# **RESEARCH ARTICLE**

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The probability of receiving a kidney transplantation in end-stage kidney disease patients who are treated with haemodiafiltration or haemodialysis: a pooled individual participant data from four randomised controlled trials



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# **Abstract**

**Background:** Due to a critical shortage of available kidney grafts, most patients with Stage 5 Chronic Kidney Disease (CKD5) require bridging dialysis support. It remains unclear whether treatment by different dialysis modalities changes the selection and/or preparation of a potential transplant candidate. Therefore, we assessed whether the likelihood of receiving kidney transplant (both living or deceased kidney donors) differs between haemodialysis (HD) and online haemodiafiltration (HDF) in patients with CKD5D.

**Methods:** Individual participant data from four randomised controlled trials comparing online HDF with HD were used. Information on kidney transplant was obtained during follow-up. The likelihood of receiving a kidney transplant was compared between HD and HDF, and evaluated across different subgroups: age, sex, diabetes, history of cardiovascular disease, albumin, dialysis vintage, fistula, and level of convection volume standardized to body surface area. Hazard ratios (HRs), with corresponding 95% confidence intervals (95% CI), comparing the effect of online HDF versus HD on the likelihood of receiving a kidney transplant, were estimated using Cox proportional hazards models with a random effect for study.

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**Results:** After a median follow-up of 2.5 years (Q1 to Q3: 1.9-3.0), 331 of the 1620 (20.4%) patients with CKD5D received a kidney transplant. This concerned 22% (n=179) of patients who were treated with online HDF compared with 19% (n=152) of patients who were treated with HD. No differences in the likelihood of undergoing a kidney transplant were found between the two dialysis modalities in both the crude analyse (HR: 1.07, 95% CI: 0.86-1.33) and adjusted analysis for age, sex, diabetes, cardiovascular history, albumin, and creatinine (HR: 1.15, 95%-CI: 0.92-1.44). There was no evidence for a differential effect across subgroups based on patient- and disease-characteristics nor in different categories of convection volumes.

**Conclusions:** Treatment with HD and HDF does not affect the selection and/or preparation of CKD5D patients for kidney transplant given that the likelihood of receiving a kidney transplant does not differ between the dialysis modalities. These finding persisted across a variety of subgroups differing in patient and disease characteristics and is not affected by the level of convection volume delivered during HDF treatment sessions.

#### Introduction

Kidney transplantation is the treatment of choice for patients with Stage 5 Chronic Kidney Disease (CKD5). Yet, due to an aging population and an increased prevalence of CKD5 in patients with diabetes and hypertension [1], a critical shortage exists of available kidney grafts for transplantation [2, 3]. Consequently, most patients with CKD5 require bridging dialysis support (CKD5D). The role of the different dialysis modalities, i.e. haemodialysis (HD), peritoneal dialysis (PD), or haemodiafiltration (HDF), with respect to the selection and/or preparation of receiving kidney transplantation has been the topic of persistent discussion [4-6]. While most previous research regarding the selection and/or preparation of kidney transplantation candidates focussed on the comparison between PD and HD [7-9], limited evidence is available regarding the comparison of HDF and HD [10, 11]. While the convection volume in standard HD approximates 10 L/session, in online post-dilution HDF the convection volume may amount to 23 L/1.73m<sup>2</sup>/session. Online HDF has been associated with a lower allcause and cardiovascular mortality risk when compared with HD, especially for the patients receiving the highest delivered convection volume [12]. Yet, so far it is unclear whether HDF influences the eligibility and preparation time for receiving a renal transplant in these patients.

The choice of dialysis modality might potentially affect the selection or preparation of potential kidney transplant candidates due to several differences between dialysis modalities. For example, several aspects of immune function and cytokine production, such as (micro) inflammation and oxidative stress [7, 13], the hemodynamic treatment tolerance [11], and risk of intradialytic hemodynamic instability, and hence, injury to vital organs, including the heart and brain, vary between dialysis modalities [7, 14]. Additionally, HD membranes might increase free radical production by activating complement factors, phagocytes, and leucocytes [14, 15]. At the same time, patients might have been selected for a specific dialysis modality due to

better prognostic factors (e.g. age or comorbidities) that can also affect the likelihood of receiving a kidney transplantation. Therefore, the aim of our study was to examine, in a pooled individual patient data analysis of four randomised controlled trials, first, whether the likelihood of receiving transplantation differs between HDF and HD, and second, whether the probability of receiving a kidney transplantation differed according to patient-, disease-, or other treatment-related characteristics.

