

Quantitative and Topographic Analysis by Immunohistochemical Expression of Ghrelin Gastric Cells in Patients with Morbid Obesity

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Purpose: The cellular distribution of ghrelin positive cells is not well defined. The aim of the study is to quantify and determine the distribution of ghrelin cells in gastric mucosa in patients with morbid obesity and relate this finding to gender, comorbidities, gastritis, and plasmatic levels of acyl and desacylghrelin before and after laparoscopic sleeve gastrectomy.

Patient and Methods: We performed a study on 61 patients with BMI ≥ 50 kg/m² operated by laparoscopic sleeve gastrectomy. Three gastric regions were analyzed by histopathology and immunohistochemistry. Blood sample was taken before surgery, and at 6 and 12 months post-surgery, to study the plasma levels of ghrelin isoforms.

Results: Ghrelin cells are present in all regions of the gastric mucosa, with a greater number in the body and the fundus. Difference was found in the antrum between male and female patients ($p=0.018$). Patients with arterial hypertension also showed a lower level of cells in antrum ($p<0.05$). Acylghrelin levels after surgery were significantly lower (32.83 ± 5.6 pg/mL to 10.09 ± 11.8 pg/mL, $p<0.05$). Values of desacylghrelin tended to decrease but no significant variation was observed (207.4 ± 39.3 pg/mL to 188.84 ± 52.3 pg/mL).

Conclusion: Our patients show ghrelin cells in all areas of the stomach. Gender, comorbidities, and gastritis are determinant on gastric ghrelin-producing cells distribution.

Keywords: ghrelin, cells, obesity, gastric, laparoscopic surgery

Introduction

Obesity is a public health problem in the world. It affects quality of life, increases the risk of illness, and raises health-care costs in countries around the world.^{1,2} In 1999, Kojima et al³ discovered that the gastric ghrelin is a ligand for the growth hormone secretagogue receptor. Several studies have shown that ghrelin has numerous physiological effects: for example, it regulates food intake, body weight, adiposity, and glucose metabolism; it modulates the systemic metabolism and improves cardiovascular functions such as vasodilatation and cardiac contractility.⁴⁻⁷ There are two forms of ghrelin: acylghrelin (AG) and desacylghrelin (DG).⁸ AG has a short half-life, and once released, is converted to DG;⁹ AG disappears more rapidly from plasma than DG.¹⁰ These two isoforms have differential effects on tissues: while AG is implicated in the control of food intake and evokes weight gain by hypothalamic actions, DG can participate in some of these processes, but its exact function is still unknown.¹¹ Ghrelin O-acyltransferase (GOAT) is the enzyme responsible for the acylation process of ghrelin.¹²

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Bariatric surgery has proven to be effective for weight reduction and resolving comorbidities in morbidly obese patients.¹³ However, there is no clear consensus as to effect of bariatric surgery on the circulating ghrelin levels.¹⁴ Laparoscopic sleeve gastrectomy (LSG) is a bariatric surgical technique of choice within the options for the treatment of morbid obesity and it is currently in first position in the global count of the almost 600,000 annual bariatric surgeries performed worldwide (46%), surpassing Laparoscopic Roux-en-Y Gastric Bypass (40%) for the first time since 2013.¹⁵ LSG leads to the physical loss of the main producer of ghrelin from the organism, which has traditionally been attributed to the oxyntic gastric mucosa. However, the distribution of ghrelin is not uniform, it varies between sexes and it does not correlate with its serum levels; all this can influence the surgical strategy and the posterior pathophysiological implications.¹⁶

The main objective of the study is to quantify and determine the topographic distribution of ghrelin cells (GhrC) in the gastric mucosa in patients with morbid obesity and relate this finding to gender, comorbidities, and the presence of gastritis. An additional aim is to analyze the plasmatic levels of AG and DG before and after surgery and their relation to the number of gastric cells.

Materials and Methods

We performed a prospective and descriptive cohort study on morbid obesity patients operated by LSG. Sixty-one patients from the external consultations of Bariatric Surgery of our hospital who had undergone LSG for morbid obesity. We perform this technique according to our hospital protocol in patients with a BMI greater than 50 Kg/m² (which allows completing a second surgery if necessary in the future); It is also performed in patients with giant liver disease, chronic liver disease, or inability to access the inframesocolic compartment and who have a BMI less than 50 kg/m² (to avoid access problems or avoid worsening liver disease due to the malabsorptive component). Despite the exponential growth of the Sleeve gastrectomy in very diverse ranges of BMI, it is still a very safe option for superobese patients in terms of decreased surgical risk.¹⁷ Antrum, body, and fundus of each patient included in the study were analyzed by histopathology and immunohistology. Plasma levels of the two ghrelin isoforms were studied before surgery, and at 6 and 12 months after surgery. Before the surgery, patients

underwent a gastric endoscopy with biopsy. The study protocol was reviewed and approved by the Ethics Committee of the Sant Joan University Hospital in Reus (registration number CEIC11–04-28/4PROJ3), and written informed consent was obtained from each subject in accordance with the 1964 Helsinki declaration and its subsequent amendments.

