

Decoding auditory working memory content from EEG aftereffects of auditory-cortical TMS

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1 **Abstract**

2 Working memory (WM), short term maintenance of information for goal directed behavior, is
3 essential to human cognition. Identifying the neural mechanisms supporting WM is a focal point
4 of neuroscientific research. One prominent theory hypothesizes that WM content is carried in
5 "activity-silent" brain states involving short-term synaptic changes. Information carried in such
6 brain states could be decodable from content-specific changes in responses to unrelated "impulse
7 stimuli". Here, we used single-pulse transcranial magnetic stimulation (spTMS) as the impulse
8 stimulus and then decoded content maintained in WM from EEG using multivariate pattern
9 analysis (MVPA) with robust non-parametric permutation testing. The decoding accuracy of WM
10 content significantly enhanced after spTMS was delivered to the posterior superior temporal
11 cortex during WM maintenance. Our results show that WM maintenance involves brain states,
12 which are activity silent relative to other intrinsic processes visible in the EEG signal.

13

14 **Keywords:** Working memory, auditory working memory, transcranial magnetic stimulation, TMS-
15 EEG, MVPA

16

17 Introduction

18 Working memory (WM), the brain system that enables maintenance and processing of recent
19 information, plays an essential role in daily living. The mechanisms and brain areas underlying
20 WM maintenance have thus been prominent topics for neuroscience research. However,
21 research into its neuronal mechanisms has resulted in seemingly contradictory results that have
22 led to a long-standing controversy. The prevailing hypothesis suggests that information is
23 maintained through persistent firing in the prefrontal cortex (PFC). Conversely, an alternative
24 theory posits that persistent activity is not necessary for WM maintenance and rather
25 maintenance can be dynamical in an ‘activity-silent’ format via functional connectivity and/or
26 synaptic weights. [1-3]. Much of this research has been conducted in the visual modality only,
27 leaving some of the most ecologically relevant aspects of WM in other sensory modalities
28 relatively underexplored. One such aspect is auditory WM, which enables temporary storage and
29 manipulation of sounds and verbal information, such as spoken language or music.

30 Initially, WM maintenance was linked to persistent activity of prefrontal neurons that respond to
31 the incoming stimulus and remain activated even after the stimuli have vanished [4-6]. However,
32 subsequent human neuroimaging studies suggested that the content of visual WM could only be
33 decoded from signal-change patterns in sensory and posterior brain areas where persistent
34 activity is not present during WM maintenance [7-9] (however, see also [10-13]). Studies in non-
35 human primates (NHP) have not shown persistent WM related neuronal activity during the
36 maintenance period in sensory areas [14, 15]. The identification of content-specific persistent
37 firing patterns at the sensory level has proven challenging in NHP studies of auditory WM as well
38 [16-18]. At the same time, human studies have managed to decode auditory WM content from
39 fMRI signals [12, 19-21] as well as intracranial EEG signals [22] from auditory cortices. The diverse
40 and contrasting findings have inspired the development of a family of alternative theories
41 suggesting that WM is maintained in a more distributed and dynamic fashion than initially
42 believed [23-25].

43 In explaining possible mechanisms for ‘activity-silent’ WM maintenance, a theory proposes that
44 WM is maintained through intermittent bursts of neuronal firing and intervals of short-term

45 synaptic plasticity (STSP) [26], i.e., transient changes in the strength of synaptic connections
46 between neurons [27]. Item-specific activation of neurons during the encoding process leads to
47 presynaptic accumulation of calcium, which facilitates postsynaptic connectivity. Due to this
48 calcium buffer, which operates on a time scale of seconds, even sparse bursts of firing will be
49 sufficient to maintain the "activity-silent" WM representations [3, 25, 26]. The network
50 maintaining a synaptic WM trace will respond in a content-specific fashion, even if the non-
51 specific input is completely unrelated to the maintained representation [3]. Hence, information
52 maintained in WM via the activity-silent synaptic mechanisms should be decodable with machine
53 learning techniques that can classify responses elicited to any unrelated stimulus that broadly
54 activates the same neuronal population [3]. To test this prediction, recent human EEG and MEG
55 studies presented participants with "impulse stimuli", such as strong visual or auditory feature
56 patterns unrelated to the maintained content, during WM maintenance [13, 28-31]. The content
57 maintained in WM, which is otherwise in an activity-silent (or "hidden") state, became more
58 readily decodable from EEG or MEG responses to such impulse stimuli [13, 28-31]. A limitation in
59 many of these studies, however, is that it is difficult to deliver such impulse stimuli to a particular
60 brain area only.

61 A non-invasive way to probe hidden brain states that underlie human cognition is transcranial
62 magnetic stimulation (TMS). Unlike observational methods such as MEG or EEG, TMS allows us to
63 causally interact with focal areas whose role in WM we intend to evaluate [32]. In studies of
64 human memory processes, TMS has been used to modulate maintenance of visual WM
65 representations [33] and to enhance neuronal plasticity in visual cortex [34]. A particular benefit
66 of using single-pulse TMS as opposed to task-irrelevant sensory stimuli for probing memory-
67 related brain states is that its effects are both temporally and anatomically specific [35]. In a recent
68 study that used TMS to enhance WM decoding from EEG signals [28], perturbing the WM circuits
69 during the seemingly activity-silent maintenance period yielded noteworthy results. This
70 intervention not only augmented the decoding of representations that were stored passively in
71 memory compared to actively maintained content but also contributed to participants recalling
72 passively maintained items more effectively from WM. However, to our knowledge, this approach

73 has so far not been tested in WM studies targeting auditory or other earlier sensory cortex areas,
74 or in designs applying active and sham TMS in the same participants.

75 Thanks to recent advances in MRI-guided TMS navigation systems and more focal stimulation
76 coils, TMS pulses can be delivered to the area of interest at an exact latency. This allows one to
77 test anatomically and temporally specific hypotheses to develop an understanding of how
78 sensory areas might be contributing to WM. Here, we investigated whether the content of
79 auditory WM, which is embedded in an activity silent brain state, can be decoded from cortical
80 effects of single-pulse TMS, delivered to posterior non-primary auditory cortex during the WM
81 maintenance period. This non-primary auditory cortex target was in in the left posterior superior
82 temporal cortex (pSTC). In our multivariate pattern analysis derived from whole-scalp EEG, the
83 decoding accuracy increases above chance level directly after the TMS pulse in an Active TMS
84 condition, but not after a Control TMS pulse that was too weak to activate the pSTC target area.
85 Therefore, our study provides strong evidence for the activity silent theory of WM maintenance.

