


BMJ Open Injury from electric scooters in Copenhagen: a retrospective cohort study

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ABSTRACT

Objective To analyse injuries related to manual and electric scooter use from January 2016 up to and including July 2019.

Setting Electric scooter rental services were launched in Denmark in January 2019. The services were provided by private companies. Although rules for handling and riding scooters have been established, no reports either before or after introduction of electric scooters anticipated the full extent of use, and injuries to riders and pedestrians.

Participants All patient records mentioning manual or electric scooters. Records were reviewed, and data were stratified according to two groups: manual and electric scooters.

Interventions A predefined survey was completed in all cases where ‘scooter’ was present. This contained variables such as type of scooter, type of participant, mechanism of injury, acuity, intoxication, referral to treatment facility.

Outcome measures Among incidents involving scooters, summary statistics on continuous and categorical variables of interest were reported.

Results 468 scooter-related injuries were recorded. We found that manual scooter riders were more likely to be children under the age of 15; fall alone—involving no other party; sustain contusions, sprains and lacerations; and bruise either their fingers or toes. Riders of electric scooters were likely to be 18–25 years, sustain facial bruising and lacerations requiring sutures, and be under the influence of alcohol or drugs. Non-riders of electric scooters were mostly elderly people who tripped over scooters, consequently sustaining moderate to severe injuries.

Conclusion There were two different types of population sustaining injuries from manual and electric scooters, respectively. The proportion of non-riders injured by electric scooters were surprisingly large (17%), and while electric scooters are here to stay, several apparently preventable injuries occur as a result of reckless driving and discarded electric scooters. Current rules for usage might not prevent unnecessary accidents and secure traffic safety and the lives of older individuals.

INTRODUCTION

Transport in inner cities has become difficult, and congestion is a major problem, especially for car drivers. Electric scooters

Strengths and limitations of this study

- This is the first Danish study on injuries related to scooters and electric scooters and among the first studies internationally to describe injuries to non-riders associated with electric scooters. This study collected data on a diverse range of factors, including type of scooter, type of participant, mechanism of injury, acuity and intoxication.
- The emergency departments in Copenhagen have a referral system through the emergency medical service (EMS). Consequently, all patients must call the EMS to be referred to an emergency department. Nevertheless, a small number of patients self-present at the emergency department; these individuals are not included in the study.
- This study is based on data from the EMS. This means that data are not validated with data from the emergency medical departments, thus resulting in under-reporting of injured persons.

were introduced to address the problem. The electric scooter is an easy to use, inexpensive alternative means of inner-city conveyance.¹ An application can be downloaded to a smartphone, the scooter is rented and left at the rider’s destination. Different cities have used different approaches to implement this new means of transport; most cities have used the free market, whereas some have used pilot schemes allowing a small number of providers to set up in the centre of the cities.^{2–6} Copenhagen was among the first cities to introduce inner-city electric bike rental. First, in 1995, Copenhagen introduced the Citybike (Bycyklen),⁷ a free of charge, publicly available bike to use on a minor deposit (20 Danish krone, approximately €2.5 euros) which were refunded if and when the bike was returned to a designated parking point. Then, in April 2014, came a pilot scheme with electric bikes; the scheme quickly became a success. However, interest gradually declined and usage diminished⁸: residents had funds to buy their own electric bikes and

tourists found the bikes impractical. The next step came in January 2019, largely arising from public demand for increased micromobility, when Copenhagen City Council permitted three providers to equip the city with electric scooters.⁹ From a legal viewpoint, electric scooters are considered on a par with bicycles. The rules of usage were established in a regulation¹⁰ stating that people aged 15 years or older could use the scooters unaccompanied on the city's bicycle lanes in accordance with the rules of general traffic regulations. This meant no intoxication while scooter riding and no need for personal insurance in case of a collision. Soon the city was divided into two groups: those for and those against electric scooters. The younger adults had taken to the streets using the electric scooters at all hours of the day, taking advantage of the facility to leave the electric scooters wherever they pleased and leaving the elderly population worried about obstacles on the pavements and obstructed accesses.^{11 12}

Irrespective of how electric scooter use has been implemented and how local authorities have tried to regulate the use, there are reports of an increasing number of personal injuries resulting from scooter use in both Denmark and other countries.^{1 2 4-6} In this study, we report on scooter use over 42 months including the first 7 months of the electric scooter pilot scheme in Copenhagen taken from the records of the Copenhagen Emergency Medical Services (EMS). We compare electric scooters to manual scooters, as the electric scooter is the same device, but with an electric motor and thereby higher speed and force.

