#### Open Access Full Text Article

#### ORIGINAL RESEARCH

# Abnormal functional connectivity of the amygdala is associated with depressive symptoms in patients with multiple system atrophy

Bin Zhao<sup>1,2</sup> Hu Liu<sup>3</sup> Huanhuan Li<sup>3</sup> Xiuli Shang<sup>1</sup>

<sup>1</sup>Department of Neurology, The First Affiliated Hospital of China Medical University, Shenyang 110001, China; <sup>2</sup>Department of Neurology, Shenyang Fifth People Hospital, Shenyang 110023, China; <sup>3</sup>Department of Radiology, The First Affiliated Hospital of China Medical University, Shenyang 110001, China

Correspondence: Xiuli Shang Department of Neurology, The First Affiliated Hospital of China Medical University, 155 Nanjing North Street, Shenyang 110001, China Tel +86 8 328 2519 Email xl shangdoctor@126.com



**Purpose:** Depressive symptoms are frequent nonmotor symptoms that occur in multiple system atrophy (MSA) patients. However, possible changes that can present in the amygdala (AMY) functional connectivity (FC) of the brain in MSA patients with depressive symptoms (DMSA patients) remain largely unknown.

**Materials and methods:** Resting-state functional magnetic resonance imaging scans were obtained from 29 DMSA patients, 28 MSA patients without depression symptoms (NDMSA patients), and 34 healthy controls (HCs). FC was analyzed by defining the bilateral AMY as the seed region. Correlation analysis was performed between the FC and clinical scores.

**Results:** When compared with NDMSA patients, DMSA patients showed increased bilateral AMY FC in the left middle frontal gyrus (MFG) and decreased right AMY FC in the left middle occipital gyrus. Moreover, the AMY FC values in the left middle frontal cortex were positively correlated with the Hamilton Depression Rating Scale-17 item scores. Furthermore, relative to the HCs, DMSA patients presented decreased bilateral AMY FC values in the visuospatial cortex, sensorimotor networks, and limbic areas.

**Conclusion:** Depressive symptoms are associated with AMY–MFG FC anomalies in MSA patients. We propose that the middle frontal cortex may play an important role in the neuro-pathophysiology of depression in MSA patients.

**Keywords:** multiple system atrophy, depression, functional magnetic resonance imaging, functional connectivity, amygdala

## Introduction

Multiple system atrophy (MSA) is the most common type of parkinsonian syndrome, with an incidence of about six to seven individuals affected per 100,000 in the United Kingdom.<sup>1</sup> However, although movement disorders have been well defined in previous studies, nonmotor features such as cognitive impairment and depression in MSA patients remain underrecognized and, consequently, undertreated. Results from a recent, relatively large-sample epidemiological survey showed that up to 62% of MSA patients suffer from depression.<sup>2</sup> As a result, depression plays a significant role in the poor quality of life in MSA patients.<sup>3,4</sup> Severe depression is associated with increased disability and the risk of suicide in MSA patients. Exploring depressive symptoms in MSA patients may further help to avoid misdiagnosis, inappropriate referrals, and delayed treatment.

Amygdala (AMY) is a pivotal hub of the emotional processing neural system and is involved in the onset and development of depression in neurobiological

3133

© 2018 Zhao et al. This work is published and licensed by Dove Medical Press Limited. The full terms of this license are available at https://www.dovepress.com/terms.php and incorporate the Creative Commons Attribution – Non Commercial (unported, v3.0) License (http://creativecommons.org/license2/by-nd3.0/). By accessing the work you hereby accept the Terms. Non-commercial use of the work are permitted without any further permission from Dove Medical Press Limited, provided the work is properly attributed. For permission for commercial use of this work, please see paragraphs 4.2 and 5 of our Terms (https://www.dovepress.com/terms.php). models.<sup>5</sup> Real-time functional magnetic resonance imaging (fMRI) neurofeedback is a novel approach that presents an indirect response to the relationship between brain activity and hemodynamics. Patients with depression have shown decreased depressive symptoms and an increase in the percentage of specific memories recalled relative to baseline when receiving AMY real-time fMRI neurofeedback training.6 Task-based fMRI studies have revealed that the AMY activity is increased in response to negative emotional signals (eg, faces, pictures, and words) in major depressive disorder.7 Furthermore, resting-state (RS)-fMRI studies have found that AMY-ventromedial prefrontal cortex circuit functional connectivity (FC) dysfunction is positively correlated with symptom severity for females demonstrating early life stress and depression.8 These findings, taken together with evidence that the AMY closely links the processing of and response to negative and fearful emotional stimuli. Pathological study suggests that characteristic glial cytoplasmic inclusion (GCI) deposition occurs not only in typical disease-associated regions (eg, striatum and substantia nigra) but also within the AMY.9 MSA postmortem brain examination has also revealed the significant atrophy of the AMY,<sup>10</sup> which highlights a possible dysfunction of the AMY in conjunction with depression in MSA patients. However, functional changes of the brain under pathological injury of MSA patients with depressive symptoms (DMSA patients) remain poorly understood.

