

Regulation of zinc-dependent enzymes by metal carrier proteins

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Abstract Zn^{2+} ions are essential in many physiological processes, including enzyme catalysis, protein structural stabilization, and the regulation of many proteins. The affinities of proteins for Zn²⁺ ions span several orders of magnitude, with catalytic Zn^{2+} ions generally held more tightly than structural or regulatory ones. Metal carrier proteins, most of which are not specific for Zn^{2+} , bind these ions with a broad range of affinities that overlap those of catalytic, structural, and regulatory Zn²⁺ ions and are thought to be responsible for distributing the metal through most cells, tissues, and fluid compartments. While little is known about how many proteins obtain or release these ions, there is now considerable experimental evidence suggesting that metal carrier proteins may be responsible for transferring metals to and from some Zn²⁺-dependent proteins, thus serving as a major regulatory factor for them. In this review, the biological roles of Zn²⁺ and structures of Zn²⁺ binding sites are examined, and experimental evidence demonstrating the direct participation of metal carrier proteins in enzyme regulation is discussed. Mechanisms of metal ion transfer are also offered, and the potential physiological significance of this phenomenon is explored.

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 $\begin{array}{lll} \textbf{Keywords} & Zn^{2+} \cdot \text{Metal carrier proteins} \cdot \\ \text{Metallothionein} \cdot \text{Lactoferrin} \cdot \text{Ceruloplasmin} \cdot \\ \text{S100 proteins} \cdot \text{Calprotectin} \cdot \text{Calcyclin} \cdot \text{Matrix} \\ \text{metalloproteinase} \cdot \text{Structural zinc} \cdot \text{Regulatory zinc} \cdot \\ \text{Catalytic zinc} \cdot \text{Thymosin} \cdot \text{Parathymosin} \cdot \text{ZnT} \cdot \text{Zinc} \\ \text{chaperone} \cdot \text{Metalation} \cdot \text{Demetalation} \end{array}$

Abbreviations

ZnT	Zinc transporter
ZIP	ZRT, IRT-like protein
MT	Metallothionein
Т	Thionein
TFIIIA	Transcription factor IIIA
LTF	Lactoferrin
ApoLTF	Apolactoferrin
MMP	Matrix metalloproteinase
СР	Ceruloplasmin
CALP	Calprotectin
PTMA	Pro-thymosin-α
PTMS	Parathymosin
PFK	Phosphofructokinase
aPC	Activated protein C
GAPDH	Glyceraldehyde-3-phosphate
	dehydrogenase
Gla	γ-Carboxyglutamate
ACE	Angiotensin-converting enzyme
PDLIM1	PDS and LIM domain protein 1
NET	Neutrophil extracellular trap

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Zn²⁺ ions in biological systems

Metal ions are critical to many biochemical processes and are recognized as vital micronutrients. Of these metals, zinc is by far the most commonly used in biological systems, often acting as a Lewis acid in enzyme catalysis (Bertini et al. 1985). Zinc has a full d shell and no ligand field stabilization energy; thus, it is chemically stable regardless of its coordination geometry. This ensures that catalytic Zn^{2+} ions can change geometry during catalysis to accommodate substrates and transition states as needed (Zastrow and Pecoraro 2014). Zn^{2+} only has one oxidation state and thus does not participate in redox reactions, making it stable in the changing chemical environments that can occur in cells during many physiological processes. Together, these properties make Zn^{2+} an ideal biological catalyst.

Although Zn^{2+} is abundant within the body, little of it is freely dissolved. Since it can compete with other metal ions for binding sites, free Zn^{2+} levels are kept extremely low. The experimentally determined intracellular concentration of Zn²⁺ is approximately 0.4 nM (Vinkenborg et al. 2009). The free Zn^{2+} concentration in the extracellular compartment is also maintained at a very low level, around 0.7 nM (Franklin et al. 2005). In plasma, free Zn^{2+} levels are similarly low, generally accepted to be somewhere around 0.2 nM (Magneson et al. 1987). Most of the free Zn^{2+} ions are quickly removed from cells by transporters in a mechanism called zinc muffling (Colvin et al. 2010), or are buffered by sequestering them with metal carrier proteins (Krezel and Maret 2016). Because of the low concentration of free zinc, it can serve as a secondary messenger both inside of cells (Yamasaki et al. 2007) and outside of cells (Fukada and Kambe 2014) in a phenomenon known as zinc signaling. The temporary increase in Zn^{2+} concentration to 10^{-9} M or above during zinc signaling can alter the functions of many proteins and enzymes (Maret 2011; Yamasaki et al. 2007).

Coordination of Zn²⁺ ions in proteins

Since Zn^{2+} is so abundant and most of it is bound to proteins, it is unsurprising that a large number of proteins in living organisms contain zinc. An estimated 3200 genes of the human genome, comprising roughly 15% of total protein-encoding genes, encode proteins that bind or are predicted to bind zinc ions (Andreini et al. 2006). These binding sites typically follow a pattern in which two of the metal-coordinating residues are 1–3 residues away in the protein's primary structure, creating a stable base, with other zinc ligands located some distance away to allow for the formation of secondary structures that provide flexibility for positioning and orienting the coordinating residues (Vallee and Auld 1990). There have been few exceptions to this pattern until recent discoveries revealed non-canonical binding sites that coordinate some regulatory and structural Zn^{2+} ions, redefining the current understanding of zinc coordination in proteins.

An analysis of crystallographic structures of proteins containing bound zinc ions reveals that they are typically coordinated by 4 (tetrahedral), 5 (trigonal bipyramidal), or 6 (octahedral) ligands, with 4 being the preferred coordination number. The preference for tetrahedral coordination appears to stem from the small size of the Zn^{2+} ion; as the number of ligands increases, repulsion forces increase and can destabilize the complex (Laitaoja et al. 2013). While little is known about the link between coordination geometry and Zn²⁺ affinity, there are indications that coordination geometry can influence the chemical reactivity of the ion. Mathematical modeling of the deprotonation of water by Zn²⁺ indicated that an octahedral coordination geometry raised the pKa of the reaction, suggesting that a tetrahedral coordination geometry would result in more efficient deprotonation at physiological pH levels (Bertini et al. 1990). Thus, tetrahedral geometries would be expected to predominate among Zn²⁺-dependent hydrolytic enzymes. Similarly, site-directed mutagenesis of a bacterial Zn²⁺ aminopeptidase indicated that differences in coordination geometry can influence the polarity and electrophilic nature of the Zn²⁺ ion during catalysis (Ataie et al. 2008). Likewise, trigonal bipyramidal and octahedral geometries introduced by metal substitutions in carbonic anhydrase were shown to cause changes in the distribution of water molecules in the active site, altering the ability of the protein to stabilize the transition state and lowering overall catalytic efficiency (Kim et al. 2020).

The most abundant zinc-coordinating amino acid residues found in proteins are cysteine (approximately 33%), histidine (approximately 31%), and aspartate or glutamate (approximately 18%). There are also a sizable number of water molecules (about 9%) that make up the fourth ligand of 3-residue coordination sites with tetrahedral geometries (Laitaoja et al. 2013). Although it has been difficult to establish correlations between the Zn²⁺ affinity of a protein and its coordination geometry or the identity of its coordinating ligands, a few trends have been noted through studies of zinc finger proteins. One study suggested that cysteine ligands increase the affinity of individual zinc fingers for their structural Zn²⁺ ions, as the alteration of a Cys₂His₂ zinc finger to CysAspHis₂ or CysGluHis₂ caused a 100-fold loss in affinity for the structural Zn²⁺ ion of the protein (Imanishi et al. 2012). Likewise, zinc fingers containing natural substitutions of glutamate or aspartate for one of the coordinating cysteine or histidine resides bound Zn²⁺ with a lower affinity (Kluska et al. 2018a). It was suggested that some of the observed loss in Zn²⁺ affinity could be explained by protein structural changes that cause the loss of normal hydrogen bonding and electrostatic interactions that would otherwise stabilize, orient, and/or polarize the coordinating residues (Kluska et al. 2018b). Although substitution of an essential cysteine or histidine residue with an acidic residue affected Zn^{2+} affinity, there appears to be no discernable difference in affinity between cysteine and histidine as a coordinating residue. An analysis of the Zn²⁺ affinities of Cys₂His₂, Cys₂HisCys, and Cys₄ coordination chemistries noted no significant differences in metal affinity, although some differences in the enthalpic and entropic components of stability were observed (Rich et al. 2012). Additional analyses of zinc finger proteins reveals that the identity of the metal-coordinating ligands alone is not sufficient to predict Zn^{2+} affinity, and that the thermodynamic stabilization effects of surrounding amino acid residues can have a drastic effect on this affinity (Kochanczyk et al. 2015; Miloch and Krezel 2014). While there are general trends in the abundance of certain metal-coordinating residues among different classes of enzymes with catalytic Zn^{2+} ions (Laitaoja et al. 2013), no set guidelines that correlate these differences in affinity to the identity of the metal-coordinating residues have been established.



