# Risk of Erectile Dysfunction After Traumatic Brain Injury: A Nationwide Population-Based Cohort study in Taiwan

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## Abstract

**Introduction:** In our study, we aimed to investigate the association between a traumatic brain injury (TBI) and subsequent erectile dysfunction (ED). This is a population-based study using the claims dataset from The National Health Insurance Research Database.

**Methods:** We included 72,642 patients with TBI aged over 20 years, retrospectively, selected from the longitudinal health insurance database during 2000–2010, according to the ICD-9-CM. The control group consisted of 217,872 patients without TBI that were randomly chosen from the database at a ratio of 1:3, with age- and index year matched. Cox proportional hazards analysis was used to estimate the association between the TBI and subsequent ED.

**Results:** After a 10-year follow-up, the incidence rate of ED was higher in the TBI patients when compared with the non-TBI control group (24.66 and 19.07 per 100,000, respectively). Patients with TBI had a higher risk of developing ED than the non-TBI cohort after the adjustment of the confounding factors, such as age, comorbidity, residence of urbanization and locations, seasons, level of care, and insured premiums (adjusted hazard ratio (HR) = 2.569, 95% CI [1.890, 3.492], p < .001).

**Conclusion:** This is the first study using a comprehensive nationwide database to analyze the association of ED and TBI in the Asian population. After adjusted the confounding factors, patients with TBI have a significantly higher risk of developing ED, especially organic ED, than the general population. This finding might remind clinicians that it's crucial in early identification and treatment of ED in post-TBI patients.

### Keywords

traumatic brain injury, erectile dysfunction, sexuality, epidemiology of men's health, general health and wellness, sexual dysfunction, sexual disorders

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Traumatic brain injury (TBI) is a worldwide public health problem defined as an insult to the brain from external mechanical force which may cause impairment of cognitive and physical functions, and psychological health problems. TBI could be classified as mild, moderate, or severe according to the initial Glasgow Coma Scale (GCS) score or the consciousness (Ghajar, 2000). The incidence of TBI is increasing throughout the world and has been associated with fatalities and long-term disabilities (Roozenbeek, Maas, & Menon, 2013; Stocchetti, 2014). Neuropsychological and neuropsychiatric disorders such as cognitive decline, sleep-wake cycle disturbances, depression, anxiety or posttraumatic stress disorders can also result in disabilities themselves and thus result in a major concern as being the cause of disabilities after TBI (Hibbard, Uysal, Kepler, Bogdany, & Silver, 1998; Moretti et al., 2012; Ouellet, Beaulieu-Bonneau, & Morin, 2015; Zaninotto et al., 2016). Among these problems, sexual dysfunctions and inappropriate sexual behaviors have been reported in the TBI patients

Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (http://www.creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE and Open Access pages (https://us.sagepub.com/en-us/nam/open-access-at-sage). that might contribute to an impaired quality of life, and disturbances to the patients with TBI and their caregivers (Ponsford, 2003; Ponsford, Downing, & Stolwyk, 2013; Sander et al., 2013; Turner, Schottle, Krueger, & Briken, 2015; War, Jamuna, & Arivazhagan, 2014).

Erectile dysfunction (ED), or the inability to attain or maintain a penile erection sufficient for successful vaginal intercourse, is a common sexual dysfunction that affects mainly men aged 40 or older (Shamloul & Ghanem, 2013). Previous studies reported that 26%-29% of males had experienced ED aged  $\geq$ 40 (Hwang, Tsai, Lin, Chiang, & Chang, 2010; Rhoden, Teloken, Sogari, & Vargas Souto, 2002). Diabetes mellitus, hypertension, obesity, limited physical exercise, and lower urinary tract symptoms have been linked to the development of erectile dysfunction (Chaudhary et al., 2016; Clavijo, Miner, & Rajfer, 2014; Kaya, Sikka, & Gur, 2015; Leoni, Fukushima, Rocha, Maifrino, & Rodrigues, 2014; Maiorino, Bellastella, & Esposito, 2015; Phe & Roupret, 2012). Some neurological disorders are frequently associated with ED, including multiple sclerosis, temporal lobe epilepsy, Parkinson's disease, stroke, Alzheimer's disease, and spinal cord injury (Shamloul & Ghanem, 2013; Siddiqui et al., 2012). Previous studies have reported that TBI results in problems and disturbances such as inappropriate sexual behaviors and overall sexual dysfunctions in patients after TBI (Hanks, Sander, Millis, Hammond, & Maestas, 2013; Sander, Maestas, Pappadis, Hammond, & Hanks, 2016). Several physical factors such as hypogonadism (Cuesta et al., 2016) and prophylactic antiepileptic drugs (Yang & Wang, 2016) could attribute organic ED, in addition to neuropsychological and neuropsychiatric disorders (Farre, Fora, & Lasheras, 2004; Shamloul & Ghanem, 2013; Yafi et al., 2016). The association between TBI and ED was not studied specifically. This study aimed to clarify the association between TBI and ED in a nationwide, population-based, matched cohort study.

