J Ginseng Res 43 (2019) 218-225

Contents lists available at ScienceDirect

# Journal of Ginseng Research

journal homepage: http://www.ginsengres.org

**Research Article** 

# Korean Red Ginseng enhances pneumococcal $\Delta pep27$ vaccine efficacy by inhibiting reactive oxygen species production



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### A R T I C L E I N F O

Article history: Received 1 September 2017 Received in Revised form 14 November 2017 Accepted 22 November 2017 Available online 9 December 2017

Keywords: Korean Red Ginseng (KRG) Δpep27 Streptococcus pneumoniae

## ABSTRACT

*Background: Streptococcus pneumoniae*, more than 90 serotypes of which exist, is recognized as an etiologic agent of pneumonia, meningitis, and sepsis associated with significant morbidity and mortality worldwide. Immunization with a pneumococcal *pep27* mutant ( $\Delta pep27$ ) has been shown to confer comprehensive, long-term protection against even nontypeable strains. However,  $\Delta pep27$  is effective as a vaccine only after at least three rounds of immunization. Therefore, treatments capable of enhancing the efficiency of  $\Delta pep27$  immunization should be identified without delay. *Panax ginseng* Mayer has already been shown to have pharmacological and antioxidant effects. Here, the ability of Korean Red Ginseng (KRG) to enhance the efficacy of  $\Delta pep27$  immunization was investigated.

*Methods:* Mice were treated with KRG and immunized with  $\Delta pep27$  before infection with the pathogenic *S. pneumoniae* strain D39. Total reactive oxygen species production was measured using lung homogenates, and inducible nitric oxide (NO) synthase and antiapoptotic protein expression was determined by immunoblotting. The phagocytic activity of peritoneal macrophages was also tested after KRG treatment. *Results:* Compared with the other treatments, KRG significantly increased survival rate after lethal challenge and resulted in faster bacterial clearance via increased phagocytosis. Moreover, KRG enhanced  $\Delta pep27$  vaccine efficacy by inhibiting reactive oxygen species production, reducing extracellular signal–regulated kinase apoptosis signaling and inflammation.

*Conclusion:* Taken together, our results suggest that KRG reduces the time required for immunization with the  $\Delta pep27$  vaccine by enhancing its efficacy.

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### 1. Introduction

Diseases caused by *Streptococcus pneumoniae* (pneumococcus) are public health problems of global importance. Pneumococcus is a commensal of the human respiratory tract and causes local infections (including otitis media) and several invasive diseases, such as pneumonia, sepsis, and meningitis, owing to its virulence factors [1]. According to a 2015 World Health Organization estimate, 0.9 million children under the age of 5 years die from pneumococcal disease, accounting for 16% of all deaths of children [2].

The well-known *S. pneumoniae* virulence factor pneumolysin has immunomodulatory effects, influencing cytokine production and complement activation, and increases intracellular reactive oxygen species (ROS) production [3]. ROS are important in inflammatory reactions, and their elevated production at sites of inflammation leads to endothelial disorder and tissue damage [4].

Inducible nitric oxide (NO) synthase (iNOS), a catalyst of NO production that induces the generation of ROS, is stimulated by inflammatory cytokines and interferons during bacterial infection [5,6].

Reports concerning mitogen-activated protein kinases, originally called extracellular signal—regulated kinases (ERKs), are contradictory, with important roles in both cell survival and cell death have been described [7,8]. In addition, induction of apoptosis by the activation of ERK has been associated to ROS [9–11]. ERK facilitates ROS-induced apoptosis by activating caspase-3 and inhibiting v-Akt Murine Thymoma Viral Oncogene signaling [12].

Korean Red Ginseng (KRG) is widely used in Korea to improve physical strength and treat fatigue [13]. The ginsenosides present in ginseng have antioxidant effects and protect against  $H_2O_2$ -mediated stress in astrocytes [14]. NO production during *S. pneumoniae* infection is lower in mice pretreated with KRG than in nonpretreated

https://doi.org/10.1016/j.jgr.2017.11.007





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infected controls [15]. In addition, ginseng polysaccharide protects against influenza virus infection and enhances the efficacy of influenza vaccination [16]. To date, however, no study has been conducted to examine the effects of combining ginseng with pneumococcal vaccines.

