

# Epigenetic approaches for cervical neoplasia screening (Review)

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**Abstract.** Human papillomavirus (HPV) infection is the leading cause of cervical cancer. The Papanicolaou cytology test is the usually employed type of screening for this infection; however, its sensibility is limited. Only a small percentage of women infected with high-risk HPV develop cervical cancer with an array of genetic and epigenetic modifications. Thus, it is necessary to develop rapid, reproducible and minimally invasive technologies for screening. DNA methylation has gained attention as an alternative method for molecular diagnosis and prognosis in HPV infection. The aim of the present review was to highlight the potential of DNA methylation in cervical neoplasia screening for clinical applications. It was observed that the methylation human and viral genes was correlated with high-grade lesions and cancer. Methylation biomarkers have shown a good capacity to discriminate between high-grade lesions with a transformative potential and cervical cancer, being able to detect these modifications at an early stage. With further research, the epigenetic profiles and subtypes of the tumors could be elaborated, which would aid in therapy selection by opening avenues in personalized precision medicine. Response to therapy could also be evaluated through such methods and the accessibility of liquid biopsies would allow a constant monitoring of the patient's status without invasive sampling techniques.

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## 1. Introduction

Cervical cancer is a common cause of morbidity and mortality among women worldwide, with 604,000 new diagnosed cases and ~342,000 mortalities reported in 2020 alone (1). Epidemiological data confirm that persistent infections with high-risk (hr) genotypes of human papillomavirus (HPV) are associated with cervical cancer development. hrHPVs have the potential to induce carcinogenesis driven by E6 and E7 viral oncoproteins (2). In sexually active women, acute hrHPV infections are common and the majority resolve within 1-2 years from onset without clinical consequences. A small percentage of these infections persist and develops into cancer (3). However, the progression from hrHPV-induced cervical lesion to cervical cancer is slow, taking years or even decades and occurs through well-defined cytological abnormalities. Thus, timely identification of such lesions is the goal of cervical screening (3). The long process of cervical cancer development allows periodic screening tests to detect preneoplastic cellular changes sufficiently early in order to prevent the onset of this malignancy. Cervical cancer can therefore be reduced or even prevented through screening programs that aim to diminish the incidence and mortality of this type of cancer (4). Epigenetic modifications, as hallmarks of carcinogenesis, can serve as a powerful tool for risk stratification, prognosis and treatment of hrHPV-induced cervical lesions in screening programs. For example, there are clinically used panels that assess DNA hypermethylation or hypomethylation associated with oncogene activation and genomic instability for breast cancer. Such kits can be developed and used for cervical cancer early detection, prognosis and treatment management, particularly because such epigenetic modifications are reversible (5).

## 2. Typical cervical screening and the necessity of designing novel efficient assays

Traditional methods are available to screen women for cervical precancer and cancer, including cytology-based screening, visual examination of the cervix, colposcopy, cervicography and HPV DNA test. Each screening test has its own strengths and limitations and the selection of test will depend on the

context (lesion severity, socio-economic factors, sample availability and invasiveness).

*Cytological screening.* In 1927, the Romanian pathologist Aurel Babes noted the usefulness of exfoliated cells from the cervix in the detection of cervical cancer (6). Subsequently implemented by Papanicolaou and Traut under the name of the Papanicolaou (Pap) test, this method has been used since 1960s in national cervical screening programs in Europe and USA (7). In developed countries that have introduced cytology-based screening programs, the incidence and mortality associated with cervical cancer have been markedly reduced and  $\leq 2,000$  new cases of cervical cancer are prevented per month (8). At present, the majority of cervical intraepithelial neoplasia (CIN) that may lead to malignancies are detected with Pap cytology screening programs. However, applying such a screening method and preserving a high quality, particularly in developing countries, is markedly difficult (9). The data published over the last two decades reveal the high quality of Pap cytology, but they also highlight that  $>30\%$  of CIN2, CIN3 and invasive carcinoma are not distinguished (10). Cytological testing has disadvantages determined by the quality of the smear and the experience of the cytopathologist, which contribute to the decrease in sensitivity of this method. The diagnosis of cervical cancer by Pap test is however limited due to its lack of sensitivity in identifying precancerous lesions and its increased specificity, which leads to over-diagnosis and over-treatment, mainly among young women (11). Therefore, alternative screening methods and algorithms to provide early, sensitive and specific information regarding precursor lesions are evaluated in the present review.

*HPV testing.* Based on the role of HPV infection in cervical epithelium transformation and cervical cancer development, a new approach for screening has been developed by using HPV oncogenic genotypes testing, which has already been implemented in certain developed countries, such as the USA. The increased sensitivity and limited specificity of the HPV test do not allow discrimination between women with transient, self-limiting infection and those at risk of developing neoplastic lesions. HPV DNA detection does not necessarily indicate a pre-cancerous lesion or cancer. However, since the immune system fights against the majority of HPV infections and prevents the development of cervical precursor lesions or carcinomas, the main challenge is the management of HPV-positive results in primary screening (12). Performing HPV testing as often as Pap screening in women who do not present CIN2 or CIN3 would produce more positive results than cytological screening (10). Furthermore, in a joint European cohort study, an extended screening interval to 6 years was recommended for women with a negative HPV test (13).

HPV testing has various limitations for screening, including low specificity and reproducibility, as well as high cost, considering the different types of tests used. Additionally, HPV testing as a primary screening should be accompanied by a highly specific second-line test, so that recommendations for additional examinations (colposcopy) are reduced (11). Thus, in numerous countries, screening strategies are based on co-testing (HPV and Pap testing). For instance, the American Cancer Society (ACS) and the

American Society for Colposcopy and Cervical Pathology (ASCCP) recommend either co-testing every 5 years or cytology screening every 3 years for women aged 30-65 years. Since in young women (21-30 years) HPV infection is more frequent, ACS and ASCCP recommend performing cytology screening alone (14). Currently, hrHPV testing is a more effective method of screening precancerous lesions and carcinomas than cytology-based assay, as the process relies on the detection of nucleic acids rather than microscopic examination of the lesions (15).

To date, neither cytology nor HPV testing provide sufficient specificity and sensitivity as a basis for screening. Thus, there is still a need for developing a screening strategy that is based on objective, easily reproducible and accurate methods (16). In this regard, viral proteins have received attention and several commercial assays have been accordingly developed, which suggests that they may have improved diagnostic capacities and may allow an improved discrimination between productive and transforming infections. In addition, these methods may be less invasive and more cost effective than hrHPV testing (17).

