


# Estrogen-dependent disruption of intracellular iron metabolism augments the cytotoxic effects of doxorubicin in select breast and ovarian cancer cells

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**Introduction:** Increased iron content in cancer cells is associated with resistance to chemotherapy. Recent studies have demonstrated that estrogen (E<sub>2</sub>) suppresses hepcidin synthesis and enhances intracellular iron efflux. Herein, we investigated whether E<sub>2</sub>-driven intracellular iron efflux renders cancer cells more susceptible to doxorubicin (Dox)-induced cytotoxicity.

**Methods:** Breast, ovarian, and liver cancer cell lines treated with E<sub>2</sub>, Dox, or a combination of both were assessed for intracellular iron status, mitochondrial function, cell cycle, and apoptosis.

**Results:** E<sub>2</sub>+Dox treatment in MCF7, SKOV3 and MDA-MB231 cells resulted in enhanced apoptosis compared with Dox-treated cells. Expression of  $\gamma$ H2AX was significantly higher and that of survivin significantly lower in E<sub>2</sub>+Dox-treated cells than Dox-treated cells. At 48 hours, E<sub>2</sub>+Dox had induced a significant increase in the percentage of sub-G<sub>1</sub> apoptotic cells, increased CHK1 expression, and decreased cyclin D1, CDK4, and CDK6 expression. Ferroportin and ferritin expression was significantly higher and that of TfR1 significantly lower in E<sub>2</sub>+Dox-treated cells than Dox-treated cells. Intracellular iron content was significantly reduced in E<sub>2</sub>+Dox-treated cells at 48 hours posttreatment. Lastly, E<sub>2</sub>+Dox-treated cells showed higher levels of mitochondrial membrane hyperpolarization than Dox-treated cells.

**Conclusion:** These findings suggest that E<sub>2</sub> disrupts intracellular iron metabolism in such a way that increases cell susceptibility to Dox-induced cytotoxicity.

**Keywords:** cancer, doxorubicin, estrogen, iron, hepcidin, ferroportin, apoptosis

## Introduction

Doxorubicin (Dox) is commonly used to treat cancers of the bladder, breast, stomach, lung, ovaries, and Hodgkin's lymphoma, among others. It intercalates with DNA and disrupts topoisomerase II function, which inhibits protein synthesis and disrupts DNA replication.<sup>1-4</sup> Dox also exhibits high affinity for iron<sup>5</sup> and induces the generation of free radicals<sup>6</sup> through Dox/semiquinone-redox cycling.<sup>7,8</sup> Although Dox remains an essential anticancer drug,<sup>9</sup> long-term use is associated with significant side effects, including cardiomyopathy. The incidence of Dox-induced cardiomyopathy increases by about 4% at a cumulative dose of 500–550 mg/m<sup>2</sup> and about 36% at higher cumulative doses (>600 mg/m<sup>2</sup>).<sup>10</sup> The mechanism underlying Dox-induced cardiomyopathy is not fully understood; however, evidence suggests that disrupted iron

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metabolism could be involved.<sup>11,12</sup> This is based on the observation that iron chelation protects against Dox-induced toxicity in vivo<sup>13</sup> and that iron overload is associated with increased cardiotoxicity in animals on Dox therapy.<sup>14–16</sup> Different combination therapies have been tested to minimize the effective Dox dose and/or to enhance its efficacy. A paclitaxel–Dox combination was reported as highly effective against anthracycline-resistant breast cancer.<sup>17</sup> A kinase inhibitor (sorafenib)–Dox combination was shown to be well tolerated and more effective against hepatocellular carcinoma than Dox alone.<sup>18</sup> A sirolimus (rapamycin)–Dox combination against Akt-positive lymphomas in mice was shown to be superior to Dox alone.<sup>19</sup> However, dose-limiting toxic neutropenia, neuropathy, and cardiomyopathy persist.<sup>18</sup>

Various forms of lung,<sup>20</sup> pancreas,<sup>21</sup> colon,<sup>22,23</sup> and breast cancer<sup>24,25</sup> are associated with significant iron overload. Breast cancer cells tend to sequester and store iron by expressing increased levels of hepcidin and ferritin (Ft) and decreased levels of ferroportin (Fpn).<sup>24</sup> Furthermore, upregulated expression of Ft, TfR1, IRP1, and IRP2 are common findings in breast cancer.<sup>25</sup> This profile enables cancer cells to meet high proliferation and metastasis-related demand for iron.<sup>26–28</sup> High iron content in cancer cells has been shown to be associated with increased resistance to chemotherapy.<sup>29,30</sup> Dox- and cisplatin (Cis)-resistant MCF7 cells express higher levels of TfR1<sup>30</sup> and hepcidin than unresistant strains.<sup>29</sup> Moreover, administration of exogenous hepcidin or free iron has also been reported to be associated with resistance to Dox in a rat model of Walker 256 carcinosarcoma.<sup>29</sup> In this context, it has been reported that the human sex hormone estrogen (17 $\beta$ -estradiol; E<sub>2</sub>) downregulates hepcidin synthesis and upregulates Fpn expression as a means of enhancing intracellular iron efflux.<sup>31</sup> E<sub>2</sub> has also been reported to induce oxidative stress, membrane damage, and cell-cycle arrest in MCF7 cells<sup>32</sup> in a manner related to disrupted intracellular iron status.<sup>33</sup> Given that disrupted iron metabolism is a common finding in cancer and that E<sub>2</sub> and Dox disrupt intracellular iron metabolism and cause DNA damage, we hypothesized that treating cancer cells with E<sub>2</sub> plus Dox could limit the ability of cancer cells to maintain high iron content, making them more susceptible to Dox-induced apoptosis. To this end, human breast (MCF7 and MDA-MB231), ovarian (SKOV3), and liver (HepG2) cancer cell lines treated with various combinations of E<sub>2</sub>+Dox were assessed for intracellular iron status, cell-cycle progression, and apoptosis at different time points posttreatment.

## Methods

### Cells and culture conditions

The human cancer cell lines MCF7 (breast ER<sup>+</sup>), SKOV3 (ovarian ER<sup>+</sup>), MDA-MB231 (breast ER<sup>-</sup>), HepG2 (liver ER<sup>-</sup>), and A549 (lung epithelial-like carcinoma; American Type Culture Collection (Manassas, VA, USA) were used throughout the study. HepG2, MCF7, and MDA-MB231 cells were maintained in (DMEM supplemented with 2  $\mu$ g/mL insulin, 1 mM sodium pyruvate, 1 mM nonessential amino acids, 4 mM glutamine, 10% FBS, and antibiotics (penicillin–streptomycin) at 37°C and 5% CO<sub>2</sub>. SKOV3 cells were maintained in McCoy's 5A medium (Sigma-Aldrich) supplemented with 2 mM glutamine, 1 mM sodium pyruvate, 15% FBS, and 1% antibiotics (penicillin–streptomycin) at 37°C and 5% CO<sub>2</sub>. A549 cells were cultured in ATCC-formulated F12K medium (30-2004) supplemented with 10% FBS at 37°C and 5% CO<sub>2</sub>.

### Treatment protocol

Cells were seeded at 0.5–1 $\times$ 10<sup>5</sup> cells/mL in 25 cm flasks at ~70% confluence and treated with 17 $\beta$ -estradiol (estradiol benzoate; Sigma-Aldrich) at 5, 10, or 20 nM dissolved in ethanol<sup>32,33</sup> or with Dox hydrochloride (Sigma-Aldrich) at 0.1, 0.5, or 1  $\mu$ g/mL, or with both. The protocol for combination treatment involved treating cells with E<sub>2</sub> (20 nM) and Dox (1  $\mu$ g/mL) at the same time or treatment with E<sub>2</sub> (20 nM) for 48 hours and then with Dox (1  $\mu$ g/mL) or Cis (23.4  $\mu$ M) for an additional 24 or 48 hours. Control cultures were left untreated or treated with equal volumes of 70% ethanol as vehicle.