Fig. 1 The diversity of Zn^{2+} binding sites in protein by type. **a** Catalytic. Aminopeptidase A/glutamyl aminopeptidase (4KXC) contains a catalytic Zn^{2+} ion bound by 3 protein ligands (2 histidines and a glutamate residue) and a water molecule that coordinate the ion in a tetrahedral geometry (Yang et al. 2013). **b** Structural. The Zn^{2+} binding site of the Cys₂His₂ zinc finger of TFIIIA (1UN6) (Lu et al. 2003) illustrates an example of a structural Zn^{2+} ion, in which the bound metal is coordinated in a distorted tetrahedral geometry through interactions with histidine, lysine, and glutamate residues. A water molecule is the fourth ligand. The glutamate is coordinated to the Zn^{2+} ion through a bidentate interaction (Velazquez-Delgado and Hardy 2012). Protein structure figures were created with Mol* Viewer (Sehnal et al. 2021) and RCSB PDB

The roles of Zn^{2+} ions in proteins

 Zn^{2+} ions assume a variety of roles in proteins that can be characterized as catalytic, structural, or regulatory. Examples of these various types of ions are shown in Fig. 1. The best studied examples are catalytic Zn²⁺ ions, which are commonly found in hydrolytic enzymes where they are most often used to polarize and activate a water molecule to increase its nucleophilicity at physiological pH levels (Bertini et al. 1985). An example of this can be seen in the structure of aminopeptidase A/glutamyl aminopeptidase (Yang et al. 2013), in which the catalytic Zn²⁺ ion is held through interactions with two histidines and a glutamate residue; the fourth ligand is a water molecule (Fig. 1a). In most cases, the activated hydroxide is held in the correct orientation by adjacent hydrogen bonds to make it available for reaction with the substrate (Christianson and Cox 1999). Interactions of the transition state with the Zn^{2+} ion and nearby amino acid residues stabilize it as the geometry of the substrate changes during catalysis (Thompson et al. 2006; Thompson and Hersh 2003). The transition state is resolved and the active site regenerated by a proton shuttle that is usually mediated by a nearby histidine (Christianson and Cox 1999) or glutamate residue (Matthews 1988). Since catalytic Zn^{2+} ions are an integral part of these enzymatic mechanisms, most of them would be expected to be tightly bound. Experimental evidence mostly supports this, with most having K_d values at the sub-nanomolar level or below (Table 1 and Fig. 2).

As more protein three-dimensional structures are being determined, many previously undetected



Fig. 2 Comparison of the Zn²⁺ binding affinities of proteins with varying types of binding sites. The experimentally determined zinc affinities (K_d, K_i, or IC₅₀) of catalytic, structural, regulatory, and metal carrier zinc binding sites, grouped by type

non-catalytic Zn^{2+} ions are being discovered. Most of these have been classified as either structural or regulatory. Structural zinc ions can be further classified as either participating in the stabilization of active site structures, transducing signals across the protein, and/or orienting active site residues (Dutta and Bahar 2010). Structural zinc ions may also facilitate

Table 1 Metal binding affinities of proteins containing catalytic Zn ²⁺ ions containing catalytic Zn ²⁺	Protein	K_d (Zn ²⁺)
	Carbonic anhydrase	1 pM (McCall and Fierke 2000)
	Aminopeptidase B	0.37 pM (Hirose et al. 2006)
	Superoxide dismutase 1 (SOD1)	77 pM (Crow et al. 1997)
	Angiotensin-converting enzyme (ACE)	640 pM (Schullek and Wilson 1988)
	Sorbitol dehydrogenase	6 pM (Krezel and Maret 2008)
	Carboxypeptidase A	0.5 nM (Williams 1960)
	Dipeptidyl peptidase III (DPP III)	0.45 pM (Fukasawa et al. 2011)
	Glyoxalase I	27 pM (Sellin and Mannervik 1984)
	Matrix metalloproteinase-3 (MMP-3/stromelysin)	20 pM (Maret 2004)

protein–protein interactions through interactions with amino acid residues near the surfaces of both interacting partners to stabilize quaternary structures (Lin et al. 2016). Structural Zn^{2+} ions are common in zinc finger proteins, which utilize them to stabilize the structure of the nucleic acid binding domain (Krishna et al. 2003). An example of a structural Zn^{2+} ion in the transcription factor TFIII is shown in Fig. 1b. The ion is coordinated to four protein ligands that hold a loop and a helix of the protein together to stabilize the tertiary structure of the protein (Lu et al. 2003). Regardless of the precise role of structural Zn^{2+} ions in these types of proteins, their affinities are often somewhat lower than that of proteins with catalytic Zn^{2+} ions (Table 2 and Fig. 2).

In addition to participating in catalysis and stabilizing protein structures, Zn^{2+} ions can serve as a regulatory factor for many enzymes. Previously undetected regulatory Zn^{2+} ions are now being discovered in many proteins and enzymes, often bound to noncanonical zinc binding sites. For example, protein

Table 2 Metal binding affinities of proteins containing structural Zn^{2+} ions

Structural Zn ²⁺ ions	K_d (Zn ²⁺)
Estrogen receptor 1 (hER-α)	0.1 nM, 0.5 nM (Payne et al. 2003)
Glucocorticoid receptor	0.2 nM, 0.3 nM (Payne et al. 2003)
PDLIM1	3.1 fM (Sikorska et al. 2012)
Sp1	600 pM, 300 nM, 4 μM (Posewitz and Wilcox 1995)
TFIIIA	100 nM (Huang et al. 2004) 10 nM, 26 μM (Makowski and Sunderman 1992)
p53	2.1 nM (Yu et al. 2014)
NZF-1	140 pM (Berkovits and Berg 1999)
MTF-1	31 pM (Guerrerio and Berg 2004)
Rhodopsin	0.1 μM (Stojanovic et al. 2004)
Suppressor of fused (SUFU)	1.89 nM (Jabrani et al. 2017)
Sonic hedgehog (SHH)	≤100 pM (Day et al. 1999)

tyrosine phosphatase 1B, aldehyde dehydrogenase, glyceraldehyde 3-phosphatase, cathepsin B, and caspase-3, among others, are inhibited by Zn^{2+} ion concentrations in the nanomolar range (Maret 2013a). The regulatory Zn^{2+} ion of caspase-6 (Fig. 1c) is shown as an example. The metal is bound by 3 amino acid residues (a histidine, a glutamate, and a lysine residue) and a water molecule in a distorted tetrahedral geometry (Velazquez-Delgado and Hardy 2012).

Due to the common use of reducing agents and chelating agents in assay buffers, many regulatory Zn²⁺ ions have often escaped detection; thus, there are likely many more enzymes and proteins that utilize them. Although the concentration of free zinc is kept below the level at which binding of it to many of these enzymes would be significant, it is likely that the Zn^{2+} concentration could rise enough above this level during the transient increases in zinc concentration that have been observed during zinc signaling, making this a physiologically relevant regulatory mechanism for many proteins. As expected, regulatory Zn²⁺ ions are usually held with lower affinities than are structural or catalytic ones (Table 3 and Fig. 2), suggesting their lability under changing conditions.

Metal carrier proteins distribute Zn^{2+} throughout the body and serve as regulatory factors for many Zn^{2+} -dependent proteins and enzymes

Although there is no consensus on what proteins are primarily responsible for distributing Zn^{2+} , much of it appears to be trafficked throughout the body by metal carrier proteins. Most of the Zn^{2+} in plasma is carried by albumin or α_2 -macroglobulin, with a small amount associated with other proteins, like transferrin (Harris 1983). In other compartments, zinc is shuttled by metal carrier proteins such as lactoferrin, casein, transferrin, S100 proteins, metallothioneins, and ceruloplasmin (Blakeborough et al. 1983; Pabon and Lonnerdal 2000). Zn^{2+} binding and transport has not been identified as the primary (or sole) role of any of these carriers, and very few, if any, appear to be specific for it. Likewise, the affinities of metal carrier proteins for Zn²⁺ vary greatly, spanning several orders of magnitude (Fig. 2; Table 4). Some metal carrier proteins, like metallothioneins, are somewhat Zn²⁺-specific Table 3Metal bindingaffinities of proteinscontaining regulatory Zn2+ions

Regulatory Zn ²⁺ ions	K_d or IC_{50} (Zn ²⁺)	
Mitochondrial aconitase	2 μM (Costello et al. 1997)	
Dimethylarginine dimethylaminohydrolase (DDAH)	4 nM (Knipp et al. 2001)	
Receptor protein tyrosine phosphatase β (PTPRB)	21 pM (Wilson et al. 2012)	
Protein tyrosine phosphatase 1B (PTPN1)	17 nM (Haase and Maret 2003)	
Caspase-3	<10 nM (Maret et al. 1999)	
Caspase-6	150 nM (Velazquez-Delgado and Hardy 2012)	
Caspase-9	1.5 μM (Huber and Hardy 2012)	
Carboxypeptidase A	0.71 μM (Larsen and Auld 1991)	
Protein C	70–80 μM (Sen et al. 2010)	
Fructose 1,6-bisphophatase	30 nM (Pontremoli et al. 1978)	
Glyceraldehyde-3-phosphate dehydrogenase	150 nM (Maret et al. 1999)	
Ca ²⁺ -ATPase	80 pM (Hogstrand et al. 1999)	

and exhibit very high affinities for Zn^{2+} , with K_d values in the low picomolar range. Others, such as the S100 family of proteins, have medium–high affinities for Zn^{2+} that are generally in the nanomolar range. Carriers that are more specific for other metal cations, such as members of the transferrin family, generally exhibit much lower affinities for Zn^{2+} . This broad range of affinities may serve to accommodate the metalation and demetalation of proteins across the spectrum from those with very high Zn^{2+} affinities, such as Zn^{2+} -dependent catalytic enzymes, to those with significantly lower Zn^{2+} affinities, such as proteins that contain regulatory Zn^{2+} ions (Table 4 and Fig. 2).