Resting-state functional connectivity (RS-FC) has been proven to be a powerful paradigm for exploring brain interregional correlations in neuronal variability.<sup>11</sup> Abnormal AMY-induced RS-FC alteration has been observed in previous studies. For example, patients with major depressive disorder show dysfunction in the orbitofrontal-AMY (OFC-AMY) structure and effective connectivity in the left hemisphere.<sup>12</sup> Another research study has suggested that depressed type 2 diabetes mellitus patients present decreased AMY FC in the cingulate cortex, the frontal lobe, and the precentral gyrus as well as a decrease in FC in the anterior cingulate cortex associated with the clinical depression score.13 Similar AMY FC abnormality was also observed in individuals with Parkinson's disease<sup>14</sup> and end-stage renal disease.15 To the best of our knowledge, no study has thus far described the difference between DMSA patients and MSA patients without depression symptoms (NDMSA patients), while only one study has revealed DMSA patients show significant metabolic decreases in the bilateral frontal, parietal, and cerebellar cortex and in the left putamen as compared with healthy controls (HCs).<sup>16</sup> In this study, depression severity was significantly associated with dorsolateral prefrontal glucose metabolism in MSA patients. Depression symptoms are common in MSA patients, with nearly 62% of MSA patients having different degrees of depressive symptoms.<sup>2</sup> However, whether there are alterations in the FC between the AMY and other brain regions in DMSA patients remain unknown.

To explore the above-mentioned issues, we selected the bilateral AMY as a seed region for the investigation of FC patterns of the AMY among DMSA and NDMSA patients using RS fMRI. We hypothesized that the FC between the AMY and several specific brain regions is vulnerable in MSA. We also hypothesized that the above-mentioned FC changes are positively correlated with clinical depressive symptoms in MSA patients.

## Materials and methods Subjects

A total of 57 individuals (29 males and 28 females) with MSA and 34 HCs (19 males and 15 females) were recruited from the First Affiliated Hospital of China Medical University in Shenyang, China, between November 2013 and August 2016. Eligible MSA patients were diagnosed by a neurologist and met the "probable" MSA clinical diagnostic criteria.<sup>17</sup> All the participants were right-handed Han Chinese. Potential participants were excluded when 1) obvious brain lesions were assessed on the basis of medical history and conventional MRI; 2) diabetes disease, thyroid disease, or end-stage renal disease was noted; 3) head motion(s) of >2.0 mm or 2.0° during MRI scanning occurred. MSA patients who demonstrated a Mini-Mental State Examination (MMSE) score of <24 as well as those using antidepressants prior to the beginning of the study were also excluded. To control variables, only depressive symptoms secondary to motor symptoms in MSA patients were included through detailed medical history inquiries. This study was approved by the medical research ethical committee of the First Affiliated Hospital of China Medical University, and a written informed consent was obtained from all the participants. Patients know the details of the experiment and are willing to take part in the research.

#### Neuropsychological measurements

According to the Hamilton Depression Rating Scale-17 item (HAMD-17) scores, 57 MSA patients were divided into two groups: 29 patients with depressive mood disorder and 28 patients without depressive mood disorder. HAMD-17 scores below 7 points indicated that the subject was normal or

Association of FC of AMY with depressive symptoms of MSA

without depression symptoms. To reduce bias, a HAMD-17 score of  $\geq$ 17 points indicated a significant depressive mood.<sup>18,19</sup> The MMSE was used to assess the global cognitive function of each subject. The Unified Multiple System Atrophy Rating Scale (UMSARS) and the Hoehn and Yahr (H-Y) staging scale were used to assess the severity of MSA.<sup>20</sup> All the neurological evaluations were conducted preceding the MRI scan. All the participants were in the "off" state (ie, without an antidepressant medication use history and not having used dopamine for at least 12 hours).

#### Image acquisition

The RS functional image data were obtained using a 3.0 T MRI scanner (GE, Boston, MA, USA) equipped with an eight-channel head coil in the Department of Radiology. All the participants were instructed to keep calm with their eyes closed, but to stay awake. Foam pads and earplugs were used to reduce head motion and scanner noise, respectively. Functional images were acquired by using a gradient echo planar imaging sequence, paralleled to the anterior commissure-posterior commissure (AC-PC) plane. The parameters were as follows: TR =3,000 ms, TE =60 ms, flip angle =90°, field of view =24 $\times$ 24 cm, matrix =64 $\times$ 64, thickness =1.8 mm, and pixel size =3.75 $\times$ 3.75 mm. Three-dimensional T1-weighted images were acquired in a sagittal orientation employing a 3D-SPGR sequence. The parameters were as follows: TR =7.1 ms, TE =3.2 ms, flip angle =151°, thickness =1 mm, field of view = $24 \times 24$  cm, and matrix =256×256. A total of 172 slices were collected from the 3D-T1 sequence, and 9,600 images were obtained by blood oxygenation level-dependent contrast.

