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RESEARCH ARTICLE

Nicotinamide Enhances Repair of Arsenic and Ultraviolet Radiation-Induced DNA Damage in HaCaT Keratinocytes and Ex Vivo Human Skin

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Abstract

Arsenic-induced skin cancer is a significant global health burden. In areas with arsenic contamination of water sources, such as China, Pakistan, Myanmar, Cambodia and especially Bangladesh and West Bengal, large populations are at risk of arsenic-induced skin cancer. Arsenic acts as a co-carcinogen with ultraviolet (UV) radiation and affects DNA damage and repair. Nicotinamide (vitamin B3) reduces premalignant keratoses in sun-damaged skin, likely by prevention of UV-induced cellular energy depletion and enhancement of DNA repair. We investigated whether nicotinamide modifies DNA repair following exposure to UV radiation and sodium arsenite. HaCaT keratinocytes and ex vivo human skin were exposed to 2µM sodium arsenite and low dose (2J/cm²) solar-simulated UV, with and without nicotinamide supplementation. DNA photolesions in the form of 8-oxo-7,8-dihydro-2'-deoxyquanosine and cyclobutane pyrimidine dimers were detected by immunofluorescence. Arsenic exposure significantly increased levels of 8-oxo-7,8-dihydro-2'-deoxyguanosine in irradiated cells. Nicotinamide reduced both types of photolesions in HaCaT keratinocytes and in ex vivo human skin, likely by enhancing DNA repair. These results demonstrate a reduction of two different photolesions over time in two different models in UV and arsenic exposed cells. Nicotinamide is a nontoxic, inexpensive agent with potential for chemoprevention of arsenic induced skin cancer.

Introduction

Ultraviolet (UV) radiation is the primary carcinogen associated with skin cancer. Arsenic, in contaminated groundwater used for drinking and crop irrigation, is also a significant cause of skin cancer globally. More than 150 million people in Bangladesh and West Bengal are at risk of arsenic-induced skin cancer. In addition, 21% of people from arsenic affected districts of Bangladesh were found to have dermatological signs of chronic arsenic toxicity [1]. Arsenic is also present at high levels in drinking water in Cambodia and Vietnam [2], China [3] and

Taiwan [4]. The most common skin cancers induced by arsenic exposure are Bowen's disease (squamous cell carcinoma in-situ), basal cell carcinoma and invasive squamous cell carcinoma [5]. Skin complications from arsenic exposure develop after a 5–10 year latency period [6] and continue to develop decades after cessation of arsenic exposure [7], suggesting that long term prevention would be beneficial.

Ultraviolet radiation induces DNA damage in keratinocytes directly in the form of cyclobutane pyrimidine dimers (CPDs), and through production of reactive oxygen species (ROS) with the subsequent formation of oxidative DNA damage such as 8-oxo-7,8-dihydro-2'deoxyguanosine (8oxoG). Failure to repair these DNA lesions can result in genetic mutations [8].

Arsenic is thought to damage DNA and to impair DNA repair. In murine models, arsenic acts as a co-carcinogen in the skin, with a 2.4-fold increase in skin cancers seen in mice exposed to both UV and 10mg/L sodium arsenite in drinking water for 26 weeks, compared to UV irradiation alone. No skin cancers developed in unirradiated, arsenic-exposed mice [9]. Furthermore, in humans, arsenic-induced Bowen's disease contained higher levels of 80xoG compared to non arsenic-induced Bowen's disease [10].

HaCaT keratinocytes incubated with 10–30 μ M sodium arsenite have significantly greater levels of 80xoG than controls [11], although this concentration of arsenic also affects cell viability [12]. At clinically relevant, non-cytotoxic levels (<5 μ M), sodium arsenite alone did not increase 80xoG. However, when HaCaT keratinocytes are exposed to both 2 μ M sodium arsenite and 8J/cm² of UV, 80xoG is significantly increased compared to UV alone [13]. Exposure of HaCaT keratinocytes to sodium arsenite also resulted in higher CPD levels 24 hours after UV radiation. This was thought to be related to inducible nitric oxide synthase, suggesting that this plays a role in CPD repair inhibition by arsenic [14].