86

87 **Methods**

88 *Participants*

89 A total of 23 healthy right-handed [36] participants (12 women, 11 men; mean age \pm standard
90 deviation, SD, = 32 ± 12 years) were enrolled. One participant was excluded due to excessive
91 movement artifacts (facial movement artifacts in more than 50% of trials) and another due to
92 their chance-level behavioral performance, resulting in a final cohort of 21 participants (11
93 women, 10 men; mean age \pm SD= 31 ± 10 years) for the Active TMS session. Significantly better
94 than chance level performance is essential in WM experiments to ensure that task performance
95 is not a result from a mere guessing. As for the Control TMS session, two participants opted not
96 to continue the study and one dataset was rejected due to excessive noise, resulting in a final
97 sample of 18 participants (9 women, 9 men; mean age \pm SD = 31 ± 11 years). The same
98 participants attended Active TMS and Control TMS conditions to eliminate variability in EEG
99 responses from different participants in different conditions. All participants had normal or
100 corrected to normal vision and self-reported normal hearing. The participants provided written
101 informed consent and were informed that they could withdraw at any time. A monetary
102 compensation was given for each visit. The study design, protocol, and consent form were
103 approved by the Mass General Brigham Institutional Review Board.

104

105 *Stimuli and experimental paradigm*

106 Auditory stimuli

107 We employed non-conceptual, parametrically varied ripple sounds as WM items (**Fig. 1a**). Such
108 stimuli do not allow verbal memorization strategies. The ripple-velocity pool was individualized
109 based on each participant's pre-determined ripple-velocity discrimination thresholds. Just
110 noticeable difference (JND) values were calculated individually for each participant using a 2-
111 down, 1-up staircase algorithm [12, 13, 22]. Based on these values, we created four auditory
112 ripple sound stimuli, ensuring that each stimulus was positioned 1.5 JNDs apart from its closest
113 neighbor in velocity. We used four different ripple sounds as to-be-remembered stimuli. The same

114 four ripple stimuli were also presented as test stimuli. The order of the memory items was
115 pseudo-randomized. The participants were naïve to the number of memory items. The auditory
116 stimuli were presented at a comfortable listening level through Sensimetrics S14 Insert
117 headphones (Sensimetrics, Malden, MA) that provide high-quality acoustic stimulus delivery
118 while attenuating TMS click noise, analogous to our previous studies [37].

119

120 Experimental paradigm

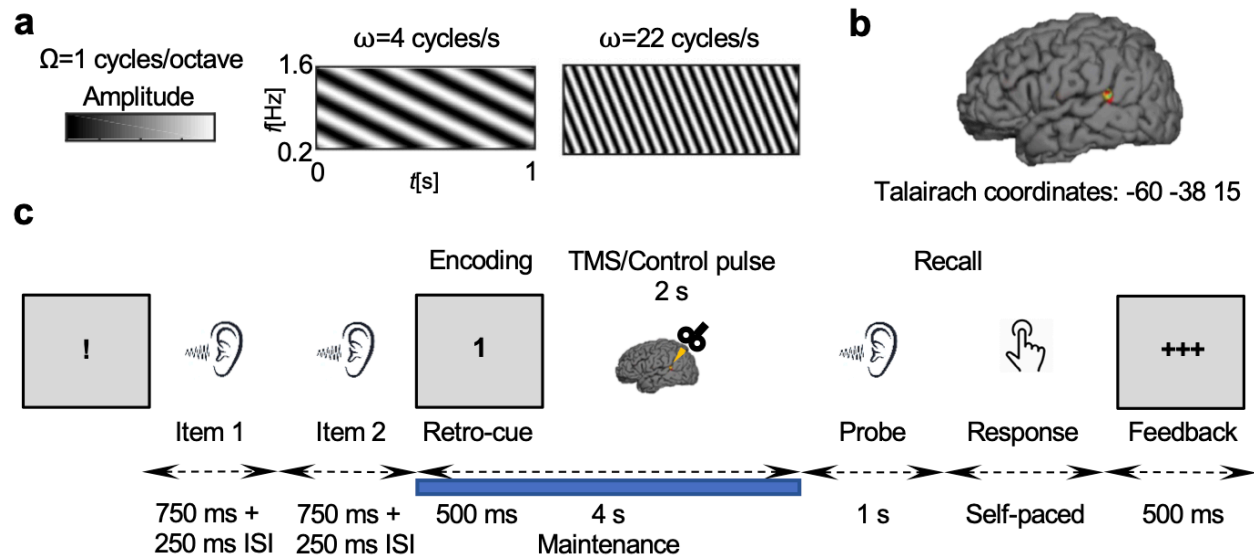
121 Figure 1 shows the retro-cue experimental paradigm used during the TMS-EEG recordings. Each
122 trial started with a “!” presented on the screen. It was followed by two different consecutive ripple
123 sounds (memory items) that were presented for 750 ms with a 250 ms interstimulus interval.
124 Ripple sounds were followed by a visual retro-cue indicating whether the participant had to
125 remember the first sound (“1” on the screen) or the second sound (“2” on the screen). This was
126 followed by a 4-second maintenance period, where a TMS pulse was delivered in the middle. We
127 delivered the TMS pulse at the 2 s mark to have the same amount of signal before and after the
128 TMS pulse during maintenance for balanced comparison of results. Next, a test sound was
129 presented. The task was to determine whether the test sound was the same or different from the
130 memorized item. Participants responded with a mouse click with their right hand. An index finger
131 click indicated that the sounds were the same and a middle finger press indicated that they were
132 different. Finally, the screen showed whether the participant had responded correctly or
133 incorrectly. One run of the experiment consisted of 48 trials and one session consisted of 6 runs.
134 Thus, one session had 288 runs in total.

135

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139

140 **Figure 1.** Task design. **(a)** Examples of the modulation patterns for ripple sounds **(b)** The target brain area
141 for the TMS pulse, adapted from Uluç and colleagues [21]. **(c)** The auditory WM retro-cue paradigm. The
142 timeline of events in one trial is depicted.

143

144 *Structural MRI Data Acquisition*

145 T1-weighted anatomical images were acquired for with a multi-echo MPRAGE pulse sequence
146 (TR=2510 ms; 4 echoes with TEs=1.64 ms, 3.5 ms, 5.36 ms, and 7.22 ms; 176 or 208 (to cover the
147 ears) sagittal slices with $1 \times 1 \times 1$ mm³ voxels, 256×256 mm² matrix; flip angle = 7°) [38] in a 3T
148 Siemens Trio MRI scanner (Siemens Medical Systems, Erlangen, Germany) using a 32-channel
149 head coil.