#### **Methods**

#### Study design and study populations

A pooled individual participant data (IPD) meta-analysis was undertaken using data from four large multicentre randomised controlled trials (RCTs) comparing online HDF versus HD in adult patients with CKD5 receiving chronic HD [12]. All methods carried out and reported in accordance with relevant guidelines [16, 17]. Detailed description of the study designs, including eligibility criteria and treatment procedures, are provided elsewhere [18-21]. Briefly, the CONTRAST study included 714 patients treated by HD for > 2 months in dialysis centres in the Netherlands, Canada, and Norway. A suggested target convection volume of 6 L/hour, i.e. generally 24 L/per session, was proposed [18]. The ESHOL study included 906 patients treated by HD for > 3 months in Spain, with a minimum of 18 L/session of convection volume for the patients treated with online HDF [20]. The French HDF study included 391 patients, aged ≥65 years, treated by HD for > 1 month, with no target online HDF convection volume specified [21]. The Turkish HDF study, including 782 patients without a specification of HD vintage, with a minimum target of 15 L/session convection volume for online HDF treatments [19]. In all studies patients were 1: 1 randomised to either continuation of HD or online HDF, generally in a thrice weekly treatment schedule. In the CONTRAST study, patients in the control group were dialysed using low flux membranes, in the other three studies high flux membranes were used.

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# Study endpoints and follow-up

The primary outcome differed across studies: from all-cause mortality [18, 20], a composite outcome of all-cause mortality and nonfatal cardiovascular events [19], to intradialytic tolerance [21]. Secondary outcomes collected were cardiovascular mortality, infection mortality, and sudden death. The outcome of interest for this study is kidney transplant, for which information was collected in all studies during follow-up.

#### Statistical analysis

A similar statistical approach as the original IPD metaanalysis has been followed [12]. Hazard ratios (HRs), with corresponding 95% confidence intervals (95% CI), comparing the effect of online HDF versus HD on the suitability of kidney transplant candidates were estimated using Cox proportional hazards models with a random effect for study. Further analyses were conducted to evaluate whether this differed between subgroups on age (<65 vs. ≥ 65 years), sex, history of diabetes, history of CVD, albumin levels (< 4 vs.  $\ge 4$  g/dL), dialysis vintage (< 30 vs.  $\ge 30$ months), and mode of vascular access (arteriovenous fistula vs other). We used multiplicative interaction terms to explore whether differences in effect were present across subgroups. Additionally, study-specific results were computed for the CONTRAST and ESHOL studies; the other trials had too few patients to be able to obtain precise estimates. The dose-response association between online HDF and kidney transplantation was examined by thirds of the actual (on-treatment) delivered, 1.73m<sup>2</sup> BSA (body surface area)-standardized, convection volume. BSA was estimated using the formula from Gehan and George, as recommended by the European Best Practice Guidelines. Delivered convection volume was standardized by dividing the delivered by patient BSA [1.73 \* (patient convection volume/patient BSA)]. The association between convection volume and likelihood of receiving kidney transplantation was adjusted for age, sex, baseline serum albumin, creatinine, history of diabetes and history of CVD. Complete case analyses were conducted given that the specific data for (time to) transplantation was almost complete (n = 1 missing). All analyses were performed using R (version 3.5.1.) and a two-sided p value of < 0.05conferred statistical significance.

# Results

Of the 2793 patients included, 355 (12.7%) underwent a kidney transplantation during a median follow-up of 2.5 years (Q1-Q3: 1.9–3.0 years). In the CONTRAST and ESHOL study, respectively, 21% (n = 151) and 20% (n = 180) of the patients included received a kidney transplant during follow-up, but in the French and Turkish studies these percentages were much smaller (n = 7 and n = 17, respectively, both 2%) (Appendix 1).

