

Epigenome-Wide Association Study for All-Cause Mortality in a Cardiovascular Cohort Identifies Differential Methylation in Castor Zinc Finger 1 (*CASZ1*)

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Background—DNA methylation is implicated in many chronic diseases and may contribute to mortality. Therefore, we conducted an epigenome-wide association study (EWAS) for all-cause mortality with whole-transcriptome data in a cardiovascular cohort (CATHGEN [Catheterization Genetics]).

Methods and Results—Cases were participants with mortality \geq 7 days postcatheterization whereas controls were alive with \geq 2 years of follow-up. The Illumina Human Methylation 450K and EPIC arrays (Illumina, San Diego, CA) were used for the discovery and validation sets, respectively. A linear model approach with empirical Bayes estimators adjusted for confounders was used to assess difference in methylation ($\Delta\beta$). In the discovery set (55 cases, 49 controls), 25 629 (6.5%) probes were differently methylated (*P*<0.05). In the validation set (108 cases, 108 controls), 3 probes were differentially methylated with a false discovery rate–adjusted *P*<0.10: cg08215811 (*SLC4A9*; log₂ fold change=-0.14); cg17845532 (*MATK*; fold change=-0.26); and cg17944110 (castor zinc finger 1 [*CASZ1*]; FC=0.26; *P*<0.0001; false discovery rate–adjusted *P*=0.046–0.080). Meta-analysis identified 6 probes (false discovery rate–adjusted *P*<0.05): the 3 above, cg20428720 (intergenic), cg17647904 (*NCOR2*), and cg23198793 (*CAPN3*). Messenger RNA expression of 2 *MATK* isoforms was lower in cases (fold change=-0.24 [*P*=0.007] and fold change=-0.61 [*P*=0.009]). The *CASZ1*, *NCOR2*, and *CAPN3* transcripts did not show differential expression (*P*>0.05); the *SLC4A9* transcript did not pass quality control. The cg17944110 probe is located within a potential regulatory element; expression of predicted targets (using GeneHancer) of the regulatory element, *UBIAD1* (*P*=0.01) and *CLSTN1* (*P*=0.03), were lower in cases.

Conclusions—We identified 6 novel methylation sites associated with all-cause mortality. Methylation in *CASZ1* may serve as a regulatory element associated with mortality in cardiovascular patients. Larger studies are necessary to confirm these observations. (*J Am Heart Assoc.* 2019;8:e013228. DOI: 10.1161/JAHA.119.013228.)

Key Words: cardiac biomarkers • epigenetics • mortality • outcome • transcriptome

C ardiovascular disease is the greatest cause of morbidity and mortality in the United States and worldwide.^{1,2} Clinical factors, some biomarkers, and genetic factors predict incident cardiovascular events and mortality in secondary prevention patients.^{3–5} However, the ability to predict these adverse events and to understand the biology underlying this risk is incomplete. Epigenetic studies provide an opportunity to simultaneously identify biomarkers of disease risk and causal biological pathways, while integrating underlying genetic variation with clinical and environmental risk factors.

The evolution of high-throughput technologies has enabled comprehensive assessments including epigenome-wide association studies (EWAS) by assessing methylation patterns at a genomic scale.⁶ EWAS in many diseases have identified

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Clinical Perspective

What Is New?

- Six novel differentially methylated CpG loci were found to be associated with all-cause mortality in a cardiovascular cohort.
- Differential methylation in *CASZ1* may serve as a genomic regulatory element associated with increased risk of death in cardiovascular patients.

What Are the Clinical Implications?

• Differentially methylated loci may serve as potential biomarkers for patient risk stratification.

biological mechanisms and unexplained heritability. They have established relationships between methylation signatures and a number of phenotypes, including, but not limited to, cancer,^{7,8} coronary artery disease (CAD),⁹ obesity,¹⁰ and allcause mortality.^{11,12} However, to our knowledge, there have been no EWAS for incident mortality in a cardiovascular cohort.

Epigenetic modifications play physiological¹³ and pathophysiological^{7,8} roles in phenotypic outcomes. Methylation of cytosine in CpG dinucleotides alters chromatin structure and typically suppresses gene transcription. Given the capacity of environmental exposures to alter gene expression by epigenetic mechanisms, nonphysiological alteration of DNA methylation has the potential to contribute to disease and, ultimately, mortality.^{11,12,14} However, the specific biological mechanisms by which DNA methylation signatures are associated with mortality remain poorly understood. We conducted an EWAS to identify differentially methylated loci predicting mortality in a secondary prevention cardiovascular cohort, CATHGEN (Catheterization Genetics).¹⁵

Methods

The data that support the findings of this study are available from the corresponding author upon reasonable request.

Study Population

The CATHGEN biorepository consists of sequential patients undergoing cardiac catheterization at Duke from 2001 to 2010 and has been described in detail previously.¹⁵ Blood samples were collected from a femoral arterial catheter before administration of supplemental heparin and immediately processed for whole blood and plasma and frozen at -80° C within a few hours. Cases were defined as subjects with mortality at any time at or >7 days postcatheterization

(to avoid procedure-related deaths). Controls were comprised of CATHGEN individuals alive at the time of last known followup with a minimum of 2 years of follow-up and who had no subsequent interventional cardiac procedure, coronary bypass grafting, or myocardial infarction. Samples were selected in 2 sets to create a discovery and validation cohort. For each set, we prioritized available cases with the shortest time to death (to enhance potential genetic/epigenetic factors); controls were matched to cases based on genetic ancestry (African or European), sex, age, and ejection fraction (EF). After matching and accounting for quality control (QC) of DNA, the cases and controls were not perfectly matched on these risk factors and thus these variables were also included in multivariable

The CATHGEN study was approved by the Duke University Institutional Review Board and participants provided written consent.

Epigenetic Profiling

Sample QC

adjusted models.

Samples were quantified using the Quant-iT PicoGreen dsDNA reagent in a 96-well plate format (Life Technologies, Grand Island, NY). We used a modified version of the Life Technologies Quant-iT PicoGreen dsDNA protocol designed by the DNA Bank at the Center for Human Genetics (Duke University, Durham, NC) found in Data S1.

