Indian J Med Res 142, October 2015, pp 362-365 DOI:10.4103/0971-5916.169191

Commentary

Cancer stem cells in hepatocellular carcinoma

There are currently two major schools of thought or theories that explain the formation of tumours. According to the classical stochastic theory or clonalevolution model of carcinogenesis, it is believed that a cancer cell develops as a random process (*stoʊˈkæstɪk* in Greek, means "guessing" indicating randomness) and thus any cell in the body can undergo the required harmful changes in DNA sequences that culminate in the formation of cancer¹. Eventually there is a clonalselection of cells such that a clonal population of cells forms the cancer. The other model is the cancer stem cell (CSC) or tumour initiating cell (TIC) theory. The cancer stem cells model proposes that tumours are made of a heterogenous cells comprising a small population of cancer stem cells and a bulk of non-cancer stem cells. These cancer stem cells have properties of selfrenewal and differentiation. In this model of cancer biology, the presence of residual CSC gives rise to tumour relapse $1-3$. This is also true for the local intraorgan or distant metastasis, where the CSC in tumour emboli may act as a hidden reservoir of cancer cells and give rise to distant relapse and metastasis $1,2$. Since these cells posses distinct charecteristics and comprise a very small percentage (1-3%) of the total tumour burden^{1,2} and drive tumour development and tumour sustenance, it is logical to believe that identification and subsequent targeted therapy would go a long way in treating malignancies³.

The origin of cancer stem cells has not been identified as yet, although these share several features with normal stem cells. It is not known whether CSCs are the cells that are destined to form CSCs, or whether such cells arise from normal stem cells, or whether these cells are formed as a consequence of genetic alterations in lesser differentiated cells or from mature differentiated cells^{1,2}. As in the case of normal stem cells, distinct morphological features of CSCs have not been identified. Therefore, in view of their phenotypic resemblance, it is difficult to differentiate CSC from other tumour cells under a microscope^{1, 2}. It also appears that both CSC and other tumour cells are regulated by similar signaling pathways such as as BMi1, Hedgehog, bone morphogenetic protein 4 (BMP4), Notch, phosphatase and tensin homolog (PTEN) and Wnt pathways^{1, 3-7}. The CSCs are considered to be resistant to conventional radio- and chemotherapy.

The first evidence of the existence of CSC came from mouse models of leukaemia 50 years ago, and subsequently when it was identified that only a subset of acute myeloid leukaemia (AML) cells were capable of engrafting as AML, when transplanted into an immune compromised host². Thereafter, CSCs have been reported in various tumours in organs such as breast, brain, skin, prostate and colon cancers^{8,9}. It is also known that in some tumours such as colon cancer, the CSCs are rare, while in melanomas these are in $abundance¹⁰⁻¹³$. These findings provided an entirely new pathway for carcinogenesis.

Various markers have been used to identify CSCs. These include Hoechst 33342 dye staining, aldehyde dehydrogenase activity, CD133, CD90, CD44, CD 13, EpCAM, to name a few. The CSCs can be isolated with magnetic columns, fluorescein activated cell sorters or flow cytometers. CSCs can be validated postisolation by identifying tumour sphere formation in cell culture plates or by demonstration of recapitulated phenotype in engrafted tumour following inoculation in immunocompromised mice⁴.

It has also been identified that the CSCs in different organs and different tumours have different phenotypic markers2-5. Al-Hajj *et al*⁸ first isolated the CSCs from breast carcinoma with a phenotype of CD44+CD24-/low. Subsequent studies identified

CD133+ CSC in glioblastoma multiforme⁹, CD138- $CSCs$ in multiple myeloma¹⁰, $CD20+ CSC$ in melanoma⁹, CD44+ CSC in head and neck squamous cell carcinoma¹¹, CD44+EpCAM (epithelial cell adhesion molecule) +CD24+ CSC in pancreatic cancer12, CD44+EpCAM+CD166+ CSC in colorectal carcinoma $(CRC)^{13}$ and $CD44+\alpha\beta133+CSC$ in prostatic carcinoma¹⁴.

It was long debated whether a stem cell exists in the liver where regeneration and restitution of diseased cells is more a matter of hope than reality especially in end-stage liver disease. However, current findings suggest the presence of such progenitor cells. One of the supporting evidences of the presence of hepatic or liver progenitor or stem cells (HPCs/LPCs/ stem cells) is the observation following liver transplantation, when a donor lobe representing 55 to 60 per cent of the liver mass grows to 85 per cent of the original liver mass in the recipient by three months. The presence of LPCs is not only exciting but has helped in understanding the potential role of these cells in congenital metabolic liver disease, end stage liver cirrhosis, in hepatocellular carcinoma (HCC) and in cholangiocarcinoma¹⁵. LPCs have been localized to the canals of Hering and the smallest of intrahepatic biliary radicles. These progenitor cells are capable of differentiation into both hepatocytes and cholangiocytes. Thus LPCs express markers of hepatocytes such as albumin and cytokeratin (CK)7 and of cholangiocytes such as CK19. In addition to these intrahepatic progenitor cells with short term proliferative potential, there is a limited population of progenitor cells of extrahepatic origin from the bone marrow and peripheral blood³.

