

# Natal and Neonatal Teeth: A Retrospective Study of 15 Cases

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## ABSTRACT

**Objectives:** To present 17 natal/neonatal teeth in 15 patients and describe their clinical characteristics, associated disorders, complications and treatment.

**Methods:** A retrospective study of neonates who visited the Department of Pedodontics and Preventive Dentistry, College of Dental Sciences, Davangere, India, between 2003 and 2006 was carried out. It was a study of clinical data, such as the age and gender of the patients, the history and chief complaints of mothers, the clinical appearance and location of natal/neonatal teeth, and associated complications and treatments.

**Results:** A total of 17 teeth (6 natal, 11 neonatal) were found in 15 patients. No significant gender predilection (8 male, 7 female) was found. Sixteen natal/neonatal teeth were placed in mandibular incisor area (10 on the right side and 6 on the left side) and one tooth in the maxillary incisor area. In 13 patients, the occurrence of natal/neonatal teeth was unilateral, and in 2 patients, it was bilateral. Three cases were associated with enamel hypoplasia, 3 cases with Riga-Fede disease, and 1 case with gingival hyperplasia. One case involved a patient with cleft lip and palate. Radiographic examination confirmed these teeth to be supernumerary, and all teeth exhibited hypermobility. Extraction had been done in all the cases. Eleven of the extracted teeth exhibited only rudimentary roots, and six teeth showed no roots.

**Conclusions:** The occurrence of a natal/neonatal tooth is a rare phenomenon. When it occurs, the teeth have a variety of clinical characteristics and lead to different complications. Knowledge of the management of these structures is essential for the overall well being of a child. (Eur J Dent 2011;5:168-172)

**Key words:** Natal tooth; Neonatal tooth; Vitamin K; Riga-Fede disease; Gingival hyperplasia; Cleft lip and palate.

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## INTRODUCTION

Eruption of the first tooth in a baby's first year of life is one of his or her major milestones. Infants occasionally are born with structures that appear to be erupted teeth well before the first deciduous teeth are expected. These precociously and prematurely erupted teeth lead to a plethora of reactions, which are combined with many misconceptions and have an impact on functional and psychological changes in the child's life and emotions of the parents. These structures must be differentiated from true deciduous teeth, so they are called natal and neonatal teeth. Massler and Savara<sup>1</sup> defined "natal teeth" as teeth present at birth and "neonatal teeth" as those that erupt within the first month of life.

The etiology of these teeth is still unknown. A number of factors favoring the occurrence of these teeth have been described in the literature<sup>2-11</sup> (Table 1). Some investigators suggested that natal/neonatal teeth are associated with various syndromes or systemic conditions<sup>12-15</sup> (Table 1). Therefore careful evaluation of infants with natal or neonatal teeth is recommended.

Natal and neonatal teeth provoke the interest of both parents and the dentist because of their varied clinical features. The aim of this paper is to present information regarding 17 natal/neonatal teeth in 15 patients and to describe the clinical characteristics, associated disorders, and treatments.

## MATERIALS AND METHODS

This was a retrospective study of Indian neonates who reported to the Department of Pedodontics and Preventive Dentistry, College of Dental Sciences, Davangere, India, between 2003 and 2006 using the laboratory data. A total of 17 natal or neonatal teeth were found in 15 neonates. The authors reviewed clinical data, such as the age and gender, the history and chief complaints of mothers, clinical appearance and location of natal/neonatal teeth, and associated complications and treatments. Intraoral photographs and radiographs had been taken in all patients. The variables were analyzed for sexual dimorphism, different locations, and single or multiple occurrences, different clinical features, and complications.

## RESULTS

Among 15 patients, 17 teeth (6 natal, 11 neonatal) were diagnosed in 15 patients who were 8 days to one month old (Table 2). There was no significant gender preference (8 male, 7 female). A significant single occurrence of natal/neonatal teeth was observed as shown in Table 2. Of the 15 patients, only two patients were diagnosed with more than one tooth either simultaneously (case 7) or at short intervals of time (case 11). There was a significant preference for the mandibular incisor position. No significant difference was found as far as the side of the mouth where the tooth erupted, although the number of natal/neonatal tooth was higher on the right side (ten teeth) than on the left side (six teeth). In the mandible, a majority (16/17) of natal/neonatal teeth involved the central incisor position; in one patient, a tooth in the maxillary incisor area was visible. Clinical histories were checked for symptoms, and in all cases, there was a difficulty in feeding or refusal to suckle milk due to pain. The reasons for making a first visit to a dentist were the appearance of the tooth and its mobility, presence of sublingual ulceration, refusal to suckle, and possible aspiration of the tooth because of mobility. A natal tooth associated with cleft lip and palate was observed in one patient. Clinically, three patients (cases 1, 11, and 13) exhibited enamel hypoplasia of the natal/neonatal tooth, one patient showed gingival hyperplasia (case 7), and three patients displayed sublingual ulceration (cases 5, 9 and 14). The natal/neonatal teeth in all patients exhibited hyper mobility. A radiographic examination of all patients confirmed that these teeth were supernumerary. Extraction was performed in all 15 cases under topical anesthesia, since all were hyper mobile and mothers of all patients were willing to have these teeth removed. Eleven of extracted teeth exhibited rudimentary roots, and six teeth showed no roots.

