



# Single cell RNA-seq analysis identifies ferroptotic chondrocyte cluster and reveals TRPV1 as an anti-ferroptotic target in osteoarthritis

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## Summary

**Background** Osteoarthritis (OA) is the most common degenerative joint disease primarily characterized by cartilage destruction. The aim of this study was to investigate the role, molecular characteristics and potential therapeutic target of chondrocyte ferroptosis in the pathogenesis of OA.

**Methods** The expression of ferroptotic hallmarks (iron and lipid peroxidation accumulation, glutathione deletion) were analyzed in paired intact and damaged cartilages from OA patients. Single cell RNA sequencing (scRNA-seq) analysis was performed on 17,638 chondrocytes to verify the presence, investigate the molecular signatures and unveil the potential therapeutic target of ferroptotic chondrocyte cluster in human OA cartilages. Destabilization of medial meniscus (DMM)-induced OA model and tert-butyl hydroperoxide (TBHP)-treated primary mouse chondrocytes and human cartilage explants were used to evaluate the protective effect of pharmacologically activated transient receptor potential vanilloid 1 (TRPV1). The downstream molecular mechanisms of TRPV1 was further investigated in glutathione peroxidase 4 (Gpx4) heterozygous genetic deletion mice (*Gpx4*<sup>+/-</sup>).

**Findings** The concentrations of iron and lipid peroxidation and the expression of ferroptotic drivers in the damaged areas of human OA cartilages were significantly higher than those in the intact cartilage. scRNA-seq analysis revealed a chondrocyte cluster characterized by preferentially expressed ferroptotic hallmarks and genes, namely ferroptotic chondrocyte cluster. Comprehensive gene set variation analysis revealed TRPV1 as an anti-ferroptotic target in human OA cartilage. Pharmacological activation of TRPV1 significantly abrogated cartilage degeneration by protecting chondrocytes from ferroptosis. Mechanistically, TRPV1 promoted the expression of GPX4, and its anti-ferroptotic role was largely mitigated in the OA model of *Gpx4*<sup>+/-</sup> mice.

**Interpretation** TRPV1 activation protects chondrocytes from ferroptosis and ameliorates OA progression by upregulating GPX4.

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**Keywords:** Osteoarthritis; Ferroptosis; Single cell RNA sequencing; TRPV1; GPX4

### Research in context

#### Evidence before this study

Cartilage degeneration is the primary pathogenesis of OA. Ferroptosis is an iron-dependent regulated cell death that requires the accumulation of iron and lipid peroxides, both of which impair cartilage homeostasis. Although chondrocyte ferroptosis has been shown associated with OA progression, the molecular characteristics and potential therapeutic target of ferroptotic chondrocytes are largely unknown.

#### Added value of this study

We investigated the molecular signatures of ferroptotic chondrocytes and screened TRPV1 as its therapeutic target by the evidence that (i) Ferroptotic hallmarks accumulated in OA cartilage, especially in the damaged areas; (ii) Single cell RNA-seq analysis of human OA chondrocytes identified a ferroptotic chondrocyte cluster with preferentially expressed ferroptotic hallmarks and genes; (iii) TRPV1 was screened and verified as the anti-ferroptotic target both *in vitro* and *in vivo*; (iv) Mechanistically, TRPV1 protects chondrocytes from ferroptosis by promoting the expression of GPX4.

#### Implications of all the available evidence

This work identified the role and molecular characteristics of ferroptotic chondrocyte cluster in human OA cartilage. We further screened and verified TRPV1 as an anti-ferroptotic target, which provided potential therapeutic target to alleviate OA progression.

## Introduction

Osteoarthritis (OA) is the most common form of joint degeneration and the leading cause of disability worldwide.<sup>1,2</sup> The socioeconomic cost caused by OA accounts for 1–2.5% of gross national product, and with the growing prevalence of OA, its burden is substantially increasing.<sup>3</sup> However, there is no disease-modifying therapy for OA because the precise molecular mechanisms that underlie its pathogenesis are poorly understood.

OA is primarily characterized by progressive cartilage degeneration, in which the survival crisis and metabolic disorder of chondrocytes, the sole cell type in cartilage, plays an indispensable role.<sup>4</sup> Various types of chondrocyte death have recently been shown involved in OA development, among which, ferroptosis, driven by iron-dependent lipid peroxidation, attracted much attention.<sup>5–7</sup> Different from other types of cell death, ferroptosis possesses distinctive morphological and mechanistical features; for example, unlike executioner protein-centered apoptosis and necroptosis, lipid peroxides accumulation is the cardinal feature of ferroptosis.<sup>8</sup> Despite the essential role of iron for human life, iron overload has been reported to induce lipid reactive oxygen species (ROS) accumulation, changes of ferroptosis-related protein expression and chondrocyte death, leading to enhanced catabolism and weakened anabolism of chondrocytes.<sup>9</sup> In addition, iron overload was also involved in cartilage destruction and was positively correlated with OA progression.<sup>10,11</sup> The lipid repair enzyme glutathione peroxidase 4 (GPX4) plays an anti-ferroptotic role by directly reducing lipid peroxidation.<sup>12</sup> A recent study showed that the decrease of GPX4 in OA cartilage resulted in aggravated oxidative stress and cartilage extracellular matrix degradation.<sup>13</sup> These results indicate that chondrocyte ferroptosis participate in the pathogenesis of cartilage destruction in OA. However, the molecular characteristics and potential therapeutic targets of ferroptotic chondrocytes in human OA cartilage are largely unknown.

In this study, we investigated the role of ferroptotic chondrocytes in OA pathogenesis and explored potential therapeutic target for disease-modifying treatment of OA. Using single-cell RNA sequencing (scRNA-seq) analysis for human OA cartilages, we unveiled the existence and molecular characteristics of ferroptotic chondrocyte cluster. Further, we identified transient receptor potential vanilloid 1 (TRPV1) as an anti-ferroptotic target in chondrocytes, which abrogated ferroptosis by promoting GPX4 expression.

## Materials and methods

### Ethics statement

Human articular cartilage tissue and synovial fluid were obtained from patients with knee OA who underwent

total knee arthroplasty, which was approved by the Ethical Committee of the Nanjing Drum Tower Hospital, the Affiliated Hospital of Nanjing University Medical School (2020-156-01). All experiments using mice were authorized and strictly performed in accordance with the Animal Care and Use Committee of Nanjing Drum Tower Hospital, The Affiliated Hospital of Nanjing University (2020AE01102).

### Clinical specimen collection

Human articular cartilage samples from patients with knee OA (65–83 years old, Kellgren–Lawrence grade 4) undergoing knee arthroplasty surgery were obtained at the Nanjing Drum Tower Hospital and divided into intact (lateral condyle) and damaged (medial condyle) areas. Among the cartilage samples, 11 pairs were arranged for measurements of iron content, LPO concentration, glutathione (GSH) and GSH/GSSG (GSH/oxidized GSH) levels, and GPX4 activity, and eight pairs were used for extracting proteins. The synovial fluid from 52 knee OA patients (53–83 years old, Kellgren–Lawrence grade 4) were obtained before knee arthroplasty surgery and stored at  $-80^{\circ}\text{C}$  before the measurement of iron and matrix metalloproteinase 3 (MMP3) concentrations. The demographic characteristics of OA patients were shown in Supplementary Tables 1–3.

### Single cell RNA-seq library construction and sequencing

After the acquirement, fresh cartilage tissues were washed by sterile PBS for three times. The cartilage tissues were minced into 1–2 mm pieces and digested by 0.2% collagenase II (#219526, Gibco, USA) diluted in DMEM solution at  $37^{\circ}\text{C}$  for 4 h. Then, the cell suspension was filtered with 70  $\mu\text{m}$  strainer to remove the incompletely digested cartilage extracellular matrix (ECM). After centrifuged, chondrocytes were suspended in DPS buffer (#14190144, Thermo Fisher, USA) and their viability was assessed by Countess<sup>®</sup> II Automated Cell Counter (Thermo Fisher). According to the manufacturer's protocol, the Chromium Single Cell 3' Library, Gel Bead Kit and the Chromium Single Cell A Chip Kit (10 × Genomics V2, USA) were used to construct scRNA-seq libraries. Briefly, cells were loaded in each channel of the 10 × chip and partitioned into Gel Beads in Emulsion in the Chromium instrument. Then, the RNA from cell lysis was barcoded for reverse transcription, followed by amplification, fragmentation and 5' adaptor and sample index attachment. An Illumina HiSeq Xten was used for the libraries sequencing.

### Quality control and single cell RNA sequencing data pre-processing

The raw sequencing reads were first processed by the Cell Ranger toolkit (version 6.0.1) using the standard

pipeline (10 × Genomics). To generate the FASTQ files, raw base call (BCL) files were used with the Cell Ranger “mkfastq” command. Next, we used Cell Ranger “count” to preform alignment. The reads were aligned to the GRCh38 reference genome using a pre-built annotation package download from the 10X Genomics website. From each sample, the output data was processed with the Seurat package (version 4.0.6) in R software (version 4.0.5). Low-quality cells were filtered by removing cells with expressed genes ( $>6000$  and  $<200$ ) or the percent of mitochondrial/ribosomal genes  $>10\%$ . Cells identified as doublets were removed using DoubletFinder package (version 2.0.2). We detected 36,183 genes in a total of 17,638 cells for further bioinformatic analysis.

### Data integration, dimension reduction and cell clustering

The Seurat object with gene expression data was processed to normalize and scale by using the functions in the Seurat package. We normalized the objects by “NormalizeData” function with setting normalization method as “LogNormalize”. The top 2000 highly variable genes from the normalized expression matrix were identified. Dimensional reduction was performed via principal components analysis (PCA). The batch effects were removed by the integrated logarithm on the top 30 PCA components identified. The clustering analysis was performed on the integrated objects by using “FindClusters” function in the Seurat package. The identified clusters were visualized produced with the t-distributed stochastic neighbor embedding (t-SNE) method. For a sub-clustering analysis, we applied a similar procedure, including the variable genes identification, dimension reduction and the clustering identification.

### Annotating cell clusters

We identified the differentiation marker genes in the specific cluster when compared to remaining clusters with the Wilcoxon Rank-Sum Test using the “FindAllMarkers” function in Seurat (adjusted  $P$ -value  $<0.05$ , only.pos = T and logfc.threshold = 0.1). Top 100 marker genes were used to enrich Gene Ontology (GO) terms by clusterProfiler packages (version 3.14.3). The previously reported cellular biomarkers and GO were utilized to annotate the cell clusters.

