

1 **The lncRNA *Malat1* is trafficked to the cytoplasm as a localized mRNA encoding a**  
2 **small peptide in neurons.**

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26

27

## 28 **Abstract**

29 Synaptic function is modulated by local translation of mRNAs that are transported to distal  
30 portions of axons and dendrites. The Metastasis-associated lung adenocarcinoma  
31 transcript 1 (*MALAT1*) is broadly expressed across cell types, almost exclusively as a  
32 nuclear non-coding RNA. We found that in differentiating neurons, a portion of *Malat1*  
33 RNA redistributes to the cytoplasm. Depletion of *Malat1* from neurons stimulated  
34 expression of particular pre- and post- synaptic proteins, implicating *Malat1* in their  
35 regulation. Neuronal *Malat1* is localized to both axons and dendrites in puncta that co-  
36 stain with Staufen1 protein, similar to neuronal granules formed by locally translated  
37 mRNAs. Ribosome profiling of mouse cortical neurons identified ribosome footprints  
38 within a region of *Malat1* containing short open reading frames. The upstream-most  
39 reading frame (M1) of the *Malat1* locus was linked to the GFP coding sequence in mouse  
40 ES cells. When these gene-edited cells were differentiated into glutamatergic neurons,  
41 the M1-GFP fusion protein was expressed. Antibody staining for the M1 peptide  
42 confirmed its presence in wildtype neurons, and showed enhancement of M1 expression  
43 after synaptic stimulation with KCL. Our results indicate that *Malat1* serves as a  
44 cytoplasmic coding RNA in the brain that is both modulated by and modulates synaptic  
45 function.

46

## 47 **Introduction**

48 Long non-coding RNAs (lncRNAs) are RNA molecules longer than ~500  
49 nucleotides (nt) that lack extended open reading frames (Mattick et al. 2023; Ransohoff  
50 et al. 2018). lncRNAs localized to the nucleus can function in chromatin organization,  
51 nuclear architecture, genome stability, transcriptional regulation, and RNA processing  
52 (Böhmdorfer and Wierzbicki 2015; Khanduja et al. 2016; Tang et al. 2017; Bergmann and  
53 Spector 2014; Ouyang et al. 2022), while cytoplasmic lncRNAs play similarly diverse roles  
54 in RNA stability, microRNA and protein sequestration, and translational control (Noh et al.  
55 2018; Munschauer et al. 2018; Lee et al. 2016; Karakas and Ozpolat 2021). Despite their  
56 noncoding classification, many cytoplasmic lncRNAs have been found to associate with  
57 ribosomes and be translated (Ingolia et al. 2014; Ruiz-Orera et al. 2014; Wang et al. 2016;  
58 Xing et al. 2021). Short peptides encoded by lncRNA open reading frames (micro ORFs)

59 were found to have function in mRNA processing, DNA repair, muscle regeneration and  
60 development, and cancer progression (Anderson et al. 2015; Nelson et al. 2016; Zhang  
61 et al. 2017; Bi et al. 2017; Matsumoto et al. 2017; Huang et al. 2017; Zhang et al. 2022).  
62 Many new micropeptides were recently identified in human brain, although their roles in  
63 neuronal maturation or activity are mostly unknown (Duffy et al. 2022).

64 *Malat1* (Metastasis Lung cancer Associated Transcript 1) is an abundant and  
65 highly conserved lncRNA expressed in many mammalian cell types. The major *Malat1*  
66 transcript (~7-kb in humans and 6.7-kb in mouse) lacks introns and a poly (A) tail, unlike  
67 a typical mRNA. Instead the *Malat1* transcript undergoes an unusual 3' end processing  
68 reaction where it is cleaved by RNase P to generate a tRNA-like small RNA (mascRNA),  
69 which is transported to the cytoplasm (Wilusz et al. 2008, 2012; Brown et al. 2012). The  
70 5' major portion of the cleaved transcript forms a triple helical structure at its 3' end that  
71 protects it from degradation. These mature *Malat1* transcripts are enriched in nuclear  
72 speckles, and have been found to affect splicing, chromatin organization and transcription  
73 (Tripathi et al. 2010; Engreitz et al. 2014; Chen et al. 2017; Miao et al. 2022). In neurons,  
74 depletion of *Malat1* was found to reduce expression of synaptic proteins and to reduce  
75 neurite outgrowth. These effects were attributed to changes in transcription or miRNA  
76 availability mediated by the nuclear *Malat1* RNA (Bernard et al. 2010; Chen et al. 2016;  
77 Kim et al. 2018; Xie et al. 2021). However, a recent study identified m6A modified *Malat1*  
78 RNA at neuronal synapses and reported that *Malat1* depletion impaired fear extinction  
79 memory.

80 In this study, we report that *Malat1* transcripts are exported to the cytoplasm and  
81 transported into neuronal processes during neuronal development. Unlike previous  
82 observations, we found that depletion of *Malat1* from neurons led to upregulation of pre-  
83 and post- synaptic proteins important for neuronal maturation. We demonstrate that  
84 *Malat1* colocalizes with the neuronal granule protein Staufen1 in puncta within both axons  
85 and dendrites of mature neurons. We further discovered that this neuronal MALAT1 is  
86 translated to produce a micropeptide, and that expression of this micropeptide is  
87 stimulated by synaptic activity. These findings suggest alternative mechanisms for how  
88 the *Malat1* RNA can affect neuronal maturation and activity.

89

## 90 Results

### 91 A portion of *Malat1* RNA is exported to the cytoplasm in differentiating neurons 92 and transported into neurites.

93 *Malat1* is a well-studied lncRNA enriched in nuclear speckles and largely absent  
94 from the cytoplasm across many cell types (Tripathi et al. 2010; Nakagawa et al. 2012;  
95 Miyagawa et al. 2012). We previously generated extensive RNA-sequencing data from  
96 fractionated cellular compartments (Yeom et al. 2021). Total rRNA-depleted RNA was  
97 extracted and sequenced from chromatin, nucleoplasm and cytoplasm fractions of three  
98 mouse cell types: ES cells (mESC), neuronal progenitor cells (NPC), and primary cortical  
99 neurons explanted from 15 day embryos and differentiated for 5 days in culture. We  
100 observed that, in contrast to ESC and NPC, cortical neurons displayed abundant *Malat1*  
101 RNA in the cytoplasm in addition to that in the nuclear fractions (Fig. 1A). Other nuclear  
102 lncRNAs, including *Neat1* (Yeom et al. 2021) and *kcnq1ot1* (Supplemental Fig. 1A)  
103 maintained their almost exclusively nuclear expression in all three cell types.

104 We cultured primary cortical neurons from E16 mice (Fig 1B) and quantified *Malat1*  
105 RNA abundance across neuronal maturation by RT/qPCR. We found *Malat1* expression  
106 increased 4-fold relative to *Gapdh* between DIV0 and DIV17 (Fig. 1C). This roughly  
107 paralleled a 5-fold increase in the neuronal mRNA *Map2* although the two transcripts  
108 differed in their abundance profiles across time (Fig. 1C).

109 Cell nuclei are difficult to cleanly isolate from cultured neurons after about 5 days  
110 of in vitro culture (DIV5). To confirm the release of *Malat1* into the cytoplasm of mature  
111 neurons, we used a digitonin elution assay at various stages of neuronal maturation  
112 (Supplemental Fig. 1B) to permeabilize the plasma membrane and selectively release the  
113 cytoplasmic components (Adam 2016; Niklas et al. 2011). This material was compared  
114 to the remaining cellular material containing both cytoplasmic and nuclear contents. RNA  
115 was then extracted from the two fractions and assayed by reverse transcription PCR (RT-  
116 PCR) (Supplemental Fig. 1B). Notably, cytoplasmic *Malat1* transcripts were detected at  
117 DIV 2 and increased at DIV 5 and 10 (Supplemental Fig. 1B). This was similar to  
118 cytoplasmic mRNAs (*Gapdh* and *Actb*) and in contrast to the nuclear RNAs *Neat1* and  
119 *U6* that were found almost entirely in the combined nuclear and cytoplasmic fraction at  
120 all DIVs (Supplemental Fig. 1B).