DNA quality was assessed by gel electrophoresis similar to those outlined by Chen et al.¹⁶ All samples were scored on a 0 to 5 scale; all samples used for the genotyping protocol scored a 3 to 5 on the grading scale. See Data S1 for grading scale descriptions (Duke University, Durham, NC).

Bisulfite conversion

Bisulfite conversion of CATHGEN DNA was carried out using the manufacturer's recommendations. Briefly, 500 ng was bisulfite treated using a Zymo EZ DNA Methylation kit (catalog number: D5001; Zymo Research, Irvine, CA) using PCR conditions for Illumina's Infinium Methylation assay (95°C for 30 seconds, 50°C for 60 minutes \times 16 cycles).

Methylation study

Methylation data from the discovery cohort were generated using the Illumina HumanMethylation450 DNA Analysis Beadchip (catalog number: WG-314-1001; Illumina, San Diego, CA), with validation data that were produced using the Illumina Infinium MethylationEPIC BeadChips (catalog number: WG317-1001; Illumina), given that the 450K chips were no longer manufacturered. Briefly, a total of 4 μ L of bisulfite converted DNA was hybridized to Illumina BeadChips using the manufacturer's protocols. Samples were denatured and amplified overnight for 20 to 24 hours. Fragmentation,

precipitation, and resuspension of the samples followed overnight incubation, before hybridization to 450 or EPIC BeadChips for 16 to 24 hours. BeadChips were then washed to remove any unhybridized DNA and labeled with nucleotides to extend the primers to the DNA sample. Following the Infinium HD Methylation protocol, the BeadChips were imaged using the Illumina iScan system (Illumina).

Methylation Preprocessing and QC

For both the discovery and validation sets, raw .idat files were read and preprocessed using the R package, *minfi*.^{17,18} Each data set was preprocessed using noob for background subtraction and dye-bias normalization, followed by stratified quantile normalization. All methylation values with detection P>0.01 were set to missing, then probes with >1% missing values were removed from further analysis. Cell-mixture distributions were estimated using the Houseman method¹⁹ as implemented in minfi.²⁰ All samples were checked for concordance between reported sex and predicted sex from the methylation data, excessive missing data (>1%), unusual cell mixture estimates, and outlying control probe measurements. Finally, probes were filtered using functions implemented in the DMRcate package²¹⁻²³ if the probe's CpG site was within 2 base pairs of a common single-nucleotide polymorphism (minor allele frequency, >5%), the probe was reported to cross-hybridize in multiple locations or if the probe was located on the X or Y chromosome.

Each methylation data set was examined for potential batch effects using principal components calculated using the 20 000 most variable probes. The first 7 principal components were examined for association with plate effects during bisulfite conversion, methylation array, and row. Principal components were visualized on plots and tested for association with potential batches using linear models.

Statistical Analysis

To assess for differential methylation between cases and controls in each set of samples separately (discovery and validation), a linear model approach with empirical Bayes estimators, as implemented in *limma*,^{24,25} was used. The resulting regression coefficients for the linear models are reported in these analyses as log₂ fold change (negative when methylation is lower in cases than controls and positive when methylation is higher in cases than controls). Methylation was measured using $M = (\log \frac{\beta}{1-\beta})$, where β is the estimated proportion of cells methylated at a given CpG. Models were adjusted for age, ancestry (European versus African), sex, EF (the left ventricular ejection fraction measured by echocardiography), CAD, estimated cell type proportions, plate, and methylation array row. All probes with nominal *P*<0.05 (ie,

adjusted for covariables, unadjusted for multiple comparisons) in the discovery set were then tested for differential methylation in the validation set and considered to be differentially methylated if the false discovery rate (FDR)adjusted P value²⁶ was <0.10. We chose a liberal P value for the discovery set to generate a more expansive set of results, but chose a more conservative P value adjusted for multiple comparisons in the validation cohort to avoid type 1 error. We used METAL²⁷ to conduct a meta-analysis of *P* values from the discovery and validation experiments, using an FDR-adjusted P-value cutoff of 0.05 to determine significance, given the lack of a separate validation set in this analysis. We tested for differential expression of candidate genes and potential target genes in the combined set of samples (discovery and validation) using a linear model, adjusting for age, ancestry, sex, and expression batch (regression coefficients for the linear models, is reported as log₂ fold change). Results from this meta-analysis were also used in an over-representation analysis of both Gene Ontology and Kyoto Encyclopedia of Genes and Genomes (KEGG) gene sets using the gometh function from the *missMethyl*²⁸ package in R, and the default significance cutoff of P<0.001.The approach uses a modified version of the hypergeometric test that takes into account the probability of each gene being selected, based on the number of CpG sites tested in the gene.

Probes that were only present in either the discovery or validation set (ie, the set of probes present on the 450K chip or on the EPIC chip, but not on both) were considered as a separate exploratory experiment, with no validation set available. These probes were considered potentially differentially methylated if the FDR-adjusted *P* value was <0.10.

Testing for differentially methylated regions (DMRs) was performed using comb-p,²⁹ which uses P values and chromosomal locations as input. The algorithm adjusts P values according to their correlation with neighboring P values, then identifies regions of low P values using parameters seed (threshold necessary to start identification of a region) and *dist* (distance to look for neighboring *P* values also below the threshold). Once regions are defined, a P value is calculated for each using the Sidak correction.³⁰ We used parameters found in previous work to maximize the area under the precision-recall curve.³¹ We set *seed*=0.05 and *dist*=750 and counted regions as DMRs if the correction region-based P value was <0.05. Similar to the probe-based approach, results from this meta-analysis were used in an over-representation analysis of both Gene Ontology and KEGG gene sets using the preranked tool in gene set enrichment analysis.³²

Gene Expression Profiling

Gene expression profiling was previously described in detail in an earlier work.³³ In brief, RNA was initially purified using

Qiagen PaxGene Blood RNA MDx Kits in PAXgene tubes containing whole blood. The Illumina TotalPrep RNA amplification kit (Life Technologies) was then used to biotinylate the RNA. Afterward, guantity and guality of the RNA were assessed using the Quant-iT RiboGreen RNA Assay Kit and Bioanalyzer RNA Nano chip assay (Agilent, Santa Clara, CA), respectively. Expression data from the Human HT-12v3 Expression BeadChip (Illumina) were used for assessment of the genes of interest. QC was carried out using the Illumina Genome Studio software, and probes detected in >50% of samples and that had a detection *P*<0.05 were utilized. Plate, nested chip, and sample effects were also assessed using variance components and principal components analyses, and outliers at each level were excluded. Robust multichip average methods were used to log₂ transform and quantile normalize the expression data.