### Gene set enrichment analysis

The differential GO and pathways in the cell clusters were identified by using the gene set enrichment analysis (GSEA) in GSEA package (version 4.1.0) with the curated gene set. The hallmark gene sets in the MSigDB databases (<https://www.gsea-msigdb.org/gsea/msigdb>) were used for the GSEA analysis. The mean gene expression level was calculated and the log-two fold

change between the specific cell cluster and the other cells was applied as the test statistic, the functions with larger normalized enrichment score value and  $p$ -value  $< 0.05$  were marked as the significant differences. Next, the significant differential GO or pathways were combined into specific data sets. We applied the non-parametric and unsupervised algorithm named gene set variation analysis (GSVA) in the GSVA package (version 1.38.2) to assign functional differences activity estimates to subpopulations.

### Cell-cell communication analysis

To investigate potential interactions across different cell clusters, a cell–cell communication analysis was performed using CellPhoneDB Python package (version 2.1.7), which is a publicly available repository of curated receptors and ligands and their interactions. We first randomly permuted the cluster labels of all cells 1000 times to determine the mean of the average receptor and ligand expression levels of the interacting clusters. Then, based on the expression of a receptor by one cell type and the expression of the corresponding ligand by another cell type, we enriched receptor–ligand interactions between two cell types. Next, the most relevant cell type-specific interactions between ligands and receptors were identified, and receptors and ligands expressed in less than 10% in the corresponding sub-cluster of the cells were removed. By statistical interactions of ligand and receptor in each cell cluster, we summarized the inferred intercellular communication network of each ligand–receptor pair and each signaling pathway and visualized by circle plots.

### Animal study

Wild type C57BL/6 mice and *Gpx4*<sup>+/-</sup> mice, generated by CRISPR/Cas9 technology, were purchased from Model Animal Research Center of Nanjing University. All mice were kept under pathogen-free and 12 h light/dark cycle environment with free access to food and water. To determine the expression of *Trpv1* and *Gpx4* during OA progression, 10-week-old male C57BL/6 mice were subjected to DMM surgery<sup>14,15</sup> on the right knee joint and sacrificed 2, 4 and 8 weeks after surgery. In addition, 10-week-old male C57BL/6 mice, *Gpx4*<sup>+/-</sup> mice and their littermate controls were randomly subjected to: (1) Sham surgery (Sham); (2) CPS (Capsaicin, #ab141000, Abcam, Cambridge, UK) treatment (intra-articular injection, 50  $\mu$ M, 8  $\mu$ L per time, 3 times per week); (3) DMM (destabilization of medial meniscus), and (4) DMM with CPS treatment. Mice in the Sham and DMM groups were injected with 8  $\mu$ L normal saline. The number of mice in each group was calculated according to the formula reported by Charan and Kantharia.<sup>16</sup> All animal studies complied with the ARRIVE guidelines.

### DMM surgery-induced OA mouse model

The surgically induced OA by DMM was created as previously reported.<sup>15</sup> Briefly, after mice were anaesthetized by isoflurane, DMM surgery was performed on the right knee joint by sectioning the medial menisco-tibial ligament, which anchored medial meniscus to tibial plateau. A sham operation followed the same procedure without ligament sectioning was performed on the control mice. Mice were sacrificed at 2, 4, or 8 weeks after surgery.

### Iron, LPO, GSH, GSH/GSSG, GPX4 activity detection in human OA cartilage and MMP3 detection in synovial fluids

After morphological and histological division of intact and damaged areas, human OA cartilage were cut into small pieces and ground into powder under liquid nitrogen condition. Then, we homogenate the cartilage powder with cold normal saline and extracted the supernatant after centrifugation (12,000 rpm, 20 min, 4 °C). The iron contents (#E-BC-K139-S, Elabscience, Wuhan, China), LPO levels (#A106-1-1, Jiancheng, Nanjing, China), GSH levels and GSH/GSSG ratios (#S0053, Beyotime, Shanghai, China), and GPX4 activity (#A005, Jiancheng) were detected according to the manufacturer's instructions. In addition, the iron detection kit (#A039-1-1, Jiancheng) and MMP3 enzyme-linked immunosorbent assay kit (#KE00160, Proteintech, Wuhan, China) were used to detect iron and MMP3 levels in the synovial fluid, respectively.

### Histological analysis

After decalcified by 10% EDTA (#1340, Biofroxx, Germany) solution, human cartilage and mouse knee joints were embedded in paraffin blocks and cut into continuous coronal slides (5  $\mu$ m thick) by a microtome (Thermo, Germany). Following a previously reported procedure,<sup>15</sup> every fifth section of two slides were selected and stained with Safranin-O/fast green (S.O.) (#G1371, Solarbio, Beijing, China) and hematoxylin and eosin (H&E) (#C0105S, Beyotime) to evaluate the cartilage lesions and synovitis, respectively. Cartilage destruction was assessed by blinded observers using the Osteoarthritis Research Society International (OARSI) grading system (0–6) and synovitis was scored by a 0–3 scoring system as previously reported.<sup>17</sup> The highest OARSI score and synovitis score for every section were recorded and the means of all scores were calculated.

### Immunofluorescence and immunohistochemical staining

The deparaffinized and hydrated histological slides of human cartilage or mouse knee joint were blocked by 5% bovine serum albumin (BSA) (1 h, room temperature) and incubated overnight (4 °C) with primary

antibodies against Collagen II (#BA0533, Boster, Wuhan, China), MMP3 (#14351, Cell Signaling Technology, USA, RRID:AB\_2798459), 4-HNE (#ab46545, Abcam), COX2 (#66351-Ig, Proteintech, RRID:AB\_2881731), TRPV1 (#66983-Ig, Proteintech, RRID:AB\_2882302), FTH1 (#4393, Cell Signaling Technology, RRID:AB\_11217441), GPX4 (#ab125066, Abcam, RRID:AB\_10973901), NCOA4 (#66849, Cell Signaling Technology), Tf (#17435-I-AP, Proteintech, RRID:AB\_2035023), MMP13 (#ab219620, Abcam) and p-CaMKII (#ab124880, Abcam, RRID:AB\_305050). After washed by TBST, the slides were incubated with tetramethylrhodamine-5-(and 6)-isothiocyanate- or fluorescein isothiocyanate (FITC)-conjugated secondary antibody (Abcam) for immunofluorescence staining, which was imaged with a fluorescence microscope (Zeiss, Germany). For immunohistochemical staining, 3% (v/v) H<sub>2</sub>O<sub>2</sub> was used to quench the endogenous peroxidase activity and a horseradish peroxidase-conjugated goat anti-rabbit immunoglobulin G (IgG) (#BL003A, Biosharp, Shanghai, China) was used as the secondary antibody. An ultra-sensitive DAB Kit (#1205250, Typing, Nanjing, China) was used to visualize the immunohistochemical staining. Instead of the primary antibody, nonimmune IgG was used as a negative control of immunofluorescence and immunohistochemical staining. The proportions of positive cells in human and mouse cartilage were quantified by two observers under blind condition.

#### Micro-computed tomography (micro-CT) analysis

Before the histological analysis, mice knee joints were evaluated via micro-CT using a VivaCT 80 scanner (Scanco Medical AG, Switzerland) with a 70 kVp source as previously described.<sup>18</sup> Joints were scanned at a resolution of 18.38 μm. The reconstructed 3-dimensional (3D) images were acquired by Scanco Medical software at a Scanco threshold of 220. The number of osteophytes, identified as protrusions, were calculated using the 3D reconstructive images. The subchondral plate thickness was calculated, as previously reported,<sup>19</sup> by multiplying the number of cross-sections forming the subchondral plate and section thickness. The subchondral bone analysis of medial femoral condyle begins by starting at the distal edge of the epiphyseal line until 20 layers were analyzed by blinded observers. All non-cortical bone is included.<sup>19</sup>

#### The culture and treatment of human OA cartilage explants

The culture of human articular cartilage from OA patients undergone total knee arthroplasty was performed as previously reported.<sup>19</sup> Briefly, full thickness cartilages were obtained and flushed with sterile saline solution. The cartilages were cut into small pieces with

a side length of 0.5 cm and cultured overnight in low-glucose Dulbecco's modified Eagle's medium at 37 °C. Then, the cartilage pieces were randomly divided into five groups as: (1) Control (Con); (2) 50 μM capsaicin (CPS) treatment; (3) 50 μM tert-butyl hydroperoxide (TBHP); (4) 50 μM TBHP + 50 μM CPS; (5) 50 μM TBHP + 5 μM Fer-1. The drug-containing culture medium was replenished every 72 h. After 7 days' treatment, the cartilage pieces were fixed with 4 % paraformaldehyde, embedded in paraffin, and cut into 5-μm sections for histological analysis.

#### Terminal deoxynucleotidyl transferase dUTP nick-end labeling (Tunel) assay

The live and dead cells measurement of treated human OA cartilage explants was performed using a CF488-Tunel Detection Kit (#G1504-50T, Servicebio) according to the manufacturer's instructions.

#### Cell culture

The primary mouse chondrocytes were collected and cultured as previously described.<sup>20</sup> Briefly, tibial plateaus and femoral heads from 3-days-old C57BL/6 mice were dissected and digested with 4 ml 0.2% Collagenase 2 (Gibco, USA) for 4 hours at 37 °C. After soft tissue removal, the chondrocytes were cultured in Dulbecco's modified Eagle's medium contained 1 g/L glucose (Gibco, Carlsbad, CA) supplemented with 10% fetal bovine serum (Gibco) and 1% penicillin and streptomycin (Gibco) at 37°C and 5% CO<sub>2</sub> condition. The cell culture medium was replenished every 72 h. Chondrocytes were treated with TBHP (#MKCH9944, Sigma, USA), 50 μM capsaicin (CPS, #ab141000, Abcam), 10 μM JNJ-17203212 (JNJ, #HY-100129, MCE-MedChemExpress, New Jersey, USA), 10 μM RSL3 (#S8155, Selleck USA), 10 μM DFO (#HY-B0988, MCE), 5 μM Fer1 (#S7243, Selleck), 10 μM ZVAD-FMK (#HY-16658B, MCE), or 10 μM Necrosulfonamide (#HY-100573, MCE) as indicated.

#### Short interfering RNA (siRNA) transfection of mouse primary chondrocytes

The transfection of siRNAs was processed essentially as previously described.<sup>21</sup> siRNAs were designed and synthesized as the following sequences: mouse Trpv1: 5'-GCUACACAGACAGCUACUACATT-3'; mouse Gpx4: 5'-GGAGCCAGGAAGUAAUCAAGATT-3' (Hippobio, Huzhou, China).