### Western blotting analysis

Cells were lysed in ice-cold NP40 lysis buffer (1% NP40, 150 mM NaCl, 50 mM Tris-Cl, pH 8) containing protease cocktail-inhibitor tablets (S8830; Sigma-Aldrich). Whole-cell lysate protein concentrations were quantified using the standard Bradford method (500-0006; Bio-Rad, Hercules, CA, USA). Lysate aliquots containing 30  $\mu$ g protein were separated by 12% SDS-PAGE and transferred onto a nitrocellulose membrane (1620112; Bio-Rad). The membrane was then blocked by 5% skimmed milk powder for 1 hour at room temperature, washed with TBST, and reacted with primary IgG-unlabeled antibodies (antihepcidinab57611; anti-Fpn, ab85370; anti-TfR1, ab84036; anti-TfR2, ab84287; antisurvivin134170; anti-CDK4, ab68266; anti-cdk6, ab151247; anti-cyclinD1, ab134175; anti-CHK1, ab47574; anti-phospho-CHK1, ab5856; Abcam, Cambridge, UK), anti-Ft (11805; Cell

Signaling TechnologyA), and anti- $\gamma$ H2AX (05-636; Millipore, Billerica, MA, USA), at 1:1,000 dilution overnight at 4°C. Secondary (antimouse and antirabbit) antibodies (7076 and 7074; Cell Signaling Technology) were reacted with the membrane at 1:1,000 dilutions for 1 hour at room temperature. The secondary (anti-IgG) antibody (97040; Abcam) was reacted with the membrane at 1:5,000 dilution for 1 hour at room temperature. Chemiluminescence was detected using an electrochemiluminescence (32106; Thermo Fisher Scientific). Band-density quantification was carried out using Image Lab software (ChemiDoc Touch Gel and Western blot imaging system; Bio-Rad);  $\beta$ -actin was used as a normalization control.

### Flow-cytometry analysis

Labile iron pool (LIP) was assessed as described previously.<sup>34</sup> Briefly, cells were washed twice with PBS and  $0.5 \times 10^6$  incubated for 15 minutes at 37°C in the presence of 0.125  $\mu$ M calcein acetoxymethyl(CA-AM) ester (56496; Sigma-Aldrich). Cells were washed twice and incubated for 15 minutes with DFO (Novartis) at 100 mM. Cells were then washed and analyzed using a BD FACS-Aria III flow cytometer at a rate of 1,000 events/seconds applying a 488nm laser beam for excitation. A minimum of 25,000 events were collected/sampled and percentage positive staining was computed to a 99% level of confidence. Flow-cytometry data were analyzed using FlowJo software with the Watson pragmatic model (Tree Star, Ashland, OR, USA). Mean fluorescence intensity (MFI) represents the geometric mean of fluorescence signals. Since MFI increases as free-iron content decreases, the change in LIP content ( $\Delta$ MFI) was calculated as  $MFI_{CA-AM/DFO} - MFI_{CA-AM \text{ alone}}$  and percentage  $\Delta$ MFI as  $\Delta MFI / MFI_{CA-AM \text{ alone}} \times 100$ .<sup>32</sup>

### MTT cell-viability assay

MTT was used as a colorimetric assay to assess MCF7-cell viability following E<sub>2</sub> treatment. Overall,  $10^4$  cells previously treated with E<sub>2</sub> or vehicle were grown in 0.2 mL growth medium in 96-well plates and cultured for 24 hours. MTT salt was mixed with cells and incubated at 37°C for 2 hours in a humidified incubator at 5% CO<sub>2</sub>. MTT formazan product was dissolved in dimethyl sulfoxide and absorbance read at 570 nm on a microplate reader.

### Wound-healing assay

MCF7 cells were seeded at a density of  $5 \times 10^5$  in a six-well plate. At 80% confluence, cultures were disturbed by a straight-liner scratch with a 20  $\mu$ L pipette tip. Detached

cells were removed by washing twice with PBS. Cultures were subsequently treated with E<sub>2</sub>, Dox, or both or left untreated in media lacking serum for 0, 6, 24, or 48 hours. At each time point, multiple images were acquired using inverted microscopy at 10 $\times$ . Quantitative analysis of cell migration was performed using ImageJ software (<http://rsb.info.nih.gov/ij/index.html>). Migration rate was calculated as (mean width at 0 hours – mean width at 24 hours)/mean width at 0 hours.

### Cell-cycle analysis

Cells were seeded at a density of  $10^6$  cells/mL, harvested, washed twice with PBS, resuspended in 0.5 mL ice-cold PBS, and fixed with 4 mL ice-cold 70% ethanol for 48 hours. Cells were then pelleted, washed twice with ice-cold PBS, resuspended, and incubated at room temperature in 0.2 mL staining buffer in the dark supplemented with 50  $\mu$ g RNase and propidium iodide (PI) at 50  $\mu$ g/mL final concentration. Distribution of cell-cycle phases with different DNA contents was determined by flow cytometry (Accuri C6; BD). Cell-cycle distribution and percentage of cells in sub-G<sub>1</sub>, G<sub>1</sub>, S, and G<sub>2</sub>/M phases were determined using the cell-cycle platform on FlowJo.

### Annexin V staining for apoptosis detection

Cells were seeded at a density of  $10^6$  cells/ml. After treatment, cells were harvested, washed twice with PBS, and stained for 20 minutes in the dark with 0.2 mL buffer containing annexin V–PI (Abcam). Cells were then analyzed for apoptosis with the Accuri C6 at 488 nm excitation, a 530/30 nm band-pass filter for fluorescein detection, and a long-pass filter at 670 nm. Cells positive for PI and annexin V were counted as late-apoptotic, those positive for PI and negative for annexin V as necrotic, and those positive for annexin V and negative for PI as early-apoptotic cells. Data were analyzed using FlowJo.

### Assessment of mitochondrial membrane potential

A JC1 mitochondrial membrane potential (MMP)-assay flow cytometry-based Kit (Abcam) was used according to the manufacturer's protocol. For quantification of JC1 intensity, cells were seeded in a 96-well black plate with a clear bottom. Ex 488/Em 530 nm and Ex 550/Em 600 nm were used and MMP was calculated as the ratio of red: green fluorescence.

## Statistical analysis

Data sets representing cell viability, cell counts, protein quantitation, cell cycle, MMP, apoptosis, and wound healing were analyzed using the unpaired Student's *t*-test (<https://www.graphpad.com/quickcalcs/ttest2>).

Experimental groups were compared separately to one another or to the control group as per the respective figure.  $P < 0.05$  was considered significant.