Surgical Technique

LSG was performed under general anesthesia with the patient in the Lloyd-Davies position. A five-port technique was used in all patients: the first 10-mm midline trocar was inserted under direct optical control (Visiport, Covidien®, USA). A 15-mm trocar inserted into the right hypochondrium served to introduce the endostapler (4.8-mm staples) required for the first transections of the gastric antrum and was useful for extracting the resected stomach. The greater gastric curvature was then dissected, separating it from the gastroepiploic arcade of the greater omentum. Instruments for sealing and sectioning the tissues (LigaSure, Covidien®) were used for this procedure. Dissection was continued to the His angle; freeing the posterior fundal region is extremely important to avoid leaving a residual pocket. In all cases, the gastric transection was performed under the guidance of a 38-Fr Faucher bougie. The distance from the pylorus to the first section point (3 cm) was measured intraoperatively with a ribbon. The suture line was reinforced using polycarbonate derivatives of polyglycolic acid (SEAMGUARD, W.L. Gore & Associates®, USA). Finally, a sub-hepatic Jackson-Pratt-type drain was placed along the suture. A methylene blue leak test was performed in all patients before the end of the surgery. In the surgical specimen, each gastric region was adequately referred by the surgeon in the operating room and sent to the pathology service for study.

Histopathology and Immunohistology Examination

At the pathology service, the stomach was opened by the greater curvature and fixed in formalin for 24 hr. After fixation, sections from the antrum, body, and fundus were taken according to the references and were embedded in paraffin, cut at 2 µm, and stained with hematoxylin and eosin. In addition, 2-µm sections were obtained and were placed in an automatic processor VENTANA® Benchmark ULTRA/LT immunohistochemistry, Ventana Medical Systems, USA, using the previously standardized protocol

for ghrelin including detection kit and Optiview[®] DAB (VENTANA[®]). The primary anti-ghrelin antibody (1:600) (Phoenix Pharmaceutical, Inc) was incubated for 32 min. Finally, the immunohistochemical sections were revealed with Diaminobenzidine, contrasted with Meyer's hematoxylin, and examined under an Olympus BX41 light microscope. The histopathological parameters of gastric biopsy were evaluated according to the Revised Sydney Classification to chronic inflammation.¹⁸

Quantitative study of GhrC: Quantification was carried out using a compatible HP Compaq 6000 Pro Mt personal computer. HP Compaq 6000 Pro Mt Intel[®] Core[™] 2 Duo PC E7500 @ 2.936GHz CPU, 1.93GB RAM, Microsoft Windows XP Professional Version 2002 system, with an HP Compaq LA1951 LCD monitor on Intell Q45/Q43 Express Chipset, Olympus BX41 Microscope, Olympus camcorder SC30 model, and a 4Gbyte hard drive memory. The increase used for quantification of the GhrCs was 20x with a field diameter of 0.40 mm. We used the program Cell B 3.3, Olympus Soft Imaging Solutions GmbH for direct quantification. GhrCs were counted in 10 fields, representing a total area of 1.25 mm². As inclusion criteria, all the cells that were positioned in the different sections were taken into account. A positive GhrC was considered when cytoplasmic labeling was obtained. The calculation was made by the average and the standard deviation obtained from the three gastric anatomical regions analyzed for each patient.

Semi-Quantitative Study of GhrC

For the semiquantitative analysis, a suitable section was considered when it was possible to evaluate the muscle of the submucosa. The distribution patterns of GhrC were categorized as follows: 1) Irregular: GhrC appeared at random in the mucosa. 2) Two-thirds distribution: GhrC in the lower two-thirds of the mucosa. 3) Lower third distribution: GhrC located in the lower third of the mucosa.

Hormone Assays

Blood samples were obtained in the morning after overnight fasting and placed in Vacutainer[®] EDTA-plasma tubes. The samples were promptly centrifuged at 3000 g for 15 min at 4°C, and the plasma was stored at -80°C. Plasma concentrations of AG and DG were measured with an ELISA kit (Merck KGaA, Darmstadt, Germany) according to the manufacturer's instructions.