#### Data preprocessing

Functional images were preprocessed with the SPM8 software (Statistical Parametric Mapping version 8; <u>www.fil.</u> <u>ion.ucl.ac.uk/spm</u>) and the DPABI (Data Processing and Analysis of Brain Imaging) software toolbox (<u>http://rfmri.</u> <u>org/dpabi</u>).<sup>21</sup> The first 10 volumes of each subject were discarded due to the inhomogeneity of the magnetic field. The remaining images were corrected by realignment, accounting for head motion. No subjects were excluded from the study because of having head motions exceeding 2.0 mm of translation, or 2.0° of rotation, throughout the course of the scan. Subsequently, the resulting images were spatially normalized to the T1 space, resampled to a voxel size of  $3\times3\times3$  mm, and spatially smoothened with a Gaussian kernel full width at half-maximum  $6\times6\times6$  mm. The resulting fMRI data were band pass filtered (0.01 < f < 0.08 Hz) to reduce for low-frequency drift and high-frequency physiological respiratory and cardiac noise. Any linear trend was then removed. There was no difference in the mean head motion (P>0.05). Thirty-four head motion parameters and the mean time series of global activities, white matter, and cerebrospinal fluid (CSF) signals were introduced as covariates into a random-effects model to remove possible effects of head motion, global, white matter, and CSF signals on the results. Finally, data scrubbing was performed to further compensate for motion, removing volumes with excessive movement.<sup>22</sup>

# FC and statistical analysis $_{\rm FC}$

The left and right AMY were defined as region of interest (ROI), according to the automated anatomical labeling template, which was created by WFU\_PickAtlas (http://www.ansir.wfubmc.edu).<sup>23</sup> The mean time series of the bilateral AMY were extracted. Voxel-wise FC analysis was performed by computing the temporal cross-correlation between the mean time series of each ROI and the time series of each voxel within the brain. The correlation coefficients of each voxel were normalized to Z-scores with Fisher's r-to-z transformation. Then, an entire brain Z-score map was created for each ROI of each subject.

#### Statistical analyses

Statistical analyses of demographic and clinical data were completed using the SPSS version 22.0 software (IBM Corporation, Armonk, NY, USA). The Kolmogorov–Smirnov test was applied to evaluate the normality of continuous variables. For statistical analyses among DMSA patients, NDMSA patients, and HCs, one-way ANOVA, chi-squared test, or Kruskal–Wallis test followed by Bonferroni post hoc analysis was performed according to the category of variables, including age, gender, duration of education, MMSE score, and HAMD-17 score. A two-sample *t*-test and Mann–Whitney *U* test were performed between patient groups, including UMSARS, H-Y staging scale, and duration of illness. A threshold of P<0.05 was considered to be statistically significant.

Imaging data statistical analyses were performed by DPABI software. To explore FC differences among the three groups, one-way ANOVA was conducted with age, gender, years of education, and gray matter volume. MMSE subject scores were used as covariates in all the above analyses. UMSARS scores were also taken as covariates for analyses between DMSA and NDMSA patients to eliminate confounding factors, and AlphaSim multiple comparison correction was performed (voxel-level *P*-value <0.001; cluster-level significance threshold of *P*<0.001; left cluster size >64 voxels and right cluster size >57 voxels). Subsequently, post hoc tests for between-group differences were carried out within a mask presenting statistical significance in the ANOVA results. Post hoc analysis shared similar covariates and multiple comparison correction methods with ANOVA. Furthermore, to explore the relationship between seed-based FC abnormalities and the depression profile of the DMSA patients, correlation analyses between FC abnormality clusters and HAMD-17 scores of the DMSA patients were also performed. A threshold of *P*<0.05 was considered to be significantly different per the SPSS software.

# Results

#### Demographics and clinical data

There was no significant difference among the DMSA, NDMSA, and HC groups in terms of age, sex distribution, and level of education. In addition, MMSE scores were not statistically different among the groups, and no subjects were excluded. Also, no significant differences were found among patient groups with respect to H-Y staging scale, duration of illness, levodopa equivalent dose (mg), or UMSARS score. As expected, there was a significant difference in HAMD-17 score among pairs of groups, as follows: DMSA patients vs HCs (P<0.00); DMSA patients vs NDMSA patients (P<0.00); and DMSA patients vs HCs (P<0.002). Further details are presented in Table 1.

## DMSA patients vs HCs

In comparison with the HCs, DMSA patients showed decreased left AMY FC with the left lingual gyrus, left fusiform gyrus, bilateral calcarine gyrus, left insula, and

bilateral rolandic areas and decreased right AMY FC with the left lingual gyrus, left parahippocampal gyrus (PHG), left orbit frontal cortex, left middle occipital gyrus (MOG), left superior and middle temporal gyrus, left superior occipital gyrus, left postcentral lobe, right supply motor area, left cuneus, left precuneus lobe, left paracentral lobe, and left middle cingulum cortex (Table 2; Figure 1).

## NDMSA patients vs HCs

As compared with the HCs, NDMSA patients showed decreased left AMY FC with left lingual, left fusiform, left middle frontal gyrus (MFG), left calcarine gyrus, left cuneus lobe, left superior occipital gyrus, left MOG, right insula, left superior temporal gyrus, left rolandic oper, right precentral gyrus, right postcentral gyrus, right supply motor area, right precuneus lobe, and right middle cingulum cortex. Decreased right AMY FC with the left superior frontal gyrus, bilateral insula, right putamen, left rolandic oper, left superior temporal gyrus, right calcarine gyrus, left cuneus lobe, left postcentral lobe, right supply motor area, right precentral gyrus, fight calcarine gyrus, left cuneus lobe, left postcentral lobe, right supply motor area, right precentral gyrus, left superior parietal gyrus, and right middle cingulum cortex were also observed in the NDMSA group (Table 3; Figure 1).