Results

Baseline Characteristics

Baseline characteristics of the CATHGEN discovery and validation cohorts are summarized in Table 1. Cases and controls were similar with regard to age, sex, ancestry, EF, body mass index, smoking history, as well as presence of CAD. The mean EF is lower in the discovery set; this is most likely because of the discovery set having been ascertained first where cases were prioritized based on the shortest time to death. Highlighting the separation of these 2 groups, within each set, there is no overlap between time-to-event (cases) and last follow-up (controls). In the discovery set, cases died a median of 141 days (interquartile range [52, 355]; range, 8–527) after their cardiac catheterization procedure, whereas all

Table	1.	Baseline	Characteristics	of	Participants
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controls had at least 2138 days of event-free follow-up (median, 2981; interquartile range [2734, 3293]). In the validation set, the median time-to-event for cases was 1500 days (interquartile range [1054, 1872]; range, 563-2346), whereas all controls had at least 2803 days of event-free follow-up (median, 3017; interquartile range [2939, 3303]). Although we focused on all-cause mortality as a primary phenotype (as is often performed in clinical trials of cardiovascular secondary prevention patients), 53% of the discovery and 30% of the validation cohort were definitively adjudicated to be attributed to cardiovascular causes. In contrast, the remaining individuals were a combination of noncardiac medical, unspecified, and other causes. Given the high prevalence of CAD in this sample (70-71%) and the fact that cardiovascular disease is the most common cause of death,² the majority of the remaining deaths are assumed to be cardiovascular in origin.

EWAS Results: Discovery and Validation of Differentially Methylated Probes

In the discovery cohort, 1715 probes (0.35%) had >1% missing values and were removed, whereas 8678 probes (1.0%) were removed from the validation set. After removing cross-hybridizing probes, probes near common single-nucleotide polymorphisms, and nonautosomal probes, we retained 426 122 probes for analysis in the discovery set and 790 644 probes in the validation set. A total of 397 024 probes present on both versions of the Illumina Infinium methylation array were available for analysis in both sample sets. After examining distributions of estimated cell-type proportions and Illumina control probes during QC, we removed 2 samples from the validation set that were extreme

	Discovery		Validation		
	Cases (N=55)	Controls (N=49)	Cases (N=108)	Controls (N=108)	
Age, mean (SD), y	66.8 (11.4)	66.2 (10.1)	69.3 (10.1)	67.8 (9.4)	
European ancestry, n (%)	45 (81.8)	41 (83.7)	93 (86.1)	91 (84.3)	
Female, n (%)	17 (30.9)	17 (34.7)	41 (38.0)	41 (38.0)	
Diabetes mellitus, n (%)	25 (45.5)	9 (18.4)	34 (31.5)	29 (26.9)	
Dyslipidemia, n (%)	28 (50.9)	30 (61.2)	71 (65.7)	58 (53.7)	
History of smoking, n (%)	27 (49.1)	27 (55.1)	53 (49.1)	53 (49.1)	
BMI, mean (SD)	27.6 (5.8)	27.8 (6.0)	29.0 (7.0)	29.9 (5.8)	
Ejection fraction, median [IQR]	49.0 [33.3, 55.6]	50.0 [35.0, 60.5]	55.9 [52.9, 65.2]	60.0 [55.0, 68.5]	
Coronary artery disease, n (%)	43 (78.2)	35 (71.4)	77 (71.3)	71 (65.7)	
Time to death (cases) or last follow-up (controls), median [IQR], days	141.0 [51.5, 355.0]	2981.0 [2734.0, 3293.0]	1500.5 [1053.8, 1872.0]	3017.0 [2939.0, 3303.0]	

BMI indicates body mass index; IQR, interquartile range.

outliers. There were no mismatches between predicted and reported sex in either set, and all samples had <0.6% missing probes, so no other samples were removed during QC.

In the discovery cohort, 25 629 (6.5%) were differently methylated between cases and controls (nominal P<0.05) using a model adjusted for age, ancestry, sex, EF, CAD, estimated cell-type proportions, plate, and methylation array row. These probes were carried forward as candidates to be tested in the validation samples. In the validation set, 3 of the probes validated (at an FDR-adjusted P<0.10): cg08215811 within intron 15 of solute carrier family 4 member 9 (SLC4A9); cg17845532 within the promoter region of megakaryocyteassociated tyrosine kinase (*MATK*); and cg17944110 in the 5' untranslated region exon 1 of castor zinc finger 1 (CASZ1; Table 2). Using a more-conservative FDR-adjusted P < 0.05, only cg17845532 would be significant. Each of the 3 validated probes had relatively small observed $\Delta\beta$ values, but displayed consistent directions of effect in the discovery and validation cohorts. The methylation levels for the 3 probes were approximately normally distributed, with no outliers. We also conducted a sensitivity analysis that included body mass index and smoking in the model, and the same 3 probes met our significance criteria. Analysis of the methylation probes present only on the 450K array (discovery cohort, 29 098) or EPIC (validation cohort, 393 620) did not identify any significant differentially methylated probes between cases and controls using an FDRadjusted P<0.10. Given the sample size, we also conducted a meta-analysis to place our primary analysis results into context and to identify any additional loci. We identified 6 probes that were significant after meta-analysis (FDR-adjusted P<0.05): the 3 identified above, together with cg20428720 (intergenic), cg17647904 (nuclear receptor corepressor 2; NCOR2), and cg23198793 (Calpain 3 CAPN3) (Table 2). The 2 genes nearest to cg20428720 are *C5orf38* and *IRX2*. *IRX2* and *NCOR2* encode for a transcription factor³⁴ and transcriptional repressor,³⁵ respectively, whereas *CAPN3* encodes for a muscle-specific protein that binds to titin.³⁶

Results from the meta-analysis were used in an overrepresentation analysis of both Gene Ontology and KEGG gene sets. This analysis identified 1 potentially enriched KEGG gene set, *Circadian entrainment* (FDR-adjusted P=0.048). However, the pathway is primarily involved in regulating sleep and circadian rhythm and does not appear to be relevant to the study phenotype.