Nicotinamide, an amide form of vitamin B3, is a safe, widely available and inexpensive agent that shows promise for skin cancer chemoprevention. In phase 2 clinical trials, oral nicotinamide reduced premalignant actinic keratoses in sun-damaged Australians over a 4 month period [15], and accelerated regression of keratoses when used topically [16]. UV-induced immunosuppression and DNA damage are key pathways in photocarcinogenesis. Nicotinamide prevents UV-induced immunsuppression in humans [17], increases unscheduled DNA synthesis (UDS; DNA repair) in HaCaT cells and enhances DNA repair in ex vivo human skin following UV irradiation [18]. Nicotinamide's photoprotective effects are thought to reflect its ability to prevent UV-induced depletion of ATP [19], which compromises the energy-intensive process of DNA repair [20].

Here we show that nicotinamide reduces arsenic-induced DNA damage in irradiated HaCaT cells and in ex vivo human skin. Hence nicotinamide may prove a useful and clinically feasible agent for chemoprevention of arsenic-induced skin malignancy.

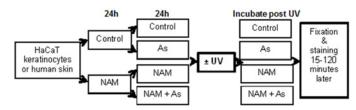
Materials and Methods

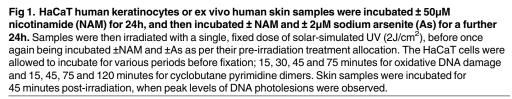
HaCaT cell line

HaCaT cells were maintained in Dulbecco's Modified Eagle's Medium (DMEM) supplemented with 10% fetal bovine serum (FBS) (Noble Park North, VIC, Australia), in a 37°C humidified incubator (5% CO₂ in-air).

Preparation of human skin for assays

Skin was obtained in accordance with the principles of the Declaration of Helsinki, with approval by the University of Sydney Human Ethics Committee from healthy volunteers undergoing elective plastic surgery. All volunteers provided written informed consent. Skin was





trimmed and cut into 5x5mm samples and transferred to 60mm petri dishes containing DMEM supplemented with 10% FBS and penicillin-streptomycin-amphotericin B (10,000U/ ml, 10,000µg/ml and 25µg/ml respectively (Gibco, Life Technologies, Calsbad, CA, USA). Skin samples were treated and fixed within 72 hours of surgical collection.

Exposure to nicotinamide and sodium arsenite

A 5mM nicotinamide (Sigma-Aldrich, St Louis, MO, USA) in double distilled water solution and a PBS (phosphate buffered solution) control were blinded and diluted 1 in 100 with cell media to a final concentration of 50μ M. The cells and skin were incubated for 24h (±nicotinamide) prior to sodium arsenite exposure. A sodium arsenite (Ajax, Thermo Fisher Scientific Inc., Waltham, MA, USA) diluted in double distilled water solution and a PBS control were blinded and diluted in media to a final concentration of 2μ M. 4 blinded culture environments resulted: nicotinamide + arsenic, nicotinamide alone, arsenic alone, control. The cells and tissue were then incubated in these media for another 24h prior to irradiation (or kept unirradiated) and replaced with the same culture environments post irradiation (Fig. 1).

UV Irradiation

Cells or *ex-vivo* human skin explants were irradiated with a 1000W xenon arc solar simulator (Oriel, Newport, Stratford, CT, USA). The UV spectrum and intensity was measured with a scanning spectroradiometer (OL 756, Optronic Laboratories Inc., Orlando, FL, USA). The spectrum is similar to sunlight [21] and the dose of 2J/cm² is equivalent to 5–10 minutes of Sydney autumn sunlight. The irradiance was determined prior to each experiment with an IL–1700 broadband radiometer (International Light, Newburyport, MA) calibrated against the spectroradiometer.

Viability of HaCaT cells following UV radiation and arsenite

HaCaT keratinocytes (250 000 cells) were plated into 60mm petri dishes. 24h later, the media was replaced with media containing 50 μ M nicotinamide or PBS. After a further 24h, the media was replaced with media containing 2 μ M sodium arsenite or PBS and 50 μ M nicotinamide or PBS. Cells were then exposed to 2J/cm² of UV in 1ml of PBS. The PBS was then replaced by media containing the respective nicotinamide/arsenite/PBS and incubated for another 24h before determination of cell viability using a Vi-CELL cell counter (Beckman Coulter, Fullerton, CA, USA) based on an automated trypan blue staining procedure.