121 We also analyzed previously published RNAseq data generated from rat neuronal  
122 processes that had extended through a filter to allow the clean separation of cell  
123 projections from cell bodies and nuclei (Saini et al. 2019). These data showed that *Malat1*  
124 was abundantly expressed in neurites, whereas another nuclear lncRNA *Neat1* was  
125 absent (Supplemental Fig. 1C, D)(Saini et al. 2019).

126 We next sought to directly observe *Malat1* in neurons and assess its subcellular  
127 distribution using single molecule RNA fluorescence in situ hybridization (smFISH). We  
128 designed and labeled 94 fluorescently tagged oligonucleotides that tile the *Malat1*  
129 sequence (Xiao et al. 2023). As expected, these probes densely stained the nuclei in  
130 neurons throughout maturation (Fig. 1D). In addition, there were many small *Malat1*  
131 stained puncta in the neuronal processes, whose number increased with maturation (Fig.  
132 1D, Fig. 1E). *Malat1* puncta were observed in both axons and dendrites, with larger  
133 numbers in axons, as defined by the cellular morphology (Fig. 1E). Measuring the punctal  
134 density of *Malat1* along axons or dendrites, the *Malat1* puncta decreased with distance  
135 from the soma (cell body) (Fig. 1F-G). To confirm the specificity of the *Malat1* FISH signal,  
136 we split the 94 *Malat1* probes into two subsets targeting either the 5' or 3' portion of the  
137 *Malat1* transcript. Each 47-probe subset was labeled with a different fluorophore  
138 (ATTO565 or ATTO647N) (Supplemental Fig. 2A). As shown in Supplemental Fig. 2B,C  
139 the two probe subsets co-localized well along the neurites, indicating they are staining  
140 both the 5' and 3' portions of the RNA. Overall these results demonstrate that *Malat1* RNA  
141 is transported from the nucleus to the cytoplasm in developing cortical neurons and is  
142 trafficked into neurites away from the soma.

143

#### 144 **Depletion of *Malat1* stimulates the expression of synaptic proteins.**

145 Previous studies found that *Malat1* depletion by ASOs decreased the levels of  
146 synapsin and other synaptic markers in cultured hippocampal neurons, while *Malat1*  
147 overexpression led to increases in synapse density (Bernard et al. 2010; Madugalle et al.  
148 2023). These effects were thought to result from the loss of nuclear *Malat1*, but given the  
149 observations above, they could also result from effects of cytoplasmic *Malat1*. To examine  
150 the effects of *Malat1* in our system, we designed three GapmeR oligonucleotides (ASO-  
151 a, ASO-b and ASO-c) complementary to sequences in *Malat1* that target the RNA for

152 degradation by RNase H (Supplemental Fig. 2D). Each of these ASO's induced efficient  
153 (>90%) depletion of *Malat1* measured by reverse transcription-qPCR (Supplemental  
154 Fig.2E), and eliminated *Malat1* staining by FISH (Supplemental Fig. 2F). To examine the  
155 effects of *Malat1* depletion in our cortical cultures, we treated the cells with Gapmer ASO's,  
156 and then assayed a variety of neuronal and synaptic markers by RT/qPCR and  
157 immunoblot. Surprisingly, we observed increased mRNA levels for some synaptic  
158 proteins such as Synaptophysin and NRG1, and for the neuronal beta-tubulin protein  
159 TuJ1 (Fig. 2A). The magnitude of these mRNA changes varied depending on the protein,  
160 with the largest being about two-fold for NRG1. Synaptophysin and PSD95 proteins also  
161 increased about two-fold upon *Malat1* depletion, as measured by immunoblot (Fig. 2B-  
162 C). This was confirmed by immunofluorescence, where both the presynaptic  
163 synaptophysin and postsynaptic PSD95 were seen to increase in the soma and  
164 throughout the dendritic arbor after Gapmer treatment (Fig. 2D-G). Thus in our system,  
165 *Malat1* acts to reduce the expression of certain neuronal proteins. Why *Malat1* depletion  
166 in our system might have the opposite effect of the previous observations is not clear.

167

### 168 ***Malat1* co-localizes with Staufen1 in neuronal mRNA granules.**

169 Many neuronal mRNAs are packaged into mRNP granules for their transport into  
170 distal processes where they are locally translated (Bauer et al. 2023; Grzejda et al. 2022;  
171 Knowles et al. 1996; Holt et al. 2019). The mRNAs in these particles are densely  
172 packaged with proteins and have been observed to have low accessibility to FISH probes  
173 (Bauer et al. 2023; Fritzsche et al. 2013). Limited proteinase treatment has been  
174 employed to expose these RNAs and boost their FISH signals (Young et al. 2020; Sato  
175 et al. 2022; Buxbaum et al. 2014). Similar to the previous observations, we found that,  
176 *Malat1* puncta in the cytoplasm became brighter and more numerous after limited  
177 proteinase K treatment (Fig. 3A-B). In contrast, the FISH signal for the actively translated  
178 *Gapdh* mRNA was not altered by the protease treatment (Fig. 3A-B).

179 One protein associated with mRNA in neuronal granules is Staufen1 (Mallardo et  
180 al. 2003; Kiebler and Bassell 2006). To examine Staufen1 association with *Malat1*, we  
181 combined smFISH and Immunofluorescence (IF) using the *Malat1* hybridization probes  
182 and an antibody against Staufen1. We found *Malat1* and Staufen1 were strongly but not



183 completely colocalized in the cytoplasm of neurons at DIV16 (Fig. 3C-D). The staining of  
184 the related Staufen2 protein was also strongly correlated with the *Malat1* FISH signal  
185 (Supplemental Fig. 3A-B). In contrast, CaMK2a mRNA, a locally translated mRNA that  
186 forms granules, showed minimal overlap with *Malat1*, indicating that these two RNAs are  
187 in different granules (Supplemental Fig. 3C-D). Neuronal mRNA granules are trafficked  
188 along neuronal processes but are excluded from synaptic spines (Kiebler and Bassell  
189 2006; Batish et al. 2012). Costaining for the pre- and postsynaptic proteins Synaptophysin  
190 and PSD95 with *Malat1* RNA revealed that *Malat1* was not colocalized with glutamatergic  
191 synapses (Supplemental Fig. 3E-H). Thus, the *Malat1* in neuronal processes is packaged  
192 with Staufen proteins into structures similar to mRNA granules.

193 Neuronal mRNAs traveling within dendrites can be mobilized for translation by  
194 synaptic stimulation, which induces their local unpacking from the granule and  
195 increases their FISH signal (Holt et al. 2019; Kiebler and Bassell 2006; Schuman 1999;  
196 Krichevsky and Kosik 2001; Formicola et al. 2021; Buxbaum et al. 2014). Similarly, we  
197 found that depolarization of the cultured neurons with 60 mM potassium chloride for 1  
198 hour led to a significant increase in the cytoplasmic FISH staining for *Malat1* (Fig. 3E-F).  
199 This increased signal was not due to an increase in *Malat1* RNA abundance as measured  
200 by RT/PCR (Supplemental Fig. 2G-I). Taken together these data indicate that cytoplasmic  
201 *Malat1* is localized to RNA granules in neuronal processes and is released in an activity-  
202 dependent manner.