Statistical Analysis

For the calculation of the number of patients in the study, we used the formulas corresponding to the comparison of means and analysis for each of the main variables. The results from morphometric analysis are shown as mean \pm SD. Differences in results of ghrelin cells and clinical parameters were examined by a non-parametric Mann-Whitney test for two independent groups. The relationships between GhrC and clinic-pathological variables were examined by linear regression and Spearman correlation coefficient analyses. $p < 0.05$ was considered statistically significant. All the analyses were performed using the program IBM.SPSS 23.

Results

Clinical Findings

Of the 61 patients included, 26.2% (16) were males and 73.8% (45) females. The average BMI was 51.11 kg/m² (ranging from 38.13 to 65.01 kg/m²). The average age was 51.08 years (ranging from 27 to 73 years old). Systemic arterial hypertension (SAH) was present in 59% (36) cases. Type 2 Diabetes (T2DM) was present in 63.9% (39) patients. As high as 29.5% (18) patients showed both comorbidities. Previous *Helicobacter pylori* infection was present in 18.03% (11) patients. Patients with intestinal metaplasia undergo endoscopic follow-up at 18 months after surgery and subsequently according to findings found in the respective biopsies.

Histopathological Findings

Chronic gastritis was present in 88.5% of patients. The gastritis was present in all gastric regions in 81.48% of cases and the severity was cataloged as mild. Intestinal metaplasia was present in 8.5% of patients. No *Helicobacter pylori* infection was detected into gastric specimen.

Quantification and Gastric Topography of GhrC

Immunohistochemical study of GhrC showed a total of 786.30 ± 465.2 cells/10HPF. The immunoreaction was granular, and the cells had a variable morphology, from cubic to slightly elongated. GhrC was isolated or in pairs, although larger groups of cells (more than 4 cells) were observed (Figure 1). In the antrum, 217.28 ± 196.6 cells/10HPF were quantified, in the body was 292.18 ± 231.5 cells/10HPF, and 276.84 ± 166.2 cells/10HPF in the fundus. Statistical analysis

