



# Metformin Promotes Apoptosis but Suppresses Autophagy in Glucose-Deprived H4IIE Hepatocellular Carcinoma Cells

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**Background:** Metformin, a well-known anti-diabetic drug, has gained interest due to its association with the reduction of the prevalence of cancer in patients with type 2 diabetes and the anti-proliferative effect of metformin in several cancer cells. Here, we investigated the anti-proliferative effect of metformin with respect to apoptosis and autophagy in H4IIE hepatocellular carcinoma cells.

**Methods:** H4IIE rat cells were treated with metformin in glucose-free medium for 24 hours and were then subjected to experiments examining the onset of apoptosis and/or autophagy as well as the related signaling pathways.

**Results:** When H4IIE cells were incubated in glucose-free media for 24 hours, metformin and 5-aminoimidazole-4-carboxamide ribonucleotide (AICAR) reduced the viability of cells. Inhibition of AMP-activated protein kinase (AMPK) by compound C significantly blocked cell death induced by metformin or AICAR. Pro-apoptotic events (nuclear condensation, hydrolysis of intact poly ADP ribose polymerase and caspase-3) were stimulated by metformin and then suppressed by compound C. Interestingly, the formation of acidic intracellular vesicles, a marker of autophagy, was stimulated by compound C. Although the deprivation of amino acids in culture media also induced apoptosis, neither metformin nor compound C affected cell viability. The expression levels of all of the autophagy-related proteins examined decreased with metformin, and two proteins (light chain 3 and beclin-1) were sensitive to compound C. Among the tested inhibitors against MAP kinases and phosphatidylinositol-3-kinase/mammalian target of rapamycin, SB202190 (against p38MAP kinase) significantly interrupted the effects of metformin.

**Conclusion:** Our data suggest that metformin induces apoptosis, but suppresses autophagy, in hepatocellular carcinoma cells via signaling pathways, including AMPK and p38 mitogen-activated protein kinase.

**Keywords:** Apoptosis; Autophagy; H4IIE hepatocellular carcinoma cells; Metformin

## INTRODUCTION

Metformin, a well-established, safe, effective anti-diabetic drug, has gained interest due to its association with the reduced risk of several cancers in type 2 diabetes patients [1,2]. A number of epidemiological and preclinical studies have suggested various mechanisms underlying the anticancer activity of metformin in different cancer types [3]. Previous studies have found diverse anticancer effects of metformin in human lung cancer

cells [4], gastric cancer cells [5], endometrial cancer cells [6], breast cancer cells [7], and other types of cancer cells. These studies suggest that metformin inhibits cell proliferation by unique mechanisms in different types of cancer cells. As an example, metformin decreases the growth of cells by regulating lipogenesis, independent of AMP-activated protein kinase (AMPK) in hepatocellular carcinoma [8], whereas the anticancer effects of metformin in many other cancer cells are dependent on AMPK, a target molecule of metformin [9].

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AMPK is a cellular energy sensor that regulates metabolism [9]. It diminishes hepatic gluconeogenesis and enhances muscular glucose uptake. Studies have also indicated that AMPK is involved in the suppression of cancer cell proliferation [10]. However, it is not yet understood whether AMPK plays a key role in mediating metformin's anticancer activity because metformin also induces cell damage by directly interrupting the mitochondrial complex independent of AMPK [11].

Macroautophagy (hereafter referred to as autophagy) is a recycling process that is used to maintain cellular nutrient balance and the function of intracellular organelles [12]. Autophagy can remove cells that have undergone apoptosis. Alternatively, autophagy may result in a form of non-apoptotic cell death [13]. Thus, autophagy can either promote or suppress cell death under different conditions.

Recently, previous studies have shown that metformin induces apoptosis [14] or inhibits proliferation in hepatocellular carcinoma Huh-7 cells [15]. However, there is little evidence of autophagy when hepatocellular carcinoma cells are exposed to metformin. Here, we show that metformin induces apoptosis and suppresses autophagy in H4IIE hepatocellular carcinoma cells in glucose-deprived culture conditions. The effect of metformin is sensitive to the inhibition of AMPK and p38 mitogen-activated protein kinase (p38MAPK) signaling pathways.

## METHODS

### Cells

H4IIE rat hepatocellular carcinoma cells were obtained from the Korean Cell Line Bank (Seoul, Korea) and maintained in Dulbecco's minimal essential medium (DMEM, 1 g/L glucose) with 10% fetal bovine serum (FBS). At the beginning of the experiments, H4IIE cells were incubated in serum-free DMEM overnight. Cells were washed twice with Dulbecco's phosphate-buffered saline (D-PBS) and again incubated in serum- and glucose-free DMEM (GFM) supplemented with 2 mM pyruvate and 20 mM lactate for 30 minutes before treatment with reagents.