*New approaches in cancer diagnosis.* Classic diagnostic approaches for tumor subtyping rely on tissue biopsies and histological analysis of tumor specimens. These methods can provide an incomplete image of the cellular composition of the tumor due to sampling a small subpopulation of the cell types in a tumor and often miss the aspect of heterogeneity. Neoteric epigenetic methods may use samples obtained by using such techniques, or fresh frozen or formalin-fixed paraffin-embedded (FFPE) tissue, thus providing a more comprehensive analysis of the modifications occurring at a cellular level (18). Novel epigenetic methods can also be applied to liquid biopsies, thus offering information on tumorigenesis, growth, immune-cancer interactions and cell death by analyzing circulating tumor cells and microvesicles (exosomes). Another advantage of this type of assays is their ability to analyze circulating tumor DNA (ctDNA), which can better illustrate the heterogeneity and clonality of the tumor cell populations. Since it is likely that all cells contribute to this type of cell-free DNA (cfDNA) (19). Analyzing the mutational and epigenetic profiles without special handling of the samples while using non-invasive or minimally invasive sampling techniques, further illustrates the advantages of such novel approaches in cancer diagnosis (20).

A previous study on the molecular mechanisms that could contribute to the onset and progression of cervical cancer have shown that the theory of genetic mutations alone cannot explain the development of tumors (21). Research in the field of epigenetic changes has shown that aberrant methylation of cellular DNA is a common alteration in cancer and hypermethylation of specific DNA regions during carcinogenesis could serve as a sensitive screening tool (22), particularly because distinct methylation patterns of tumor suppressor genes have been found in HPV-induced tumors (23). Epigenetic markers associated with molecular events occurring in HPV-induced oncogenesis can be used to triage women at risk of developing cervical cancer. Consequently, cervical screening is undergoing major changes with the development of new screening tests with improved diagnostic performances using the same

clinical specimens as those employed for cytology and HPV testing. The specificity of methylation-based tests could be enhanced by identifying the specific pattern of each type of lesion (24). On the other hand, the performance of screening based on HPV detection could be increased through co-testing of epigenetic changes. According to Cuzick (24), due to the lack of clear indicators on whom to screen for cervical cancer, the necessity for a more accurate initial triaging test is increased. Thus, combining HPV genotyping, cytology screening and detection of p16 and methylation levels through less invasive methods may contribute to the development of more efficient approaches for cancer diagnosis (24).

### 3. Epigenetic alterations in human tumors

**DNA methylation.** DNA methylation is one of the three different epigenetic mechanisms that have been identified to date. Catalyzed by DNA methyltransferase enzymes (DNMTs), DNA methylation often occurs at CpG islands, when a methyl group is transferred from S-adenyl methionine to the fifth carbon of a cytosine residue, thus generating 5-methylcytosine (5-mC) (25). There are four members in the DNMT family, including DNMT1, DNMT3A, DNMT3B and DNMT3L. DNMT1 encodes for the maintenance methyltransferase, which is responsible for the transfer of methylation patterns to newly synthesized DNA strands following DNA replication, while DNMT3A and DNMT3B are involved in *de novo* methylation and maintenance in addition to DNMT1 (26,27). Furthermore, the oxidation of 5-mC leads to 5-hydroxymethylcytosine, 5-formylcytosine and 5-carboxylcytosine in the presence of Ten-eleven translocation (TET) enzymes (TET1, TET2 and TET3) in a step-by-step reaction, which indicates that methylation is a reversible process (28). DNA methylation that involves CpG sites in the regulatory sequences leads to gene silencing, while active genes have hypomethylated or unmethylated sites (29). In addition, in almost all types of carcinoma, the genomes of tumor cells exhibit decreased levels of 5-mC, while regulatory sites display increased levels of 5-mC (30). Additionally, the molecular effectors and enzymes involved in DNA methylation process can suffer cancer-specific alterations, such as those shown in Table I (31).

**Methylated genes in cancer.** Previous studies have highlighted the important role served by DNA methylation in various types of cancer (32-39). Genes that perform different functions (oncogenes or tumor suppressors) are frequently targeted and, as a result, their expression profile is altered, particularly in the transformation process. A common phenomenon in cancer is the hypermethylation of promoters of tumor suppressor genes, which leads to a decrease in their expression pattern. To date, numerous methylated gene panels have been identified and validated as biomarkers for various pathologies (Table II).

**Methylated genes specific to cervical cancer.** There have been a number of findings on a series of methylations in gene promoter sequences associated with the pathogenesis and progression of cervical cancer. In addition, epigenetic modifications have been reported to occur earlier than genetic alterations in cervical

Table I. Several DNA methylation genes altered in various cancer types.

Cancer type	DNA methylation genes with modified expression
Breast cancer	DNMT3a, DNMT3b, DNMT3L, TET
Cervical cancer	DNMT3L
Colorectal cancer	MBD1, MBD2, MBD3, MBD4, Kaiso
Glioma	TET1, TET2, TET3
Lung cancer	MBD1, MBD2, MBD3, Kaiso, TET
Ovarian cancer	DNMT1, DNMT3a
Pancreatic cancer	TET
Prostate cancer	MeCP2, MBD1, MBD2, TET

DNMTs, DNA methyltransferase enzymes; TETs, ten-eleven-translocation enzymes; MBDs, methyl-CpG binding domain; MeCP2, methyl-CpG binding protein 2.

cancer. In addition, abnormal DNA methylation could occur as early as in low-grade intraepithelial lesion (LSIL), indicating the potential application of abnormal DNA methylation in the early diagnosis of cervical cancer alone or combined with the existing monitoring methods. The detection of altered DNA methylation at this stage serves an important role as LSIL can either regress or progress to higher grade lesions (40).