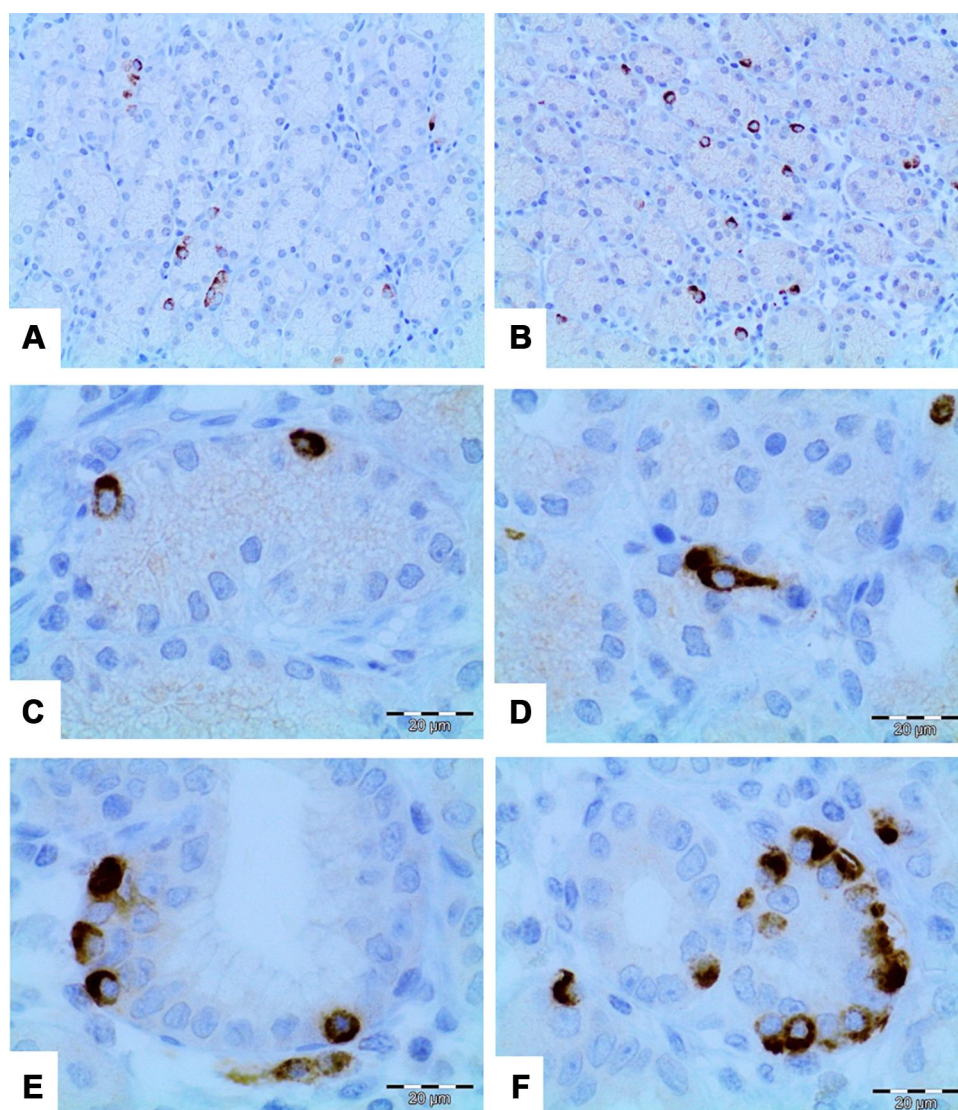


Figure 1 Immunohistochemical study for gastric ghrelin. Typical immunohistochemical characteristic showing cells located in the gastric glandular basal region with irregular distribution (**A**) and showing cells intermixed with mucous glands individually, some cluster of ghrelin cells are present (**B**). Characteristic immunoreactivity of ghrelin cells with granular cytoplasmic reactivity and cuboid morphology (**C**). Fusiform morphology occasionally evidenced in ghrelin cells with characteristic granular cytoplasmic reactivity (**D**). (**E**) Positive ghrelin cells and presence of intestinal metaplasia. Note the absence of positive ghrelin cells in metaplasia intestinal metaplasia. (**F**) Ghrelin cells distributed in groups of 3 to 8 cells. This finding was the least evidenced in the study. (Direct increase 10X to 60X).

showed a significant difference between GhrC and gastric topography ($p=0.004$). In the antrum, the GhrC showed an irregular pattern in 90.16% of the samples, followed by the lower third (6.56%) and in two-thirds of the epithelium (3.28%). The body and the fundus showed a pattern like to the antrum, and the irregular pattern was the most frequent (68.85%; 70.49%) followed by the lower third (21.31%; 26.23%) and the lower two-thirds (9.84%; 3.28%). (**Figure 2**)

GhrC, Gastric Topography and Gender

A significant difference was found in the antrum between male/female patients and total GhrC ($p=0.018$) (**Table 1**). Male patients showed 132.94 ± 116.3 cells/10HPF in the

antrum, 230.19 ± 130.3 cells/10HPF in the body, and 284.81 ± 121.1 cells/10HPF in the fundus. These results showed significant differences between GhrC and location ($p=0.001$). No significant differences were observed between the presence of GhrCs and their location in female patients (**Figure 3** and **Table 2**).

GhrC, gastric topography and comorbidities: A significant difference was found between the hypertensive and non-hypertensive groups and the number of GhrC (**Table 1**). In patients with SAH, the number of cells in antrum is significantly lower than in the other gastric regions. In patients with no SAH, no significant differences were found (**Figure 3** and **Table 2**). Instead, there is no difference

