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ORIGINAL RESEARCH

# Bufalin-loaded mPEG-PLGA-PLL-cRGD nanoparticles: preparation, cellular uptake, tissue distribution, and anticancer activity

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Department of General Surgery, Changzheng Hospital, Second Military Medical University, Shanghai, China Tel +86 21 63610109 73944 Fax +86 21 63520020 Email qium127@sina.com **Background:** Recent studies have shown that bufalin has a good antitumor effect but has high toxicity, poor water solubility, a short half-life, a narrow therapeutic window, and a toxic dose that is close to the therapeutic dose, which all limit its clinical application. This study aimed to determine the targeting efficacy of nanoparticles (NPs) made of methoxy polyethylene glycol (mPEG), polylactic-co-glycolic acid (PLGA), poly-L-lysine (PLL), and cyclic arginine-glycine-aspartic acid (cRGD) loaded with bufalin, ie, bufalin-loaded mPEG-PLGA-PLL-cRGD nanoparticles (BNPs), in SW620 colon cancer-bearing mice.

**Methods:** BNPs showed uniform size. The size, shape, zeta potential, drug loading, encapsulation efficiency, and release of these nanoparticles were studied in vitro. The tumor targeting, cellular uptake, and growth-inhibitory effect of BNPs in vivo were tested.

**Results:** BNPs were of uniform size with an average particle size of  $164 \pm 84$  nm and zeta potential of 2.77 mV. The encapsulation efficiency was  $81.7\% \pm 0.89\%$ , and the drug load was  $3.92\% \pm 0.16\%$ . The results of in vitro cytotoxicity studies showed that although the blank NPs were nontoxic, they enhanced the cytotoxicity of bufalin in BNPs. Drug release experiments showed that the release of the drug was prolonged and sustained. The results of confocal laser scanning microscopy indicated that BNPs could effectively bind to human umbilical vein endothelial cells. In the SW620 xenograft mice model, the BNPs could effectively target the tumor in vivo. The BNPs were significantly more effective than other NPs in preventing tumor growth.

**Conclusion:** BNPs had even size distribution, were stable, and had a slow-releasing and tumortargeting effect. BNPs significantly inhibited colon cancer growth in vitro and in vivo. As a novel drug carrier system, BNPs are a potentially promising targeting treatment for colon cancer. **Keywords:** colon cancer, nanoparticles, tumor target, bufalin

#### Introduction

Colon cancer is a commonly occurring malignant tumor. Over recent years, the incidence of colon cancer has been gradually increasing;<sup>1,2</sup> therefore, the treatment of colon cancer has become a focus of research worldwide.

Bufalin is a major bioactive component of venenum bufonis, a traditional Chinese medicine obtained from the skin and parotid venom glands of toads.<sup>3–5</sup> Bufalin shows significant activity against a broad spectrum of tumors, including hematoma,<sup>6,7</sup> leukemia,<sup>8,9</sup> gastric cancer,<sup>10</sup> prostate cancer,<sup>11</sup> and ovarian cancer.<sup>12</sup> It was recently shown to be effective in inducing autophagy-mediated cell death in human colon cancer cells.<sup>13</sup> It can induce differentiation and apoptosis in cancer cells. Bufalin shows this activity against colon cancer cells through a reactive oxygen species-dependent

autophagy pathway.<sup>14</sup> However, it has adverse effects, such as high cardiac toxicity<sup>15</sup> and sudden death,<sup>16,17</sup> which limit its clinical application. To decrease the toxicity, the content of bufalin must be strictly controlled.<sup>18</sup> In addition, low water solubility<sup>16</sup> is also a shortcoming for intravenous preparation. There are also many clinical side effects, such as vaso-irritation, allergic shock, ardent fever, and sinus bradycardia, as a result of bufalin's wide distribution. The current preparation of venenum bufonis for tumor therapy is by Huachansu injection, a mixture of alkaloids found in venenum bufonis, which is available in market. There is, however, little bufalin in the Huachansu injection because of its low water solubility. Therefore, problems with this substance include poor targeting of the tumor and low concentration in the tumor.

