**ORIGINAL PAPER** 







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## Background

Acute pancreatitis (AP) is a disease of the pancreas, characterized by intraglandular zymogen activation, leading to cell damage and induction of an inflammatory response. The most common causes are cholecystolithiasis and alcohol consumption. Overall mortality reaches up to 5% [1].

Although geographically heterogeneous, the incidence of AP is increasing in developed countries, with annual cases ranging from 5 to 80 per 100 000 inhabitants [2,3].

Clinically, AP can manifest as either mild or severe. Severe pancreatitis is characterized by necrosis, distant failure, or the presence of other complications. It occurs in about 20% of patients, and is associated with a high mortality rate, ranging between 15% and 30%.

AP is a well-documented complication of organ transplantation, which occurs in up to 35% of transplant patients [4]. The incidence of AP following kidney transplantation is 1.2-7% and is associated with a high mortality rate [5,6]. AP has been reported in 1% of stem cell transplantations [7], 5.5% of intestinal transplantations [8], 2-18% of heart transplantations [9], and in up to 35% of pancreas transplantations [10]. A higher risk has been attributed to patients with lower age [7,11], hypercalcemia [5], alcohol abuse [11], gallstones [5,6,11,12], congenital abnormalities of the pancreas [5,7], viral infections (CMV, VZV, HBV) [5], and history of AP prior to transplantation [11] or after endoscopic retrograde cholangiopancreatography (ERCP) [13]. The use of several immunosuppressive drugs, including corticosteroids, tacrolimus, cyclosporine, azathioprine, and mycophenolate mofetil, is associated with the development of acute pancreatitis [6,7,12,13].

The reported incidence of acute pancreatitis in liver transplant recipients is 1.5-8% [14-16]. A higher risk is associated with hepatitis B infection as an indication for transplantation [17], retransplantation, extent of pancreatic dissection, type of biliary reconstruction, duration of venous bypass (>90 min), quantity of intraoperative i.v. calcium chloride administration, longer surgical time in association with hypotension, or use of an aortohepatic interposition graft or ERCP [15,18,19].

Mortality due to AP in transplant recipients is typically greater than in the general population, reaching up to 63.6% [14-16,19]. Higher mortality was reported in a group of patients with early pancreatitis (within 30 days of transplantation) and in individuals with a history of pancreatitis during the pre-transplant period. The presence of pancreatitis has also been strongly associated with a higher risk of graft failure [16]. The aim of our study was to determine the incidence, risk factors, and clinical course of AP in patients after liver transplantation.

# **Material and Methods**

We performed a retrospective analysis of the medical records, laboratory results, and imaging findings of all patients meeting the diagnostic criteria of AP who underwent liver transplantation (or in combination with another organ transplantation) at the Institute for Clinical and Experimental Medicine (IKEM) between September 1996 and November 2020.

Diagnostic criteria were defined as the presence of at least 2 of the following 3 findings: (1) characteristic abdominal pain, (2) elevation of serum amylase beyond 3 times the upper limit of normal, (3) imaging findings typical for AP based on ultrasound or CT. For the purpose of our study, we categorized patients into 2 groups: those with mild pancreatitis (mild AP according to the revised Atlanta classification) and those with severe pancreatitis (moderate and severe forms of the revised Atlanta classification) [20]. Early pancreatitis was defined as AP occurring within 30 days after transplantation, with late pancreatitis defined as AP occurring 30 days or more after transplantation.

During the post-transplant period, all patients received standard treatment with a triple combination of calcineurin inhibitors (cyclosporine or later tacrolimus), mycophenolate, and corticosteroids (with a gradual reduction over time). Acute rejection treatment comprised administration of high-dose corticosteroids or, in selected cases, intravenous antithymocyte immunoglobulin. The diagnosis of chronic HBV infection as an indication for transplantation was based on the latest EASL clinical guidelines [21].

AP treatment was either conservative or interventional, based on need in accordance with standard recommendations. Briefly, conservative treatment consisted of intravenous fluids, analgesics, enteral or parenteral nutrition (based on need) and antibiotics. Interventional treatment involved radiology, endoscopy or surgery.