At present, the DNA methylation sites that have been demonstrated to have a possible association with the early pathogenesis of cervical cancer include cell adhesion molecule 1, junctional adhesion molecule B, Ras association domain family member 1 and fragile histidine triad and hypermethylation of some of them has been detected in blood, urine and exfoliative cell samples (40). Currently, the gene methylation sites that have been validated to be possibly associated with the prognosis of cervical cancer include anaphase-promoting complex subunit 1, chromodomain helicase DNA binding protein 1, voltage-dependent calcium channel subunit  $\alpha$ -2/ $\delta$ -2, Dickkopf-3 and Cyclin Dependent Kinase Inhibitor 2A (41). A previous study showed a strong correlation between host and viral genome methylation and the severity of cervical lesions (CIN2/CIN3) and cervical carcinoma, respectively (42). The most commonly reported host genes exhibiting promoter methylation include erythrocyte membrane protein band 4.1 like 3 (EPB41L3), myelin and lymphocyte protein, cell adhesion molecule (CADM), family with sequence similarity 19 [chemokine (C-C motif)-like] member A4 (FAM19A4) and microRNA (miRNA/miR) 124, as well as CpG sites in the late regions of various HPV genomes (43). Among the genes that display higher levels of methylation in higher grade lesions adenylate cyclase activating polypeptide 1, achaete-scute family BHLH transcription factor 1, CADM1, deleted in colorectal carcinoma, ATPase phospholipid transporting 10A, deleted in breast cancer 1, heparan sulfate-glucosamine 3-sulfotransferase 2, proto-oncogene serine/threonine-protein kinase mos, SRY-box transcription factor (SOX1), myogenic differentiation 1 (MYOD1), SOX17 and transmembrane protein with EGF like and two follistatin like domains 2 are included (44). In

Table II. Several histone modification genes altered in various cancers.

Authors, year	Cancer type	Methylated genes	Refs.
Reinert, 2012	Bladder cancer	ZNF154, HOXA9, POU4F2, TWIST1, VIM	(32)
de Groot <i>et al</i> , 2014	Breast cancer	SLC5A8, AKR1B1, ALX1, GPX7, RASSGRF2, SFRP2, TM6SF1 and TMEFF2	(33)
Yi, 2021	Colorectal cancer	TFPI2, FBN2, SEPT9, SMAP8, MLH1, CDH1, TIMP3, O6-MGMT, SFRP1, SFRP2, p16, APC, HIC1, CHFR	(34)
Etcheverry <i>et al</i> , 2010; LeBlanc and Marra, 2016	Glioblastoma	SLC5A8, MGMT, SOX10, RUNX3, WIF1, CD133, HTATIP2, PDE4C, TES	(35,36)
Zhang <i>et al</i> , 2016	Hepatocellular carcinoma	RASSF1A, APC, GSTP1, CDH1, p15, RUNX3, SOCS1, SFRP1, PRDM2, p14, RAR $\beta$ and p73	(37)
Shen <i>et al</i> , 2019	Lung cancer	SLC5A8, HOXA9, KRTAP8-1, CCND1, TULP2	(38)
Yang and Park, 2012	Prostate cancer	CAV1, CDKN2A, CCND2, DAPK, HIC1, LPL, PITX2, PTGS2, RASSF1A, SLC5A8	(39)

addition, LIM homeobox 8 and ST6 N-acetylgalactosaminide  $\alpha$ -2,6-sialyltransferase 5 exhibit increased DNA methylation in cervical cancer (45). Verlaat *et al* (46) identified novel potential biomarkers including ankyrin repeat domain 18C pseudogene, chromosome 13 open reading frame 18, junctional adhesion molecule 3 (JAM3), zinc finger and SCAN domain containing 1, growth hormone secretagogue receptor (GHSR), somatostatin (SST), zinc family member 1 (ZIC1), phosphatase and actin regulator 3 (PHACTR3) and PR-domain containing protein 14 (PRDM14) that display increased levels of methylation as lesions progress from precancerous to cancerous driven by all hrHPV types. In an exploratory study, EPB41L3 and JAM3 methylation had similar diagnostic accuracy in detecting CIN2<sup>+</sup> lesions as hrHPV testing (47).

Aberrant methylation levels are also found in the promoter regions of p16INK4A, death-associated protein kinase, O-6-methylguanine-DNA methyltransferase (MGMT), cadherin 1 and retinoic acid receptor  $\beta$  of cervical cancer tissues, as well as calcitonin related polypeptide  $\alpha$ , human telomerase reverse transcriptase, MYOD1, progesterone receptor and TIMP metalloproteinase inhibitor 3 in serum samples (48).

Another mechanism involved in cervical carcinogenesis is the methylation of the promoter of genes encoding miRNAs. Varghese *et al* (49) demonstrate that hypermethylation of the miR-434 gene's promoter is associated with the development of cervical carcinoma. Botezatu *et al* (50) found a significant methylation percentage in tumors vs. the healthy control group for miR-124a (90.33% vs. 13.33%), miR-34b (74.19% vs. 6.67%) and miR-203 (87.09% vs. 10.00%).

Regarding the classification of cervical cancer into molecular subtypes based on the degree of methylation of certain genes, a previous study has been conducted *in silico*, but has not been validated in a patient cohort. Using The Cancer

Genome Atlas database, Li *et al* (41) identify *in silico* that 1,253 CpG islands were correlated with prognosis in cervical cancer. The authors built a computational model based on novel biomarkers to contribute to prognostic prediction and subtype classification at the molecular level. This model could be of further use in the clinic to guide the medical practitioner to a more personalized approach (targeted therapy based on epigenetic subtypes).

*DNA hypomethylation.* In types of cancer, hypomethylation of transcription regulatory regions is a phenomenon less encountered than hypermethylation of gene promoters and is usually found in the early stages of oncogenesis (51). Yin *et al* (52) show that DNA hypomethylation is caused by increased expression levels of the serine/threonine kinase 31 gene, which is epigenetically upregulated by E6 and E7 viral proteins. The promoter of collagen type XVII  $\alpha$  1 chain was found hypomethylated in tumoral vs. normal tissue and was able to predict invasiveness and patient outcome in cervical cancer (53). Varghese *et al* (49) show that miR-200b and miR-34c are hypomethylated during cervical cancer development. A methylation study performed in a cohort of women with precancerous lesions and cervical carcinoma highlighted a small number of hypomethylated genes: Non-SMC Condensin I Complex Subunit G, presenilin, Histone cluster 1 H3 family member H and ribonucleotide reductase regulatory subunit M2 with increased expression, particularly in CIN3 lesions and cancer (54).

