



Article

Ta₂O₅/rGO Nanocomposite Modified Electrodes for Detection of Tryptophan *through* Electrochemical Route

Shun Zhou [†], Zefeng Deng [†], Zhongkang Wu [†], Mei Xie, Yaling Tian, Yiyong Wu, Jun Liu ^{*ID}, Guangli Li and Quanguo He ^{*}

Hunan Key Laboratory of Biomedical Nanomaterials and Devices, School of Life Science and Chemistry, Hunan University of Technology, Zhuzhou 412007, China; zs1187357805@163.com (S.Z.); dzf18073872860@163.com (Z.D.); wzk18897496745@163.com (Z.W.); meixie1015@126.com (M.X.); tianyalong0212@163.com (Y.T.); wyy5082010@163.com (Y.W.); guangli010@hut.edu.cn (G.L.)

^{*} Correspondence: junliu@hut.edu.cn (J.L.); hequanguo@hut.edu.cn (Q.H.);
Tel.: +86-731-2218-3882 (J.L. & Q.H.); Fax: +86-731-2218-3882 (J.L. & Q.H.)

[†] These authors contributed equally.

Received: 22 April 2019; Accepted: 23 May 2019; Published: 28 May 2019



Abstract: L-tryptophan is one of the eight kinds of essential amino acids for sustainable human life activity. It is common to detect the concentration of tryptophan in human serum for diagnosing and preventing brain related diseases. Herein, in this study, GCE (glassy carbon electrode) modified by Ta₂O₅-reduced graphene oxide (-rGO) composite (Ta₂O₅-rGO-GCE) is synthesized by the hydrothermal synthesis-calcination methods, which is used for detecting the concentration of tryptophan in human serum under the as-obtained optimal detection conditions. As a result, the obtained Ta₂O₅-rGO-GCE shows larger electrochemical activity area than other bare GCE and rGO-GCE due to the synergistic effect of Ta₂O₅ NPs and rGO. Meanwhile, Ta₂O₅-rGO-GCE shows an excellent response to tryptophan during the oxidation process in 0.1 M phosphate buffer solution (pH = 6). Moreover, three wide linear detection range (1.0–8.0 μM, 8.0–80 μM and 80–800 μM) and a low limit of detection (LOD) of 0.84 μM (S/N = 3) in the detection of tryptophan are also presented, showing the larger linear ranges and lower detection limit by employing Ta₂O₅-rGO-GCE. Finally, the as-proposed Ta₂O₅-rGO-GCE with satisfactory recoveries (101~106%) is successfully realized for the detection of tryptophan in human serum. The synthesis of Ta₂O₅-rGO-GCE in this article could provide a slight view for the synthesis of other electrochemical catalytic systems in detection of trace substance in human serum.

Keywords: Ta₂O₅-rGO composite; tryptophan; electrochemical detection; second derivative linear scan voltammetry

1. Introduction

L-tryptophan is an important constituent of proteins, and it is also an indispensable component in human nutrition for building and keeping a positive nitrogen balance. More importantly, L-tryptophan is one of the eight essential amino acids for human's normal daily activity, including brain functions and neuronal regulatory mechanisms [1,2]. Many reports find that serotonin and melatonin are related to tryptophan, and toxic metabolites are produced in the brain when improperly metabolized, which is considered to be one of possible reasons for schizophrenia. Therefore, detection of tryptophan for preventing brain diseases is more significant [3,4]. Recently, a variety of methods are used in the measurement of tryptophan, including liquid chromatography, gas chromatography-mass spectrometry, spectroscopic detection, etc. [5–7]. These methods, with reliable and effective properties,

are widely used for biological analysis, such as the precise measurement of dopamine or tryptophan. Nevertheless, there are still some disadvantages in using these methods, such as long detection time, expensive equipment and complex analytic routes [8,9].

In recent years, electrochemical analysis is considered as a green, highly sensitive and low-cost method for the detection of small biological molecules compared with the above-mentioned methods. Additionally, because of the double-bond of indolyl, tryptophan is easily oxidized for forming a C–N double bond through the electrochemical route. Thus, electrochemical method is commonly used in the detection of tryptophan. For example, Yeon and co-workers prepared reduced graphene oxide (rGO) decorated with tin oxide (SnO₂) nanoparticles, which was used in the modification of glassy carbon electrode (GCE) for enhancing the detection of tryptophan (Trp). The lower detection limit of Trp was identified at 0.04 μM (S/N = 3), and the linear relationship range was found to the Trp concentration of 1–100 μM. The sensor demonstrated an excellent selectivity, good stability, and reproducibility. It could be used for the detection of Trp in the milk and amino acid injection samples [10].

Among all nanomaterials, rGO, with good electroconductibility, is widely used in electrochemical analysis. When rGO composited with a semiconductor, the catalytic performance could be improved because of the synergistic effect. The good catalytic performance of a semiconductor and the electroconductibility of rGO could improve the detection sensitivity of small biological molecules. Many kinds of semiconductors coupling with rGO, such as Cu₂O, MnO₂, Fe₃O₄, TiO₂, etc., are carried out for electrochemical analytic applications [11–15]. These semiconductors possess high catalytic activities due to their special electronic structure and redox performance. Recently, Ta₂O₅ was found to be an excellent candidate for electrochemical sensors and biosensors [16,17]. Ta₂O₅ semiconductor, as a transition metal oxide, shows a wide band-gap (4.0 eV) and can be used as the catalyst for various applications [18,19]. For example, Gurung and co-workers prepared Ti/Ta₂O₅-SnO₂ electrodes for the electrochemical oxidation (EO) of carbamazepine (CBZ) synthetic solutions and real membrane bioreactor (MBR) effluent. The EO based on the use of Ti/Ta₂O₅-SnO₂ electrode with high catalytic performance was found to be a reliable method for removing CBZ from contaminated waters [20]. In addition, Ta₂O₅ has excellent chemical and thermal stabilities in practical application. Therefore, it is a potential candidate for the fabrication of the electrochemical sensors and biosensors. When the Ta₂O₅ is composited with other carbon materials, such as rGO and carbon nanotubes, the detection sensitivity and catalytic performance may be improved due to the synergistic catalytic effect between Ta₂O₅ and carbon materials.

In our best knowledge, fewer literatures have reported the synthesis of Ta₂O₅-rGO composite for the detection of tryptophan. Herein, in this paper, Ta₂O₅-rGO composite is synthesized for the sensitive detection of tryptophan. Ta₂O₅ nanoparticles are prepared by combining hydrothermal synthesis-calcination methods, and rGO is obtained by the modified Hummers' method and the electrochemical reduction method. GCE modified with this composite structure is used in the electrochemical detection of tryptophan. A lot of parameters including solution pH, accumulation potential and accumulation time are also investigated. Finally, this electrode is employed for the detection of tryptophan in human serum samples.

