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Original Article

Optimal dose of bone marrow mesenchymal stem cell transplantation for experimental ulcerative colitis



Xiaoyun Chen ^a, Yan Xia ^c, Min Min ^d, Lingzhi Qin ^e, Yangsheng Liu ^{b, *}

- ^a Department of Pathology, Wuhan No.1 Hospital, Wuhan, 430030, China
- b Department of Neurology, Xianning First People's Hospital, Zhongnan Hospital of Wuhan University, Xianning Hospital, Xianning, 437100, China
- c School of Biomedical Engineering and Medical Imaging, Xianning Medical College, Hubei University of Science and Technology, Xianning, 437100, China
- ^d School of Clinical Medicine, School of Medicine, Hubei University of Science and Technology, Xianning, 437100, China
- e Institute of Pathology, Tongji Hospital, Tongji Medical College, Huazhong University of Science and Technology, Wuhan, 430030, China

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ABSTRACT

Objective: To investigate the optimal dose of bone marrow mesenchymal stem cell-transplantation for the ulcerative colitis rat.

Methods: The BMSC of SD rat were isolated, cultured and labelled with DAPI. SD rats were randomly distributed into 3 groups, Colitis was induced with immune-combined TNBS/ethanol in group A, B, C, 3 groups received caudal vein injection of 1 mL fluids, which contain cell number 1×10^6 , 5×10^6 , 1×10^7 separately. 5 rats in each group were sacrificed at day 7 and 14 after injection, Cryostat sections of gut, The number of BMSCs in colon and normal tissue surrounded was observed with fluorescent microscope. Results: The DAPI marked BMSCs could been seen in the colic mucosa in each group on day 7, 14, more cells in colon than the surrounding normal tissue, compared with 1×10^6 group, More cells in 5×10^6 group (P < 0.05), there were no significant difference (P > 0.05) between 5×10^6 group and 1×10^7 group. There were more cells in colon on 14 day than 7 day, and less in the surrounding normal tissue on 14 day than 7 day.

Conclusions: The density 5×10^6 is proper of bone mesenchymal stem cells for treatment of ulcerative colitis.

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1. Introduction

Ulcerative colitis (UC), one of two major forms of chronic inflammatory bowel disease (IBD), is characterized by dysfunction of the innate and adaptive, resulting in chronic inflammation and ulceration of the colonic mucosa. Patients with UC can have severe disease that can result in intestinal bleeding and perforation, requiring surgical treatment, and they are also at the increased risk of developing colorectal cancer [1].

Mesenchymal stromal cells (MSCs) are multipotent stem cells which can differentiate into several tissue lineages originating from

E-mail address: yangshengliu@126.com (Y. Liu).

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the three germinal layers in vitro and in vivo [2,3]. These features make MSCs more attractive for cellular therapy, gene therapy, and bioengineering [4]. MSCs have the capacity to differentiate into intestinal epithelial cells, and repairing mucosal injuries. MSC transplantation has been shown to result in migration of stem cells to the ulcerated intestinal mucosa and partially alleviate the symptom of UC [5].

While many researchs report the effectiveness of MSC treatments in attenuating the disease mechanism, some MSC therapies are reported as only demonstrating short-term effectiveness or being ineffective [6–8], various factors, including cellular dose, influence therapeutic efficacy of these cells. There is great variation among experimental models and clinical trials of disease in the injected dosage of MSCs [9,10]. In addition, defining an optimal MSC dose have benefits for both preclinical and clinical studies, such as reduced transplantation costs, less tissue required for proliferation, a reduced likelihood of MSC accumulation in the filtering organs and a lower chance of MSC mutation. In this study, we aim to

^{*} Corresponding author. Department of Neurology, Xianning First People's Hospital, Zhongnan Hospital of Wuhan University, Xianning Hospital, Xianning, 437100 China

investigate at which dose (1×10^6 , 5×10^6 or 1×10^7) BM-MSCs are most beneficial in repairing in colitis rats model. Thus, in attempt to improve the efficacy of MSC treatment, our studies aim at evaluating the proper dose of MSC transplantation.