150

151 *TMS-EEG Data Acquisition*

152 To be used as stimulus amplitude, resting motor threshold (rMT) of each participant was
153 measured by sending a pulse to the left motor cortex thumb area and measuring the response
154 from first dorsal interosseous muscle of the dominant right hand. From peak to peak, the smallest
155 stimulation intensity resulting in 5/10 responses with amplitudes was equal to or greater than 50
156 μ V. After the the rMT visit, participants completed two single-blind sessions. TMS pulses were

157 delivered either 1) at 100% of individual rMT to the posterior nonprimary auditory area pSTC in
158 the left hemisphere (“Active TMS”) at 45° angle relative to the reference vector [0 0 -1] (A 0-
159 degree rotation relative to this reference vector means the coil handle is oriented from anterior
160 to posterior. The rotation angle increases counterclockwise around the superior-inferior axis) or
161 2) at 100% of rMT at the same location and same angle but with a 20 mm plastic block between
162 the coil and scalp (“Control TMS”). The pulses were delivered 2 s into the 4 s maintenance period.
163 EEG, horizontal EOG, and ECG data were sampled at 25 kHz with a 64-channel active EEG system
164 (ActiChamp, Brain Products GmbH, Gilching, Germany). TMS was delivered with a MagPro X100
165 w/ MagOption stimulator and a C-B60 figure-of-eight coil (MagVenture, Farum, Denmark). The
166 plastic block used in the control sessions was built in-house and was the same shape as the TMS
167 coil. The order of Active and Control TMS sessions was counterbalanced across the participants.

168 In both Active TMS and Control TMS conditions, the TMS coil clicks were masked with 8 kHz low
169 pass filtered white noise throughout the experiment. The white noise and the sound stimuli were
170 presented through Sensimetrics S14 Insert headphones (Sensimetrics, Malden, MA) with Comply
171 Canal In-Ear Tips (Hearing Components, Inc., North Oakdale, MN) that have a Noise Reduction
172 Rating (NRR) of above 29 dB. The sound level of the noise mask was measured using Larson Davis
173 sound level meter LXT2 with a Larson Davis RA0038 coupler (Larson Davis, New York, NY): The
174 level of the white noise was at 73 dB SPL and auditory items was at 86 dB SPL. Additionally,
175 subjective report from each participant was taken that they did not hear the TMS clicks or other
176 background noise.

177

178 *TMS Neuronavigation*

179 Continuous recording of the head position and orientation relative to the TMS coil was achieved
180 through a commercial TMS neuronavigation system (LOCALITE GmbH, Bonn, Germany) with an
181 optical camera and passive trackers (Polaris Spectra, Northern Digital Inc., Waterloo, Ontario).
182 The participant’s registration to their anatomical data were all done in the Localite

183 neuronavigation software. The reconstructed MRI images were used in the Localite
184 neuronavigation system (LOCALITE GmbH, Germany) to guide the TMS procedure with MRI.

185

186 *E-field Calculation*

187 Data from one participant were discarded due to technical problems for Active TMS and Control
188 TMS sessions. To confirm that we had stimulated the intended cortical target, we computed the
189 TMS-induced Electric fields (E-field) using the Boundary Element Method accelerated by Fast
190 Multipole method (BEM-FMM) MATLAB toolbox implementation [39, 40]. The TMS coil
191 locations/orientations were extracted from the TMS navigation software. The participant-specific
192 anatomically realistic high-resolution head models were generated from the T1-weighted images
193 using the SimNIBS toolbox [41]. The model included five distinct layers of scalp, skull, cerebro-
194 spinal fluid (CSF), grey matter, and white matter, with the assumption of uniform conductivity
195 within each layer. The E-fields were calculated on a cortical surface halfway between the grey
196 and white matter surfaces. For group-level visualization, the individual E-field maps were
197 resampled to the FreeSurfer template brain fsaverage (version 6.2) and averaged across
198 participants [42].

199

200 *Basic EEG Preprocessing and Analysis*

201 EEG was preprocessed using MNE Python [43]. We used an established, rigorous preprocessing
202 procedure [44, 45]. The data were first detrended, and after selection and interpolation of noisy
203 channels (on average 4, channels), they were epoched to exclude any potential TMS pulse
204 artifacts. Two consecutive ICAs were calculated for the concatenated epochs [44, 45]. The first
205 ICA was used to remove remaining TMS related artifacts (3 independent components were
206 removed), and then the second ICA was performed to exclude physiological artifacts (on average,
207 5 independent components). Afterwards, we applied a 60-Hz notch filter to remove line noise
208 and a 150 Hz low pass filter. The data were then downsampled to 1 kHz. We did not use any high
209 pass filtering as it might introduce artifacts in the signal and tamper with later TMS-evoked

210 potential components [46]. Finally, all epochs were visually inspected for remaining artifacts and
211 noisy epochs were rejected. Signals from the occipital Iz electrode were excluded from all
212 analyses due to excessive noise in most of the datasets.

213 To display the time course of brain activity, we calculated event-related potentials (ERPs)
214 separately for each memory item during the memory period as well as a grand average for the
215 whole trial. For memory item comparison, the cleaned data were separated into four groups
216 according to cued memory item. Then, the separated data from all runs were concatenated and
217 averaged across all trials for each memory item within each participant. The data were then
218 averaged across all participants per memory item. For grand averages, the averages were
219 calculated across all trials irrespective of memory item. Topographical maps were calculated with
220 a time window of 0.5 s with equal weights for all trials.

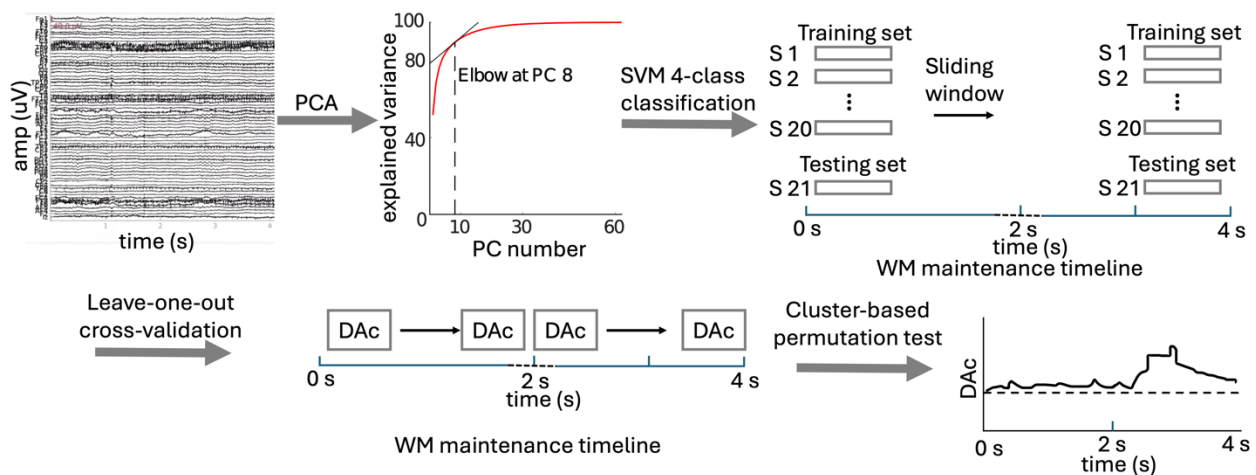
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222 *Cross-participant Multivariate Pattern Analysis*

