

γ Peptide Nucleic Acid-Based miR-122 Inhibition Rescues Vascular Endothelial Dysfunction in Mice Fed a High-Fat Diet

Ravinder Reddy Gaddam,[§] Karishma Dhuri,[§] Young-Rae Kim, Julia S. Jacobs, Vikas Kumar, Qiuxia Li, Kaikobad Irani, Raman Bahal,* and Ajit Vikram*



exposure to γ P-122-I did not change the overall adiposity, or histology of the kidney, liver, and heart. Thus, γ P-122-I rescues endothelial dysfunction without any evidence of toxicity *in vivo* and demonstrates the suitability of γ PNA technology in generating efficient and safer miR inhibitors.

INTRODUCTION

Hypertension is a common impediment in patients with type 2 diabetes, and both diabetes and hypertension are individually associated with increased risk of cardiovascular events.¹ Patients with diabetes are at higher risk of nondipping hypertension²⁻⁴ and heart/kidney failure.⁵⁻¹² Current treatment approaches fail to decrease unwanted cardiovascular outcomes in these patients.^{13,14} In patients with diabetes, the risk of hypertension is preceded and predicted by endothelial dysfunction.¹⁵ One promising approach to effectively combat endothelial dysfunction involves targeting microRNAs (miRs).¹⁶ Specifically, miR-122-5p (miR-122) is considered a target because of its increased levels in patients with diabetes and/or obesity,¹⁷⁻²³ which correlates with severity of cardiovascular disorders.^{24–27} miR-122 is primarily expressed in the liver and released into the blood.^{28–30} Its release into the blood is increased in the contexts of obesity, non alcoholic fatty liver disease, and liver toxicity.^{31,32} We recently demonstrated that in endothelial cells, miR-122 regulates expression of the proinflammatory miR-204, a molecule that promotes vascular endothelial dysfunction.³³ Also, a recent report established that the inhibition of miR-122 prevents atherosclerosis in ApoE^{-/-} mice, which are hypercholesterolemic and spontaneously develop atherosclerosis.³⁴ Therefore, we postulate that the systemic inhibition of miR-122 will prevent the development of endothelial dysfunction.

miR inhibitors are DNA analogues that consist of either a natural negatively charged phosphodiester backbone (conventional) or a modified phosphodiester backbone.³⁵ The negatively charged backbones of inhibitors interact nonspecifically with proteins, prolonging their half-lives and leading to adverse outcomes because of nonspecific accumulation in the tissues.^{36–38} The inhibitors with chemically modified phosphodiester backbone are superior, demonstrating robust enzymatic stability and higher binding affinity.³⁹ Among these, peptide nucleic acids (PNAs) have gained substantial attention as potential miR inhibitors in recent years.⁴⁰ PNAs are synthetic DNA mimics in which the phosphodiester backbone is replaced with a N-(2-aminoethyl) glycine backbone,⁴¹ are enzymatically stable, and have a high binding affinity for target sites.⁴² Although the charge neutrality of PNAs has the benefit of reducing their nonspecific interactions with serum proteins, these early (classical) forms have the disadvantages of being poorly soluble in water. Because of this limitation, the classical PNAs did not progress as the molecules

Received: November 3, 2021 Published: February 8, 2022





pubs.acs.org/jmc

Article

Figure 1. Binding of γ P-122-I to miR-122. (A) Chemical structures of DNA, PNA, and γ PNA oligomers containing nucleobases (A, T, and C). In γ PNA, the diethylene glycol group is included at the γ position. (B) Sequences of miR-122-5p, γ P-122-I, and γ P-SC. All nucleobases in γ P-122-I and γ P-SC were γ modified. (C) Gel-shift assay assessing miR-122 (1 μ M) binding by γ P-122-I over a range of concentrations. Bands were visualized using SyBr gold stain. (D) Melting temperatures (T_m) of heteroduplexes of miR-122 with C-122-I and γ P-122-I. The panels above show the typical melting curves for each. n = 3. ***p < 0.001 vs C-122-I. Data are shown as mean, and error bars represent the standard error of the mean (SEM). C-122-I; Commercially available miR-122 inhibitor.



Figure 2. Effects of γ P-122-I on the expression of HIF-1 α . (A–C) Effects of 3 day application of a C-122-I and γ P-122-I at 62.5 nmol kg⁻¹ (0.25 and 0.5 mg kg⁻¹, respectively) on HIF-1 α expression in the kidney (A,B) and liver (A,C). n = 3-4, ×20 fields. (D) Effects of 14 day administration of γ P-122-I (1.25 μ mol kg⁻¹) on HIF-1 α expression in the aorta, kidney, and liver. (E–G) Quantification of HIF-1 α in aorta (E), kidney (F), and liver (G). n = 3-9, ×20 fields. *p < 0.05, **p < 0.01, and ***p < 0.001 vs indicated group. The scale bar represents 20 μ m. Data shown as mean and error bars represent SEM.

of choice.^{38,39,43-45} The next-generation PNAs that include modification at the γ -position of the nucleobase, known as γ PNAs, form preorganized helical structures by engaging γ position of the backbone as the stereogenic center.⁴⁶ This preorganization confers even stronger binding affinity for the target RNA than that of the classical PNAs.⁴⁷ A second improvement in γ PNAs is that they contain diethylene glycol units, which increase their solubility and hence their biocompatibility.⁴⁸ In prior studies, we established that γ PNAs have improved water solubility and increased binding affinity for target RNA sites. In addition, yPNAs neither aggregate nor adhere to proteins nonspecifically.^{49,50} Collectively, the features of the γ PNA—a charge-neutral backbone, high water solubility, and a high binding affinity for miRsmake them excellent candidates for gene targeting and editingbased applications.^{49,50} yPNAs have been established as effective tools in several biological and biomedical applications:

genetic barcoding,⁵¹ nanotechnology-mediated delivery,⁵² gene editing,^{53–56} and gene targeting.^{57,58} However, the γ PNA technology has not been tested for generating miR inhibitors that inhibit cardiovascular disorders.

Here, we tested the effectiveness of the γ PNA technology in inhibiting miR-122 activity and rescuing endothelial dysfunction in prediabetic mice. Our results demonstrate that a γ PNAbased miR-122 inhibitor efficiently inhibits miR-122, improves glycemic control and endothelial dysfunction in prediabetic mice, and is safe in short- and long-term use.

RESULTS

Design and Characterization of \gammaP-122-I. To test the effectiveness in targeting miR-122, we designed and synthesized both miR-122-targeting and scrambled control γ PNA oligomers. The γ -modified nucleobases contained diethylene glycol at the γ position. To improve the solubility of PNA and



Figure 3. Effects of systemic administration of γ P-122-I on HFD-triggered defects in glucose tolerance and endothelial function. (A) Schematic showing the timing of HFD feeding, treatment with γ P-SC and γ P-122-I, and termination of the experiment. It was created with BioRender.com. (B,C) Effects of γ P-122-I (0.25 μ mol kg⁻¹ or 5 mg kg⁻¹) on HFD-triggered upregulation of miR-122 in the serum (B, n = 4-9) and aorta (C, n = 3-6). (D) Effects of γ P-122-I on HFD-triggered impairment of acetylcholine-induced vasorelaxation of aortic rings that had been precontracted (treatment with phenylephrine: 10^{-6} M). n(N) = 6(2)-18(6). (E) Effects of γ P-122-I on HFD-triggered impairment of acetylcholine-induced vasorelaxation of aortic rings that had been precontracted to equal tension (2.7 mN; treatment with phenylephrine). n(N) = 8(2)-14(6). (F) Effects of γ P-122-I on sodium-nitroprusside (SNP)-induced vasorelaxation of precontracted (treatment with phenylephrine: 10^{-6} M) aortic rings. n(N) = 8(2)-24(6). The replicate for (D)–(F) is shown as n(N), where n is the aortic ring number and N is the mice number. (G,H) Effects of treatment with γ P-122-I on the random blood glucose level (G) and glucose disposal during intraperitoneal glucose tolerance tests (H). n = 4-8. (I) Quantitation of the area under the curve (AUC) in (H). n = 5-10. Regression analysis data for XY plots were used to determine the significance of the difference. *p < 0.05, **p < 0.01, and ***p < 0.001 vs indicated group. Data are shown as mean, and error bars represent SEM. PE, phenylephrine; Ach, acetylcholine; and mN, millinewtons.

its binding to miR-122, we appended lysine to both the 5' and 3' ends of γ PNA, based on our prior study showing that lysine increases the binding affinity of PNAs.³³ We synthesized diethylene glycol-containing γ PNA-based miR-122 inhibitors (Figure 1A,B, γ P-122-I) and scrambled controls (Figure 1B, γ P-SC). γ PNAs were synthesized using established solid-phase protocols,⁵⁹ and their quality was determined by high-performance liquid chromatography (HPLC) and matrix-assisted laser desorption/ionization (MALDI) spectrometry (Figure S1). We next determined the binding of γ P-122-I with miR-122 by gel-shift assay and found that the amount of miR-122 bound by γ P-122-I was dependent on the concentration of the latter (Figure 1C). The binding affinity of γ P-122-I for

miR-122 was analyzed by thermal denaturation of heteroduplexes formed between the inhibitor and miR-122. For comparison, we also evaluated the denaturation of heteroduplexes formed from a commercially available miR-122 inhibitor (C-122-I) and the same target construct. We found that the temperature at which γ P-122-I:miR-122 heteroduplexes were denatured was significantly higher ($T_{\rm m} = 95 \pm 0.2$ °C) than that at which this occurred for C-122-I:miR-122 heteroduplexes ($T_{\rm m} = 66 \pm 0.8$ °C) (Figure 1D).

