

SYSTEMATIC REVIEW

Comparison of major bleeding in patients with acute coronary syndrome that underwent coronary artery bypass grafting treated with clopidogrel or ticagrelor: a systematic review and meta-analysis [version 2; peer review: 2 approved, 1 approved with reservations]

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Abstract

Background: There is controversy among physicians regarding the use of dual antiplatelet therapy (DAPT) in acute coronary syndrome (ACS) patients treated with coronary artery bypass grafting (CABG). Moreover, the evidence of previous studies about this topic remained inconclusive. This study aimed to perform a meta-analysis concerning the relation between the risk of major bleeding and the use of different DAPT (clopidogrel or ticagrelor) in ACS patients treated with CABG.

Methods: A meta-analysis was conducted during March to October 2019. Searches were carried out in Pubmed, Embase, Cochrane, and Web of Science. The predictor covariate in our present study was DAPT (clopidogrel or ticagrelor), and the outcome measure was the risk of major bleeding. Sub-group analysis was also performed, where



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data were classified into pre- and post-CABG. Furthermore, to determine the correlation and effect estimation, data were analyzed using fixed or random effect model.

Results: A total of 13 studies consisting 34,015 patients treated with clopidogrel and 32,661 patients treated with ticagrelor was included in our study. Our pooled calculation revealed that the incidence of major bleeding was not different significantly between clopidogrel and ticagrelor. In pre- and post-CABG sub-groups, our results also found no significant difference in major bleeding incidence between clopidogrel and ticagrelor groups.

Conclusions: Our meta-analysis clarifies that clopidogrel, compared to ticagrelor, or vice versa, is not associated with the risk of major bleeding in ACS patients treated with CABG.

Keywords

major bleeding, coronary artery bypass grafting, clopidogrel, ticagrelor

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REVISED Amendments from Version 1

We have revised our manuscript in some part to increase the consistency of the text and to avoid the unnecessary repetition without changing the meanings or findings. Two columns in Table 1 have also been added: Age and Bleeding assessment.

Any further responses from the reviewers can be found at the end of the article

Introduction

In the last two decades, the management of acute coronary syndrome (ACS) has been well defined and periodically updated. Management has developed drastically over this period¹. Management options are numerous, and they depend on the facilities of the hospital. Of these treatment options, coronary artery bypass grafting (CABG) is considered the most challenging and the final option when other treatment options, including percutaneous coronary intervention (PCI) and thrombolytic therapy, fail to restore blood flow in the infarct-related artery². Moreover, the drugs used in ACS patients in all management options are complex, and dual antiplatelet therapy (DAPT) is commonly used. DAPT is globally used to treat patients with ACS. It was first reported in 1996³, and was first recommended for treating ACS patients in 2007 in American College of Cardiology (ACC)/American Heart Association (AHA) guidelines⁴. Since then, DAPT has been widely used in the early management of ACS patients^{5,6}.

Recently, when performing DAPT, whether to use clopidogrel or ticagrelor (the choice between acetylsalicylic acid (ASA) + clopidogrel and ASA + ticagrelor) has remained controversial due to the current assumption that one of the two might provide higher risk of major bleeding^{7,8}. In the Indonesian National Health Insurance drug catalog, in 2018 clopidogrel was withdrawn and substituted with ticagrelor. However, in the drug price list (https://e-katalog.lkpp.go.id/; website in Indonesian), ticagrelor is more expensive than clopidogrel. It is unclear whether the assumptions made about the risk of major bleeding caused by clopidogrel or ticagrelor were supported by the evidence or were possibly the result of conspiracy among pharmaceutical industries to increase their products marketing. Ticagrelor may provide a more potent platelet inhibition effect, therefore reducing the risk of a thrombotic event9. In the context of ACS, the greater effect may be accompanied more complications. Therefore, the benefits of DAPT and the risk of complications (bleeding) should balance. In the case of ACS patients undergoing CABG, to prevent major bleeding, it is recommended that DAPT should be discontinued for at least three and five days before elective CABG for ticagrelor and clopidogrel, respectively¹⁰. Furthermore, in the case of emergency or urgent CABG, DAPT should be discontinued prematurely¹¹. The discontinuation of DAPT might increase the risk of a thrombotic event¹². However, delay in CABG had also been shown to associate with poor clinical outcome and increased risk of mortality¹³. Therefore, identifying the appropriate DAPT, whether ticagrelor or clopidogrel, is crucial to prevent the risk of major bleeding. Although 2016 ACC/AHA

guidelines recommended ticagrelor over clopidogrel because ticagrelor is considered to have a more potent anti-platelet effect than clopidogrel¹⁴, the evidence from previous studies regarding the association between the risk of major bleeding and the use of different DAPT using either clopidogrel or ticagrelor in ACS patients treated with CABG were inconclusive. Therefore, those inconclusive data of previous studies required clarification using a meta-analysis approach.