223 **Figure 2** shows the MVPA pipeline for the cross-participant classification analysis. We conducted
224 the decoding analysis by employing the support vector machine (SVM) implementation from
225 libsvm [47] as provided in the MATLAB/Octave CoSMoMVPA package [48]. To help generalize the
226 analysis results to a larger population, we performed the classification across the participants
227 [13]. For the MVPA analysis, to ensure that any TMS artifacts did not bias the results, the time
228 window starting 50 ms before and ending 50 ms after the TMS pulse was excluded from the
229 analysis. Using CoSMoMVPA and Fieldtrip toolboxes in each participant, we first balanced the
230 number of trials for each class and then calculated the class-specific averages for each participant.
231 Next, for spatial feature selection, we used principal component analysis (PCA) in MATLAB to
232 transform the data to "virtual channels", extracting the first eight principal components (PC) (**Fig.**
233 **2**). To keep the dimensionality constant to allow cross-validation, we selected the number of PCs
234 based on the grand average of cumulative variance explained across all participants, conditions,
235 and WM classes. The number of selected PCs refers to the point where the slope of the tangent
236 decreased below one in a normalized plot with both dimensions scaled between zero and one.

237 Calculating these spatial PCAs separately for each class in each participant ensured that no
 238 leakage of information occurred between participants/classes. In each task condition, including
 239 periods before and after the pulse in the TMS and Control conditions, this resulted in a two-
 240 dimensional $(N_{Subjects} \times 4) \times 8$ feature matrix that was entered into the SVM
 241 (in the TMS conditions $N_{Subjects} = 21$, in the control conditions $N_{Subjects} = 18$).

242 The classification was conducted as a temporal searchlight analysis [48] with a 300 ms sliding
 243 window at 3 ms steps, and was done separately for the periods before and after the TMS pulse.
 244 The classification was performed using a leave-one out cross-validation procedure: the data sets
 245 were partitioned to training and test sets such that the class-specific sub-averages of one
 246 participant used as the test set and those from the rest of the participants as the training set. The
 247 decoding accuracy was averaged across all iterations. For each condition (active TMS, Control
 248 TMS) and maintenance period (before or after the TMS pulse), the analyses resulted in time series
 249 with decoding accuracies of each searchlight centroid (**Fig. 2**).



250

251 **Figure 2.** MVPA pipeline. Preprocessed whole head EEG data was entered into a PCA for spatial feature
 252 selection. The cut-off for the PC selection ($n_{PC}=8$) was determined based on the elbow in the grand-average
 253 cumulative variance curve, calculated across all conditions, WM classes, and participants. Then the data
 254 was entered into a searchlight analysis with cross-participant 4-class SVM classification. Leave-one-out
 255 method was used for cross-validation. The analysis resulted with a decoding accuracy (DAC) time series

256 where DAC is the value assigned to the centroid of searchlight sliding window. For statistical significance,
257 we used maximum statistics with 500 permutations.

258

259 *Statistical Significance, Cross-participant MVPA*

260 In our cross-participant MVPA approach, the data of one participant were, iteratively, used as the
261 test set, to evaluate the model trained in the other participants. This analysis yields one decoding
262 accuracy value for the entire group at each time point. Instead of conventional one-sample t-
263 tests, we therefore determined the statistical significance of our cross-participant decoding
264 results using robust cluster-based permutation testing, which handles multiple comparison
265 problems using a *maximum-statistic* strategy [13]. Analogous temporal cluster-based maximum-
266 statistic approaches have been widely used procedures in univariate analyses of ERP and MEG
267 data [49]. In this procedure, we first generated 500 unique permutations of the true item-content
268 labels of the classifier. The temporal searchlight analysis was repeated with these permuted labels
269 to generate a distribution of decoding accuracies for each time point. For each permutation, the
270 time series of decoding accuracies were converted to z-values. This was done by comparing each
271 decoding-accuracy value to the respective permutation distribution at the same time point.
272 Continuous clusters with $z > 1.65$ (i.e., $p < 0.05$) were then identified in each permutation and the
273 respective cluster sums of z-values were calculated. From each permutation, the largest cluster
274 sum across all conditions was entered to the maximum-statistic null distribution. Analogously to
275 the conventional procedure [49], each cluster identified from the analysis with true content labels
276 was then compared to this null distribution, to determine their statistical significance. Clusters
277 with $p_{\text{Corrected}} < 0.05$ were considered statistically significant.

278

279 *Within-participant Multivariate Pattern Analysis*

280 The within participant analysis is conducted based on the same principle as the cross-participant
281 decoding analysis (Figure 2), by employing the SVM implementation from libsvm [47] and
282 MATLAB/Octave CoSMoMVPA package [48] . The period 50 ms before and after the TMS pulse

283 was not entered into the analysis. Using CoSMoMVPA and Fieldtrip toolboxes in each participant,
284 we first balanced the number of trials for each class and low-pass filtered the signals at 75 Hz. To
285 enhance the SNR, subaverages of four trials were calculated with each class. Twenty different
286 random iterations were calculated of these subaveraged samples. In each iteration, spatial
287 feature selection was performed using a similar, yet individualized, PCA procedure to that used in
288 the cross-participant MVPA (range 5-10 PCs, group median = 8 PCs; see **Suppl. Fig. 1**).

289 Similar to the cross-participant MVPA, within-participant classification was performed using a
290 temporal searchlight analysis [48] with a 300 ms sliding window in 3 ms steps, conducted
291 separately for the periods before and after the TMS pulse. A k -fold cross-validation procedure was
292 used to classify the maintained WM content ($k=6$ in participants with six runs of data; $k=5$ in two
293 participants with five runs of data). In each fold, the model was trained in $k-1/k$ of the samples
294 and tested in the remaining samples. For each searchlight dataset, the decoding accuracies were
295 averaged across the folds and iterations. For each participant, condition (active TMS, Control
296 TMS), and maintenance period (before or after the TMS pulse), the analyses resulted in a time
297 series with decoding accuracies of each searchlight centroid. Similar to previous studies [30], each
298 participant's decoding accuracy time courses were smoothed over time with a Gaussian kernel
299 with FWHM of 9.4 ms for significance testing.

300

301 *Statistical Significance, Within-participant MVPA*

302 The statistical significance was determined using robust cluster-based permutation testing, which
303 handles multiple comparison problems using a *maximum-statistic* strategy [13]. For each
304 participant and TMS condition, we first generated 500 unique permutations of the true item-
305 content labels of the classifier. The temporal searchlight analysis was repeated with these
306 permuted labels to generate a distribution of decoding accuracies for each time point. To assign
307 a p-value for each time point, the original group-mean decoding accuracy value, found from
308 classifiers with true labels, was compared with this permutation distribution. To improve the
309 precision, we modeled the empirical permutation distribution using a Gaussian fit. Continuous

310 clusters with $p < 0.05$ were then identified in each permutation and the respective cluster sums
311 decoding accuracies were calculated. From each permutation, the largest cluster sum across all
312 conditions was entered to the maximum-statistic null distribution. Analogous to the conventional
313 procedure [49], each cluster identified from the analysis with true content labels was then
314 compared to this null distribution, to determine their statistical significance. Clusters with
315 $p_{\text{Corrected}} < 0.05$ were considered statistically significant.

