# **Dioscin Decreases Breast Cancer Stem-like Cell** Proliferation via Cell Cycle Arrest by Modulating p38 **Mitogen-activated Protein Kinase and AKT/mTOR Signaling Pathways**

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Dioscin (DS), a steroidal saponin, has been shown to have anti-cancer activity by exerting antioxidant effects and inducing apoptosis. However, the anti-cancer activity of DS in breast cancer-derived stem cells is still controversial. The purpose of this study was to evaluate the effects of DS on migration, invasion, and colony formation in MDA-MB-231 and MCF-7 cell lines and the mechanism by which it inhibits proliferation of breast cancer stem-like cells after inducing differentiation into breast cancer stem cells. DS treatment significantly reduced cellular migration, invasion, and colony formation in MDA-MB-231 and MCF-7 cells. During the differentiation process that induced manifestation of breast cancer stem-like cells, DS significantly inhibited mammosphere formation in a dose-dependent manner and increased the expression of p53 and p21 in breast cancer stem-like cells, reducing the expression of cdc2 and cyclin B1 in MDA-MB-231 cells and cyclin D, cyclin E, CDK4, and CDK2 in MCF-7 cells. Interestingly, DS treatment induced G2/M and G0/G1 cell cycle arrest in the MDA-MB-231 and MCF-7 cells, respectively. DS also increased the phosphorylation of p38 and decreased the expression levels of p-AKT and p-mTOR. These results suggest that DS regulates the p38 mitogen-activated protein kinase and AKT/mTOR signaling pathways to reduce the proliferation of breast cancer stem-like cells through cell cycle arrest. Therefore, these findings suggest that DS may serve as a potential treatment candidate targeting breast cancer stem cells.

Key Words Dioscin, Breast cancer, AKT/mTOR

## **INTRODUCTION**

Breast cancer is one of the deadliest malignant adenocarcinomas in women, and breast cancer-related mortality is mostly caused by invasion and metastasis [1,2]. Triple-negative breast cancer (TNBC), lacking estrogen receptor  $\alpha$ , progesterone receptors, and HER2, has a high risk of recurrence and metastasis and a low survival rate after onset [3]. A recent study reported that TNBC cells had characteristics including metastasis, chemoresistance, and recurrence similar to breast cancer stem cells (BCSCs), which are breast-cancer initiating cells. Their therapeutic efficacy was reported in a pre-clinical study of TNBC targeting cancer stem cells (CSCs) [4]. CSCs have stem cell properties such as self-renewal and multi-lineage differentiation and can promote the

mass formation of tumors including breast cancer [5]. CSCs, which are a subpopulation of tumor cells, are same cells as cancer stem-like cells [6]. In various types of breast cancer, BCSCs express specific markers such as CD44<sup>+</sup>/CD24<sup>-</sup>, epithelial-specific antigen, and CD326 (EpCAM), and have aldehyde dehydrogenase activity [7]. In particular, CD44 is a receptor for extracellular matrix hyaluronan, which acts together with the tyrosine kinase receptor as a surface marker of BCSCs and activates the signaling pathway related to the proliferation and colony formation of BCSCs. In contrast, the CD24 marker was identified as a glycoprotein on the surface of differentiated breast cancer cells [8].

Dandawate et al. [9] reported that various phytochemicals and their analogs could target CSCs by inhibiting signaling pathways responsible for self-renewal and differentiation of

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CSCs. The phosphatidylinositol-3-kinase (PI3K)/AKT and the mTOR signaling pathways play important roles in cancer cell growth, proliferation, motility, survival, and angiogenesis [10-12]. In chemotherapy, CSCs show multidrug resistance, leading to cancer recurrence and metastasis [13]. As the PI3K/AKT signaling pathway can promote CSC activity [14], regulation of this pathway may provide a potential strategy for overcoming resistance to breast cancer therapy [15].