Many metal carrier proteins carry Zn^{2+} ions in binding sites that are located near the periphery of the protein or in an otherwise accessible location, as shown by the examples in Fig. 3. Metallothioneins are small metal carrier proteins with multiple binding sites that have widely varying affinities. Figure 3a shows a Zn^{2+} binding site in MT2 (Braun et al. 1992) that utilizes four cysteine residues; it is located near the end of a loop along the outside of the protein (Fig. 3b). In lactoferrin, the Zn^{2+} ion is coordinated near the center of the protein with an octahedral geometry that utilizes a histidine, two tyrosines, an aspartate, and a bidentate interaction with a bound carbonate ion (Fig. 3c) (Jabeen et al. 2005). Although the metal is bound near the center of the protein, there is a large cleft along the surface of the protein that makes the site more accessible to solvent (Fig. 3d). The Zn^{2+} binding site of S100A8, shown in Fig. 3e, coordinates the ion with four histidine residues. The protein forms homodimers with two of these binding sites located at each edge of the protein, with the sites formed from two histidines contributed by each monomer (Fig. 3f) (Lin et al. 2016).

The accessibility and labile nature of Zn^{2+} ions bound to metal carrier proteins, in combination with their broad range of affinities, suggest that metal carrier proteins may be responsible for inserting or removing Zn^{2+} ions in other proteins, in turn regulating their activities. The delivery or removal of regulatory Zn^{2+} ions can greatly affect enzymatic activity, while the removal of catalytic and structural ones may serve as a check on the activities of some

Table 4 Metal bindingaffinities of metal carrierproteins for Zn^{2+} ions

Protein	Stoichiometry	$K_d (Zn^{2+})$
Metallothionein-1	7 (Muñoz and Rodríguez 1995)	1.3 pM (Muñoz and Rodríguez 1995)
Metallothionein-2	7 (Krezel and Maret 2007)	0.5 pM (Jacob et al. 1998) 0.8 pM (Muñoz and Rodríguez 1995) 1.6 pM, 0.1 nM, 20 nM (Krezel and Maret 2007)
Metallothionein-3	7 (Hasler et al. 2000)	3.2 pM (Hasler et al. 2000)
Metallothionein-4	Not reported	Not reported
Lactoferrin	2 (Jabeen et al. 2005)	Not reported
Ceruloplasmin	Not reported	Not reported
S100B	Not reported	94 nM (Wilder et al. 2003)
S100A2	Not reported	25 nM (Randazzo et al. 2001)
S100A3	Not reported	11 μM (Fohr et al. 1995)
S100A5	Not reported	2 μM (Schafer et al. 2000)
Calcyclin (S100A6)	Not reported	100 nM (Kordowska et al. 1998)
Psoriasin (S100A7)	1 (Murray et al. 2012)	100 μM (Vorum et al. 1996) 1 nM (Murray et al. 2012)
Calprotectin (S100A8/A9)		3.4 nM, 8.2 nM (Damo et al. 2013)
S100A12	2 (Cunden et al. 2016)	<10 nM (Cunden et al. 2016; Dell'Angelica et al. 1994)
\$100A15	2 (Murray et al. 2012)	2.5 nM (Murray et al. 2012)
α ₂ -Macroglobulin	16 (Adham et al. 1977) 20 (Pratt and Pizzo 1984)	0.3 μM (Adham et al. 1977) 0.8 μM (Pratt and Pizzo 1984)
Albumin	1 (Ohyoshi et al. 1999)	80 nM (Ohyoshi et al. 1999)
Transferrin	2 (Harris 1983)	16 nM, 400 nM (Harris 1983)
α-fetoprotein	5 (Permyakov et al. 2002)	10 nM, 10 μM (×4) (Permyakov et al. 2002)

proteins under changing chemical conditions or regulatory proteolysis. Indeed, many studies over the past few decades have indicated that metal carrier proteins may play a significant role in regulating the activity of enzymes by supplying or removing Zn^{2+} ions as needed. In support of this hypothesis, some recent findings that demonstrate this type of phenomenon are reviewed, and the possible mechanisms and physiological significance of these findings are discussed.

Some ZnT proteins can act as zinc chaperones for Zn^{2+} -dependent enzymes

In humans, the 14 ZIP and 9 ZnT proteins are responsible for the movement of Zn^{2+} ions in and out of cells. In general, ZIPs transport zinc into the cytoplasm of cells from the extracellular compartment and from intracellular compartments, and ZnTs move it in the opposite direction (Baltaci and Yuce 2018).



Fig. 3 Zinc binding sites in metal carrier proteins. **a** One of the Zn^{2+} binding sites in the β -domain of rat metallothionein-2 (4MT2) shows the ion coordinated in a tetrahedral geometry by four cysteine residues (Braun et al. 1992). **b** This Zn^{2+} binding site in MT2 resides in a loop near the protein's outer surface, shown near the top of the panel. **c** Structure of the Zn^{2+} binding site in the C-terminal lobe of lactoferrin (1SDX), showing an octahedral coordination geometry. There are 6 ligands, which include a histidine, two tyrosines, and an asparate residue. The remaining two ligands are contributed through a

Together, these proteins regulate the intracellular concentration of Zn^{2+} , as well as within most cellular organelles (Kimura and Kambe 2016). These proteins are largely responsible for the control of zinc signaling in cells (Kambe 2014) and in the regulation of the intracellular Zn^{2+} concentration through zinc muffling (Colvin et al. 2010).

In addition to their roles in transporting zinc across membranes, some ZnT proteins have been reported to act as zinc chaperones for some enzymes. ZnT5/ZnT6 heterodimers and ZnT7 homodimers have both been demonstrated to be

bidentate interaction with a carbonate ion (Jabeen et al. 2005). **d** The Zn^{2+} binding site of LTF is located near the center of the protein, accessible through a wide cleft. **e** The S100A8 homodimer (5HLV) contains two Zn^{2+} binding sites consisting of four histidine residues, two from each monomer, that coordinate the ion in a tetrahedral geometry (Lin et al. 2016). **f** The two Zn^{2+} binding sites of S100A8 are located on either side of the molecule at the dimer interface at the periphery of the complex. Protein structure figures were created with Mol* Viewer (Sehnal et al. 2021) and RCSB

necessary for the metalation of the apo form of tissue-nonspecific alkaline phosphatase (TNAP) in the endoplasmic reticulum. This involves a two-step mechanism involving the stabilization of the apoen-zymes followed by direct zinc loading of the active site (Fujimoto et al. 2016; Fukunaka et al. 2011). Based on the phenotypes observed in cell knock-out models of ZnT1, ZnT4, and metallothionein-1, it was also suggested that there are other proteins that first hand off the Zn²⁺ ions to ZnT5/ZnT6 and (ZnT7)₂ through a mechanism analogous to the copper chaperone mechanism of Atox1 (Kambe et al.

2016), which transfers Cu^{2+} directly to the copper transporters ATP7A and ATP7B.

Regulation of Zn²⁺-dependent proteins and enzymes by metallothioneins

Metallothioneins (MTs) are a group of small intracellular sulfhydryl-containing proteins that have been implicated in the homeostasis of zinc and copper. Although they have the highest affinity for these metals, MTs are also capable of binding other metal cations, such as Cd^{2+} , and may help sequester them to protect the cell from heavy metal poisoning (Masters et al. 1994a). These small metal-binding proteins have also been implicated in many other physiological processes, such as inflammation and immunity (Subramanian Vignesh and Deepe 2017) and in the regulation of intracellular Zn^{2+} levels through zinc buffering (Colvin et al. 2010).

In humans, there are eleven functional metallothioneins that fall into four groups: MT1, 2, 3, and 4 (Moleirinho et al. 2011; Si and Lang 2018). They are 61–68 residue proteins with a large number of highly conserved cysteine residues that coordinate various metal ions (Zalewska et al. 2014). MT1 and MT2 are the most ubiquitously expressed, with MT3 mostly limited to excitatory neurons in the central nervous system (Masters et al. 1994b; Palmiter et al. 1992) and MT4 limited to stratified squamous epithelia of the cutaneous membrane (Quaife et al. 1994).