316

317 Results

318 *Behavioral performance*

319 The participants' behavioral percent corrects were $79.6 \pm 6.5\%$ (mean \pm SD) in the Active TMS
320 sessions and $78.7 \pm 6.2\%$ in the Control TMS sessions. Although we see a slight increase in
321 behavioral performance in Active TMS session, the increase is not statistically significant. We
322 additionally calculated the percent correct of answers as a function of the ripple-velocity distance
323 from memory item to probe. This analysis revealed a consistent relationship between
324 participants' ability to reject non-matching probes and the difference in ripple velocity between
325 the probe and WM item. In the TMS session, the percent correct of answers for match trials was
326 $84.5 \pm 6.3\%$. For non-match trials with JND distance 1, the percent correct was $60.4 \pm 13.9\%$; for
327 JND distance 2, it was $85.7 \pm 8.6\%$, and for non-match trials with JND distance 3, it was $93.9 \pm$
328 4.9% . In the Control TMS session, match trial percent correct was $84.1 \pm 5.7\%$. Non-match trial
329 JND distance 1 percent correct was $58.0 \pm 14.9\%$; JND distance 2 percent correct was $87.1 \pm$
330 10.2% ; and JND distance 3 percent correct $92.2 \pm 9.0\%$.

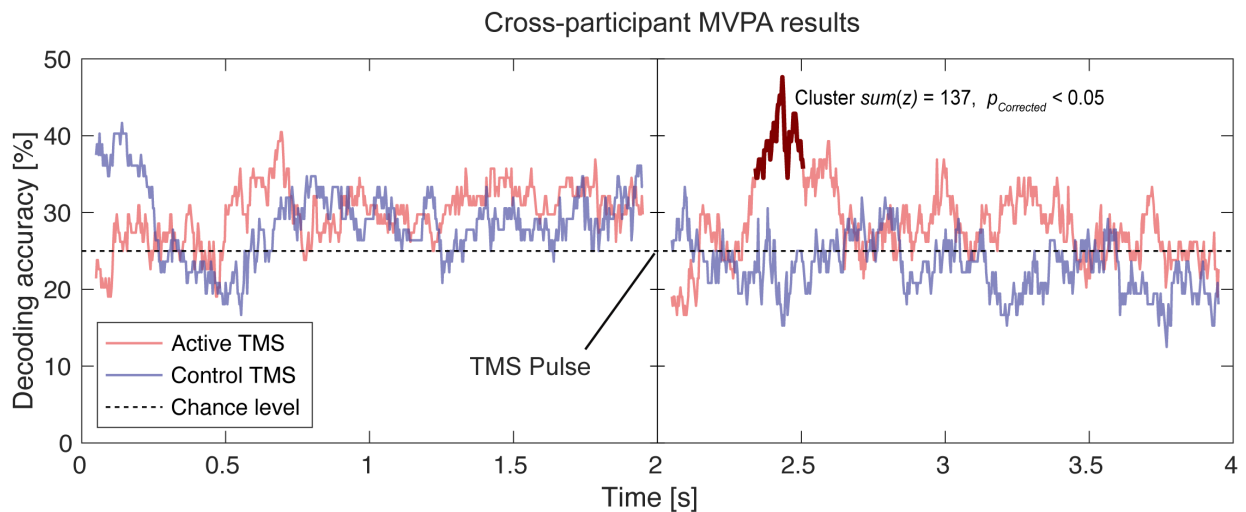
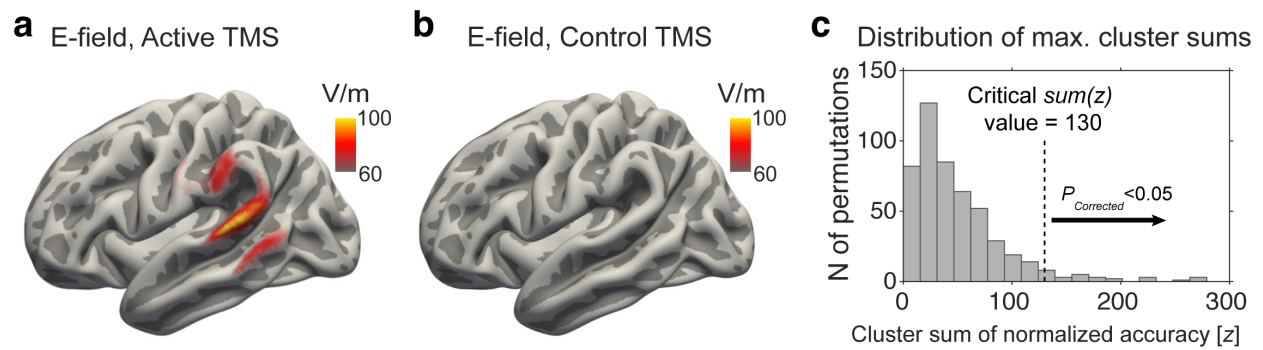
331

332 *Multivariate Pattern Analysis*

333 *Cross-participant MVPA*

334 We conducted a four-class cross-participant classification analysis to determine whether the
335 single TMS pulses to left pSTC enhanced the decoding of memorized content from the ERPs. The
336 analysis employed a temporal searchlight approach, in which the decoding was performed based
337 on the spatiotemporal pattern of EEG activity within a 300-ms sliding window. The statistical
338 significance was verified through a robust cross-participant cross-validation and cluster-based
339 maximum-statistic permutation procedure. According to these analyses, in the Active TMS
340 condition, the MVPA decoding accuracy for memory content rose significantly above chance level
341 during the first few hundreds of milliseconds after the TMS pulse ($p_{Corrected} < 0.05$, cluster-based
342 maximum-statistic permutation test; cluster sum of normalized accuracy = 137.2; **Fig. 3d**). No

343 statistically significant decoding results were observed in any other time period in the active TMS
344 condition or in the Control condition (for an additional analysis of the stability of decoding, see
345 **Suppl. Fig. 2**).