Our rationale for developing γ P-122-I is based on its anticipated biocompatibility, which depends on its lower nonspecific tissue retention. We thus evaluated the effects of this inhibitor on the hepatic and renal expression of the miR-



Figure 4. Effects of γ P-122-I on HFD-triggered vascular inflammation. (A) As assessed by quantitative polymerase chain reaction (qPCR), the effect of γ P-122-I on HFD-triggered upregulation of aortic TNF- α expression. n = 4. (B,C) Effect of γ P-122-I on HFD-triggered infiltration of CD45-positive cells in the aortic wall (B) and its quantification (C). (magnification ×40). L, lumen. n = 7. *p < 0.05 vs indicated group. Data are shown as mean, and the error bar represents SEM.

122 target HIF-1 α (a surrogate marker of miR-122 inhibition).^{60,61} Male mice were injected with either γ P-122-I or C-122-I (62.5 nmol kg⁻¹) for 3 days, and then HIF-1 α expression was assessed. We found that γ P-122-I had less effect than C-122-I on HIF-1 α expression in the kidney (Figure 2A,B). At this dose, we did not observe an increase in HIF-1 α expression in the liver with either γ P-122-I or C-122-I (Figure 2A,C). As the liver expresses 100-1000-fold more miR-122 than serum, the vasculature, and the kidney,²⁸ we reasoned that this dose and the duration of treatment (γ P-122-I or C-122-I) were inadequate to change HIF-1 α . Thus, we tested γ P-122-I at a higher dose (1.25 μ mol kg⁻¹) and for a longer duration (14 days). This led to an increase in HIF-1 α in aorta and kidney but still failed to induce a significant change in the liver (Figure 2D-G). The biodistribution of γ P-122-I was determined using TAMRA-tagged yP-122-I. We found that following intraperitoneal injection, its concentration peaks in serum and urine at 0.5 and 2 h, respectively (Figure S2).

 γ P-122-I Rescues Endothelial Dysfunction in Mice Fed an HFD. A calorie-rich diet leads to impaired glycemic control that resembles the early stages of diabetes.^{62,63} Similarly, mice kept on an HFD for 8 weeks develop significant impairment of endothelium-dependent (acetylcholine-mediated) vascular relaxation and glycemic control.^{33,64} Here, we used this prediabetic mouse model to investigate the effects of γ P-122-I on endothelial function. We treated HFD-fed mice with γ P-122-I at 0.25 μ mol kg⁻¹ (5 mg kg⁻¹) for 6 weeks beginning 2 weeks after the dietary intervention (Figure 3A). Mice fed a normal diet (ND) and HFD-fed mice that received saline or γ P-SC served as controls. Feeding of the HFD led to a significant increase in serum and vascular levels of miR-122, and this effect was significantly inhibited in HFD-fed mice that received yP-122-I (Figure 3B,C). We assessed endotheliumdependent (acetylcholine-mediated) vascular relaxation of aortic rings precontracted by treatment with phenylephrine (PE, 10^{-6} M). Aortic rings isolated from HFD-fed mice receiving saline or γ P-SC (positive controls) had impaired endothelial function relative to those from mice on the ND and receiving saline (negative controls). The HFD-fed mice receiving γ P-122-I displayed significant recovery of endothelial dysfunction (Figure 3D). As diabetic conditions per se affect the contractility of blood vessels, we additionally measured the effects of γ P-122-I on the acetylcholine-dependent vascular relaxation of aortic rings that were contracted to equal tension $(2.7 \pm 0.15 \text{ mN})$. We found that in the aorta isolated from the mice receiving γ P-122-I, the relaxation was significantly improved (Figure 3E). Sodium nitroprusside (SNP) is a nitric oxide donor and induces endothelium-independent vaso-

relaxation. In contrast to acetylcholine-induced vasorelaxation, SNP-induced vasorelaxation did not differ in HFD-fed mice receiving γ P-SC or γ P-122-I, suggesting that γ P-122-I improves endothelial function (Figure 3F). Next, we ascertained the effect of γ P-122-I on glycemic control and found that it significantly improved random serum glucose levels and blood glucose disposal during the intraperitoneal glucose tolerance test (IPGTT) (Figure 3G-I). We also noticed a significant reduction in body weight but no change in the overall adiposity in HFD-fed mice receiving yP-122-I (Figure S3A,B). In diabetes and obesity, PPAR- α is a target for controlling glycemia and metabolic dysregulation,^{65,66} and miR-122 can regulate PPAR- α .⁶⁷ Therefore, we measured the effect of γ P-122-I on hepatic PPAR- α and found that it decreases the HFDinduced PPAR- α upregulation in the HFD-fed mice (Figure S3C). The endothelial dysfunction in HFD-fed mice is associated with vascular inflammation. Therefore, we assessed the effect of γ P-122-I on vascular inflammation and found that it reduced an HFD-triggered increase in the aortic expression of TNF- α (Figure 4A). CD45 is a marker of hematopoietic cells, and the increased frequency of CD45-positive cells suggests that at least one inflammatory cell type was activated.⁶⁸ Staining of aortic sections for CD45 revealed a significant reduction in the frequency of CD45-positive cells in the aortic wall of γ P-122-I-treated versus saline-treated HFDfed mice (Figure 4B,C). The inflammation could also be mitigated by improving glycemic control and a decrease in body weight, contributing to endothelial dysfunction rescue. To determine the endothelial contribution to the endothelial function of HFD-fed mice treated with the miR-122 inhibitor, we assessed the effects of miR-122 inhibition on eNOS and ERK1/2 in vitro under hyperglycemic conditions. The hyperglycemic conditions decrease eNOS^{69,70} and increase ERK1/2 activation.^{71,72} We found that hyperglycemia (25) mmol L^{-1} , 24 h) increases eNOS expression but decreases its activation (p-eNOS) in human umbilical vein endothelial cells (HUVECs), the effect that was partially reversed by the miR-122 inhibition (Figure S4). No significant difference in either expression or activation of ERK1/2 in HUVECS under hyperglycemic conditions was observed, and neither was it affected by the miR-122 inhibition (Figure S4).

In Vivo Toxicity of γ P-122-I. To determine the *in vivo* safety of γ P-122-I, we measured its acute (24 h) effects, at the dose of 0.25 μ mol kg⁻¹, on the complete blood count (CBC) and assessed the blood levels of biochemical indicators of liver and kidney functions. Acute exposure to γ P-122-I was not associated with an appreciable difference relative to the control, in terms of white blood cell (WBC) counts, red



Figure 5. Acute effects of γ P-122-I on complete blood counts and on liver and kidney enzyme levels in the blood. (A) White blood cells (WBC), red blood cells (RBC), hemoglobin (HGB), hematocrit (HCT), mean corpuscular volume (MCV), and mean corpuscular hemoglobin concentration (MCHC) levels in the blood of mice that had received either saline or γ P-122-I, at 24 h (0.25 μ mol kg⁻¹) postadministration. *n* = 6. (B) Levels of aspartate aminotransferase (AST), alanine aminotransferase (ALT), alkaline phosphatase (AP), lactate dehydrogenase (LDH), blood urea nitrogen (BUN), and creatinine in blood from mice that had received either saline or γ P-122-I at 24 h (0.25 μ mol kg⁻¹) postadministration. *n* = 6. Data are shown as mean and the error bar represents SEM.



Figure 6. Long-term effects of γ P-122-I on tissue histology. Photomicrographs showing hematoxylin and eosin-stained histological sections of kidneys, livers, and hearts of ND-fed mice receiving saline, HFD-fed mice receiving saline, HFD-fed mice receiving γ P-SC, and HFD-fed mice receiving γ P-122-I. The mice fed an HFD for 8 weeks and were treated with γ P-122-I or γ P-SC for 6 weeks (0.25 μ mol kg⁻¹) beginning 2 weeks after the dietary intervention.

blood cell (RBC) counts, hemoglobin (HGB) levels, hematocrit (HCT), mean corpuscular volume (MCV), and mean corpuscular hemoglobin concentration (MCHC) (Figure 5A). In addition, the acute exposure of γ P-122-I was not associated with significant differences relative to the salinetreated group in terms of liver and kidney functions, as indicated by the levels of aspartate aminotransferase, alanine aminotransferase, alkaline phosphatase, lactate dehydrogenase, blood urea nitrogen, and creatinine (Figure 5B).