*Alteration in histone modification genes.* Another epigenetic mechanism, histone modifications rely on post-translational modifications (PTMs) that include methylation, phosphorylation, acetylation, ubiquitylation and SUMOylation. These PTMs lead to conformational change in nucleosomes, thus facilitating a closed or open chromatin structure. Histone

methylation involves the transfer of methyl groups from S-adenosyl-L-methionine to lysine or arginine residues of histone proteins by histone methyltransferases (HMTs) (55). In the cell nucleus, HMTs are often part of regulatory complexes that control and modulate DNA methylation. Histone methylation affects gene expression via chromatin-dependent transcriptional repression or activation (56). Histone methyltransferases are specific for the lysine or arginine residue that they modify. SET Domain Containing 1A (SET1), SET7/9, ASH1 Like Histone Lysine Methyltransferase, acute lymphoblastic leukemia, methyltransferase mixed lineage leukemia, augments of liver regeneration, thioredoxin and SET and MYND domain containing 3 are histone methyltransferases that catalyze the methylation of histone H3 at lysine 4 (H3-K4) in mammalian cells, which is associated with an active transcription status (57). The methylation of both H3-K9 and H3-K27 is associated with heterochromatin formation and leads to silenced gene expression. This is achieved by the activity of the following HMTs: ERG-associated protein with SET domain, Euchromatic Histone Lysine Methyltransferase 2 (EHMT2), suppressor of variegation 3-9 homolog (SUV39-h) 1, SUV39-h2, SET domain bifurcated histone lysine methyltransferase 1, Dim-5, enhancer of zeste homolog 2 (EZH2) and EHMT2 (57). Increased global H3-K27 methylation is also found to be involved in certain pathological processes such as cancer progression. The histone methylation process is reversible and methyl groups are removed by histone demethylases that belong to two families: Amino oxidase homolog lysine demethylase (KDM)1 and JmjC domain-containing histone demethylases (58).

Histone acetyl transferases (HATs) promote gene transcription, while histone deacetylases (HDACs) are responsible for removing the acetyl group from lysine, silencing gene expression. Histone modification genes exhibit alterations in tumors and each cancer type exhibits a specific molecular pattern, as summarized in Table III (31). The identification of key factors in cancer histone modification could help to develop novel epigenetic tests (59).

*Histone modifications in cervical cancer.* In cervical cancer, chromatin modifications induced by hrHPV infection have not been used thus far in screening strategies, but they have been documented thoroughly in order to further understand the evolution and behavior of HPV infection.

A study by Groves *et al* (59) shows that the distribution of interactions between the viral genome and host chromosomes are uniform between all viral genes, with a greater percentage of interactions deriving from the hrHPV E7 gene. In cervical cancer, silencing of tumor suppressor genes occurs through histone modifications as well as other epigenetic mechanisms. For example, the HPV E7 protein can block the interactions of HDACs with hypoxia-inducible factor-1 $\alpha$ , which leads to an increase in pro-angiogenic factors (60).

HPV infection mediates modifications of cellular chromatin, leading to a differential expression profile of host genes. These changes often occur in CpG islands of gene promoters under the influence of DNMTs (40). These enzymes have been found to be considerably upregulated in hrHPV infections and these modifications can be used as biomarkers with prognostic value (40).

Among the HPV-induced epigenetic changes, cellular histone methylation status has an important role (61). E2 protein associates with a H3-K4 demethylase, lysine-specific demethylase 5C, to demethylate the HPV18 upstream regulatory region in order to downregulate early promoter activity, leading to a decreased E6/E7 expression. Another mark of HPV-mediated control is shown by a decrease in the global levels of H3-K27me3 under the regulation of KDM6A and KDM6B, which target H3-K27 specifically and their expression is increased by E7 activity, leading to a transcriptionally repressed chromatin (61). The increase in histone acetylation induced by E7 may be required to activate E2 factor (E2F)-responsive genes that favor the cell cycle re-entry (61).

Shadeo *et al* (62) highlight a modified expression level pattern of dihydrofolate reductase, mortality factor 4-like protein 2, Morf4 family associated protein 1, nuclear receptor corepressor 1 and SWI/SNF related, matrix associated and actin dependent regulator of chromatin subfamily c member 1; genes associated with chromatin remodeling in early cervical lesions (including CIN2), that is maintained throughout their progression, albeit at a reduced frequency in CIN3. These findings have revealed novel genes and events in the early stages of cervical dysplasia that can serve as markers in cervical screening and provide information regarding lesion progression.

*Non-coding RNAs (ncRNAs).* ncRNAs include a number of categories and the best known type of ncRNAs are miRNAs, which are single-stranded RNAs with ~20 nucleotides that serve a major role in regulating gene expression. miRNAs downregulate gene expression by binding complementarily to the 3'untranslated region of mRNA. The majority of miRNAs are located within CpG islands, thus allowing miRNAs to undergo DNA methylation and/or other epigenetic modifications (63). Another category of interest in ncRNAs include long ncRNAs (lncRNAs), a family of transcripts with >200 nucleotides in length, although previous studies have shown them capable of encoding functional peptides with short open reading frames, making their mechanisms of action more elaborated than previously considered (64). Additionally, miRNAs and lncRNAs exhibit epigenetic modifications themselves and their biological functions are also affected by the methylation status (Table IV) (30,65,66).

*ncRNAs in cervical cancer.* miRNAs expression profile allows discrimination between neoplastic and normal cells. Previous studies found that miR-16, miR-25, miR-92a and miR-378 are upregulated, while miR-22, miR-27a, miR-29a and miR-100 are downregulated in cervical tissue specimens (67-69). These results correlate with cervical cancer progression. miR-21 targets programmed cell death 4 and overexpression of miR-21 can promote proliferation in HeLa cells. miR-29 has been shown to inhibit cell cycle progression (70).

A study by Gibb *et al* (71) found 123, 105 and 76 differentially expressed lncRNAs in mild (CIN1), moderate (CIN2) and severe (CIN3) dysplasia. Of these, 13 lncRNAs were common for all dysplasia stages. However, there is limited research on the role of aberrant lncRNA expression in cancer, although studies are currently underway to elucidate the complex mechanisms involved. In this regard, HOX Transcript Antisense RNA (HOTAIR), H19, X-inactive

Table III. Several histone modification genes that are altered in various cancer types.