## DMSA patients vs NDMSA patients

As compared with the NDMSA patients, the DMSA patients showed increase bilateral AMY FC with the left MFG while decreased right AMY FC with the right MOG (Table 4; Figure 2).

## Correlation analyses

Within the depressed patient group, FC between the left AMY and left MFG was positively correlated with HAMD-17

	DVGA	NDMSA	HCs	Statistic	Data			
Measure	DMSA				<i>r</i> -value			
					DMSA vs HCs	NDMSA vs HCs	DMSA vs NDMSA	
Age	62.36±5.25	64.86±9.31	64.53±4.16	F=0.97	0.25	0.86	0.21	
Sex (male/female)	12:17	18:11	19:15	F=1.59	0.19	0.63	0.08	
Education (years)	10.21±3.40	11.24±3.80	11.24±2.09	F=1.03	0.20	0.99	0.22	
Handedness (R/L)	28:0	29:0	34:0	F=0.00	1.00	1.00	1.00	
HAMD-17	22.54±5.17	4.76±1.85	0.77±0.85	F=415.31	0.00*	0.00*	0.00*	
MMSE	27.29±1.49	27.24±1.79	27.88±1.32	F=1.75	0.13	0.10	0.91	
Dur (years)	3.93±2.31	3.29±1.71	NA	T=0.52	NA	NA	0.95	
H-Y	2.46±0.82	2.29±0.59	NA	T=0.60	NA	NA	0.87	
UMSARS	15.01±8.18	11.35±7.48	NA	T=0.89	NA	NA	0.40	
LED (mg)	539.29±187.75	513.79±229.47	NA	U=347.5	NA	NA	0.34	

Table I Demographics and clinical features among DMSA, NDMSA, and HCs

Notes: Values are represented as mean±SD. \*Means value is less than 0.00; P<0.05 is considered as statistically significant.

Abbreviations: DMSA, MSA patients with depression; Dur, disease duration; HAMD-17, 17-item Hamilton Depression Rating Scale; HC, healthy control; H-Y, Hoehn and Yahr staging scale; LED, levodopa equivalent dose (mg); MMSE, Mini–Mental State Examination; MSA, multiple system atrophy; NA, not applicable; NDMSA, MSA patients without depression; UMSARS, Unified Multiple System Atrophy Rating Scale.

Brain regions	L/R	Cluster	BA	MNI coo	t-value		
				x	У	z	
DMSA < HCs							
Superior occipital gyrus	L	52	18	-18	-90	27	-4.301
Middle occipital gyrus	L	54	19	-42	-75	6	-5.102
Lingual gyrus	L	132	37	-24	-48	-3	-5.62
Middle cingulate cortex	L	24	NaN	-11	-18	45	-4.238
Fusiform	L	28	30	-19	-44	-11	-4.064
Precuneus lobe	R	191	37	24	-45	3	-5.172
Rolandic oper	L	92	48	-39	-21	21	-4.831
Paracentral lobe	L	64		-12	-33	54	-4.583
Supply motor area	R	19	4	2	-21	60	-4.118
Postcentral gyrus	L	227	3	-33	-21	45	-5.439
Superior parietal lobe	R	21	1	21	-45	72	-4.359
Parahippocampal gyrus	L	16	37	-23	-40	-3	-3.899
Cuneus lobe	L	35	19	6	-87	33	-4.263
Insula	L	78	48	-39	-18	21	-6.541
Middle temporal gyrus	L	81	21	-5 I	-48	15	-4.490
Frontal_Inf_Orb	L	63	11	-24	30	-12	-5.605

Abbreviations: BA, Brodmann; DMSA, multiple system atrophy patients with depression; HC, healthy control; L, left; MNI, Montreal Neurological Institute; NaN, not applicable; R, right.

scores (*r*=0.4, *P*=0.0023). Also, FC values between the right AMY and left MFG were positively correlated with HAMD-17 scores (*r*=0.29; *P*=0.0287). No associations were found for HAMD-17 scores and FC between the right MOG and the bilateral AMY (Figure 2). The threshold was set at P < 0.001 (AlphaSim corrected).

#### Discussion

The current study demonstrated that DMSA patients suffered from disrupted RS AMY–cortical FC in a set of brain regions, including the middle frontal cortex, the occipital visual cortex, the limbic areas, and the somatosensory areas as compared with NDMSA patients and HCs. Furthermore,



Figure I Statistical parametric map showing the significant differences in left and right AMY FC differences between DMSA patients and HCs (left AMY, cluster size >14, P<0.001 and right AMY cluster size >9, P<0.001 AlphaSim corrected); differences between NDMSA and HC (left AMY, cluster size >47, P<0.001 and right AMY cluster size >64, P<0.001 AlphaSim corrected).

**Notes:** Areas in blue indicate the regions in which the former group who had decreased FC. The left side corresponds to the right hemisphere significant differences FC. **Abbreviations:** AMY, anygdala; DMSA, multiple system atrophy patients with depression; FC, functional connectivity; HC, healthy control; L, left; NDMSA, multiple system atrophy patients without depression; R, right.