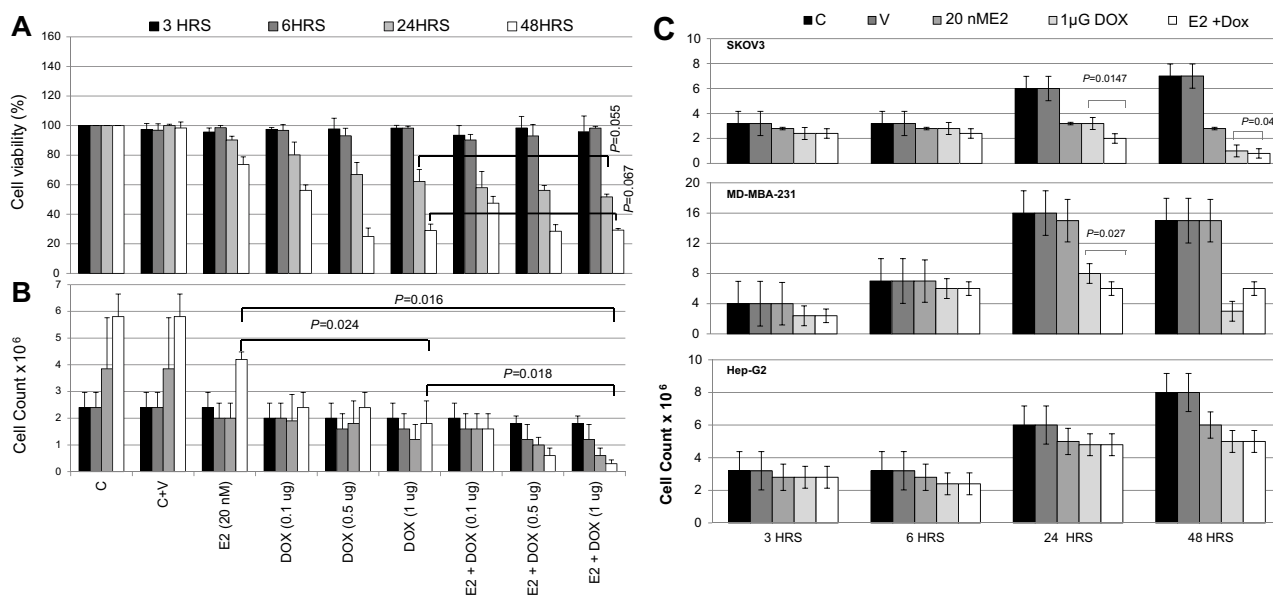
## Results

### E<sub>2</sub> enhances Dox-induced apoptosis and decreases growth potential in breast and ovarian cancer cells

As shown in Figure 1A, cell viability in E<sub>2</sub>-treated MCF7 cells was slightly (10%) reduced at 24 hours compared with controls, and further decreased by about 25% at 48 hours. Treatment with Dox alone resulted in decreased cell viability at 24 hours, which further decreased to <40% at 48 hours, especially at 0.5 and 1 μg Dox. Cell viability in E<sub>2</sub>+Dox-treated cells was statistically similar to that in Dox alone-treated cells at both 24 hours ( $P=0.055$ ) and 48 hours ( $P=0.067$ ). Although cell count in E<sub>2</sub>-treated cells doubled ( $4 \times 10^6$ ) compared with seeding density, the increase was significantly lower than that in untreated cells (Figure 1B). Cell counts in Dox alone-treated MCF7 cultures did not increase irrespective of dose or

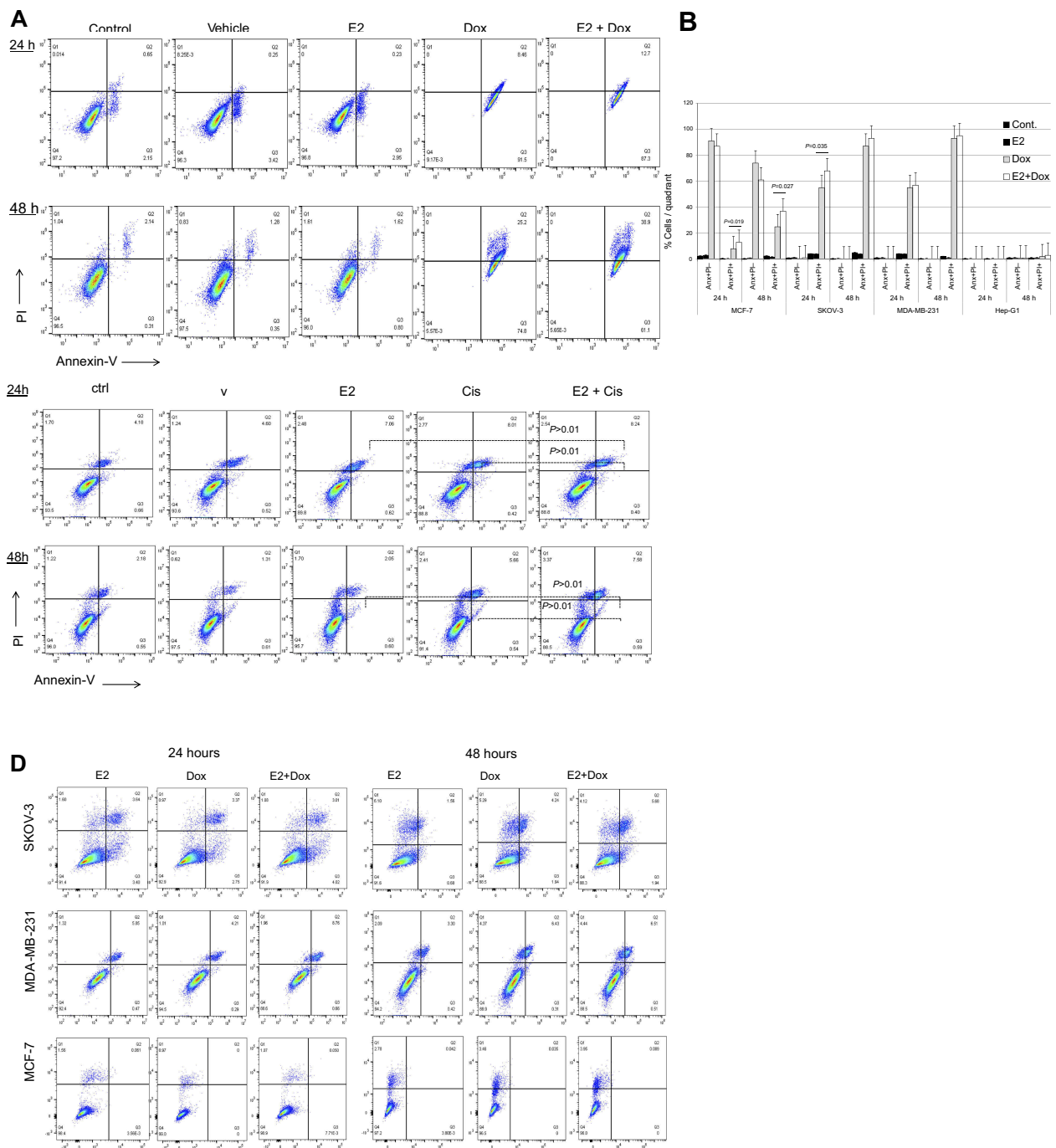
exposure. A significant reduction in cell count was observed in cultures treated with E<sub>2</sub>+Dox compared to E<sub>2</sub> ( $P=0.016$ ) or Dox alone ( $P=0.018$ ). This was especially evident at 48 hours (Figure 1B). The pattern of change in cell count in SKOV3 and MDA-MB231 cells treated with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox for 24 or 48 hours was similar to that in MCF7 cultures (Figure 1C). Dox alone- or E<sub>2</sub>+Dox-treated cells showed significantly lower ( $P < 0.05$ ) cell counts than controls. The HepG2 cell count in E<sub>2</sub>+Dox-treated cultures was statistically similar to cultures receiving E<sub>2</sub> or Dox alone (Figure 1C).

Apoptosis in treated and control cells was assessed by the annexin V–PI method. While E<sub>2</sub> alone did not lead to apoptosis irrespective of cell type or exposure, Dox treatment induced significant levels of apoptosis in MCF7, SKOV3, and MDA-MB231 cells at 24 and 48 hours (Figure 2, A and B). Apoptosis in E<sub>2</sub>+Dox-treated cells was significantly higher than in Dox alone-treated cells, especially for MCF7 at 24 ( $P=0.019$ ) and 48 hours ( $P=0.035$ ) and SKOV3 at 24 hours ( $P=0.027$ ). Although percentage apoptosis in MDA-MB231 was higher in cells treated with E<sub>2</sub>+Dox compared with that in Dox alone-treated cells, the difference was not statistically significant. Percentage apoptosis in HepG2 cells remained minimal irrespective of treatment type or exposure. The ability of E<sub>2</sub> to enhance the apoptotic effect of other anticancer drugs was evaluated by treating MCF7, SKOV3, MDA-MB231,



**Figure 1** Assessment of cell viability following treatment with E<sub>2</sub>, doxorubicin (Dox), or both in various cell lines.