203

#### 204 **Small polypeptides are encoded within the 5' region of *Malat1*.**

205 Many RNAs originally classified as noncoding have been found to encode small  
206 peptides serving a variety of cellular functions (Nelson et al. 2016; Matsumoto et al. 2017;  
207 Huang et al. 2017). The activity-dependent release of cytoplasmic *Malat1* from mRNA  
208 granules in neurons raised the possibility that *Malat1* might engage with ribosomes and  
209 be translated. To assess this, we examined ribosome profiling data of mRNAs in cultured  
210 cortical neurons. We identified several ribosome peaks within the 5' region of *Malat1*,  
211 suggesting that *Malat1* associates with ribosomes (Fig. 4A). This was in contrast to two  
212 other lncRNAs, *Neat1* and *Norad*, that showed no ribosomal binding peaks (Supplemental  
213 Fig. 4B-C). Reexamining previously reported ribosome profiling data for dendritically

214 localized mRNAs in rat neurons showed similar peaks to mouse *Malat1* (Saini et al. 2019).  
215 Similar peaks were also previously observed in human *Malat1* from HeLa cells (Wilusz et  
216 al. 2012). For typical neuronal mRNAs such as *Map2* (Supplemental Fig. 4A) ribosome  
217 occupancy was limited to the open reading frames. Searching for possible ORFs near the  
218 ribosomal peaks within *Malat1*, we identified 6 potential short ORFs (M1-M6), each with  
219 an ATG start codon and a minimal ORF length of 30 nt (Fig. 4A). These ORFs exhibited  
220 relatively modest but statistically significant conservation between mammalian species  
221 (Fig. 4B and Supplemental Fig. 5A-B). Of these ORFs only M1 showed overlapping  
222 ribosome binding and this did not extend equally through the ORF. Similar incomplete  
223 coverage has been observed in other short ORF's (Powers et al. 2022; Brar et al. 2012).  
224 This ribosome association with *Malat1* could result in productive translation, serve some  
225 regulatory role, or simply be adventitious.

226 To determine whether the *Malat1* ORFs are translated in neurons, we created  
227 fusion constructs containing the EGFP ORF, minus its own ATG, linked as an in-frame  
228 C-terminal extension of each *Malat1* ORF (Supplemental Fig. 6A). Transient expression  
229 of these constructs in N2a neuroblastoma cells and assay by fluorescence microscopy  
230 revealed that the M1 and M5 ORFs can initiate productive translation to produce the fused  
231 GFP (Supplemental Fig. 6B). Immunoblots confirmed that these proteins migrated at the  
232 expected masses of the M1 and M5 fusion proteins (Supplemental Fig. 6C). Notably, GFP  
233 expression was lost when the M1 start codon was mutated from ATG to TAG, indicating  
234 initiation is occurring at the M1 ATG (Supplemental Fig. 6A-C). To confirm that GFP was  
235 translated from the entire *Malat1* and not a fragment of the ectopically expressed RNA,  
236 we performed RNA FISH in N2a cells after transient expression of the M1-GFP and M1-  
237 mut-GFP constructs (Supplemental Fig. 6D). *Malat1* FISH signals were observed in both  
238 nucleus and cytoplasm (Supplemental Fig. 6D). The cytoplasmic signal for *Malat1*  
239 colocalized with the FISH signal for GFP, indicating that the GFP protein was translated  
240 from the full length *Malat1*. The M1-mutant-GFP-*Malat1* transcripts were localized to the  
241 cytoplasm, but did not produce GFP protein (Supplemental Fig. 6D). These results  
242 demonstrate that the M1 ORF is translated from the whole *Malat1* transcript when  
243 expressed from a plasmid.

244



245 **The M1 peptide is translated from RNA produced from the endogenous *Malat1* loci.**

246 To confirm that M1 peptide is produced from endogenous *Malat1*, we employed  
247 CRISPR-Cas9 editing of the *Malat1* locus in mouse ES cells (E14) to insert GFP as a C-  
248 terminal extension of the M1 ORF. This generated a knockin GFP-tagged M1 ORF (M1-  
249 wt-KI, Fig. 4C). As a negative control, a parallel construct replaced the M1 ATG start  
250 codon with TAG to create a mutant knockin allele of the M1 ORF (M1-mut-KI, Fig. 4C).  
251 Genotyping individual edited clones identified one homozygous and four heterozygous  
252 M1-wt-KI lines, as well as three heterozygous M1-mut-KI lines (Supplemental Fig. 7A-B).  
253 The correct in-frame insertion of GFP into the *Malat1* loci was confirmed by Sanger  
254 sequencing (Supplemental Fig. 7C). Neither the M1-wt-KI nor M1-mut-KI alleles exhibited  
255 GFP fluorescence in ES cells, as expected from the nuclear localization of *Malat1* (Fig.  
256 4D). We then differentiated the wildtype and GFP-knock-in ES lines into glutamatergic  
257 neurons (Supplemental Fig. 7D). All three lines differentiated efficiently into cells with  
258 neuronal morphology that expressed neuronal markers Tuj1, PSD95, and vGlut1 as  
259 assayed by RT/PCR and immunofluorescence (Supplemental Fig. 7E-G). We found that  
260 GFP protein was expressed in the M1-wt-KI neurons but was absent in the M1-mut-KI  
261 neurons, indicating translation of the endogenous *Malat1* M1-ORF in differentiated  
262 neurons (Fig. 4E). The M1-GFP expression was selective to neurons and absent from  
263 non-neuronal cells in the culture. The expression of M1-GFP protein was also validated  
264 by immunoblot using GFP and M1 antibodies (described below) in the ESC-derived  
265 neurons (Fig. 4F). These data demonstrate that in neurons, but not in ESC, *Malat1* RNA  
266 undergoes translation initiation at the start codon of the M1 ORF.

267

268 **M1 peptide expression is enhanced by depolarization.**

269 To assay the presence of the M1 peptide without a GFP fusion, we raised an  
270 antibody to a 19 amino acid segment of the 35 residue peptide (Fig. 4B). We confirmed  
271 the reactivity and specificity of the antibody in immunoblot assays in N2a cells expressing  
272 an RFP-M1 fusion protein (Supplemental Fig. 8A-B). The M1 antibody also  
273 immunoprecipitated the GFP-M1 fusion protein (Supplemental Fig. 8B-C). In  
274 immunofluorescence assays of N2a cells expressing RFP fusion proteins, the antibody  
275 yielded abundant cytoplasmic staining in cells expressing RFP-M1 and no signal in cells

276 expressing RFP fused to the M6 peptide or to the Rbfox1 protein (Supplemental Fig. 8D-  
277 E). These experiments confirmed that the M1 antibody could detect the protein with  
278 minimal background. The short length of the native M1 peptide precluded its detection by  
279 immunoblot.

280 Immunofluorescent staining of cultured neurons with the M1 antibody detected  
281 expression of the native protein in the cytoplasm and dendritic processes (Fig. 5A). To  
282 confirm that the fluorescent staining was derived from the M1 peptide and not another  
283 reactivity of the antibody, we treated the neurons with the Gapmer oligos to degrade  
284 *Malat1* (Supplemental Fig. 2D). Importantly, depletion of *Malat1* eliminated the  
285 immunofluorescence staining by the M1 antibody (Fig. 5A). Thus, endogenous M1  
286 peptide encoded by *Malat1* is produced in cultured neurons.

287 We showed above that KCl depolarization resulted in increased *Malat1* FISH  
288 signal in neurons without an increase in *Malat1* abundance, presumably due to  
289 unpackaging of the RNA from neuronal granules (Krichevsky and Kosik 2001; Formicola  
290 et al. 2021; Buxbaum et al. 2014; Bi et al. 2006; Mofatteh et al. 2020). (Fig. 3E-F). To test  
291 if this activity-dependent release of local *Malat1* transcripts resulted in increased M1  
292 micropeptide translation, we depolarized primary cortical neurons with 60 mM KCl (Ueda  
293 et al. 2022). We found that KCl depolarization for 30 and 60 min led to 1.5 and 2 fold  
294 increases respectively in M1 staining over the whole cell. The nuclear M1 protein was  
295 notably increased indicating that the small M1 peptide can enter the nucleus after  
296 synthesis (Fig. 5C). We also examined expression of M1-GFP in the ESC derived  
297 neurons. In these cells, GFP fluorescence increased 35% after KCL treatment (Fig. 5D-  
298 E). Overall, these data indicate that neurons translate *Malat1* RNA to produce the M1  
299 peptide and that M1 peptide expression is increased with neuronal activity.

300

## 301 **Discussion**

### 302 ***Malat1* is exported to the cytoplasm in neurons.**

303 We demonstrate that in postmitotic neurons a portion of the typically nuclear  
304 lncRNA *Malat1* is exported into the cytoplasm, where it is translated to produce a  
305 micropeptide (M1). The unusual processing pathway of *Malat1* and its lack of a poly-A tail  
306 do not preclude its translation (Wilusz et al. 2008, 2012; Brown et al. 2012). The 3' portion

307 of the *Malat1* RNA was previously shown to enhance translation of an upstream ORF  
308 when present in a reporter mRNA (Wilusz et al. 2012).

