



Tislelizumab with gemcitabine and cisplatin as a neoadjuvant regimen for muscle-invasive bladder cancer: case series

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Introduction and importance: The feasibility of combined tislelizumab with gemcitabine and cisplatin as a neoadjuvant regimen for muscle-invasive bladder cancer (MIBC) remains to be investigated.

Case presentation: The neoadjuvant treatment not only shrunk tumours significantly but also lowered their stages from T4bN1M0, T3N0M0, and T3bN0M0 to pT1, pT0 and pTis, respectively. The treatment suppressed tumour cell proliferation and promoted luminal-to-basal transition.

Clinical discussion: MIBC is an aggressive bladder cancer with poor prognosis. All three patients with MIBC benefited greatly from the neoadjuvant regimen (tislelizumab + gemcitabine + cisplatin). It appears that the effect of the treatment is independent of the levels of programmed death-ligand 1 nor the subtype of urothelial bladder cancer.

Conclusion: Combination of tislelizumab with gemcitabine and cisplatin appeared to be a safe and efficacious neoadjuvant therapy for MIBC.

Keywords: case series, muscle-invasive bladder cancer, neoadjuvant therapy, pathological response, tislelizumab

Introduction

Bladder cancer (BCa) is one of the most prevalent cancer types with estimated 81 180 new cases and 17 100 cancer-related deaths in the United States in 2022^[1]. Urothelial bladder cancer (UBC) is the most common subtype accounting for 90% BCa. Muscle-invasive bladder cancer (MIBC, stage pT2 or higher) were found in about 30% of patients with UBC upon diagnoses^[2]. Due to several factors, mainly the micro-metastasis, patients with MIBC usually have poor prognosis^[3,4]. Even with radical cystectomy, about half of MIBC becomes metastatic within 2 years of diagnosis and most patients usually die of

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HIGHLIGHTS

- The combination of gemcitabine and cisplatin is a standard neoadjuvant therapy for muscle-invasive bladder cancer (MIBC) patients before radical cystectomy.
- Immune checkpoint inhibitors showed their well therapeutic effects in many types of cancers, including MIBC.
- Tislelizumab with gemcitabine and cisplatin as neoadjuvant therapy could well lower the stages and shrink tumours.
- Minor side-effects were observed for MIBC patients receiving tislelizumab with gemcitabine and cisplatin as neoadjuvant therapy before radical cystectomy.

cancer^[5]. Compared with cystectomy alone, platinum-based neoadjuvant chemotherapy reduced death risk by 16–33% and improved 5–10 year overall survival by 5–6%^[6–11] making cisplatin-based neoadjuvant chemotherapy the gold-standard treatment for MIBC^[5]. Combination of gemcitabine with cisplatin (GC) has been suggested as a preferred neoadjuvant therapy because of its comparable efficacy to methotrexate, vinblastine, doxorubicin, and cisplatin but lower toxicity^[12].

Immune checkpoint inhibitors (ICI) are becoming an attractive therapeutic strategy in the treatment of tumours including metastatic BCa. Compared to chemotherapy alone, combination of ICI with chemotherapy greatly improved prognosis of patients with metastatic UBC who missed the chance for surgical treatment^[13]. In addition, multiple clinical trials suggest that combination of ICI with platinum-based chemotherapy could be a new neoadjuvant regimen for patients with advanced tumours

including non-small cell lung cancer, melanoma and oesophageal squamous cell carcinoma^[14–16]. By targeting PD-1, the monoclonal IgG4 antibody tislelizumab showed extremely strong effects against Hodgkin's lymphoma, gastric, oesophageal cancer and lung cancer^[17]. In China, tislelizumab has been approved for patients with advanced or metastatic urothelial carcinoma who also failed with platinum-based chemotherapy within 12 months (<http://drugs.medlive.cn/drugref/html/21697.shtml>). Here, we explored the efficacy of tislelizumab combined with gemcitabine and cisplatin as a neoadjuvant treatment for patients with MIBC.

