

# Associations of Glycemic Control With Cardiovascular Outcomes Among US Hemodialysis Patients With Diabetes Mellitus

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**Background**—There is a lack of data on the relationship between glycemic control and cardiovascular end points in hemodialysis patients with diabetes mellitus.

**Methods and Results**—We included adult Medicare-insured patients with diabetes mellitus who initiated in-center hemodialysis treatment from 2006 to 2008 and survived for >90 days. Quarterly mean time-averaged glycosylated hemoglobin (HbA<sub>1c</sub>) values were categorized into <48 mmol/mol (<6.5%) (reference), 48 to <58 mmol/mol (6.5% to <7.5%), 58 to <69 mmol/mol (7.5% to <8.5%), and ≥69 mmol/mol (≥8.5%). Medicare claims were used to identify outcomes of cardiovascular mortality, nonfatal myocardial infarction (MI), fatal or nonfatal MI, stroke, and peripheral arterial disease. We used Cox models as a function of time-varying exposure to estimate multivariable adjusted hazard ratios and 95%CI for the associations between HbA<sub>1c</sub> and time to study outcomes in a cohort of 16 387 eligible patients. Patients with HbA<sub>1c</sub> 58 to <69 mmol/mol (7.5% to <8.5%) and ≥69 mmol/mol (≥8.5%) had 16% (CI, 2%, 32%) and 18% (CI, 1%, 37%) higher rates of cardiovascular mortality (*P*-trend=0.01) and 16% (CI, 1%, 33%) and 15% (CI, 1%, 32%) higher rates of nonfatal MI (*P*-trend=0.05), respectively, compared with those in the reference group. Patients with HbA<sub>1c</sub> ≥69 mmol/mol (≥8.5%) had a 20% (CI, 2%, 41%) higher rate of fatal or nonfatal MI (*P*-trend=0.02), compared with those in the reference group. HbA<sub>1c</sub> was not associated with stroke, peripheral arterial disease, or all-cause mortality.

**Conclusions**—Higher HbA<sub>1c</sub> levels were significantly associated with higher rates of cardiovascular mortality and MI but not with stroke, peripheral arterial disease, or all-cause mortality in this large cohort of hemodialysis patients with diabetes mellitus. (*J Am Heart Assoc.* 2017;6:e005581. DOI: 10.1161/JAHA.117.005581.)

**Key Words:** cardiovascular outcomes • diabetes mellitus • glycemic control • hemodialysis

Diabetes mellitus (DM) is the leading cause of end-stage renal disease (ESRD), reported in 45% of patients initiating treatment for ESRD in 2011.<sup>1</sup> DM is also a major risk factor for cardiovascular disease, and cardiovascular disease accounted for 41% of deaths in US patients with ESRD in 2011.<sup>2-4</sup> Previous studies have shown that patients on hemodialysis with DM have higher rates of several comorbidities and experience poorer clinical outcomes compared with patients without DM. Randomized trials have demonstrated

that DM management or tight glycemic control through monitoring of blood glucose and glycosylated hemoglobin A<sub>1c</sub> (HbA<sub>1c</sub>) levels can slow the progression of diabetic nephropathy<sup>5,6</sup> and reduce the risk of cardiovascular complications including myocardial infarction (MI) and coronary artery disease.<sup>2</sup> Although these trials excluded patients on hemodialysis, it has been argued that better glycemic control is key toward preventing DM-related complications in this population.<sup>3,7-9</sup> In fact, surprisingly few studies have investigated the association between HbA<sub>1c</sub> and clinical outcomes in the dialysis population.<sup>3,10-16</sup> Most of these studies focused only on all-cause mortality as the outcome and were limited by small sample size and correspondingly low statistical power.<sup>11-13,15</sup>

Furthermore, there is evidence that non-Hispanic blacks, Hispanics, and Asians have a lower risk of developing cardiovascular complications of DM compared with non-Hispanic whites, whereas mortality from cardiovascular complications is disproportionately higher in minorities.<sup>17-19</sup> However, whether race or ethnicity modifies the associations of glycemic control with cardiovascular outcomes in US patients on dialysis remains unclear.

Given these evidence gaps, in this study we examined the association between glycemic control and cardiovascular

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An accompanying Table S1 is available at <http://jaha.ahajournals.org/content/6/6/e005581/DC1/embed/inline-supplementary-material-1.pdf>

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Received March 17, 2017; accepted May 1, 2017.

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## Clinical Perspective

### What Is New?

- Taking advantage of 2 unusually large and detailed data sources as well as advanced methodology such as multiple imputation and time-varying extended Cox models, the present study demonstrates that higher HbA<sub>1c</sub> levels are significantly associated with higher rates of cardiovascular mortality and MI.

### What Are the Clinical Implications?

- Although further research is needed to establish causal relationships between glycemic control and cardiovascular complications in patients on hemodialysis with DM, health-care professionals should be aware of the cardiovascular disease risk associated with poor glycemic control in this patient population.

outcomes in a large cohort of US patients on hemodialysis with DM and assessed for effect modification by race and ethnicity.

## Methods

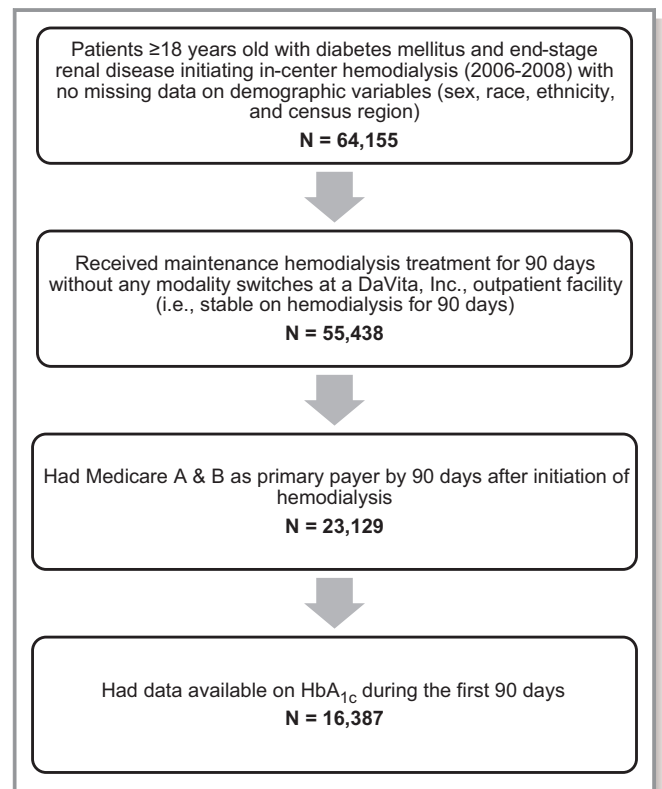
### Data Source

We used data from the US Renal Data System (USRDS), the national registry for patients with ESRD,<sup>1</sup> and data from the electronic health records (EHR) of DaVita, Inc, the second largest dialysis provider in the United States. We merged information covering years 2006 to 2011 from both sources using a crosswalk of anonymized patient identifiers generated by the USRDS Coordinating Center, with approval by the Centers for Medicare and Medicaid Services and the National Institutes of Diabetes and Digestive and Kidney Disease. The USRDS contains demographic and certain comorbidity data for almost all US patients with ESRD as well as data from final-action Medicare claims (Parts A, B, D) for eligible patients, and reported cause of death from the ESRD Death Notification (form CMS-2746). The DaVita EHR provides highly granular and longitudinal data on laboratory values, including HbA<sub>1c</sub>, all measured in a central laboratory, as well as on vital signs and hemodialysis-related parameters measured at the point of care.

### Study Population

The study population included all adult patients (≥18 years old) with incident ESRD between 2006 and 2008 and with DM reported as a comorbidity or cause of kidney disease in the ESRD Medical Evidence Report (form CMS-2728) with no

missing data on sex, race, ethnicity, and census region (N=64 155) (Figure 1). We restricted the cohort to those who received maintenance hemodialysis treatment at a DaVita outpatient facility and did not change to a different type of ESRD treatment (eg, peritoneal dialysis or kidney transplant) for 90 days (N=55 438). Because we relied on Medicare payment claims information to ascertain comorbid conditions and outcomes (see below), we further restricted the cohort to patients with Medicare fee-for-service (Parts A+B) as their primary payer by 90 days after initiation of hemodialysis (N=23 129). US Medicare insures all qualifying individuals starting at age 65 years and is mandated to insure all eligible patients with ESRD regardless of their age. Specifically, Medicare covers younger patients on the first day of the fourth month of ESRD, which for the majority of patients is between day 61 and 90 after incident ESRD (first treatment date). Hence, our cohort selection criteria required Medicare eligibility at day 90 to reflect near-universal healthcare coverage for all patients with ESRD regardless of age and race/ethnicity. The only relevant group of younger patients who do not qualify for Medicare are those who receive health insurance through their employer (those have to wait additional 30 months for Medicare eligibility), but this is quite uncommon, as most patients are not in the workforce when they reach ESRD. We further excluded 6742 patients



**Figure 1.** Study population derived from the US Renal Data System and electronic health records of DaVita, Inc.

who did not have any data on HbA<sub>1c</sub> during the first 90 days. The final cohort consisted of 16 387 patients. In the analysis of peripheral arterial disease (PAD), we additionally excluded 91 patients with preexisting PAD because PAD is often not an acute clinical condition. This study was approved by an institutional review board of Stanford University and conducted in accordance with the Declaration of Helsinki guidelines. Due to the unidentified nature of the data, patient consent was not deemed necessary and was not required.