309 *Malat1* has also been found in the cytoplasm of several types of cancer cells,  
310 including bladder, hepatic, and breast cancer, and of platelet precursor cells (Zhu et al.  
311 2023; Zhao et al. 2021; Shih et al. 2021; Sun et al. 2023). It is not clear if *Malat1* RNA is  
312 translated in these cells, but it was found to encode an antigenic peptide in colorectal  
313 cancer cells (Barczak et al. 2023). The mechanisms that allow selective release of *Malat1*  
314 from the nucleus are not clear. *Malat1* is normally sequestered on chromatin through a  
315 mechanism that requires binding by the U1 snRNP (Yin et al. 2020). In addition to splicing,  
316 U1 also functions to suppress premature polyadenylation during transcription (Venters et  
317 al. 2019). Interestingly, changes in U1 activity both after neuronal stimulation and in  
318 cancer cells are thought to cause the global activation of new cleavage and  
319 polyadenylation sites (Berg et al. 2012). Thus, the release of *Malat1* for nuclear export  
320 selectively in neurons may involve reduced activity or availability of U1 in these cells.  
321 However, U1 inhibition was found to release *Malat1* from chromatin into the soluble  
322 nucleoplasm but not its export to the cytoplasm. Thus, changes in U1 function alone are  
323 unlikely to be sufficient for *Malat1* export. *Malat1* enrichment in nuclear speckles also  
324 requires multiple RNA binding proteins (Miyagawa et al. 2012; Wang et al. 2019).  
325 Inhibition of U1 or depletion of the nuclear speckle factors do not release *Malat1* into the  
326 cytoplasm. Additional factors mediating its nuclear localization could include an  
327 expression and nuclear retention element (ENE) similar to those found on viral noncoding  
328 RNAs (Brown et al. 2012; Conrad and Steitz 2005), and/or m6A modifications seen in  
329 synaptically localized *Malat1* (Madugalle et al. 2023).

330

### 331 ***Malat1* is a localized mRNA.**

332 We find that *Malat1* is packaged into neuronal granules that contain Staufen  
333 protein and are trafficked into neuronal processes of developing cortical neurons. *Malat1*  
334 has been observed in neurites of hippocampal neurons by expansion microscopy (Alon  
335 et al. 2021), and was found to enrich in synaptic fractions after a fear extinction learning  
336 protocol (Madugalle et al. 2023). Dendritic RNA granules contain mRNAs that are  
337 translationally silent and masked to detection by FISH (Bauer et al. 2023; Buxbaum et al.

2014). They are transported along processes through association with microtubule based motors to allow their selective unpackaging and translational activation at specific stimulated synapses (Holt et al. 2019; Fritzsche et al. 2013). Similar to localized mRNA, both protease treatment and depolarization with KCl dramatically increase the detection of neuritic *Malat1* by FISH. Neuronal depolarization with KCl also increases synthesis of the *Malat1* encoded M1 peptide. These data together uncover a new function for *Malat1* as not only a nuclear lncRNA, but also a cytoplasmic coding RNA.

345

### 346 **Functions of *Malat1* translation products.**

347 We found that the peptide encoded by the M1 ORF is expressed from the  
348 endogenous *Malat1* locus in stimulated neurons. So far, the M1 peptide is the only *Malat1*  
349 translation product directly observed in neurons. We did observe modest translation of an  
350 M5 ORF-GFP fusion produced from a transgene in N2a cells. Peptides from additional  
351 *Malat1* ORFs may be synthesized in other cells or conditions. Further work interrogating  
352 the function of M1 and perhaps other peptides should shed light on the roles of  
353 micropeptides in neuronal maturation (Duffy et al. 2022).

354 The existence of cytoplasmic, translated *Malat1* must now be considered in  
355 interpreting the effects of *Malat1* depletion experiments. An earlier study found that loss  
356 of *Malat1* reduced expression of synaptic proteins in hippocampal neurons (Bernard et al.  
357 2010). Others found that Malat-1 knockdown in N2a cells or hippocampal neurons  
358 inhibited neurite outgrowth (Chen et al. 2016; Jiang et al. 2020), whereas Malat-1  
359 depletion from the brain was seen to impair fear-extinction memory (Madugalle et al.  
360 2023). These observations in diverse settings could all involve loss of the M1 peptide  
361 along with the RNA. We found that depletion of *Malat1* from neurons, using either ASO's  
362 or shRNAs (data not shown), stimulated the expression of synaptic and other neuronal  
363 proteins. These divergent observations from those earlier (Bernard et al. 2010) could  
364 arise from differences in cell types, culture systems, or methods of modulating *Malat1*  
365 levels and will need further investigation. In our system, the stimulated expression of  
366 synaptic proteins observed upon *Malat1* depletion could result from the loss of nuclear  
367 *Malat1* RNA, as proposed in earlier studies, or from the loss of the M1 peptide. It is also

368 possible that loss of *Malat1* from the pool of ribosome bound RNAs might have an indirect  
369 effect on translational capacity.

370 The presence of *Malat1* as a translating mRNA in neurons also suggests an new  
371 possible source for physiological phenotypes observed in the *Malat1* knockout mice.  
372 These mice develop normally and phenotypes from *Malat1* loss have primarily been  
373 observed in either the nervous system or in cancer. It will be interesting to assess during  
374 the late neuroendocrine state of many cancers whether *Malat1* becomes cytoplasmic and  
375 produces M1 peptide. The role of micropeptides in these cellular processes will be an  
376 interesting area to explore.

377

## 378 **SUPPLEMENTAL INFORMATION**

379 Supplemental Information including nine figures and two tables and can be found with  
380 this article.

## 381 **MATERIALS AND METHODS**

### 382 **Tissue culture.**

383 We maintained mouse embryonic stem cells (E14) in ESC Media containing: DMEM  
384 (Fisher Scientific) supplemented with 15 % ESC-qualified fetal bovine serum (Thermo  
385 Fisher Scientific), 1x non-essential amino acids (Thermo Fisher Scientific), 1x GlutaMAX  
386 (Thermo Fisher Scientific), 1x ESC-qualified nucleosides (EMD Millipore), 0.1 mM  $\beta$ -  
387 Mercaptoethanol (Sigma-Aldrich), and  $10^3$  units/ml ESGRO leukemia inhibitor factor (LIF)  
388 (EMD Millipore). N2a cells were maintained in Dulbecco's Modified Eagle's Medium  
389 (DMEM) (Gibco, Invitrogen) supplemented with 10% fetal bovine serum (FBS) and  
390 penicillin-streptomycin. Cells were grown in incubator with 5% CO<sub>2</sub> at 37C.

### 391 **Primary cortical neuron culture.**

392 Embryonic day 16 C57BL/6J pregnant dams (Charles River Laboratories) were sacrificed  
393 by CO<sub>2</sub> overdose followed by cervical dislocation. Embryos were decapitated with sharp  
394 scissors, and cortices from males and females were dissected into ice-cold Hank's  
395 Balanced Salt Solution (HBSS, Ca<sup>2+</sup>- and Mg<sup>2+</sup>- free) and randomly pooled. Cortices  
396 were treated with DNase1 and trypsin in a 37C water bath for 12 min. Cortices were then  
397 washed once with HBSS and triturated in HBSS containing 10% DNase1 by pipetting up  
398 and down for 12 times. Dissociated cells were spun down and washed once with Plating

399 Media (Neurobasal supplemented with 20% horse serum, 10% 250 mM sucrose in  
400 neurobasal, 0.25x Glutamax and 1x Pen/Strep ). Cortical neurons were plated at a density  
401 of ~500 cells/mm<sup>2</sup> (for RNA or protein isolation) or ~250 cells/mm<sup>2</sup> (for  
402 immunocytochemistry) on tissue culture plates or coverslips (Fisher Scientific,  
403 NC0672873) coated with 0.1mg/mL poly-L-lysine (Sigma-Aldrich, P1274-100mg) in  
404 borate buffer (0.1 M borate acid in H<sub>2</sub>O, pH8.5). Cells were initially plated in Plating Media  
405 and then refreshed with Feeding Media (Neurobasal supplemented with B27 and  
406 Glutamax ) the second day after seeding. AraC was added at DIV4 to a final concentration  
407 of 2.5 uM. Half the culture media was replaced with fresh Feeding Media every 3 days  
408 beginning at 4 days in vitro (DIV4). Primary cultures were maintained in a 37C incubator  
409 supplemented with 5% CO<sub>2</sub>.