Patients who received a kidney transplant during followup were, on average, younger and had fewer comorbidities compared with those patients who did not receive a kidney transplant, but no differences by sex were found (Table 1). Patients who received a kidney transplant had significantly less dialysis vintage and more arteriovenous fistula access compared with patients who did not receive a kidney transplant. Albumin, haemoglobin, and predialysis serum creatinine were greater, while C-reactive protein was lower, for those patients who received a transplant. There were no apparent differences in baseline characteristics, comorbidities, or laboratory measurements between the HD and the HDF study treatment arm for those patients who underwent a kidney transplantation.

The patients who received online HDF did not have a different likelihood of receiving a kidney transplantation compared with the patients receiving HD (HR: 1.07, 95%-CI: 0.86–1.33) (Table 2). When adjusted for age, sex, diabetes, cardiovascular history, albumin, and creatinine, this finding remained similar (HR: 1.15, 95%-CI: 0.92–1.44). This was consistent across all studies (Appendix 2). No evidence was found for a differential effect of online HDF compared to HD in subgroup of patients differing in sex, age, diabetes, CVD history, albumin, dialysis vintage, and vascular access for the likelihood of receiving kidney transplantation.

When compared to HD, the HRs by increasing delivered convection volume (<19, 19-23,and >23l per 1.73m $^2$  BSA per session) were 1.15 (0.82–1.61), 1.02 (0.75–1.41) and 1.06 (0.80–1.40), respectively (Table 3). The crude analyses and analyses adjusted for age, albumin, creatinine, history of CVD, and history of diabetes, give similar results.

#### Discussion

In this pooled IPD analysis including four RCTs, we identified no differences between pre-transplantation treatment with HD compared with pre-transplantation HDF in the likelihood of receiving kidney transplant in patients with CKD5D. There was no evidence to suggest that this finding differed across subgroups of patients, nor did the delivered convection volume per sessions influence this finding.

Due to an international shortage of available kidney grafts, many patients with CKD5D in clinical practice will have to undergo bridging dialysis support. Given that the underlying physiology of the different forms of dialysis varies, i.e. where HD mainly relies on diffusion, HDF consists of both diffusion and convection and is more efficient in removing middle molecules [22], this might have resulted in differences which could have affected patient suitability for kidney transplantation. Similarly, the survival benefit of HDF, i.e. a lower all-cause and cardiovascular mortality [12, 23–25], might also potentially contribute to differences selection and/or preparation of kidney transplant candidates. Patients

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**Table 1** Baseline characteristics of study participants by treatment allocation and transplantation during follow-up

	HD		HDF				
	No transplantation	Transplantation	<i>p</i> -value**	No transplantation	Transplantation	<i>p</i> -value**	<i>p</i> -value***
N	654	152		635	179		
Age (year)	67.8 (13.1)	54.3 (12.3)	< 0.01	67.4 (13.2)	53.6 (12.3)	< 0.01	0.58
Women	227 (34.7)	59 (38.8)	0.39	219 (34.5)	64 (35.8)	0.82	0.65
History of CVD	284 (43.4)	32 (21.1)	< 0.01	260 (40.9)	35 (19.6)	< 0.01	0.84
Diabetes mellitus	176 (27.5)	24 (16.1)	< 0.01	163 (26.0)	33 (18.4)	0.05	0.68
Dialysis vintage (months)*	27.0 (12.0–55.0)	25.5 (11.8–48.0)	0.23	26.0 (12.0-56.0)	24.0 (12.0-42.0)	0.16	0.69
Systolic BP (mmHg)	141.7 (24.3)	141.6 (21.5)	0.96	141.0 (23.9)	141.6 (21.4)	0.79	0.98
Diastolic BP (mmHg)	72.4 (14.8)	77.0 (11.6)	< 0.01	72.6 (13.5)	78.8 (12.9)	< 0.01	0.18
Vascular access, AVF	520 (79.5)	140 (92.1)	< 0.01	526 (82.8)	160 (89.4)	0.04	0.51
Duration of a dialysis session (min)	230.7 (22.0)	232.1 (20.6)	0.45	230.7 (20.8)	234.2 (21.3)	0.05	0.38
Blood flow (ml/min)*	350 (300–400)	350 (300–400)	0.82	350 (320–400)	350 (300–400)	0.35	0.27
Dialysis single pool Kt/V	1.52 (0.30)	1.53 (0.31)	0.92	1.6 (0.3)	1.5 (0.3)	0.30	0.83
Hemoglobin (g/dL)	11.9 (1.4)	11.9 (1.2)	0.41	11.9 (1.4)	12.2 (1.3)	< 0.01	0.07
Phosphorus (mg/dL)	4.8 (1.5)	5.0 (1.4)	0.14	4.8 (1.5)	5.2 (1.5)	< 0.01	0.08
B-2 microglobulin (mg/L)*	25.9 (19.8–36.2)	28.5 (20.9–38.1)	0.43	25.8 (18.8–34.9)	26.7 (18.7–34.3)	0.88	0.19
BMI after dialysis (kg/m²)	25.4 (4.6)	24.6 (4.0)	0.06	25.1 (5.0)	25.1 (4.0)	0.97	0.25
Albumin (g/dL)	4.0 (0.4)	4.2 (0.4)	< 0.01	4.1 (0.4)	4.2 (0.4)	< 0.01	0.61
C-reactive protein (mg/L)*	5.7 (3.4–12.8)	4.9 (1.6-8.4)	< 0.01	6.2 (3.1–14.1)	4.9 (1.6–9.9)	< 0.01	0.51
Predialysis creatinine (mg/dL)	8.7 (2.7)	9.7 (2.8)	< 0.01	8.4 (2.7)	9.9 (2.7)	< 0.01	0.56
Cholesterol (mmol/L)	3.7 (1.0)	3.7 (1.2)	0.90	3.7 (0.9)	3.6 (0.9)	0.48	0.59
Body Surface Area (m²)	1.8 (0.2)	1.8 (0.2)	0.62	1.8 (0.2)	1.8 (0.2)	0.42	0.96
Convection volume (L)*	_	_	-	22.8 (19.8–25.4)	22.9 (20.0–25.9)	0.40	-