Methods

Patients

Three patients with MIBC were recruited between March, 2022 and July, 2022 and all of them were treated with the neoadjuvant therapy before radical cystectomy. MRI and histopathological analysis were conducted before and after the treatment. All procedures were followed with the ethical standards of the institutional research committee, the 1964 Helsinki Declaration, and its later amendments or comparable ethical standards.

Neoadjuvant therapy

Tislelizumab (200 mg per vial, Beigene), gemcitabine (200 mg per vial, Eli Lilly and Company) and cisplatin (50 mg per vial, F.H. Faulding Pharmaceuticals Ltd) were dissolved in 0.9% sodium chloride injection (Kelun Pharmaceutical Co., Ltd).

Gemcitabine (1000 mg/m²) and cisplatin (70 mg/m²) were administered intravenously on day 1 and gemcitabine (1000 mg/m²) and tislelizumab (200 mg) on day 8. The treatment timeline is shown in Fig. 1A. Based on previous study^[18], patients underwent 2 or 3 cycles of neoadjuvant therapy before radical cystectomy and the side-effects were monitored carefully during the treatment.

Immunohistochemistry (IHC)

Paraffin-embedded tumour tissues were used for IHC^[19] with the primary bodies against CK5 (ZA0518, ZSGB-BIO), GATA3 (ZA0661, ZSGB-BIO), Ki67 (ZM0166, ZSGB-BIO) and PD-L1 (SP263, VENTANA). For each specimen, five fields were captured randomly with 400x magnification. Ki67 proliferation index is defined as the ratio between Ki67-positive and total tumour cells. Combined positive score (CPS) is defined as the ratio between PD-L1-positive (tumour cells, lymphocytes, and macrophages) and total tumour cells.

This case series is reported in line with the PROCESS Guideline^[20].

Results

Presentation of cases

Patient 1 is a 67-year-old man who was administered to the hospital due to intermittent and painless gross haematuria accompanied by blood clots for 6 months. His haematuria disappeared

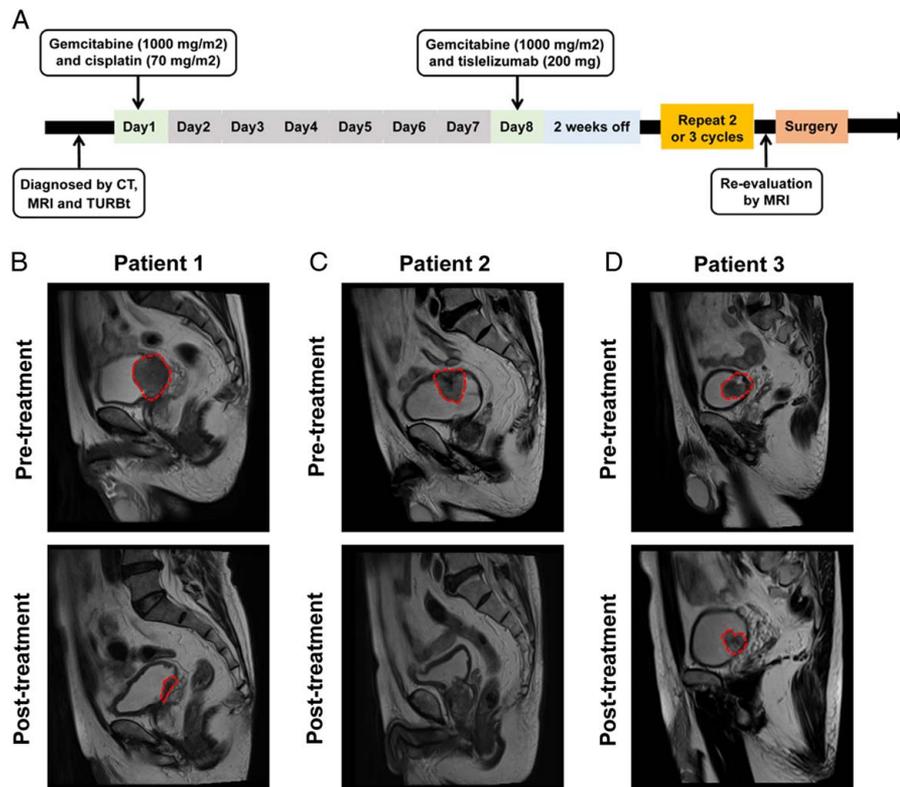


Figure 1. The timeline of patient treatment (A) and the MRI results of patient 1 (B), patient 2 (C) and patient 3 (D) before and after neoadjuvant therapy. CT, computed tomography; TURbt, transurethral resection of bladder tumour.