# Methods

## Data Sources

National Insurance Research Database (NHIRD), a single-payer and universal health coverage system provided by the National Insurance Research Institute since 1995, is composed of the medical documentation from 99.6% of the Taiwanese population (23.67 million in 2016)(Ho Chan, 2010). This study used the International Classification of Diseases, 9th Revision, Clinical Modification (ICD-9-CM), traditional Chinese version, as the disease diagnosis code and collected the data from NHIRD (Chinese Hospital Association, 2000a).

The National Health Insurance (NHI) Program was launched in Taiwan in 1995, and as of June 2009, included contracts with 97% of the medical providers with approximately 23 million beneficiaries, or more than 99% of the entire population(Ho Chan, 2010). The National Health Insurance Research Database (NHIRD), contains all claims data of the beneficiaries, uses the ICD-9-CM codes to record diagnoses (Chinese Hospital Association, 2000b). All diagnoses of ED in Taiwan are confirmed by board-certified urologists. In Taiwan, urologists adopt the International Society of Impotence Research Nomenclature system for the differential diagnosis and classification organic, psychogenic or mixed ED (Lizza & Rosen, 1999). The NHI administration randomly reviews the records ambulatory care visits and hospital admissions, to verify the accuracy of the diagnoses (NHI Administration). Several studies have demonstrated the accuracy and validity of the diagnoses in the NHIRD (Cheng, Kao, Lin, Lee, & Lai, 2011; Chou, Lin, Lin, Sung, & Kao, 2013; Liang et al., 2011), and, therefore, the NHIRD was used as the data source in this study.

# Study Design

Subjects with TBI aged over 20 were retrospectively selected from the Longitudinal Health Insurance Database

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Figure 1. The flowchart of study sample selection from National Health Insurance Research Database in Taiwan.

(LHID) during 2000 to 2010, according to the ICD as follows: TBI could be categorized as postconcussion syndrome (ICD-9-CM 310.2), fracture of skulls (ICD-9-CM 800-804, 905.0), intracranial injury, excluding those with skull fracture (ICD-9-CM 850-854, 907.0), injury to optic nerve and pathways (ICD-9-CM 950.1, 950.3), head injury (ICD-9-CM 959.01), personal history of traumatic brain injury (959.9; V15.52). The severity of TBI was classified as being treated at an outpatient setting or requiring hospitalization, or with a major trauma Injury Severity Score (ISS)  $\geq 16$  (Baker, O'Neill, Haddon, & Long, 1974; Stoner, Heath, Yates, & Frayn, 1980), with references from previous studies (Chien, Chung, Lai, & Chou, 2014; Chien et al., 2017).

ED was classified as psychogenic ED (ICD-9-CM organic ED (ICD-9-CM 607.84). 302.74) and Comorbidities in this study included dementia (ICD-9-CM 290, 294.1-294.2, 331.0), schizophrenia (ICD-9-CM 295), anxiety (ICD-9-CM 300.0, 300.2-300.3, 308.3, 309.31), bipolar disorder (ICD-9-CM 296.0-296.1, 296.4-296.8), depression (ICD-9-CM 296.2-296.3, 300.1, 311), stroke (ICD-9-CM 430-438), coronary artery disease (CAD) (ICD-9-CM 410-414), chronic obstructive pulmonary disease (COPD) (ICD-9-CM 491-492, 496), chronic kidney disease (CKD) (ICD-9-CM 580-589), hypertension (ICD-9-CM 401-405), diabetes mellitus (DM) (ICD-9-CM 250), hyperlipidemia (ICD-9-CM 272), asthma (ICD-9-CM 493), alcohol-related illness (ICD-9-CM 291, 303, 305, 571.0-571.3, 790.3, V11.3), fracture

(ICD-9-CM 800-829), dislocation (ICD-9-CM 830-839), sprains and strains (ICD-9-CM 840-849), open wound (ICD-9-CM 870-899), injury to blood vessels (ICD-9-CM 900-904), superficial injury/contusion (ICD-9-CM 910-92), crushing (ICD-9-CM 925-929), foreign body entering through orifice (ICD-9-CM 930-939), burns (ICD-9-CM 940-949), injury to nerves and spinal cord (ICD-9-CM 950-957), poisoning (ICD-9-CM 960-989), with the references to previous studies about ED (Chao, Chen, Wang, Li, & Kao, 2015; Chen, Liang, Lin, Liao, & Kao, 2016; Kao et al., 2016; Wang, Chao, Lin, Tseng, & Kao, 2016; Wu et al., 2016) or TBI (Chi et al., 2016; Wimo et al., 2016; Wu et al., 2017; Yang et al., 2016). This was a retrospective cohort study. Male patients aged >20 years or older newly diagnosed TBI between 1 January 2000 and 31 December 2010 were identified. Patients who had TBI before 2000, ED before tracking, female patients and were younger than 20 years were excluded. The comparison group (patients without TBI) was randomly chosen with the same exclusion criteria from the database at a ratio of 1:3 (Figure 1). Two groups were matched by age and index year.