### Materials

DMEM, Hank's-balanced salt solution (HBSS), D-PBS, trypsin-ethylenediaminetetraacetic acid solution, metformin, compound C, 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT), 5-aminoimidazole-4-carboxamide ribonucleotide (AICAR), SB202190, SP600125, wortmannin, rapamycin, H33342, and acridine orange (AO) were purchased

from Sigma Chemical Corp. (St. Louis, MO, USA). FBS was obtained from Life Technologies, Inc. (Rockville, MD, USA). Polyclonal antibodies against poly ADP ribose polymerase (PARP), cleaved caspase-3, autophagy-related (3, 5, 7),  $\beta$ -actin, and monoclonal antibodies against beclin-1 and microtubule-associated protein 1 light chain 3B (LC3B) were purchased from Cell Signaling Technology (Danvers, MA, USA). Polyclonal antibodies against phospho-AMPK were obtained from Millipore (Billerica, MA, USA). Polyclonal anti-PARP and anti-rabbit goat immunoglobulin G-horseradish peroxidase (HRP) secondary antibodies were from Santa Cruz Biotechnology (Santa Cruz, CA, USA). Electrophoresis reagents (including Bis-Tris gels, running buffer, and polyvinylidene difluoride [PVDF] membranes) were obtained from Invitrogen (Carlsbad, CA, USA).

### MTT assay

Cell viability was analyzed using the MTT assay as previously described [16]. Briefly, H4IIE cells in 24-well plates were pre-incubated in serum-free DMEM overnight, washed twice with D-PBS and then further incubated for 24 hours after pretreatment and treatment with reagents in GFM. After the treatments, the same amount of MTT reagent (1 g/L in D-PBS) was added to each well. After a 30 minute incubation at 37°C, cells were washed with D-PBS, and the blue-colored formazan product was subsequently solubilized in 0.5 mL of 2-propanol for 20 minutes. The absorbance of the converted dye was measured at a wavelength of 570 nm.

### Western blotting analysis

H4IIE cells in 6-well plates were pre-incubated in serum-free DMEM overnight, washed twice with D-PBS, and then further incubated in GFM-containing reagents. After treatment, the cells were lysed in an ice-cold lysis buffer (50 mM Tris-HCl, 1% nonidet P-40, 0.25% sodium deoxycholate, 150 mM NaCl, 1 mM sodium orthovanadate, 1 mM NaF, 1 mM phenylmethylsulfonyl fluoride, 1 mM aprotinin, 1 mM leupeptin, and 1 mM pepstatin A). Equal amounts (10 to 20  $\mu$ g) of protein were separated using sodium dodecyl sulfate-polyacrylamide gel electrophoresis on 4% to 12% polyacrylamide gels and transferred onto PVDF membranes. The membranes were incubated in blocking buffer (5% nonfat dry milk in Tris-buffered saline [TBS]-0.1% Tween-20 [TBS-T]) for 1 hour at room temperature, after which the membranes were probed with different primary antibodies (at dilutions of 1:1,000 to 1:2,000). After a se-

ries of washes, the membranes were further incubated with the respective HRP-conjugated secondary antibodies at a dilution of 1:10,000. The signal was detected using the enhanced chemiluminescence detection system (Intron, Seongnam, Korea).

#### Acridine orange/H33342 staining

Acidic intracellular vesicles, a marker of the onset of autophagy were visualized using AO staining. After treatment, the cells were washed twice with D-PBS and stained in 2% acetone in D-PBS containing AO (1  $\mu\text{g}/\text{mL}$ ) for 15 minutes at room temperature. To observe the degree of nuclear condensation (a marker of apoptosis), H33342 (1  $\mu\text{g}/\text{mL}$ ) was added alone or in combination with AO. After removal of the AO/H33342 staining solution, the cells were immediately observed under a fluorescent microscope (IX70; Olympus, Tokyo, Japan) and imaged using a digital camera (DP-70; Olympus).

#### Statistics

The experimental results are presented as the mean  $\pm$  standard error. The significance of the differences among groups was determined using Student *t*-test.  $P < 0.05$  was considered statistically significant.