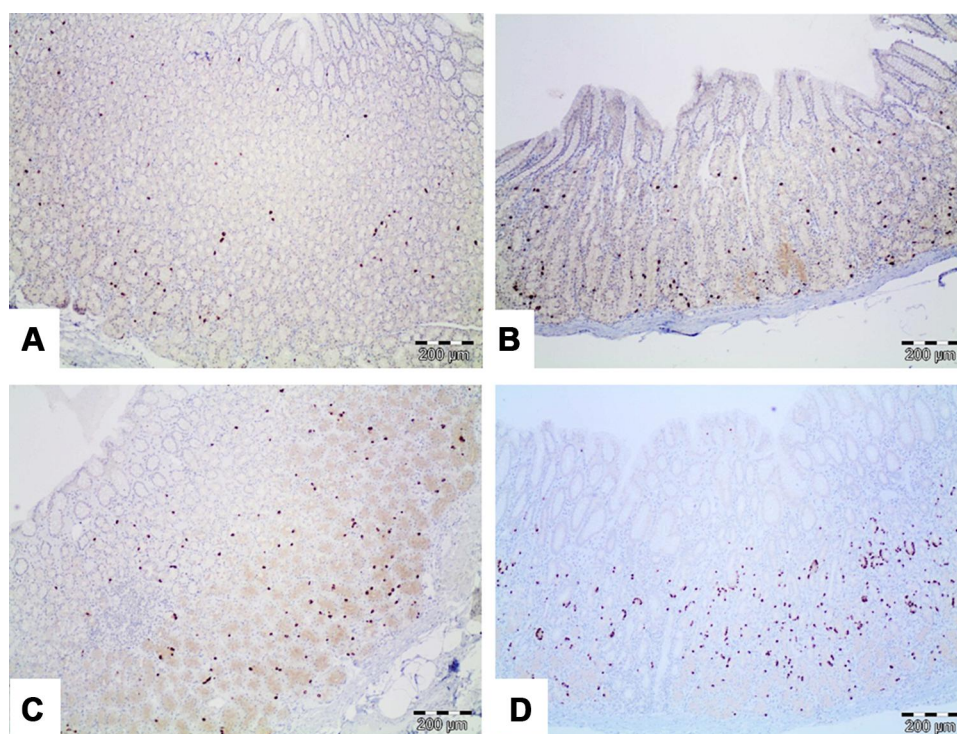


Figure 2 Immunohistochemical study for gastric cells with ghrelin positivity (A–D). Micrographs show different expression patterns of positive ghrelin cells within the gastric mucosa. (A) Irregular pattern. (B and C) Pattern of predominance in two thirds of the mucosa. (D) Pattern with a predominance in low third of the mucosa (direct increase 10X).

between the diabetic and non-diabetic groups regarding the total presence of GhrCs; we also found no differences in the three areas in these patients (Tables 1 and 2). When we separated the gastric regions and gastritis or not, we

observed that the differences observed in patients with hypertension and the male gender are also maintained significantly in the presence of gastritis (Figure 3 and Table 3).

Plasma Ghrelin Levels

Plasma ghrelin levels before surgery were 32.83 ± 5.6 pg/mL for AG and 207.4 ± 39.3 pg/mL for DG. Six and 12 months after surgery, the levels of AG were 17.93 ± 2.5 pg/mL and 10.09 ± 11.8 pg/mL, respectively, and the levels of DG were 197.45 ± 41.8 pg/mL and 188.84 ± 52.3 pg/mL, respectively. The statistical study showed a significant difference between AG values at the time of surgery, at 6 and 12 months ($p < 0.05$). There was a sustained decrease in the plasma levels of AG from surgery until 12 months later. Plasma levels of DG tended to decrease but no significant variation was observed (Figure 4). Plasmatic levels of AG and DG according to different variables are shown in Table 4. No differences between gender, BMI, or comorbidities have been found.

Correlations Between Variables

We observed a weak but significant positive correlation between the preoperative levels of DG and the GhrC in the body ($r^2 = 0.28$). The body showed a significant positive

Table 1 Total Number of Gastric Ghrelin Expressing Cells (Cell/10HPF) by Gender and Comorbidities

Gastric Ghrelin Expressing Cells (Cell/10HPF)		
Total	786.30 ± 465.2	
Gender		p-value
Male 26.2% (n=16)	679.94 ± 264.1	ns
Female 73.8% (n=45)	835.49 ± 511.8	
AHT		0.040
Yes 59% (n=36)	706.19 ± 446.7	
No 41% (n=25)	896.75 ± 485.6	
T2D		ns
Yes 36.1% (n=22)	772.08 ± 403.7	
No 63.9% (n=39)	811.50 ± 567.8	
Gastritis		ns
Yes 88.5% (n=54)	794.87 ± 476.5	
No 11.5% (n=7)	720.14 ± 391.6	

Note: * $P < 0.05$.

Abbreviations: AHT, arterial hypertension; T2D, Type 2 diabetes mellitus; HPF, high power field.

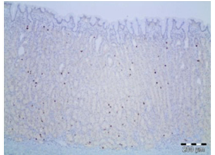
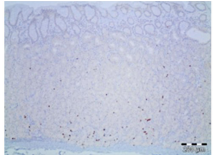
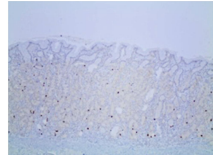
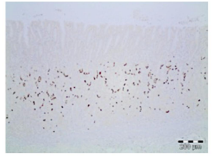
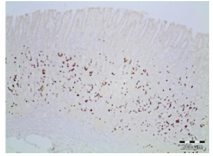
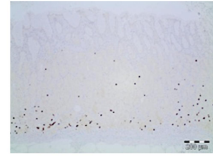
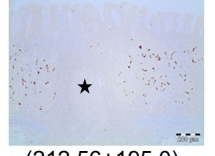
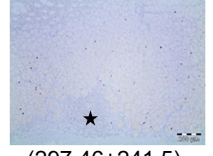