Many phytochemicals have been reported to show pharmacological efficacy and inhibit the pathogenesis of various diseases [16]. In particular, saponin, which is a triterpenoid or steroidal glycoside widely distributed in plants, marine organisms, and some bacteria, has a wide range of biological properties [17]. For instance, dioscin (DS), a steroidal glucoside saponin (Fig. 1A), has been used in traditional medicine for treating hypercholesterolemia, hyperglycemia, and diabetes [18-21]. DS has also been reported to inhibit cancer cell proliferation in a number of human cancer cells [22]. The anticancer activity of DS has been demonstrated in studies on the regulation of different cell signaling processes involved in the growth, differentiation, apoptosis, and progression of cancer cells [23]. However, studies on anticancer activity of DS in BCSCs are still lacking. Furthermore, there are no reports on the anti-migrative ability of DSs in BCSCs, although DS was shown to inhibit migration and invasion via suppressing TGF- $\beta$ 1-induced epithelial-mesenchymal transition in lung cancer cell lines (A549) [24]. The purpose of this study was to compare the effects of DS on migration, invasion, and colony formation in MDA-MB-231 and MCF-7 cells that are derived from TNBC and estrogen receptor positive luminal breast cancer, respectively. Further, its anticancer activity in breast cancer stem-like cells and underlying mechanisms were also explored.

## **MATERIALS AND METHODS**

#### Reagents

DS was purchased from Sigma-Aldrich (St. Louis, MO, USA). The compound was dissolved in 100% dimethyl sulfoxide (DMSO). A 50 mmol/L stock solution of DS was prepared and stored as small aliquots at –20°C until used. We purchased MTT, DMSO, gelatin, and horseradish peroxidase (HRP)-con-



Figure 1. Effect of dioscin on the viability of human breast cancer cells. (A) Structure of dioscin. MDA-MB-231 (B) and MCF-7 (C) human breast cancer cells were incubated with selected concentrations of dioscin (0 to 100  $\mu$ M) for 24 to 72 hours. The results indicated that dioscin significantly inhibited human breast cancer cell growth in concentration- and time-dependent manners compared to non-treated (control group) cells. The results are expressed as the mean ± SD of at least three independent experiments. Statistical differences were analyzed with Student's *t*-test (\**P* < 0.05, \*\**P* < 0.01 vs. controls).

jugated anti-mouse and anti-rabbit antibodies from Sigma-Aldrich. Fluorescein isothiocyanate (FITC)-conjugated CD44 and phycoerythrin (PE)-conjugated CD24 antibodies were purchased from BD Biosciences (San Jose, CA, USA). The phospho-specific antibodies anti-p38, anti-AKT, anti-mTOR, and specific antibodies anti-p38, anti-AKT, anti-mTOR, and AKT inhibitor LY294002 were purchased from Cell Signaling Technology (Danvers, MA, USA). HRP-conjugated  $\beta$ -actin, OCT4, proliferation cell nuclear antigen (PCNA), p53, p21, cdc2, cyclin B1, CDK4, cyclin D, CDK2, and cyclin E antibodies were purchased from Santa Cruz Biotechnology (Dallas, TX, USA).

## **Cell culture**

Human breast cancer cells (MDA-MB-231 and MCF-7) were obtained from the American Type Culture Collection (ATCC; Rockville, MD, USA). The cells were cultured in 5%  $CO_2$  in a 37°C humidified atmosphere in Dulbecco's modified Eagle's media (DMEM) supplemented with 10% FBS and 1% antibiotics-antimycotics and maintained at 37°C and 5%  $CO_2$ . The cells were passaged every 3 to 4 days.

#### **Cell viability assay**

DS cytotoxicity was assessed using the MTT assay. Cells were seeded in 96-well plates. After culturing overnight, the primary culture medium was removed, and fresh medium containing six different concentrations of DS (0, 0.01, 0.1, 1, 10, and 100  $\mu$ M) was added for 24 to 72 hours. Then, 20  $\mu$ L of 5 mg/mL MTT in PBS was added to each well and incubated for 4 hours. Next, the media was removed and 100  $\mu$ L of DMSO was added to each well to stop the reaction. Cell viability was detected by measuring the optical density at 570 nm with a Synergy HTX plate reader (Bio-Tek Instruments, Inc., Winooski, VT, USA) and the Gen5 program.

#### Scratch wound-healing assay

A total of 4 × 10<sup>5</sup> cells were seeded into six-well plates and cultured for 24 hours, then an artificial wound was made with a P20 pipette tip in each well. The cells were washed three times with culture medium and fresh medium supplemented with DS (0 to 10  $\mu$ M) was added. Images were captured at different time points (24 to 48 hours) under an inverted microscope equipped with a camera. The wound gap distance was quantitatively determined with ImageJ software (National Institutes of Health, Bethesda, MD, USA) and closure was determined as follows: Closure (%) = migrated cell surface area/total surface area × 100.