Cancer type	Histone modification genes with abnormal expression
Bladder cancer	HBO1
Breast cancer	DAC4, HDAC6, SIRT3, SIRT7, p300, GCN5, HBO1, SRC1, NCOA3, ATF2, ELP3, EHMT2, EZH2, SUZ12, BMI1, NSD3, SYMD2, CARM1, Suv4-20h, LSD1, BHC110, JHDM2A, JMJD1A, TSGA, JARID1A-D
Cervical cancer	HDAC1
Colon cancer	HDAC1, HDAC2, HDAC3, HDAC4, HDAC5, HDAC7, HDAC8, SIRT1, EHMT2, SYMD2
Glioblastoma	JHDM1a, FBXL10, FBXL11
Lung cancer	SETDB1, LSD1, BHC110, JMJD2A, JHDM3A, UTX, JMJD3
Ovarian cancer	GCN5, EZH2, SUZ12, BMI1
Prostate cancer	Tip60, GCN5, SRC1, EZH2, SUZ12, BMI1, CARM1, Suv4-20h, JHDM1a, FBXL10, FBXL11, JARID1A-D

Table IV. Several non-coding RNAs with altered expression in various cancers.

Cancer type	Non-coding RNAs with modified expression
Bladder cancer	miR-127, miR-205, MALAT1, Linc00346, NEAT
Breast cancer	miR-21, miR-372, miR-373, miR-155, miR-146, miR-520, miR-10b, miR-9, miR-125, miR-34a, miR-200c, miR-141, miR-429, miR-126, miR-218, miR-145, miR-101, miR-9-1, miR-205, miR-335, miR-342, LINC00922, ATB, BCAR4, PNUTS, ANRIL, miR-199a
Cervical cancer	miR-21, miR-127, miR-199a, miR-143, CCHE1, HOTAIR
Colorectal cancer	miR-124, miR-34b, miR-34c, miR-21, miR-155, miR-342, miR-145, CCAT2, PCAT-1
Glioblastoma	miR-21, miR-137
Lung cancer	miR-17, miR-92, miR-21, miR-155, miR-29, miR-200c, miR-141, miR-429, miR-126, miR-9, miR-218, miR-145, miR-25, miR32, miR-142, miR-124, miR183, miR-181, miR-101, LINC00922, MALAT1, HOTAIR, CCAT2, AK126698, PANDA, lncRNA-RoR, loc28519, TUG-1
Ovarian cancer	miR-9, miR-9-1, miR199, miR-342, DUXAP10
Pancreatic cancer	miR-146, miR-190, miR-196, lncRNA miR31HG
Prostate cancer	miR-21, miR-146, miR-34a, miR-146a, miR-146b, miR-145, miR-218, miR-101, miR-205, CCAT2, PCAT-1

miR, microRNA; Linc, long non-coding RNA; MALAT1, metastasis associated lung adenocarcinoma transcript 1 HOTAIR, HOX Transcript Antisense RNA; CCAT2, colon cancer associated transcript 2, PANDA, long non-coding RNA AK126698, P21 associated ncRNA DNA damage activated; TUG-1, taurine upregulated 1; PCAT-1, prostate cancer associated transcript 1.

specific transcript, cervical carcinoma high-expressed 1, EZH2-binding lncRNA in cervical cancer, metastasis associated lung adenocarcinoma transcript 1, antisense ncRNA in the INK4 locus, lethal, nuclear paraspeckle assembly transcript 1, bladder cancer associated transcript 1, ubiquitin-fold modifier-conjugating enzyme 1, small nucleolar RNA host gene (SNHG16) and SNHG20 have been shown to serve major roles in various processes and greatly influence the mechanisms of oncogenesis (72).

*Interplay between E6 and E7 viral proteins and the epigenetic machinery.* The HPV E6 and E7 oncoproteins interact with host cell factors to alter numerous cellular pathways and maintain the infected cell in a proliferative state. Viral oncoproteins act at all epigenetic levels to hijack the normal cell function to facilitate the replication of the viral genome. It has been shown that HPV16 E6 and E7 proteins increase DNMT1 activity and HPV16 E7 protein binds directly to DNMT1 through the zinc-finger conserved region 3 (CR3; Fig. 1) (73).

Previous studies showed that E7 oncoproteins upregulate DNMT3A and DNMT3B at the protein level (74,75). Using this strategy, the virus ensures its viral replication by regulation of the methylation level of both the viral and host genomes (hypermethylation of tumor suppressor genes), thus promoting the oncogenesis process (75). Epigenetic modulation is accomplished not only by interaction of viral oncoproteins with different enzymes and epigenetic factors, but also by their ability to affect the transcription of these modulators (76).

The E7 viral protein interacts with HDACs and E2F6 transcription factor, leading to the inactivation of retinoblastoma protein (pRB) in order to maintain the proliferative status of the cell. The two viral oncogenes inhibit p53 p300-CREB-binding protein-mediated acetylation, thus blocking p53 activity (77,78). Other HATs affected by viral oncoproteins are Tat interactive protein 60 (TIP60) and p300/CBP-associated factor, which promote an inhibitory effect on the function of p53 and NF- $\kappa$ B, thus allowing the



same study shows that TMPOP2 has a role in cell proliferation, which suggests that this lncRNA could be a potential diagnostic marker and therapeutic target of cervical cancer (Fig. 1) (91).

It has been demonstrated that certain miRNAs with a tumor suppressor role present a downregulated expression in cervical cancer, which is associated with the expression of viral oncogenes. Decreased miR-34a expression is associated with the early productive phase and is correlated with E6 expression (92). Melar-New and Laimins (93) show that miR-203 exhibits an inhibitory effect upon HPV amplification and HPV proteins act to suppress the expression of this miRNA to allow viral replication in differentiating cells (Fig. 1). miR-21 is another miRNA that is associated with HPV infection and is upregulated in cervical cancer (94). The same study suggests that chemokine ligand 20 expression is negatively correlated with miR-21 expression and promotes cell proliferation (94).

*Viral genes modifications.* The HPV genome is subjected to epigenetic regulation, besides DNA methylation, at the level of PTMs of histones, including acetylation, phosphorylation and methylation. These processes control the viral gene expression, serving a main part in the life cycle of the virus (61).