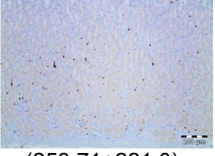
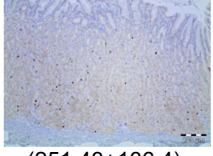
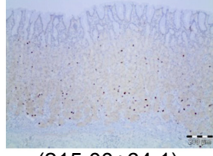
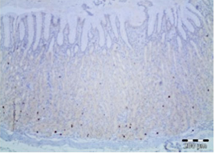
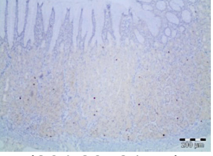
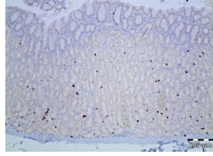
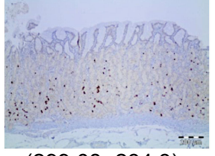
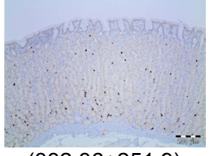
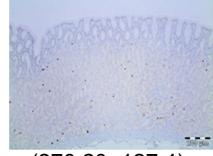
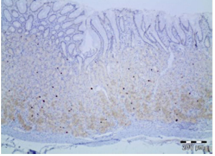
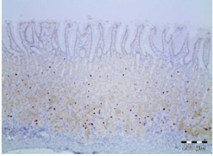
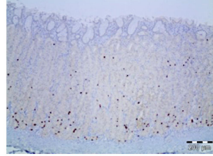
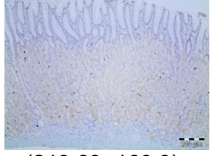
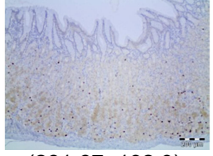
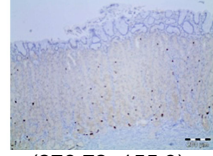
		Antrum	Body	Fundus
Gender	Male	 (132.94±116.3)	 (230.19±130.3)	 (284.81±121.1)
	Female	 (230.19±130.9)	 (314.22±255.7)	 (274±180.7)
Gastritis	Yes	 (212.56±195.0)	 (297.46±241.5)	 (284.85±173.9)
	No	 (253.71±221.0)	 (251.43±136.4)	 (215.00±64.1)
AHT	Yes	 (160.47±143.3)	 (264.28±215.5)	 (281.44±190.3)
	No	 (299.08±234.3)	 (332.36±251.9)	 (270.20±127.4)
T2D	Yes	 (223.64±252.7)	 (310.82±293.0)	 (277.05±187.9)
	No	 (213.69±160.3)	 (281.67±192.0)	 (276.72±155.3)

Figure 3 Immunohistochemical findings of positive gastric ghrelin cells in relation to gastric topography, gender and co-morbidities. In parentheses the average number of ghrelin cells shown. Microscopic images with direct magnification at 40x and diaminobenzidine staining (DAB).

correlation with the antrum cells ($r^2 = 0.59$) and the fundus cells ($r^2 = 0.55$). The rest of the correlations were not significant.

Discussion

In the present study, we determined the topographic distribution of the GhrC and their distribution pattern

Table 2 Total Number of Gastric Ghrelin Expressing Cells (Cell/10HPF) by Location, Gender, and Comorbidities

	Gastric Ghrelin Expressing Cells (Cell/10HPF)			
	% (n)	Antrum	Body	Fundus
Male	26.2% (n=16)	132.94±116.3*	230.19±130.3	284.81±121.1
Female	73.8% (n=45)	230.19±130.9	314.22±255.7	274±180.7
AHT	59% (n=36)	160.47±143.3*	264.28±215.5	281.44±190.3
Non AHT	41% (n=25)	299.08±234.3	332.36±251.9	270.20±127.4
T2D	63.9% (n=39)	223.64±252.7	310.82±293.0	277.05±187.9
Non T2D	36.1% (n=22)	213.69±160.3	281.67±192.0	276.72±155.3
Gastritis	88.5% (n=54)	212.56±195.0	297.46±241.5	284.85±173.9
Non-gastritis	11.5% (n=7)	253.71±221.0	251.43±136.4	215.00±64.1
BMI< 50 kg/m2	49.1% (n=30)	233.93±234.1	323.52±292.3	296.83±192.7
BMI> 50 kg/m2	50.9% (n=31)	202.19±157.5	263.78±157.6	258.72±138.8

Note: *P<0.05 between groups of patients.

Abbreviations: AHT, arterial hypertension; T2D, Type 2 diabetes mellitus; HPF, high power field.

