQ-24 could not discriminate between the patient's sex and treatment type. This may be attributable to the heterogeneity of the patients receiving different surgical and nonsurgical treatments. Similar results were also obtained in the Dutch version [15].

The P-EOSQ-24 had a low percentage of missing response (<1%), indicating that it offered sufficient clarity and can be well understood by the parents. There were no floor effects in our population in keeping with the results

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obtained in the Dutch [15], Spanish [19], Norwegian [18], Turkish [20], and Chinese [21] versions. However, in the Arabic version [17], Q17 had a significant floor effect (36.2%). In the Brazilian Portuguese version [14], Q10 and Q11 showed a significant floor effect (43.4% and 32.9%, respectively). Similar to previous studies, the ceiling effect was observed in some items of the P-EOSQ-24 [14-17,19-21]. The highest ceiling effect was related to Q2 (general health). The reason might be that the child's health was very important to the parents or because most parents do not consider their children as being unwell. Further, Q5 and Q6 (pulmonary function) and Q7 (transfer) had high ceiling effects, in agreement with the results obtained from the Dutch [15], Spanish [19], Norwegian [18], Brazilian Portuguese [14], and Arabic [17] versions.

There were some limitations to this study. First, most study subjects had idiopathic scoliosis and were ambulatory. Therefore, it was not possible to compare their EOSQ-24 scores with those of non-ambulatory patients and patients with syndromic, congenital, and neuromuscular scoliosis. Second, we did not assess the changes in the EOSQ-24 scores over time and during the treatment periods. Third, we performed this study at only two referral centers for EOS; therefore, its generalizability to the entire Persian-speaking population is unclear. However, about 50% of the patients came from different regions of Iran for treatment.

Finally, Persian is one of the oldest languages of the world that is still spoken. At the present time, this language is spoken in many regions of the world, including but not limited to several modern Middle-Eastern and Central Asian countries. These countries or many of their regions were once parts of Iran (Persia), a much larger country, including Afghanistan, Pakistan, Uzbekistan, Turkmenistan, Tajikistan, Armenia, Azerbaijan, etc. In all these countries, Persian (Farsi) remains the mother tongue or second language of people residing in certain areas. Currently, there are three standard forms of the Persian language, Tehrani or Farsi (used formally in Iran), Dari Persian (used formally in Afghanistan), and Tajiki Persian (used formally in Tajikistan and myriad people in Uzbekistan) [29]. We performed this study in Iran; all the included participants spoke the Tehrani dialect. Although Persian speakers in Iran, Afghanistan, and Tajikistan can communicate with each other, there might be instances of different understandings of a word or phrase in some dialects or vernaculars owing to geographical and cultural differences (the same problem that is apparent in all English or French language questionnaires that are only provided in the standard dialects, including the original English version of the EOSQ-24). Therefore, the applicability of the EOSQ-24 in the other forms of the Persian language and regions of the world requires further investigation.

## Conclusions

The P-EOSQ-24 can serve as a disease-specific instrument that possesses strong validity and reliability for the evaluation of patients with EOS.

## **Conflict of Interest**

This study was supported by the research committee of Iran University of Medical Sciences. There is no conflict of interest about the study. No potential conflict of interest relevant to this article was reported.

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## **Author Contributions**

Conception and design: all authors; data acquisition: Mahmood Esfandiari; analysis of data and drafting of the manuscript: Mahmood Esfandiari, Taher Babaee; supervision: Taher Babaee; and critical revision and final approval of the version to be published: all authors.

## **Supplementary Materials**

Supplementary materials can be available from https:// doi.org/10.31616/asj.2020.0483. Supplement 1. The P-EOSQ-24.

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