2. Experimental Section

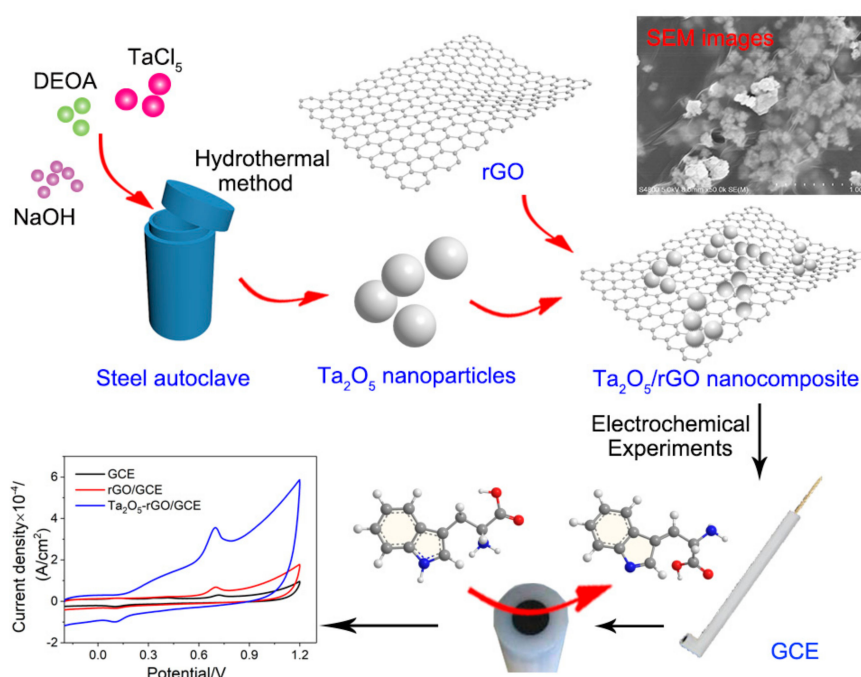
2.1. Materials and Chemicals

Tantalum chloride (TaCl₅), diethanol amine (DEOA), potassium permanganate (KMnO₄), graphite, sulfuric acid (H₂SO₄), hydrogen peroxide (H₂O₂), α-aluminium oxide (α-Al₂O₃, particle size: 1.0 μm, 0.3 μm and 0.05 μm), disodium phosphate dodecahydrate (Na₂HPO₄·12H₂O), sodium nitrate (NaNO₃), sodium dihydrogen phosphate (NaH₂PO₄), potassium ferricyanide (K₃Fe(CN)₆), potassium ferrocyanide (K₄Fe(CN)₆) and ethyl alcohol were purchased from Sinopharm Chemical Reagent Co., Ltd. (Shanghai, China). L-tryptophan was purchased from Aladdin Bio-Chem Technology Co., Ltd. (Shanghai, China). Human serums were taken from people's hospital of Zhuzhou. During these

experimental process, ultrapure water (18.2 M Ω) was used generally. All of the reagents were utilized directly without any further purification.

2.2. Preparation of Ta₂O₅ Nanoparticles

All of these synthetic processes and correspondingly electrochemical processes are illustrated in Scheme 1. Firstly, the Ta₂O₅ nanoparticles were prepared by hydrothermal synthesis-calcination method [21]. Typically, 0.05 mL of diethanol amine was added into 15 mL of TaCl₅ solution (0.05 M) as a stabilizer. Then, 5 mL of NaOH solution (0.01 M) was subsequently added, and stirred for 1 h at room temperature. Afterwards, this solution was added into 100 mL of stainless-steel autoclave with Teflon-lined. The sealed autoclave was heated at 80 °C for 48 h. The precipitate was washed by deionized water and ethanol for three times after cooling into room temperature. Then, as-obtained sample was dried in vacuum oven at room temperature for 12 h. Finally, the dried Ta₂O₅ powder was calcined at 700 °C for 3 h.



Scheme 1. The synthesized and electrochemical processes of Ta₂O₅-rGO for the detection of tryptophan.

2.3. Synthesis of Ta₂O₅/GO Composites

In this experiment, modified Hummers' method was employed for preparing graphene oxide (GO), which is reported in our previous report [22]. Typically, 0.5 g of graphite powder and 0.5 g of NaNO₃ were slowly added into concentrated H₂SO₄ (98 wt. %, 23 mL, cooled to 0 °C) under mechanical stirring. Then, keeping the whole temperature lower than 5 °C, 3.0 g of KMnO₄ was added slowly into the above solution. A mash formed after the temperature raised to 35 °C, which was kept under stirring for 2 h. Subsequently, 40 mL of water was slowly added into the above mash under the temperature lower than 50 °C. After finishing the water adding, the temperature raised to 95 °C for 0.5 h. The above solution was added into 20 mL of 30% H₂O₂ in batches after adding 100 mL of water. A brown suspension was obtained by adding 150 mL of hydrochloric acid (1:10). Afterwards, the product was washed with 150 mL of H₂O and collected by the suction filter. The final product was dried in vacuum oven at 50 °C for 12 h. Finally, 100 mL of GO solution (1 mg GO/mL water) was prepared for further using. Ta₂O₅-GO nanocomposites were obtained by adding 20 mg of Ta₂O₅ NPs into 20 mL of GO solution under ultrasound for 2 h.

2.4. Fabrication of Ta₂O₅-GO-Modified GCE

Before loaded with Ta₂O₅-GO, the GCEs were polished by α -Al₂O₃ powder with different sizes (by using them with size of 1.0 μ m, 0.3 μ m and 0.05 μ m in sequence). Then, the GCEs were washed by ethyl alcohol and water under ultrasound for 1 min. 5 μ L of Ta₂O₅-GO/GCEs (1 mg/mL) were prepared by drop-casting of Ta₂O₅-GO suspension onto the GCEs, and drying under infrared lamp. For comparison, graphene oxide-modified GCEs (GO/GCE) were also prepared by the same method. Finally, the Ta₂O₅-RGO/GCE was obtained after the GO in Ta₂O₅-GO/GCE was reduced by electrochemical reduction method under the potential of -1.5 V for 120 s (pH = 6.0 phosphate buffer solution (PBS)).

2.5. Characterization

Powder X-ray diffraction (XRD) patterns were operated with an X-ray diffractometer (PANalytical, Amsterdam, Holland) operating at 40 kV and 40 mA with Cu K α radiation ($\lambda = 0.1542$ nm). Scanning electron microscopy (SEM) images were taken on a Hitachi S4800 (Hitachi, Tokyo, Japan) operated at 5 kV. Transmission electron microscopy (TEM) images were carried out by JEOL JEM-2010 (HT, Tokyo, Japan), operated at 200 kV. The electrochemical behaviors of as-prepared samples were tested by electrochemical workstation (CHI760E, Shanghai Chenhua Instrument Co., Ltd., Shanghai, China).