Next, we determined the long-term (6 weeks) effects of γP -122-I at the dose of 0.25 μ mol kg⁻¹ day⁻¹ on body weight gain, adiposity, and organ histology (liver, kidney, and heart). We found that the HFD significantly increased body weight and was not affected by the administration of γP -SC for 6 weeks. However, HFD-fed mice that received γ P-122-I were slightly leaner than HFD-fed mice that received γ P-SC or saline (Figure S3A). The HFD feeding increased adiposity, which was not affected by either γ P-SC or γ P-122-I (Figure S3B). We compared hematoxylin and eosin-stained histological sections of kidney, liver, and heart from ND-fed mice receiving saline, HFD-fed mice receiving saline, HFD-fed mice receiving γ P-SC, and HFD-fed mice receiving γ P-122-I. In the cases of kidney and heart, no histological differences were detected across these experimental groups (Figure 6). The liver of HFD-fed mice had a high frequency of vacuolation, a sign of fat deposition. However, the liver of HFD-fed mice treated with γ P-122-I was histologically not different compared to that of HFD-fed mice treated with either saline or γ P-SC (Figure 6).

Article

DISCUSSION

In prior studies, inhibiting miR-122 in the context of the hepatitis C virus showed promise. $^{73-78}$ However, the miR-122 inhibitor (RG-101) developed by Regulus Technologies was put on clinical hold due to the development of jaundice.^{76,79} Further, studies in hepatocellular carcinoma patients and mice lacking miR-122 raised concern over the long-term effects of inhibiting miR-122 on hepatic function.⁸⁰⁻⁸² In general, the moderate efficacy of previous miR-targeted inhibitors and the associated adverse effects are the critical roadblocks in developing miR therapeutics. Other concerns associated with using miR inhibitors for clinical applications are their moderate efficacy and adverse effects. The latter include prolonging the activated partial thromboplastin time (aPTT; time it takes for clotting to occur), activating the complement cascade, and nonspecific accumulation in tissues. The aPTT depends on the plasma concentration of oligonucleotides and is not clinically significant, as its impact can be weakened by optimizing the delivery regimen.^{83–85} The time of complement cascade activation cannot be predicted based on the properties of an miR inhibitor and must be determined for each. However, the accumulation of nucleic acid analogues, which depends on their negative charges, prolongs the half-life (2-4 weeks) and contributes to adverse outcomes.^{37,86,87} yPNA-based inhibitors provide new avenues for developing miR therapeutics for clinical translation. Indeed, one such inhibitor effectively targets miR-210 for cancer therapy.⁸⁸ Previous studies employing metabolic and cytokine analyses support the *in vivo* biocompatibility of γ PNAs.^{51,57,88} However, little progress has been made in targeting miRs for cardiometabolic disorders. Our observation shows that neither the short (24 h)- nor long (6 week)-term exposure of γ P-122-I is toxic (Figures 5 and 6) supports the biocompatibility of γ PNAs.

 γ PNAs are highly resistant to cleavage by nucleases and proteases, which are highly substrate specific, and thus, they are not degraded inside the cell and form a highly stable duplex.⁸⁹ Prior studies established that, on average, adding each γ modified nucleobase in the PNA increases the thermal binding of a PNA-RNA duplex by 5 °C.40 The thermal denaturation temperature of duplexes was significantly higher when γ P-122-I, versus C-122-I, bound to miR-122, supporting the expectation that the affinity of γ P-122-I for miR-122 is stronger (Figure 1D). miR-122 is found in the serum with argonaute2, the main component of the RNA-induced silencing complex, and can be internalized by neuropilin-1-expressing endothelial cells.⁹⁰⁻⁹² It promotes endothelial cell apoptosis and is a risk factor for endothelial dysfunction.⁹³⁻⁹⁵ A recent report shows that the inhibition of miR-122 prevents atherosclerosis in ApoE^{-/-} mice.³⁴ Here, we observed that the systemic administration of yP-122-I rescued endothelial dysfunction and improved glycemic control. The experimental and clinical studies show a positive association between serum miR-122 and hyperglycemia.^{20,33,67,96} Recently, we found that miR-122 regulates the expression of proinflammatory miR-204 in vascular endothelial cells.³³ miR-204 is highly expressed in vascular endothelial cells,^{33,64} pancreatic β -cells,^{97,98} and cardiomyocytes.⁹⁹ The inhibition or genetic deletion of miR-204 improves endothelial function and glycemic control despite obesity in the genetically diabetic db/db mice.^{33,100} Castaño et al. reported that the systemic administration of serum exosomes isolated from obese mice overexpressed miR-122 and promoted obesity and glucose intolerance in the lean

mice by regulating PPAR- α in the epididymal white adipose tissue.⁶⁷ Further, the HFD-fed mice overexpress PPAR- α in liver,⁶⁵ and those lacking PPAR- α are protected from HFDinduced hyperglycemia.⁶⁶ We also noted that γ P-122-I reversed HFD-induced increase in PPAR- α levels in the liver. Therefore, the effects of miR-122 inhibition on miR-204 and PPAR- α are the potential mechanism through which γ P-122-I improves the endothelial function and glycemic control in HFD-fed mice. As superior glycaemic control can itself improve endothelial function,¹⁰¹ it is possible that the observed γP -122-I-associated improvement in endothelial function is a consequence of a combination of miR-122 inhibition in the aorta and improved glycemic control. The high glucose condition decreases eNOS activation.^{69,70} Our results show that miR-122 inhibition partially rescues a high-glucose-induced increase in the eNOS expression and a decrease in the eNOS activation in HUVECs (Figure S4), supporting that improvement in endothelial function by miR-122 inhibition at least in part contributes to the improved endothelial function.

In conclusion, these results show that the γ PNA-based miR-122 inhibitor γ P-122-I improves vascular endothelial function and glycemic control without showing any evidence of toxicity *in vivo*. The overarching inference of this study is that the γ PNA technology can be employed to generate nextgeneration miR inhibitors that are efficient and safer.

EXPERIMENTAL SECTION

General Experiments. Institutional Animal Care and Use Committee of the University of Iowa approved animal experiments and were performed according to National Institutes of Health (NIH) guidelines. All mice were maintained in a pathogen-free environment at the University of Iowa. C57BL/6 mice aged 8–16 weeks were used for the experiments. Eight-week-old mice were fed an HFD (TD.88137, Envigo, IN; containing 21.2% (w/w) fat, 48.5% (w/w) carbohydrate, 17.3% (w/w) protein, and 0.2% (w/w) cholesterol) for 8 weeks, and 2 weeks after this diet was initiated, they were injected with either γ P-122-I or γ P-SC (5 mg kg⁻¹ day⁻¹, intraperitoneal route) for 6 weeks. Age-matched ND-fed mice serve as controls. All compounds that were *in vivo* tested (γ P-122-I and γ P-SC) were >95% pure by HPLC (Figure S1). The area under the curve for single peaks from RP-HPLC traces for γ PNA oligomers and the absence of any failure sequences ensure that γ PNAs are >95% pure.

Design and Synthesis of γ P-SC and γ P-122-I. *tert*-Butyloxycarbonyl (BOC)-protected diethylene glycol γ monomers were used for yP-122-I were procured from ASM Research Chemicals (Hannover, Germany). The monomers were vacuum-dried prior to the start of solid-phase synthesis. Approximately 100 mg of lysineloaded resin was soaked in dichloromethane (DCM) for 5 h in a reaction vessel. DCM was drained, and the resin was deprotected using a mixture of trifluoroacetic acid and m-cresol for 5 min. This deprotection step was repeated twice, followed by washing the resin with DCM and N,N-dimethylformamide (DMF). The monomer was dissolved in a coupling solution comprising 0.2 M N-methyl pyrrolidone (NMP), 0.52 M di-isopropylethylamine (DIEA), and 0.39 M o-benzotriazole-N,N,N',N'-tetramethyl-uroniumhexafluorophosphate (HBTU). The coupling solution was added to the reaction vessel and rocked for 2 h. The resin was capped using a capping solution (mixture of NMP, pyridine, and acetic anhydride) and then washed with DCM (8x). The entire process was repeated until the last monomer was added. 5-Carboxytetramethylrhodamine (TAMRA) was conjugated to the N terminus of yP-122 I. yPNA was cleaved from the resin using a cleavage cocktail (thioanisole, mcresol, TMFSA, TFA (1:1:2:6)), and the vessel was rocked for 1.5 h. The *γ*PNA was then collected and precipitated using diethyl ether, centrifuged at 3500 rpm for 5 min, washed with diethyl ether twice, and vacuum-dried. yPNA were purified by HPLC and its absorbance was measured by Nanodrop (Thermofisher Scientific, MA). The

extinction coefficients of the individual monomers used to calculate the PNA concentration were 6600 M^{-1} cm⁻¹ (C), 13 700 M^{-1} cm⁻¹ (A), 8600 M^{-1} cm⁻¹ (T), and 11 700 M^{-1} cm⁻¹ (G).

