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substantial experience of ICUs with venovenous ECMO (defined by the authors as at least 30 cases annually) was found to increase survival to 60%. Thus, centralisation of venovenous ECMO to dedicated high-volume expert units should be pursued, making mobile ECMO teams essential for realising this objective. Second, ventilatory management in the current study was derived from EOLIA. Although EOLIA is the best available randomised controlled trial on the use of ECMO versus protective conventional ventilation, it did not study the best mode of ventilation on ECMO. A driving pressure of 13 cm H<sub>2</sub>O and a respiratory frequency of 20 breaths per min, as observed in the current study, will still place substantial mechanical power on a severely injured lung. Further investigation into different modes of mechanical ventilation during ECMO is needed to analyse whether the often observed pronounced reduction of pulmonary compliance with diffuse alveolar damage and risk of fibrotic change can be lessened. Anticoagulation will need to be individualised and adapted to different stages of COVID-19. In addition, a positive preliminary experience of combined cardiorespiratory support, applied from the start of ECMO in these patients, is interesting and promising.<sup>11</sup>

Finally, we do not know whether experience from the first wave can be transferred to the cases that follow. Almost all patients who now develop refractory respiratory failure have been pretreated with remdesivir and steroids, and have often remained on high-flow nasal oxygen or non-invasive ventilation for extended periods of time. Not uncommonly, severe hypercapnia with stiff lungs has become a leading problem necessitating ECMO.

In conclusion, to be able to combat COVID-19 lung failure successfully in the future, continuing supraregional interdisciplinary cooperation will be needed, as shown convincingly in the Greater Paris area. Still, thorough ongoing investigations are required

and all the aforementioned aspects underline the clear need for more in-depth analysis of patient profiles, response to ECMO support, and, particularly, the careful assessment of treatment failures. Is the appalling death rate in this pandemic unavoidably due to overwhelming and unpreventable disease-related complications, or will optimised management and growing experience eventually overcome SARS-CoV-2? These questions remain to be answered.

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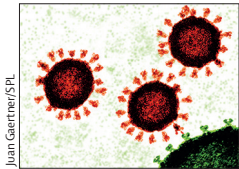
## RAS inhibition and COVID-19: more questions than answers?



Since the beginning of the COVID-19 pandemic and the first reports of an increased mortality among patients with COVID-19 treated for hypertension, the potential role of renin-angiotensin system (RAS) blockers on the

severity of the disease has been questioned.<sup>12</sup> Although RAS blockers have been associated with better outcomes in pneumonia models, they might also upregulate the expression of angiotensin-converting

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enzyme 2 (ACE2) receptor, which acts as a co-receptor for human cell infection by SARS-CoV-2 through the binding with the spike protein.<sup>3-5</sup> Following neutral and reassuring large observational studies and meta-analyses, two randomised trials have been done and published: the BRACE CORONA and the REPLACE COVID trials.<sup>6,7</sup> Both studies concluded an absence of effect of chronic RAS blockade on the course of COVID-19, as previously observed in observational studies.

The Stopping ACE-inhibitors in COVID-19 (ACEI-COVID19) trial by Bauer and colleagues, published in the *Lancet Respiratory Medicine*, is the third randomised study evaluating the risk and benefit of RAS blockers discontinuation on the severity of COVID-19.<sup>8</sup> This trial is specific in its inclusion of an older population who have comorbidities such as overweight, chronic obstructive pulmonary disease, hypertension, and heart failure. This was not intended by the design, but it rather reflects the characteristics of the patients admitted to hospital during the first waves of the disease in Europe. The raw results on the primary endpoint of this well-conducted study confirm the two previous trials: there is no effect of RAS blockers on the severity and evolution of the disease up to 30 days. In this high-risk population, exposed to a high mortality rate (one of ten patients died during the study period), there was no difference in mortality between the two groups. However, it would be overly simplistic to label this trial as negative or neutral on the basis of only the primary endpoint analysis. Bauer and colleagues underline that, after its peak, the mean sequential organ failure assessment scores in the discontinuation group decreased more rapidly and reached lower values than in the continuation group. They, therefore, suggest that discontinuation might lead to a faster and better recovery among these older, high-risk patients with COVID-19.