#### Statistical Analysis

All data were analyzed by the Statistical Product and Service Solutions (SPSS Inc., Chicago, IL).  $\chi^2$  and *t* test were used to evaluate the difference of age and comorbidities between the ED and non-ED group. The Fisher exact test for categorical variables was used to statistically examine the differences between the two cohorts. The Cox proportional regression hazard model was used to compare the incidence rate of ED between the TBI and non-TBI control group after the modification of comorbidities. The Kaplan–Meier method and Log-rank test were used to estimate the risk of ED of the two groups. A two-tailed *p*-value level smaller than .05 was considered significant.

#### Ethics

This study was conducted in accordance with the Code of Ethics of the World Medical Association (Declaration of Helsinki). The Institutional Review Board of the Tri-Service General Hospital approved this study (TSGH IRB No. 2-105-05-082).

#### Results

72,642 patients who were diagnosed with TBI, and 217,872 patients without TBI in the control group were included. 126,948 patients (58.5%) were aged from 20 to 64. Demographic statistics and comorbidities are as reported in Table 1. All comorbid medical, psychiatric diseases and injuries were significantly higher in the TBI group than the control group, with the exceptions of hypertension and alcohol-related illness.

Over a 10-year follow-up period, the incidence rate of ED was higher in the study subjects when compared with the non-TBI control group (24.66 and 19.07/100,000, respectively). Patients with TBI had a higher risk of developing ED than non-TBI controls (adjusted HR = 2.569, 95% confidence interval (CI) [1.890, 3.492], p < .001), after adjusting the confounding factors such as age, comorbidities, residence of urbanization and locations, seasons, level of care, and insured premiums. The risk was lower in both the 45-64 and  $\geq 65$  age than in the 20–44 age group (adjusted HR = 0.523, 95% CI [0.360, 0.759], p = .001 and 0.534, 95% CI [0.378, 0.755], p < .001, respectively) (Table 2), and anxiety disorder was associated with an increased risk of ED (adjusted HR = 15.883, p < .001). Some comorbidities, such as stroke, COPD, hypertension, and fracture, were associated with a lower risk of ED (Table 3). The severity of TBI was classified as being treated at an outpatient setting (mild) or requiring hospitalization (moderate), or with a major trauma Injury Severity Score (ISS) of  $\geq 16$  (severe). Patient with higher TBI severity also had higher risk of development of ED (adjusted HR = 2.305, 95% CI [1.672, 3.124], *p* < .001, 2.551, 95% CI [1.884, 3.331], p < .001, and 5.467, 95% CI [2.452,7.706], p < .001, respectively) (Table 4). The mean follow-up time was  $2.49 \pm 3.08$  year in TBI patients and  $3.30 \pm 3.32$  in non-TBI group (data not reported, no significant difference). The Kaplan–Meier method was used to evaluate cumulative incidence. The cumulative incidence rate of ED in the TBI group was higher than the non-TBI cohort control (0.09% and 0.07%, respectively, Log-rank p < .001) (Figure 2). There was a significant difference between the two groups after a 7-year follow-up period.

In the subgroup analysis of the comorbidity, compared to the non-TBI control, the TBI patients without dementia, schizophrenia, anxiety, bipolar disorder, depression, CKD, hyperlipidemia, asthma, alcoholrelated illness, or all injuries, were associated with more risk of ED. (Table 5). Furthermore, among the psychogenic and organic ED, the patients with TBI were associated with a significantly increased risk of organic ED than in the control group (adjusted HR=2.373, 95% CI [2.028, 3.854], p < 0.001). Subjects with postconcussion syndrome, fracture of skulls, intracranial injury, excluding those with skull fracture, and unspecified head injury were associated with overall ED and psychogenic ED, and subjects with personal history of traumatic brain injury were associated with overall ED (Table 6).

### Discussion

#### Association Between TBI and ED

There are some researches using the population-based NHIRD to study the association between ED and medical illness (Chao et al., 2015; Chen et al., 2016; Kao et al., 2016; Michalowsky et al., 2016; Wang et al., 2016; Wimo et al., 2016; Wu et al., 2016). This is the first study to use a nationwide database to analyze the association of ED and TBI in Taiwan. 217,872 individuals matched by age and index year for comparison were enrolled. The TBI patients were more likely to have ED when compared with the non-TBI controls (adjusted HR 2.569, 95% CI [1.890, 3.492], p < .001) after adjusting the confounding factors such as age, comorbidities, residence of urbanization and locations, seasons, level of care, and insured premiums. Those patients particularly aged 65 years or older revealed a higher risk of development of the subsequent ED. Kaplan-Meier analysis revealed that the TBI group had a significantly higher rate of ED than the control groups at the 7-year follow-up period.