Owing to improvements in the current encapsulation techniques, this limitation may be overcome by encapsulating bufalin in nanoparticle drug delivery systems (NPs). NPs can precisely deliver anticancer drugs to a tumor site, thereby reducing drug toxicity to normal tissues. NPs can be delivered to a tumor by passive or active mechanisms. Biodistribution of drug-loaded NPs is mainly related to the inherent properties of carriers, such as composition, size, and surface property. Studies suggest NPs with sizes of 0.1–5 nm can be eliminated from the blood quickly. NPs less than 50 nm can reach the spleen and marrow through the endothelium of the liver or pass through the lymphatic system. NPs with diameters less than 200 nm can permeate into the tumor microvasculature.<sup>19</sup> Thus, the size of NPs should be controlled with respect to the targeted organs.

Some NPs of bufalin are currently being studied to enhance the antitumor efficiency and decrease side effects. Bufadienolide (consisting of bufalin, binobufagin, and resibufogenin) liposomes prolonged the retention time and increased the area under the curve in vivo, causing no allergen-related or blood vessel irritation effects.<sup>20</sup> The lipid microsphere also exhibited a longer half-life time.<sup>21</sup> The results of nanostructured lipid particles were similar and showed that the chemical stability of bufalin was enhanced by being encapsulated in lipid particles.<sup>22</sup> The merits of these NPs were based on the sustained-release of the drug from the NPs.

Targeted delivery carriers that can concentrate the drug within the tumor and reduce its toxic side effects on normal tissues have become the focus of research worldwide. A targeted moiety conjugated onto the surface of NPs can ensure their delivery to the target site by receptor-mediated recognition.<sup>23,24</sup> Integrin  $\alpha_{v}\beta_{3}$  is overexpressed on the endothelial cells of vascularization, which is responsible for tumor growth; conversely,  $\alpha_{v}\beta_{3}$  integrin is not expressed on normal tissues.  $\alpha_{v}\beta_{3}$  integrin is an ideal target molecule.<sup>25,26</sup>

Because arginine-glycine-aspartic acid (RGD) can effectively bind to  $\alpha \beta_{2}$ , 27,28 it serves as the basis for the active targeting of NPs. In this experiment, we used methoxy polyethylene glycol (mPEG), polylactic-co-glycolic acid (PLGA), poly-L-lysine (PLL), and cyclic RGD (cRGD) to prepare mPEG-PLGA-PLL-cRGD as the carrier and bufalin as the model drug to prepare bufalin-mPEG-PLGA-PLL-cRGD NPs. PLGA and PLL have good biodegradability and biocompatibility and can achieve a sustained-release effect by gradually degrading in vivo.<sup>29-32</sup> A water-soluble mPEG block produces NPs with good biocompatibility and long circulation properties that enhance the targeting ability of NPs;<sup>33,34</sup> in addition, it can increase the amount of residual NPs in the tumor through the enhanced permeability and retention (EPR) effect.<sup>35</sup> In order to verify these properties of the NPs, various properties of bufalinmPEG-PLGA-PLL-cRGD NPs were studied in detail.