Setting

The Danish healthcare system is free of charge and provides equal access for all.¹³ Copenhagen, the Capital Region of Denmark, is the largest of five healthcare regions with a population of 1.8 million. Copenhagen is one of the world's leading biking capitals. A unified EMS system with two telephone numbers (1-1-2 for life-threatening cases and 1813 for non-life-threatening cases) has been created around the idea of immediately triaging patients to the most appropriate level of care at the right time in the right hospital department.

The staff handling calls to the Emergency Medical Dispatch Centre are medical professionals (nurses, paramedics and physicians) who work together, allowing transfer between systems while talking to the patient. This gives a seamless medical help system that can handle both life-threatening events and everyday medical health problems.

Aims

The aim of the study was to describe injuries related to manual and electric scooter use from January 2016 up to and including July 2019.

METHOD

We created a retrospective cohort study of the approximately four million contacts to the EMS from January 2016 up to and including July 2019. The cohort contained contacts recorded within Copenhagen EMS as an integrated point of contact for emergency patient care where the patient received medical advice, was referred to a general practitioner (GP) the same or next day, was referred to an emergency department (ED), or an ambulance was dispatched.

Among incidents involving scooters, we report summary statistics on continuous and categorical variables of interest.

Data collection

From all contacts to Copenhagen EMS, we identified those associated with scooters by querying both the integrated Computer Aided Dispatch System (CAD) Logis Solution¹⁴ and the electronic prehospital medical record from ambulances for phrases where the clinician or medically trained dispatcher had referred to 'scooter'. In Danish, the word for scooter is 'loebehjul', and we queried all records for phrases containing 'oebehj' as this combination of letters for scooter is unique in Danish and is not contained in any other Danish word.

Medical records referring to scooters were reviewed by one of the authors (OCMR) to verify eligibility and fill in a survey that systematically collected variables to be analysed, including whether the record referred to an electric scooter or a manual scooter (survey online supplementary appendix 1). All records from the dispatch system were reviewed by the first author (SNFB) applying the same survey. In online supplementary appendix 1, the entire survey that was used to collect data from medical records is shown. We collected data on 'Type of scooter', 'Patients', 'Mechanism of injury' (rider and non-riders), 'Helmet use', 'Intoxication', 'Acuity' (on a scale 1-5 with 1 requiring the most urgent treatment), 'Injury characteristics', 'Police involvement' and 'Referral'. Persons controlling the scooter at the time of accident were defined as 'Riders', all other patients were defined as 'Non-riders', even patients who could be riding a bicycle or be non-controlling passengers on electric scooters for instance.

Statistical analysis

Descriptive analyses were performed. Absolute numbers and percentages for variables were reported. Comparative analyses were performed comparing electric scooter incidents to manual scooter incidents using non-parametric statistics. All analyses were performed using SAS Statistical Enterprise Software, V.7.11.

Patient and public involvement

No patients involved.

We followed the general data protection regulation and registered the study at the Danish Data Protection Agency. The study did not require the consent of