#### Protein extraction and western blot

The total protein from human cartilages and chondrocytes with various treatment were extracted using RIPA lysis buffer (#R0010, Solarbio) containing 1 mM phosphatase inhibitor cocktail (#B15002, Bimake, USA) and

1 mM phenylmethanesulfonyl fluoride (#329-98-6, Solarbio). Western blot was performed essentially as previously described.<sup>18</sup> The primary antibodies used were: NCOA4 (#66849, Cell Signaling Technology), Tf (#17435-I-AP, Proteintech, RRID:AB\_2035023), COX2 (#66351-I-Ig, Proteintech, RRID:AB\_2881731), MMP3 (#14351, Cell Signaling Technology, RRID:AB\_2798459), Collagen II (#BA0533, Boster), FTH1 (#4393, Cell Signaling Technology, RRID:AB\_11217441), MMP13 (#ab219620, Abcam), TRPV1 (#66983-I-Ig, Proteintech, RRID:AB\_2882302), GPX4 (#ab125066, Abcam, RRID:AB\_10973901) and GAPDH (#5174, Cell Signaling Technology, RRID:AB\_10622025) (Supplementary Table 4). After horseradish peroxidase-conjugated goat anti-rabbit/mouse secondary antibodies (#BL003A or #BL001A, Biosharp) incubation, western blots were imaged by the ChemiDocXRS + Imaging System (Tanon, Shanghai, China). Image J (version 1.8.0) was used for the quantitative analysis of proteins. All antibodies used in this study were commercial antibodies.

#### Quantitative real-time polymerase chain reaction (qPCR)

The mRNA isolation and qPCR were essentially performed as previously described.<sup>18</sup> Cellular mRNA was isolated using the RNA-quick Purification Kit (#RN001, ES Science, Shanghai, China) and qPCR was conducted using SYBR Green Q-PCR Kit (#Q411-02, Vazyme, Nanjing, China) on a LightCycler 480 PCR System (Roche, Switzerland). The primer sequences used are listed in Supplementary Table 5.

#### Intracellular ROS, lipid ROS and Fe<sup>2+</sup> detection

Intracellular levels of ROS, lipid peroxidation and ferrous iron (Fe<sup>2+</sup>) were measured by 10 μM ROS probe DCFH-DA (#S0033S, Beyotime), 5 μM lipid ROS probe C11-BODIPY 581/591 (#GC40165, GLPBIO, USA) and 1 μM Fe<sup>2+</sup> probe FerroOrange (#F374, Dojindo, Japan) as previously reported.<sup>22</sup> Briefly, after overnight starvation, chondrocytes were incubated with probes for 30 min at 37 °C and then treated with 50 μM TBHP with or without 50 μM CPS and 10 μM JNJ for 4 h. The cells were suspended in flow buffer and run through a BD AccuriC6 Plus Flow Cytometer (BD Biosciences, USA). FlowJo software (version 10) was used to analyze the data.

#### Cell Counting Kit-8 (CCK8) assay and Live/Dead assay

The cell viability and live/dead staining of treated chondrocytes were assessed by CCK8 (#CK04, Dojindo) assay and AM/PI staining (#41260A, BestBio, Shanghai, China), respectively, according to the manufacturer's instructions.

#### Statistical analysis

Statistical analysis was conducted using the SPSS software (version 25.0) and GraphPad Prism software (version 8.0). Quantitative data represents at least three independent experiments. During the analysis, no samples or animals were excluded. Shapiro-Wilk test and Levene method were used for the estimation of the data normal distributions and homogeneity of variance, respectively. For the comparison of mean values between two groups, paired or unpaired two-tailed Student's t test was used. One-way or two-way analysis of variance (ANOVA) followed by Tukey's post-hoc tests were used to assess the statistical significance of the mean values of more than two groups. Data were presented as mean values ± SD. The statistical significance was set at  $P < 0.05$ .

#### Role of funders

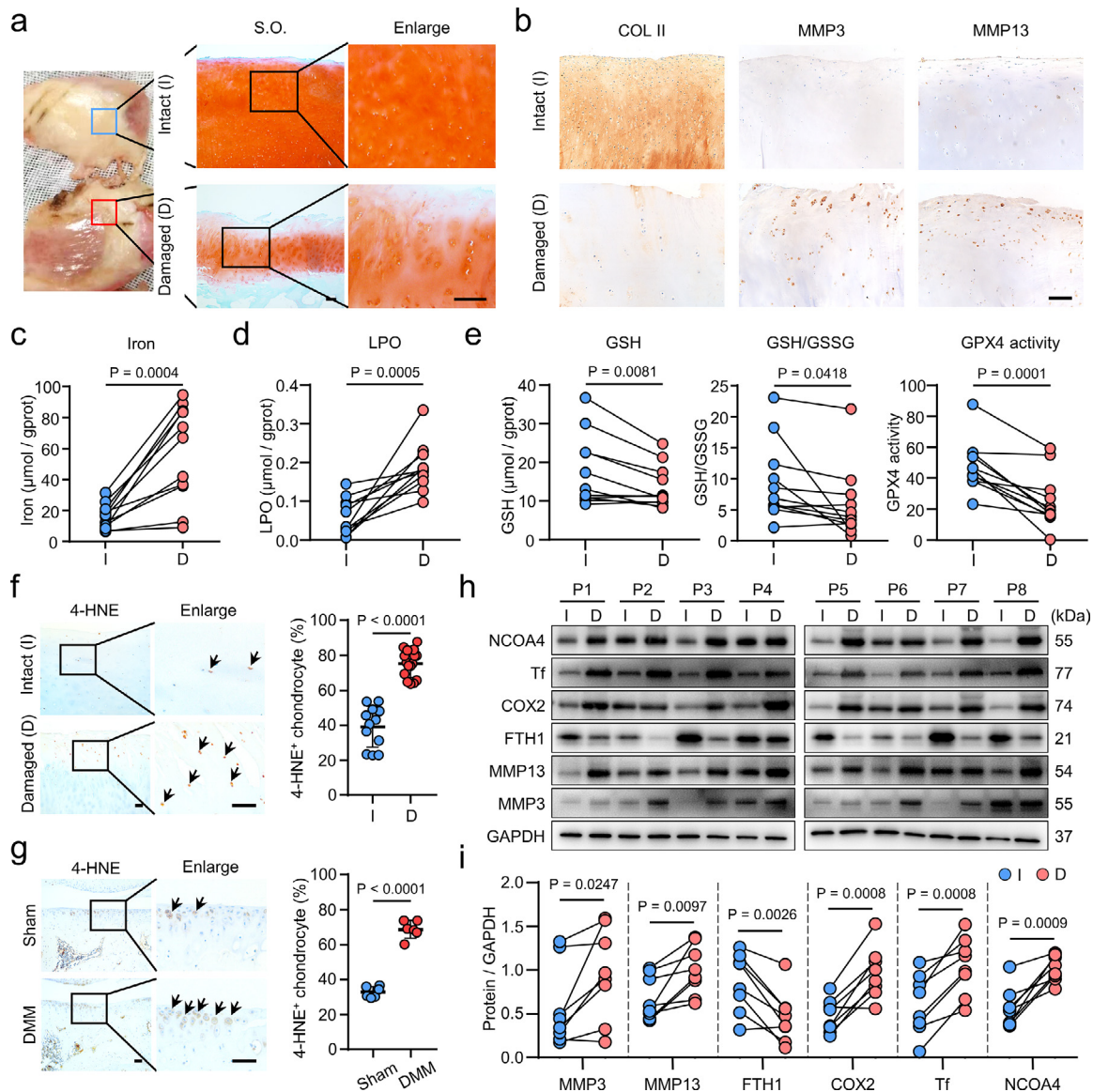
The funders played no role in the design, experiment conduction, data analysis and preparation of the manuscript of this work.

## Results

### Ferroptotic hallmarks accumulate in OA cartilage

To address the association between ferroptosis and OA, we analyzed the expression of ferroptotic hallmarks<sup>23</sup> in morphologically and histologically defined intact and damaged human OA cartilages (Figure 1a, b). Compared to the intact cartilages, the contents of iron and LPO were significantly elevated in damaged cartilages (Figure 1c, d), suggesting that OA chondrocytes may encounter ferroptosis. We then measured the levels of GSH and the activity of GPX4 to evaluate the anti-ferroptotic ability in the cartilages. The damaged cartilage showed lower levels of GSH, GSH/GSSG ratio and GPX4 activity compared with that of intact cartilage (Figure 1e). To further clarify the link between lipid peroxidation and OA pathogenesis, we examined the expression of 4-hydroxynonenal (4-HNE), a primary lipid peroxidation product.<sup>24</sup> Coincident with the increased levels of LPO (Figure 1d), both damaged human OA cartilages and destabilization of medial meniscus (DMM) surgery-induced mice cartilages exhibited substantial increases of 4-HNE levels (Figure 1f, g). The ferroptotic hallmarks, including GSH depletion, iron and LPO accumulation<sup>25</sup> suggest ferroptosis could occur in OA cartilage.

Next, we examined the expression of canonical ferroptotic markers<sup>23,26</sup> in the human OA cartilages. We found the ferroptotic drivers, nuclear receptor coactivator 4 (NCOA4), transferrin (Tf) and cyclooxygenase 2 (COX2) were substantially increased in damaged cartilages, as well as matrix metalloproteinase 3 (MMP3) and MMP13, two enzymes responsible for cartilage



**Figure 1. Ferroptotic hallmarks accumulate in osteoarthritis (OA) cartilage.** (a) Safranin O-Fast Green (S.O.) staining of intact (I) and damaged (D) articular cartilages from OA patients. (b) Immunohistochemical (IHC) staining of Collagen II (COL II), matrix metalloproteinase 3 (MMP3) and MMP13 in human OA cartilages. (c-e) The levels of total iron (c), lipid peroxidation (LPO) (d), glutathione (GSH), GSH/GSSG (oxidized GSH) ratios and glutathione peroxidase 4 (GPX4) activities (e) in paired intact (I) and damaged (D) ( $n = 11$ ) human OA cartilages. gprot, gram of protein. (f, g) IHC staining of 4-hydroxynonenal (4-HNE) and its quantification in the intact ( $n=12$ ) and damaged ( $n=16$ ) human OA cartilages (f), and in Sham or destabilization of medial meniscus (DMM)-induced mice ( $n=6$ ) for 8 weeks (g). (h, i) Western blot analysis (h) and quantification (i) of indicated proteins in paired intact (I) and damaged (D) ( $n=8$ ) human OA cartilages. P, patient. Scale bars, 50  $\mu\text{m}$  (b, f, g), 200  $\mu\text{m}$  (a). Two-tailed paired (c-e, i) or unpaired (f, g) t-test. Data are shown as mean  $\pm$  SD.

degradation (Figure 1h, i). Whereas, the ferroptotic suppressor, ferritin heavy chain 1 (FTH1), was significantly decreased in the damaged human OA cartilages (Figure 1h, i). Immunofluorescence staining confirmed that COX2 was significantly increased in the damaged human OA cartilage and OA mice model, and was

gradually increased with the growth of mouse (Supplementary Figure 1a-c). Furthermore, the iron content in synovial fluid from OA patients showed a positive correlation with the MMP3 levels (Supplementary Figure 1d). Taken together, these results suggest that ferroptosis occurs in OA cartilage.