#### **Invasion assay**

The cell invasion assay was performed using six-well dishes containing Transwell inserts with 8-µm polycarbonate membranes (Corning Life Sciences, Tewksbury, MA, USA). Cells (3 × 10<sup>5</sup> cells/mL) in 1.5 mL of serum-free DMEM/F12 medium were plated in the upper chamber (BD BioCoat<sup>™</sup>

Matrigel<sup>™</sup> Invasion Chamber, Corning), while DMEM medium with 10% FBS was added to the lower chamber. In both the control and treatment groups, after 48 hours at 37°C and 5% CO<sub>2</sub>, the non-invading cells were removed from the upper chamber with a cotton swab. The invading cells were fixed in 4% paraformaldehyde for 30 minutes and stained with 0.5% crystal violet solution for 30 minutes, and the number of invasive cells in microscopic fields was counted.

#### **Colony formation assay**

Cells were seeded in triplicate at a density of 800 cells/well in six-well flat-bottom plates with 2 mL of DMEM containing 10% FBS. The cells were incubated with or without DS treatment for 48 hours and then cultured for 10 days at 37°C in a 5% CO<sub>2</sub> incubator. The cell colonies were fixed in methanol and stained with crystal violet. Images were captured under an inverted microscope equipped with a camera. The number of colonies that contained > 50 cells was counted under a microscope. The number of colonies was quantitatively determined with ImageJ software.

#### **Mammosphere culture**

For mammosphere formation, MDA-MB-231 and MCF-7 single-cell suspensions were plated at the density of 5 × 10<sup>4</sup> cells/well using the Mammocult<sup>™</sup> Human Medium Kit (Stemcell Technologies, Vancouver, BC, Canada). The cells were seeded into Ultra-Low attachment 6-well plates at 37°C and 5% CO<sub>2</sub>. After seven days in culture, the primary mammospheres were gathered by gentle centrifugation. Then, the cells were re-plated to secondary and tertiary mammospheres [25].

## Cell surface markers measured by flow cytometry analysis

Tertiary mammospheres from the MDA-MB-231 and MCF-7 cells were trypsinized to generate single cells. The recommended concentration of human CD44-FITC and CD24-PE antibodies (BD Biosciences, San Diego, CA, USA) were added to the cell suspensions and the cells were incubated at room temperature in the dark for 30 minutes. Then, the cells were washed with PBS and analyzed using the FACSCalibur flow cytometer (BD Biosciences, San Diego, CA, USA) [26].

### **Cell cycle analysis**

Cells were seeded in 100 mm diameter culture dishes and incubated for 24 hours, then treated with DS (0, 2.5, 5, and 10  $\mu$ M) for 24 hours. The cells were collected using trypsin-ED-TA and fixed with 70% cold ethanol overnight at –20°C. The fixed cells were centrifuged 4°C at 5,000 rpm for 5 minutes and washed with cold PBS, then incubated at 37°C for 30 minutes with 50  $\mu$ g/mL of RNase A. The cells were stained with 50  $\mu$ g/mL of propidium iodide (PI) at 37°C for 15 to 30 minutes in the dark. The DNA content of the stained cells was analyzed using CellQuest Software and a FACS Vantage SE flow cytometer (BD Biosciences, San Diego, CA, USA).

#### Western blot analysis

The cells were treated with DS (0, 2.5, 5, and 10  $\mu$ M) for 24 hours and lysed in PRO-PREP protein extraction solution containing phosphatase and protease inhibitors (Roche Diagnostics GmbH, Mannheim, Germany) for 30 minutes at 4°C.

