

Oxford Medical Case Reports, 2021;5,185-186

doi: 10.1093/omcr/omab028 Clinical Image

CLINICAL IMAGE Cerebral malaria with extensive subcortical microhemorrhages

Anza Zahid^{1,*}, Ian T. Mark², Julie R. Gilbertson³ and Derek R. Johnson^{1,3}

¹Department of Neurology, Mayo Clinic, Rochester, MN 55905, USA, ²Department of Radiology, UCSF, San Francisco, CA 94143, USA, ³Department of Radiology, Mayo Clinic, Rochester, MN 55905, USA

*Correspondence address. Department of Neurology, Mayo Clinic, 200 1st St. SW, Rochester, MN 55905, USA. Tel: +1-507-284-2511; E-mail: Zahid.Anza@mayo.edu

A 48-year-old man with an altered mental status presented for evaluation after returning from vacation to malaria-endemic region (Kruger area) of South Africa; he did not take prophylaxis prior to his travel. Five days prior to presentation, he experienced symptoms including headache and myalgias. His blood smear showed 23.6% parasite burden of *Plasmodium falciparum*. He rapidly deteriorated and developed encephalopathy, then became deeply comatose for several days in the context of malaria-related multiorgan failure.

Computed tomography scans of the brain demonstrated no significant abnormality. The next day, magnetic resonance imaging (MR) brain revealed innumerable foci of microhemorrhages, primarily in the subcortical and basal ganglia distribution on susceptibility-weighted imaging (SWI) images (Fig. 1a). There were no macroscopic intraparenchymal hemorrhages, restricted diffusion or abnormal enhancement. One week later, a follow-up MR demonstrated stable microhemorrhages and new subcortical FLAIR signal hyperintensity (Fig. 1b). Subsequent MR performed at 3 weeks showed stable microhemorrhages and interval resolution of the fluid attenuated inversion recovery (FLAIR) signal abnormality.

Ultimately, the patient recovered with deconditioning but no apparent neurological sequelae. Approximately 1 year after discharge, he made a return visit to Africa and opted for malaria prophylaxis.

Falciparum malaria is a leading cause of illness and death in tropical countries [1]. Severe malaria occurs mostly in patients without background immunity, manifesting predominantly in children in endemic areas. Although, it can occur in adults



Figure 1: MR SWI demonstrated innumerable foci of hypointensity representing microangiopathy-related microhemorrahages, primarily near the gray/white interface (a). Follow-up MR performed ~1 week after initiation if anti-malarial therapy demonstrated no significant change in cerebral microhemorrhages on SWI images (not shown), with new subcortical signal hyperintensity representing edema on FLAIR images (b).

who are first exposed to malaria later in life [2]. The mortality of adult cerebral malaria is \sim 20% with death rates up to 50% when accompanied by organ failure [3]. In fatal cases, postmortem analysis demonstrates petechial hemorrhages in cut sections due to microangiopathy with cerebral capillaries and venules packed with parasitized red blood cells [3]. MR susceptibility-weighted imaging (SWI) may demonstrate these microangiopathy-related cerebral hemorrhages prior to any

Received: January 26, 2021; Revised: March 10, 2021; Accepted: March 14, 2021

© The Author(s) 2021. Published by Oxford University Press. All rights reserved. For Permissions, please email: journals.permissions@oup.com This is an Open Access article distributed under the terms of the Creative Commons Attribution Non-Commercial License (http://creativecommons.org/ licenses/by-nc/4.0/), which permits non-commercial re-use, distribution, and reproduction in any medium, provided the original work is properly cited. For commercial re-use, please contact journals.permissions@oup.com other imaging modality or MR sequence thereby, strongly supporting the diagnosis of cerebral malaria in the proper clinical context [4].

CONFLICT OF INTEREST STATEMENT

The authors declare no competing interests.

FUNDING

Not applicable.

ETHICAL APPROVAL

Institutional Review Board approval was not required.

CONSENT

Informed consent was obtained from the patient for the use of medical records and clinical images for research and publication.

GUARANTOR

Derek R Johnson.

ABBREVIATIONS

CT, computed tomography; FLAIR, fluid-attenuated inversion recovery; MR, magnetic resonance imaging; SWI, susceptibilityweighted images

REFERENCES

- 1. World Malaria Report 2018. Licence: CC BY-NC-SA 3.0 IGO. Geneva: World Health Organization, 2018.
- Idro R, Marsh K, John CC, Newton CR. Cerebral malaria: mechanisms of brain injury and strategies for improved neurocognitive outcome. *Pediatr Res* 2010;68:267–74. doi: 10.1203/PDR.0b013e3181eee738.
- Newton CR, Hien TT, White N. Cerebral malaria. J Neurol Neurosurg Psychiatry 2000;69:433–41. doi: 10.1136/jnnp.69.4.433.
- Nickerson JP, Tong KA, Raghavan R. Imaging cerebral malaria with a susceptibility-weighted MR sequence. AJNR Am J Neuroradiol 2009;30:e85–6. doi: 10.3174/ajnr.A1568.