



# An Autocrine TNFα–Tumor Necrosis Factor Receptor 2 Loop Promotes Epigenetic Effects Inducing Human Treg Stability *In Vitro*

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A crucial issue for Treg-based immunotherapy is to maintain a bona fide Treg phenotype as well as suppressive function during and after ex vivo expansion. Several strategies have been applied to harness Treg lineage stability. For instance, CD28 superagonist stimulation in vitro, in the absence of CD3 ligation, is more efficient in promoting Treg proliferation, and prevention of pro-inflammatory cytokine expression, such as IL-17, as compared to CD3/CD28-stimulated Treg. Addition of the mTOR inhibitor rapamycin to Treg cultures enhances FOXP3 expression and Treg stability, but does impair proliferative capacity. A tumor necrosis factor receptor 2 (TNFR2) agonist antibody was recently shown to favor homogenous expansion of Treg in vitro. Combined stimulation with rapamycin and TNFR2 agonist antibody enhanced hypo-methylation of the FOXP3 gene, and thus promoting Treg stability. To further explore the underlying mechanisms of rapamycin and TNFR2 agonist-mediated Treg stability, we here stimulated FACS-sorted human Treg with a CD28 superagonist, in the presence of rapamycin and a TNFR2 agonist. Phenotypic analysis of expanded Treg revealed an autocrine loop of  $TNF\alpha$ -TNFR2 underlying the maintenance of Treg stability in vitro. Addition of rapamycin to CD28 superagonist-stimulated Treg led to a high expression of TNFR2, the main TNFR expressed on Treg, and additional stimulation with a TNFR2 agonist enhanced the production of soluble as well as membrane-bound TNF $\alpha$ . Moreover, our data showed that the expression of histone methyltransferase EZH2, a crucial epigenetic modulator for potent Treg suppressor function, was enhanced upon stimulation with CD28 superagonist. Interestingly, rapamycin seemed to downregulate CD28 superagonist-induced EZH2 expression, which could be rescued by the additional addition of TNFR2 agonist antibody. This process appeared TNFα-dependent manner, since depletion of TNF $\alpha$  using Etanercept inhibited EZH2 expression. To summarize, we propose that an autocrine TNF $\alpha$ -TNFR2 loop plays an important role in endorsing Treg stability.

Keywords: regulatory T cells, tumor necrosis factor receptor 2,  $TNF\alpha$ , rapamycin, tumor necrosis factor receptor 2 agonist antibody, Treg stability

# INTRODUCTION

CD4<sup>+</sup>FOXP3<sup>+</sup> regulatory T cells (Treg) inhibit autoreactive effector T cells (Teff) and are important for immune homeostasis. The absence of Treg leads to lethal autoimmune disease in mice and humans, thereby highlighting their critical role in preventing autoimmunity (1). Notwithstanding the first successes of translation of Treg-based cell therapy into the clinic, a critical concern in

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utilizing Treg is their stability. Treg lineage stability is defined by a stable expression of the transcription factor FOXP3, a highly demethylated Treg-specific demethylation region (TSDR), potent suppressive capacity and lack of pro-inflammatory cytokine production (2, 3). For the efficacy of Treg-based immunotherapy, the development of optimal ex vivo expansion protocols that yield high numbers of stable Treg is a prerequisite. Standard expansion protocols using anti-CD3/anti-CD28 mAb-coated microbeads plus exogenous rhIL-2 not only lead to high cell yields (4, 5) but also reveal Treg plasticity, whereby Treg loose FOXP3 and start producing IL-17A and IFN $\gamma$  (6–8). Stimulating Treg with an anti-CD28 superagonist antibody (CD28-SA) results in efficient Treg expansion and reduced pro-inflammatory cytokine production in vitro (9). Since Treg are less susceptible to rapamycin-mediated inhibition of cell proliferation as compared to non-Treg cells, this mTOR inhibitor is often added to Treg expansion cultures to increase the purity of the final cell product (10-16). However, rapamycin does limit Treg growth both in vitro and in vivo (17, 18). It is of interest to note that the combined addition of a tumor necrosis factor receptor 2 (TNFR2) agonistic monoclonal antibody and rapamycin not only rescues rapamycin-mediated inhibition of Treg proliferation but also leads to a highly homogenous Treg phenotype as well as a stable suppressive function upon expansion (19, 20).