Vascular Reactivity. Vascular reactivity was determined as previously described.³³ Briefly, aortic rings (thoracic aorta,1.5-2.0 mm wide) were placed in an ice-cold oxygenated (95% $O_2/5\%$ CO_2) Krebs-Ringer bicarbonate solution. The rings were placed in oxygenated organ bath filled with the KB solution. The organ baths were maintained at 37 $\,^{\circ}\text{C}.$ Each ring was suspended in a myograph system (DMT Instruments, FL). The extent of endotheliumdependent vasorelaxation was determined by generating doseresponse curves to acetylcholine (Ach, $10^{-9}-10^{-5}$ M) on aortic rings that had been precontracted by administering isotonic or isometric phenylephrine (PE, 10^{-6} M). Endothelium-independent vasorelaxation was determined by creating dose-response curves to SNP on aortic rings that had been precontracted with PE (10^{-6} M) . Vasorelaxation (elicited by acetylcholine and SNP) was represented as a percentage of relaxation, calculated by dividing the inhibition ratio by the precontracted tension. Aortic rings that did not react to KCl or demonstrated autorelaxation were eliminated.

Cell Culture. Human umbilical vein endothelial cells (Cat. No. CC-2519) were procured from Lonza (Mapleton, IL) and cultured in EGM-2 (Walkersville, MD) supplemented with growth factor. Cells were treated with high glucose (25 mM) for 24 h to simulate hyperglycemic conditions. As an osmolarity control, mannitol (25 mM) was utilized.

qPCR. RNA was isolated using Trizol. miRs and RNAs were converted to cDNA using the qScript microRNA cDNA Synthesis Kit (Quanta bio). qPCR for miR-122 and TNF- α was performed using the SYBR Green RT-qPCR Kit, and 18S rRNA was used as an internal control. Serum miR levels were quantified using a constant amount of serum (200 μ L).

Gel-Shift Assays. miR-122 was incubated with PNAs (150 mM KCl, 2 mM MgCl₂, 10 mM Na₃PO₄; pH 7.4) at 37 °C in a thermal cycler (T100, Bio-Rad, Hercules, CA) for 18 h. Samples were then separated on a 10% nondenaturing polyacrylamide gel using 1× tris/ borate/EDTA buffer (1× TBE). After electrophoresis, the gels were stained with SYBR Gold (Invitrogen) in 1× TBE buffer for 2 min and imaged using a Gel-Doc EZ imager (Bio-Rad, Hercules, CA).

Histological Processing and Immunostaining. The sections of formalin-fixed paraffin-embedded tissues were heated (95 °C) for 20 min in citrate buffer, followed by incubation with primary antibodies. For immunofluorescence experiments, anti-HIF- α (Thermofisher-MA1–516) and anti-CD45 (BD Pharmigen-610297) antibodies were used. Images were captured using Zeiss LSM 510. The histological sections were 5 μ m thick and were stained using hematoxylin and eosin, and the images were captured using the Olympus microscope (BX-61).

Measurement of Body Weight and Blood Glucose Levels and Performance of Intraperitoneal GTT. The body weight and blood glucose levels in ND, HFD-saline, HFD- γ P-SC, and HFD- γ P-122-I mice were measured at regular intervals (every 2 weeks). The mice fasted for 6 h, and their fasting blood glucose levels were measured. For IPGTT, the mice were injected intraperitoneally with glucose solution (2 g/kg) 6 h after fasting, and glucose levels were measured at 30, 60, 90, and 120 min time points after glucose injection. The white adipose tissue (epididymal, WAT) and brown adipose tissue (interscapular, BAT) were collected and weighed. Adiposity was calculated as the combined weight of WAT and BAT per 100 g of body weight.

Statistical Analysis. GraphPad Prism was used for the statistical analysis (version 9.1). To establish the significance of the difference between the two groups, the *t*-test was performed. For multiple comparisons, ANOVA was utilized, and Tukey's test was used for posthoc analysis. Nonlinear regression was used to assess the significance of the difference between the two vascular relaxation curves. The results were presented as mean \pm SEM and were considered significant if *p* values were <0.05.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at https://pubs.acs.org/doi/10.1021/acs.jmedchem.1c01831.

Purity and identification of γ P-SC, γ P-122-I, and TAMRA γ P-122-I by HPLC and MALDI (Figure S1), time-dependent changes in TAMRA- γ P-122-I levels (Figure S2), effect of γ P-122-I on body weight, adiposity, and PPAR- α expression (Figure S3), and effect of miR-122 inhibition on eNOS and ERK1/2 expression and activation under hyperglycemic conditions (Figure S4) (PDF)

AUTHOR INFORMATION

Corresponding Authors

- Raman Bahal Department of Pharmaceutical Sciences, University of Connecticut, Storrs, Connecticut 06269, United States; orcid.org/0000-0002-5943-4861; Email: raman.bahal@uconn.edu
- Ajit Vikram Department of Internal Medicine, Carver College of Medicine University of Iowa, Iowa City, Iowa 52242, United States; orcid.org/0000-0003-3724-3842; Phone: 319-335-2153; Email: ajit-vikram@uiowa.edu

Authors

- Ravinder Reddy Gaddam Department of Internal Medicine, Carver College of Medicine University of Iowa, Iowa City, Iowa 52242, United States
- Karishma Dhuri Department of Pharmaceutical Sciences, University of Connecticut, Storrs, Connecticut 06269, United States
- Young-Rae Kim Department of Internal Medicine, Carver College of Medicine University of Iowa, Iowa City, Iowa 52242, United States
- Julia S. Jacobs Department of Internal Medicine, Carver College of Medicine University of Iowa, Iowa City, Iowa 52242, United States
- Vikas Kumar Department of Pharmaceutical Sciences, University of Connecticut, Storrs, Connecticut 06269, United States
- Qiuxia Li Department of Internal Medicine, Carver College of Medicine University of Iowa, Iowa City, Iowa 52242, United States
- Kaikobad Irani Department of Internal Medicine, Carver College of Medicine University of Iowa, Iowa City, Iowa 52242, United States

Complete contact information is available at: https://pubs.acs.org/10.1021/acs.jmedchem.1c01831

Author Contributions

[§]R.R.G. and K.D. contributed equally to this work. K.D. and V.K. synthesized the γ P-SC and γ P-122-I and performed quality control analysis using HPLC and MALDI. K.D. performed the acute safety studies. R.R.G., Y.R.K., Q.L., and J.S.J. performed animal studies. A.V., K.I., and R.B. designed the research and analyzed the data. R.R.G., K.D., R.B., and A.V. prepared the first draft of the manuscript. The final version of the manuscript is approved by all authors.

Notes

The authors declare no competing financial interest.

ACKNOWLEDGMENTS

AHA Career Development Award and AHA COVID-19 supplement to A.V. (18CDA34080125) and an AHA postdoctoral fellowship award to R.R.G. (828081) supported this work. The graphical abstract, TOC image, and Figure 3A were created with BioRender.com.

ABBREVIATIONS USED

CBC, complete blood count; HCT, hematocrit; HFD, High-fat diet; HGB, hemoglobin; HPLC, high-performance liquid chromatography; MALDI, Matrix-assisted laser desorption/ ionization; MCHC, mean corpuscular hemoglobin concentration; MCV, mean corpuscular volume; γ PNA, γ -peptide nucleic acid; RBC, red blood cells; SNP, sodium nitroprusside; WBC, white blood cells

REFERENCES

(1) Katayama, S.; Hatano, M.; Issiki, M. Clinical Features and Therapeutic Perspectives on Hypertension in Diabetics. *Hypertens. Res.* **2018**, *41*, 213–229.

(2) Equiluz-Bruck, S.; Schnack, C.; Kopp, H. P.; Schernthaner, G. Nondipping of Nocturnal Blood Pressure Is Related to Urinary Albumin Excretion Rate in Patients with Type 2 Diabetes Mellitus. *Am. J. Hypertens.* **1996**, *9*, 1139–1143.

(3) Lurbe, A.; Redon, J.; Pascual, J. M.; Tacons, J.; Alvarez, V.; Batlle, D. C. Altered Blood Pressure During Sleep in Normotensive Subjects with Type I Diabetes. *Hypertension* **1993**, *21*, 227–235.

(4) Senador, D.; Kanakamedala, K.; Irigoyen, M. C.; Morris, M.; Elased, K. M. Cardiovascular and Autonomic Phenotype of Db/Db Diabetic Mice. *Exp. Physiol.* **2009**, *94*, 648–658.

(5) Amar, J.; Vernier, I.; Rossignol, E.; Bongard, V.; Arnaud, C.; Conte, J. J.; Salvador, M.; Chamontin, B. Nocturnal Blood Pressure and 24-Hour Pulse Pressure Are Potent Indicators of Mortality in Hemodialysis Patients. *Kidney Int.* **2000**, *57*, 2485–2491.

(6) Draman, M. S.; Dolan, E.; van der Poel, L.; Tun, T. K.; McDermott, J. H.; Sreenan, S.; O'Brien, E. The Importance of Night-Time Systolic Blood Pressure in Diabetic Patients: Dublin Outcome Study. J. Hypertens. **2015**, 33, 1373–1377.

(7) Lurbe, E.; Redon, J.; Kesani, A.; Pascual, J. M.; Tacons, J.; Alvarez, V.; Batlle, D. Increase in Nocturnal Blood Pressure and Progression to Microalbuminuria in Type 1 Diabetes. *N. Engl. J. Med.* **2002**, 347, 797–805.