Data are presented as means and ranges. A 2-sample t test was used for statistical analysis of quantitative data, and Fisher's exact test was used to assess the independence of qualitative traits. A P value of 0.05 was considered significant.

## Results

In total, 1850 patients underwent liver transplantation at our center since the start of the transplantation program in 1996.

	With AP		Mortality	Witho	Without AP	
		%	%		%	
Total	49	2.6	10.2	1801	97.4	
Age (average)	53.0			49.5		
Gender						
Men	30	61.2		1078	58.3	
Women	19	38.8		772	41.7	
Form of AP						
Severe	12	24.5	42			
Mild	37	75.5	0			
Early	13	26.5	31			
Late	36	73.5	3			

Table 1. Characteristics of patients after liver transplantation in relation to AP.

The group consisted of 1078 men and 772 women, with a mean age of 49.6 years (range, 0-76). The mean follow-up time was 90.5 months.

Acute pancreatitis occurred in 49 (2.6%) of all transplanted patients, consisting of 30 men and 19 women, with a mean age of 53.0 years (range, 12-71). There were no differences in sex representation or mean age between the groups with and without pancreatitis. Furthermore, there was no difference in the incidence of pancreatitis in the first vs second half of the study period: 13/606 patients (2.2%) vs 36/1244 patients (2.9%) (P=0.44).

Mild AP was diagnosed in 37 patients (75.5%), with severe AP occurring in 12 patients (24.5%). There were no deaths in the group of patients with mild AP. Five patients (41.7%) from the severe AP group died (**Table 1**).

Thirteen patients (26.5%) had an early form of AP (<30 days after transplantation). AP was diagnosed on average within 10 days after the procedure. Most of these patients had severe AP (10 patients, 76.9%), 4 of whom died (40%). Late AP occurred in 36 patients (73.5%). In this group, AP was diagnosed on average 40 months after the procedure. Most of these patients had mild AP (34 patients, 94.4%), while 2 patients had severe AP (5.6%), 1 of whom died. These results are summarized in **Table 1 and Figures 1-3**.

The most frequent cause of AP after liver transplantation was endoscopic retrograde cholangiopancreaticography (ERCP) (19 patients, 38.8%). In 17 patients (34.7%) the cause of AP was unclear, and in 9 patients (18.4%) AP was classified as postoperative (within 10 days after transplantation). Three patients (6.1%) had acute biliary pancreatitis (**Table 2**). All cases of post-ERCP pancreatitis (PEP) were mild, 13 cases (68.4%) followed the first ERCP, and in all of these patients there were other risk factors present for the development of PEP. In 6 patients (31.6%) the indication for ERCP was extraction of the internal biliary stent with or without cholestasis, and another frequent indication was stenosis of the biliary anastomosis or, in 1 case, biliary leak. During the study period, 346 liver transplant patients had a total of 1055 ERCPs, and the overall incidence of PEP in our patient group was 1.8%.

The most frequent indications for liver transplantation in patients without AP were alcoholic liver cirrhosis (21.2%), hepatocellular cancer (15.9%), primary sclerosing cholangitis (10.5%), and hepatitis C cirrhosis (8.2%). In patients with AP, the most common indications were alcoholic liver cirrhosis (14.3%), hepatitis C cirrhosis (14.3%), hepatocellular cancer (12.2%), and hepatitis B cirrhosis (12.2%). HBV infection was a statistically significantly more frequent indication for liver transplantation in patients with AP compared to patients without AP (7 patients, 14.3% vs 45 patients, 2.5%, P<0.001; OR 6.50, 95% CI 2.77-15.26, P<0.001) (**Table 3**).

In most cases, AP occurred after the first liver transplant (45 patients, 91.8%), in 3 patients after the second transplant (6.1%), and in 1 patient after the third transplant (2.0%). The proportion of patients without AP who underwent 1 (92.3%), 2 (6.9%), or 3 (0.8%) transplants was not significantly different from those with AP.

Five patients with AP (10.2%) underwent hepaticojejunostomy, which was comparable to the proportion of patients without AP (168 patients, 9.7%) who underwent the same anastomosis procedure.

Complications of AP occurred in 12 patients (24.5% of all patients), manifesting as either local or systemic. Necrosis



Figure 1. Number of patients with AP after liver transplantation based on its severity, created in Numbers (version 4.1.1, 4338).