Table 1. Hypothetical factors underlying natal/neonatal teeth.

- Familial pattern like hereditary transmission of a dominant autosomal gene.<sup>2-4</sup>
- Endocrinal disturbances.<sup>5</sup>
- Superficial position of tooth germs.<sup>6</sup>
- Osteoblastic activity within area of the tooth germs.<sup>7</sup>
- Febrile status; eruption accelerated by febrile incidents.<sup>5,8</sup>
- Infection or malnutrition.<sup>9</sup>
- Nutritional deficiency, e.g., Hypovitaminosis.<sup>10</sup>
- Environmental factors.<sup>11</sup>
- Association with syndromes and systemic conditions.<sup>12-15</sup>

## DISCUSSION

In the general population, the prevalence of natal or neonatal teeth ranges from 1:1,000 to 1:30,000, depending on the type of study and occurring in general with incidences of one or two teeth.<sup>16,17</sup> The highest prevalence was found in the only study that relied on personal examination of patients.<sup>7</sup> Other researchers found it to be found in approximately 1 in 2,000 – 3,500 births.<sup>1,2</sup> Diaz-Romero et al<sup>18</sup> stated that neonatal teeth were presented at a higher rate in the Mexican population. A rate of 1:716 is the highest ratio reported by Kates et al.<sup>7</sup>

The incidence of natal/neonatal teeth revealed no significant differences according to gender. Previous studies reported a higher frequency of occurrence in females.<sup>7,16-18</sup> It has been reported that natal teeth are more frequent, approximately three times more common than neonatal teeth.<sup>19</sup> Among them, 85% of natal or neonatal teeth are mandibular incisors followed by maxillary incisors (11%), mandibular canines or molars (3%), and maxillary canines or molars (1%).<sup>19</sup> Natal or neonatal canines are extremely rare.<sup>16</sup> One researcher noted that natal/neonatal teeth occur more frequently bilaterally (61-76%).<sup>19</sup> On the contrary,

Table 2. Clinical characteristics of natal/neonatal teeth.

Case No.	Age (Days)	Sex	Natal/ neonatal teeth position	History and chief complaints	Clinical features	Associated disorders & complications	Treatment
1.	15	Male	81	Tooth erupted 7 days after birth Difficulty in suckling	Mobile, Yellowish color	Enamel hypoplasia	Extraction
2.	19	Female	81	Tooth present at the time of birth. Difficulty in suckling	Mobile, Whitish color	None	Extraction
3.	16	Male	51	Tooth present at the time of birth Fear of aspiration due to mobility	Mobile, Whitish color	Cleft lip and palate	Extraction
4.	14	Female	81	Tooth erupted 15 days after birth Refusal to suckling	Mobile, Whitish color	None	Extraction
5.	8	Male	81	Tooth present at the time of birth Difficulty in feeding Continuously cry	Mobile, White color	Riga-Fede disease (sublingual ulceration)	Vitamin K administration + Extraction
6.	18	Female	71	Tooth erupted 10 days after birth Refusal to suck milk Continuously cry	Mobile, White color	None	Extraction
7.	30	Female	71, 81	Two teeth erupted 15 days after birth Refusal to suck milk Continuously cry	Mobile, Inflammation of gingiva around the teeth	Gingival hyperplasia	Extraction
8.	25	Male	81	Teeth erupted 15 days after birth Difficulty in feeding Continuously cry	Mobile, Whitish color	None	Extraction
9.	18	Male	71	Tooth erupted 11 days after birth Refusal to suckling	Mobile, Whitish- opaque in color	Riga-Fede disease	Extraction
10.	17	Female	81	Tooth present at the time of birth. Refusal to suckling	Mobile, Whitish color	None	Extraction
11.	23	Male	71, 81	Tooth erupted 10 days after birth fol- lowed by another tooth after 15 days Difficulty in feeding	Mobile, Yellowish color	Enamel hypoplasia	Extraction
12.	21	Female	71	Teeth erupted 15 days after birth Refusal to suck milk	Mobile, Whitish- opaque color	None	Extraction
13.	7	Male	81	Tooth present at the time of birth Difficulty in feeding	Mobile, Yellowish- brown color	Enamel hypoplasia	Vitamin K administration + Extraction
14.	20	Male	81	Tooth erupted 10 days after birth Difficulty in feeding	Mobile, Whitish- opaque color	Riga-Fede disease	Extraction
15.	21	Female	71	Tooth erupted at the time of birth Refusal to suckling	Mobile, White color	None	Extraction