2.6. Electrochemical Experiments

All electrochemical experiments, including cyclic voltammetry (CV) and second-order derivative linear sweep voltammetry (SDLSV), were carried out by using bare or modified GCEs as work electrodes, platinum wire electrode as counter electrode, and saturated calomel electrode (SCE) as reference electrode. 1×10^{-5} mol/L of freshly-prepared tryptophan in 0.1 M of PBS were used to test the electrochemical response of CV on Ta₂O₅-rGO-GCE. SDLSV was used to measure the sensing performance of tartrazine on Ta₂O₅-rGO-GCE in an electrochemical cell containing 0.1 M of PBS. The scan rate is set as 100 mV/s in both CVs and SDLSV testing. Before starting the test process, a suitable accumulation period was carried out under stirring at 500 rpm. The potential scan ranges were -0.6 – 1.2 V for CV and 0.5 – 1.2 V for SDLSV.

2.7. Detection of Tryptophan in Human Serum

The detection of tryptophan in human serum is carried out by the standard addition method after the best detection conditions were obtained. Typically, 1 mL of human serum sample was diluted to 10 mL by 1.0 M of PBS (pH = 6.0) and ultrapure water. Moreover, another two solutions (10 mL) are prepared by the same method with further adding 1 mL and 2 mL of standard tryptophan solution (a certain concentration), respectively. Then the CV tests are carried out for detection of the concentration of tryptophan in human serum.

3. Results and Discussion

3.1. Structural and Morphologic Characterization of Ta₂O₅ and Ta₂O₅-GO

The structures of GO nanosheets, pure Ta₂O₅ nanoparticles and Ta₂O₅-GO composites are characterized by XRD technique. As presented in Figure 1, only a strong diffraction peak at 10° is observed in curve a, which is attributed to the (001) plane of GO, indicating the GO is synthesized successfully. The sharp diffraction peaks are observed in curve b, indicating the high crystallinity of as-synthesized Ta₂O₅ nanoparticles. Moreover, the standard Joint Committee Powder Diffraction Standards (JCPDS) card of the pure orthorhombic Ta₂O₅ (25-0922, red columns) are used for comparison. The obvious diffraction peaks of Ta₂O₅ between 15° to 75° are in accordance with the standard JCPDS card, which are indexed to (140), (001), (1110), (141), (270), (1111), (340), (002), (0220), (2151), (1112), (2220), (2221) and (4160) planes of orthorhombic Ta₂O₅. Thus, the result indicates that the Ta₂O₅ nanoparticles are synthesized successfully. More importantly, the XRD pattern of Ta₂O₅-GO composites

is presented in curve c. Both the (001) plane of GO and other planes of Ta₂O₅ are shown, meaning that the Ta₂O₅-GO composites are synthesized successfully.

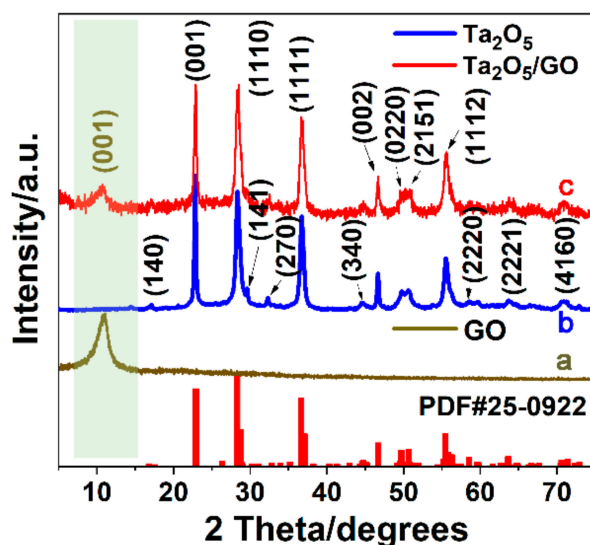


Figure 1. X-ray diffraction (XRD) patterns of graphene oxide (GO) nanosheets (a), pure Ta₂O₅ nanoparticles (b) and Ta₂O₅-GO composites (c).

The morphologies of as-prepared GO nanosheets, Ta₂O₅ nanoparticles and Ta₂O₅-GO composite nanoparticles are characterized by SEM. The layer-like and plicate structure of GO nanosheets is observed (Figure 2a). The Ta₂O₅ nanoparticles with good dispersibility are shown in Figure 2b and the particle size is estimated as 329.4 ± 6.9 nm (inset of Figure 2b). The large particles are formed because of the aggregation of the small particles. The size of these small particles is smaller than 100 nm, but the exact size could not be estimated due to the low-resolution of the SEM images. The SEM images of Ta₂O₅-GO are presented in Figure 2c,d. After Ta₂O₅ particles are composited with GO nanosheets, the excellent dispersibility is shown compared with the pure Ta₂O₅ nanoparticles. Many nanoparticles are dispersed on the surface of the 2D layer-structure GO. As shown in the amplifying SEM image (Figure 2d), the plicate layer of GO becomes more evident, and most of these Ta₂O₅ nanoparticles are coated on these GO layers, due to electron bombardment under high voltage propelling the electron transmission [23,24]. Moreover, the TEM images of Ta₂O₅ nanoparticles and Ta₂O₅-GO composite nanoparticles are also investigated. As shown in Figure 2e, the smaller Ta₂O₅ nanoparticles with the size of 31.6 ± 0.55 nm (inset of Figure 2e) are aggregated to form the larger nanoparticles, which is in accordance with the SEM image (Figure 2b). The TEM image of Ta₂O₅-GO composite nanoparticles also shows that the GO nanosheets are coated with Ta₂O₅ nanoparticles, and the smaller Ta₂O₅ nanoparticles are dispersed well on the surface of GO nanosheets (Figure 2f). These results confirm that the Ta₂O₅-GO composite nanoparticles are obtained successfully.