Therefore, the present study aimed to perform a meta-analysis whether the use of different DAPT (clopidogrel or ticagrelor) might affect the risk of major bleeding or not in ACS patients treated with CABG. Our study outcome could clarify the real effect of the use of DAPT (clopidogrel or ticagrelor) to the risk of major bleeding in ACS patients treated with CABG. Moreover, we also expect that our current meta-analysis might correct previous assumptions concerning the use of different DAPT.

Methods

Study design

A Meta-analysis was performed during March to October 2019 to assess the association between the incidence of major bleeding and the use of DAPT either clopidogrel or ticagrelor in ACS patients treated with CABG. In effort to attain our goal, potentially relevant papers were identified and collected from PubMed, Embase, Cochrane, and Web of Science to calculate odd ratio (OR) and 95% confidence interval (95%CI) using either fixed or random effect model. A checklist adapted from Preferred Reporting Items for Systematic Review and Meta-Analysis (PRISMA) and the design of our previous meta-analyses¹⁵⁻²⁰ were used to guide the meta-analysis protocols in our present study²¹. See *Reporting guidelines* for a completed PRISMA checklist for this study²².

Search strategy

We conducted a systematic search in PubMed, Embase, Cochrane, and Web of Science up to 20 September 2019. The search strategy, conformed to medical subjects heading (MeSH), involved the use of combination the following keywords: ["Major Bleeding"] AND ["Coronary Artery Bypass Grafting" OR "CABG"] AND ["Dual Anti Platelet Therapy" OR "DAPT"], and ["Clopidogrel" OR "Ticagrelor"]. In our searching strategy, language restrictions were not applied. We only used the study with the larger sample size and that was more up-to-date if we found the same data among studies. Moreover, we also searched the potential papers from the reference list of relevant or eligible studies. We also employed the "related article" option in PubMed to broaden our searching strategy. The potentially relevant papers were identified by two independent investigators (Y.P., M.I.). Disagreement between two independent investigators was resolved by discussion and/or by consulting to the senior investigator (J.K.F.).

Eligibility criteria and data extraction

The inclusion criteria for this study were (1) retrospective studies, (2) prospective studies, (3) randomized controlled trials (RCTs), (4) evaluating the association between the incidence and (4) having low quality (see Quality assessment). For data extraction, information related to (1) name of the first author, (2) year of publication, (3) country of origin, (4) sample sizes of case and controls, and (5) the incidence of major bleeding were extracted from each study. To prevent human errors, data extraction was performed by two independent authors. If discrepancy occurred, a consensus or discussion was established.

Covariates and sub-group analysis

The predictor covariate in this study was DAPT either using clopidogrel or ticagrelor. While, the main outcome measure was the incidence of major bleeding in patients receiving both clopidogrel and ticagrelor. The major bleeding included in our analysis was restricted to thrombolysis in myocardial infarction²³ and platelet inhibition and outcomes criteria²⁴. Moreover, to confer a comprehensive analysis, we also performed sub-group analysis. Data were classified into the incidence of major bleeding in ACS patients treated with DAPT (clopidogrel or ticagrelor) before and after CABG.

Quality assessment

To ensure the quality of each study and to avoid the potential bias in each study, the quality of retrieved studies was controlled and collected by two independent investigators (Y.P., M.I.). The quality and risk of bias of each study was assessed using Methodological Index for Non-Randomized Studies (MINORS) score²⁵. The MINORS score ranged from 0 to 24, and consisted of 12 items. Each item was assessed as 0 if the item was not reported, 1 if the item was inadequate reported, and 2 if the item was adequate reported. Each study was interpreted as having low quality if the score was less than or equal to 12, moderate if the score was less than or equal to 16 and more than 12, and high quality if the score was more than 16²⁵. If disagreement was found between two independent authors, consensus was achieved through discussion between the two investigators. If the disagreement was not resolved, a consultation to senior researcher (JKF) was conducted.