**Notes:** (A) Cell viability and (B) count of MCF7 cultures treated with E<sub>2</sub> (20 nM), Dox (0.1, 0.5, or 1 μg), or E<sub>2</sub> (20 nM) + Dox (1 μg) for 3, 6, 24, or 48 hours. (C) Cell count in cultures of MDA-MB231, SKOV3 and HepG2 cultures separately treated with E<sub>2</sub> (20 nM), Dox (0.1, 0.5, or 1 μg), or E<sub>2</sub> (20 nM) + Dox (1 μg) for 3, 6, 24, or 48 hour. Data shown in A–C are means  $\pm$  SD of three separate experiments.



**Figure 2** Levels of apoptosis in various cell types following treatment with E<sub>2</sub> + doxorubicin (Dox) or cisplatin (Cis).

**Notes:** (A) Percentage apoptosis in MCF7 cells treated with 20 nM E<sub>2</sub>, 1 μg Dox, or a combination of both for 24 or 48 hours evaluated using annexin V–PI flow cytometry. (B) Means ± SD of percentage apoptosis in MCF7, SKOV3, MDA-MB231, and HepG2 cells treated with 20 nM E<sub>2</sub>, 1 μg Dox, or both for 24 or 48 h. Data based on three separate experiments. Percentage apoptosis in (C) A549 and (D) MCF7, SKOV3, and MDA-MB231 cells treated with E<sub>2</sub> (20 nM), Cis (1 μg), or both for 24 or 48 hours.

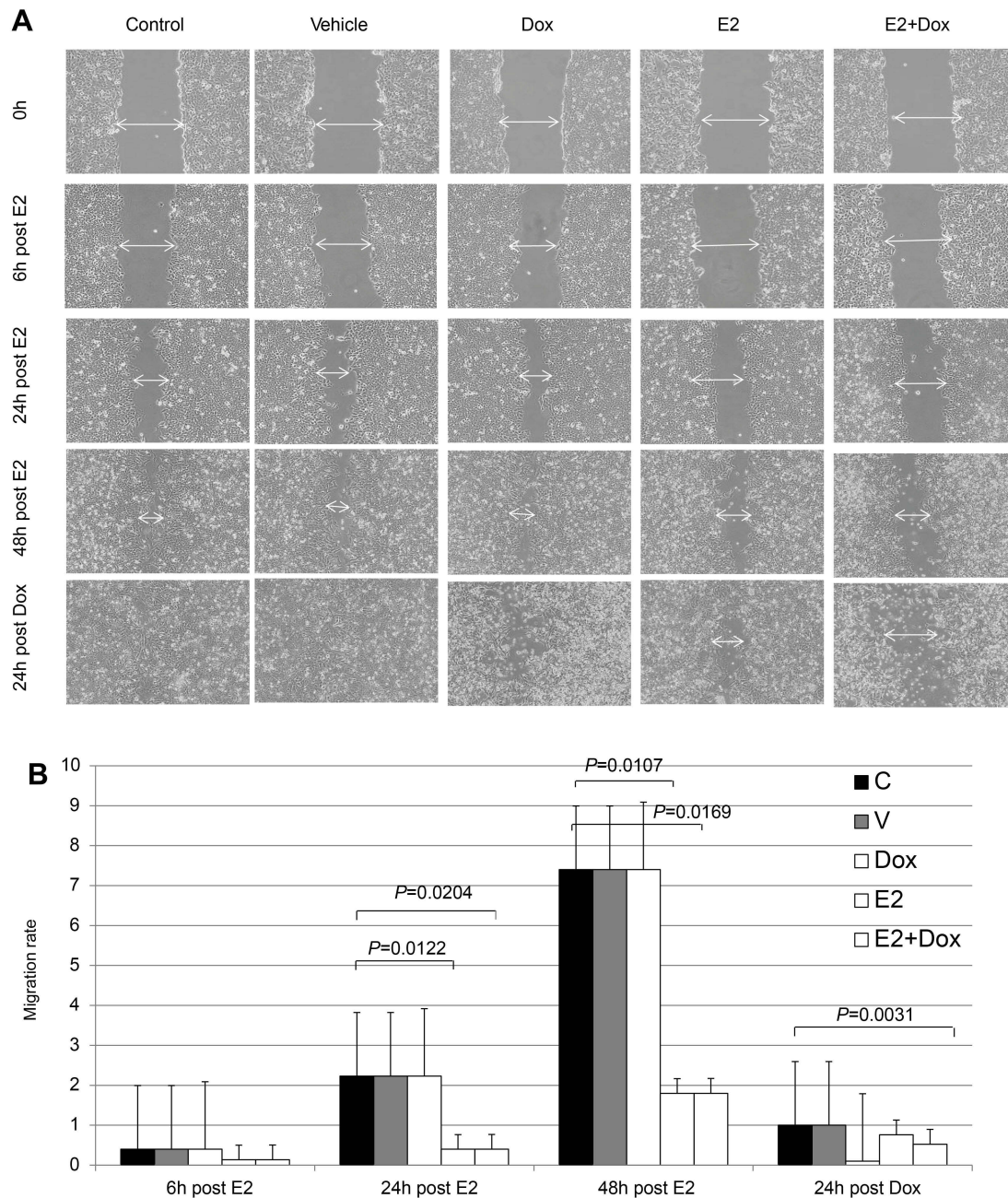
and A549 cells with E<sub>2</sub> at 20 nM, Cis at 23.4 nM, or a combination of both. As shown in Figure 2C, E<sub>2</sub> did not increase Cis-induced apoptosis in A549 cells. Additionally, whether alone or in combination with E<sub>2</sub>, Cis did not lead to any significant levels of apoptosis in MCF7, SKOV3, or MDA-MB231 cells (Figure 2D).

To test whether reduced survival and increased apoptosis resulting from E<sub>2</sub>+Dox treatment was associated with changes in the growth potential of cancer cells, migration rates of MCF7 cells treated with E<sub>2</sub>, Dox, or both were evaluated. As shown in Figure 3, Dox alone did not lead to any significant reduction in the growth potential of

surviving cells. In contrast, E<sub>2</sub> treatment resulted in a significant reduction in MCF7 growth potential relative to control cells. Although E<sub>2</sub>+Dox-treated cells showed lower rates of migration relative to E<sub>2</sub>-treated cells at 72 hours (24 hours post-Dox), the difference was statistically insignificant (Figure 3B). Lastly, at 24 hours posttreatment, plates containing cells treated with Dox alone showed