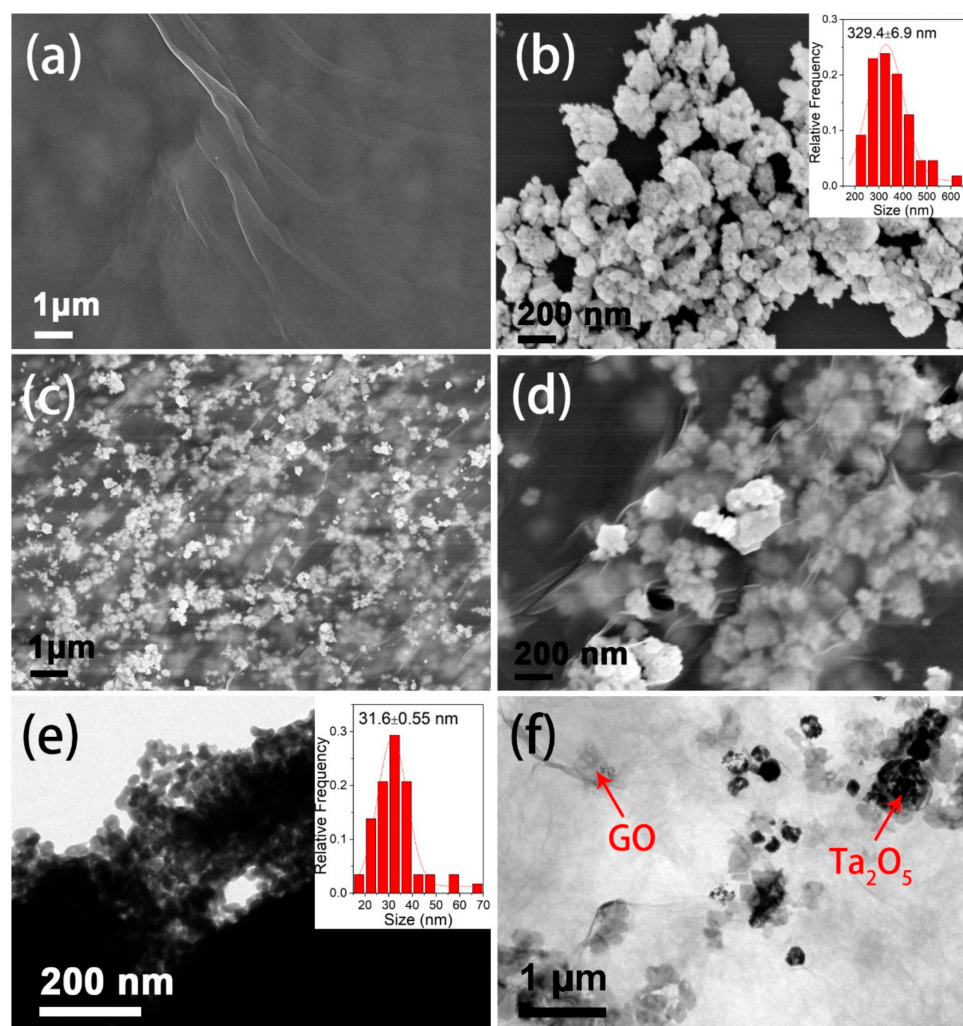


Figure 2. Scanning electron microscopy (SEM) images of the pure GO (a), Ta₂O₅ nanoparticles with the inset of the size distribution (b) and Ta₂O₅-GO composite nanoparticles (c,d). Transmission electron microscopy (TEM) images of the as-prepared Ta₂O₅ nanoparticles with the inset of the size distribution (e) and Ta₂O₅-GO composite nanoparticles (f).

3.2. Electrochemical Activity Area of Ta₂O₅-rGO-GCE Nanocomposites

The CV behaviors on bare GCE, rGO-GCE and Ta₂O₅-rGO-GCE in K₃Fe(CN)₆ solution are presented in Figure 3a. The intensity of oxidation peak currents (i_{pc}) on GCE, rGO-GCE and Ta₂O₅-rGO-GCE is 1.560×10^{-5} , 1.904×10^{-5} and 7.918×10^{-5} A, respectively. Therefore, according to Randles–Sevcik formula, the electrochemical activity areas could be calculated as:

$$i_{pc} = 2.691 \times 10^5 n^{3/2} D^{1/2} \nu^{1/2} A C. \quad (1)$$

In this formula, i_{pc} is reduction peak currents of K₃Fe(CN)₆, n is the transferred electron number during the redox reaction, D is diffusion coefficient of K₃Fe(CN)₆, ν is scan rate (V/s), A is electrochemical activity area (cm²) and C is the concentration of K₃Fe(CN)₆ (mol/cm³). After the calculation, electrochemical activity area of the bare GCE is 0.047 cm². On rGO-GCE, it is 0.057 cm², a little larger than that of the bare GCE. However, the electrochemical activity area of the Ta₂O₅-rGO-GCE increases extensively to 0.239 cm². After coated with rGO, the electrochemical performance of GCE is enhanced compared with the bare GCE, it probably because of the good conductivity of rGO. Moreover, the activity area of Ta₂O₅-rGO-GCE is larger than that of bare GCE and rGO-GCE, which indicates that the Ta₂O₅ modification could enhance the surface area of the bare electrode significantly.

The enhancement of the electrochemical activity areas can not only enhance the efficiency for gathering of tryptophan on the modified electrodes, but also increase the catalytic sites of the modified electrodes, thus accelerating the redox reaction of tryptophan.

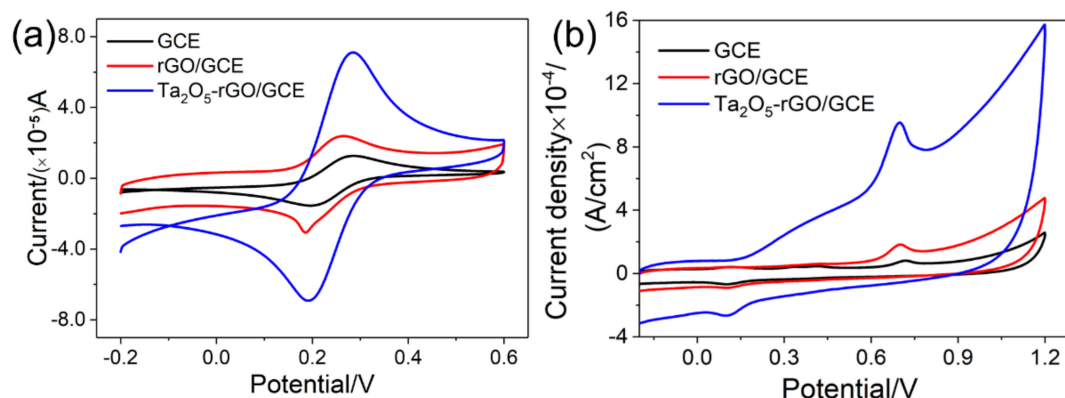


Figure 3. (a) Cyclic voltammetry (CV) curves of 5.0×10^{-4} mol/L of $K_3Fe(CN)_6$ at different electrodes (bare GCE, rGO-GCE and Ta_2O_5 -rGO-GCE); (b) Electrochemical behaviours of tryptophan (1.0×10^{-5} mol/L) on bare GCE, rGO and Ta_2O_5 -rGO electrodes (scan rate: 0.1 V/s, electrolyte: pH = 6.0, PBS).

3.3. Electrochemical Behaviors of Tryptophan on Different Electrodes

The Electrochemical behaviors of tryptophan (1.0×10^{-5} mol/L) on the bare GCE, rGO-GCE and Ta_2O_5 -rGO-GCE electrodes are shown in Figure 3b. The oxidation peak current of tryptophan on the bare GCE is 2.107×10^{-6} A, and the superficial area of GCE is 0.126 cm^2 . Therefore, the current density is 1.67×10^{-5} A/cm 2 . After GCE is coated with GO and under electrochemical reduction, the current of tryptophan on the rGO-GCE is improved to 5.707×10^{-6} A. Thus, the current density of rGO-GCE is 4.53×10^{-5} A/cm 2 owing to the good electroconductibility of the rGO nanosheet. Moreover, the current of tryptophan on the Ta_2O_5 -rGO-GCE is 1.742×10^{-5} A, and the current density is 1.38×10^{-4} A/cm 2 . It is about 3.05 times higher than that of rGO-GCE and 8.28 times higher than the bare GCE. Ta_2O_5 is a favorable catalyst, and the synergistic effect of Ta_2O_5 and rGO further promotes the increasing of peak current. Thus, for the detection of tryptophan, Ta_2O_5 -rGO-GCE could improve the detection sensitivity.