Statistical analysis

The comparison and effect estimation of major bleeding between DAPT with clopidogrel and ticagrelor were determined using the Z-test. The pooled calculation and effect estimation were described using forest plots. The model of forest plot for describing the comparison and effect estimation was conformed with a Q test. Before analysis using the Z-test, we evaluated heterogeneity and potential publication bias. A Q-test was employed to evaluate heterogeneity. P-value of less than 0.10 was considered to indicate heterogeneity. If we found heterogeneity, a random effect model was used. While, if heterogeneity was not found, a fixed effect model was used. For testing publication bias, an Egger test was used. A P-value of less than 0.05 was considered significantly having publication bias. All analyses in our study were carried out using Review Manager version

5.3 (RevMan Cochrane, London, UK) and Comprehensive Meta-Analysis (CMA, New Jersey, US) version 2.1.

Eligible studies

A flowchart of article searches and study selection is shown in Figure 1. Initially, 37 articles were identified from the literature search. However, eight of them were excluded because they did not have relevance to the topic, leaving a total of 29 articles. The full text of these articles was retrieved and reviewed; it was found that 16 studies did not meet the eligibility criteria because they were reviews (n=5), commentaries (n=4), family-based studies (n=3), included the same study data (n=2), and not providing sufficient data for calculation of OR and 95%CI (n=2). Finally, a total of 13 studies were eligible for our meta-analysis. Baseline characteristics of studies included in our analysis are provided in Table 1.

Data synthesis

A total of 13 studies^{2,26-37}, consisting 34,014 patients treated with clopidogrel and 32,661 patients treated with ticagrelor, were included in our study. Of those, the correlation between the use of DAPT (either clopidogrel or ticagrelor) and the risk of major bleeding was found in only three studies^{29,30,37}. A further ten studies failed to clarify the association^{2,26-28,31-36}. Our calculation revealed (Figure 2A) that the incidence of major bleeding was not significantly different between clopidogrel and ticagrelor (OR = 1.10, 95%CI = 0.98-1.24, p = 0.0990). Moreover, in pre-CABG sub-group, we included nine studies^{28-33,35-37} consisting of 15,109 patients treated with clopidogrel and 13,939 patients treated with ticagrelor. Our results found (Figure 2B) that no significant different of major bleeding incidence was observed between clopidogrel and ticagrelor (OR = 1.19, 95%CI = 0.97-1.45, p = 0.0910). While, in the post-CABG sub-group, a total of four papers^{2,26,27,34} consisting of 18,905 patients treated with clopidogrel and 18,722 patients treated with ticagrelor was enrolled for our analysis. Our pooled data (Figure 2C) confirmed no significant different in major bleeding incidence between clopidogrel and ticagrelor (OR = 1.00, 95% CI = 0.93 - 1.08, p = 0.9230). The summary of correlation and effect estimation between the risk of major bleeding and the use of different DAPT is provided in Table 2.

Heterogeneity and publication bias

Evidence of heterogeneity was assessed using the Q-test. Our analysis found that evidence of heterogeneity (p <0.10) was observed in overall analysis and pre-CABG sub-group. Therefore, random effect model was applied to determine the correlation and effect estimation. While, for post-CABG subgroup, we used fixed effect model to assess the correlation and effect estimation because we did not find the evidence of heterogeneity. Furthermore, potential publication bias was assessed using an Egger test. Our analysis confirmed that potential publication bias was found in post-CABG sub-group (p <0.05). In overall analysis and pre-CABG sub-group, we found no publication bias. The summary of study heterogeneity and potential publication is described in Table 2.

Discussion

Our current findings confirmed that neither clopidogrel nor ticagrelor was associated with risk of major bleeding among ACS patients treated with CABG. To our knowledge, no previous meta-analysis has reported the comparison between clopidogrel and ticagrelor in the context of CABG. Therefore, we were unable to perform a direct comparison. However, in other case settings, meta-analyses have been conducted in the case of PCI and thrombolytic for treating ACS patients. In the case of PCI for treating ACS patients, the reports from previous meta-analyses remained conflicting. A study conducted by Fan et al.38 found that clopidogrel was associated with increased risk of major bleeding compared to ticagrelor. On the other hand, Guan et al.³⁹ revealed that ticagrelor was proven to correlate with increased risk of major bleeding compared to clopidogrel. A meta-analysis conducted by Westman et al.40 involved 15 papers, consisting of 26,093 patients treated with clopidogrel and 7,192 patients treated with ticagrelor. The authors revealed that although ticagrelor was associated with increased risk of minor bleeding compared to clopidogrel, the incidence of major bleeding was not significantly different between ticagrelor and clopidogrel. Moreover, in the case of fibrinolytic, a meta-analysis involving three RCTs showed that neither ticagrelor nor clopidogrel was correlated with the risk of major bleeding⁴¹. Furthermore, in the case of ACS, a meta-analysis involving 10 studies revealed that the risk of bleeding was not significantly different between patients receiving clopidogrel and ticagrelor⁴². Therefore, it makes sense that in our current meta-analysis, no association was observed between the use of DAPT either clopidogrel or ticagrelor and the risk of major bleeding.