Pneumococcal polysaccharide vaccines provide protection against only 23 of the more than 90 known *S. pneumoniae* sero-types. In addition, their utility is limited by their cost and weak immunogenicity [17–19]. Moreover, as the prevalent *S. pneumoniae* serotypes in developed countries (14, 6, 19, 18, 9, 23, 7, 4, 1, and 15) differ from those in underdeveloped countries (6, 14, 8, 5, 1, 19, 9, 23, 18, 15, and 7) [20], it is necessary to develop a vaccine that protects against a broader range of serotypes.

Mucosal immunization may be a more effective route than systemic immunization for individuals susceptible to pneumococcal infection [21,22]. Several studies have shown that mucosal vaccination inhibits pneumococcal colonization and elicits antibody production, protecting against diseases such as sepsis [22,23]. Mucosal vaccination also has the advantages of being needle free, yet simple and quick to deliver, contributing to safety, better compliance, lowered costs, and decreased vaccination-related pain [24]. However, conventional mucosal vaccines require adjuvants such as cholera toxin [22,25,26], which can cause Bell's palsy [27].

We previously confirmed that deletion of the pneumococcal *pep27* gene completely abrogates virulence and that the resulting *S. pneumoniae* mutant,  $\Delta pep27$ , can be used as an attenuated mucosal vaccine [28]. In addition,  $\Delta pep27$  confers protection against a greater number of serotypes than conventional pneumococcal vaccines by increasing slgA levels and cytokine secretion [29] and has the notable advantage of not requiring an adjuvant. However, it has been found that two to three immunizations are required before  $\Delta pep27$  becomes effective as a vaccine [28]. Therefore, the aim of this study was to investigate whether KRG enhances the efficacy of the  $\Delta pep27$  vaccine and if so, how this effect is brought about.

### 2. Materials and methods

### 2.1. Bacterial strains

The type 2 *S. pneumoniae* strain D39 (NCTC 7466) [30] and an isogenic *pep27* deletion mutant of this strain (THpep27) [31] were used. Bacteria were cultured at 37°C in Todd-Hewitt broth (Difco Laboratories Inc., Detroit, MI, USA) with yeast extract or on blood agar plates.

### 2.2. In vivo experiments

C57BL/6 mice (4-week-old females; Orient Bio Inc., Seongnam, South Korea) were used. The use of animals in this study was approved by the Animal Ethics Committee of Sungkyunkwan University, in accordance with the guidelines of the Korean Animal Protection Law. Euthanasia was carried out with CO<sub>2</sub>.

KRG extract, the composition of which has been described previously [32], was provided by the Korea Ginseng Corporation (Seoul, South Korea). It was dissolved in phosphate-buffered saline (PBS) and orally administered at 100 mg/kg twice a day for 15 days. On the 2<sup>nd</sup> and 9<sup>th</sup> day of KRG administration, mice were immunized once intranasally with  $1 \times 10^7 - 1 \times 10^8$  Colony-forming unit (CFU) of  $\Delta pep27$ . Seven days after the last immunization, they were challenged intranasally with  $1 \times 10^8$  CFU of D39. All immunization and infection experiments were performed under anesthesia. The survival rate of the infected mice was recorded for 14 days.

To determine *S. pneumoniae* colonization profiles, the lungs were collected 24 h after challenge with D39 and homogenized in PBS with a homogenizer (Model 200; PRO Scientific Inc., Oxford, CT, USA) at the maximum rate. All samples were diluted in PBS and plated on blood agar plates containing  $5-10 \ \mu g/ml$  gentamycin. After incubation of plates for 18 h at  $37^{\circ}$ C in an incubator containing 5% CO<sub>2</sub>, colonies were counted.

### 2.3. Peritoneal macrophage isolation and phagocytosis assay

Peritoneal macrophages were harvested by injecting PBS into the peritoneal cavities of mice and the subsequent isolation of peritoneal macrophages based on their adherence to the culture vessel. The peritoneal macrophages collected were seeded at  $1\,\times\,10^6$  per well in a 96-well plate containing culture medium prepared by the addition of 10% fetal bovine serum (ATCC, Manassas, VA, USA) and 2% penicillin/streptomycin solution (Gibco, Waltham, MA, USA) to Dulbecco's modified Eagle's medium (DMEM; Corning Inc, Corning, NY, USA). After allowing the macrophages to adhere, the medium was replaced with antibiotic-free DMEM. The macrophages were then exposed to D39 at an Multiplicity Of Infection (MOI) of 1:50 for 4 h, transferred to antibioticcontaining media, and treated with cold distilled water. As a result, phagocytosed bacteria were released into the suspension. Serial dilutions of this bacterial suspension were then carried out using distilled water and plated on blood agar containing  $5-10 \mu g/$ ml gentamycin. These plates were incubated overnight at 37°C in an incubator containing 5% CO<sub>2</sub> before counting colonies.