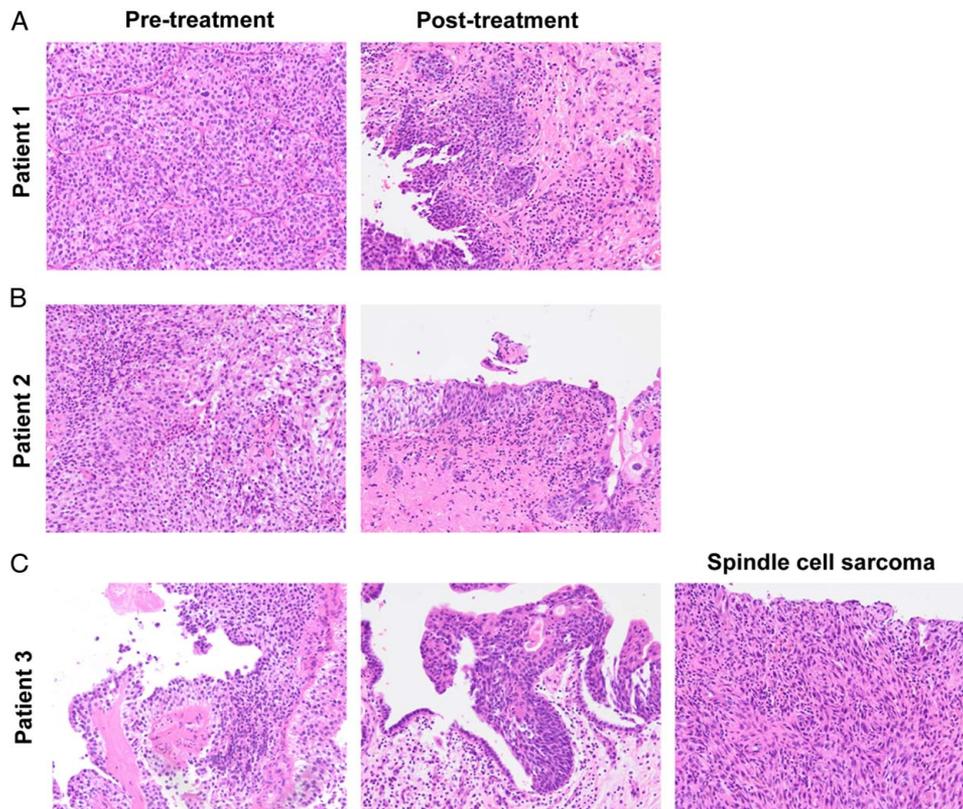


Figure 2. HE staining before and after neoadjuvant therapy of patient 1 (A), patient 2 (B) and patient 3 (C). Original magnification: 200 ×.

when antibiotics were used initially. He was diagnosed with hypertension 7 years ago with the highest blood pressure of 160/105 mmHg. His hypertension was well controlled (around 110/70 mmHg) with nifedipine (20 mg/day). He also suffered minor renal insufficiency with estimated glomerular filtration rate (eGFR) maintained around 65 ml/min (normal, 90 ml/min). Physical examination did not find any additional abnormality. Renal function test indicated that eGFR was 66.85 ml/min. Pelvic computed tomography (CT) found an irregular mass (4.6 × 6.4 cm) located at the left lateral wall of the bladder with left hydronephrosis and left renal atrophy. Enhanced MRI suggested the tumour as MIBC with invasion to the perivesical fat, left seminal vesicles, and the left paravascular iliac lymph nodes (Fig. 1B). Transurethral resection of bladder tumour (TURBt) indicated that the tumour was high-grade invasive urothelial carcinoma with neuroendocrine differentiation (Fig. 2A), a T4bN1M0 bladder cancer. The patient underwent 3 cycles of neoadjuvant regimen (tisnelizumab with gemcitabine and cisplatin). The side-effects included appetite loss with a pain and distend abdomen during treatment. After the neoadjuvant therapy, pelvic MRI showed only limited thickening of bladder wall but the left enlarged paravascular iliac lymph nodes disappeared (Fig. 1B) with negative urine cytology. In the surgically removed sample, only a few cancer cells scattered in mucosa and lamina propria accompanied by fibrous hyperplasia in muscularis propria and inflammatory cells, suggesting his cancer stage lowered to pT1 (Fig. 2A). However, tumour cells were found in the shrunk left paravascular iliac lymph nodes. One year after procedure, the patient developed low back

