



Chimerism, the Microenvironment and Control of Leukemia

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Transplantation of allogeneic hematopoietic cells faces two barriers: failure of engraftment due to a host versus graft reaction, and the attack of donor cells against the patient, the graft versus host (GVH) reaction. This reaction may lead to GVH disease (GVHD), but in patients transplanted due to leukemia or other malignant disorders, this may also convey the benefit of a graft versus leukemia (GVL) effect. The interplay of transplant conditioning with donor and host cells and the environment in the patient is complex. The microbiome, particularly in the intestinal tract, profoundly affects these interactions, directly and via soluble mediators, which also reach other host organs. The microenvironment is further altered by the modifying effect of malignant cells on marrow niches, favoring the propagation of the malignant cells. The development of stable mixed donor/host chimerism has the potential of GVHD prevention without necessarily increasing the risk of relapse. There has been remarkable progress with novel conditioning regimens and selective T-cell manipulation aimed at securing engraftment while preventing GVHD without ablating the GVL effect. Interventions to alter the microenvironment and change the composition of the microbiome and its metabolic products may modify graft/host interactions, thereby further reducing GVHD, while enhancing the GVL effect. The result should be improved transplant outcome.

Keywords: chimerism, microenviroment, microbiome, GVHD prophylaxis regimens, allogeneic transplant, Graft vs. Leukemia Effect

"... he first commanded Bellerophon to kill that savage monster, the Chimaera, who was not a human being, but a goddess, ..." (Homer, *The Iliad*)

INTRODUCTION

In modern medical terminology, particularly in transplantation, the term "chimera" is applied to the result of transplantation, specifically the transplantation of *cells* from one individual into another. This cell transfer will change the recipient composition (1) and may lead to adverse events by inducing a syndrome, termed graft versus host (GVH) disease (GVHD). While GVHD is undesirable, the transferred cells also aid in eliminating the disease for which the patient is being transplanted, via a graft versus leukemia (GVL) effect. In fact, conditioning with cytotoxic therapy alone generally will not eradicate the last malignant cells, as shown in early murine models (2). The donor cell-mediated GVL effect is an essential part of the curative potential of hematopoietic cell transplantation (HCT).

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GRAFT VERSUS HOST DISEASE AND GRAFT VERSUS LEUKEMIA EFFECT

A GVL effect was first reported by Barnes and colleagues in murine models in 1956 (3) and 1957 (4), just as Don Thomas et al. reported the successful transfer of normal blood-forming hematopoietic stem cells from healthy donors into human patients with leukemia (5). These reports were followed by publications considering immunotherapeutic approaches to treat leukemia (6, 7). Weiden et al. presented the first comprehensive analysis of clinical transplant results, which showed that patients with acute leukemia who were transplanted with marrow cells from human leukocyte antigen (HLA)-matched sibling donors and who developed GVHD, particularly in its chronic form, had a reduced incidence of relapse and superior survival (8, 9). The GVH reaction is triggered by the encounter of cells from two individuals, the transplant donor and the recipient, with prominent manifestations at the patient's boundaries, in particular the intestinal tract (1, 10). Since a patient's leukemic cells have the same basic genetic makeup as the patient's healthy organs and tissues, this GVL effect may not be surprising. However, the question that arises immediately is whether this effect could be achieved and exploited without the development of GVHD. It has been challenging to separate the GVL effect from GVHD, but animal models indicate that the post-transplant interaction of donor and host cells-conventional and regulatory T cells, donor and host dendritic cells of various lineages, and iNKT cells, along with components of the microenvironmentcan be shifted such that GVHD is largely prevented while the GVL effect is maintained (11).

The probability of post-HCT relapse depends upon numerous factors, including disease characteristics, treatment received before transplantation, remission status, including measurable residual disease (MRD) at the time of transplantation, the transplant conditioning regimen, the source of donor cells, HLA mismatch between donor and patient, and the development of (chronic) GVHD. MRD, in particular, is currently an area of extensive research. The level of detection of MRD depends upon the methodology used (e.g., deep sequencing for DNA mutations vs. multi-color flow cytometric analysis) (12-14). While flow cytometry identifies immunophenotypic abnormalities that may serve as targets for the GVH reaction and the GVL effect, this is less likely to be the case for most mutations, unless they result in changes in protein expression. A head-to-head comparison of flow and mutation data in regard to their impact on posttransplant relapse is currently not available. Further, there has been a keen interest in the role of DNA polymorphism (and the respective differences between donor and patient) and the occurrence of GVHD and GVL reactivity. While some singlenucleotide polymorphisms associated with a limited number of genes and their possible role for GVHD have been described, no firm conclusions can be drawn (15). Considering an impact of cytogenetic risk and GVHD, we carried out an analysis (Radich and Deeg, unpublished) in patients transplanted for MDS, selecting cohorts, which by conventional criteria could be considered the two extremes for relapse risk: patients who had high risk cytogenetics (16) and did not develop GVHD (acute or chronic) and patients with good risk karyotype who did develop GVHD. Remission status at the time of transplantation, donor selection, conditioning regimen, and GVHD prophylaxis were comparable. Contrary to our hypothesis that there would be a high incidence of relapse in the first cohort and a low incidence in the second, we failed to observe a significant difference. While the analysis may have had limited statistical power, the lack of any difference was striking. Clearly, risk parameters such as DNA mutations (17) (not available for our analysis) and factors that have not been incorporated into currently used risk schemes are relevant for relapse or sustained remission. It is of interest in this context that a recent report suggests a higher incidence of chronic GVHD and possibly a reduction in relapse incidence in patients transplanted from donors with clonal hematopoiesis (18).