3.4. Optimizations of Detection Conditions for Tryptophan

3.4.1. Influence of the pH

In Figure 4a, the CV response curves of tryptophan (1.0×10^{-5} mol/L) in PBS (0.1 mol/L) is presented at different pH values (4.0~8.5) (black line). With the increase of the pH, the oxidation peak current increases firstly and reduces later. The largest oxidation peak current is observed at pH = 6.0. Thus, the best pH value is proposed as 6.0 for the detection of tryptophan. Meanwhile, the excellent linear relationship of the oxidation peak potential and the pH is found (Figure 4b) with the linear equation of $E_p/V = -0.0478 \text{ pH} + 1.082$ ($R^2 = 0.97$).

3.4.2. Effect of the Scan Rate

The CV curves of tryptophan (1.0×10^{-5} mol/L) on Ta_2O_5 -rGO-GCE under different scan rate (30~240 mV/s) in PBS solution (0.1 mol/L, pH = 6.0) are presented in Figure 4c. The i_{pa} of tryptophan increases gradually with the increase of the scan rate, but the background current also increases. At the same time, the linear relationship of i_{pa} and the square root of the scan rate is observed in Figure 4d with the linear equation of $i_{pa} = 15.136v^{1/2} + 2.44$ ($R^2 = 0.950$). It identifies that the redox of tryptophan on Ta_2O_5 -rGO-GCE is a diffusion-controlled process. The peak currents increase with the rising of

the scan rate, but the background currents also improve correspondingly. Therefore, a suitable scan rate is chosen as 120 mV/s for improving the signal to noise ratio (SNR) and reducing the background current. As shown in the inset of Figure 4d, the oxidation peak potential (E_{pa}) increases linearly with the Napierian logarithm of scan rate ($\ln v$). The linear equation is $E_{pa} = 0.029 \ln v + 0.773$ ($R^2 = 0.974$). Moreover, according to the following Lavrion equation:

$$E_p = E^0 + (RT/\alpha nF) \ln(RTk^0/\alpha nF) + (RT/\alpha nF) \ln v,$$

where E^0 is standard potential (V), T is temperature (K), α is Electron transfer coefficient, n is electron transfer number, k^0 is standard rate constant, F is Ferrari constant ($F = 96.485$ C/mol), $R = 8.314$ J/(K·mol) and v is scan rate. The inset of Figure 4d indicates that the slop ($RT/\alpha nF$) is 0.029. As for an irreversible process, α is commonly assumed to be 0.5. Thus, n can be calculated as 1.77, which can be rounded to the nearest integer 2. It means that the oxidation of tryptophan on Ta₂O₅-rGO-GCE is an irreversible process containing two electrons and two protons, which is in accordance with the literature report [25]. The specific oxidation pathway of tryptophan is presented in Figure 5.

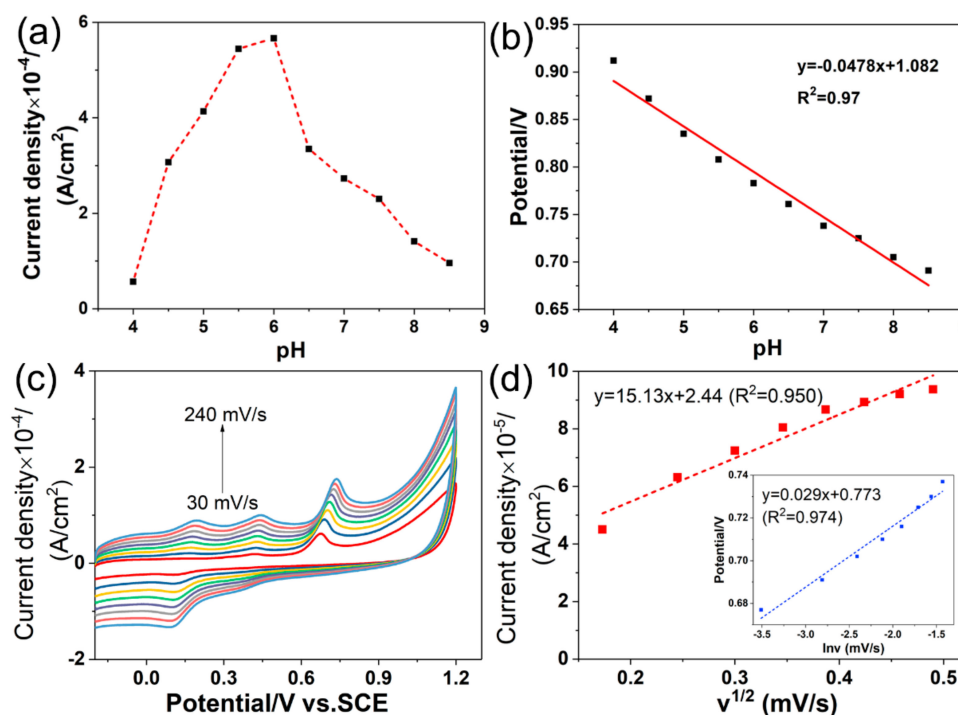


Figure 4. Effects of the pH on the oxidation peak currents of tryptophan (1.0×10^{-5} mol/L) at Ta₂O₅-rGO-GCE (a); and the linear relationship of the oxidation peak potential of tryptophan and the pH (b); the CV curves of tryptophan solution (1.0×10^{-5} mol/L) on Ta₂O₅-rGO-GCE under different scan rate (c); and the corresponding linear relationship of the oxidation peak current of tryptophan and the square root of scan rate, the inset is the relationship of the peak potential and the Napierian logarithm of the scan rate (d).

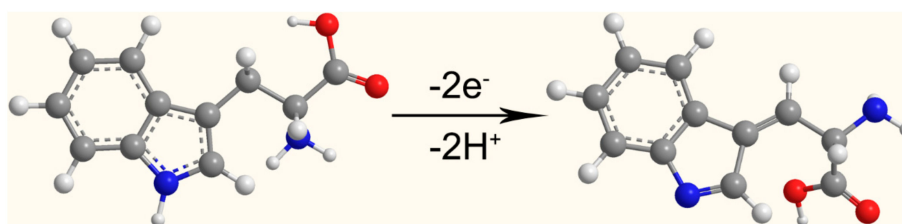


Figure 5. The oxidation pathway of tryptophan.