## RESULTS

#### Metformin inhibits cell viability and induces apoptosis in H4IIE cells

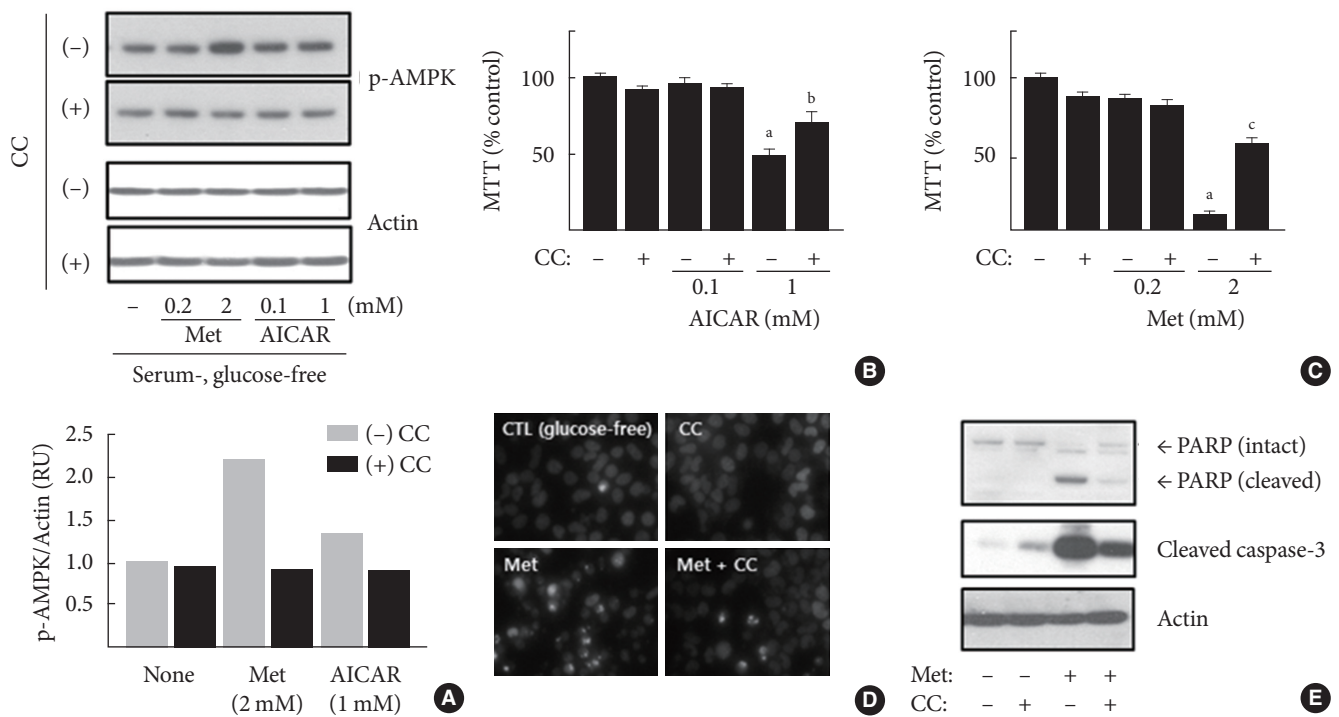
Our preliminary results showed that the viability of H4IIE cells was not significantly affected within the tested ranges of the glucose concentration (0 to 5.5 mM) after 24 hours (data not shown). Thus, we regarded the cells incubated in GFM as the control group in the experiments. The culture conditions mimic glucose-deprived environments for proliferating cancer cells with respect to the induction of apoptosis and/or autophagy.

To test whether metformin affects the viability of hepatocellular carcinoma cells, H4IIE cells were treated with metformin in GFM. To remove the residual proliferative effects of serum, cells were pre-incubated in serum-free DMEM for 24 hours and then treated with metformin and AICAR, typical activators of AMPK, in fresh GFM. Stimulation of AMPK was detected using Western blotting analyses for phospho-AMPK after 4 hours of treatment (Fig. 1A). While lower doses of metformin (0.2 mM) or AICAR (0.1 mM) did not change the levels of phospho-AMPK, 1 mM AICAR weakly increased the levels of p-AMPK (approximately 1.3-fold over the non-treated

control) and 2 mM metformin strongly increased the levels of p-AMPK (2.2-fold over the control). Pretreatment with compound C (10  $\mu\text{M}$ ), an inhibitor of AMPK, blocked the stimulation of AMPK by metformin or AICAR. Cell viability was measured using the MTT assay after 24 hours of treatment with metformin and AICAR. AICAR (1 mM) decreased MTT reactivity, but was significantly restored by pretreatment with compound C (50.44%  $\pm$  3.53% vs. 72.56%  $\pm$  0.88% of the non-treated control, respectively) (Fig. 1B). Metformin (2 mM) markedly decreased MTT reactivity, and such a decrease was also significantly restored by pretreatment with compound C (10.79%  $\pm$  1.13% vs. 57.8%  $\pm$  1.73% of the non-treated control, respectively) (Fig. 1C). These results indicated that pharmacological stimulation of AMPK by AICAR or metformin exerts cytotoxicity in H4IIE hepatocellular carcinoma cells. After determining that stimulation of AMPK and reduction of MTT reactivity were stronger with metformin (2 mM) than AICAR (1 mM) treatment, we next examined whether the decrease in MTT reactivity caused by metformin reflected an induction of apoptosis via the stimulation of AMPK. Induction of apoptosis was detected using fluorescent staining of condensed nuclear chromatin (apoptotic bodies) and Western blotting analyses for cleaved caspase-3 and PARP. In the control group (cells pre-incubated in serum-free DMEM for 24 hours and further incubated in GFM for an additional 24 hours), little change was observed in the degree of apoptotic body formation and the cleavage of caspase-3 and PARP (Fig. 1D and E). The addition of 2 mM metformin increased the number of apoptotic bodies (Fig. 1D) and the amount of cleaved caspase-3 and PARP (Fig. 1E). Compound C also suppressed the effects of metformin.