### Primary Exposure

We abstracted HbA<sub>1c</sub> data from the DaVita EHR. We divided the time since hemodialysis initiation into 90-day quarters and averaged all available HbA<sub>1c</sub> values within that quarter. This time-varying quarterly mean HbA<sub>1c</sub> level was our primary exposure. HbA<sub>1c</sub> values were categorized into 4 groups: (1) <48 mmol/mol (<6.5%) (reference); (2) 48 to <58 mmol/mol (6.5% to <7.5%); (3) 58 to <69 mmol/mol (7.5% to <8.5%); and (4) ≥69 mmol/mol (≥8.5%).

### Primary Outcomes

We identified all-cause mortality and the following cardiovascular outcomes using Medicare billing claims and the Death Notification form: cardiovascular mortality, nonfatal MI, fatal or nonfatal MI, fatal or nonfatal ischemic or hemorrhagic stroke, and PAD. With the exception of PAD, our group has previously established algorithms to identify these cardiovascular events from Medicare claims.<sup>20,21</sup> PAD was defined using previously established diagnosis codes and diagnosis-related groups (Table 1).<sup>22</sup>

### Covariates

Information on age, sex, reported race (white, black, Asian, Native American, Pacific Islander, and other) and Hispanic ethnicity, and reported comorbidities were obtained from the Medical Evidence Report (form CMS-2728) in the USRDS. Comorbidities were also obtained from claims using the International Classification of Diseases, Ninth Revision, diagnosis and procedure codes from at least 1 inpatient or 2 or more outpatient encounters separated by at least 1 day. We combined information from both the Medical Evidence Report and claims data to define baseline comorbidities and used claims thereafter to create time-updated comorbidities in increments of 90-day quarters. No individual-level socioeconomic data were available in USRDS or the EHRs. As a result, we obtained area-level socioeconomic data from the US Census Bureau American Community Survey. We were constrained to use ZIP code as the area of analysis in order to match the smallest indicator of geography available in the

**Table 1.** Diagnosis Codes and Diagnosis-Related Groups Used to Define PAD<sup>22</sup>

Must have 1 of the following diagnosis codes	
440.0	Atherosclerosis of aorta
440.20	Atherosclerosis of native arteries of extremities, unspecified
440.21	Atherosclerosis of native arteries of extremities, with intermittent claudication
440.22	Atherosclerosis of native arteries of extremities, with rest pain
440.23	Atherosclerosis of native arteries of extremities, with ulceration
440.24	Atherosclerosis of native arteries of extremities, with gangrene
440.31	Atherosclerosis of autologous vein bypass graft of extremities
440.9	Atherosclerosis nonspecific
442.3	Lower extremity aneurysm
443.9	Peripheral vascular disease, unspecified
444.2X	Arterial embolism and thrombosis of arteries of the extremities
444.81	Arterial embolism and thrombosis of other specified artery, iliac artery
AND be assigned to 1 of the following DRGs	
5	Extracranial vascular procedures
110	Major cardiovascular procedures with CC
111	Major cardiovascular procedures without CC
113	Amputation for circulatory system disorders except upper limb and toe
114	Upper limb and toe amputation for circulatory system disorders
124	Circulatory disorders except acute myocardial infection
130	Peripheral vascular disorders with CC
131	Peripheral vascular disorders without CC
132	Atherosclerosis with CC
133	Atherosclerosis without CC
213	Amputation for musculoskeletal system and connective tissue disorders
271	Skin ulcers
285	Amputation of lower limb for endocrine, nutritional, and metabolic disorders
287	Skin grafts and wound debridement for endocrine, nutritional, and metabolic disorders
478	Other vascular procedures with CC
479	Other vascular procedures without CC

CC indicates complications and comorbidities; DRG, diagnosis-related group.

registry data. Although for some outcomes, ZIP code can lead to unstable associations due to heterogeneity of characteristics within a ZIP code, for most outcomes examined, results

have been shown to be consistent with smaller census-defined levels of geography.<sup>23</sup> Neighborhood-level socioeconomic variables at the ZIP-code level included median rent, median household income, percentage living below the federal poverty line, percentage unemployed among those 16 years or older, and percentage with less than a high-school education among those 25 years or older. Laboratory values, vital signs, and derived biometric parameters (normalized protein catabolic rate), and body mass index (BMI) were abstracted from the EHR. Sociodemographic variables, estimated glomerular filtration rate (eGFR), and BMI were ascertained at time of hemodialysis initiation only. All available laboratory variables and blood pressures were averaged within the 90-day quarters and treated as time-varying variables defined in the quarter preceding outcome ascertainment. All laboratory parameters including HbA<sub>1c</sub> were measured using a single assay. HbA<sub>1c</sub> was measured directly in the whole-blood sample using high-performance liquid chromatography and the Tosoh Bioscience (Tokyo, Japan) platforms known as G7 and G8. The methods were National Glycohemoglobin Standardization Program and International Federation of Clinical Chemistry certified.

We conducted a sensitivity analysis to examine the extent to which each covariate had an influence on the final model for each outcome of interest. We removed the covariates one at a time from the full model and computed percentage change in the  $\beta$  estimates to determine whether the variable was a significant confounder according to the “10% rule” (Table S1).

## Statistical Analysis

We compared patients' baseline characteristics across 4 different levels of baseline HbA<sub>1c</sub> using counts and proportions for categorical variables and mean (standard deviation) or median (interquartile ranges) for continuous variables. We tested for linear trend across HbA<sub>1c</sub> categories using the Cochran-Armitage test for categorical variables and the mean t test with contrasts for continuous variables.

We defined the index date as 90 days after hemodialysis initiation and followed the patients from the index date until an event of interest occurred. We censored at the end of the study period (December 31, 2011) or when patients stopped in-center hemodialysis treatment or were lost to follow-up, lost Medicare Parts A & B coverage, or died from any cause.

For each outcome, we calculated unadjusted incidence rates, defined as the number of events over person-time observed, across the 4 baseline HbA<sub>1c</sub> categories. We applied a Cox model as a function of time-varying exposure (extended Cox) to the HbA<sub>1c</sub> level categories to compute adjusted hazard ratios for each outcome, with the lowest category of mean HbA<sub>1c</sub> level (<6.5%) as the referent. Hazard ratios were

adjusted in 4 nested models: model 1, adjusted for year of incident ESRD; model 2, additionally adjusted for census division, sociodemographic variables, and Medicare/Medicaid dual eligibility; model 3, additionally adjusted for baseline BMI, eGFR, and time-updated comorbidities; and model 4 additionally adjusted for time-varying laboratory variables. We included in the corresponding model quadratic terms for all laboratory variables, BMI, and eGFR to account for the nonlinearity of the data. Standard errors were robustly estimated using sandwich estimators. We tested the linear effect of the exposure using contrast and tested for effect modification by race (white, black) and ethnicity (Hispanic, non-Hispanic) by including a multiplicative interaction term in the model. Given the small number of black Hispanic patients (N=49), these patients were not included in the analysis.

## Missing Data

Missing data were handled using multiple imputation methods with a fully conditional specification approach as implemented in Stata, and 5 imputed data sets were obtained for each outcome.<sup>24,25</sup> For the outcomes of cardiovascular and all-cause mortality, 45 438 out of 161 155 records (28.2%) were incomplete. At the patient level this corresponded to 1915 patients having at least 1 variable missing for every quarter the patient was kept in the analysis. The percentage of missing values across all the variables varied between 0% and 19.5%. For time-invariant variables, eGFR, BMI, and socioeconomic variables had missing values with the largest amount of missing data coming from median rent with 3.1%. We required patients to have baseline exposure but allowed follow-up values to be missing. Forty-eight percent of patients had at least 1 HbA<sub>1c</sub> record missing with the number of HbA<sub>1c</sub> records missing ranging between 4.2% and 95.7%. Laboratory measurements were also allowed to vary over time, and these could have missing values for all records including baseline. For these, the percentage of records with missing values varied between 8.1% for variables predialysis: weight, mean arterial pressure and pulse pressure, and 19.5% for HbA<sub>1c</sub>. These statistics were similar for the other outcomes of interest.

Under multiple imputation, we assumed that the data were missing at random, conditional on observed variables. This is a reasonable assumption given the baseline and intermittent values of the missing variables. In addition to the exposure and all covariates included in the analysis model, the imputation model also included the event indicator and the Nelson-Aalen estimator of the cumulative marginal hazard  $H(T)$ , where  $T$  is the time to event or censoring.<sup>26</sup> Given that patients are more likely to be missing time-varying observations if they spend time in the hospital, we added as an auxiliary variable the total number of days the patient spent in the hospital in the same quarter when the exposure and other



covariates were measured. The inclusion of auxiliary variables has been shown to improve the imputation model.<sup>27</sup> Imputations were repeated by race/ethnicity to allow testing for effect modification. All statistical analyses were performed using SAS, version 9.4 (SAS Institute, Inc, Cary, NC) and Stata version 13.1 (Stata Statistical Software:Release 13; Stata-Corp, College Station, TX).

## Results

We identified 16 387 patients initiating hemodialysis with DM, with mean HbA<sub>1c</sub> of 48 mmol/mol (6.5%) and mean age of 64.5 years at baseline (Table 2). Patients with higher baseline HbA<sub>1c</sub> levels tended to be younger, and the proportions of nonwhites were larger at higher HbA<sub>1c</sub> levels. The prevalence of patients living below poverty was lower in patients with lower HbA<sub>1c</sub>, but the prevalence of most reported comorbidities including heart failure and coronary artery disease was higher in patients with lower HbA<sub>1c</sub> levels. The mean eGFR reported at initiation of dialysis was the highest in patients with HbA<sub>1c</sub>  $\geq$ 69 mmol/mol ( $\geq$ 8.5%). Sensitivity analysis showed that variables such as hemoglobin, predialysis weight, and age were significant confounders for all outcomes in addition to nutritional status markers (albumin and normalized protein catabolic rate) for cardiovascular mortality and coronary artery disease as a comorbidity for nonfatal MI as well as fatal or nonfatal MI. Almost all variables were significant confounders for all-cause mortality.

