

Visfatin is involved in TNF α -mediated insulin resistance via an NAD⁺/Sirt1/PTP1B pathway in 3T3-L1 adipocytes

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Tumor necrosis factor α (TNF α) is a well-known mediator of inflammation in the context of obesity in adipose tissue. Its action appears to be directly linked to perturbations of the insulin pathway, leading to the development of insulin resistance. Visfatin has been suspected to be linked to insulin sensitivity, but the mechanism involved is still partly unknown. The aim of this study was to evaluate the role of visfatin in the impairment of the insulin pathway by TNF α activity in 3T3-L1 adipocytes and to unveil the mechanisms involved in such impairment.

We demonstrated in 3T3-L1 adipocytes that visfatin was involved in TNF α -mediated insulin resistance in adipocytes. Indeed, after TNF α treatment in 3T3-L1 cells, visfatin was downregulated, leading to decreased nicotinamide adenine dinucleotide (NAD⁺) concentrations in cells. This decrease was followed by a decrease in Sirt1 activity, which was linked to an increase in PTP1B expression. The modulation of PTP1B by visfatin was likely responsible for the observed decreases in glucose uptake and Akt phosphorylation in 3T3-L1 adipocytes.

Here, we demonstrated a complete pathway involving visfatin, NAD⁺, Sirt1, and PTP1B that led to the perturbation of insulin signaling by TNF α in 3T3-L1 adipocytes.

Introduction

Tumor necrosis factor α (TNF α) has been proposed as the link between obesity and insulin resistance.^{1,2} Indeed, obesity is characterized by a low-grade inflammatory state, leading to the modulation of adipokine, chemokines, and cytokine expression including an increase in TNF α secretion by adipose tissue.³ The role of TNF α in insulin resistance is supported by the fact that obese mice lacking TNF α or its receptors are protected from the induction of insulin resistance.⁴ Molecular mechanisms involved in TNF α -dependent insulin resistance have begun to be unveiled. These mechanisms involve long-term effects mediated via transcriptional regulation of master regulators of adipocyte differentiation such as peroxisome proliferator-activated receptor γ (PPAR γ) and CAAT/enhancer binding protein α (C/EBP α) as well as regulation of the expression of adipokines such as adiponectin, leptin, and interleukin 6 (IL-6), which deeply impact insulin sensitivity.⁵

Short-term effects of TNF α on insulin resistance have also been described. These effects occur through the blockage of insulin signaling.^{1,2} Indeed, TNF α notably inhibits insulin-stimulated

insulin receptor (IR) and insulin receptor substrate 1 (IRS-1) phosphorylation of tyrosine residues by blocking phosphorylation of IRS-1 serine 307, inducing SOCS proteins⁶ and activating protein-tyrosine phosphatase 1B (PTP1B).⁷

PTP1B is a negative regulator of insulin signaling.⁸ Its expression, which is strongly correlated with its activity, is directly linked to the inflammatory state.⁹ In muscle and hepatic cells,¹⁰ in vitro PTP1B overexpression decreased IR and IRS-1 tyrosine phosphorylation, and consequently decreased glucose uptake. In 3T3-L1 adipocytes,¹¹ the effect of PTP1B on IR and IRS-1 tyrosine phosphorylation was reproduced, but the impact on glucose uptake was more debatable, as Venable et al. reported no effect on this parameter,¹¹ whereas Shimizu et al. observed a small but significant effect on glucose uptake.¹² PTP1B^{-/-} mice presented enhanced insulin sensitivity, resistance to high-fat feeding-induced obesity and increased phosphorylation of IR and IRS-1 in the liver and muscle after insulin injection.^{13,14} Recently, it has been reported that insulin-stimulated phosphorylation of IR and AKT under a high fat diet condition, is impaired in mice with an adipocyte-specific PTP1B deletion.¹⁵ In addition, PTP1B has been demonstrated to be involved in TNF α -mediated insulin

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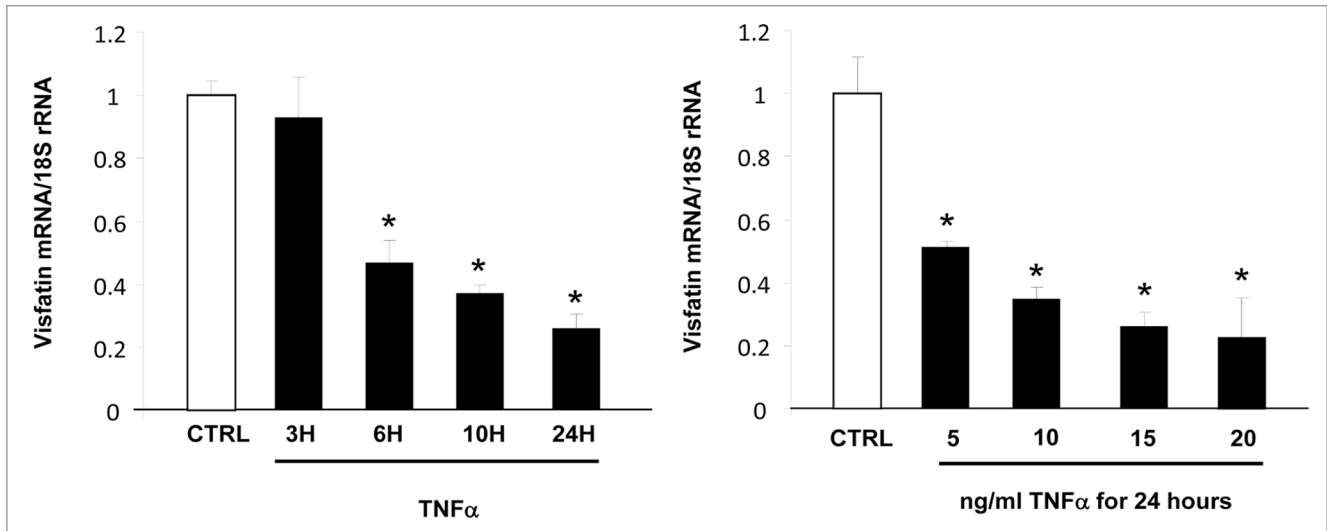