Our findings in sub-group analysis were consistent with our main findings, we emphasized that the incidence of major bleeding either in pre- and post-CABG was not significantly different between clopidogrel and ticagrelor. To our knowledge, until now the major bleeding effect of clopidogrel and ticagrelor in the setting of before and after CABG has not been well defined. Besides the existence of no previous meta-analysis concerning this subject, reports in other case settings did not assess this effect in the pre- or post-intervention context of. Hence, the possible direct and indirect explanations was difficult to clarify. To date, the major bleeding effect of DAPT therapy before and after CABG remained conflicting. A previous study revealed that discontinuation of DAPT therapy 24-72 hours before emergency CABG was proven to increase the risk of major bleeding³⁵. Moreover, Deo et al.⁴³ also reported that increased risk of major bleeding was observed in post CABG patients treated with ASA and clopidogrel. However, a study by Solo et al.44 might support our findings. They evaluated the incidence of major bleeding between ASA and clopidogrel and ASA and ticagrelor. Although statistical analysis was not directly performed, they confirmed that the risk of major bleeding in post CABG patients among different anti-platelets had no strong evidence. Therefore, due to inconclusive reports regarding the risk of major bleeding and DAPT therapy before and after CABG, further studies are required to clarify our current findings.

The theory underlying the risk of major bleeding due to clopidogrel or ticagrelor is not well defined. However, some theories have been proposed. To stimulate inhibition of platelet aggregation, both clopidogrel and ticagrelor are P2Y12



Figure 1. A Flowchart diagram of the article search and study selection.

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Table

Author and year	Clopic MB	logrel n	Ticag MB	relor n	Setting (before/after CABG)	Case	Study design	Ethnicity	Age (mean±SD)	Bleeding assessment	MINORS
Becker <i>et al.</i> 2011 ²⁶	476	9186	446	9235	after CABG	STEMI & NSTEMI	RCT	Mixed	65.5±4.9	TIMI	24
Chang <i>et al.</i> 2019 ²	7	100	7	100	after CABG	NSTEMI	Case - control	Asian	64.0±10.0	TIMI	16
Dery <i>et al.</i> 2014 ²⁷	37	328	9	55	after CABG	ACS	Case - control	Caucasian	65.5±2.2	BARC-CABG major bleeding	18
Dinicolantonio <i>et al.</i> 2013 ²⁸	654	9186	619	9235	before CABG	ACS	Case - control	Mixed	64.5±2.2	TIMI	18
Gajayan <i>aet al.</i> 2018 ²⁹	44	1721	7	860	before CABG	ACS	Case - control	Caucasian	63.0±2.6	TIMI	17
Hansson <i>et al.</i> 2014 ³⁰	213	232	166	173	before CABG	ACS	Case - control	Caucasian	67.0±9.6	IMIT	24
Hansson <i>et al.</i> 2016 ³¹	95	978	06	1266	before CABG	ACS	Case - control	Caucasian	67.5±9.5	BARC-CABG major bleeding	19
Held <i>et al.</i> 2011 ³²	375	629	362	632	before CABG	ACS	Case - control	Caucasian	64.0±12.0	IMIT	24
Holm <i>et al.</i> 2019 ³³	474	1293	381	1018	before CABG	ACS	Cohort	Mixed	66.3±9.6	PLATO	24
Kang <i>et al.</i> 2015 ³⁴	929	9291	961	9332	after CABG	ACS	Case - control	Asian	61.3±9.0	PLATO	23
Russo <i>et al.</i> 2018 ³⁵	19	413	Ŋ	95	before CABG	ACS	Case - control	Caucasian	66.7±13.0	BARC-CABG major bleeding	22
Schaefer <i>et al.</i> 2016 ³⁶	0	28	2	28	before CABG	ACS	Case - control	Caucasian	73.0±6.4	TIMI	14
Varenhorst <i>et al.</i> 2012 ³⁷	62	629	32	632	before CABG	ACS	RCT	Mixed	66.8±3.2	IMIT	24
MB, major bleeding; n, sam; ST-Elevation Myocardial Infai Academic Research Consort	ile size; C rction; N ium; PLA	ABG, cor STEMI, N TO, Platel	onary a on-ST-e let inhik	artery byg levation i bition and	bass grafting; RCT, ra myocardial infarction d Outcomes.	indomized co 1; ACS, acute	ontrolled trial; MINC coronary syndrome	JRS, Methodolo 2; TIMI, Thromb	gical Index for No olysis In Myocard	on-Randomized Stu lial Infarction; BARC	idies; STEMI, ; Bleeding