pain. Results from CT scan indicated pulmonary and thoracic metastasis at T12 and lumbar metastasis at L1. Systemic therapy was conducted for the metastases.

Patient 2 is a 73-year-old man with intermittent and painless gross haematuria accompanied by blood clots for 9 months. He also has hypertension but well controlled with amlodipine besylate (5 mg/day). He smokes about 50 pack-year but physical examination was unremarkable. Laboratory work indicated his albumin was 37 g/l (normal, 40–55 g/l). Pelvic CT revealed an irregular mass (4.4 × 2.6 cm) on the left anterior bladder wall, MRI suggested invasion into the muscle layer of bladder (Fig. 1C), and TURBt confirmed that he had high-grade papillary urothelial carcinoma (Fig. 2B). Therefore, his clinical stage was T3M0N0. He underwent three cycles of neoadjuvant therapy before radical cystectomy. He also experienced appetite loss during the therapy. His tumour shrunk to 0.7 × 0.6 cm (Fig. 1C) and the cancer became pT0 evidenced by multifocal dysplasia, stromal fibrous proliferation with glass-like changes and infiltrated lymphocytes but no tumour cell found in the surgical samples (Fig. 2B). No signs of recurrence were found in the subsequent 9 months of follow-up.

Patient 3, a 61-year-old man who smokes 30 pack-year without chronic disease history, presented with painless gross haematuria. He experienced a recurrent and similar symptom accompanied with blood clots 5 months ago but disappeared without any treatment. Both physical and laboratory examinations revealed no abnormalities except a reduced level of albumin (39.5 g/l). Pelvic CT revealed multiple intravesical masses in his bladder with the

