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## Role of the miR-133a-5p/FBXO6 axis in the regulation of intervertebral disc degeneration



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## ABSTRACT

**Objective:** Low back pain is a leading cause of disabilities worldwide, and intervertebral disc degeneration (IVDD)-related disorders have been recognised as one of the main contributors. Nevertheless, the underlying mechanism has not yet been fully understood. The aim of this study was to investigate the role of the miR-133a-5p/FBXO6 axis in the regulation of IVDD.

**Methods:** RT-qPCR, WB and IHC were performed to assess the expression of FBXO6 in human IVD tissues. Nucleus pulposus (NP) cells were treated with IL-1 $\beta$  to induce IVDD cellular model. Silence of FBXO6 was achieved using specific siRNAs. CCK-8 assay, flow cytometry, TUNEL assay, RT-qPCR and WB were used to evaluate the role and mechanism of FBXO6 in the process of IVDD. Online tools, GSE datasets and RT-qPCR were used to search the candidate miRNAs targeting FBXO6. The direct binding sites between FBXO6 and miR-133a-5p were further verified by a dual luciferase assay. RT-qPCR, WB and rescue experiments were conducted to identify the regulatory function of miR-133a-5p on the expression of aggrecan, collagen II, MMP3, ADAMTS5, IL-6 and COX2. In addition, the role of the NF- $\kappa$ B pathway in regulating miR-133a-5p was studied using lentiviral shRNA, WB and RT-qPCR.

**Results:** Results showed that FBXO6 mainly expressed in the NP tissue of IVD and the expression of FBXO6 decreased with the process of IVDD as well as under IL-1 $\beta$  stimulation. The silence of FBXO6 led to the decreased expression of aggrecan and collagen II and the increased expression of MMP3, ADAMTS5, IL-6 and COX2, which further induced the degeneration of NP cells. The bioinformatic analysis showed that miR-133a-5p was the candidate miRNA targeting FBXO6. miR-133a-5p was upregulated in IVDD tissues and significantly inhibited the expression of FBXO6. The inhibition of miR-133a-5p ameliorated the acceleration of IVDD induced by the silence of FBXO6 in vitro. Moreover, it was demonstrated that IL-1 $\beta$  regulated the expression of the miR-133a-5p/FBXO6 axis via the NF- $\kappa$ B pathway in NP cells.

**Conclusion:** miR-133a-5p was upregulated by IL-1 $\beta$  to aggravate intervertebral disc degeneration via sponging FBXO6. Inhibiting miR-133a-5p expression or rescuing FBXO6 expression may be promising strategies for the treatment of IVDD.

**The translational potential of this article:** This study suggests that the miR-133a-5p/FBXO6 axis could regulate NP cells proliferation, apoptosis, synthesis and degradation of extracellular matrix, which provides a promising therapeutic target and strategy for the treatment of IVDD.

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## 1. Introduction

Low back pain (LBP) represents a leading cause of disabilities and occurs in approximately 80% of the worldwide population, causing enormous clinical and economical burdens on society [1,2]. LBP is strongly associated with intervertebral disc degeneration (IVDD), which bears responsibility for approximately 40% of all LBP cases [3]. It has been well documented that IVDD is characterised by elevated proinflammatory cytokines, enhanced aggrecan and collagen degradation, decreased cell density and extracellular matrix (ECM) [4–6]. Numerous studies have been conducted, but the underlying mechanism is still not fully understood.

FBXO6 (F-Box Protein 6) belongs to the F-box protein family, which has been found to play important roles in broad cellular processes, including apoptosis, autophagy and carcinogenesis [7,8]. For example, it was found that FBXO6 was able to inhibit endoplasmic reticulum stress-induced apoptosis [9] and to promote the growth and proliferation of gastric cancer cells [10]. The recent study [11] showed that FBXO6 expression was reduced in the articular cartilage of human and mouse osteoarthritis models and that the knockout of FBXO6 promoted the experimental osteoarthritis process, suggesting that FBXO6 participates in the regulation of chondrocytes. As NP cells share many similar characteristics with chondrocytes [12], we speculated that FBXO6 might participate in the process of IVDD and designed this study to investigate it.

Numerous studies have demonstrated that mRNAs are the target genes of miRNAs, which could inhibit mRNA translation or degrade mRNAs [13]. In addition, miRNAs are linked to a wide spectrum of diseases, including tumours [14], inflammation [15] and IVDD [16]. For example, Ji et al. found that miR-141 promoted IVDD development by targeting SIRT1 [16]. Similarly, in another study conducted by Feng et al., miR-29a was demonstrated to suppress the expression of MMP-2, inhibit the fibrosis process and reverse IVDD in animal models [17]. Nevertheless, the miRNA-related pathogenesis of IVDD is still largely unknown and warrants further investigation. miR-133a-5p has been proved to be associated with cancer progression, recurrence and distant metastasis [18,19]. Furthermore, a bioinformatic analysis showed that miR-133a-5p is the candidate miRNA targeting FBXO6. Thus, it is highly reasonable to speculate that miR-133a-5p could participate in the progression of IVDD.

Therefore, the aim of this study was to detect the roles of miR-133a-5p along with its targeting gene FBXO6 in the progression of IVDD. In addition, the pathway involved in the regulation of IL-1 $\beta$  on the miR-133a-3p/FBXO6 axis was also illustrated. This study may elucidate one of the molecular mechanisms in the degeneration of IVD and may provide a promising bio-therapeutic target for LBP.

## 2. Materials and methods

### 2.1. Ethics statement and clinical sample collection

All the experiments were performed according to protocol approved by the Ethics Committee of our institution (Protocol number: 2020–488). Written consents were obtained from all the patients before collection. Degenerative Nucleus pulposus (NP) tissues were collected from patients who had to receive discectomy because of lumbar disc herniation or lumbar stenosis in our hospital. No-degenerative NP tissues were collected from patients with thoracolumbar fracture or scoliosis who underwent spinal surgery by reason of spinal instability or neurological deficits. Magnetic resonance imaging (MRI) was performed on every patient ahead of surgery to assess IVD degeneration according to the classification system described by Pfirrmann et al. [20]. The specimens were classified into four groups: normal or no degenerated (grade I/II), mildly degenerated (grade III), moderately degenerated (grade IV), and severely degenerated (grade V). Clinical features of the patients are listed in Table 1.

**Table 1**

Clinical characteristics of patients.

Number	Age(y)	Gender	Pfirrmann grade	Disc level
1	11	female	G1	L1/2
2	12	male	G1	L1/2
3	32	male	G2	L2/3
4	19	female	G3	L5/S1
5	22	male	G3	L5/S1
6	32	female	G3	L4/5
7	67	female	G4	L4/5
8	68	female	G4	L5/S1
9	62	male	G4	L4/5
10	54	female	G5	L4/5
11	48	female	G5	L5/S1
12	66	female	G5	L4/5

### 2.2. Isolation of NP cells and IL-1 $\beta$ treatment

Human NP cells were isolated using the method described previously [21]. Briefly, Nucleus pulposus (NP) tissues were washed twice with phosphate buffered saline (PBS), cut into small pieces (1 mm<sup>3</sup>) and digested with 0.25% trypsin and 0.2% collagenase II (Sigma, St. Louis, MO, USA) for 1–2 h at 37 °C. Then, the digestive solution was filtered using a cell strainer (100  $\mu$ m) and centrifuged 1500 rpm and 5 min. After that, the NP cells were resuspended and cultured in Dulbecco's Modified Eagle's Medium (DMEM) (Gibco, Gaithersburg, MD, USA) containing 10% fetal bovine serum (FBS) (Invitrogen, Carlsbad, CA, USA) and 1% penicillin/streptomycin (Invitrogen, Carlsbad, CA, USA) in a 37 °C, 5% CO<sub>2</sub> environment. The medium was changed every two days. The second to fourth passage was used for subsequent experiments. To investigate the effect of proinflammatory cytokine on NP cell degeneration, cells were treated with IL-1 $\beta$  (PeproTech, New Jersey, USA) according to the experiment protocol [22]. For an *in vitro* model of IVDD, NP cells were treated with 10 ng/ml IL-1 $\beta$  for 24 h.