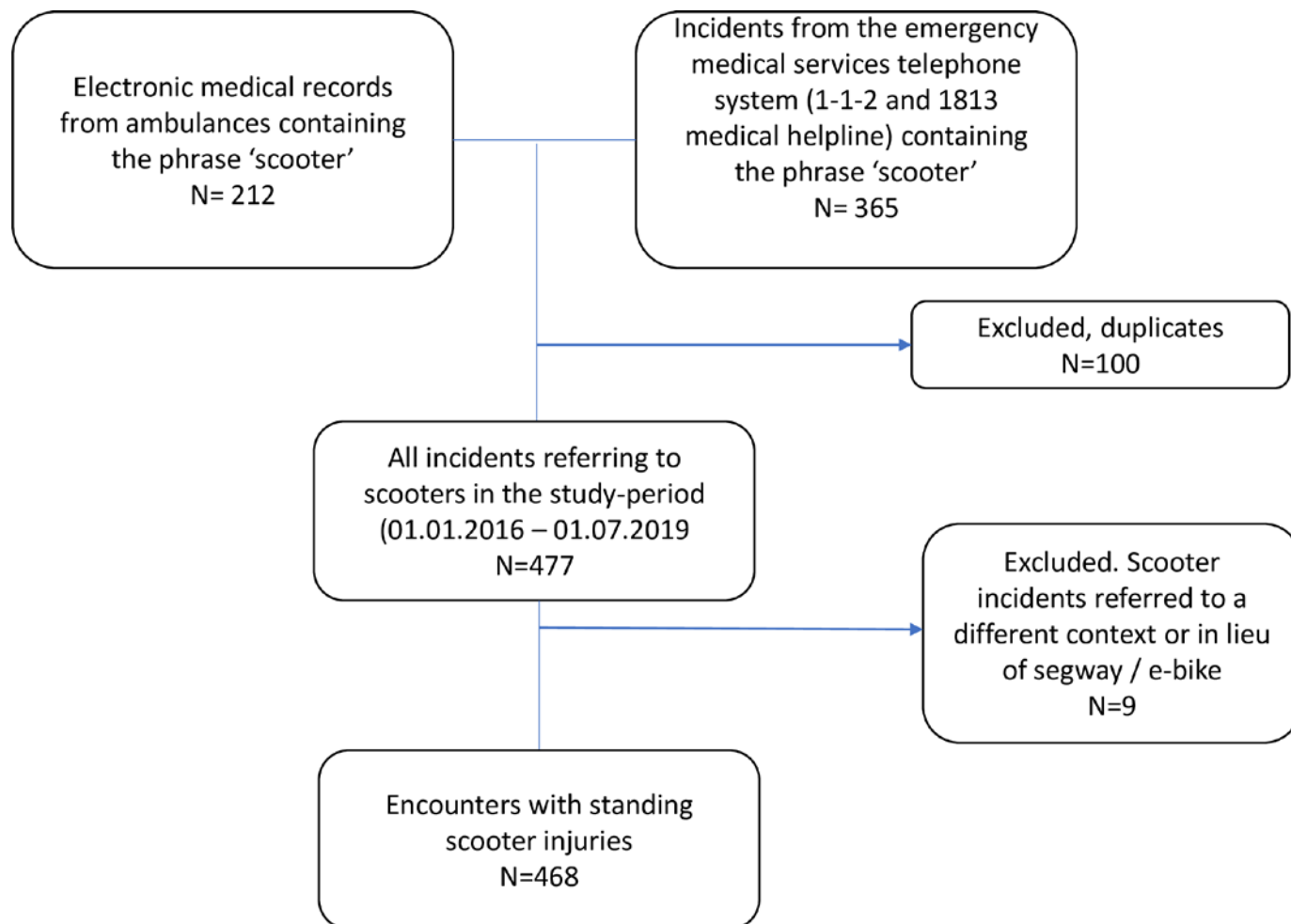


Figure 1 Study flow chart. In total, 577 records were reviewed. Of these 468 were confirmed riders of scooters and eligible for analysis.

individual patients in accordance with the Research Ethics Committee in the Capital Region of Denmark, the Danish Data Protection Agency or the Copenhagen EMS. Hence no patients have been contacted or asked to participate.

RESULTS

During the study period, 468 patients (201 (43.0%) male, median age 12 years (IQR: 9–25 years)) contacted the EMS regarding injuries associated with either manual or electric scooter use (figure 1). The demographics and incident characteristics and comparison between injuries from manual and electric scooters, both riders and non-riders, are shown in table 1. We found significant differences in the two cohorts of riders regarding age, mechanism of injury, ambulance use and referral to ED or GP. Also, time of day was significantly different, where a large proportion of electric riders were injured during the night. Differences in helmet use and intoxication were also highly significant. Similar analysis was performed for non-riders where no significant differences were found or reported. See table 1 for details.