#### Methods Materials

Bufalin was purchased from Chengdu PuRuiFa Technology Development Co. Ltd (Chengdu, China); human umbilical vein endothelial cells (HUVECs), SW620 colon cancer cells, and BALB/c female athymic nude mice from the Shanghai Cancer Institute (Shanghai, China); 4', 6-diamidino-2-phenylindole (DAPI) from Shanghai Future Biological Technology Co, Ltd (Shanghai, China); rhodamine B (Rb) from Sigma-Aldrich (St Louis, MO); and the WST-8 Cell Proliferation Assay Kit from Cayman Chemical (Ann Arbor, MI). mPEG-PLGA-PLL-cRGD (MW 11,000; mPEG-PLGA-PLL:RGD = 1:1) was synthesized using a previously described method.<sup>16</sup> We used the following instruments: JY92-II ultrasonic processor (Ningbo Scientz Biotechnology Co, Ltd, Ningbo, China), confocal laser scanning microscope (CLSM) (FV1000; Olympus, Tokyo, Japan), Nicomp 380/ZLS zeta potential analyzer (Particle Sizing System, USA), TU-1901 ultraviolet-visible spectrophotometer (Beijing Purkinje General Co, Ltd, Beijing, China), transmission electron microscope (TEM) (JEM-100SX; Japan Electron Company, Tokyo, Japan), and small animal in vivo fluorescence imaging system (LB 983; Berthold Technologies Gmbh and Co KG, Bad Wildbad, Germany).

# Preparation of bufalin-mPEG-PLGA-PLL-cRGD NPs

Bufalin-mPEG-PLGA-PLL-cRGD NPs were prepared as described previously.<sup>36</sup> Briefly, 4 mg mPEG-PLGA-PLL-cRGD polymers was dissolved in 200  $\mu$ L methylene dichloride solution of bufalin (1 mg/mL). The solution was poured into a 2.2 mL aqueous solution of Pluronic F-68 (1% weight/volume;

Sigma-Aldrich), and emulsified using an ultrasonic processor for 1 minute (10 seconds  $\times$  4). Subsequently the emulsion was stirred at room temperature for 2 hours then evacuated to remove the organic phase. The solution was centrifuged (8000 rpm  $\times$  5 minutes) to remove sediment.

For a comparative study, we replaced mPEG-PLGA-PLLcRGD with mPEG-PLGA-PLL and prepared bufalin-mPEG-PLGA-PLL NPs using the previously mentioned methods.

## Characterization of bufalin-mPEG-PLGA-PLL-cRGD NPs

The mean particle size and zeta potential of the bufalinmPEG-PLGA-PLL-cRGD NPs at 25°C was determined by using the Nicomp 380/ZLS zeta potential analyzer. Morphological evaluation of the bufalin-mPEG-PLGA-PLLcRGD NPs was performed by using TEM. The entrapment efficiency of bufalin in the NPs was determined after ultracentrifugation. Briefly, 5 mL of the NPs was subjected to ultrafiltration (molecular weight cutoff, 10 kDa) and centrifuged at 14,000 rpm for 20 minutes. The solution in the lower chamber obtained during the centrifugation was assayed spectrometrically at 298 nm by using the TU 1901 ultraviolet (UV)-visible spectrophotometer to get the free bufalin. The encapsulated bufalin was calculated with the total amount subtracted by the free amount. The encapsulation efficiency was expressed as the percentage of bufalin encapsulated in the NPs versus the total amount of bufalin used initially. The drug-loading amount was expressed as the percentage of bufalin encapsulated in the NPs versus the total amount of NPs used initially. The encapsulation efficiency and drugloading rates were represented by the following equations:

Encapsulation efficiency = the amount of bufalin encapsulated in NPs/the amount of bufalin in NP solution × 100% Drug-loading amount = the amount of bufalin encapsulated in NPs/the total amount of NPs × 100%

Each suspension sample was diluted to the appropriate concentration with filtered distilled water and kept for 4 minutes to obtain a steady state. Each sample was analyzed in triplicate.

### Drug release in vitro

The saturate solubility of bufalin was  $32.76 \mu g/mL$  in pH 7.0 and  $29.86 \mu g/mL$  in pH 7.8– $8.0.^{37}$  The volume of medium was three times the saturated solution of bufalin. For comparing the sustained-release properties of free bufalin, bufalin-mPEG-PLGA-PLL NPs, and bufalin-mPEG-PLGA-PLL-cRGD NPs,