Total person time for cardiovascular mortality was 37 683 years during which 3355 events were reported for an unadjusted incidence rate of 8.9 per 100 person-years. The unadjusted incidence rates (per 100 person-years) for the other events of interest were 7.0 for nonfatal MI, 7.8 for fatal or nonfatal MI, 3.5 for stroke, and 0.7 for a PAD event, and 23.1 for all-cause mortality. Patients in the highest HbA<sub>1c</sub> category at baseline generally had the highest incidence rates for all cardiovascular outcomes of interest except PAD, whereas those in the lowest HbA<sub>1c</sub> category had the highest incidence rate for all-cause mortality (Table 3).

In model 1 (adjusted for year of incident ESRD), higher HbA<sub>1c</sub> was associated with lower rate of cardiovascular mortality ( $P$ -trend $<$ 0.001) (Table 4). When we additionally adjusted for census division, demographic variables such as age, sex, race/ethnicity, Medicare/Medicaid dual eligibility, and area-level geocoded SES variables, this association was no longer significant; however, patients in the HbA<sub>1c</sub> 48 to  $<$ 58 mmol/mol (6.5% to  $<$ 7.5%) category had a 16% (95% CI, 7%, 24%) lower rate of cardiovascular mortality compared with those with HbA<sub>1c</sub>  $<$ 48 mmol/mol ( $<$ 6.5%). Further adjustment for baseline eGFR and BMI, and other time-updated comorbidities did not lead to substantial changes in

the observed associations, but additionally adjusting for time-varying laboratory values changed the direction of the associations, and higher HbA<sub>1c</sub> was now associated with higher rate of cardiovascular mortality ( $P$ -trend=0.01). Patients with HbA<sub>1c</sub> 58 to  $<$ 69 mmol/mol (7.5% to  $<$ 8.5%) and HbA<sub>1c</sub>  $\geq$ 69 mmol/mol ( $\geq$ 8.5%) had 16% (95% CI, 2%, 32%) and 18% (95% CI, 1%, 37%) higher rates of cardiovascular mortality, respectively, compared with those with HbA<sub>1c</sub>  $<$ 48 mmol/mol ( $<$ 6.5%).

In models that only adjusted for year of ESRD incidence, census division, and sociodemographic variables, higher HbA<sub>1c</sub> levels were also associated with higher rates of nonfatal MI ( $P$ -trend=0.009) and fatal or nonfatal MI ( $P$ -trend=0.01), with the rates being 19% (95% CI, 4%, 35%) and 20% (95% CI, 4%, 39%) higher, respectively, in patients with HbA<sub>1c</sub>  $\geq$ 69 mmol/mol ( $\geq$ 8.5%) compared with those with HbA<sub>1c</sub>  $<$ 48 mmol/mol ( $<$ 6.5%). Additionally adjusting for baseline eGFR and BMI, and other time-updated comorbidities did not largely change the magnitude of these associations. In the final model, which additionally adjusted for time-varying laboratory variables, higher HbA<sub>1c</sub> was associated with a higher rate of fatal or nonfatal MI ( $P$ -trend=0.02), but the association with nonfatal MI was only marginally significant ( $P$ -trend=0.05). There were 16% (95% CI, 1%, 33%) and 15% (95% CI, 1%, 32%) higher rates of nonfatal MI in patients with HbA<sub>1c</sub> 58 to  $<$ 69 mmol/mol (7.5% to  $<$ 8.5%) and  $\geq$ 69 mmol/mol ( $\geq$ 8.5%), respectively, compared with those with HbA<sub>1c</sub>  $<$ 48 mmol/mol ( $<$ 6.5%). In patients with HbA<sub>1c</sub>  $\geq$ 69 mmol/mol ( $\geq$ 8.5%), there was a 20% (95% CI, 2%, 41%) higher rate of fatal or nonfatal MI compared with patients with HbA<sub>1c</sub>  $<$ 48 mmol/mol ( $<$ 6.5%). The hazard ratios and 95% CI computed from the final model (model 4, which adjusted for all potential covariates) for the associations among time-varying HbA<sub>1c</sub> and cardiovascular mortality, nonfatal MI, and fatal or nonfatal MI are presented in Figure 2. There were no associations across HbA<sub>1c</sub> categories with rates of any stroke or PAD in any of the 3 models (all  $P$ -trend $>$ 0.05).

For all-cause mortality, adjusting for year of ESRD incidence and subsequently for census division, sociodemographic variables, and comorbidities led to an inverse association with time-averaged HbA<sub>1c</sub>, with rates being 21% (95% CI, 17%, 26%), 23% (95% CI, 17%, 29%), and 25% (95% CI, 17%, 32%) lower in patients with HbA<sub>1c</sub> 6.5% to  $<$ 7.5%, 7.5% to  $<$ 8.5%, and  $\geq$ 8.5%, respectively, compared with patients with HbA<sub>1c</sub>  $<$ 6.5%. However, this apparent association was no longer present after we adjusted for time-varying laboratory variables ( $P$ -trend=0.96).

There was no evidence of effect modification of the association between time-averaged HbA<sub>1c</sub> and any of the 5 cardiovascular outcomes of interest or all-cause mortality by race and ethnicity ( $P$ -for-interaction  $>$ 0.05 for all).

**Table 2.** Baseline Characteristics of 16 387 US Adult Patients With Diabetes Mellitus Initiating Maintenance Hemodialysis at a DaVita Outpatient Facility<sup>\*,†</sup>

Patient Characteristics	HbA <sub>1c</sub> in mmol/mol (%)					P Value <sup>‡</sup>
	All Patients (N=16 387)	<48 (<6.5) (N=9430)	48 to <58 (6.5 to <7.5) (N=4113)	58 to <69 (7.5 to <8.5) (N=1747)	≥69 (≥8.5) (N=1097)	
HbA <sub>1c</sub> , %	6.5±1.2	5.7±0.5	6.9±0.3	7.9±0.3	9.5±1.0	<0.001
<b>Demographics</b>						
Age, y	64.5±13.1	66.4±12.4	64.2±12.9	60.4±13.5	56.3±13.6	<0.001
Male sex, N (%)	8788 (53.6)	5062 (53.7)	2221 (54.0)	927 (53.1)	578 (52.7)	0.71
<b>Race, N (%)</b>						
White	10 624 (64.8)	6178 (65.5)	2703 (65.7)	1105 (63.3)	638 (58.2)	0.001
Black	4784 (29.2)	2727 (28.9)	1150 (28.0)	527 (30.2)	380 (34.6)	0.048
Asian	482 (2.9)	286 (3.0)	123 (3.0)	43 (2.5)	30 (2.7)	0.33
Pacific Islander	102 (0.6)	47 (0.5)	34 (0.8)	15 (0.9)	6 (0.5)	0.04
Native American	360 (2.2)	170 (1.8)	96 (2.3)	51 (2.9)	43 (3.9)	<0.001
Other/Multiracial	35 (0.2)	22 (0.2)	7 (0.2)	6 (0.3)	0 (0)	0.46
Hispanic ethnicity, N (%)	2825 (17.2)	1496 (15.9)	756 (18.4)	352 (20.1)	221 (20.1)	<0.001
Medicare/Medicaid dual eligibility	7003 (42.7%)	3811 (40.4)	1761 (42.8)	853 (48.8)	578 (52.7)	<0.001
<b>Socioeconomic variables</b>						
Median rent (US \$)	862.0±275.0	870.9±277.8	858.0±274.5	843.4±261.4	829.1±269.1	0.04
Missing, N (%)	505 (3.1)	291 (3.1)	111 (2.7)	72 (4.1)	31 (2.8)	
Median household income (\$)	49 287±19 781	50 030±20 443	49 008±19 084	47 375±17 991	46 986±18 867	0.10
Missing, N (%)	415 (2.5)	240 (2.5)	95 (2.3)	56 (3.2)	24 (2.2)	
% living below poverty	17.9±10.2	17.5±10.2	17.8±10.0	18.9±10.5	19.4±10.4	0.004
Missing, N (%)	407 (2.5)	236 (2.5)	93 (2.3)	54 (3.1)	24 (2.2)	
% unemployed	10.3±4.8	10.3±4.8	10.3±4.7	10.7±5.0	10.7±5.0	0.13
Missing, N (%)	406 (2.5)	235 (2.5)	93 (2.3)	54 (3.1)	24 (2.2)	
% <high school education	19.2±11.7	18.7±11.5	19.3±11.7	20.6±12.4	20.6±11.9	0.11
Missing, N (%)	402 (2.5)	234 (2.5)	91 (2.2)	53 (3.0)	24 (2.2)	
BMI, kg/m <sup>2</sup>	30.0±7.7	29.6±7.6	30.4±7.7	30.9±7.9	30.6±8.2	0.35
Missing, N (%)	264 (1.6)	157 (1.7)	57 (1.4)	35 (2.0)	15 (1.4)	
Predialysis weight, kg	84.8±22.3	83.3±22.0	86.1±21.9	88.3±22.9	87.5±23.7	0.74
Missing, N (%)	16 (0.1)	11 (0.1)	2 (0.1)	2 (0.1)	1 (0.1)	
Systolic blood pressure (mm Hg), median (25th to 75th percentile)	150.1 (136.9-163.7)	148.2 (135.0-161.8)	150.3 (137.3-163.7)	154.9 (141.7-168.0)	157.7 (145.3-170.8)	0.025
Missing, N (%)	14 (0.1)	10 (0.1)	2 (0.1)	1 (0.1)	1 (0.1)	
Diastolic blood pressure (mm Hg), median (25th to 75th percentile)	75.2 (67.6-84.1)	74.0 (66.6-82.5)	75.0 (67.7-83.8)	78.2 (70.9-87.4)	82.5 (74.0-91.0)	<0.001