3.4.3. Effect of the Accumulation Conditions

The accumulation way is used as a simple and useful method to improve the detection sensitivity. Thus, the accumulation potential and accumulation time for the oxidation current of tryptophan on Ta₂O₅-rGO-GCE are investigated in this section. Before testing the peak currents of tryptophan (1×10^{-5} mol/L), the accumulation process at different accumulation potentials (−0.3 to 0.3 V) for 120 s is carried out. The best accumulation potential is obtained at 0.1 V, which is presented in Figure 6a. Then, fixing the accumulation potential as 0.1 V, the accumulation time is investigated. Figure 6b shows the relationship between the accumulation time and the corresponding oxidation peak current. In the first 120 s, the oxidation peak currents increase rapidly. However, the oxidation peak currents decrease when the accumulation time further increases. Thus, in this study, 120 s is selected as the best accumulation time.

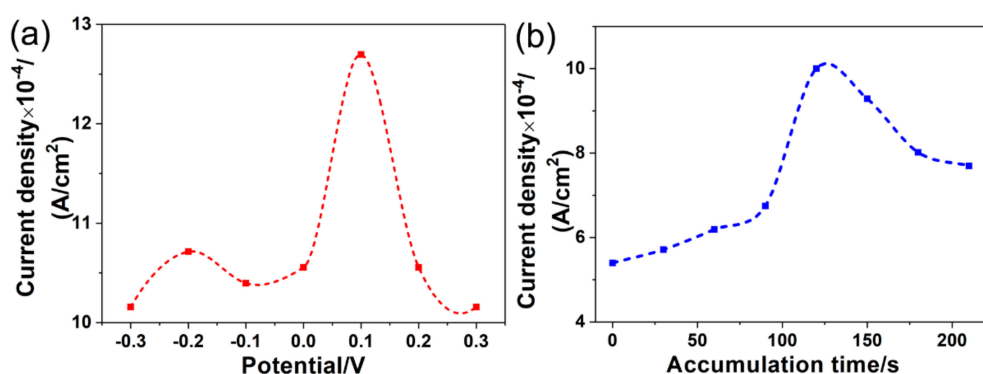


Figure 6. Effects of the accumulation potential (a) and the accumulation time (b) on the oxidation peak currents of 1.0×10^{-5} mol/L tryptophan at Ta₂O₅-rGO/GCE.

3.5. Stability of the Detection

The stability of these electrodes in the detection of tryptophan is investigated for confirming the accuracy and practicability of the as-prepared Ta₂O₅-rGO-GCE before the detection of tryptophan in human serum. Under the best test condition, the reproducibility is examined by the detection of tryptophan (1×10^{-5} mol/L) on four different Ta₂O₅-rGO-GCEs by second-order derivative linear scan voltammograms (SDLSV) (Figure 7a). The relative standard deviation (RSD) is 8.629% ($n = 4$), and it suggests that the electrode fabrication is highly reproducible. Furthermore, ten-times repeated detection of tryptophan (1×10^{-5} mol/L) are also carried out in one electrode by SDLSV for checking the repeatability of Ta₂O₅-rGO-GCE (Figure 7b). The Ta₂O₅-rGO-GCE presents a good repeatability with the RSD of 8.625% ($n = 10$). Moreover, further structure and morphology characterization of Ta₂O₅-rGO-GCE after ten-times repeated detection are presented in Figure 7c,d. As shown in XRD pattern, the diffraction peak in 10° attributed to GO disappears, because of the reduction of GO to rGO. A broad peak of $\sim 24^\circ$ could be indexed to rGO, but it is submerged by the strong diffraction peaks of Ta₂O₅ nanoparticles. The SEM image (Figure 7d) shows that the obvious rGO sheets are coated with many Ta₂O₅ nanoparticles. These results indicate that the Ta₂O₅-rGO composite is stable after ten-times repeated detection.

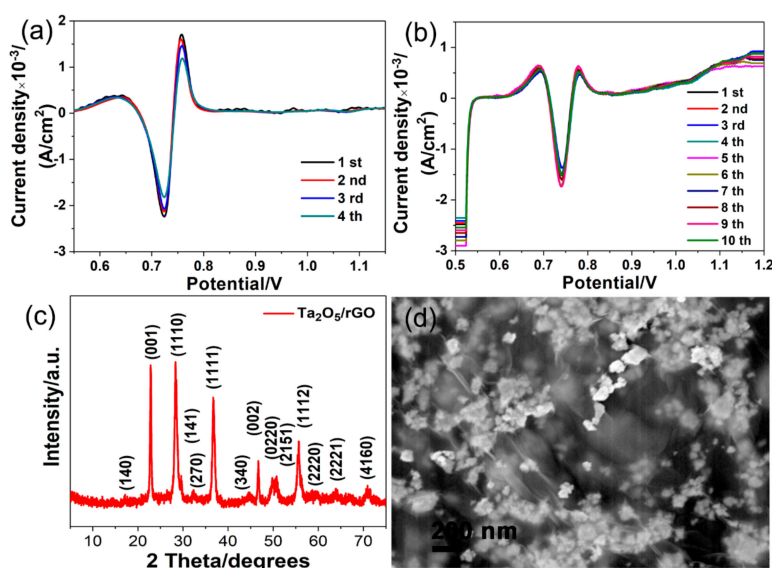


Figure 7. Second-order derivative linear scan voltammograms of tryptophan on four different Ta₂O₅-rGO-GCEs (a), on one Ta₂O₅-rGO-GCE repeated for 10 times (b); the XRD pattern (c) and the SEM image (d) of Ta₂O₅-rGO-GCE after ten-times repeated detection of tryptophan.

3.6. Linear Ranges and Detection Limit

The quantitative analysis of tryptophan is investigated under the best detection conditions, and the concentrations of tryptophan are used in the range of 1.0×10^{-6} – 8.0×10^{-4} mol/L. Three good linear relationships of tryptophan are observed (Figure 8a). The first line is found at the range of 1×10^{-6} mol/L– 8×10^{-6} mol/L, and the linear equation is $i_{pa} = 0.248c + 0.577$ ($R^2 = 0.996$) (Figure 8b). The second linear equation is $i_{pa} = 0.067c + 2.13$ ($R^2 = 0.993$) at the range of 8×10^{-6} mol/L– 8×10^{-5} mol/L (Figure 8c). The last linear range is 8×10^{-5} mol/L– 8×10^{-4} mol/L (Figure 8d), and the linear equation is $i_{pa} = 0.020c + 6.22$ ($R^2 = 0.976$). Thus, a good sensitivity of Ta₂O₅-rGO/GCE can be obtained in linear range of 1.0×10^{-6} – 8.0×10^{-4} mol/L. And the limit of detection (LOD) ($S/N = 3$) is estimated as 8.4×10^{-7} mol/L.