our study found more unilateral occurrences of natal/neonatal teeth. Ooshima et al<sup>6</sup> emphasized that multiple natal/neonatal teeth are extremely rare. The strong predilection for the lower central incisors is not surprising in view of the fact that they are normally the first teeth to erupt. Authors have stated that most commonly, natal/neonatal teeth are precociously erupted from the normal complement of primary teeth (90%-99%) and only 1% to 10% of natal and neonatal teeth are supernumerary.<sup>20,21</sup> However, in the present study radiographic examination confirmed that all teeth were supernumerary teeth, which differed from information presented in other reports.<sup>1-3,7</sup> In our study, 16 teeth occurred in the mandibular incisor area, one in the maxillary incisor area. No teeth were found in the molar/canine area. This is in line with information reported by other researchers.<sup>22,23</sup> The present study showed a greater number of neonatal teeth than natal. This finding was not in agreement with findings of other studies.<sup>7,23</sup>

Clinically the natal/neonatal teeth are poorly developed and are small and cone shaped. They have a yellowish-brown or whitish opaque color and have a hypoplastic enamel or dentin.<sup>22</sup> Occasionally they may be of normal size and shape. In our study, all teeth showed a small crown, and some teeth had rudimentary roots. Seven teeth were found to have no roots. In three cases, the teeth were a yellowish-brown color, suggesting an enamel hypoplasia.

Natal or neonatal teeth are more frequently seen in children with cleft lip and palate. Our study showed one case associated with a cleft lip and palate. A natal tooth with mobility was observed in the cleft region between the premaxilla and the maxilla. When a patient with a cleft lip and palate has natal/neonatal teeth, they interfere with the fabrication and application of the naso-alveolar molding appliance.<sup>24</sup> Therefore, the tooth must be removed to facilitate the fabrication and placement of the device. Ziai et al<sup>24</sup> suggested that although general anesthesia is not always indicated for the removal of these teeth, in cases in which the premaxilla is loose, general anesthesia is warranted. In our case, this problem was not encountered, and extraction had been done under topical anesthesia.

A major complication from natal/neonatal teeth is ulceration on the ventral surface of the

tongue caused by the tooth's sharp incisal edge. This condition is also known as Riga-Fede disease or syndrome.<sup>25,26</sup> Constant trauma may create ulceration sufficient to interfere with proper suckling and feeding and put the neonate at risk for nutritional deficiencies and cause infants' failure to gain weight.<sup>25</sup> Treatment of Riga-Fede disease has varied over the years. Early treatment consisted of excision of the lesion. In case of mild to moderate irritation to the tongue, experts advocate conservative treatment, such as smoothing the incisal edge with an abrasive instrument.<sup>20</sup> Alternatively, a small increment of composite resin may be bonded to the incisal edges of the teeth.<sup>27</sup> In case these is a large ulcerated area, even after reducing incisal edges, the teeth may still contact and traumatize the tongue during suckling, enough to delay healing.<sup>28</sup> So for rapid resolution of the lesion, extraction of these teeth is mandatory instead of using more conservative methods.

The reason usually given for eruption of teeth during the perinatal period is a superior position of the tooth germ.<sup>6</sup> However, in most cases, specific etiologic factors cannot be identified.<sup>29</sup> In our study, no underlying cause for the natal/neonatal teeth was apparent, but it could have been because of the superior placement of the tooth germ. Natal teeth can occur as an isolated dental finding, but many times they are associated with syndromes and developmental disturbances.<sup>5,12-15</sup> In one patient (case 7) in the present study, neonatal teeth had led to the formation of fibrous hyperplasia which is rarely reported in the literature.<sup>30</sup> Fibrous hyperplasia is a non-specific reactive lesion of soft tissues of unknown etiology usually associated with trauma or local irritation. There was no hereditary influence in any of the cases, and none of the cases showed syndromic features or systemic manifestations.

Considering the complications associated with natal/neonatal teeth, such as Riga-Fede disease, feeding problems, the possibility of infection, and hyper mobility, in most cases, extraction is the treatment of choice. However, in the interest of protecting the child this decision should be made carefully. Prophylactic administration of vitamin K (0.5-1 mg, intramuscular) is advocated because of the risk of hemorrhage as the commensal flora of the intestine might not have been established until the child is 10 days old, and vitamin K is essen-

tial for the production of prothrombin in the liver.<sup>31</sup> For this reason, in patients 5 and 13, extraction was done after the administration of vitamin K.

## CONCLUSIONS

The occurrence of natal/neonatal tooth is a rare phenomenon. When it occurs, it shows varied clinical characteristics and leads to different complications. Knowing how to manage these structures is essential for the overall well being of a child. Still, many more longitudinal and divergent studies of different ethnic groups are required to confirm the etiology and nature of the natal/neonatal teeth.

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