### 2.3. siRNA and cell transfection

The specific small interfering RNA (siRNA) of FBXO6 and its negative control was obtained from RIBOBIO Technology (Guangzhou, China). The target sequences of FBXO6 siRNAs are: siRNA-1: 5'-3' GCACCTACCAACTCAAAGT, siRNA-2: 5'-3'TGACCATCCAACAGTGGAA, siRNA-3: 5'-3' ACCGAGCTGTGTGCCAGAT. NP cells were seeded in 6-well plates and Lipofectamine™ RNAiMAX reagent (Thermo Fisher Scientific, IL, USA) was adopted for transfection according to the manufacturer's instructions.

### 2.4. RNA isolation and RT-qPCR

Following treatment, total RNA was extracted using Trizol (Thermo Fisher Scientific, Waltham, MA, USA). 2  $\mu$ g DNA-free RNA was used to synthesise cDNA using SuperScript cDNA synthesis kits (YEASEN, Shanghai, China). RT-qPCR was achieved using a qPCR Master Mix (YEASEN, Shanghai, China) on a real-time PCR System following the manufacturer's instructions. Primers were designed and synthesised by Sangon Biotech (Shanghai, China).  $\beta$ -actin or U6 were used to normalise RNA expression. The primer sequences used are listed in Table 2.

### 2.5. Protein extraction and western blotting

After treatment, cells were harvested in a mammalian protein extraction reagent buffer (Thermo Fisher Scientific, IL, USA) on ice. Total proteins were resolved on 8–12% SDS-PAGE gels and then transferred to PVDF membranes. The membranes were blocked with 5% non-fat dry milk in TBST and then incubated overnight at 4 °C with the first antibodies against IL-6 (Abcam, ab9324, 1:1000), COX2 (Abcam, ab15191, 1:1000), aggrecan (Abcam, ab3773, 1:200), collagen II (Abcam,

**Table 2**  
Specific primers.

Name	Forward	Reverse
FBXO6	5'-ATCCTACGAAATGTGCCTCAAG-3'	5'-CCAACACGAAGTAGTCAGCCG-3'
IL-1 $\beta$	5'-AAGCTGATGGCCCTAAACAG -3'	5'-AGGTGCATCGTGACATAAG -3'
Aggrecan	5'-ACTCTGGGTTTTCGTGACTCT-3'	5'-ACACTCAGCGAGTTGTCATGG-3'
CollagenII	5'-TGGACGCCATGAAGGTTTTCT-3'	5'-TGGGAGCCAGATTGTCATCTC-3'
MMP3	5'-CTGGACTCCGACACTCTGGA-3'	5'-CAGGAAAGGTTCTGAAGTGACC-3'
ADAMTS-5	5'-CCTGGTCCAAATGCACTTCAGC-3'	5'-TCGTAGGTCTGTCTGGGAGTT-3'
IL-6	5'-CCTGAACCTTCCAAAGATGGC-3'	5'-TTCACCAGGCAAGTCTCCTCA-3'
COX-2	5'-TGAGCATCTACGGTTTGCTG-3'	5'-TGTCTGTCTGGAAACAACCTGC-3'
Actin	5'-CCTGGCACCAGCACAAT-3'	5'-GGGCCGGACTCGTCATAC-3'
P65	5'-ATGTGGAGATCATTGAGCAGC-3'	5'-CCTGGTCTGTGTAGCCATT-3'
IKK $\beta$	5'-GGAAGTACCTGAACCACTTTGAG-3'	5'-GCAGGACGATGTTTTCTGGCT-3'
miR-133a-5p	5'-GGCGAGCTGGTAAATGGAAACCAAT-3'	5'-AACGCTTACGAATTTGCGT-3'
miR-4645-3p	5'-CCTAGACAGTAGTTCTTGCTGTT-3'	5'-AACGCTTACGAATTTGCGT-3'
U6	5'-CTCGCTTCGGCAGCACATA -3'	5'-AACGCTTACGAATTTGCGT-3'

ab188570, 1:2000), MMP3 (Abcam, ab53015, 1:1000), ATAMTS5 (Abcam, ab41037, 1:250), FBXO6 (Abcam, ab153853, 1:1000) and  $\beta$ -Tubulin (Servicebio, GB11017B, 1; 1000). After washing membranes three times using TBST, the membranes were incubated with a horseradish peroxidase (HRP)-conjugated secondary antibody (YEASEN, Shanghai, China). After washing, immunolabeling was detected using the ECL reagent (Thermo Fisher Scientific, IL, USA).

## 2.6. Cell counting Kit-8 (CCK-8) assay

Cells were plated into 96-well plates at a density of  $5 \times 10^3$  cells per well. Ten microliters of the CCK-8 reagent (YEASEN, Shanghai, China) were added and incubated for 1 h. The optical density (OD) was measured using a microplate reader (Tecan Sunrise, Austria) at 450 nm. The procedure was carried out thrice to obtain the mean values.

## 2.7. Flow cytometry analysis for cell apoptosis

NP cells were collected for the detection of apoptosis using an Annexin V-FITC Apoptosis Detection Kit (YEASEN, Shanghai, China) according to the manufacturer's instructions. After washing, NP cells were resuspended in a binding buffer at a concentration of  $1 \times 10^6$  cells/ml. Five microliters of Annexin-V and ten microliters of PI were added to every 100  $\mu$ L of the resuspended cell solution, which was then incubated for 15 min at room temperature in the dark and analysed by flow cytometry (Beckman Coulter, CA, USA).

## 2.8. Terminal Deoxynucleotidyl Transferase dUTP Nick End Labeling (TUNEL) Staining

NP cells were fixed in 4% paraformaldehyde for 1 h at room temperature and then cultured with 0.5% TritonX-100 in phosphate-buffered saline (PBS) for 10 min. They were then washed 3 times with PBS and incubated following the instructions of an apoptosis detection kit (Servicebio, Wuhan, China) and stained with 4',6-diamidino-2-phenylindole (DAPI). Apoptosis was detected under a light microscope (Leica DM18, Wetzlar, Germany).

## 2.9. Transfections and dual luciferase assay

The 3'-UTR of FBXO6 mRNA containing predicted miR-133a-5p target sites or mutant binding sites was synthesized. The synthesized RNA was then PCR amplified and inserted into the pmirGLO dual luciferase expression vector (Promega, WI, USA). For the luciferase reporter assay, the inserted vectors for wildtype and mutant FBXO6 3'-UTR, miR-133a-5p mimic or inhibitor and their negative control were transfected into NP cells by a Lipofectamine 3000 reagent (Thermo Fisher Scientific, IL, USA). Forty-eight hours after transfection, luciferase activity was detected by the Dual-Luciferase Reporter Assay System (YEASEN,

Shanghai, China).