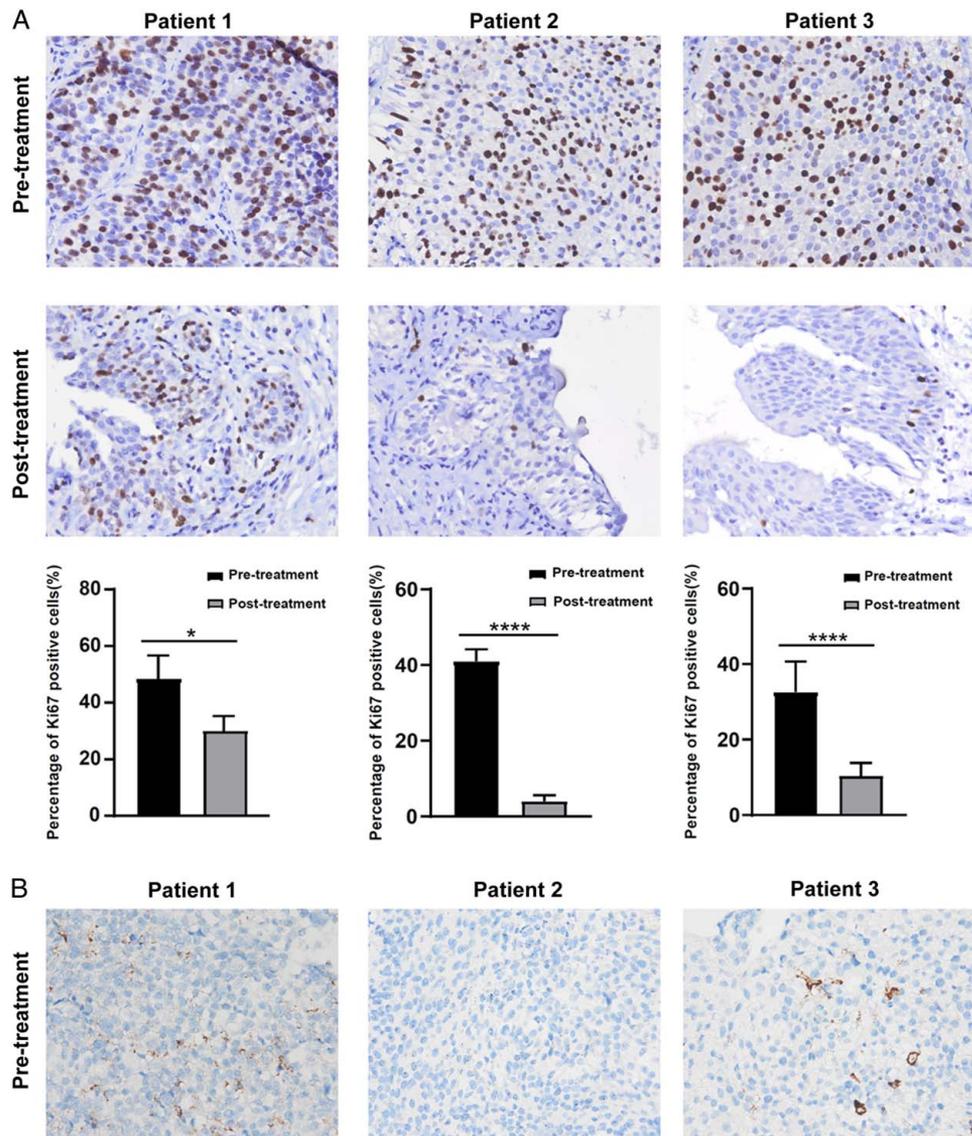


Figure 3. Immunohistochemistry staining for Ki67 of three patients before and after neoadjuvant therapy (A) and PD-L1 before neoadjuvant therapy (B). Original magnification: 400 \times .

largest one located on the right lateral wall. MRI showed the size of the tumour as 3.3 \times 2.2 cm (Fig. 1D) with perivesical fat invasion (T3bN0M0) and TURBt confirmed that the tumour is a high-grade papillary urothelial carcinoma (Fig. 2C). After two cycles of neoadjuvant therapy, the largest tumour shrunk to 1.8 \times 1.4 cm (Fig. 1D) and the tumour stage lowered to pTis, because of only carcinoma in situ with spindle cell sarcoma and mucoid degeneration found in specimen (Fig. 2C). The patient showed mild symptoms including fatigue, nausea, and vomiting during the neoadjuvant therapy. During the 7-month follow-up, no sign of either metastasis or recurrence appeared.

The changes in biomarkers

Compared to that of the pretreatment specimens, significantly reduced Ki67-positive cells were seen in all three post-treatment specimens (Patient 1: 48.6% vs. 30.0%, $P=0.016$; Patient 2:

41.0% vs. 4.0%, $P<0.0001$; Patient 3: 32.6% vs. 10.4%, $P<0.0001$) (Fig. 3A) suggesting that tumour cell proliferation was repressed by the therapy. Prior to the treatment, PD-L1 CPS was greater than or equal to 10% and less than 10% in patient 1 and patient 3, respectively, and undetectable in patient 2 (Fig. 3B). We found that the tumour in patient 1 was both GATA3- positive and CK5-positive (Fig. 4A); the tumour in patient 2 was CK5-positive and GATA3-negative (Fig. 4B); and tumour in patient 3 was GATA3-positive and CK5-negative (Fig. 4C). Given that GATA3 and CK5 had been suggested as biomarkers for luminal or basal subtyping^[21], these results suggested that the repressive effect of the neoadjuvant therapy depended on neither PD-L1 expression nor UBC subtype. In addition, the levels of GATA3 and CK5 significantly decreased and increased, respectively, after neoadjuvant treatment in patient 1 and patient 3.