Immunofluorescent detection of DNA damage (HaCaTs)

50,000 HaCaT cells/ml were seeded into 8 well chamber slides. 24h after seeding, the media was replaced with media containing 50 μ M nicotinamide. After a further 24h, the media was replaced with media containing both 50 μ M nicotinamide and 2 μ M sodium arsenite. After a further 24h incubation, cells were irradiated with 2J/cm² of UV in PBS, or kept unirradiated. Cells were incubated post-irradiation for various times before fixation.

Immunofluorescent staining of 80xoG and CPDs was performed as described previously [22] with modifications. After the specified time post irradiation, cells were fixed with 50:50 methanol and acetone for 10 minutes at -20°C. Slides were incubated with RNase A (Amresco, Solon, OH, USA) 100µg/L for 1h. This step was only included when staining for 80xoG. 2N HCl was added to each well for 15 minutes and neutralized with 50mM tris base. Slides were then incubated for 30 minutes at 37°C with protein block (Dakocytomation, Glostrup, Denmark). For detection of 80xoG, they were incubated with anti-80xoG mouse monoclonal primary antibody (Trevigen, MD, USA) diluted 1:333 with antibody diluent (Dako, Glostrup, Denmark), for 1 hour. Isotype control replaced the primary antibody in control wells [mouse IgG2b isotype (Dakocytomation, Glostrup, Denmark)]. The secondary antibody alexa-fluor 594 (Invitrogen, Calsbad, CA, USA) diluted 1:200 with antibody diluent was used to visualize the staining.

For detection of CPDs, anti-thymine dimer antibody (Kamiya Biomedical Company, Seattle, WA, USA) was used for the primary antibody and IRDye 680LT (polyclonal) antimouse IgG (Licor, Lincoln, NA, USA) as the secondary antibody. Mounting media containing 4',6-diamidino-2-phenylindole (DAPI) (1.5μ g/ml) (Vector laboratories, Burlingame, CA, USA) was used for counterstaining. Images were analysed using Image-Pro Plus v7.0 software (Media Cybernetics, Bethesda, MD, USA). Three images were analysed per well, and the mean used for each of triplicate experiments. The DAPI image channel was used to identify cell nuclei. Subsequently the mean nuclear intensity per cell of the 80x0G/CPDs was determined.

Immunofluorescent detection of DNA damage in ex vivo human skin

Ex vivo human skin was incubated in media supplemented with 50μ M nicotinamide (or PBS) for 24h. This was followed by incubation in 2μ M sodium arsenite with additional 50μ M nicotinamide (or PBS) for a further 24h. Skin was then washed with PBS and irradiated with $2J/cm^2$ of UV before further incubation in the same environments as pre irradiation. The samples were incubated for 45 minutes before fixation. The 45 minute time period was chosen as this allowed the keratinocytes to undergo partial but not complete DNA repair, so that a difference in DNA repair in the various groups was demonstrated by a difference in the levels of DNA damage over the timecourse.

45 minutes post-irradiation, the skin was fixed in 4% paraformaldehyde and embedded in paraffin. The paraffin embedded tissue was cut into 5µm sections onto Superfrost Plus microscope slides (Gerhard Menzel GmbH, Braunschweig, Germany). For detection of 80xoG, slides were incubated with Proteinase K 40µg/ml (GE Healthcare, Buckinghamshire, U.K) for 30 minutes. For detection of CPDs, slides were heated for 12 minutes in 10mM sodium citrate solution (Ajax, Thermo Fisher Scientific Inc., Waltham, MA, USA) before cooling for 20 minutes to room temperature.

The slides were then stained in a similar manner to the HaCaT cells however for both primary antibodies, the IRDye 680LT secondary antibody was applied. All slides were blinded until image analysis was complete. A 20x objective was used and images were acquired. Folds, tissue end segments and unstained areas were avoided during image capture.