Moreover, we did a comparison between manual and electric scooter riders. For manual scooter riders, most

patients were under the age of 15 years (median age 10 years (IQR: 8–13 years)). For electric scooter riders, most patients were between 18 and 25 years of age (median age 27 years (IQR: 22–42 years)). For non-riders injured by scooters, there was also a difference in age. For manual scooter non-riders, the median age was 35 years (IQR: 11–60); for electric scooter non-riders, the median age was 75 years (IQR: 54–78). There were 435 scooter riders (323 manual and 112 electric) and 33 non-riders (15 manual and 18 electric scooters) of whom 19 were hit by a scooter (9 manual and 10 electric), 13 tripped over a discarded scooter (5 manual and 8 electric) and 1 fell while getting out of a vehicle holding a manual scooter.

The majority of scooter accidents occurred between 15:00 and 23:00 hours, although many electric scooter accidents occurred between 23:00 and 07:00 hours (38 (33.9%)).

Among riders, the most common injury was from falling off the scooter (303 (93.8%) manual and 97 (86.6%) electric scooters). A few riders collided with an object (9 (2.8%) manual and 5 (4.5%) electric scooters) and the rest were hit by a vehicle or moving object (11 (3.4%) manual and 10 (8.9% electric scooters). Only 23 patients

Table 1 Patient and collision characteristics for incidents associated with electric scooters in Copenhagen

Characteristic	No (%)				Total (n=468)	P value
	Riders (n=435)		Non-riders (n=33)			
	Manual (n=323)	Electric (n=112)	Manual (n=15)	Electric (n=18)		
Demographic characteristics						
<15	273 (84.5)	6 (5.4)	5 (33.3)	1 (5.6)	285 (60.9)	<0.0001
15–17	8 (2.5)	6 (5.4)	0 (0.0)	0 (0.0)	14 (3.0)	0.1343
18–25	5 (1.6)	36 (32.1)	1 (6.7)	0 (0.0)	42 (9.0)	<0.0001
26–40	11 (3.4)	31 (27.7)	3 (20.0)	2 (11.1)	47 (10.0)	<0.0001
41–64	14 (4.3)	27 (24.1)	3 (20.0)	3 (16.7)	47 (10.0)	<0.0001
65–79	1 (0.3)	2 (1.8)	1 (6.7)	7 (38.9)	11 (2.4)	0.1030
>79	1 (0.3)	.	2 (13.3)	3 (16.7)	6 (1.3)	0.5569
Missing	10 (3.1)	4 (3.6)	0 (0.0)	2 (11.1)	20 (4.3)	0.8062
Gender						
Female	159 (49.2)	64 (57.1)	11 (73.3)	13 (72.2)	247 (52.8)	0.0995
Male	152 (47.1)	42 (37.5)	4 (26.7)	3 (16.6)	201 (43.0)	
Missing	12 (3.7)	6 (5.4)	0 (0.0)	2 (11.1)	20 (4.3)	
Accident characteristics						
Mechanism of injury						
Rider						
Fall, no specific details	303 (93.8)	97 (86.6)	NA	NA	NA	0.0159
Collision with an object	9 (2.8)	5 (4.5)	NA	NA	NA	0.3865
Hit by vehicle or moving object	11 (3.4)	10 (8.9)	NA	NA	NA	0.0189
Non-rider						
Hit by scooter	NA	NA	9 (60.0)	10 (55.6)	NA	0.0136*
Tripped over scooter in road	NA	NA	5 (33.3)	8 (44.4)	NA	0.0059*
Other	NA	NA	1 (6.7)	0 (0.0)	NA	0.5351*
Mechanism of ED transport						
Ambulance	131 (40.1)	76 (67.9)	8 (53.3)	10 (55.6)	225 (48.1)	<0.0001
Referred to ED (own transport)	144 (44.6)	29 (25.9)	4 (26.7)	8 (44.4)	185 (39.5)	0.0005
GP/emergency dentist	14 (4.3)	.	2 (13.3)	.	16 (3.4)	0.0253
Selfcare	34 (10.5)	7 (6.3)	1 (6.7)	.	42 (9.0)	0.1825
Time of day						
07:00–15:00	109 (33.8)	19 (17.0)	7 (46.7)	5 (27.8)	140 (29.9)	0.0008
15:00–23:00	204 (63.2)	55 (49.1)	8 (53.3)	13 (72.2)	280 (59.8)	0.0091
23:00–07:00	10 (3.1)	38 (33.9)	.	.	48 (10.3)	<0.0001
Helmet use						
Unknown	282 (87.3)	46 (41.1)	NA	NA	NA	<0.0001
No helmet	22 (6.8)	62 (55.4)	NA	NA	NA	<0.0001
Wearing a helmet	19 (5.88)	4 (3.6)	NA	NA	NA	0.3469
Drug or alcohol intoxication						
Reported by prehospital personnel	2 (0.6)	41 (36.6)	.	1 (5.6)	44 (9.4)	<0.0001