This conclusion should be interpreted with great caution, considering that it derives from secondary analyses in a study that did not meet its primary endpoint. Are these findings falsely positive? This is not the first time that a negative study has revealed positive findings in secondary outcomes or analyses.<sup>9</sup> The ASCOT-BPLA trial (amlodipine-based regimen vs atenolol-based regimen for the treatment of hypertension), is a famous example of such discrepancies. In the ASCOT-BPLA trial, the primary composite outcome (non-fatal myocardial

infarction and coronary heart disease related death) did not reach significance, but almost all secondary outcomes, including all cause death, and non-fatal and fatal stroke, were significantly reduced by amlodipine.<sup>10</sup> The results of these secondary endpoints were considered as plausible, consistent within the study and across previous trials, and to be based on a strong rationale.

However, the same considerations cannot fully apply to the results of the ACEI-COVID trial: first, the secondary endpoints did not confirm any previous data from other non-randomised or randomised studies; second there is slender plausibility and no clear explanation for these results; third they derive from a small sample size study with insufficient power and inflation of the risk alpha. Thus, they should be considered for what they are: hypothesis generating, requiring confirmation and, should not be used to guide a clinical decision of RAS blockers discontinuation without more evidence. Although there is no safety signal in the discontinuation group, the risk of RAS blockers discontinuation is well known and the follow-up was probably too short to detect any difference in the adverse events rate between the two groups.<sup>11,12</sup>

Nevertheless, the ACEI-COVID study raises several key questions. Why might older patients have a benefit of discontinuation that younger patients do not have? Is it related to the kidney function or blood pressure control, or to the severity of lung damage, or to the expression ACE2 in this population? Is there a protective effect of calcium channel blockers (which have been used as a replacement therapy) on COVID-19? Why do the patients with COPD have a particular benefit from ACE discontinuation, when the use of RAS blockers in patients with COPD was associated with improved outcomes in observational studies before the COVID-19 era<sup>13</sup>?

The ACEI-COVID study adds more data to the existing evidence showing that RAS blockers should not be systematically discontinued in patients with COVID-19, but it leaves us also with more questions than answers.

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## A leap forward in assessing host-directed therapies for tuberculosis

With advances in diagnostic accuracy and therapeutic efficacy, 85% of people with pulmonary tuberculosis are successfully treated.<sup>1</sup> Despite favourable microbiological outcomes, long-term sequelae are common, including lung scarring leading to reduced pulmonary function and chronic respiratory symptoms.<sup>2,3</sup> Certain pulmonary function tests, such as FEV<sub>1</sub>, correlate with long-term mortality,<sup>4</sup> yet few tuberculosis treatment trials have included lung function as a primary efficacy outcome.<sup>5</sup> Host-directed therapy, administered concurrently with standard tuberculosis therapy, could mitigate inflammation contributing to lung damage.<sup>6</sup>

We do not yet know which host-directed agents provide benefit for patients with tuberculosis, and there is no clear consensus on appropriate biomarkers, study endpoints, or agent selection criteria for trials investigating these therapies.<sup>7</sup> In a phase 2 trial reported in *The Lancet Respiratory Medicine*, Robert S Wallis and colleagues<sup>8</sup> evaluated the safety and efficacy of four candidate host-directed therapies (CC-11050, everolimus, auranofin, and ergocalciferol)

plus rifabutin-substituted standard tuberculosis therapy compared with standard therapy alone.<sup>8</sup> Rifabutin was substituted for rifampicin to avoid drug interactions with everolimus and CC-11050. This trial recruited patients with a high baseline bacillary load and moderately advanced or far advanced radiographic disease. Such individuals have poor outcomes and might have the most to gain from effective host-directed therapies if, in fact, damage is—at least in part—reversible.<sup>9</sup>

Compared with control, CC-11050 and everolimus significantly increased FEV<sub>1</sub> (as a percentage of predicted) at day 180 (6.30%, 95% CI 0.06–12.54; p=0.048; and 6.56%, 0.18–12.95; p=0.044). Although a 6% increase in FEV<sub>1</sub> might seem modest, it is equivalent to an increase of 200 mL and is considerably higher than the difference deemed clinically relevant in trials of chronic obstructive pulmonary disease.<sup>10</sup> Auranofin and ergocalciferol did not show benefit. Furthermore, auranofin was associated with two treatment-attributable serious adverse events, comprising one death (due to intra-abdominal sepsis)



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