Continued

**Table 2.** Continued

Patient Characteristics	HbA <sub>1c</sub> in mmol/mol (%)					P Value <sup>‡</sup>
	All Patients (N=16 387)	<48 (<6.5) (N=9430)	48 to <58 (6.5 to <7.5) (N=4113)	58 to <69 (7.5 to <8.5) (N=1747)	≥69 (≥8.5) (N=1097)	
Missing, N (%)	14 (0.1)	10 (0.1)	2 (0.1)	1 (0.1)	1 (0.1)	
Mean arterial pressure (mm Hg), median (25th to 75th percentile)	100.3 (91.5-110.1)	98.9 (90.3-108.4)	100.1 (91.6-110.0)	104.4 (95.3-113.6)	107.6 (99.0-117.4)	<0.001
Missing, N (%)	14 (0.1)	10 (0.1)	2 (0.1)	1 (0.1)	1 (0.1)	
Pulse pressure (mm Hg), median (25th to 75th percentile)	73.6 (64.3-83.2)	73.1 (63.7-82.7)	74.1 (65.1-83.3)	75.3 (65.9-84.5)	74.5 (65.0-83.8)	0.39
Missing, N (%)	14 (0.1)	10 (0.1)	2 (0.1)	1 (0.1)	1 (0.1)	
Reported comorbidities, N (%)						
Heart failure	9292 (56.7)	5471 (58.0)	2340 (56.9)	940 (53.8)	541 (49.3)	<0.001
Arrhythmias	1151 (7.0)	743 (7.9)	272 (6.6)	91 (5.2)	45 (4.1)	<0.001
Coronary artery disease	6889 (42.0)	4010 (42.5)	1787 (43.4)	706 (40.4)	386 (35.2)	0.007
Other cardiac disease	2935 (17.9)	1789 (19.0)	729 (17.7)	260 (14.9)	157 (14.3)	<0.001
Peripheral arterial disease	4360 (26.6)	2541 (26.9)	1104 (26.8)	448 (25.6)	267 (24.3)	0.12
Hypertension	15 723 (95.9)	9048 (95.9)	3943 (95.9)	1682 (96.3)	1050 (95.7)	0.99
COPD	3564 (21.7)	2169 (23.0)	879 (21.4)	345 (19.7)	171 (15.6)	<0.001
Current tobacco use	1041 (6.4)	585 (6.2)	239 (5.8)	122 (7.0)	95 (8.7)	0.074
Cancer	1305 (8.0)	871 (9.2)	309 (7.5)	77 (4.4)	48 (4.4)	<0.001
Alcohol dependence	206 (1.3)	141 (1.5)	41 (1.0)	19 (1.1)	5 (0.5)	0.001
Laboratory measurements						
Platelet count (×10 <sup>3</sup> /μL), median (25th to 75th percentile)	250.3 (200.9-309.0)	243.0 (194.0-300.3)	256.8 (206.7-316.8)	264.0 (214.3-325.7)	274.0 (223.8-331.5)	0.01
Missing, N (%)	55 (0.3)	35 (0.4)	10 (0.2)	6 (0.3)	4 (0.4)	
White blood cell count, ×1000/mm <sup>3</sup>	8.0±2.6	7.9±2.5	8.2±2.7	8.3±2.4	8.3±2.4	0.83
Missing, N (%)	32 (0.2)	20 (0.2)	6 (0.1)	2 (0.1)	4 (0.4)	
Albumin, g/dL	3.4±0.5	3.4±0.5	3.5±0.4	3.4±0.4	3.3±0.4	<0.001
Missing, N (%)	13 (0.1)	9 (0.1)	3 (0.1)	0	1 (0.1)	
nPCR, g/(kg·d)	0.8±0.2	0.8±0.2	0.8±0.2	0.8±0.2	0.8±0.2	0.003
Missing, N (%)	2450 (15.0)	1374 (14.6)	674 (16.4)	256 (14.7)	146 (13.3)	
Ferritin, ng/mL	337.3±325.6	356.2±333.1	328.4±348.8	294.6±253.3	275.8±249.1	0.005
Missing, N (%)	120 (0.7)	72 (0.8)	31 (0.8)	10 (0.6)	7 (0.6)	
Estimated GFR, mL/(min·1.73 m <sup>2</sup> )	11.4±4.8	11.3±4.8	11.5±4.7	11.6±4.7	12.2±4.7	0.001
Missing, N (%)	256 (1.6)	152 (1.6)	57 (1.4)	30 (1.7)	17 (1.5)	
Hemoglobin, g/dL	11.6±1.2	11.6±1.2	11.7±1.2	11.8±1.1	11.7±1.1	0.20
Missing, N (%)	4 (0.1)	2 (0.1)	1 (0.1)	1 (0.1)	0	

Continued

Table 2. Continued

Patient Characteristics	HbA <sub>1c</sub> in mmol/mol (%)					P Value <sup>‡</sup>
	All Patients (N=16 387)	<48 (<6.5) (N=9430)	48 to <58 (6.5 to <7.5) (N=4 113)	58 to <69 (7.5 to <8.5) (N=1747)	≥69 (≥8.5) (N=1097)	
Calcium, mg/dL	9.3±0.5	9.3±0.6	9.3±0.5	9.3±0.5	9.3±0.5	0.02
Missing, N (%)	15 (0.1)	7 (0.1)	7 (0.2)	1 (0.1)	0	
Phosphorus, mg/dL	5.0±1.2	5.0±1.2	5.0±1.1	5.1±1.1	5.1±1.1	0.02
Missing, N (%)	13 (0.1)	7 (0.1)	5 (0.1)	1 (0.1)	0	
PTH, pg/mL	371.2±283.7	368.6±298.9	363.4±256.0	382.0±268.0	405.1±269.8	<0.001
Missing, N (%)	78 (0.5)	46 (0.5)	19 (0.5)	9 (0.5)	4 (0.5)	

BMI indicates body mass index; COPD, chronic obstructive pulmonary disease; GFR, glomerular filtration rate; HbA<sub>1c</sub>, glycated hemoglobin; nPCR, normalized protein catabolic rate; PTH, parathyroid hormone.

\*Reported as means and standard deviations unless noted otherwise.

<sup>†</sup>Variables are described using means and standard deviations for normally distributed continuous data, medians and 25th and 75th percentile values for nonnormally distributed data, and counts and proportions for categorical data.

<sup>‡</sup>P-values were computed using a 2-sided trend analysis.

## Discussion

In this large prospective study of the association between glycemic control and cardiovascular outcomes in a cohort of incident US patients on hemodialysis with DM, we found that higher HbA<sub>1c</sub> levels were significantly associated with higher rates of cardiovascular mortality and MI but not with the rates of stroke, PAD, or all-cause mortality. We also found no evidence of effect modification of these associations by race and ethnicity. Our study had a relatively longer follow-up than what has previously been reported and used a time-varying analytic design with a comprehensive adjustment for various comorbidities and confounders including laboratory values.

In a 10-year posttrial follow-up study of the United Kingdom Prospective Diabetes Study, intensive glycemic

treatment reduced MI and all-cause mortality among patients with DM in the general population.<sup>28</sup> In the ADVANCE and Veterans Affairs Diabetes Trial, however, tight glycemic control did not lead to an improvement in cardiovascular outcomes, whereas in the ACCORD trial, in which patients had underlying cardiovascular disease, intensive treatment was associated with higher cardiovascular mortality risk.<sup>29-31</sup> Findings from these recent studies have collectively raised the question of whether glycemic control in populations with an underlying cardiovascular risk may do more harm than good, which is particularly applicable to patients on hemodialysis in whom the risks of cardiovascular morbidity and mortality are high.

Although there has been a lack of data on the relationship of HbA<sub>1c</sub> with cardiovascular outcomes in hemodialysis patients

Table 3. Unadjusted Incidence Rates (per 100 Person-Years) of Cardiovascular Outcomes According to HbA<sub>1c</sub> Categories at Baseline

	HbA <sub>1c</sub> in mmol/mol (%)															
	<48 (<6.5)				48 to <58 (6.5 to <7.5)				58 to <69 (7.5 to <8.5)				≥69 (≥8.5)			
	No. Events	Total PT (y)	Mean PT (y)	IR	No. Events	Total PT (y)	Mean PT (y)	IR	No. Events	Total PT (y)	Mean PT (y)	IR	No. Events	Total PT (y)	Mean PT (y)	IR
CV mortality	1883	21 482	2.3	8.8	842	9501	2.3	8.9	374	4134	2.4	9.0	256	2566	2.3	10.0
Hospitalized MI	1362	20 107	2.1	6.8	640	8783	2.1	7.3	268	3845	2.2	7.0	175	2351	2.1	7.4
Any MI	1525	20 107	2.1	7.6	727	8783	2.1	8.3	303	3845	2.2	7.9	199	2351	2.1	8.5
Any stroke	703	20 770	2.2	3.4	332	9179	2.2	3.6	129	3974	2.3	3.2	93	2454	2.2	3.8
PAD	151	21 181	2.3	0.7	73	9338	2.3	0.8	29	4076	2.3	0.7	13	2521	2.3	0.5
All-cause mortality	5141	21 482	2.3	23.9	2166	9501	2.3	22.8	857	4134	2.4	20.7	545	2566	2.3	21.2

CV indicates cardiovascular; HbA<sub>1c</sub>, glycated hemoglobin; MI, myocardial infarction; PAD, peripheral arterial disease; PT, person-time.