## 2.4. Measurement of cytokine concentration

Concentrations of interleukin-1 $\beta$ , interferon- $\gamma$  in bronchoalveolar lavage fluid were measured using commercially available enzyme-linked immunosorbent assay (ELISA) kits (BD Biosciences, San Diego, CA, USA) according to the manufacturer's instructions.

#### 2.5. IgG antibody titer measurement

On the 9<sup>th</sup> day of KRG treatment, mice were immunized with  $1 \times 10^7 - 1 \times 10^8$  CFU  $\Delta pep27$ . Sera were then collected by retroorbital bleeding one week after immunization. Titers of antibodies against D39 bacteria and Pneumococcal surface protein A (PspA) protein were measured as previously described [22,33].

### 2.6. ROS detection

The OxiSelect In Vitro ROS/RNS Assay (Cell Biolabs Inc., San Diego, CA, USA) was used to measure ROS production in the lungs, as described elsewhere [34]. In brief, the lungs were obtained from mice in each group and exposed to liquid nitrogen for 30 min. After homogenization, cells from these tissues were then lysed for ROS measurement.

### 2.7. Western blot analysis

Antibodies against iNOS (Novus Biologicals, Littleton, CO, USA), p-p44/42 mitogen-activated protein kinase (Cell Signaling Technology, Inc., Danvers, MA, USA), caspase-3 (GeneTex Inc., Irvine, CA, USA), B-cell lymphoma 2 (Bcl2) (GeneTex), p-AKT (Santa Cruz, Dallas, TX, USA), AKT (Santa Cruz), Bcl-xL (Santa Cruz), and  $\beta$ -actin (Santa Cruz) were used for the western blot analysis. Proteins were quantified using the Bradford method and electrophoresed on a 12.5% (w/v) sodium dodecyl sulfate—polyacrylamide gel before being transferred to a polyvinylidene difluoride membrane (Millipore, Billerica, MA, USA). The membrane was then incubated overnight with the desired primary antibody at 4°C. The following day, after three washes with Tris-buffered saline containing 0.5% Tween 20, the Horseradish Peroxidase (HRP)-conjugated anti-IgG secondary antibody (Bio-Rad Laboratories Inc., Hercules, CA, USA) was added at the appropriate dilution. Expression of each protein was detected by exposing the membrane to Enhanced chemiluminescence (ECL) solution (GenDEPOT, Katy, TX, USA). ImageJ 2.1.4.6 (https://imagej. net/Citing) was used to determine band densities.

## 2.8. Hematoxylin and eosin staining

Mice were sacrificed 24 h after infection, and their lungs were fixed in 10% neutral-buffered formalin (Sigma Aldrich, St. Louis, MO, USA) and embedded in paraffin. Five-micrometer sections were then cut and stained with hematoxylin and eosin (HE) [15].

# 2.9. Macrophage 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide assay

Peritoneal macrophages were harvested and seeded at a density of  $1 \times 10^4$  per well in a 96-well plate, before being exposed to D39 for 2, 4, or 6 h. Macrophage 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide solution (Sigma Aldrich) was diluted to 2 mg/ml in DMEM and was added to the cells. The purple formazan formed as a consequence was dissolved in dimethyl sulfoxide (NobleBio B.V., Oldenzaal, The Netherlands), and absorbance at 540 nm was then measured using an ELISA microplate reader (Molecular Devices, Sunnyvale, CA, USA).

# 2.10. Statistical analysis

Survival data were statistically analyzed using the log-rank test. For all other data, statistical analysis was carried out using one-way analysis of variance (with Bonferroni's multiple comparison test). GraphPad Prism software (version 5; GraphPad Software Inc., La Jolla, CA, USA) was used for all statistical analyses. *p* values less than 0.05 were defined as indicating statistically significant differences, and levels of significance are indicated as follows: \**p* < 0.05; \*\**p* < 0.01; and \*\*\**p* < 0.001.