Figure 1. Time- and dose-dependent effects of TNF α on visfatin mRNA levels in 3T3-L1 adipocytes. Cells were harvested after treatment with TNF α at 15 ng/mL for 3, 6, 10, and 24 h or at 5, 10, 15, and 20 ng/mL for 24 h. Quantification of visfatin mRNA levels by real-time RT-PCR. Visfatin data were normalized to 18S rRNA.

resistance.⁷ Moreover, it has been described that Sirt1 could improve insulin sensitivity by repressing PTP1B transcription in skeletal muscles.¹⁶

Sirt1 is the mammalian ortholog of the yeast protein Sir2, which is associated with longevity control.¹⁷⁻¹⁹ This protein has deacetylase activity on lysine residues of histones.¹⁷ The deacetylase activity of Sirt1 also impacts non-histone protein substrates such as transcription factors or nuclear receptors, including PPAR γ coactivator 1 α (PGC1 α), nuclear receptor corepressor (NCoR), liver X receptor α (LXR α), forkhead box members of the class O (FOXO), nuclear factor- κ B (NF κ B), and p53,¹⁷ which are transcriptional regulators linked to metabolism, inflammation and cell survival. Several lines of evidence support the beneficial role of Sirt1 activation in the treatment of type 2 diabetes,²⁰⁻²² as various effects of Sirt1 and/or its agonists on glucose homeostasis and insulin sensitivity have been reported in different tissues such as pancreas, liver, skeletal muscle, and adipose tissue.^{20,23,24} The activity of Sirt1 is NAD⁺-dependent;²⁵ thus, NAD biosynthesis can be regarded as a key regulator of Sirt1 activity.¹⁹

In mammals, nicotinamide phosphoribosyltransferase (NAMPT) is a key enzyme of NAD⁺ biosynthesis that is found in the intra- or extracellular compartment.²⁶⁻²⁸ The extracellular form is also known as visfatin or pre-B-cell colony-enhancing factor (PBEF). This protein has been reported as an insulin-mimetic hormone,^{29,30} but these data remain controversial.^{27,31}

Here, we show that visfatin is involved in TNF α -mediated insulin resistance in 3T3-L1 adipocytes. Indeed, after TNF α treatment in 3T3-L1 cells, visfatin was downregulated, leading to decreased NAD⁺ concentrations within cells. This decrease was followed by decreased Sirt1 activity, which was linked to an increase in PTP1B expression. This modulation of PTP1B by visfatin was likely responsible for the observed decreases in glucose uptake and Akt phosphorylation in 3T3-L1 adipocytes.

Results

TNF α downregulated visfatin mRNA levels

First, we evaluated the impact of TNF α treatment on visfatin expression in 3T3-L1 cells. TNF α treatment resulted in downregulation of visfatin mRNA expression in a dose- and time-dependent manner (Fig. 1). No modification of the quantity of visfatin secreted in the culture medium was observed (data not shown).

TNF α -mediated downregulation of visfatin was linked to C/EBP α in 3T3-L1 adipocytes

We next attempted to identify the molecular mechanism involved in the regulation of visfatin expression by TNF α . Interestingly, as previously reported,^{32,33} we observed that visfatin expression was increased during the differentiation of preadipocytes to adipocytes (data not shown). This finding suggested that visfatin expression could be regulated by master regulators of adipocytes differentiation, i.e., PPAR γ or C/EBP α . It is already known that PPAR γ does not regulate visfatin expression in adipocytes (refs. 34 and 35 and personal unpublished data), but the impact of C/EBP α has never been reported. Interestingly, the expression of this transcription factor was strongly inhibited by TNF α treatment in 3T3-L1 cells at mRNA and protein levels (Fig. 2A), suggesting that decreased expression of C/EBP α could lead to decreased visfatin expression. To confirm the contribution of the decrease in C/EBP α expression to the downregulation of visfatin expression, siRNA designed against C/EBP α was transfected into 3T3-L1 adipocytes. This resulted in decreased C/EBP α mRNA levels (Fig. 2B) as well as decreased visfatin mRNA levels (Fig. 2C), confirming that C/EBP α expression has an impact on visfatin expression.

Visfatin downregulation by TNF α reduced NAD⁺ concentrations and Sirt1 activity in 3T3-L1 adipocytes

Physiological consequences of visfatin downregulation were next evaluated. While TNF α treatment had no effect on the