Values are n (%) for categorical variables, and mean (standard deviation) or \*median (Q1-Q3) for continuous variables

CVD cardiovascular disease, BP blood pressure, AVF arteriovenous fistula, BMI body mass index

treated with HDF have a better preservation of left ventricle function [24, 26], and less intradialytic hypotensive episodes [11, 20, 27], which might preclude or defer patients from receiving a kidney transplantation. Consequently, taking these reasons into account, one could hypothesise that pre-transplantation treatment with HDF might make EKSD patients more suitable for a kidney transplantation. However, in this study, due to randomisation, we were able to exclude measured and unmeasured confounding by indication on better prognostic factors (e.g. age and comorbidities) that affect the likelihood of receiving a kidney transplantation. At the same time, there is no hypothesis that major determinants of transplant candidate selection, such as donor specific antibodies or human leukocyte antigens (HLA) matching, will be affected by the specific dialysis modality. Therefore, we conclude that the decision-making of patient suitability for kidney transplant does not depend on the specific choice of dialysis modality.

In the French and the Turkish study, both part of the IPD meta-analysis, the proportion of patients receiving a

kidney transplantation during follow-up was very low (2%) and therefore not included in our main analysis. This might be explained by several factors related to either local healthcare policy, cultural differences, or patient characteristics and personal intention. For example, although the rate of kidney transplant per million inhabitants is higher in Turkey than the rest of Europe, this is largely caused by a higher rate of living kidney transplants [28]. Given that the majority of kidney transplants in our study come from deceased donors and not living donors, this might explain the low transplantation rate in this study. On the other hand, the average age of the patients included in the French study was 76 years due to advanced age being a selection criterion [21], compared with the other studies (mean age: 64.1 years, 65.4 years, and 56.5 years in, respectively, CONTRAST, ESHOL, and Turkish study) [18-20], meaning that most transplant candidates were excluded. Consequently, the French and Turkish studies were underpowered to analyse the likelihood of receiving a kidney transplant. The criteria of kidney transplantation were according to the local policies

<sup>\*\*</sup> p-values indicates differences between the patients who did not receive transplantation versus those who did in, respectively, the HD and HD arm 
\*\*\* p-values indicates differences between the patients who received transplantation in the HD arm versus the patients who received transplantation in 
the HDF arm

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**Table 2** Hazard ratio and 95% confidence intervals for receiving transplantation comparing HDF versus HD, overall and in predefined strata