TNFα is initially expressed on cell surface as a membranebound TNF $\alpha$  (mTNF $\alpha$ ), which can be cleaved by a metalloprotease TNF-alpha converting enzyme (TACE) to generate soluble TNF $\alpha$  (sTNF $\alpha$ ) (21). Both sTNF $\alpha$  and mTNF $\alpha$  bind to TNFR2, but only mTNF $\alpha$  is capable to fully activate TNFR2 downstream signal events including NFkB pathway, which is involved in cytokine storm, cell survival and proliferation (22, 23). TNFR2 is constitutively expressed on both murine and human Treg, and TNFR2+ Treg are the most suppressive Treg subpopulation (24-27). The TNFα-TNFR2 interaction is required for Treg mediated suppression in a mouse model of autoimmune-mediated colitis (28, 29). Several studies demonstrated that sTNF preserved or even increased FOXP3 expression, as well as Treg suppressive capacity in both mice and humans (19, 25, 30, 31). But anti-TNF therapy of patients with active rheumatoid arthritis restored FOXP3 expression as well as suppressive function (32). Notably, the high serum levels of TNF $\alpha$  were associated with increased peripheral Treg numbers in patients with colorectal cancer and hepatocellular carcinoma, where blockade of TNFa/TNFR2 signals inhibited Treg cell expansion and benefited cancer therapy (33), thereby indicating that  $TNF\alpha$  is capable of mediating Treg expansion.

Treg lineage stability is ultimately maintained by sustained expression of FOXP3 and Treg-specific epigenetic modification patterns (34). In response to inflammatory cues, FOXP3 recruits the histone methyltransferase EZH2 at the FOXP3-bound loci and selectively deposits the transcriptional suppression mark trimethylation of histone H3 at lysine 27 (H3K27me3) (35). In mice, it was shown that EZH2 expression was induced in a CD28dependent manner and the mutant mice bearing Treg-specifically depletion of EZH2 developed fetal multi-organ autoimmunity with excessive T cell activation (36). Of note, EZH2-deficient FOXP3<sup>+</sup> murine T cells secreted pro-inflammatory cytokines (37). It is not yet clear whether human Treg show similar EZH2 expression metrics. Microarray analysis of human naïve T cells revealed that EZH2 gene was the most highly induced CD28-dependent chromatin modifier (36).

Having previously established that a CD28 superagonist mAb (CD28-SA) acts as a very effective stimulus to support efficient Treg expansion (9), and that the combined use of rapamycin and TNFR2 agonist enhanced the demethylation of TSDR, thus harnessing Treg stability (20), we further explored Treg ex vivo stimulation and maintenance of stability by combining CD28 superagonist mAb, rapamycin and TNFR2 agonist mAb. We found that the harnessing effect of rapamycin and TNFR2 agonist on Treg stability was achieved through an autocrine loop of TNFa via TNFR2, whereby rapamycin enhanced TNFR2 expression and TNFR2 agonist increased the production of TNFa. Moreover, our data demonstrated that, similar to murine Treg, the histone methyltransferase EZH2 was induced in human Treg upon CD28 superagonist stimulation. Intriguingly, the combined addition of rapamycin and TNFR2 agonist maintained EZH2 expression in a TNF\alpha-dependent manner.

#### MATERIAL AND METHODS

#### **Isolation of Human Treg**

Peripheral blood mononuclear cells were isolated by density gradient centrifugation (Lymphoprep, Nycomed Pharma AS, Oslo, Norway) of buffy coats that were purchased from Sanquin blood bank (Region South-East, Netherlands). All donors gave written informed consent for the use of these buffy coats for scientific research purposes, and according to Dutch law. CD4<sup>+</sup> T cells were enriched using the RosetteSep<sup>TM</sup> human CD4<sup>+</sup> T cell enrichment cocktail and processed according to manufacturer's recommendations (StemCell Technologies, Vancouver, BC, Canada). This typically resulted in a >95% purified CD4<sup>+</sup> T cell population in the absence of CD8<sup>+</sup> cells. To obtain high purity Treg, subsequent FACS sorting of CD4<sup>+</sup>CD25<sup>high</sup> Treg was performed using a BD FACSAria cell sorter (BD Biosciences, Erembodegem, Belgium) after labeling CD4<sup>+</sup> cells with CD25/Pe-Cy7 (M-A251; BD Biosciences).

#### **Treg Cell Culture**

FACS-sorted CD4<sup>+</sup>CD25<sup>high</sup> Treg were cultured for 7 days with IL-2 (200 U/mL) containing medium alone as non-stimulated control, or together with different combinations of CD28 superagonist (CD28-SA, 1 µg/mL, Clone ANC28.1/5D10, Cat# 177-820, preservative free; Ancell, Bayport, MN, USA), rapamycin (Rap, 1 µM, Sigma-Aldrich, St. Louis, MO, USA), and TNFR2 agonist mAb (2.5 µg/mL, Clone MR2-1, Hycult, Netherlands). Exogenous recombinant human (rh) TNF $\alpha$  (50 ng/mL, R&D, Minneapolis, MN, USA) was used to replace TNFR2 agonist where indicated. Etanercept (10 µg/mL, ETN-Enbrel<sup>®</sup>, Pfizer) was added to cell culture for the depletion of TNF $\alpha$ . Cells were harvested at day 7 of culture for phenotypic analysis, and culture supernatants were collected and stored for the subsequent cytokine analysis.

