



# High Prevalence of Colistin-Resistant *Escherichia coli* with Chromosomally Carried *mcr-1* in Healthy Residents in Vietnam

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**ABSTRACT** The wide distribution of colistin-resistant bacteria in developing countries has become a common phenomenon. To understand the mechanisms underlying their distribution, we studied the *mcr* genetic background of colistin-resistant *Escherichia coli* isolates from the fecal microbiota of healthy human residents from a community in Vietnam with a high prevalence of colistin-resistant *E. coli* with *mcr*. Fifty-seven colistin-resistant isolates were obtained from 98 residents; one isolate was collected from each individual and analyzed for *mcr*. We found that 36.8% of the isolates carried chromosomal *mcr-1*. Further, 63.2% and 1.8% of the isolates carried *mcr-1* on the plasmid and the plasmid/chromosome, respectively. Whole-genome sequencing of genetically unrelated isolates showed that the majority (6 of 7) of the isolates had the chromosomal *mcr-1* in a complete ancestral *mcr-1* transposon Tn6330, IS*Apl1*-*mcr-1*-PAP2-IS*Apl1*, which was inserted at various positions on the chromosomes. In addition, the majority (87.5%) of Tn6330 of *mcr-1*-carrying plasmids ( $n = 8$ ) lacked both upstream and downstream IS*Apl1* transposons. The results obtained in this study indicate that plasmid-to-chromosomal transfer of *mcr-1* may have occurred recently in the fecal microbiota of the residents. Additionally, Tn6330 on the chromosome may lose IS*Apl1* from the transposon during multiplication to gain a more stable *mcr-1* state on the chromosome. Stabilization of resistance by the chromosomal incorporation of *mcr-1* would be an additional challenge in combating the dissemination of resistant bacteria.

**IMPORTANCE** Elucidation of the mechanism of the wide dissemination of colistin-resistant bacteria in communities of developing countries is an urgent public health issue. In this study, we investigated the genetic background of the colistin resistance gene *mcr* in *E. coli* isolates from the fecal microbiota of healthy human residents living in a community in Vietnam with a high prevalence of colistin-resistant *E. coli*. Our study revealed for the first time, a surprisingly high percentage (36.8%) of colistin-resistant *E. coli* carrying chromosomal *mcr-1*, the emergence of which may have occurred recently, in the fecal microbiota of the community residents. The *mcr-1* transposon on the chromosome may develop into a more stable genotype by the loss of insertion sequences (ISs). Our results are valuable in understanding the mechanism underlying the increasing prevalence of colistin-resistant bacteria within a community.

**KEYWORDS** *Escherichia coli*, Vietnam, chromosomal *mcr*, colistin resistance, residents

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Colistin is recognized as the last-resort antibiotic for the treatment of infectious diseases caused by multidrug-resistant (MDR) Gram-negative bacteria, including carbapenem-resistant bacteria. However, the wide distribution of colistin-resistant (COR) bacteria threatens the effectiveness of treatments with colistin (1).

Current reports of a wide distribution of COR *Escherichia coli* with a mobile resistance gene, *mcr*, in a community highlight the importance of the stability and possible transfer of the resistance gene to the pathogen (2). In contrast to outbreaks in nosocomial settings, the wide distribution of COR bacteria that may be occurring over a long period in the community seems to be attributable to exposure to a persistent, low-concentration antibiotic pressure. This hypothesis is supported by the frequent use of colistin-containing feed in livestock (3) and the retention of COR *E. coli* in the fecal microbiota of livestock (4). However, in a previous study, we showed that the wide distribution of COR *E. coli* in residents was not due to the clonal distribution of a certain lineage of COR bacteria (2). Therefore, the transfer of the *mcr*-carrying plasmid is the most likely explanation for the wide distribution of the gene. In this regard, recent reports revealed that *mcr-1* could be mobilized as an IS*Apl1*-flanked composite transposon, Tn6330 (5, 6). Therefore, the structure of the IS*Apl1* transposon with *mcr* potentially reflects the transposition of *mcr* in COR bacterial isolates in the community. However, further investigations are needed to confirm this hypothesis.