#### 410 **GapmeR ASO Knockdown.**

411 Cortical primary neurons were isolated from E16 embryos and plated at a density of ~250  
412 cells/mm<sup>2</sup> on poly-L-lysine coated plates or coverslips. GapmeR ASOs were  
413 gymnotically introduced into primary neurons at DIV 8. GapmeRs were synthesized by  
414 IDT and transfected into cells as previously described (Williams et al. 2022). Briefly, For  
415 gymnotic delivery, the ASO was added to the medium at the desired concentration  
416 (typically 2.5 to 5 uM) with a single treatment at DIV 8. ASO's were not replenished with  
417 fresh medium additions. After 3 days transfection, the cells were harvested for RNA  
418 extraction or immunofluorescence. The Control and Malat1 knockdown ASOs are list  
419 below.

420 Control-ASO sequences:

421 5'-/52MOErC/\*i2MOErC/\*i2MOErT/\* /i2MOErT/\*C\*C\* C\*T\*G\* A\*A\*G\* G\*T\*T\*  
422 C\*/i2MOErC/\*i2MOErT/\* /i2MOErC\*/32MOErC/-3'

423 Malat1-ASO-a sequences:

424 5'-/52MOErG/\*i2MOErG/\*i2MOErG/\*i2MOErT/\*i2MOErC/\*A\*G\*C\*T\*G\*C\*C\*A\*A\*T\*/  
425 i2MOErG/\*i2MOErC/\*i2MOErT/\*i2MOErA\*/32MOErG/ -3'

426 Malat1-ASO-b sequences:

427 5'-/52MOErC/\*i2MOErC/\*i2MOErA/\* /i2MOErG/\*G\*C\* T\*G\*G\* T\*T\*A\* T\*G\*A\*  
428 C\*/i2MOErT/\*i2MOErC/\* /i2MOErA\*/32MOErG/ -3'

429 Malat1-ASO-c sequences:



430 5'-/52MOErA\*/i2MOErA\*/i2MOErC/\* /i2MOErT/\*A\*C\* C\*A\*G\* C\*A\*A\* T\*T\*C\*  
431 /i2MOErC\*/i2MOErG\*/i2MOErC/\* /32MOErC/ - 3'.

### 432 **Ribosome profiling.**

433 Primary cortical neurons were dissected from E16 embryos in C57BL/6 mice. The  
434 dissociated neurons were then plated on 10 cm dishes at a density of 2.25 million cells.  
435 The primary neurons were cultured for 18 days. Cells were flash frozen in liquid nitrogen  
436 at DIV 18, moved to dry ice, and lysed in Turbo DNase I lysis buffer containing 100 ug/ml  
437 cycloheximide. Cell lysate was digested with RNase I at a ratio of 1U RNase:2 ug RNA  
438 for 45 minutes on a nutator. The reaction was inhibited with Superase-In RNase Inhibitor  
439 (Thermo Fisher Scientific catalog number AM 2696). Ribosome protected fragments  
440 (RPFs) were pelleted through a sucrose cushion centrifuged for 2 h at 100,000xg in a  
441 TLA centrifuge at 4 degrees Celsius. Ribosome protected RNA fragments were recovered  
442 using the Zymo Direct RNA Miniprep kit. RNA was precipitated with isopropanol and  
443 resuspended in 10 mM Tris PH 8. Footprint fragments were purified by gel electrophoresis  
444 on a 15% polyacrylamide TBE-Urea gel stained with SYBR Gold. A 10 bp ladder, NI-800,  
445 and NEB miRNA were used as markers to select and isolate 17-34 nt fragments ~28nt  
446 footprints. RNA was extracted from gel slices overnight, precipitated with isopropanol,  
447 and resuspended in 10 mM Tris pH8. Footprints were then dephosphorylated and ligated  
448 to pre-adenylated 3' linkers with unique barcodes. Ligation reactions were purified using  
449 the Zymo Oligo Clean and Concentrator Kits. Next, ribosomal RNA (rRNA) was depleted  
450 using RiboZero Gold Illumina kit according to manufacturer's protocol. Samples were  
451 again purified with the Clean and Concentrator Kit. Reverse transcription was performed,  
452 and cDNA was circularized using circligase II and library was constructed using PCR.  
453 Distribution analysis was conducted using HSD1000 Screen Tape and verified to be on  
454 average between 175-190 bp in length. Libraries were sequenced and aligned to whole  
455 mouse genome. All steps were conducted using two biological replicates.

### 456 **Immunofluorescence (IF).**

457 ESC, N2A and cultured primary neuron cells were washed once with ice-cold PBSM (1 x  
458 PBS, 5 mM MgCl<sub>2</sub>), followed by fixation with 4% paraformaldehyde in PBSM for 10 min  
459 at room temperature (RT). After a 5-minute wash with ice-cold PBSM, the cells were  
460 permeabilized with 0.3% Triton X-100 in PBSM for 7 min on ice. The cells were washed

461 once with PBSM and blocked with 3% BSA (Fraction V) in PBSM for 0.5 h at RT. The  
462 coverslips were then incubated with primary antibody in 3% BSA in PBSM for 1 h at RT.  
463 After 3 washes in PBST (1xPBS 0.1% tween 20), secondary antibody (goat-anti-mouse-  
464 Cy3: VWR- 95040-042 or goat-anti-rabbit-cy5 or Donkey anti-chicken-488) diluted in in 1  
465 x PBS was added for 45 min at RT.

466 For IF only: Cells were washed three times with PBST and then stained with DAPI in  
467 PBST for 15 min. Cells were mounted with prolong mounting media overnight at room  
468 temperature overnight. Antibodies used in this study. MAP2 (Abcam, ab5392),  
469 STAU1(Abcam, ab73478), STAU2 (Thermo, PA5-78473) Synaptophysin (sysy-101004),  
470 PSD95 (Antibodies Incorporated, 75-028), GFP (Abcam, ab290), Tuj1 (Abcam,  
471 ab18207), M1 antibody generated from Thermo Scientific (Project 1XJ0541), Vglut1  
472 (Synaptic Systems, 135 303), Glur1 (Thermo, MA5-27694).

473 For IF combined with RNA FISH : After 3 washes in 1x PBST, cells were refixed in 4%  
474 paraformaldehyde in PBSM for 10 min at RT. After a brief wash with PBSM, cells were  
475 equilibrated in 10% formamide in 2 x SSC for 30 min. FISH probes were hybridized to  
476 cells at a concentration of 0.5 ng/ul in Hybridization buffer (Biosearch: SMF-HB1-10, 10%  
477 formamide added freshly) on parafilm, and placed in a humidified box overnight. Cells  
478 were washed once with Wash-buffer A (Biosearch: SMF-WA1-60) at 37C for 30 min  
479 followed by washing with Wash-buffer A containing 0.5 ug/ml DAPI at 37C for 30 min.  
480 Cells were washed once with Wash-buffer B (Biosearch: SMF-WB1-20) at RT for 5 min  
481 and mounted with prolong anti-fade mounting media until completely dry. Slides were  
482 subject for confocal microscopy.

483

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491

492 **AUTHOR CONTRIBUTIONS**

493 Concept and experimental design, W.X. and D.L.B.; Experiment execution, W.X., R.H.  
494 and K-H.Y.; Experimental materials M.N.; Sequence data processing, C-H.L.; Analysis of  
495 experimental data, W.X. and D.L.B.; Writing manuscript, W.X. and D.L.B.; Review &  
496 Editing, all authors.