## 2.10. Lentiviral particle production and viral transduction

For gene silencing, HEK 293T cells were seeded in 10 cm plates, and then transfected with sh-control, sh-p65 or sh-IKK $\beta$  plasmids along with psPAX2 and pMD2.G (Invitrogen, CA, USA). Forty-eight hours later, lentiviruses containing the target gene shRNA were collected and used to transfect NP cells. The suppression efficiency of shRNA was tested by WB and RT-qPCR.

## 2.11. Bioinformatic analysis: MicroRNAs and FBXO6

In the present study, we used a bioinformatics approach to determine probable miRNAs that interact with the 3'UTR of individual FBXO6 genes. Three open-access online programmes, TargetScan ([http://www.targetscan.org/vert\\_72/](http://www.targetscan.org/vert_72/)), miRDB (<http://mirdb.org/>), and miR-Walk (<http://mirwalk.umm.uni-heidelberg.de/>) along with IVDD GEO datasets (GSE116726, GSE63492) (<https://www.ncbi.nlm.nih.gov/geo/>) were used to identify putative miRNAs targeting FBXO6.

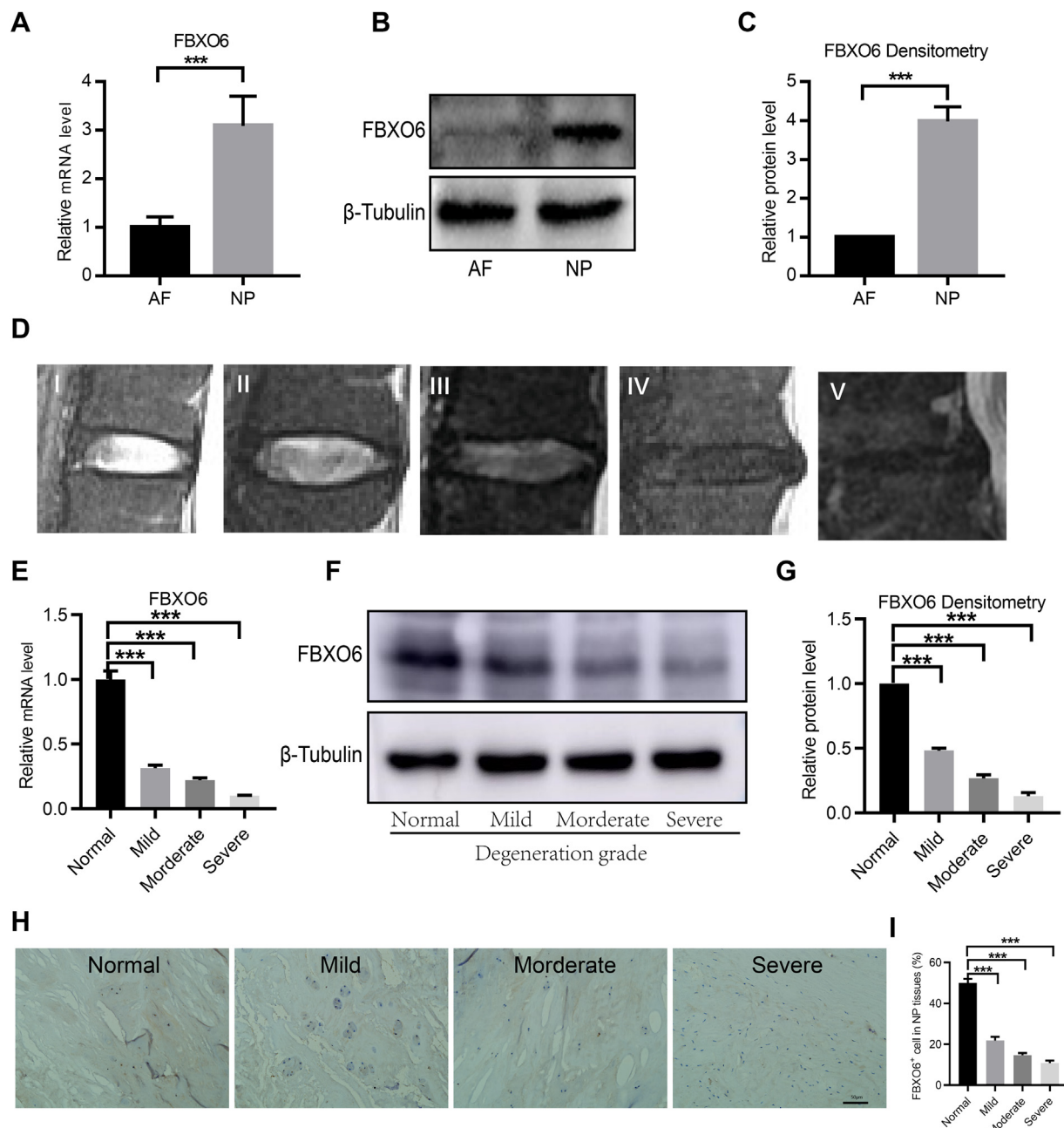
## 2.12. Statistical analysis

All quantitative data were presented as mean  $\pm$  SD. Statistical analyses were performed using GraphPad Prism Software 6.0 (GraphPad Software Inc., San Diego, CA, USA). A one-way ANOVA and student's t-test or Wilcoxon rank sum test (if the data did not fit the gaussian distribution) were used to analyse the differences between groups. The comparisons of the CCK8 results were performed using a two-way ANOVA with repeated measures. The Pearson's correlation coefficient was applied to establish the relationship between the expression of FBXO6 and IL-1 $\beta$  or miR-133a-5p. Values of  $P < 0.05$  were considered statistically significant.

## 3. Results

### 3.1. FBXO6 decreased with the development of IVDD and was suppressed by IL-1 $\beta$ in NP cells

To determine the expression pattern of FBXO6 in nucleus pulposus (NP) and annulus fibrosus (AF) tissues, RT-qPCR and WB were used. RT-qPCR showed that the expression of FBXO6 mRNA was significantly higher in NP than that in AF tissues (Fig. 1A). WB also demonstrated that the protein level of FBXO6 was more prominent in NP tissues (Fig. 1B and C). Representative MRI images of IVD by Pfirrmann grade were shown in Fig. 1D. The expression of FBXO6 at different degenerative stages of IVD was evaluated by RT-qPCR, WB and IHC, which indicated that FBXO6 was highly expressed in non-degenerated IVD and decreased with the severity of IVDD by Pfirrmann grade (Fig. 1E–I).