#### Inhibition of AMPK induces autophagy

Recent studies have suggested that metformin induces autophagy in various cells [17-19]. However, it is unknown if metformin (or AMPK) modulates autophagy with respect to its anti-proliferative activity in hepatocellular carcinoma. Because autophagy is initiated by the depletion of energy sources, including glucose [20,21] or amino acids [22], we tested whether deprivation of glucose or amino acids induced autophagy in H4IIE cells. In addition, the effect of metformin on the induction of autophagy was examined. As shown in Fig. 2A, deprivation of glucose did not enhance the formation of acidic intracellular vesicles or apoptotic bodies per se. However, compound C stimulated the formation of acid vesicles (yellow fluorescence within cells) in most of the treated cells. The number of apop-



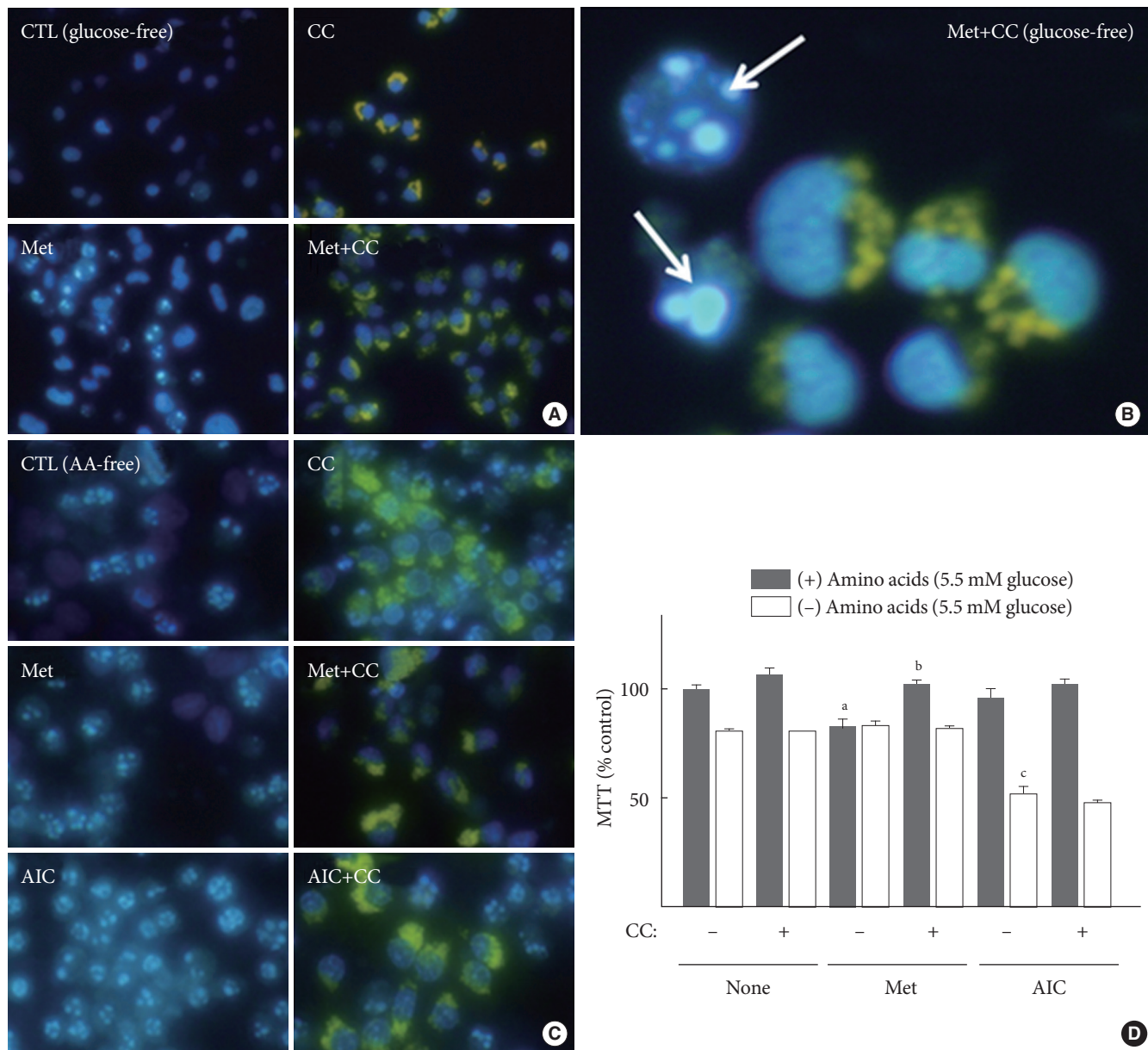
**Fig. 1.** Metformin (Met) inhibits cell viability and induces apoptosis in H4IIE cells. (A) H4IIE cells were pre-incubated in serum-free Dulbecco's minimal essential medium (DMEM, 1 g/L glucose) for 24 hours and then pretreated with compound C (CC, 10  $\mu$ M) in glucose-free DMEM (GFM) for 30 minutes. Cells were further treated with Met and 5-aminoimidazole-4-carboxamide ribonucleotide (AICAR) for 4 hours (A) or 24 hours (B-E). The levels of phospho-AMP-activated protein kinase (p-AMPK) and actin were detected by Western blotting analyses, and the density of p-AMPK was normalized against actin. Each bar represents the average value of the duplicated experiments ( $n=2$ ) (A). Cell viability was analyzed using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay, and each bar represents the mean  $\pm$  standard error ( $n=3$ ) (B, C). The onset of apoptosis was detected using H33342 staining to observe nuclear chromatin condensation (D) and Western blotting analyses for poly ADP ribose polymerase (PARP) and cleaved caspase-3 (E). CTL, control. <sup>a</sup> $P < 0.001$  vs. the non-treated control, <sup>b</sup> $P < 0.05$  vs. cells treated with 1 mM AICAR, <sup>c</sup> $P < 0.001$  vs. cells treated with 2 mM Met.