497

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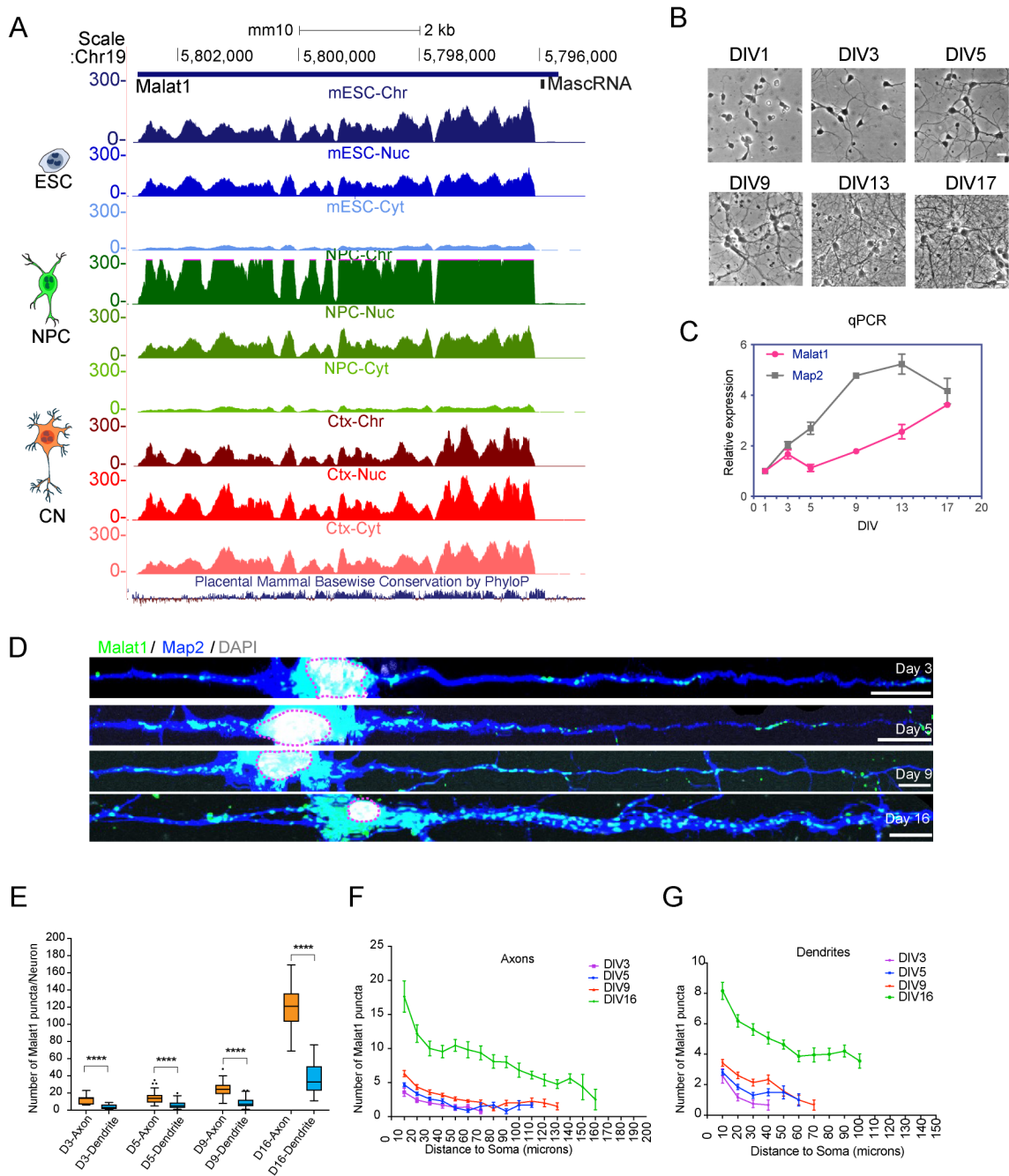
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704 **Fig. 1: *Malat1* is exported from the nucleus to the cytoplasm during neuronal**  
 705 **differentiation.**



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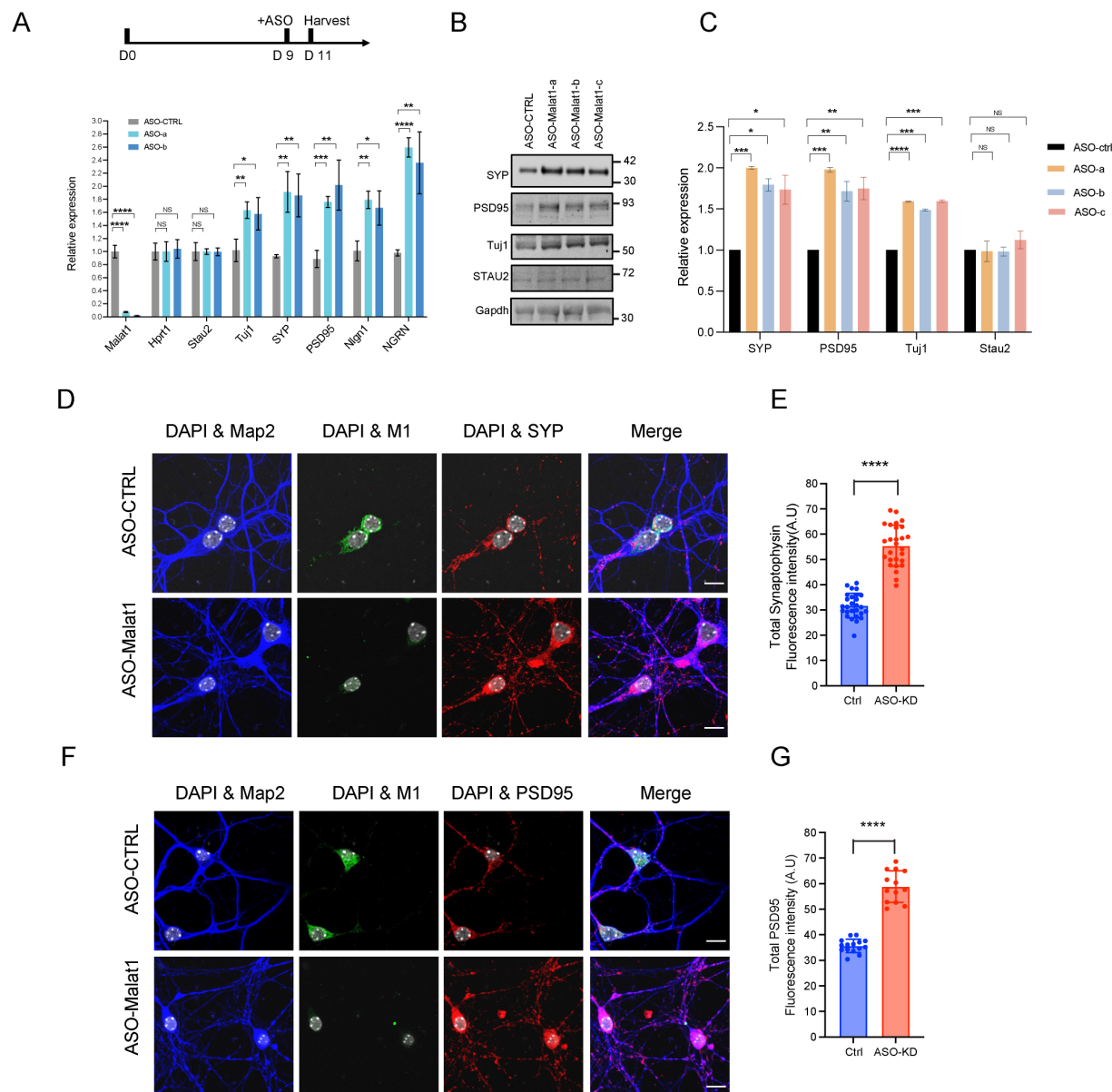
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708 (A) Genome browser tracks of the *Malat1* locus displaying RNAseq reads from chromatin,  
 709 nucleoplasmic, and cytoplasmic fractions of three cell types: Blue, mouse embryonic stem  
 710 cells; Green, neuronal progenitor cells; Red, primary cortical neurons at DIV5. (B)