a dialysis tube (molecular weight cut-off [MWCO], Consumer & Industrial Specialties, 7 kDa) containing 2 mL of NP solution was directly immersed into 18 mL of phosphate-buffered saline (PBS, pH = 7.4) at 37°C and subjected to horizontal shaking (120 rpm/minute). Aliquots of 2 mL were drawn from the solution at predetermined intervals and replaced with 2 mL fresh PBS. The amount of bufalin in the samples at each time point was determined using a UV-visible spectrophotometer at 298 nm and calibrated to draw the release curves, using the following formula:

$$\begin{split} C_{0 \ Cal} &= C_{0} \,, \\ C_{i+1 \ Cal} &= C_{i+1} + V_{sample} * C_{i \ Cal} / V_{total} \end{split}$$

where *i* is from from 0 to n,  $C_{Cal}$  is the calibrated concentration, *C* is the determined concentration,  $V_{sample}$  is the volume of aliquots taken out of the medium, and  $V_{total}$  is the volume of the total medium.

## Pharmacokinetics

In pharmacokinetics, mice bearing hepatoma were randomly divided into two groups. Bufalin (1 mg/kg) and bufalinloaded mPEG-PLGA-PLL-cRGD nanoparticles (BNPs) (containing bufalin 1 mg/kg) were administered to each group through the caudal vein. At predetermined time points (5, 15, 30, and 45 minutes and 1, 2, 4, 6, 12, and 24 hours) of post-intravenous (iv) dose, blood was collected from the caudal vein. At predetermined time points post injection, six mice from each group at each time point were euthanized by cervical dislocation and dissected. Plasma was collected at 2 hours post-iv dose. Plasma samples were frozen at  $-20^{\circ}$ C until analysis. The bufalin content in pharmacokinetics was analyzed by high performance liquid chromatography.

Plasma pharmacokinetic parameters were assessed by the compartmental technique with the software program DAS (version 2.0; Debris Assessment Software, Houston, TX). The area under the curve of concentration versus time (AUC) from zero to the last time point was calculated by the log-linear trapezoidal method.

### Cell culture

SW620 colon cancer cells and HUVECs were cultured in Dulbecco's Modified Eagle's Medium (DMEM; GIBCO, New York, NY) supplemented with 10% fetal bovine serum (Minhai, Gansu, China) at  $37^{\circ}$ C under a humidified environment of 5% CO<sub>2</sub>.

## In vitro growth-inhibitory effect of NPs

The cytotoxic effect of the NPs on SW620 colon cancer cells was evaluated by using the cholecystokinin (CCK)-8 assay.

Briefly, SW620 colon cancer cells were seeded in 96-well plates at a density of  $5 \times 10^4$  cells/well and incubated (37°C, 5% CO<sub>2</sub>) for 24 hours. Different amounts of free bufalin, bufalin-mPEG-PLGA-PLL NPs, and bufalin-mPEG-PLGA-PLL-cRGD NPs were added into these wells to make final concentrations of 0.5, 1, 2, 4, 6, and 8 nM; the cells were then incubated for 24 hours. Subsequently, 10 µL of CCK-8 assay agents were added to the culture medium, and the cells were incubated for 1 hour. Absorbance was measured at 450 nm.

# Cellular uptake of NPs

Rb (418 nM) instead of bufalin was encapsulated in mPEG-PLGA-PLL and mPEG-PLGA-PLL-cRGD NPs as a fluorescence probe for studying the uptake of these molecules. DAPI was used as a nucleus marker. For CSLM examination, SW620 colon cancer cells and HUVECs were seeded in a glassbottom dish (MatTek Corporation, Ashland, MA) at a density of  $4 \times 10^6$  and incubated for 24 hours. Rb-mPEG-PLGA-PLL and Rb-mPEG-PLGA-PLL-cRGD NPs (200 µL) were added to these cells and incubated for 2 hours at 37°C; then, the cells were incubated with DAPI for 10 minutes and washed thrice with PBS. The NPs were visualized under a CLSM.