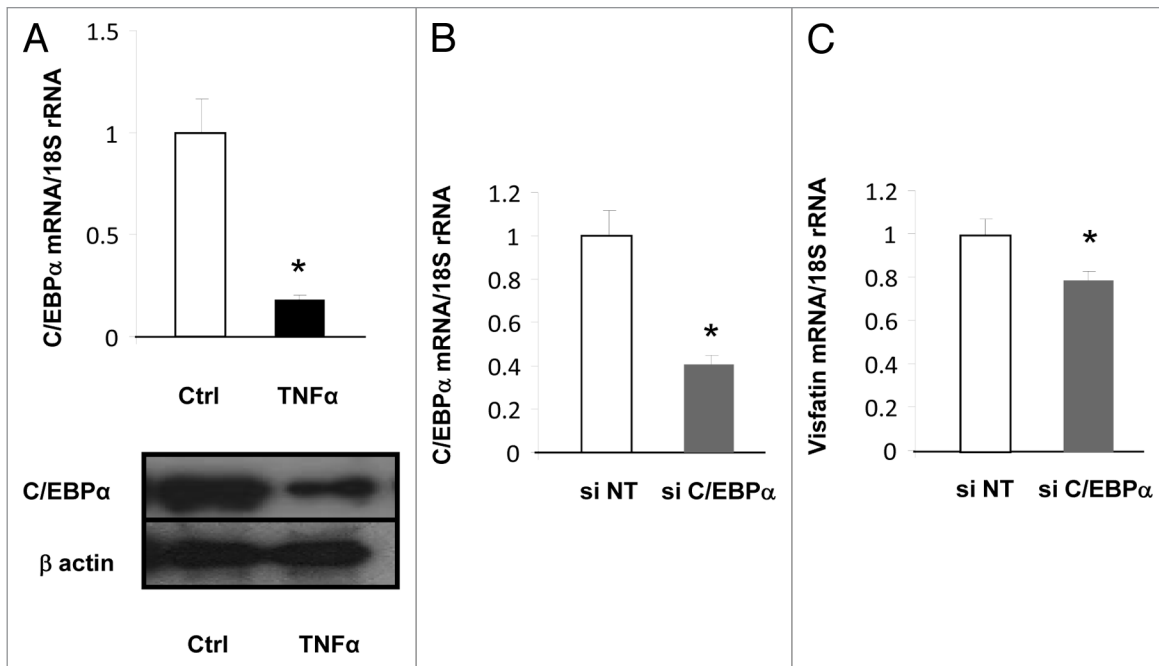


Figure 2. Transcriptional regulation of visfatin in 3T3-L1 adipocytes. **(A)** 3T3-L1 cells were incubated with or without TNF α (15 ng/mL) for 24 h. TNF α -mediated effects on C/EBP α were assessed at the mRNA level by quantitative RT-PCR and at the protein level by western blotting. mRNA quantification of C/EBP α was normalized to 18S rRNA. Protein quantification of C/EBP α is represented with regard to the quantity of β -actin. **(B and C)** 3T3-L1 adipocyte lysates were prepared from cells transfected with a control (non-targeted) siRNA or siRNA against C/EBP α . Quantification of C/EBP α **(B)** and visfatin **(C)** mRNA levels by quantitative RT-PCR. mRNA data were normalized to 18S rRNA. Data are presented as means \pm SEM. * P < 0.05 (t test).

secreted quantity of visfatin (data not shown), it significantly reduced the intracellular quantity of visfatin in 3T3-L1 adipocytes (Fig. 3A). Because this protein is the key enzyme of the NAD $^+$ salvage pathway, we measured the concentration of NAD $^+$. As anticipated, the concentration of NAD $^+$ was decreased in TNF α -treated adipocytes (Fig. 3B). We also measured Sirt1 activity because its activity is strongly dependent on NAD $^+$. Using a fluorescence-based assay, we observed a decrease in Sirt1 activity in cells incubated with TNF α (Fig. 3C). This reduction in Sirt1 activity was independent of Sirt1 mRNA levels, which were not modified by TNF α incubation (Fig. 3D). Altogether, these data strongly suggested that the decreased visfatin expression in TNF α -treated 3T3-L1 adipocytes resulted in decreased Sirt1 activity due to the reduced NAD $^+$ concentrations in cells.

TNF α and Sirt1 modulation regulated PTP1B expression in 3T3-L1 adipocytes

In parallel to the regulation of visfatin, we also studied the impact of TNF α treatment on PTP1B expression in 3T3-L1 cells. Under our conditions, mRNA levels of PTP1B were significantly upregulated (P > 0.05; Figure 4A). This effect of TNF α treatment on PTP1B mRNA expression was accompanied by an upregulation of PTP1B protein expression, according to a time-dependent fashion (Fig. 4B). The effect of Sirt1 activity on the modulation of PTP1B expression in 3T3-L1 adipocytes was also studied. To this aim, cells were treated with SRT 1720 (10 μ M) for 24 h. The mRNA levels of PTP1B were quantified in these different conditions. SRT 1720, a Sirt1 activator, repressed the

expression of PTP1B (Fig. 4C), suggesting a direct role of Sirt1 activity in regulating PTP1B expression.

Visfatin inhibition led to a decrease in NAD $^+$ concentrations and an increase in PTP1B expression

To establish the causative link between the regulation of visfatin and the expression of PTP1B, two strategies were used: one based on RNAi to decrease visfatin expression and the second based on the use of a chemical inhibitor called FK866.³⁶ 3T3-L1 cells were incubated with TNF α alone or together with FK866 at 1 or 10 nM. As reported in Figure 5A, TNF α incubation reduced NAD $^+$ concentrations in cells. Cotreatment with TNF α and FK866 dose-dependently decreased the intracellular concentrations of NAD $^+$ relative to TNF α treatment alone. This decrease in NAD $^+$ levels was paralleled by an induction of PTP1B mRNA and protein levels (Fig. 5B and C). Similarly, siRNA designed against visfatin together with TNF α treatment significantly decreased NAD $^+$ concentrations relative to TNF α treatment combined with non-targeted siRNA (Fig. 5D). This effect was associated with increased PTP1B mRNA and protein expression in the case of TNF α , which was exacerbated in presence of siRNA against visfatin (Fig. 5E and F). Together, these data suggested that visfatin inhibition via RNAi or chemical inhibition induced the expression of PTP1B.

Visfatin inhibition led to decreased glucose uptake and Akt phosphorylation

To study the involvement of visfatin in TNF α -mediated effects on glucose metabolism, we measured 2-deoxyglucose uptake in 3T3-L1 adipocytes treated with TNF α alone or pretreated with