		Transplantation	P-value for interaction
	Overall	1.07 (0.86–1.33)	-
Sex	Male	1.01 (0.77-1.33)	
	Female	1.21 (0.85-1.73)	0.42
Age	< 60 years	1.27 (0.96–1.68)	
	≥ 60 years	0.87 (0.62-1.23)	0.09
Diabetes	No	1.05 (0.83-1.34)	
	Yes	1.26 (0.74–2.13)	0.54
History of CVD	No	1.17 (0.92–1.50)	
	Yes	0.88 (0.55-1.43)	0.30
Albumine (g/dL)	< 4	1.09 (0.72-1.64)	
	≥ 4	1.06 (0.82-1.38)	0.92
Creatinine (mg/dl),	< 8	0.91 (0.60-1.37)	
predialysis	≥ 8	1.14 (0.87–1.47)	0.37
Dialysis vintage	< 30 months	1.13 (0.85-1.50)	
	≥ 30 months	1.00 (0.71-1.40)	0.58
Fistula	No	1.44 (0.70-2.97)	
	Yes	1.04 (0.83-1.31)	0.40

(e.g. guidelines) of the countries of the included studies. Given the pragmatic nature of all trials included, this does not differ from actual clinical practice.

Most of the previous studies on the likelihood of receiving a kidney transplant has focussed on the comparison of HD versus PD, and the role of HDF in access to transplantation has rarely been investigated. One meta-analysis of Wang et al., including six studies with 2727 patients, reported a borderline significant increase (RR: 1.20, 95% CI: 1.00–1.44) in the likelihood of receiving a kidney transplant among patients treated with HDF compared to those patients treated with HD [10]. However, the limitations of this review are aggregated data, without subgroup analyses. These findings are contradicted by an observational registry study, including 28, 407 patients (median follow-up: 1.95 years), that found

**Table 3** Hazard ratio and 95% confidence intervals for transplantation by delivered BSA-standardized convection volume in litres per 1.73m<sup>2</sup> per treatment with standard haemodialysis as a reference

	HD	HDF convection volume			
	-	< 19	19-23	> 23	
Total patients	806	211	230	359	
Number of renal transplantations	152 (18.9%)	49 (23.2%)	52 (22.6%)	77 (21.4%)	
Crude	ref.	1.15 (0.82–1.61)	1.02 (0.75–1.41)	1.06 (0.80–1.40)	
Adjusted <sup>a</sup>	ref.	1.35 (0.95–1.90)	1.15 (0.82–1.60)	1.06 (0.79–1.41)	

<sup>&</sup>lt;sup>a</sup>Adjusted for age, sex, albumin, creatinine, history of cardiovascular diseases, and diabetes. Values are hazard ratios and 95% confidence intervals

that patients treated by HDF received fewer kidney transplants compared with HD patients [29].

We were unable to examine post-transplantation patient and graft survival due a limited follow-up after transplantation (median time of follow-up post-transplantation: 24 months), limited number of post-transplantation events, and differences in transplantation rates between countries. The different effects between HD and HDF in terms of oxidative stress, immune function, and hemodynamic treatment tolerance, on the success of kidney transplantation remain an interesting area of research. There are multiple studies that have compared post-transplantation outcomes [30–41]. Yet, these studies all compared the posttransplantation outcomes for patients who underwent pretransplantation treatment with PD versus HD. Therefore, it remains unclear as to whether the choice of pre-dialysis treatment modality affects post-transplantation survival, and future research is required to elucidate this further.

The strengths of our study are that we analysed IPD from the largest available set of RCTs and made appropriate adjustment for measured and unmeasured confounders. Consequently, we produced the most reliable evidence on whether the likelihood of receiving a kidney transplant differed between HD and HDF for patients with CKD5D. However, our study is subject to some limitations. The four trials were not primarily designed to study the likelihood of patients receiving kidney transplants, since the primary end-point was mortality and differences between trials in terms of study design and methodology, and in- and exclusion criteria of patients remain. Therefore, we do not draw any causal conclusions in terms of renal transplantation and dialysis modalities. We explored these clinical differences in a wide range of subgroup analyses, which illustrated that our findings were robust for all explored factors, including patient characteristics and comorbidities. This might be limited by the fact that our study population consisted largely of European Caucasian patients. Finally, the average follow-up duration in the studies in our IPD dataset was approximately 2.5 years [12], while the average waiting time for kidney transplantation in Europe might be longer [42, 43], and the median waiting time in US is 3.6 years [3]. Potentially, a greater number of patients could have received a kidney transplant after the end of our data collection, however, it is unlikely that this would influence our findings given that we have not found any difference in the likelihood of undergoing kidney transplantation between the two treatment modalities in any subgroup or the level of convection volume delivered during treatment sessions.