- **Figure 2.** Number of patients with AP after liver transplantation based on the time from transplantation, created in Numbers (version 4.1.1, 4338).
  - Figure 3. Mortality rate of acute pancreatitis after liver transplantation depending on the severity and time from the transplantation, created in Numbers (version 4.1.1, 4338).

Table 2. Characteristics of liver transplant recipients with acute pancreatitis.

	Total AP		Mortality Mild		Mortality Severe		vere	Mortality	
		%	%		%	%		%	%
Total number	49		10	37	75.5		12	24.5	
Early	13	26.5	31	3	23.1	0	10	76.9	42
Late	36	73.5	3	34	94.4	0	2	5.6	50
Aetiology									
Post-ERCP	19	38.8		19	51.4		0	0	0
Idiopathic	17	34.7		14	37.8		3	25.0	67
Post-operative	9	18.4		0	0		9	75.0	33
Biliary	3	6.1		3	8.1		0	0	0
Alcohol	1	2.0		1	2.7		0	0	0
Death	5	10.2		0	0		5	41.7	

	OLTx wi	thout AP	OLTx with AP		
	18	01	4	9	
		%		%	
Alcohol	382	21.2	7	14.3	
HCV	148	8.2	7	14.3	
HCC	286	15.9	6	12.2	
PSC	190	10.5	4	8.2	
РВС	105	5.8	2	4.1	
Auto-immune	72	4.0	5	10.2	
Cryptogenic+NASH	154	8.6	4	8.2	
Wilson's disease	18	1.0	0	0	
HBV	45	2.5	7	14.3	
Polycystosis	76	4.2	2	4.1	
Other tumours	52	2.9	0	0	
Biliary atresia	45	2.5	1	2.0	
Metabolic diseases	35	1.9	1	2.0	
FHF	178	9.9	1	2.0	
Other	170	9.4	3	6.1	

Table 3. Etiology of liver disease as an indication for OLTx in relation to AP.

OLTx – orthotopic liver transplantation; HCV – hepatitis C cirrhosis; HCC – hepatocellular carcinoma; PSC – primary sclerosing cholangitis; PBC – primary biliary cholangitis; NASH – non-alcoholic steatohepatitis; HBV – hepatitis B cirrhosis; FHF – fulminant hepatic failure.

Table 4. Characteristics of liver transplant recipients who died due to AP.

	Age	Sex	Time from Tx	Form of AP	Indication for Tx	Complication	Intervention	Time of death from diagnosis of AP
1 <sup>st</sup> patient	64	Μ	1w 1d	Early	Polycystosis of the liver and kidneys	Infected necrosis, sepsis, MODS	Endoscopic necrosectomies	20 days
2 <sup>nd</sup> patient	58	Μ	4w 1d	Early	NASH cirrhosis	None	None	1 day
3 <sup>rd</sup> patient	44	F	1w 1d	Early	Fulminant liver failure, unknown cause	Infected necrosis, sepsis, MODS	Endoscopic necrosectomies	47 days
4 <sup>th</sup> patient	23	F	6d	Early	PSC	Diffuse necrosis, liver graft failure, MODS	Surgical revision	6 days
5 <sup>th</sup> patient	50	М	766w 6d	Late	Cryptogenic cirrhosis	Infected necrosis	None	35 days

NASH - non-alcoholic steatohepatitis; PSC - primary sclerosing cholangitis.

occurred in 9 patients, acute or chronic fluid collection in 6 patients, multiorgan failure in 6 patients, and colonic perforation and hemoperitoneum in 1 patient.

In total, 5 patients died (10.2%), all of whom had severe AP (mortality 42%). Four of these patients had early pancreatitis and 1 had late pancreatitis.

The first patient was a 64-year-old man with polycystic disease diagnosed with AP on the 8<sup>th</sup> postoperative day after liver and renal transplant. He developed infected necrosis, sepsis, and multiorgan failure. Despite repeated mini-invasive endoscopic necrosectomies, the patient died 20 days after diagnosis of AP.