#### Flow Cytometry and Antibodies

Cells were phenotypically analyzed using a multicolor flow cytometer Navios (Beckman Coulter, Mijdrecht, Netherlands). The following conjugated mAb were used: CD25/Pe-Cy7 (M-A251), HLA-DR/FITC (L243) (both from BD Bioscience); TIGIT/PE (MBSA43, eBioscience, Vienna, Austria), CD3/ECD (UCHT1), CD4/PE-Cy5.5 (1388.2), CD8/APC-AF700 (B9.11) (all from Beckman Coulter), TNFR2/APC (#22235; R&D), and Fixable Viability Dye eFluor780 (eBioscience). To detect the expression of mTNFa, cells were first stained with biotinlabelled Infliximab followed with APC-conjugated streptavidin (eBioscience). For intracellular staining, EZH2/PE (11/EZH2, BD Bioscience), FOXP3/eFluor 450 (PCH101), and Helios/ AlexFluor 647 (22F6) (both from eBioscience) were used after fix-perm-treatment of cells, according to the manufacturer's instructions. Isotype matched control antibodies were used to define marker settings. Data were analyzed using the software Kaluza (Beckman Coulter).

#### **Cytokine Detection Assay**

IL-17A, IFN $\gamma$ , and TNF $\alpha$  were determined in the culture supernatants using Luminex cytokine assays (Invitrogen), according to the manufacturer's instructions. The lower levels of detectable cytokines were IL-17A (2 pg/mL), IFN $\gamma$  (2.3 pg/mL), and TNF $\alpha$  (2.3 pg/mL).

#### **Coculture Suppression Assays**

FACS-sorted Treg cells were cultured under the stimulation conditions described above. Thereafter, cultured Treg were collected at day 7 of culture, washed, and added at different ratios to CFSE-labeled CD4<sup>+</sup>CD25<sup>-</sup> responder T cells (Tresp). Coculture mixture was stimulated with anti-CD3/anti-CD28 mAb-coated microbeads at a bead-to-cell ratio of 1:5 for 3 days before analyzing the dilution of CFSE using flow cytometry.

## Quantitative Real-time PCR (RT-qPCR)

Total RNA was extracted by using the RNeasy Plus Micro kit (Qiagen, Hilden, Germany) followed by cDNA synthesis using the SuperScript III First-Strand Synthesis System and Oligo(dT)20 primers (Thermo Fisher Scientific, Waltham, MA, USA). Taqman gene expression assays were purchased from Thermo Fisher Scientific (see Table S1 in Supplementary Material). RT-qPCR cycle values (CT) obtained for specific mRNA expression in each sample were normalized to the CT values of the housekeeping gene HPRT1 (endogenous control). The relative mRNA expression of gene interested was calculated using  $2^{-\Delta CT}$  formula.

#### **Statistics**

Statistical analysis was performed using the GraphPad Prism software version 5.0 (GraphPad Software Inc., San Diego, CA, USA). Statistical differences were calculated using the Wilcoxon matched pairs signed rank test, or the non-parametric Friedman test or Kruskal–Wallis test plus Dunn's *post hoc* test for multiple comparisons, where applicable. Differences were considered statistically significant at \*p < 0.05, \*\*p < 0.01, or \*\*\*p < 0.001.