### Transcriptional heterogeneity of human OA chondrocytes

To decipher the characteristics of ferroptotic chondrocyte cluster in OA, scRNA-seq analysis on three pairs of intact and damaged human OA cartilages was performed (Figure 2a). After initial stringent quality control and doublet removal, a total of 17,638 individual human chondrocytes were profiled, including 8,292 cells from the intact area and 9,346 cells from the damaged area (Supplementary Table 6). The cells were sequenced in a depth of UMIs (unique molecular indexes) ranged from 8,740 to 11,540 per cell, with the mean of 2,051 to 2,388 detected genes per cell (Supplementary Figure 2).

Based on t-SNE analysis, unbiased clustering of the cells parallelly identified four main clusters according to their gene profiles and canonical markers (Figure 2b). Particularly, these cell clusters were: (Co) the homeostatic chondrocytes (HomCs) highly expressing *COL2A1*,<sup>27</sup> *COL3A1*,<sup>28</sup> *HAPLN1*<sup>29</sup> and *PRG4*;<sup>30</sup> (C1) the stressed chondrocytes (StrCs) preferentially expressing *CDKN1A*,<sup>31</sup> *DNAJB6*,<sup>32</sup> *SLC3A2*<sup>33</sup> and *HSPB1*;<sup>34</sup> (C2) the regulatory chondrocytes (RegCs) specifically expressing *CHI3L1*,<sup>35</sup> *CHI3L2*,<sup>35</sup> *NBL1*<sup>36</sup> and *TNC*;<sup>37</sup> and (C3) the degenerative chondrocytes (DegCs) with high expression of *COL10A1*,<sup>27</sup> *MT1X*,<sup>38</sup> *IGFBP7*,<sup>39</sup> and *RAMP1*<sup>40</sup> (Figure 2c, d). We noticed that, in damaged cartilage, the frequency of HomCs was declined, while StrCs and RegCs were increased (Figure 2e), indicating loss of cartilage homeostasis and increased cellular stress in the damaged area than the intact area. Moreover, the varied proportion of the four chondrocyte clusters among the six samples suggests high heterogeneity of OA chondrocytes (Figure 2f). To decipher the specified characteristics of StrCs, we performed a GSEA and found cellular stress-related GO terms were significantly enriched in StrCs when compared to the other three clusters (Figure 2g, Supplementary Figure 3a). In contrast, the ECM-related GO terms were significantly enriched in cell clusters except for StrCs (Figure 2g, Supplementary Figure 3b).

Since stressed cells by various stimulus may acquire unequal features,<sup>41,42</sup> we further divided StrCs into four subclusters (Figure 2h). Among them, C1-1 was identified as metal ion-related cluster with high expression of genes encoding proteins that transport and bind metal ions (Figure 2i, j). C1-2 and C1-4 were regulatory and homeostatic clusters with specifically expressed genes related to chondrogenesis (*CHI3L1* and *TGFBR2*) and ECM production (*COL2A1* and *SOX9*), respectively (Figure 2i, j). Furthermore, C1-3 was identified as an oxidative stress cluster because of preferentially expressed oxidation and antioxidant genes, including *TXNIP*, *ATF3*, *GPX3*, *CDO1*, and *GPX4* (Figure 2i, j). GSEA also confirmed the characteristics of these four subclusters (Figure 2k). Since ferroptosis was a specific type of oxidative stress,<sup>43</sup> to gain insight into whether ferroptotic

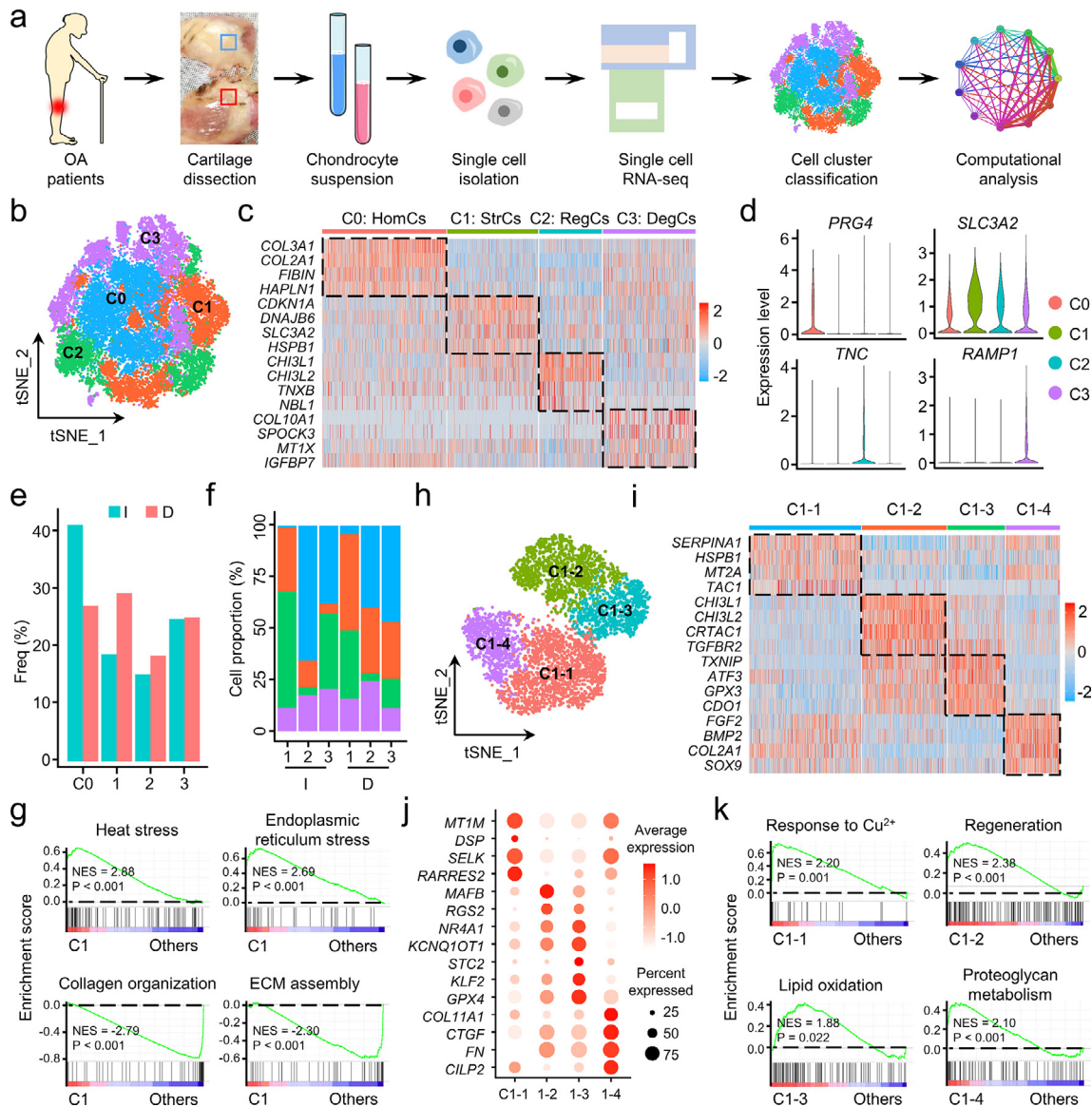
chondrocyte cluster was contained in C1-3, we assessed the expression levels of genes involving classical types of cell death. C1-3 exhibited apparently higher levels of ferroptosis marker genes than apoptosis, necroptosis and pyroptosis (Supplementary Figure 4), suggesting ferroptosis was the most likely form of chondrocyte death within C1-3.

### Identification and molecular characterization of the ferroptotic chondrocyte cluster in OA

To characterize the features of the ferroptotic chondrocyte cluster, we divided the oxidative stress cluster into five subclusters (Figure 3a, b) and found that C1-3-4 preferentially expressed the marker genes of ferroptosis (Figure 3c). Competitive GSEA showed that the GO terms related to oxidative stress, and, especially, oxidative stress-induced cell death were prominently enriched in C1-3-4 (Figure 3d, Supplementary Figure 5a). Moreover, C1-3-4 exhibited relatively high enrichment of lipid synthesis, transport and oxidation, as well as response to ferrous iron (Fe<sup>2+</sup>) and iron ion transmembrane transport (Figure 3e, f, Supplementary Figure 5a). However, GSH metabolism related GO terms were not apparently enriched in C1-3-4 (Figure 3g). More impressively, Kyoto Encyclopedia of Genes and Genomes (KEGG) analysis revealed highly enriched “Ferroptosis” in C1-3-4 (Figure 3h). In addition, ferroptosis-related genes were relatively abundant in C1-3-4, while genes involved in other types of cell death were barely detectable (Supplementary Figure 5b). These results indicate that C1-3-4 is the ferroptotic chondrocyte cluster in OA.

Next, we investigated the molecular characteristics of ferroptotic chondrocyte cluster. Among the differentially expressed genes, the ferroptotic drivers were higher expressed in the damaged cartilage, whereas ferroptotic suppressors were more abundant in the intact cartilage (Figure 3i-k, Supplementary Figure 5c, d), indicating more ferroptosis occurs in more severely damaged area. To evaluate the role of ferroptosis in OA, we investigated the intercellular cross-talk between C1-3-4 and other clusters. Compared to the intact cartilage, C1-3-4 showed more active signaling interactions with clusters possessing cartilage regeneration function (C2, C1-2 and C1-4) in the damaged cartilage (Figure 3l), suggesting chondrocyte ferroptosis might interfere the self-repair mechanisms of OA cartilage. Furthermore, by comparing the gene profiles in cells from other clusters, we also explored the top 10 substantially overexpressed genes in C1-3-4 as potential markers of ferroptotic chondrocytes (Figure 3m). Taken together, these results confirm the existence and illustrate the molecular characteristics of ferroptotic chondrocyte cluster in OA cartilage.