Then, they were centrifuged at 4°C at 13,000 rpm for 30 minutes. The whole protein samples (30  $\mu$ g) were separated on 8% to 10% SDS PAGE and transferred onto polyvinylidene fluoride membranes polyvinylidene fluoride membranes (Bio-Rad Laboratories, Inc., Hercules, CA, USA). The membranes were blocked with 5% BSA (AMRESCO, Cleveland, OH, USA) and in TBS with 0.1% Tween 20 (TBS-T) for one



**Figure 2.** Effect of dioscin on cell migration, invasion, and colony formation in breast cancer cells. (A, B) Effect of dioscin on the migration of breast cancer cells. The cells were grown to confluence in 6-well plates, scratch-wounded, and treated with the indicated concentrations of dioscin. Magnification, ×100. (C, D) Quantification of data shown in A and B. (E, F) Transwell assays were performed to determine the cell migration (without Matrigel) and invasion (with Matrigel) of the breast cancer cells exposed to dioscin. Magnification, ×100. (G, H) Quantification of data shown in E and F. (I, J) Effect of dioscin on the colony formation of breast cancer cells. The cancer cells were incubated in six-well plates and treated with dioscin. (K, L) Quantification of data shown in I and J. Magnification, ×100. NC, negative control. The values represent the mean  $\pm$  SD; \**P* < 0.05, \*\**P* < 0.01, \*\*\**P* < 0.001 compared to the controls.



Figure 2. Continued.

hour at room temperature, and then with primary antibodies diluted (1:200 to 1:1,000) in 5% BSA in TBS-T overnight at 4°C. Next, the membranes were washed four times (3 minutes each) with TBS-T. After washing, the membranes were incubated with anti-rabbit/anti-mouse secondary antibody (1:1,000) for one hour at room temperature and the reactions were detected using an Advanced Electrochemiluminescence

Western Blot Detection Kit (Amersham, Uppsala, Sweden). The intensities of the protein bands were measured by ImageJ software.

#### **Statistical analysis**

The data are presented as the mean  $\pm$  SD for the indicated number of independently performed experiments. Statistical

analysis was performed by Student's *t*-test for comparison between two groups or one-way ANOVA for comparison between more than two groups. P < 0.05 was considered to indicate a statistically significant difference. Statistical calculations were performed using SPSS for Windows version 18.0 (SPSS, Chicago, IL, USA).

## RESULTS

# DS inhibits MDA-MB-231 and MCF-7 cell proliferation

The inhibitory effects of DS on cell proliferation were assessed by treating MDA-MB-231 and MCF-7 cells with 0 to 100  $\mu$ M of DS for 24 to 72 hours. The IC<sub>50</sub> values of DS in MDA-MB-231 cells after 24- and 72-hour exposures was 33.55  $\mu$ M and 3.23  $\mu$ M, respectively, and the IC<sub>50</sub> of DS in MCF-7 cells after 24- and 72-hour exposures was 11.03

 $\mu$ M and 2.50  $\mu$ M, respectively (Fig. 1B and 1C). The results of this study showed that MDA-MB-231 and MCF-7 cells showed significant sensitivity to the DS treatment concentrations over time. Therefore, further analyses of the biological activities of DS were conducted following treatment at 10  $\mu$ M or less in breast cancer cells.

## DS inhibits the migration, invasion, and colony formation of MDA-MB-231 and MCF-7 cells

For cellular migration analysis, scratches were made to create a gap in the cell monolayer, and a wound-healing assay was performed in different DS treatment conditions. Migration was observed for 24 hours (Fig. 2A and 2B). The change in the area after 24 hours of exposure was compared to the initial wound area in different DS treatment conditions and quantified (Fig. 2C and 2D). The relative gap area was 30.92% and 101.18% for MDA-MB-231 cells treated with 0



**Figure 3.** Identification of the characteristics of breast cancer stem-like cells induced to differentiate. (A, B) To establish mammospheres, corresponding cells were seeded in Ultra-Low six-well plates using cancer stem cells culture media for 21 days. Magnification, ×100. (C, D) CD24<sup>low</sup>/ CD44<sup>+</sup> population analysis was performed on day 0 and day 21 of differentiation induction. Representative flow cytometry dot plots of CD24 and CD44 expression of breast cancer stem-like cells. The square indicates the distribution of the CD24<sup>low</sup>/CD44<sup>+</sup> cell subpopulation. (E, F) Representative blots showing the expression levels of OCT4 and proliferation cell nuclear antigen (PCNA) measured by Western blotting assays. Glyceraldehyde 3-phosphate dehydrogenase (GAPDH) was used as an internal control.