711 Morphology of cultured primary cortical neurons at different DIVs used for RNA  
712 quantification in Fig. 1C. (C) RT/qPCR analysis of *Malat1* and *Map2* expression in the  
713 cells shown in Fig. 1B. (D) *Malat1* RNA FISH (green) combined with Map2 protein  
714 staining (blue) in neurons at different stages of development. Scale bar: 10 um. (E)  
715 Quantification of *Malat1* FISH puncta in axons and neurites. (F) and (G), *Malat1* spot  
716 counts along axons and dendrites with distance from cell body (soma) at different DIVs.  
717 “\*\*\*\*\*” indicates P value < 0.0001.  
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719 **Fig. 2: *Malat1* knockdown stimulates expression of pre- and post- synaptic proteins.**



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722 (A) Top, timeline of ASO treatment in neuronal culture. Bottom. qPCR analysis of RNA

723 levels for selected genes after *Malat1* knockdown compared to control (Ctrl) ASO

724 treatment. (B) Immunoblot analysis of *SYP*, *PSD95*, *Tuj1*, *Stau2* and *Gapdh* proteins

725 after *Malat1* knockdown. Immunofluorescent secondary antibodies were employed to

726 detect and quantify each protein signal. (C) Quantification of immunoblot bands in b

727 measured relative to Gapdh. (D) Immunofluorescence of Synaptophysin and M1 peptide

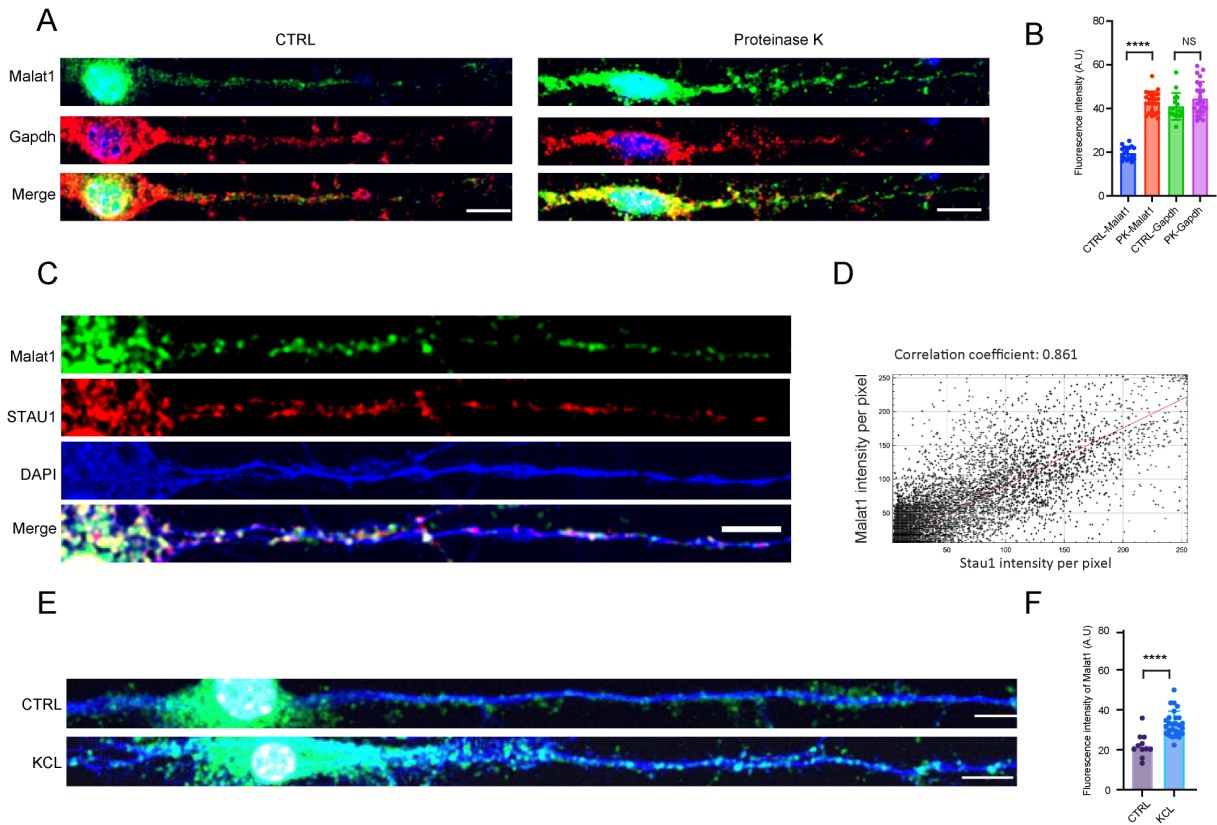
728 before and after *Malat1* depletion by ASOs. (E) Quantification of total Synaptophysin  
729 fluorescence intensity in Control (CTRL) and *Malat1* KD neurons. (F)  
730 Immunofluorescence of PSD95 and M1 peptide after *Malat1* depletion by ASOs. (G)  
731 Quantification of mean PSD95 intensity in Control and *Malat1* KD neurons. “\*” indicates  
732 a P value  $\leq 0.05$ ; “\*\*” P value  $\leq 0.01$ ; “\*\*\*” P value  $\leq 0.001$ ; “\*\*\*\*” P value  $< 0.0001$ ,  
733 “NS” indicates a nonsignificant P value  $> 0.05$ .

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737 **Fig. 3: *Malat1* RNA is masked by protein in the cytoplasm and costains with Staufen1.**



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740 (A) Left, *Malat1* (green) and *Gapdh* (red) RNA FISH in control primary neurons at DIV  
 741 13. Right, *Malat1* (green) and *Gapdh* (red) RNA FISH in neurons treated with limited  
 742 proteinase K (see methods). (B) Quantification of the mean fluorescent intensity in cells  
 743 shown in a. 25 cells were measured for each probe and condition. (C) *Malat1* RNA FISH  
 744 combined with Map2 and STAU1 protein staining in cultured cortical neurons at DIV 13.  
 745 (D) Pixel intensity correlation of the Stau1 and *Malat1* signals. (E) RNA FISH of *Malat1*  
 746 (green) in Control primary neurons (H<sub>2</sub>O) and neurons exposed to 100 mM KCL for 60  
 747 minutes, with fixation 10 minutes later. Blue, Map2 protein stain. (F) Mean fluorescent  
 748 intensity quantification for 20 cells of each condition in e. Scale bar, 10  $\mu$ m.

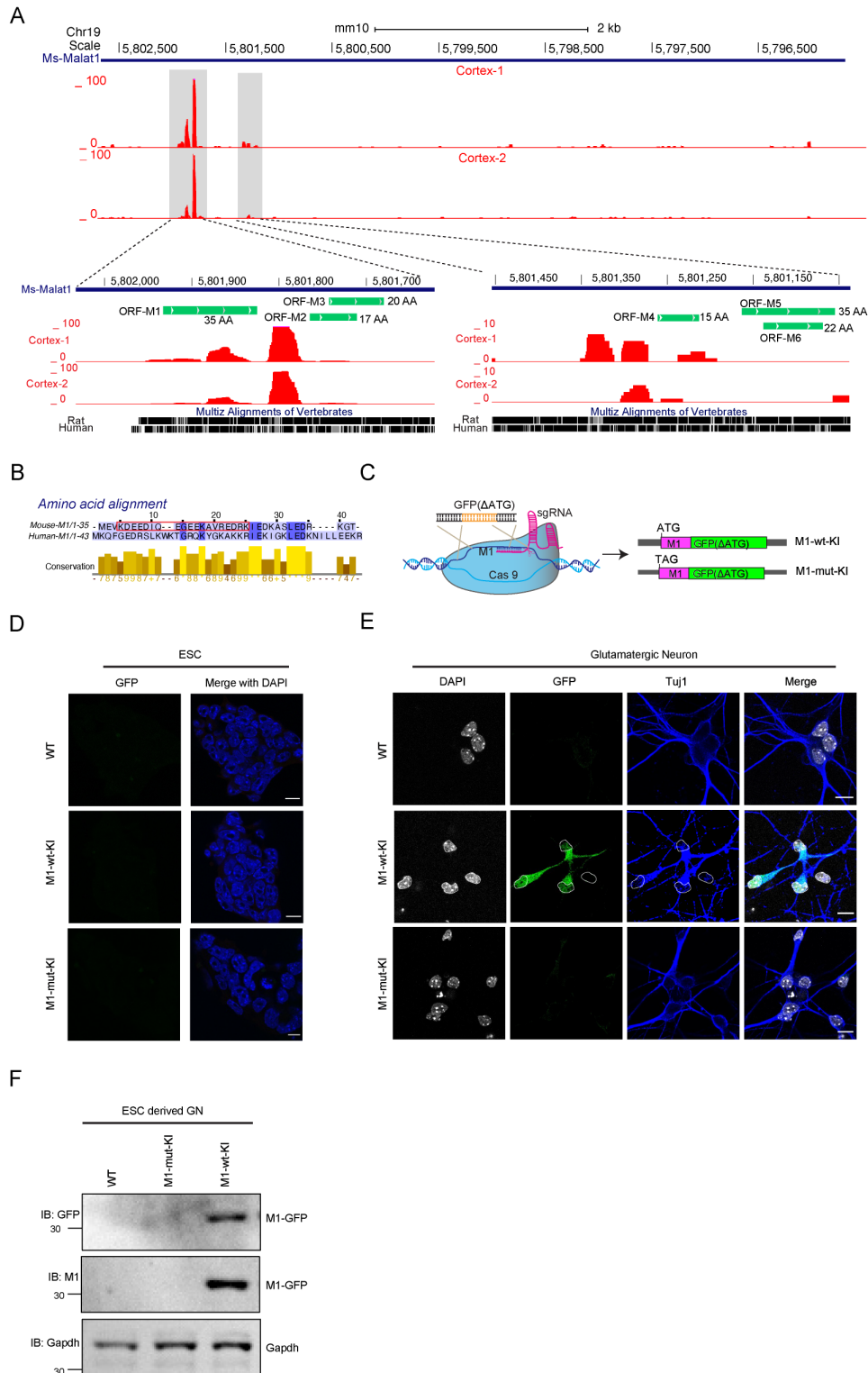
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753 **Fig. 4: *Malat1* is bound by ribosomes and translated in neurons.**