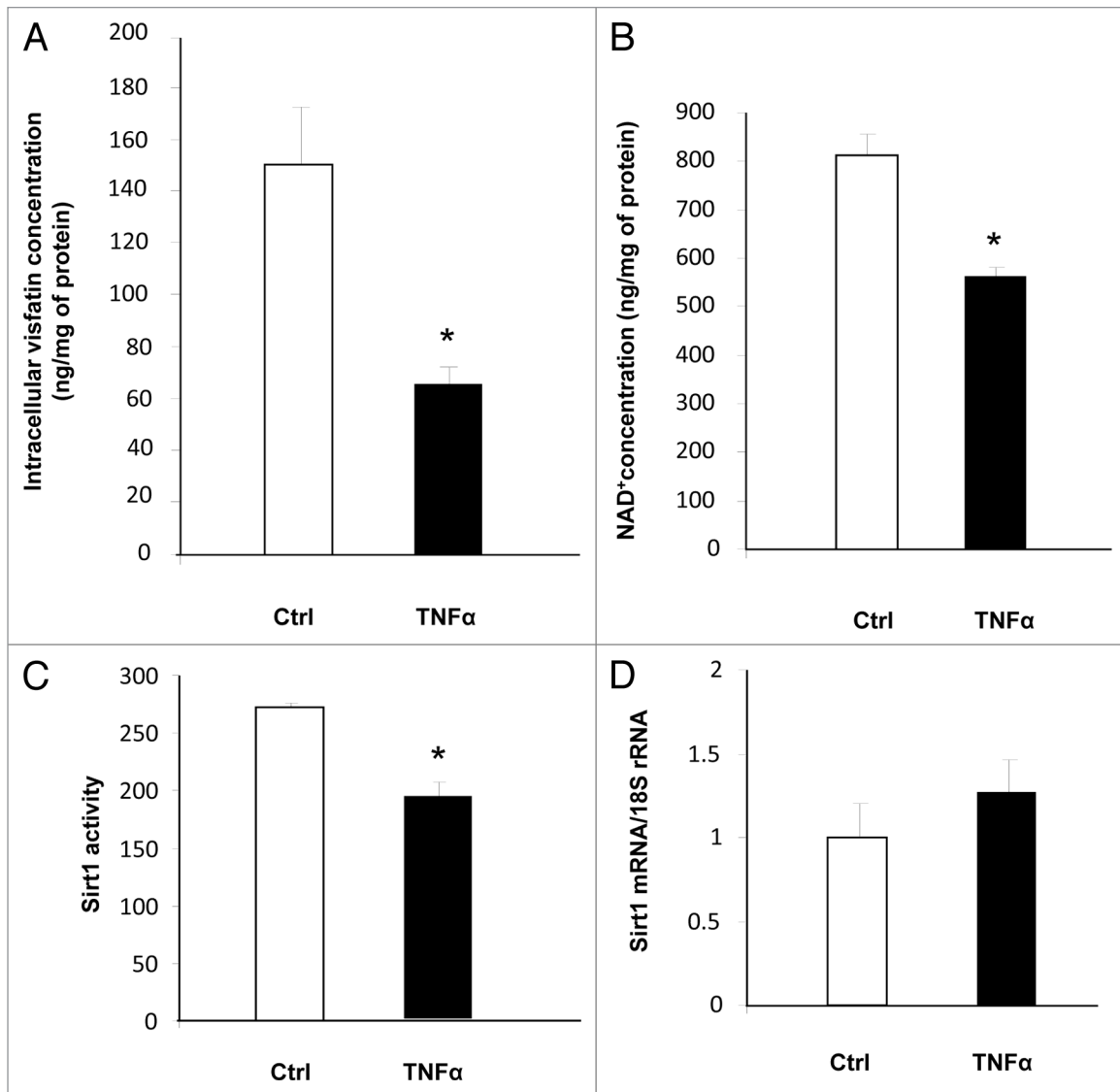


Figure 3. Downregulation of visfatin by TNF α leads to decreases in NAD⁺ concentrations and Sirt1 deacetylating activity in 3T3-L1 adipocytes. Cells were incubated with or without TNF α (15 ng/mL) for 24 h. **(A and B)** Intracellular concentrations of visfatin and NAD⁺. After incubation, cells were collected and processed for visfatin and NAD⁺ quantification as described in Materials and Methods. Values were determined in ng visfatin/mg of cellular protein and in ng NAD⁺/mg of cellular protein, respectively. Values are presented as means \pm SEM. * P < 0.05 (t test). **(C)** Sirt1 activity in 3T3-L1 cells. Total cell lysates (20 μ g) were submitted to a Sirt1 activity assay as described in Materials and Methods. Values are presented as means \pm SEM. * P < 0.05 (t test). **(D)** Quantification of Sirt1 mRNA levels by quantitative RT-PCR. Sirt1 data were normalized to 18S rRNA. Data are presented as means \pm SEM. * P < 0.05 (t test).

FK866. TNF α treatment led to a 28% decrease in insulin-stimulated glucose transport compared with transport in control cells (Fig. 6A). Incubation with FK866 followed by TNF α treatment led to a 29% decrease in insulin-stimulated glucose uptake compared with transport after TNF α treatment alone. Together, these data suggested that visfatin inhibition reinforced the decrease in glucose uptake mediated by TNF α .

The impact on insulin signaling was assessed at the downstream level by evaluating the phosphorylation of Akt. Compared with that in control cells, TNF α treatment decreased Akt phosphorylation. Pretreatment with FK866 followed by TNF α treatment markedly impaired Akt phosphorylation (Fig. 6B).

Discussion

The perturbation of insulin signaling that notably occurs during obesity is a complex phenomenon implying several mechanisms and proteins. Among these factors, TNF α appears to be a master disruptor of insulin signaling. More recently, visfatin and sirtuin family members and phosphatases such as PTP1B have also been shown to play crucial roles, but the link between all these partners was still partly unknown.

In the present study, we showed that TNF α treatment resulted in downregulation of visfatin gene expression as well as its intracellular protein levels in 3T3-L1 adipocytes. This regulation of