Comb-p meta-analysis identified 133 DMRs (Table S1) with an FDR-adjusted P<0.05, and the most significant DMR (FDRadj P=1.37E-15) was chr1: 2344699-2345476, which is located upstream of peroxisomal biogenesis factor 10 (PEX10). Unfortunately, there were no expression data for PEX10 available for analysis. Interestingly, the second-most significant DMR (chr12:12490860-124908932; FDR-adj P=3.19E-12) is located in intron 13 of NCOR2 and includes cg17647904, the NCOR2 probe that was identified in the meta-analysis of the discovery and validation sets. Another DMR (chr19:3785573-3786958; FDR-adj P=3.07E-05) in the top 50 results included the MATK probe, cg17845532, which encompasses a CpG island and the promoter region of the MATK gene. KEGG and Gene Ontology enrichment analysis of the significant DMRs did not yield any significant results (FDRadjusted P<0.1).

Correlation Between Methylation and Expression

We next determined whether there was a correlation between differentially methylated loci identified in our discovery, validation, and meta-analyses and expression of the adjacent gene. *MATK* contains 2 (of 3) HT-12 expression array probes

				Discovery Validation			Meta-Analysis						
Probe	Gene	Chr	Pos (hg19)	Nominal P Value	Δβ	Log ₂ Fold Change*	Nominal <i>P</i> Value	FDR-Adjusted <i>P</i> Value	Δβ	Log ₂ Fold Change*	Nominal P Value	FDR- Adjusted <i>P</i> Value	
cg17944110	CASZ1 ^{†‡}	1	10 856 657	0.0058	0.0064	0.18	4.59E-06	0.059	0.0078	0.26	9.44E-08	0.014	
cg08215811	SLC4A9 ^{†‡}	5	139 742 900	0.0131	-0.0068	-0.13	9.37E-06	0.08	-0.0117	-0.15	4.31E-07	0.029	
cg17845532	MATK ^{†‡}	19	3 786 643	0.0115	-0.0086	-0.22	1.79E-06	0.046	-0.0133	-0.26	8.15E-08	0.014	
cg20428720	Intergenic [‡]	5	3 093 071	0.0571	0.0237	0.26	3.55E-07	>0.1	0.0492	0.38	1.38E-07	0.014	
cg17647904	NCOR2 [‡]	12	124 908 601	0.0003	-0.0008	0.16	2.33E-04	>0.1	0.0116	0.15	3.56E-07	0.028	
cg23198793	CAPN3 [‡]	15	42 694 407	0.0010	0.0163	0.17	3.65E-05	>0.1	0.0191	0.16	1.44E-07	0.014	[

 Table 2.
 Methylation Probes Associated With All-Cause Mortality in the Discovery and Validation Cohorts

FDR indicates false discovery rate; FDR-adjusted, false discovery rate-adjusted.

*Log₂ fold change: positive when methylation is higher in cases than controls and negative when methylation is lower in cases than controls.

[†]Probes that were identified in the discovery set using a nominal P < 0.05 and validated in the validation set using an FDR-adjusted P < 0.1.

^{$^{+}}Probes that were identified from the meta-analysis of both the discovery and validation sets using an FDR-adjusted <math>P$ <0.05.</sup>

that passed QC: ILMN_1669321 and ILMN_2319000 that capture transcripts NM_139355.2 and NM_139354.2, respectively. Given that both probes have lower expression in cases and controls (P=0.0066 and 0.0090), transcript NM_139355.2 specifically shows differential expression. However, ILMN_1669321 did not show a significant correlation between methylation and expression (P=0.45), whereas ILMN_2319000 showed a weak negative correlation between methylation and expression (P=0.045). The CASZ1 transcript did not show significant differential expression between cases and controls (P=0.15) and did not show correlation between methylation and expression (P=0.18); the SLC4A9 transcript did not pass QC. Both NCOR2 and CAPN3 genes each had 2 expression array probes that passed QC. None of the transcripts displayed differential expression between cases and controls (Table 3).

CASZ1 is a transcription factor; the significantly differentially methylated probe, cg17944110, is located in the 5' untranslated region exon 1 within a promoter/enhancer as predicted by GeneHancer³⁷ identifier: GH01J010790. Given that *CASZ1* was the most statistically significant of the 3 genes in the discovery set, we chose to focus on this gene. We identified the predicted target genes of this promoter/enhancer using GeneCards³⁸ and tested for differential expression of predicted target genes between cases and controls (in the combined discovery and validation cohorts).

Table 3. Expression Probe Changes of Genes That ContainedSignificant Methylation Probes and of the Target Genes ofGH01J010790

Gene	Probe	Expression Levels (log ₂ Fold Change*)	Fold Change	P Value
MATK	ILMN_2319000	-0.24	0.85	0.0065
MATK	ILMN_1669321	-0.61	0.66	0.0084
NCOR2	ILMN_2340052	-0.07	0.95	0.17
NCOR2	ILMN_1698419	-0.07	0.95	0.44
CAPN3	ILMN_2332691	-0.1	0.94	0.47
CAPN3	ILMN_1687971	-0.01	0.99	0.90
Target genes	of GH01J010790			
UBIAD1	ILMN_1651872	-0.33	0.8	0.011
CLSTN1	ILMN_2415179	-0.13	0.91	0.033
EXOSC10	ILMN_1711189	-0.10	0.93	0.14
CASZ1	ILMN_1655191	-0.07	0.95	0.15
EXOSC10	ILMN_1670796	0.04	1.03	0.62
TARDBP	ILMN_1677532	-0.04	0.97	0.65
EXOSC10	ILMN_2402168	-0.03	0.98	0.73

*Log₂ fold change: positive when expression is higher in cases than controls and negative when expression is lower in cases than controls.