Brain regions	L/R	Cluster	BA	MNI coo	MNI coordinates			
				x	у	z		
NDMSA < HCs								
Lingual gyrus	L	12	19	-27	-72	-6	-4.238	
Middle frontal gyrus	R	225	6	41	-4	56	-5.048	
Orbital gyrus	L	33	11	-21	30	-12	-5.891	
Calcarine gyrus	L	170	18	-12	-70	7	-4.446	
Cuneus gyrus	L	34	18	-9	-78	36	-4.252	
Middle occipital gyrus	L	27	19	-42	-81	9	-4.218	
Insula lobe	R	29	48	39	-27	24	-5.451	
Superior temporal gyrus	L	46	48	-39	-18	21	-4.711	
Middle frontal gyrus	L	18	46	-27	54	18	-4.904	
Precentral gyrus	R	233	6	22	-20	73	-4.189	
Postcentral gyrus	L	166	3	-43	-23	52	-4.566	
Supply motor area	R	50	6	9	9	54	-4.837	
Superior frontal gyrus	L	17	11	-21	30	-12	-5.891	
Putamen	R	19	48	32	-6	10	-4.360	
Rolandic oper	L	146	48	-42	-15	21	-4.85 I	
Middle cingulum cortex	L	69	NaN	-8	-16	46	-4823	

Table 3 Difference of functional connectivity between NDMSA patients and HCs

Abbreviations: BA, Brodmann; HC, healthy control; L, left; MNI, Montreal Neurological Institute; NaN, not applicable; NDMSA, multiple system atrophy patients without depression; R, right.

the middle prefrontal cortex was correlated with the severity of clinical depression in the DMSA patients. To the best of our knowledge, this is the first study to examine the alterations of the AMY–cortical FC networks in DMSA patients. Our results may provide novel insights into the underlying neural mechanisms of MSA-related depression.

The middle prefrontal cortex is located in the dorsal prefrontal cortex (DLPFC), an area primarily involved in cognition and executive function. Increasing evidence has shown that the prefrontal cortex is responsible for top–down regulation of emotion and attention, and dysfunction in this area plays a role in the pathogenesis of primary depression patients.<sup>24</sup> RS-fMRI studies have shown that depressed idiopathic Parkinson's disease patients had decreased right MFG degree centrality vs HCs.<sup>25</sup> Hamilton et al<sup>26</sup> reported that bilateral middle frontal cortex functional consistency was negatively correlated with HAMD-17 scores. Repetitive transcranial magnetic stimulation (rTMS) has been proven to be a

powerful antidepressant intervention tool and has been widely investigated in the last two decades.<sup>27,28</sup> Treatment-resistant depression (TRD) patients show a significant improvement of depressive symptoms after DLPFC high-frequency (5-20 Hz) rTMS treatment.29,30 The above-mentioned results indicate that the middle prefrontal cortex may be a key cortical pathogenesis hub that is associated with depression. In the present study, we found an increase in frontal-AMY FC between DMSA patients and NDMSA patients; furthermore, this finding was positively related to depressive scores. The current results are consistent with those of previous studies reporting an increased RS-FC of the DLPFC in subclinical depressive individuals.<sup>31,32</sup> However, this is in contrast to a preponderance of findings showing decreased DLPFC activity in depressive patients.<sup>33,34</sup> This discrepancy could be explained in part by differences in the neural basis between depression symptoms and depression. The medial prefrontal cortex is also a cortex hub for cognitive control in MSA.35 In fact, cognitive

Table 4	Difference of	functional	connectivity	between	DMSA	and	NDMSA	patients
---------	---------------	------------	--------------	---------	------	-----	-------	----------

MNI coordinates			t-value
x	у	z	
-39	45	9	4.5916
-37	-45	1	3.4013
42	-81	3	-2.857
	MNI coordir x -39 -37 42	MNI coordinates   x y   -39 45   -37 -45   42 -81	MNI coordinates   x y z   -39 45 9   -37 -45 1   42 -81 3

Abbreviations: BA, Brodmann; DMSA, multiple system atrophy patients depression; L, left; MNI, Montreal Neurological Institute; NaN, not applicable; NDMSA, multiple system atrophy patients depression; R, right.



Figure 2 Statistical parametric map showing the significant differences between DMSA and NDMSA patients (*P*<0.001, AlphaSim corrected); Blue denotes decreased FC in DMSA group than NDMSA group, than NDMSA group, red denotes increased FC in DMSA group than NDMSA group. Notes: FC between the bilateral AMY and left middle frontal gyrus positively correlates with HAMD scores. No correlation was found between the AMY and the right middle occipital gyrus. Note that the left side corresponds to the right hemisphere significant differences FC. Abbreviations: AMY, amygdala; DMSA, multiple system atrophy patients with depression; FC, functional connectivity; HAMD, Hamilton Depression Rating Scale; MFG, middle frontal gyrus; NOG, middle occipital gyrus; NDMSA, multiple system atrophy patients without depression.

impairment is one of the key characteristics of depressive patients.<sup>36</sup> We hypothesized that enhanced frontal-AMY functional coupling may reflect the need for more cognitive resources in MSA patients with severe depressive symptoms. Whatever, our results demonstrate that alteration in AMY–DLPFC functional coupling at rest is related to the existence of depression symptoms in MSA patients.

