

resuscitation, which could impact patient outcome. Moreover, NUF rates are dynamic and vary depending on the clinical context. Thus, these results should be interpreted with caution. Attending physicians diagnosed fluid overload and also prescribed NUF rates, which were not protocol based. However, this reflects real-world practice. Finally, we calculated NUF rates as an average of total daily NUF, which normally has variation during therapy.

Conclusions. In patients undergoing CRRT, high NUF rates were associated with increased mortality compared with moderate NUF rates. This association appeared attenuated but not removed by the more negative DFB typically associated with higher NUF rate, especially in the setting of baseline fluid overload. These findings are hypothesis generating and provide preliminary support for the hypothesis that a negative mean DFB during CRRT might be safe when achieved with moderate rates of NUF. However, future randomized interventional trials are required to confirm these findings. ■

Author disclosures are available with the text of this letter at www.atsjournals.org.

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Does Heart Rate Play a Role in Cardiovascular Outcome in Patients with Obstructive Sleep Apnea?

To the Editor:

The effect of obstructive sleep apnea (OSA) on cardiovascular events in different acute coronary syndrome (ACS) subgroups were investigated by Zapater and colleagues (1) in a *post hoc* analysis of the ISAACC (Continuous Positive Airway Pressure in Patients with ACS and OSA) study, including 1,701 patients admitted for ACS. The cardiovascular risk subgroups were explored via the analysis of different cardiovascular (CV) risk phenotypes. In their study, the authors used unsupervised class analysis on categorized groups of 12 clinical factors commonly associated with CV risk (such as age, sex, lifestyle habits, comorbidities, and lipid levels). They identified two distinct CV risk phenotypes: “no-previous CV disease (CVD)” and “previous CVD.” These distinct subgroups of patients with ACS differed mostly based on the prevalence of previous CVDs; hence, they are not necessarily distinct phenotypes, as there are not specific endotypes for such predisposition but rather the general risk of CVD. The word “phenotype” is the expression used in genetics for the composite recognizable characteristics or traits of an organism. The different clinical and pathophysiological backgrounds explain the apparent different effects of OSA in the two conditions of risk-stratified CV groups. The main findings of the study indicate a significant effect of moderate–severe OSA on the risk of

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Supported by the U.S. Department of Veterans Affairs Office of Research and Development RX002885, Department of Defense SC150201, NIH/National Institute of Neurological Disorders and Stroke Award HL130552, and Blue Cross Blue Shield Foundation (to A.S.).

Originally Published in Press as DOI: 10.1164/rccm.202012-4536LE on February 19, 2021

recurrent CV events observed only in patients in the “no-previous CVD” subgroup with an adjusted hazard ratio (HR) of 1.54 (95% confidence interval [CI], 1.06–2.24). On the contrary, this effect was not observed in patients in the “previous CVD” subgroup (adjusted HR, 0.69; 95% CI, 0.46–1.04). The study reported data on medications that were taken by the two subgroups, namely, lipid-lowering agent, oral antidiabetic medication, insulin, and antiplatelet agents. However, there was no data reported on chronotropic medications (e.g., β -blocker or calcium channel blocker) (2), which may not only affect resting heart rate during wake and sleep but also dampen the autonomic response to respiratory events (3). A secondary analysis from the WSCS (Wisconsin Sleep Cohort Study), consisting of 569 participants with no previous CVD at baseline, were followed up to 15 years (4). Nocturnal total R-R interval dips index (RRDI) was associated with the composite CVD events (HR, 1.24 per 10-unit increment in RRDI [95% CI, 1.10–1.39]; $P < 0.001$). After adjusting for demographic factors (age, sex, and body mass index) and apnea–hypopnea index (4%), individuals with the highest total nocturnal RRDI category (≥ 28 vs. < 15 dips/h) had a significant HR for the increased incidence of CVD and mortality of 7.4 (95% CI, 1.97–27.7; $P = 0.003$). Sleep RRDI was significantly associated with new-onset CVD events, which remained significant after adjusting for demographic factors, apnea–hypopnea index 4%, hypoxemia, and other comorbidities. The mechanism of increased incidence of CVD and association with RRDI can be explained by an increased sympathetic tone and associated endothelial dysfunction from the augmented shear forces (5). Such pathophysiologic changes in patients with OSA have been linked to nocturnal angina, myocyte necrosis leading to cardiomyopathy, and cardiac remodeling (6).

In conclusion, the authors should be praised for their efforts because their results surely expand our understanding of the effect of OSA on CVD. Nonetheless, careful use of predictors for adverse cardiovascular outcomes between subgroups of patients with OSA and the heart rate effect should be considered in future reports. ■

Author disclosures are available with the text of this letter at www.atsjournals.org.

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Reply to Sankari



From the Authors:

We would like to thank Dr. Sankari for his interest in our article (1). In response to his comment on our study, we would like to present detailed information about the medications in the two groups of patients based on the phenotypes analyzed, which included some specific chronotropic drugs. As expected, the percentage of patients treated in the no previous cardiovascular disease (CVD) group was reduced compared with that in the previous CVD group (Table 1). This difference could at least partially justify the finding that in the group of previous patients with CVD, we were not able to observe an increase in the recurrence of cardiovascular events in those patients with obstructive sleep apnea (OSA).

From the initial observation of this ancillary study (1) from the Impact of Sleep Apnea Syndrome on the ISAACC (Continuous Positive Airway Pressure in Patients with Acute Coronary Syndrome [ACS] and OSA) trial (2), future studies should be performed to explore not only the mechanism associated with an increased risk in the recurrence of cardiovascular events and the role of OSA but also the potential therapeutic effect of OSA treatment in this specific profile of patients with no previous CVD in whom OSA would induce a deleterious cardiovascular effect. ■

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Supported by ISCIll grants 10/02763, 10/02745, and 18/00449; FEDER “Una manera de hacer Europa”; SEPAR, Catalan Cardiology Society; ResMed Ltd., Australia; Esteve-Teijin, Spain; Oxigen Salud, Spain; and ALLER, Centro de Investigación Biomédica en Red de Enfermedades Respiratorias.

Originally Published in Press as DOI: 10.1164/rccm.202101-0188LE on February 19, 2021