Of the 9 identified target genes, expression data were available for 7 probes from 5 genes (Table 3). Two of these target genes showed differential expression between cases and controls: *UBIAD1* (P=0.01) and *CLSTN1* (P=0.03), with both showing lower expression in cases as compared with controls, consistent with the direction of effect of *CASZ1* methylation. Methylation at the *CASZ1* locus was inversely associated with expression levels of *UBIAD1* and *CLSTN1*, with unadjusted P values of 0.02 and 0.013, respectively; however, there was no significance after adjusting for experimental batch (P=0.35 and 0.97, respectively).

Discussion

We present herein the first EWAS of all-cause mortality in a cardiovascular cohort of secondary prevention patients. Using discovery and validation sets, we identified 3 genes, including *SLC4A9*, *MATK*, and the transcription factor *CASZ1*, which contain probes differentially methylated in patients who have subsequent mortality compared with patients who are alive at a median of 3000 days of follow-up. These loci have not been previously identified in other EWAS of mortality. Although those studies did not focus on cardiovascular patients,^{11,12} these results suggest that these loci may be unique to high-risk cardiovascular disease patients at risk of mortality.

One of our most significant findings was for a differentially methylated probe out of a total of 157 CASZ1-annotated probes located in the 5' untranslated region exon 1 of CASZ1 associated with mortality in both the discovery and validation cohorts. It also lies within the promoter/enhancer, Gene-Hancer identifier GH01J010790 (Figure 1). The region is also listed as an enhancer in the ENCODE database³⁹ and as a "super enhancer" in dbSUPER⁴⁰ for the following cell types: colon crypt, small intestine, gastric, esophagus, pancreatic islets, left ventricle, psoas muscles, lung, and sigmoid colon. Furthermore, we identified differential expression of 2 of the predicted target genes of the promoter/enhancer in mortality cases and controls, suggesting that epigenetic modification of this gene may influence risk of death in secondary prevention cardiovascular patients. To understand the functional relationship between differential methylation of the predicted CASZ1 promoter/enhancer element and all-cause mortality, we note the tracks within the University of California, Santa Cruz genome browser (illustrated in Figure 1, using the GViz R package⁴¹), particularly GeneHancer,⁴² that support the locus as an active regulatory site. This locus is correlated with a DNase I hypersensitivity site from the encyclopedia of DNA elements (ENCODE)³⁹ in 114 cell types (Figure 1). Highlighting the putative regulatory role of the locus containing the differentially methylated CASZ1 probe, the locus is also hypomethylated in the majority of cell types and is evolutionarily conserved at the DNA level in multiple species (Figure 1). Epigenetic histone signatures also exemplify the locus' role as a regulatory element. Histone modification data (mono- and trimethylation of histone H3 lysine 4 signatures), from the ENCODE project³⁹ in the University of California, Santa Cruz browser, suggest that the region is an enhancer in 1 cell line (K562) and a promoter in another (NT2-D1)¹³ (Figure 1). Our putative model holds that increased methylation of the CASZ1 enhancer decreases the accessibility of regulatory proteins leading to decreased expression of the target genes, including UBIAD1 and CLSTN1 (Figure 2).

CASZ1 encodes a zinc finger transcription factor expressed in a wide variety of cells, including, but not limited to, the brain and heart⁴³; it is frequently deleted in neural-derived tumors (eg, neuroblastoma).⁴⁴ In the cardiovascular system, CASZ1 expression is essential for cardiomyocyte cell-cycle progression⁴⁵; loss-of-function mutations have been



Figure 1. The Manhattan plot shows the results for the EWAS conducted on the discovery set. Probes that reached significance using a nominal *P* value of 0.05 were carried forward as candidates to be tested in the discovery set. CpG probes that are marked with a red X were those that were found to be significant using an FDR-adjusted *P* value of 0.1 in the validation set. The bottom 3 panels show the 3 CpG probes that were significant in the validation set in the genome using UCSC genome browser tracks. The 3 CpGs identified are located within CpG islands and DNase clusters (ie, DNase hypersensitivity sites). The probe in CASZ1 (cg17944110) was located in the promoter/enhancer GH01J010790 (red track) and is in a region that is highly conserved. CASZ1 indicates castor zinc finger 1; EWAS, epigenome-wide association study; FDR, false discovery rate; UCSC, University of California, Santa Cruz.



Figure 2. Plausible biological model displaying the consequences of increased methylation in the enhancer/promoter region of CASZ1, with the resulting changes in the expression of the target genes, UBIAD1 and CLSTN1, of GH01J010790. With increased methylation in the regulatory region in CASZ1, DNA becomes inaccessible to regulatory proteins such as transcription factors (TF). Therefore, expression of GH01J010790's target genes are decreased. With decreased UBIAD1 expression, cardiovascular morbidity and mortality are possibly increased through exaggerated vascular calcification, pathologic cardiac remodelling, oxidative stress, and increased HMG-CoA availability, ultimately leading to increased all-cause mortality in the cases. CASZ1 indicates castor zinc finger 1; HMG-CoA, β -hydroxy β -methylglutaryl coenzyme A.

implicated in congenital heart disease⁴⁶ and dilated cardiomyopathy.⁴⁷ Finally, a single-nucleotide polymorphism within an intron of *CASZ1*, rs880315, is associated with hypertension,⁴⁸ atrial fibrillation,⁴⁹ and acute ischemic stroke⁵⁰ in genome-wide association studies.

One of the target genes of the regulatory element of CASZ1, UBIAD1, encodes a menaquinone-4 biosynthetic enzyme that converts vitamin K derivatives to menaguinone-4.⁵¹ It is also required for the synthesis of extramitochondrial ubiquinone in the Golgi apparatus.⁵² Interestingly, UBIAD1 has been shown to play a pleiotropic role in cardiovascular physiology. It is involved in cholesterol and phospholipid metabolism through accelerating the degradation of β hydroxy β -methylglutaryl coenzyme A reductase^{53,54} and contributes to the pathogenesis of vascular calcification.⁵⁵ It is also implicated in the pathophysiology of heart failure where angiotensin II-mediated cardiac hypertrophy is exaggerated with knockdown of Ubiad1 in cardiomyocytes,56 partly through increased oxidative stress. Because of its numerous protective roles and the deleterious repercussions of its absence, decreased Ubiad1 levels potentially contribute to cardiovascular mortality in the cases group.