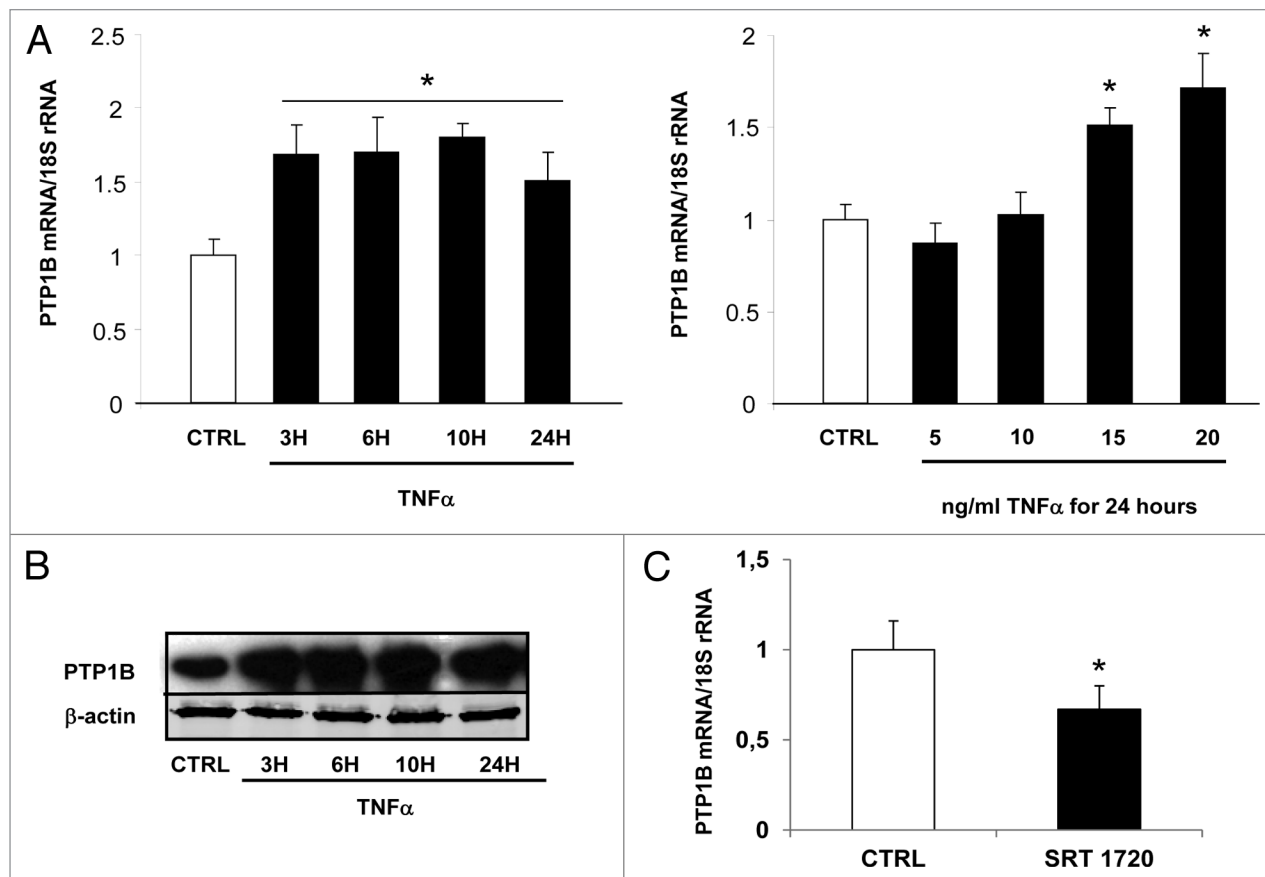


Figure 4. Regulation of PTP1B expression by TNF α and a Sirt1 activator in 3T3-L1 adipocytes. Cells were harvested after treatment with TNF α at 15 ng/mL for 3, 6, 10, and 24 h or at 5, 10, 15, and 20 ng/mL for 24 h. (A) Quantification of PTP1B mRNA levels by real-time RT-PCR. PTP1B data were normalized to 18S rRNA. Data are presented as means \pm SEM. Data were compared among groups (Student *t* test), and those with no common superscript letter are significantly different; *P* < 0.05. (B) Cells were incubated with TNF α at 15 ng/mL for 3, 6, 10, and 24 h. Total cell lysates (40 μ g) were subjected to SDS-PAGE and immunoblotted with PTP1B or β -actin antibodies. The western blot is representative of three independent experiments. (C) Cells were treated with or without SRT 1720 (10 μ M) for 24 h. PTP1B mRNA was quantified using real-time RT-PCR, and data were normalized to 18S rRNA. Data are presented as means \pm SEM. **P* < 0.05 (*t* test).

visfatin by TNF α has already been reported in mice.^{32,37} Surprisingly, some studies in humans reported an inverse correlation between visfatin and TNF α levels in plasma,³⁸ although these data are still controversial.³⁹ The origin of this species-specific regulation deserves further attention. In mice, the expression of visfatin after TNF α treatment has been quantified in adipose tissue, whereas in human studies, plasma correlations between visfatin and TNF α were reported. This could explain the discrepancy, as other tissues and/or cell types such as skeletal muscle, liver, bone marrow, and lymphocytes secrete visfatin.³⁹⁻⁴² Our data suggest the involvement of C/EBP α in the regulation of visfatin by TNF α . This assumption was confirmed by RNAi experiments (Fig. 2B). However, in silico analysis of the mouse visfatin promoter did not suggest the localization of a C/EBP α responsive element (data not shown), suggesting that this regulation could be indirect. This assertion remains to be elucidated.

Going further, we showed that TNF α -mediated downregulation of visfatin in 3T3-L1 cells led to decreased intracellular NAD⁺ concentrations, as previously reported in other models,^{26,43,44} resulting in decreased Sirt1 activity because this enzyme is highly

NAD⁺-dependent.²⁵ It is noteworthy that inhibition of Sirt1 in adipocytes led to a decrease in insulin sensitivity.²³ Indeed, knock-down of Sirt1 inhibited insulin-stimulated glucose transport in adipocytes in particular by inhibiting insulin signaling. Thus, due to decreased NAD⁺ concentrations and subsequently decreased Sirt1 activity, visfatin could be linked to insulin sensitivity.

In parallel, we also observed an induction of PTP1B (mRNA and protein), which is involved in TNF α -mediated insulin resistance in myocytes.⁷ This regulation has already been reported⁹ at the mRNA level after a short (4 h) incubation of 3T3-L1 adipocytes with TNF α and confirmed for a longer (17 to 36 h) incubation at the protein level. These authors reported a role of NF κ B in this regulation. Interestingly, in our experiments, we noted a lag between TNF α -mediated visfatin and PTP1B expression. Three hours after incubation with TNF α , PTP1B, but not visfatin, was upregulated in 3T3-L1 cells. One hypothesis is that this lag may be explained by a sequential response to TNF α . Indeed, we can speculate that the regulation of PTP1B by TNF α occurs in two steps. In the first step, NF κ B regulates the expression of PTP1B as reported by Zabolotny et al.,⁹ and in a second