TBI has made a profound impact on the sexuality of the patients and studies: inappropriate sexual behaviors are related to TBI, and about 30% of sexual dysfunctions in patients after TBI (Hanks et al., 2013; Sander et al., 2016). But there were only two previous case reports about brain injuries and subsequent ED, one was about the ED related to hypopituitarism after brain injury

	Traumatic		
Variables	Yes N (%)	No N (%)	p-value
Total	72,624 (25)	217,872 (75)	
Age (years)			.999
20-44	22,771 (31,35)	68,313 (31,35)	
45-64	19,716 (27,15)	59,148 (27,15)	
≥65	30,137 (41.5)	90.411 (41.5)	
Dementia	365 (0.47)	729 (0.33)	<.001
Schizophrenia	7 (0.01)	736 (0.34)	<.001
Anxiety	752 (1.04)	2.095 (0.96)	.042
Bipolar disorder		511 (0.23)	< 001
Depression	1 054 (1 45)	834 (0.38)	< 001
Stroke	6 681 (9 20)	13 150 (6.04)	< 001
	6,836 (9,41)	17 183 (7.89)	< 001
COPD	9 797 (12 49)	12 749 (5 94)	< 001
CKD	5,767 (13. <del>1</del> 6) 5 4 50 (7 79)	6 604 (2.02)	< 001
Unpertonsion	10 479 (14 43)	21 090 (14 27)	<.001 149
Disherter (DM)	9 5 1 4 (14, 43)	31,070(14.27)	.140
	0,510 (11.73)		< 001
A selene a	951 (1.31)	5,457 (2.51)	<.001
	914 (1.26)	4,020(1.85)	<.001
Alconol-related illness	1,479 (2.04)	4,274 (1.96)	.108
Fracture	13,671 (18.82)	16,839 (7.73)	<.001
Dislocation	800 (1.10)	1,464 (0.67)	<.001
Sprains and strains	891 (1.23)	1,708 (0.78)	<.001
Open wound	14,469 (19.92)	9,628 (4.42)	<.001
Injury to blood vessels	48 (0.07)	410 (0.19)	<.001
Superficial injury/contusion	14,509 (19.98)	5,103 (2.34)	<.001
Crushing	117 (0.16)	1,214(0.56)	<.001
Foreign body entering through orifice	38 (0.05)	212 (0.10)	<.001
Burn	179 (0.25)	1,485 (0.68)	<.001
Injury to nerves and spinal cord	964 (1.33)	1,009 (0.46)	<.001
Poisoning	364 (0.50)	1,549 (0.71)	<.001
Season			<.001
Spring (March–May)	18,400 (23.5)	58,378 (26.79)	
Summer (June–August)	18,052 (24.86)	52,525 (24.11)	
Autumn (September–November)	17,768 (24.47)	49,052 (22.51)	
Winter (December–February)	18,404 (25.34)	57,917 (26.58)	
Location	× ,	, , , , , , , , , , , , , , , , , , ,	<.001
Northern Taiwan	23,665 (32.59)	93,246 (42.88)	
Middle Taiwan	23,239 (32.0)	58,887 (27.03)	
Southern Taiwan	20,766 (28.59)	51,773 (23.76)	
Eastern Taiwan	4.615 (6.35)	12.730 (5.84)	
Outlets islands	339 (0.74)	1.056 (0.48)	
Urbanization level		,,	<.001
l (the highest)	18,769 (25,84)	73,574 (33,77)	
2	31,648 (43,58)	96,754 (44,41)	
3	6.705 (9.23)	16.612 (7.62)	
4 (the lowest)	15 502 (21 35)	30,932 (12,20)	
Level of care	10,002 (21.00)	50,752 (12.20)	< 001
Hospital center	19711 (2714)	81 193 (37 27)	4.001
Regional hospital	3  3 9 (43 12)	74 842 (34 35)	
	2  374 (29 43)	61 157 (28.07)	
Physician clinics	27, 27, (27, 75)	480 (0 31)	
Insured promium (NIT¢)	220 (0.30)	000 (0.51)	~ 001
	71 506 (99 44)	214 215 (00 27)	×.001
		217,313 (70.37) 3 E13 (1 15)	
> 25 000	700 (1.24) 219 (0.20)	2,313 (1.13)	
<b>≦</b> 33,000	218 (0.30)	1,044 (0.48)	

Table I.	Demographic Statistics and	Comorbidities with and	Without Traumatic Brain Injury.	
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Note. p-value (category variable:  $\chi^2$ /Fisher exact test). CAD = coronary artery diseases; COPD = chronic obstructive pulmonary disease; CKD = chronic kidney disease; DM = diabetes mellitus.