Similarly, expression levels of *CLSTN1* were lower in the cases. *CLSTN1* encodes a transmembrane protein known as

calsyntenin-1 or alcadein-alpha. Almost ubiquitously expressed, calsyntenin-1 is involved in postsynaptic signaling in the nervous system⁵⁷ and in anterograde axoplasmic vesicular transport.⁵⁸ Studies outside the nervous system are lacking, and it currently has no putative role in cardiovascular disease. How decreased *CLSTN1* expression is potentially related to cardiovascular mortality requires further exploration.

The methylation probe in the *MATK* gene is located in its second intron within a CpG island and is located within the significant DMR, chr19:3785573-3786958 (Table S1). Methylation at the probe site and expression levels were lower in cases than in controls. There is robust evidence that decreased intragenic methylation can lead to decreased expression of the respective gene,^{59,60} similar to that observed in our results. The *MATK* gene encodes for the megakaryocyte-associated tyrosine kinase, which phosphorylates the Src protein and partakes in regulatory pathways in megakaryocytes.⁶¹ MATK has been generally found to serve a protective role in the field of oncology; through its inhibition of Src, it prevents cell growth and invasion.^{62,63}

The third significant differentially methylated associated with mortality localized to intron 7 of *SLC4A9*. *SLC4A9* (AE4) encodes an anion transporter that is primarily expressed in the

kidney.⁶⁴ However, expression data regarding this particular gene were not available (probe did not pass QC) in our data. Therefore, the functional implications of the increased methylation within the gene cannot be determined.

The DMR meta-analysis yielded differential methylation upstream of the PEX10 gene. The region (chr1: 2344699-2345476) is located within the promoter of the PEX10 (peroxisomal biogenesis factor 10) gene. PEX10 is a peroxisomal membrane protein that plays a role in transport of peroxisomal matrix proteins and, when mutated, leads to Zellweger syndrome.⁶⁵ Interestingly, a DMR in APOB (chr2:21266500-21267335; FDR-adj P=7.00E-04) was also identified in the meta-analysis. The apolipoprotein B (ApoB) protein has a very well-established role in low-density lipoprotein transport and metabolism and, when mutated, can lead to familial hypercholestorelemia, which leads to premature atherosclerosis.⁶⁶ Unfortunately, the APOB transcript was not available for analysis. Therefore, whether or not the aforementioned DMR plays a role in modulating its expression and contributing to atherosclerosis in our sample is unknown.

Our findings are unique when compared with 2 previous EWAS of all-cause mortality.^{11,12} Our study focused on secondary prevention patients, referred for cardiac catheterization, whereas the previous studies included healthier middle-aged/elderly twins¹¹ and 2 elderly cohorts (Epidemiologische Studie zu Chancen der Verhütung, Früherkennung und optimierten Therapie chronischer Erkrankungen in der älteren Bevölkerung [ESTHER] and KORA [Cooperative Health Research in the Region of Augsburg]),¹² respectively. Also, both of the aforementioned studies used larger sample sizes (N=870 and N=1900). Furthermore, there might be underlying heterogeneity between the causes of death in our study and the aforementioned EWASs. Three probes from the ESTHER/ KORA study¹² and 1 from the twin study¹¹ were nominally significant in our study, using a fully adjusted model, in both the discovery and validation cohorts (Table S2), but they were no longer significant after FDR adjustment. Interestingly, 2 of the 3 probes from the ESTHER/KORA study¹² displayed methylation levels in the similar direction as the CATHGEN participants where cases had lower methylation levels compared with controls.

Although our findings are interesting and suggest functional consequences of the identified epigenetic modifications, some limitations should be noted. The sample size of our study is relatively small, therefore our study warrants replication. However, we did use a discovery and validation cohort to minimize type 1 error. In addition, cases used for analysis may be sicker than controls, given that they died earlier than controls, but we note that models were adjusted for potential confounders. Relatedly, controls were selected based on the absence of a subsequent coronary revascularization procedure or myocardial infarction to ensure that controls were truly free

of cardiovascular disease, but this could also contribute to sampling bias. We used an FDR adjustment for multiple comparisons with a P-value threshold of 0.10 in the validation cohort, which could be viewed as too liberal of a cutoff; thus, results placed within a more-conservative FDR cutoff of 0.05 are also presented, and furthermore, we present meta-analysis results which place combined stronger effects in context and maximize power. Although statistically significant, the $\Delta\beta$ values from both the discovery and validation cohorts were modest. Also, even though there was a statistically significant difference between the expression levels of UBIAD1 and CLSTN1 between cases and controls, we did not observe a significant direct correlation between methylation at the CASZ1 enhancer locus and expression levels of the downstream targets. Given the dynamic nature of DNA methylation and other epigenetic mechanisms, our study only demonstrates a "snapshot" of a single genomic methylation profile. Temporally, regulatory elements demonstrate changing methylation profiles and are not permanent.^{13,14} Therefore, the sites of altered methylation demonstrate correlation with, rather than causation of, early-onset death. The sample used for our study represents an overall "sick" group of patients, and as such, survival bias might be playing a role. Because all of the participants enrolled had undergone a cardiac catheterization procedure, the results may not be generalizable to populationbased cohorts.

In conclusion, using an EWAS in discovery and validation cohorts of secondary prevention patients, we found evidence of differential methylation of a regulatory element with consequent decrease in 2 of its potential targets, of which 1 has demonstrated cardioprotective benefits. Future studies are required to replicate our findings and further ascertain the potential role of UBIAD1 role in cardiovascular mortality.

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Disclosures

None.

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Supplemental Material

Data S1.