Thionein (T), the apo form of metallothionein, is an intrinsically disordered protein that adopts a more defined tertiary structure consisting of two domains, β and α , upon binding metal ions. Four metal ions bind first to the C-terminal α -domain, forming a fused six-membered ring structure with the coordinating sulfhydryl groups of the protein. The N-terminal β-domain binds 3 metal ions to form a six-membered ring in a distorted chair formation. The structure of an occupied Zn^{2+} binding site in the β -domain of MT2 is shown in Fig. 3a, where it is coordinated with four cysteine residues (Braun et al. 1992). The high cysteine content also suggests lability of the site under changing redox conditions, which could act as a switch that makes the ion available. The binding site is located in a loop near the surface of the protein (Fig. 3b), where it is accessible to solvent or an interacting protein.

MTs have a very high affinity for zinc; however, the individual binding sites have a broad range of affinities. The four highest affinity sites exhibit K_d values in the low picomolar range and would be expected to be mostly saturated at physiological intracellular Zn^{2+} concentrations. The other three sites, with K_d values between 0.1 and 20 nM (Krezel and Maret 2007), would likely accept or donate metal ions as needed. This supports the purported role of MTs in zinc buffering, binding or releasing of Zn^{2+} into the intracellular free Zn^{2+} pool as needed to maintain steady state levels by proxy of multiple zinc binding sites with widely different affinities (Colvin et al. 2010). The varying affinities of the Zn²⁺-binding sites in MTs, as well as their apparent accessibility, raises the possibility that these binding sites may interact with and regulate other metal-dependent proteins. Numerous studies indicate that this is indeed true.

In 1991, it was shown that purified T could inhibit the DNA-binding activity of the zinc finger-containing transcription factor Sp1, but not Oct1, which is not zinc-dependent (Zeng et al. 1991a). The reported dissociation constants of the two proteins, 600 pM for the high-affinity binding site of Sp1 (Posewitz and Wilcox 1995) and 0.3 pM for MT1 (Muñoz and Rodríguez 1995), suggests that this interaction is likely one-way, although it is theoretically possible that MT could donate zinc ions to apo-Sp1 from one of its lower affinity binding sites. Although the T/MT ratio in most cells is quite low, it was suggested that even slight increases in T concentration might act as a brake on Sp1 activity (Zeng et al. 1991a). Likewise, T can remove zinc ions from transcription factor IIIA (TFIIIA) (Zeng et al. 1991b). The physiological significance of this interaction was established through observations of the presence of T in tumor cells and its direct interaction with TFIIIA. The Zn²⁺ transfer was hypothesized to be a second order reaction with a rate constant of 30 M⁻¹ s⁻¹ and a half-time of 40 min, which would be physiologically relevant at cellular concentrations of T and free Zn²⁺. In both cases, the donor protein is predictably the one with the lowest Zn²⁺ affinity, which suggests an equilibrium transfer mechanism as suggested by Huang et al. (2004) (Fig. 4a). The Zn^{2+} ion first dissociates from the donor protein and enters the free Zn²⁺ pool, immediately followed by binding of the ion by the acceptor protein.

Fig. 4 Mechanisms of Zn^{2+} ion transfer between metal carriers and Zn²⁺-dependent enzymes. a Equilibrium transfer mechanism. The Zn²⁺ ion of the donor protein (green) dissociates and enters the free Zn²⁺ pool, followed by the binding of the free Zn²⁺ ion by the acceptor protein (red). b Shared ligand mechanism. Protein-protein interactions between the donor (green) and acceptor (yellow) proteins exposes binding site residues of the acceptor protein, which coordinate to the Zn²⁺ ion to form an intermediate in which the Zn²⁺ ion is shared by the two proteins. Disengagement of the protein complex causes the Zn^{2+} ion to remain with the acceptor protein after the proteins dissociate. c Altered affinities mechanism. Protein-protein interactions between the donor (green) and acceptor (red) proteins induce conformational changes that reduce the affinity of the donor protein for the Zn²⁺ ion and/or enhance the affinity of the acceptor. The Zn²⁺ ion dissociates from the donor and is then bound by the acceptor protein. Created with BioRender.com. (Color figure online)



While the previous interactions appear to occur through an equilibrium transfer mechanism with Zn^{2+} affinity as the primary determinant of the direction of ion movement, there are some interactions of MTs with other Zn^{2+} -dependent proteins that suggest other mechanisms are possible. For example, the movement of Zn^{2+} ions between T/MT and some zinc finger proteins can occur in both directions. For example, Cano-Gauci and Sarkar (1996) demonstrated both metalation and demetalation of the estrogen receptor (ER) zinc finger by MT and T, respectively. Because a tenfold higher concentration of T/MT was required to observe metal transfer with ER versus TFIIIA, it was suggested that differences in the zinc ligands in ER (Cys₄ versus Cys₂His₂) or structural differences in the individual zinc fingers might explain the differences

in kinetics. Differences in thermodynamic parameters of Zn^{2+} binding between Cys₄ and Cys₂His₂ zinc finger binding sites (Rich et al. 2012) might be a more reasonable explanation for these observations given that there are no discernable differences in Zn^{2+} affinity between these two types of zinc fingers. Bidirectional transfer of Zn^{2+} between the Cys₂His₂ zinc finger of tramtrack (TTK) and T/MT has also been reported, although affinity of the zinc finger of TTK for Zn^{2+} is unknown (Roesijadi et al. 1998). In these cases, however, Zn^{2+} ion transfer does not always proceed from a lower affinity donor to a higher affinity acceptor, suggesting that other mechanisms, such as protein–protein interactions, may be necessary.

One possible mechanism was suggested through the characterization of interactions of T with the wellcharacterized tumor suppressor protein p53. The p53 protein, which is activated under stress conditions, contains a DNA-binding motif that is stabilized by a structural zinc ion (Meplan et al. 2000). Consistent with reports of T interacting with other metaldependent DNA-binding proteins, it was discovered that T can cause the misfolding of p53 and loss of DNA-binding activity by removing the structural Zn^{2+} ion from the protein's DNA-binding domain. Zn²⁺ removal was driven by the direct binding of sulfhydryl groups of T to the bound Zn^{2+} of p53 (Xia et al. 2009). Protein-protein interactions between T and p53 were confirmed by co-immunoprecipitation (Ostrakhovitch et al. 2006) and surface plasmon resonance experiments (Xia et al. 2009). It was proposed that demetalation of p53 by T occurs through a shared ligand transfer model in which the Zn²⁺ ligands of the acceptor displace one or more of the Zn²⁺ ligands of the donor, followed by displacement of the remaining bonds of the donor by additional metal-binding residues of the acceptor (Fig. 4b). The idea that metal ions can bridge protein-protein interactions is not new; for example, Zn^{2+} can cause the dimerization of hexa-histidine (His₆) affinity tags (Evers et al. 2008), and His₆ affinity tags have been observed to interfere with the activity of some enzymes containing catalytic Zn^{2+} ions (Thompson et al. 2003). This model is also supported through direct observations of shared ligand metal transfer with other transition metals. For example, stopped-flow fluorescence experiments suggest the shared ligand transfer of Cu⁺ ions between the E. coli CusF and CusB proteins (Chacon et al. 2018).

Interactions of MTs with proteins containing catalytic Zn²⁺ ions have also been observed. This was first demonstrated by the reactivation of the apo form of carbonic anhydrase ($K_d = 1 pM$) by MT1 (Li et al. 1980; Udom and Brady 1980). Likewise, MT2 possesses the ability to donate Zn²⁺ ions to the apo form of sorbitol dehydrogenase ($K_d = 6 \text{ pM}$) at the T/MT ratio typically present at physiological conditions (Krezel and Maret 2008) and can activate the apo forms of MMP-9 (Zitka et al. 2011) and δ -aminolevulinic acid dehydratase (Goering and Fowler 1987) as well. Zn^{2+} ions have also been observed moving in the opposite direction, from a donor protein with a catalytic Zn^{2+} ion to a thionein acceptor. T possesses the ability to inhibit carboxypeptidase A, ostensibly by chelation of the active site Zn^{2+} ion (Jacob et al. 1998). The affinity of carboxypeptidase A for its catalytic Zn^{2+} ion (K_d=0.5 nM) (Williams 1960), is lower than most other catalytic Zn^{2+} ions, and is well within the ability of T to compete with it. T also demonstrated a weak ability to extract the catalytic zinc ion from alkaline phosphatase (Jacob et al. 1998). The study noted that the interaction did not proceed naturally, as predicted by thermodynamics, because of chemical buffering agents in the assay, such as citrate and glutathione, that are usually present at high concentrations in cells.