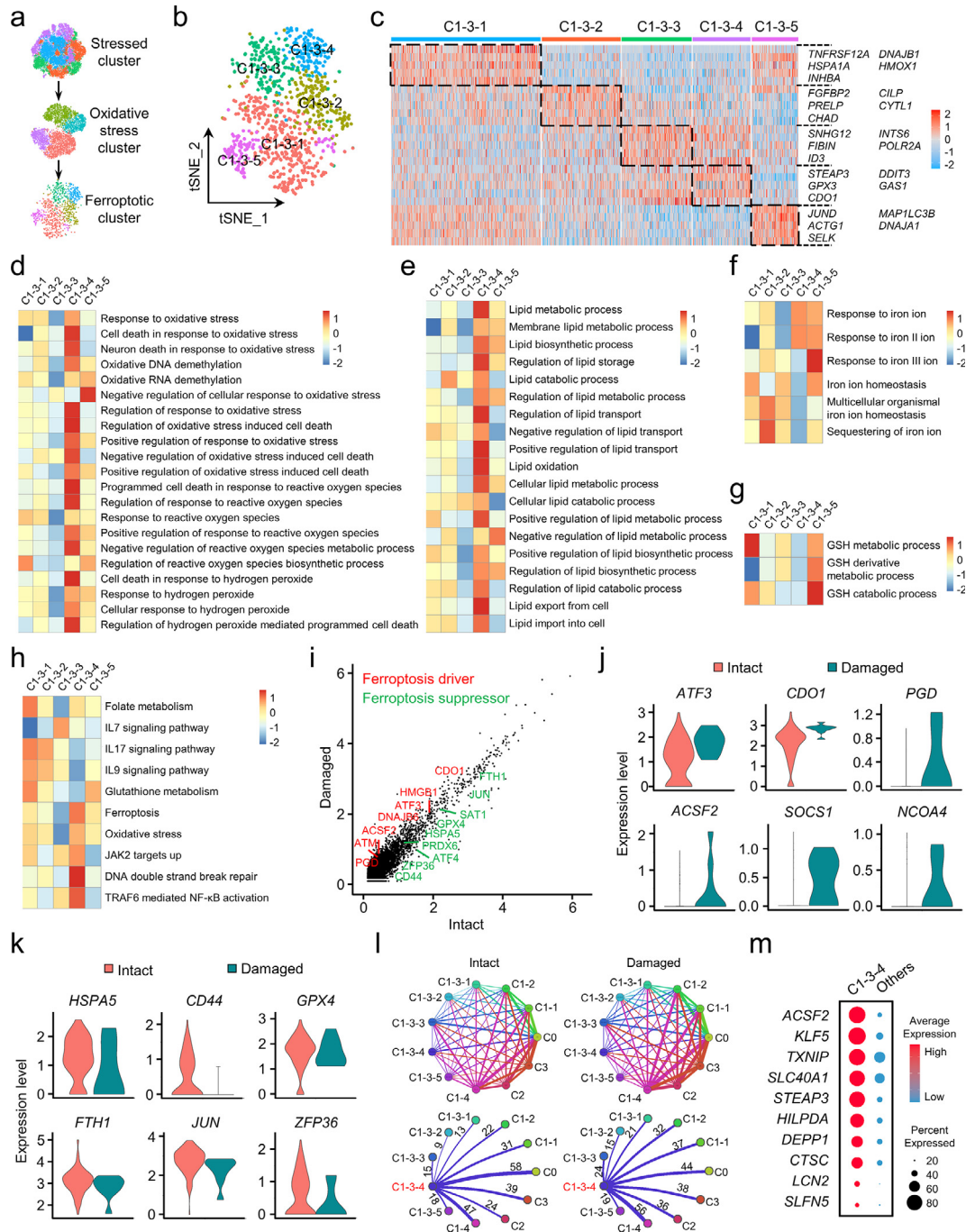


**Figure 2. Single-cell transcriptomic analysis of intact and damaged human osteoarthritis (OA) cartilages.** (a) Schematic workflow of the experimental strategy. (b) The t-distributed stochastic neighbor embedding (t-SNE) plot of the four identified main chondrocyte clusters in OA cartilage. (c) Heatmap revealing the scaled expression of preferentially and differentially expressed genes for each chondrocyte cluster. (d) Violin plots demonstrating the normalized gene expression levels of representative marker genes among the four main clusters. (e) The frequency of each chondrocyte cluster in the intact (I) and damaged (D) human OA cartilages. Freq, frequency. (f) Relative proportion of each chondrocyte cluster across three pairs of intact (I) and damaged (D) cartilages as indicated. (g) Gene set enrichment analysis (GSEA) revealing the enrichment of Gene Ontology (GO) terms in C1 and the other three clusters. NES, normalized enrichment score; ECM, extracellular matrix. (h) Visualization of t-SNE colored subclusters within C1. (i) Heatmap showing the highly expressed genes in the four subclusters within C1. (j) Dot plot showing the mean expression of preferentially expressed genes among the four subclusters. (k) GSEA showing the representative function among each subcluster. NES, normalized enrichment score.

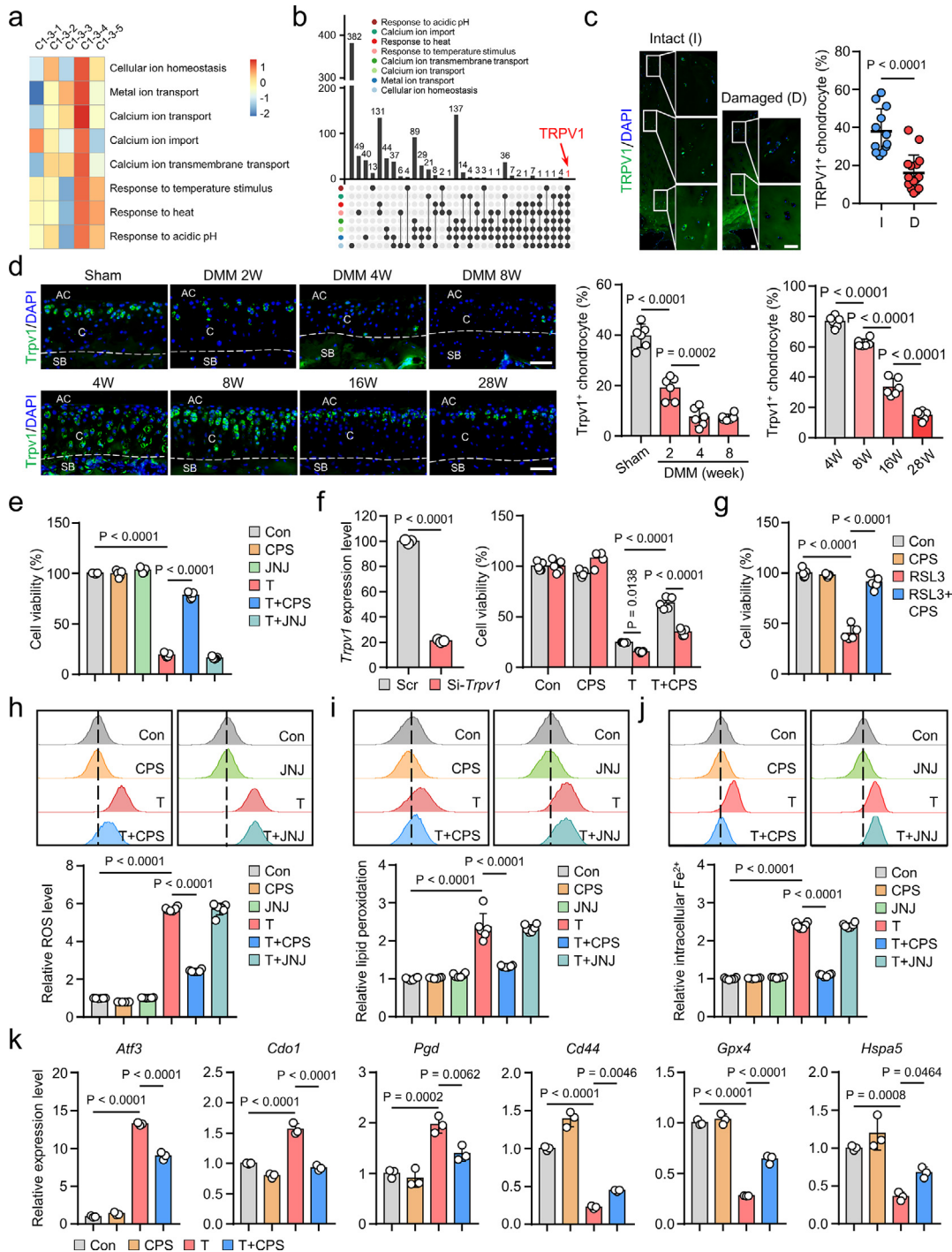
**TRPV1 plays an anti-ferroptotic role in chondrocytes**

Given the above results, we sought to explore the potential therapeutic target for chondrocyte ferroptosis. We performed a comprehensive GSVA to unveil the biological features of C1-3-4 (Figure 4a, Supplementary Figure

6). We noticed that calcium ion transport, temperature and acidic pH associated GO terms were highly enriched in C1-3-4 (Figure 4a), and, intriguingly, TRPV1 was the only overlapped gene among these biological processes (Figure 4b), suggesting that TRPV1, the heat-



**Figure 3. Identification and molecular characterization of the ferroptotic chondrocyte cluster in osteoarthritis (OA).** (a) Graphic view of the analysis roadmap. (b) The t-distributed stochastic neighbor embedding (t-SNE) plot of the five main chondrocyte clusters within the oxidative stress cluster (C1-3). (c) Heatmap revealing the preferentially expressed genes among the subclusters. (d-g) The heatmap of gene set enrichment analysis (GSEA) of the hallmark gene sets in MSigDB database revealing the enrichment of oxidative stress (d), lipid (e), iron (f) and glutathione (g) related Gene Ontology (GO) terms among subclusters within C1-3. (h) The heatmap of Kyoto Encyclopedia of Genes and Genomes (KEGG) analysis showing differentially enriched signaling pathways among the subclusters. (i) The scatter plot of the differentially expressed genes in C1-3-4 between chondrocytes from the intact and damaged cartilages. (j, k) Violin plots showing the normalized expression levels of ferroptosis drivers (j) and suppressors (k) in C1-3-4 across the intact and damaged cartilages. (l) Overview of the cell-cell crosstalk (upper panel) and the communications of ferroptotic chondrocyte cluster with the others (lower panel) in intact and damaged cartilages. (m) Dot plot showing the overexpressed genes in ferroptotic chondrocyte cluster (C1-3-4).