## Establishment of a tumor model

Subcutaneous tumors were established in 4- to 6-week-old, BALB/c, female, athymic, nude mice by injecting  $5 \times 10^6$  SW620 cells into their dorsal subcutaneous space. After establishing the tumor model, the tumor-bearing mice were classified into two groups (n = 10): (a) Rb-mPEG-PLGA-PLL and (b) Rb-mPEG-PLGA-PLL-cRGD.

### Tumor targeting

The animal study protocols were approved by the Animal Study Committee of Shanghai Cancer Institute. To study the target effect of mPEG-PLGA-PLL-cRGD NPs in SW620 colon cancer xenograft tumors in vivo, Rb (418 nM) instead of bufalin was encapsulated as a fluorescence probe in mPEG-PLGA-PLL and mPEG-PLGA-PLL-cRGD NPs. Rb-mPEG-PLGA-PLL and Rb-mPEG-PLGA-PLL-cRGD NPs (20  $\mu$ L) were injected through the vena caudalis (tail vein) into the tumor-bearing SW620 xenografted mice. Fluorescence imaging of the tumor-bearing mice was performed at 4 and 32 hours after injection by using a small animal in vivo fluorescence imaging system.

# In vivo study of the therapeutic efficacy in mice

The mice were classified into six groups on the basis of the solutions they were administered: normal saline group (NS, 13.5 mL/kg), mPEG-PLGA-PLL NP group (mPEG-PLGA-PLL NPs, 24.5 mg/kg), bufalin solution group (bufalin, 1 mg/kg), mPEG-PLGA-PLL-cRGD NP group (mPEG-PLGA-PLL-cRGD NPs 24.5 mg/kg), bufalin-mPEG-PLGA-PLL NP group (bufalin-mPEG-PLGA-PLL NP group (bufalin-mPEG-PLGA-PLL-cRGD NP group (bufalin-mPEG-PLGA-PLL-cRGD, 1 mg/kg), by injection through the vena caudalis once a day.

The remaining mice in each group were killed and the tumors were removed for examination. The longest (*a*) and the longest (*b*) vertical dimensions of the tumor were measured. The size (V) of the tumor was calculated using the following equation:

 $V = ab^{2}/2$ 

## **Results** Characterization of bufalin-mPEG-PLGA-PLL-cRGD NPs

Morphology, size distribution, and zeta potential of the BNPs is show in Figure 1. The mPEG-PLGA-PLL-cRGD NPs were spherical and well-dispersed particles (Figure 1A). The size distribution of the mPEG-PLGA-PLL-cRGD NPs was almost homologous, with a diameter of  $164 \pm 84$  nm (polydispersity index [PDI] = 0.209) (Figure 1B), and their zeta potential was 2.77 mV (Figure 1C). The particle size of NPs affects their endocytosis by tumor cells and has a great influence on the in vivo distribution of the NPs. Generally, the NPs (size < 200 nm) may deposit more in solid tumors via EPR because of PEG in the outer layer, so the mPEG-PLGA-PLL-cRGD NPs was expected to show good passive targeting to the tumor.

The UV determination wavelength was 298 nm (Figure 2), but the polymers have no absorption at this wavelength. The encapsulation efficiency and drug-loading amount of the bufalin-mPEG-PLGA-PLL-cRGD NPs was  $81.7\% \pm 0.89\%$  and  $3.92\% \pm 0.16\%$ , respectively (Table 1, n = 3). The preparation method was shown to be repeatable.

## Drug release in vitro

The in vitro cumulative drug-release profile is shown in Figure 3. Over time, bufalin in NPs was released much more slowly than free drug. At 24 hours, the cumulative bufalin release in free drug was about 90% but about 50% in NPs. The 90% cumulative release in NPs came at 192 hours, suggesting that in comparison with the free drug, bufalin-mPEG-PLGA-PLL and bufalin-mPEG-PLGA-PLL-cRGD NPs have sustained-release properties. However, there was no obvious difference between the two NPs in the release profile.