Table 3 Total Number of Gastric Ghrelin Expressing Cells (Cell/10HPF) Related to Gastritis, by Location, Gender, and Comorbidities

Gastric Ghrelin Expressing Cells (Cell/10HPF)				
Male 26.2% (n=16)			Female 73.8% (n=45)	
	Gastritis – 18.7% (n=3)	Gastritis + 81.4% (n=13)	Gastritis – 8.9% (n=4)	Gastritis + 91.1% (n=41)
Antrum	243.00±257.2	107.54±46.4*	261.75±230.9	245.85±212.2
Body	197.33±148.1	237.77±131.3	292.00±132.2	316.39±265.7
Fundus	209.67±63.0	302.15±126.2	219.00±74.3	279.37±187.6
AHT 59% (n=36)			Non AHT 41% (n=25)	
	Gastritis – 16.6% (n=6)	Gastritis + 83.4% (n=30)	Gastritis – 4% (n=1)	Gastritis + 96% (n=24)
Antrum	266.83±239.0	139.20±110.0*	175	304.25±237.9
Body	241.67±146.7	268.80±228.5	310	333.29±257.2
Fundus	208.00±67.2	296.13±203.9	257	270.75±130.1
T2D 63.9% (n=39)			Non T2D 36.1% (n=22)	
	Gastritis – 10.2% (n=4)	Gastritis + 89.8% (n=35)	Gastritis – 13.6% (n=3)	Gastritis + 86.4% (n=19)
Antrum	268.67±292.3	216.53±254.1	242.50±200.7	210.40±158.3
Body	223.67±205.3	324.58±306.6	272.25±88.1	282.74±201.3
Fundus	182.67±93.4	291.95±196.3	239.67±23.7	281.00±163.5

Note: *P<0.05.

Abbreviations: AHT, arterial hypertension; T2D, Type 2 diabetes mellitus; HPF, high power field.

within the mucosa in the different gastric regions from the surgical pieces resulting from LSG. Our results show a predominantly irregular cell pattern within the gastric mucosa. In addition, the cells are present in all regions of the gastric mucosa, with a greater number in the body and the fundus, and with a considerable amount in the antral region. Goitein et al¹⁹ published similar findings, although in our results we did not find significant

differences between the body and the fundus. The body and fundus appear to be the main regions with GhrCs of patients with morbid obesity. In addition, the presence of cells in the antrum can help define the role of this area in obesity and certainly influence the surgical strategy to be followed, especially in the case of LSG.²⁰ In our case, the initial section at 3 cm from the pylorus, is enough to have a representative sample of antrum; shorter distances

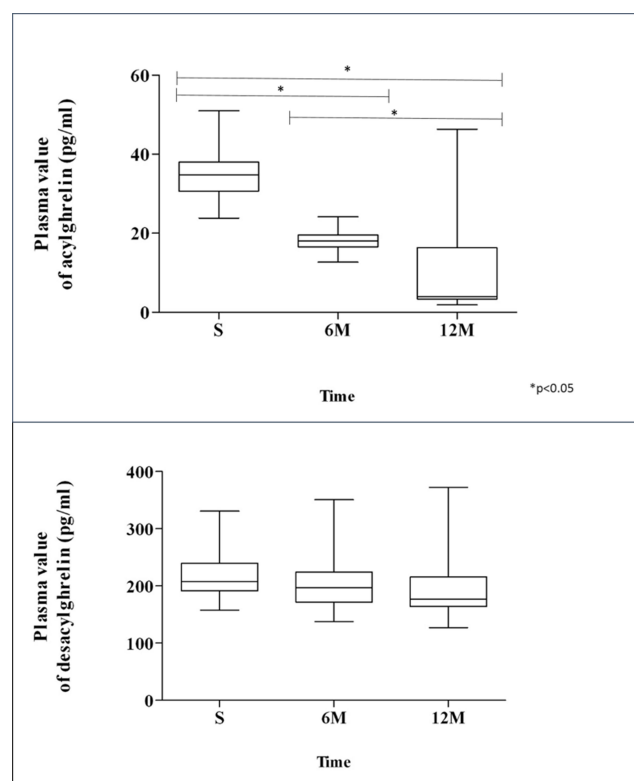


Figure 4 Plasmatic values of desacylghrelin and acylghrelin.
Abbreviations: S, surgery; 6M, 6 months; 12M, 12 months.

are not recommended (could produce a semi-obstruction, affecting the gastric emptying).²¹

Another histopathological finding of the present study is the presence of gastritis in 88.5% of the patients, mostly pangastritis, as well as 18% *Helicobacter pylori* (HP) positivity (pre-surgery). Some studies have shown similar results in relation to the presence of gastritis in patients with obesity.^{22–24} In addition to the alterations that occur in the gastric mucosa caused by inflammation, the accumulation of molecules related to this process, such as interleukins and chemokines in the mucosa, has also been correlated with different additional effects, such as influencing the severity of Non-Alcoholic Fatty Liver Disease (NAFLD). But the relationship between HP infection and obesity still needs to be studied further; a lower prevalence of HP infection has been reported in obese patients than in the general population²⁵ while other studies have reported the opposite.²⁶ The significant increase in body mass index (BMI) observed after the eradication of HP in several studies reveals a possible inverse correlation between HP infection and obesity.^{27,28} Regarding its relationship with ghrelin, a recent work with patients with peptic ulcer shows that ghrelin plasma levels (AG and DG) are significantly lower