Continued

Table 1 Continued

Characteristic	No (%)		P value		
	Riders (n=435)		Non-riders (n=33)		
	Manual (n=323)	Electric (n=112)	Manual (n=15)	Electric (n=18)	Total (n=468)

*P values for manual non-riders versus electric non-riders.
ED, emergency department; GP, general practitioner; NA, non applicable.

were registered as wearing a helmet (19 (5.9%) manual and 4 (3.6%) electric scooters). Alcohol or drug intoxication was present in 43 patients (2 (0.6%) manual and 41 (36.6%) electric scooters).

Table 2 shows the prehospital evaluation of the injuries recorded from the prehospital medical record. Only five

patients on scooters received an acuity of one to two (3 (0.9%) manual and 2 (1.8%) electric scooters). The most common injuries were contusions, sprains and lacerations (without minor head injury) with 158 (48.9%) manual scooter riders and 30 (26.8%) electric scooter riders registered. Lacerations requiring sutures were present

Table 2 Injury characteristics

Characteristic	No (%)		P value		
	Riders (n=435)		Non-riders (n=33)		
	Manual (n=323)	Electric (n=112)	Manual (n=15)	Electric (n=18)	Total (n=468)

*Categories are not mutually exclusive.
†Minor head injuries include all closed head injuries without skull fracture or intracranial haemorrhage.
‡Minor dislocations included dislocations of the fingers or foot.
§Major dislocations include dislocations of the jaw, hips, shoulders, elbows, knees and ankles.