The long-term stability of COR bacteria in the community is another factor that affects their distribution. Chromosomal *mcr* may play an important role in their stability, but this has not been definitively established. To further understand the distribution mechanisms, in the present study, we investigated the *mcr* location, as well as the *mcr* transposon structure, of COR *E. coli* isolates obtained from healthy subjects in Vietnam residing in a community where COR bacteria are frequently detected.

## RESULTS AND DISCUSSION

**Location of *mcr-1* in COR *E. coli* isolates.** The location of *mcr-1* in 57 COR *E. coli* isolates that were originally obtained from 98 asymptomatic healthy residents of a rural community in Vietnam during a previous study (2) was assessed using S1/I-Ceul pulsed-field gel electrophoresis (PFGE) and Southern blot hybridization with *mcr-1* probe analysis. All isolates used in this study were phylogenetically diverse, as determined by PFGE and multilocus sequence typing (MLST) analyses (Table 1). In addition, no clonal expansion in the community was observed, as determined in a previous study (2).

Southern blot analysis of the isolates after S1-PFGE (see Fig. S1 in the supplemental material) revealed that 36.8% (21/57) of the isolates carried *mcr-1* on their chromosomes, whereas 63.2% (36/57) carried *mcr-1* on only the plasmid. (Three of the original 60 *mcr-1*<sup>+</sup> *E. coli* isolates, from 98 residents, were excluded because of the difficulty in analysis.) In one isolate, *mcr-1* was located on both the chromosome and the plasmid.

*mcr-1* was originally discovered as a mobile resistance gene on the plasmid of COR bacteria (7), and it is recognized that chromosomally carried *mcr-1* is very rare compared to that on the plasmids (8–13). For instance, Li et al. found that only 4% of 200 *mcr-1*-positive *E. coli* isolates from animals, food, the environment, and human fecal samples collected in China carried chromosomal *mcr-1* (11). In contrast to previous reports, the results from this study showed that 36.8% of the human fecal sample isolates had chromosomal *mcr-1*. All isolates examined in this study were obtained from different individuals, except two isolates that were obtained from the same person at a 1-year interval. The prevalence of chromosomal *mcr-1* observed in this study is extremely high compared to that reported in previous studies. Although the reasons for the high prevalence of chromosomal *mcr-1*-carrying isolates in human fecal microbiota are not clear, it seems likely that the high prevalence in the area of sampling could be due to the frequent use of colistin as a livestock antibiotic and feed additive (3). Additionally, most domestic livestock in that community possessed COR *E. coli* carrying *mcr-1* (4). Under the prevailing conditions, it is conceivable that the community from which the isolates were obtained could have experienced a constant colistin pressure

**TABLE 1** Location of *mcr-1* in colistin-resistant *Escherichia coli* isolates tested<sup>a</sup>

Isolate	<i>mcr</i> on		MLST <sup>*</sup>	Remark	Isolate	<i>mcr</i> on		MLST <sup>*</sup>	Remark
	Chromosome	Plasmid				Chromosome	Plasmid		
2018-01-1CC			206	■	2017.06.03CC			609	
2018-02-2CC			10	■	2017.06.04CC			165	
2018-05-1CC			UN		2017.06.05CC			101	
2018-05-2CC			UN		2017.07.01CC			UN	
2018-05-5CC			871		2017.08.02CC	ND		5299	
2018-06-1CC			590	■	2017.08.03CC			206	
2018-06-4CC			189	■	2017.09.02CC			3346	
2018-07-1CC			UN		2017.10.01CC			UN	
2018-09-2CC			UN		2017.10.02CC			48	
2018-09-5CC			1638		2017.10.03CC	ND		UN	
2018-10-1CC			165	■	2017.10.04CC	ND		ND	
2018-10-2CC			155	■	2017.11.01CC			UN	
2018-11-1BCC			155		2017.12.01CC			UN	
2018-11-2CC			1286		2017.13.01CC			206	
2018-11-3CC			UN	■	2017.13.02CC			UN	
2018-12-1CC			710		2017.14.01CC			3045	
2017.01.01CC			542		2017.15.01CC			201	■
2017.01.04CC			206	■	2017.15.02CC			746	
2017.02.01CC			48	■	2017.15.03CC			189	■
2017.02.02CC			UN	■	2017.17.01CC			165	
2017.02.03CC			165		2017.17.02CC			2963	
2017.02.04CC			2750		2017.17.03CC			206	
2017.03.01CC			717		2017.17.04CC			1380	
2017.03.02CC			UN		2017.18.01CC			6335	
2017.03.03CC			46	■	2017.18.02CC			58	
2017.03.04CC			717		2017.18.03CC			485	
2017.04.01CC			5036		2017.18.04CC			101	
2017.04.02CC			5299		2017.19.01CC			542	■
2017.04.03CC			206		2017.20.01CC			48	
2017.05.01CC			155		2017.20.02CC			UN	