**Table 4.** Hazard Ratios (95% CI) of Cardiovascular Outcomes According to HbA<sub>1c</sub> Categories

	No. Events	HbA <sub>1c</sub> in mmol/mol (%)								P Trend
		<48 (<6.5)		48 to <58 (6.5 to <7.5)		58 to <69 (7.5 to <8.5)		≥69 (≥8.5)		
		HR	95% CI	HR	95% CI	HR	95% CI	HR	95% CI	
<b>CV mortality</b>	<b>3355</b>									
Model 1*		1.00	...	0.80	0.72, 0.88	0.79	0.70, 0.90	0.73	0.62, 0.85	<0.001
Model 2†		1.00	...	0.84	0.76, 0.93	0.91	0.80, 1.03	0.93	0.79, 1.09	0.57
Model 3‡		1.00	...	0.85	0.77, 0.94	0.92	0.81, 1.05	0.92	0.78, 1.08	0.45
Model 4§		1.00	...	1.03	0.93, 1.15	1.16	1.02, 1.32	1.18	1.01, 1.37	0.01
<b>Nonfatal MI</b>	<b>2445</b>									
Model 1*		1.00	...	1.03	0.93, 1.14	1.03	0.90, 1.17	0.99	0.87, 1.13	0.89
Model 2†		1.00	...	1.07	0.97, 1.19	1.13	0.99, 1.29	1.19	1.04, 1.35	0.009
Model 3‡		1.00	...	1.07	0.97, 1.19	1.13	0.99, 1.29	1.16	1.01, 1.33	0.02
Model 4§		1.00	...	1.10	0.99, 1.22	1.16	1.01, 1.33	1.15	1.01, 1.32	0.05
<b>Fatal or nonfatal MI</b>	<b>2754</b>									
Model 1*		1.00	...	0.99	0.90, 1.09	0.98	0.85, 1.12	1.00	0.87, 1.16	0.99
Model 2†		1.00	...	1.03	0.94, 1.13	1.08	0.94, 1.23	1.20	1.04, 1.39	0.01
Model 3‡		1.00	...	1.03	0.94, 1.13	1.08	0.94, 1.23	1.18	1.02, 1.37	0.02
Model 4§		1.00	...	1.08	0.98, 1.19	1.13	0.98, 1.29	1.20	1.02, 1.41	0.02
<b>Stroke</b>	<b>1257</b>									
Model 1*		1.00	...	1.03	0.88, 1.21	0.88	0.71, 1.07	1.00	0.82, 1.22	0.65
Model 2†		1.00	...	1.07	0.91, 1.25	0.95	0.77, 1.16	1.14	0.93, 1.41	0.44
Model 3‡		1.00	...	1.10	0.94, 1.28	0.98	0.80, 1.21	1.17	0.95, 1.44	0.32
Model 4§		1.00	...	1.13	0.96, 1.33	1.00	0.81, 1.23	1.13	0.92, 1.38	0.50
<b>PAD</b>	<b>266</b>									
Model 1*		1.00	...	0.95	0.70, 1.30	1.05	0.72, 1.53	0.88	0.57, 1.36	0.67
Model 2†		1.00	...	0.98	0.72, 1.33	1.12	0.77, 1.64	0.98	0.63, 1.51	0.93
Model 3‡		1.00	...	0.97	0.71, 1.32	1.14	0.78, 1.66	0.94	0.61, 1.48	0.99
Model 4§		1.00	...	1.02	0.74, 1.39	1.21	0.82, 1.78	1.01	0.62, 1.64	0.80
<b>All-cause mortality</b>	<b>8709</b>									
Model 1*		1.00	...	0.73	0.69, 0.77	0.64	0.59, 0.69	0.57	0.51, 0.63	<0.001
Model 2†		1.00	...	0.77	0.73, 0.81	0.74	0.68, 0.80	0.75	0.67, 0.83	<0.001
Model 3‡		1.00	...	0.79	0.74, 0.83	0.77	0.71, 0.83	0.75	0.68, 0.83	<0.001
Model 4§		1.00	...	1.00	0.94, 1.06	1.01	0.93, 1.10	1.00	0.91, 1.10	0.96

CV indicates cardiovascular; ESRD, end-stage renal disease; HbA<sub>1c</sub>, glycated hemoglobin; HR, hazard ratio; MI, myocardial infarction; PAD, peripheral arterial disease; SES, socioeconomic status.

\*Model 1 adjusted for year of ESRD incidence.

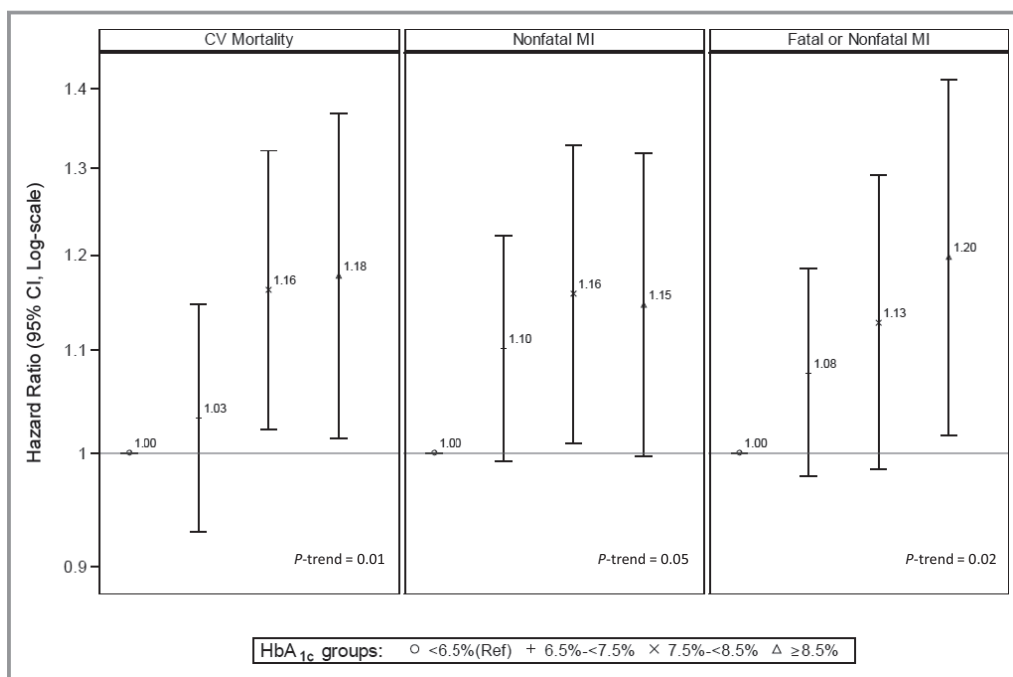
†Model 2 adjust for year of ESRD incidence in addition to census division (a marker for location), demographic variables such as age, sex, race/ethnicity, Medicare/Medicaid dual eligibility, and area-level geocoded SES variables such as median rent, median household income, percentage living below poverty, percentage unemployed, and percentage with less than high school education.

‡Model 3 adjusted for variables in model 2, baseline body mass index, estimated glomerular filtration rate, and preexisting comorbidities including heart failure, arrhythmias, coronary artery disease, other cardiac disease, peripheral arterial disease, hypertension, chronic obstructive pulmonary disease, current tobacco use, cancer, and alcohol dependence.

§Model 4 adjusted for variables in model 3 and laboratory variables such as albumin, normalized protein catabolic rate, hemoglobin, platelet count, white blood cell count, ferritin, mean arterial pressure, pulse pressure, serum calcium, serum phosphorus, parathyroid hormone, and predialysis weight.

with DM, several studies in the dialysis population have examined the association between HbA<sub>1c</sub> and all-cause mortality, and the literature is not unequivocal. Similar to our

findings, a study by Williams et al showed no association between HbA<sub>1c</sub> level and mortality after 1 year, but this study was limited by a single measure of HbA<sub>1c</sub>, short-term follow-up,



**Figure 2.** Hazard ratios, 95% CI, and *P*-trends for the associations between time-averaged glycated hemoglobin (HbA<sub>1c</sub>) and 3 different cardiovascular outcomes (cardiovascular mortality, nonfatal MI, and fatal or nonfatal MI) from model 4. This model adjusted for end-stage renal disease incidence; census division (a marker for location); demographic variables such as age, sex, race/ethnicity; Medicare/Medicaid dual eligibility; area-level geocoded socioeconomic standards variables such as median rent, median household income, percentage living below poverty, percentage unemployed, and percentage with less than high school education; baseline body mass index and estimated glomerular filtration rate; preexisting comorbidities including heart failure, arrhythmias, coronary artery disease, other cardiac disease, peripheral arterial disease, hypertension, chronic obstructive pulmonary disease, current tobacco use, cancer, and alcohol dependence; and laboratory variables such as albumin, normalized protein catabolic rate, hemoglobin, platelet count, white blood cell count, ferritin, mean arterial pressure, pulse pressure, serum calcium, serum phosphorus, parathyroid hormone level, and predialysis weight. For each outcome, HbA<sub>1c</sub> categories are represented as the following: ○, <6.5% (reference group); +, 6.5% to <7.5%; ×, 7.5% to <8.5%; and Δ, ≥8.5%. CV indicates cardiovascular; MI, myocardial infarction.

and insufficient control of cardiovascular disease risk factors and confounders.<sup>14</sup> When using time-varying HbA<sub>1c</sub> measures and adjusting for various confounders with follow-up up to 3 years, Williams et al later found a U-shaped association between HbA<sub>1c</sub> and mortality risk, with the risks being higher at the extremes of HbA<sub>1c</sub> (<48 mmol/mol [ $<6.5\%$ ] and >97 mmol/mol [ $>11\%$ ]).<sup>32</sup> Similarly, in an analysis of data from the Dialysis Outcomes and Practice Patterns Study of patients on hemodialysis with DM, mortality was lowest at HbA<sub>1c</sub> levels of 7% to 7.9% and increased at both lower and higher levels as HbA<sub>1c</sub> moved further from 7% to 7.9%.<sup>16</sup> This may be due to a combined effect of net catabolic balance and poor nutritional status of patients on hemodialysis as well as other clinical characteristics that are present in hemodialysis, all of which can have varying effects on glycemic control.<sup>16</sup> Indeed, in our sensitivity analysis, we found that variables such as albumin, normalized protein catabolic rate, and predialysis weight in addition to age, hemoglobin, and mean arterial

pressure were some of the strongest negative confounders that drove the association between glycemic control and cardiovascular mortality. This could explain why in our unadjusted analyses, we found an inverse association between glycemic control and cardiovascular mortality, but once we controlled for these aforementioned covariates, the risk associated with higher HbA<sub>1c</sub> became more apparent in the fully adjusted model (model 4). Nonetheless, in contrast to these previous studies, we found no association with cardiovascular outcomes or all-cause mortality at the lowest levels of HbA<sub>1c</sub>, regardless of whether we adjusted for nutritional factors and other covariates or not in fully adjusted models.