## RESULTS

### Rapamycin Increases the Expression of TNFR2 on CD28 Superagonist-Stimulated Treg

Tumor necrosis factor receptor 2 is known to be crucial for phenotypic and functional stability of Treg, especially in an inflammatory environment (29). We thus started off by examining the expression level of TNFR2 on human FACS-sorted CD4+CD25<sup>high</sup> Treg stimulated with a CD28 superagonist mAb (CD28-SA) in the presence or absence of Rap and/or TNFR2 agonist. Treg cultured in IL-2 containing medium alone were used as non-stimulated control, and the expression of TNFR2 was determined by flow cytometry at day 7 of culture. In the absence of CD28-SA stimulation, TNFR2 agonist itself neither revealed a potential cytotoxic effect on cultured Treg nor the regulation of TNFR2 expression as compared to Treg cultured under the medium control condition (Figure S1A-B in Supplementary Material). Stimulation of Treg using CD28-SA significantly enhanced the expression of TNFR2 (92.5  $\pm$  2.9 vs. 70.5  $\pm$  3.1% for medium control, *p* < 0.05), while the addition of Rap to CD28-SA stimulated Treg resulted in the highest expression level of TNFR2, both in frequency  $(95.5 \pm 1.7\%; p < 0.01)$  and in median fluorescence intensity [median fluorescent intensity (MFI),  $18.9 \pm 3.9$  vs.  $2.1 \pm 0.2$ for medium control; p < 0.001] (Figure 1A). The addition of TNFR2 agonist to CD28-SA stimulated Treg hardly affected TNFR2 expression as compared to CD28-SA (MFI,  $6.10 \pm 1.2$  vs.  $7.93 \pm 1.1$ , p > 0.05). Surprisingly, Treg cultured with the triple combination of CD28-SA + Rap + TNFR2 agonist expressed a similar level of TNFR2 (77.9  $\pm$  6.3%) as that observed for control Treg (70.5  $\pm$  3.1%, p > 0.05) (Figure 1A). The potential cytotoxic effect of TNFR2 agonist on cultured Treg is unlikely as we observed similar cell viability under all conditions tested (Figure S2 in Supplementary Material). Interference of the TNFR2 agonist with the subsequent detection of TNFR2 in this case was also not likely, as we selectively chose an APC-conjugated anti-TNFR2 mAb (Clone #22235) derived from a different clone than the TNFR2 agonist (Clone MR2-1). FITC-conjugated TNFR2 mAb derived from the same clone MR2-1 as TNFR2 agonist used in Treg culture failed to detect any expression of TNFR2, whereas APC-conjugated TNFR2 did (Figure S3 in Supplementary Material). Instead, we propose that binding of TNFR2 agonist might have caused the internalization of the TNFR2-ligand complex (38), leading to lower levels of detection. The rapamycin enhanced TNFR2 expression was also reflected at mRNA level since the highest TNFRSF1B (TNFR2) mRNA was observed under the condition of CD28-SA + Rap (Figure 1B). Taken together, the data suggest that Rap increases TNFR2 expression on Treg following cell stimulation.

# The Addition of Rap and TNFR2 Agonist to CD28 Superagonist-Stimulated Treg Initiates an Autocrine TNFα–TNFR2 Loop

Loss of Treg stability implies that Treg acquire the capacity to produce effector cytokines upon stimulation. We therefore measured the amount of IL-17A, IFN $\gamma$ , and TNF $\alpha$  in the culture



supernatants of Treg that were stimulated under distinct conditions. Neither Treg cultured in medium control condition nor that cultured in the presence of TNFR2 agonist produced any cytokines (Figure S1C in Supplementary Material), whereas upon CD28-SA stimulation, Treg started to produce low, but detectable amounts of IL-17A, IFN $\gamma$ , and TNF $\alpha$ . The addition of Rap to the culture prevented CD28-SA stimulated Treg to produce IL-17A ( $0.1 \pm 0.1$  vs. 16.2 pg/mL  $\pm$  6.7, p < 0.05), as well as TNF $\alpha$  (9.7  $\pm$  3.9 vs. 28.6 pg/mL  $\pm$  9.1, p < 0.01), but it marginally affected IFN $\gamma$  production (**Figure 2A**). The addition of TNFR2 agonist to the culture minimally regulated CD28-SA induced IL-17A and IFN $\gamma$  production, whereas it increased the amount of TNF $\alpha$ 



conditions as described on the X-axis. N = 4. (**D**) FACS-sorted human Treg were stimulated with CD28-SA + Rap or CD28-SA + Rap + TNFR2 agonist in the presence or absence of the TNF $\alpha$ -blocking agent Etanercept (ETN). Cumulative data showing the percentage of mTNF $\alpha$ <sup>+</sup> cells at day 7 of culture. N = 3. All data are shown as mean  $\pm$  SEM. Friedman with Dunn's *post hoc* test were used for statistical analysis. Asterisks indicate significant differences (\*p < 0.05, \*\*p < 0.01).

(139.0 ± 32.85 vs. 28.62 pg/mL ± 9.1, *p* < 0.05). Notably, adding TNFR2 agonist to Rap treated CD28-SA stimulated Treg resulted in a similar high amount of TNF $\alpha$  (103.7 pg/mL ± 16.4) as that of Treg stimulated with CD28-SA + TNFR2 agonist (**Figure 2A**).

Soluble TNF $\alpha$  is derived from its precursor mTNF $\alpha$ , whereby mTNF $\alpha$  is cleaved by the TNF $\alpha$ -converting enzyme TACE to release its extracellular C-terminal portion (21). To test whether the enhanced soluble TNF $\alpha$  production was due to the increased conversion from its precursor, we analyzed the expression of mTNF $\alpha$ 

on Treg cultured under different combinations of CD28-SA, Rap, and TNFR2 agonist. At day 7 of culture, few mTNF $\alpha^+$  cells were detected on CD28-SA stimulated Treg (1.5 ± 0.5%), whereas addition of Rap enhanced mTNF $\alpha$  expression (16.4 ± 5.9%). However, triple stimulation with CD28-SA + Rap + TNFR2 agonist further promoted the frequency of mTNF $\alpha^+$  cells (40.0 ± 3.3%, *p* < 0.05, **Figure 2B**). Similarly, the highest expression of *TNFRA* (TNF $\alpha$ ) mRNA was observed under triple stimulation with CD28-SA + Rap + TNFR2 agonist (**Figure 2C**). This data indicates that the combined addition of Rap and TNFR2 agonist to CD28-SA stimulated Treg did increase their capacity to produce more TNF $\alpha$ . So, Rap treatment increased the expression of TNFR2 on CD28-SA stimulated Treg cells, while the additional treatment with a TNFR2 agonist significantly enhanced TNF $\alpha$  production. This might well result in an autocrine loop of TNF $\alpha$  *via* TNFR2, thus leading to stabilization of the Treg phenotype.