Variables		Т	raumatic ł	orain inju					
	Yes			No			TBI to non-TBI		
	ED	PYs	Rate	ED	PYs	Rate	Crude HR (95% CI)	Adjusted HR (95% CI)	
Total	64	259,480.24	24.66	146	765,676.72	19.07	2.234 [1.651, 3.024]	2.569 [1.89, 3.492] *	
Age (years)									
20-44	20	40,460.60	49.43	53	116,949.23	45.32	Reference	Reference	
45–64	11	60,836.56	18.08	38	211,860.90	17.94	0.462 [0.321, 0.665]	0.523(0.36–0.759) *	
≥65	33	178,183,08	18.52	55	436.866.59	12.59	0.423 [0.0309. 0.58]	0.534 [0.378, 0.755] *	

 Table 2.
 Incidence of Erectile Dysfunction in Different Age and Cox Regression Measured Hazard Ratio for patients with TBI and Non-TBI.

Note. ED = erectile dysfunction; TBI = traumatic brain injury; PYs = person-years; rate = incidence rate in per 10,000 person-years; CI = confidence interval; HR = hazard ratio. Adjusted HR: multivariable analysis included sex, age, covariates, and comorbidities (dementia, schizophrenia, anxiety, bipolar disorder, depression, stroke, coronary artery disease, chronic obstructive pulmonary disease, chronic kidney disease, hypertension, diabetes mellitus, hyperlipidemia, asthma, alcohol-related illness, fracture, dislocation, sprains and strains, open wound, injury to blood vessels, superficial injury/contusion, crushing, foreign body entering through orifice, burn, injury to nerves and spinal cord, poisoning).

\*p ≤ .001.

Table 3. Risk of Erectile Dysfunction at the End of Follow-Up.

Variables	Crude HR (95% CI)	p-value	Adjusted HR (95% CI)	p-value
Traumatic brain in	jury			
Without	Reference		Reference	
With	2.234 [1.651, 3.024]	<.001	2.569 [1.890, 3.492]	<.001
Age (years)				
20-44	Reference		Reference	
45–64	0.462 [0.321, 0.665]	<.001	0.523 [0.360, 0.759]	.001
≧65	0.423 [0.309, 0.580]	<.001	0.534 [0.378, 0.755]	<.001
Anxiety				
Without	Reference		Reference	
With	9.003 [5.552, 14.598]	<.001	15.883 [9.326, 27.048]	<.001
Stroke				
Without	Reference		Reference	
With	0.357 [0.168, 0.757]	.007	0.447 [0.208, 0.959]	.039
COPD				
Without	Reference		Reference	
With	0.542 [0.287, 1.023]	.059	0.457 [0.212, 0.987]	.046
Hypertension				
Without	Reference		Reference	
With	0.400 [0.259, 0.618]	<.001	0.489 [0.310, 0.771]	.002
Fracture				
Without	Reference		Reference	
With	0.324 [0.120, 0.871]	.025	0.278 [0.102, 0.756]	.012

Note. COPD = chronic obstructive pulmonary disease; HR, hazard ratio. Adjusted HR: multivariable analysis included sex, age, covariates, and comorbidities (dementia, schizophrenia, anxiety, bipolar disorder, depression, stroke, coronary artery disease, chronic obstructive pulmonary disease, chronic kidney disease, hypertension, diabetes mellitus, hyperlipidemia, asthma, alcohol-related illness, fracture, dislocation, sprains and strains, open wound, injury to blood vessels, superficial injury/contusion, crushing, foreign body entering through orifice, burn, injury to nerves and spinal cord, poisoning).

(Lane, 2010), and sexual therapies for two patients with ED after TBI (Simpson, McCann, & Lowy, 2016). This study depicts the association between TBI and ED and

could remind clinicians on this important topic. Since the severity of TBI was classified as being treated at an outpatient setting or requiring hospitalization, or with a

Injury severity	Yes				No			
	ED	PYs	Rate	ED	PYs	Rate	Adjusted HR (95% CI)	þ- value
Total	64	259,480.24	24.66	146	765,676.72	19.07	2.569 [1.890, 3.492]	<.001
Outpatient (mild)	35	152,418.07	22.96	146	765,676.72	19.07	2.305 [1.672, 3.124]	<.001
Inpatient (moderate)	22	93,607.72	23.50	146	765,676.72	19.07	2.551 [1.884, 3.331]	<.001
ISS ≧16 (severe)	7	13,454.45	52.03	146	765,676.72	19.07	5.467 [2.452, 7.706]	<.001

Table 4. Incidence of Erectile Dysfunction by Injury Severity Using Cox Regression Model.