In another study of prevalent patients on hemodialysis with DM, there was an inverse association between time-varying HbA<sub>1c</sub> and mortality in unadjusted analyses. When adjusted for case-mix and malnutrition-inflammation markers and hemoglobin, the association shifted, with higher HbA<sub>1c</sub> levels

being incrementally associated with higher mortality risk.<sup>3</sup> We also found similar associations so that higher HbA<sub>1c</sub> appeared to be protective against all-cause mortality in models that only adjusted for year of ESRD incidence, sociodemographic variables, and time-updated comorbidities. Our study was methodologically different from some of these previous studies because we adjusted for a comprehensive set of time-varying laboratory variables in the fully adjusted model over a longer follow-up. In our fully adjusted model, we found that time-varying HbA<sub>1c</sub> was not associated all-cause mortality. However, similar to the study by Kalantar-Zadeh et al,<sup>3</sup> our study also showed that the association between HbA<sub>1c</sub> and cardiovascular mortality was sensitive to adjustment for laboratory and other biometric data. Our findings illustrate that relying only on billing data may sometimes yield spurious findings and that a combined data set of claims and clinical EHR data may be superior in asking certain clinical research questions in cohorts of hemodialysis.

Consistent with our findings, Drechsler et al<sup>33</sup> did not find a significant association between baseline HbA<sub>1c</sub> and the risk of stroke in the German Diabetes and Dialysis Study. However, higher HbA<sub>1c</sub> was a strong risk factor for sudden death, whereas no association was found between baseline HbA<sub>1c</sub> and risks of fatal or nonfatal MI and heart failure death.<sup>33</sup> Although the effect of tight glycemic control on microvascular complications has been well established,<sup>5,28,31,34</sup> its effect on macrovascular complications remains controversial, and more research is warranted to further study these relationships in patients on hemodialysis with DM. In this study we observed only moderate associations between higher HbA<sub>1c</sub> and increased rates of cardiovascular mortality and MI. Because ESRD patients constitute fewer than 5% of the chronic kidney disease patients in the United States, a majority of chronic kidney disease patients do not live long enough to develop ESRD or to start dialysis due to high rates of morbidity and mortality in these patients.<sup>35</sup> Advanced kidney disease is also an independent risk factor for increased morbidity and mortality associated with atherosclerotic heart and cerebrovascular diseases.<sup>36</sup> Therefore, patients who have survived to commence hemodialysis and be included in the analytic cohort of this study may have had the survival characteristics that placed them at an advantage, which could partially explain the lack of strikingly strong associations between higher HbA<sub>1c</sub> and risks of cardiovascular outcomes.

Although there is some evidence of racial and ethnic disparities in complications of DM,<sup>17-19</sup> we did not find any racial and ethnic differences in the incidence of any of the 5 cardiovascular outcomes or all-cause mortality. Racial and ethnic disparities in DM complications can be explained by differences in access to health care, financial barriers to quality health care or health insurance, and comprehensive

coverage.<sup>18</sup> The lack of racial and ethnic disparities observed in our study may be attributable to relatively favorable selection of an insured population, such as that of Medicare beneficiaries with ESRD, in which financial barriers to health care are not as prominent, as they are seen regularly or at least monthly by a nephrologist.

We acknowledge the limitations of this study. First, these study findings may not be generalizable to other patient populations (eg, commercially insured patients), as the study was conducted in a selected cohort of patients on hemodialysis with DM who were insured by Medicare. Second, patients on hemodialysis may have falsely low HbA<sub>1c</sub> levels due to shorter erythrocyte lifespan, lower erythrocyte concentration seen in anemia, or due to predominance of younger erythrocytes observed in patients who are on iron replacement therapy or erythropoiesis-stimulating agents.<sup>37</sup> Third, we could not determine and adjust for the severity of comorbidities because these data were abstracted from an administrative database. Fourth, we had relatively few PAD and stroke events, leading to wide confidence intervals and imprecise estimates, making it difficult to provide definitive conclusions with regard to the association between HbA<sub>1c</sub> and these cardiovascular outcomes. Fifth, we used HbA<sub>1c</sub> <48 mmol/mol (<6.5%) as the reference group, which also included patients with relatively low HbA<sub>1c</sub> values. These patients have been shown to have particularly poor prognosis owing to cachexia and “burnt out” DM.<sup>3,16</sup> As a result, we cannot identify the best target HbA<sub>1c</sub> for patients with DM and ESRD. Based on limited evidence, however, it is possible that higher HbA<sub>1c</sub> goals rather than intensive glycemic control (HbA<sub>1c</sub> <42 mmol/mol [<6.0%]) may be more appropriate in some patients with DM including those with chronic kidney disease.<sup>16,32</sup> Sixth, we excluded about one third of potentially eligible participants from the study because they were missing baseline HbA<sub>1c</sub> data. These missing values were not imputed because multiple imputation methods are only appropriate for imputation of the exposure of interest if strong auxiliary variables are available to be used in the imputation model. In the absence of these variables, patients without baseline HbA<sub>1c</sub> needed to be removed. Last, we cannot rule out residual confounding despite the adjustments made for potential confounding factors due to the observational nature of the study. Despite these limitations, the study herein takes advantage of 2 unusually large and detailed data sources to assess associations between glycemic control and various cardiovascular end points, adjusting for a wide array of demographic and socioeconomic factors as well as clinical parameters.

In conclusion, higher time-varying HbA<sub>1c</sub> was associated with increased rates of cardiovascular mortality and MI but not with rates of stroke, PAD, or all-cause mortality. Further research, ideally in randomized outcomes trials, is needed to

establish causal relationships between glycemic control and cardiovascular complications in patients on hemodialysis with DM.

## Sources of Funding

Rhee was supported by the National Institutes of Health—National Institute for Diabetes and Digestive and Kidney Diseases grants T32 DK007357 and F32 DK103473. This study was conducted under data use agreements between Winkelmayer and the National Institute for Diabetes and Digestive and Kidney Diseases and DaVita Inc, respectively. Data reported herein were supplied by the USRDS. Interpretation and reporting of these data are the responsibility of the authors and in no way should be seen as official policy or interpretation of the US government. A National Institute for Diabetes and Digestive and Kidney Diseases officer reviewed the manuscript for compliance with federal research regulations and approved its submission for publication. Data acquisition was supported by grants R01 DK090181 and R01 DK095024.

## Disclosures

None.

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# **SUPPLEMENTAL MATERIAL**

**Table S1.** One-at-a-time sensitivity analysis examining the extent to which each covariate has an influence on the final model for each outcome of interest

In this analysis, we removed the covariates one at a time from the full model and computed  $\Delta$  as shown below to determine whether the variable was a significant confounder according to the 10% rule. The tables hereby present beta estimates and 95% CI across HbA1c categories for the full model as well as beta estimates and % change in these estimates for the reduced model after each covariate was removed one-by-one from the full model. We present data for all outcomes of interest.

$$\text{Full model: } \log H = \beta_{11}(\text{HbA1c2}) + \beta_{21}(\text{HbA1c3}) + \beta_{31}(\text{HbA1c4}) + \gamma_1 Z + \delta_1 X$$

$$\text{Reduced model: } \log H + \beta_{10}(\text{HbA1c2}) + \beta_{20}(\text{HbA1c3}) + \beta_{30}(\text{HbA1c4}) + \gamma_0 Z,$$

where covariate X was removed from the full model

$$\text{Compute } \Delta = \frac{\beta_{10} - \beta_{11}}{\beta_{10}} \times 100\%$$

Confounder significant if  $\Delta > 10\%$

### Cardiovascular Mortality

	HbA1c2		HbA1c3		HbA1c4	
	$\beta_{11}$	95% CI	$B_{21}$	95% CI	$B_{31}$	95% CI
Full Model	0.032	(-0.073, 0.137)	0.150	(0.021, 0.279)	0.163	(0.013, 0.314)