2. Materials and methods

2.1. Animals

SD rat was provided and approved by the Animal Care and Utilization Committee of Huazhong University of Science and Technology, and randomly assigned to experimental groups. All animals were housed in a temperature-controlled environment with 12-h day/night cycles and had ad libitum access to food and water. All animals were treated according to the protocols evaluated and approved by the ethical committee of Huazhong University of Science and Technology.

2.2. Isolation and culture of BMSCs

Rats were killed by cervical dislocation, The fur was disinfected with 75 % alcohol and then the femur and tibia was douched sterilitily with DMEM/F12. After washing twice with D-Hanks, the bone marrow cells were cultured in DMEM/F12 supplemented with 10 % heat-inactivated fetal calf serum, 200 U/ml penicillin G sodium, and 200 U/ml streptomycin sulfate at a density of $5.0 \times 10^5/\text{mL}$ per plastic dish. After 24 h of culture, non-adherent cells were removed, and adherent cells were cultured continually, and the culture medium was replaced twice a week. The dish adherent BMSCs population was expanded after the initial plating. The 3rd to 5th passages cells at a density of $5.0 \times 10^5/\text{mL}$ were examined their expression of CD29, CD45 and CD90 by flow cytometry.

The 3rd to 5th passages cells were cultured in medium contained DAPI with final concentration 10 mg per liter for 30 min, washing six with PBS, to prepare the fluorescent labeled BMSCs for the later cellular transplant.

2.3. Osteogenic and adipogenic differentiation potential of BMSC

To evaluate the differentiation potential of mesenchymal stem cells into adipose and bone tissue, stem cells from the second passage were cultured in special culture medium for 21 days and then stained with Oil red-O and Alizarin Red-S to confirm. To induce osteogenic differentiation, MSCS were cultured in supplemented media with glycerol phosphate (10 mM), dexamethasone (100 mM), and ascorbic acid-2 phosphate (5 g/mL) for 3 weeks. For adipogenic differentiation, MSCs were cultured in complete media supplemented with indomethacin (100 mM), 3-isobuty1-methylxanthine (0.5 mM), dexamethasone (250 mM), and insulin (5 mM) for 21 days [11].

2.4. Model and evaluation of colitis

The homogenate of tunica mucosa coli was prepared, its supernate fluid was obtained by centrifuge, and the protein level in supernate fluid was detected as 20 g/L with Biuret method.

The partes aequales holo-Four's adjuvant was mixed with supernate fluid to be antigen emulsifying agent. For raise of UC model, rat was injected 8 mg antigen twice two week, and then, 0.65 mL mixed liquor which contain TNBS 0.1 mg/g and 500 mL 50 % alcohol per liter was pushed into the colon through rat anus. After one day, for histopathologic analysis, rats were all sacrificed and 10 cm distal colon tissue was collected. The colon specimen was fixed in 10 % buffered formalin phosphate, embedded in sucrose, frozen in dry ice using the OCT compound, and

cryosectioned. Section was stained by haematoxylin and eosin (HE) to observe the morphous of colon.

2.5. BMSC treatments

BMSC-treated groups were anaesthetized, and 1 mL liquor was injected through vena caudalis of rat, MSCs were administered at a dose of $1\times10^6,~5\times10^6,~1\times10^7$ fluorescent labeled BMSCs, On the 7, 14 day of transplantation, 5 rats in each group were execute, and their colon were prepared as frozen section. DAPI-fluorescent marked cells were observed with fluorescent microscope, and the fluorescent integral optical density (IOD) in 20 X visual field was randomly calculated with IPP software, each group has 10 times. Same section was stained by haematoxylin and eosin to observe the morphous of colon.

2.6. Statistical analysis

Data are given as mean \pm standard deviation (S.D.). Student's t test was used to compare between two groups. Statistical differences were considered significant when P < 0.05.