In conclusion, online HDF, compared with conventional HD, does not affect the likelihood of receiving a kidney transplant. This finding holds across a variety of important clinical subgroups and is not affected by the level of convection volume delivered during HDF treatment sessions.

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Appendix 1

Table 4 Baseline characteristics of the patients who received transplantation during follow-up stratified by study

	CONTRAST	ESHOL	French study	Turkish study	<i>p</i> -value
N	151 (21.1)	180 (19.6)	7 (1.8)	17 (2.2)	,
Age (year)	53.4 (12.3)	54.4 (12.3)	67.7 (2.7)	44.5 (12.9)	< 0.001
Female sex	63 (41.7)	60 (33.3)	3 (42.9)	7 (41.2)	0.446
History of CVD	33 (21.9)	34 (18.9)	=	3 (33.3)	0.364
Diabetes mellitus	30 (20.3)	27 (15.0)	1 (16.7)	5 (29.4)	0.372
Dialysis vintage (months)*	26.0 (14.0-44.0)	23.0 (10.8–44.3)	32.3 (21.7–48.7)	55.8 (27.8–75.0)	0.013
Systolic BP (mmHg)	147.6 (21.5)	136.5 (20.0)	141.7 (24.6)	125.9 (11.0)	< 0.001
Diastolic BP (mmHg)	80.0 (10.7)	76.3 (13.3)	72.5 (5.8)	74.7 (7.8)	0.017
Vascular access, AVF	130 (86.1)	170 (94.4)	3 (42.9)	15 (88.2)	< 0.001
Duration of a dialysis session (min)	227.6 (22.1)	237.8 (18.9)	225.0 (36.7)	237.5 (3.6)	< 0.001
Blood flow (ml/min)*	300 (275–325)	400 (350–400)	310 (300–335)	309.2 (297.4–346.3)	< 0.001
Dialysis single pool Kt/V	1.4 (0.2)	1.7 (0.3)	1.7 (0.2)	1.4 (0.3)	< 0.001
Hemoglobin (g/dL)	11.9 (1.1)	12.2 (1.3)	11.0 (1.4)	11.8 (1.3)	0.013
Phosphorus (mg/dL)	5.2 (1.5)	5.0 (1.4)	4.5 (1.9)	4.9 (1.1)	0.291
B-2 microglobulin (mg/L)*	32.3 (24.6–40.7)	20.9 (16.3–26.9)	23.0 (21.0–27.2)	26.2 (23.9–28.3)	< 0.001
BMI after dialysis (kg/m²)	24.9 (3.7)	24.8 (4.2)	24.1 (1.6)	24.4 (5.0)	0.934
Albumin (g/dL)	4.1 (0.4)	4.2 (0.4)	4.0 (0.4)	4.0 (0.3)	0.108
C-reactive protein (mg/L)*	2.3 (0.9–6.8)	5.0 (2.6–10.4)	1.9 (0.9–6.6)	1.0 (0.2–1.3)	< 0.001
Predialysis creatinine (mg/dL)	11.1 (2.6)	8.6 (2.4)	7.3 (2.4)	9.1 (2.2)	< 0.001
Cholesterol (mmol/L)	3.7 (1.1)	-	4.7 (1.2)	4.5 (1.1)	0.001
Body Surface Area (m <sup>2</sup> )	1.9 (0.2)	1.8 (0.2)	1.7 (0.2)	1.7 (0.2)	< 0.001

Values are n (%) for categorical variables, and mean (standard deviation) or \*median (Q1- Q3) for continuous variables CVD cardiovascular disease, BP blood pressure, AVF arteriovenous fistula, BMI body mass index

Appendix 2

Table 5 Hazard ratio and 95% confidence intervals of transplantation comparing HDF versus. HD stratified by study