Variable Removed	HbA1c2		HbA1c3		HbA1c4	
	$\beta_{10}$	%change	$\beta_{20}$	%change	$\beta_{30}$	%change
Year of ESRD incidence	0.031	-1.842	0.149	-1.101	0.162	-1.02
Census division	0.028	-13.551	0.146	-2.752	0.156	-4.492
Age	0.021	-54.961	0.122	-23.483	0.102	-60.172
Sex	0.027	-16.628	0.144	-4.354	0.154	-5.869
Race	0.03	-7.79	0.145	-3.916	0.155	-5.127
Ethnicity	0.027	-17.778	0.144	-4.73	0.154	-5.848
Medicare/Medicaid dual eligibility	0.032	0.815	0.15	-0.014	0.164	0.27
Median rent	0.033	2.035	0.151	0.131	0.163	-0.243
Median household income	0.032	-0.978	0.15	-0.197	0.164	0.266
% living below poverty	0.032	-0.682	0.15	0.033	0.164	0.072
% unemployed	0.032	-0.816	0.15	-0.23	0.163	-0.231
% with less than high school education_	0.031	-1.725	0.15	-0.448	0.162	-0.691
BMI	0.032	1.325	0.15	-0.185	0.165	0.82
eGFR	0.038	15.758	0.158	4.823	0.174	6.296
Heart failure	0.032	0.815	0.15	-0.014	0.164	0.27
Arrhythmias	0.029	-12.112	0.146	-2.694	0.158	-3.52
Coronary artery disease	0.038	16.003	0.157	4.389	0.174	5.81
Other cardiac disease	0.03	-6.873	0.147	-2.59	0.159	-2.797
Peripheral arterial disease	0.036	10.201	0.153	1.616	0.168	2.499
Hypertension	0.032	-0.037	0.15	-0.048	0.163	-0.017
Chronic obstructive pulmonary disease	0.03	-5.264	0.145	-3.363	0.157	-4.408
Current tobacco use	0.032	0.106	0.15	0.014	0.163	-0.085
Cancer	0.032	0.845	0.151	0.263	0.164	0.15
Alcohol dependence	0.032	-0.663	0.15	-0.101	0.163	-0.254
Albumin	0.011	-190.307	0.143	-5.264	0.192	14.821
nPCR	0.017	-84.096	0.131	-14.341	0.144	-13.445
Hemoglobin	0.008	-319.358	0.115	-30.632	0.114	-43.474
Platelet count	0.025	-27.151	0.144	-4.699	0.157	-3.972
White blood cell count	0.036	11.125	0.16	5.9	0.171	4.144
Ferritin	0.033	3.243	0.152	0.827	0.167	2.002
Mean arterial pressure	0.022	-47.121	0.134	-11.791	0.131	-24.763
Pulse pressure	0.031	-3.254	0.143	-5.306	0.151	-7.97
Calcium	0.031	-3.327	0.148	-1.883	0.16	-2.412
Phosphorus	0.03	-7.692	0.148	-1.559	0.166	1.477
PTH	0.035	7.529	0.152	0.942	0.167	1.855
Predialysis weight	0.02	-61.568	0.132	-13.951	0.146	-11.632

### Nonfatal MI

	HbA1c2		HbA1c3		HbA1c4	
	$\beta_{11}$	95% CI	$B_{21}$	95% CI	$B_{31}$	95% CI
Full Model	0.096	(-0.008, 0.200)	0.147	(0.009, 0.285)	0.137	(-0.003, 0.276)

Variable Removed	HbA1c2		HbA1c3		HbA1c4	
	$\beta_{10}$	%change	$B_{20}$	%change	$B_{30}$	%change
Year of ESRD incidence	0.096	0.024	0.148	0.462	0.137	0.516
Census division	0.098	2.278	0.15	2.38	0.141	3.094
Age	0.079	-21.178	0.105	-39.755	0.053	-157.567
Sex	0.095	-1.538	0.145	-1.634	0.133	-2.5
Race	0.095	-1.218	0.143	-3.06	0.13	-4.908
Ethnicity	0.092	-4.224	0.141	-4.376	0.13	-5.379
Medicare/Medicaid dual eligibility	0.095	-0.773	0.146	-0.528	0.135	-1.327
Median rent	0.096	-0.069	0.147	-0.005	0.137	0.091
Median household income	0.096	-0.136	0.147	-0.083	0.137	0.142
% living below poverty	0.096	0.038	0.147	0.018	0.137	-0.031
% unemployed	0.096	0.158	0.147	0.133	0.137	0.248
% with less than high school education_	0.097	0.886	0.148	0.877	0.138	1.149
BMI	0.096	0.04	0.147	0.018	0.137	0.17
eGFR	0.098	2.344	0.149	1.736	0.138	1.363
Heart failure	0.096	0.037	0.148	0.958	0.141	3.021
Arrhythmias	0.096	-0.309	0.146	-0.294	0.136	-0.517
Coronary artery disease	0.11	12.547	0.165	11.098	0.159	14.346
Other cardiac disease	0.092	-4.168	0.141	-4.262	0.129	-5.729
Peripheral arterial disease	0.099	2.801	0.149	1.73	0.142	3.472
Hypertension	0.096	0.084	0.147	0.274	0.137	-0.033
Chronic obstructive pulmonary disease	0.096	-0.305	0.146	-0.581	0.135	-0.887
Current tobacco use	0.096	-0.117	0.147	0.035	0.136	-0.409
Cancer	0.094	-1.839	0.144	-1.651	0.134	-1.645
Alcohol dependence	0.097	1.047	0.148	0.672	0.139	1.671
Albumin	0.097	1.288	0.154	4.802	0.159	13.825
nPCR	0.091	-5.847	0.14	-5.004	0.129	-6.238
Hemoglobin	0.083	-16.094	0.126	-16.334	0.11	-24.235
Platelet count	0.095	-1.317	0.145	-1.156	0.134	-1.762
White blood cell count	0.098	1.757	0.149	1.716	0.14	2.293
Ferritin	0.097	0.949	0.148	1.01	0.139	1.47
Mean arterial pressure	0.098	2.14	0.15	2.189	0.143	4.632
Pulse pressure	0.096	0.148	0.148	0.68	0.139	1.617
Calcium	0.094	-1.909	0.143	-2.442	0.133	-2.889
Phosphorus	0.093	-3.532	0.144	-2.114	0.139	1.871
PTH	0.098	1.775	0.147	0.116	0.138	0.928
Predialysis weight	0.083	-15.919	0.127	-15.368	0.117	-16.526

**Fatal or Nonfatal MI**

	<b>HbA1c2</b>		<b>HbA1c3</b>		<b>HbA1c4</b>	
	$\beta_{11}$	<b>95% CI</b>	$B_{21}$	<b>95% CI</b>	$B_{31}$	<b>95% CI</b>
Full Model	0.074	(-0.023, 0.170)	0.120	(-0.016, 0.256)	0.181	(0.016, 0.345)

<b>Variable Removed</b>	<b>HbA1c2</b>		<b>HbA1c3</b>		<b>HbA1c4</b>	
	$\beta_{10}$	<b>%change</b>	$B_{20}$	<b>%change</b>	$B_{30}$	<b>%change</b>
Year of ESRD incidence	0.074	0.438	0.122	1.381	0.183	1.032
Census division	0.076	2.263	0.123	2.556	0.185	2.148
Age	0.058	-27.5	0.08	-50.449	0.099	-82.27
Sex	0.072	-2.564	0.117	-2.822	0.176	-2.565
Race	0.072	-2.195	0.115	-4.267	0.174	-4.027
Ethnicity	0.071	-4.385	0.115	-4.163	0.175	-3.055
Medicare/Medicaid dual eligibility	0.073	-0.697	0.12	-0.416	0.18	-0.641
Median rent	0.074	0.003	0.12	0.008	0.181	0.006
Median household income	0.074	-0.11	0.12	-0.044	0.181	0.141
% living below poverty	0.074	-0.056	0.12	-0.039	0.181	0.025
% unemployed	0.074	0.277	0.12	0.234	0.181	0.27
% with less than high school education_	0.074	0.441	0.12	0.374	0.181	0.351
BMI	0.074	0.205	0.12	0.088	0.181	0.388
eGFR	0.075	1.069	0.12	0.397	0.179	-0.657
Heart failure	0.074	0.393	0.121	0.943	0.185	2.374
Arrhythmias	0.074	-0.439	0.12	-0.345	0.18	-0.338
Coronary artery disease	0.087	15.233	0.137	12.671	0.201	10.191
Other cardiac disease	0.07	-5.746	0.114	-5.666	0.173	-4.621
Peripheral arterial disease	0.077	3.58	0.123	2.071	0.185	2.472
Hypertension	0.074	0.05	0.12	0.2	0.181	-0.022
Chronic obstructive pulmonary disease	0.073	-0.643	0.119	-1.079	0.179	-1.054
Current tobacco use	0.074	-0.182	0.12	0.016	0.18	-0.332
Cancer	0.072	-2.802	0.117	-2.405	0.178	-1.365
Alcohol dependence	0.075	1.439	0.121	1.02	0.183	1.418
Albumin	0.074	-0.458	0.127	5.263	0.204	11.588
nPCR	0.069	-7.457	0.113	-6.315	0.173	-4.524
Hemoglobin	0.059	-24.304	0.098	-22.912	0.152	-19.147
Platelet count	0.072	-1.996	0.118	-1.649	0.178	-1.489
White blood cell count	0.076	3.113	0.124	3.105	0.185	2.257
Ferritin	0.075	1.528	0.122	1.382	0.184	1.606
Mean arterial pressure	0.076	2.303	0.123	2.096	0.185	2.581
Pulse pressure	0.074	-0.031	0.12	-0.148	0.18	-0.286
Calcium	0.072	-2.607	0.116	-3.121	0.176	-2.773
Phosphorus	0.07	-5.357	0.117	-2.778	0.182	1.001
PTH	0.075	2.097	0.12	0.127	0.182	0.564
Predialysis weight	0.061	-20.08	0.101	-18.607	0.162	-11.554



**Stroke**

	<b>HbA1c2</b>		<b>HbA1c3</b>		<b>HbA1c4</b>	
	$\beta_{11}$	<b>95% CI</b>	$B_{21}$	<b>95% CI</b>	$B_{31}$	<b>95% CI</b>
Full Model	0.123	(-0.041, 0.287)	-0.001	(-0.206, 0.205)	0.119	(-0.084, 0.322)