	Clopido	Ticagn	elor		Odds Ratio	Odds Ratio						
Study or Subgroup	Events Total Events Total				Weight	M-H, Random, 95% CI	M-H, Random, 95% Cl					
Becker et al 2011	476	9186	446	9235	16.4%	1.08 [0.94, 1.23]	•					
Chang et al 2019	7	100	7	100	1.1%	1.00 [0.34, 2.96]						
Dery et al 2014	37	328	6	55	1.5%	1.04 [0.42, 2.59]						
Dinicolantonio et al 2013	654	9186	619	9235	17.4%	1.07 [0.95, 1.20]	+					
Gajayanaet al 2018	44	1721	7	860	1.9%	3.20 [1.43, 7.13]						
lansson et al 2014	213	232	166	173	1.6%	0.47 [0.19, 1.15]						
lansson et al 2016	95	978	90	1266	8.8%	1.41 [1.04, 1.90]	-					
Held et al 2011	375	629	362	632	11.8%	1.10 [0.88, 1.38]	+					
Holm et al 2019	474	1293	381	1018	14.5%	0.97 [0.82, 1.15]	+					
Kang et al 2015	929	9291	961	9332	18.3%	0.97 [0.88, 1.06]	•					
Russo et al 2018	19	413	5	95	1.3%	0.87 [0.32, 2.39]						
Schaefer et al 2016	0	28	2	28	0.1%	0.19 [0.01, 4.05]						
Varenhorst et al 2012	62	629	32	632	5.2%	2.05 [1.32, 3.19]						
Total (95% CI)		34014		32661	100.0%	1.10 [0.98, 1.24]	•					
Total events	3385		3084									
Heterogeneity: Tau ² = 0.02	: Chi ² = 28	3.36. df	= 12 (P =	0.005);	$ ^2 = 58\%$		1 1 1 1					

B).

	Clopidogrel Ticagrelor					Odds Ratio	Odds Ratio				
Study or Subgroup	ogroup Events Total		Events Total		Weight	M-H, Random, 95% Cl	M-H, Random, 95% CI				
Dinicolantonio et al 2013	654	9186	619	9235	22.3%	1.07 [0.95, 1.20]	•				
Gajayanaet al 2018	44	1721	7	860	4.8%	3.20 [1.43, 7.13]					
Hansson et al 2014	213	232	166	173	4.1%	0.47 [0.19, 1.15]					
Hansson et al 2016	95	978	90	1266	15.4%	1.41 [1.04, 1.90]					
Held et al 2011	375	629	362	632	18.4%	1.10 [0.88, 1.38]	+				
Holm et al 2019	474	1293	381	1018	20.4%	0.97 [0.82, 1.15]	+				
Russo et al 2018	19	413	5	95	3.3%	0.87 [0.32, 2.39]					
Schaefer et al 2016	0	28	2	28	0.4%	0.19 [0.01, 4.05]	· · · · · ·				
Varenhorst et al 2012	62	629	32	632	10.9%	2.05 [1.32, 3.19]					
Total (95% CI)		15109		13939	100.0%	1.19 [0.97, 1.45]	•				
Total events	1936		1664								
Heterogeneity: Tau ² = 0.04	; Chi ² = 24	.39, df :	= 8 (P = 0	.002); 12	= 67%						
Test for overall effect: Z =	1.69 (P = 0)	(90.0					0.01 0.1 1 10 100				

C).

	Clopidogrel Ticagrelor					Odds Ratio	Odds Ratio						
Study or Subgroup	Events	Total	Events	Total	Weight	M-H, Fixed, 95% Cl			M-H, F	ixed,	95% CI		
Becker et al 2011	476	9186	446	9235	32.4%	1.08 [0.94, 1.23]				-			
Chang et al 2019	7	100	7	100	0.5%	1.00 [0.34, 2.96]				-			
Dery et al 2014	37	328	6	55	0.7%	1.04 [0.42, 2.59]							
Kang et al 2015	929	9291	961	9332	66.4%	0.97 [0.88, 1.06]							
Total (95% CI)		18905		18722	100.0%	1.00 [0.93, 1.08]				•			
Total events	1449		1420										
Heterogeneity: Chi ² =	1.66, df = 3	3(P = 0)	.65); l ² = ()%			+	1	0.5	<u> </u>	1	<u></u>	
Test for overall effect:	Z = 0.10 (F	= 0.92)				0.1	0.2	0.5	1	2	5	10