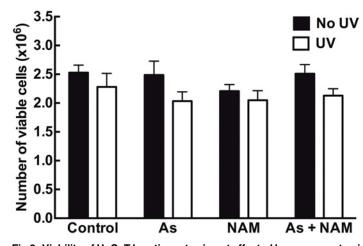


Fig 2. Viability of HaCaT keratinocytes is not affected by exposure to nicotinamide (NAM), sodium arsenite (As) and UV. HaCaT keratinocytes were exposed to 50μ M nicotinamide, 2μ M sodium arsenite or PBS (control) alone, with and without irradiation with 2 J/cm² of UV. Columns represent the mean of the experiments ±SEM (n = 6). There were no significant differences detected between the groups p>0.05, one way ANOVA.

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Statistical analysis

Statistical analysis was performed using Prism 6.0 software (Graphpad Software Inc., La Jolla, CA USA). Unless otherwise specified, results are expressed as mean±SEM. For time courses, analysis was determined by repeated measured analysis of variance (ANOVA). For single time points, one way ANOVA with Bonferroni post-hoc test was used. In all analyses, p<0.05 was considered significant. Each experiment was repeated 3 times at each timepoint with all timepoints included in each experiment. The mean of the cells was regarded as the level of photodamage for that time point and results are shown as the mean of triplicate experiments.

Results

Cell viability is not affected by $2J/cm^2$ of UV or incubation with $50\mu M$ nicotinamide and $2\mu M$ sodium arsenite

Viability of HaCaT keratinocytes was determined following exposure to nicotinamide, sodium arsenite and UV. There was no significant difference between the groups (n = 6, one way ANOVA) indicating that the interventions did not affect cell viability (Fig. 2).

Nicotinamide reduces oxidative DNA damage in HaCaT keratinocytes following UV and sodium arsenite exposure

UV exposure significantly increased 80x0G levels over the timecourse studied (p<0.05; n = 3, repeated measures ANOVA) compared to the unirradiated group. Levels of 80x0G initially increased as these photolesions were formed/detected and then decreased as they were repaired. Photolesion levels were significantly increased further by exposure to sodium arsenite compared to UV alone (p<0.01; n = 3; repeated measures ANOVA). 50µM nicotinamide significantly reduced the amount of 80x0G over the timecourse compared to the UV exposed (p<0.05; n = 3) and UV plus arsenic groups (p<0.05; n = 3) (Fig. 3).



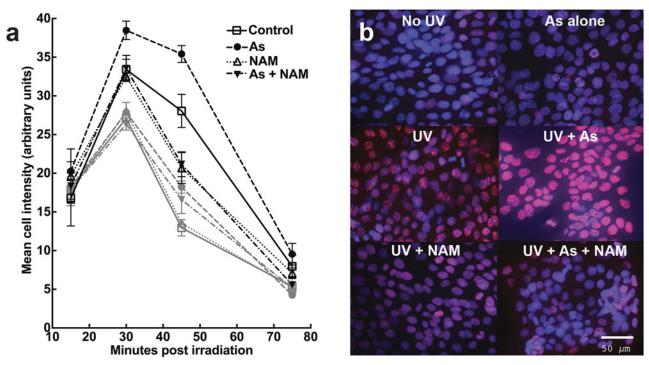


Fig 3. Nicotinamide (NAM) reduced arsenic- (As) and UV-induced 80xoG in HaCaT keratinocytes (a). HaCaT keratinocytes were exposed to either 50μ M nicotinamide, 2μ M sodium arsenite, both sodium arsenite and nicotinamide or PBS (control) alone, with or without UV. Grey lines represent unirradiated groups. The mean of each timepoint is displayed ± SEM (n = 3). Significant differences included UV versus (vs) no UV (p<0.05), UV vs UV + As (p<0.01), UV vs UV + NAM (p<0.05) and UV + As vs UV + As + NAM (p<0.05) two way ANOVA. Staining of 80xoG 45 minutes following UV radiation and arsenic exposure in HaCaT keratinocytes (and in unirradiated keratinocytes) shows reduced 80xoG in irradiated, nicotinamide treated cells (b). The blue staining represents DAPI (nuclear staining). The red staining represents 80xoG staining.