T-CELL DEPLETION

Early data on global T-cell depletion of the donor cell inoculum before infusion into the patient showed substantial reduction of the incidence of GVHD but also resulted in a high rate of graft failure and disease relapse (19). More recent data using selective T-cell depletion appear to be more promising.

One strategy is the administration of post-transplant cyclophosphamide (CY), originally for HLA haplo-identical transplants but then extended to other donor/host combinations (20). The reduction of the incidence of GVHD, especially chronic GVHD, with this approach was interpreted as a result of the elimination of host-alloreactive donor T cells. However, more recent data from murine models show that treatment with CY favors the development of CD4+CD25+Foxp3+ regulatory T cells. In addition, some conventional alloreactive T cells persist, albeit with impaired function (21). It is this conjunction of an expansion of regulatory T cells, including those with alloantigen specificity, and altered immuno-competence of conventional T cells that is responsible for the observed prevention of GVHD (21). This mechanism was also functional in thymectomized mice, indicating that it does not require the generation or central selection of T cells. Whether the use of post-transplant CY is associated with an increase in relapse, particularly of myeloid malignancies, remains a matter of debate. Apparently, the modified donor-derived alloreactive T cells maintain GVL activity.

Another concept with similar aims, the prevention of GVHD without increasing the risk of relapse, is the depletion of CD45A+CD62L+ naïve T cells (22, 23). In murine models, the infusion of naïve T cells induced severe GVHD, while central memory T cells resulted in milder GVHD, and effector-memory T cells did not cause significant GVHD (24, 25). Memory T cells, however, conveyed anti-pathogen immunity and GVL reactivity (26). Naïve CD45+CD62L+ T cells appear to be "uncommitted" and, thus, are able to get activated by new (patient) antigens that they encounter, thereby triggering a cascade of signals that initiate GVHD. In the clinic, patients with myeloid or lymphoid malignancies conditioned with regimens

of various intensities and infused with hematopoietic cells from HLA-identical sibling donors that were in vitro depleted of CD45RA+ T cells achieved sustained engraftment, had a very low incidence of severe acute and chronic GVHD, and were not at a higher risk of relapse than patients transplanted with T cell-replete grafts (23). Further, in patients who did develop acute GVHD, generally grade II, corticosteroid treatment could be discontinued much earlier, at a median of 85 days, compared with 853 days in patients given T cell-replete grafts. No case of steroid-refractory GVHD has been observed so far after naïve T-cell depletion. This pattern of rapid response of acute GVHD to steroid therapy and the rare occurrence of chronic GVHD suggests a modified immune environment and a different biology of acute GVHD related to the removal of non-committed naïve T cells. The fact that regulatory T cells that express CD45RA are also eliminated suggests that those cells are not required for the establishment or maintenance of tolerance in this clinical model. In fact, one can speculate that elimination of those regulatory T cells might lead to a more potent GVL effect.

MIXED DONOR/RECIPIENT CHIMERISM

What is the impact of *incomplete* donor cell engraftment? Available data indicate that the development of *mixed* chimerism, the concurrent presence of recipient and donor lymphohematopoietic cells in the patient after transplantation, may attenuate or prevent the development of GVHD. Mixed chimerism was originally described in patients with nonmalignant disorders, in particular immune deficiencies (27) but also in aplastic anemia (28). This mixed chimerism can persist for years. Studies in a canine model indicated that administration of sublethal doses of total body irradiation before and pharmacological immunosuppression after donor cell infusion resulted in stable mixed hematopoietic donor/recipient chimerism (29). These data underscore the importance of the intensity of the transplant conditioning regimens, which for nonmalignant disorders tend to be less intensive, for the development of mixed chimerism.