The most likely mechanism for the previous finding is the equilibrium transfer mechanism (Fig. 4a), in which Zn²⁺ ions are released from lower affinity binding sites of MT in response to changes in redox potential (Maret and Vallee 1998; Spahl et al. 2003; St Croix et al. 2002), making them available for subsequent protein metalation. In the interactions with carbonic anhydrase and sorbitol dehydrogenase, however, the K_d of the enzyme for the catalytic Zn^{2+} ion is comparable to the high-affinity Zn^{2+} binding sites of MT (Table 4). Thus, the enzymes would not be expected to be fully metalated by this mechanism, suggesting that an alternative mechanism is likely. One such possibility is the altered affinities mechanism, in which the direct transfer of Zn^{2+} is facilitated through protein-protein interactions that alter the affinity of one or both proteins for the Zn^{2+} ion (Fig. 4c). There is also experimental support for this model. Studies of protein-protein interactions between the bacterial AztD and AztC proteins demonstrated the release of a Zn^{2+} ion from AztD and the binding of the ion by AztC. Mutagenesis of AztD

indicated that negative cooperativity between the two metal binding sites in the protein allowed release of the ion, followed by its subsequent binding by the acceptor (Neupane et al. 2019).

Regulatory Zn²⁺ ions are generally held with much lower affinities than are structural and catalytic ones (Kochanczyk et al. 2015; Maret 2013b), providing a strong possibility that MTs may regulate the activity of proteins that utilize them. Since MTs generally have a higher affinity for the metal than do proteins with regulatory Zn²⁺ sites, the ions would be expected to move to T as an acceptor. This phenomenon has been observed through the ability of T to extract the regulatory Zn^{2+} ions of caspase-9 (Maret et al. 1999) and protein tyrosine phosphatase 1B (Krezel and Maret 2008), both of which exhibit a lower Zn^{2+} affinity than T (Table 3 and Table 4). Surprisingly, however, the direct transfer of Zn²⁺ from MT to an inhibitory regulatory binding site in aconitase has been observed (Feng et al. 2005). Since aconitase has a Zn²⁺ affinity that is several orders of magnitude lower than MT, the altered affinities mechanism seems a more likely method of transfer in this case.

MTs are primarily intracellular proteins; accordingly, the earlier examples of the regulation of zincdependent proteins by MTs are limited to intracellular proteins. This is consistent with the proposed role of MTs in zinc buffering of the intracellular compartment, where they not only regulate the free intracellular zinc pool, but also may add or remove metals from intracellular proteins that might not otherwise be able to obtain them from the free zinc pool. A few recent findings, however, indicating that MTs are also present within the extracellular compartment (Chung et al. 2008; Hao et al. 2007), raising the possibility that they may regulate extracellular zinc-dependent proteins as well. Observations that serum albumin binds and interacts with MTs (Atrian and Capdevila 2013) also suggests that MTs may be also involved in moving zinc ions from plasma to interstitial fluid to make them available to cells.

Regulation of Zn²⁺-dependent enzymes by lactoferrin

Lactoferrin (LTF) is a member of the transferrin family, which is comprised of proteins implicated in iron transport that likely arose from repeated duplications of a single ancestral iron-binding protein gene (Lambert et al. 2005). Since its discovery in 1939 as an iron binding protein and in 1960 as component of human milk (Brock 2012), it has been extensively studied and implicated primarily in the absorption and recycling of iron. Because iron is crucial for life for almost all living organisms, LTF has a well-characterized anti-microbial activity that is due to its ability to sequester iron away from microorganisms (Farnaud and Evans 2003). LTF is a major component of neutrophil granules (Furmanski and Li 1990; Wong et al. 2009) and has thus been implicated in regulating other aspects of innate immunity, including inflammation. Recent studies have indicated that LTF attenuates IL-6 production (Rosa et al. 2017), inhibits neutrophil extracellular trap (NET) formation (Okubo et al. 2016), and reduces reactive oxygen species generation (Kruzel et al. 2013), among other activities.

LTF is an extracellular glycoprotein consisting of two lobes, each containing a single metal binding site. Ferric ions are bound to each site by two tyrosine residues, one aspartate residue, and one histidine residue, and are further coordinated with the oxygen atoms of a bound carbonate anion (Baker and Baker 2004). Although LTF binds Fe^{3+} with highest affinity (Baker et al. 2003), it is capable of binding many other metal cations, including Cu^{2+} , Ce^{4+} , and Zn^{2+} , with little to no change in the tertiary structure of the protein (Baker et al. 2000; Jabeen et al. 2005; Smith et al. 1992). The structure of the Zn²⁺-bound C-terminal lobe of LTF has been determined, showing that the ion is bound near the center of the domain in an octahedral geometry that also requires binding of a carbonate ion (Fig. 3c). Despite its location in the interior of the protein, the Zn^{2+} ion is largely accessible through a deep cleft that runs across the protein surface (Fig. 3d). It was also noted that the glycan bound to Asn⁵⁴⁵ lies near the entrance to the cleft and may play a role in regulating its accessibility (Jabeen et al. 2005).

Because transferrin exhibits a much lower K_d for Fe²⁺ than for Fe³⁺ (Baker et al. 2003), it is likely that LTF exhibits a lower affinity for other divalent metal cations, such as Zn²⁺. Since the concentration of free Zn²⁺ ions in living systems is kept at a very low level relative to other metals, the role of LTF in Zn²⁺ homeostasis is unclear. Nevertheless, significant amounts of zinc are bound to LTF in human milk

(Ainscough et al. 1980), and Zn^{2+} -saturated LTF exhibits altered biochemical properties (Harrington 1992; Li et al. 2009; Marchetti et al. 1998, 1999). Thus, it is likely that zinc binding by LTF may serve an important physiological function.

In addition to its considerable roles in innate immunity, LTF has been demonstrated to interact with and regulate Zn²⁺-dependent proteins as well. Apolactoferrin possesses the ability to chelate the zinc ion from the active site of MMP-2, but only when the enzyme is lacking the hemopexin regulatory domain. While this interaction may be a form of extracellular zinc buffering, it is also possible that the interaction serves to regulate the activity of the enzyme once its regulatory domain has been removed as a way of attenuating its activity. It was further noted that MMP-2 inhibition by LTF was markedly increased at temperatures above 37 °C (Newsome et al. 2007), hinting that this interaction may reflect the role of LTF in innate immunity as well as enhance its zinc buffering properties under physical and chemical conditions that might cause demetalation of many metalloproteins. Although it is still unclear if the removal of the hemopexin domain of MMP-2 is a physiologically relevant step in the regulation of extracellular matrix turnover and regulation, there is some published evidence showing that this event does indeed occur under physiological conditions (Brooks et al. 1998). This would imply that the observed interaction between LTF and MMP-2 may be important. The ubiquitous expression of LTF by most glands and epithelia (Aisen and Listowsky 1980) further suggests the physiological relevance of these interactions.

Although the Zn^{2+} affinity of neither lactoferrin nor MMP-2 has been directly measured, it was observed in the earlier study that the form of MMP-2 lacking the hemopexin domain has a lower affinity for the catalytic Zn^{2+} ion than does the full-length form, which makes it more susceptible to inhibition by zinc chelation (Newsome et al. 2007). The equilibrium transfer mechanism (Fig. 4a) was suggested as the most likely mechanism; however, other mechanisms cannot be fully ruled out. The observation that the attached N-linked glycan is located near the binding cleft of the protein suggests that other mechanisms may govern the movement of metal ions into and out of LTF.

The zinc chelation activity of LTF is not limited to host enzymes, which may extend its antimicrobial activities well beyond nutritional immunity. Several recent findings indicate that LTF can also inhibit pathogen metalloproteins. For example, LTF also inhibits the RgpA/B and Kgp proteases of Porphyromonas gingivalis, ostensibly through direct interaction of the C-terminal lobe of LTF and the zinc ion in the protease active site (Dashper et al. 2012). Likewise, LTF has also become a target of bacterial virulence factors and siderophores. For example, ZmpB, a virulence factor of Bukholderia cenocepacia, is a zinc metalloprotease that cleaves lactoferrin, among other targets (Kooi et al. 2006). In Neisseria, the LbpAB protein is responsible for extracting iron from LTF. Since LTF exhibits a lower affinity for Zn²⁺, it is theoretically likely that Neisseria or other bacterial species may utilize LTF as a source for this metal as well.

Regulation of Zn²⁺-dependent enzymes by ceruloplasmin

Ceruloplasmin (CP) is an abundant carrier protein in plasma that is primarily responsible for the transport of Cu²⁺ ions. It is encoded by a single gene, located on chromosome 3, that gives rise to a 120 kDa protein that is heavily glycosylated (Linder 2016). CP is the most abundant copper carrying protein found in human plasma, carrying 6 Cu^{2+} ions (Zaitseva et al. 1996). It is also a multicopper oxidase that oxidizes substrates by transferring electrons to a bound copper ion and then to a trinuclear copper center where four electrons are then transferred to oxygen to form water (Bento et al. 2005). The primary physiological reaction catalyzed by CP is the oxidation of Fe^{2+} to Fe^{3+} , which allows the binding of iron to transferrin (Harris et al. 1999). Structurally, the major domains of the protein are interconnected by exposed loop domains, which make the protein very susceptible to proteolysis. This susceptibility is likely linked to its physiological activity, since it has been shown that cleavage of CP by thrombin eliminates the ability of CP to inhibit myeloperoxidase (Samygina et al. 2013; Sokolov et al. 2008).