<sup>a</sup>Gray boxes indicate the locations where *mcr* was detected. ■, genome analysis was conducted; ND, not done; UN, unknown; \*, data from the work of Yamamoto et al. (2).

on the microbes over a long period, which resulted in the microbes becoming intrinsically resistant due to chromosomally encoded resistance (11). This could have resulted in chromosomal *mcr-1* becoming more prevalent and stable in the community.

The chromosomal *mcr-1*-carrying bacteria may contribute to the emergence of untreatable MDR bacteria when MDR genes, including carbapenem resistance genes on the plasmid (14), are transferred to bacteria possessing chromosomal *mcr*. In fact, this likelihood is supported by our current study, wherein several extended-spectrum  $\beta$ -lactamase (ESBL)-producing *E. coli* isolates that had MDR with *mcr-1* were obtained from fecal microbiota of healthy human residents of the community (15).

#### Genetic structure of chromosomally and/or plasmid-carried *mcr-1* transposon.

Recently, it has been proposed that *mcr-1* can be mobilized as an IS*Ap1*-flanked composite transposon (Tn6330) (5, 16). The study also reported that transmission is possible both upstream and downstream of IS*Ap1*. The structure of this composite transposon is considered to be stabilized by the structure in which insertion sequences (ISs) have dropped out (6, 17). Therefore, the structure of *mcr-1* transposon Tn6330 in the bacterium is important not only for the transmission among microbes but also for the stability of *mcr-1*.

To elucidate the *mcr-1* transposon structure of the isolates in this study, 14 representative strains (6 of 18 chromosomal *mcr-1* isolates, one chromosomal/plasmid *mcr-1* isolates, and 7 of 30 plasmid *mcr-1* isolates) were subjected to genome analysis. Several strains were obtained from the same household (Table 2). In the case of household 2, two *mcr-1* isolates were obtained from the same member at a 1-year interval. All these

**TABLE 2** Characterization of chromosomally and/or plasmid-carried *mcr-1* transposon of colistin-resistant *Escherichia coli*