For Gel Electrophoresis scoring:

5 = clearly visible high molecular weight DNA band, no signs of degradation (no smear)

4 = clearly visible high molecular weight DNA band, some possible degradation (smear) but less than 10% of the total DNA

3 = some high molecular weight DNA band, any shift of high molecular weight band, but clearly visible smear

2 = no clear indication of high molecular weight DNA, visible smear the length of gel path

1 = no indication of high molecular weight DNA, all smear, low molecular weight

0 = no visible smear or bands; unusual result (to be repeated after requantification if necessary)

For PicoGreen protocol:

- 0. Set samples out to equilibrate at room temperature for a couple hours before starting PicoGreen. Set the standards and PicoGreen solution out 30 minutes beforehand.
- 1. Add 5 μ L of each sample into the 96 well PCR plate (or U-bottom plate if on Biomek.)
- 2. Add 195 μ L of hydration solution to each sample and mix several times.
- 3. Transfer 8 µL of diluted sample into the clear bottom Picoplate.
- 4. Add 8 μ L of standard into the first column of the Picoplate.
- 5. PicoGreen solution: Add 53.8 μL of PicoGreen dye to 20.5 mL of hydration solution in a 50 mL conical tube. Mix tube well by inverting.
- Add 192 µL of PicoGreen mix to Picoplate samples. (Pipet up and down to mix well)

Run on PicoGreen reader.

PicoGreen Dilution Standards (use with 500 ng/µL of Lambda DNA)

This is a serial dilution, so only pipet out 42 μL of Lambda DNA and add water, before you proceed to the next standard.

300 ng = 42 μ L DNA + 28 μ L H₂O 250 ng = 50 μ L DNA + 10 μ L H₂O 200 ng = 40 μ L DNA + 10 μ L H₂O 150 ng = 30 μ L DNA + 10 μ L H₂O 100 ng = 20 μ L DNA + 10 μ L H₂O 50 μ L from 150 10 μ L from 100 0 ng = 20 μ L DNA + 10 μ L H₂O

Table S1. *Comb-p* DMR meta-analysis results of the discovery and validation sets. DMRs that were statistically significant using an FDR-adjusted p-value <0.05 are shown.

Chromosome	Start	End	Number of Probes	FDR-adj p-value	Gene/s
1	2344699	2345895	13	1.37E-15	PEX10
12	124908601	124908932	6	3.19E-12	NCOR2
6	15504844	15506086	9	1.56E-10	JARID2
4	89299314	89300651	9	7.83E-10	HERC6
3	101443264	101443993	12	2.73E-09	CEP97
1	205818956	205819610	8	1.06E-08	PM20D1
7	1250038	1251339	14	2.72E-07	UNCX
14	103415458	103416269	5	2.67E-06	CDC42BPB
22	24105087	24105693	5	3.43E-06	C22orf15
16	85676292	85676862	5	3.57E-06	GSE1
1	6239157	6241507	10	3.80E-06	CHD5
					PCDHGA1
					PCDHGA2
					PCDHGA3
					PCDHGB1
		140893635	6		PCDHGA4
	140891767				PCDHGB2
					PCDHGA5
					PCDHGB3
					PCDHGA6
				4.84E-06	PCDHGA7
5					PCDHGB4
5					PCDHGA8
					PCDHGB5
					PCDHGA9
					PCDHGB6
					PCDHGA10
					PCDHGB7
					PCDHGA11
					PCDHGA12
					PCDHGC3
					PCDHGC4
					PCDHGC5
12	10183172	10183365	5	5.41E-06	CLEC9A
17	72349697	72350711	5	7.40E-06	KIF19
21	46077454	46077732	5	7.63E-06	TSPEAR
17	5137802	5138607	5	1 365-05	LOC100130950
	0101092	0100001	5	1.502-05	SCIMP
10	134150451	134150761	7	1.38E-05	LRRC27
22	17956453	17956642	5	1.58E-05	CECR2

17	33759512	33760528	12	2.01E-05	SLFN12
11	70672388	70673257	9	2.45E-05	SHANK2
19	3785573	3786958	8	3.07E-05	MATK
8	21882013	21882943	8	5.66E-05	NPM2
13	111317935	111318641	5	5.69E-05	CARS2
1	3823656	3824448	7	5.75E-05	LOC100133612
11	43333145	43333989	12	6.74E-05	API5
13	47471705	47472430	13	7.08E-05	HTR2A
7	11871535	11872074	9	7.09E-05	THSD7A
4	81117853	81119474	10	7.22E-05	PRDM8
22	50985681	50986963	7	7.63E-05	KLHDC7B
11	108408907	108409366	5	1.20E-04	EXPH5
12	89743788	89744878	10	1.43E-04	DUSP6
2	239046275	239048580	11	1.46E-04	KLHL30
1	48175246	48177262	10	1.73E-04	TRABD2B
1	160951675	160952704	5	2.10E-04	F11R
11	128736844	128737468	8	2.14E-04	KCNJ1
5	43040174	43042234	15	2.47E-04	ANXA2R
2	65593761	65594891	6	2.61E-04	SPRED2
					NRBP1
2	27665079	27665712	9	3.52E-04	KRTCAP3
1	1099583	1100558	8	4.22E-04	MIR200B
9	124981504	124983483	6	4.40E-04	LHX6
12	96350519	96350796	5	6.03E-04	AMDHD1
10		05400007		0.045.04	TSPAN19
12	85430025	85430337	8	6.64E-04	LRRIQ1
3	146261991	146262762	6	6.74E-04	PLSCR1
17	7311030	7312082	9	6.83E-04	NLGN2
2	21266500	21267335	12	7.00E-04	APOB
8	85094437	85096038	10	7.03E-04	RALYL
3	127006287	127007607	6	7.09E-04	PLXNA1
20	3051954	3052693	11	7.33E-04	OXT
6	44000470	44000040	7	7.075.04	NFYA
6	41068173	41069049	7	7.67E-04	ADCY10P1
	45000000	45000000	10	7 705 04	GFM1
3	158390329	158390822	10	7.73E-04	LXN
47	0040000	0047045	F	0.055.04	RNASEK-C17orf49
17	6916926	0917015	Э	8.05E-04	RNASEK
12	6745057	6745569	6	8.15E-04	LPAR5
4	46391159	46391930	13	8.30E-04	GABRA2
12	79257496	79258856	12	9.98E-04	SYT1
1	1149091	1150417	6	0.001232	TNFRSF4
11	65314913	65315626	6	0.001277	LTBP3
3	164913627	164915016	12	0.001839	SLITRK3
19	59024873	59026418	7	0.001879	ZBTB45