(8) Oh, S. W.; Han, S. Y.; Han, K. H.; Cha, R. H.; Kim, S.; Yoon, S. A.; Rhu, D. R.; Oh, J.; Lee, E. Y.; Kim, D. K.; Kim, Y. S.; on behalf of the APrODiTe investigators. Morning Hypertension and Night Non-Dipping in Patients with Diabetes and Chronic Kidney Disease. *Hypertens. Res.* **2015**, *38*, 889–894.

(9) Ohkubo, T.; Imai, Y.; Tsuji, I.; Nagai, K.; Watanabe, N.; Minami, N.; Kato, J.; Kikuchi, N.; Nishiyama, A.; Aihara, A.; Sekino, M.; Satoh, H.; Hisamichi, S. Relation between Nocturnal Decline in Blood Pressure and Mortality. The Ohasama Study. *Am. J. Hypertens.* **1997**, *10*, 1201–1207.

(10) Sturrock, N. D.; George, E.; Pound, N.; Stevenson, J.; Peck, G. M.; Sowter, H. Non-Dipping Circadian Blood Pressure and Renal Impairment Are Associated with Increased Mortality in Diabetes Mellitus. *Diabet. Med.* **2000**, *17*, 360–364.

(11) Verdecchia, P.; Porcellati, C.; Schillaci, G.; Borgioni, C.; Ciucci, A.; Battistelli, M.; Guerrieri, M.; Gatteschi, C.; Zampi, I.; Santucci, A.; Santucci, C.; Reboldi, G. Ambulatory Blood Pressure. An Independent Predictor of Prognosis in Essential Hypertension. *Hypertension* **1994**, *24*, 793–801.

(12) Verdecchia, P.; Schillaci, G.; Gatteschi, C.; Zampi, I.; Battistelli, M.; Bartoccini, C.; Porcellati, C. Blunted Nocturnal Fall in Blood Pressure in Hypertensive Women with Future Cardiovascular Morbid Events. *Circulation* **1993**, *88*, 986–992.

(13) Sasaki, N.; Ozono, R.; Edahiro, Y.; Ishii, K.; Seto, A.; Okita, T.; Teramen, K.; Fujiwara, S.; Kihara, Y. Impact of Non-Dipping on Cardiovascular Outcomes in Patients with Obstructive Sleep Apnea Syndrome. *Clin. Exp. Hypertens.* **2015**, *37*, 449–453.

(14) Alqudsi, M.; Hiremath, S.; Velez, J. C. Q. Review - Current Opinion in Cardiology Hypertension in Chronic Kidney Disease. *Curr. Opin. Cardiol.* **2020**, *35*, 360–367.

(15) Parsamanesh, N.; Asghari, A.; Sardari, S.; Tasbandi, A.; Jamialahmadi, T.; Xu, S.; Sahebkar, A. Resveratrol and Endothelial Function: A Literature Review. *Pharmacol. Res.* **2021**, *170*, No. 105725.

(16) Fernández-Hernando, C.; Suarez, Y. Micrornas in Endothelial Cell Homeostasis and Vascular Disease. *Curr. Opin. Hematol.* **2018**, 25, 227–236.

(17) Prats-Puig, A.; Ortega, F. J.; Mercader, J. M.; Moreno-Navarrete, J. M.; Moreno, M.; Bonet, N.; Ricart, W.; Lopez-Bermejo, A.; Fernandez-Real, J. M. Changes in Circulating Micrornas Are Associated with Childhood Obesity. *J. Clin. Endocrinol. Metab.* **2013**, *98*, E1655–E1660.

(18) Marzano, F.; Faienza, M. F.; Caratozzolo, M. F.; Brunetti, G.; Chiara, M.; Horner, D. S.; Annese, A.; D'Erchia, A. M.; Consiglio, A.; Pesole, G.; Sbisa, E.; Inzaghi, E.; Cianfarani, S.; Tullo, A. Pilot Study on Circulating Mirna Signature in Children with Obesity Born Small for Gestational Age and Appropriate for Gestational Age. *Pediatr. Obes.* **2018**, *13*, 803–811.

(19) Ortega, F. J.; Mercader, J. M.; Catalan, V.; Moreno-Navarrete, J. M.; Pueyo, N.; Sabater, M.; Gomez-Ambrosi, J.; Anglada, R.; Fernandez-Formoso, J. A.; Ricart, W.; Fruhbeck, G.; Fernandez-Real, J. M. Targeting the Circulating Microrna Signature of Obesity. *Clin. Chem.* **2013**, *59*, 781–792.

(20) Wang, R.; Hong, J.; Cao, Y.; Shi, J.; Gu, W.; Ning, G.; Zhang, Y.; Wang, W. Elevated Circulating Microrna-122 Is Associated with Obesity and Insulin Resistance in Young Adults. *Eur. J. Endocrinol.* **2015**, *172*, 291–300.

(21) Gillet, V.; Ouellet, A.; Stepanov, Y.; Rodosthenous, R. S.; Croft, E. K.; Brennan, K.; Abdelouahab, N.; Baccarelli, A.; Takser, L. Mirna Profiles in Extracellular Vesicles from Serum Early in Pregnancies Complicated by Gestational Diabetes Mellitus. *J. Clin. Endocrinol. Metab.* **2019**, *104*, 5157–5169.

(22) Pastukh, N.; Meerson, A.; Kalish, D.; Jabaly, H.; Blum, A. Serum Mir-122 Levels Correlate with Diabetic Retinopathy. *Clin. Exp. Med.* **2019**, *19*, 255–260.

(23) Regmi, A.; Liu, G.; Zhong, X.; Hu, S.; Ma, R.; Gou, L.; Zafar, M. I.; Chen, L. Evaluation of Serum Micrornas in Patients with Diabetic Kidney Disease: A Nested Case-Controlled Study and Bioinformatics Analysis. *Med. Sci. Monit.* **2019**, *25*, 1699–1708.

(24) Li, X.; Yang, Y.; Wang, L.; Qiao, S.; Lu, X.; Wu, Y.; Xu, B.; Li, H.; Gu, D. Plasma Mir-122 and Mir-3149 Potentially Novel Biomarkers for Acute Coronary Syndrome. *PLoS One* **2015**, *10*, No. e0125430.

(25) Corsten, M. F.; Dennert, R.; Jochems, S.; Kuznetsova, T.; Devaux, Y.; Hofstra, L.; Wagner, D. R.; Staessen, J. A.; Heymans, S.; Schroen, B. Circulating Microrna-208b and Microrna-499 Reflect Myocardial Damage in Cardiovascular Disease. *Circ.: Cardiovasc. Genet.* 2010, 3, 499–506.

(26) Gao, W.; He, H. W.; Wang, Z. M.; Zhao, H.; Lian, X. Q.; Wang, Y. S.; Zhu, J.; Yan, J. J.; Zhang, D. G.; Yang, Z. J.; Wang, L. S. Plasma Levels of Lipometabolism-Related Mir-122 and Mir-370 Are Increased in Patients with Hyperlipidemia and Associated with Coronary Artery Disease. *Lipids Health Dis.* **2012**, *11*, No. 55.

(27) Novák, J.; Olejnickova, V.; Tkacova, N.; Santulli, G. Mechanistic Role of Micrornas in Coupling Lipid Metabolism and Atherosclerosis. *Adv. Exp. Med. Biol.* **2015**, *887*, 79–100.

(28) Ludwig, N.; Leidinger, P.; Becker, K.; Backes, C.; Fehlmann, T.; Pallasch, C.; Rheinheimer, S.; Meder, B.; Stahler, C.; Meese, E.; Keller, A. Distribution of Mirna Expression across Human Tissues. *Nucleic Acids Res.* **2016**, *44*, 3865–3877.

(29) Huang, X.; Yuan, T.; Tschannen, M.; Sun, Z.; Jacob, H.; Du, M.; Liang, M.; Dittmar, R. L.; Liu, Y.; Liang, M.; Kohli, M.; Thibodeau, S. N.; Boardman, L.; Wang, L. Characterization of Human Plasma-Derived Exosomal Rnas by Deep Sequencing. BMC Genomics 2013, 14, No. 319.

(30) Willeit, P.; Skroblin, P.; Kiechl, S.; Fernandez-Hernando, C.; Mayr, M. Liver Micrornas: Potential Mediators and Biomarkers for Metabolic and Cardiovascular Disease? *Eur. Heart J.* **2016**, *37*, 3260– 3266.

(31) Brandt, S.; Roos, J.; Inzaghi, E.; Kotnik, P.; Kovac, J.; Battelino, T.; Cianfarani, S.; Nobili, V.; Colajacomo, M.; Kratzer, W.; Denzer, C.; Fischer-Posovszky, P.; Wabitsch, M. Circulating Levels of Mir-122 and Nonalcoholic Fatty Liver Disease in Pre-Pubertal Obese Children. *Pediatr. Obes.* **2018**, *13*, 175–182.