 $\mu$ M and 10  $\mu$ M DS, respectively. For MCF-7 cells, the relative gap area in cells treated with 0  $\mu$ M and 10  $\mu$ M DS was 45.78% and 100.13%, respectively, showing that DS treatment significantly reduced migration. In addition, migrative and invasiveness of these cells were measured 48 hours after treatment of DS in Boyden's chamber assay (Fig. 2E and 2F). Similar to the wound-healing assay results, 5  $\mu$ M and 10  $\mu$ M DS treatment significantly inhibited the invasion of MDA-III MB-231 cells by 91.46% and 99.24%, respectively, compared to the controls. In MCF-7 cells, cell invasion was inhibited by 94.80% and 98.93% by treatment with 5  $\mu$ M and 10  $\mu$ M DS,

respectively (Fig. 2G and 2H). To assess the inhibitory effects

of DS on colony formation. MDA-MB-231 and MCF-7 cells

were treated with DS for 24 hours at varying concentrations,

and then cultured for 14 days (Fig. 2I and 2J). The mean col-

ony number and size of the MDA-MB-231 and MCF-7 cells

indicated that DS significantly inhibited colony formation in a

concentration-dependent manner (Fig. 2K and 2L).

# The characteristics of MDA-MB-231 and MCF-7 cells differentiated into BCSCs

The anti-cancer activity of DS in BCSCs derived from MDA-MB-231 and MCF-7 cells was assessed. After culturing in differentiation medium for three weeks, mammosphere formation was observed in both the MDA-MB-231 and MCF-7 cells (Fig. 3A and 3B). The CD24<sup>low</sup>/CD44<sup>+</sup> phenotype, which is a differentiation characteristic of BCSCs, was analyzed using FACS. After differentiated into BCSCs, the CD24<sup>low</sup>/CD44<sup>+</sup> population increased from 3.44% to 18.19% and from 0.47% to 50.49% in MDA-MB-231 and MCF-7 cells, respectively (Fig. 3C and 3D). OCT4, a stem cell marker, and PCNA, which is expressed during cell proliferation, were highly expressed in the cancer cells. However, the expression levels rapidly decreased on day 7 and increased again until day 21 of differentiation induction in BCSCs derived from both MDA-MB-231 and MCF-7 cells (Fig. 3E and 3F).

## DS inhibits mammosphere formation in MDA-MB-231 and MCF-7 cells

In order to assess whether DS was able to inhibit mammo-

![](_page_6_Figure_6.jpeg)

Figure 4. Effect of dioscin on the mammosphere-forming ability of breast cancer stem-like cells. (A, B) Effect of dioscin on the formation of mammospheres derived from human breast cancer cells. Magnification, ×100. (C, D) Quantitative analysis of the mammosphere size. The results shown represent the mean  $\pm$  SD; \**P* < 0.05, \*\**P* < 0.01, \*\*\**P* < 0.001 compared to the controls.

sphere formation, the cells were treated with different concentrations of DS for 48 hours, after which the DS-containing medium was removed. During the 3 weeks of differentiation to BCSCs, the medium was replaced with fresh one twice per week (Fig. 4A and 4B). In the 10  $\mu$ M DS-treated group, the size of the mammospheres derived from MDA-MB-231 and MCF-7 cells was significantly decreased by 54.73% and 84.20%, respectively, compared to the control group (Fig. 4C and 4D).

# DS induces cell cycle arrest in breast cancer stem-like cells

After confirming the inhibitory effects of DS on the growth of

MDA-MB-231 and MCF-7 cells and mammosphere formation, further experiments were performed to assess whether DS could cause cell cycle arrest. After differentiation into breast cancer stem-like cells, the cells were treated with DS for 24 hours. Then, the cells were stained with PI to quantitatively analyze the DNA content using flow cytometry. DS treatment induced G2/M and G0/G1 cell cycle arrest in breast cancer stem-like cells derived from MDA-MB-231 and MCF-7 cells, respectively (Fig. 5A and 5B). To investigate the molecular events related to cell cycle arrest induced by DS in breast cancer stem-like cells, various proteins regulating the cell cycle were analyzed (Fig. 5C and 5D). DS treatment significantly increased the expression levels of p53 and p21

![](_page_7_Figure_5.jpeg)