To find further support for this autocrine TNF $\alpha$ -TNFR2 loop, we depleted TNF $\alpha$  by using Etanercept. As shown in **Figure 2D**, regardless of the stimulation condition used, extra addition of Etanercept resulted in decreased mTNF $\alpha$  expression, albeit not statistically significant. Taken together, the data show that there is a positive feedback loop in the regulation of TNF $\alpha$  cytokine production upon TNF $\alpha$ -TNFR2 interaction.

# The TNF $\alpha$ -TNFR2 Interaction Is Required for a Homogenous Treg Phenotype

Potent Treg function is associated with high expression of specific cell markers, including Treg lineage transcription factor FOXP3, Helios, and the co-inhibitory receptor TIGIT (39-41). We thus performed phenotypic analysis of Treg that were cultured for 7 days under distinct stimulatory conditions. TNFR2 agonist itself hardly influenced the Treg phenotype (Figure S1D in Supplementary Material). When cells were stimulated with CD28-SA, the addition of Rap preserved or even slightly increased the expression of CD25 as well as FOXP3, Helios, and TIGIT (Figure 3A). Intriguingly, the addition of TNFR2 agonist to CD28-SA stimulated Treg clearly enhanced the expression of HLA-DR (81.5  $\pm$  5.9 vs. 44.8  $\pm$  3.9%, *p* < 0.01) while it hardly regulated other markers tested (Figure 3A). The combined addition of Rap and TNFR2 agonist to CD28-SA stimulated Treg significantly enhanced the frequency of the HLA-DR, TIGIT and Helios positive fractions (Figure 3A, p < 0.01), and preserved the high expression of FOXP3. Of note, when exogenous soluble rhTNFα was used instead of the TNFR2 agonist, we observed a similar expression of CD25, FOXP3, TIGIT, and Helios, but not of HLA-DR, which was only enhanced by the presence of the TNFR2 agonist (Figure 3A). Treg stimulated with CD28-SA + Rap + TNFR2 agonist were highly suppressive, as determined in *in vitro* suppression assays. We did not observe significant suppressive advantages as compared to the Treg that were cultured under the other stimulatory culture conditions (Figure 3B). Interestingly, depletion of TNF $\alpha$  under triple stimulation with CD28-SA + Rap + TNFR2 agonist significantly downregulated the expression of HLA-DR, TIGIT, Helios, and FOXP3 (Figure 3C). These data further support the notion of an autocrine TNF $\alpha$ -TNFR2 feedback loop that promotes a homogeneous Treg population upon activation, whereby Rap enhances TNFR2 expression and TNFR2 agonist stimulation increases TNFa production.

# The Addition of Rap and TNFR2 Agonist to CD28 Superagonist-Stimulated Treg Leads to Activation of NFκB Signal Pathway

To test the potential involved downstream signal pathways that were induced by triple stimulation with CD28-SA + Rap + TNFR2

agonist, we focused on NF $\kappa$ B pathway target genes using RT-qPCR analysis. Treg stimulated with CD28-SA or CD28-SA + Rap were also included. As shown in **Figure 4**, the addition of Rap to CD28-SA stimulated Treg led to the enhanced *RELA* (RelA) mRNA expression, whereas the combined addition of Rap and TNFR2 agonist significantly increased the NF $\kappa$ B pathway gene expression including *NFKB1* (NF $\kappa$ B1/p65), *NFKB2* (NF $\kappa$ B2/p50), *NFKBIA* (IkB $\alpha$ ), and *RELB* (RelB). The data suggest that the activation of the NF $\kappa$ B pathway underlies the enhanced Treg stability mediated by the autocrine TNF $\alpha$ -TNFR2 loop.