Nicotinamide reduces CPDs in HaCaT keratinocytes following UV and sodium arsenite exposure

The UV exposed groups, as expected, had significantly greater staining than unirradiated groups (p<0.01; n = 3; repeated measures ANOVA). In all irradiated groups CPDs increased as they formed in the DNA and then decreased after as they were repaired. Exposure of irradiated cells to sodium arsenite did not increase CPDs further (p>0.05; n = 3). The addition of nicotinamide significantly reduced CPD levels in both the UV exposed (p<0.05; n = 3) and UV plus sodium arsenite groups (p<0.05; n = 3) (Fig. 4).

Nicotinamide reduces DNA damage by UV irradiation and arsenic in ex vivo human epidermis

UV irradiation significantly increased the amount of epidermal 80xoG present compared to the unirradiated control (p<0.01; n = 3; one way ANOVA). This was further increased in the UV plus sodium arsenite treated skin compared to UV alone (p<0.01; n = 3). Both the nicotinamide plus UV (p<0.05; n = 3) and nicotinamide plus arsenic plus UV (p<0.01; n = 3) groups had significantly lower levels of 80xoG at 45 minutes compared to the UV or UV plus arsenic groups (Fig. 5).

Staining was also performed for CPDs at 45 min after exposure to allow time for repair to have commenced. Once again, irradiated skin had a greater level of epidermal CPDs compared to the unirradiated control (p<0.01; n = 3; one way ANOVA). This was not further increased



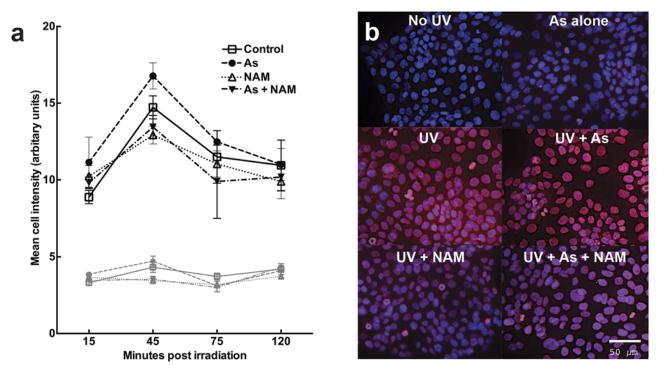


Fig 4. Nicotinamide (NAM) reduced arsenic (As) and UV-induced CPDs in HaCaT keratinocytes over time (a). The cells were stained for CPDs with grey lines representing unirradiated groups. The mean of each timepoint is displayed \pm SEM (n = 3). Significant differences included UV vs no UV (p<0.01), UV vs UV + NAM (p<0.05) and UV + As + NAM (p<0.05) two way ANOVA. Staining of CPDs 45 minutes following UV radiation, arsenic and nicotinamide exposure in HaCaT keratinocytes and in unirradiated keratinocytes (b). The blue staining represents DAPI (nuclear staining). The red staining represents CPD staining.

by sodium arsenite. The nicotinamide plus UV (p<0.05; n = 3) and nicotinamide plus arsenic plus UV (p<0.05; n = 3) groups had significantly reduced levels of CPDs compared to the UV or UV plus arsenic groups (Fig. 6).

Discussion

We found reductions in both 80x0G and CPDs when arsenic and UV-exposed HaCaT keratinocytes were treated with nicotinamide. Furthermore, an increase in 80x0G in irradiated, arsenic-exposed HaCaTs compared to UV alone was observed. The effect was measured over a timecourse, with no observed difference in photolesion levels at the first (15 minute) timepoint, suggesting that nicotinamide enhanced repair of damaged DNA rather than reducing photolesion production. This was further supported by studies in ex-vivo human skin.

The low, suberythemal UV dose used in these studies approximates 10 minutes of midday Autumn Sydney sunlight, mimicking incidental sunlight exposure [17]. The dose and form of arsenic used (2μ M sodium arsenite) can be compared to water-source concentrations of arsenic that do not cause acute toxicity but lead to long term risk of cancer [23]. Cellular viability was unaffected by 2μ M sodium arsenite, $2J/cm^2$ of UV or 50μ M nicotinamide, indicating that our interventions did not affect cell death or growth. This is consistent with previous studies demonstrating no reduction in viability with 2μ M sodium arsenite [24] or nicotinamide with 4J/ cm² of UV [25]. Hence the doses used in this study did not introduce the ambiguity of variable numbers of nonviable cells in the DNA damage and repair assays. The combination of these low-dose UV and arsenic exposures, in both human keratinocytes and in whole human skin,