(32) Vliegenthart, A. D.; Shaffer, J. M.; Clarke, J. I.; Peeters, L. E.; Caporali, A.; Bateman, D. N.; Wood, D. M.; Dargan, P. I.; Craig, D. G.; Moore, J. K.; Thompson, A. I.; Henderson, N. C.; Webb, D. J.; Sharkey, J.; Antoine, D. J.; Park, B. K.; Bailey, M. A.; Lader, E.; Simpson, K. J.; Dear, J. W. Comprehensive Microrna Profiling in Acetaminophen Toxicity Identifies Novel Circulating Biomarkers for Human Liver and Kidney Injury. *Sci. Rep.* **2015**, *5*, No. 15501.

(33) Gaddam, R. R.; Jecobsen, V. P.; Kim, Y. R.; Kumar, S.; Gabani, M.; Jacobs, J. S.; Dhuri, K.; Kassan, M.; Li, Q.; Bahal, R.; Roghair, R.; Irani, K.; Vikram, A. Microbiota-Governed Microrna-204 Impairs Endothelial Function and Blood Pressure Decline During Inactivity in Db/Db Mice. *Sci. Rep.* **2020**, No. 10065.

(34) Wu, X.; Du, X.; Yang, Y.; Liu, X.; Liu, X.; Zhang, N.; Li, Y.; Jiang, X.; Jiang, Y.; Yang, Z. Inhibition of Mir-122 Reduced Atherosclerotic Lesion Formation by Regulating Npas3-Mediated Endothelial to Mesenchymal Transition. *Life Sci.* **2021**, *265*, No. 118816.

(35) Lima, J. F.; Cerqueira, L.; Figueiredo, C.; Oliveira, C.; Azevedo, N. F. Anti-Mirna Oligonucleotides: A Comprehensive Guide for Design. *RNA Biol.* **2018**, *15*, 338–352.

(36) Roberts, T. C.; Langer, R.; Wood, M. J. A. Advances in Oligonucleotide Drug Delivery. *Nat. Rev. Drug Discovery* **2020**, *19*, 673–694.

(37) Geary, R. S.; Norris, D.; Yu, R.; Bennett, C. F. Pharmacokinetics, Biodistribution and Cell Uptake of Antisense Oligonucleotides. *Adv. Drug Delivery Rev.* **2015**, *87*, 46–51.

(38) McMahon, B. M.; Mays, D.; Lipsky, J.; Stewart, J. A.; Fauq, A.; Richelson, E. Pharmacokinetics and Tissue Distribution of a Peptide Nucleic Acid after Intravenous Administration. *Antisense Nucleic Acid Drug Dev.* **2002**, *12*, 65–70.

(39) Dhuri, K.; Bechtold, C.; Quijano, E.; Pham, H.; Gupta, A.; Vikram, A.; Bahal, R. Antisense Oligonucleotides: An Emerging Area in Drug Discovery and Development. *J. Clin. Med.* **2020**, *9*, No. 2004. (40) Quijano, E.; Bahal, R.; Ricciardi, A.; Saltzman, W. M.; Glazer, P.

M. Therapeutic Peptide Nucleic Acids: Principles, Limitations, and Opportunities. Yale J. Biol. Med. 2017, 90, 583-598.

(41) Hyrup, B.; Nielsen, P. E. Peptide Nucleic Acids (Pna): Synthesis, Properties and Potential Applications. *Bioorg. Med. Chem.* **1996**, *4*, 5–23.

(42) Pellestor, F.; Paulasova, P. The Peptide Nucleic Acids (Pnas), Powerful Tools for Molecular Genetics and Cytogenetics. *Eur. J. Hum. Genet.* **2004**, *12*, 694–700.

(43) Egholm, M.; Buchardt, O.; Christensen, L.; Behrens, C.; Freier, S. M.; Driver, D. A.; Berg, R. H.; Kim, S. K.; Norden, B.; Nielsen, P. E. Pna Hybridizes to Complementary Oligonucleotides Obeying the Watson-Crick Hydrogen-Bonding Rules. *Nature* **1993**, *365*, 566–568. (44) Nielsen, P. E.; Egholm, M.; Berg, R. H.; Buchardt, O. Sequence-Selective Recognition of DNA by Strand Displacement with a Thymine-Substituted Polyamide. *Science* **1991**, *254*, 1497–1500.

(45) Demidov, V. V.; Potaman, V. N.; Frank-Kamenetskii, M. D.; Egholm, M.; Buchard, O.; Sonnichsen, S. H.; Nielsen, P. E. Stability of Peptide Nucleic Acids in Human Serum and Cellular Extracts. *Biochem. Pharmacol.* **1994**, *48*, 1310–1313.

(46) Yeh, J. I.; Shivachev, B.; Rapireddy, S.; Crawford, M. J.; Gil, R. R.; Du, S.; Madrid, M.; Ly, D. H. Crystal Structure of Chiral Gammapna with Complementary DNA Strand: Insights into the Stability and Specificity of Recognition and Conformational Preorganization. J. Am. Chem. Soc. 2010, 132, 10717–10727.

(47) Crawford, M. J.; Rapireddy, S.; Bahal, R.; Sacui, I.; Ly, D. H. Effect of Steric Constraint at the Gamma-Backbone Position on the Conformations and Hybridization Properties of Pnas. *J. Nucleic Acids* **2011**, 2011, No. 652702.

(48) Sahu, B.; Sacui, I.; Rapireddy, S.; Zanotti, K. J.; Bahal, R.; Armitage, B. A.; Ly, D. H. Synthesis and Characterization of Conformationally Preorganized, (R)-Diethylene Glycol-Containing Gamma-Peptide Nucleic Acids with Superior Hybridization Properties and Water Solubility. J. Org. Chem. 2011, 76, 5614–5627.

(49) He, G.; Rapireddy, S.; Bahal, R.; Sahu, B.; Ly, D. H. Strand Invasion of Extended, Mixed-Sequence B-DNA by Γpnas. J. Am. Chem. Soc. **2009**, 131, 12088–12090.

(50) Sahu, B.; Sacui, I.; Rapireddy, S.; Zanotti, K. J.; Bahal, R.; Armitage, B. A.; Ly, D. H. Synthesis and Characterization of Conformationally Preorganized, (R)-Diethylene Glycol-Containing Γ -Peptide Nucleic Acids with Superior Hybridization Properties and Water Solubility. J. Org. Chem. **2011**, 76, 5614–5627.

(51) Singer, A.; Rapireddy, S.; Ly, D. H.; Meller, A. Electronic Barcoding of a Viral Gene at the Single-Molecule Level. *Nano Lett.* **2012**, *12*, 1722–1728.

(52) Kumar, S.; Pearse, A.; Liu, Y.; Taylor, R. E. Modular Self-Assembly of Gamma-Modified Peptide Nucleic Acids in Organic Solvent Mixtures. *Nat. Commun.* **2020**, *11*, No. 2960.

(53) Bahal, R.; Ali McNeer, N.; Quijano, E.; Liu, Y.; Sulkowski, P.; Turchick, A.; Lu, Y. C.; Bhunia, D. C.; Manna, A.; Greiner, D. L.; Brehm, M. A.; Cheng, C. J.; Lopez-Giraldez, F.; Ricciardi, A.; Beloor, J.; Krause, D. S.; Kumar, P.; Gallagher, P. G.; Braddock, D. T.; Mark Saltzman, W.; Ly, D. H.; Glazer, P. M. In Vivo Correction of Anaemia in Beta-Thalassemic Mice by Gammapna-Mediated Gene Editing with Nanoparticle Delivery. *Nat. Commun.* **2016**, *7*, No. 13304.

(54) Bahal, R.; Quijano, E.; McNeer, N. A.; Liu, Y.; Bhunia, D. C.; Lopez-Giraldez, F.; Fields, R. J.; Saltzman, W. M.; Ly, D. H.; Glazer, P. M. Single-Stranded Gammapnas for in Vivo Site-Specific Genome Editing Via Watson-Crick Recognition. *Curr. Gene Ther.* **2014**, *14*, 331–342.

(55) Ricciardi, A. S.; Bahal, R.; Farrelly, J. S.; Quijano, E.; Bianchi, A. H.; Luks, V. L.; Putman, R.; Lopez-Giraldez, F.; Coskun, S.; Song, E.; Liu, Y.; Hsieh, W. C.; Ly, D. H.; Stitelman, D. H.; Glazer, P. M.; Saltzman, W. M. In Utero Nanoparticle Delivery for Site-Specific Genome Editing. *Nat. Commun.* **2018**, *9*, No. 2481.

(56) McNeer, N. A.; Anandalingam, K.; Fields, R. J.; Caputo, C.; Kopic, S.; Gupta, A.; Quijano, E.; Polikoff, L.; Kong, Y.; Bahal, R.; Geibel, J. P.; Glazer, P. M.; Saltzman, W. M.; Egan, M. E. Correction of F508del Cftr in Airway Epithelium Using Nanoparticles Delivering Triplex-Forming Pnas. *Nat. Commun.* **2015**, No. 6952.