Household	Household member	Yr of isolation	Isolate	MLST type <sup>a</sup>	No. of plasmid	<i>mcr</i> carriage	Size (kbp) <sup>a</sup>	<i>mcr</i> location (kbp)	<i>mcr</i> transposon	Transposon type <sup>b</sup>	Plasmid Inc type
1	A	2017	2017.01.04CC	ST206	2	Chromosome	4,615	3215	ISAp11- <i>mcr1</i> -PAP2-ISAp11	A	
	B	2018	2018-01-1CC	ST206	3	Chromosome	4,711	1754	ISAp11- <i>mcr1</i> -PAP2-ISAp11	A	
2	A	2017	2017.02.01CC	ST48	4	Plasmid <sup>e</sup>	231		<i>mcr1</i> -PAP2	C	IncHI2
	B	2017	2017.02.02CC	UN <sup>c</sup>	4	Plasmid	34		<i>mcr1</i> -PAP2	C	IncX4
		2018	2018-02-2CC	ST10	3	Chromosome	4,574	1271	ISAp11- <i>mcr1</i> -PAP2	B	
							Plasmid	47		<i>mcr1</i> -PAP2	C
3	A	2017	2017.03.03CC	ST46	4	Plasmid	294		<i>mcr1</i> -PAP2	C	IncHI2
6	A	2018	2018-06-4CC	ST189	4	Chromosome	4,753	3569	ISAp11- <i>mcr1</i> -PAP2-ISAp11	A	
	B	2018	2018-06-1CC	ST590	4	Plasmid	33		<i>mcr1</i> -PAP2	C	IncX4
10	A	2018	2018-10-1CC	ST165	4	Chromosome	4,701	923	ISAp11- <i>mcr1</i> -PAP2-ISAp11	A	
	B	2018	2018-10-2CC	ST155	2	Plasmid	60		<i>mcr1</i> -PAP2	C	IncI2
11	A	2018	2018-11-3CC	ST206-like <sup>d</sup>	1	Chromosome	4,557	1449	ISAp11- <i>mcr1</i> -PAP2-ISAp11	A	
15	A	2017	2017.15.01CC	ST201	4	Chromosome	4,869	2670	ISAp11- <i>mcr1</i> -PAP2-ISAp11	A	
	B	2017	2017.15.03CC	ST189	3	Plasmid	104		ISAp11- <i>mcr1</i> -PAP2	B	IncY
19	A	2017	2017.19.01CC	ST542	10	Plasmid	33		<i>mcr1</i> -PAP2	C	IncX4

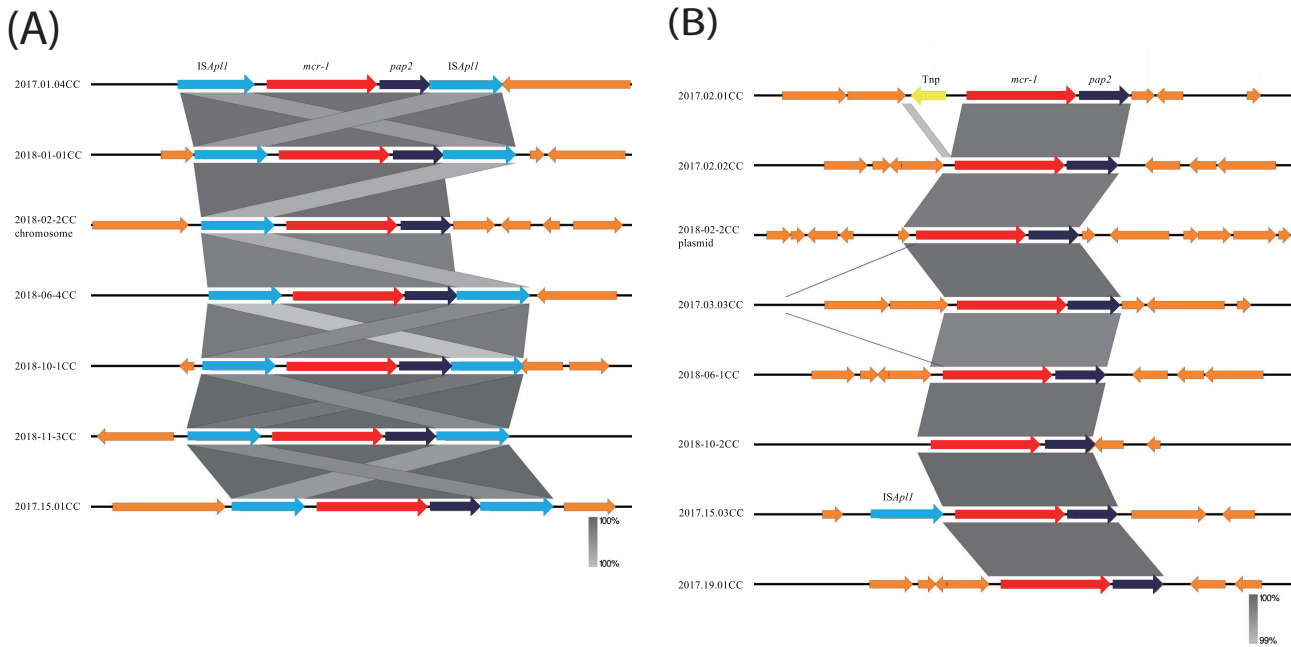
<sup>a</sup>Size of chromosome or plasmid.<sup>b</sup>Data from work of Snesrud et al. (6).<sup>c</sup>UN, unknown.<sup>d</sup>Only *adh* was different, compared to ST206.<sup>e</sup>Plasmids with similar levels of shading are similar to one another.

isolates were phylogenetically different (2). Table 2 shows the bacterial characteristics of chromosomally and/or plasmid-carried *mcr-1* transposons for these 14 isolates.