In addition to host genes methylation, the methylation of viral genes exhibits high levels, particularly in capsid genes and late open reading frames. This has been associated with the progression of lesions from CIN2/3 to invasive cancer (95,96). In a study on HPV-infected Asian women with different grade of lesions, the methylation status of CpG islands in HPV16, 18, 52 and 58 was investigated. A correlation was observed between the methylation status of the Papillomavirus Major Capsid Protein 1 (L1) gene and the disease severity and progression (96). The methylation status of the L1 gene of HPV16 and HPV18 can discriminate between normal tissue and CIN1 lesions. In HPV52 infection, it can differentiate between <CIN2 and ≥CIN2 lesions and between <CIN3 and ≥CIN3 lesions. Furthermore, improved cervical lesion diagnosis was achieved by combining host and HPV genome methylation analysis. Thus, a positive correlation between HPV16 and HPV18 methylation status and paired box 1 (PAX1) and SOX1 was observed. On the other hand, a negative correlation was observed between HPV52 methylation and the same host genes (96). This led to the development of a biomarker panel called S5, using the DNA methylation levels of HPV16 L1, HPV16 Minor Capsid Protein (L2), HPV18 L2, HPV31 L1, HPV33 L2 and EPB41L3 tumor suppressor gene. The S5 methylation assay provided a 90% sensitivity and a 49% specificity for detecting high-grade cervical lesions in a cohort of women from United Kingdom (97). In a Mexican study, the S5 classifier was able to detect all cancer cases, reducing the number of colposcopies required by 30-50% as opposed to triage by cytology and HPV16/18 genotyping (42). Considering that only a small percentage of lesions progress to cervical cancer and the process is rather slow, it is important to identify accordingly the women who are at risk of developing a malignancy and avoid unnecessary expenses and treatment for the women who are most likely to overcome naturally the infection (42,98).

#### 4. DNA methylation for cervical screening

Methylation markers can be used in cervical cancer screening programs, with studies demonstrating their increased specificity compared with that of testing for HPV and immunohistochemistry (p16/Ki-67) (99). Previous studies that have shown a correlation between the expression of HPV E6 and E7 oncogenes and the activity of DNMTs support the validation of DNA hypermethylation as a common event during cervical carcinogenesis (100-103). Certain studies have demonstrated that methylation assays are a useful tool for triaging women with advanced HPV infections, although their performance is rather poor in on-going hrHPV infections that have not progressed yet to CIN3 or cervical cancer (97,104-106). In addition, with advancements in technology, HPV DNA testing could be replaced by DNA methylation screening (95). At present, methylation testing is based on RT-qPCR to estimate the percentage of methylated DNA molecules in the sample for the targeted region (Fig. 2). Currently, the most important application of novel biomarkers in cervical carcinoma is the triage of women with positive cytology and/or HPV tests.

*Commercial screening kits based on DNA methylation.* The QIASure Methylation Test (Qiagen GmbH) is a multiplex quantitative methylation-specific PCR (qMSP)-based assay that amplifies the methylated promoter regions of the tumor suppressor genes family with sequence similarity 19 [chemokine (C-C motif)-like] member A4] and *Homo sapiens*-miR-124-2, as well as a methylation-unspecific fragment of a reference gene, actin β, that acts as a quality control marker. The QIASure Methylation Test has a sensitivity of 20.5% for identifying ≤CIN1 infections, 38.1% for CIN2 infections, 67% for CIN3 infections, 90% for advanced transforming CIN and 100% for cervical cancer in hrHPV-positive samples (107).

GynTect® (Oncnostics GmbH) is another MSP-based assay that distinguishes between cervical lesion types by investigating the methylation status of the promoter regions of six genes (astrotactin1, distal-less homeobox 1, integrin subunit α4, relaxin family peptide receptor 3, SOX17 and zinc finger protein 671) and uses two quality control markers (iduronate 2-sulfatase-M and acetylcholinesterase). Data from clinical trials show that GynTect® markers are positive prior to any histological finding of CIN1, CIN2 or CIN3 in a number of patients (108).

The QIASure Methylation Test records slightly higher detection rates than GynTect® among CIN samples, but no significant differences have been found. Instead, a significant difference is observed in the detection rates of negative for intraepithelial lesion or malignancy samples, irrespective of the hrHPV status. Also, a notable difference was noticed in the specificity of CIN2<sup>+</sup> and CIN3<sup>+</sup> cases. The tests scored positive predictive values of 64.3% for GynTect® and 51.4% for the QIASure Methylation Test and their negative predictive values were 85.5 and 88.1%, respectively. The two kits showed a markedly high sensitivity for the detection of cancer cases, recognizing all cancer and carcinoma *in situ* samples. Another study found similar results for the detection rates of different stages of CIN, ranging from 13.3-20% for CIN1, 33.3-44.4% for CIN2 and 60-61.2% for CIN3 for the GynTect® assay (109).



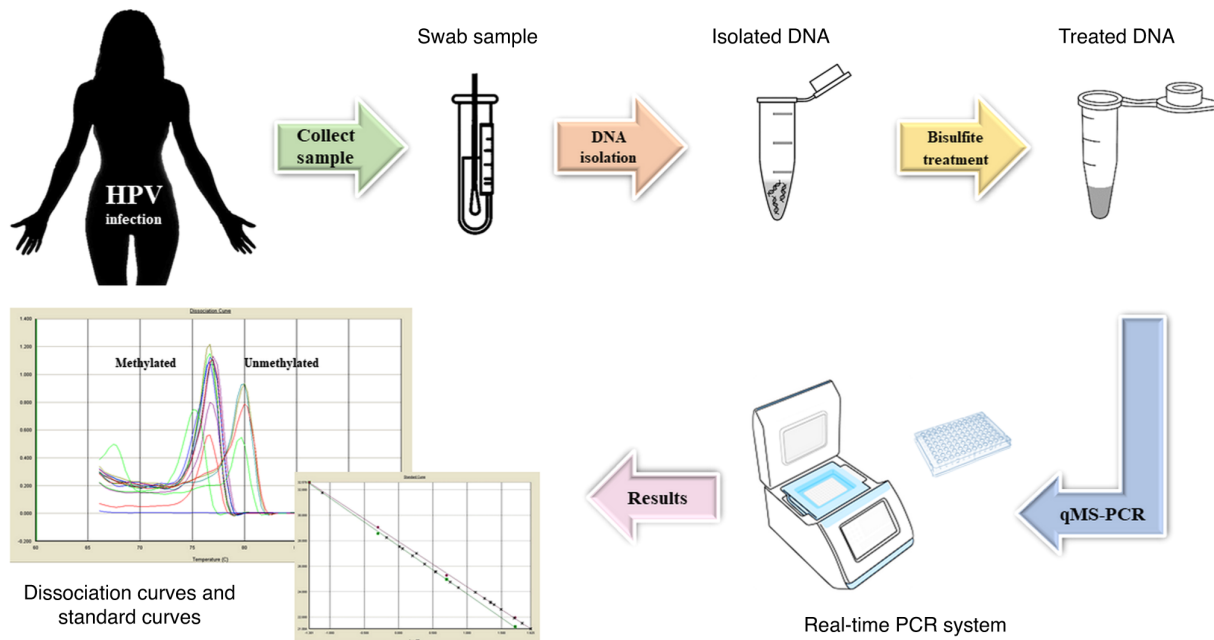


Figure 2. Workflow of methylation testing. qMS, quantitative methylation-specific.