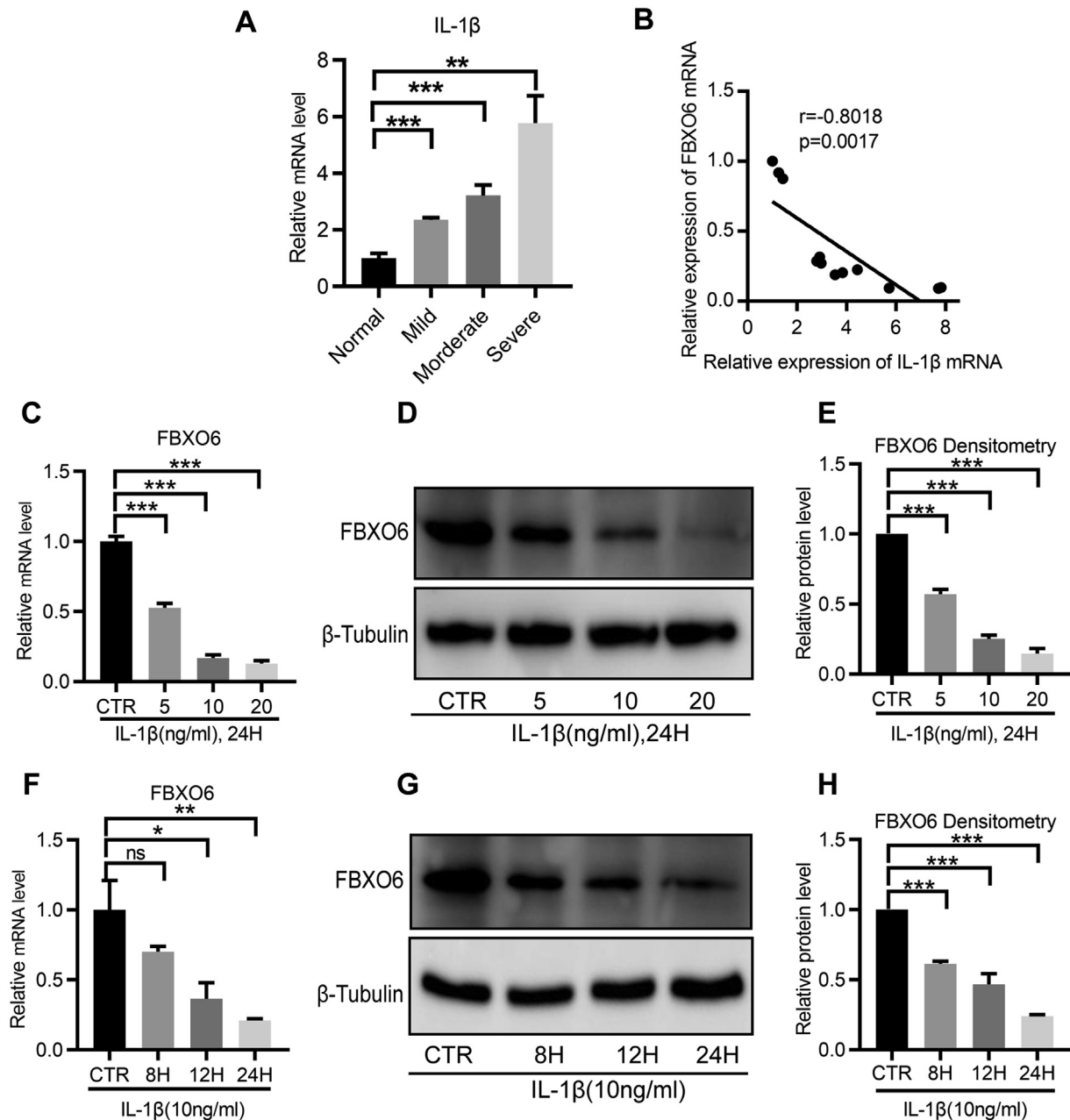


**Figure 1.** The expression pattern of FBXO6 in normal and degenerated IVD tissues (A) RT-qPCR analysis showed that FBXO6 mRNA expressed higher in NP than AF tissues (B/C) WB and densitometric analyses showed that the protein level of FBXO6 was higher in NP tissues (D) Specific MRI image of IVDD by Pfirrmann grades (E) The RT-qPCR analysis indicated that FBXO6 mRNA decreased with the severity of IVDD (F/G) The WB and densitometric analyses determined that the protein level of FBXO6 decreased with the progression of IVDD (H/I) IHC staining and quantitative analyses showed that the expression of FBXO6 in NP tissues decreased with the development of IVDD.  $***P < 0.001$ .

As the proinflammatory cytokine IL-1 $\beta$  plays a critical role in the pathogenesis of IVDD through suppressing synthesis of the normal IVD matrix and enhancing production of degradative enzymes [23,24], the expression of IL-1 $\beta$  in IVD tissues was detected by RT-qPCR. Consistent with previous studies, the results showed that IL-1 $\beta$  increased with the process of IVDD (Fig. 2A). More importantly, the statistical analysis showed that FBXO6 was negatively correlated with IL-1 $\beta$  (Fig. 2B), which suggested that IL-1 $\beta$  might participate in the regulation of FBXO6. Hence, IL-1 $\beta$  was used for further investigation. To evaluate the regulatory effect of IL-1 $\beta$  on FBXO6, NP cells were treated with IL-1 $\beta$ , which led to a dose and time dependent downregulation of FBXO6 at mRNA and protein levels (Fig. 2C–H).

### 3.2. Silencing FBXO6 inhibited proliferation, enhanced apoptosis, suppressed ECM synthesis and accelerated ECM degradation

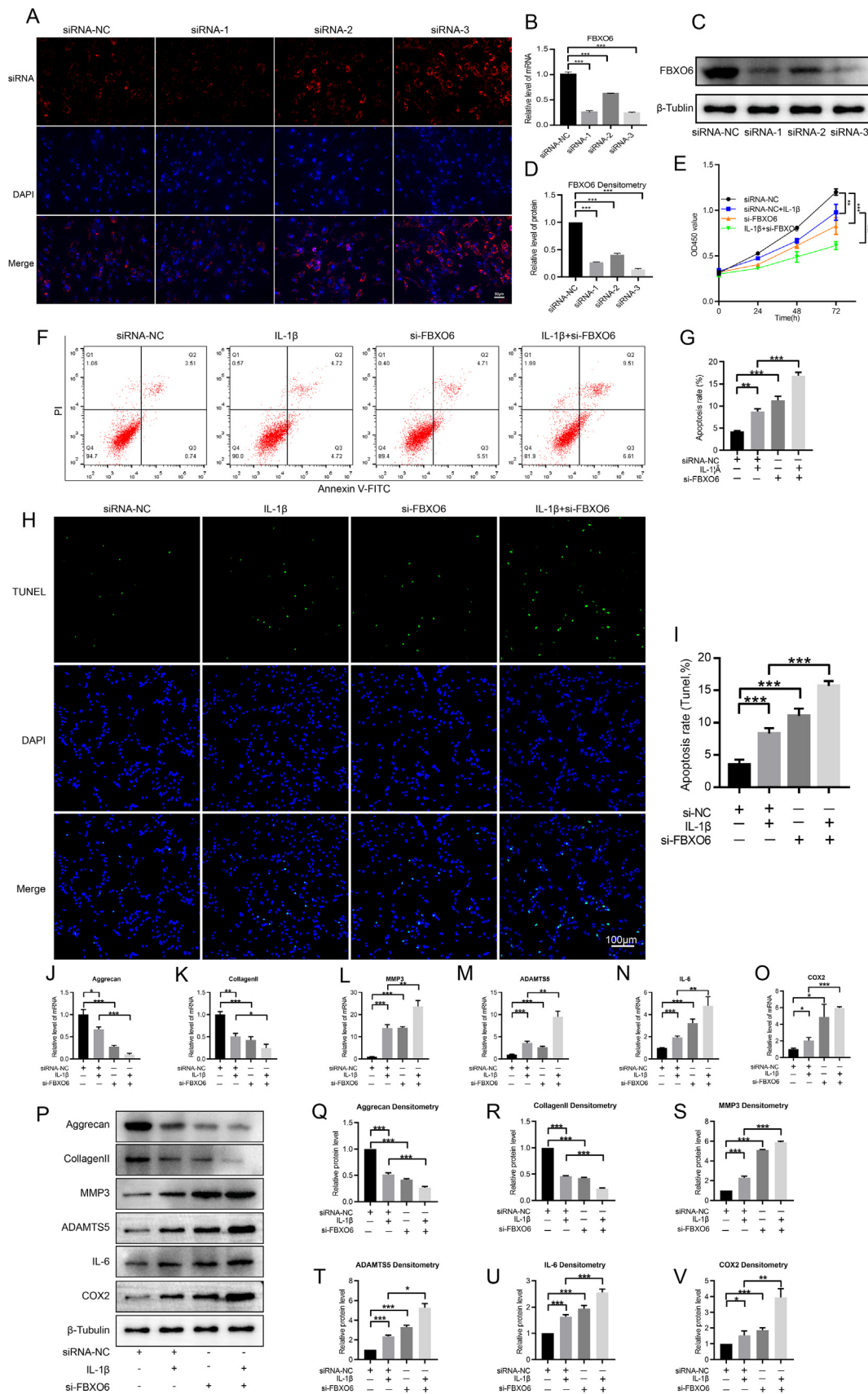
To evaluate the role of FBXO6 in the development of IVDD, FBXO6 siRNAs were developed, and the immunofluorescence detection of Cy3 showed high transfection efficiency in NP cells (Fig. 3A). RT-qPCR demonstrated that FBXO6 siRNA-3 had the highest transfection efficiency among the three siRNAs (Fig. 3B). Hence, it was used in the following experiments. First, CCK8 was used to evaluate the regulatory effect of FBXO6 on NP cells proliferation, and results showed that si-FBXO6 suppressed the proliferation of NP cells and enhanced the inhibitory effect of IL-1 $\beta$  on NP cell proliferation (Fig. 3C). Flow cytometry was then used to detect the apoptosis of NP cells, which