Although > 95% of serum Cu^{2+} is bound to CP (Hellman and Gitlin 2002), at least 50% of plasma CP is thought to remain in the apo form (Hirano et al. 2005; Middleton and Linder 1993), suggesting the possibility that CP may play a role in the homeostasis of other metal ions. Although < 2% of serum CP

contains bound Zn^{2+} (Lindley et al. 1997; McKee and Frieden 1971; Samygina et al. 2008), highly elevated zinc levels due to supplementation often result in copper deficiencies (Prasad et al. 1978), suggesting that CP may also participate in Zn^{2+} homeostasis under some conditions. It has also been suggested that Zn^{2+} may play a role in regulating the physiological function of CP in the rat through observations that the Zn^{2+} -bound enzyme adopted a disordered state more characteristic of the apoenzyme (Samygina et al. 2017). This, in turn, likely affects its interactions with other proteins.

CP has been demonstrated to have strong antiinflammatory properties, primarily through its interactions with pro-inflammatory enzymes. In particular, CP has been demonstrated to form complexes with MMP-2 and MMP-12 through experiments demonstrating co-localization of the proteins in preparations of CP isolated from citrated human plasma (Sokolov et al. 2009). However, experiments to analyze gelatinolytic activity of the two MMPs in the presence of CP were not performed. The binding of the two proteins was postulated to be due to their affinity for heparin, which is seen in other proteins that form complexes with CP. There is ample evidence, however, that apoCP possesses the ability to regulate many metal-dependent enzymes, such as MMP-2 (Thompson 2012) and other enzymes with contain catalytic and regulatory Zn²⁺ ions (Vasilyev 2019). Likewise, CP has been shown to interact with LTF and the metal-containing protein myeloperoxidase, raising the possibility that it has the capability to interact with other metalloproteins as well (Sokolov et al. 2014).

Additional evidence for the regulation of zincdependent enzymes by CP it its reported interaction with activated protein C (aPC) (Walker and Fay 1990). CP bears strong homology to the aPC binding domains of factors V and VIII. Likewise, binding of CP to aPC has been demonstrated in vitro. Subsequent experiments by others have demonstrated that the interaction of aPC with endothelial cell protein C receptor (ECPR) is modulated by Zn^{2+} bound to the y-carboxyglutamate (Gla) domain of aPC (Sen et al. 2010). Together, these results raise the possibility that CP may directly participate in the regulation of the coagulation cascade, possibly by interacting with the bound metal near the N-terminal Gla domain of aPC. In the latter study, it was noted that the apparent K_d for Zn^{2+} binding by aPC was ~ 70–80 μ M, well above the plasma free Zn^{2+} concentration of 0.2 nM. Although the affinity of CP for Zn^{2+} has not been experimentally determined, it would suggest that the mechanism of the interaction might involve delivery of the metal to aPC by CP through a hypothetical transfer mechanism, such as the shared ligand or altered affinity mechanism (Fig. 4). The observation that Zn^{2+} -bound rat CP adopts a disordered structure (Samygina et al. 2017) further suggests that the increased mobility of domains within the protein could easily interact with a target protein to facilitate metal ion transfer through one of these mechanisms.

Regulation of Zn²⁺-dependent proteins and enzymes by members of the S100 family of proteins (calprotectin, calcyclin, and S100A12)

S100 proteins (soluble in 100% ammonium sulfate) are a family of calcium-binding signaling proteins in vertebrates that contain a conserved EF-hand calcium-binding motif, which is shared with other calcium-binding proteins such as calmodulin and troponin-C. Currently, there are 24 known S100 proteins in humans, with the majority of them encoded by genes located in a cluster on chromosome 1q21 (Marenholz et al. 2004). Members of the S100 family contain two EF-hand calcium-binding motifs: an N-terminal EF-hand containing a 14-amino acid Ca²⁺-binding loop unique to S100 proteins, and a C-terminal EF-hand containing a 12-amino acid Ca²⁺-binding loop that is identical to other calcium-binding proteins (Kawasaki et al. 1998).

S100 family genes are very well conserved throughout vertebrate evolution, and it is thought that they evolved through a series of gene duplication and/ or exon shuffling events (Ravasi et al. 2004). Because S100 proteins are so well conserved, it is unsurprising that members of this family have been implicated in many physiological processes, including the regulation of cell division, inflammation, and Ca²⁺ homeostasis, among others. The secretion of some S100 proteins can be induced by cytokines and toll-like receptor ligands, suggesting that they may function as extracellular alarmins or damage-associated molecular patterns (DAMPs) that regulate inflammation and the innate immune response. Several \$100 proteins, including S100A7 (psoriasin), S100A8/S100A9 (calprotectin), and S100A12, are also involved in nutritional immunity, binding Zn^{2+} , Cu^{2+} , and Mn^{2+} ions and limiting their availability to potential pathogens (Zackular et al. 2015). S100 proteins have also been implicated in many intracellular regulatory processes, including the regulation of apoptosis, cell differentiation, and energy metabolism (Donato et al. 2013).

Many S100 proteins are capable of binding zinc in addition to calcium (Baudier et al. 1986; Filipek et al. 1990). Cysteine-free Zn²⁺-binding sites were observed in the crystal structures of psoriasin (Brodersen et al. 1999), S100B (Wilder et al. 2005), and S100A8 (Lin et al. 2016). Cysteine-containing Zn²⁺-binding sites in S100A2 were deduced through NMR and homology modeling experiments (Randazzo et al. 2001). Zn²⁺ binding alters the biological activity of some members of the family, while in others it can induce dimerization. In S100A7, Zn²⁺ induced dimerization by creating a binding site at the dimer interface containing an N-terminal histidine and aspartate residue from one subunit and two C-terminal histidine residues from the other subunit (Brodersen et al. 1999). Zinc can also promote dimerization of S100A8. One of two Zn²⁺ binding sites of a S100A8 homodimer is shown in Fig. 3e. The Zn^{2+} ion is coordinated by four histidine residues, two from each monomer (Lin et al. 2016). Both binding sites are located at the periphery of the protein (Fig. 3f), where they are accessible to solvent and to potential protein targets. Similar Zn²⁺-binding sites have been hypothesized for S100A9, S100A12, S100B (Brodersen et al. 1999), and S100A6 (calcyclin) (Maler et al. 1999). Additional low-affinity binding sites were also observed in S100A12 under conditions that caused aggregation of the protein (Moroz et al. 2009).

Zinc binding by S100 proteins is often linked to Ca^{2+} binding. In many cases, Ca^{2+} binding can affect the affinity of the protein for Zn^{2+} . S100B, which can bind a total of 8 Zn^{2+} ions, exhibits negative cooperativity between the Ca^{2+} -binding sites and the four low-affinity Zn^{2+} -binding sites, ostensibly due to a conformational change (Baudier et al. 1986). In contrast, no such inhibition of the Zn^{2+} -binding sites due to Ca^{2+} binding was observed in calcyclin (Filipek et al. 1990) or S100A9 (Raftery et al. 1996). Despite the variety of affinities of these proteins for Zn^{2+} and its varied effects on their physiological functions, there is ample experimental evidence that at least

some members of the S100 family are involved in the regulation of other Zn^{2+} -dependent proteins.

The most well-characterized member of this family is calprotectin (CALP), a heterodimeric complex of S100A8 and S100A9 that forms a heterotetramer in the presence of Ca^{2+} (Strupat et al. 2000). Like other S100 proteins, CALP is capable of binding zinc ions at a site distinct from the protein's calcium-binding motif (Raftery et al. 1996). CALP is found in both the intracellular and extracellular compartments and participates in many different physiological processes. CALP comprises about 50-60% of the total protein present in the specific granules of neutrophils (Fagerhol et al. 1990; Johne et al. 1997), and is generally thought to mediate nutritional immunity by sequestering Zn²⁺ away from bacteria and other pathogens as its primary physiological function (Besold et al. 2018; Sohnle et al. 2000). Subsequent experiments have revealed that calprotectin also functions as an extracellular alarmin that activates Toll-like receptor 4 (TLR4) (Ehrchen et al. 2009; Vogl et al. 2018), and that CALP can induce apoptosis in tumor cells by withholding Zn^{2+} from them (Yui et al. 2002). Furthermore, CALP secretion is strongly stimulated during inflammation (Wang et al. 2018), further underscoring its role in the innate immune response.

