

Online supplementary material

Table S1: Annual status update on medical benefits, retirement, and deaths, presented as percentages (and counts, n).

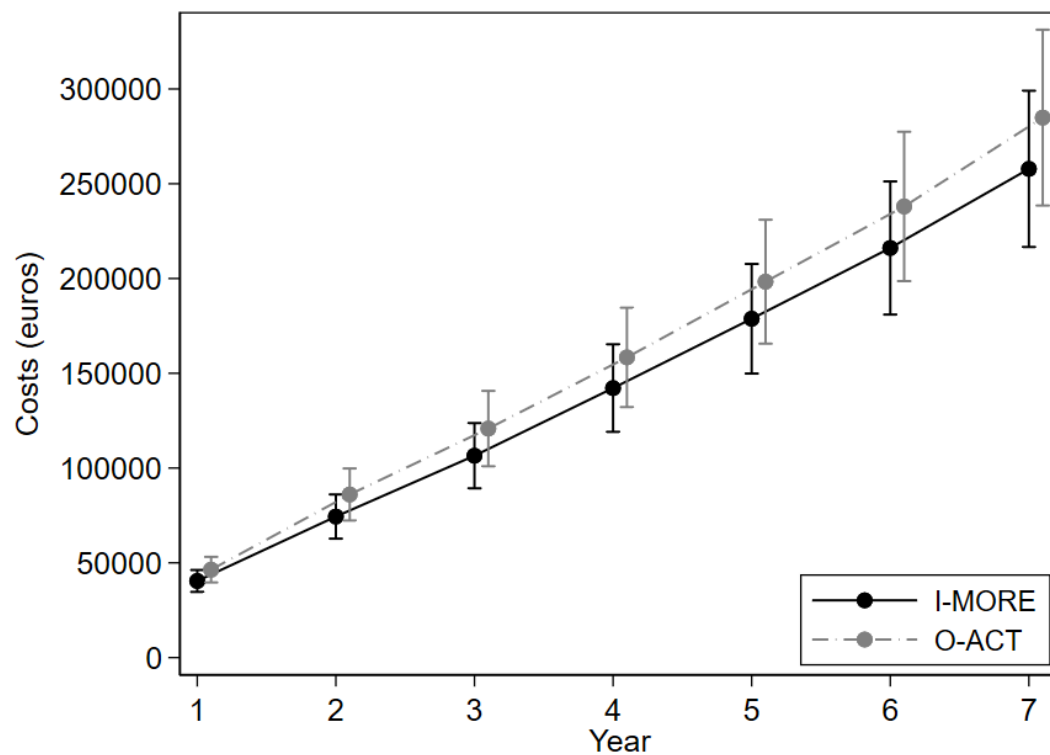
| | Status | | | | | | |
|---|-------------------------------------|-------------|---------------------------------|---|--|---------|-------|
| | No medical benefits (working) | Sick listed | Work assessment allowance | Graded permanent disability benefits (<100%) ^a | Full permanent disability benefits (100%) | Retired | Dead |
| Rehabilitation start^b | | | | | | | |
| I-MORE | 1 (1) | 91 (75) | 7 (6) | | | | |
| O-ACT | | 92 (73) | 8 (6) | | | | |
| Year 1 | | | | | | | |
| I-MORE | 43 (35) | 13 (11) | 44 (36) | | | | |
| O-ACT | 33 (26) | 4 (3) | 63 (50) | | | | |
| Year 2 | | | | | | | |
| I-MORE | 46 (38) | 13 (11) | 35 (29) | 2 (2) | 2 (2) | | |
| O-ACT | 41 (32) | 6 (5) | 46 (36) | 4 (3) | 4 (3) | | |
| Year 3 | | | | | | | |
| I-MORE | 49 (40) | 17 (14) | 21 (17) | 9 (7) | 5 (4) | | |
| O-ACT | 48 (38) | 5 (4) | 23 (18) | 13 (10) | 10 (8) | | 1 (1) |
| Year 4 | | | | | | | |
| I-MORE | 45 (37) | 13 (11) | 20 (16) | 10 (8) | 11 (9) | | 1 (1) |
| O-ACT | 43 (34) | 11 (9) | 16 (13) | 13 (10) | 14 (11) | | 3 (2) |
| Year 5 | | | | | | | |
| I-MORE | 45 (37) | 12 (10) | 7 (6) | 15 (12) | 20 (16) | | 1 (1) |
| O-ACT | 44 (35) | 10 (8) | 8 (6) | 11 (9) | 24 (19) | | 3 (2) |
| Year 6 | | | | | | | |
| I-MORE | 38 (31) | 16 (13) | 10 (8) | 16 (13) | 20 (16) | | 1 (1) |
| O-ACT | 41 (32) | 14 (11) | 4 (3) | 11 (9) | 28 (22) | | 3 (2) |
| Year 7 | | | | | | | |
| I-MORE | 40 (33) | 13 (11) | 6 (5) | 16 (13) | 21 (17) | 1 (1) | 2 (2) |
| O-ACT | 29 (23) | 14 (11) | 9 (7) | 13 (10) | 28 (22) | 5 (4) | 3 (2) |