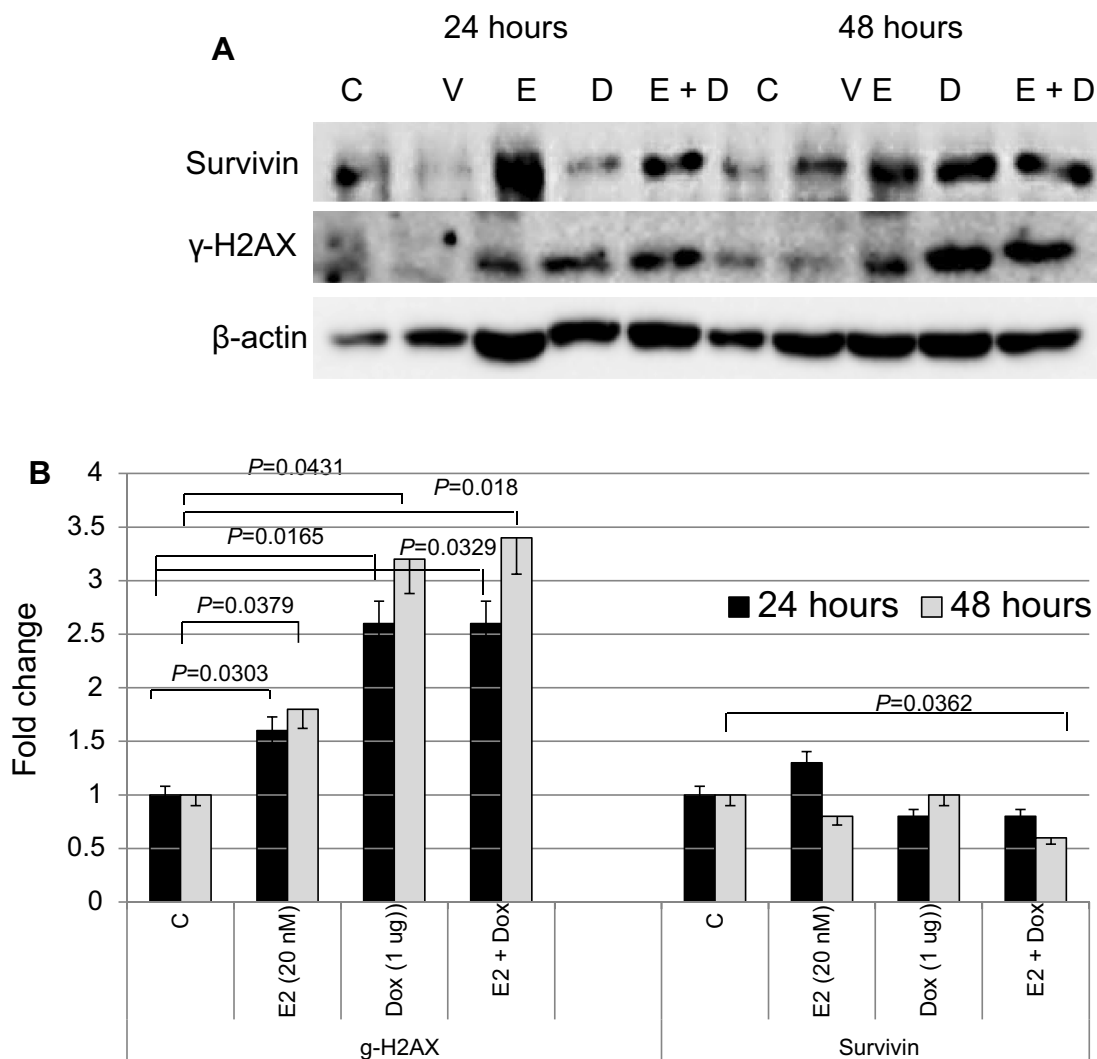
drastic reduction in cell growth, with numerous floating dead cells and cellular clumps filling up the scratch space.

The expression status of key proteins involved in cell survival and apoptosis was assessed in MCF7 cells treated with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox (Figure 4). Expression of  $\gamma$ H2AX significantly increased in MCF7 cells following treatment with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox compared with controls. Its



**Figure 3** Healing potential following E<sub>2</sub> and/or doxorubicin (Dox) treatment in MCF7 cells.

**Notes:** (A) Cells were photographed at different time points following disruption in cell cultures and healing potential qualitatively assessed by observing wound closure, migration of viable cells to wound area, and presence of floating dead cells; images taken at magnification of 40 $\times$ . (B) Migration rate  $\pm$  SD in MCF7 cells treated as in A and calculated as described in Methods, based on three separate experiments.



**Figure 4** Expression status of key proteins involved in cell survival, DNA damage, and apoptosis in treated and control MCF7 cells.

**Notes:** (A) Expression of survivin and  $\gamma$ H2AX was assessed in lysates prepared from cells treated with E<sub>2</sub>, doxorubicin (Dox), or both for 24 and/or 48 hours; the same nitrocellulose membrane was successively reacted with and stripped of secondary antibodies corresponding to the two proteins. (B) Calculated mean  $\pm$  SD fold change in protein-expression levels in treated and untreated cells based on three separate experiments.

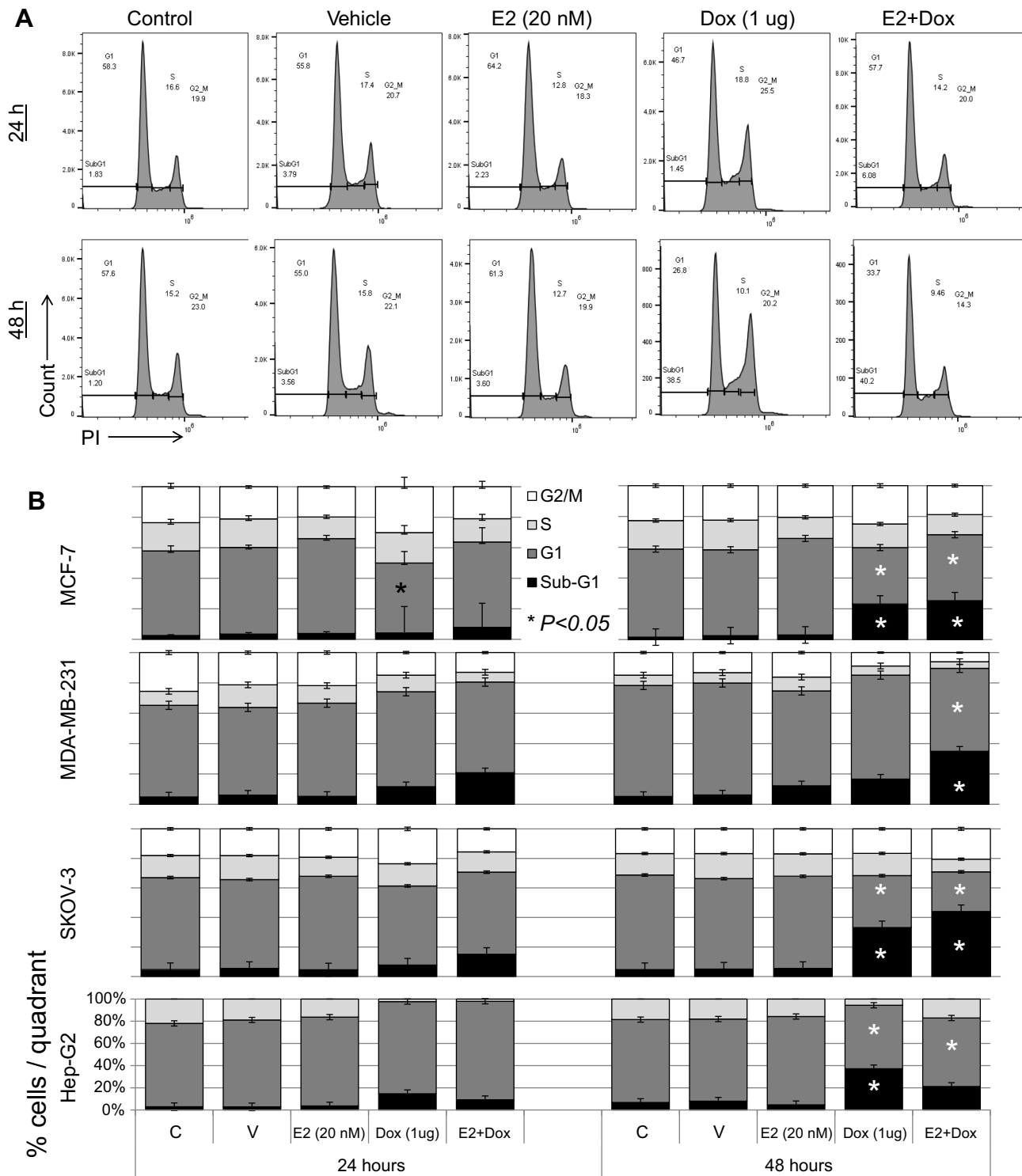
expression was highest in E<sub>2</sub>+Dox-treated cells, especially at 48 hours. In contrast, expression of survivin decreased, most notably in cells treated with E<sub>2</sub>+Dox compared to controls ( $P=0.036$ ).