**Plasmid-carried *mcr-1* transposon.** Two isolates obtained from different residents showed different host bacterium MLST types but possessed very similar IncHI2 plasmids with the same *mcr-1* transposon, *mcr-1*-PAP2. Similarly, three other isolates showed different *E. coli* MLST types but had the same IncX4 plasmid with the *mcr-1*-PAP2 transposon (Table 2). These results indicate that the transfer of plasmids among bacteria may occur frequently in the human bacterial flora.

Other plasmids showed different *mcr-1* transposons, including ISAp11-*mcr-1*-PAP2, which was carried by different Inc types, such as IncP1, IncI2, and IncY. These results confirmed that *mcr-1* was retained in various Inc-type plasmids in bacteria from fecal microbiota of residents in the community, as previously shown by the diversity of *mcr-1*-carrying plasmids (9). In addition, the majority (7 of 8) of plasmids that were assessed had the simplest *mcr-1* transposon structure, *mcr-1*-PAP2. One remaining plasmid had the ISAp11-*mcr-1*-PAP2 transposon. Our results indicate that *mcr-1* on the plasmid of COR *E. coli* strains in the fecal microbiota of humans may be stabilized by the loss of ISAp11 in many cases, as described by Wang et al. (17).

**Chromosomally carried *mcr-1* transposon Tn6330.** The *mcr-1* transposon structure in the chromosome of the seven COR *E. coli* isolates assessed in this study showed that the majority (6 of 7) of the isolates possessed a complete ancestral *mcr-1* transposon, Tn6330 (6), without the loss of ISAp11 in their chromosomes (Fig. 1). The Tn6330 insertion sites on the chromosomes of these isolates were random. Besides, the AT- and CG-rich sequences at either end of Tn6330 were not found on the chromosomes of the isolates (data not shown). Because the insertion sites of Tn6330 are notable for AT- and CG-rich regions (6), it is presumable that the absence of such 2-bp target site duplications in these isolates may be caused by mutations after the transposition of Tn6330,



**FIG 1** Comparison of the genetic structures of the *mcr-1* transposon in *Escherichia coli* isolates. (A) Isolates possessing chromosomal *mcr-1*. (B) Isolates possessing plasmid *mcr-1*.

even though there was no evidence to support it. The one remaining isolate lost the IS*Apl1* present downstream of Tn6330, which may contribute to stabilizing the *mcr-1* gene (16).

The genome analysis of these isolates revealed that there was only one Tn6330 in the chromosome of the isolates tested. In addition, there was no independent *mcr-1* without an IS in the chromosomes. Thus, the results from the genome assessment of COR *E. coli* isolates of fecal microbiota from the community residents support a previous finding that IS*Apl1* facilitates *mcr-1* transmission (11).

The dominant fully intact Tn6330, IS*Apl1*-*mcr-1*-PAP2-IS*Apl1*, on the chromosome among COR *E. coli* isolates from fecal microbiota of community residents may indicate that this transposon insertion into the chromosome occurred recently. If the high prevalence of chromosomally carried *mcr-1* has occurred recently, it may indicate that the wide distribution of COR bacteria in the community has progressed to a stable state. Furthermore, although it was found in one isolate, the loss of IS*Apl1* from the *mcr-1* transposon Tn6330 indicates that the resistance gene on the chromosome has shifted to a more stable state.