For the QIAure Methylation Test, the detection rates were 26.7% for CIN1, 27.8% for CIN2 and 74.3% for CIN3. With the exception of CIN2 cases, these positivity rates are in agreement with those from previous studies (CIN1, 27.7%; CIN2, 44.3%; and CIN3, 75.8%) (24,108,109). The differences between the capabilities of these two tests are illustrated in Table V.

The CONFIDENCE™ assay developed by Neumann Diagnostics Kft. detects HPV DNA (CONFIDENCE HPV™) via a TaqManVR-based L1 region-specific multiplex qPCR assay and it also contains a human epigenetic biomarker test (CONFIDENCE Marker™) that measures the methylation level of CpG sites in the promoter region of POU class 4 homeobox 3 by qMSP. As an internal reference for normalizing the methylation level, a quantitative measurement of type II collagen is used. The CONFIDENCE Marker™ test was compared with cytology-based methods for triaging hrHPV-positive cases and it was found to be more sensitive and to have a comparable specificity, scoring for CIN2<sup>+</sup> and CIN3<sup>+</sup> a relative sensitivity of 1.67 and 1.74, respectively, with a relative specificity of 1.01 for CIN2<sup>+</sup> and 0.98 for CIN3<sup>+</sup> (110).

PAX1 DNA Detection kit and ZNF582 DNA Detection kit (manufactured by iStat Biomedical Co. Ltd.) are based on qPCR technology and target the PAX1 and zinc finger protein 582 (ZNF582) genes. PAX1 exhibits biomarker potential in a study on 443 patient samples. The study revealed that CIN3<sup>+</sup> detection sensitivity was 92%, while the specificity was 83% (111). Another study that included 449 patients reveals that the presence of HPV16/18 and the methylation status of PAX1 and ZNF582 genes is correlated with CIN3<sup>+</sup> dysplasia (110). HPV 16/18 detection combined with PAX1 displayed a sensitivity of 89.2% and a specificity of 76.0%, while HPV 16/18 detection combined with ZNF582 displayed a sensitivity and specificity of 85.4 and 80.1%, respectively (111,112).

Methylation-based assays have been developed and used successfully for other types of cancer, demonstrating that

this type of triaging/diagnostic approach is feasible and less invasive than traditional methods. Each test includes cancer-specific genes and they aim at recurrence, survival and early detection.

For bladder cancer, the necessity of early detection and the monitoring of recurrence led to the development and approval of different types of DNA methylation based-assays. The following assays are all based on DNA extracted from patients' urine samples. Bladder EpiCheck® (Nucleix), a non-muscle-invasive bladder cancer (NMIBC) diagnosis assay, is based on 15 methylation biomarkers and the results are compiled as an EpiScore ranging from 0 to 100, where scores >60 indicate a positive result for recurrence (113-115). A similar assay is Bladder CARE™ (Pangaea Laboratories, Ltd.), which is used in NMIBC recurrence and is based on a three-gene panel: SOX1, interleukin 1 receptor associated kinase 3 and long interspersed nuclear element 1 (116). By contrast, AssureMDx™ for Bladder Cancer (MDxHealth) is an assay based on a negative result that excludes bladder cancer by targeting the orthodenticle homeobox 1, one cut homeobox 2 and Twist family BHLH transcription factor 1 genes in via MSP (117). Similarly, UroMark (University College London) has the capacity to detect the methylation status of 150 loci across the genome. The two assays are promising options in patients presenting hematuria (118).

For breast cancer detection, the current DNA methylation-based assays are limited and the only available predictive test is the rascreeen® PITX2 RQG test developed by Qiagen GmbH/Therawis Pharma GmbH. The assay is based on a qPCR assay that establishes the ratio between methylated and unmethylated DNA in tumoral samples. The ratio is also an indicator of survival when standard therapy is associated with anthracyclines (119).

For the diagnosis of primary colorectal cancer (CRC), two DNA methylation assays with Food and Drug Administration approval are available: Epi proColon® (Epigenomics AG)

Table V. The differences between two methylation assays.

QIASure Methylation Test	Sensitivity, %	Specificity, %
CIN 2+	67.9	66.2
CIN 3+	73.3	65.9
Cancer	100.0	-
GynTect	-	-
CIN 2+	60.4	88.2
CIN 3+	66.7	86.9
Cancer	100.0	-

CIN 2+, cervical intraepithelial neoplasia grade 2; CIN 3+, cervical intraepithelial neoplasia grade 3; -, not available.

and Cologuard<sup>®</sup> (Exact Sciences Corporation). The former is a blood-based assay that targets the methylation changes of the septin 9 (SEPT9) gene promoter in cfDNA. Similar, Cologuard<sup>®</sup> is a multi-target stool DNA-based test used in screening that targets the methylated promoter of the bone morphogenetic protein 3 and N-myc downstream-regulated gene 4 genes and seven mutations in the KRAS gene. The two assays are available for CRC screening of patients who are  $\geq 50$  years of age, with re-testing recommended every 3 years (120).

The current detection method based on DNA methylation in patients with cirrhosis is the HCCBloodTest (Epigenomics AG). This assay is designed to quantify the methylation levels of the SEPT9 gene in blood samples using RT-qPCR technology (121). Another test, Oncoguard<sup>™</sup> Liver (Exact Sciences Corp.), for detection of early hepatocellular carcinoma (HCC) was developed in association with Mayo Clinic Healthcare. The panel test is blood based and targets four genes (disabled homolog 2-interacting protein (DAB2IP), empty spiracles homeobox 1 (EMX1), homeobox A1 (HOXA1) and testis-specific Y-encoded-like protein 5 (TSPYL5)) and two protein markers [ $\alpha$  fetoprotein (AFP) and lectin-bound AFP] using immunochemical methods and QuARTS<sup>™</sup> technology (122). Another promising assay is IvyGene Dx Liver Cancer Test (Laboratory for Advanced Medicine Inc.), which detects the methylation levels of genes in cfDNA isolated from plasma. The test validates the presence of HCC by using next-generation sequencing technology with 95% sensitivity and 97.5% specificity in detection (123).