## E<sub>2</sub> exacerbates Dox-induced cell-cycle disruption

Cell-cycle progression was evaluated in cells treated with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox. The percentage of cells at the G<sub>1</sub> phase was significantly higher ( $P<0.05$ ) and at the S phase lower in E<sub>2</sub>-treated MCF7 cells than controls at 24 and 48 hours (Figure 5). Only the percentage of cells at the sub-G<sub>1</sub> phase increased in Dox-treated MCF7 cells, especially at 48 hours. E<sub>2</sub>+Dox treatment in MCF7 cells

resulted in a significant increase ( $P<0.05$ ) in the percentage of cells at the sub-G<sub>1</sub> phase compared to Dox-treated cells (Figure 5). Similar patterns of cell-cycle progression were noted in SKOV3 and MDA-MB231 cells treated with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox (Figure 5B). Although little apoptosis occurred in HepG2 cells following treatment with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox, a significant increase in the percentage of cells at the sub-G<sub>1</sub> phase was noted in Dox-treated HepG2 cells, especially at 24 hours (Figure 5B).

The expression profile of key cell cycle-regulatory proteins was also evaluated in treated and control MCF7 cells. As shown in Figure 6, expression of CDK4 was significantly reduced in Dox- or E<sub>2</sub>+Dox-treated cells at 48 hours. CDK6 levels were significantly higher in E<sub>2</sub>-treated cells than



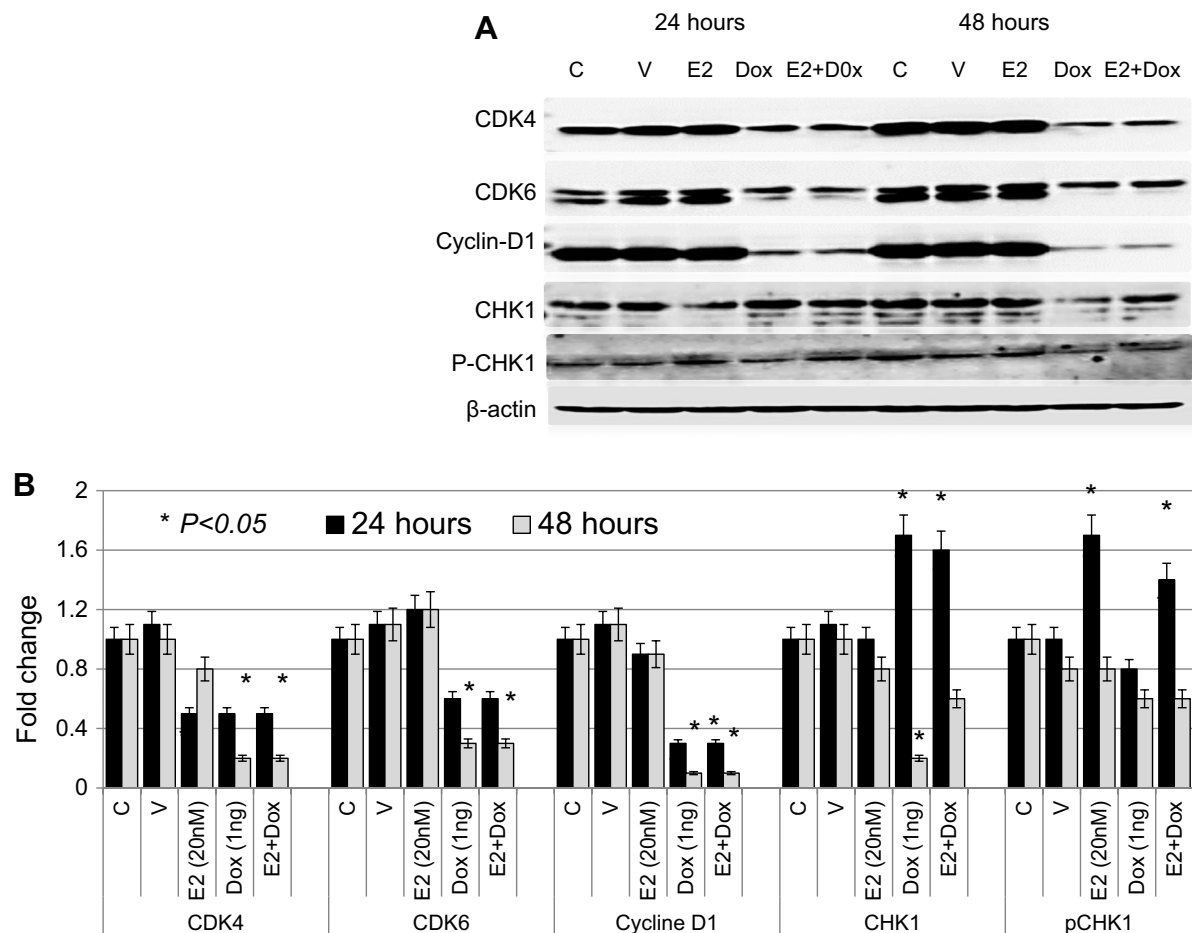
**Figure 5** Cell cycle-phase distribution in various cell types following treatment with E<sub>2</sub>, doxorubicin (Dox), or both.

**Notes:** (A) MCF7 cells treated for 24 and 48 hours with 20 nM E<sub>2</sub>, 1 μg Dox, or both were stained with PI and analyzed for DNA content; untreated cells of each cell line used as internal control. (B) Means ± SD of percentage cells in sub-G<sub>1</sub>, G<sub>1</sub>, S, and G<sub>2</sub>/M phase cells in MCF7, SKOV3, MDA-MB231, and HepG2 cells treated as in A; data based on three separate experiments.

controls; however, they were significantly lower in Dox- or E<sub>2</sub>+Dox-treated cells than controls at 48 hours. Expression of cyclin D was also lower in Dox or E<sub>2</sub>+Dox-treated cells than in E<sub>2</sub>-treated cells, especially at 48 hours posttreatment.

While E<sub>2</sub> treatment did not alter CHK1 expression, Dox and E<sub>2</sub>+Dox treatments resulted in a significant increase in CHK1 expression at 24 hours and a significant decrease at 48 hours, especially in cells receiving Dox. E<sub>2</sub> and E<sub>2</sub>+Dox also





**Figure 6** Expression profile of cell cycle-regulatory proteins in treated and control MCF7 cells

**Notes:** (A) Expression of CDK4, CDK6, cyclin D, CHK1, and pCHK1 proteins was assessed in lysates prepared from cells treated with E<sub>2</sub>, doxorubicin (Dox), or both, as well as control untreated or ethanol-treated (vehicle) cells for 24 and 48 hour; the same nitrocellulose membrane was successively reacted with and stripped of secondary antibodies corresponding to the various proteins listed. (B) Calculated mean ± SD fold change in protein-expression levels in treated and untreated cells based on three separate experiments.