Figure 2. Forest plot of major bleeding comparison between clopidogrel and ticagrelor. (A) Overall analysis. (B) Pre-coronary artery bypass grafting (CABG) sub-group. (C) Post-CABG sub-group.

antagonists. However, associated with the risk of major bleeding, each agent has a different mechanism. Clopidogrel is known to irreversibly induce bleeding by inhibiting P2Y12 receptors, and may cause persistent blockade of the adenosine diphosphate (ADP) binding site. Those inhibitory effects may persist until the platelets are renewed in 7–10 days⁴⁵. Therefore,

Parameters	Clopidogrel		Ticagrelor	Ticagrelor			95%CI	pHet	рE	P-value
	MB, n [%]	Patients, n	MB, n [%]	Patients, n						
Overall analysis	3,385 [9.95]	34,014	3084 [9.44]	32,661	Random	1.10	0.98-1.24	0.0050	0.1310	0.0990
Pre-CABG sub-group	1,936 [12.81]	15,109	1664 [11.94]	13,939	Random	1.19	0.97-1.45	0.0020	0.2060	0.0910
Post-CABG sub-group	1,449 [7.66]	18,905	1,420 [7.58]	18,722	Fixed	1.00	0.93-1.08	0.6470	< 0.0001	0.9230

Table 2. Summary of the association between the use of different dual antiplatelet therapies and the risk of major bleeding.

CABG, coronary artery bypass grafting; MB, major bleeding; OR, odds ratio; CI, confidence interval; pHet, p heterogeneity; pE, p Egger.

as it has a longer inhibitory effect than ticagrelor, those treated with clopidogrel may be more vulnerable to risk of bleeding than ticagrelor⁴². Ticagrelor is a reversible P2Y12 receptor antagonist. It works directly on P2Y12 receptors, and therefore may produce rapid inhibition effects and provide rapid recovery of platelet function⁴⁶. It has been already reported that ticagrelor has faster onset and offset than clopidogrel⁴⁷. As a result, when each drug is stopped, the effect of ticagrelor may disappear faster than clopidogrel. In animal subjects, a study proposed that clopidogrel was found to have 3.5-fold associated with higher bleeding risk compared to ticagrelor⁴⁸. Clopidogrel is metabolized by cytochrome P2C19 enzyme⁴⁹, and recent gene-disease interaction studies reported that cytochrome P2C19 CYP2C19*20 C-889T>G (SNP rs11568732) was associated with the risk of bleeding in ACS patients treated with clopidogrel^{50–52}. Therefore, theoretically, the risk of major bleeding with clopidogrel should be higher than with ticagrelor. However, the evidence from previous large-scale studies, including our present meta-analysis, are conflicting and have not clarified the association. Hence, because it was not supported by the evidence, in our opinion, the risk of major bleeding due to different DAPT, for this time being, might be considered as a hypothesis. In the near future, we expected that more complex study designs might be applied to elucidate the real association between the risk of major bleeding and the use of different DAPT.

To the best of our knowledge, our present study was the first meta-analysis assessing the association between the risk of major bleeding and the use of different DAPT in ACS patients treated with CABG. Our current meta-analysis might clarify the inconclusive findings of previous studies regarding this topic, and we emphasized that clopidogrel, compared to ticagrelor, or vice versa, was not associated with the risk of major bleeding in ACS patients treated with CABG. In the last decade, the use of DAPT, either clopidogrel or ticagrelor, has brought about a dilemma for physicians due to the assumption that one of them was considered to trigger the risk of major bleeding. This dilemma was worsened owing to drug marketing competition among pharmaceutical industries to recommend ticagrelor over clopidogrel. However, our present study indicates that the dilemma was not supported by evidence, and therefore the dilemma might be considered as "the ocean without the waves". The present meta-analysis emphasizes the safety of DAPT administration, either clopidogrel or ticagrelor, in the context of the risk of major bleeding, and hence we expect that our present meta-analysis might reduce the dilemma regarding the risk of major bleeding due to the use of DAPT either clopidogrel or ticagrelor among physicians. The management of ACS patients using CABG has developed in the last decade, and therefore the use of DAPT in CABG management should conform with the adequate evidence. Furthermore, we hope that our current meta-analysis might be involved in the future revision of CABG management for treating patients with ACS.