Note. ED, erectile dysfunction; PYs, person-years; rate, incidence rate in per 10,000 person-years; CI, confidence interval; HR = hazard ratio. Adjusted HR: multivariable analysis included sex, age, covariates, and comorbidities (dementia, schizophrenia, anxiety, bipolar disorder, depression, stroke, coronary artery disease, chronic obstructive pulmonary disease, chronic kidney disease, hypertension, diabetes mellitus, hyperlipidemia, asthma, alcohol-related illness, fracture, dislocation, sprains and strains, open wound, injury to blood vessels, superficial injury/ contusion, crushing, foreign body entering through orifice, burn, injury to nerves and spinal cord, poisoning).



**Figure 2.** The Kaplan–Meier method for cumulative risk of erectile dysfunction among male aged 20 and over stratified by traumatic brain injury with Log-rank test.

major trauma ISS  $\geq$  16, TBI patients with ISS  $\geq$  16 or hospitalization were associated with higher risk of the development of ED.

ED can be classified as psychogenic, organic, or mixed psychogenic and organic depending on its mechanism. Organic ED may be resulted from neurogenic, endocrinological, vasculogenic, drug-related, systemic diseases, or local penile factors(Shamloul & Ghanem, 2013). Psychogenic ED should be considered in patients with physical and mental health problems, psychological trauma, relationship problems, partner dissatisfaction, family or social pressures, and depression(Pastuszak, 2014). In mixed ED, Patient presents both organic and psychogenic factors. The ICD-9-CM codes do not include mixed ED, and patients with mixed ED were coded as organic ED (Chao et al., 2015). In this study, patients with TBI were associated with a higher rate of organic ED than in the control group (adjusted HR=2.373, 95% CI [2.028, 3.854], p < .001).

The rate of ED was about 26 cases per 1,000 men annually in a study in the United States (Johannes et al., 2000), and 65.6 cases per 1,000 men annually in Brazil (Johannes et al., 2000). The incidence rate of ED was higher in TBI patients when compared with the non-TBI control group (24.66 and 19.07 per 100,000, respectively), or 0.09% (64 in 72,624) in the TBI subjects and 0.07% (146 in 217,872) in the non-TBI control. The incidence rate is similar to other studies using NHIRD for ED (Kao et al., 2016; Shen, Weng, Wang, & Tien, 2014). The differences of prevalence rates among these studies might be related to the studies design. In this study, the incidence was from the patients who sought medical help instead of using questionnaires.

The possible mechanisms between the TBI and organic ED are complex and may be associated with a variable multifactor. First, damage to the brain parenchyma can result from neurogenic ED. Several studies reported posttraumatic hypopituitarism occurred in a range from 21.3% to 31% after TBI. Prevalence of hypogonadism was estimated at about 1.9% to 17.1% (Alavi, Tan, Menon, Simpson, & Hutchinson, 2016; Schneider, Kreitschmann-Andermahr, Ghigo, Stalla, & Agha, 2007; Silva et al., 2015). Patients with symptoms of hypogonadism (that included ED) after TBI were even more predictive of hypopituitarism than other symptoms (58% vs 16%, P <.0001) (Cuesta et al., 2016). Medications, such as antiepileptic drugs used to prevent posttraumatic

Traumatic brain i	njury	
Variables	Adjusted HR	p-value
Total	2.569 (1.890–3.492)	<.001
Age (years)		
20-44	1.765 (1.030–3.024)	.039
45–64	2.046 (1.019–4.108)	.044
≧65	4.183 (2.656–6.588)	<.001
Dementia		
Without	2.548 (1.870–3.471)	<.001
With	38.034 (0.152–98.358)	.156
Schizophrenia		
Without	2.569 (1.890-3.492)	<.001
With		_
Anxiety		
Without	2.924 (2.132-4.011)	<.001
With	0.295 (0.038–2.299)	.244
Bipolar	· · · · · ·	
disorder		
Without	2.569 (1.890-3.492)	<.001
With	_	_
Depression		
Without	2.592 (1.903-3.530)	<.001
With	0.436 (0.012-8.993)	.603
Stroke	· · · · · ·	
Without	2.435 (1.775–3.340)	<.001
With	11.334 (1.771–72.553)	.010
CAD	· · · · · ·	
Without	2.495 (1.815–3.429)	<.001
With	3.787 (1.134–12.641)	.030
COPD	· · · · · ·	
Without	2.354 (1.710–3.240)	<.001
With	13.834 (3.219–59.462)	<.001
CKD	· · · · · ·	
Without	2.598 (1.894–3.563)	<.001
With	2.760 (0.748–10.188)	.128
Hypertension	· · · · · ·	
Without	2.424 (1.749–3.360)	<.001
With	4.811 (1.928–12.002)	.001
Diabetes mellitus		
Without	2.506 (1.862-3.619)	<.001
With	2.609 (1.164–5.847)	.020
Hyperlipidemia		
Without	2.582 (1.898–3.511)	<.001
With	0.000	.985
Asthma		
Without	2.555 (1.875–3.481)	<.001
With	0.749 (0.020–7.407)	.875
Alcohol-related il	Iness	
Without	2.523 (1.849–3.442)	<.001
With	11.295 (0.732–76.442)	.084
	· · · · · · · · · · · · · · · · · · ·	

(continued)

 Table 5. Factors of Erectile Dysfunction at the End of Follow-Up.