<b>Variable Removed</b>	<b>HbA1c2</b>		<b>HbA1c3</b>		<b>HbA1c4</b>	
	$\beta_{10}$	<b>%change</b>	$B_{20}$	<b>%change</b>	$B_{30}$	<b>%change</b>
Year of ESRD incidence	0.123	-0.368	-0.003	82.597	0.117	-1.888
Census division	0.122	-0.747	-0.001	-0.19	0.12	0.552
Age	0.105	-17.422	-0.044	98.794	0.036	-233.695
Sex	0.125	1.861	0.003	118.436	0.124	4.049
Race	0.12	-2.575	-0.005	88.339	0.115	-3.907
Ethnicity	0.125	1.232	0.002	129.949	0.121	1.922
Medicare/Medicaid dual eligibility	0.124	0.368	0	-120.921	0.12	0.713
Median rent	0.123	0.07	0	-28.467	0.119	0.225
Median household income	0.123	0.085	0	-8.866	0.119	-0.325
% living below poverty	0.123	0.111	-0.001	-1.734	0.118	-0.699
% unemployed	0.123	0.204	0	-78.983	0.12	0.444
% with less than high school education	0.123	-0.133	-0.001	28.358	0.119	-0.234
BMI	0.124	1.115	0.001	142.512	0.122	2.21
eGFR	0.122	-1.06	-0.002	76.883	0.117	-2.097
Heart failure	0.123	0.169	0	336.771	0.12	1.131
Arrhythmias	0.122	-0.616	-0.002	65.49	0.118	-1.069
Coronary artery disease	0.125	1.348	0.002	122.018	0.122	2.406
Other cardiac disease	0.113	-8.813	-0.019	97.275	0.096	-23.656
Peripheral arterial disease	0.124	0.469	0	-1747.9	0.12	1.133
Hypertension	0.123	0.037	0	-1253.15	0.119	-0.003
Chronic obstructive pulmonary disease	0.123	0.123	0	-633.221	0.12	0.602
Current tobacco use	0.123	0.011	0	-25.118	0.119	0.183
Cancer	0.124	0.701	0.001	164.785	0.12	1.014
Alcohol dependence	0.121	-2.004	-0.003	82.388	0.114	-4.177
Albumin	0.123	-0.414	0.012	104.297	0.163	27.022
nPCR	0.113	-8.533	-0.014	96.104	0.104	-14.044
Hemoglobin	0.112	-9.694	-0.017	96.874	0.097	-22.219
Platelet count	0.123	-0.405	-0.001	56.507	0.119	-0.341
White blood cell count	0.128	3.502	0.005	109.877	0.125	4.514
Ferritin	0.123	0.012	-0.001	34.491	0.119	-0.229
Mean arterial pressure	0.13	5.336	0.011	104.789	0.144	17.209
Pulse pressure	0.123	-0.128	-0.002	65.194	0.118	-1.136
Calcium	0.122	-0.761	-0.002	76.993	0.117	-1.96
Phosphorus	0.122	-0.951	-0.001	57.76	0.119	0.071
PTH	0.126	2.123	0.002	131.132	0.123	2.991
Predialysis weight	0.111	-11.275	-0.018	97.066	0.101	-18.288

**PAD**

	<b>HbA1c2</b>		<b>HbA1c3</b>		<b>HbA1c4</b>	
	$\beta_{11}$	<b>95% CI</b>	$B_{21}$	<b>95% CI</b>	$\beta_{11}$	<b>95% CI</b>
Full Model	0.017	(-0.298, 0.331)	0.189	(-0.197, 0.576)	0.007	(-0.481, 0.496)

<b>Variable Removed</b>	<b>HbA1c2</b>		<b>HbA1c3</b>		<b>HbA1c4</b>	
	$\beta_{10}$	<b>%change</b>	$B_{20}$	<b>%change</b>	$B_{30}$	<b>% change</b>
Year of ESRD incidence	0.027	38.168	0.134	-40.94	-0.039	118.655
Census division	0.014	-17.979	0.19	0.441	0.01	25.465
Age	0.018	6.956	0.193	2.025	0.015	50.65
Sex	0.013	-32.341	0.182	-3.835	-0.002	422.089
Race	0.02	15.709	0.196	3.232	0.015	51.677
Ethnicity	0.02	17.117	0.193	2.041	0.01	30.849
Medicare/Medicaid dual eligibility	0.017	0.215	0.189	-0.032	0.007	-3.885
Median rent	0.017	2.796	0.189	0.084	0.007	2.933
Median household income	0.017	0.286	0.189	0.046	0.008	3.911
% living below poverty	0.018	7.142	0.189	-0.307	0.013	42.306
% unemployed	0.018	8.549	0.193	1.945	0.014	49.265
% with less than high school education_	0.001	-1157.14	0.18	-4.889	0.026	71.615
BMI	0.021	20.08	0.195	3.014	0.016	55.422
eGFR	0.012	-38.951	0.184	-2.554	-0.002	412.236
Heart failure	0.019	10.016	0.189	0.138	0.006	-21.39
Arrhythmias	0.006	-158.344	0.192	1.421	0.006	-19.43
Coronary artery disease	0.018	7.132	0.192	1.459	0.008	8.115
Other cardiac disease	0.013	-24.702	0.18	-5.006	0.003	-116.328
Peripheral arterial disease	0.037	54.839	0.165	-14.905	0.027	73.15
Hypertension	0.015	-9.74	0.193	1.757	0.008	9.514
Chronic obstructive pulmonary disease	0.019	13.363	0.192	1.454	0.008	7.232
Current tobacco use	0.016	-6.233	0.189	0.12	-0.006	228.63
Cancer	0.02	14.484	0.192	1.246	0.009	20.893
Alcohol dependence	0.016	-3.703	0.189	0.027	0.005	-45.493
Albumin	-0.004	487.396	0.196	3.256	0.073	90.078
nPCR	0.025	32.76	0.199	4.827	0.025	70.77
Hemoglobin	0.007	-126.436	0.176	-7.28	-0.007	205.657
Platelet count	0.016	-4.259	0.192	1.255	0.014	49.505
White blood cell count	0.01	-70.63	0.199	4.812	0.035	79.048
Ferritin	0.003	-497.783	0.185	-2.086	0.03	75.971
Mean arterial pressure	0.006	-171.737	0.165	-14.896	-0.051	114.105
Pulse pressure	0.019	11.3	0.191	1.131	0.01	28.713
Calcium	0.017	1.479	0.18	-5.065	-0.004	297.627
Phosphorus	-0.003	614.937	0.172	-10.188	-0.036	119.923
PTH	0.024	30.949	0.196	3.689	0.02	64.334
Predialysis weight	0.019	10.387	0.185	-2.019	-0.001	721.527

### All-Cause Mortality

	HbA1c2		HbA1c3		HbA1c4	
	$\beta_{11}$	95% CI	$B_{21}$	95% CI	$B_{31}$	95% CI
Full Model	0.000	(-0.059, 0.060)	0.012	(-0.075, 0.098)	-0.001	(-0.099, 0.097)

Variable Removed	HbA1c2		HbA1c3		HbA1c4	
	$\beta_{10}$	%change	$B_{30}$	%change	$B_{30}$	%change
Year of ESRD incidence	0	-138.372	0.011	-7.983	-0.002	55.209
Census division	-0.001	139.272	0.009	-27.109	-0.005	82.099
Age	-0.017	102.426	-0.032	136.706	-0.091	98.973
Sex	-0.003	114.58	0.007	-56.043	-0.008	87.642
Race	-0.002	117.469	0.005	-113.293	-0.009	89.915
Ethnicity	-0.005	108.357	0.004	-163.369	-0.01	91.025
Medicare/Medicaid dual eligibility	0.001	22.348	0.012	0.077	-0.001	-31.78
Median rent	0.001	24.214	0.012	0.776	-0.001	34.203
Median household income	0	-34.868	0.012	-0.51	-0.001	-12.545
% living below poverty	0	-6.771	0.012	-0.052	-0.001	-6.143
% unemployed	0.001	31.553	0.012	1.382	-0.001	-50.242
% with less than high school education_	0	671.787	0.011	-5.909	-0.002	52.203
BMI	0	-44.876	0.01	-14.34	-0.001	27.393
eGFR	0.004	88.88	0.016	27.175	0.006	116.061
Heart failure	0.001	68.726	0.014	16.735	0.003	130.61
Arrhythmias	-0.002	127.116	0.01	-15.728	-0.004	75.891
Coronary artery disease	0.003	88.212	0.015	21.769	0.004	124.88
Other cardiac disease	-0.003	113.699	0.005	-132.428	-0.009	89.363
Peripheral arterial disease	0.003	87.062	0.013	11.489	0.002	146.464
Hypertension	0	-9.333	0.011	-1.767	-0.001	9.153
Chronic obstructive pulmonary disease	-0.001	140	0.007	-59.029	-0.007	85.732
Current tobacco use	0	-6.771	0.012	0.326	-0.001	13.691
Cancer	-0.004	110.47	0.005	-127.741	-0.005	82.065
Alcohol dependence	0	351.534	0.011	-4.566	-0.002	57.436
Albumin	-0.034	101.198	-0.005	325.271	0.029	103.196
nPCR	-0.012	103.368	-0.005	331.687	-0.017	94.647
Hemoglobin	-0.025	101.617	-0.026	143.946	-0.055	98.305
Platelet count	-0.005	107.815	0.006	-97.706	-0.004	78.423
White blood cell count	0.009	95.664	0.03	60.611	0.014	106.565
Ferritin	0.001	20.078	0.011	-1.236	-0.002	42.866
Mean arterial pressure	-0.007	106.189	0.001	-1955.3	-0.025	96.247
Pulse pressure	-0.001	138.246	0.002	-627.972	-0.018	94.956
Calcium	-0.002	119.468	0.007	-65.054	-0.008	88.049
Phosphorus	-0.001	154.449	0.01	-13.692	0.002	156.477
PTH	0.002	83.148	0.013	13.426	0.002	143.968
Predialysis weight	-0.016	102.577	-0.011	201.271	-0.025	96.267