#### TNFα–TNFR2 Signaling Regulates the Expression of Histone Methyltransferase EZH2

Recently, CD28-dependent induction of histone methyltrasferase EZH2 was reported in murine Treg (36). In the same study, EZH2 was shown to be crucial for Treg lineage stability following cell activation. Here, we first performed a time kinetic analysis of EZH2 expression in human Treg stimulated with CD28 superagonist. From day 2 of culture, enhanced EZH2 expression was detected, and the highest frequency of EZH2positive Treg was observed at day 7 (47.6  $\pm$  5.5 vs. 2.9  $\pm$  1.3% for medium control, p < 0.001) (Figure 5A). Thereafter, we focused on day 7 to analyze the effect of Rap and/or TNFR2 agonist on the expression of EZH2. As shown in Figure 5B, TNFR2 agonist itself slightly enhanced the expression of EZH2 (13.4  $\pm$  2.8 vs.  $2.9 \pm 1.0\%$  for medium control group, p = 0.1250). When Treg were stimulated with CD28-SA, addition of TNFR2 agonist to the culture minimally affected EZH2 expression (51.6  $\pm$  10.3 vs.  $51.0 \pm 6.6\%$  for CD28-SA condition), whereas addition of Rap decreased EZH2 expression  $(32.3 \pm 5.9\%)$  when compared to CD28-SA condition (p < 0.05). Of note, the combined addition of Rap and TNFR2 agonist resulted in a similar frequency of EZH2-positive cells (53.6  $\pm$  6.3%) as compared to CD28-SA condition, suggesting that the presence of TNFR2 agonist could rescue Rap-mediated downregulation of EZH2. Thus, TNFR2 agonist induced signals were positively involved in the regulation of EZH2 expression. Indeed, when TNFa was depleted by adding Etanercept to triple stimulated (CD28-SA + Rap + TNFR2 agonist) Treg, the frequency of EZH2-positive cells was significantly decreased (Figure 5C). Altogether, the data indicate that EZH2 expression is modulated by TNFα-TNFR2-mediated pathways.

#### DISCUSSION

The limited number of circulating Treg and the instability and plasticity of Treg function are main issues that hamper successful application of Treg for clinical cell-based immunotherapy. In the past decades, several interventions have been used to optimize Treg *ex vivo* expansion protocols that not only maximize Treg proliferation but also maintain their potent suppressive function. Standard Treg expansion protocols include anti-CD3 and anti-CD28 mAb together with the exogenous addition of rhIL-2 cytokines (4). In the absence of anti-CD3, single stimulation of human Treg with a CD28 superagonist induces polyclonal



**FIGURE 3** | Addition of rapamycin and TNFR2 agonist to CD28-superagonist stimulated Treg cultures leads to a homogenous Treg phenotype that is dependent on the interaction of TNF $\alpha$ -TNFR2. **(A)** Flow cytometry of CD25, HLA-DR, TIGIT, FOXP3, and Helios expression on CD28-SA stimulated Treg that were additionally cultured with Rapamycin (Rap) with or without TNFR2 agonist or soluble rhTNF $\alpha$  as indicated. Dot plots show representative result of one blood donor. Cumulative data are given in the graphs. N = 8-11. Lines show the mean values. **(B)** Treg cultured under the indicated conditions (legend) were harvested at day 7 of culture, washed, allowed to recuperate, and analyzed for their suppressive capacity in a CFSE-based coculture suppression assay. N = 4. Friedman with Dunn's *post hoc* test were used for statistical analysis. **(C)** FACS-sorted human Treg were stimulated with CD28-SA + Rap + TNFR2 agonist in the presence or absence of the TNF $\alpha$ -blocking agent Etanercept (ETN). Dot plots showing TIGIT vs. HLA-DR, and Helios vs. FOXP3 expression of one representative experiment. Cumulative data are shown in the graph. N = 7. Numbers in dot plots show the percentage of positive cells. All data are shown as mean  $\pm$  SEM. Friedman with Dunn's *post hoc* test was used for statistical analysis. Asterisks indicate significant differences (\*p < 0.05, \*\*p < 0.01, or \*\*\*p < 0.001).



expansion of Treg with enhanced Treg stability (9). The mTOR inhibitor rapamycin enhances FOXP3 expression, preserves Treg stability, and increases Treg suppressor capacity in vitro as well as in vivo, but rapamycin also inhibited Treg cell proliferation (15, 17, 42, 43). Previously, we showed that the combined addition of rapamycin and TNFR2 agonist to Treg cell culture facilitates ex vivo expansion of Treg (20). In this study, we found that rapamycin enhanced the expression of TNFR2 on activated Treg and that the additional supplementation of a TNFR2 agonist enhanced the production of TNFa. This resulted in a positive autocrine feedback loop of TNFa-TNFR2 signaling that promotes Treg stability as indicated by the high expression of FOXP3, Helios, and EZH2, and the low production of the pro-inflammatory cytokine IL-17A. Despite this increased expression of FOXP3, Helios, and EZH2, we did not observe an increase in suppressor potential. This is remarkable, since our group and others have demonstrated before that TNFα-TNFR2 stimulation increases Treg function in both humans and mice (19, 20, 44). Previously, we reported that Treg stimulated with CD3/CD28-microbeads + Rap + TNFR2 agonist hardly produced IL-17A and IFNy, and these cells revealed superior suppressive activity at a Treg: Tresp ratio of 1:8 as compared to CD3/ CD28 or CD3/CD28 + Rap-stimulated Treg (20). In our current study, CD28-SA + Rap + TNFR2 agonist-treated Treg showed