Table 4 AcylGhrelin and DesacylGhrelin Plasmatic Values Related to Gender and Comorbidities

	N	Acyl Ghrelin pg/mL	Desacyl Ghrelin pg/mL
Gender			
Male	16	33,72±4,77	217,16±29,99
Female	45	34.84±5,98	218,55±42,71
p value		ns	ns
Age			
< 50 years	30	34,24±5,22	208,25±34,60
> 50 years	31	34.82±6,13	228,08±41,86
p value		ns	ns
BMI			
< 50 kg/m ²	30	35,38±4,91	231,26±39,62
> 50 kg/m ²	31	33.74±6,24	205,95±35,53
p value		ns	ns
DM2			
Yes	22	34,47±5,86	212,23±37,83
No	39	34.63±5,42	227,89±40,74
p value		ns	ns
AHT			
Yes	36	34,30±6,02	222,97±41,54
No	25	34.88±5,15	210,85±35,41
p value		ns	ns

Abbreviations: AHT, arterial hypertension; T2D, Type 2 diabetes mellitus; ns, not significant.

in HP positive patients than in HP patients.²⁹ Similarly, HP infection has also been associated with a decrease in the gastric expression of leptin and ghrelin and it seems that it can protect from large intakes in situations of obesity.³⁰ Therefore, it seems necessary to explore the true association between HP infection, obesity, and other factors that influence this relationship, since ghrelin, leptin, and the microbiota could play a fundamental role.³¹

We did not find statistically significant differences between cell count in the two sexes, unlike studies published about healthy patients in which the number of cells is higher in females.^{16,24} Even so, in absolute numbers we observed a greater number of cells in females than in males, and when we analyzed cell count by topographic areas, we observed that in men, this difference is significant in the antrum and in the patients with a chronic gastritis. The subgroup of patients with SAH follows the same pattern. In this group, we found a significantly lower number of GhrC than in non-hypertensive patients. This difference again is due to the number of cells in the antrum and chronic gastritis. In this sense, an inverse correlation has been reported between

GhrC and the degree of chronic gastritis in patients with gastric cancer.³² However, finding a lower number of cells in hypertensive patients may be justified by the vasodilator and cardiovascular protective action of ghrelin.^{4,33} Ghrelin produces different effects on the cardiovascular system, mediated in part by Growth Hormone and renin-angiotensin system blockade, although the exact mechanisms are still unknown. Among its effects, we find a decrease in blood pressure, peripheral resistance, and also stimulates angiogenesis. If the number of Ghrelin-producing cells is lower, their plasma concentration will be affected, which can contribute to maintaining high blood pressure.³⁴ Furthermore, the male gender also shows this decrease in cells in the antrum, and it is known that high blood pressure as part of the metabolic syndrome is also more prevalent in the male gender. Prevalence studies in this regard are necessary to correlate both variables. Therefore, these factors imply the antrum as a key point to consider in the surgical therapeutic approach.²⁰

Regarding the variation of the plasma levels of ghrelin isoforms, a significant and sustained decrease in the AG values during the 12 months after surgery was observed as in other studies.³⁵ The values of DG also showed a tendency to an initial decrease 6 months after surgery; however, later, the plasma values showed no variation. The AG is attributed to have an orexigenic effect and is determinant in the pathogenesis of obesity, while DG is attributed actions such as promoting the differentiation of skeletal muscle cells, preventing muscle atrophy, exerting a cardioprotective effect on endothelial cells and cardiomyocytes.^{34,35} The decrease in AG after surgery in this regard is fundamental; however, the maintenance of DG in plasma may be due to the extragastric synthesis,^{35–37} in response to the surgery of the stomach.³⁸ Therefore, it is essential that plasma values after surgery are reported in both isoforms and that even the AG can be a biomarker of the surgical. The inhibitors of the GOAT enzyme could also play a role in maintaining the balance between the two isoforms.³⁹ In this sense, this work presents as a limitation the non-immunohistochemical detection of GOAT; studies focusing on metabolomic activity of this areas quantifying its metabolic spectrum using MALDI techniques or similar are undoubtedly needed.

Conclusion

We have demonstrated a significant effect on ghrelin levels isoforms after surgery. This reduction could be explained by the fact that gastric-producing ghrelin cells are removed from the antrum, body, and fundus. In most of the patients

(women), no differences were found in the topography of ghrelin cells (not as in the male gender). The primary reduction in AG plasma levels shown in our study gives details about topography of ghrelin cells. The present data could provide novel insights into the role of gastric Ghrelin and its relationship with obesity.

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Disclosure

The authors report no conflicts of interest in this work.

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