**Figure I** TEM (**A**), size distribution (**B**), and zeta potential (**C**) images of bufalin-mPEG-PLGA-PLL-cRGD NPs. **Abbreviations:** NPs, nanoparticle drug delivery systems; TEM, transmission electron microscopy.

PLGA-PLL, which is the main component of the polymers used in this experiment, is a biodegradable material. Because of the poor water solubility of bufalin, it is hard for it to permeate through the matrix of the NP. The sustained release of the drug might mainly contribute to the degradation rates of



Figure 2 UV spectrum of PBS, mPEG-PLGA-PLL-cRGD and bufalin. Abbreviation: PBS, phosphate-buffered saline.

the NPs prepared with these polymers. Therefore, the results showed that the NPs have a good sustained-release function. In clinical use, slow release of a drug may help achieve a stable drug concentration in vivo, thus giving a persistent and curative effect and avoiding the side effects related to drug concentration. In addition, mPEG conjugated to the mPEG-PLGA-PLL-cRGD could enable the NPs to evade phagocytosis by the reticuloendothelial system. PEG can also lead to more deposition on solid tumors through enhanced permeability and retention. This property not only improves the targeting efficacy of NPs but also enhances their slowrelease effect for it provides an aqueous membrane outside of the NPs to hold back the release of a lipophilic drug.<sup>38</sup>

 Table I Encapsulation efficiency and drug-loading rate of bufalin-mPEG-PLGA-PLL-cRGD NPs

No	Encapsulation efficiency (%)	Drug-loading rate (%)
Ι	82.67	4.09
2	81.52	3.78
3	80.91	3.89

Abbreviation: NPs, nanoparticle drug delivery systems.



Figure 3 Drug-release profile of NPs. Abbreviation: NPs, nanoparticle drug delivery systems.

#### Pharmacokinetics and tissue distribution

The results of the pharmacokinetic studies are shown in Table 2. The concentration of free bufalin in plasma declined bi-exponentially and was significantly higher than BNPs (P < 0.05) at all time points. In plasma, bufalin was detectable even 24 hours after injection in BNP-treated animals, while bufalin was not detected in the plasma of animals treated with free bufalin. The plasma AUC and elimination half-life of BNPs were significantly greater than that of free bufalin. The mean residence time was prolonged from 3.45 hours to 7.63 hours; the apparent volume of distribution was increased and the clearance of bufalin was slower with BNPs compared to that of free bufalin in mice.

#### In vitro growth-inhibitory effect of NPs

The cRGD-modified mPEG-PLGA-PLL NPs could target tumor cells and inhibit angiogenesis and proliferation of tumor blood vessels. Additionally, bufalin could directly

 Table 2 The main pharmacokinetic parameters of compartment model estimation

Parameter	Bufalin	BNPs		
AUC <sub>(0-t)</sub> (mg/L*h)	$\textbf{0.26}\pm\textbf{0.02}$	0.11 ± 0.01		
AUC <sub>(0-∞)</sub> (mg/L*h)	$\textbf{0.57} \pm \textbf{0.02}$	$\textbf{0.43}\pm\textbf{0.06}$		
MRT <sub>(0-t)</sub> (h)	$1.31 \pm 0.11$	$\textbf{2.32} \pm \textbf{0.28}$		
MRT <sub>(0-∞)</sub> (h)	$\textbf{3.45} \pm \textbf{0.37}$	$\textbf{7.63} \pm \textbf{0.85}$		
t <sub>1/2z</sub> (h)	$3.35\pm0.31$	$\textbf{7.17} \pm \textbf{2.05}$		
T <sub>max</sub> (h)	$0.083\pm0.011$	$0.083\pm0.009$		
V <sub>z</sub> (L/kg)	$\textbf{63.37} \pm \textbf{1.56}$	$187.83 \pm 2.48$		
C <sub>max</sub> (mg/L)	$0.61\pm0.040$	$0.34\pm0.011$		
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Note: Values are mean  $\pm$  standard deviation (n = 3).