**Figure 2.** The expression of FBXO6 in NP cells was reduced by IL-1 $\beta$  (A) The expression level of IL-1 $\beta$  increased with the severity of IVDD (B) A negative correlation was found between the expression of FBXO6 and IL-1 $\beta$  (C–E) The RT-qPCR and WB showed that IL-1 $\beta$  reduced the FBXO6 expression in a dose-dependent manner (F–H) The RT-qPCR and WB analyses showed that IL-1 $\beta$  suppressed the expression of FBXO6 in a time-dependent manner. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

showed that si-FBXO6 increased the apoptosis rate of IL-1 $\beta$ -stimulated NP cells (Fig. 3D and E). The TUNEL assay results also showed that the percentage of apoptosis induced by IL-1 $\beta$  was augmented by si-FBXO6 (Fig. 3F and G). Finally, the regulatory effect of FBXO6 on ECM synthesis and degradation in NP cells was evaluated. The RT-qPCR and WB showed that the expression of aggrecan and collagen II decreased after IL-

1 $\beta$  or si-FBXO6 treatment, while MMP3, ADAMTS5, IL-6 and COX2 increased after IL-1 $\beta$  or si-FBXO6 treatment. Moreover, si-FBXO6 enhanced the downregulations of aggrecan and collagen II induced by IL-1 $\beta$ , as well as accelerated the upregulations of MMP3, ADAMTS5, IL-6 and COX2 induced by IL-1 $\beta$  (Fig. 3H–T).



(caption on next page)

### 3.3. miR-133a-5p was the candidate miRNA that inhibited FBXO6 expression in IVDD

As miRNA plays a vital and broad role in controlling gene expression, we performed a comprehensive bioinformatic analysis using online tools (TargetScan, miRDB and miWalk) along with GSE IVDD datasets (GSE116726, GSE63492) to search for potential microRNAs targeting the 3' untranslated regions (3' UTR) of FBXO6. The analysis showed that miR-133a-5p and miR-4645-3p were the potential miRNAs (Fig. 4A and B).

To examine whether miR-133a-5p and miR-4645-3p were involved in the process of IVDD, we detected their expressions in normal and IVDD tissues by RT-qPCR. We found that the expression of miR-133a-5p increased in degenerated IVD tissues, and no significant difference was found in the expression of miR-4645-3p (Fig. 4C and D). Furthermore, IL-1 $\beta$  can increase the expression of miR-133a-5p in NP cells (Fig. 4E). The Pearson correlation analysis showed that miR-133a-5p was negatively correlated with FBXO6, suggesting that miR-133a-5p and FBXO6 might have some correlations during the progression of IVDD (Fig. 4F). Besides, miR-133a-5p can affect the process of proliferation and apoptosis in other cell types [18,19], so miR-133a-5p was selected for further study.

To assess whether FBXO6 could be regulated by miR-133a-5p, NP cells were transfected with miR-133a-5p mimic or inhibitor, respectively. RT-qPCR showed that the expression of miR-133a-5p increased in NP cells transfected with miR-133a-5p mimic, while decreased in NP cells transfected with miR-133a-5p inhibitor (Fig. 4G and H). To further confirm the functional interaction between miR-133a-5p and FBXO6, we predicted the binding sites between them through the miRDB website, and the result showed that there were two binding sites located at the 3' UTR of FBXO6, 81–87 and 110–116, respectively (Fig. 4I). Furthermore, we established dual luciferase reporter vectors containing the wild or mutant-type miR-133a-5p seed sequences of FBXO6 3'UTR. The dual luciferase assay revealed that the miR-133a-5p mimic significantly repressed while miR-133a-5p inhibitor increased the luciferase activity of the wide-type FBXO6 reporter gene, but not for the mutant-type (Fig. 4J). The WB results demonstrated that the protein levels of FBXO6 decreased after miR-133a-5p mimic treatment, while increased following miR-133a-5p inhibitor treatment (Fig. 4K-L).

### 3.4. miR-133a-5p decreased ECM synthesis and increased ECM degradation in IVDD via directly targeting FBXO6

To investigate whether miR-133a-5p participated in IVDD by directly targeting FBXO6, miR-133a-5p inhibitor and si-FBXO6 were used to stimulate NP cells before the stimulation of IL-1 $\beta$ . Results showed that miR-133a-5p inhibition led to increased levels of aggrecan and collagen II, which then were attenuated by si-FBXO6. Furthermore, the down-regulations of MMP3, ADAMTS5, IL-6 and COX2 induced by miR-133a-5p inhibition could be partially rescued by the addition of si-FBXO6, suggesting that FBXO6 was essential for miR-133a-5p-induced ECM synthesis and degradation in NP cells (Fig. 5A-M). Taken together, the above results suggested that miR-133a-5p exerted its function in IVDD by directly targeting FBXO6.