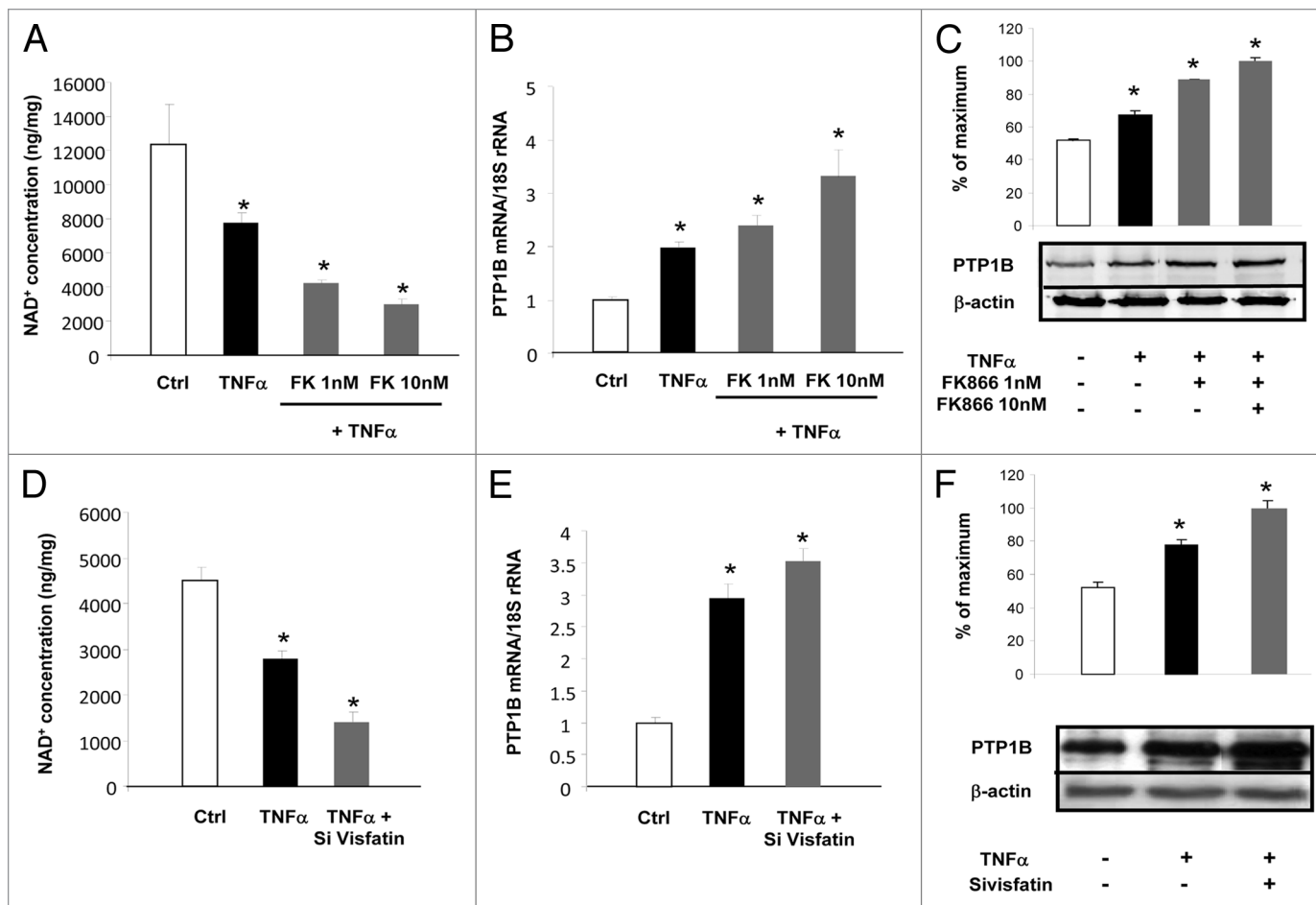


Figure 5. Inhibition of visfatin decreases NAD⁺ concentrations and induces PTP1B expression in 3T3-L1 adipocytes. (A–C) Cells were incubated with or without TNFα (15 ng/mL) and in the presence of the visfatin inhibitor FK866 at 1 and 10 nM for 24 h. (A) After incubation, cells were collected and processed for NAD⁺ quantification as described in Materials and Methods. Values were determined in ng NAD⁺/mg of cellular proteins. (B) PTP1B mRNA levels were quantified using real-time RT-PCR, and data were normalized to 18S rRNA. Data are presented as means ± SEM. Data were compared among groups (Student *t* test), and those with no common superscript letter are significantly different; *P* < 0.05. (C) Total cell lysates (40 μg) were subjected to SDS-PAGE and immunoblotted with PTP1B or β-actin antibodies. The western blot is representative of three independent experiments. (D–F) Cells transfected with control (non-targeted) siRNA or siRNA against visfatin were incubated with or without TNFα (15 ng/mL) for 24 h. (D) 3T3-L1 cells were collected and processed for NAD⁺ quantification as described in Materials and Methods. Values were determined in ng NAD⁺/mg of cellular proteins. (E) PTP1B mRNA levels were quantified using real-time RT-PCR, and data were normalized to 18S rRNA. Data are presented as means ± SEM. Data were compared among groups (Student *t* test), and those with no common superscript letter are significantly different; *P* < 0.05. (F) Total cell lysates (40 μg) were subjected to SDS-PAGE and immunoblotted with PTP1B or β-actin antibodies. The western blot is representative of three independent experiments.

step, the regulation of PTP1B is achieved by the visfatin/NAD⁺/Sirt1 pathway, as suggested by our data. These assumptions will require additional experiments.

To establish a link between the decrease in Sirt1 activity and the increase in PTP1B expression, we used SRT 1720, a Sirt1 agonist, to demonstrate that Sirt1 activation led to downregulation of PTP1B expression. It is noteworthy that this result is fully in agreement with the study of Sun et al.,¹⁶ who demonstrated the regulation of PTP1B by Sirt1 and its consequences in term of insulin sensitivity in C2C12 cells. In contrast, Yoshizaki et al. did not reproduce this inverse correlation between Sirt1 and PTP1B in adipocytes.²³ This discrepancy could be due to differences in term of incubation time (48 h incubation in the experiments by Yoshizaki et al.²³ vs. 24 h in our conditions and in the experiments by Sun et al.¹⁶).