The second patient was a 58-year-old man transplanted for liver cirrhosis due to non-alcoholic steatohepatitis. AP was diagnosed on the 29<sup>th</sup> postoperative day. The patient died the next day due to uncontrolled multiorgan failure.

The third patient was a 44-year-old woman transplanted for fulminant liver failure of unknown cause. Necrotising AP was diagnosed on the 8<sup>th</sup> postoperative day. Although the patient underwent repeated endoscopic necrosectomies for infected necrosis, sepsis progressed to multiorgan failure, culminating in death 47 days after diagnosis of AP.

The fourth patient was a 23-year-old woman who developed AP 6 days after transplantation for primary sclerosing cholangitis. Diffuse necrosis and edema of the pancreas resulted in compression and ultimate failure of the liver graft. Surgical revisions were unsuccessful, with the patient dying of multiorgan failure 6 days after diagnosis.

The fifth patient was a 50-year-old man transplanted for HBV liver cirrhosis who developed a late form of AP of unknown cause. Symptoms started approximately 15 years (5368 days) after transplantation. He developed infected necrosis deemed unsuitable for invasive intervention. The patient died 35 days after AP diagnosis. These results are summarized in **Table 4**.

## Discussion

Acute pancreatitis can have a poor prognosis and can complicate the course of organ transplantation. It has been repeatedly documented in patients following kidney, bone marrow, intestine, heart, pancreas, and liver transplantations [4,13]. AP incidence and mortality in this group are often higher than in the general population. However, most of the available data derive from a limited number of retrospective studies dating from the 1990s, and many had small sample sizes [14,15,17,18,22]. In our study, we evaluated all patients transplanted and followed up at a single transplant center over a period of 24 years. We found a considerable incidence of acute pancreatitis in our population of liver transplant recipients, as well as a high mortality rate (10% overall and 42% in patients with severe AP).

According to reports, the incidence of post-liver transplant acute pancreatitis ranges between 1.5 and 8% [14-16]. In the largest study performed thus far, Krokos et al analyzed 1832 patients with 2161 transplantations, with pancreatitis occurring in 55 patients (3%) [15]. Producing very similar results, our study included 1850 patients representing 2005 transplants, with AP diagnosed in 49 patients (2.6%). In both studies, the incidence was within the lower part of the reported range.

The incidence of AP is higher in liver transplant patients than in the general population [23-25]. This difference can be attributed at least in part to the characteristics of patients after liver transplantation – these patients underwent a major intra-abdominal intervention in the hepatopancreatobiliary region of the abdominal cavity. Long-term immunosuppressive therapy in combination with other drugs is common, as are multiple post-transplant complications [13].

Postoperative pancreatitis typically occurs after surgery of the stomach, biliary tract, intra-abdominal vessels, or heart, where direct intraoperative trauma to the pancreas and/or ischaemia are suggested to cause pancreatitis. These factors can also be encountered during liver transplantation [13]. In the Krokos study, the risk of AP was higher among patients who underwent retransplantation. Only 52.7% of AP occurred in first-transplant patients, despite this group representing 72% of all transplants (P<0.001). Furthermore, 72.7% of AP occurred in patients with HJA, even though the procedure was performed in only 52% of all patients (P=0.05) [15]. In contrast to these findings, we could not confirm that AP was present more often in patients after retransplantation than in patients with HJA.

Infection is a well-known but rare etiology of AP. Agents typically include mumps, measles, or herpes viruses, bacteria such as legionella, leptospira, or mycoplasma, and some fungal or parasitic agents [26].

The hepatitis B virus exhibits highest affinity for hepatocytes. Although extrahepatic manifestations of the infection are known, they rarely involve acute pancreatitis. In a study involving 124 patients with acute viral hepatitis, 7 patients (5.7%) experienced mild acute pancreatitis. The most common cause was hepatitis E (4 patients), with hepatitis B confirmed in only 1 case [27]. In a recent systematic review, Panic et al reported 73 published cases of AP in patients with viral hepatitis, 6 of whom (8.2%) had HBV [28]. Interestingly, the only reported case of chronic pancreatitis associated with viral hepatitis was due to HBV. Since both HBsAg and HCV antigens were detected in pancreatic tissue, the authors hypothesized that