**Figure 3.** Regulatory effect of FBXO6 in NP Cells (A) High transfection efficiency was found in NP cells after transfection with siRNAs (B) RT-qPCR indicated that the expression of FBXO6 was significantly suppressed by the respective siRNA (C/D) WB and densitometric analyses results showed that all the three siRNAs have good silence effect on the expression of FBXO6 and siRNA-3 has the highest silence efficiency (E) CCK8 test data determined that IL-1 $\beta$  treatment resulted in low proliferation of NP cells and si-FBXO6 was able to significantly aggravate this effect (F/G) Flow cytometry analysis showed that si-FBXO6 induced the apoptosis of NP cells, PI: propidium iodide, FITC: fluorescein isothiocyanate (H/I) TUNEL assay showed that si-FBXO6 induced the apoptosis of NP cells (J-O) RT-qPCR showed that aggrecan and collagen II were decreased by IL-1 $\beta$  treatment and that si-FBXO6 aggravated the suppression of aggrecan and collagen II by IL-1 $\beta$ ; the expression of MMP3, ADAMTS5, IL-6 and COX2 were increased after IL-1 $\beta$  stimulation, and si-FBXO6 enhanced their downregulation induced by IL-1 $\beta$  (P-V) WB and densitometric analyses showed the regulatory effect of aggrecan, collagen II, MMP3, ADAMTS5, IL-6 and COX2 expressions by si-FBXO6 and IL-1 $\beta$ . The treatment condition of IL-1 $\beta$  was 10 ng/ml for 24 h; \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

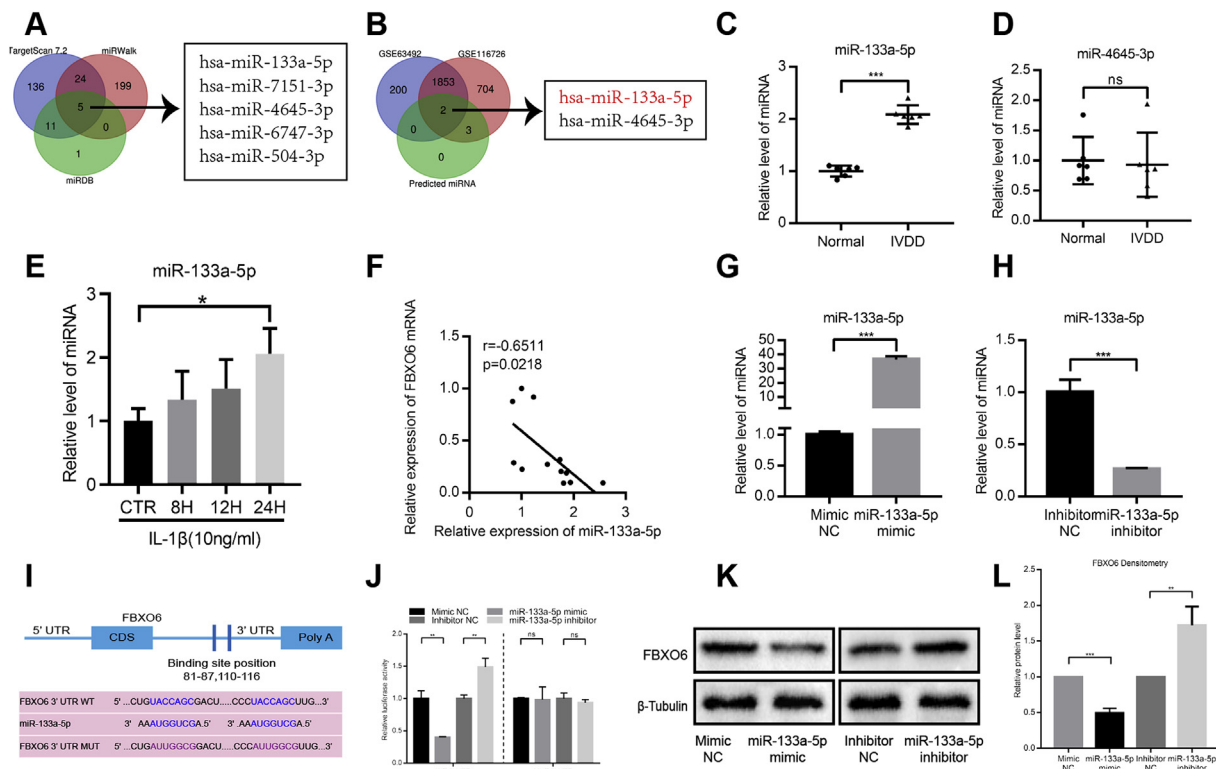
### 3.5. Inflammatory environment regulated miR-133a-5p and FBXO6 via NF- $\kappa$ B signaling

As it was illustrated that IL-1 $\beta$  regulated the expression of miR-133a-5p and FBXO6. Therefore, we explored the regulation mechanisms and signaling pathways. Previous studies have shown that IL-1 $\beta$  played its role by activating MAPK and NF- $\kappa$ B signaling, so we also elucidated the role of MAPK and NF- $\kappa$ B signaling on the regulation of miR-133a-5p and FBXO6. NP cells were treated with NF- $\kappa$ B inhibitor (SM7368, 20  $\mu$ M), ERK1/2 inhibitor (PD98059, 20  $\mu$ M, 1:1000 dilution), p38 inhibitor (SB203580, 20  $\mu$ M, 1:1000 dilution) or c-Jun N-terminal kinase (JNK) inhibitor (SP600125, 20  $\mu$ M, 1:1000 dilution) prior to the exposure of IL-1 $\beta$ . The RT-qPCR results showed that the MAPK and NF- $\kappa$ B inhibitors can partly abolish the promotion effect of IL-1 $\beta$  on miR-133a-5p expression, with the most significant change in the NF- $\kappa$ B inhibitor (Fig. 6A). Hence, the NF- $\kappa$ B pathway was selected for further analysis. Lentivirus p65-shRNA or IKK $\beta$ -shRNA were used to silence individual NF- $\kappa$ B signaling components. Results showed that there were robust GFP expression in the viral transduced cells, indicating a high level of transduction efficiency (Fig. 6B). Transduction with sh-p65 and sh-IKK $\beta$  led to significant decrease in the expression of p65 and IKK $\beta$  at mRNA and protein levels (Fig. 6C-H). The loss of function study showed that the suppression of NF- $\kappa$ B signaling components significantly abolished the regulatory effect of IL-1 $\beta$  on miR-133a-5p and FBXO6 expression (Fig. 6I-L). Taken together, these results suggested that the inflammatory environment in IVDD tissues activated NF- $\kappa$ B signaling pathway, then enhanced miR-133a-5p expression and finally suppressed the expression of FBXO6.

## 4. Discussion

In this study, it was demonstrated that miR-133a-5p increased while FBXO6 decreased in the process of IVDD together with under the stimulation of IL-1 $\beta$ . Mechanically, miR-133a-5p aggravated IVD degeneration by targeting FBXO6, namely through the decreased expression of ECM (aggrecan, collagen II), while increased expression matrix metalloproteinases (MMP3, ADAMTS5) and chemo-cytokine (IL-6, COX2) in NP cells. We also found that proinflammatory cytokine IL-1 $\beta$  regulated miR-133a-5p and FBXO6 expressions via the NF- $\kappa$ B signaling pathway.

FBXO6 plays important roles in broad biological processes, including circadian amplitude, apoptosis, autophagy, cell cycle, carcinogenesis and cancer metastasis [7,8,25,26]. The role of FBXO6 in different organs has tissue- and cell-specific characteristics. Du et al. [8] demonstrated that FBXO6 could enhance antiviral immunity by negatively regulating the homeostasis of IFN-I and ISG production via *in vitro* overexpression and knockout experiments. Another study elucidated that FBXO6 reduced the tumour growth and metastasis in colorectal cancer by inducing RIOK1 ubiquitination [27]. Importantly, Wang et al. [11] found that the knockout of FBXO6 in cartilage deteriorated the process of osteoarthritis both in human and mouse osteoarthritis models. In addition, a previous study indicated that NP cells had a chondrocyte-like phenotype, which shares common features with chondrocytes [28]. Therefore, we designed this study to evaluate the molecular role of FBXO6 on the pathogenesis of IVDD, generally for the regulation of NP cells proliferation, apoptosis, ECM synthesis and degradation. Relevant to cell proliferation, FBXO6