In our present study, several crucial limitations were observed. First, some factors that might contribute to the risk of major bleeding, such as coagulation factors, history of stroke, chronic kidney disease, hyperglycemia, and anemia⁵³, were not included and controlled for. Second, our current findings should be interpreted with caution due to relatively small sample size. Third, more than a half of our included studies were cross-sectional studies, and might provide the methodological bias. Therefore, our results should be interpreted with caution. In the near future, we expected that further meta-analyses by including papers with higher study design might be conducted to obtain better evidence. Fourth, human factors (skills) were not involved in the analysis. Fifth, other drugs that might govern the risk of bleeding were not analyzed.

Conclusion

Our meta-analysis reveals that the use of different DAPT either clopidogrel or ticagrelor is not associated with the risk of major bleeding in ACS patients treated with CABG. Our sub-group analysis also fails to confirm this association both in pre- and post-CABG sub-groups. Our findings may provide the clarification of previous conflicting studies in the context of the risk of major bleeding and the use of different DAPT in ACS patients treated with CABG. We also expect that our findings may contribute to the future recommendation of the use of DAPT among ACS patients treated with CABG.

Data availability

Underlying data

All data underlying the results are available as part of the article and no additional source data are required.

Reporting guidelines

Figshare: PRISMA checklist for 'Comparison of major bleeding in patients with acute coronary syndrome that underwent coronary artery bypass grafting treated with clopidogrel or ticagrelor: a systematic review and meta-analysis'. https://doi. org/10.6084/m9.figshare.11688525.v1²².

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Version 2

Reviewer Report 15 February 2021

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Mircea Ovanez Balasanian

Institute of Cardiovascular Diseases "Prof. dr. George I.M. Georgescu", Iasi, Romania

I consider this systematic review interesting because it shows no significant differences in the risk of major bleeding events of different DAPT use, clopidogrel or ticagrelor, in ACS patients treated with CABG, and also in the pre- and post-CABG settings.

The rationale and objectives of this review are clearly stated, and the methodology and analysis can be replicated, with appropriate interpretation. The conclusions are supported by the results obtained in this review.

I think it is a well done work that could serve as a point for further studies in this area.

Are the rationale for, and objectives of, the Systematic Review clearly stated?

Yes

Are sufficient details of the methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

Is the statistical analysis and its interpretation appropriate?

Yes

Are the conclusions drawn adequately supported by the results presented in the review? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Cardiology

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Version 1

Reviewer Report 25 August 2020

https://doi.org/10.5256/f1000research.24175.r69370

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? Sheng-Hu He

Department of Cardiology, Clinical Medical College, Yangzhou University, Northern Jiangsu People's Hospital, Yangzhou, China

Bing Xu

Department of Cardiology, Clinical Medical College, Yangzhou University, Northern Jiangsu People's Hospital, Yangzhou, China

This systematic review and meta-analysis aimed to compare the risk of major bleeding between clopidogrel and ticagrelor in ACS patients treated with CABG. It is a meaningful clinical topic that needs more support from evidence-based medicine. According to the results of this study, ticagrelor should be used more confidently in ACS patients treated with CABG.

However, there are disadvantages in some issues:

- 1. The characteristic summary of the 13 included trials was not shown in the manuscript. It is an important part of a meta-analysis, which should contain the data of age, gender, race, doses of medication, and bleeding risk scores.
- 2. Because only 2 of them are RCTs, most of them are case-control trails, the methodological bias of the included studies should be analyzed. There are many methods that can estimate the qualities of the included studies, at least one of them should be used in this study to remind the readers interpreting the results with caution.
- 3. Although this study has analyzed the main observation, the risk of major bleeding, and did subgroup analysis for pre-surgery and post-surgery patients, other factors should be considered using subgroup analysis, for example, race, region, dose and time, bleeding risk scores if possible.
- 4. The logic of the discussion is not very clear. The structure of this part should be modified, some points should be simplified, and some duplicate expressions should be removed to make readers understand quicker and easier.

Are the rationale for, and objectives of, the Systematic Review clearly stated?

Yes

Are sufficient details of the methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

Is the statistical analysis and its interpretation appropriate?

Yes

Are the conclusions drawn adequately supported by the results presented in the review? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Interventional cardiology

We confirm that we have read this submission and believe that we have an appropriate level of expertise to confirm that it is of an acceptable scientific standard, however we have significant reservations, as outlined above.