similar suppressive capacity as Treg treated with CD28SA, CD28SA + Rap, or CD28SA + TNFR2 agonist. It seems that TNFR2-mediated signals somehow interact with T cell receptor/ CD3 induced downstream targets and promote Treg suppressor function. Furthermore, Treg display their immunosuppressive function *via* controlling T cell proliferation and cytokine production, as well as regulating the stimulatory capacity of antigen presenting cells. Especially, inhibition of T cell effector function can occur independently of suppression of proliferation (45, 46). Loss of Treg lineage commitment is often reflected by the decreased expression of Treg markers on their progenies, which mostly occurs following several rounds of stimulation.

Tumor necrosis factor receptor 2 plays a crucial role in Treg cell biology. Both human and murine Treg constitutively express high levels of TNFR2 as opposed to non-Treg cells. The interaction of TNF $\alpha$ -TNFR2 promoted both Treg proliferation and their suppressor capacity (25, 47). Stimulation of TNFR2 using a TNFR2 agonist antibody resulted in a homogenous expansion of human Treg (19, 20). Interestingly, we here demonstrate that rapamycin enhanced the expression of TNFR2 on activated human Treg, whereas it inhibited TNF $\alpha$  cytokine production. When TNFR2 agonist was added to rapamycin-treated Treg cell cultures, we found the preferential stimulation of Treg with high expression levels of HLA-DR, FOXP3, Helios, and TIGIT, as well



 $p^{**}p < 0.01$ , or  $p^{***}p < 0.001$ ).

as a high TNF $\alpha$ -producing potential. That depletion of TNF $\alpha$  using Etanercept led to a reduction of Treg-associated markers including FOXP3, Helios, TIGIT, and EZH2 further supports a role for TNF $\alpha$ -TNFR2 signaling in the FOXP3 expression of Treg and the notion of an autocrine TNF $\alpha$ -TNFR2 feedback loop that promotes Treg stability. Consistent with our data, in an acute

graft-versus-host disease (aGvHD) mouse model the treatment with a selective TNFR2 agonist led to the *in vivo* expansion of host Treg and the protection from aGvHD (48). Interestingly, the suppressive activity of Treg to control GvHD seems to depend on TNF $\alpha$  produced by donor T cells and TNFR2 expressed on Treg in allogeneic hematopoietic stem cell transplantation (49). In response to TCR stimulation, CD4+FOXP3- Teff as well as cytotoxic CD8+ cells also upregulates TNFR2 expression. TNFR2-positive CD4 Teff are highly proliferative and more resistant to Treg-mediated inhibition (50). Intriguingly, TNFR2 agonism effectively and selectively induces the apoptosis of insulin-autoreactive CD8<sup>+</sup> cells in patients with type 1 diabetes (51). Therefore, specific TNFR2 agonism would have two desired cellular immune effects for treatment of autoimmune diseases: (1) selective death of autoreactive T cells and (2) expansion of beneficial Treg. The positive effect of TNF-TNFR2 activation on Treg numbers is also reported in cancer patients. For example, enhanced abundance of TNFR2<sup>+</sup> Treg and high TNFα serum level were reported in patients with ovarian cancer, lung cancer as well as colorectal cancer (33, 52, 53). In a mouse model of colorectal cancer, blockade of TNFα-TNFR2 signaling prevented rapid resurgence of Treg after cyclophosphamide-induced lymphodepletion and inhibited the growth of established tumors (33).

The effect of TNF $\alpha$  on human Treg is not yet fully clear. Oppenheim and colleagues showed TNF-induced Treg (iTreg) proliferation and survival via TNFR2 (25, 47) and TNFR2+ Treg exhibited maximal suppressive capacity (29). In the context of autoimmunity, Treg suppressive function is optimized by pathogenic T cells and TNFa is one of factors involved in this optimization (54). Zaragoza et al. reported that  $TNF\alpha$  together with IL-2 increased the expression CD25 and FOXP3 and maintained the suppressive activity of human Treg (31). In our cell culture system, we noticed that, upon stimulation with CD28-SA + Rap, the addition of exogenous soluble rhTNFα showed a similar effect as the addition of TNFR2 agonist on the maintenance of a bona fide Treg phenotype, whereas blocking TNF $\alpha$  signaling using Etanercept decreased the frequency of FOXP3-positive cells (Figure 3C). This supports the positive effect of TNF $\alpha$  on the Treg phenotype. Previously, TNFa was shown to downregulate Treg function since the TNFa-blocking agent Infliximab increased FOXP3 expression and restored their suppressive function in rheumatoid arthritis (RA) patients (32). However, a follow-up study demonstrated that iTreg, but not naturally occurring Treg (nTreg) were increased in RA patients following anti-TNF therapy (55). Of note, nTreg and iTreg differentially require TNF $\alpha$  signals for optimal suppressive function, at least in mice (28). Nie et al. showed that  $TNF\alpha$  impaired Treg suppressive function via the dephosphorylation of FOXP3 protein (30). They also demonstrated that rhTNFα did not affect FOXP3 expression; instead, TNF $\alpha$  enhanced the expression of protein phosphatase PP1 which mediated FOXP3 dephosphorylation, thus rending the Treg defective. It is worth noting that anti-TNF therapy often results in psoriatic and lupus-like symptoms in patients being treated for other conditions (56); this suggests a direct correlation between TNF and immune suppression.