**Figure 4.** miR-133a-5p was the inhibitory regulator of FBXO6 (A) TargetScan, miRDB and miRWalk were used to detect the related microRNAs targeting FBXO6 (B) GSE63492 and GSE116726 datasets were used to evaluate the related microRNAs targeting FBXO6 (C) Compared with normal IVD, miR-133a-5p expression level was upregulated in degenerated IVD specimens (D) RT-qPCR result showed that no significant difference of miR-4635-3p expression was found between normal and degenerated IVD (E) IL-1 $\beta$  induced the expression of miR-133a-5p (F) Negative correlation was found between the expression of FBXO6 and miR-133a-5p in IVD tissues (G/H) miR-133a-5p levels in NP cells after being transfected with the miR-133a-5p mimic or inhibitor were determined by the RT-qPCR (I) Schematic representation of miR-133a-5p's predicted binding sites in the 3'UTR of FBXO6 mRNA (J) The wild- or mutant-type FBXO6 3'UTR reporter plasmid was co-transfected with miR-133a-5p mimics or inhibitors into NP cells (K/L) FBXO6 expressions in NP cells after transfection with miR-133a-5p mimic or inhibitor. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

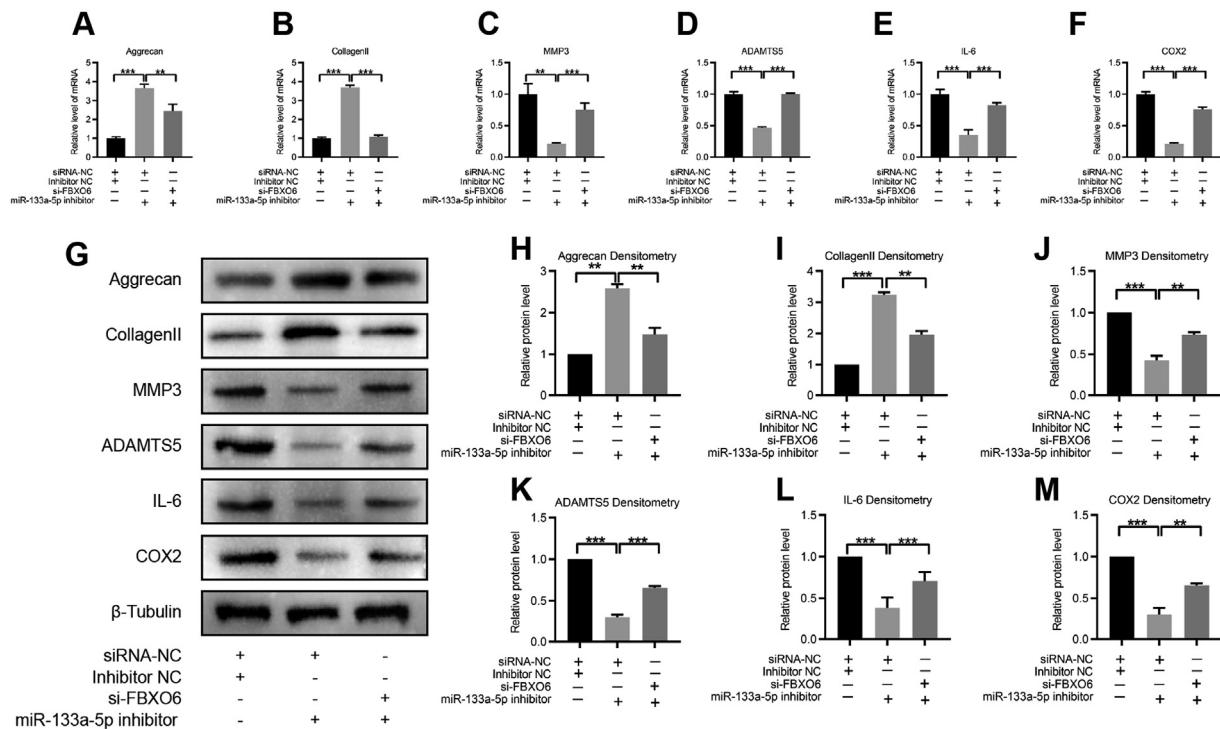
siRNA led to a decreased proliferation of NP cells. Moreover, flow cytometry and the TUNEL assay showed that the silence of FBXO6 resulted in increased NP cell apoptosis and enhanced the apoptosis of NP cells induced by IL-1 $\beta$ . For the regulatory effect of ECM by FBXO6, we treated NP cells with FBXO6 siRNA and detected the expressions of aggrecan, collagen II, MMP3, ADAMTS5, IL-6 and COX2. Results showed suppression of FBXO6 by siRNA lead to increased MMP3, ADAMTS5, IL-6 and COX2 expression, while decreased expression of aggrecan and collagen II, suggesting that FBXO6 can modulate ECM synthesis and degradation in NP cells.

As FBXO6 decreased in the process of IVDD, we determined to explore whether there was any upstream regulator that could inhibit the expression of FBXO6. Increasing evidence has shown that miRNAs can serve as inhibitory regulators of mRNA [29,30]. Therefore, we checked the candidate miRNAs sponging FBXO6 using online tools (TargetScan, miRDB and miRWalk) along with GSE IVDD datasets. Results showed that miR-133a-5p was predicted to be the sponge of FBXO6. Dual Luciferase Assay confirmed their binding sites and WB results showed the inhibitory effect of miR-133a-5p on the expression of FBXO6, which were consistent with previous studies. Furthermore, miRNAs have been

proven to be involved in the pathology of IVDD, suggesting that miRNAs could be novel targets for treating patients with IVDD [31–34]. For example, it was shown that miR-181a protected against IVDD by reducing inflammatory factors and promoting collagen II expression [35]. Another study illustrated that the downregulation of miR-133a induced collagen II loss by directly targeting MMP9 [36]. Similarly, in our study, we revealed that miR-133a-5p also participated in the regulation of IVDD. Loss of function studies demonstrated that miR-133a-5p inhibitor led to increased levels of collagen II and aggrecan and decreased levels of MMP3, ADAMTS5, IL-6 and COX2. Importantly, rescue experiments further confirmed that miR-133a-5p exerted its function in the regulation of IVDD via directly binding to FBXO6.

Previous studies have shown that IL-1 $\beta$  plays its role by activating MAPK and NF- $\kappa$ B signaling [37], so we assumed that NF- $\kappa$ B might participate in the induction of the miR-133a-5p/FBXO6 axis by IL-1 $\beta$ . Nuclear factor kappa B (NF- $\kappa$ B) is a family of transcription factors that plays a central role in the production of inflammatory mediators and catabolic gene expression [38,39]. NF- $\kappa$ B/Rel protein mainly includes the Rel A (p65), Rel B and c-Rel transcription factors, and phosphorylated NF- $\kappa$ B-p65 is another important factor that plays a vital role in promoting