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755 (A) Genome browser view of the *Malat1* locus displaying ribosome profiling data in  
 756 cultured cortical neurons. Lower panel, enlarged views of the grey highlighted ribosome

757 binding peaks. Potential ORFs are shown as green bars with their peptide lengths. (B)  
758 Amino acid alignment of the mouse and human M1 peptides by clustal-W. The red box  
759 highlights the peptide sequence used as antigen to raise antibodies to the M1 protein. (C)  
760 Diagram of Crispr/Cas9 targeting to knock in the GFP coding sequence as a C-terminal  
761 fusion with M1 at the endogenous *Malat1* loci of embryonic stem cells. M1-WT-KI contains  
762 the M1 ATG initiation codon, and M1-Mut-KI has this codon mutated to TAG. (D)  
763 Fluorescent images of parental and genome edited ES cells showing a lack of GFP  
764 fluorescence in all three genotypes. (E) GFP fluorescence of WT and genome edited cells  
765 after differentiation into glutamatergic neurons. The knock-in cells containing the M1  
766 initiation codon are now expressing GFP. (F) Immunoblot analysis of M1-GFP in  
767 glutamatergic neurons derived from engineered ESC lines probed with GFP and M1  
768 antibodies.

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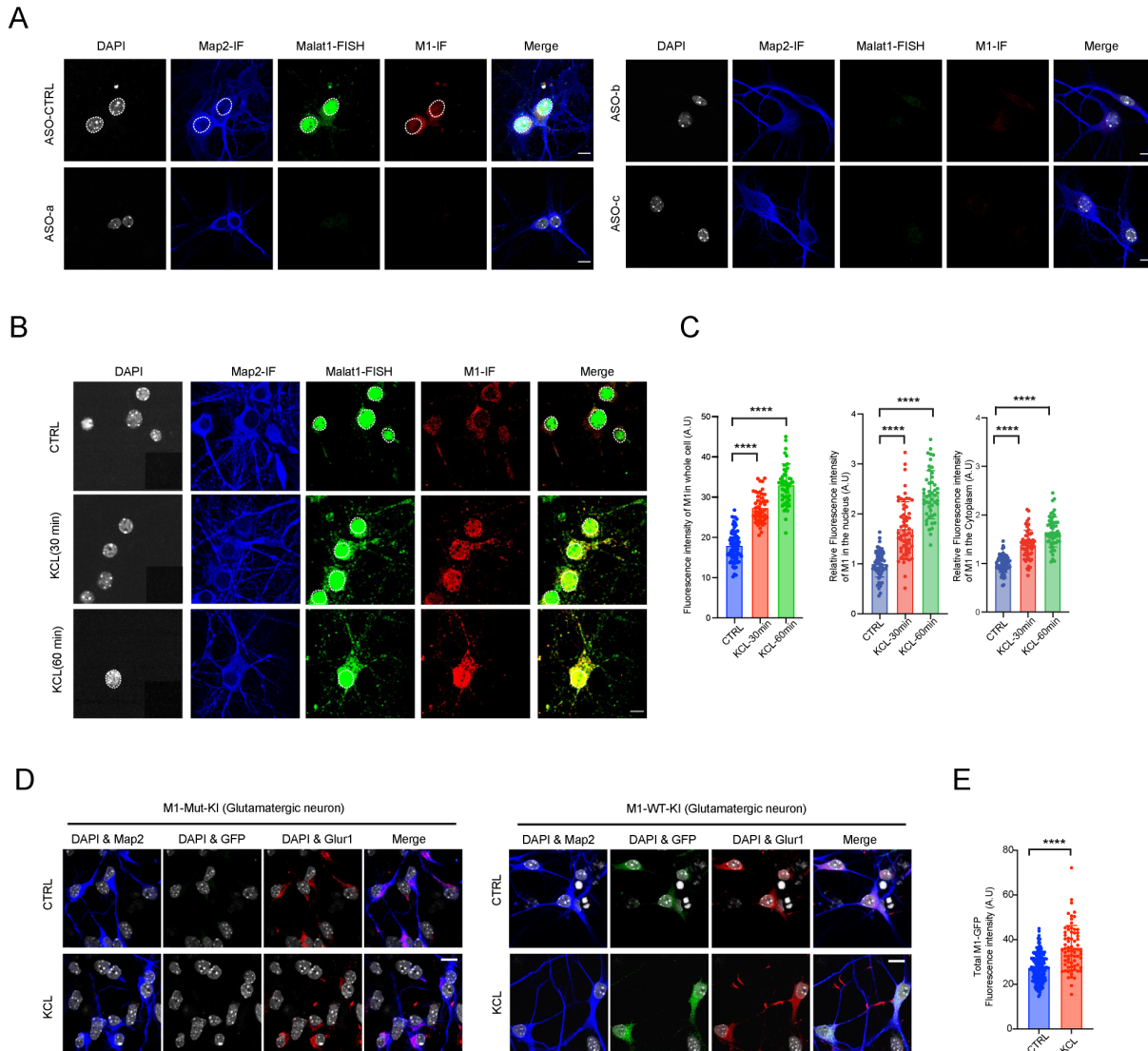
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787 **Fig. 5:** The M1 peptide is detected in primary neurons and is upregulated by excitatory  
 788 stimuli.  
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 791 (A) M1 peptide immunofluorescence before and after *Malat1* knockdown by ASOs in  
 792 primary neurons. (B) Antibody staining of the endogenous M1 peptide after KCL treatment  
 793 for 30 min or 60 min in primary cortical neurons. (C) Left, quantification of mean IF  
 794 intensities of 50 neuronal cells from b. Middle, relative mean fluorescence intensity of  
 795 nuclear M1. Right, relative mean fluorescence intensity of cytoplasmic M1 (D)  
 796 Immunofluorescence of Map2, M1-GFP and GluR1 in glutamatergic neurons derived from  
 797 M1-wt-KI and M1-mut-KI ESC lines. GFP indicates signal for endogenous M1-GFP. Anti-

798 Glur1 was used as a marker for glutamatergic neurons. (E) Quantification of mean  
799 fluorescent intensities for > 50 cells from d. “\*\*\*\*\*” indicates P value < 0.0001. “NS”  
800 indicates P > 0.05. Scale bar, 10  $\mu$ m.

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