# 3. Results

### 3.1. KRG enhances ∆pep27 vaccine efficacy

When vaccines are administered, the host immune system is activated, resulting in an increased antibody production by B cells [35]. Conjugate vaccines activate T cells, which leads to differentiation of B cells into the memory cells and plasma cells that generate IgG antibodies against the polysaccharide capsule [36]. Therefore, to determine vaccine efficacy in the present work, titers of IgG antibodies against the pathogenic pneumococcal D39 strain (serotype 2) and PspA were measured. Antibody titers in the KRG coadministered (KRG+ $\Delta pep27$ ) group were significantly higher than those in all other treatment groups (Figs. 1A, 1B), suggesting that KRG resulted in an increased IgG antibody production, enhancing the efficacy of the  $\Delta pep27$  vaccine.

To confirm its effect on the efficacy of  $\Delta pep27$ , KRG was orally administered twice a day for 15 days to mice immunized once with  $\Delta pep27$  during this period. One day after the completion of KRG treatment, the mice were infected with D39, and survival rate and body weight were monitored for 14 days and 9 days, respectively. Of the mice that received both KRG and  $\Delta pep27$ , 80% survived for 14 days, whereas survival rates among control mice and mice treated with  $\Delta pep27$  only were 40% and 30%, respectively. Therefore, KRG-



**Fig. 1. KRG pretreatment enhances**  $\Delta pep27$  **vaccine efficacy.** Mice (n = 3) were treated with KRG and immunized once with  $\Delta pep27$ . (A) Seven days after immunization, levels of IgG antibodies against D39 were measured by ELISA. (B) Seven days after immunization, levels of IgG antibodies against PspA were measured by ELISA. (B) Seven days after immunization, levels of IgG antibodies against PspA were measured by ELISA. (B) Seven days after immunization, levels of IgG antibodies against PspA were measured by ELISA. Mice (n = 10) were treated with KRG for 15 days, immunized once with  $\Delta pep27$ , and subsequently challenged with D39. (C) Survival rate was monitored for 14 days. (D) Body weight was monitored for 9 days. Significant differences in survival rate and body weight were identified using the log-rank test and one-way ANOVA (with Bonferroni's multiple comparison test), respectively, (\*p < 0.05).

ANOVA, analysis of variance; ELISA, enzyme-linked immuno sorbent assay; KRG, Korean Red Ginseng,

pretreated,  $\Delta pep27$ -immunized mice exhibited significantly higher survival than those in other treatment groups (Fig. 1C). In addition, a survival rate of 60% was recorded when mice were treated with KRG alone.

Body weight initially decreased in all groups after D39 challenge, most notably in the control and  $\Delta pep27$  groups (by approximately 12% and 16%, respectively, by the 3<sup>rd</sup> day). However, body weight in the KRG coadministered group on the 3<sup>rd</sup> day was significantly higher than that in the  $\Delta pep27$  group, although all groups subsequently exhibited weight gain (Fig. 1D). These findings confirmed that KRG coadministration increased the efficacy of the  $\Delta pep27$  vaccine, resulting in a higher survival rate after *S. pneumoniae* challenge.

# 3.2. KRG diminishes S. pneumoniae colonization by potentiating the $\Delta pep27$ vaccine

Previous reports have revealed that three rounds of immunization with  $\Delta pep27$  inhibits pneumococcal colonization and confers protection against a wide range of *S. pneumoniae* serotypes [29]. To confirm that KRG increases survival in combination with the  $\Delta pep27$ vaccine, *S. pneumoniae* colonization in KRG-pretreated,  $\Delta pep27$ immunized mice was also determined. Compared with the control, KRG pretreatment or  $\Delta pep27$  immunization alone led to significantly decreased bacterial load in the lungs 24 h after infection with  $1 \times 10^8$ CFU D39 (p < 0.05). Moreover, KRG coadministration diminished bacterial burdens to a more significant extent, compared with the control group (p < 0.01) (Fig. 2A). In addition, when the mice were immunized two times and colony number was determined, no bacteria were detected in either the  $\Delta pep27$  group or KRG+ $\Delta pep27$ group (Fig. 2B), indicating that two times of immunization with  $\Delta pep27$  showed similar colonization inhibition to three times of immunization [28]. Therefore, to determine the optimum KRG effect on  $\Delta pep27$  vaccination, one time immunization experiment was performed further. Consistent with Fig. 2A, Hematoxylin and eosin staining indicated that inflammatory cell recruitment tended to be lower in the lungs of mice treated with the KRG+ $\Delta pep27$  combination than in those of mice in the other groups (Fig. 2C).