346

347 **Figure 3.** The results of E-field calculations and searchlight MVPA decoding of WM content from EEG.
348 **(a)** Group median E-field maps for the Active TMS condition. **(b)** Group median E-field maps for the Control
349 TMS condition. **(c)** Null distribution for 500 permutations, utilized to determine the statistical significance
350 of decoding accuracies. From each permutation, the maximum cluster sum of normalized decoding
351 accuracy was identified and added to this null distribution. The vertical dotted line illustrates the critical
352 value for $p_{corrected} < 0.05$ (cluster $sum(z) = 130$). **(d)** Decoding accuracies in the cross-participant four-class
353 MVPA (% of correctly classified trials). The time series reflect the SVM decoding accuracies at the centroid
354 of each sliding 300-ms searchlight. These decoding accuracies were derived from an iterative leave-one-
355 participant out cross-validation procedure: In each searchlight time window, the data of each participant
356 was used once as the test set and those from the rest of the remaining participants as the training set. The

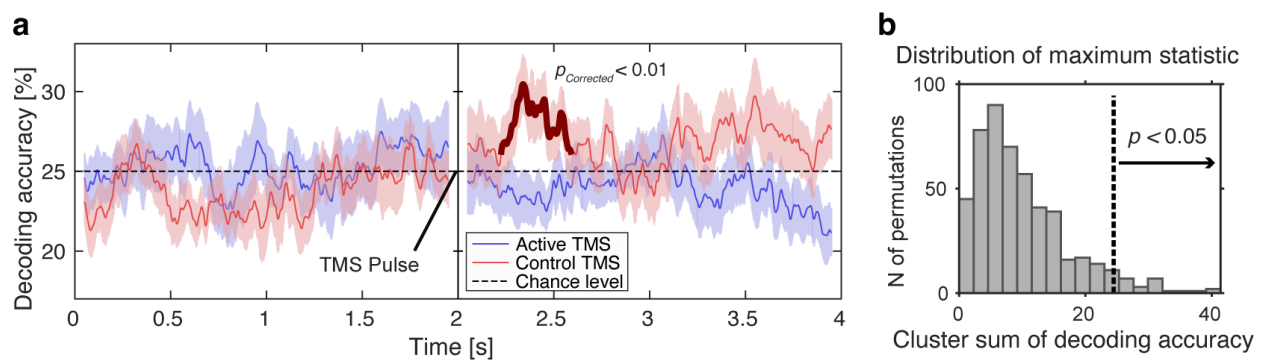
357 light red line denotes the Active TMS condition and the light blue line the Control TMS condition. The
358 dotted horizontal line indicates the chance level of decoding-accuracy in a four-class classification (25%).
359 The time window when the decoding accuracy was significantly higher than chance level in the Active TMS
360 condition is shown in dark red ($p_{Corrected} < 0.05$, non-parametric cluster-based permutation test).

361

362 *Within-participant MVPA*

363 We additionally conducted a within-participant four-class SVM searchlight to test the effect of the
364 TMS pulse on the individual brain activity. We employed a similar searchlight approach with a
365 300-ms sliding window as in the cross-participant analysis. Consistent with the cross-participant
366 results, in the Active TMS condition, the group average of MVPA decoding accuracy for memory
367 content rose significantly above chance level during the first few hundreds of milliseconds after
368 the TMS pulse ($p_{Corrected} < 0.01$, cluster-based maximum-statistic permutation test; cluster sum of
369 decoding accuracy = 24.5; **Fig. 4**). No statistically significant decoding results were observed in
370 any other time period in active TMS or control TMS conditions.

371



373 **Figure 4.** The results of within-participant searchlight MVPA decoding of WM content from EEG for Control
374 and Active TMS conditions. **(a)** Decoding accuracies in the within-participant four-class MVPA. The time-
375 resolved decoding reflects the accuracies at the centroid of each sliding 300-ms searchlight. The thin red
376 line denotes the Active TMS condition and the thin blue line the Control TMS condition. The dotted
377 horizontal line indicates the chance level of decoding-accuracy in a four-class classification (25%). The time
378 window when the decoding accuracy was significantly higher than chance level in the Active TMS condition

379 is shown in dark red ($p_{\text{Corrected}} < 0.05$, non-parametric cluster-based permutation test). **(b)** Null distribution
380 for 500 permutations, utilized to determine the statistical significance of decoding accuracies. From each
381 permutation, the maximum cluster sum of decoding accuracy was identified and added to this null
382 distribution. The vertical dotted line illustrates the critical value for $p_{\text{corrected}} < 0.05$ (cluster sum of decoding
383 accuracy = 24.5).

384

385 *E-field Calculations*

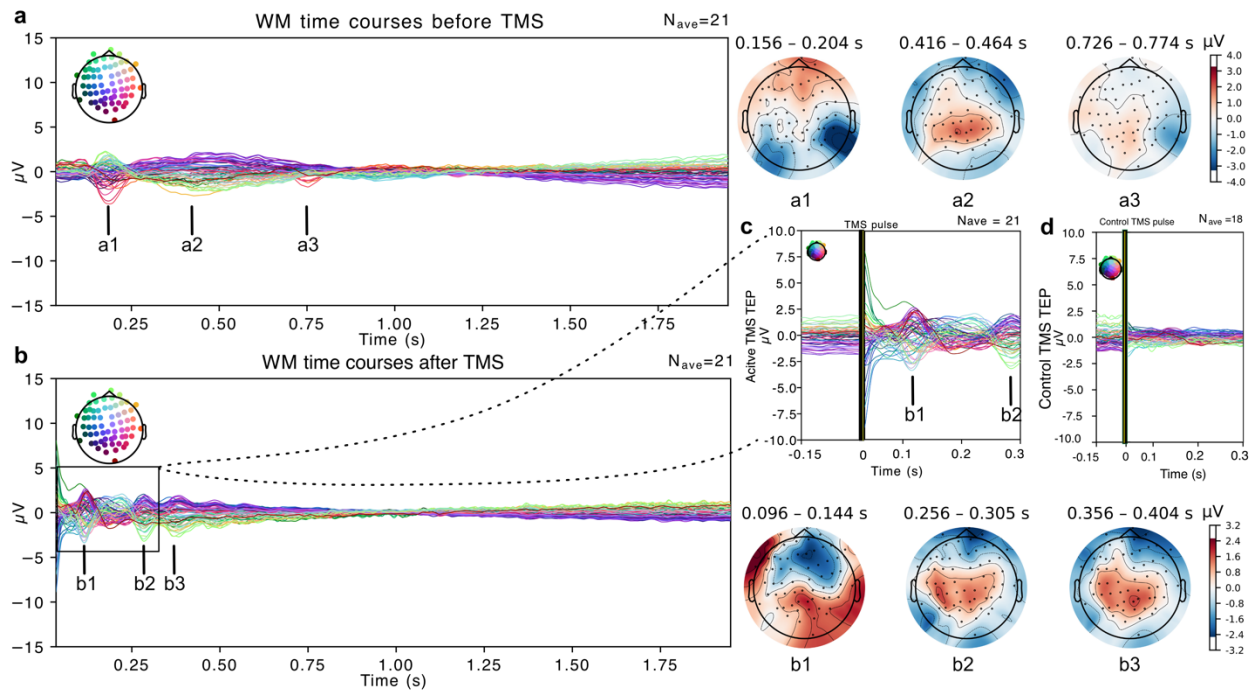
386 **Figures 3 a-b** depict the median of the E-field calculations for Active TMS and Control TMS
387 conditions, respectively, thresholded at 60 V/m [50]. The average E-field in the target area
388 (Talairach -60, -38, 15) was 74.11 V/m for the Active TMS condition and 34.75 V/m for the Control
389 TMS condition.