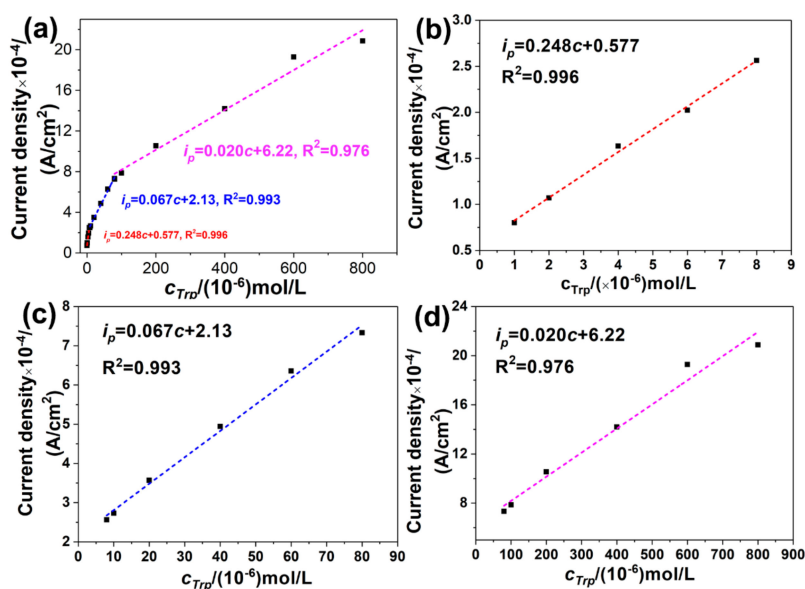


Figure 8. Three linear relationship of tryptophan in the range of 1.0×10^{-6} – 8.0×10^{-4} mol/L (a), the linear relationship of tryptophan in the range of 1×10^{-6} mol/L– 8×10^{-6} mol/L (b), 8×10^{-6} mol/L– 8×10^{-5} mol/L (c), and 8×10^{-5} mol/L– 8×10^{-4} mol/L (d).

3.7. Practical Sample Detections

As an electrochemical technique, SDLSV are used extensively for the trace detection because of the high sensitivity and resolution. Therefore, in this section, the serum samples are measured by SDLSV under the best conditions. As presented in Table 1, the concentration of tryptophan in two human serum samples is $36.6 \pm 10 \mu\text{mol/L}$ and $56.3 \pm 10 \mu\text{mol/L}$, with RSD of 1.34% ($n = 3$) and 2.82% ($n = 3$) respectively. As literature reported, the normal concentration of tryptophan in human serum is $40.05 \pm 10.8 \mu\text{mol/L}$ [26]. These detected values include the normal concentration range. Moreover, the standard addition method is carried out for testing the recovery rate. Good recoveries (101~106%) show that the proposed Ta₂O₅-rGO-GCE has great application prospect in the detection of tryptophan in various real samples.

Table 1. The detection of Trp in human serum samples by second-order derivative linear sweep voltammetry (SDLSV) ($n = 3$).

Sample	Detected Amount ($\mu\text{mol/L}$)	RSD%	Added Amount ($\mu\text{mol/L}$)	Total Found Amount ($\mu\text{mol/L}$)	RSD%	Recovery
1#	36.6	1.34	20	56.7	1.6	101%
2#	56.3	2.82	40	99	1.08	106%

4. Conclusions

Herein, this paper presents a novel Ta₂O₅-rGO composite nanostructure for the modification of GCE. The Ta₂O₅ NPs are prepared by the hydrothermal synthesis-calcination method. The rGO nanosheets are synthesized by the modified Hummers' method and electrochemical reduction. This Ta₂O₅-rGO-GCEs are applied for in vitro detections of tryptophan in human serum samples. As the result, the current density of Ta₂O₅-rGO-GCEs is larger than that of pure GCEs and rGO-GCEs due to the synergistic catalytic effect. This electrode shows high repeatability and reproducibility, meaning that it is useful in practical detection. More importantly, a wide linear range (from 1.0 μM to 800 μM) and a relative lower LOD of 0.84 μM ($S/N = 3$) are also presented, which means this electrode could be applied in trace substance detection. Finally, the proposed Ta₂O₅-rGO-GCEs successfully realize the detection of tryptophan in human serum with the satisfactory recoveries (101~106%). It is a novel system in the detection of tryptophan in human serum samples, which can be a potential candidate for the detection of tryptophan in various actual samples.

Author Contributions: S.Z., Z.D. and Z.W. designed, performed the experiments, and wrote the draft of this manuscript. J.L. and Q.H. provided the basic experimental direction. M.X. and J.L. contributed to the characterization. Y.T., Y.W. and G.L. analyzed the data. J.L., G.L. and Q.H. contributed to the reagents/materials/analysis tools. J.L. and G.L. revised the manuscript.

Funding: This research received no external funding.

Acknowledgments: This research was funded by the National Natural Science Foundation of China (61703152), Natural Science Foundation of Hunan Province (2019JJ50127 and 2018JJ3134), the Scientific Research Foundation of Hunan Provincial Education Department (18A273 and 18C0522), the Project of Science and Technology Plan in Zhuzhou (201707201806), University student innovation experiment project of Hunan University of Technology (2019DX110). We also appreciate Zhuzhou People's Hospital for offering human blood serum samples.

Conflicts of Interest: The authors declare no conflict of interest.

References

- Li, J.; Jiang, J.; Xu, Z.; Liu, M.; Tang, S.; Yang, C.; Qian, D. Facile synthesis of Pd-Cu@Cu₂O/N-RGO hybrid and its application for electrochemical detection of tryptophan. *Electrochim. Acta* **2018**, *260*, 526–535. [[CrossRef](#)]