For glioblastoma diagnosis, MGMT methylation detection status represents the target for different assays. Of these assays, four include CE-marked (Therascreen<sup>®</sup> MGMT Pyro<sup>®</sup> kit from Qiagen GmbH, Human MGMT Gene Methylation Detection kit from Xiamen Spacegen Co. Ltd., MGMT Promoter Methylation Detection kit from EntroGen Inc. and EntroGen MGMT Promoter Methylation Detection kit from EntroGen Inc.). These tests use different molecular methods (pyrosequencing technology, amplification refractive mutation system and pyrophosphorolysis-activated polymerization reaction and semi-quantitative RT-PCR with fluorescent hydrolysis probes (124). Another assay is PredictMDx (MdxHealth), which is a laboratory developed test (LDT) based on qMSP

technology for detecting MGMT methylation in DNA extracted from FFPE biopsies (125).

At present, the only assay available for early detection in prostate cancer is an LDT. ConfirmMDx (MDxHealth) is a biopsy tissue-based assay design to target glutathione S-transferase  $\pi$  1, Ras association domain family member 1 and adenomatous polyposis coli genes that uses DNA qMSP technology (126).

Currently, Epi proLung<sup>®</sup> (Epigenomics AG) is the only CE-marked test available for lung cancer diagnosis in patients at increased risk of the disease. The assay is based on a triplex RT-qPCR with fluorescent hydrolysis probe that targets two genes, short stature homeobox 2 and prostaglandin E receptor 4, which are detected in cfDNA from plasma. The test also uses a third gene,  $\beta$ -actin, as a housekeeping gene (127).

For the detection of multiple tumors, two types of assay have been developed. The first, IvyGene<sup>®</sup> Cancer Blood Test (Laboratory for Advanced Medicine Inc.) is designed to detect the presence of breast, colon, liver and lung tumors from blood samples by evaluating the methylation levels of cfDNA by using a panel of 46 markers (128). The second, EPICUP<sup>™</sup> (Merete GmbH) is a tissue-based assay that can use either freshly frozen or FFPE biopsies. To classify the type of Cancer of Unknown Primary, the test uses bead array technology from Illumina, Inc. (129).

## 5. Conclusions and perspectives

HPV diagnostic and triaging assays need to advance in terms of capacities and affordability, particularly in low-to-middle income countries where the prevalence of this type of infection remains markedly high. One area that shows promise is associated with DNA methylation classifiers, which can be improved by identifying improved gene combinations and by automating the process.

A study by Snoek *et al* (130) found a correlation coefficient varying from 0.691 [PR/SET domain 14 (PRDM14)] to 0.9 (SST) for six DNA methylation markers (FAM19A4, GHSR, PHACTR3, PRDM14, SST and ZIC1) in samples obtained from urine sediments and native urine. In the same study, a correlation coefficient varying from 0.508 (PRDM14) to 0.717 (PHACTR3) was observed between urine sediments and cervical scrapes, although the DNA methylation levels in cervical scrapes were considerably higher than those in urine. A significant correlation was found in DNA methylation markers in patients with cervical cancer compared with those in controls. The study showed that DNA methylation marker testing is feasible for detecting cervical cancer and all markers have a high discriminatory power in urine sediments.

Another study by Clarke *et al* (18) shows that HPV type-specific DNA methylation performs well for risk stratification and has an improved performance compared with that of HPV 16/18 genotyping and Pap cytology. The association between increased methylation with CIN3 or adenocarcinoma *in situ* has been evaluated across 12 carcinogenic HPV types and is shown to have a strong correlation, allowing for an improved observation of the transition from HPV lesions to cancer (42).

DNA methylation modifications and chromatin changes have been demonstrated to be hallmarks of epigenetic reprogramming in malignant disease and should be investigated

in order to further understand the precise role of chromatin remodeling and protein-DNA interactions in HPV-induced carcinogenesis (131). The findings could provide novel, more suitable markers for triaging HPV-infected women.

DNA methylation tests present numerous advantages. They can be used not only in tissue samples, but in any body fluid (liquid biopsy) (18). In cervical cancer, this type of assay may be combined with traditional screening for an improved triage and therapy management, adding valuable information regarding epigenetic profiles (24).

Such novel approaches would provide a clearer primary diagnosis, whereas a number of classic tests would be inconclusive and would help triaging via a minimally invasive screening method. With further research, the epigenetic profiles and subtypes of the tumors could be elaborated, which would aid in therapy selection by opening avenues in personalized precision medicine. Response to therapy could also be evaluated through such methods and the accessibility of liquid biopsies would allow a constant monitoring of the patient's status without invasive sampling techniques.

In addition, tissue biopsies sample only a subpopulation of all the cell types found within a tumor and could potentially miss the aspect of heterogeneity and clonality of the entire tumor, thus providing a skewed image of the cellular phenotype (18).

According to previous studies, ctDNA may offer a more accurate picture regarding the molecular composition of the tumor and precursor lesions in HPV infection since all cell types are likely to contribute (18,132,133). Other sources of information regarding the composition of the tumor include cfDNA and nucleic acids from exosomes. Exosomes are found in both physiological and pathological conditions in the majority of body fluids, including blood, urine, cerebrospinal fluid, saliva, serum, amniotic fluid, breast milk and cervical lavage (132). An important feature of exosomes is that they represent with high fidelity a 'snapshot' of the cell they originate from and their molecular cargo can be transferred to other cells. It has been noticed that, in the oncogenic process, the number of exosomes increases significantly and tumors cells release a high number of exosomes that contain different markers that could promote cancer progression and metastasis (133).

Furthermore, there is increasing evidence that supports the involvement of ncRNA species, such as lncRNAs, in cancer pathogenesis. The data show a different lncRNA profile of expression in cervical lesions and cancer and a large number of the identified molecules have the potential to be used as markers for diagnostic and prognosis (134). Therefore, exosomal lncRNAs from cervical lavage and urine samples could be used as cancer biomarkers and could serve to develop a novel, non-invasive array for early detection/triage of precursor lesions and cervical cancer (135).

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#### Authors' contributions

AA, AF, AB and GA conceived and designed the review. AA, AF, AB, IVI, AP and GA performed the literature research. AA, AF, AB, IVI, AP and GA were involved in the interpretation of the findings in the literature. AA, AF, AB and GA were involved in the writing of the manuscript. Data authentication if not applicable. All authors have read and approved the final manuscript for publication.

#### Ethics approval and consent to participate

Not applicable.

#### Patient consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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