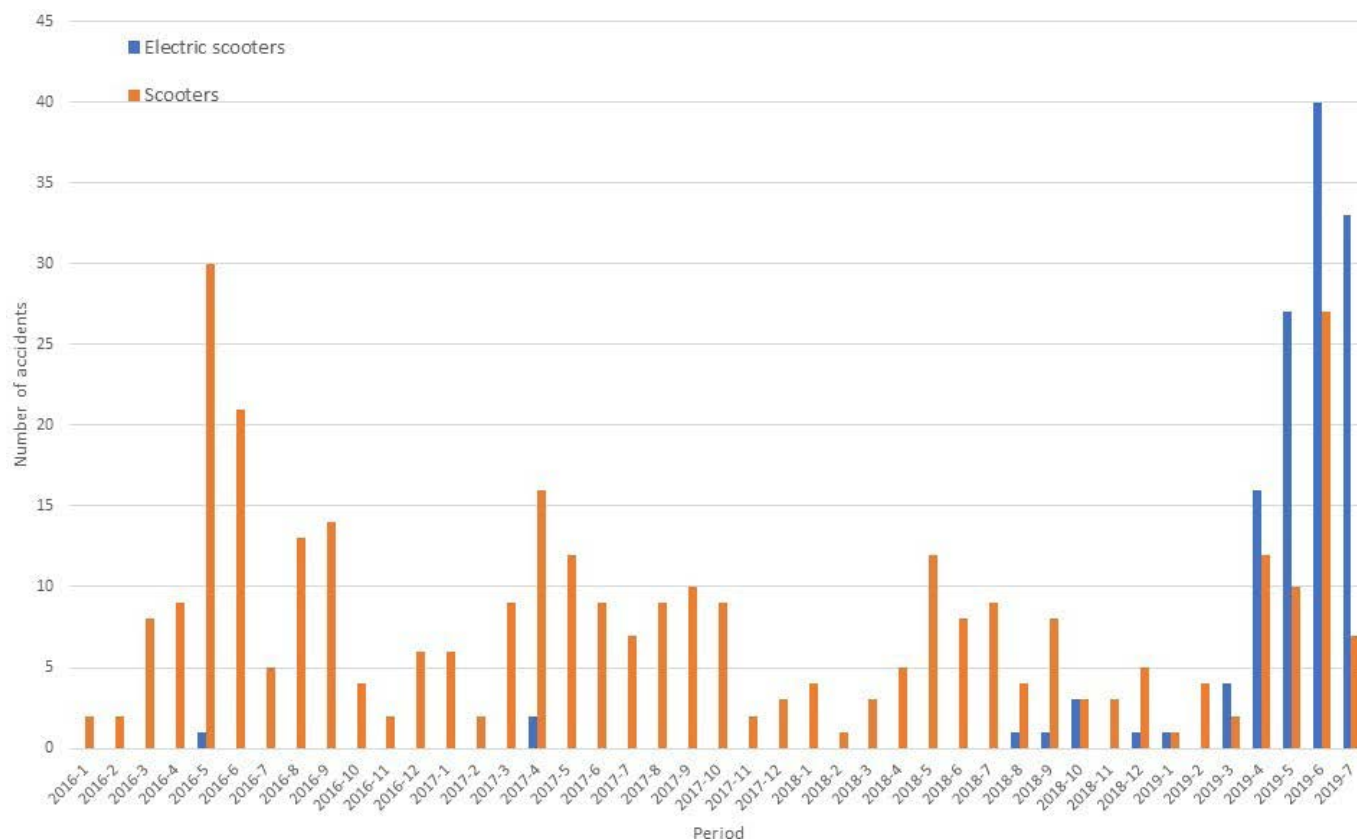


Figure 2 Distribution of injuries over time. Distribution of scooter-related injuries over time. An increase can be observed in January 2019, where electric scooters became publicly available through rental programmes.

in 63 manual (19.5%) and 50 (44.6%) electric scooter riders. Head injuries were present in 34 (10.5%) manual and 23 (20.5%) electric scooter riders. Two patients had major intracranial haemorrhage: a 6-year-old child who fell off his manual scooter and hit his head severely, and a 60-year-old man on an electric scooter who fell and hit his head. Fractures were common: 31 (9.6%) among manual scooter riders and 13 (11.6%) among electric scooter riders. Injury location on the body differs between the two groups. Facial injuries occurred less often in manual scooter riders (81 (25.1%)) than in those on an electric scooter (43 (38.4%)). Distal upper extremity injuries occurred in 76 (23.6%) manual scooter riders and in 23 (20.5%) electric scooter riders.

Figure 2 shows the distribution over time of injuries where the EMS was contacted. There was a notable seasonal variation, where more injuries occurred during the summer months than in the winter months. Moreover, for electric scooters, there was a major increase in injuries starting in January 2019 and peaked in June 2019.

DISCUSSION

Statement of principal findings: In this study of scooter-related injuries in Copenhagen, Denmark from January 2016 up to and including July 2019, we found that injuries related to electric scooters differed from those related to manual scooters. Manual scooter riders were more likely

to be children; fall alone involving no other party during the afternoon; and sustain contusions, sprains and lacerations with bruising on either their fingers or toes. Riders of electric scooters were older, usually young adults aged 18–25 years, who fell while under the influence of alcohol or drugs and who sustained facial lacerations requiring sutures.

Strengths and weaknesses of the study: Our study has several limitations. When looking for injuries arising from scooter use, we searched the records of the CAD system. The EDs in Copenhagen have a referral system through the EMS. Consequently, all patients must call the EMS to be referred to an emergency department. Nevertheless, a small number of patients self-present at the emergency department; these individuals are not included in the study.

The main strength of the study was that this is to our knowledge the first European study describing injuries from electric scooters. Further, this study is among the first studies internationally to describe injuries to non-riders associated with electric scooters.

Strengths and weaknesses in relation to other studies, discussion of important differences in results: When drawing comparisons with reports from other cities, we found a comparable match in scooter-related injuries.^{2–6 15} Several electric scooter riders had bruised their faces and banged their teeth. Mayhew *et al* describe an

increase of 47 CT scans over 3 months in 2018 in Auckland, New Zealand.⁴ Trivedi *et al* reported 74 CT scans over a year; they investigated the use of electric scooters during 2017–2018 in California.⁵ Alone, a CT scan is an expensive procedure; however, taken together with the cost of the hospital stay, the days absent from the labour market and the patients' long or short-term disabilities—ranging from fixing broken arms and legs and fixing loose or broken teeth to dealing with the consequences of head injury—this new, emerging type of injury is a very costly event.