**Figure 4. Transient receptor potential vanilloid 1 (TRPV1) prevents chondrocyte ferroptosis.** (a) The heatmap of gene set variation analysis revealing functional Gene Ontology (GO) terms highly enriched in C1-3-4. (b) The gene overlap analysis of the GO terms that revealed in (a). (c) Immunofluorescence (IF) staining and quantitative analysis for TRPV1 in intact (I) (n=12) and damaged (D) (n=16) human OA cartilages. (d) IF staining and quantitative analysis for Trpv1 expression in the cartilage of indicated mice (n=6). AC, articular cavity; C, cartilage; SB, subchondral bone. (e-g) Cell viability of mouse primary chondrocytes treated as indicated for 24 h (n=5). (h-j) Flow cytometry analysis and quantitative analysis of intracellular total reactive oxygen species (ROS) (h), lipid peroxidation (i) and ferrous iron (Fe<sup>2+</sup>) (j) levels in chondrocytes induced by 50 μM TBHP with or without 50 μM CPS or 10 μM JNJ for 4 h (n=6). (k) Q-PCR analysis of indicated genes in chondrocytes treated with 50 μM TBHP and/or 50 μM CPS for 6 hours (n=3). Scale bars, 50 μm (d), 100 μm (c). Two-tailed unpaired t-test (c, left panel of f), one-way (d, e, g-k) or two-way (right panel of f) ANOVA with Tukey's post-hoc test. Data are shown as mean ± SD.

and acid-sensitive cation channel,<sup>44,45</sup> may potentially regulate chondrocyte ferroptosis. Moreover, we found that the expression of TRPV1 was substantially decreased in damaged human OA cartilage (Figure 4c), as well as in DMM-induced and relatively older mice cartilage (Figure 4d), which promoted us to further explore whether TRPV1 alleviated chondrocyte ferroptosis in OA.

Next, we tested the effect of TBHP, a widely used oxidative stress inducer,<sup>12</sup> on chondrocyte ferroptosis *in vitro*. The TBHP treatment resulted in significant increases of total ROS, lipid peroxidation and cell death in chondrocytes, which was significantly abrogated by ferroptosis inhibitors deferoxamine (DFO) and ferrostatin-1 (Fer-1) (Supplementary Figure 7a-d). In contrast, as previously reported,<sup>13</sup> the apoptosis inhibitor (ZVAD) and necroptosis inhibitor (Necro) showed no significant effect on TBHP-induced cell death (Supplementary Figure 7d). These data suggest that TBHP could induce chondrocyte ferroptosis.

Then, we treated the cultured primary chondrocytes with a specific TRPV1 agonist, CPS, or a selective TRPV1 antagonist, JNJ, under the condition of TBHP. TRPV1 activation by CPS substantially recovered cell viability, while TRPV1 inhibition by JNJ showed no obvious effect (Figure 4e, Supplementary Figure 8a-c). *Trpv1* knockdown significantly weakened the protection of pharmacologically activated *Trpv1*, excluding the off-target effect of CPS (Figure 4f). Moreover, TRPV1 activation significantly inhibited RSL3, a ferroptosis inducer,<sup>46</sup> induced chondrocyte ferroptosis (Figure 4g). Furthermore, TRPV1-activated chondrocytes exhibited significant inhibition of the hallmarks of ferroptosis, including decrease of TBHP-induced total ROS, lipid peroxidation and Fe<sup>2+</sup> accumulation (Figure 4h-j), as well as mitochondrial dysfunction (Supplementary Figure 8d). Q-PCR validated the anti-ferroptotic role of *Trpv1* by downregulated ferroptotic drivers (*Atf3*, *Cdo1*, *Pgd*, *Ptgs2*) and upregulated ferroptotic suppressors (*Cd44*, *Gpx4*, *Hspa5*, *Atf4*, *Lamp2*) (Figure 4k, Supplementary Figure 8e). Moreover, the expression of *Trpv1* itself and six of the marker genes screened in the ferroptotic chondrocyte cluster were also regulated by CPS-induced *Trpv1* activation (Supplementary Figure 8e, f). These results indicate the vital role of TRPV1 as an anti-ferroptotic target in chondrocytes.

### TRPV1 protects chondrocytes from ferroptosis in OA

To gain further insight into the anti-ferroptotic role of TRPV1 in OA, we performed intra-articular injection of CPS in the OA mouse model. The phosphorylation of calcium/calmodulin-dependent protein kinase II (CaMKII) is dependent on TRPV1 activation.<sup>18</sup> Firstly, the CPS injection caused significant upregulation of phosphorylated CaMKII (p-CaMKII) (Supplementary Figure 9a), indicating the effective activation of TRPV1 in the

mice articular cartilage. The CPS treatment showed significant cartilage-protective effects, including reduced cartilage erosion and Osteoarthritis Research Society International (OARSI) score (Figure 5a, b), increased total chondrocyte number (Figure 5b), improved total cartilage thickness (Figure 5b) and uncalcified cartilage thickness (Supplementary Figure 9b). In addition, increased Col II<sup>+</sup> areas, suggestive of cartilage anabolism, and decreased Mmp3<sup>+</sup> chondrocytes, indicative of cartilage catabolism, were observed in CPS-treated DMM surgery group (Figure 5c, d).

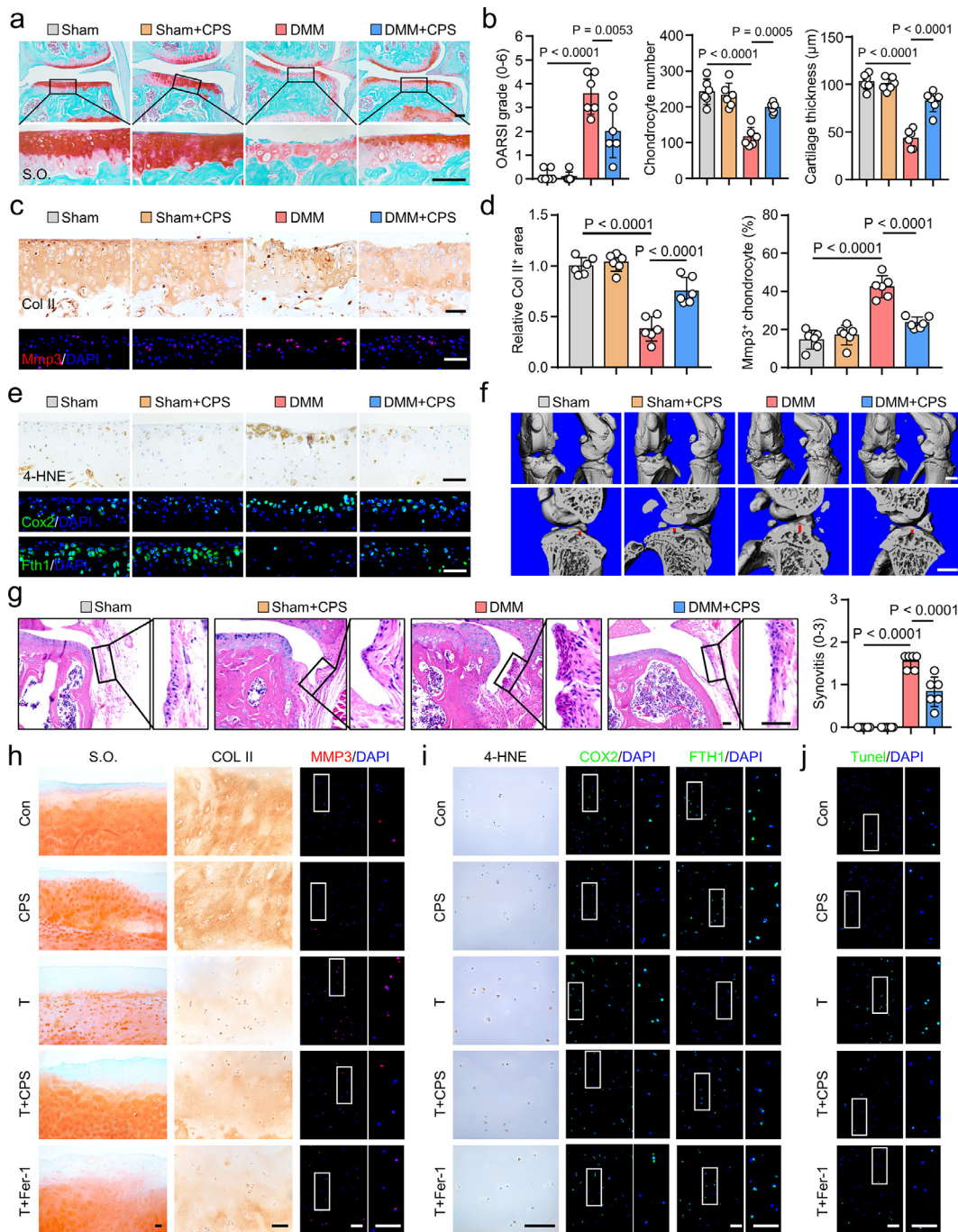
Further, CPS-treated mice cartilage exhibited substantially decreased proportion of 4-HNE<sup>+</sup>, Cox2<sup>+</sup>, Ncoa4<sup>+</sup> and Tf<sup>+</sup> chondrocytes (Figure 5e, Supplementary Figure 9c-e), demonstrating declined ferroptosis in *Trpv1*-activated cartilage. Ferritin heavy chain 1 (Fth1) is the main intracellular iron storage protein and its autophagic degradation results in increased cellular labile iron content and sensitizes cells to ferroptosis.<sup>23</sup> Our results showed that TRPV1 activated cartilage exhibited evidently increased Fth1 expression in DMM-induced mice (Figure 5e, Supplementary Figure 9c), suggesting the reduced free iron overload. CPS injection also preserved the expression of *Trpv1* in the cartilage of OA mice (Supplementary Figure 9f).