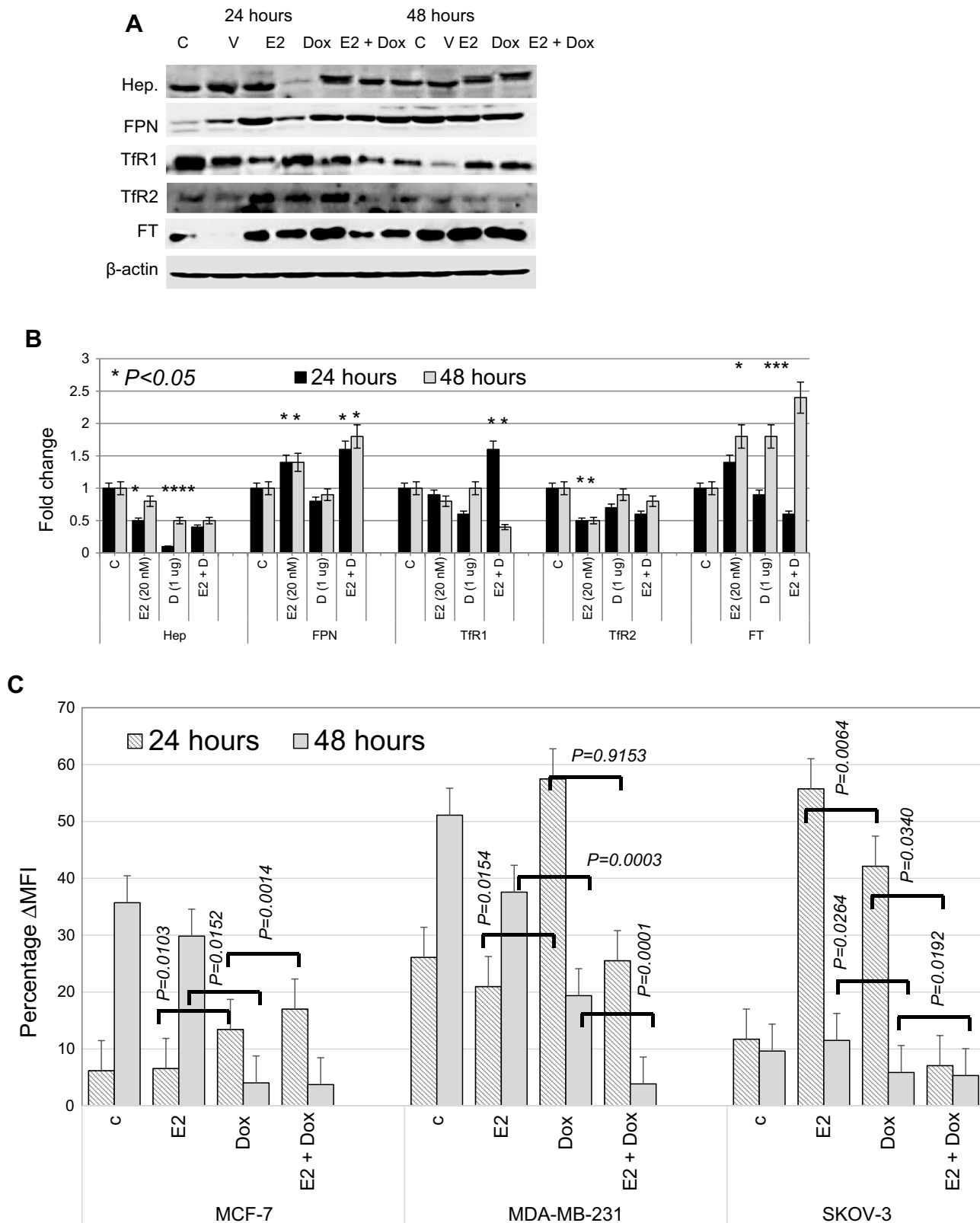
resulted in a significant increase in pCHK1 at 24 hours, and p-HK1 expression decreased relative to controls at 48 hours.

## E<sub>2</sub> and Dox differentially disrupt intracellular iron metabolism in cancer cells

Consistently with previous reports,<sup>31–33</sup> E<sub>2</sub> treatment in MCF7 cells resulted in reduced hepcidin synthesis and increased Fpn expression (Figure 7A and B). Treatment of MCF7 cells with 1 μg Dox also resulted in a significant reduction in hepcidin and a slight reduction in TfR1 and TfR2 expression at 24 hours. It also resulted in a significant increase in Ft expression at 48 hours posttreatment. No significant changes in Fpn expression were observed in Dox alone-treated cells at either time point. In contrast, E<sub>2</sub>+Dox treatment resulted in a significant increase in Fpn compared with cells receiving Dox or E<sub>2</sub> or untreated controls at both 24 and 48 hours (Figure 6). A significant increase in Ft

expression was observed in cells treated with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox at 48 hours; however, the increase in E<sub>2</sub>+Dox-treated cells was significantly higher than other groups or controls. Moreover, a significant decrease in TfR1 expression was evident in E<sub>2</sub>+Dox-treated cells relative to other groups or controls at 48 hours. Although hepcidin synthesis was reduced in cells receiving E<sub>2</sub>+Dox compared with cells receiving Dox alone, the difference was statistically insignificant.

To investigate further the extent of disruption in intracellular iron status, intracellular LIP was measured in cells following treatment with E<sub>2</sub>, Dox, or a combination of both. As shown in Figure 7C, E<sub>2</sub>-treated MCF7 and MDA-MB231 cells showed a significant decrease in LIP compared with untreated controls. In contrast, treatment with Dox resulted in increased LIP content compared with untreated controls at 24 hours, especially for MCF7 and MDA-MB231 cells. At 48 hours, however, Dox treatment induced significant levels of



**Figure 7** Status of key proteins involved in iron metabolism and labile iron content in treated and control MCF7 cells.

**Notes:** (A) Representative Western blot of cell lysates prepared from MCF7 cells treated with E<sub>2</sub>, doxorubicin (Dox) or E<sub>2</sub>+Dox for 24 or 48 hours; the same nitrocellulose membrane was successively reacted with and stripped of secondary antibodies corresponding to the various proteins listed in the figure. (B) Calculated fold change ± SD of protein-expression levels in treated and control cells based on three separate experiments. (C) Labile iron content in MCF7 cells treated as in A using the CA-AM/CA-AM+DFO staining-based flow cytometry and expressed as %ΔMFI.

**Abbreviations:** CA-AM, calcein acetoxymethyl; MFI, mean fluorescence intensity.

LIP depletion in all three cell lines compared with E<sub>2</sub>-treated cells or untreated controls. Treatment with E<sub>2</sub>+Dox for 24 hours was associated with a significant increase in LIP content in MCF7 and MDA-MB231 cells. LIP content in SKOV3 cells at 24 hours post-E<sub>2</sub>+Dox treatment was significantly lower than in E<sub>2</sub>- or Dox-treated or untreated counterparts (Figure 7C). Importantly, treatment with E<sub>2</sub>+Dox resulted in very noticeable LIP depletion for 48 hours relative to E<sub>2</sub>- or Dox-treated cells irrespective of cell type.

## E<sub>2</sub> enhances Dox-induced hyperpolarization of mitochondrial membrane potential

MMP was assessed in cells treated with E<sub>2</sub>, Dox, or E<sub>2</sub>+Dox using the JC1 kit (Figure 8). E<sub>2</sub> alone resulted in a significant ( $P<0.05$ ) depolarization in MCF7, SKOV3, and MDA-MB231 cells at 24 hours. Significant membrane depolarization was also evident in E<sub>2</sub>-treated SKOV3 and MDA-MB231 cells at 48 hours posttreatment. In contrast, Dox-alone treatment resulted in significant hyperpolarization in all three cell lines at both 24 and 48 hours posttreatment. Interestingly, E<sub>2</sub>+Dox treatment resulted in levels of hyperpolarization similar to (MCF7) or higher than Dox (MDA-MB231,  $P=0.041$ ; SKOV3,  $P=0.038$ ) at 24 hours and similar to (MCF7, MDA-MB231) or higher than Dox (SKOV3, ( $P=0.043$ ) at 48 h.

