Supplementary Online Content

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- eTable 1. Detailed Exclusion Criteria
- eTable 2. Maximum Dose of Semaglutide Reached
- **eTable 3.** Percentage Weight Change of Patients Taking Semaglutide With/Without Dietitian or Psychologist Visits at 3 and 6 Months
- **eFigure 1.** Total Body Weight Loss Percentage (TBWL%) at 3 and 6 Months of Patients Taking Low and High Doses of Subcutaneous Semaglutide
- **eFigure 2.** Percentage Weight Change Heterogeneity in Patients Taking Semaglutide at 3 and 6 Months

This supplementary material has been provided by the authors to give readers additional information about their work.

eTable 1. Detailed Exclusion Criteria

Reasons for exclusion	Number of patients			
Insurance denial and national shortage, (%)	148 (64)			
Previous bariatric procedure, (%)	42 (18)			
Less than 3 months on semaglutide, (%)	14 (6)			
Multiple active anti-obesity medication, (%)	13 (6)			
Active malignancy, (%)	6 (3)			
No baseline weight, (%)	4 (2)			
Medical disease affecting weight, (%)	3 (1)			
Unknown semaglutide start date, (%)	3 (1)			
Total, (%)	233 (100)			

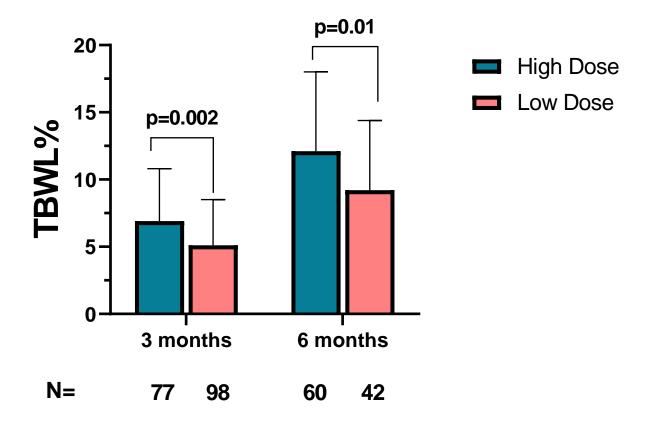
eTable 2. Maximum Dose of Semaglutide Reached

Maximum dose reached	Number of patients, (%)			
0.25 mg	6 (3)			
0.5 mg	36 (21)			
1 mg	56 (32)			
1.7 mg	29 (17)			
2.4 mg	48 (27)			
Total	175 (100)			

eTable 3. Percentage Weight Change of Patients Taking Semaglutide With/Without Dietitian or Psychologist Visits at 3 and 6 Months

	Dietician visits			Psychologist visits		
	Yes	No	p-value	Yes	No	p-value
Three Months (% weight loss)	-5.9	-5.9	0.98	-5.7	-5.9	0.86
Six Months (% weight loss)	-9.8	-11.4	0.23	-10.3	-11	0.68

eFigure 1. Total Body Weight Loss Percentage (TBWL%) at 3 and 6 Months of Patients Taking Low and High Doses of Subcutaneous Semaglutide



eFigure 2. Percentage Weight Change Heterogeneity in Patients Taking Semaglutide at 3 and 6 Months