Because macrophages play the most vital role in bacterial clearance, these cells were extracted from mice, and their survival was determined after infection with D39 for different time periods. The Macrophage 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide assay showed that the viability of macrophages from a naive mouse had not significantly decreased by 4 h after infection; however, a reduction was observed after 6 h of infection (Fig. 2D). Macrophages extracted from mice treated with KRG and  $\Delta pep27$  were also infected with D39 for various periods and tested. The phagocytic potential of macrophages from the KRG coadministered group was significantly higher than that of macrophages from the other groups 4 h after infection (Fig. 2E). These results indicate that enhanced macrophage phagocytic activity and increased lgG titer were responsible for the KRG-induced inhibition of pneumococcal colonization.



**Fig. 2. KRG reduces pneumococcal colonization and inflammation and promotes phagocytosis by peritoneal macrophages during \Delta pep27 immunization**. Mice (n = 5) were orally administered KRG (100 mg/kg) for 15 days and immunized once or twice with  $1 \times 10^7 - 1 \times 10^8$  CFU of  $\Delta pep27$ . Subsequently, they were infected with  $1 \times 10^8$  CFU of D39, and the lungs were collected 24 h later. (A) After immunization with  $\Delta pep27$  once, bacterial number in the lungs was determined. (B) After immunization with  $\Delta pep27$  twice, bacterial number in the lungs was determined. (C) Lung sections were stained with HE. (D) Peritoneal macrophages from naive mice  $(1 \times 10^4/\text{well})$  were exposed to D39 (MOI 1:50) for the indicated time, and their viability was subsequently measured by MTT assay. (E) Mice (n = 3) were immunized once with  $\Delta pep27$  during 15 days of KRG treatment. Macrophages  $(1 \times 10^6/\text{well})$  were exposed to D39 for 4 h, and their phagocytosis of bacterial cells was measured. Significant differences were identified using one-way ANOVA (with Bonferroni's multiple comparison test) (\*p < 0.05, \*\*p < 0.01, and \*\*\*\*p < 0.001). The experiments depicted were repeated three times.

ANOVA, analysis of variance; HE, hemolysin eosin; KRG, Korean Red Ginseng; MTT, Macrophage 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide.

# 3.3. KRG enhances *Apep27* vaccine potency by suppressing both ROS generation and ERK signaling-mediated cell death

KRG has been shown to reduce S. pneumoniae-induced ROS generation [15]. Therefore, we hypothesized that KRG diminishes ROS generation resulting from vaccination with  $\Delta pep 27$ . To test this theory, mice were treated with KRG and  $\Delta pep27$  vaccine and subsequently challenged with D39. Twenty-four hours after infection, lung lysates were subjected to western blotting and ROS assays. KRG coadministration was found to significantly decrease ROS production compared with the infected control and  $\Delta pep27$ treatment alone (Fig. 3A). Furthermore, immunoblotting showed that in comparison with noninfected mice, those infected with D39 exhibited dramatically increased iNOS expression (Fig. 3B). Although iNOS levels were decreased by the administration of  $\Delta pep27$  or KRG alone, these differences were not statistically significant; however, KRG coadministration reduced iNOS expression to a greater, and significant, extent (Fig. 3D, left panel). Coadministration also significantly decreased p-ERK levels compared with the control treatment (Fig. 3D, middle panel) and caspase-3 expression compared with  $\Delta pep27$  alone (Fig. 3D, right panel).

To examine whether KRG coadministration increases cell survival, expression of p-AKT (involved in cell survival and growth) and that of Bcl-xL and Bcl2 (antiapoptotic proteins) were determined by western blotting. KRG coadministration significantly increased p-AKT and Bcl-xL levels compared with the administration of  $\Delta pep27$  alone. It also raised Bcl2 expression, although this result was not statistically significant (Figs. 3C, 3E). These results indicate that KRG coadministration increased the expression of cell survival factors by inhibiting ROS generation.