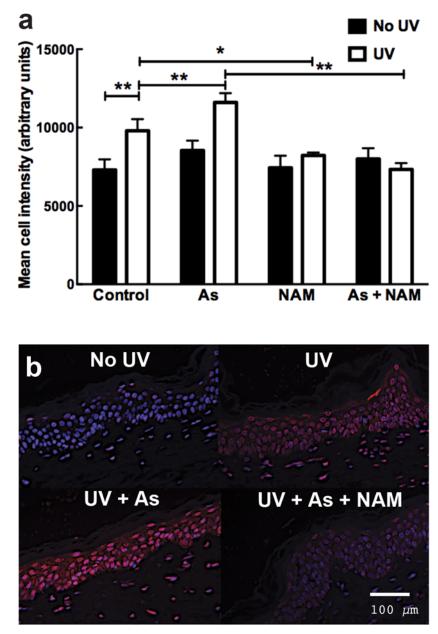


Fig 5. Nicotinamide reduced arsenic and UV-induced 80xoG levels in the epidermal layer of *ex vivo* human skin at 45 minutes after UV irradiation (a). Samples were exposed to either 50μ M nicotinamide, 2μ M sodium arsenite, PBS (control) with or without $2J/cm^2$ of UV. The columns represent the mean ±SEM (n = 3). * = p<0.05, ** = p<0.01 one way ANOVA. Staining of 80xoG 45 minutes following UV radiation, arsenic and nicotinamide exposure in *ex-vivo* human skin (b). The blue staining represents DAPI (nuclear staining). The red staining represents 80xoG staining.

provides a model that can be compared to real life UV and arsenic exposure in atrisk populations.

These doses were however high enough to induce DNA damage. Incubation of keratinocytes with sodium arsenite followed by UV irradiation led to a significant increase in 80xoG compared to UV alone over the timecourse studied. This is consistent with other studies albeit with different UV sources and doses [26] that arsenite augments UV-induced oxidative

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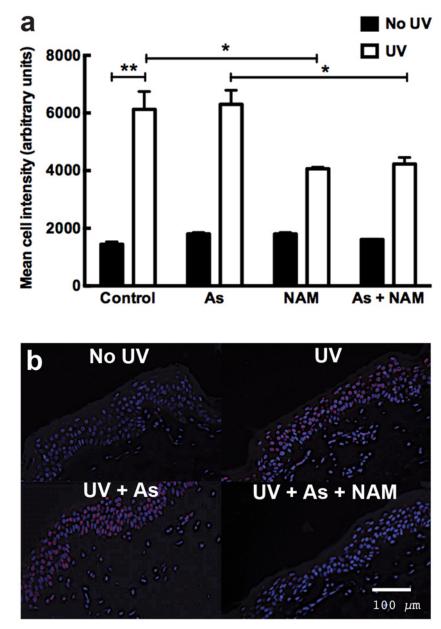


Fig 6. Nicotinamide reduced UV-induced CPDs in arsenic-treated and control irradiated *ex vivo* human skin at 45 minutes after UV irradiation (a). Samples were exposed to either 50µM nicotinamide, 2µM sodium arsenite, PBS (control) with or without 2J/cm² of UV. The columns represent the mean \pm SEM (n = 3). * = p<0.05, ** = p<0.01 one way ANOVA. Staining of CPDs 45 minutes following UV radiation and arsenic exposure in *ex-vivo* human skin (b). The blue staining represents DAPI (nuclear staining). The red staining represents CPD staining.

damage to DNA. Consistent results were also evident in our ex vivo human skin studies. CPD levels were not increased by arsenite.

Although photolesion formation occurs at or soon after irradiation [27], peak levels of photolesions were detected at 30 minutes for 80xoG and 45 minutes for CPDs. Delay in detection of photolesions may relate to their accessibility in the context of the DNA repair process [28] and has previously been reported in keratinocytes [26,27]. Repair was subsequently observed over the timecourse chosen with the majority of repair occurring within 75 minutes for

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80x0G, consistent with previous studies [18]. Our current immunohistochemistry findings are also consistent with our previous photolesion repair curves in keratinocytes using Comet assays [18]. The observed levels of 80x0G in unirradiated cells are also consistent with previous studies [18,29], and likely reflect oxidative DNA damage from background ROS production in living cells subjected to cell processing during experimental procedures.