		CONTRAST Hazard ratio (95%-CI)	p-value for interaction	ESHOL Hazard ratio (95%-CI)	<i>p</i> -value for interaction
Overall		1.06 (0.77–1.45)	=	1.19 (0.88–1.61)	=
Sex	Male	1.00 (0.66–1.52)		1.09 (0.75–1.58)	
	Female	1.14 (0.69–1.86)	0.70	1.43 (0.85-2.40)	0.40
Age	< 60 years	1.47 (0.98–2.19)		1.27 (0.85–1.88)	
	≥ 60 years	0.65 (0.38–1.11)	0.02	1.08 (0.68–1.72)	0.61
Diabetes	No	1.02 (0.71–1.46)		1.16 (0.83–1.61)	
	Yes	1.42 (0.68–2.99)	0.43	1.29 (0.60–2.78)	0.80
History of CVD	No	1.16 (0.81–1.67)		1.29 (0.92–1.80)	
	Yes	0.80 (0.40-1.59)	0.35	0.97 (0.48–1.94)	0.46
Albumin	< 4 g/dL	0.98 (0.57-1.69)		1.56 (0.81–3.02)	
	≥ 4 g/dL	1.07 (0.72–1.60)	0.80	1.12 (0.79–1.59)	0.38
Dialysis vintage	< 30 months	1.28 (0.83–1.98)		1.07 (0.74–1.55)	
	≥ 30 months	0.85 (0.52–1.38)	0.21	1.47 (0.87–2.47)	0.33
Fistula	No	1.65 (0.66–4.08)		1.58 (0.45–5.48)	
	Yes	1.00 (0.71-1.41)	0.32	1.19 (0.87–1.63)	0.67

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#### Appendix 3

#### List of study investigators

The HDF Pooling project group comprises of all principal investigators of the individual studies that participate in the HDF Pooling project.

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The writing executive committee, whose membership did not include representatives of the financial contributors, has final responsibility for the interpretation of the data, the preparation of the manuscript and the decision to submit for publication. The executive committee vouches for the validity and completeness of the reported data.

# **Appendix 4**

# **Funding**

The HDF Pooling project was designed, conducted, and analysed independently of the financial contributors of the individual studies as listed below. Study data were collected and retained by the investigators and were not available for the financial contributors of the individual studies. SAEP and the meetings of the representatives of the combined authors of the four studies were financially supported by the EuDial working group. EuDial is an official working group of the European Renal Association – European Dialysis Transplant Association (ERA-EDTA, http://era-edta.org/eudial/European\_Dialysis\_Working\_Group.html. No industry funding was received for any part of or activity related to the present analysis.

The Turkish HDF study was supported by European Nephrology and Dialysis Institute with an unrestricted grant. The study was performed in Fresenius Medical Care haemodialysis clinics in Turkey. ESHOL was supported by The Catalan Society of Nephrology and by grants from Fresenius Medical Care and Gambro through the Catalan Society of Nephrology. The CONTRAST study was supported by a grant from the Dutch Kidney Foundation (Nierstichting Nederland Grant C02.2019), and unrestricted grants from Fresenius Medical Care, Netherlands, and Gambro Lundia AB, Sweden. Additional support was received from the Dr. E.E. Twiss Fund, Roche Netherlands, the International Society of Nephrology/ Baxter Extramural

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#### Authors' contributions

RWMV, MLB, and PJB drafted the report. RWMV and ML did the analyses. All authors contributed to the interpretation of the data, the preparation of the manuscript, and the decision to submit for publication. RWMV, MLB, and PJB vouch for the validity of the study and are responsible for the integrity of the work as a whole. The HDF Pooling project group comprises of all principal investigators of the individual studies that participate in the HDF Pooling project (Appendix 3). The authors read and approved the final manuscript.

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#### Availability of data and materials

Requests for access to the data of the HDF pooling project can be directed the corresponding author. Requests will be handled by the executive committee of the HDF pooling project.

#### Ethics approval and consent to participate

All patients provided necessary informed consent to participate in the present study and ethical approval was obtained in the individual studies. All methods were carried out in accordance with relevant guidelines and regulations. The CONTRAST was approved by both a central medical ethics review board and local ethics committees of the participating hospitals. The local ethics committee of Ege University Izmir, Turkey, approved the study protocol of the Turkish study. The ESHOL study was approved by the ethics committee of each participating centre. The French study was approved by the Montpellier University Hospital ethics committee.

#### Consent for publication

Not applicable.

#### **Competing interests**

None declared.

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