# 3.4. KRG inhibits inflammatory cytokine and interferon secretion caused by $\Delta pep27$ vaccine administration

dichlorofluorescein.

Because iNOS expression is induced by inflammatory cytokines and interferons [5,6], we tested whether KRG coadministration downregulates the production of such molecules. After KRG coadministration, mice were challenged with D39, and cytokine levels in bronchoalveolar lavage fluid were determined by ELISA. In comparison with treatment with  $\Delta pep27$  alone, KRG+ $\Delta pep27$ significantly dampened the expression of inflammatory cytokines such as interleukin-1 $\beta$  and interferon- $\gamma$  (Fig. 4), indicating that KRG coadministration did effectively restrict the production of proinflammatory cytokines.

# 4. Discussion

*S. pneumoniae* causes diseases such as pneumonia and septicemia and is responsible for high rates of morbidity and mortality worldwide [37]. Although currently available pneumococcal vaccines are effective in preventing pneumococcal diseases, they are limited because they do not induce a T cell response [38] and can only protect against specific serotypes [39]. To overcome these limitations, a variety of attenuated pneumococci have been trialed as vaccines to date [23,40]; however, the major disadvantage of these vaccines is that they are only effective when used in combination with adjuvants [23,41]. The  $\Delta pep27$  vaccine, which does not require adjuvants [28,29], has the potential to overcome this problem but needs to be administered at least three times to be effective [28]. Therefore, reducing the number of  $\Delta pep27$  immunizations required while retaining the same level of efficacy would be highly preferable.

The antimicrobial effects of KRG have been ascribed to reduced bacterial burden and tissue injury in the lungs [42]. KRG can also protect against pneumococcal sepsis by increasing cell survival [15]. Consistent with this, we confirmed that KRG coadministration conferred better protection against *S. pneumoniae* D39 infection than the control treatment and  $\Delta pep27$  alone as it was associated with a higher survival rate than the latter two treatments (Fig. 1C). Conjugate vaccines activate T cells and induce differentiation of B cells, which ultimately increases the production of IgG antibodies that react specifically with *S. pneumoniae* [36]. In the present study,



**Fig. 3. KRG inhibits ROS production and ERK signaling and increases cell survival during**  $\Delta pep27$  **immunization.** Mice (n = 3) were orally administered KRG for 15 days and immunized with  $1 \times 10^7 - 1 \times 10^8$  CFU  $\Delta pep27$ , before being infected with  $1 \times 10^8$  CFU D39. (A) Twenty-four hours later, intracellular ROS levels were measured from lung lysate. (B) Twenty-four hours later, immunoblotting was performed to detect expression of iNOS, p-ERK, and casp-3 (caspase-3). (C) Expression of the cell survival factor AKT and the antiapoptotic proteins Bcl-xL and Bcl2 was detected by western blotting. (D) Relative immunoblot band densities were quantified using ImageJ. (E) Relative immunoblot band densities were quantified using ImageJ. All the experiments shown were conducted at least three times, and statistically significant differences were identified by one-way ANOVA (with Bonferroni's multiple comparison test) (\*p < 0.05, \*\*p < 0.01, and \*\*\*p < 0.001). ANOVA, analysis of variance; ERK, extracellular signal–regulated kinase; iNOS, inducible nitric oxide synthase; KRG, Korean Red Ginseng; ROS, reactive oxygen species; DCF, 2',7'-



**Fig. 4. KRG reduces secretion of inflammatory cytokines and interferons during Δ***pep27* **<b>immunization.** Mice (n = 3) were orally administered KRG for 15 days, during which, they were immunized once with  $\Delta pep27$ . They were then challenged with  $1 \times 10^8$  CFU D39. (A) Six hours after infection, IL-1β levels in BAL fluid were measured by ELISA. (B) Six hours after infection, IFN- $\gamma$  levels in BAL fluid were measured by ELISA. Statistically significant differences were identified by one-way ANOVA (with Bonferroni's multiple comparison test) (\*p < 0.05). Each experiment depicted was performed at least three times, with samples in duplicate.