3. Results

3.1. Characterization of BMSCs

The morphology of the BMSCs showed spindle-shaped and was almost uniform under the microscope (Fig. 1A). The markers of BMSCs were authenticated by flow cytometry, The expression of CD29, CD90 and CD45 was 99.26 %, 98.68 % and 0.1% respectively (Fig. 1B), The data demonstrated that BMSCs were cultured successfully.

3.2. Differentiation potential of BMSCs

After 21 days in a supplemented osteogenic induction medium, MSCs were differentiated into bone that confirmed by alizarin red staining (Fig. 2A). Also, the MSCs were cultured in a supplemented adipocyte induction medium and morphological changes from spindle to flat shape was confirmed by Oil red-O staining method (Fig. 2B).

3.3. Pathological changes of colon in UC model rat

Intense colonic inflammation was observed in mucosa and submucosa stratum, with loss of goblet cells, crypt damage, and extensive in the submucosa were observed (Fig. 3).

3.4. Histological analysia shows that intravenous MSCs infusion reduces colon damage

On the 7th day of postgraft, the colon mucosa in groups A, B and C appeared striking oedema, inflammatory exudation and scattered bleeding. Blood vessel in proper layer increased, and there was copious neutrophil, lymphocyte and plasma cell infiltrating in submucousa. The ulcer and necrotic tissue covered with cellulose, leucocyte, Inflammatory exudates could be seen (Fig. 4A). On the 14th day of postgraft, there was no epithelium on the surface of granulation tissue of mucosa ulcer in groups A (Fig. 4B); But compared with groups A, the oedema, inflammatory exudation in colon of groups B and C was mitigated, and the ulcer was repaired, covered by anagenetic epithelial cells (Fig. 4C and D).

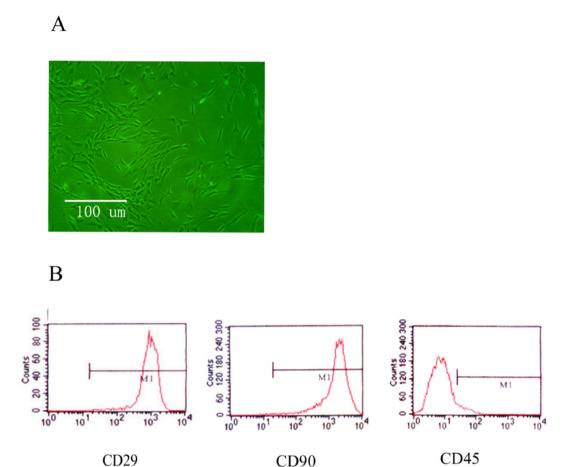


Fig. 1. Morphology and identification of MSCs. (A) The primary BMSCs(after 1 and 3-days growth) showed a long spindle shape. (B) BMSCs surface antigen identification by flow cytometry. Positive antigen: CD29, CD90; Negative antigen: CD45.

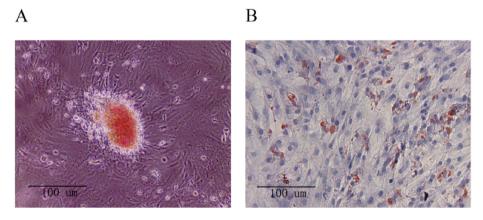


Fig. 2. Multipotential differentiation of MSCs.When cultured in the differentiation medium, the bone marrow-deriver MSCs differentiated into osteogenic and adipogenic lineage cells. (A) Cells dyed with Alizarin Red. (B) Cells dyed with Oil-Red O.

3.5. Dose-dependent effects of MSC treatment

The DAPI marked BMSCs could been seen in the colic mucosa in each group on day 7, 14, mainly distributed in the mucosa and submucosa, occasionally seen in the muscularis and tunica adventitia (Fig. 5A). More cells in colon than the surrounding normal tissue (Fig. 5B), compared with 1 \times 10 6 group, More cells in 5 \times 10 6 group (P < 0.05), there were no significant difference (P > 0.05) Between 5 \times 10 6 group and 1 \times 10 7 group, there were

more cells in colon on 14 day than 7 day, and less in the surrounding normal tissue on 14 day than 7 day.