We also evaluated the bone status of mice knee joints by micro-computed tomography analysis and three-dimensional reconstruction, and observed significant decrease of osteophyte formation and subchondral bone sclerosis in CPS-injection group (Figure 5f, Supplementary Figure 10). Moreover, the synovitis score was also reduced by *Trpv1* activation (Figure 5g).

We further verified the relevance of our findings to humans by examining the role of TRPV1 in *ex vivo* TBHP-treated cartilage explants from OA patients, in which Fer-1 was used as a positive control. Similar to the results in mice cartilage, TRPV1 activation by CPS or Fer-1 treatment markedly abated cartilage ECM loss, preserved cartilage anabolism and inhibited cartilage catabolism (Figure 5h, Supplementary Figure 11a). Furthermore, CPS exerted similar anti-ferroptotic effect to Fer-1 by mitigating the TBHP-induced 4-HNE and COX2 expression and restoring FTH1 (Figure 5i, Supplementary Figure 11b). Then, we used TUNEL assay to detect cell death<sup>47</sup> and revealed significantly reduced TUNEL<sup>+</sup> chondrocytes in the TBHP with CPS or Fer-1 treated groups (Figure 5j, Supplementary Figure 11c). Taken together, these results indicate that TRPV1 exerts anti-ferroptotic and chondroprotective effects in both DMM-induced mice cartilage and human OA cartilage.

### GPX4 mediates the anti-ferroptotic effect of TRPV1

To clarify the downstream molecular mechanisms of TRPV1 resistance to chondrocyte ferroptosis, we analyzed the correlation between TRPV1 and ferroptosis-related genes in our scRNA-seq database. Our results



**Figure 5. Transient receptor potential vanilloid 1 (TRPV1) plays an anti-ferroptotic role in osteoarthritis (OA).** (a, b) Safranin-O/fast green (S.O.) staining (a) and quantification (b) of mice induced by Sham or destabilization of medial meniscus (DMM) surgery with or without intraarticular injection of 50 μM capsaicin (CPS) (n=6). (c, d) Immunohistochemical (IHC) staining of Col II, immunofluorescence (IF) staining of Mmp3 (c), and corresponding quantitative analysis (d) in the articular cartilage of mice treated as in (a) (n=6). (e) IHC staining of 4-hydroxynonenal (4-HNE), IF staining of cyclooxygenase 2 (Cox2) and ferritin heavy chain 1 (Fth1) of indicated mice knee articular cartilage. (f) 3D reconstructed images of mice knee joints and the sagittal view of the medial joint compartment revealing the changes to femoral and tibial surfaces and subchondral bone plate (SBP) thickness, respectively. Red line indicates the thickness of SBP. (g) Hematoxylin and eosin (H&E) staining of mice knee and relative quantification of synovitis scores as indicated (n=6). (h) Representative images of S.O. staining, IHC staining for COL II, and IF staining for MMP3 of the cultured human OA cartilage explants treated with 50 μM TBHP and/or 50 μM CPS, or 5 μM Fer-1 for 7 days. (i, j) Representative images of IHC staining for 4-HNE, IF staining for FTH1, COX2 (i) and Tunel (j) of human OA cartilage explants as treated in (h). Scale bars, 50 μm (c, e, g), 100 μm (a, h-j) and 1mm (f). One-way ANOVA with Tukey's post-hoc test. Data are shown as mean ± SD.

showed that *TRPV1* exhibited relatively strong relationship with *GPX4* (Supplementary Figure 12a). The expression of *Gpx4* in mouse cartilage was also positively correlated with *Trpv1* levels (Supplementary Figure 12b), which promoted us to investigate whether *Trpv1* regulated the expression of *Gpx4*. Under the TBHP treatment, mRNA and protein levels of *Gpx4* were markedly decreased in the primary chondrocytes, while they were substantially restored by *Trpv1* activation (Figure 4k, 6a, Supplementary Figure 13a). *TRPV1* activation by CPS resulted in significant increase of *GPX4* in both DMM-induced mice and TBHP-treated human OA cartilages (Figure 6b-d). Furthermore, coincident with the decreased *Trpv1* (Figure 4d), *Gpx4* was significantly decreased in DMM-induced and relatively older mice cartilages (Supplementary Figure 13b, c).

To determine the casual relationship between *Trpv1* and *Gpx4*, we knocked down *Gpx4* by siRNA and demonstrated substantially decreased anti-ferroptotic effect of *Trpv1* activation (Figure 6e). We further examined the role of *Gpx4* in the downstream of *Trpv1* by using *Gpx4* knockdown mice (*Gpx4*<sup>+/-</sup>), which exhibited robust decrease of *Gpx4* protein in articular cartilage (Supplementary Figure 13d). *Trpv1* activation by intra-articular injection of CPS in DMM-induced *Gpx4*<sup>+/-</sup> mice did not significantly alter the cartilage damage (Figure 6f, g, Supplementary Figure 13e), cartilage metabolism (Figure 6h, i), synovitis (Supplementary Figure 13e), osteophyte formation and subchondral bone sclerosis (Figure 6j, k, Supplementary Figure 13f). Whereas, *Trpv1* exhibited cartilage protective effects in the littermate control mice of *Gpx4*<sup>+/-</sup> mice. These results indicate that *Gpx4* knockdown resulted in the loss of anti-ferroptotic effect of *Trpv1* in OA cartilage. Thus, *GPX4* mediates the anti-ferroptotic role of *TRPV1* in OA.

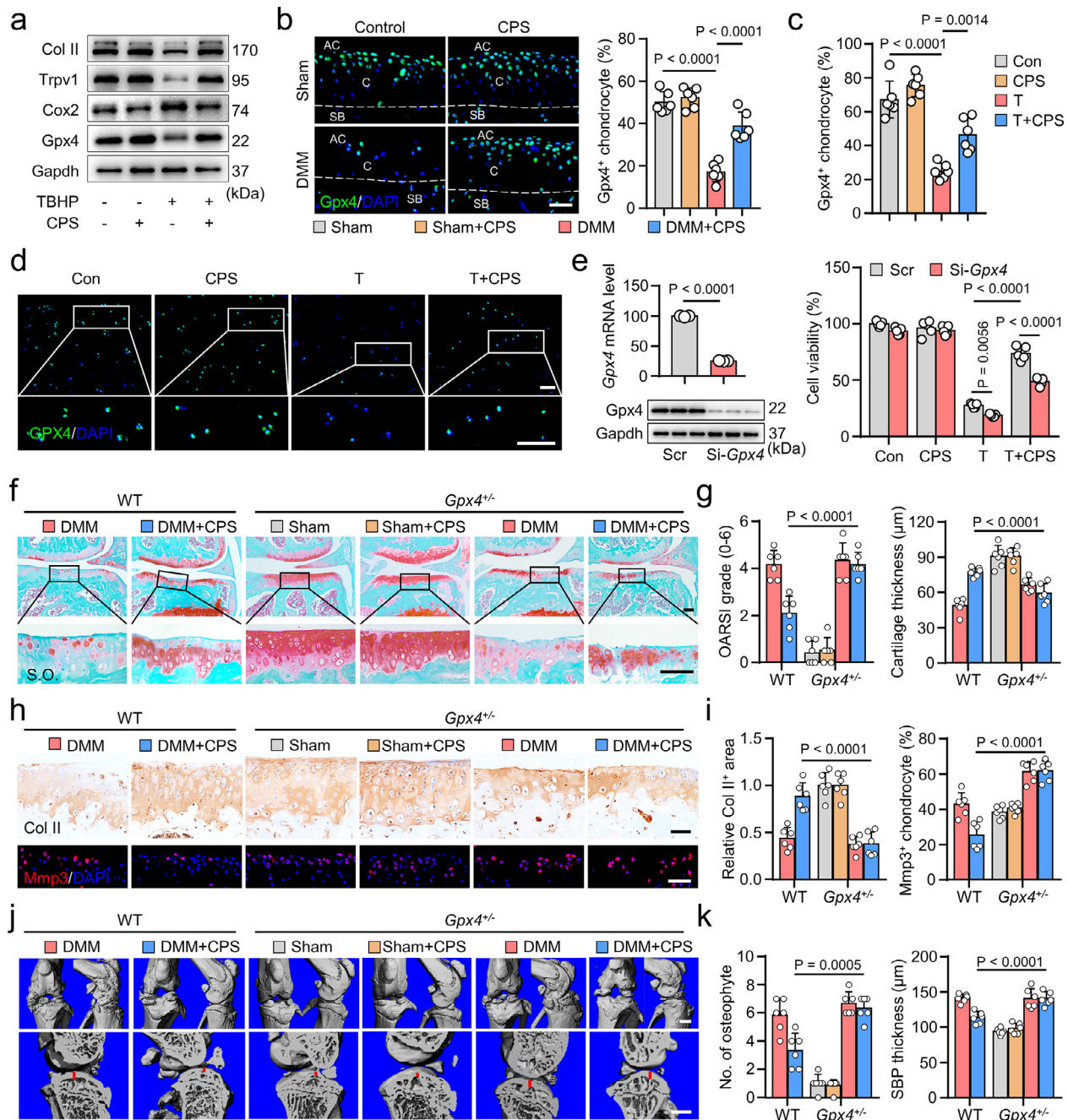
## Discussion

Chondrocyte ferroptosis has recently been proposed as risk factor for OA progression.<sup>5,9</sup> However, the molecular characteristics and potential therapeutic targets of ferroptotic chondrocytes remain enigmatic. This study directly identified the ferroptotic chondrocyte cluster in human OA cartilage and deciphered its molecular characteristics and potential markers. We screened *TRPV1* as a potential therapeutic target of chondrocyte ferroptosis and verified its anti-ferroptotic role in primary chondrocytes, human OA cartilage explants and DMM-induced OA mice model. Mechanistically, *GPX4* is an essential mediator for the anti-ferroptotic effect of *TRPV1*. Activation of *TRPV1* is thus a potential therapeutic target for protecting chondrocytes from ferroptosis in OA (Figure 7).