The exact mechanisms of arsenic's effects on DNA damage and repair are not clear. Arsenic increases UV-induced skin cancer in mice [9] and has been postulated to inhibit DNA repair [28]. There is evidence that sodium arsenite directly inhibits poly (ADP-ribose) polymerase 1 (PARP-1), an essential enzyme in DNA damage detection [24]. However any detectable arsenic inhibition of DNA repair was limited to repair of 80x0G as it did not increase the number of CPDs above that of UV alone in these models. Previous studies have shown arsenic dose-responsiveness of DNA repair inhibition for CPDs [14], and it may be that our concentration of arsenic was too low to significantly affect CPD repair. Nicotinamide is a precursor of NAD⁺, the sole substrate of PARP-1 [19]. Sodium arsenite is also thought to increase ROS formation in cells, albeit at higher concentrations than ours [30]. Arsenite was previously reported to diminish cellular antioxidant responses [31], which would also result in formation of more 80x0G. Recent studies have however suggested that arsenite exposure at concentrations similar to ours may cause some increase in gene expression levels of DNA repair enzymes such as the 80x0G repair enzyme human 8-oxoguanine DNA N-glycosylase 1 (hOGG1) [10]. Arsenic-induced ROS are also thought to contribute to PARP-1 inhibition and subsequent impairment of DNA repair [32]. Notably, we previously found that nicotinamide does not have intrinsic anti-oxidant effects in irradiated human keratinocytes [19], and it does not act by filtering UV [17], by preventing photolesion formation [18] or by enhancing the expression of hOGG1 [18]. While long-term exposure to arsenite has previously been shown to modulate p53 activation [33], we found no difference in the effects of nicotinamide or short-term arsenite in normal human skin compared to a human keratinocyte line characterised by mutant p53 (HaCaT).

As a precursor of NAD, NAD⁺ and NADP⁺ [34] nicotinamide is central in cellular bioenergetics. Chromatin remodeling and other steps in DNA repair are known to be highly ATP dependent [20]. UV radiation depletes cellular ATP, but nicotinamide at the same concentration as used here prevents this in HaCaT cells [19]. Depletion of NAD also inhibits glycolysis [35], whereas nicotinamide prevents UV-induced glycolytic blockade [19]. Sodium arsenite has also been reported to deplete ATP in HeLa S-3 cells, although at higher doses [36]. Hence nicotinamide is likely to have reduced photolesions in keratinocytes treated with arsenic and UV by increasing ATP availability for DNA repair. This enhancement of DNA repair by nicotinamide has been confirmed by our findings of increased unscheduled DNA synthesis in HaCaT keratinocytes and in normal human melanocytes exposed to UV and nicotinamide compared to UV alone [18,29].

Arsenic is also immunosuppressive [<u>37</u>]. Patients with arsenic-induced Bowens disease have significantly reduced circulating CD4⁺ T cells compared to control patients and show intralesional CD4⁺ apoptosis [<u>38</u>]. UV is also a potent suppressor of cutaneous immunity and this dual hit to the skin in arsenic-affected populations likely contributes further to skin carcinogenesis. Nicotinamide, when given topically or orally, reduces UV immunosuppression [<u>17,39,40</u>]. This immune protective mechanism may also assist in the chemoprevention of arsenical skin cancer.

Conclusions

These studies add weight to the evidence that arsenic is a co-carcinogen with UV in skin carcinogenesis, likely by adversely influencing DNA repair and or ROS mediated damage. Nicotinamide enhanced DNA repair in these in vitro and ex vivo studies using clinically relevant exposures to UV and to arsenic. Nicotinamide is a widely available, inexpensive vitamin that is a potential chemopreventive agent for arsenic induced skin cancer in at risk populations.

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Author Contributions

Conceived and designed the experiments: BT GH DD. Performed the experiments: BT. Analyzed the data: BT GH DD. Contributed reagents/materials/analysis tools: GH. Wrote the paper: BT GH DD.

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