#### Table 5. (continued)

Traumatic brain	injury	
Variables	Adjusted HR	p-value
Fractures		
Without	2.563 (1.879–3.495)	<.001
With	3.557 (0.405–31.220)	.252
Dislocation		
Without	2.557 (1.879–3.480)	<.001
With	_	_
Sprains and strai	ns	
Without	2.509 (1.840-3.421)	<.001
With	_	_
Open wound		
Without	2.538 (1.861–3.459)	<.001
With	4.737 (0.002–9.940)	.624
Injury to blood v	vessels	
Without	2.569 (1.890-3.492)	<.001
With		_
Superficial injury	/contusion	
Without	2.584 (1.896-3.520)	<.001
With	2.019 (0.181-22.485)	.568
Crushing		
Without	2.569 (1.890-3.492)	<.001
With		_
Foreign body en	tering through orifice	
Without	2.569 (1.890–3.492)	<.001
With		_
Burn		
Without	2.569 (1.890-3.492)	<.001
With		_
Injury to nerves	and spinal cord	
Without	2.569 (1.890–3.492)	<.001
With	· _ /	_
Poisoning		
Without	2.569 (1.890-3.492)	<.001
With	`_	_

Note. PYs, person-years; adjusted HR, adjusted hazard ratio, adjusted for all the variables above; CI, confidence interval, CAD, coronary artery diseases; COPD, chronic obstructive pulmonary disease; CKD, chronic kidney disease.

seizure, can also attribute organic ED (Yang & Wang, 2016). Psychiatric factors, such as anxiety in this study, might be associated with increased risk of development of ED, and this finding is similar with previous studies (Farre et al., 2004; Wyllie, 2005). In this study, the subjects with stroke, COPD, hypertension, and fracture, were associated with a lower risk of ED. Further studies may need to understand the underlying mechanisms. Limitation capacity of overall physical activities in these diseases, including sexual activities, might decrease the need for sexual activities and thus the limited help-seeking behaviors for ED treatment in the NHIRD, which is

			Traumatic					
		Yes			No			
Variables	ED	PYs	Rate	ED	PYs	Rate	Adjusted HR (95% CI)	p- value
All TBI								
Overall ED	64	259,480.24	24.66	146	765,676.72	19.07	2.569 [1.890, 3.492]	<.001
Psychogenic ED	4	259,480.24	1.54	17	765,676.72	2.22	0.196 [0.011, 4.278]	.472
Organic ED	60	259,480.24	23.12	60	765,676.72	7.84	2.373 [2.028, 3.845]	<.001
Postconcussional syr	ndrome							
Overall ED	2	10,362.40	19.30	146	765,676.72	19.07	2.010 [1.479, 2.733]	<.001
Psychogenic ED	0	10,362.40	0.00	17	765,676.72	2.22	0.000	.952
Organic ED	2	10,362.40	19.30	60	765,676.72	7.84	1.981 [1.693, 3.209]	<.001
Fracture of skulls								
Overall ED	39	160,135.65	24.35	146	765,676.72	19.07	2.587 [1.866, 3.448]	<.001
Psychogenic ED	3	160,135.65	1.87	17	765,676.72	2.22	0.238 [0.013, 5.199]	.402
Organic ED	36	160,135.65	22.48	60	765,676.72	7.84	2.307 [1.972, 3.738]	<.001
Intracranial injury, ex	xcluding	those with sku	ll fracture					
Overall ED	19	77,798.02	24.42	146	765,676.72	19.07	2.544 [1.871, 3.458]	<.001
Psychogenic ED	0	77,798.02	0.00	17	765,676.72	2.22	0.000	.897
Organic ED	19	77,798.02	24.42	60	765,676.72	7.84	2.506 [2.142, 4.061]	<.001
Injury to optic nerve	and pa	thways						
Total ED	0	0.00	-	146	765,676.72	19.07	_	-
Psychogenic ED	0	0.00	-	17	765,676.72	2.22	-	-
Organic ED	0	0.00	-	60	765,676.72	7.84	_	-
Unspecified head inj	ury							
Total ED	3	10,578.64	28.36	146	765,676.72	19.07	2.954 [2.178, 4.015)	<.001
Psychogenic ED	0	10,578.64	0.00	17	765,676.72	2.22	0.000	.938
Organic ED	3	10,578.64	28.36	60	765,676.72	7.84	2.910 [2.487, 4.716]	.001
Personal history of t	raumati	c brain injury						
Total ED	1	605.53	165.14	146	765,676.72	19.07	17.021 [12.675, 23.381]	.013
Psychogenic ED	I	605.53	165.14	17	765,676.72	2.22	20.997 [10.178, 58.300]	.024
Organic ED	0	605.53	0.00	60	765,676.72	7.84	0.000	.879

Table 6. Incidence of Organic and Psychogenic Erectile Dysfunction by Cox Regression Model.