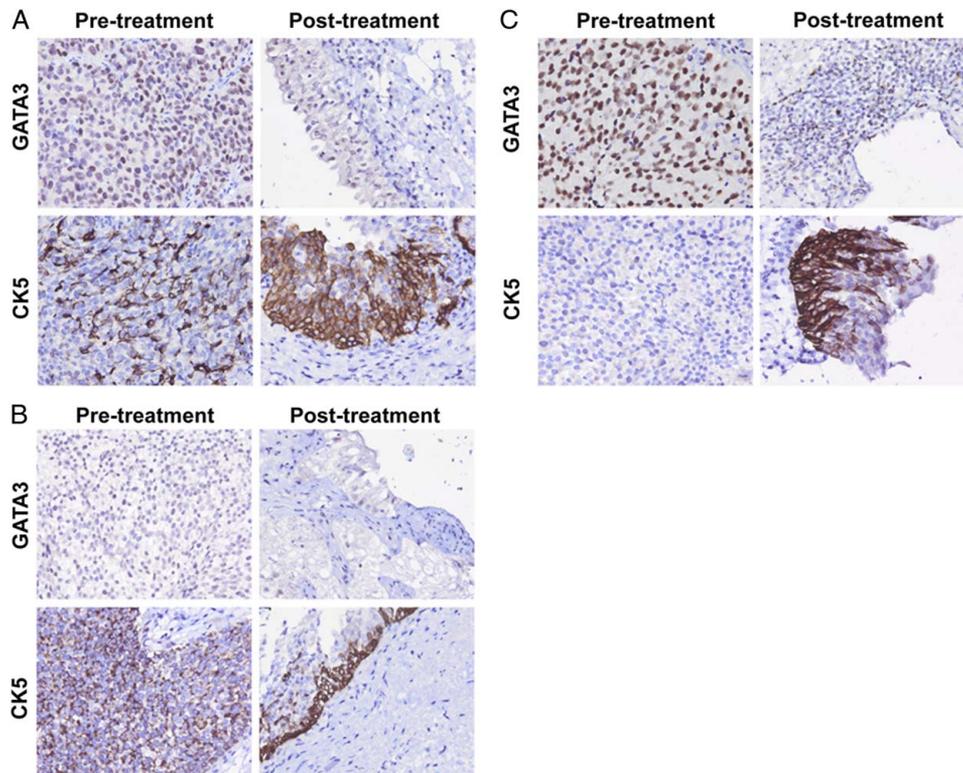


Figure 4. Immunohistochemistry staining for GATA3 and CK5 of patient 1 (A), patient 2 (B) and patient 3 (C) before and after neoadjuvant therapy. Original magnification: 400 \times .

Discussion

We explored the effect of a potential new neoadjuvant regimen on MIBC and found that the tumours in all three patients treated with the regimen shrunk significantly and the tumour stages lowered from T4bN1M0, T3N0M0, and T3bN0M0 to pT1, pT0, and pTis, respectively. The treatment repressed tumour cell proliferation and promoted luminal-to-basal transition. In addition, it appears that the effect of the regimen depended on neither PD-L1 expression nor UBC subtype. Since all three patients manifested with minor adverse effect, this regimen could be developed into an alternative neoadjuvant therapy for MIBC.

All patients undergoing the new therapeutic treatment suffered gross haematuria, which should be differentiated from urinary stones, inflammation and the upper tract urothelial carcinoma. Patients with urinary stones usually had back or abdominal pain. Patients with urinary inflammation usually showed urinary urgency, frequent and painful urination with increased urinary white cells. However, all three patients in this study presented with painless gross haematuria accompanied by blood clots, a typical symptom of urothelial tumour. Additionally, both enhanced CT and MRI suggested that tumours were localized to the bladder lumen rather than the upper tract and TURBt finally confirmed that these were urothelial tumour. Notably, clinical diagnosis of MIBC was usually based on CT and MRI because the TURBt specimens were barely detected with muscular layer^[22].