4. Discussion

The treatment of UC is to repair the damaged colonic mucosa. MSCs have therapeutic potential in tissue regeneration and repair due to their differentiation capacity [12]. Many studies focused on the regenerative properties of MSCs, and evidence indicating that

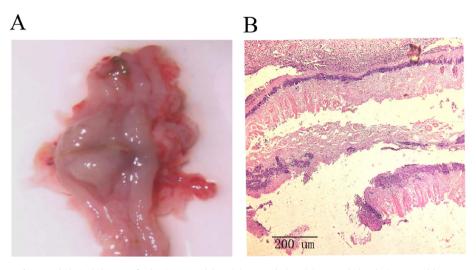


Fig. 3. Pathological changes of colon in UC model rat (A) Mucosal ulcer. (B) Mucosal ulcer lesion stained by HE.

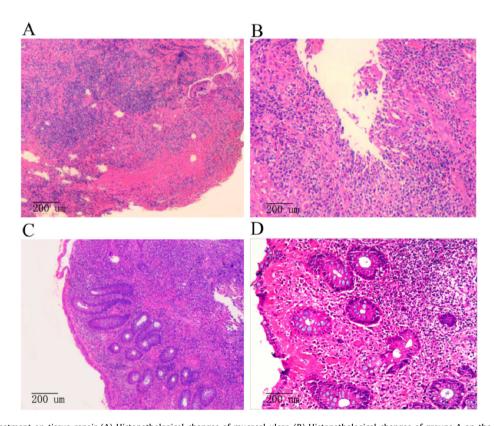


Fig. 4. Effects of MSC treatment on tissue repair (A) Histopathological changes of mucosal ulcer. (B) Histopathological changes of groups A on the 14th day of postgraft. (C) Histopathological changes of groups B on the 14th day of postgraft. (D) Histopathological changes of groups C on the 14th day of postgraft.

MSCs can promote regeneration and repair of injured tissue [13–15].

In our study, we compared different doses of BMSCs for epithelial repair in a rat model of TNBS-induced colitis. Both 5×10^6 and 1×10^7 MSCs treatment demonstrated therapeutic efficacy in the accelerated repair of colonic mucosa.

MSCs have the potential to differentiate into a variety of cell types [16], and in our research, we confirmed that BMSCs could differentiate into osteocytes, adipocytes. Previous some studies have only focused on the use of MSCs in the repair of injured tissue by various mechanisms [17]. But the implantation of MSCs in

injured sites is critical for this regeneration and thus there is interest in its application of the treatment of UC [18].

While there are a number of studies report the effectiveness of MSC treatments in attenuating disease, some MSC therapies are reported as only demonstrating short-term effectiveness or being ineffective [7,19,20]. Various factors, including timing of administration of MSCs and cellular dose, influence therapeutic efficacy of MSCs [21]. Hence, it was suggested that different doses of MSCs might have distinct protective or immune effects [22]. There is great variation among experimental models and clinical trials of disease in the injected dosage of MSCs [23], suggesting that MSCs

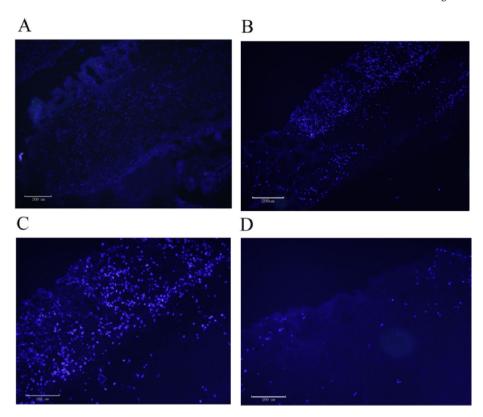


Fig. 5. Location of MSCs in rats on day 7 and day 14 after transplantation (A) The distribution of BMSCs after transplantation. (B) More cell distribution in colon than the surrounding normal tissue. (C) Cell distribution in colon on 14 day in groupB. (D) Cell distribution in the surrounding normal tissue on 14 day in groupB.