We next wanted to demonstrate a link between visfatin and PTP1B. Through two approaches (RNAi and chemical inhibition), we showed that decrease expression or activation of visfatin resulted in a decrease in intracellular NAD⁺ concentrations and an increase in PTP1B expression, strongly suggesting a role of visfatin in PTP1B expression via Sirt1 activity. To our knowledge, this is the first report that highlights the role of visfatin in the regulation of PTP1B. Finally, the impact of chemical inhibition of visfatin reinforced the mechanism of TNFα-mediated insulin resistance as measured by glucose uptake and Akt phosphorylation, suggesting that the decrease in visfatin activity, in addition to its downregulation (via TNFα treatment), is directly involved in TNFα-mediated insulin resistance.

Although the insulin-mimetic activity of visfatin is still highly controversial,^{27,31,45} the impact of visfatin on glucose uptake and

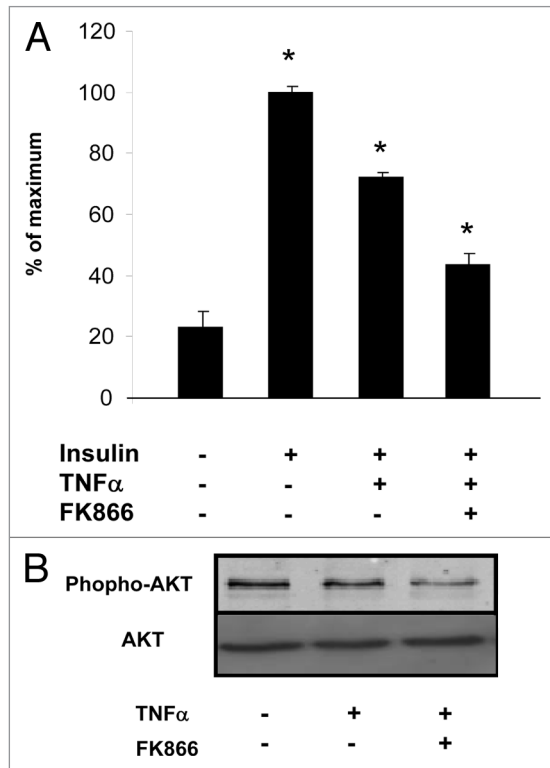


Figure 6. Glucose uptake is reduced by visfatin inhibition in 3T3-L1 adipocytes. **(A)** Adipocytes were incubated with or without TNF α (15 ng/mL) and in the presence of FK866 at 1 nM for 24 h. Cells were serum-starved for 1 h before a 30 min stimulation with insulin (0 and 170 nM). 2-deoxy-D-[3 H]glucose uptake was measured as described in Materials and Methods. The uptake measurements were performed in triplicates and normalized to protein concentrations. Results (means \pm SEM) are expressed as percentage of maximum uptake. **(B)** Akt phosphorylation is reduced by visfatin inhibition in differentiated 3T3-L1 cells. Adipocytes were incubated with or without TNF α (15 ng/mL) and in the presence of FK866 at 1 nM for 24 h. Total cell lysates (40 μ g) were subjected to SDS-PAGE and immunoblotted with phospho-AKT or AKT antibodies. The western blot is representative of three independent experiments.

metabolism appears more evident,^{29,30,43,46,47} notably via NAD $^+$ production and the regulation of pancreatic β -cell function.²⁷ Here, we confirmed that visfatin is involved in the control of glucose metabolism via NAD $^+$, and for the first time, we identified a Sirt1/PTP1B pathway that mediated visfatin effects in mice adipocytes. In addition, our model is fully compatible with experiments that demonstrated an effect of visfatin on the phosphorylation of IR and IRS-1.^{30,47,48} Indeed, this effect could be due to PTP1B, which is known to modulate the phosphorylation level of these proteins.^{8,10,12} To the best of our knowledge, this assumption has never been asserted, but it reconciles the findings of most of the studies. In fact, when visfatin expression decreased in response to TNF α , PTP1B expression increased, and IR and IRS-1 were dephosphorylated, leading to decreased glucose uptake and Akt phosphorylation.

In summary, the current study establishes a link between TNF α , visfatin, NAD $^+$, Sirt1, and PTP1B in adipocytes. We demonstrated that the decrease in C/EBP α induced by TNF α

leads to visfatin inhibition, which participates in the TNF α -mediated perturbation of the insulin pathway and glucose uptake via an NAD $^+$ /Sirt1/PTP1B pathway. The implication for visfatin in this pathway brings new perspective concerning its role in adipocytes and more generally in cell metabolism.

Materials and Methods

Reagents

Dulbecco's modified Eagle's medium (DMEM) was purchased from Invitrogen, and fetal bovine serum (FBS) was obtained from PAA Laboratories. Isobutylmethylxanthine, dexamethasone and insulin were purchased from Sigma-Aldrich. TRIzol reagent, random primers and Moloney murine leukemia virus reverse transcriptase were obtained from Invitrogen. SYBR Green reaction buffer was purchased from Eurogentec. Anti-C/EBP α antibody was from Santa-Cruz Biotechnology, Inc. Anti- β -actin antibody was from Sigma-Aldrich. Anti-PTP1B antibody, anti-AKT and anti-phospho-AKT(Ser473) antibodies were from Millipore SAS. Horseradish peroxidase-linked anti-rabbit or anti-mouse were from Thermo Fisher Scientific. Unless otherwise specified, all other reagents were purchased from Sigma-Aldrich.

Cell culture

3T3-L1 preadipocytes (ATCC) were seeded in 3.5-cm diameter dishes at a density of 15×10^4 cells/well. Cells were grown in DMEM supplemented with 10% FBS at 37 $^{\circ}$ C in a 5% CO $_2$ humidified atmosphere as previously reported.⁴⁹ To induce differentiation, two-day postconfluent 3T3-L1 preadipocytes (day 0) were stimulated for 48 h with 0.5 mmol/L isobutylmethylxanthine, 0.25 μ mol/L dexamethasone, and 1 μ g/mL insulin in DMEM supplemented with 10% FBS. The cultures were then continued with DMEM supplemented with 10% FBS and 1 μ g/mL of insulin. All treatments were performed on day 8. The data are the mean of three independent experiments, each performed in triplicate.