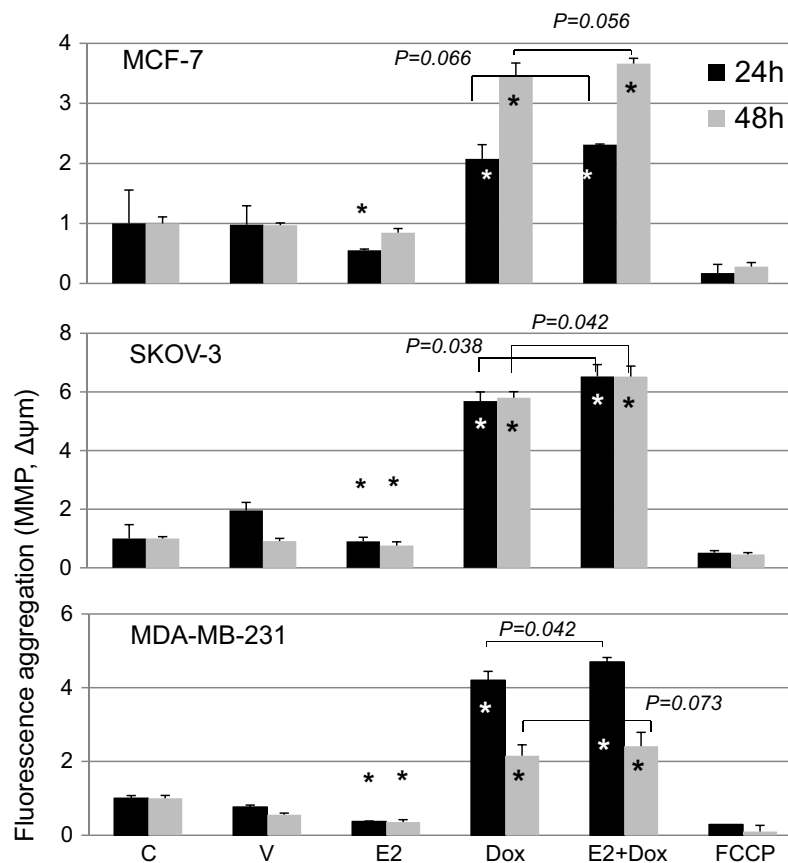
## Discussion

Findings presented here suggest that E<sub>2</sub> enhances the cytotoxic effects of Dox in breast and ovarian cancer cell lines. This is consistent with previous work, which has demonstrated that E<sub>2</sub> precipitates anticancer effects.<sup>32,33</sup> Efficacy studies comparing tamoxifen to E<sub>2</sub> have shown that they both produce similar responses against metastatic breast cancer in postmenopausal women, with patients receiving E<sub>2</sub> experiencing longer survival.<sup>35</sup> E<sub>2</sub>-replacement therapy in postmenopausal women with prior hysterectomy was also reported to reduce the incidence of invasive breast cancer.<sup>36</sup> Furthermore, high-dose E<sub>2</sub> treatment was shown to produce a positive response in about a third of breast cancer patients following long-term E<sub>2</sub> deprivation.<sup>37</sup> Long-term E<sub>2</sub> deprivation in ER<sup>+</sup> breast cancers was also reported to induce apoptosis<sup>37</sup> via intrinsic or extrinsic pathways.<sup>38,39</sup>

Our findings also show that E<sub>2</sub>+Dox treatment in breast and ovarian cancer cells precipitates significant DNA damage, as demonstrated by increased expression of  $\gamma$ H2AX, decreased expression of survivin, and disrupted

cell cycling. This is consistent with previous studies, which demonstrated that E<sub>2</sub> induces DNA damage,<sup>38</sup> upregulates  $\gamma$ H2AX expression<sup>39,40</sup> and downregulates survivin expression<sup>41</sup> in MCF7 cells. Increased percentage of cells at the sub-G<sub>1</sub> phase in E<sub>2</sub>+Dox-treated cells is further evidence of exacerbated DNA damage. Additionally, cells on E<sub>2</sub>+Dox showed significant reduction in CDK4, cyclin D, and CDK6 expression. This is in agreement with previous work that suggested that treatment with a CDK4 inhibitor plus Dox enhanced apoptosis in MCF7 cells.<sup>40</sup> Exposure of MCF7 to E<sub>2</sub> was also shown to be associated with significant alterations in multiple genes involved in the cell cycle, apoptosis, and endoplasmic reticulum stress (*BCL2L1* and *CASP4*).<sup>38</sup> Given that CHK1 is part of the DNA damage response and cell cycle-checkpoint regulation,<sup>42,43</sup> upregulated expression of CHK1 in E<sub>2</sub>+Dox-treated cells is consistent with the observation that this treatment approach precipitates significant levels of DNA damage. It is also in agreement with previous work, which has established that the expression and activation of CHK1 in response to DNA damage is associated with cell-cycle arrest and cell death.<sup>42,44–46</sup> Increased DNA damage in E<sub>2</sub>+Dox-treated cells is further supported by the finding that such cells experience high levels of MMP hyperpolarization, typically associated with increased ATP synthesis and the production of free radicals.<sup>47</sup>

The findings also demonstrate that E<sub>2</sub>+Dox treatment results in a significant disruption of intracellular iron metabolism. Previous work has shown that E<sub>2</sub> disrupts intracellular iron metabolism<sup>31</sup> and that this is associated with increased oxidative stress, DNA damage, and cell-cycle arrest in MCF7 and SKOV3.<sup>32,33</sup> The role of E<sub>2</sub> in iron metabolism stems mainly from its ability to reduce hepcidin synthesis through upregulated HIF1 $\alpha$  expression<sup>48,49</sup> or direct interaction with E<sub>2</sub>-responsive elements in the hepcidin gene.<sup>50,51</sup> As for Dox, previous work has shown that anthracyclines like Dox disrupt the function of iron-regulatory proteins<sup>52</sup> by directly interacting with the 5'UTRs of Ft heavy- and light-chain mRNAs,<sup>53</sup> reversibly inactivating IRP1 and/or preventing the translation of iron-sequestration proteins.<sup>54</sup> Enhanced LIP depletion following E<sub>2</sub>+Dox treatment could be explained by the observation that the expression of Fpn, the major iron exporter,<sup>55</sup> was upregulated and that of TfR1, the major iron importer, downregulated in E<sub>2</sub>+Dox-treated cells. It is worth noting that increased expression of TfR1 is associated with Dox resistance in human chronic myelogenous leukemia cells (K562) and pro-myelocytic leukemia cells (HL60).<sup>56</sup> Furthermore, TfR1 is highly expressed in mitoxantrone-resistant<sup>57</sup> and



**Figure 8** Mitochondrial membrane potential (MMP) in control and treated cells.

**Notes:** Means  $\pm$  SD of MMP in MCF7, SKOV3, and MDA-MB231 cells treated with E<sub>2</sub>, doxorubicin (Dox) or E<sub>2</sub>+Dox for 24 or 48 hours; data based on two separate experiments/cell types. \*P<0.05 vs control group.

fulvestrant-resistant<sup>58</sup> MCF7 cells, as well as gallium-resistant HL60 cells.<sup>59</sup> Although Ft heavy-chain overexpression is associated with Cis-resistant gastric cancer cells,<sup>60</sup> increased expression in cells rendered more susceptible to Dox-induced cytotoxicity by E<sub>2</sub>+Dox treatment is consistent with the observation that total Ft content is reduced in gallium-resistant CCRF-CEM cells.<sup>61</sup>

It is worth noting that the ability of E<sub>2</sub> to influence the behaviour of SKOV3 cells is consistent with previous studies, which have demonstrated that E<sub>2</sub>-driven growth in SKOV3 cells occurs through ER $\alpha$  signalling.<sup>62,63</sup> As for MDA-MB231, although these cells are typically negative for ER $\alpha$  and ER $\beta$ , previous reassessment work has demonstrated that they express both receptors<sup>64</sup> and that suppression of proliferation in such cells is mediated through E<sub>2</sub>-ER $\alpha$  signalling.<sup>65</sup> Moreover, even in the absence of both ER $\alpha$  and ER $\beta$ , cells can still respond to E<sub>2</sub> via G protein-coupled receptors (GPR30).<sup>66</sup>

In conclusion, findings presented here suggest that E<sub>2</sub> enhances the cytotoxic activity of Dox in breast and

ovarian cancer cell lines. The data also suggest that this could be related to the ability of E<sub>2</sub> to exacerbate the disruption in intracellular iron metabolism that is usually associated with Dox treatment. Although the utility of E<sub>2</sub> in therapy is very doubtful, given its carcinogenic potential, these findings point to a possible link among E<sub>2</sub> signaling, iron metabolism, and the cytotoxic activity of chemotherapy, which can be further evaluated for the possible identification of new therapeutic targets.

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## Author contributions

All authors contributed to data analysis, drafting or revising the article, gave final approval of the version to be published, and agree to be accountable for all aspects of the work.

## Disclosure

The authors report no conflicts of interest in this work.

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