otic cells increased with metformin, while pretreatment with compound C completely reversed the effect of metformin. In an enlarged fluorescent image, acidic vesicles were observed only in healthy, non-apoptotic cells, but were not observed in apoptotic cells (arrows in Fig. 2B) when co-treated with metformin and compound C in GFM. Compared to the results observed with glucose treatment, deprivation of amino acids (incubation in amino acid-free HBSS containing 5.5 mM glucose) markedly increased the number of apoptotic cells (Fig. 2C). In amino acid-deprived cells, metformin did not affect the viability of cells compared to the control, but AICAR accelerated cell death (Fig. 2D). However, in amino acid-fed cells (together with 5.5 mM glucose), metformin decreased cell viability and the cells that were sensitive to compound C (Fig. 2D). Although compound C enhanced the formation of acidic

vesicles within cells, it failed to rescue cells from apoptosis in all of the treatments evaluated (Fig. 2C and D). These results indicated that metformin induced apoptotic cell death and inhibited autophagy in glucose-deprived environments, but not in amino acid-deprived conditions in H4IIE cells. Moreover, compound C suppressed the pro-apoptotic activity of metformin, indicating a role for AMPK in the control of apoptosis/autophagy in H4IIE cells.

**Metformin decreases the expression levels of autophagy-related proteins**

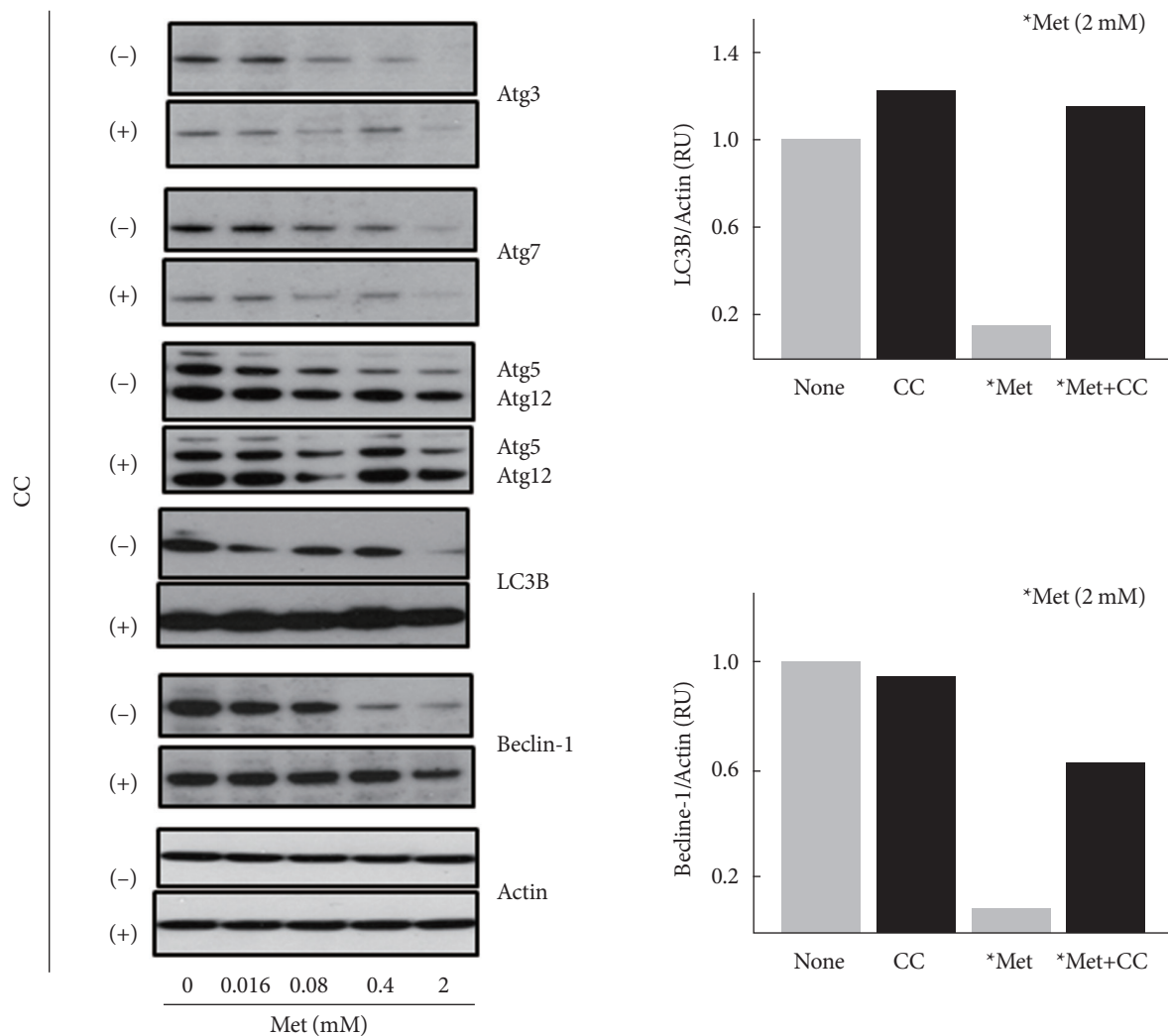
Although compound C stimulated the formation of acidic intracellular vesicles, it is unknown whether metformin inhibits autophagy in an AMPK-dependent manner. Thus, the effect of metformin on the expression of various autophagy-related pro-