Note. ED, erectile dysfunction; PYs, person-years; rate, incidence rate in per 10,000 person-years; CI, confidence interval; HR = hazard ratio. Adjusted HR: multivariable analysis included age and confounding factors.

a claims database. Further study is needed to clarify the underlying reasons for the associations between these diseases and decreased risk of ED.

In the subgroup analysis, compared to the non-TBI control, the TBI patients without dementia, schizophrenia, anxiety, bipolar disorder, depression, CKD, hyperlipidemia, asthma, alcohol-related illness, or all injuries, were associated with more risk of ED. In the enrollee subgroup without anxiety, TBI patients were associated with higher risk of ED, in comparison to non-TBI patients, but for the enrollee subgroup with anxiety, TBI patients were not associated with higher risk of ED, in comparison to non-TBI patients were not associated with higher risk of ED, in comparison to non-TBI patients. It means that anxiety plays an important role in the development of ED, as aforementioned, the effects of TBI become not significant for the subgroup with anxiety. The reasons why subgroups without dementia, schizophrenia, bipolar disorder, depression, stroke, CAD, CKD, hyperlipidemia, asthma, alcohol-related illness, or all injuries were associated with increased risk of development of ED, remain unknown.

Several other physical or psychosocial factors could contribute to the impaired sexuality, including ED (Bivona et al., 2016; Sander & Maestas, 2014). In patients with TBI, damage to the parts of the brain, hormonal imbalance, medication side effects, fatigue, spasticity pain, weakness, slowed or uncoordinated movements, and balance problems, may make it difficult to have vaginal intercourse (Shamloul & Ghanem, 2013; Yafi et al., 2016). Self-esteem problems, changes in thinking and communication abilities, anxiety, depression, and changes in relationships and social activities could also result in similar difficulties (Bivona et al., 2016; Downing, Stolwyk, & Ponsford, 2003; Ponsford et al., 2013). The pathogenesis of TBI and ED has not yet been clarified. The TBI-subjects of age of 45–64 and  $\geq$  65, in comparison to the TBI-subjects of age 20–44 (as the reference), were associated with lower adjusted HR for risk of ED. One study found that 45% Asians with sexual problems sought no medical help for lack of perception of their problems, embarrassment, or lack of access (Nicolosi, Glasser, Kim, Marumo, & Laumann, 2005). The study results of age effects varied on help-seeking behaviors for ED or other sexual problems: The mean age in our study was younger in one study for Chinese patients with ED, in comparison to a Western study (43.4 vs 50.4 years), but another study in the United States reveals that a significant effect of age was seen in men at age 60–69 years (OR 5.2,  $p \leq .01$ ) (Laumann, Glasser, Neves, &

Moreira, 2009), compared with the referent group aged 40–49 years. Therefore, help-seeking behaviors might be one contributory factor, and further studies are needed to clarify the age distribution and help-seeking behaviors for TBI patients with ED.

## Limitations

Although this study is based on the large population data and the result revealed the association between TBI and subsequent ED, there are still some limitations: First, diagnoses of TBI were identified by the ICD-9-CM codes, and authors could only separate those with psychogenic ED from those with organic ED by the ICD-9-CM codes. Furthermore, the contents of the widely used, multidimensional self-report instrument for the evaluation of male sexual function, international index of erectile function (IIEF) were not included in this claims dataset study (Rosen, Cappelleri, & Gendrano, 2002). Second, even though this might be the first study on the topic about the association between TBI and ED, clinicians should pay attention to the fact that the NRIRD lacked personal information such as body mass index, exercise habits, smoking, and alcohol consumption, which may also be associated with ED, which might reduce the utility of study results. Third, patients with ED may seek private therapy instead of visiting a hospital. Due to the culture difference and embarrassment, the diagnosis can be underestimated. Fourth, the treatment setting, or ISS  $\geq$  16 to categorize the severity of TBI, instead of initial Glasgow Coma Scale (GCS) score and functional outcomes which were not included in the NHIRD.

### Conclusion

This study identified the association between TBI and the risk in subsequent ED. After adjusting the confounding factors such as age, comorbidity, residence of urbanization and locations, seasons, level of care, and insured premiums, patients with TBI are associated with a high risk of developing subsequent ED especially organic ED, in comparison to the controls. This finding might remind clinicians that it's crucial in early identification and treatment of ED in post-TBI patients. Further research is required to establish this underlying mechanism.

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