5	2225011	2225483	5	0.001993	IRX4
8	144511672	144513981	10	0.002425	MAFA
11	68924577	68925192	6	0.003025	TPCN2
1	120173989	120174874	6	0.003207	ZNF697
			7	0.000000	LOC100507443
2	208988863	208989832	7	0.003266	CRYGD
1	28843736	28844753	8	0.003337	RCC1
1	66257822	66258442	5	0.003819	PDE4B
6	155537595	155538156	7	0.003869	TIAM2
6	450500760	150500050	16	0.002070	SERAC1
0	100000700	100009000	10	0.003979	GTF2H5
2	45159663	45160555	9	0.003993	SIX3
1	156702622	156795550	10	0.004154	SH2D2A
I	100703033	100700009	10	0.004154	NTRK1
5	126408756	126409554	13	0.004389	C5orf63
11	13983705	13984044	9	0.004722	SPON1
5	77139964	77140986	7	0.005066	TBCA
12	6438317	6439098	6	0.005205	TNFRSF1A
22	45608345	45609422	13	0.005308	KIAA0930
12	69632957	69634188	10	0.006195	CPSF6
10	1009642	1010007	0	0.000000	GRIN3B
19	1000043	1010237	o	0.000392	C19orf6
3	113160071	113160822	10	0.006828	WDR52
17	7252720	7255462	6	0.007722	ACAP1
17	7253720	7200402	0	0.007723	KCTD11
7	38350921	38351469	6	0.008525	LOC100506776
6	30610729	30611057	6	0.009719	ATAT1
6	792256	792779	6	0.009784	EXOC2
22	19949585	19950167	8	0.01023	COMT
6	28828946	28829947	21	0.01077	LOC401242
6	29454623	29455533	13	0.0116	MAS1L
17	46668715	16660567	8	0.01174	HOXB-AS3
	40000710	40003307	0	0.01174	HOXB5
8	1900191	1900893	6	0.01216	ARHGEF10
13	53422381	53424128	15	0.01275	PCDH8
10	123355268	123356337	9	0.01321	FGFR2
17	76037035	76037563	6	0.01371	TNRC6C
5	50673033	50675115	12	0.01401	LOC642366
2	108993602	108994529	9	0.01423	SULT1C4
7	149157735	149158487	8	0.01503	ZNF777
11	68781976	68782212	5	0.01516	MRGPRF
6	55038900	55039623	6	0.01605	HCRTR2
1	854766	856060	12	0.01639	LOC100130417
0	37605250	37605070	7	0.0164	ERLIN2
o	37003339	21002919	1	0.0104	LOC728024

8	1896437	1897076	5	0.01722	ARHGEF10
40	00700400	00705070	10	0.01000	CHMP1A
16	89723193	89725270	10	0.01888	C16orf55
6	503773	504352	5	0.019	EXOC2
5	54281198	54281734	7	0.01991	ESM1
19	14591033	14591346	5	0.02	GIPC1
6	41605343	41606870	7	0.0203	MDFI
11	10715175	10715768	11	0.02117	MRVI1
19	16186840	16187103	5	0.0212	TPM4
1	220132091	220132729	6	0.02139	RNU5F-1
4	81106414	81107186	7	0.02301	PRDM8
11	35965104	35966323	7	0.02373	LDLRAD3
13	46961583	46961898	10	0.02431	KIAA0226L
3	32432942	32434340	6	0.02502	CMTM7
1	27189270	27189680	5	0.02694	SFN
	00400400	00407005		0.00707	SYN3
22	33196103	33197035	6	0.02797	TIMP3
12	51566379	51567113	10	0.02873	TFCP2
6	166580460	166581273	5	0.03009	Т
14	105995251	105996514	6	0.03101	TMEM121
20	19866743	19867146	8	0.03132	RIN2
17	3438857	3439373	6	0.03149	TRPV3
2	241496830	241497664	9	0.03216	ANKMY1
6	76203225	76203676	7	0.03355	FILIP1
16	604802	605726	7	0.03396	SOLH
11	69462660	69463324	5	0.03402	CCND1
2	233284661	233285930	5	0.03569	ALPPL2
19	51225848	51226850	7	0.03614	CLEC11A
3	87039536	87040740	12	0.03757	VGLL3
11	1750302	1750764	5	0.03785	MOB2
2	163695776	163696188	6	0.03893	KCNH7
11	1989715	1991876	10	0.0394	MRPL23
12	1025529	1026393	7	0.04056	RAD52
15	31515750	31516482	9	0.04338	LOC283710
16	685580	686585	7	0.04369	C16orf13
19	44808796	44809320	8	0.04643	ZNF235
14	105166740	105167974	8	0.04817	INF2
2	74647579	74649150	10	0.04883	WDR54
1	156465749	156467189	5	0.04986	MEF2D

Table S2. Probes with nominal p-value<0.05 found in both discovery and validation cohorts that are common to previous EWAS of all-cause mortality.

Probe	Nominal p-value (Discovery)	FDR-adj p (Discovery)	Δβ	Nominal p-value (Validation)	FDR-adj p (Discovery)	Δβ	Direction of methylation in respective article*	
ESTHER/KORA Study (PMID: 28303888)								
cg14975410	0.015	0.713	-3.009	0.049	0.816	-3.950	-	
cg23842572	0.027	0.742	-3.435	0.006	0.745	-2.367	+	
cg18181703	0.020	0.727	-3.233	0.027	0.796	-3.488	-	
Twin Study (PMID: 29419728)								
cg15763258	0.003	0.658	-1.804	0.026	0.793	-3.463	Not specified	

*Direction of methylation: when negative (-) methylation was lower in cases than in controls and when positive (+)

methylation was higher in cases than controls.