390

391 *Control Analyses*

392 To control whether MVPA results are driven by differences in ERP amplitude between different
393 conditions, we averaged the response to different cued content during WM period across
394 participants. No systematic differences were found between signals for different cued content
395 during the maintenance period before or after the TMS pulse. We also performed a grand average
396 of the ERP data to observe the ERP time course during the task trial. **Figure 5** depicts the grand
397 average ERPs calculated for the WM maintenance period as the time of interest and TMS evoked
398 responses (TEP) for Active TMS and Control TMS sessions. As expected, the ERP results revealed
399 a N2/P3 response to the visual retro-cue at the beginning of the maintenance period. A pattern
400 of TMS-elicited ERP deflections was detected 2-2.5 s into the maintenance period. The auditory
401 component reflects a typical TEP elicited by the TMS pulse (**Fig. 5c**). No comparable effect is
402 observed in the Control TMS condition (**Fig. 5d**), although the auditory click sound was identical
403 to the Active condition. This suggests that the click sounds were sufficiently masked by the
404 constant noise masking used in all sessions. Finally, we did not observe any persistent elevation

405 in ERP during the WM maintenance period (**Fig. 5**). To control the data quality, we calculated
 406 grand averages for the item presentation and probe and response period (**Suppl. Fig. 3-4**). The
 407 averaged responses for these periods were as expected.



408

409 **Figure 5.** Topographical and butterfly plots of ERP time courses for time of interest (TOI) in the active TMS
 410 condition. Different colors in the ERP plots refer to different electrodes. The electrode map above the
 411 figures denotes the locations of electrodes. The timeline starts from $t = 0$ s at the visual retro-cue. **(a)** TOI
 412 ERP topographical plots and time courses for WM before TMS pulse. The plot depicts the results for the
 413 visual retro-cue that starts the maintenance period. **(b)** TOI ERP topographical plots and time courses after
 414 TMS pulse. The timeline starts from $t = 0$ s at the TMS pulse. **(c)** TMS evoked response for Active TMS
 415 session. **(d)** TMS evoked response for Control TMS session.

416 To control whether the decoding results were driven by a difference in TEP in different memory
 417 conditions due to TMS pulse, we also performed a repeated measures ANOVA across ERPs of
 418 different memory conditions. We did not find any significant differences in corrected or
 419 uncorrected level between averaged ERPs across different conditions (35-100ms: $F_{3,60}=0.65$,
 420 $p=0.59$; 100-200ms: $F_{3,60}=0.22$, $p=0.88$; 200-300ms: $F_{3,60}=0.36$, $p=0.78$). We also tested the ERPs
 421 across the memory period after the TMS pulse to test whether the auditory click artifact might

422 bias our main analysis results. We found no significant differences in the trial-averaged EEG
423 patterns following the TMS pulses across the memory conditions during the whole 2-s memory
424 period after the TMS pulse ($F_{3,60}=0.28$, $p=0.84$).

425 Finally, we also performed a control decoding analysis with the same parameters as our main
426 analysis using the task-irrelevant (i.e., "un-cued") items, which were to be forgotten after the
427 retro-cue. This control MVPA showed no significant decoding for neither Active TMS nor Control
428 TMS conditions at any time during the WM retention period.

429 Discussion

430 Here, we investigated auditory WM using a "perturbation approach", which combines MRI-
431 navigated single pulse TMS with simultaneous EEG recordings, to unravel content-specific
432 mnemonic states from EEG otherwise obscured by the much larger EEG "background" activity. To
433 decode WM content from EEG signals during the maintenance period, we employed a temporal-
434 searchlight MVPA with robust cross-participant cross-validation and non-parametric permutation
435 testing. As predicted, the decoding accuracy of auditory WM content rose significantly above
436 chance level after a single TMS pulse was delivered to the non-primary auditory areas in the left
437 pSTC. Further, the Control TMS condition (otherwise the same as active single pulse TMS but with
438 a 20-mm plastic block between the coil and the participant's scalp) found no significant decoding
439 accuracy.

440 One possible explanation for the present finding is offered by the synaptic theory of WM [26].
441 According to this model, WM information is coded to content-specific patterns of functional
442 connectivity, which result from activity-based STSP in the synaptic terminals of neurons that are
443 strongly activated at the encoding stage [26]. Instead of persistent neuronal activity, this model
444 predicts that only sparse bursts of neuronal oscillations and firing activity are necessary to
445 maintain this otherwise activity-silent mnemonic brain state [3, 51-53]. Notably, although
446 synaptic states are not directly measurable by non-invasive recordings, computational modeling
447 predicts that a circuit that maintains information by content-specific changes of synaptic weights
448 responds differently to other impulse stimuli (until the STSP decays) [26]. These content-specific
449 responses to external impulses might not only provide a way for the maintained content to be
450 read out at the recall stage, but they could also allow one to "ping" the maintained content with
451 externally generated pulses such as single pulse TMS [13, 28-30].

452 Whereas the original synaptic theory refers to local circuits in prefrontal cortices [26], it has also
453 been proposed that this synaptic model can also provide a way to explain how WM information
454 might be represented in sensory areas, which presumably cannot support persistent neuronal
455 firing in the absence of sensory stimulation [54-56]. However, previous studies probing activity-
456 silent states of WM have been limited to TMS-based perturbation of association areas [28], or to

457 using auditory or visual "impulse stimuli" [13, 31] that might activate a wide array of brain
458 networks beyond sensory areas involved in orienting to task-irrelevant stimulus changes. TMS
459 offers a more direct way to focally perturb cortical neurons [33, 57] therefore increasing the
460 likelihood that the content-related signals originate from the targeted sensory areas rather than
461 from higher-order brain regions. The present results suggest that WM content can be decoded at
462 a high accuracy from EEG responses to TMS pulses directed to pSTC. They could thus offer new
463 insights into the role of activity-silent WM processes in the sensory cortices.