Author Response 01 Sep 2020

Jonny Fajar, Universitas Brawijaya, Malang, Indonesia

1. This systematic review and meta-analysis aimed to compare the risk of major bleeding between clopidogrel and ticagrelor in ACS patients treated with CABG. It is a meaningful clinical topic that needs more support from evidence-based medicine. According to the results of this study, ticagrelor should be used more confidently in ACS patients treated with CABG. However, there are disadvantages in some issues: The characteristic summary of the 13 included trials was not shown in the manuscript. It is an important part of a metaanalysis, which should contain the data of age, gender, race, doses of medication, and bleeding risk scores.

Response: We have provided the additional characteristics in Table 1.

2. Because only 2 of them are RCTs, most of them are case-control trails, the methodological bias of the included studies should be analyzed. There are many methods that can estimate the qualities of the included studies, at least one of them should be used in this study to remind the readers interpreting the results with caution.

Response: The additional information regarding the possibility of methodological bias and to interpret our results with caution has been provided in study limitations. "Third, more than a half of our included studies were cross-sectional studies, and might provide the methodological bias. Therefore, our results should be interpreted with caution."

3. Although this study has analyzed the main observation, the risk of major bleeding, and did subgroup analysis for pre-surgery and post-surgery patients, other factors should be considered using subgroup analysis, for example, race, region, dose and time, bleeding risk scores if possible.

Response: We have tried to perform sub-group analyses in accordance with ethnicity, region, dose, and bleeding risk score; however, the data were imbalanced, and therefore

the calculation was unable to be performed.

4. The logic of the discussion is not very clear. The structure of this part should be modified, some points should be simplified, and some duplicate expressions should be removed to make readers understand quicker and easier.

Response: We have revised our manuscript in some part to increase the consistency of the text and to avoid the unnecessary repetition without changing the meanings or findings.

Competing Interests: We have no competing interest.

Reviewer Report 23 June 2020

https://doi.org/10.5256/f1000research.24175.r61678

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Jinesh Bahubali Nagavi

Sarada Vilas College of Pharmacy, Mysore, Karnataka, India

- The article is well explained with all the data and results.
- The conclusion is very short and precise.
- Search strategy should be elaborated.
- Objectives should be mentioned clearly in the abstract.
- The discussion part is explained well in detail.
- Statistical analysis and its interpretation is appropriate
- Choice of references is very opt and good.

Are the rationale for, and objectives of, the Systematic Review clearly stated?

Yes

Are sufficient details of the methods and analysis provided to allow replication by others? $\ensuremath{\mathsf{Yes}}$

Is the statistical analysis and its interpretation appropriate?

Yes

Are the conclusions drawn adequately supported by the results presented in the review? $\ensuremath{\mathsf{Yes}}$

Competing Interests: No competing interests were disclosed.

Reviewer Expertise: Drug interaction studies

I confirm that I have read this submission and believe that I have an appropriate level of expertise to confirm that it is of an acceptable scientific standard.

Author Response 01 Sep 2020

Jonny Fajar, Universitas Brawijaya, Malang, Indonesia

Thank you for reviewer comments. We have revised our manuscript in some part to increase the consistency of the text without changing the meanings or findings.

1. The article is well explained with all the data and results. **Response:** Thank you.

2. The conclusion is very short and precise. **Response:** Thank you.

3. Search strategy should be elaborated.

Response: The search strategy has been provided in methods.

"Search strategy

We conducted a systematic search in PubMed, Embase, Cochrane, and Web of Science up to 20 September 2019. The search strategy, conformed to medical subjects heading (MeSH), involved the use of combination the following keywords: ["Major Bleeding"] AND ["Coronary Artery Bypass Grafting" OR "CABG"] AND ["Dual Anti Platelet Therapy" OR "DAPT"], and ["Clopidogrel" OR "Ticagrelor"]. In our searching strategy, language restrictions were not applied. We only used the study with the larger sample size and that was more up-to-date if we found the same data among studies. Moreover, we also searched the potential papers from the reference list of relevant or eligible studies. We also employed the "related article" option in PubMed to broaden our searching strategy. The potentially relevant papers were identified by two independent investigators (Y.P., M.I.). Disagreement between two independent investigators was resolved by discussion and/or by consulting to the senior investigator (J.K.F.)."

4. Objectives should be mentioned clearly in the abstract.

Response: The objective of our study has been outlined in abstract. "This study aimed to perform a meta-analysis concerning the relation between the risk of

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major bleeding and the use of different DAPT (clopidogrel or ticagrelor) in ACS patients treated with CABG."

5. The discussion part is explained well in detail. **Response:** Thank you.

6. Statistical analysis and its interpretation is appropriate. **Response:** Thank you.

7. Choice of references is very opt and good. **Response:** Thank you.

Competing Interests: No competing interests were disclosed.

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