One isolate was found to harbor *mcr-1* on both the chromosome and plasmid. Because the origin of the *mcr-1* transposon is unclear from the transposon elements, the relationship between *mcr-1* on the chromosome and the plasmid in this isolate is unknown. In this regard, the following can be speculated. Because truncated Tn6330 was found in all plasmids assessed in this study, it is likely that COR *E. coli* isolates with plasmids harboring Tn6330 may have prevailed in the community for a long time. Moreover, it can be presumed that the transposition of Tn6330 from the plasmid to the chromosome occurred, followed by the loss of the IS during the process of stabilizing *mcr-1*. Therefore, this isolate may be a transitional intermediate-type strain. The finding of the intermediate-type isolate suggests that the process for stabilizing *mcr-1* is in progress.

The assessment of *mcr-1* location in COR *E. coli* isolates in this study showed that only one isolate carried it both on the chromosome and on the plasmid, whereas the other isolates carried the *mcr-1* either on the chromosome or on the plasmid. It is not clear why the Tn6330 was carried on either the plasmid or the chromosome and only

rarely on both. Because large antibiotic-resistant plasmids may be lost during their multiplication in an antibiotic-free environment due to their significant metabolic burden on the host strain, it can be speculated that after the transposition of Tn6330 from the plasmid to the chromosome, the plasmid may no longer need to carry Tn6330 or the plasmid itself may not be needed (18).

## MATERIALS AND METHODS

**Sample collection for COR *E. coli* isolates.** A total of 57 COR *E. coli* isolates with *mcr-1* were assessed in this study. All the COR *E. coli* isolates were initially obtained from healthy residents in a rural community in Vietnam between November 2017 and February 2018. One isolate was obtained from each resident. It was found that a high percentage (70.4%) of the residents were carrying COR *E. coli* with *mcr-1* in their stool, as reported in a previous study (2).

**Assessment of *mcr-1*.** Digoxigenin (DIG)-labeled DNA probes used for the detection of *mcr-1* and 16S rRNA genes in Southern blot hybridization were prepared using the PCR DIG probe synthesis kit (Sigma-Aldrich, St. Louis, MO) with the primers shown in Table S1 in the supplemental material. The location of *mcr-1* in the examined isolates was determined by S1 nuclease PFGE and Southern blot hybridization, as previously described (19). For some bacterial isolates, I-Ceul PFGE and Southern blot hybridization were also performed to determine *mcr-1* locations according to the methods described in previous studies (20, 21).

**Genome sequencing.** Of the 57 COR *E. coli* isolates with *mcr*, a total of 14 isolates were chosen for genome sequencing (Table 1). Whole-genome sequencing and assembly of isolates, along with a plasmid harboring *mcr-1*, were performed on the Illumina MiSeq (Illumina Inc., CA) and MinION (Oxford Nanopore Technologies, London, United Kingdom) sequencers, as described previously (22). The genomes were annotated using DDBJ Fast Annotation and Submission Tool pipeline (<https://dfast.nig.ac.jp>). Genome analysis was performed using the Geneious R11 software (Biomatters, Ltd., Auckland, New Zealand), Easyfig (23), and BRIG (24).

**Accession number(s).** The draft genome sequences of the colistin-resistant *E. coli* strains 2017.01.04CC (chromosome), 2018-01-1CC (chromosome), 2017.02.01CC (plasmid), 2017.02.02CC (plasmid), 2018.02.2CC (chromosome and plasmid), 2017.03.03CC (plasmid), 2018-06-4CC (chromosome), 2018-06-1CC (plasmid), 2018-10-1CC (chromosome), 2018-10-2CC (plasmid), 2018-11-3CC (chromosome), 2017.15.01CC (chromosome), 2017.15.03CC (plasmid), and 2017.19.01CC (plasmid) were deposited in DDBJ/GenBank under the accession numbers AP021891, AP021892, LC511657, LC511656, AP021896 (chromosome), AP021897 (chromosome), LC511658, AP021893, LC511661, AP021894, LC511662, AP021895, AP021890, LC511659, and LC511660, respectively.

## SUPPLEMENTAL MATERIAL

Supplemental material is available online only.

**FIG S1**, PDF file, 0.03 MB.

**TABLE S1**, DOCX file, 0.01 MB.

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