464 Alternative explanations for enhanced decodability of WM content, which follows an irrelevant
465 impulse stimulus (i.e., "pinging effects"), have been recently presented. In a recent reanalysis of
466 previous studies [28, 30], Barbosa et al. [58] attributed "pinging effects" of visual WM content to
467 reduced trial-to-trial variability of EEG signals, which was observed after the strong visual impulse
468 stimuli that had been used to facilitate the decoding of (presumably activity-silent) WM content
469 (see also [59]). Their reasoning was that such a reduction of variability across trials could have
470 enhanced the performance of algorithm because of enhanced SNR, rather than a genuine WM
471 reactivation effect. It is, however, important to note that there were notable differences between
472 the pinging effects of visual impulses vs. TMS-induced perturbations. In contrast to the effect of
473 strong visual impulse stimuli (reanalysis the data in [60]), TMS perturbations increased, rather
474 than decreased, the variability of signals from trial-to-trial (reanalysis of [28]). *These results led*
475 *Barbosa et al. to conclude that TMS-induced enhancement of WM decoding from EEG data could,*
476 *nonetheless, reflect an activity-silent mechanism of WM. Notably, consistent with Barbosa et al.,*
477 *the present analyses provide no evidence of TMS-induced reduction of trial-to-trial variability of*
478 *EEG signals, which could have explained the enhancement of the decoding accuracy of auditory*
479 *WM content.*

480 Using measures such as EEG to probe synaptic processes is supported by the notion that EEG
481 signals primarily result from post-synaptic processes in apical dendrites of cortical pyramidal
482 neurons [61-63]. These neurons constitute fundamental components of the canonical cortical
483 circuit that presumably supports WM [25, 64-66]. An inherent limitation of non-invasive
484 measures, however, is that they do not conclusively rule out other alternative explanations. In

485 addition to an activity-silent synaptic state, the present enhancement of WM decoding by TMS
486 pulses could also result from perturbation of an activity-based maintenance process. Cellular-
487 level studies demonstrate that single pulse TMS activates a broad population of cell bodies in the
488 cortex [57, 67]. The rapid firing of these neurons after the TMS pulse, which is followed by a
489 refractory period, disrupts the cortical network, resetting the stimulated region [57, 67]. The
490 present results could therefore also be arguably consistent with a subthreshold attractor model
491 [59, 68]. The subthreshold attractor model suggests that WM-related persistent activity tends to
492 be attracted to a bump state that emerges in varying locations across this network [69, 70]. By
493 interfering with such activation patterns, TMS pulses might result in content-specific signal
494 changes that are recordable by EEG. However, a challenge for such a model in the present context
495 is that the TMS pulse, which tends to overwrite the neuronal activity in the stimulated area, would
496 disrupt the content-specific population activity in the stimulated network. Neurophysiological
497 studies provide experimental evidence indicating that distractor events disrupt content-specific
498 firing activities rather than amplifying them to a discernible level in the mass action of neurons
499 [71]. Therefore, while it is not entirely incompatible, the subthreshold attractor model does not
500 adequately describe our results because we found no evidence of impaired WM performance in
501 the Active TMS vs. Control TMS condition.

502 Another alternative for a hidden state (whether it is due to synaptic plasticity or to other means)
503 of WM content in sensory areas is that the WM maintenance is carried through a recurrent neural
504 network where the PFC shapes and transforms the WM representations according to task
505 demands [54, 72]. The recurrent model is another possible explanation for how the synaptic
506 weights could be formed and maintained in the posterior and sensory brain areas. Indeed, it has
507 been recently shown that the WM content can be effectively maintained by a neuronal behavior
508 explained by a combination of activity-based and activity-silent models of WM [73].

509 Another important consideration is that, although the initial E-field exceeded the stimulation
510 threshold only in our targeted STG site, single-pulse TMS could influence not only local but also
511 distant neural circuits through axonal and transsynaptic propagation, potentially affecting other
512 cortical and subcortical areas starting already at the first tens of milliseconds after the TMS pulse.

513 The action potentials generated by the TMS-induced electric field may propagate along the axons
514 in both anterograde and retrograde directions, facilitating forward and backward information
515 flow within the stimulated pathway [74]. Computational modeling studies of TMS-EEG effects
516 suggest that recurrent network feedback to the target regions begins driving TEP responses
517 already around 100 ms post-stimulation, whereas only the earlier TEP components can be
518 attributed to local reverberatory activity within the stimulated region [75]. Roughly consistent
519 with previous impulse-stimulus and TMS studies of visual WM [28, 30], here the significant
520 increases of decoding accuracy occurred about 200-300 ms after the TMS pulse, peaking slightly
521 earlier in the within-participant than cross-participant analyses. The observed effects may result
522 from feedforward propagation of activity from STG to other areas and/or subsequent feedback
523 influences from other regions back to STG.

524 Our cross-participant decoding results indicate that the states that were revealed by the TMS
525 pulse were stable across participants [76]. This is argued to be similar to the difference between
526 fixed- and mixed-effects analyses [77]. In the context of MVPA, this distinction allows for the
527 identification of differences in local computations. Significant prediction in a cross-participant
528 model indicates that the stimulus-related information encoded by a time-resolved neuronal
529 activity pattern stays relatively consistent across participants [78].

530 Some inherent limitations of EEG interpretations during a combined TMS-EEG study include
531 several types of artifacts such as direct muscle/sensory nerve stimulation, somatosensory
532 sensation related to the vibration of the coil, and acoustical clicks. There is a possibility that the
533 improved decoding following a TMS pulse is attributable not only to its neurophysiological effects
534 on the target area but also to non-specific effects associated with unrelated physiological events.
535 Here, we attempted to control these biases with a Control TMS condition. Adding a hard plastic
536 block provides similar tactile and auditory sensation as Active TMS but with subthreshold brain
537 stimulation. To mitigate the effect of acoustical clicks we also used a continuous noise masker
538 stimulus and TMS compatible insert earphones accompanied with earplugs that attenuate the
539 background noise [37]. It is also worth noting that the same TMS stimulator output level was
540 used for Control and Active TMS sessions for each participant, resulting also in exactly the same

541 sound level of the TMS click sound. Our continuous noise masking should have mainly eliminated
542 the possibility of TMS-evoked auditory effects (**Fig. 5 a-b**). Further, such effects should be similar
543 across the control and active TMS conditions as well as between the different memory conditions.
544 It is thus unlikely that the decoding results would be biased by any auditory artifacts. The
545 differences in WM decoding between Active and Control sessions thus cannot follow from the
546 click sound, per se. Finally, TMS was applied at a fixed 2-s latency, which might have created an
547 anticipation effect. However, such an anticipation effect should have been identical in the Active
548 TMS and Control TMS conditions, making it unlikely that our main results were influenced by such
549 an effect.

550 To conclude, using TMS-EEG and cross-participant MVPA, the present study suggests
551 maintenance of WM content involves an "activity-silent" brain state in auditory brain areas. The
552 study also demonstrates the power of TMS as a way to probe information content embedded in
553 EEG signals.

554

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559

560 **Open practices statement**

561 The deidentified data and code to reproduce the main findings will be made available on
562 <https://dataverse.harvard.edu/dataverse/isiluluc/>.

563

564 **Declaration of Interest**

565 Aapo Nummenmaa and Lucia Navarro de Lara are named inventors in patents and patent
566 applications related to TMS.

567 Tommi Raij and Mohammad Daneshzand are named inventors in patent applications related to
568 TMS.

569

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