**Abbreviations:** AUC, area under the curve; MRT, mean residence time;  $t_{1/22}$ , elimination half-life;  $T_{max}$ , time of maximum concentration;  $V_2$ , apparent volume of distribution;  $C_{max}$ , maximal concentration; BNPs, bufalin-loaded mPEG-PLGA-PLL-cRGD nanoparticles. kill the SW620 colon cancer cells.<sup>13</sup> Therefore, we chose it as model cell to study the polymers and drug-loaded NPs for their growth-inhibitory effects.

The in vitro growth inhibitory effect of NPs on the SW620 colon cancer cells was evaluated using the CCK-8 assay. The SW620 colon cancer cells treated with increasing doses of mPEG-PLGA-PLL and mPEG-PLGA-PLL-cRGD blank NPs showed 90% to 96% viability, respectively. This finding suggests that the blank NPs were nontoxic at each of the tested concentrations (Figure 4).

Figure 4 also shows that the growth-inhibitory effect of bufalin-mPEG-PLGA-PLL and bufalin-mPEG-PLGA-PLLcRGD NPs on SW620 colon cancer cell was significantly higher (by *t* test) than that of free bufalin when bufalin concentration was  $\geq 4$  nM. These results suggest that bufalinloaded NPs could improve the growth inhibitory effect. However, the growth inhibitory effect of the two NPs was similar (P > 0.05). A possible reason for this is that there was efficient uptake of NPs by cells through endocytosis, while there is no  $\alpha_{v}\beta_{3}$  integrin expression on SW620 cells so cRGD did not show further advised effect. To evaluate the target of cRGD to  $\alpha_{v}\beta_{3}$  integrin, we carried out a cell uptake study.

#### Cellular uptake study

The therapeutic effect of a drug is closely associated with the amount of drug taken up by the cells. Therefore, the evaluation of NP uptake is important. We chose SW620 colon cancer cells, which have no  $\alpha_v \beta_3$  integrin expression, and HUVECs, which have  $\alpha_v \beta_3$  integrin expression on the cell membrane, to study cellular uptake.

As shown in Figure 5A and B, the Rb fluorescence intensity of the cells incubated with Rb-mPEG-PLGA-PLL and Rb-mPEG-PLGA-PLL-cRGD NPs was not significantly different. The main reason for this was that the surface of SW620 cells did not express  $\alpha_{\nu}\beta_{3}$  integrins, thus the Rb-mPEG-PLGA-PLL and Rb-mPEG-PLGA-PLL-cRGD NPs were mainly internalized in the cells via the same model – endocytosis or phagocytosis.

As shown in Figure 5 C and D, the Rb fluorescence intensity of the cells incubated with Rb-mPEG-PLGA-PLL-cRGD NPs (C) was significantly higher than that of the cells incubated with Rb-mPEG-PLGA-PLL NPs (D). This finding shows that the cellular uptake of Rb-mPEG-PLGA-PLL-cRGD NPs by HUVEC is more effective than that of Rb-mPEG-PLGA-PLL NPs. The main reason was that Rb-mPEG-PLGA-PLL-cRGD NPs could be internalized in the cells via their ability to preferentially bind with  $\alpha_{v}\beta_{3}$  integrins, which were overexpressed on HUVECs. The present experimental results



**Figure 4** Cellular viability of SW620 colon cancer cells after 24 hours culture with free bufalin and bufalin-NPs. **Notes:** \*P < 0.05 when compared with bufalin; \*\*P < 0.01 when compared with bufalin by *t*-test. **Abbreviation:** NPs, nanoparticle drug delivery systems.

further showed that, compared to the Rb-mPEG-PLGA-PLL NPs, Rb-mPEG-PLGA-PLL-cRGD NPs have ideal  $\alpha_v \beta_3$  integrin-targeting properties and better therapeutic potential.