Metabolic changes directly modify T cell function. Signaling *via* PI3K–Akt–mTOR pathway facilitates the induction of glucose transporter Glut 1 and aerobic glycolysis in Teff (57). Interestingly, proliferative Treg cells have high mTOR activity as well as high glucose uptake together with downregulated FOXP3 expression and impaired suppressive capacity (58). FOXP3 expression is inversely related to Akt activity (59) and promotes mitochondrial oxidative metabolism. It would seem that Treg proliferation and

suppressive function is regulated by separate metabolic pathways. Rapamycin induced retardation of Treg growth might be caused by the shifting of glycolysis metabolism to lipid oxidative metabolism *via* the inhibition of the PI3K–Akt–mTOR pathway and enhanced FOXP3 expression. Non-canonical NF $\kappa$ B activation upon TNF $\alpha$  stimulation is involved in T cell survival and differentiation (23). Here, we showed that the combined addition of rapamycin and TNFR2 agonist resulted in high expression of Treg associated marker, and activation of NF $\kappa$ B pathway. The autocrine feedback loop of TNF $\alpha$  and TNFR2 might fine-tune the metabolic balance between glycolysis and oxidative phosphorylation, thereby favoring homogenous Treg proliferation together with the preservation of potent suppressive function. Further experiments on metabolic pathway regulation are required to test this hypothesis.

Epigenetic mechanisms that alter chromatin organization are important to control the differentiation and maintenance of polarized T cell subsets. EZH2 functions primarily within the polycomb repressive complex 2 and catalyzes the trimethylation of lysine 27 on the exposed N-terminal tail of histone H3 (H3K27me3), a histone modification associated with repression of expression of nearby genes. EZH2, via the formation of a complex with FOXP3 in activated Treg, is crucial for proper Treg suppressive function since mutant mice bearing Treg-specific deletion of EZH2 developed fatal inflammation associated with massive T cell activation and cytokine production (35, 36). Mice that specifically lack EZH2 expression in Treg develop spontaneous inflammatory bowel disease (37), which further supports the crucial role of EZH2 for Treg function. Recently, human Treg were reported to express EZH2 mRNA (60). In our current study, we demonstrate that CD28 superagonist stimulation induced EZH2 expression in human Treg, which was decreased by the presence of rapamycin, whereas the combined addition of rapamycin and TNFR2 agonist to Treg cultures maintained expression of EZH2 in a TNFα-dependent manner. Interestingly, the NFkB family of proteins RelA as well as c-Rel were reported to enhance luciferase activity in an EZH2 reporter system, and c-Rel regulated the induction of EZH2 gene expression in activated primary murine lymphocytes and human leukemia cell lines (61).

In summary, we showed that stimulation of human Treg using a triple combination of CD28 superagonist, rapamycin, and TNFR2 agonist leads to homogenous expansion of Treg that reveal a stable and suppressive phenotype. Mechanistically, rapamycin enhanced TNFR2 expression of the CD28 superagonist-stimulated Treg; the TNFR2 agonist promotes TNF $\alpha$  production and this supports an autocrine TNF $\alpha$ -TNFR2 feedback loop that favors high expression of TIGIT, FOXP3, Helios, and EZH2.

#### **ETHICS STATEMENT**

Peripheral blood mononuclear cells (PBMCs) were isolated by density gradient centrifugation (Lymphoprep, Nycomed Pharma AS, Oslo, Norway) of buffy coats that were purchased from Sanquin blood bank (Region South-East, Netherlands). All donors gave written informed consent for the use of these buffy coats for scientific research purposes and according to Dutch law.

## **AUTHOR CONTRIBUTIONS**

XH, PU, HK, and IJ designed experiments; XH and PU performed experiments and analyzed the data. XH, PU, HK, and IJ wrote the manuscript. All authors reviewed the manuscript.

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#### SUPPLEMENTARY MATERIAL

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**Conflict of Interest Statement:** The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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