**Fig. 2.** Inhibition of AMP-activated protein kinase stimulates the formation of acidic intracellular vesicles, a marker of the onset of autophagy, and protected metformin-induced apoptosis in glucose-free DMEM (GFM), but not in amino acid (AA)-free medium. H4IIE cells were pre-incubated in serum-free Dulbecco's minimal essential medium (DMEM, 1 g/L glucose) for 24 hours and then pretreated with compound C (CC, 10 μM) in fresh GFM (A, B), AA-free Hank's-balanced salt solution (1 g/L glucose) (C, D), or AA-containing DMEM (1 g/L glucose) (D) for 30 minutes. Cells were further treated with 2 mM metformin (Met) and 1 mM 5-aminoimidazole-4-carboxamide ribonucleotide (AICAR, AIC) for 24 hours. After treatment, cells were stained with AO and H33342 (A-C) and subjected to the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay (D). Arrows (B) indicates condensed chromatin (apoptotic bodies). Each bar represents the mean ± standard error (n=3) (D). CTL, control. <sup>a</sup>P < 0.05 vs. the non-treated control (dark bar), <sup>b</sup>P < 0.05 vs. cells treated with 2 mM Met (dark bar), <sup>c</sup>P < 0.01 vs. the non-treated control (white bar).

teins (Atg3, Atg5, Atg7, Atg12, LC3B, and beclin-1) was examined. Serum-starved (for 24 hours) H4IIE cells were treated

with different concentrations of metformin (0.016 to 2 mM) for 24 hours in GFM. Western blotting analyses revealed that met-



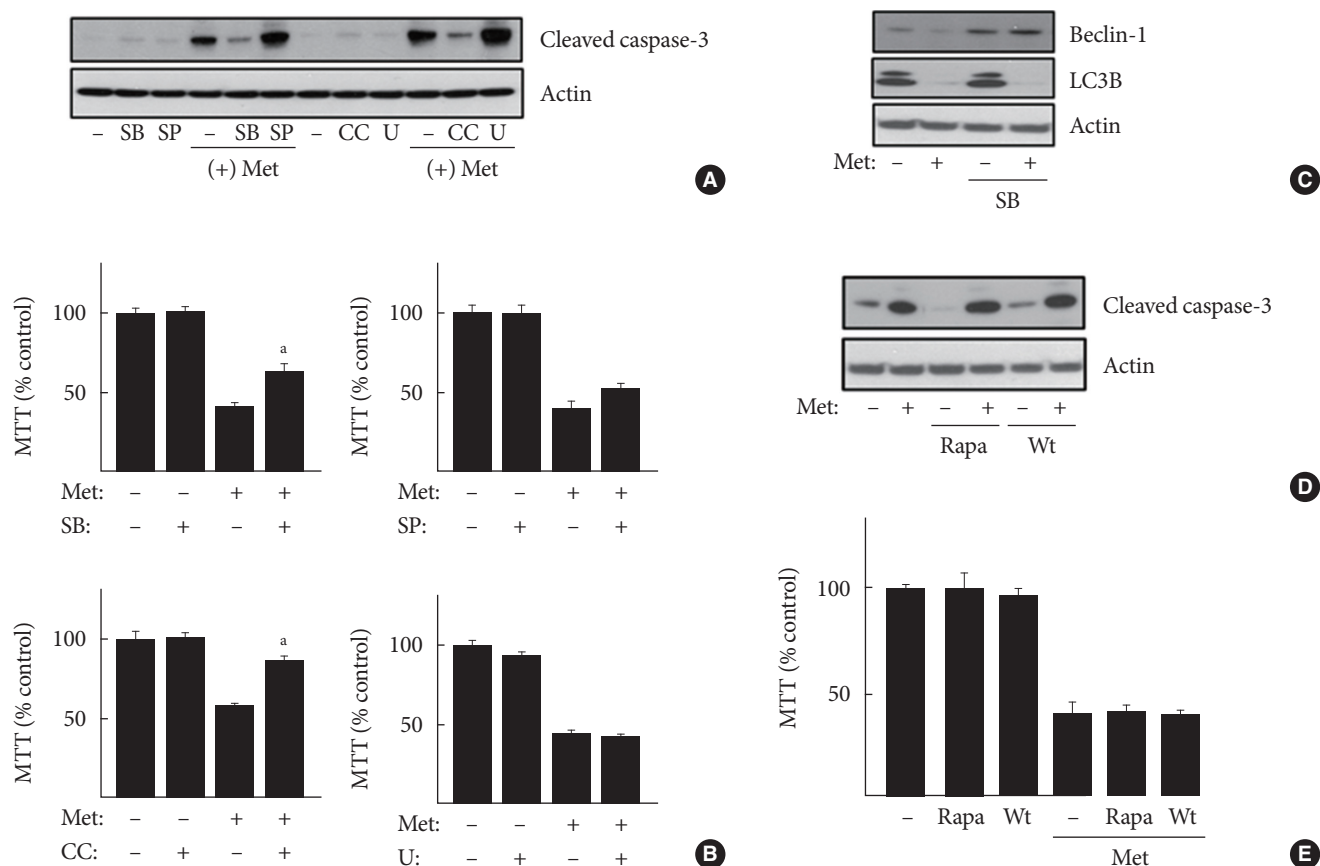
**Fig. 3.** Metformin decreases the expression levels of autophagy-related proteins. H4IIE cells were pre-incubated in serum-free Dulbecco's minimal essential medium (DMEM, 1 g/L glucose) for 24 hours and then pretreated with compound C (CC, 10  $\mu$ M) in glucose-free DMEM (GFM) for 30 minutes. Cells were further treated with metformin (Met, 0 to 2 mM) for 24 hours and subjected to Western blotting analyses. The density of light chain 3B (LC3B) or beclin-1 was normalized against actin. Each bar represents the average value of the duplicated experiments ( $n=2$ ).