Would mixed chimerism also be possible and consistent with transplant success in patients with malignant disorders? Stated differently, would the establishment of "tolerance" between patient and recipient cells include tolerance to the malignant cells and, thereby, eliminated the GVL effect? In fact, several reports have shown persistent antitumor responses even after a loss of donor cell chimerism (30, 31). What is the mechanism? The answer will at least in part depend upon which donor and patient cell sub-populations in the patient's marrow and immune system account for the mix and how the mix alters cell functions. We showed recently that in patients transplanted for myeloproliferative disorders, mixed CD33+ chimerism was associated with subsequent relapse, whereas mixed CD3+ chimerism was not and, in fact, did result in less GVHD without an increased incidence of relapse (32). We observed similar outcomes in two trials enrolling patients with acute myeloid leukemia (AML) or MDS who had been conditioned with busulfan/fludarabine and thymoglobulin (Yeh et al., unpublished observations, February 2021). The factors controlling this balance between patient and donor cells without leading to disease recurrence remain to be determined.

GRAFT VERSUS LEUKEMIA EFFECTS WITHOUT CLASSICAL HEMATOPOIETIC CELL TRANSPLANTATION

If cells from healthy donors are able to induce a GVL effect after transplantation, can such an effect be achieved with the infusion of donor cells (DLI), without carrying out an actual transplant, as has been shown for patients who relapsed after transplantation (60)? Several investigators used leukocyte infusions from HLAmismatched donors in an attempt to provide a direct GVL effect (33-35). In one study, DLI was given to patients with various malignancies to induce a GVL or GV tumor effect (33). These patients were pre-treated with interferon 2ß and given DLI, and 4 weeks later, donor chimerism (determined by PCR for marker analysis) was detected in four of 11 evaluable patients. Of note, four patients who had previously received an autologous transplant developed acute GVHD, and the three patients who could be assessed did show anti-tumor responses. GVHD is a risk associated with DLI. However, the occurrence of GVHD in patients who had previously undergone a transplant is consistent with a modified microenvironment and a role of host cells in the GVHD pathophysiology (36). However, many patients given DLI for relapse after transplantation do experience tumor responses without developing GVHD, illustrating that clinical GVHD is not required for a GVL effect to occur. The GVL effect may be mediated by a subclinical reaction or, alternatively, might involve activity against antigens with limited expression, restricted to the tumor (37). Ongoing research is exploiting this possibility, for example, by generating effector cells against minor histocompatibility antigens (HA-1) primarily expressed on lympho-hematopoietic cells and for which patient and donor differ (61).

Guo et al. reported results with the infusion of granulocyte colony-stimulating factor (G-CSF)-mobilized peripheral blood progenitor cells (including CD34+, CD3+, and NK cells) at various doses, from HLA-mismatched donors in patients with AML in first remission who were not given any GVHD prophylaxis (38). Donor chimerism as determined by the identification of cells containing the Y chromosome (from the male donor) was present in 20 of 23 female recipients as late as 1,000 days after infusion. Leukemia-free survival was significantly prolonged in patients who received higher doses of CD3+ donor cells, while no GVHD was observed. The investigators also showed, further, that in addition to a GVL effect, these patients also experienced a recipient vs. leukemia effect, suggesting activation of the patient's immune system by the infused HLA non-identical donor cells (38). The same authors subsequently reported similar results in another 185 patients with de novo AML (35), but confirmation from other centers is currently not available.

THE MICROENVIRONMENT

The marrow microenvironment is essential for the support of normal and malignant hematopoiesis. We have presented *in vitro* data from patients with MDS, which show a twoway signaling path between the clonal disease cells and nonclonal mesenchymal/stroma cells (39). Stroma cells exhibited altered gene expression and favored the survival of clonal MDS cells rather than healthy hematopoietic precursors. Exposure to the hypomethylating agent, 5-aza-citidine, normalized gene expression in stroma cells and restored their functional competence in support of normal hematopoiesis (39). It is intriguing to speculate that altered gene expression in the marrow microenvironment is a contributor to the frequently observed myelosuppression following DLI.

Data on the role of stroma in disease persistence or recurrence have also been presented for patients with AML (40, 41). Those studies show that malignant (clonal) myeloid cells trigger remodeling events in bone marrow niches, and this remodeled environment then favors the expansion of the malignant clone (39, 42). Other broad-acting contributors to the altered posttransplant milieu in the patient are the effects of endothelial cell activation (43).