The positive effects of ICI as neoadjuvant regimen on various tumours have been reported. The use of cabozantinib and nivolumab as neoadjuvant therapy for advanced hepatocellular

carcinoma led to 80–100% pathologic clinical response (pCR, pT0N0)^[23]. Weber *et al.*^[24] reported that neoadjuvant ipilimumab and nivolumab in patients with stage III melanoma achieved 77% pCR rate with 20% of them showing a grade 3/4 adverse reactions. For BCa, pembrolizumab alone as a neoadjuvant regimen achieved 54% pCR rate^[25]. Neoadjuvant atezolizumab in MIBC was associated with pCR rate of 31% and long progression-free survival^[26]. In line with these reports, we found that combination of ICI tislelizumab with GC also lowered tumour T stage in UBC patients.

In China, tislelizumab has been approved as a second-line chemotherapy for patients with relapsed or refractory classical Hodgkin's lymphoma^[17]. Clinical trials indicated tislelizumab possessed anti-tumour effects in urothelial carcinoma^[17]. When tislelizumab was used in patients with PD-L1-positive urothelial carcinoma, objective response rate (ORR), complete response, and partial response rate were 23%, 8%, and 15%, respectively^[27]. The ORR in an open-label, phase I/II trial of urothelial carcinoma achieved 14% (3/22 patients)^[28]. When it was used in patients with previously-treated urothelial carcinoma, the ORR reached 29.4% (5/17)^[29]. As multiple clinical trials (ChiCTR2000037670, ChiCTR2200061816, NCT04813107, and NCT05328336) combining tislelizumab with different chemotherapies as neoadjuvant regimens for MIBC are ongoing, it is unsurprised by the encouraging results when tislelizumab is combined with GC as an alternative neoadjuvant treatment of MIBC. Notably, the efficacy of immunotherapy was associated with both age and sex^[30,31]. Since all three patients in our study were elderly male, further studies with variously aged patients are needed.

Similar to that of the combination of pembrolizumab with GC^[32], it appeared that the effect of our regimen was irrelevant to the levels of PD-L1. It has been noticed that loss of GATA3 promotes bladder cancer migration and invasion^[33] and low-GATA3/high-CK5 predicts poor prognosis of MIBC^[34]. Although our regimen increased and decreased tumour CK5 and GATA3, respectively, suggesting a luminal-to-basal transition, studies with larger sample size are needed. In addition, Ki67 expression appeared to be associated with UBC aggressiveness evidenced by higher grade, muscle invasion, and increased post-operative circulating tumour cells^[35,36]. All three patients in our study had relatively high levels of Ki67 and all responded well to the treatment, suggesting the levels of Ki67 might be an indicator of responsiveness. In addition, significant reduction of Ki67 levels further supported the anti-tumour effect of the regimen. Although the outcome is encouraging, given the limited number of patients in this study, solid conclusions will only be obtained from studies with larger sample size.

Conclusion

Combination of tislelizumab with gemcitabine and cisplatin shrunk tumours significantly in all three patients and the tumour stages lowered from T4bN1M0, T3N0M0, and T3bN0M0 to pT1, pT0 and pTis, respectively, accompanied by reduced tumour cell proliferation. The effect of the regimen appeared to be independent of PD-L1 expression nor UBC subtype. Since all patients manifested very minor adverse effect, the regimen possesses great potential to be developed as a safe and effect adjuvant therapy.

Ethical approval

This study was approved by the ethics committee of Daping hospital (2011-163).

Consent

Written informed consent was obtained from the patients for the publication of this case report with accompanying images. A copy of the written informed consent is available for review by the Editor-in-Chief on request.

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Author contribution

J.J. and Q.L. designed the study. Z.W., Y.W. and S.W. performed the experiments. Z.W., Q.R., and S.P. collected the clinical data. The data were analyzed by Z.W., Y.W. and S.W. Y.Z., J.Z., L.W. and W.L. contributed to patient enrolment and sample collection. Q.L., Z.W. and D.Z. drafted the manuscript. J.J. and Q.L. were responsible for arrangement and supervision. All authors contributed to the article and approved the submitted version.

Conflicts of interest disclosure

The authors declare no potential conflicts of interest.

Research registration unique identifying number (UIN)

Not applicable.

Guarantor

Jun Jiang had full responsibility for the work, the conduct of the study and data access and controlled the decision to publish.

Data availability statement

The data generated in this study were available on request.

Provenance and peer review

Not invited.

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