ANOVA, analysis of variance; BAL, bronchoalveolar lavage; ELISA, enzyme-linked immuno sorbent assay; IL, interleukin; IFN, interferon; KRG, Korean Red Ginseng.

levels of IgG antibodies specific for D39 and PspA were significantly higher in the KRG coadministered group than in the other groups (Fig. 1A, B), suggesting that KRG pretreatment enhanced the efficacy of the  $\Delta pep27$  vaccine.

Administration of KRG has been shown to inhibit pneumococcal colony formation in the lungs and reduce inflammation of this tissue [43]. In the present work, we found that *S. pneumoniae* colonization was inhibited by the coadministration of KRG with  $\Delta pep27$  (Fig. 2A). Macrophage-mediated phagocytosis is the most important factor in bacterial clearance. The number of phagocytosed bacteria was significantly higher in the KRG coadministration group than in the other groups (Fig. 2E), indicating that the combined action of  $\Delta pep27$  and KRG promoted macrophage-mediated bacterial clearance, thereby inhibiting colony formation in the lungs.

*S. pneumoniae* releases pneumolysin at the time of infection resulting in the generation of ROS, which are highly reactive and can damage cells [4,44–46]. During bacterial infection, inflammatory cytokines and interferons upregulate the production of iNOS [5,47], which also leads to increased ROS levels [6]. ROS activate ERK signaling by inhibiting the dual-specificity phosphatase and ERK-specific phosphatases which negatively regulate ERK [48,49]. ERK then downregulates the p-AKT pathway involved in cell survival and activates caspase-3 to induce apoptosis [12,50]. KRG suppresses inflammation by inhibiting iNOS expression in *Helicobacter pylori*—infected gastric cells [42]. In addition, it restricts



Fig. 5. Schematic diagram illustrating suppression of the ROS/ERK pathway by KRG during  $\Delta pep27$  immunization. KRG enhances the efficacy of the  $\Delta pep27$  vaccine as it inhibits ROS generation triggered by *S. pneumoniae*, thereby resulting in a reduction in ERK signaling–induced apoptosis.

ERK, extracellular signal-regulated kinase; KRG, Korean Red Ginseng; ROS, reactive oxygen species.

the production of NO during S. pneumoniae infection, reducing inflammation and preventing sepsis [15]. Here, inflammatory cytokine and interferon levels were significantly decreased in the KRG coadministration group compared with the  $\Delta pep27$ group (Fig. 4). ROS production in infected mice administered KRG+ $\Delta pep27$  was similar to that in noninfected mice and was significantly lower than that in infected control and  $\Delta pep27$ -treated mice (Fig. 3A). Expression of iNOS, p-ERK, and caspase-3 was also significantly decreased in the KRG coadministration group (Figs. 3B, 3D). In addition, as the expression of ERK was suppressed, the AKT pathway was activated, and the expression of antiapoptotic factors was significantly increased in mice coadministered KRG and  $\Delta pep27$  (Figs. 3C, 3E). This suggests that such coadministration inhibited ROS production, which consequently suppressed ERK signaling, and ultimately restricted apoptosis. Furthermore, attenuated lung inflammation was noted in the KRG+ $\Delta pep27$  group (Fig. 2C), suggesting that inhibition of ROS production had antiinflammatory effects.

In conclusion, our results show that KRG enhances the efficacy of the  $\Delta pep27$  vaccine as it was found to increase the survival of mice infected with pneumococcus and augment the phagocytic activity of macrophages, impeding pneumococcal colonization of the lungs. In addition, it hindered the pneumococcus-associated generation of ROS, thereby inhibiting ERK signaling—induced apoptosis and reducing inflammation (Fig. 5). Therefore, KRG coadministration may be an appropriate approach for increasing the efficacy of the  $\Delta pep27$  vaccine while reducing the time required for immunization. However, whether KRG acts as an adjuvant has not yet been clarified and needs further study.

#### **Conflicts of interest**

None of the authors have any conflicts of interest to declare.

### Acknowledgments

The authors thank the Korea Ginseng Corporation for supplying the KRG extract, which was produced by a standardized process. This work was supported by the National Research Foundation (NRF-2015R1 A2 A1 A10052511 and NRF-2018R1A2A1A05078102). The funding body played no role in the study design, data collection and analysis, decision to publish, or preparation of the manuscript.

### Appendix A. Supplementary data

Supplementary data related to this article can be found at https://doi.org/10.1016/j.jgr.2017.11.007.

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