RNA isolation and qPCR

Total cellular RNA was extracted from 3T3-L1 cells and mice epididymal fat pads using TRIzol reagent as previously reported.^{50,51} The cDNA was synthesized from 1 μ g of total RNA in 20 μ L using random primers and Moloney murine leukemia virus reverse transcriptase. Real-time quantitative RT-PCR analyses were performed using the Mx3005P Real-Time PCR System (Stratagene) as previously reported.^{52,53} The primers used were as follows: for visfatin, 5'-ACAACCCGGC CACATGAA-3' and 5'-CAGAAAAAAT GCACAGCTGA ACA-3'; for PTP1B, 5'-ATGGAAGAAG CCCAGAGGAG-3' and 5'-GTGCCACAT GTGTTTGGTA-3'; for Sirt1, 5'-GCTTCATGAT GGCAAGTGG-3' and 5'-TCGTGGAGAC ATTTTAAATC AGG-3'; for C/EBP α , 5'-AGCAACGAGT ACCGGGTACG-3' and 5'-TGTTTGGCTT TATCTCGGCT C-3'; and for 18S, 5'-CGCCGCTAGA GGTGAAATTC T-3' and 5'-CATTCTTGGC AAATGCTTTC G-3'. For each condition, expression was quantified in duplicate, and 18S mRNA was

used as the endogenous control in the comparative cycle threshold (C_T) method.

NAD⁺ quantification

Control cells and cells were pre-treated with FK 866 (dissolved in ethanol; Cayman Chemical) for 24 h at the final concentration of 1 and 10 nM, followed by an incubation with or without TNF α (15 ng/mL) for an additional 24 h. NAD⁺ quantification was performed using a colorimetric method according to the manufacturer's instructions (NAD⁺/NADH Quantification Kit, BioVision).

Western blot

Differentiated adipocytes were treated with FK 866 (1 and 10 nM) or with siRNA against visfatin for 24 h and then incubated with TNF α (15 ng/mL) for an additional 24 h. Whole cell lysates were obtained using a lysis buffer (20 mM Tris, pH 7.4, 150 mM NaCl, 10 mM EDTA, 10 mM Na₂P₂O₇, 100 mM NaF, 1% Triton X100).⁵⁴ Proteins (40 μ g) were boiled for 5 min in Laemmli buffer and loaded onto a 10% SDS-PAGE gel for migration (200 V for 1 h). After blocking with 5% (w/v) bovine serum albumin (BSA) in Tris-buffered saline (137 mmol/L NaCl, 20 mmol/L Tris, pH 7.6) plus 0.05% Tween 20 (v/v) (TBST) solution, the membrane was incubated overnight at 4 °C with the primary antibody. Then, proteins were transferred onto a polyvinylidene difluoride membrane (100 V for 1 h). The membrane was blocked for 1 h at room temperature in TBST with 5% BSA. Primary antibody was incubated with the membrane in TBST buffer overnight at 4 °C. The membrane was washed three times with the TBST solution and incubated with the secondary antibody. After three washings with the TBST solution, the bound HRP-conjugated antibody was detected by chemiluminescence using Immobilon western chemiluminescent HRP substrate (Millipore). The resulting luminescence was detected on an autoradiography film. Quantifications were performed with ImageJ software.

Sirt1 activity

Cells treated with or without TNF α (15 ng/mL) for 24 h were recovered. Sirt1 activity was determined using a deacetylation assay kit (Fluor de Lys-SIRT1, BIOMOL, Plymouth Meeting, PA) according to the manufacturer instructions. Briefly, 20 μ g of protein was incubated with 25 μ L of Fluor de Lys-SIRT1 substrate (100 μ mol/L) and NAD⁺ (500 μ mol/L) for 30 min at 37 °C. The reaction was stopped by the addition of 50 μ L of developer reagent and nicotinamide (2 mmol/L), and fluorescence was then monitored for 30 min at 360 nm (excitation) and 460 nm (emission).

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Glucose uptake

3T3-L1 preadipocytes were differentiated into adipocytes in 12-well plates for eight days as already described.⁵⁵ After induction of differentiation, cells were maintained in medium supplemented with insulin. At day 8, cells were pretreated with FK866 (1 nM) for 24 h and then treated with TNF α (15 ng/mL) for 24 h. One hour before performing the experiment, cell medium was replaced by serum-free medium. Cells were then incubated in 1 mL/well of phosphate-buffered saline (PBS) containing 170 nM insulin for 30 min at 37 °C. After washing in PBS buffer, cells were incubated in 1 mL of PBS containing 0.1 mM 2-deoxyglucose and 1 μ Ci/mL 2-deoxy-D-[³H]glucose for 5 min. Cells were then washed 3 times in ice-cold PBS solubilized in 200 μ L of 0.1 N NaOH. Radioactivity was quantified by liquid scintillation counting. Protein quantification was also performed using the BCA method. The uptake measurement was performed in triplicates. Glucose uptake values were normalized to protein concentrations.

Visfatin ELISA

Control cells and cells treated for 24 h with TNF α (15 ng/mL) were recovered. Visfatin quantification was performed using a sandwich ELISA method according to the manufacturer's instructions (Mouse Visfatin/PBEF ELISA Kit, CircuLEX, MBL International).

RNA interference

3T3-L1 differentiated cells were seeded in 6-well plates and transfected with either visfatin siRNA or a non-targeting siRNA, following the manufacturer's instructions (Dharmacon, Inc.). Briefly, cells were transfected overnight using a mixture of 100 nM siRNA and 2 μ L of DharmaFECT reagent/well. Next, the media were replaced with complete media.

Statistical analysis

The data are expressed as means \pm SEM. Significant differences between control and treated groups were determined by the unpaired Student *t* test or ANOVA using Statview software (SAS Institute). *P* values less than 0.05 were considered significant.

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Disclosure of Potential Conflict of Interest

The authors declare that they have no conflict of interest

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