(57) Kaplan, A. R.; Pham, H.; Liu, Y.; Oyaghire, S.; Bahal, R.; Engelman, D. M.; Glazer, P. M. Ku80-Targeted Ph-Sensitive Peptide-Pna Conjugates Are Tumor Selective and Sensitize Cancer Cells to Ionizing Radiation. *Mol. Cancer Res.* **2020**, *18*, 873–882.

(58) Thomas, S. M.; Sahu, B.; Rapireddy, S.; Bahal, R.; Wheeler, S. E.; Procopio, E. M.; Kim, J.; Joyce, S. C.; Contrucci, S.; Wang, Y.; Chiosea, S. I.; Lathrop, K. L.; Watkins, S.; Grandis, J. R.; Armitage, B. A.; Ly, D. H. Antitumor Effects of Egfr Antisense Guanidine-Based Peptide Nucleic Acids in Cancer Models. ACS Chem. Biol. 2013, 8, 345–352.

(59) Manna, A.; Rapireddy, S.; Bahal, R.; Ly, D. H. Minipeg-Gammapna. *Methods Mol. Biol.* **2014**, *1050*, 1–12.

(60) Csak, T.; Bala, S.; Lippai, D.; Satishchandran, A.; Catalano, D.; Kodys, K.; Szabo, G. Microrna-122 Regulates Hypoxia-Inducible Factor-1 and Vimentin in Hepatocytes and Correlates with Fibrosis in Diet-Induced Steatohepatitis. *Liver Int.* **2015**, *35*, 532–541.

(61) Zhao, L.; Ma, R.; Zhang, L.; Yuan, X.; Wu, J.; He, L.; Liu, G.; Du, R. Inhibition of Hif-1a-Mediated Tlr4 Activation Decreases Apoptosis and Promotes Angiogenesis of Placental Microvascular Endothelial Cells During Severe Pre-Eclampsia Pathogenesis. *Placenta* **2019**, *83*, 8–16.

(62) Schwingshackl, L.; Hoffmann, G. Comparison of the Long-Term Effects of High-Fat V. Low-Fat Diet Consumption on Cardiometabolic Risk Factors in Subjects with Abnormal Glucose Metabolism: A Systematic Review and Meta-Analysis. Br. J. Nutr. 2014, 111, 2047–2058.

(63) Mozaffarian, D. Dietary and Policy Priorities for Cardiovascular Disease, Diabetes, and Obesity: A Comprehensive Review. *Circulation* **2016**, *133*, 187–225.

(64) Vikram, A.; Kim, Y. R.; Kumar, S.; Li, Q.; Kassan, M.; Jacobs, J. S.; Irani, K. Vascular Microrna-204 Is Remotely Governed by the Microbiome and Impairs Endothelium-Dependent Vasorelaxation by Downregulating Sirtuin1. *Nat. Commun.* **2016**, *7*, No. 12565.

(65) Patsouris, D.; Reddy, J. K.; Muller, M.; Kersten, S. Peroxisome Proliferator-Activated Receptor Alpha Mediates the Effects of High-Fat Diet on Hepatic Gene Expression. *Endocrinology* **2006**, 147, 1508–1516.

(66) Guerre-Millo, M.; Rouault, C.; Poulain, P.; Andre, J.; Poitout, V.; Peters, J. M.; Gonzalez, F. J.; Fruchart, J. C.; Reach, G.; Staels, B. Ppar-Alpha-Null Mice Are Protected from High-Fat Diet-Induced Insulin Resistance. *Diabetes* **2001**, *50*, 2809–2814.

(67) Castaño, C.; Kalko, S.; Novials, A.; Parrizas, M. Obesity-Associated Exosomal Mirnas Modulate Glucose and Lipid Metabolism in Mice. *Proc. Natl. Acad. Sci. U.S.A.* **2018**, *115*, 12158–12163.

(68) Schwenger, K. J. P.; Chen, L.; Chelliah, A.; Da Silva, H. E.; Teterina, A.; Comelli, E. M.; Taibi, A.; Arendt, B. M.; Fischer, S.; Allard, J. P. Markers of Activated Inflammatory Cells Are Associated with Disease Severity and Intestinal Microbiota in Adults with Nonalcoholic Fatty Liver Disease. *Int. J. Mol. Med.* **2018**, *42*, 2229– 2237.

(69) Chen, J.; Zhang, W.; Xu, Q.; Zhang, J.; Chen, W.; Xu, Z.; Li, C.; Wang, Z.; Zhang, Y.; Zhen, Y.; Feng, J.; Chen, J.; Chen, J. Ang-(1-7) Protects Huvecs from High Glucose-Induced Injury and Inflammation Via Inhibition of the Jak2/Stat3 Pathway. *Int. J. Mol. Med.* **2018**, *41*, 2865–2878.

(70) Mazrouei, S.; Sharifpanah, F.; Caldwell, R. W.; Franz, M.; Shatanawi, A.; Muessig, J.; Fritzenwanger, M.; Schulze, P. C.; Jung, C. Regulation of Map Kinase-Mediated Endothelial Dysfunction in Hyperglycemia Via Arginase I and Enos Dysregulation. *Biochim. Biophys. Acta, Mol. Cell Res.* **2019**, *1866*, 1398–1411.

(71) Giurdanella, G.; Lupo, G.; Gennuso, F.; Conti, F.; Furno, D. L.; Mannino, G.; Anfuso, C. D.; Drago, F.; Salomone, S.; Bucolo, C. Activation of the Vegf-a/Erk/Pla2 Axis Mediates Early Retinal Endothelial Cell Damage Induced by High Glucose: New Insight from an in Vitro Model of Diabetic Retinopathy. *Int. J. Mol. Sci.* 2020, 21, No. 7528.

(72) Taniguchi, K.; Xia, L.; Goldberg, H. J.; Lee, K. W.; Shah, A.; Stavar, L.; Masson, E. A.; Momen, A.; Shikatani, E. A.; John, R.; Husain, M.; Fantus, I. G. Inhibition of Src Kinase Blocks High Glucose-Induced Egfr Transactivation and Collagen Synthesis in Mesangial Cells and Prevents Diabetic Nephropathy in Mice. *Diabetes* **2013**, *62*, 3874–3886.

(73) van der Ree, M. H.; de Vree, J. M.; Stelma, F.; Willemse, S.; van der Valk, M.; Rietdijk, S.; Molenkamp, R.; Schinkel, J.; van Nuenen, A. C.; Beuers, U.; Hadi, S.; Harbers, M.; van der Veer, E.; Liu, K.; Grundy, J.; Patick, A. K.; Pavlicek, A.; Blem, J.; Huang, M.; Grint, P.; Neben, S.; Gibson, N. W.; Kootstra, N. A.; Reesink, H. W. Safety, Tolerability, and Antiviral Effect of Rg-101 in Patients with Chronic Hepatitis C: A Phase 1b, Double-Blind, Randomised Controlled Trial. *Lancet* **2017**, *389*, 709–717.

(74) Janssen, H. L.; Reesink, H. W.; Lawitz, E. J.; Zeuzem, S.; Rodriguez-Torres, M.; Patel, K.; van der Meer, A. J.; Patick, A. K.; Chen, A.; Zhou, Y.; Persson, R.; King, B. D.; Kauppinen, S.; Levin, A. A.; Hodges, M. R. Treatment of Hcv Infection by Targeting Microrna. *N. Engl. J. Med.* **2013**, *368*, 1685–1694.

(75) van der Ree, M. H.; van der Meer, A. J.; de Bruijne, J.; Maan, R.; van Vliet, A.; Welzel, T. M.; Zeuzem, S.; Lawitz, E. J.; Rodriguez-Torres, M.; Kupcova, V.; Wiercinska-Drapalo, A.; Hodges, M. R.; Janssen, H. L.; Reesink, H. W. Long-Term Safety and Efficacy of Microrna-Targeted Therapy in Chronic Hepatitis C Patients. *Antiviral Res.* **2014**, *111*, 53–59.

(76) Deng, Y.; Campbell, F.; Han, K.; Theodore, D.; Deeg, M.; Huang, M.; Hamatake, R.; Lahiri, S.; Chen, S.; Horvath, G.; Manolakopoulos, S.; Dalekos, G. N.; Papatheodoridis, G.; Goulis, I.; Banyai, T.; Jilma, B.; Leivers, M. Randomized Clinical Trials Towards a Single-Visit Cure for Chronic Hepatitis C: Oral Gsk2878175 and Injectable Rg-101 in Chronic Hepatitis C Patients and Long-Acting Injectable Gsk2878175 in Healthy Participants. *J. Viral Hepatitis* **2020**, *27*, 699–708.

(77) Stelma, F.; van der Ree, M. H.; Sinnige, M. J.; Brown, A.; Swadling, L.; de Vree, J. M. L.; Willemse, S. B.; van der Valk, M.; Grint, P.; Neben, S.; Klenerman, P.; Barnes, E.; Kootstra, N. A.; Reesink, H. W. Immune Phenotype and Function of Natural Killer and T Cells in Chronic Hepatitis C Patients Who Received a Single Dose of Anti-Microrna-122, Rg-101. *Hepatology* **2017**, *66*, 57–68.