Abbreviations: I-MORE: inpatient multimodal occupational rehabilitation; O-ACT: outpatient acceptance and commitment therapy

^a Only new disability benefits during follow-up are considered. At inclusion, 12 participants received graded disability benefits (I-MORE n=9; O-ACT n=3); they are registered as part-time workers with corresponding benefits.

^b Benefits status the month the participant started rehabilitation. There are some small differences from table 1 which shows status at inclusion in the study.

a)



b)

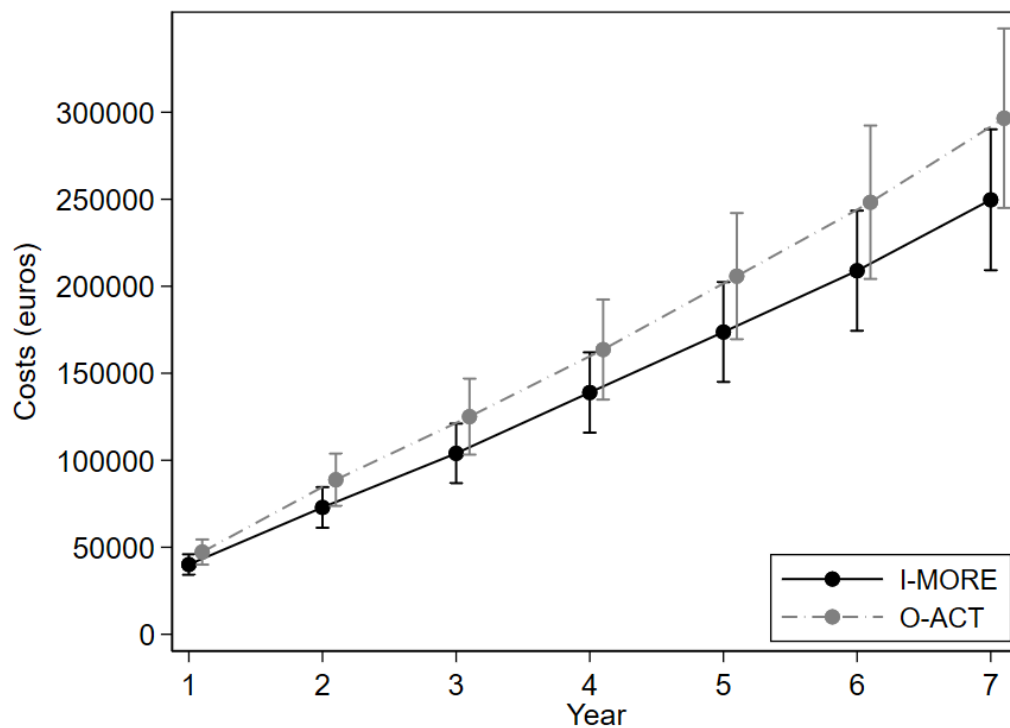


Figure S1 Cumulative costs (in euros) for the inpatient (I-MORE)- and the outpatient program (O-ACT) during 7 years of follow-up. a) unadjusted; b) adjusted for age, sex, education, and main sick leave diagnosis.