chronic infection with HBV or HCV viruses might also affect the pancreas [28]. In 1988, Alexander et al compared HBsAg+ and HBsAg- liver transplantation patients. AP occurred in 4/27 HBsAg+ patients but not in HBsAg- patients. Interestingly, acute hepatitis B of the graft was present in all patients with AP [17]. In the largest study to date of AP occurrence in the post-transplant population, 31% of 55 patients with AP were transplanted for HBV infection, which represented only 6% of all indications for transplantation [15]. In our study, we confirmed this association. HBV infection as an indication for transplantation was 6 times more common among patients with AP than among those without AP. A mild form of AP with an uneventful course of disease was present in most cases (5 patients, 71.4%). All of these patients presented with a late form of AP. Two patients had severe AP. The first patient developed severe AP 20 days after a transplantation complicated by sepsis. No intervention was indicated and the patient was discharged 40 days later. The second patient developed AP 14 years after transplantation. AP was complicated by infection and the patient died. Although the exact mechanism behind the association of AP and HBV infection is unclear, 2 hypotheses have been advanced. The first assumes direct toxicity of the virus and its components in acinar cells. Cavallari et al describe the case of a 32-year-old man who underwent liver transplantation following fulminant liver failure associated with HBV infection. On the 60<sup>th</sup> postoperative day, the patient developed necrotising pancreatitis resulting in death. Histological examination revealed the presence of HBsAg and HBV DNA in acinar cells of the pancreas in contrast to a corresponding absence in other organs, namely the spleen, kidney, lung, and brain [22].

The second hypothesis posits that HBV-infected acinar cells can trigger an immune response similar to that triggered by HBVinfected hepatocytes. Another contention is that this chronic process can result in subclinical acinar cell damage, increasing vulnerability to other, well-defined insults.

Biliary complications represent one of the most common posttransplant complications. Stenosis and leakage of biliary anastomosis are indications for endoscopic retrograde cholangiopancreatography (ERCP), a procedure associated with acute pancreatitis risk. The level of risk in the general population ranges between 3% and 8%, depending also on the level of technical complexity, which is often higher in liver transplant patients [29]. In a study evaluating 234 cases of ERCP performed in a post-liver transplant population, a form of uncomplicated AP developed in 9 patients (3.9%) [30]. In another study, evaluating 730 ERCP procedures involving 301 patients, the AP incidence was 3%. ERCP performed on a native papilla was associated with pancreatitis (OR=4.04, 95% CI 1.40-11.65), while the use of prednisone was found to have a protective effect [31]. In 2 previous studies, ERCP was the cause of pancreatitis after liver transplantation in about 11% of patients [32,33]; however, the number of patients included was small. In contrast, the results of our study confirmed ERCP as the most common cause of AP, accounting for more than one-third of cases (39%). There are various explanations for this difference. First, our group of patients was significantly larger. In one of the smaller studies, ERCP as an etiology represented 11% of AP cases, accounting for only one-ninth of all patients [33]. Clearly, studies involving such low numbers have a risk of bias. Second, the incidence of AP correlates with the proportion of patients requiring ERCP. Third, prophylactic measures such as administration of nonsteroidal anti-inflammatory drugs or pancreatic stents have only entered into standard use in recent years [29]. Most of our patients developed AP at a time when prophylactic measures were not yet being used. The overall incidence of PEP in our study group was 1.8%. According to some studies, the incidence may be lower than in the general population due to the protective role of immunosuppression [31].

The role of immunosuppression in the development of AP is not entirely clear. Several studies have reported an increased risk of AP owing to the use of ciclosporin, corticosteroids, everolimus, sirolimus, or tacrolimus [34-37]. The role of azathioprine in the development of AP is better understood. For example, up to 7% of patients with inflammatory bowel disease on azathioprine develop AP [38]. In the post-transplant population, its role is not as evident. Frick et al found no association between the use of azathioprine and AP in patients after kidney transplantation [39].