(78) Lanford, R. E.; Hildebrandt-Eriksen, E. S.; Petri, A.; Persson, R.; Lindow, M.; Munk, M. E.; Kauppinen, S.; Orum, H. Therapeutic Silencing of Microrna-122 in Primates with Chronic Hepatitis C Virus Infection. *Science* **2010**, *327*, 198–201.

(79) Jones, D. Setbacks Shadow Microrna Therapies in the Clinic. *Nat. Biotechnol.* **2018**, *36*, 909–910.

(80) Tsai, W. C.; Hsu, P. W.; Lai, T. C.; Chau, G. Y.; Lin, C. W.; Chen, C. M.; Lin, C. D.; Liao, Y. L.; Wang, J. L.; Chau, Y. P.; Hsu, M. T.; Hsiao, M.; Huang, H. D.; Tsou, A. P. Microrna-122, a Tumor Suppressor Microrna That Regulates Intrahepatic Metastasis of Hepatocellular Carcinoma. *Hepatology* **2009**, *49*, 1571–1582.

(81) Tsai, W. C.; Hsu, S. D.; Hsu, C. S.; Lai, T. C.; Chen, S. J.; Shen, R.; Huang, Y.; Chen, H. C.; Lee, C. H.; Tsai, T. F.; Hsu, M. T.; Wu, J. C.; Huang, H. D.; Shiao, M. S.; Hsiao, M.; Tsou, A. P. Microrna-122 Plays a Critical Role in Liver Homeostasis and Hepatocarcinogenesis. *J. Clin. Invest.* **2012**, *122*, 2884–2897.

(82) Hsu, S. H.; Wang, B.; Kota, J.; Yu, J.; Costinean, S.; Kutay, H.; Yu, L.; Bai, S.; La Perle, K.; Chivukula, R. R.; Mao, H.; Wei, M.; Clark, K. R.; Mendell, J. R.; Caligiuri, M. A.; Jacob, S. T.; Mendell, J. T.; Ghoshal, K. Essential Metabolic, Anti-Inflammatory, and Anti-Tumorigenic Functions of Mir-122 in Liver. J. Clin. Invest. 2012, 122, 2871–2883.

(83) Advani, R.; Lum, B. L.; Fisher, G. A.; Halsey, J.; Geary, R. S.; Holmlund, J. T.; Kwoh, T. J.; Dorr, F. A.; Sikic, B. I. A Phase I Trial of Aprinocarsen (Isis 3521/Ly900003), an Antisense Inhibitor of Protein Kinase C-Alpha Administered as a 24-Hour Weekly Infusion Schedule in Patients with Advanced Cancer. *Invest. New Drugs* **2005**, 23, 467–477.

(84) Desai, A. A.; Schilsky, R. L.; Young, A.; Janisch, L.; Stadler, W. M.; Vogelzang, N. J.; Cadden, S.; Wright, J. A.; Ratain, M. J. A Phase I Study of Antisense Oligonucleotide Gti-2040 Given by Continuous Intravenous Infusion in Patients with Advanced Solid Tumors. *Ann. Oncol.* **2005**, *16*, 958–965.

(85) Kahan, B. D.; Stepkowski, S.; Kilic, M.; Katz, S. M.; Van Buren, C. T.; Welsh, M. S.; Tami, J. A.; Shanahan, W. R., Jr. Phase I and Phase Ii Safety and Efficacy Trial of Intercellular Adhesion Molecule-1 Antisense Oligodeoxynucleotide (Isis 2302) for the Prevention of Acute Allograft Rejection. *Transplantation* **2004**, *78*, 858–863.

(86) Yu, R. Z.; Lemonidis, K. M.; Graham, M. J.; Matson, J. E.; Crooke, R. M.; Tribble, D. L.; Wedel, M. K.; Levin, A. A.; Geary, R. S. Cross-Species Comparison of in Vivo Pk/Pd Relationships for Second-Generation Antisense Oligonucleotides Targeting Apolipoprotein B-100. *Biochem. Pharmacol.* **2009**, *77*, 910–919.

(87) Iannitti, T.; Morales-Medina, J. C.; Palmieri, B. Phosphorothioate Oligonucleotides: Effectiveness and Toxicity. *Curr. Drug Targets* **2014**, *15*, 663–673.

(88) Gupta, A.; Quijano, E.; Liu, Y.; Bahal, R.; Scanlon, S. E.; Song, E.; Hsieh, W. C.; Braddock, D. E.; Ly, D. H.; Saltzman, W. M.; Glazer, P. M. Anti-Tumor Activity of Minipeg-Gamma-Modified Pnas to Inhibit Microrna-210 for Cancer Therapy. *Mol. Ther.–Nucleic Acids* **2017**, *9*, 111–119.

(89) Gupta, A.; Mishra, A.; Puri, N. Peptide Nucleic Acids: Advanced Tools for Biomedical Applications. *J. Biotechnol.* **2017**, *259*, 148–159.

(90) Arroyo, J. D.; Chevillet, J. R.; Kroh, E. M.; Ruf, I. K.; Pritchard, C. C.; Gibson, D. F.; Mitchell, P. S.; Bennett, C. F.; Pogosova-Agadjanyan, E. L.; Stirewalt, D. L.; Tait, J. F.; Tewari, M. Argonaute2

Complexes Carry a Population of Circulating Micrornas Independent of Vesicles in Human Plasma. *Proc. Natl. Acad. Sci. U.S.A.* **2011**, *108*, 5003–5008.

(91) Prud'homme, G. J.; Glinka, Y.; Lichner, Z.; Yousef, G. M. Neuropilin-1 Is a Receptor for Extracellular Mirna and Ago2/Mirna Complexes and Mediates the Internalization of Mirnas That Modulate Cell Function. *Oncotarget* **2016**, *7*, 68057–68071.

(92) Soker, S.; Takashima, S.; Miao, H. Q.; Neufeld, G.; Klagsbrun, M. Neuropilin-1 Is Expressed by Endothelial and Tumor Cells as an Isoform-Specific Receptor for Vascular Endothelial Growth Factor. *Cell* **1998**, *92*, 735–745.

(93) Li, Y.; Yang, N.; Dong, B.; Yang, J.; Kou, L.; Qin, Q. Microrna-122 Promotes Endothelial Cell Apoptosis by Targeting Xiap: Therapeutic Implication for Atherosclerosis. *Life Sci.* **2019**, *232*, No. 116590.

(94) Zhang, H. G.; Zhang, Q. J.; Li, B. W.; Li, L. H.; Song, X. H.; Xiong, C. M.; Zou, Y. B.; Liu, B. Y.; Han, J. Q.; Xiu, R. J. The Circulating Level of Mir-122 Is a Potential Risk Factor for Endothelial Dysfunction in Young Patients with Essential Hypertension. *Hypertens. Res.* **2020**, *43*, 511–517.

(95) Wang, Y. L.; Yu, W. Association of Circulating Microma-122 with Presence and Severity of Atherosclerotic Lesions. *PeerJ* 2018, *6*, No. e5218.

(96) Simionescu, N.; Niculescu, L. S.; Carnuta, M. G.; Sanda, G. M.; Stancu, C. S.; Popescu, A. C.; Popescu, M. R.; Vlad, A.; Dimulescu, D. R.; Simionescu, M.; Sima, A. V. Hyperglycemia Determines Increased Specific Micrornas Levels in Sera and Hdl of Acute Coronary Syndrome Patients and Stimulates Micrornas Production in Human Macrophages. *PLoS One* **2016**, *11*, No. e0161201.

(97) Xu, G.; Chen, J.; Jing, G.; Shalev, A. Thioredoxin-Interacting Protein Regulates Insulin Transcription through Microrna-204. *Nat. Med.* **2013**, *19*, 1141–1146.

(98) Jo, S.; Chen, J.; Xu, G.; Grayson, T. B.; Thielen, L. A.; Shalev, A. Mir-204 Controls Glucagon-Like Peptide 1 Receptor Expression and Agonist Function. *Diabetes* **2018**, 256–264.

(99) Gaddam, R. R.; Kim, Y. R.; Jacobs, J. S.; Yoon, J. Y.; Li, Q.; Cai, A.; Shankaiahgari, H.; London, B.; Irani, K.; Vikram, A. The Microrna-204-5p Inhibits Apj Signalling and Confers Resistance to Cardiac Hypertrophy and Dysfunction. *Clin. Transl. Med.* **2022**, *12* (1), No. e693.

(100) Gaddam, R. R.; Kim, Y. R.; Li, Q.; Jacobs, J. S.; Gabani, M.; Mishra, A.; Promes, J. A.; Imai, Y.; Irani, K.; Vikram, A. Genetic Deletion of Mir-204 Improves Glycemic Control Despite Obesity in Db/Db Mice. *Biochem. Biophys. Res. Commun.* **2020**, *532*, 167–172.

(101) Chugh, S. N.; Dabla, S.; Jain, V.; Chugh, K.; Sen, J. Evaluation of Endothelial Function and Effect of Glycemic Control (Excellent Vs. Poor / Fair Control) on Endothelial Function in Uncontrolled Type 2 Diabetes Mellitus. *J. Assoc. Physicians India* **2010**, *58*, 478–480.