The use of a helmet, also while riding an electric scooter, is widely discussed.^{4 5 16} Before 2019, most accidents occurred among children, who bruised their hands and sometimes their feet from riding manual scooters. These accidents were mainly low energy impacts due to the scooter's limited speed, resulting in only 10.5% of riders sustaining minor head injuries. From 2019, the same device, but in an electric version, has been used by adults, and an entirely different pattern of injuries is emerging, where the faster electric scooters are resulting in high energy impacts with 20.5% of riders sustaining head injuries. Whether wearing a helmet should be mandatory has yet to be decided; however, the proportion of head injuries among electric scooter riders suggests that helmet use is recommendable, although mandation does not necessarily result in complete compliance, particularly for hired electric scooters.^{17 18}

Meaning of the study: possible explanations and implications for clinicians and policy-makers: This study is the first European study to analyse injuries arising from electric scooter use. Few studies exist globally. In Paris and London, deaths have occurred from riding an electric scooter.^{19–21}

The pattern of use could be seen as a development of 'playthings' for recreational use and, as such, a private affair. However, in Denmark, electric scooters are a governmental initiative introduced with a pilot scheme to be evaluated by an official board of the Police Force. It is a regulated area under the established traffic rules and regulations; therefore, it is not deemed a private matter.¹⁰ The number of deaths and major injuries must be considered when this pilot scheme is evaluated. Moreover, injuries to non-riders must also be considered. In the first 7 months that electric scooters have been publicly available in Copenhagen, the number of injuries to non-riders has surpassed that of the previous 3 years.

Under the rules for suppliers of rental electric scooters, the suppliers are obliged to collect and store the devices each night, but the seven persons, mostly older individuals, who tripped over scooters suggest a need to prevent random scooter parking.^{11 12 22} The proportion of injured non-riders was lower in the manual scooter group, where non-riders accounted for 4.6% (15 of 323 incidents) of the manual accidents compared with the 16.1% (18 of 112 incidents) in the electric scooter group. This is more than a threefold increase in injuries. A solution to this problem could be to adopt the storage method used for

electric bicycles (Bicykel), which must be stored in a charging station to reclaim the deposit after use.²³ This minimises the number of carelessly discarded electric scooters.

As a part of the pilot scheme, there will be an evaluation in January 2020 where a board of police officials will consider information on most aspects of electric scooter usage with the aim of making future recommendations.^{24 25} In this light, it would be relevant for the police to consider the pattern of injuries and the costs to the public as a whole, as well as the traffic risks and the possibility of death. Also the use of mathematical modelling to identify high-risk areas and adjust permissions accordingly could be considered.^{26 27} It is obvious that riding an electric scooter is not only convenient but also fun, but it should be done with respect to the order of the city, without disruption or disturbance. Many of the injuries described in this paper are preventable, and this should be considered when regulating the area insuring the fun and convenience of riding an electric scooter remain available in years to come.

CONCLUSION

There are two different types of population sustaining injuries from manual and electric scooters, with differences in both demographics and injuries. Manual riders are children who fall during the day and sustain injuries to the extremities, whereas electric scooter riders are young adults who fall on their faces, often under the influence of alcohol or drugs. Further, the proportion of non-riders injured by electric scooters constitutes a problem that needs to be addressed. While electric scooters are here to stay, several apparently preventable injuries occur as a result of reckless driving and discarded electric scooters. The current rules for usage might not prevent unnecessary accidents and secure traffic safety and the lives of older individuals.

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Contributors All authors agreed on the study setup, data collection and analysis. SNFB, the first author, was involved in the data collection and drafted the manuscript; OCMR was involved in the data collection and review of the manuscript; FL reviewed the manuscript; and HCC was involved in the data collection and review of the manuscript.

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Competing interests None declared.

Patient consent for publication Not required.

Ethics approval A request was sent to the Research Ethics Committee in the Capital Region of Denmark, but approval was not needed for this study (J.number H-19045398).

Provenance and peer review Not commissioned; externally peer reviewed.

Data availability statement Data are available on reasonable request. Please email the corresponding author to request the relevant data. Please provide the authors of the article with a detailed protocol for the proposed study and supply information about the funding and resources to conduct the study. If appropriate,



invite the original author(s) to participate in the reanalysis. If a month elapses without a response from the authors, please email the editorial office of the BMJ.

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