

CLINICAL IMAGE

Takayasu arteritis: A rare cause of chronic headache

Linda Barasa¹  | Adil Salyani¹  | Jillo Bika² | Fredrick Otieno¹ | Dilraj Sokhi¹ 

¹Department of Medicine, Aga Khan University Medical College of East Africa (Nairobi Campus), Nairobi, Kenya

²Department of Radiology, Aga Khan University Medical College of East Africa (Nairobi Campus), Nairobi, Kenya

Correspondence

Dilraj Sokhi, Aga Khan University Hospital, Third Avenue Parklands, P.O.BOX 30270 00100 GPO, Nairobi, Kenya.

Email: Dilraj.Sokhi@aku.edu

Funding information

This research did not receive any specific grant from funding agencies in the public, commercial, or not-for-profit sectors

Abstract

Chronic headache can be a presenting manifestation of Takayasu arteritis, although patients usually have other characteristic features. A thorough clinical assessment remains key in the evaluation of chronic headache.

KEYWORDS

chronic headache, secondary headache, Takayasu arteritis, vasculitis

1 | CASE SUMMARY

A 40-year-old African man presented with a 10-year history of unrelenting, severe (International Headache Society [IHS] category V-B), bifrontal, throbbing headaches with photophobia and nausea, unresponsive to regular analgesia. He had one prior episode of transient unilateral visual loss, syncope, six-kilogram weight loss over a year, and left arm claudication. Examination revealed a systolic blood pressure difference of 20 mmHg between arms, a weak left radial pulse, and bruits over left carotid and subclavian arteries. There were no neurological deficits.

Brain magnetic resonance (MR) imaging demonstrated a chronic left insular and inferior frontal infarct. MR

angiography revealed complete occlusion of the right common carotid artery and marked stenosis of the left common carotid artery. (Figure 1). CT aortography showed diffuse wall thickening and dilatation of the thoracic aorta (Figure 2). A diagnosis of Takayasu arteritis was made, meeting the American College of Rheumatology (ACR) criteria. He was started on prednisone 40mg once daily and azathioprine 100mg once daily with resolution of the headaches (IHS category I).

Takayasu arteritis may present with neurologic manifestations such as dizziness, visual disturbances, ischemic strokes, and headaches in up to 30% of cases,¹ possibly due to reduced cerebral blood flow.^{1,2} Vasculitis, while rare, should be kept in mind while evaluating secondary headaches.

This is an open access article under the terms of the Creative Commons Attribution License, which permits use, distribution and reproduction in any medium, provided the original work is properly cited.

© 2021 The Authors. *Clinical Case Reports* published by John Wiley & Sons Ltd.

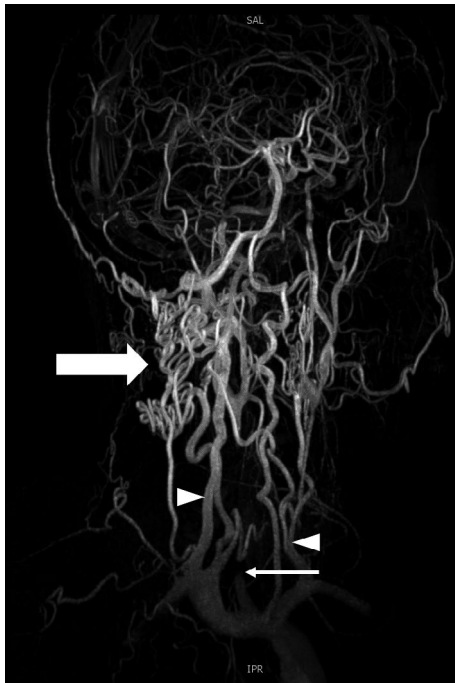


FIGURE 1 Contrast-enhanced MRI angiography, maximum intensity projection (MIP) images of the neck arterial system. The vertebral arteries are prominent (white arrowheads) with numerous collaterals in the occipital region and prominence of the posterior circulation (white block arrow). Occlusion of the right common carotid artery is seen (white arrow)

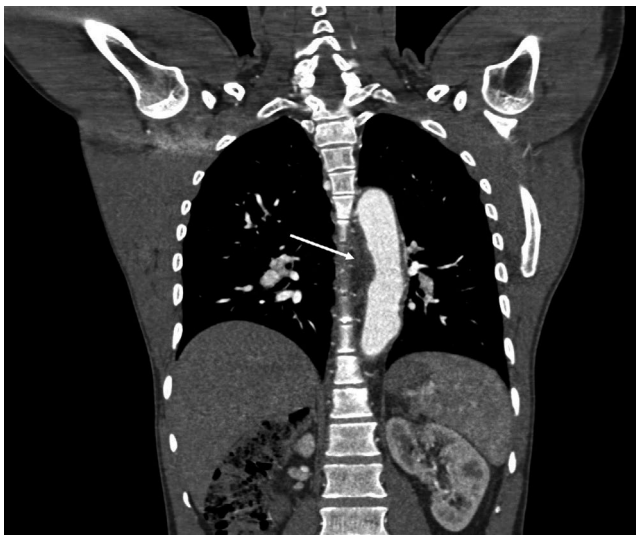


FIGURE 2 CT aortic angiography coronal reformatted image showing diffuse irregular thickening of the thoracic aorta (white arrow)

ACKNOWLEDGEMENTS

Published with written consent of the patient.

CONFLICTS OF INTEREST

The authors have no conflicts of interest to declare.

AUTHOR CONTRIBUTIONS

Linda Barasa, Adil Salyani, and Jillo Bika: Conceptualization, Writing—original draft, Writing—Review & Editing, and Visualization. Fredrick Otieno and Dilraj Sokhi: Conceptualization, Writing—review & editing, Visualization, and Supervision.

ETHICAL APPROVAL

Our work has been conducted in accordance with the Declaration of Helsinki (1964). We have obtained written consent from the patient to publish his case and images. In line with our Institutional Ethics and Research Committee (IERC) guidelines, this case report was exempted from full IERC review.

AUTHOR STATEMENT

This manuscript is original work and has not been submitted or is not under consideration for publication elsewhere. All the authors have reviewed the manuscript and approved it before submission.

CONSENT

Obtained from the patient.

DATA AVAILABILITY STATEMENT

The clinical information and imaging data used to support the findings of this study are included within the article. According to our institutional information governance regulations, the anonymised data can be requested from the corresponding author.

ORCID

Linda Barasa  <https://orcid.org/0000-0001-8432-5133>

Adil Salyani  <https://orcid.org/0000-0001-9549-8267>

Dilraj Sokhi  <https://orcid.org/0000-0002-8819-0851>

REFERENCES

1. Serra R, Butrico L, Fugetto F, et al. Updates in pathophysiology, diagnosis and management of Takayasu arteritis. *Ann Vasc Surg.* 2016;35:210-225.
2. Bond KM, Nasr D, Lehman V, Lanzino G, Cloft HJ, Brinjikji W. Intracranial and extracranial neurovascular manifestations of Takayasu arteritis. *AJNR Am J Neuroradiol.* 2017;38(4):766-772.

How to cite this article: Barasa L, Salyani A, Bika J, Otieno F, Sokhi D. Takayasu arteritis: A rare cause of chronic headache. *Clin Case Rep.* 2021;9:e04860. <https://doi.org/10.1002/ccr3.4860>