Decreased FC has been noted between the right AMY and the right middle occipital cortex in our study. This finding was in line with other studies that reported higher magnetization transfer ratio in the left occipital lobe in patients with TRD vs those without TRD.<sup>37</sup> By using arterial spin labeling, patients without TRD showed greater perfusion in the left occipital lobe.<sup>38</sup> MOG attains a functional specialization for spatial processing;<sup>39</sup> its activity in the depressed MSA patient could be influenced by AMY through various structural and functional connectivities. In relation to HCs, DMSA patients also showed decreased FC in the left lingual gyrus, bilateral calcarine gyrus, and left cuneus; notably, the aforementioned areas belong to the visual processing cortex. The performance of task-based fMRI proved that the processing of emotion involved multiple brain region activation, including not only limbic structures such as the AMY but also occipital and parietal visual regions.<sup>32</sup> The visual cortex participates

in external stimuli perception and transfers this information to the brain regions that relate to emotion processing and response.<sup>40</sup> Interestingly, involved visual cortex functional abnormalities are mostly found in major depression disorder patients,<sup>41</sup> and depression severity is positively correlated with visual contrast sensitivity.<sup>42</sup> Although no associations were found between FC values in visual associative cortices and depression assessments, we speculate that these active regions may play an important role of either compensation or pathology in DMSA patients. Future multimodal studies combining positron-emission tomography (PET) imaging findings may help to clarify specific visual abnormalities of induced depression symptoms in MSA patients.

We observed decreased AMY connectivity in the left posterior cingulate cortex (PCC), the left PHG, and the left insula. Through functional and structural connectivity with other limbic structures and the AMY, the PCC and PHG play an important role in memory and emotional regulation.<sup>43,44</sup> The insula has extensive connections to several areas of the cortex and limbic system implicated in affectivity processes,<sup>45</sup> with both belonging to limbic circuits. Neurobiological evidence has demonstrated that AMY limbic dysfunction may contribute to depression symptoms.<sup>14,15,25</sup> Decreased AMY– limbic areas in our study may reflect an emotion processing bias in DMSA patients vs in HCs.

Aside from the above findings, DMSA patients also showed extensive AMY FC changes located in wider motor areas, such as the left primary somatosensory cortex and the left supply motor area, when compared with the HCs. Only one previous study in the literature, which involved a small sample size, showed that frontal dysfunction may contribute to depression associated with MSA and progressive supra nuclear palsy,<sup>29</sup> and, notably, no motor-related brain areas were involved in this study. Different methods and sample sizes among the two studies may account for the inconsistent findings. This study used PET to directly compare DMSA patients with HCs. Our results are second to AMY RS-FC toward depression symptoms in MSA patients. Interestingly, a number of recent studies have found that patients with depression show extensive functional abnormalities in the motor cortex.15,25,46 Accordingly, we speculate that some of these structures are also involved in nonmotor functions, including emotional regulation. Future studies should investigate correlations between motor impairment and depression symptoms in MSA patients.

## Limitations

There were limitations in the current study. First, the fact that MSA patients with severe depression symptoms were recruited into our study may somewhat reduce the confounding effect by overlapping motor and nonmotor symptoms to a large degree,<sup>47</sup> but it may also introduce new bias. Thus, the function underlying different degrees of depressive symptoms needs to be explored using a more detailed scale assessment. Second, the use of a small sample size (29 DMSA and 28 NDMSA patients) may reduce the generalization of our findings. Finally, MSA patients had two different clinical variants (ie, parkinsonism types [MSA-P] and cerebellum types [MSA-C]). More severe depression symptoms were reported in MSA-P patients than in MSA-C patients in the previous study.<sup>3</sup> However, both MSA-P and MSA-C share the same GCI pathology.<sup>9</sup> Additional studies with large sample sizes may clarify the AMY-induced depression symptoms between the two subtypes.

## Conclusion

In the current study, we chose bilateral AMY as the ROI to investigate the RS disconnectivity pattern in DMSA and NDMSA patients. We identified abnormal FC in DLPFC, MOG, the limbic system, and the motor cortex of DMSA patients. Furthermore, the alteration of AMY FC toward DLPFC is associated with clinical depression scores. Our findings suggest that abnormal AMY–MFG circuits may play an important role in the progression of depression in MSA. Our study provides a significant step forward in the understanding of the neural mechanisms of DMSA.

## Acknowledgments

We thank LetPub (<u>www.letpub.com</u>) for its linguistic assistance during the preparation of this manuscript. We also thank all the participants and their families.

## **Author contributions**

Bin Zhao contributed to study design, neurological assessments, and writing the manuscript. Hu Liu and Huanhuan Li involved in image processing. Hu Liu and Bin Zhao performed statistical analyses. Xiuli Shang provided critical revision of the manuscript. All authors contributed to data analysis, drafting and revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

# Disclosure

The authors report no conflicts of interest in this work.

#### References

Stefanova N, Wenning GK. Review: multiple system atrophy: emerging targets for interventional therapies. *Neuropathol Appl Neurobiol*. 2016;42(1):20–32.