formin decreased the expression levels of all six proteins tested in a dose-dependent manner (Fig. 3). Pretreatment with compound C blocked the metformin-induced decrease of LC3B and beclin-1 proteins. Because these two proteins are essential components in the formation of the autophagosome compared to the other four proteins, these results suggested that metformin inhibits autophagy in an AMPK-dependent manner.

#### Inhibition of p38MAPK as well as AMPK suppresses apoptosis induced by metformin

Our results showed that metformin induces apoptosis and in-

hibits autophagy in an AMPK-dependent manner in H4IIE cells under glucose-deprived conditions. However, little evidence is available regarding the involvement of signaling pathways other than AMPK for the pro-apoptotic and anti-autophagic activities of metformin. We tested the involvement of two major signaling pathways with regard to metformin activity. Members of the MAPK and phosphatidylinositol-3-kinase (PI3K)/mammalian target of rapamycin (mTOR) families play diverse roles in controlling the viability of normal and cancer cells. First, inhibitors against MAPKs were pre-incubated for 30 minutes prior to metformin treatment for 24 hours. Only



**Fig. 4.** Inhibition of p38 mitogen-activated protein kinase (p38MAPK) as well as AMP-activated protein kinase protected cells from apoptosis induced by metformin (Met). H4IIE cells were pre-incubated in serum-free Dulbecco's minimal essential medium (DMEM, 1 g/L glucose) for 24 hours and then pretreated with various inhibitors against signaling proteins (20  $\mu$ M compound C [CC], 50  $\mu$ M SB202190, 50  $\mu$ M SP600125, 10  $\mu$ M U0126, 100 nM rapamycin, and 100 nM wortmannin) for 30 minutes. Cells were further treated 1 mM Met for 24 hours. After the treatments, the protein levels of cleaved caspase-3, beclin-1, light chain 3B (LC3B), and actin were detected using Western blotting analyses (A, C, D), and cell viability was analyzed using the 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) assay (B, E). Each bar represents the mean  $\pm$  standard error ( $n=3$ ) (B, E). Rapa, rapamycin; SB, SB202190; SP, SP600125; U, U0126; Wt, wortmannin. <sup>a</sup> $P<0.01$  vs. cells treated with 2 mM Met ( $n=3$ ) (B).

the inhibition of p38MAPK by 50  $\mu$ M SB202190 significantly suppressed metformin's pro-apoptotic activity (Fig. 4A, cleavage of caspase-3; Fig. 4B, MTT reactivity), whereas inhibition of ERKs (extracellular signal-regulated kinases) by 10  $\mu$ M U0126 or inhibition of JNKs (c-Jun N-terminal kinases) did not suppress the pro-apoptotic activity of metformin. SB202190 also restored the reduced expression of beclin-1 by metformin (Fig. 4C). However, the reduced expression of LC3B by metformin was not restored by SB202190, whereas it was restored by compound C (Fig. 3). Taken together, these results suggest that a member of the MAPK family, p38MAPK, combined with AMPK, also mediate metformin's pro-apoptotic and anti-au-

tophagic activity in H4IIE cells. In addition, inhibition of PI3K and mTOR by wortmannin (100 nM) and rapamycin (100 nM) failed to change metformin's pro-apoptotic activity (Fig. 4D and E). On the basis of these results, p38MAPK combined with AMPK is likely a key player contributing to metformin's pro-apoptotic and anti-autophagic activities.