## Tumor targeting of NPs

Rb-mPEG-PLGA-PLL and Rb-mPEG-PLGA-PLL-cRGD NPs were used to investigate its tumor-targeting efficiency in vivo. Figure 6 shows the results of the targeted imaging. At 4 hours post injection, the tumor fluorescence intensity of the mice treated with Rb-mPEG-PLGA-PLL NPs and that of mice treated with Rb-mPEG-PLGA-PLL-cRGD NPs showed no significant difference. After 32 hours postinjection, the tumor fluorescence intensity of mice injected with Rb-mPEG-PLGA-PLL NPs gradually decreased. However, the tumor fluorescence intensity of mice injected with Rb-mPEG-PLGA-PLL-cRGD NPs was relatively stronger and lasted





Figure 5 Confocal images of SW620 colon cancer cells and HUVECs after treatment with Rb-mPEG-PLGA-PLL NPs (A) and Rb-mPEG-PLGA-PLL-cRGD NPs (B), and confocal images of HUVECs after treatment with Rb-mPEG-PLGA-PLL NPs (C) and Rb-mPEG-PLGA-PLL-cRGD NPs (D).

**Abbreviations:** HUVECs, human umbilical vein endothelial cells; NPs, nanoparticle drug delivery systems; Rb, rhodamine B.



Abbreviations: NPs, nanoparticle drug delivery systems; Rb, rhodamine B.



Figure 7 Tumor size in different groups (mm<sup>3</sup>; n = 10).

longer. This finding suggests that the inclusion of the cRGD moiety resulted in better tumor targeting and longer residue time in vivo. Compared with the in vitro cell experiments, the cRGD showed an efficient targeting property because of nascent vessels in the tumor. We infer that the mPEG-PLGA-PLL-cRGD NPs were targeting tumor tissue and then endocytosis resulted in uptake by the tumor cell.

# Therapeutic efficacy in colon cancer-bearing mice

After administration we measured the tumor volume at predetermined intervals and calculated the inhibitory rate. As illustrated in Figure 7, compared to the NS treatment, mPEG-PLGA-PLL NP treatment had no effect on the tumor in mice (P > 0.05). When the same dose of drug was administered to the mice, the inhibition of tumor was better in the bufalin-mPEG-PLGA-PLL NP group and bufalin-mPEG-PLGA-PLL-cRGD NP group than in the bufalin solution group. The tumor size was significantly smaller in the bufalin-mPEG-PLGA-PLL-cRGD NP group than in the other groups. This indicates the treatment efficiency on colon cancer-bearing mice is significantly enhanced via bufalin-loaded NPs compared to that of a bufalin water solution. This treatment is further improved through cRGD targeting.

## Conclusion

In this study, bufalin-mPEG-PLGA-PLL-cRGD NPs in the desired size range for targeting colon cancer were successfully prepared using an emulsion-solvent evaporation method. Our experimental results showed that the bufalinmPEG-PLGA-PLL-cRGD NPs have a particle size of about 164 nm and an encapsulation efficiency > 80%; these NPs showed an initial burst, which was followed by a sustained release over 192 hours in vitro. Cytotoxicity of the bufalinmPEG-PLGA-PLL-cRGD NPs was greater than that of bufalin alone and the bufalin-mPEG-PLGA-PLL NPs. The NPs could be effectively internalized in SW620 colon cancer cells. The targeting property of the cRGD moiety was proven by cell uptake and an in vivo target study. These results implied that the mPEG-PLGA-PLL-cRGD NPs have the ability to enhance the in vivo therapeutic efficacy. However, further experiments should be performed to determine the mechanism underlying this ability of NPs.

## **Acknowledgments**

Project 81001594 was supported by the National Natural Science Foundation of China. This research work was also supported by the nano special project for Shanghai Committee of Science and Technology (project number 11nm0504500), the guide project for Shanghai Committee of Science and Technology (project number 114119A9500), Putuo District Committee of Science (2010), and the TCM diagnosis discipline for administration of traditional Chinese medicine of key.

### Disclosure

The authors report no conflicts of interest in this work.

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