2. Mukdasai, S.; Pooittisak, S.; Ngeontae, W.; Srijaranai, S. A highly sensitive electrochemical determination of l-tryptophan in the presence of ascorbic acid and uric acid using in situ addition of tetrabutylammonium bromide on the β -cyclodextrin incorporated multi-walled carbon nanotubes modified electrode. *Sens. Actuators B Chem.* **2018**, *272*, 518–525. [[CrossRef](#)]
3. Kumar, J.V.; Karthik, R.; Chen, S.-M.; Marikkani, S.; Elangovan, A.; Muthuraj, V. Green synthesis of a novel flower-like cerium vanadate microstructure for electrochemical detection of tryptophan in food and biological samples. *J. Colloid Interface Sci.* **2017**, *496*, 78–86. [[CrossRef](#)] [[PubMed](#)]
4. He, Q.; Liu, J.; Liang, J.; Liu, X.; Li, W.; Liu, Z.; Ding, Z.; Tuo, D. Towards Improvements for Penetrating the Blood–Brain Barrier—Recent Progress from a Material and Pharmaceutical Perspective. *Cells* **2018**, *7*, 24. [[CrossRef](#)]
5. Zhu, Y.; Yang, Y.; Zhou, Z.; Li, G.; Jiang, M.; Zhang, C.; Chen, S. Direct determination of free tryptophan contents in soy sauces and its application as an index of soy sauce adulteration. *Food Chem.* **2010**, *118*, 159–162. [[CrossRef](#)]
6. Shin, H.J.; Park, N.H.; Lee, W.; Choi, M.H.; Chung, B.C.; Hong, J. Metabolic profiling of tyrosine, tryptophan, and glutamate in human urine using gas chromatography–tandem mass spectrometry combined with single SPE cleanup. *J. Chromatogr. B* **2017**, *1051*, 97–107. [[CrossRef](#)]
7. Abdelhamid, H.N.; Bermejo-Gómez, A.; Martín-Matute, B.; Zou, X. A water-stable lanthanide metal-organic framework for fluorimetric detection of ferric ions and tryptophan. *Microchim. Acta* **2017**, *184*, 3363–3371. [[CrossRef](#)] [[PubMed](#)]
8. Özcan, A.; Şahin, Y. A novel approach for the selective determination of tryptophan in blood serum in the presence of tyrosine based on the electrochemical reduction of oxidation product of tryptophan formed in situ on graphite electrode. *Biosens. Bioelectron.* **2012**, *31*, 26–31. [[CrossRef](#)]
9. Deng, K.-Q.; Zhou, J.-H.; Li, X.-F. Direct electrochemical reduction of graphene oxide and its application to determination of L-tryptophan and L-tyrosine. *Colloids Surf. B Biointerfaces* **2013**, *101*, 183–188. [[CrossRef](#)] [[PubMed](#)]
10. Haldorai, Y.; Yeon, S.-H.; Huh, Y.S.; Han, Y.-K. Electrochemical determination of tryptophan using a glassy carbon electrode modified with flower-like structured nanocomposite consisting of reduced graphene oxide and SnO₂. *Sens. Actuators B Chem.* **2017**, *239*, 1221–1230. [[CrossRef](#)]
11. He, Q.; Liu, J.; Liu, X.; Li, G.; Deng, P.; Liang, J. Preparation of Cu₂O-Reduced Graphene Nanocomposite Modified Electrodes towards Ultrasensitive Dopamine Detection. *Sensors* **2018**, *18*, 199. [[CrossRef](#)]
12. He, Q.; Liu, J.; Liu, X.; Li, G.; Deng, P.; Liang, J. Manganese dioxide Nanorods/electrochemically reduced graphene oxide nanocomposites modified electrodes for cost-effective and ultrasensitive detection of Amaranth. *Colloids Surf. B Biointerfaces* **2018**, *172*, 565–572. [[CrossRef](#)] [[PubMed](#)]
13. He, Q.; Liu, J.; Liu, X.; Li, G.; Chen, D.; Deng, P.; Liang, J. A promising sensing platform toward dopamine using MnO₂ nanowires/electro-reduced graphene oxide composites. *Electrochim. Acta* **2019**, *296*, 683–692. [[CrossRef](#)]
14. He, Q.; Wu, Y.; Tian, Y.; Li, G.; Liu, J.; Deng, P.; Chen, D. Facile electrochemical sensor for nanomolar rutin detection based on magnetite nanoparticles and reduced graphene oxide decorated electrode. *Nanomaterials* **2019**, *9*, 115. [[CrossRef](#)] [[PubMed](#)]
15. He, Q.; Liu, J.; Liu, X.; Li, G.; Deng, P.; Liang, J.; Chen, D. Sensitive and selective detection of tartrazine based on TiO₂-electrochemically reduced graphene oxide composite-modified electrodes. *Sensors* **2018**, *18*, 1911. [[CrossRef](#)] [[PubMed](#)]
16. Xie, Z.; Wu, Y.; Kai, S.; Li, G.; Ye, B. A newly competitive electrochemical sensor for sensitive determination of chrysin based on electrochemically activated Ta₂O₅ particles modified carbon paste electrode. *Electroanalysis* **2017**, *29*, 835–842. [[CrossRef](#)]
17. Xie, Z.; Li, G.; Fu, Y.; Sun, M.; Ye, B. Sensitive, simultaneous determination of chrysin and baicalein based on Ta₂O₅-chitosan composite modified carbon paste electrode. *Talanta* **2017**, *165*, 553–562. [[CrossRef](#)] [[PubMed](#)]
18. Akimov, A.V.; Asahi, R.; Jinnouchi, R.; Prezhdo, O.V. What makes the photocatalytic CO₂ reduction on N-doped Ta₂O₅ efficient: Insights from nonadiabatic molecular dynamics. *J. Am. Chem. Soc.* **2015**, *137*, 11517–11525. [[CrossRef](#)] [[PubMed](#)]
19. Sakamoto, H.; Imai, J.; Shiraishi, Y.; Tanaka, S.; Ichikawa, S.; Hirai, T. Photocatalytic dehalogenation of aromatic halides on Ta₂O₅-supported Pt–Pd bimetallic alloy nanoparticles activated by visible light. *ACS Catal.* **2017**, *7*, 5194–5201. [[CrossRef](#)]

20. Gurung, K.; Ncibi, M.C.; Shestakova, M.; Sillanpää, M. Removal of carbamazepine from MBR effluent by electrochemical oxidation (EO) using a Ti/Ta₂O₅-SnO₂ electrode. *Appl. Catal. B Environ.* **2018**, *221*, 329–338. [[CrossRef](#)]
21. Anandan, S.; Pugazhenthiran, N.; Selvamani, T.; Hsieh, S.-H.; Lee, G.-J.; Wu, J.J. Investigation on photocatalytic potential of Au-Ta₂O₅ semiconductor nanoparticle by degrading Methyl Orange in aqueous solution by illuminating with visible light. *Catal. Sci. Technol.* **2012**, *2*, 2502–2507. [[CrossRef](#)]
22. Hummers, W.S., Jr.; Offeman, R.E. Preparation of graphitic oxide. *J. Am. Chem. Soc.* **1958**, *80*, 1339. [[CrossRef](#)]
23. Liu, J.; Wu, Z.; He, Q.; Tian, Q.; Wu, W.; Xiao, X.; Jiang, C. Catalytic Application and Mechanism Studies of Argentic Chloride Coupled Ag/Au Hollow Heterostructures: Considering the Interface Between Ag/Au Bimetals. *Nanoscale Res. Lett.* **2019**, *14*, 35. [[CrossRef](#)] [[PubMed](#)]
24. Liu, J.; Yang, S.; Wu, W.; Tian, Q.; Cui, S.; Dai, Z.; Ren, F.; Xiao, X.; Jiang, C. 3D Flowerlike α -Fe₂O₃@TiO₂ Core-Shell Nanostructures: General Synthesis and Enhanced Photocatalytic Performance. *ACS Sustain. Chem. Eng.* **2015**, *3*, 2975–2984. [[CrossRef](#)]
25. Ye, D.; Luo, L.; Ding, Y.; Liu, B.; Liu, X. Fabrication of Co₃O₄ nanoparticles-decorated graphene composite for determination of L-tryptophan. *Analyst* **2012**, *137*, 2840–2845. [[CrossRef](#)]
26. Fernstrom, J.D.; Wurtman, R. Brain serotonin content: Physiological dependence on plasma tryptophan levels. *Science* **1971**, *173*, 149–152. [[CrossRef](#)] [[PubMed](#)]



© 2019 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<http://creativecommons.org/licenses/by/4.0/>).