Further, solid cancer models show that propagation of clonal tumor cells in the form of metastases was dependent upon the co-migration of stromal cells with those tumor cells (44). Consistent with that observation, we were not able to establish sustained engraftment of clonal MDS cells in a xenotransplant model of human MDS cells in immunodeficient mice, if MDS cells were injected by themselves. However, we did achieve long-term engraftment and expansion when MDS cells were injected along with the (transformed) human stroma cell line HS27a (45). The role of the microenvironment for effective hematopoiesis is undisputed, but what is of note in these models is the support of the *clonal disease* that is mediated at least in part by a quasi autofeedback loop that leads to "preferential treatment" of the clone.

Possibly related to these data are observations on the development of donor-derived leukemia, i.e., the transformation of polyclonal, healthy donor cells into originator cells of a clonal myeloid disorder (assuming the absence of preexisting clonal abnormalities in donor cells). Several reports have postulated a "leukemogenic effect" of the marrow microenvironment (46, 47). Is the underlying mechanism related to signals provided by donor cells, viz., the chimeric status associated with a successful transplant?

THE MICROBIOME

Exciting research has established that the microbiome plays a central role in the development of GVHD (48–50). We recently summarized data from several laboratories on the profound effects of donor/host interactions at the boundaries of the transplant recipient and the role of the patient's microbiome, particularly in the intestinal tract, in modifying those interactions (1). Shifts in the composition of the intestinal microbiome are associated with GVHD. While some bacteria, such as *Blautia*, appear to have a beneficial effect, others, for example,

Veillonella or enterococcal species such as Enterococcus faecium or Enterococcus faecalis, favor the development or propagation of GVHD, leading to inferior transplant survival (51). These intestinal bacteria interact directly with patient cells, including GALT, L cells, and dendritic cells and thereby modify either tolerogenic or allo-reactive signals (52, 53). Various species, such as E. faecalis, can cross the intestinal barrier and migrate to intestinal lymph nodes, priming resident T and B lymphocytes. Bacterial metabolites, specifically the short-chain fatty acids butyrate or propionate, released into the bloodstream, have a protective effect against chronic GVHD (54, 55). One mechanism involves enhanced development of regulatory T cells. Conversely, a loss of species that produce high levels of butyrate would be associated with a higher incidence of GVHD. So far, there is no evidence that a shift in the composition of the intestinal microbiome impacted progression of the malignancy for which the patient underwent transplantation (51), although there is a profound impact of the mix of the gut microbiome on the response to immunotherapy in other models (56). Intriguing are some very recent observations (Chris Johnston PhD, personal communication, November 2020) indicating that bacteria can alter the methylation pattern of human DNA, thereby modifying gene expression. Conceivably, this may lead to alterations of potential targets for a GVL effect by donor cells.

Viral organisms such as picobirna viruses have also been shown to participate in these donor/host interactions (57), and the role of the cytomegalovirus (CMV) in GVHD development has been investigated extensively (58). Sellar et al. (59) studied patients with various lymphohematopoietic malignancies who were CMV+ and received transplants from CMV negative donors. The conditioning regimens were of reduced intensity and included in vivo T-cell depletion with alemtuzumab. The investigators showed that CMV-specific T cells were exclusively of host origin and protected the patients against recurrent CMV infections, indicating that the status of mixed donor/host chimerism in these patients was associated with increased immune protection. DLI to induced full donor chimerism did not trigger the development of symptomatic CMV infection, and in some patients, donor-derived CMVspecific CD8+ T lymphocytes further expanded. This conversion (from host to donor) occurred without clinical evidence of GVHD, suggesting the possibility that the presence of mixed chimerism, albeit temporary, facilitated the establishment of tolerance.

SUMMARY AND CONCLUSIONS

The interactions between donor and recipient cells following allogeneic HCT are complex, and the cast of characters of this drama is not limited to donor and recipient immune cells. Additional actors include cellular and non-cellular components of the microenvironment and, importantly, the microbiome. Nature had not envisioned *Homo sapiens* trying to break down barriers that have evolved over millions of years. Doing so upsets the balance that we observe in healthy individuals. Of course, these therapeutic interventions are directed at the eradication of a malignant disease, which has already changed the internal milieu. A better understanding of signals that trigger the development of malignant disorders such as leukemia would allow for earlier interventions and might permit their exploitation to restrict the reactions of donor cells to the GVL effect, while preventing GVHD. Can we direct the divine ability of the chimera against the malignancy and sever the ugly head of GVHD? Current research using state of the art tools, including systems biology and machine learning, may be able to pave the way.

DATA AVAILABILITY STATEMENT

The original contributions presented in the study are included in the article/supplementary material, further inquiries can be directed to the corresponding author/s.

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AUTHOR CONTRIBUTIONS

The author confirms being the sole contributor of this work and has approved it for publication.

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Conflict of Interest: The author declares that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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