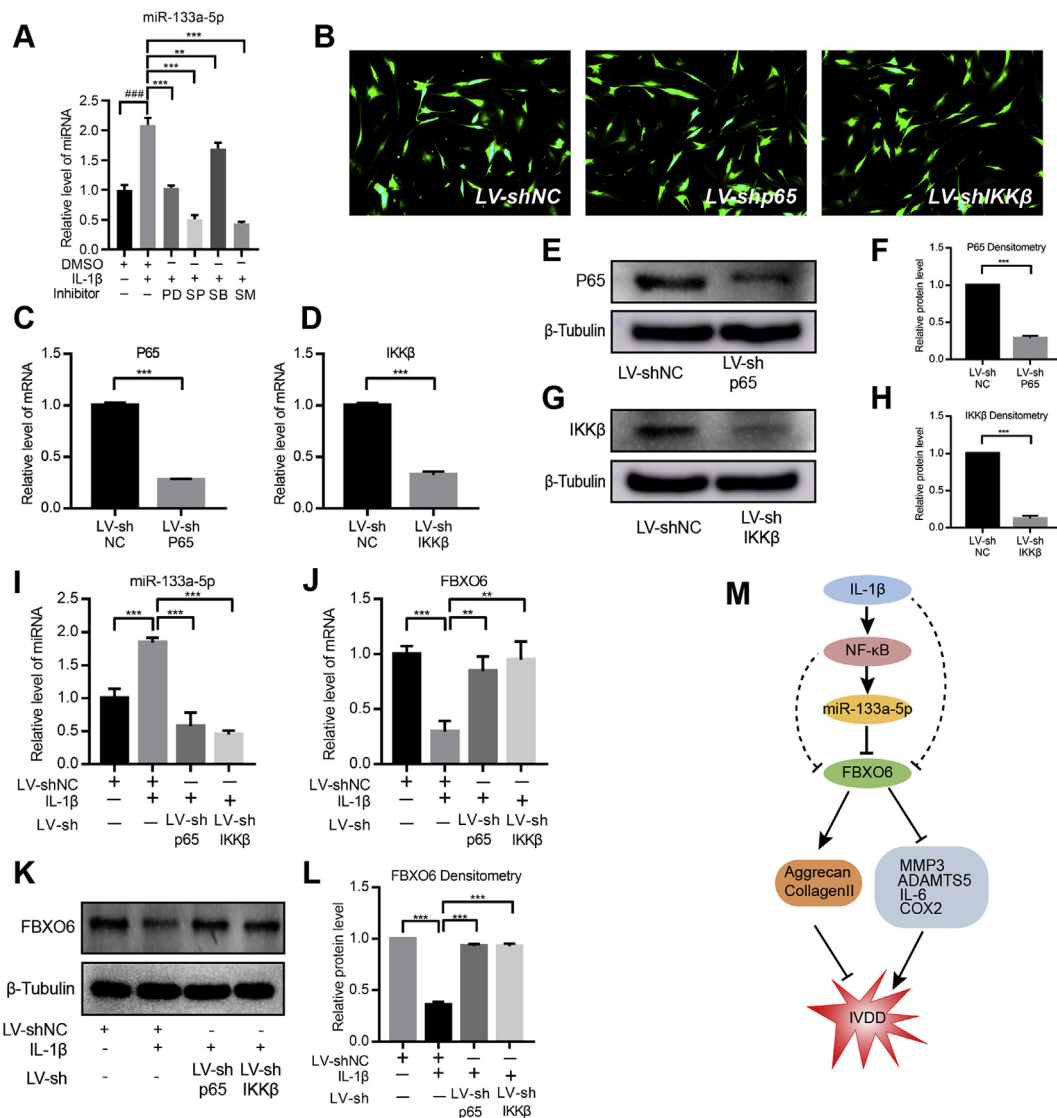
**Figure 5.** miR-133a-5p exerted its function in NP cells via sponging FBXO6 (A–F) RT-qPCR showed that the expressions of aggrecan and collagen II were increased by the miR-133a-5p inhibitor, and si-FBXO6 alleviated the upregulation of aggrecan and collagen II. The expressions of MMP3, ADAMTS5, IL-6 and COX2 were downregulated by the miR-133a-5p inhibitor and si-FBXO6 partly reversed their downregulations (G–M) WB and densitometric analyses showed the expressions of aggrecan, collagen II, MMP3, ADAMTS5, IL-6 and COX2 by the miR-133a-5p inhibitor and si-FBXO6. The treatment condition of IL-1 $\beta$  was 10 ng/ml for 24 h; \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

the activation of NF- $\kappa$ B [40]. IKK includes the three subunits, IKK $\alpha$ , IKK $\beta$ , and IKK $\gamma$ , of which IKK $\beta$  plays a particularly important role in the activation of the classical NF- $\kappa$ B signaling pathway [41]. A previous study demonstrated that proinflammatory cytokine IL-1 $\beta$  can induce the phosphorylation of IKK $\beta$  and p65 NF- $\kappa$ B protein in NP cells [42]. Consistent with previous reports, our study also demonstrated that the stimulation of the miR-133a-5p/FBXO6 axis by IL-1 $\beta$  was alleviated following the silence of p65 and IKK $\beta$ , highlighting the importance of NF- $\kappa$ B in the regulation of the miR-133a-5p/FBXO6 axis under IL-1 $\beta$  stimulation.

It should be noted that there are several limitations of this study. First, only loss of function technologies, such as si-FBXO6 and the miR-133a-5p

inhibitor, were used to demonstrate the gene function. In future studies, the overexpression of FBXO6 and miR-133a-5p mimic will be applied to further investigate their roles in IVDD; Second, only *in vitro* studies were designed, and therefore the potential therapeutic applications of the miR-133a-5p/FBXO6 axis in the treatment of IVDD still need to be elucidated by *in vivo* studies; Furthermore, the role of the miR-133a-5p/FBXO6 axis in IVDD was majorly investigated in NP and AF cells; however, the effect in the cartilage endplate cells was not determined and thus requires further investigations.

Collectively, our results demonstrated that miR-133a-5p regulated the process of IVDD and that it could be upregulated by IL-1 $\beta$  to aggravate IVDD via sponging FBXO6. This study clarified one of the mechanisms of



**Figure 6.** The inflammatory environment regulated miR-133a-5p and FBXO6 via the NF-κB signaling pathway (A) The expression of miR-133a-5p following IL-1β treatment with or without ERK inhibitor (PD98059 (PD)) or JNK inhibitor (SP60025 (SP)) or p38 inhibitor (SB203580 (SB)) or NF-κB inhibitor (SM7368 (SM)) (B) Immunofluorescence detection of GFP in human NP cells transfected with either shp65 or shikkb showed a high transfection efficiency (C–D) RT-qPCR showed LV-shp65 and LV-shikkb significantly suppressed the expression of p65 and ikkb (E–H) A similar result was found by the WB and densitometric analyses (I) IL-1β-dependent induction in miR-133a-5p was significantly blocked by the suppression of the components of the NF-κB pathway (J–L) RT-qPCR and WB showed that the IL-1β-dependent decrease in FBXO6 was significantly relieved by the suppression of the components of the NF-κB pathway (M) Proposed illustration to point out the mechanism by which IL-1β upregulates miR-133a-5p expression to aggravate IVD degeneration via inhibiting FBXO6. The treatment condition of IL-1β was 10 ng/ml for 24 h; ‘###’ means  $P < 0.001$  when compared with DMSO group; \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

inflammation-induced IVDD progression and the specific role of miR-133a-5p/FBXO6 axis in this regulatory network.

**Declaration of competing interest**

The authors have no conflicts of interest to disclose in relation to this article.

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**Author contributions**

Hua Wang and He-Hai Pan designed the study. Xian-Fa Du and Hai-Tao Cui performed the experiments. Hao-Wen Cui, Shun-Lun Chen, Jian-Ru Wang, Ze-Min Li and Hui Liu collected the clinical samples. Xian-Fa Du, Hua Wang and Jun Long contributed to the data analysis and manuscript draft. Yong-Can Huang and Zhao-Min Zheng contributed to data analysis and corrected the manuscript. All authors read and approved the final manuscript.

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## Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.jot.2021.05.004>.

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