**Figure 5.** Effect of dioscin on cell cycle distribution and protein expression in breast cancer stem-like cells. (A, B) Representative DNA fluorescence histograms showing the distribution of specific cell populations in sub-G1, G0/G<sub>1</sub>, S, and G<sub>2</sub>/M phases in breast cancer stem-like cells treated with dioscin at 2.5, 5, and 10  $\mu$ M for 24 hours and then subjected to flow cytometry analysis. The bar graphs show the percentage of breast cancer stem-like cells in sub-G1, G0/G<sub>1</sub>, S, and G<sub>2</sub>/M phases. The cells were stained using propidium iodide (PI) and subjected to flow cytometry analysis that collected 10,000 events. (C, D) Representative blots showing the expression levels of p53, p21, cdc2, cyclin B1, CDK4, cyclin D, CDK2, and cyclin E measured by Western blotting assays. MDA-MB-231 and MCF-7-derived breast cancer stem-like cells were treated with dioscin at 2.5, 5, and 10  $\mu$ M for 24 hours. β-actin was used as an internal control. The data are the mean ± SD of three independent experiments.

in MDA-MB-231 and MCF-7-derived breast cancer stemlike cells. However, the expression of cdc2 and cyclin B1 in breast cancer stem-like cells derived from MDA-MB-231 that induced G2/M cell cycle arrest was significantly decreased. In MCF-7-derived breast cancer stem-like cells, the levels of CDK4, cyclin D, CDK2, and cyclin E that induced G0/G1 cell cycle arrest were reduced.

# DS inhibits the AKT/mTOR signaling pathway in breast cancer stem-like cells

AKT/mTOR signaling is one of the active pathways in most cancers, and this pathway plays a variety of physiological roles, including the regulation of cell growth, cycle, and survival. After differentiation into breast cancer stem-like cells for three weeks, the cells were treated with DS for 24 hours, and p38 mitogen-activated protein kinase (MAPK) and AKT/ mTOR signaling was assessed. In breast cancer stem-like cells derived from MDA-MB-231 and MCF-7 cells, DS increased p-p38 MAPK expression and decreased p-AKT and p-mTOR expression in a concentration-dependent manner (Fig. 6A and 6B). Moreover, LY-294002, an inhibitor of AKT, co-treated with DS significantly inhibited the activation of p-AKT (Fig. 6C and 6D, and quantified in Fig. 6E and 6F).

### DISCUSSION

As the incidence of breast cancer is increasing worldwide, research for effective treatments of BCSCs is also increasing. Although BCSCs represent a minor population of breast cancer cells, they are very aggressive and hence account for high lethality. General chemotherapy has side effects, including drug resistance, that cause toxicity to normal cells [27].

![](_page_8_Figure_7.jpeg)

Figure 6. Effect of dioscin on the phosphorylation of p38 mitogen-activated protein kinase (MAPK), AKT, and mTOR in breast cancer stemlike cells. (A, B) Representative blots showing the expression levels of p-p38, p38, p-Akt, Akt, p-mTOR, and mTOR in breast cancer stem-like cells treated with dioscin at 2.5, 5, or 10  $\mu$ M for 24 hours. (C, D) The cells were treated with dioscin in combination with the AKT inhibitor LY294002, and the levels of p-AKT were detected by Western blotting.  $\beta$ -actin was used as an internal control. (E, F) Bar graphs showing the ratio of p-AKT/ $\beta$ -actin. The values indicate the mean ± SD of triplicate tests. \**P* < 0.05 and \*\**P* < 0.01 compared to the control.

Therefore, there is an emerging interest in treatments using natural products.

This study was the first one to show the anti-cancer activity of DS in breast cancer stem-like cells. MCF-7 cells were more sensitive to the cvtotoxic effects of DS treatment compared to MDA-MB-231 cells. In contrast, Aumsuwan et al. [28] reported that MDA-MB-231 cells were more sensitive to DS isolated from wild yam (Dioscorea villosa) root extract. Our present study revealed that DS inhibited the migration, invasion, and colony formation of MDA-MB-231 and MCF-7 cells. Similar to our findings, several studies have also reported the cytotoxic effect of DS in various human malignant cells [29]. Generally, CSCs are defined as cells that initiate tumor growth, have sustained self-renewal, are resistant to drugs, and cause recurrence or metastasis after chemotherapy. They also have migrative, invasive, and colony forming capabilities. The CD24<sup>low</sup>/CD44<sup>+</sup> phenotype has been described as a tumorigenic population of BCSCs and is involved in multiple drug resistance mechanisms [30,31]. Another characteristic used to identify BCSCs is the ability to grow under anchorage-independent spheres [32,33]. After inducing mammosphere formation, the CD24<sup>low</sup>/CD44<sup>+</sup> phenotype was quantified, and the CD24<sup>low</sup>/CD44<sup>+</sup> population, a specific marker of breast cancer stem-like cells, increased compared to the pre-differentiation population. However, DS treatment inhibited mammosphere formation in the present study.