- 2. Zhang LY, Cao B, Zou YT, et al. Depression and anxiety in multiple system atrophy. *Acta Neurol Scand*. 2018;137(1):33–37.
- Zhang L, Cao B, Ou R, et al. Non-motor symptoms and the quality of life in multiple system atrophy with different subtypes. *Parkinsonism Relat Disord*. 2017;35:63–68.
- Benrud-Larson LM, Sandroni P, Schrag A, Low PA. Depressive symptoms and life satisfaction in patients with multiple system atrophy. *Mov Disord*. 2005;20(8):951–957.
- 5. Hamann S. Cognitive and neural mechanisms of emotional memory. *Trends Cogn Sci.* 2001;5(9):394–400.
- Young KD, Siegle GJ, Zotev V, et al. Randomized clinical trial of real-time fMRI amygdala neurofeedback for major depressive disorder: effects on symptoms and autobiographical memory recall. *Am J Psychiatry*. 2017;174(8):748–755.
- Young KD, Siegle GJ, Bodurka J, Drevets WC. Amygdala activity during autobiographical memory recall in depressed and vulnerable individuals: association with symptom severity and autobiographical overgenerality. *Am J Psychiatry*. 2016;173(1):78–89.
- Burghy CA, Stodola DE, Ruttle PL, et al. Developmental pathways to amygdala-prefrontal function and internalizing symptoms in adolescence. *Nat Neurosci.* 2012;15(12):1736–1741.
- Cykowski MD, Coon EA, Powell SZ, et al. Expanding the spectrum of neuronal pathology in multiple system atrophy. *Brain*. 2015;138(Pt 8): 2293–2309.
- Kiely AP, Asi YT, Kara E, et al. α-Synucleinopathy associated with G51D SNCA mutation: a link between Parkinson's disease and multiple system atrophy? *Acta Neuropathol.* 2013;125(5):753–769.
- Cordes D, Haughton VM, Arfanakis K, et al. Frequencies contributing to functional connectivity in the cerebral cortex in "resting-state" data. *AJNR Am J Neuroradiol.* 2001;22(7):1326–1333.
- Zheng KZ, Wang HN, Liu J, et al. Incapacity to control emotion in major depression may arise from disrupted white matter integrity and OFCamygdala inhibition. CNS Neurosci Ther. 2018;24(11):1053–1062.
- Xia W, Luo Y, Chen YC, et al. Disrupted functional connectivity of the amygdala is associated with depressive mood in type 2 diabetes patients. *J Affect Disord*. 2018;228:207–215.
- Hu X, Song X, Yuan Y, et al. Abnormal functional connectivity of the amygdala is associated with depression in Parkinson's disease. *Mov Disord*. 2015;30(2):238–244.
- Chen HJ, Wang YF, Qi R, et al. Altered amygdala resting-state functional connectivity in maintenance hemodialysis end-stage renal disease patients with depressive mood. *Mol Neurobiol.* 2017;54(3): 2223–2233.
- Herting B, Beuthien-Baumann B, Pöttrich K, et al. Prefrontal cortex dysfunction and depression in atypical parkinsonian syndromes. *Mov Disord*. 2007;22(4):490–497.
- Gilman S, Wenning GK, Low PA, et al. Second consensus statement on the diagnosis of multiple system atrophy. *Neurology*. 2008;71(9): 670–676.
- Zimmerman M, Martinez JH, Young D, Chelminski I, Dalrymple K. Severity classification on the Hamilton Depression Rating Scale. *J Affect Disord*. 2013;150(2):384–388.
- Peng W, Mao L, Yin D, et al. Functional network changes in the hippocampus contribute to depressive symptoms in epilepsy. *Seizure*. 2018;60:16–22.
- Wenning GK, Tison F, Seppi K, et al; Multiple System Atrophy Study Group. Development and validation of the Unified Multiple System Atrophy Rating Scale (UMSARS). *Mov Disord*. 2004;19(12): 1391–1402.
- Yan CG, Wang XD, Zuo XN, Zang YF. DPABI: Data Processing & Analysis for (Resting-State) Brain Imaging. *Neuroinformatics*. 2016; 14(3):339–351.
- Ciric R, Wolf DH, Power JD, et al. Benchmarking of participant-level confound regression strategies for the control of motion artifact in studies of functional connectivity. *Neuroimage*. 2017;154:174–187.
- Maldjian JA, Laurienti PJ, Kraft RA, Burdette JH. An automated method for neuroanatomic and cytoarchitectonic atlas-based interrogation of fMRI data sets. *Neuroimage*. 2003;19(3):1233–1239.