CALP also appears to regulate many Zn²⁺-dependent enzymes in the extracellular compartment, much as MT does in the intracellular compartment. Most prominently, CALP may regulate the activity of many MMPs, including MMP-1, -2, -3, -7, -8, -9, and -13, through a zinc chelation mechanism (Isaksen and Fagerhol 2001). The ability of calprotectin to extract the zinc ion from the various MMPs varied greatly, mostly likely due to differing Zn²⁺ affinities and solvent accessibility. Calprotectin inhibition was most effective against MMP-8 $(IC_{50}=0.3 \ \mu M)$ and MMP-13 $(IC_{50}=0.5 \ \mu M)$, and less effective against the gelatinases MMP-2 and -9 (IC₅₀=2.8 μ M and 5 μ M, respectively) and MMP-7 $(IC_{50} > 11 \ \mu M)$. Since the plasma concentration of CALP is around 1 nM (Cikot et al. 2016), this would not be expected to be a physiologically relevant interaction. However, very high local concentrations of CALP are present in the extracellular matrix around neutrophils upon degranulation and would likely be high enough to facilitate this reaction. It was surmised that the high concentrations of calprotectin needed to inhibit the enzymes was due to a much lower affinity

of calprotectin for Zn^{2+} than MMPs. However, similarly high concentrations of LTF were needed for effective inhibition of MMP-2 (Newsome et al. 2007), suggesting that alternative mechanisms, such as the altered affinity or shared ligand mechanism, may be employed in this interaction. Thus, the high concentrations of protein needed to inhibit MMPs either reflects the high affinity of MMPs for Zn^{2+} ions, or their relative inaccessibility. Regardless of the reason, further evidence of the physiological significance of this interaction through the finding that overexpression of S100A8 and S100A9 in a carcinoma cell line reduced both the expression and enzymatic activity of MMP-2 (Silva et al. 2014) indicates that this event likely does occur.

Although there are no examples of direct Zn^{2+} chelation reactions between CALP and host regulatory Zn^{2+} ions, it is expected that such interactions would likely exist due to the higher Zn^{2+} affinity of CALP relative to the more loosely bound regulatory Zn^{2+} ions. There are data that highly suggest such interactions. One example is the observation that disruption of intracellular CALP in cultures of head and neck squamous cell carcinomas (HNSCC cells) caused a concomitant reduction in caspase-3 and 7 mediated EGFR cleavage, explaining why patients with tumors expressing higher levels of CALP had better clinical outcomes (Argyris et al. 2019).

Due to its role in nutritional immunity through its ability to sequester Zn^{2+} , CALP has become a target for zinc piracy by certain bacterial species much as LTF has. The TdfH protein of *Neisseria gonorrhoeae* binds to and extracts a zinc ion from human calprotectin (Kammerman et al. 2020; Stork et al. 2013) or the closely related psoriasin/S100A7 (Maurakis et al. 2019). Likewise, *Salmonella typhimurium* employs a similar strategy, using the zinc transporter ZnuABC to sequester Zn²⁺ away from CALP (Liu et al. 2012).

Other S100 family proteins have been shown to regulate Zn^{2+} -dependent enzymes as well. S100A12, also known as calgranulin-C and EN-RAGE, is an inflammation-associated zinc and calcium-binding protein that comprises around 5% of the total protein in neutrophils (Guignard et al. 1996) and can be found in both extracellular and intracellular forms (Donato et al. 2013). Links between S100A12 and many pathologies, including some gastrointestinal disorders and type II diabetes, have been established (Foell et al. 2003; Kosaki et al. 2004). Like the closely

related S100A8 and S100A9 proteins, S100A12 also inhibits MMP-2, MMP-3, and MMP-9 with submicromolar inhibition constants, making it an even more likely regulatory factor for these enzymes than CALP, LTF, or CP. Reintroduction of zinc reversed this inhibition, emphasizing that zinc chelation by S100A12 was the most likely mechanism. These interactions were implicated in the development of atherosclerotic lesions through co-localization in foam cells (Goyette et al. 2009), suggesting that these interactions may contribute to the pathophysiology of heart disease.

An interaction between calcyclin, also known as S100A6, with melusin, a cytoplasmic chaperone protein with a Zn^{2+} -dependent protein–protein interaction domain, has also been reported (Tsoporis et al. 2017). Although there is no direct experimental evidence of Zn^{2+} ion transfer between calcyclin and melusin, it is likely considering other experimental evidence. Similar interactions between melusin and S100A1 and S100A4 proteins have also been observed through co-immunoprecipitation experiments (Filipek et al. 2008), further supporting a role for S100 proteins in the regulation of Zn^{2+} -dependent enzymes.

Regulation of enzymes involved in carbohydrate metabolism by parathymosin

Thymosins are a family of small zinc-binding proteins originally isolated from bovine thymus, but are also found in most other tissues. The most prominent members of the family are prothymosin- α (PTMA) and parathymosin (PTMS), which are encoded by separate 5-exon genes. Like MTs, thymosins are intrinsically disordered proteins that adopt a distinct tertiary structure when bound to zinc (Hannappel and Huff 2003). PTMS was identified as an inhibitor of phosphofructokinase (PFK) in the presence of Zn^{2+} , but not in its absence (Trompeter et al. 1989), suggesting the possibility that this protein might transfer inhibitory zinc ions to PFK. While there are multiple reports of Zn²⁺ ions inhibiting PFK with IC₅₀ values around 1 µM (Brand and Soling 1986; Ikeda et al. 1980), there have been no direct reports of inhibitory zinc ions in crystal structures of PFK, nor have there been reports of the direct transfer of zinc ions from PTMS to PFK.

PTMS was also able to bind other enzymes involved in carbohydrate metabolism, including fructose-1,6-bisphosphatase, aldolase, and glyceraldehyde-3-phosphate dehydrogenase (GAPDH), among others (Brand and Heinickel 1991). Some of these enzymes, such as GAPDH, also interact with T (Maret et al. 1999). The high concentrations of Zn^{2+} necessary to show inhibition in these cases, however, is well above the free zinc concentration in the intracellular compartment, making its physiological relevance questionable. Given their similarity to MTs, however, the possibility remains that PTMS and other thymosins may possess similar regulatory activities, perhaps through direct transfer of the ion to PFK via the altered affinities or shared ligand mechanism (Fig. 4). PTMS is found both in the intracellular and extracellular compartments. However, it also contains a nuclear localization signal and has been experimentally identified within the nucleus (Yu et al. 2020), suggesting that it could potentially regulate other zinc-dependent enzymes there, such as zinc finger proteins.

Mechanisms of metal ion transfer between Zn²⁺-dependent proteins and metal carrier proteins

Until recently, there have been few attempts to examine the mechanisms behind metal transfer reactions between proteins, but a number of clever experiments have suggested three models to explain the phenomenon. The mechanism with the most experimental evidence is the equilibrium transfer mechanism (Fig. 4A), in which the bound Zn^{2+} ion dissociates from the donor protein, enters the free Zn^{2+} pool, and is then bound by the acceptor protein. In this mechanism, the movement of the ion appears to be dependent upon the affinities of the proteins for it. In such a mechanism, however, the acceptor protein would likely compete with other metal-binding proteins in the immediate vicinity for the ion. This process, called zinc buffering, not only serves to keep the concentration of free Zn^{2+} ions very low, but also may be important for ensuring that metal ions are only transferred to certain acceptor proteins in order to prevent them from inappropriately binding to other regulatory sites. This also brings into question the physiological relevance of some of these reactions. In these

cases, in vivo experiments utilizing ⁶⁵Zn or other tracers may be helpful in answering these questions.

In some instances, the regulation of zinc-dependent and zinc-regulated enzymes is much more complex. In fact, there are a few examples in which Zn^{2+} ions are transferred from a higher affinity donor to a lower affinity acceptor. Furthermore, structural analyses of many metal-binding sites in proteins indicate that most of them have limited solvent exposure and/or occur at or near hinge sites in proteins (Dutta and Bahar 2010). This indicates that many enzymes may require conformational changes or protein-protein interactions that increase or decrease metal affinity in order to bind or release Zn²⁺ ions. There are two additional mechanisms that could explain this behavior, both of which have supporting experimental evidence. One possibility is the altered affinities mechanism (Fig. 4c) in which the donor and acceptor proteins bind and undergo conformational changes that alter the affinity of one or both proteins for the metal ion, as suggested by studies of the bacterial AztC and D proteins (Neupane et al. 2019) and other instances in which Zn^{2+} ions are transferred from a higher affinity donor to a lower affinity acceptor. Another plausible explanation is the shared ligand mechanism (Fig. 4b), where the metal is transferred from donor to acceptor through a 2-step process in which the two proteins bind each other and undergo conformational changes that directly expose the metal ion to one or more of the ligands of the metal binding site on the acceptor protein. This interaction forms an intermediate in which the two proteins are bridged by the shared metal ion, followed by dissociation of the proteins with the metal fully bound to the acceptor protein. This hypothesis is supported by experimental evidence demonstrating interprotein contact between MT2 and the apo form of a zinc finger peptide in which a Zn²⁺ ion is bound to metal-coordinating residues distributed between the two interacting proteins (Hathout et al. 2001). This mechanism was also proposed to explain interactions between some bacterial metal chaperones and their corresponding acceptor proteins (Chacon et al. 2018; Neupane et al. 2019).