The increased expression of OCT4, which is an undifferentiated stem cell marker, in CSCs has been reported to mediate the activation of growth factors, and promote cellular proliferation and metastasis in various types of malignancies [34]. The high proliferation activity is one of the notable characteristics of CSCs. PCNA is recognized as a useful indicator of the proliferation of tumor cells, which is closely related to the cell cycles [35]. In this study, the differentiation of MDA-MB-231 and MCF-7 cells into breast cancer stemlike cells led to a sharp decrease in the expression of OCT4 at the beginning of differentiation, followed by elevated OCT4 expression with increased differentiation induction time. Similarly, PCNA expression was also enhanced with increased differentiation induction time.

Cellular proliferation is primarily regulated by the control of the cell cycle and consists of four distinct sequential steps (G0/G1, S, G2, and M) [36]. In eukaryotes, the cell cycle is regulated by cyclins and CDKs. Cyclin D and CDK4 regulate the G0/G1 phase, and cyclin B1 and cdc2 proteins regulate the G2/M phase [37]. In this study, DS caused G2/M phase and G0/G1 phase arrest in MDA-MB-231 and MCF-7 cells, respectively, in a concentration-dependent manner. Furthermore, the major regulatory factors of the cell cycle checkpoints, including cdc2, CDK4, CDK2, cyclin B1, cyclin D, and cyclin E were assessed. The p53 tumor suppressor gene plays an important role in mediating cell responses by regulating various genes involved in apoptosis, cell cycle arrest, and DNA repair [38]. Moreover, p53 induces the transcription of various genes including the CDK inhibitor p21, which is an important negative cell cycle regulator. The cyclin-CDK complex controls the cell cycle, inducing cell cycle progression. The induction of p21 leads to inhibition of the cvclin-CDK complex and consequently induces cell cvcle arrest. It was observed that the expression levels of p53 and p21 were significantly increased in MDA-MB-231 and MCF-7 cells treated with DS. The cdc2-cyclin B1 complex plays a pivotal role in regulating G2/M phase transition and mitosis [39]. In DS-treated MDA-MB-231 cells, the cdc2 and cyclin B1 expression levels were significantly decreased, indicating that DS induced G2/M phase arrest in MDA-MB-231 cells. In contrast, the cyclin D, cyclin E, CDK4, and CDK2 expression levels were decreased in a concentration-dependent manner, leading to G0/G1 cell cycle arrest in the MCF-7 cells treated with DS.

In this study, DS inhibited the activity of AKT and mTOR by inducing p38 MAPK expression. p38 MAPK is an important stress kinase involved in the regulation of inflammation, cell growth and differentiation, the cell cycle, and cell death [40]. The PI3K/AKT/mTOR pathway also plays an important regulatory role in proliferation, migration, angiogenesis, and cell survival. This is an important pathway that may serve as a possible treatment target for breast cancer [41]. In this study, DS increased the expression of p-p38 MAPK and decreased the expression level of p-AKT. This led to the downregulation of p-mTOR, thereby inhibiting the AKT/mTOR signaling pathway in human breast cancer stem-like cells.

In conclusion, our results show that DS treatment inhibits the mammosphere formation of breast cancer stem-like cells and induces G2/M and G0/G1 cell cycle arrest in MDA-MB-231 and MCF-7-derived stem-like cells, respectively. Moreover, DS inhibits cell proliferation by inducing p38 MAPK and regulating the AKT/mTOR signaling pathway. These findings suggest that DS may serve as a potential therapeutic candidate for the treatment of human BCSCs.

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## **CONFLICTS OF INTEREST**

No potential conflicts of interest were disclosed.

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