Studies based on immunophenotyping of HCCs have found that 28 to 50 per cent tumour cells in a HCC express progenitor cell markers such as albumin, CK7 and CK19. Up to 55 per cent of small dysplastic foci were found to contain progenitor and intermediate hepatocytes, expressing both markers of hepatocytes and CK19¹⁵. HCCs that express CK19 are found to have a poor prognosis. In addition to the markers mentioned, CSCs in HCC are also known to express STAT3+, Oct4+, CD34+, CD45+, CD90+, CD44+, c-Kit+, OV6+, CD326 (EpCAM)+, alpha-foetoprotein, *etc.*15-17. CD133 a surface glycoprotein, has also been identified as a CSC marker (expressed in 1-5% of the HCCs)15. Glypican 3 (GPC3) is another sensitive CSC marker identified in CD90+ HCC CSCs¹⁷. There is a considerable overlap in the markers being expressed in a LPC or hepatocyte and cholangiocyte indicating the possible source of CSCs in the liver. Self renewal and pluripotency of CSCs in HCC appar to be regulated by EpCAM signalling, Wnt/ β catenin, Notch, Hedgehog, spalt-like transcription factor 4 (SALL4) signalling pathways, transforming growth factor (TGF)β signaling, micro-RNAs, *etc.*15. Cross-talks between different pathways have been identified and thus EpCAM signaling is known to affect Wnt/ β catenin pathway³.

Matthai and Ramakrishnan 18 in this issue studied the immunohistochemical (IHC) expression of CSC markers, such as EpCAM, CK19 and neural cell adhesion molecule (NCAM, CD56) in 79 surgical specimens of hepatocellular carcinoma and associated their expression patterns with histological parameters, aetiological factors, clinical tumour behaviour and serum tumour markers, such as alfa-foetoprotein (AFP) levels. Around 41.8 per cent cases of HCC were positive for EpCAM and 32.9 per cent cases were positive for CK19. The authors interpret that liver CSCs possibly originate from CK19 positive liver progenitor cells. There was no association of CSC expression with aetiological factors and presence or absence of background cirrhosis. EpCAM expression was associated with younger disease onset, poor tumour differentiation, a high mitotic index, microvascular invasion (MVI) and portal vein thromboembolism (PVT), increased intrahepatic metastasis and significantly higher serum AFP levels. CK19 expression was associated with poor tumour differentiation, MVI and PVT. The authors hence concluded that EpCAM could be used in future as a therapeutic target in HCC¹⁸.

The prognostic significance of several CSC markers have been elucidated in earlier studies. For example, it has been shown that HCC expressing CD34+CD90+CD133+ is more aggressive than that tumours expressing CD90+ and CD133+ alone11-13. A corollary to these observations is the possibility of targeting CSCs as a form of therapy to treat $HCC¹⁹$. Thus, if self-renewing CSCs in a tumour can be targeted and killed, the remaining non-dividing cancer cells can be intervened by other forms of therapy including vascular embolization. The strategy would entail identification of CSCs through markers and their subsequent targeting by appropriate molecules. While the authors of the present study suggest that the expression of EpCAM in CSCs is possibly higher in Indian population than in the West¹⁸, high expression of $EpCAM$ has also been reported from elsewhere^{20,21}. Obviously the identification of these markers would depend on several factors including the sensitivity of the

detection method and the expression of these markers in stem cells. Molecules that target CSCs include those that block various growth and differentiation pathways, those directed against markers, those that alter the microenvironment and those that disrupt CSC protection including resistance to drugs and radiation. Though several examples of such therapy are available in the literature but a majority are experimental²². Anti-EpCAM directed therapies include mouse monoclonal antibody edrecolomab (MoAB 17-1A Panorex®), humanized 3622W94, human engineered ING-1 (inhibitor of growth family, member 1), human monoclonal adecatumumab (MT201) and rat-mouse hybrid bi-specific (both anti-EpCAM and anti-CD3) trifuntional monoclonal catumaxomab (Removab ®)23. Of these, catumaxomab, approved for use in the European Union in Aprl 2009, has been used to treat malignant ascites and epithelial cancers24. Adecatumumab has been used in trials related to treatment of breast and prostate cancers and edrecolomab in colorectal cancers with lymph node metastasis²⁵. None have been used in HCCs. The sonic Hedgehog pathway can be suppressed by siRNA (small interfering RNA), which not only decreases tumour cell proliferation, but also chemosensitizes the cells to 5-fluorouracil (5-FU) and induces cell apoptosis²⁶.

Though HCC has been extensively studied and is one of the cancers that has a vaccine against one of its aetiological agents (hepatitis B virus), the process of hepatic carcinoma development is complex. It needs to be seen whether directed therapy following detection of an isolated CSC marker would yield results comparable to mult-line therapy against several cell molecules with or without conventional chemotherapeutic agents. The possibilities are exciting and the identification of cancer stem cells, their markers and eventual targeted therapies herald an era of immense hope in the management of cancers in future.

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