## DISCUSSION

Many studies have suggested a link between type 2 diabetes and an increased risk of cancer [1,2]. Several metabolic disorders, such as hyperglycemia, hyperinsulinemia, and dyslipid-

emia in type 2 diabetes are also likely potential risk factors for cancer; however, the correlation between these two diseases has not yet been elucidated [23]. Although a number of reports have indicated the association between cancer risk and hypoglycemic drugs, this link is still controversial [24]. In particular, metformin has gained attention for its anticancer potential [25,26]. Metformin, a synthetic biguanide, is the most widely prescribed drug in patients with type 2 diabetes [27]. However, the precise nature of metformin action is not yet known. Metformin is a positively charged molecule. It accumulates within the mitochondrial matrix and inhibits mitochondrial electron transport, ultimately resulting in a reduction in nicotinamide adenine dinucleotide oxidation and ATP synthesis [28]. The reduction of ATP synthesis activates AMPK, and activated AMPK inhibits hepatic gluconeogenesis while stimulating muscular glucose uptake [29]. Many studies have found that metformin inhibits cell proliferation via unique mechanisms in different types of cancer cells [3-7]. However, the association between metformin (or AMPK) and hepatocellular carcinoma has not yet been elucidated. Thus, we investigated the role of metformin in the control of cell viability as well as the precise nature of metformin activity in H4IIE hepatocellular carcinoma cells.

We found that metformin severely reduced the viability of H4IIE cells and stimulated apoptosis in an AMPK-dependent manner. Similar results were shown in a recent study using HepG2 [30], a human hepatocellular carcinoma cell line. The study also showed that metformin results in cell cycle arrest at G0/G1 and decreased BrdU incorporation in an AMPK-dependent manner. However, this study did not provide evidence for metformin's induction of apoptosis. Thus, metformin may exert its anticancer activity via the suppression of DNA synthesis and induction of cell cycle arrest and apoptosis. In particular, the anticancer effect of metformin is completely dependent on AMPK because metformin does not inhibit the growth of AMPK-deficient cells, such as HeLa [31], or differentiated normal cells, including L6 myocytes [32]. This hypothesis is further supported by a new report that shows that metformin inhibits the growth of esophageal squamous carcinoma cells (ESCC), but fails to inhibit the growth of normal esophageal epithelial cell lines [33]. However, in ESCC, metformin promotes autophagy as well as apoptosis by down-regulating Stat3 signaling [33]. There are a number of studies on the role of AMPK regarding the control of autophagy. AMPK (or metformin) promotes autophagy in pancreatic  $\beta$ -cells [17], the cere-

bral artery [18], breast cancer cells [34], colorectal cancer cells [35], and endometrial cancer cells [36]. These findings indicated that the anticancer or anti-proliferative effect of AMPK (or metformin) is partially or completely dependent on autophagy. To date, there are no data showing that metformin inhibits autophagy.

Our study clearly demonstrates that metformin inhibits autophagy. Under glucose-deprived conditions, metformin decreased the expression levels of six different autophagy-related proteins, including LC3B and beclin-1, in an AMPK-dependent manner. Moreover, inhibition of AMPK by compound C stimulated the formation of acidic intracellular vesicles, a morphological marker of autophagy. To the best of our knowledge, our study is the first report demonstrating that metformin inhibits autophagy but induces apoptosis in hepatocellular carcinoma cells.

Both autophagy and apoptosis are essential mechanisms for the control of cell death or survival. However, the upstream regulator(s) between autophagy and apoptosis are unknown. Ben et al. [37] hypothesized that the inhibition of autophagy promotes apoptosis in cancer cells with intact apoptotic signaling pathways. Our results correlated with this hypothesis because metformin inhibited autophagy and subsequently decreased cell survival and stimulated various pro-apoptotic markers. However, the precise mechanisms of metformin-regulated autophagy and/or apoptosis in various cancer types or different metabolic environments remains to be further investigated.

The direct effects of metformin on apoptosis or autophagy are thought to be primarily mediated by AMPK. However, different signaling pathways also play roles in regulating cell death and survival. Members of the MAPK and PI3K/mTOR family play diverse roles in controlling the viability of a number of normal and cancerous cells. Our data showed that the inhibition of autophagy and induction of apoptosis by metformin were primarily dependent on AMPK and were sensitive to compound C. In addition, inhibition of p38MAPK also restored metformin-inhibited cell viability, whereas other inhibitors of the MAPK and PI3K/mTOR signaling pathways did not. In MCF-7 breast cancer cells, metformin activated p38MAPK as well as AMPK and induced apoptosis and cell cycle arrest [38]. Recent studies also suggested the pro-apoptotic activity of p38MAPK in hepatocellular carcinoma cells [39]. Thus, we proposed that p38MAPK also mediates pro-apoptotic activity together with AMPK in H4IIE cells.



In summary, we report that metformin promotes apoptosis, but inhibits autophagy, in an AMPK-dependent manner under glucose-deprived conditions. Furthermore, p38MAPK mediates metformin's proapoptotic activity; however, the precise mechanism of the autophagy-to-apoptosis association of metformin has not been elucidated and requires further study.

## CONFLICTS OF INTEREST

No potential conflict of interest relevant to this article was reported.

## ACKNOWLEDGMENTS

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