In our study, we were unable to identify a typical cause of AP in our group of 26 patients (53.1%). Nine of these patients, who developed pancreatitis within 10 days of transplantation, were classified as postoperative AP. Ligation of the gastroduodenal artery in patients with suboptimal hepatic artery inflow and extensive lymphadenopathy in patients with hepatocellular carcinoma may be associated with pancreatic injury, but neither of these proceedures was done in any of our 9 patients. Thus, only some level of unspecific pancreatic injury associated with major abdominal surgery can be considered. The remaining 17 patients were classified as true idiopathic. All of these patients received combined immunosuppressive treatment involving cyclosporine/tacrolimus, corticosteroids, and mycophenolate. Except in 2 cases, all patients had late pancreatitis. Of the 3 patients with a severe form, 2 died. One patient on azathioprine developed AP approximately 3 years after transplantation, while another patient had been given NSAIDs prior to the development of AP.

In our AP group, 11 patients were transplanted for alcoholic liver cirrhosis. Alcohol use was the cause of AP only in 1 patient (2% of AP and 11% of patients transplanted for alcoholic

cirrhosis). Results are similar for liver graft failure where the proportion of cases caused by alcohol is low, as is the recurrence rate of alcohol abuse after transplantation (approximately 10-20%). In a group of patients studied by Verran et al, alcohol was the cause of a one-third of pancreatitis cases after transplantation. However, other studies have found alcohol to be a rare cause [33,37].

The clinical course of AP in patients after liver transplantation can be modified both by past major intra-abdominal surgery and/or immunosuppressive therapy. Currently, there is no recommended treatment for AP in this specific group of patients. The only probable exception is the use of prophylactic antibiotics. In our study population, we administered antibiotics to all patients diagnosed with AP knowing that immunosuppressive therapy would potentially put them at higher risk of infection. Infected necrosis developed in 9 out of 12 patients with severe AP (75%). No intervention was required in the 7 surviving patients. All 5 deceased patients developed early infected necrosis: 2 were treated conservatively, another 2 underwent endoscopic necrectomy, while the remaining patient was indicated for early surgical revision. The mortality rate of early necrectomy was 100%, a not entirely surprising result. As reported in most studies, the mortality of open necrectomy in the general population exceeds 50% when performed early [40,41].

Our study shows that the proportional representation of different types of pancreatitis was similar across post-transplant and general populations, despite a poorer prognosis in the post-transplant population [1,20]. Although mild pancreatitis dominated, the infrequent severe form had a high mortality rate (42%). We further confirmed earlier observations of different prognoses for early vs late forms of AP [32]. The early form, defined as pancreatitis occurring within 30 days, has been associated with a high mortality rate of up to 63%. Late pancreatitis has a more favorable prognosis, with mortality rates between 0% and 11% [32,33]. In our group of patients, overall mortality was 10% and mortality from severe pancreatitis was 42%. Overall mortality rates of early pancreatitis and

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late pancreatitis were 31% and 3%, respectively. Compared to the study by Krokos, published more than 25 years ago, overall mortality in our study was lower (63.6% vs 10.2%) [15].

Our study has several shortcomings. The retrospective nature of the work limits the quality of the data evaluated, making verification impossible in some cases. Furthermore, the classification of etiology in patients with postoperative and idiopathic pancreatitis was arbitrary and therefore does not categorically exclude unrecognised etiological factors. Knowledge of perioperative hemodynamic parameters such as the presence of prolonged hypotension, the extent of peripancreatic tissue dissection, or the use of an aortohepatic graft would be appropriate for a more precise evaluation of postoperative pancreatitis. We had no up-to-date information on the level of viremia in HBV-infected patients who had developed AP, even though active replications were unlikely given the immunization, normal liver function tests, and normal liver function.

#### Conclusions

Acute pancreatitis occurs relatively rarely after liver transplantation, but more frequently than in the general population. The main risk factors include major intra-abdominal surgery, HBV infection as an indication for transplantation, administration of immunosuppressive drugs, and post-transplant biliary complications requiring ERCP. The early form is associated with a severe course and high mortality. Although based on retrospective analysis and requiring definitive confirmation by larger prospective studies, the results of our study, especially given the large number of patients evaluated, warrant the attention of physicians specializing in the care of patients after liver transplantation.

#### **Declaration of Figures' Authenticity**

All figures submitted have been created by the authors, who confirm that the images are original with no duplication and have not been previously published in whole or in part.

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