can treat diseases effectively in a dose-dependent manner [24–27]. In addition, defining an optimal MSC dose for both preclinical and clinical studies extends to benefits such as less tissue required for MSC expansion, reduced production costs, reduced the accumulation of MSC in the filtering organs and a lower chance of MSC mutation.

In experimental models of colitis, BM-MSCs derived from rats [28], mice [29],guineapigs [30] and humans [31,32], have been investigated for therapeutic efficacy. And some other studies have assessed adipose MSCs derived from these species [33–35], as well as gingiva, human umbilical cord and umbilical cord blood [31,36,37]. Overall, intraperitoneal, local administration and intravenous of MSCs from various species and sources have been reported to ameliorate experimental colitis, however there is no consistency regarding of the most efficacious dose similarly to clinical trials, Studies have report therapeutic efficacy in ameliorating colitis with the doses of 2 \times 10 3 [28], 2 \times 10 4 [38], 5 \times 10 5 [39], 0.5 \times 10 6 [32], 1 \times 10 6 [35,36,40–43], 2 \times 10 6 [31,37], 5 \times 10 6 [27,44], 11 \times 10 7 [45] MSCs.

The therapeutic application of MSCs is their fate postimplantation. In the past, ambiguity seen in the efficacy of MSCs, in both animal studies, preclinical trials and clinical trials, with therapies only temporarily effective or being ineffective-could be due to suboptimal application of MSCs.In this study, we employed MSCs derived from SD rats, surface expression of CD29 and CD90. In our study, BMSCs engrafted into the mucosa at the initial site of TNBS-induced inflammation in all MSC treated groups.Administered 1 \times 10 6 , 5 \times 10 6 or 1 \times 10 7 MSCs separately through caudal vein injection, the outcomes of the treatment were more pronounced in animals treated with 5 \times 10 6 and 1 \times 10 7 MSCs compared to those treated with 1 \times 10 6 MSCs.

In this study, we can determine that a 1×10^6 dose of BMSCs is not adequate, whereas doses of 5×10^6 and 1×10^7 demonstrate same results in TNBS-induced colitis. Although the 1×10^7 dose MSCs contained double the quantity of cells than the 5×10^6 dose, there is no evident differences between the magnitude of cells homing to and engrafting at the site of tissue injury. This suggests a dose saturation, indicating that although there is a greater number of cells being transplanted in vivo, only the required number migrates and engrafts into the injuried areas. This is consistent with a previous MSC study which revealed that the engraftment of osteoprogenitor cells to be a dose saturated, and concluded that higher doses of cells would be an ineffective strategy to improve engraftment [46]. Furthermore, high concentrations of MSCs produced high-dose inhibition of cytokines [47–49].

In this study we have essentially determined an optimal dose of MSCs in TNBS induced colitis. We have demonstrated that repairing effect of BMSCs is dose-dependent in TNBS-induced colitis; BMSCs have the ability to migrat to the intestinal mucosa when administered at a dose of 5×10^6 cells are most beneficial after induction of colitis, with no further benefit gained from a higher dose. The findings of this study are important for further investigations the immunomodulation within the inflamed colon and to improve the efficacy of MSC treatment, further enabling MSC therapy to continue to advance forward in future studies.

Declaration of competing interest

No conflict of interest exits in the submission of this manuscript, and manuscript is approved by all authors for publication. I would like to declare on behalf of my co-authors that the work described was original research that has not been published previously, and

not under consideration for publication else where, in whole or in part. All the authors listed have approved the manuscript that is enclosed.

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