- Kerestes R, Davey CG, Stephanou K, Whittle S, Harrison BJ. Functional brain imaging studies of youth depression: a systematic review. *Neuroimage Clin.* 2014;4:209–231.
- 25. Wang H, Chen H, Wu J, et al. Altered resting-state voxel-level whole-brain functional connectivity in depressed Parkinson's disease. *Parkinsonism Relat Disord*. 2018;50:74–80.
- 26. Hamilton JP, Etkin A, Furman DJ, Lemus MG, Johnson RF, Gotlib IH. Functional neuroimaging of major depressive disorder: a meta-analysis and new integration of base line activation and neural response data. *Am J Psychiatry*. 2012;169(7):693–703.
- 27. Bajbouj M, Aust S, Spies J, et al. PsychotherapyPlus: augmentation of cognitive behavioral therapy (CBT) with prefrontal transcranial direct current stimulation (tDCS) in major depressive disorder-study design and methodology of a multicenter double-blind randomized placebo-controlled trial. *Eur Arch Psychiatry Clin Neurosci*. Epub 2017 Dec 6.
- Palm U, Schiller C, Fintescu Z, et al. Transcranial direct current stimulation in treatment resistant depression: a randomized double-blind, placebo-controlled study. *Brain Stimul.* 2012;5(3):242–251.
- Lam RW, Chan P, Wilkins-Ho M, Yatham LN. Repetitive transcranial magnetic stimulation for treatment-resistant depression: a systematic review and metaanalysis. *Can J Psychiatry*. 2008;53(9):621–631.
- Schutter DJ. Antidepressant efficacy of high-frequency transcranial magnetic stimulation over the left dorsolateral prefrontal cortex in double-blind sham-controlled designs: a meta-analysis. *Psychol Med.* 2009;39(1):65–75.
- Colich NL, Foland-Ross LC, Eggleston C, Singh MK, Gotlib IH. Neural aspects of inhibition following emotional primes in depressed adolescents. J Clin Child Adolesc Psychol. 2016;45(1):21–30.
- Colich NL, Ho TC, Foland-Ross LC, et al. Hyperactivation in cognitive control and visual attention brain regions during emotional interference in adolescent depression. *Biol Psychiatry Cogn Neurosci Neuroimaging*. 2017;2(5):388–395.
- Murrough JW, Abdallah CG, Anticevic A, et al. Reduced global functional connectivity of the medial prefrontal cortex in major depressive disorder. *Hum Brain Mapp.* 2016;37(9):3214–3223.
- 34. Liu W, Mao Y, Wei D, et al. Structural asymmetry of dorsolateral prefrontal cortex correlates with depressive symptoms: evidence from healthy individuals and patients with major depressive disorder. *Neurosci Bull.* 2016;32(3):217–226.
- 35. Fiorenzato E, Weis L, Seppi K, et al; Movement Disorders Society MSA (MODIMSA) Neuropsychology and Imaging Study Groups. Brain structural profile of multiple system atrophy patients with cognitive impairment. *J Neural Transm (Vienna)*. 2017;124(3): 293–302.
- Yoshimura S, Okamoto Y, Onoda K, et al. Cognitive behavioral therapy for depression changes medial prefrontal and ventral anterior cingulate cortex activity associated with self-referential processing. *Soc Cogn Affect Neurosci.* 2014;9(4):487–493.
- Jia Z, Peng W, Chen Z, et al. Magnetization transfer imaging of treatment-resistant depression. *Radiology*. 2017;284(2):521–529.
- Lui S, Parkes LM, Huang X, et al. Depressive disorders: focally altered cerebral perfusion measured with arterial spin-labeling MR imaging. *Radiology*. 2009;251(2):476–484.
- Renier LA, Anurova I, De Volder AG, Carlson S, Vanmeter J, Rauschecker JP. Preserved functional specialization for spatial processing in the middle occipital gyrus of the early blind. *Neuron*. 2010;68(1): 138–148.
- Adolphs R. The neurobiology of social cognition. *Curr Opin Neurobiol*. 2001;11(2):231–239.
- Jaworska N, Yang XR, Knott V, MacQueen G. A review of fMRI studies during visual emotive processing in major depressive disorder. *World J Biol Psychiatry*. 2015;16(7):448–471.
- Fam J, Rush AJ, Haaland B, Barbier S, Luu C. Visual contrast sensitivity in major depressive disorder. J Psychosom Res. 2013;75(1):83–86.
- Disner SG, Beevers CG, Haigh EA, Beck AT. Neural mechanisms of the cognitive model of depression. *Nat Rev Neurosci*. 2011;12(8): 467–477.

- Maddock RJ, Garrett AS, Buonocore MH. Posterior cingulate cortex activation by emotional words: fMRI evidence from a valence decision task. *Hum Brain Mapp*. 2003;18(1):30–41.
- 45. Simmons WK, Avery JA, Barcalow JC, Bodurka J, Drevets WC, Bellgowan P. Keeping the body in mind: insula functional organization and functional connectivity integrate interoceptive, exteroceptive, and emotional awareness. *Hum Brain Mapp.* 2013;34(11):2944–2958.
- Lou Y, Huang P, Li D, et al. Altered brain network centrality in depressed Parkinson's disease patients. *Mov Disord*. 2015;30(13):1777–1784.
- 47. Leentjens AF, Verhey FR, Luijckx GJ, Troost J. The validity of the Beck Depression Inventory as a screening and diagnostic instrument for depression in patients with Parkinson's disease. *Mov Disord*. 2000;15(6):1221–1224.

#### Neuropsychiatric Disease and Treatment

#### Publish your work in this journal

Neuropsychiatric Disease and Treatment is an international, peerreviewed journal of clinical therapeutics and pharmacology focusing on concise rapid reporting of clinical or pre-clinical studies on a range of neuropsychiatric and neurological disorders. This journal is indexed on PubMed Central, the 'PsycINFO' database and CAS, and is the official journal of The International Neuropsychiatric Association (INA). The manuscript management system is completely online and includes a very quick and fair peer-review system, which is all easy to use. Visit http://www.dovepress.com/testimonials.php to read real quotes from published authors.

Submit your manuscript here: http://www.dovepress.com/neuropsychiatric-disease-and-treatment-journal