Metal carrier proteins as regulatory factors for Zn^{2+} -dependent proteins and enzymes

Free Zn^{2+} is maintained at very low levels in the body through a combination of zinc muffling and the

use of metal carrier proteins to distribute Zn^{2+} ions. This low concentration makes it theoretically difficult for proteins with low Zn^{2+} affinities to obtain these ions. It has been estimated that about 1/3 of metalloproteins are metalated by so-called metal chaperones, while the rest draw these ions from intracellular metal pools (Foster et al. 2014). As would be expected, enzymes with catalytic zinc ions tend to have the highest affinities for them, with K_d values of 10⁻¹¹ M or lower (Maret 2004), well below the free Zn²⁺ concentration. Thus, these proteins would be expected to be fully metalated at physiological Zn²⁺ concentrations and would likely obtain these ions from the intracellular free Zn²⁺ pool. However, there appear to be few examples of proteins that can directly draw Zn^{2+} ions from the intracellular pool of free metals, suggesting that a larger share of metalloproteins may obtain these metals from other proteins. A few enzymes, such as angiotensin-converting enzyme (ACE) and carboxypeptidase A, have lower affinities for Zn^{2+} ; their K_d values are in the range of the free intracellular Zn^{2+} concentration (Table 1) and they might not be fully saturated at physiological zinc concentrations. Thus, these enzymes likely have some other means of obtaining these ions from another protein, such as a zinc chaperone or metal carrier protein. There are multiple examples of metallothioneins acting as zinc chaperones, usually through the equilibrium transfer mechanism from one of the lower affinity binding sites. Thus, it is likely that other metal carrier proteins with lower Zn²⁺ affinities may have the ability to act in a similar capacity.

Additional evidence that metal carrier proteins may be important regulators of zinc-dependent proteins comes from their interactions with proteins containing structural or regulatory Zn²⁺ ions. The K_d values of these proteins for these types of Zn^{2+} ions are often well above the free Zn²⁺ concentration (Tables 2 and 3), making it unlikely that they would be able to compete for these ions from the free intracellular zinc pool. Likewise, the affinity of proteins for these types of zinc ions is well below that of most metal carrier proteins. Thus, many of these proteins must obtain the metal through some type of zinc chaperone, and there is now considerable evidence that suggests that various metal carrier proteins may perform this role. In these cases, the mechanism would most likely follow the shared ligand (Fig. 4b) or altered affinity mechanism (Fig. 4c), although chemical changes that alter the affinities of these proteins for zinc cannot be fully ruled out.

Most of the characterized interactions between metal carrier proteins and Zn²⁺-dependent proteins have entailed the transfer of Zn^{2+} ions from a Zn²⁺-dependent donor protein to a metal carrier protein. This usually involves the chelation of Zn^{2+} ions from proteins with regulatory or structural zinc ions. Although many of these examples indicated that equilibrium transfer is the most likely mechanism, other mechanisms are plausible. There is experimental evidence demonstrating that the removal of catalytic Zn²⁺ ions by metal carrier proteins with lower affinities does occur under some circumstances. These transfers probably involve protein-protein interactions, as suggested by the shared ligand and altered affinities mechanisms (Fig. 4). While this may also represent a method of zinc buffering, it is also highly likely that these mechanisms may represent a means of regulating metal-dependent enzymes.

In some cases, changes in the immediate chemical environment may cause metalation or demetalation of proteins containing structural or regulatory Zn²⁺ ions. For example, during Zn²⁺ signaling, Zn²⁺ is released into the cytoplasm from internal stores and/or from interstitial fluid, rising to a concentration of 10⁻⁹ M or higher. This could cause metalation of some proteins containing structural or regulatory Zn²⁺ ions, although the affinities of proteins for these types of ions appear to be low enough that these proteins would not likely be metalated from the free Zn^{2+} pool in this manner. Likewise, oxidative stress may cause the release of extra Zn²⁺ ions from redoxsensitive metal-binding proteins, causing a rise in free Zn^{2+} concentrations in the cell (Turan et al. 1997). This could potentially affect proteins with cysteinecontaining Zn²⁺-binding sites, such as MTs, causing the release of Zn^{2+} ions and making them available to other metal-dependent proteins and enzymes. This would particularly affect enzymes with lower Zn²⁺ affinities that are mostly unsaturated or partially saturated at physiological zinc concentrations. With ample experimental evidence that demonstrates metal transport proteins are capable of both donating or accepting Zn^{2+} ions to and from other proteins, it is a reasonable assumption that these proteins also play a major role in regulating them.

Biological significance and future directions

 Zn^{2+} is an essential cofactor for many proteins and enzymes, where it is involved in processes that range from participation in catalysis to structural stabilization to enzyme regulation. Although nearly 1/3 of proteins bind Zn^{2+} , little is known about the metalation and demetalation of Zn²⁺-dependent proteins and how these processes affect physiology. There are now many examples of metal carrier proteins that can regulate Zn²⁺-dependent enzymes by supplying or extracting metal ions from them. These interactions can affect many biological processes; thus, disturbances in these systems may be a part of the pathophysiology of many chronic diseases. For example, chelation of Zn^{2+} can impair the recruitment of neutrophils and inhibit their ability to degranulate, generate reactive oxygen species, or produce certain cytokines (Hasan et al. 2016). Zinc chelation also inhibits the phagocytic activity of macrophages (Gao et al. 2018). Thus, metal carrier proteins have the potential to regulate the activities of neutrophils and macrophages by regulating zinc availability as well as by altering the behavior of many Zn²⁺-dependent proteins that govern these behaviors. Neutrophil extracellular traps (NETs) bind MMP-9 and MMP-25, which can activate pro-MMP-2 and cause endothelial damage in some autoimmune conditions, such as systemic lupus erythematosus (Carmona-Rivera et al. 2015). The inhibition of MMP-2 and other MMPs by LTF, CP, and CALP thus has the potential to moderate both NET formation and MMP-2 activity. The release of CALP and LTF during NET formation may be a means of regulating these enzymes to mitigate tissue damage.

Excess Zn^{2+} can also impair the immune system and allow pathogens to evade both innate and adaptive responses (Rink and Kirchner 2000). It is thus feasible that the undesirable effects of excessively low or high Zn^{2+} concentrations may be mitigated through the use of metal carrier proteins to provide proper regulation of Zn^{2+} -dependent proteins, or that chelation of excess Zn^{2+} by metal carrier proteins could be employed to treat autoimmune diseases such as rheumatoid arthritis by inhibiting the function of lymphocytes (Skrajnowska and Bobrowska-Korczak 2019). Deficiencies in metal carrier proteins in the presence of excessive amounts of Zn^{2+} can increase susceptibility to some pathogens, such as *Clostridium difficile* (Zackular et al. 2016).

Metal carrier proteins and the Zn^{2+} -dependent enzymes that they regulate have also been implicated in immune responses to infectious agents. For example, elevated levels of LTF, S100A9, and MMP-9 have been highly correlated with mortality in COVID-19 patients (Abers et al. 2021). It is probable that the elevated levels of one or more of these metal carrier proteins may be responsible for dysfunctional regulation of enzymes needed for proper immune responses, or that the presence of metal carrier proteins are misdirecting the immune response in a way that hampers its ability to contain the virus and to properly regulate cytokine expression.

Many pathological conditions involve the activation of the NF-kB and p38/MAPK signaling pathways. Although both pathways are highly activated by Zn^{2+} , and although there have not yet been any direct observations of the involvement of metal carrier proteins in regulating these pathways, there are numerous studies that suggest it. For example, both pathways contribute to the secretion of cytokines and promotion of inflammation in atopic dermatitis, and a study indicated that administration of both S100A8 and S100A9 (CALP) in keratinocytes upregulates these pathways as well (Kim et al. 2019). Likewise, the inhibitory effect of Zn^{2+} on NF- κB activation can be lessened by increasing MT expression, potentially acting as an important check on these pathways (Kim et al. 2003).

Regardless of mechanism, the interaction of metal carrier proteins with Zn²⁺-dependent enzymes constitutes a novel means of protein regulation that is open for discovery. While the idea of regulating Zn^{2+} levels under nutritional deficiencies by accelerating protein degradation via autophagy (Ding and Zhong 2017) is not new, the mechanisms behind the distribution of the newly-liberated ions have not been fully dissected. Thus, is it possible that metal carrier proteins may play a role in this mechanism by reclaiming Zn^{2+} ions prior to or during protein degradation. In addition, the role of metal carrier proteins in reclaiming and redistributing Zn²⁺ ions under certain conditions, such as during oxidative stress, increased temperature, and inflammation, remains to be characterized. These findings also raise the possibility of targeting these mechanisms in the development of therapeutics for many pathophysiological conditions. Since Zn²⁺

is so critical to many physiological processes, disturbances in its availability have the potential to contribute to the pathophysiology of many chronic diseases. A firmer understanding of the role of metal carrier proteins in the bioavailability of Zn^{2+} and in the regulation of Zn^{2+} -dependent proteins has the potential to improve the understanding of disease processes and assist in the development of appropriate therapeutics.

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