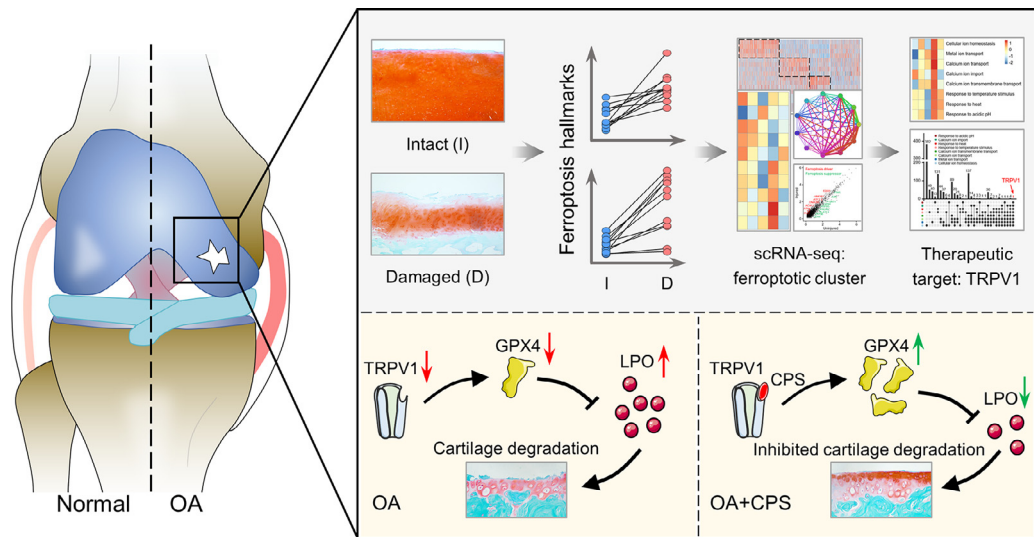
Various types of chondrocyte death, including ferroptosis, apoptosis and necroptosis, have been investigated to participate in OA pathogenesis.<sup>48-50</sup> Ferroptosis is a

unique cell death mechanism, which is different from other types of cell death with distinctive morphological and mechanical features.<sup>8</sup> Morphologically, unlike the chromatin condensation in apoptosis, ferroptosis is characterized by shrunken mitochondria and reduced mitochondrial cristae.<sup>25</sup> Mechanistically, distinct from executioner proteins-driven apoptosis (caspase 3) and necroptosis (mixed lineage kinase domain-like protein), ferroptosis occurs when cellular activities that promote ferroptosis overwhelming antioxidant capabilities of ferroptosis defense systems.<sup>12,51-53</sup> However, there is still lack of distinct biomarkers or standard criteria to identify ferroptosis, especially in the disease.<sup>23</sup> Therefore, we measured the indicators and genes of ferroptosis as much as possible in our scRNA-seq analysis to identify the ferroptotic chondrocyte cluster. We found that the C1-3-4 highly enriched oxidative stress, lipid oxidation, Fe<sup>2+</sup> response related GO terms and preferentially expressed ferroptotic genes, which are consistent with the definition and molecular characteristics of ferroptosis.<sup>23</sup> Further gene profile analysis revealed upregulated ferroptotic drivers and downregulated ferroptotic suppressors in damaged areas of OA cartilage, suggesting a relationship between chondrocyte ferroptosis and OA development. Recently, evidences showed that early and late ferroptotic cells could regulate other cells by their active secretion and passive release, respectively.<sup>54</sup> Our cell-cell interaction analysis revealed enhanced signaling interactions between C1-3-4 and other clusters, particularly the cartilage regeneration clusters (C2, C1-2 and C1-4), in the damaged cartilage compared to the intact cartilage. We speculate this possibly due to the involvement of the secretory phenotype of ferroptotic chondrocytes, which needs further investigations. Moreover, it has been hypothesized that the crosstalk between ferroptosis and other types of cell death exists,<sup>55</sup> which may drive a local auto-amplification loop and exaggerate cell death. Given the coexistence of various chondrocyte death types in OA pathogenesis, it is conceivable that ferroptosis may be entangled with other death pathways. Therefore, further investigations are warranted to unveil the exquisite interactions among different types of chondrocyte death in OA.

Given no golden standard for the measurement of ferroptosis, Stockwell *et al.* suggested that ferroptosis should be suppressed by both a lipophilic antioxidant and an iron chelator, and apoptosis and necroptosis should be ruled out when verifying ferroptosis.<sup>25</sup> In our *in vitro* experiments, TBHP (50 μM)-induced chondrocytes showed total ROS, lipid ROS and Fe<sup>2+</sup> accumulation with subsequent cell death, which was robustly abrogated by ferroptotic inhibitors (Fer-1 and DFO). Traditionally, TBHP was used to induce apoptosis and necroptosis.<sup>56</sup> However, in our study, neither the apoptosis inhibitor (ZVAD) nor necroptosis inhibitor (Necro) showed obvious effect on TBHP (50 μM)-induced chondrocyte death. Recently, Miao *et al.* reported that ZVAD



**Figure 6. Glutathione peroxidase 4 (GPX4) mediates the anti-ferroptotic effect of Transient receptor potential vanilloid 1 (TRPV1).** (a) Western blot analysis of indicated proteins in mouse primary chondrocytes induced by 50  $\mu$ M TBHP and/or 50  $\mu$ M CPS for 8 h. (b) IF staining and quantitative analysis of Gpx4 in the indicated mice cartilage ( $n=6$ ). AC, articular cavity; C, cartilage; SB, sub-chondral bone. (c, d) Quantification (c) and IF staining (d) of GPX4 in human OA cartilage explants treated as indicated for 7 days ( $n=6$ ). (e) Cell viability ( $n=5$ ) of mouse primary chondrocytes induced by 50  $\mu$ M TBHP and/or 50  $\mu$ M CPS for 24 h with or without pretreated Gpx4 siRNA. (f, g) S.O. staining (f) and quantitation of Osteoarthritis Research Society International (OARS) scores and cartilage thickness (g) in  $Gpx4^{+/-}$  mice and their littermate control mice treated as indicated ( $n=6$ ). (h, i) IF staining of Col II and Mmp3 (h) and their quantification (i) in  $Gpx4^{+/-}$  mice and their littermate control mice as treated in (f). (j, k) 3D reconstructed images and sagittal view of the medial joint compartment (j), as well as their relative quantitative analysis (k) of  $Gpx4^{+/-}$  mice and their littermate control mice knee joints treated as in (f) ( $n=6$ ). Scale bars, 50  $\mu$ m (b, f, h), 200  $\mu$ m (d), 1 mm (j). Two-tailed unpaired t-test (left panel of e), one-way (b, c) or two-way (right panel of e, g, i, k) ANOVA with Tukey's post-hoc test. Data are shown as mean  $\pm$  SD.



**Figure 7.** A graphical scheme of revealing the ferroptotic chondrocyte cluster and the anti-ferroptotic role of TRPV1-GPX4 pathway in osteoarthritis (OA). TRPV1, transient receptor potential vanilloid 1; GPX4, Glutathione peroxidase 4; CPS, capsaicin.

could suppress low concentration (30  $\mu\text{M}$ ), but showed no effect on high concentration (50  $\mu\text{M}$ ), of TBHP-induced chondrocyte death; therefore, they exclude the involvement of apoptosis in 50  $\mu\text{M}$  TBHP-induced chondrocyte death.<sup>13</sup> Furthermore, they also verified that the inhibitor of necroptosis showed no effects on TBHP (50  $\mu\text{M}$ )-induced cellular ROS and lipid peroxidation accumulation, as well as the expression level of ferroptosis-related genes.<sup>13</sup> Taken together, according to the suggestion of measuring ferroptosis,<sup>25</sup> these results suggest that TBHP, at least in the concentration of 50  $\mu\text{M}$ , could induce chondrocyte ferroptosis.

TRPV1 is primarily recognized as a nociceptive sensor of noxious stimuli, including heat, CPS, acidic pH, and various animal toxins.<sup>45,57</sup> It has been reported that CPS exhibited pain management effects on OA by disrupting the entire terminal of TRPV1-expressing nociceptive fibers.<sup>58</sup> Topical application of CPS has been included in the 2019 American College of Rheumatology/Arthritis Foundation Guideline for the pain management of knee OA.<sup>59</sup> Moreover, we previously showed that TRPV1 was highly expressed by infiltrated M1 macrophages in OA synovium and its activation played an inhibitory role of M1 macrophage polarization by  $\text{Ca}^{2+}/\text{CaMKII}/\text{Nrf2}$  signaling pathway.<sup>18</sup> Whereas, the role and mechanism of TRPV1 in chondrocytes are remain unclear. Herein, we surprisingly found that TRPV1-related GO terms were significantly enriched in the ferroptotic chondrocyte cluster. Pharmacological activation of TRPV1 markedly abrogated the ferroptotic hallmarks in TBHP-induced chondrocytes, DMM surgically induced OA mouse model and, especially, the human OA cartilage explants by promoting the expression of GPX4. Altogether, the anti-pain, anti-

inflammation and anti-ferroptosis effect of TRPV1 suggest its potential as a disease-modifying target for the management of various pathogenesis of OA.

There are several limitations in this study: (1) The proportion of various types of chondrocyte death in human OA cartilage remains unclear. Future studies with large-scale human OA cartilage samples revealing the most critical type of chondrocyte death are expected. (2) We did not evaluate the effect of intra-articular injection of CPS on OA pain, let alone separately in male and female mice. (3) Although we screened the top 10 overexpressed genes in ferroptotic chondrocyte cluster, which may serve as ferroptotic biomarkers, the function and underlying mechanisms of them needs to be investigated.

In conclusion, despite the limitations, our investigation directly reveals that chondrocyte ferroptosis contributes to the progression of OA, and pharmacological activation of TRPV1 protects chondrocytes from ferroptosis, at least in part, by upregulating the expression of GPX4.

#### Contributors

D.S. and X.C. conceptualized and supervised the study. Z.Lv and J.L. conducted the most assays and acquired and analyzed data with the help of A.L., R.W., X.X. and W.Y.. Z.Lv and J.L. performed single cell RNA sequencing with the help of H.G., Y.F., Z.S. and M.W.. J.H. and C.F. performed bioinformatics analysis. Z.Lv, J.D., W.L., Y.X. and W.S. conducted the animal studies. J.C., Y.L., F.C. and Z.Liu collected and processed the samples. Z.Lv, J.H., X.C. and D.S. drafted the manuscript. Q.J. and S.I. revised the article for important intellectual content. Z.Lv, J.H., J.L., X.C. and D.S. have read and



verified the underlying data. All authors have read and approved the final version of this manuscript.

#### Data sharing statement

All reagents and experimental protocols described in this work are available upon reasonable request. Single cell RNA-seq data reported in the present paper have been deposited in the National Genomics Data Center (accession number: HRA002569).

#### Declaration of interests

The authors have declared that no conflict of interest exists.

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#### Supplementary materials

Supplementary material associated with this article can be found in the online version at doi:10.1016/j.ebiom.2022.104258.

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